

PRODUCT MONOGRAPH

ratio-KETOROLAC

ketorolac tromethamine

ophthalmic solution 0.5%

Topical Non-steroidal Anti-Inflammatory Agent

ratiopharm inc.
Canada J7J 1P3

Control No. 133966

DATE OF REVISION:
November 16, 2009

PRODUCT MONOGRAPH

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(ketorolac tromethamine)

ophthalmic solution

0.5%

THERAPEUTIC CLASSIFICATION

Topical Non-steroidal Anti-Inflammatory Agent

ACTIONS AND CLINICAL PHARMACOLOGY

Mechanism of Action

Ketorolac tromethamine is a non-steroidal, anti-inflammatory agent demonstrating analgesic and anti-inflammatory activity mediated by peripheral effects. Ketorolac inhibits the synthesis of prostaglandins through inhibition of the cyclo-oxygenase enzyme system. Prostaglandins play a critical role in many inflammatory processes of the eye and appear to play a role in the miotic response during ocular surgery. At concentrations of 0.02% - 0.5%, ketorolac tromethamine solution did not irritate the eyes of rats, dogs or monkeys. Up to 4.0% concentrations were nonirritating in albino rabbits.

Ketorolac tromethamine has demonstrated anti-inflammatory activity when applied topically in several animal models of ocular inflammation. The compound significantly inhibited the inflammatory responses to silver nitrate-induced cauterization of the corneas of rat eyes at concentrations of 0.25% and 0.5%. Concentrations of ketorolac ranging from 0.02% to 0.5% blocked vascular permeability changes caused by endotoxin-induced uveitis in the eyes of rabbits. Using the same model, ketorolac also blocked endotoxin-induced elevation of aqueous humor PGE₂. It prevented the development of increased intraocular pressure induced in rabbits with topically applied arachidonic acid. Ketorolac did not inhibit rabbit lens aldose reductase *in vitro*.

Applications of a 0.5% ketorolac solution did not delay the healing of experimental corneal wounds in rabbits. This solution did not enhance the spread of experimental ocular infections induced in rabbits with *Candida albicans*, *Herpes simplex virus type one*, or *Pseudomonas aeruginosa*.

Pharmacokinetics

Absorption

In human studies, penetration of the drug is rapid after application to the eye. The relationship between the concentrations of solution administered and the amount of drug that penetrates the cornea is roughly linear.

Two drops (0.1 mL) of 0.5% ketorolac tromethamine ophthalmic solution, instilled into the eyes of patients 12 hours and 1 hour prior to cataract extraction, achieved measurable levels in 8 of 9 patients' eyes. The mean ketorolac concentration was 95 ng/mL in the aqueous humor and the range was 40 ng/mL to 170 ng/mL. The mean concentration of PGE₂ was 80 pg/mL in the aqueous humor of eyes receiving vehicle and 28 pg/mL in the eyes receiving 0.5% ketorolac tromethamine ophthalmic solution.

One drop (0.05 mL) of 0.5% ketorolac tromethamine ophthalmic solution was instilled into one eye and one drop of the vehicle into the other eye t.i.d. for 21 days in 26 healthy subjects. Only 5 of 26 subjects had detectable amount of ketorolac in their plasma (range 10.7 ng/mL and 22.5 ng/mL) when tested 15 minutes after the morning dose on day 10.

When ketorolac is given systemically to relieve pain, the average plasma level following chronic systemic treatment was approximately 850 ng/mL.

Distribution

Animal studies have shown that ¹⁴C-labelled ophthalmic solution 0.5% was found to be extensively distributed in ocular tissues with major portions retained in the cornea and sclera.

Metabolism

Although no studies have been conducted regarding the sites of metabolism for ophthalmic ketorolac, studies of systemic administration have shown that the drug is metabolized in the liver.

Excretion

Results of studies in rabbits and cynomolgus monkeys suggest that the major route of drug elimination from the eye is probably through intraocular blood flow after distribution from the aqueous humor to the iris-ciliary body.

Pharmacodynamics

Ketorolac tromethamine given systemically does not cause pupil constriction. Results from clinical studies indicate that ketorolac tromethamine ophthalmic solution has no significant effect upon intraocular pressure, although changes in intraocular pressure may occur following refractive surgery.

INDICATIONS AND CLINICAL USE

ratio-KETOROLAC (ketorolac tromethamine) ophthalmic solution 0.5% is indicated for the prophylaxis and the relief of postoperative ocular inflammation in patients undergoing cataract extraction with or without implantation of an intraocular lens.

CONTRAINDICATIONS

ratio-KETOROLAC (ketorolac tromethamine) ophthalmic solution 0.5% should not be used in patients who have previously exhibited hypersensitivity to any of the ingredients in the formulation.

WARNINGS

General

With some non-steroidal anti-inflammatory drugs, there exists the potential for increased bleeding time due to interference with thrombocyte aggregation. There have been reports that ocularly applied non-steroidal anti-inflammatory drugs may cause increased bleeding of ocular tissues (including hyphemas) in conjunction with ocular surgery.

Use in Nursing Mothers

Ketorolac tromethamine ophthalmic solution is not recommended for treatment of nursing mothers. Secretion of ketorolac tromethamine in human milk after systemic administration is limited. The milk-to-plasma ratio of ketorolac tromethamine concentrations ranged between 0.015 and 0.037 in a study of 10 women.

PRECAUTIONS

General

It is recommended that **ratio-KETOROLAC** (ketorolac tromethamine) ophthalmic solution 0.5% be used with caution in surgical patients with known bleeding tendencies or who are receiving other medications which may prolong bleeding time.

All topical non-steroidal anti-inflammatory drugs (NSAIDs) may slow or delay wound healing. Postmarketing experiences suggest that topical non-steroidal anti-inflammatories (NSAIDs) used by patients with complicated ocular surgeries, corneal denervation, corneal epithelial defects, diabetes mellitus, ocular surface disease, rheumatoid arthritis, or repeat ocular surgeries within a short period of time may be at an increased risk of corneal adverse events. These may include keratitis, epithelial breakdown, corneal thinning, corneal erosion, corneal ulceration or corneal perforation.

The potential for cross sensitivity to acetylsalicylic acid, phenylacetic acid and other nonsteroidal anti-inflammatory drugs exists although it has not been reported. **ratio-KETOROLAC** (ketorolac tromethamine) ophthalmic solution 0.5% therefore should be used with caution in patients who have previously exhibited sensitivities to these drugs.

Use in Pregnancy, Labour and Delivery

Use of **ratio-KETOROLAC** (ketorolac tromethamine) ophthalmic solution 0.5% is not recommended during pregnancy, labour or delivery.

Because of the known effects of prostaglandin-inhibiting drugs on the fetal cardiovascular system of rats (closure of the ductus arteriosus), the use of ketorolac tromethamine ophthalmic solutions during late pregnancy should be avoided.

Drug Interactions

There have been no reports of interactions of **ratio-KETOROLAC** (ketorolac tromethamine) ophthalmic solution 0.5% with topical or injectable drugs used in ophthalmology, pre-, intra-, or post-operatively including antibiotics (e.g., gentamicin, tobramycin, neomycin, polymyxin), sedatives (e.g., diazepam, hydroxyzine, lorazepam, promethazine HCl), miotics, mydriatics, cycloplegics (e.g., acetylcholine, atropine, epinephrine, physostigmine, phenylephrine, timolol maleate), hyaluronidase, local anesthetics (e.g., bupivacaine HCl, cyclopentolate HCl, lidocaine HCl, tetracaine), or corticosteroids.

Carcinogenesis, Mutagenesis, and Impairment of Fertility

Long-term studies in mice and rats have shown no evidence of carcinogenicity, teratogenicity, or impairment of fertility, with ketorolac tromethamine. No mutagenic potential of ketorolac was found in the Ames bacterial or the micronucleus test for mutagenicity.

Use in Children

Safety and effectiveness of ketorolac tromethamine ophthalmic solution in pediatric patients below the age of 3 have not been established.

Use in the Elderly

No overall differences in safety or effectiveness have been observed between elderly and younger patients.

Ophthalmology

Blurred and/or diminished vision has been reported with the use of **ratio-KETOROLAC** and other non-steroidal anti-inflammatory drugs. These symptoms should diminish over time. However, if they persist, this drug should be discontinued and an ophthalmologic examination performed.

ADVERSE REACTIONS

Since other nonsteroidal anti-inflammatory drugs have been known to irritate the eye upon topical application, ketorolac tromethamine was studied for its ocular irritation potential in animals and man.

In two multi-dose studies in healthy volunteers, one drop of 0.5% ketorolac tromethamine ophthalmic solution was applied three times daily for 21 days. Mild to moderate transient ocular burning/stinging was reported.

Most ocular complaints reported in clinical studies could not be distinguished from adverse events caused by the trauma of cataract surgery and the insertion of an intraocular lens.

Up to two drops (0.1 mL or 0.5 mg) of 0.5% ketorolac ophthalmic solution per eye every 6 to 8 hours have been administered postsurgically.

The most frequent adverse reactions were conjunctivitis (redness, scratchiness, foreign body sensation, 10%) eye pain (pain, ache and burn, 6%), ptosis (5%) and keratitis (corneal edema, 3%). Iritis, corneal lesion, eye disorder, photophobia pupillary disorder, blepharitis and elevated intraocular pressure were each reported with a prevalence of 2%.

Number (%) of Patients with Treatment-Related Adverse Events Reported During Treatment Period in the Pooled Phase 3 Studies

BODY SYSTEM Preferred Term	Ketorolac N=156 (%)	Vehicle N=157 (%)
BODY AS A WHOLE		
Headache	1 (0.6%)	3(1.9%)
DIGESTIVE SYSTEM		
Nausea	0 (0.0%)	1(0.6%)
Vomiting	0 (0.0%)	1(0.6%)
SPECIAL SENSES		
Pain eye	2 (1.3%)	4(2.5%)
Corneal infiltrates	1 (0.6%)	1(0.6%)
Edema eye	1 (0.6%)	0(0.0%)
Conjunctival hyperemia (NOS)	1 (0.6%)	0(0.0%)
Irritation	0 (0.0%)	1(0.6%)

None of the typical adverse reactions reported with the systemic non-steroidal anti-inflammatory agents or ketorolac tromethamine have been observed at the doses used in topical ophthalmic therapy.

SYMPTOMS AND TREATMENT OF OVERDOSAGE

Overdosage

The absence of experience with acute overdosage systemically or topically precludes characterization of sequelae and assessment of antidotal efficacy at this time. If ingested accidentally, drink fluids to dilute.

DOSAGE AND ADMINISTRATION

The recommended dose of **ratio-KETOROLAC** (ketorolac tromethamine) ophthalmic solution 0.5% is one to two drops (0.25 mg - 0.5 mg) every six to eight hours beginning 24 hours before surgery and continuing for three to four weeks for prophylaxis and relief of postoperative ocular inflammation.

Information to be Provided to the Patient by the Physician

Contact lenses should be removed prior to instillation of ketorolac tromethamine ophthalmic solutions and may be re-inserted 15 minutes following administration. Patients should be advised that ratio-KETOROLAC tromethamine and both contain benzalkonium chloride, which may discolour soft contact lenses.

Patients should be instructed to avoid allowing the tip of the dispensing container to contact the eye, surrounding structures, fingers, or any other surface in order to avoid contamination of the solution by common bacteria known to cause ocular infections. Based on the pharmacodynamic profile, ketorolac is not expected to influence a patient's ability to drive or operate machinery. As with any ocular medication, if transient blurred vision occurs at instillation, the patient should wait until the vision clears before driving or using machinery.

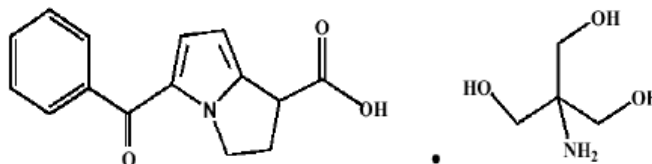
PHARMACEUTICAL INFORMATION

Proper Names: ketorolac tromethamine (USAN)
ketorolac trometamol (BAN)
ketorolac (INN)

Chemical Names:

(±)-5-Benzoyl-2,3-dihydro-1H-pyrrolizine-1-carboxylic acid, 2-amino-2-(hydroxymethyl)-1,3-propanediol

1H-Pyrrolizine-1-carboxylic acid, 5-benzoyl-2,3-dihydro-, (±)-, 2-amino-2-(hydroxymethyl)-1,3-propanediol

Structural Formula:

Molecular Formula: $C_{19}H_{24}N_2O_6$

Molecular Weight: 376.41

Description

Ketorolac tromethamine is off-white to white crystalline powder that melts at about 162°C with decomposition. It is freely soluble in water and methanol, slightly soluble in tetrahydrofuran, 190 proof and 200 proof ethanol and practically insoluble or insoluble in acetone, dichloromethane, toluene, ethylacetate, dioxane, hexane, butanol and acetonitrile.

Composition

ratio-KETOROLAC ophthalmic solution contains 0.5% ketorolac tromethamine as the action ingredient; non medicinal ingredients in the preserved multi dose bottles - sodium chloride, USP; edetate disodium, USP; octoxynol 40 (70% aqueous solution); benzalkonium chloride solution, NF (50% aqueous solution); sodium hydroxide and/or hydrochloric acid solution to adjust to pH 7.4; and purified water.

Stability and Storage Recommendations

Store in the original container at 25°C, with excursions to 15°C - 30°C. Protect from light. DISCARD 28 days after opening.

AVAILABILITY OF DOSAGE FORMS

ratio-KETOROLAC (ketorolac tromethamine) ophthalmic solution 0.5%, preserved, is supplied in a white opaque plastic bottle (5 mL and 10 mL fill sizes) with a controlled dropper tip.

INFORMATION FOR THE PATIENT

INFORMATION ON THE USE OF **ratio-KETOROLAC** (ketorolac tromethamine) OPHTHALMIC SOLUTION 0.5%.

What kind of medication is ratio-KETOROLAC and how does it work?

(Page 9 of the current Product Monograph for ACULAR[®] manufactured by Allergan Inc., dated January 06, 2004)

ratio-KETOROLAC is the product name for ketorolac tromethamine, a medicine used for the prevention and relief of post-operative eye inflammation. Ketorolac tromethamine belongs to a family of drugs known as non-steroidal anti-inflammatory drugs (NSAIDs) or anti-prostaglandin drugs.

Research shows that ketorolac tromethamine works by reducing the production of certain substances (called prostaglandins) that the body normally produces to help control such functions as muscle contraction, inflammation, and numerous other body processes.

Clinical studies indicate that when prostaglandin levels are reduced, the intensity of pain, and inflammation is reduced as well.

What is ratio-KETOROLAC for?

ratio-KETOROLAC is used to prevent and lessen eye inflammation in patients undergoing cataract extraction with or without implantation of an intraocular lens.

What is ratio-KETOROLAC made up of?

ratio-KETOROLAC ophthalmic solution in the preserved multi dose bottle contains 0.5% ketorolac tromethamine as the active ingredient, with benzalkonium chloride 0.01% as the preservative. Inactive ingredients include sodium chloride, edetate disodium, octoxynol 40, purified water, and sodium hydroxide and/or hydrochloric acid solution to adjust the pH to 7.4. Product is supplied in a white opaque plastic bottle with a controlled dropper tip.

What are some possible side effects of ratio-KETOROLAC?

Along with its needed effects, a medicine may cause some unwanted effects.

In clinical studies with ketorolac tromethamine, the unwanted effects that were reported most often included transient stinging and burning, redness, itching and/or swelling and visual blurring after instillation of the eye drops.

Your vision may become blurred temporarily; if so, you should wait until your vision clears before driving or using machinery.

Who should not use ratio-KETOROLAC?

Do not use ratio-KETOROLAC:

If you are allergic to acetylsalicylic acid or to any of the other non-steroidal anti-inflammatory drugs (e.g. diclofenac, diflunisal, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, mefenamic acid, piroxicam, sulindac, tiaprofenic acid, tolmetin) used to treat arthritis or other muscle and joint conditions, do not take **ratio-KETOROLAC** without first consulting your doctor.

If you are pregnant or if you may become pregnant. **ratio-KETOROLAC** is not recommended during pregnancy, labour or delivery.

If you are breast-feeding.

Before using ratio-KETOROLAC you should discuss with your doctor the following:

If you have ever had any unusual or allergic reaction to **ratio-KETOROLAC**.

If you are allergic to any substance. Most medicines contain more than their active ingredient. Your doctor, nurse or pharmacist can help you avoid products that may cause a problem.

If you are pregnant or intend to become pregnant.

If you are breast-feeding or intend to be breast-feeding.
If you have any medical problems.

If you are taking any other prescription or nonprescription (over-the-counter (OTC)) medicine.

How to use ratio-KETOROLAC:

ratio-KETOROLAC should only be applied to the eye.

With **ratio-KETOROLAC**, you should put one or two drops in each eye that needs treatment, three or four times every day, depending on the directions your doctor has given you.

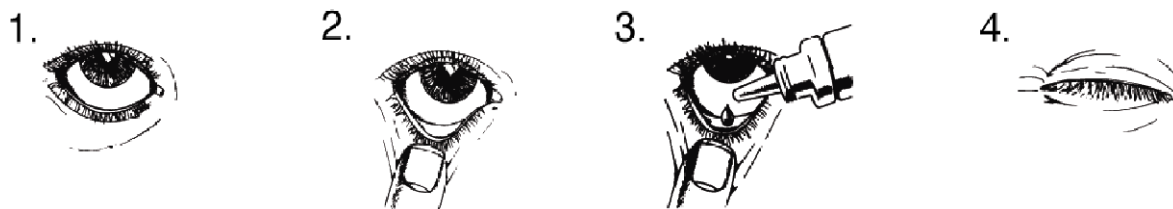
Follow the instructions for use below. Always use **ratio-KETOROLAC** exactly as your doctor has instructed you. If you use **ratio-KETOROLAC** with another eye drop, leave at least five minutes between putting in **ratio-KETOROLAC** and then the other drops.

You must not use the bottle if the tamper-proof seal on the bottle neck is broken before you first use it.

Follow the following steps to help you use **ratio-KETOROLAC** properly:

1. Wash your hands. Tilt your head back and look at the ceiling.
2. Gently pull down the lower eyelid to create a small pocket.
3. Turn the bottle upside down and squeeze it gently to release one drop into each eye that needs treatment.
4. Let go of the lower lid, and close your eye for 30 seconds.

If a drop misses your eye, try again.



To help prevent infections, do not let the tip of the bottle touch your eye or anything else. Put the cap back on and close the bottle immediately after you have used it.

If you forget to take **ratio-KETOROLAC**, use one dose as soon as you remember, and then go back to your regular routine. Do not take two doses to make up for the one that you

missed.

Contact lenses should be removed prior to instillation of ketorolac tromethamine ophthalmic solutions and may be re-inserted 15 minutes following administration. **ratio-KETOROLAC** contains benzalkonium chloride, which may discolour soft contact lenses.

Storing ratio-KETOROLAC

Keep out of reach of children.

Store in the original container at 25°C, with excursions to 15°C - 30°C Protect from light. DISCARD 28 days after opening.

IMPORTANT! Your doctor may give you different instructions better suited to your specific needs. If you need more information about how to take **ratio-KETOROLAC** properly, double-check with your doctor or pharmacist.

PHARMACOLOGY

Animal Pharmacology

Several studies have been conducted in animals with ketorolac acid or ketorolac tromethamine solutions demonstrating: minimal eye irritation; anti-inflammatory activity in several models of ocular inflammation; prevention of arachidonic acid induced increases in intraocular pressure with no effect on normal intraocular pressure; no impairment of corneal wound healing; no potentiation of ocular infections; and no effects on the proliferation of endothelial cells.

Metabolism and Pharmacokinetics

A series of studies were conducted with ophthalmic formulations of ketorolac acid and ketorolac tromethamine in rabbits and cynomolgus monkeys. Two different preservatives were used throughout these studies, namely a thimerosal (THIM) or a benzalkonium chloride (BAC) system. The benzalkonium chloride system was the final form selected for development due to its greater preservative efficacy and acceptability.

Single dose studies were performed using topical application, intracameral injection or intravenous administration in rabbits and/or cynomolgus monkeys. In the rabbit studies topical doses of 0.5% ketorolac tromethamine were delivered via microliter syringe drop-wise onto the eye (50 μ L (0.25 mg) per eye). Intracameral injections consisted of 20 μ L (0.25 mg) of the dose solution injected directly into the anterior chamber. Intravenous doses were delivered via the marginal ear vein.

In those studies involving monkeys the target dose for intravenous administration was 0.25 mg/kg. The topical ocular dose consisted of 100 μ L per eye of 0.5% ketorolac tromethamine.

Ocular Absorption and Kinetics

Ocular absorption studies were conducted in female New Zealand white rabbits. Each topical formulation (50 μ L, 0.25 mg), containing either BAC or THIM preservative systems, was applied to both eyes of six rabbits. An equivalent dose (0.25 mg per eye) was injected intracamerally to both eyes of six additional rabbits. The rabbits were kept anesthetized throughout the study.

Peak concentrations of 14 C-ketorolac were 100-fold greater after intracameral injection compared with topical administration. The ocular absorption of the BAC formulation was 93% relative with the thimerosal formulation. The ocular bioavailability of the topical formulations averaged 4%.

After topical ocular doses, the half-life of total radioactivity in aqueous humor using the BAC formulation (3.8 - 6.4 hours) was longer than after intracameral injection (2.1 hours). This suggests that topical dosing may lead to a "reservoir" effect in the corneal epithelium and continued flux of drug from the reservoir into the aqueous humor. In the anterior chamber, clearance of 14 C-ketorolac averaged 11 μ L/min while the apparent volume of distribution averaged 1.93 mL.

Systemic Absorption

The extent of systemic absorption of the ocular dose in the rabbit was estimated using both plasma AUC and urinary excretion data. Plasma concentrations of total radioactivity and intact ketorolac were measured in the rabbit after topical (n=6), intracameral (n=6), and intravenous (n=3) administration of ¹⁴C-ketorolac tromethamine.

After a single ophthalmic dose (50 μ L) in the rabbit, intact ketorolac was absorbed rapidly into the systemic circulation (T_{max}, 15 minutes). The plasma half-life after ophthalmic doses (6.9 hours) was longer than after i.v. administration (1.1 hour), suggesting that removal of drug from the eye into the venous circulation may be rate-limiting. By comparison of drug levels in aqueous humor after intracameral injection vs. plasma levels after i.v. administration, ketorolac was shown to clear more rapidly in plasma (6 mL/min) than in the anterior chamber (11 μ L/min).

In a study involving 3 cynomolgus monkeys, ¹⁴C-ketorolac tromethamine solution was administered intravenously and in a topical ocular solution. Peak plasma levels of ketorolac occurred at 1.1 hour after the ophthalmic dose. The plasma half-life of ketorolac was similar after ophthalmic (1.8 hours) and i.v. doses (1.6 hours).

The majority of the ophthalmic dose was excreted in urine (66% in rabbit (n=24) and 75% in monkey (n=3)) and a small amount in feces (11% in rabbit (n=24) and 2% in monkey (n=3)). The extent of systemic absorption based upon urinary data after ophthalmic dosing averaged 73% (n=3) and 74% (n=24) in rabbit and 76% (n=3) in the cynomolgus monkey. The systemic absorption estimated from the AUC data were 40% (n=3) and 64% (n=24) in rabbit and 73% in the cynomolgus monkey.

Concentrations of ketorolac tromethamine in aqueous humor and plasma were determined in a six-month ocular toxicity study in the cynomolgus monkey. Two drops (100 μ L) per eye of the ophthalmic solution were applied 3, 6 and 9 times daily over 8 hours to groups of 12 cynomolgus monkeys. Plasma concentrations of ketorolac tromethamine were determined on day 1 and at the end of 3 and 6 months. Aqueous humor was also assayed at 3 and 6 months. Concentrations of ketorolac in the aqueous humor confirmed drug absorption in the eye of monkeys and were directly proportional to the administered dose. Relative to the 3X/day dose, concentrations of ketorolac in the aqueous humor after the 6X and 9X daily dose averaged 2.1 and 3.1 times higher respectively at the end of 3 months, and 1.8 and 2.7 fold higher levels respectively at the end of 6 months. A dose-proportional increase in plasma trough levels was demonstrated at the end of 6 months. Mean plasma levels of ketorolac were 2.2-fold and 3.3-fold higher after the 6X and 9X daily dose, respectively, compared with the 3X daily dose. The results indicated that there was no accumulation of drug levels in aqueous humor and in plasma with repeated ophthalmic dosing.

In a similar study two drops (100 μ L) per eye of the ophthalmic solution were applied 3 or 9 times daily over 8 hours for one month to groups of 4 cynomolgus monkeys. Plasma concentrations were determined on day 1 and at the end of the study, and aqueous humor concentrations of ketorolac were measured at 1 month. Relative to the 3X/day dose, concentrations of ketorolac in the aqueous humor after the 9X/dose averaged 5.3-fold higher at the end of 1 month. Plasma levels a 1 month were 5-fold higher in the 9X/day

dose relative to the 3X/day dose. The results of the one-month study also showed a low degree of systemic exposure and relatively higher levels in the aqueous humor compared to plasma levels of ketorolac.

Ocular Distribution

The intraocular distribution of ^{14}C -ketorolac tromethamine was determined in the rabbit (n=24) after topical application of 50 μL of 0.5% ^{14}C -ketorolac tromethamine optical solution containing benzalkonium chloride as the preservative. Peak concentrations of radioactivity were achieved within 1 hour in the ocular tissues and were highest in the cornea (6.06 $\mu\text{g-eg/mL}$). At 1 hour, the majority of the radioactivity (0.9% of administered dose) was recovered in the sclera (0.58%) and cornea (0.26%), vitreous humor (0.023%), retina-choroid (0.018%), iris-ciliary body (0.007%) and lens (0.002%).

Relative to plasma AUC values, the AUCs were higher for cornea (104-fold), sclera (27-fold), iris-ciliary body (5.8-fold), retina-choroid (5.6-fold), aqueous humor (3.3-fold) and approximately one-half in the vitreous humor and lens. When compared with an intravenous dose equivalent to twice the ophthalmic dose of ^{14}C -ketorolac tromethamine administered via the marginal ear vein (n=3), concentrations of drug-related radioactivity were higher in the ocular tissues and lower in plasma after ophthalmic administrations.

Animal Metabolism

The metabolite profile in aqueous humor was determined in the rabbit, while plasma and urinary metabolite profiles were determined in both the rabbit and cynomolgus monkey after ophthalmic and i.v. dosing.

After ophthalmic administration in rabbits, ketorolac represented the major component (>90%) of radioactivity in aqueous humor and plasma and the p-hydroxy metabolite accounted for 5% of radioactivity in plasma. Ketorolac was also the major component (96%) of plasma radioactivity after ophthalmic dosing in monkeys (n=3).

After ophthalmic dosing in the rabbit, 72%, 17% and 6% of the total radioactivity in urine was comprised of intact ketorolac, p-hydroxy ketorolac and other polar metabolites. After i.v. dosing, the relative proportions of total radioactivity averaged 6% as intact ketorolac, 68% as p-hydroxy ketorolac and ~ 22% as polar metabolites.

In the monkey, intact ketorolac and its polar metabolite (possibly the glucuronide conjugate of ketorolac) accounted for 32% and 65% of the total radioactivity in urine, respectively after ophthalmic dosing, and 50% and 49% of the radioactivity in urine, respectively after i.v. dosing. Thus, the metabolism of ketorolac was qualitatively very similar after ophthalmic and i.v. administration in the monkey.

Clinical Studies
Pharmacokinetics

The penetration of ketorolac ophthalmic solution into the anterior chamber of the eye was studied in patients undergoing unilateral cataract extraction with intra-ocular lens implantation. The average concentration of ketorolac in the aqueous humor was 95 ng/mL following the instillation of two drops of the 0.5% solution approximately 12 hours and 1 hour before surgery. The concentration of ketorolac in the aqueous humor was below the detection limit of the assay (40 ng/mL) when 2 drops of 0.1% solution were instilled into the eyes of another group of patients undergoing the same surgical procedure.

Concentrations of PGE₂ in the aqueous humor were depressed following the instillation of both the 0.1% and 0.5% ketorolac solutions. However, compared to the vehicle-treated group, the depression of PGE was not statistically significant.

In a 21-day multiple (t.i.d.) dose study in healthy volunteers, five of the 26 subjects had detectable (>10 ng/mL) plasma levels of ketorolac (11 ng/mL to 22 ng/mL) following 10 days of instillation of one 0.5% ketorolac ophthalmic solution. One subject had detectable levels before the first morning dose on Day 10 and the other 4 subjects had detectable levels when tested 15 minutes after the morning dose on Day 10. None of the volunteers had detectable levels on Day 24, three days after the end of dosing.

To put these plasma levels into perspective, when 10 mg of ketorolac was given a single intramuscular or oral dose or as multiple doses, the plasma level of ketorolac was approximately 850 ng/mL 30 minutes after dosing.

TOXICOLOGY

Acute Toxicity

Species Strain Regimen Group Size Preservative	Route Concentration* (mg/mL)	Mortality	Clinical Ophthalmology
Rabbit New Zealand One dose in right eye followed by a 72-hour observation 3 females 0.01% BAC	Ocular 2.5 5.0 10.0 20.0 40.0	 0/3 0/3 0/3 0/3 0/3	 NDE NDE NDE NDE NDE
Rabbit New Zealand One dose every one-half hour for a total of 12 doses to both eyes. Eyes were examined after the last dose and on days 1, 2, 3 and 6 following dosing 6 males 0.01% BAC	Ocular Saline control Vehicle control 5.0	 0/6 0/6 0/6	 NDE

NDE = No drug effect (no indications of irritation or toxicity)

BAC = Benzalkonium chloride

*Volume = 0.1 mL/eye

Long-term Toxicity

Ketorolac ophthalmic solution was evaluated in rabbits (pigmented and non-pigmented) in studies up to 6 weeks, and in monkeys in studies lasting up to 12 months.

The results of the preclinical toxicology studies indicate no adverse drug-related effects to ketorolac tromethamine. No adverse effects were observed in monkeys following 6 months of treatment with a thimerosal-preserved formulation. However, in studies with the BAC (benzalkonium chloride) formulation, corneal fluorescein staining, accompanied by thinning of the epithelium, was seen in vehicle-treated and drug-treated animals. The Dutch Belted rabbit was most sensitive to these effects, with the New Zealand rabbit and the monkey

showing decreasing sensitivities. Since the effects were seen primarily in vehicle and low-dose groups and since similar effects have been reported for BAC, the corneal changes were attributed to the preservative. The difference in sensitivity shown by the rabbit compared to the primate may be explained physiologically because of the greater blinking rate and lacrimal response to irritation in primates, including humans. In fact, formulations containing 0.01% BAC are well tolerated by humans and are approved as over-the-counter ophthalmic medications.

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