PRODUCT MONOGRAPH

SALAZOPYRIN*

Sulfasalazine USP

Tablets - 500 mg & Enema 3 g/100 mL

EN- tabs* (Sulfasalazine Delayed-Release Tablets USP)

Tablets - 500 mg

Anti-inflammatory

(Treatment of inflammatory bowel disease, ulcerative colitis, Crohn's disease all dosage forms)

rheumatoid arthritis (Salazopyrin EN-tabs only)

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NAME OF DRUG

SALAZOPYRIN* Tablets, Enema, SALAZOPYRIN EN-tabs* Delayed-Release Tablets, Sulfasalazine USP

THERAPEUTIC CLASSIFICATION

Anti-inflammatory drug

ACTION AND CLINICAL PHARMACOLOGY

About 20% of SALAZOPYRIN (sulfasalazine) is absorbed in the small intestine after oral administration. A small percentage of the absorbed sulfasalazine is excreted in the urine and the rest via the bile into the small intestine (enterohepatic circulation). This portion together with the unabsorbed sulfasalazine enters the colon where it is split by bacteria into two main metabolites, sulfapyridine and 5-amino-salicylic acid (5-ASA). The peak serum concentration is reached after 3-5 hours. The mean serum half-life after a single dose is about 6 hours; after repeated doses it is about 8 hours. After intake of SALAZOPYRIN EN-tabs (sulfasalazine delayed-release tablets), sulfasalazine has been detected in serum somewhat later than after intake of plain tablets, as expected, the peak serum concentration being observed between 3 and 12 hours.

<u>Sulfapyridine</u> is absorbed, partially acetylated and/or hydroxylated in the liver and/or conjugated with glucuronic acid. In patients who are slow acetylators, the serum concentration of free sulfapyridine is higher than that in fast acetylators. The major part is excreted in the urine. Non-acetylated sulfapyridine is bound to serum proteins and reaches a maximum serum concentration after 12 hours. Sulfapyridine has a tendency to accumulate. It does not disappear completely from the serum until 3 days after withdrawal of the drug.

The total urinary recovery of sulfasalazine and its sulfapyridine metabolites in healthy subjects during 3 days after the administration of a single 2 g dose of sulfasalazine averaged 91%.

The absorbed <u>5-aminosalicylic acid</u> is partly excreted in the urine, mainly as acetyl-5-aminosalicylic acid. A larger portion of 5-aminosalicylic acid is excreted in the feces.

The mode of action of SALAZOPYRIN is unclear and is suggested as being: anti-inflammatory, immunosuppressive and bacteriostatic.

In clinical cases of inflammatory bowel disease (IBD), the anti-inflammatory effects seem to relieve the acute symptoms of diarrhea, gut inflammation, mucosal oedema and bleeding. The long-term protection afforded by therapy with SALAZOPYRIN may be due to immunosuppressive properties of the drug.

Anti-inflammatory effects

Sulfasalazine inhibits superoxide production by granulocytes stimulated with immune complexes or formyl peptides. In addition, 5-ASA is a powerful scavenger of oxygen free radicals. Other granulocyte functions inhibited by sulfasalazine include degranulation, chemotaxis and random migration. These inhibitory effects on inflammatory cell functions may contribute to the beneficial clinical activity of sulfasalazine.

Sulfasalazine is a relatively weak inhibitor of the cyclo-oxygenase enzyme, but a potent inhibitor of 15-prostaglandin dehydrogenase (PGDH), the main metabolic pathway for the prostaglandins.

On the lipoxygenase side of the arachidonic acid cascade, sulfasalazine has been shown to exert an inhibitory effect on several enzymes including 5-LO and LTC₄ synthetase. In line with this effect, sulfasalazine has been shown to inhibit the release of lipoxygenase product from inflammatory cells and tissue.

Taken together, the effects of sulfasalazine on arachidonic acid metabolizing enzymes would lead to a decrease in pro-inflammatory lipoxygenase products with a simultaneous increase in immunosuppressive, anti-inflammatory prostaglandins, which may have a bearing on the clinical activity.

Effects on immunological functions

Since the disorders in which SALAZOPYRIN has clinical activity are considered to be of autoimmune nature, the effect of sulfasalazine on immune competent cells is of interest. Both natural killer cell activity and T-cell proliferation are inhibited by sulfasalazine in *in vitro* systems.

Antibacterial effects

In-vitro studies have shown that both sulfasalazine and its main metabolites inhibit bacterial growth. A reduction in several bacterial species of the gut flora has also been observed after clinical treatment with SALAZOPYRIN.

Pharmacokinetics in patients with rheumatoid arthritis

The pharmacokinetics of SALAZOPYRIN and its metabolites after a single oral 2 g dose was compared in patients with rheumatoid arthritis and in patients with ulcerative colitis. The study showed a large individual variability, which is also found in studies in healthy volunteers, but no difference between the two patient groups was observed, except for a significantly higher peak concentration of sulfapyridine in rheumatoid arthritis patients. The area under the plasma concentration curve (AUC) for sulfapyridine was also increased, but the difference was not significant.

Bioavailability in elderly patients with rheumatoid arthritis

The pharmacokinetics of SALAZOPYRIN and its metabolites was compared in young (mean age 40.5 years) and elderly (mean age 74.4 years) rheumatoid arthritis patients after a single oral (2 g) dose taken fasting and at steady state. The only difference found between the two groups was a prolonged t (1/2) in the elderly, but no significant difference in either the plasma concentration at steady state or in the renal clearance. For sulfapyridine, both t (max) and volume of distribution were significantly increased in the elderly after the single doses, but this difference with age disappeared at chronic dosing. The data indicates that there is no major age dependent difference in the pharmacokinetics of SALAZOPYRIN. However, the effect of acetylation phenotype is much more important.

INDICATIONS AND CLINICAL USE

SALAZOPYRIN (sulfasalazine) is indicated as an adjunctive therapy in the treatment of severe ulcerative colitis, proctitis or distal ulcerative colitis and Crohn's disease. It is especially useful for chronic administration.

SALAZOPYRIN EN-tabs (sulfasalazine delayed-release tablets) are indicated for the treatment of active rheumatoid arthritis, when treatment with an adequate conventional first line therapy has failed.

CONTRAINDICATIONS

SALAZOPYRIN (sulfasalazine) is contraindicated

- In patients with hypersensitivity to sulfasalazine, its metabolites, or any other component of the product, sulfonamides, or salicylates.
- In infants under 2 years of age.
- In patients with intestinal and urinary obstructions.
- In Patients with porphyria, as these drugs have been reported to precipitate an acute attack.
- In patients in whom acute asthmatic attacks, urticaria, rhinitis or other allergic manifestations are precipitated by acetyl salicylic acid (ASA) or other non-steroidal anti-inflammatory agents. Fatal anaphylactic reactions have occurred in such individuals.

WARNINGS

Complete blood counts (including differential white cell count), liver function test, and assessment of renal function (including urinalysis) should be performed in all patients before starting therapy with SALAZOPYRIN (sulfasalazine), and frequently during the first 3 months of therapy. Thereafter, monitoring should be performed as clinically indicated (see **PRECAUTIONS**, *Laboratory Tests*).

SALAZOPYRIN should be used only after critical appraisal of the risk to benefit in patients with hepatic or renal damage, blood dyscrasias, severe allergy or bronchial asthma. Pancreatitis has been observed in some susceptible individuals.

Deaths associated with the administration of SALAZOPYRIN have been reported from hypersensitivity reactions, agranulocytosis, aplastic anemia, other blood dyscrasias, renal and liver damage, irreversible neuromuscular and CNS changes and fibrosing alveolitis. The presence of clinical signs such as sore throat, fever, pallor, purpura, or jaundice during sulfasalazine treatment may indicate myelosuppression, hemolysis, or hepatotoxicity. Discontinue treatment with sulfasalazine while awaiting the results of blood tests.

Oligospermia with infertility have been observed in men treated with SALAZOPYRIN. Withdrawal of the drug appears to reverse these effects within 2 to 3 months.

Patients, especially those with glucose-6-phosphate dehydrogenase deficiency, should be observed closely for signs of hemolytic anemia. This reaction is frequently dose related. If toxic or hypersensitivity reactions occur, the drug should be discontinued immediately.

PRECAUTIONS

Patients hypersensitive to furosemide, thiazides diuretics, carbonic anhydrase inhibitors, may also be hypersensitive to this medication.

SALAZOPYRIN (sulfasalazine) should be administered under medical supervision. Sulfasalazine shares the potential toxic effects of other sulfonamides, especially sulfapyridine and the usual precautions of sulfonamide therapy should be observed.

Bone marrow depression (most often manifested as leucopenia) has been reported, usually within the first 3 months of starting treatment. In the majority of the patients this has been reversible upon stopping the drug. A full blood count, including differential white blood cell count, should be carried out before starting treatment and monitored closely during the first 3 months of treatment.

Afterwards, patients should be screened if their condition changes or if they present with any symptoms of infection. A falling trend in the blood count is a better indicator than a single value.

Red cell and platelet counts should be carried out before and periodically during therapy.

SALAZOPYRIN should be used with caution in patients with reduced kidney or liver function. Liver function tests and urinalysis should be carried out before and periodically during therapy (see **WARNINGS**).

When concurrent therapy with other drugs is administered, as in rheumatoid arthritis, the recommended frequency of monitoring is as follows: initially, every second week during first three months after onset of treatment, every six months thereafter.

SALAZOPYRIN may produce an orange-yellow colour of the urine. Similar discolouration of the skin and yellow staining of soft contact lenses have occasionally been reported.

Isolated instances have been reported when SALAZOPYRIN EN-tabs have passed undisintegrated through the digestive tract. This may be due, in part, to a lack of intestinal esterase in these patients. If this is observed, the administration of SALAZOPYRIN EN-tabs should be discontinued.

Adequate fluid intake must be maintained in order to prevent crystalluria and kidney stone formation

Use in children with systemic onset juvenile rheumatoid arthritis may result in a serum sickness-like reaction; therefore, sulfasalazine is not recommended in these patients.

Pregnancy and Reproduction

Teratogenic Effects

Reproduction studies have been performed in rats and rabbits at doses up to 6 times the human dose and have revealed no evidence of impaired female fertility or harm to the fetus due to sulfasalazine.

The outcome of pregnancy in a group of pregnant women with intestinal bowel disease (IBD) treated with sulfasalazine alone or sulfasalazine and concomitant steroid therapy was compared with untreated IBD pregnancies. The incidence of fetal morbidity and mortality was comparable between the groups and to the expected outcome in the general population.

Oral sulfasalazine inhibits the absorption and metabolism of folic acid and may cause folic acid deficiency.

Because the possibility of harm cannot be completely ruled out, sulfasalazine should be used during pregnancy only if clearly needed.

Non-teratogenic Effects

Sulfasalazine and sulfapyridine pass the placental barrier. Although sulfapyridine has been shown to have a poor bilirubin displacing capacity, the potential for kernicterus in newborns should be kept in mind.

A case of agranulocytosis has been reported in an infant whose mother was taking both SALAZOPYRIN and prednisone throughout pregnancy.

Nursing Mothers

Caution should be exercised when sulfasalazine is administered to a nursing woman, since it is excreted in the milk. The concentration of sulfapyridine in milk is about 30 - 60% of that in serum. However, since sulfapyridine has a poor bilirubin displacing capacity, the risk for kernicterus in healthy suckling children may be low with therapeutic doses. Sulfasalazine and sulfapyridine are found in low levels in breast milk. Caution should be used, particularly if breastfeeding premature infants or those deficient in G-6-PD.

Drug Interactions

The following drug interactions and/or related problems have been selected on the basis of their potential clinical significance (possible mechanism in parentheses where appropriate):

Note:

Combinations containing any of the following medications, depending on the amount present, may also interact with this medication.

- * Antibiotics, or
- * Anticoagulants, coumarin- or indandione-derivative, or
- * Anticonvulsants, hydantoin, or
- * Antidiabetic agents, oral, or
- * Digitalis glycosides or folic acid, (sulfasalazine may inhibit absorption and lower the serum concentrations of these medications; folic acid requirements may be increased in patients receiving sulfasalazine) (patients taking digitalis glycosides should be monitored closely for evidence of altered digitalis effect. Reduced absorption of digoxin resulting in non-therapeutic serum levels, has been reported in patients taking digoxin concomitantly with oral sulfasalazine)

* Methenamine

(in acid urine methenamine breaks down into formaldehyde which may form an insoluble precipitate with certain sulfonamides and may also increase the danger of crystalluria; concomitant use is not recommended)

* Methotrexate

(may be displaced from protein binding sites and/or metabolism may be inhibited by sulfonamides, resulting in increased or prolonged effects and/or toxicity; dosage adjustments may be necessary during and after sulfonamide therapy; co-administration of oral sulfasalazine and methotrexate to rheumatoid arthritis patients did not alter the pharmacokinetic disposition of the drugs; however, an increased incidence of gastrointestinal adverse events, especially nausea, was reported)

* Oxyphenbutazone or

Phenylbutazone

(effects may be potentiated when used concomitantly with sulfonamides because of displacement from plasma protein binding sites)

* Photosensitizing medications, other (caution in concomitant use of sulfasalazine with these medications is recommended because of potential additive photosensitizing effects)

* Probenecid

(decreases renal tubular secretion of sulfonamides when used concomitantly, resulting in increased and more prolonged sulfonamide concentrations and/or toxicity; sulfonamide dosage adjustments may be necessary during and after probenecid therapy and sulfonamide serum determinations may be useful in prolonged probenecid therapy)

* Sulfinpyrazone

(concomitant use may displace sulfonamides from protein binding sites and may decrease renal excretion, resulting in increased sulfonamide concentrations and/or toxicity; sulfonamide dosage adjustments may be necessary during and after sulfinpyrazone therapy)

* Thiopurine methyltransferase (TPMT)

(Due to inhibition of thiopurine methyltransferase (TPMT) by sulfasalazine, bone marrow suppression and leukopenia have been reported when thiopurine 6-mercaptopurine or its prodrug, azathioprine, and oral sulfasalazine were used concomitantly)

Medical problems

Use of this medication should be carefully considered when the following medical problems exist:

- * Blood dyscrasias
- * Glucose-6-phosphate dehydrogenase (G6PD) deficiency
- * Hepatic function impairment
- * Intestinal and urinary tract obstruction

- * Porphyria
- * Renal function impairment

Laboratory Tests

The following may be especially important in patient monitoring (other tests may be warranted in some patients, depending on their condition):

Complete blood counts (including differential white cell count), liver function test, and assessment of renal function (including urinalysis) should be performed in all patients before starting therapy with SALAZOPYRIN (sulfasalazine), and frequently during the first 3 months of therapy. Thereafter, monitoring should be performed as clinically indicated or if patients present with any symptom of infection. A falling trend in the blood count is a better indicator than a single value (see **WARNINGS**).

Proctoscopy and sigmoidoscopy may be required periodically during treatment to determine patient response and dosage adjustments.

ADVERSE REACTIONS

Adverse reactions with sulfasalazine may be more frequent and more severe in patients who are slow acetylators.

Most side effects are dose dependant, and the symptoms can be alleviated by reducing the dosage. Increased incidence of adverse reactions are seen with daily dosage of 4 g or more, or total serum sulfapyridine levels above 50 g/mL. Hypersensitivity reactions have been noted, in which a dose reduction is irrelevant.

It has been shown that the frequency and severity of the rather common dyspeptic manifestations experienced by patients with gastric intolerance to SALAZOPYRIN tablets are markedly reduced when using SALAZOPYRIN EN-tabs.

The most commonly reported adverse reactions are: nausea, vomiting, gastric distress, methaemoglobinaemia, anorexia, headache and apparently reversible oligospermia. These occur in about one-third of patients. Less frequent adverse reactions are skin rash, erythema, pruritus, urticaria, fever, Heinz-body anemia, hemolytic anemia, leukopenia, megaloblastic (macrocytic) anemia, and cyanosis, which may occur at a frequency of one in every thirty patients or less.

Although the listing that follows includes a few adverse reactions which have not been reported with this specific drug, the pharmacological similarities among the sulfonamides require that each of these reactions be considered when sulfasalazine is administered.

Other adverse reactions which occur rarely, in approximately 1 in 1,000 patients or less are:

Blood dyscrasias: aplastic anemia, agranulocytosis, purpura, thrombocytopenia and hypoprothrombinemia, pancytopenia, macrocytosis.

Hypersensitivity reactions: erythema multiforme (Stevens Johnson syndrome), exfoliative dermatitis, epidermal necrolysis (Lyell's syndrome) with corneal damage, anaphylaxis, serum sickness syndrome, pneumonitis with or without eosinophilia, vasculitis, fibrosing alveolitis, pleuritis, pericarditis with or without tamponade, allergic myocarditis, polyarteritis nodosa, hepatitis and hepatic necrosis with and without immune complexes, parapsoriasis varioliformis acuta (Mucha Habermann syndrome), photosensitization, arthralgia, periorbital edema, conjuctival and scleral injection, alopecia and induction of autoantibodies.

Skin reactions: facial edema, exanthema, lichens planus, toxic pustuloderma.

Gastrointestinal reactions: hepatitis, pancreatitis, bloody diarrhea, impaired folic acid absorption, impaired digoxin absorption, stomatitis, diarrhea, abdominal pain, aggravation of ulcerative colitis and pseudomembranous colitis.

Respiratory reactions: cough, dyspnea.

CNS reactions: transverse myelitis, convulsions, transient lesions of the posterior spinal column, peripheral neuropathy, encephalopathy, mental depression, vertigo, hearing loss, insomnia, ataxia, hallucinations, tinnitus and drowsiness. Three cases of aseptic meningitis have been reported during the use of delayed-release sulfasalazine in the treatment of rheumatic diseases.

Nervous system reactions: smell and taste disorders.

Hepatic reactions: elevation of liver enzymes.

Renal reactions: toxic nephrosis with oliguria and anuria, nephrotic syndrome, hematuria, crystalluria proteinuria, and interstitial nephritis.

Musculoskeletal/connective tissue reactions: Sjögren's syndrome, systemic lupus erythematosis.

Other reactions: urine discoloration and skin discoloration. The sulfonamides bear certain chemical similarities to some goitrogens, diuretics, acetazolamide and the thiazides, and oral hypoglycemic agents. Goiter production, diuresis, and hypoglycemia have occured rarely in patients receiving sulfonamides. Cross-sensitivity may exist with these agents. Rats appear to be especially susceptible to the goitrogenic effects of sulfonamides and long-term administration has produced thyroid malignancies in this species.

SYMPTOMS AND TREATMENT OF OVERDOSAGE

Symptoms: Similar to those of any sulphonamide, the most likely symptoms being gastrointestinal disturbances (nausea and vomiting), drowsiness, convulsions, haematuria, crystalluria or anuria. Patients with impaired renal function are at increased risk of serious toxicity. Patients should be observed for development of methemoglobinemia or sulfahemoglobinemia. If these occur, treat appropriately. Serum sulfapyridine concentrations may be used to monitor progress of recovery from overdosage.

Treatment: Gastric lavage or emesis plus catharsis as indicated. Alkalinize urine. If kidney function is normal, force fluids. If anuria is present, restrict fluids and salt, and treat appropriately. Catheterization of the ureters may be indicated for complete renal blockage by crystals. The low molecular weight of SALAZOPYRIN and its metabolites may facilitate their removal by dialysis. For agranulocytosis, discontinue the drug immediately, hospitalize the patient and institute appropriate therapy.

For hypersensitivity reactions, discontinue treatment immediately. Such reactions may be controlled with antihistamines and, if necessary, systemic corticosteroids.

DOSAGE AND ADMINISTRATION

The dosage of SALAZOPYRIN should be adjusted according to the response to the treatment and the patient's tolerance to the drug. The tablets / delayed-release tablets should be taken at regular and even intervals over the 24 hour period. SALAZOPYRIN tablets should preferably be taken with a meal. For intestinal inflammatory diseases the night-time doses interval should not exceed 8 hours.

Patients not previously treated with SALAZOPYRIN should increase the dose gradually during the first few weeks. The incidence of adverse reactions tends to increase with daily dosages of 4 g or more; patients receiving these doses should be advised of this possibility and should be carefully observed for the appearance of adverse reactions.

Elderly patients

Based on pharmacokinetic studies, no special dosage instructions are required for elderly patients.

Patients with renal deficiency

SALAZOPYRIN should be used with caution in patients with renal deficiency.

Inflammatory Bowel Disease, Ulcerative Colitis, Crohn's Disease

1. Acute attacks:

Adults:

Severe attacks: 2 - 4 tablets, 3 - 4 times daily

Moderate and mild attacks: 2 tablets, 3 - 4 times daily.

Children:

25-35 kg body weight: 1 tablet 3 times daily 35-50 kg body weight: 2 tablets 2-3 times daily

2. Prophylaxis:

Adults:

In the state of remission in ulcerative colitis the maintenance dose recommended for keeping the patient free from symptoms is 2 tablets 2 - 3 times a day. Treatment with this dosage should continue indefinitely, unless adverse effects are observed. In case of deterioration, raise the dosage to 2 - 4 tablets, 3 - 4 times a day.

Children:

25-35 kg body weight: 1 tablet twice daily 35-50 kg body weight: 1 tablet 2-3 times daily

Patients experiencing gastrointestinal side effects with the uncoated SALAZOPYRIN tablet should use SALAZOPYRIN EN-tabs or a lower dose.

One **enema** should be given daily for the treatment of proctitis and distal ulcerative colitis, preferably at bedtime. This preparation contains an adult dose. Patient instructions are enclosed in each box of enemas.

Rheumatoid Arthritis

1. Adults

2 delayed-release tablets, 2 times daily.

When starting therapy, it is suggested to increase the daily dose as follows:

| | 1st Week | 2nd Week | 3rd Week | 4th Week and after |
|---------|-------------------|-------------------|-------------------|--------------------|
| Morning | | 1 Delayed-release | 1 Delayed-release | 2 Delayed-release |
| | | tablet | tablet | tablets |
| Evening | 1 Delayed-release | 1 Delayed-release | 2 Delayed-release | 2 Delayed-release |
| | tablet | tablet | tablets | tablets |

If no response has been seen after two months treatment, dose may be increased to 3 g per day. Some patients may do well with 1.5 g/day.

A clinical effect generally appears 1-2 months after initiation of treatment. Concomitant therapy with analgesics and/or anti-inflammatory agents is recommended until the therapeutic effect of SALAZOPYRIN EN-tabs is apparent. SALAZOPYRIN EN-tabs are effective and well-tolerated in long- term treatment.

2. Children:

The use of sulfasalazine in Juvenile Rheumatoid Arthritis is not recommended since its efficacy / safety has not been established.

PHARMACEUTICAL INFORMATION

Drug substance: Sulfasalazine USP.

Chemical name: 5-((4- (2- Pyridylsulfamoyl) phenyl)azo) salicylic acid

Structural formula:

Molecular formula: C₁₈H₁₄N₄O₅S

Molecular weight: 398.39

Physical form: Sulfasalazine is a bright yellow to light brownish yellow odourless

fine powder.

Solubility:

Very slightly soluble in ethanol, practically insoluble in water, ether, chloroform and benzene. Soluble in aqueous solutions of alkali hydroxides.

AVAILABILITY OF DOSAGE FORMS

SALAZOPYRIN (Sulfasalazine) is available in the following dosage forms:

- SALAZOPYRIN* tablets: 500 mg tablets are yellow-orange, round, convex, engraved with the letters KPh on one face and with 101 and a score line on the other. Supplied in bottles of 100, and 300.
- SALAZOPYRIN En-tabs*, Delayed-Release Tablets: 500 mg tablets are yellow-orange, elliptical, convex, enteric-coated, engraved with the letters KPh on one face and with 102 on the other. Supplied in bottles of 100, and 300.
- SALAZOPYRIN* Enema: Soft plastic disposable bottles. 100 mL contains 3 g of sulfasalazine USP. Boxes of 7 x 100 mL.

INFORMATION FOR THE CONSUMER

All Dosage Forms

Read the bold information first. Then go back and read the rest. If you do not recognize the names of medical conditions or medicines included in this information, check with your doctor, nurse, or pharmacist. Brand names for the generic drug names listed can also be found in the index. It is a good idea for you to learn both the generic and brand names of your medicines and to write them down for future use.

Sulfasalazine (sul-fa-SAL-a-zeen), a sulfonamide or sulfa medicine, belongs to the general family of medicines called anti-infectives. It is taken by mouth to help control active rheumatic arthritis and inflammatory bowel disease such as enteritis or colitis.

Sulfasalazine is available only with your doctor's prescription.

Remember:

- This medicine has been prescribed for your present medical problem only. Even though other people may have the same symptoms as you, they may have a different kind of problem. Your medicine may not work for them and may even cause them harm. **Therefore, your medicine must not be given to other people or used for other problems** unless you are otherwise directed by your doctor.
- In order for this medicine to work, it must be taken as directed.
- Keep all medicines out of the reach of children.
- If you want more information about this medicine, ask your doctor, nurse, or pharmacist.
- If any of the following information causes you special concern, do not decide against taking this medicine without first checking with your doctor.

Before Using This Medicine

In order to decide on the best treatment for your medical problem, your doctor should be told:

- if you have ever had any unusual or allergic reaction to any of the sulfonamides, furosemide or thiazide diuretics (water pills), dapsone, sulfoxone, oral hypoglycemics (diabetes medicine you take by mouth), glaucoma medicine you take by mouth (for example, acetazolamide, dichlorphenamide, methazolamide), or salicylates (for example, aspirin).
- if you are pregnant or if you intend to become pregnant while taking this medicine, although sulfasalazine has not been shown to cause birth defects and other problems do not usually occur.

- if you are breast-feeding an infant. Sulfonamides pass into the breast milk in small amounts and may cause unwanted effects in infants with glucose-6-phosphate dehydrogenase (G6PD) deficiency.
- if you intend to father a child (oligospermia)
- if you have any of the following medical problems:

Blockage of stomach, intestines, or urinary tract

Blood problems

Glucose-6-phosphate dehydrogenase (G6PD) deficiency

Kidney disease

Liver disease

Porphyria

- if you are now taking any of the following medicines or types of medicine:

Anthralin

Antibiotics

Anticoagulants, coumarin- or indandione-type (blood thinners)

Antidiabetic agents, oral (diabetes medicine you take by mouth)

Azathioprine

Coal tar

Dapsone

Digitalis glycosides (heart medicine)

Dipyrone

Diuretics (water pills or high blood pressure medicine)

Ethotoin

Folic acid

Furazolidone

Mephenytoin

Methenamine

Methotrexate

Methoxsalen

Nalidixic acid

Nitrofurantoin

Other sulfonamides

Oxyphenbutazone

Phenothiazines (tranquilizers)

Phenylbutazone

Phenytoin

Primaquine

Probenecid

Sulfinpyrazone

Sulfoxone

Tetracyclines

Thiopurine 6-mercaptopurine Trioxsalen Vitamin K

Proper Use of This Medicine

SALAZOPYRIN tablets (sulfasalazine) are best taken after meals or with food to lessen stomach upset. If stomach upset continues or is bothersome, check with your doctor.

Each dose of sulfasalazine should also be taken with a full glass (8 ounces) of water. Several additional glasses of water should be taken every day, unless otherwise directed by your doctor. Drinking extra water will help to prevent unwanted side effects of the sulfonamide.

For patients taking the delayed-release tablet form of this medicine:

- Swallow tablets whole. Do not break or crush.
- Contact your doctor if you notice any undisintegrated tablet in your stools.

Keep taking this medicine for the full time of treatment even if you begin to feel better after a few days; do not miss any doses.

If you do miss a dose of this medicine, take it as soon as possible. However, if it is almost time for your next dose, do not take the missed dose or double your next dose. Instead, go back to your regular dosing schedule.

Do not give sulfasalazine to infants under 2 years of age unless directed to by your doctor.

How to store this medicine:

- Store away from heat and direct light, out of the reach of children.
- Do not store in the bathroom medicine cabinet because the heat or moisture may cause the medicine to break down.
- -- Do not keep outdated medicine or medicine no longer needed.

Precautions While Using the Medicine

If your symptoms (including diarrhea) do not improve within a month or two or if they become worse, check with your doctor.

It is important that your doctor check your progress at regular visits.

Before having any kind of surgery (including dental surgery) with a general anesthetic, tell the physician or dentist in charge that you are taking a sulfonamide.

Some people who take sulfonamides may become more sensitive to sunlight than they are normally. When you begin to take this medicine, avoid too much sun or too much use of a

sunlamp until you see how you react, especially if you tend to burn easily. You may still be more sensitive to sunlight or sunlamps for many months after you stop taking this medicine. If you have a severe reaction, check with your doctor.

Side Effects of This Medicine

Along with its needed effects, a medicine may cause some unwanted effects. Although not all of these side effects appear very often, when they do occur they may require medical attention.

Stop taking this medicine and check with your doctor immediately if any of the following side effects occur:

More common:

Headache, continuing Itching Skin rash

Less common:

Aching of joints and muscles
Difficulty in swallowing
Fever
Pale skin
Redness, blistering, peeling, or loosening of skin
Sore throat
Unusual bleeding or bruising
Unusual tiredness or weakness
Yellowing of eyes or skin

Rare:

Blood in urine
Lower back pain
Pain or burning while urinating
Swelling of front part of neck
Also, check with your doctor as soon as possible if the following side effect occurs:

More common:

Increased sensitivity of skin to sunlight

Other side effects may occur which usually do not require medical attention. These side effects may go away during treatment as your body adjusts to the medicine. However, check with your doctor if any of the following side effects continue or are bothersome:

More common:

Diarrhea
Dizziness
Loss of appetite
Nausea or vomiting

In some patients this medicine may also cause the urine to become orange-yellow. This side effect does not require medical attention.

Other side effects not listed above may also occur in some patients. If you notice any other effects, check with your doctor.

PHARMACOLOGY

As the etiology of ulcerative colitis and Crohn's disease is unclear, it is difficult to establish the significance of the different pharmacological actions of sulfasalazine.

SALAZOPYRIN (sulfasalazine) has been used for more than four decades in the treatment of inflammatory bowel disease. Like other azo compounds, sulfasalazine exhibits an affinity for connective tissue. It also has an antibacterial as well as anti-inflammatory effect. An effect on prostaglandin synthetase and metabolism has also been suggested. Significant changes in immunological variables proved the immunosuppressive effect of sulfasalazine.

The absence of etiologic treatment for ulcerative colitis and Crohn's disease is evidenced throughout all studies. The success of the therapy depends on the site of the inflammation. In their studies, Gabel and Goldstein et al found that optimal results were obtained with sulfasalzine when it was tolerated with minimal side effects (13%). From the data of Goldstein et al, it was suggested that sulfasalazine alone was an effective drug treatment for Crohn's disease.

A dosage of 2 g daily was a satisfactory maintenance treatment for ulcerative colitis and should be continued unless contraindicated by side effects. A dose of 2 g daily may give good results in patients with ulcerative colitis and Crohn's disease where treatment with corticosteroids and azathioprine have failed.

It is difficult to evaluate in the individual case whether the adverse effects are due to sulfasalazine or to the symptoms of ulcerative colitis or Crohn's disease.

The most common side effects are related to gastric intolerance and upper gastrointestinal (GI) tract response to the drug, i.e. nausea, vomiting, gastric distress and anorexia.

Lowering the dose may decrease the frequency of adverse reactions. The use of delayed-release sulfasalazine (SALAZOPYRIN EN-tabs) is also an alternative to plain tablets to reduce the frequency of adverse reactions.

Holdsworth has reported that patients having side effects not related to dosage (such as rash, fever, allergy) can be easily desensitized. Patients could continue their sulfasalazine therapy using 2 - 3 g daily, thereafter.

TOXICOLOGY

Single dose toxicity

In single-dose toxicity studies in the mouse, rat and rabbit, the oral toxicity was low for all three species examined, the LD_{50} being greater than the maximum tolerated dose, i.e. 15 g/kg for the mouse and 7.5 g/kg for the rat and rabbit.

Toxicity at repeated dose administration

Rat

A 200 mg/kg dose was well tolerated in rats, the only finding being a reversible thyroid influence. At 500 and 800 mg/kg there were drug-induced effects on different parameters (body weight gain, organ weights, thyroid function and morphology). Most of these effects were normalized after the recovery period.

<u>Dog</u>

Doses of 250 and 500 mg/kg were well tolerated in dogs, the only finding being increased relative weight of thyroid glands. Two dogs given 800 mg/kg also had an atrophy of testicular epithelium. (Impairment of male fertility has been reported in animals and man, and has been shown to be of a reversible type B [see Reproduction toxicity]).

Reproduction toxicity

In the **rat fertility study** using doses of 200, 500 and 800 mg/kg, there was a drug induced impairment of male fertility which was shown to be of a reversible type. Only at a dose of 800 mg/kg were there other adverse reactions in the parent generation and in the offspring.

In the **rat teratology study** the 200 mg/kg dose was without adverse reactions. The 500 mg/kg dose had an influence on maternal and foetal body weight gain, the 800 mg/kg dose also influenced the skeletal growth and implantation rate.

In the **rabbit teratology study**, using the same doses, a maternal transient body weight loss was found at doses of 500 and 800 mg/kg, but, there was no influence on the offspring.

In the **rat peri- and post-natal study**, the 200 mg/kg dose was without adverse reactions. At doses of 500 and 800 mg/kg, there were materno-toxic effects - lower body weight gain and at 800 mg/kg, there was also an aggravation of labour (dystocia). As a consequence, there was also an increased pup mortality rate and lower pup weight gain.

Mutagenicity

A mutagenicity testing program including *in vitro* tests for point mutations and chromosome aberrations showed that sulfasalazine did not possess any mutagenic activity under the conditions of these tests.

Carcinogenicity

No carcinogenicity studies have been performed based upon the following criteria:

- The chemical structure of sulfasalazine does not indicate any suspected carcinogenic risk and sulfasalazine has no relationship with other carcinogens.
- Results from mutagenicity studies were negative.
- Results from chronic toxicity studies did not indicate a potential drug induced involvement in tumour development.
- Human therapeutic experience with SALAZOPYRIN for more than 40 years is not associated with suspected tumour development.

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