

PRODUCT MONOGRAPH

^{Pr}AVA-ATENOLOL

(Atenolol Tablets B.P., 25mg)

Beta-Adrenergic Receptor Blocking Agent

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Control No. 143752

NAME OF DRUG

Pr AVA-ATENOLOL
(Atenolol Tablets B.P., 25mg)

THERAPEUTIC CLASSIFICATION

Beta-adrenergic receptor blocking agent.

ACTION AND CLINICAL PHARMACOLOGY

Atenolol is a beta₁-selective, beta adrenergic blocking agent, devoid of membrane stabilizing or intrinsic sympathomimetic (partial agonist) activities. It is a racemic mixture and the beta₁ properties reside in the S(-) enantiomer. Beta₁-selectivity decreases with increasing dose.

The mechanism of the antihypertensive effect has not been established. Among the factors that may be involved are:

- a) competitive ability to antagonize catecholamine-induced tachycardia at the beta-receptor sites in the heart, thus decreasing cardiac output
- b) inhibition of renin release by the kidneys
- c) inhibition of the vasomotor centres

The mechanism of the anti-anginal effect is also uncertain. An important factor may be the reduction of myocardial oxygen requirements by blocking catecholamine-induced increases in heart rate, systolic blood pressure, and the velocity and extent of myocardial contraction.

In man atenolol reduces both isoproterenol- and exercise-induced increases in heart rate over the dose range of 50 to 200 mg. At an oral dose of 100 mg the beta₁ blocking effects persist for at least 24 hours; the reduction in exercise-induced heart rate increase being about 32% and 13%, 2 and 24 hours after dosing, respectively. The logarithm of the plasma atenolol level correlates with the degree of beta₁ blockade but not with the antihypertensive effect.

Pharmacokinetics

Approximately 40 to 50% of an oral dose of atenolol is absorbed from the gastrointestinal tract, the remainder being excreted unchanged in the feces. Peak plasma concentrations occur 2-4 hours after dosing and are subject to a 4-fold variability. The plasma levels are proportional to dose over the range 50-400 mg and 6 to 16% of atenolol is bound to plasma proteins. The mean peak plasma concentrations of atenolol were approximately 300 and 700 nanogram/mL following 50 and 100 mg, respectively. The plasma half-life is approximately 6-7 hours. Atenolol is extensively distributed to extravascular tissues, but only a small amount is found in the central nervous system.

There is no significant hepatic metabolism of atenolol in man and more than 90% of the absorbed dose reaches the systemic circulation unaltered. Small quantities of a hydroxy metabolite and a glucuronide are produced but neither has major pharmacological activity. As a consequence no accumulation occurs in patients with liver disease and no dosage adjustment is required. Approximately 47 and 53% of the oral dose is eliminated in the urine and feces, respectively. Recovery is complete after 72 hours.

Atenolol is primarily eliminated by the kidney, predominantly by glomerular filtration. The normal elimination half-life may increase in severe renal impairment but no significant accumulation occurs in patients who have creatinine clearance greater than 35 mL/min. The oral dose should be reduced in patients with a creatinine clearance less than 35 mL/min (see DOSAGE and ADMINISTRATION). Following intravenous administration,

peak plasma levels were reached within 5 minutes. Declines from peak plasma levels are rapid (5- to 10-fold) during the first 7 hours; thereafter, plasma levels decay with a half-life similar to that of orally administered drug. Over 85% of an intravenous dose is excreted in urine within 24 hours.

Atenolol is excreted in human breast milk and crosses the placental barrier - the maternal to cord blood ratio being about unity.

A comparative two-way, single-dose bioavailability study was performed on AVA-ATENOLOL (atenolol) 100 mg Tablets and TENORMIN (atenolol) 100 mg Tablets. The pharmacokinetic data (mean \pm standard deviation) calculated for the AVA-ATENOLOL and TENORMIN Tablet formulations is tabulated below:

	AVA-ATENOLOL 1 x 100 mg	TENORMIN® 1 x 100 mg	Percentage of TENORMIN®
AUCT* (ng•h/mL)	4818 (35)	5159 (34)	93
AUCI* (ng•h/mL)	5102 (36)	5441 (33)	94
Cmax* (ng/mL)	624 (32)	646 (33)	97
Tmax+ (h)	3.11 (0.56)	3.19 (0.81)	-
T1/2+ (h)	7.53 (1.69)	7.77 (2.70)	-

*Geometric means (CV)

+Arithmetic means (SD)

INDICATIONS AND CLINICAL USE

Hypertension

AVA-ATENOLOL (atenolol) tablets are indicated in patients with mild or moderate hypertension. It is usually used in combination with other drugs, particularly a thiazide

diuretic. However, it may be tried alone as an initial agent in those patients in whom, in the judgement of the physician, treatment should be started with a beta-blocker rather than a diuretic. AVA-ATENOLOL may be used in combination with diuretics and/or vasodilators to treat severe hypertension.

The combination of atenolol with a diuretic or peripheral vasodilator has been found to be compatible. Limited experience with other anti hypertensive agents has not shown evidence of incompatibility with atenolol.

Atenolol is not recommended for the emergency treatment of hypertensive crises.

Angina Pectoris

AVA-ATENOLOL tablets are indicated in the long-term management of patients with angina pectoris due to ischemic heart disease.

CONTRAINDICATIONS

AVA-ATENOLOL (atenolol) should not be used in the presence of:

1. sinus bradycardia, or bradycardia of other origin
2. second and third degree A-V block
3. sick sinus syndrome
4. right ventricular failure secondary to pulmonary hypertension
5. uncontrolled heart failure
6. cardiogenic shock
7. hypotension
8. severe peripheral arterial disorders
9. anesthesia with agents that produce myocardial depression
10. pheochromocytoma, in the absence of alpha-blockade
11. metabolic acidosis

12. known hypersensitivity to the product

WARNINGS

a) **Cardiac Failure**

Special caution should be exercised when administering AVA-ATENOLOL (atenolol) to patients with a history of heart failure. Sympathetic stimulation is a vital component supporting circulatory function in congestive heart failure and inhibition with beta-blockade always carries the potential hazard of further depressing myocardial contractility and precipitating cardiac failure. Atenolol acts selectively without abolishing the inotropic action of digitalis on the heart muscle. However, the positive inotropic action of digitalis may be reduced by the negative inotropic effect of atenolol when the two drugs are used concomitantly. The effects of beta-blockers, and digitalis are additive in depressing A-V conduction. In patients without a history of cardiac failure, continued depression of the myocardium over a period of time can, in some cases, lead to cardiac failure. Therefore, at the first sign or symptom of impending cardiac failure, patients should be fully digitalised and/or given a diuretic and the response observed closely. If cardiac failure continues, despite adequate digitalisation and diuretic therapy, AVA-ATENOLOL therapy should be immediately withdrawn.

b) **Abrupt Cessation of Therapy with AVA-ATENOLOL**

Patients with angina should be warned against abrupt discontinuation of AVA-ATENOLOL. There have been reports of severe exacerbation of angina and of myocardial infarction or ventricular arrhythmias occurring in patients with angina pectoris, following abrupt discontinuation of beta-blocker therapy. The last two complications may occur with or without preceding exacerbation of angina pectoris. Therefore, when discontinuation of AVA-ATENOLOL is planned in patients with angina pectoris, the dosage should be gradually reduced over a period of about two weeks and the patient should be carefully observed and

advised to limit physical activity to a minimum. The same frequency of administration should be maintained. In situations of greater urgency, AVA-ATENOLOL should be discontinued stepwise over a shorter time and under closer observation. If angina markedly worsens or acute coronary insufficiency develops, it is recommended that treatment with AVA-ATENOLOL be reinstated promptly, at least temporarily.

a) Oculomucocutaneous Syndrome

Various skin rashes and conjunctival xerosis have been reported with beta blockers, including atenolol. A severe syndrome (oculomucocutaneous syndrome) whose signs include conjunctivitis sicca and psoriasiform rashes, otitis, and sclerosing serositis has occurred with the chronic use of one beta-adrenergic blocking agent (practolol). This syndrome has not been observed with atenolol or any other such agent. However, physicians should be alert to the possibility of such reactions and should discontinue treatment in the event that they occur.

a) Prinzmetal's Angina

Atenolol may increase the number and duration of angina attacks in patients with Prinzmetal's angina due to unopposed alpha-receptor mediated coronary artery vasoconstriction. Therefore, Ava-Atenolol should only be used in these patients with the utmost care.

b) Sinus Bradycardia

Severe sinus bradycardia may occur with the use of atenolol from unopposed vagal activity remaining after blockade of beta₁-adrenergic receptors; in such cases, dosage should be reduced.

c) Thyrotoxicosis

In patients with thyrotoxicosis, possible deleterious effects from long-term use of

atenolol have not been adequately appraised. Beta-blockade may mask the clinical signs of continuing hyperthyroidism or its complications and give a false impression of improvement. Therefore, abrupt withdrawal of AVA-ATENOLOL may be followed by an exacerbation of the symptoms of hyperthyroidism, including thyroid storm.

PRECAUTIONS

a) **Bronchospastic Disorders**

Patients with bronchospastic diseases should, in general, not receive beta-blockers. Due to the relative beta₁-selectivity of AVA-ATENOLOL, AVA-ATENOLOL may be used with caution in patients with bronchospastic disease who do not respond to, or cannot tolerate, other antihypertensive treatment. Since beta₁-selectivity is not absolute, a beta₂-stimulating agent should be administered concomitantly, the lowest possible dose of AVA-ATENOLOL should be used. Despite these precautions, the respiratory status of some patients may worsen, and, in such cases, AVA-ATENOLOL should be withdrawn.

b) **First Degree Heart Block**

Due to its negative effect on AV conduction time, AVA-ATENOLOL should be used with caution in patients with first degree block.

c) **Peripheral Arterial Circulatory Disorders**

Atenolol may aggravate less severe peripheral arterial circulatory disorders (see CONTRAINDICATIONS).

d) **Anaphylaxis - Epinephrine and Beta-Blockers**

There may be increased difficulty in treating an allergic type reaction in patients on beta-blockers. In these patients, the reaction may be more severe due to pharmacological effects of beta-blockers and problems with fluid changes.

Epinephrine should be administered with caution since it may not have its usual effects in the treatment of anaphylaxis. On the one hand, larger doses of epinephrine may be needed to overcome the bronchospasm, while on the other, these doses can be associated with excessive alpha adrenergic stimulation with consequent hypertension, reflex bradycardia and heart-block and possible potentiation of bronchospasm. Alternatives to the use of large doses of epinephrine included vigorous supportive care such as fluids and the use of beta agonists including parenteral salbutamol or isoproterenol to overcome bronchospasm, and norepinephrine to overcome hypotension.

e) Diabetes and Patients Subject to Hypoglycemia

AVA-ATENOLOL should be administered with caution to patients subject to spontaneous hypoglycemia, or to diabetic patients (especially those with labile diabetes) who are receiving insulin or oral hypoglycemic agents. Beta-adrenergic blockers may mask the premonitory signs (e.g. tachycardia) and symptoms of acute hypoglycemia.

f) Impaired Renal Function

AVA-ATENOLOL should be used with caution in patients with impaired renal function (see DOSAGE AND ADMINISTRATION).

When renal function is impaired, clearance of atenolol is closely related to the glomerular filtration rate; however, significant accumulation does not occur until the creatinine clearance falls below 35 mL/min/1.73 m².

g) Elective or Emergency Surgery

It is not advisable to withdraw beta-adrenoceptor blocking drugs prior to surgery in the majority of patients. However, care should be taken when using AVA-ATENOLOL with anaesthetic agents such as those which may depress the

myocardium. Vagal dominance, if it occurs, may be corrected with atropine (1-2 mg iv).

Some patients receiving beta-adrenergic blocking agents have been subject to protracted severe hypotension during anesthesia. Difficulty in restarting and maintaining the heartbeat has also been reported. In emergency surgery, since atenolol is a competitive inhibitor of beta- adrenergic receptor agonists, its effects may be reversed, if necessary, by sufficient doses of such agonists as isoproterenol or norepinephrine.

h) Ethnic Populations

Atenolol appears to be effective and well-tolerated in most ethnic populations, although the responses may be less in black patients than in Caucasians.

i) Use in Pregnancy

Atenolol has been shown to produce a dose-related increase in embryo/fetal resorptions in rats at doses equal to or greater than 50 mg/kg/day. Although similar effects were not seen in rabbits, the compound was not evaluated in rabbits at doses above 25 mg/kg/day. There are no adequate and well- controlled studies in pregnant women, Studies in humans have shown that transplacental passage of atenolol does occur in pregnant women with fetal drug serum levels equal to those of the mother. In a limited number of patients who were given the drug during the last trimester of pregnancy, low birth weight, neonatal hypoglycemia, bradycardia in the fetus/newborn, and placental insufficiency were observed. AVA-ATENOLOL should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

j) Use in Lactating Women

In humans, there is a significant accumulation of atenolol in the breast milk of lactating women. If the use of AVA-ATENOLOL is considered essential, then

mothers should stop nursing.

k) Use in Children

There is no experience with AVA-ATENOLOL in the treatment of pediatric age groups.

l) Activities Requiring Mental Alertness

Use of AVA-ATENOLOL is unlikely to result in any impairment of the ability of patients to drive or operate machinery. However, it should be taken into account that dizziness or fatigue may occur.

j) Drug Interactions

Clonidine:

Beta-blockers may exacerbate the rebound hypertension which can follow the withdrawal of clonidine. If the two drugs are co-administered, the beta-blocker should be withdrawn several days before discontinuing clonidine. If replacing clonidine by beta-blocker therapy, the introduction of beta-blockers should be delayed for several days after clonidine administration has stopped. (Also see prescribing information for clonidine).

Reserpine or Guanethidine:

Patients receiving catecholamine-depleting drugs, such as reserpine or guanethidine, should be closely monitored because the added beta-adrenergic blocking action of atenolol may produce an excessive reduction of sympathetic activity. AVA-ATENOLOL should not be combined with other beta-blockers.

Antiarrhythmic Agents:

Care should be taken when atenolol is used concomitantly with Class I antiarrhythmic agents since these drugs may potentiate the cardiac depressing activity of AVA-ATENOLOL.

Calcium Channel Blockers:

Combined use of beta-blockers and calcium channel blockers with negative inotropic effects can lead to prolongation of SA and AV conduction, particularly in patients with impaired ventricular function, conduction abnormalities, or diminished cardiac output. This may result in severe hypotension, bradycardia and cardiac failure. Concomitant therapy with dihydropyridines, e.g., nifedipine, may increase the risk of hypotension, and cardiac failure may occur in patients with latent cardiac insufficiency.

Digitalis Glycosides:

Digitalis glycosides may potentiate the bradycardia of beta₁-blockade.

Non-Steroidal Anti-Inflammatory Agents:

The concomitant use of non-steroidal anti-inflammatory agents may blunt the antihypertensive effects of beta-blockers.

Anaesthetic Agents:

Anaesthetics can produce a hypotensive state with associated reflex tachycardia. Since beta-blockade will inhibit reflex tachycardia, the hypotensive potential of anaesthetic agents is increased with concomitant use of atenolol. The anaesthetist should be informed and the choice of anaesthetic should be an agent with as little negative inotropic activity as possible (see CONTRAINDICATIONS, (section g), PRECAUTIONS.).

ADVERSE REACTIONS**Tablets**

The most serious adverse reactions encountered are congestive heart failure, A-V block and bronchospasm. Bronchospasm may occur in patients with bronchial asthma or a

history of asthmatic complaints.

The most common adverse reactions reported in clinical trials with oral atenolol in 2500 patients are bradycardia (3%), dizziness (3%), vertigo (2%), fatigue (3%), diarrhea (2%) and nausea (3%).

Adverse reactions occurring with an incidence of less than 1%, grouped by system, are as follows:

Cardiovascular

Heart failure deterioration (see WARNINGS)

Heart block

Palpitations

Lengthening of P-R interval

Chest pain

Lightheadedness

Postural hypotension which may be associated with syncope

Raynaud's phenomenon

Intermittent claudication, or worsening of pre-existing intermittent claudication

Leg pain and cold extremities

Edema

Respiratory

Dyspnea, wheeziness

Cough

Bronchospasm

Central Nervous System

Faintness

Ataxia

Tiredness
Lethargy
Nervousness
Depression
Drowsiness
Vivid dreams
Insomnia
Paresthesia
Headache
Tinnitus
Mood Changes
Visual disturbances
Psychoses and hallucinations

Gastrointestinal

Constipation
Anorexia
Abdominal discomfort, indigestion

Miscellaneous

Skin rash
Itchy and/or dry eyes
Psoriasiform skin reactions
Exacerbation of psoriasis
Decreased exercise tolerance
Alopecia
Epistaxis
Flushes
Impotence, decreased libido
Sweating

General body aches

Thrombocytopenia and purpura

Post-marketing Experience

During the post-marketing experience with atenolol the following have been reported in temporal relationship to the use of the drug: elevated liver enzymes and/or bilirubin, headache, confusion, nightmares, impotence, Peyronie's disease, psoriasiform rash or exacerbation of psoriasis, purpura, reversible alopecia and thrombocytopenia. Rare cases of hepatic toxicity including intrahepatic cholestasis have been reported. Atenolol, like other beta blockers, has been associated with the development of antinuclear antibodies (ANA) and lupus syndrome. In a long-term, well-controlled trial of 1,627 elderly patients with systolic hypertension, the incidence of dry mouth was significantly higher in patients taking atenolol (12.2%).

Potential Adverse Reactions

The following adverse reactions have occurred with other beta-blockers but have not been reported with atenolol:

<u>Cardiovascular:</u>	pulmonary edema, cardiac enlargement, hot flushes and sinus arrest
<u>Central Nervous System:</u>	aggressiveness, anxiety, short term memory loss, and emotional lability with slightly clouded sensorium
<u>Allergic:</u>	laryngospasm, status asthmaticus and fever combined with aching and sore throat
<u>Dermatological:</u>	exfoliative dermatitis
<u>Ophthalmological:</u>	blurred vision, burning, and grittiness
<u>Hematological:</u>	agranulocytosis
<u>Gastrointestinal:</u>	mesenteric arterial thrombosis and ischemic colitis

SYMPTOMS AND TREATMENT OF OVERDOSAGE

Limited information is available with regard to overdosage with atenolol in humans. Overdosage with atenolol has been reported with patients surviving acute doses as high as 5 g. One death was reported in a man who may have taken as much as 10 g acutely.

The predominant symptoms reported following atenolol overdosage are lethargy, disorder of respiratory drive, wheezing, sinus pause, and bradycardia. Additionally, common effects associated with overdosage of any beta-adrenergic blocking agent are congestive heart failure, hypotension, bronchospasm, and/or hypoglycemia.

Treatment should be symptomatic and supportive and directed to the removal of any unabsorbed drug by induced emesis, or administration of activated charcoal. Atenolol can be removed from the general circulation by hemodialysis. Further consideration should be given to dehydration, electrolyte imbalance and hypotension by established procedures.

Other treatment modalities should be employed at the physician's discretion and may include:

BRADYCARDIA: Atropine 1-2 mg intravenously. If there is no response to vagal blockade, give isoproterenol cautiously. In refractory cases, a transvenous cardiac pacemaker may be indicated. Glucagon in a 10 mg intravenous bolus has been reported to be useful. If required, this may be repeated or followed by an intravenous infusion of glucagon 1-10 mg/h depending on response. If no response to glucagons occurs or if glucagon is unavailable, a beta-adrenoceptor stimulant such as dobutamine 2.5 to 10 micrograms/kg/minute by intravenous infusion or isoproterenol 10 to 25 micrograms given as an infusion at a rate not exceeding 5 micrograms/minute may be given, although larger doses may be required.

HEART BLOCK (second or third degree): Isoproterenol, or transvenous pacemaker.

CONGESTIVE HEART FAILURE:

Digitalize the patient and administer a diuretic. Glucagon has been reported to be useful.

HYPOTENSION:

Vasopressors such as dopamine or norepinephrine. Monitor blood pressure continuously.

BRONCHOSPASM:

A beta₂-stimulant such as isoproterenol or terbutaline and/or intravenous aminophylline.

HYPOGLYCEMIA:

Intravenous glucose.

Based on the severity of symptoms, management may require intensive support care and facilities for applying cardiac and respiratory support.

DOSAGE AND ADMINISTRATION

Hypertension

AVA-ATENOLOL (atenolol) is usually used in conjunction with other antihypertensive agents, particularly a thiazide diuretic, but may be used alone (see INDICATIONS).

The dose of AVA-ATENOLOL should be administered in accordance with individual patient's needs.

The following guidelines are recommended:

The initial dose of AVA-ATENOLOL is 50 mg administered as one tablet a day, either added to diuretic therapy or alone. The full effect of this dose will usually be seen within one to two weeks. If an adequate response is not achieved, the dose should be increased to AVA-ATENOLOL 100 mg once daily. Increasing the dose beyond 100 mg a day is unlikely to produce any further benefit.

If further lowering of the blood pressure is required, another antihypertensive agent should be added to the regimen.

Angina Pectoris

The initial dose of AVA-ATENOLOL is 50 mg given as one tablet a day. The full effect of this dose will usually be seen within one to two weeks. If an optimal response is not achieved within one week, the dosage should be increased to AVA-ATENOLOL 100 mg given as one tablet a day or 50mg twice daily. Some patients may require a dosage of 200 mg a day for optimal effect.

Elderly Patients or Patients with Renal Impairment

Since atenolol is eliminated predominantly via the kidneys, dosage should be adjusted in patients with severe renal impairment. **Some reduction in dosage may also be appropriate for the elderly, since decreased kidney function is a physiological**

consequence of aging. Atenolol excretion would be expected to decrease with advancing age. Significant accumulation of atenolol occurs when creatinine clearance falls below 35 mL/min/1.73m² (normal range is 100-150 mL/min/1.73m²).

The following maximum **oral** dosages are recommended for **elderly, renal-impaired patients, and for patients with renal impairment due to other causes:**

Creatinine Clearance (mL/min/1.73m ²)	Atenolol Elimination Half-Life (hr)	Maximum Dosage
15 - 35	16 - 27	50 mg daily
< 15	> 27	25 mg daily

Some renally-impaired or elderly patients being treated for hypertension may require a lower starting dose of Ava-Atenolol: 25 mg given as one tablet a day. If this 25 mg dose is used, assessment of efficacy must be made carefully. This should include measurement of blood pressure just prior to the next dose ("trough" blood pressure) to ensure that the treatment effect is present for a full 24 hours.

Although a similar dosage reduction may be considered for elderly and/or renally impaired patients being treated for indications other than hypertension, data are not available for these patient populations.

Patients on hemodialysis should be given **25 mg** or 50 mg after each dialysis; this should be done under hospital supervision as marked falls in blood pressure can occur.

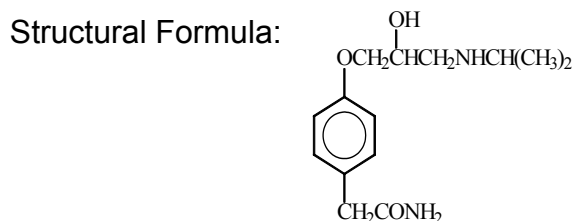
PHARMACEUTICAL INFORMATION

Drug Substance

Proper Name: Atenolol

Chemical Name: 2-[4-[(2RS)-2-hydroxy-3-[(1-methylethyl)amino]propoxy] phenyl]acetamide

Molecular Formula $C_{14}H_{22}N_2O_3$



Molecular Weight (free base): 266.34

Description: Atenolol is a white or almost white crystalline powder. It is a relatively polar hydrophilic compound with a water solubility of 26.5 mg/mL at 37°C and a distribution coefficient (n-octanol/buffer) of 0.015 at pH 7.4 and 37°C. Atenolol is freely soluble in 1N HCl (300 mg/mL at 25°C) and less soluble in chloroform (3 mg/mL at 25°C).

Composition: In addition to the active ingredient atenolol, each tablet contains the following inactive ingredients: Starch 1500 (pregelatinized maize starch), Sodium Starch Glycolate, Colloidal Silicon Dioxide, Sodium Lauryl Sulfate, Microcrystalline Cellulose and Magnesium Stearate.

Storage Recommendations: AVA-ATENOLOL Tablets should be stored at room

temperature protected from light and moisture. Store between 15 - 30°C.

AVAILABILITY OF DOSAGE FORMS

25 mg tablets - White, round, scored uncoated tablet engraved NIN on the scored side and 25 on the other side containing 25 mg of atenolol. Supplied in bottles of 100.

PHARMACOLOGY

Animal Studies

Chronic studies performed in animals have revealed the occurrence of vacuolation of epithelial cells of Brunner's glands in the duodenum of both male and female dogs at all tested dose levels of atenolol (starting at 15 mg/kg/day or 7.5 times the maximum recommended human dose) and an increased incidence of atrial degeneration of hearts of male rats at 300 but not 150 mg atenolol/kg/day (150 and 75 times the maximum recommended human dose, respectively),

Effect on the Cardiovascular System

In anesthetized cats, atenolol infusion reduces the chronotropic response to isoproterenol and right cardiac sympathetic nerve stimulation.

In anesthetized dogs, atenolol 0.03 mg/kg i.v. depresses the heart rate by 22%, cardiac contractile force by 16% and diastolic blood pressure by 11%.

Studies in rats showed that atenolol was devoid of intrinsic sympathomimetic activity.

Atenolol in concentrations up to 10 mg/mL had no local anesthetic effect on the isolated sciatic nerve of the frog.

Atenolol (5-20mg/kg i.v.) was without effect on the ventricular tachycardia produced by toxic levels of ouabain in anesthetized dogs. Atenolol (0.2 mg/kg i.v.) protected coronary ligated dogs from the arrhythmogenic activity of adrenaline on the fourth day after ligation (when the cardiac rhythm was predominantly sinus).

Single oral doses of 100 mg atenolol given to volunteers reduced exercise-induced tachycardia by 31 % at 4 hours and by 15% at 24 hours after administration. The maximal suppression of the systolic blood pressure response to exercise was 21% at 4 hours.

Effects on Plasma Renin Activity

Studies in hypertensive patients have shown that the antihypertensive effect of atenolol is associated with a decrease in plasma renin activity.

Effects on Pulmonary Function

The effects of a single 100 mg dose of atenolol on forced expiratory volume (FEV₁) and airways resistance (AWR) were assessed in ten patients with labile asthma. The cardioselective agents tested in this comparative trial, including atenolol, usually had a lesser dose-related effect on airway function than non-selective beta-blockers. Atenolol produced a smaller decrease in FEV₁ than did the non-selective agents and did not inhibit the bronchodilator response to isoprenaline. The decrease in FEV₁ was 8-9%. Other studies in asthmatic patients have reported similar decreases in FEV₁ with atenolol. Dose-effect comparisons with cardioselective agents have shown a fall in FEV₁, values at the higher doses, indicating some beta₂-blocking effect.

Metabolic Effects

Atenolol did not potentiate the hypoglycemic effects of insulin in 12 patients with diabetes.

TOXICOLOGY

Acute Toxicity

Species	Sex	Concentration	Route	LD ₅₀ (mg/kg)
Mouse	M/F	20% (1)	Oral	> 2000
Mouse	M/F	0.8 - 1.2% (2)	i.v.	100
Rat	M/F	30% (1)	Oral	> 3000
Rat	Male	21.3% (3)	Oral	4960
Rat	Female	21.3% (3)	Oral	6600
Rat	M/F	1.0 - 4.0% (2)	i.v.	50 - 60
Rat	Male	0.5% (2)	i.v.	129 (±25)
Rat	Female	0.5% (2)	i.v.	114 (±30)
Rhesus Monkey	M/F	Variable (1)	Oral	> 6000

(1) Suspension (2) Solution (3) Formulated Tablet

Toxic signs in rats were: depression, ataxia, labored respiration, cyanosis, tremors and convulsions. Effects occurred within 5 minutes following intravenous administration and surviving rats appeared normal after 2 hours. Effects following oral administration occurred within 1 hour and some persisted through 48 hours. Surviving rats appeared normal within 72 hours.

Following intravenous administration, all mice convulsed immediately and those animals dying did so within 5 minutes.

Toxic signs in monkeys following oral administration were emesis, lethargy, slight mydriasis, occasional ptosis, salivation and decreased respiration. Surviving monkeys appeared normal within 24 hours.

Subacute Toxicity

Species	Strain	Sex		Dose mg/kg/day	Route	Duration (mo)	Effects
		M	F				

Rat	Alderley Pk. Strain I	40	40	0, 5, 50, 200	oral	3	High and intermediate groups showed increased heart and spleen weights. High dose males (3/10) showed focal myocarditis. (1 male control showed focal myocardial necrosis.)
Dog	Beagle	16	16	0, 5, 50, 100	oral	3	High and intermediate dose females showed increased liver weights. Mean heart rate and blood pressure decreased in high and inter-mediate dose animals.

Chronic Toxicity

Species	Strain	Sex		Dose mg/kg/day	Route	Duration (mo)	Effects
		M	F				
Rat	Alderley Pk. Strain I	80	80	0, 75, 150, 300	oral	6	Reduction in heart rate. High and intermediate dose showed decreased blood pressure. Spleen and heart weights increased. Chronic myocarditis was seen in all groups including controls. Three high dose and 2 mid-dose animals were killed in moribund state.
Dog	Beagle	20	20	0, 50, 100, 200	oral	12	Decreased heart rate. Prolongation of PR interval on ECG. Vacuolation of epithelial cells of duodenal Brunner's glands: 5/10 low dose, 2/10 mid-dose, 7/10 high dose. One high dose female died.
Dog	Beagle	15	15	0, 15, 200	oral	12	Vacuolation of epithelium of Brunner's glands 9/10 high dose; 1/10 low dose.

Teratology and Reproduction Studies

Atenolol associated malformations were not observed when atenolol was administered

at oral doses of up to 200 mg/kg/day, days 6-15 of gestation in rats or at doses of up to 25 mg/kg/day, days 6-18 of gestation in rabbits.

Dose levels of 50 or more mg/kg/day were, however, associated with an increased incidence of resorptions in rats. Although a similar effect was not seen in rabbits, it should be noted that the compound was not evaluated in rabbits at doses above 25 mg/kg/day. Atenolol, administered at doses of up to 200 mg/kg/day, for 11 weeks prior to mating in males or 2 weeks prior to mating in females, did not adversely affect fertility of male or female rats. Growth or survival of offspring were not affected when pregnant females were exposed at 200 mg/kg/day from day 15 of gestation to day 21 post partum.

Mutagenic Potential

Atenolol was negative in the mouse dominant lethal test, the Chinese hamster in vivo cytogenetic test and the Salmonella typhimurium back mutation test (Ames test), with or without metabolic activation.

Carcinogenicity Studies

Atenolol was administered to 3 groups of 65 male and 65 female CR7B1/10J mice at dietary levels of 0, 150 and 300 mg/kg/day for 18 months followed by the control diet for an additional three months. A fourth group received 2-AAF (positive control) and a fifth was the negative control group. Retardation in weight gain was observed. There was no statistically significant difference in mortality, number of tumor bearers, number of tumors in each animal or the total number of tumors in treated and negative control animals.

Two studies were conducted in Alderley Park Strain I rats. One study employed doses of 150 and 300 mg/kg/day for 18 months followed by the control diet for an additional six months, while the second study used doses of 75, 150 and 300 mg/kg/day for 24 months. Results from the two studies showed no significant difference in mortality for treated and control groups. No apparent carcinogenic potential was observed.

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