

## PRODUCT MONOGRAPH

<sup>Pr</sup>pendo-AMIODARONE

Amiodarone Tablets, BP  
200 mg amiodarone hydrochloride

Antiarrhythmic Agent

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**Pr pendo-AMIODARONE**

Amiodarone Tablets, BP  
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**PART I: HEALTH PROFESSIONAL INFORMATION**

**SUMMARY PRODUCT INFORMATION**

<b>Route of Administration</b>	<b>Dosage Form / Strength</b>	<b>Nonmedicinal Ingredients</b>
Oral	(Amiodarone Hydrochloride Tablets) 200 mg	Colloidal silicon dioxide, FD&C Red No. 40 Lake, lactose monohydrate, magnesium stearate, povidone and sodium starch glycolate

**INDICATIONS AND CLINICAL USE**

No antiarrhythmic drug has been shown to reduce the incidence of sudden death in patients with asymptomatic ventricular arrhythmias. Most antiarrhythmic drugs have the potential to cause dangerous arrhythmias; some have been shown to be associated with an increased incidence of sudden death. In light of the above, physicians should carefully consider the risks and benefits of antiarrhythmic therapy for all patients with ventricular arrhythmias.

Because the life-threatening nature of arrhythmias treated, potential interaction with prior therapy, and potential exacerbation of arrhythmia, initiation of therapy with pendo-AMIODARONE (amiodarone hydrochloride) should be carried out in the hospital.

pendo-AMIODARONE (amiodarone hydrochloride) should be used only by physicians familiar with and with access to (directly or referral) the use of all available modalities for treating recurrent life-threatening ventricular arrhythmias, and who have access to appropriate monitoring facilities, including in-hospital and ambulatory continuous electrocardiographic monitoring and electrophysiologic technique.

**Oral pendo-AMIODARONE**

Because of its potential for life-threatening side effects and the substantial management difficulties associated with its oral use, pendo-AMIODARONE is indicated only for the treatment of patients with the following documented life-threatening, recurrent ventricular arrhythmias when these have not responded to documented adequate doses of other available antiarrhythmics, or when alternative agents could not be tolerated.

1. Hemodynamically unstable ventricular tachycardia (VT).

## 2. Recurrent ventricular fibrillation (VF).

As is the case for other antiarrhythmic agents, there is no evidence from controlled clinical trials that the use of amiodarone hydrochloride tablets favorably affects survival.

### **Geriatrics (> 65 years of age)**

Clinical studies of amiodarone hydrochloride tablets did not include sufficient number of subjects aged 65 years and over to determine whether they respond differently from younger subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger patients. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy.

### **Pediatrics (<18 years of age)**

The safety and efficacy of amiodarone in children have not been established; therefore, its use in children is not recommended.

## **CONTRAINDICATIONS**

pendo-AMIODARONE (amiodarone hydrochloride) is contraindicated in patients with known hypersensitivity to any of the components of oral pendo-AMIODARONE (tablets) including iodine, and in patients with cardiogenic shock. It is contraindicated in severe sinus-node dysfunction, causing bradycardia; second- or third-degree V block, and when episodes of bradycardia have caused syncope (except when used in conjunction with a pacemaker). In addition oral pendo-AMIODARONE is contraindicated in patients with evidence of hepatitis (see **WARNINGS AND PRECAUTIONS, Hepatic Biliary/Pancreatic**), thyroid dysfunction (see **WARNINGS AND PRECAUTIONS, Thyroid Dysfunction**) or pulmonary interstitial abnormalities (see **WARNINGS AND PRECAUTIONS, Pulmonary Toxicity**).

## **WARNINGS AND PRECAUTIONS**

Amiodarone hydrochloride is intended for use only in patients with the indicated life-threatening arrhythmias because its use is accompanied by substantial toxicity.

Amiodarone hydrochloride has several potentially fatal toxicities, the most important of which is pulmonary toxicity (hypersensitivity pneumonitis or interstitial/alveolar pneumonitis) that has resulted in clinically manifest disease at rates as high as 10 to 17% in some series of patients with ventricular arrhythmias given doses around 400 mg/day, and as abnormal diffusion capacity without symptoms in a much higher percentage of patients. Pulmonary toxicity has been fatal about 10% of the time. Liver injury is common with amiodarone hydrochloride, but is usually mild and evidenced only by abnormal liver enzymes. Overt liver disease can occur, however, and has been fatal in a few cases. Like other antiarrhythmics, amiodarone hydrochloride can exacerbate the arrhythmia, e.g., by making the arrhythmia less well tolerated or more difficult to

reverse. This has occurred in 2 to 5% of patients in various series, and significant heart block or sinus bradycardia has been seen in 2 to 5%. All of these events should be manageable in the proper clinical setting in most cases. Although the frequency of such proarrhythmic events does not appear greater with amiodarone hydrochloride than with many other agents used in this population, the effects are prolonged when they occur.

Even in patients at high risk of arrhythmic death, in whom the toxicity of pendo-AMIODARONE is an acceptable risk, pendo-AMIODARONE poses major management problems that could be life-threatening in a population at risk of sudden death, so that every effort should be made to utilize alternative agents first.

The difficulty of using amiodarone hydrochloride effectively and safely itself poses a significant risk to patients. Patients with the indicated arrhythmias must be hospitalized while the loading dose of amiodarone hydrochloride is given, and a response generally requires at least one week, usually two or more. Because absorption and elimination are variable, maintenance-dose selection is difficult, and it is not unusual to require dosage decrease or discontinuation of treatment. In a retrospective survey of 192 patients with ventricular tachyarrhythmias, 84 required dose reduction and 18 required at least temporary discontinuation because of adverse effects, and several series have reported 15 to 20% overall frequencies of discontinuation due to adverse reactions. The time at which a previously controlled life-threatening arrhythmia will recur after discontinuation or dose adjustment is unpredictable, ranging from weeks to months. The patient is obviously at great risk during this time and may need prolonged hospitalization. Attempts to substitute other antiarrhythmic agents when amiodarone hydrochloride must be stopped will be made difficult by the gradually, but unpredictably, changing amiodarone body burden. A similar problem exists when amiodarone hydrochloride is not effective; it still poses the risk of an interaction with whatever subsequent treatment is tried.

## **General**

### **Oral Amiodarone Hydrochloride**

#### **Mortality**

The results of the Cardiac Arrhythmia Suppression Trial (CAST) in post myocardial infarction patients with asymptomatic non-life threatening ventricular arrhythmias who had a myocardial infarction more than six days but less than two years previously showed a significant increase in mortality and non-fatal cardiac arrest rate in patients treated with encainide or flecainide (56/730) compared with a matched placebo treatment group (22/725). CAST was continued using a revised protocol with moricizine and placebo treatment groups only. The trial was prematurely terminated because of the trend towards an increase in mortality in the moricizine treated group.

The applicability of these results to other populations or other antiarrhythmic agents is uncertain, but at present, it is prudent to consider these results when using any antiarrhythmic agent.

Amiodarone hydrochloride therapy was evaluated in two multicenter, randomized, double-blind, placebo-controlled trials involving 1202 (Canadian Amiodarone Myocardial Infarction Arrhythmia Trial; CAMIAT) and 1486 (European Myocardial Infarction Amiodarone Trial; EMIAT) post-MI patients followed for up to 2 years. Patients in CAMIAT qualified with

ventricular arrhythmias, and those randomized to amiodarone received weight- and response-adjusted doses of 200 to 400 mg/day. Patients in EMIAT qualified with ejection fraction <40%, and those randomized to amiodarone received fixed doses of 200 mg/day. Both studies had weeks-long loading dose schedules. Intent-to-treat all-cause mortality results were as follows:

	Placebo		Amiodarone		Relative Risk	
	N	Deaths	N	Deaths		95% CI
EMIAT	743	102	743	103	0.99	0.76-1.31
CAMIAT	596	68	606	57	0.88	0.58-1.16

These data are consistent with the results of a pooled analysis of 13 smaller, controlled studies involving patients with structural heart disease (including myocardial infarction) where total mortality was reduced by only 13% (odds ratio 0.87, [95% confidence interval 0.75 to 0.99] p=0.03) based on classic fixed effects meta-analysis.

Patients with life-threatening arrhythmias may experience serious adverse events during their treatment and therefore should be properly monitored. Amiodarone hydrochloride should be administered only by physicians who are experienced in the treatment of life-threatening arrhythmias, who are thoroughly familiar with the risks and benefits of amiodarone hydrochloride therapy, and who have access to facilities adequate for monitoring the effectiveness and adverse events of treatment (see "**INDICATIONS AND CLINICAL USE**").

### **Loading Phase**

The higher doses of *oral* amiodarone hydrochloride used in the loading phase may sometimes be associated with adverse effects such as nausea or tremor. The nausea may respond to dividing the total dose into two or three fractions taken with meals, or by decreasing the total daily dose. The tremor may respond to dose reduction as well.

### **Carcinogenesis and Mutagenesis**

**Oral** amiodarone hydrochloride caused a statistically significant, dose-related increase in the incidence of thyroid tumors (follicular adenoma and/or carcinoma) in rats. The incidence of thyroid tumors in rats was greater than the incidence in controls even at the lowest dose level tested, i.e., 5 mg/kg/day (approximately 0.08 times the maximum recommended human maintenance dose\*).

Mutagenicity studies conducted with amiodarone HCl (Ames, micronucleus, and lysogenic induction tests) were negative.

\*600 mg in a 50 kg patient (dose compared on a body surface area basis).

In a study which amiodarone HCl was orally administered to male and female rats, beginning 9 weeks prior to mating, reduced fertility was observed at a dose level of 90 mg/kg/day (approximately 1.4 times the maximum recommended human maintenance dose\*).

\*600 mg in a 50 kg patient (dose compared on a body surface area basis).

## **Cardiovascular**

### **Proarrhythmia/QT Interval Prolongation**

Amiodarone may cause a worsening of the existing arrhythmias or precipitate a new arrhythmia. Amiodarone causes prolongation of the QT interval. Proarrhythmia, primarily torsades de pointes, has been associated with prolongation of the QTc interval to 500 ms or greater. Proarrhythmia has been reported (2% to 5%) with oral amiodarone hydrochloride, especially in the presence of concomitant antiarrhythmic therapy and has included new-onset VF, incessant VT, increased resistance to cardioversion, and paroxysmal polymorphic VT associated with QT prolongation "torsades de pointes". Patients should be monitored carefully for QTc prolongation during amiodarone therapy. Combination of amiodarone with other antiarrhythmic therapy that prolongs the QTc should be reserved for patients with life-threatening ventricular arrhythmias who are incompletely responsive to a single agent.

The need to co-administer amiodarone with any other drug known to prolong the QTc interval must be based on a careful assessment of the potential risks and benefits of doing so for each patient.

Fluoroquinolones, macrolide antibiotics, and azoles are known to cause QTc prolongation. There have been reports of QTc prolongation, with or without torsades de pointes, in patients taking amiodarone when fluoroquinolones, macrolide antibiotics, or azoles were administered concomitantly.

A careful assessment of the potential risks and benefits of administering oral amiodarone hydrochloride must be made in patients with thyroid dysfunction due to the possibility of arrhythmia breakthrough or exacerbation of arrhythmia in these patients.

Even in patients at high risk of arrhythmic death, in whom the toxicity of amiodarone is an acceptable risk, amiodarone poses major management problems that could be life-threatening in a population at risk of sudden death, so that every effort should be made to utilize alternative agents first.

The difficulty of using amiodarone effectively and safely poses a significant risk to patients. Patients with the indicated arrhythmias must be hospitalized while the loading dose of amiodarone is given, and a response generally requires at least one week, usually two or more. Because absorption and elimination are variable, maintenance-dose selection is difficult, and it is not unusual to require dosage decrease or discontinuation of treatment. In a retrospective survey of 192 patients with ventricular tachyarrhythmias, 84 required dose reduction and 18 required at least temporary discontinuation because of adverse effects, and several series have reported 15 to 20% overall frequencies of discontinuation due to adverse reactions. The time at which a previously controlled life-threatening arrhythmia will recur after discontinuation or dose adjustment is unpredictable, ranging from weeks to months. The patient is obviously at great risk during this time and may need prolonged hospitalization. Attempts to substitute other antiarrhythmic agents when amiodarone must be stopped will be made difficult by the gradually, but unpredictably, changing amiodarone body burden. A similar problem exists when amiodarone is not effective; it still poses the risk of an interaction with whatever subsequent treatment is tried.

### **Bradycardia and AV Block**

In patients treated with *oral* amiodarone hydrochloride, symptomatic bradycardia or sinus arrest with suppression of escape foci occurs in approximately 2% to 4% of patients. There was no dose-related increase in bradycardia or AV block in these studies.

In patients who develop symptomatic bradycardia while taking *oral* amiodarone hydrochloride, dose reduction or discontinuation, and possibly pacing, may be considered. Due to the large body load of amiodarone that accumulates with chronic dose administration, and the long half-life of the drug, serum concentrations decline slowly after dose reduction or discontinuation.

### **Oral pendo-AMIODARONE**

#### **Cardiac Disorders**

*Oral* amiodarone hydrochloride should be used with caution in patients with latent or manifest heart failure because this condition may be worsened by its administration. In these cases, *oral* amiodarone hydrochloride should be given with appropriate concurrent therapy.

*Oral* amiodarone hydrochloride therapy may be considered in the treatment of patients with Wolff-Parkinson-White (WPW) syndrome, atrial flutter, or atrial fibrillation, when these conditions are complicated by life-threatening ventricular tachyarrhythmias. In such cases, care is required since the effect of *oral* amiodarone hydrochloride in these conditions does not appear to be uniform. Electrophysiologic studies may be of value in the selection of these patients who may respond to *oral* amiodarone hydrochloride, particularly in WPW syndrome.

#### **Implantable Cardiac Devices**

In patients with implanted defibrillators or pacemakers, chronic administration of antiarrhythmic drugs affects pacing or defibrillating thresholds. Therefore, at the inception of and during amiodarone treatment, pacing and defibrillation thresholds should be assessed.

### **Endocrine and Metabolism**

#### **Thyrotoxicosis**

Amiodarone hydrochloride induced hyperthyroidism may result in thyrotoxicosis and/or the possibility of arrhythmia breakthrough or aggravation. There have been reports of death associated with amiodarone-induced thyrotoxicosis. If any new signs of arrhythmia appear, the possibility of hyperthyroidism should be considered (also see Thyroid Dysfunction and Abnormalities, below).

#### **Thyroid Abnormalities and Dysfunction**

Amiodarone hydrochloride inhibits peripheral conversion of thyroxine (T<sub>4</sub>) to triiodothyronine (T<sub>3</sub>) and may cause increased thyroxine levels, decreased T<sub>3</sub> levels, and increased levels of inactive reverse T<sub>3</sub> (rT<sub>3</sub>) in clinically euthyroid patients. It is also a potential source of large amounts of inorganic iodine. Both hyper- and hypothyroidism may occur during, or soon after treatment with oral amiodarone hydrochloride. Because of its release of inorganic iodine, or perhaps for other reasons, amiodarone hydrochloride can cause either hypothyroidism or hyperthyroidism. Thyroid function should be monitored prior to treatment and periodically



thereafter, particularly in elderly patients, and in any patient with a history of thyroid nodules, goiter, or other thyroid dysfunction. Because of the slow elimination of amiodarone and its metabolites, high plasma iodide levels, altered thyroid function, and abnormal thyroid-function tests may persist for several weeks or even months following amiodarone hydrochloride withdrawal.

Hypothyroidism has been reported in 2 to 4% of patients in most series, but in 8 to 10% in some series. This condition may be identified by relevant clinical symptoms and particularly by elevated serum TSH levels. In some clinically hypothyroid amiodarone-treated patients, free thyroxine index values may be normal. Hypothyroidism is best managed by amiodarone dose reduction and/or thyroid hormone supplement. However, therapy must be individualized, and it may be necessary to discontinue amiodarone hydrochloride tablets in some patients.

Hyperthyroidism occurs in about 2% of patients receiving amiodarone hydrochloride, but the incidence may be higher among patients with prior inadequate dietary iodine intake. Amiodarone-induced hyperthyroidism usually poses a greater hazard to the patient than hypothyroidism because of the possibility of arrhythmia breakthrough or aggravation, which may result in death. There have been reports of death associated with amiodarone-induced thyrotoxicosis. In fact, IF ANY NEW SIGNS OF ARRHYTHMIA APPEAR, THE POSSIBILITY OF HYPERTHYROIDISM SHOULD BE CONSIDERED. Hyperthyroidism is best identified by relevant clinical symptoms and signs, accompanied usually by abnormally elevated levels of serum T3 RIA, and further elevations of serum T4, and a subnormal serum TSH level (using a sufficiently sensitive TSH assay). The finding of a flat TSH response to TRH is confirmatory of hyperthyroidism and may be sought in equivocal cases. Since arrhythmia breakthroughs may accompany amiodarone-induced hyperthyroidism, aggressive medical treatment is indicated, including, if possible, dose reduction or withdrawal of amiodarone hydrochloride.

The institution of antithyroid drugs, beta-adrenergic blockers and/or temporary corticosteroid therapy may be necessary. The action of antithyroid drugs may be especially delayed in amiodarone-induced thyrotoxicosis because of substantial quantities of preformed thyroid hormones stored in the gland. There have been reports of death associated with amiodarone-induced thyrotoxicosis. Radioactive iodine therapy is contraindicated because of the low radioiodine uptake associated with amiodarone-induced hyperthyroidism. Experience with thyroid surgery in this setting is extremely limited, and this form of therapy could induce thyroid storm. Amiodarone-induced hyperthyroidism may be followed by a transient period of hypothyroidism.

There have been postmarketing reports of thyroid nodules/thyroid cancer in patients treated with amiodarone. In some instances hyperthyroidism was also present.

In a rat carcinogenicity study, at doses of 5, 16 and 50 mg/kg/day, amiodarone produced statistically significant dose-related changes in the thyroid gland, including follicular adenomas and carcinomas. The significance of these changes for the long-term use of amiodarone hydrochloride in humans is unknown.

### **Neonatal Hypo- or Hyperthyroidism**

Amiodarone hydrochloride can cause fetal harm when administered to a pregnant woman. Although amiodarone use during pregnancy is uncommon, there have been a small number of published reports of congenital goiter/hypothyroidism and hyperthyroidism associated with its oral administration. If amiodarone hydrochloride is used during pregnancy, or if the patient becomes pregnant while taking amiodarone hydrochloride, the patient should be apprised of the potential hazard to the fetus.

In general, amiodarone hydrochloride should be used during pregnancy only if the potential benefit to the mother justifies the unknown risk to the fetus.

In pregnant rats and rabbits, amiodarone hydrochloride in dose of 25 mg/kg/day (approximately 0.4 and 0.9 times, respectively, the maximum recommended human maintenance dose\*) had no adverse effects on the fetus. In the rabbit, 75 mg/kg/day (approximately 2.7 times the maximum recommended human maintenance dose\*) caused abortions in greater than 90% of the animals. In the rat, doses of 50 mg/kg/day or more were associated with slight displacement of the testes and an increased incidence of incomplete ossification of some skull and digital bones; at 100 mg/kg/day or more, fetal body weights were reduced; at 200 mg/kg/day, there was an increased incidence of fetal resorption. (These doses in the rat are approximately 0.8, 1.6 and 3.2 times the maximum recommended human maintenance dose.\*) Adverse effects on fetal growth and survival also were noted in one of two strains of mice at a dose of 5 mg/kg/day (approximately 0.04 times the maximum recommended human maintenance dose\*).

\* 600 mg in a 50 kg patient (doses compared on a body surface area basis)

### **Gastrointestinal**

Certain gastrointestinal reactions (e.g., nausea, vomiting, constipation, and bad taste) occur frequently at the initiation of therapy when high doses are used. These may disappear on reduction of the dose.

### **Hepatic/Biliary/Pancreatic**

#### **Liver Enzyme Elevations**

In patients with life-threatening arrhythmias, the potential risk of hepatic injury should be weighed against the potential benefit of amiodarone therapy. However, patients receiving oral amiodarone hydrochloride should be monitored carefully for evidence of progressive hepatic injury.

Elevations of blood hepatic enzyme values - alanine aminotransferase (ALT), aspartate aminotransferase (AST), and gamma-glutamyl transferase (GGT) - are seen commonly in patients with immediately life-threatening VT/VF. Interpreting elevated AST activity can be difficult because the values may be elevated in patients with recent myocardial infarction, congestive heart failure, and in those who have received multiple electrical defibrillations.

If the increase in hepatic enzyme levels exceeds three times normal or double in a patient with elevated baseline, discontinuation of amiodarone hydrochloride should be considered.

Asymptomatic elevations of liver enzymes (AST/SGOT and ALT/SGPT) are frequently

associated with the use of *oral* amiodarone hydrochloride. The mechanism whereby this hepatic effect occurs has not been defined. Phospholipidosis and fibrosis of the liver resembling alcoholic hepatitis or cirrhosis, accompanied by only a mild elevation of hepatic enzymes, have been reported in association with the use of *oral* amiodarone hydrochloride. Rises in hepatic enzymes, especially when associated with clinical signs and symptoms of hepatitis, or with asymptomatic hepatomegaly, may indicate a liver scan and, if needed, a liver biopsy with ultrastructural study. If serum enzyme levels increase significantly, or persist over time, consideration should be given to discontinuation or reducing the dose of amiodarone. Hepatic failure has been a rare cause of death in patients treated with *oral* amiodarone hydrochloride.

## **Neurologic**

### **Nervous System Disorders**

Chronic administration of *oral* amiodarone hydrochloride in rare instances may lead to the development of peripheral neuropathy that may resolve when amiodarone hydrochloride is discontinued, but this resolution has been slow and incomplete.

## **Ophthalmologic**

### **Loss of Vision**

Cases of optic neuropathy and/or optic neuritis, usually resulting in visual impairment, have been reported in patients treated with amiodarone. In some cases, visual impairment has progressed to permanent blindness. Optic neuropathy and/or neuritis may occur at any time following initiation of therapy. A causal relationship to the drug has not been clearly established. If symptoms of visual impairment appear, such as changes in visual acuity and decreases in peripheral vision, prompt ophthalmic examination is recommended. Appearance of optic neuropathy and/or neuritis calls for re-evaluation of amiodarone therapy. The risks and complications of antiarrhythmic therapy with amiodarone hydrochloride must be weighed against its benefits in patients whose lives are threatened by cardiac arrhythmias. Regular ophthalmic examination, including funduscopy and slit-lamp examination, is recommended during administration of amiodarone hydrochloride. (See "**ADVERSE REACTIONS, Ophthalmological Abnormalities.**")

### **Ocular Abnormalities (Corneal Microdeposits)**

Corneal micro-deposits appear in the majority of adults treated with amiodarone hydrochloride, they are usually discernible only by slit-lamp examination, but give rise to symptoms such as visual halos or blurred vision in as many as 10% of patients. Corneal microdeposits are reversible upon reduction of dose or termination of treatment. Asymptomatic microdeposits alone are not a reason to reduce dose or discontinue treatment. (See "**ADVERSE REACTIONS, Ophthalmological Abnormalities.**")

## **Peri-Operative Considerations**

### **Surgery**

Occurrences of adult respiratory syndrome (ARDS) and low cardiac output syndrome have been reported postoperatively in patients receiving oral amiodarone hydrochloride therapy who have undergone either cardiac or noncardiac surgery. An intraaortic balloon pump augmentation has been required in some patients with the low cardiac output syndrome at discontinuation of

cardiopulmonary bypass. In the case of ARDS, although patients usually respond well to vigorous respiratory therapy, in rare instances the outcome has been fatal. A number of patients who developed ARDS were subjected to a high concentration of oxygen in the inspired air; this could have been a factor in the respiratory complications. Until further studies have been performed, it is recommended that FiO<sub>2</sub> and the determinants of oxygen delivery to the tissues (e.g., SaO<sub>2</sub>, PaO<sub>2</sub>) be closely monitored in patients on amiodarone hydrochloride. Caution should also be exercised in considering amiodarone hydrochloride patients for surgery in the presence of preoperative pulmonary dysfunction. However, as amiodarone has a very long half-life, withdrawal before surgery implies delaying operations by several weeks and putting patients at increased risk of malignant dysrhythmias. The ARDS in these cases has rarely been fatal.

Hypotension independent of, or associated with, discontinuation of cardiopulmonary bypass following open-heart surgery has been reported. Blood vessels may respond poorly to adrenoreceptor agonists. Atropine-resistant bradycardia and complete heart block have also been reported in patients being weaned from cardiopulmonary bypass.

### **Corneal Refractive Surgery**

Patients should be advised that most manufacturers of corneal refractive laser surgery devices contraindicate that procedure in patients taking amiodarone.

Volatile anaesthetic agents: close peri-operative monitoring is recommended in patients undergoing general anaesthesia who are on amiodarone therapy as they may be more sensitive to the myocardial depressant and conduction effects of halogenated inhalation anesthetics.

## **Respiratory**

### **Oral Amiodarone**

#### **Pulmonary Toxicity**

There have been post-marketing reports of acute-onset (days to weeks) pulmonary injury in patients treated with oral amiodarone hydrochloride therapy. Findings have included pulmonary infiltrates and/or mass on X-ray, pulmonary alveolar hemorrhage, pleural effusion, bronchospasm, wheezing, fever, dyspnea, cough, hemoptysis, and hypoxia. Some cases have progressed to respiratory failure and/or death.

One of the most serious complications resulting from **oral** amiodarone hydrochloride therapy is pulmonary toxicity, characterized by pneumonitis. Clinical symptoms include cough, progressive dyspnea, accompanied by functional, radiographic, gallium-scan, weight loss, weakness, and pathological data consistent with pulmonary toxicity. On chest x-ray, there is a diffuse interstitial pattern lung involvement frequently with patchy alveolar infiltrates, particularly in the upper lobe. Predicting which patient will develop pulmonary toxicity has been difficult (see "**CONTRAINDICATIONS**"). Pulmonary toxicity can appear abruptly either early or late during therapy and it commonly mimics viral or bacterial infection or worsening congestive heart failure. The relationship of pulmonary toxicity to duration of therapy, maintenance dose, and total dose is unclear. The majority of patients have recovered with this management, although some fatalities have occurred. Therefore, when amiodarone hydrochloride therapy is initiated, a baseline chest X ray and pulmonary-function tests, including diffusion capacity, should be performed. The patient should return for a history, physical exam, and chest X-ray

every 3 to 6 months.

Pulmonary toxicity secondary to amiodarone seems to result from either indirect or direct toxicity as represented by hypersensitivity pneumonitis (including eosinophilic pneumonia) or interstitial/alveolar pneumonitis, respectively at rates as high as 10-17% in patients with ventricular arrhythmias given doses around 400 mg/day. Pulmonary toxicity has been fatal about 10% of the time.

Recent reports suggest that the use of lower loading and maintenance doses of amiodarone are associated with a decreased incidence of amiodarone-induced pulmonary toxicity.

*Hypersensitivity pneumonitis* usually appears earlier in the course of therapy, and rechallenging these patients with amiodarone results in a more rapid recurrence of greater severity. Bronchoalveolar lavage is the procedure of choice to confirm this diagnosis, which can be made when a T suppressor/cytotoxic (CD8-positive) lymphocytosis is noted. Steroid therapy should be instituted and amiodarone therapy discontinued in these patients.

*Interstitial/alveolar pneumonitis* may result from the release of oxygen radicals and/or phospholipidosis and is characterized by findings of diffuse alveolar damage, interstitial pneumonitis or fibrosis in lung biopsy specimens. Phospholipidosis (foamy cells, foamy macrophages), due to inhibition of phospholipase, will be present in most cases of amiodarone - induced pulmonary toxicity; however, these changes also are present in approximately 50% of all patients on amiodarone therapy. These cells should be used as markers of therapy, but not as evidence of toxicity. A diagnosis of amiodarone-induced interstitial/alveolar pneumonitis should lead, at a minimum, to dose reduction or, preferably to withdrawal of the amiodarone to establish reversibility, especially if other acceptable antiarrhythmic therapies are available. Where these measures have been instituted, a reduction in symptoms of amiodarone-induced pulmonary toxicity was usually noted within the first week, and a clinical improvement was greatest in the first two to three weeks. Chest X ray changes usually resolve within two to four months. According to some experts steroids may prove beneficial. Prednisone in doses of 40 to 60 mg/day or equivalent doses of other steroids have been given and tapered over the course of several weeks depending upon the condition of the patient. In some cases challenge with amiodarone at a lower dose has not resulted in return of toxicity.

In a patient receiving amiodarone hydrochloride, any new respiratory symptoms should suggest the possibility of pulmonary toxicity, and the history, physical exam, chest X ray, and pulmonary-function tests (with diffusion capacity) should be repeated and evaluated. A 15% decrease in diffusion capacity has a high sensitivity but only a moderate specificity for pulmonary toxicity; as the decrease in diffusion capacity approaches 30%, the sensitivity decreases but the specificity increases. A gallium-scan also may be performed as part of the diagnostic work-up.

Fatalities, secondary to pulmonary toxicity, have occurred in approximately 10% of cases. However, in patients with life-threatening arrhythmias, discontinuation of amiodarone hydrochloride therapy due to suspected drug-induced pulmonary toxicity should be undertaken with caution, as the most common cause of death in these patients is sudden cardiac death.

Therefore, every effort should be made to rule out other causes of respiratory impairment (i.e., congestive heart failure with Swan-Ganz catheterization if necessary, respiratory infection, pulmonary embolism, malignancy etc.) before discontinuing amiodarone hydrochloride in these patients. In addition, bronchoalveolar lavage, transbronchial lung biopsy and/or open lung biopsy may be necessary to confirm the diagnosis, especially in those cases where no acceptable alternative therapy is available.

If a diagnosis of amiodarone-induced hypersensitivity pneumonitis is made, amiodarone hydrochloride should be discontinued, and treatment with steroids should be instituted. If a diagnosis of amiodarone-induced interstitial/alveolar pneumonitis is made, steroid therapy should be instituted and, preferably, amiodarone hydrochloride discontinued or, at a minimum, reduced in dosage. Some cases of amiodarone-induced interstitial/alveolar pneumonitis may resolve following a reduction in amiodarone hydrochloride dosage in conjunction with the administration of steroids. In some patients, rechallenge at a lower dose has not resulted in return of interstitial/alveolar pneumonitis; however, in some patients (perhaps because of severe alveolar damage) the pulmonary lesions have not been reversible.

### **Sexual Function/Reproduction**

#### **Urogenital System Disorders**

**Oral** amiodarone hydrochloride -induced epididymitis has been observed in some patients. This form of epididymitis is rare, benign, self-limited, and requires no treatment. Physicians should be aware of it to protect their patients from unnecessary invasive urologic examinations and antibiotic therapy.

### **Skin**

#### **Dermatologic Disorders / Photosensitivity**

**Oral** amiodarone induces photosensitization in about 10% of patients. Sunscreen preparations or protective clothing may afford some protection to individual patients experiencing photosensitization. Blue-grey discoloration of exposed skin has been reported during long-term treatment. With discontinuation of therapy, the pigmentation regresses slowly over a period of up to several years. The risk may be increased in patients of fair complexion or those with excessive sun exposure, and may be related to cumulative dose and duration of therapy.

### **Special Populations**

#### **Pregnant Women**

Amiodarone has been shown to be embryotoxic in some animal species. In three different human case reports, both the parent drug and its DEA metabolite have been shown to pass through the placenta, quantitatively ranging between 10% and 50% of human maternal serum concentrations. Although amiodarone use during pregnancy is uncommon, there have been a small number of published reports of congenital goiter/hypothyroidism and hyperthyroidism. Therefore, amiodarone should be used during pregnancy only if the potential benefit to the mother justifies the risk to the fetus.

In addition to causing infrequent congenital goiter/hypothyroidism and hyperthyroidism (See **WARNINGS AND PRECAUTIONS**, Neonatal Hypo- or Hyperthyroidism), amiodarone has

caused a variety of adverse effects in animals.

### **Use During Labour and Delivery**

It is not known whether the use of amiodarone during labour or delivery has any immediate or delayed adverse effects. Preclinical studies in rodents have not shown any effect on the duration of gestation or on parturition.

### **Nursing Women**

Amiodarone and its DEA metabolite are excreted in human milk, suggesting that breast-feeding could expose the nursing infant to a significant dose of the drug. Nursing offspring of lactating rats administered amiodarone have demonstrated reduced viability and reduced body weight gains. The risk of exposing the infant to amiodarone should be weighed against the potential benefit of arrhythmia suppression in the mother. The mother should be advised to discontinue nursing.

### **Pediatrics (<18 years of age)**

The safety and efficacy of amiodarone in children have not been established; therefore, its use in children is not recommended.

### **Geriatrics (> 65 years of age)**

Clinical studies of amiodarone hydrochloride tablets did not include sufficient number of subjects aged 65 years and over to determine whether they respond differently from younger subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger patients. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy.

### **Monitoring and Laboratory Tests**

Amiodarone hydrochloride should be used only by physicians familiar with and with access to (directly or referral) the use of all available modalities for treating recurrent life-threatening ventricular arrhythmias, and who have access to appropriate monitoring facilities, including in-hospital and ambulatory continuous electrocardiographic monitoring and electrophysiologic technique.

In addition, the following should be considered and/or monitored for patient on amiodarone:

#### **Oral Amiodarone**

##### *Electrolyte Disturbances*

Since antiarrhythmic drugs may be ineffective or may be arrhythmogenic in any patient with potassium or magnesium deficiency, patients with hypokalemia or hypomagnesemia should have the condition corrected before instituting pendo-AMIODARONE tablets therapy (amiodarone hydrochloride), since these disorders can

exaggerate the degree of QTc prolongation and increase the potential for torsades de pointes. Special attention should be given to electrolyte and acid-base in patients experiencing severe or prolonged diarrhea or in patients receiving concomitant diuretics. Use caution when co-administering pendo-AMIODARONE with drugs which may induce hypokalemia and/or hypomagnesemia.

#### *Thyroid Function*

Thyroid function should be monitored prior to treatment and periodically thereafter, particularly in elderly patients, and in any patient with a history of thyroid nodules, goiter, or other thyroid dysfunction. Because of the slow elimination of amiodarone and its metabolites, high plasma iodide levels, altered thyroid function, and abnormal thyroid-function tests may persist for several weeks or even months following amiodarone hydrochloride withdrawal.

#### *Liver Enzyme Elevations*

In patients with life-threatening arrhythmias, the potential risk of hepatic injury should be weighed against the potential benefit of amiodarone therapy. However, patients receiving oral pendo-AMIODARONE should be monitored carefully for evidence of progressive hepatic injury.

#### *QTc Prolongation*

Patients should be monitored carefully for QTc prolongation during amiodarone therapy.

#### *Surgery*

It is recommended that FiO<sub>2</sub> and the determinants of oxygen delivery to the tissues (e.g., SaO<sub>2</sub>, PaO<sub>2</sub>) be closely monitored in patients on pendo-AMIODARONE.

#### *Elderly*

During chronic treatment with oral amiodarone, close monitoring may be prudent for elderly patients.

#### *Ventricular Dysfunction*

During chronic treatment with oral amiodarone, close monitoring may be prudent for patients with severe left ventricular dysfunction.

#### *Monitoring Effectiveness*

Predicting the effectiveness of any antiarrhythmic agent in long-term prevention of recurrent ventricular tachycardia and ventricular fibrillation is difficult and controversial, with highly qualified investigators recommending use of ambulatory monitoring, programmed electrical stimulation with various stimulation regimens, or a combination of these, to assess response. There is no present consensus on many aspects of how best to assess effectiveness, but there is a reasonable consensus on some aspects:

1. If a patient with a history of cardiac arrest does not manifest a hemodynamically



unstable arrhythmia during electrocardiographic monitoring prior to treatment, assessment of the effectiveness of amiodarone hydrochloride requires some provocative approach, either exercise or programmed electrical stimulation (PES).

2. Whether provocation is also needed in patients who do manifest their life-threatening arrhythmia spontaneously is not settled, but there are reasons to consider PES or other provocation in such patients. In the fraction of patients whose PES-inducible arrhythmia can be made noninducible by amiodarone hydrochloride (a fraction that has varied widely in various series from less than 10% to almost 40%, perhaps due to different stimulation criteria), the prognosis has been almost uniformly excellent, with very low recurrence (ventricular tachycardia or sudden death) rates. More controversial is the meaning of continued inducibility. There has been an impression that continued inducibility in amiodarone hydrochloride patients may not foretell a poor prognosis but, in fact, many observers have found greater recurrence rates in patients who remain inducible than in those who do not. A number of criteria have been proposed, however, for identifying patients who remain inducible but who seem likely nonetheless to do well on amiodarone hydrochloride. These criteria include increased difficulty of induction (more stimuli or more rapid stimuli), which has been reported to predict a lower rate of recurrence, and ability to tolerate the induced ventricular tachycardia without severe symptoms, a finding that has been reported to correlate with better survival but not with lower recurrence rates. While these criteria require confirmation and further study in general, easier inducibility or poorer tolerance of the induced arrhythmia should suggest consideration of a need to revise treatment.

Several predictors of success not based on PES have also been suggested, including complete elimination of all nonsustained ventricular tachycardia on ambulatory monitoring and very low premature ventricular-beat rates (less than 1 VPB/1,000 normal beats).

While these issues remain unsettled for amiodarone hydrochloride, as for other agents, the prescriber of amiodarone hydrochloride should have access to (direct or through referral), and familiarity with, the full range of evaluatory procedures used in the care of patients with life-threatening arrhythmias.

It is difficult to describe the effectiveness rates of amiodarone hydrochloride, as these depend on the specific arrhythmia treated, the success criteria used, the underlying cardiac disease of the patient, the number of drugs tried before resorting to amiodarone hydrochloride, the duration of follow-up, the dose of amiodarone hydrochloride, the use of additional antiarrhythmic agents, and many other factors. As amiodarone hydrochloride has been studied principally in patients with refractory life-threatening ventricular arrhythmias, in whom drug therapy must be selected on the basis of response and cannot be assigned arbitrarily, randomized comparisons with other agents or placebo have not been possible. Reports of series of treated patients with a history of cardiac arrest and mean follow-up of one year or more have given mortality (due to arrhythmia) rates that were highly variable, ranging from less than 5% to over 30%, with most series in the range of 10 to 15%. Overall arrhythmia-recurrence rates (fatal

and nonfatal) also were highly variable (and, as noted above, depended on response to PES and other measures), and depend on whether patients who do not seem to respond initially are included. In most cases, considering only patients who seemed to respond well enough to be placed on long-term treatment, recurrence rates have ranged from 20 to 40% in series with a mean follow-up of a year or more.

## **ADVERSE REACTIONS**

### **Adverse Drug Reaction Overview**

#### **Oral Amiodarone Hydrochloride**

Because of the extensive distribution of amiodarone in body tissues, and the prolonged time required for its elimination from the body following discontinuation of long-term therapy, the relationship between adverse reactions and dosage and duration of therapy, has not been fully established. For some adverse reactions—for example, corneal microdeposits—a relationship to dosage and duration of therapy has been established, so that corneal deposits are reversible with dose-reduction or with discontinuation of therapy. However, for other adverse reactions—for example, fibrosing alveolitis or peripheral neuropathy—the dose relationship and the reversibility of the adverse reaction have not been established. Certain gastrointestinal reactions (e.g., nausea, vomiting, constipation, and bad taste) and central nervous system reactions (e.g., fatigue, headaches, vertigo, nightmares, and sleeplessness) occur frequently at the initiation of therapy when high doses are used. These may disappear on reduction of the dose. The time and dose relationship of adverse events are under continued study.

The most serious and potentially life-threatening adverse effects associated with the use of amiodarone hydrochloride are pulmonary fibrosis, the aggravation of arrhythmias, and cirrhotic hepatitis. Published data reflecting the North American experience with chronic oral amiodarone hydrochloride therapy suggest that amiodarone-associated adverse drug reactions are very common, having occurred in approximately 75% of patients taking 400 mg or more per day; these adverse events have led to the discontinuation of amiodarone treatment in 7% to 18% of patients. The adverse reactions most frequently requiring discontinuation of amiodarone hydrochloride have included pulmonary infiltrates or fibrosis, paroxysmal ventricular tachycardia, congestive heart failure, and elevation of liver enzymes. Other symptoms causing discontinuations less often have included visual disturbances, solar dermatitis, blue skin discoloration, hyperthyroidism, and hypothyroidism.

#### **Clinical Trial Adverse Drug Reactions**

*Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.*

Please see Tables 1 (oral amiodarone), below.

## Commonly Observed Adverse Reactions

**TABLE 1 - INCIDENCE OF ADVERSE EVENTS IN PATIENTS RECEIVING ORAL AMIODARONE HYDROCHLORIDE**

Body System	Incidence, % n = 241	Adverse Event
Gastrointestinal	10-33	Nausea, vomiting.
	4-9	Constipation, anorexia.
	1-3	Abdominal pain, dyspepsia, diarrhea, abnormal taste, dry mouth.
Dermatologic	4-9	Solar dermatitis/photosensitivity.
	1-3	Blue skin discoloration, rash.
	<1	Alopecia, onycholysis.
Neurologic	4-9	Malaise/fatigue, tremor/abnormal involuntary movements, lack of coordination, abnormal gait/ataxia, dizziness, paresthesias.
	1-3	Decreased libido/impotence, insomnia and other sleep disturbances, headache, cognitive disturbances and disorders of alertness, general weakness, peripheral motor and sensory neuropathies.
	<1	Tinnitus.
Ophthalmologic	10-33	Corneal microdeposits.
	4-9	Visual disturbances.
	up to 2	Optic neuropathology with visual impairment/decreased acuity*.
Hepatic	4-9	Hepatomegaly, abnormal liver function test results.
	1-3	Non-specific hepatic disorders.
Respiratory	4-9	Pulmonary inflammation or fibrosis.
Cardiovascular	1-3	Congestive heart failure, cardiac arrhythmias, SA node dysfunction.
	<1	Hypotension, cardiac conduction abnormalities.
Thyroid	1-3	Hyperthyroidism, hypothyroidism.
	<1	Goiter.
Other	1-3	Flushing, coagulation abnormalities.
	<1	Spontaneous ecchymosis, epididymitis.

\* Based on one retrospective study from 1981 to June 1986 at the Mayo Clinic, up to 2% optic neuropath with visual impairment/decreased acuity<sup>9</sup>.

**Ophthalmological Abnormalities:** Corneal microdeposits are apparent upon slit-lamp examination in virtually all adult patients who have taken amiodarone for longer than 6 months. These deposits may give rise to symptoms such as visual halos or blurred vision (see WARNINGS AND PRECAUTIONS). Other reported amiodarone-associated abnormalities have included photophobia corneal degeneration, papilledema, photosensitivity, eye discomfort, dry eyes, scotoma, lens opacities, and macular degeneration, optic neuropathy and/or optic neuritis, in some cases progressing to permanent blindness. (See "**WARNINGS AND PRECAUTIONS, Ophthalmologic**".)

**Neurological Abnormalities:** Occurring in 20% to 40% of patients, these common problems have included ataxia, tremor, fatigue, dizziness, weakness, sleep disorders, headaches, cognitive disorders, disturbances of alertness, peripheral motor and sensory neuropathies, proximal muscle weakness, impotence (see "**WARNINGS AND PRECAUTIONS, Neurologic**") and pseudotumor cerebri. There have been spontaneous reports of demyelinating polyneuropathy.

**Pulmonary Abnormalities:** In some studies symptomatic pulmonary disease has been detected at rates as high as 10% to 15%, whereas asymptomatic abnormalities of pulmonary diffusion capacity have been demonstrated at greater than twice that incidence. Pulmonary toxicity has been fatal about 10% of the time (see "**WARNINGS AND PRECAUTIONS, Respiratory**").

**Cardiovascular Abnormalities:** Exacerbation of arrhythmia has had a reported incidence of about 2% to 5% in most series (new ventricular fibrillation, incessant ventricular tachycardia, increased resistance to cardioversion, and paroxysmal polymorphic ventricular tachycardia (torsades de pointes). In addition, symptomatic bradycardia or sinus arrest with suppression of escape foci has occurred in 2% to 4% of patients. Congestive heart failure has occurred in approximately 3% of patients. Second degree AV block and left bundle branch block (LBBB) have occurred in less than 1% of patients, vasculitis and angioedema have also been reported. Hypotension independent of - as well as associated with - discontinuation of cardiopulmonary bypass following open heart surgery has also been reported (see "**WARNINGS AND PRECAUTIONS, Cardiovascular**").

**Gastrointestinal Abnormalities:** Complaints of this nature have occurred in about 25% of patients and have included nausea, vomiting, constipation, anorexia, abnormal taste and smell, abnormal salivation, dyspepsia, abdominal pain, and diarrhea (see "**WARNINGS AND PRECAUTIONS, Gastrointestinal**").

**Hepatic Abnormalities:** Abnormal elevations of serum levels of enzymes associated with hepatic dysfunction have occurred in approximately 15% of patients. Symptomatic hepatitis has occurred in less than 1% of patients, and cholestatic hepatitis and cirrhosis have been reported (see "**WARNINGS AND PRECAUTIONS, Hepatic/Biliary/Pancreatic**"). The frequency of rare serious liver injury, abnormal liver-function tests, hepatitis, cholestatic hepatitis and cirrhosis is undetermined. Overt liver disease can occur however, and has been fatal in a few cases.

**Dermatologic Abnormalities:** These have occurred in approximately 15% of patients, with photosensitivity (10% of patients) being the most common. Blue-grey skin pigmentation has been reported in 2% to 3% of patients. Hair loss (alopecia) has been observed in up to 4% of patients. Other amiodarone-associated phenomena reported with less than 1% incidence have included non-specific skin eruptions, pruritus, acquired keratoderma, hyperhidrosis, onycholysis, generalized pustular psoriasis, vasculitis and polyserositis, and toxic epidermal necrolysis (sometimes fatal) (see "**WARNINGS AND PRECAUTIONS, Dermatologic Disorders/Photosensitivity**").

**Thyroid Abnormalities:** Amiodarone-associated hypothyroidism has been reported in 2% to 4%

of patients in most series but in 8% to 10% of patients with other series: hyperthyroidism has been reported in 1% to 3% of patients (see "**WARNINGS AND PRECAUTIONS, Thyroid Dysfunction**").

**Post-Market Adverse Drug Reactions**

In post-marketing surveillance, hypotension (sometimes fatal), sinus arrest, anaphylactic/anaphylactoid reaction (including shock), angioedema, urticaria, eosinophilic pneumonia, hepatitis, cholestatic hepatitis, cirrhosis, pancreatitis, renal impairment, renal insufficiency, acute renal failure, bronchospasm, possibly fatal respiratory disorders (including distress, failure, arrest, and ARDS), bronchiolitis obliterans organizing pneumonia (possibly fatal), fever, dyspnea, cough, hemoptysis, wheezing, hypoxia, pulmonary infiltrates and/or mass, pulmonary alveolar hemorrhage, pleural effusion, pleuritis, pseudotumor cerebri, parkinsonian symptoms such as akinesia and bradykinesia (sometimes reversible with discontinuation of therapy), syndrome of inappropriate antidiuretic hormone secretion (SIADH), thyroid nodules/thyroid cancer, toxic epidermal necrolysis (sometimes fatal), erythema multiforme, Stevens-Johnson syndrome, exfoliative dermatitis, drug rash with eosinophilia and systemic symptoms (DRESS), eczema, skin cancer, vasculitis, pruritus, hemolytic anemia, aplastic anemia, pancytopenia, neutropenia, thrombocytopenia, agranulocytosis, granuloma, myopathy, muscle weakness, rhabdomyolysis, demyelinating polyneuropathy, hallucination, confusional state, disorientation, delirium, epididymitis, and impotence, also have been reported in patients receiving amiodarone.

Women receiving amiodarone have been reported to be at greater risk of experiencing torsade de pointes.

Also, in patients receiving recommended dosages, there have been postmarketing reports of the following injection site reactions: pain, erythema, edema, pigment changes, venous thrombosis, phlebitis, thrombophlebitis, cellulitis, necrosis, and skin sloughing (see **DOSAGE AND ADMINISTRATION**).

**DRUG INTERACTIONS**

**Overview**

**Drug-Drug Interactions**

**TABLE 2 - SUMMARY OF DRUG INTERACTIONS WITH AMIODARONE  
Drugs Whose Effects May Be Increased By Amiodarone**

<b>Concomitant Drug</b>	<b>Interaction</b>
Warfarin	Increases prothrombin time.
Digoxin	<b>Oral</b> amiodarone, increases digoxin serum concentration by 70% after one day. May reach toxic levels with resultant clinical toxicity.
Digitalis	With <b>oral</b> amiodarone, the need for digitalis therapy should be reviewed and the dose reduced by approximately 50% or discontinued. If digitalis treatment is continued, serum levels

should be closely monitored and patients observed for clinical evidence of toxicity. These precautions probably should apply to digitoxin administration as well.

Quinidine	Increases quinidine serum concentration by 33% after two days. Quinidine dose should be reduced by 1/3 when administered with amiodarone.
Procainamide	Increases plasma concentrations of procainamide and n-acetyl procainamide by 55% and 33%, respectively if taken for less than 7 days. Procainamide dose should be reduced by 1/3 when administered with amiodarone.
Flecainide	Plasma levels of flecainide have been reported to increase in the presence of <b>oral</b> amiodarone; because of this, the dosage of flecainide should be adjusted when these drugs are administered concomitantly.
Lidocaine	<b>Oral:</b> Sinus bradycardia was observed in a patient receiving <b>oral</b> amiodarone who was given lidocaine for local anaesthesia.
Phenytoin	Increases phenytoin serum concentration.
Disopyramide	Increases QT prolongation which could cause arrhythmia.
Fentanyl	May cause hypotension, bradycardia, decreased cardiac output.
Cyclosporine	Administered in combination with <b>oral</b> amiodarone, produces persistently elevated plasma concentrations of cyclosporine resulting in elevated creatinine, despite reduction in dose of cyclosporine.
Fluoroquinolones, Macrolide Antibiotics, Azoles	Are known to cause QTc prolongation. There have been reports of QTc prolongation, with or without torsades de pointes, in patients taking amiodarone when fluoroquinolones, macrolide antibiotics, or azoles were administered concomitantly

**TABLE 3 - SUMMARY OF DRUG INTERACTIONS WITH AMIODARONE**

**Drugs That May Interfere With the Actions of Amiodarone**

<b>Concomitant Drug</b>	<b>Interaction</b>
Cholestyramine	Increases enterohepatic recirculation of amiodarone and may reduce serum levels and $t_{1/2}$ .
Cimetidine	Increases serum amiodarone levels.
Phenytoin	Decreases serum amiodarone levels.

**Volatile Anaesthetic Agents**

Close perioperative monitoring is recommended in patients undergoing general anaesthesia who are on amiodarone therapy as they may be more sensitive to the myocardial depressant and conduction effect of halogenated inhalation anaesthetics.

### **Beta Blockers**

Amiodarone should be used with caution in patients receiving  $\beta$ -receptor blocking agents (e.g., propranolol, a CYP3A4 inhibitor) because of the possible potentiation of bradycardia, sinus arrest, and AV block. If necessary, amiodarone can continue to be used after insertion of a pacemaker in patients with severe bradycardia or sinus arrest.

### **Calcium Channel Antagonists**

Amiodarone should be used with caution in patients receiving calcium channel antagonists (e.g., verapamil, a CYP3A4 substrate, and diltiazem, a CYP3A4 inhibitor) because of the possible potentiation of bradycardia, sinus arrest, and AV block. If necessary, amiodarone can continue to be used after insertion of a pacemaker in patients with severe bradycardia or sinus arrest.

### **Anticoagulants**

Potentiation of warfarin-type (CYP2C9 and CYP3A4 substrate) anticoagulant response is almost always seen in patients receiving amiodarone and can result in serious or fatal bleeding. Since the concomitant administration of warfarin with amiodarone increases the prothrombin time by 100% after 3 to 4 days, the dose of warfarin should be reduced by one-third to one-half, and prothrombin times should be monitored closely.

Clopidogrel, an inactive thienopyridine prodrug, is metabolized in the liver by CYP3A4 to an active metabolite. A potential interaction between clopidogrel and amiodarone resulting in ineffective inhibition of platelet aggregation has been reported.

### **Antidepressants**

Trazodone, an antidepressant, is metabolized primarily by CYP3A4. QT interval prolongation and torsade de pointes have been reported with the co-administration of trazodone and amiodarone.

### **Drugs Affecting Cardiac Conduction**

Hemodynamic and electrophysiologic interactions have also been observed after concomitant administration with propranolol, diltiazem, and verapamil.

### **Antiarrhythmics**

In general, combination of amiodarone with other antiarrhythmic therapy should be reserved for patients with life-threatening ventricular arrhythmias who are incompletely responsive to a single agent or incompletely responsive to amiodarone. During transfer to amiodarone the dose levels of previously administered agents should be reduced by 30 to 50% several days after the addition of amiodarone, when arrhythmia suppression should be beginning.

The continued need for the other antiarrhythmic agent should be reviewed after the effects of amiodarone have been established, and discontinuation ordinarily should be attempted. If the treatment is continued, these patients should be particularly carefully monitored for adverse effects, especially conduction disturbances and exacerbation of tachyarrhythmias, as amiodarone is continued. In amiodarone-treated patients who require additional antiarrhythmic therapy, the initial dose of such agents should be approximately half of the usual recommended dose.

### **Interactions via Cytochrome P450 System**

Amiodarone is metabolized to desethylamiodarone by the cytochrome P450 (CYP450) enzyme group, specifically cytochrome P450 3A4 (CYP3A4) and CYP2C8. The CYP3A4 isoenzyme is present in both the liver and intestines (see **CLINICAL PHARMACOLOGY**, Pharmacokinetics). Amiodarone is a substrate and an inhibitor of CYP3A4 and a substrate of p-glycoprotein. Therefore, amiodarone has the potential for interactions with drugs or substances that may be substrates, inhibitors or inducers of CYP3A4 and substrates of p-glycoprotein. While only a limited number of in vivo drug-drug interactions with amiodarone have been reported, chiefly with the oral formulation, the potential for other interactions should be anticipated. This is especially important for drugs associated with serious toxicity, such as other antiarrhythmics. If such drugs are needed, their dose should be reassessed and, where appropriate, plasma concentration measured. In view of the long and variable half-life of amiodarone, potential for drug interactions exists not only with concomitant medication but also with drugs administered after discontinuation of amiodarone.

### **Examples of drugs that may have serum concentrations increased by amiodarone**

Amiodarone inhibits p-glycoprotein and certain CYP450 enzymes (enzyme inhibition). This can result in unexpectedly high plasma levels of other drugs which are metabolized by those CYP450 enzymes or are substrates of p-glycoprotein and may lead to toxic effects. Reported examples of this interaction include the following:

#### ***HMG-CoA Reductase Inhibitors***

HMG-CoA reductase inhibitors that are CYP3A4 substrates (including simvastatin and atorvastatin) in combination with amiodarone has been associated with reports of myopathy/rhabdomyolysis.

#### ***Immunosuppressives***

Oral amiodarone administered in combination with Cyclosporine (CYP3A4 substrate) has been reported to produce persistently elevated plasma concentrations of cyclosporine resulting in elevated creatinine, despite reduction in dose of cyclosporine. Combination of amiodarone with other antiarrhythmic therapy should be reserved for patients with life-threatening ventricular arrhythmias who are incompletely responsive to a single agent or incompletely responsive to amiodarone. During transfer to amiodarone the dose levels of previously administered agents should be reduced by 30 to 50% several days after the addition of amiodarone, when arrhythmia suppression should be beginning. The continued need for the other antiarrhythmic agent should be reviewed after the effects of amiodarone have been established, and discontinuation ordinarily should be attempted. If the treatment is continued, these patients should be particularly carefully monitored for adverse effects, especially conduction disturbances and exacerbation of tachyarrhythmias, as amiodarone is continued. In amiodarone treated patients who require additional antiarrhythmic therapy, the initial dose of such agents should be approximately half of the usual recommended dose.

#### ***Antihypertensives***

Amiodarone should be used with caution in patients receiving  $\beta$ -receptor blocking agents (e.g., propranolol, a CYP3A4 inhibitor) or calcium channel antagonists (e.g.,



verapamil, a CYP3A4 substrate, and diltiazem, a CYP3A4 inhibitor) because of the possible potentiation of bradycardia, sinus arrest, and AV block; if necessary, amiodarone can continue to be used after insertion of a pacemaker in patients with severe bradycardia or sinus arrest.

### ***Anticoagulants***

Potentiation of warfarin-type (CYP2C9 and CYP3A4 substrate) anticoagulant response is almost always seen in patients receiving amiodarone and can result in serious or fatal bleeding. Since the concomitant administration of warfarin with amiodarone increases the prothrombin time by 100% after 3 to 4 days, the dose of the anticoagulant should be reduced by one-third to one-half, and prothrombin times should be monitored closely.

Since amiodarone is a substrate for CYP3A4 and CYP2C8, drugs/substances that inhibit these isoenzymes may decrease the metabolism and increase serum concentrations of amiodarone, with the potential for toxic effects. Reported examples include the following:

### **Protease Inhibitors**

Protease inhibitors are known to inhibit CYP3A4 to varying degrees. Inhibition of CYP3A4 by indinavir has been reported to result in increased serum concentrations of amiodarone. Monitoring for amiodarone toxicity and serial measurement of amiodarone serum concentration during concomitant protease inhibitor therapy should be considered.

### **Histamine H1 antagonists**

Loratadine, a non-sedating antihistaminic, is metabolized primarily by CYP3A4. QT interval prolongation and torsade de pointes have been reported with the co-administration of loratadine and amiodarone.

### **Other Drugs**

Dextromethorphan is a substrate for both CYP2D6 and CYP3A4. Amiodarone inhibits CYP2D6.

Some drugs/substances are known to accelerate the metabolism of amiodarone by stimulating the synthesis of CYP3A4 (enzyme induction). This may lead to low amiodarone serum levels and potential decrease in efficacy. Reported examples of this interaction include the following:

### **Antibiotics**

Rifampin is a potent inducer of CYP3A4. Administration of rifampin concomitantly with oral amiodarone has been shown to result in decreases in serum concentrations of amiodarone and desethylamiodarone.

In addition to the interactions noted above, chronic (>2 weeks) oral amiodarone hydrochloride administration impairs metabolism of phenytoin, dextromethorphan, and methotrexate.

## **Drug-Food Interactions**

### **Grapefruit Juice**

Grapefruit juice inhibits CYP3A4-mediated metabolism of oral amiodarone in the intestinal mucosa, resulting in significant increased plasma levels of amiodarone ( $C_{max}$  and AUC increased by 84% and 50%, respectively); therefore, grapefruit juice should not be taken during treatment with oral amiodarone.

## **Drug-Herb Interactions**

### **St. John's Wort**

St. John's Wort (*Hypericum perforatum*) induces CYP3A4. Since amiodarone is a substrate for CYP3A4, there is the potential that the use of St. John's Wort in patients receiving amiodarone could result in reduced amiodarone levels.

## **DOSAGE AND ADMINISTRATION**

### **Dosing Considerations**

#### **Oral pendo-AMIODARONE (amiodarone hydrochloride)**

##### ***General Considerations:***

**BECAUSE OF THE UNIQUE PHARMACOKINETIC PROPERTIES, DIFFICULT DOSING SCHEDULE, AND SEVERITY OF SIDE EFFECTS IF PATIENTS ARE IMPROPERLY MONITORED, pendo-AMIODARONE (AMIODARONE HYDROCHLORIDE) THERAPY SHOULD BE INITIATED IN HOSPITAL AND CONTINUED IN A MONITORED ENVIRONMENT UNTIL ADEQUATE CONTROL OF THE ARRHYTHMIA HAS OCCURRED. PATIENTS TREATED WITH pendo-AMIODARONE SHOULD BE UNDER THE SUPERVISION OF A CARDIOLOGIST OR A PHYSICIAN WITH EQUIVALENT EXPERIENCE IN CARDIOLOGY WHO IS EXPERIENCED IN THE TREATMENT OF LIFE-THREATENING ARRHYTHMIAS, WHO IS THOROUGHLY FAMILIAR WITH THE RISK AND BENEFIT OF pendo-AMIODARONE THERAPY, AND WHO HAS ACCESS TO LABORATORY FACILITIES CAPABLE OF ADEQUATELY MONITORING EFFECTIVENESS AND SIDE EFFECTS OF TREATMENT. DOSE ADMINISTRATION MUST BE INDIVIDUALIZED, PARTICULARLY TAKING INTO ACCOUNT CONCOMITANT ANTIARRHYTHMIC THERAPY.**

The dosage schedule for amiodarone hydrochloride is still somewhat controversial, probably in part due to its poor absorption, unusually long elimination half-life, and huge volume of distribution. Extensive tissue stores of amiodarone hydrochloride must be established before the effects on the heart of oral dose administration are apparent. Intersubject variability as well as differences in dosage regimens and methods of assessment have made it difficult to precisely define the time of onset of initial and maximal antiarrhythmic effect in an individual patient. In order to ensure that an antiarrhythmic effect will be observed without waiting several months, loading doses are required. A uniform, optimal dosage schedule for administration of amiodarone hydrochloride has not been determined. Because of the food effect on the absorption of amiodarone hydrochloride, administration of pendo-AMIODARONE should be consistent

with regard to meals. (See **Pharmacokinetics Section of "Action and Clinical Pharmacology"**). Amiodarone's antiarrhythmic effect after oral administration may be noted in as early as 3 days (72 hours) but more often takes 1 to 3 weeks.

Because of the slow rate of elimination of amiodarone, its antiarrhythmic effects may persist for weeks or months after its discontinuation, but the time of arrhythmia recurrence is variable and unpredictable. In general, when the drug is resumed after recurrence of the arrhythmia, control is established more rapidly relative to the initial response, possibly because tissue stores were not wholly depleted at the time of recurrence.

The combination of pendo-AMIODARONE with other antiarrhythmic therapy should be reserved for patients with life-threatening arrhythmias who are unresponsive to adequate doses of a single agent (see **PRECAUTIONS: Drug Interactions**).

### **Recommended Dose and Dosage Adjustment**

#### **Adult Dosage:**

##### **Ventricular Arrhythmias**

***Loading Dose:*** Loading doses of 800 to 1600 mg/day are required for 1 to 3 weeks (occasionally longer) until therapeutic response occurs. (Administration of amiodarone hydrochloride in divided doses at meals is suggested for total daily doses of 1000 mg or higher, when gastrointestinal intolerance occurs). If side effects become excessive, the dose should be reduced.

Since grapefruit juice is known to inhibit CYP3A4-mediated metabolism of oral amiodarone in the intestinal mucosa, resulting in significant increased plasma levels of amiodarone, grapefruit juice should not be taken during treatment with oral amiodarone (see **"WARNINGS AND PRECAUTIONS, Drug Interactions"**).

***Maintenance Dose:*** When adequate arrhythmia control has been achieved, or if adverse drug reactions become prominent, the pendo-AMIODARONE dose should be reduced to 600 to 800 mg/day for one month and then to the maintenance dose, usually 200 to 400 mg/day (occasionally 600 mg/day). pendo-AMIODARONE may be administered as a single daily dose, or in patients with severe gastrointestinal intolerance, as a b.i.d. dose. In each patient, the chronic maintenance dose should be determined according to antiarrhythmic effect as assessed by symptoms, Holter recordings, and/or programmed electrical stimulation, and by patient tolerance. Plasma concentrations may be helpful in evaluating nonresponsiveness or unexpectedly severe toxicity.

**The lowest effective dose should be used to prevent the occurrence of adverse drug reactions. In all instances, the physician must be guided by the severity of the individual patient's arrhythmia and response to therapy.** When dose adjustments are necessary, the patient should be closely monitored for an extended period of time because of the long and variable half-life of amiodarone and the difficulty in predicting the time required to attain a new steady-state level of drug. Dosage suggestions are summarized below:

**TABLE 4 - ORAL pendo-AMIODARONE DOSAGE FOR VENTRICULAR ARRHYTHMIA SUPPRESSION**

Loading Dose (Daily)	Adjustment and Maintenance Dose (Daily)	
	1-3 weeks	1 month
800-1600 mg	600-800 mg	200-400 mg (some 600 mg)

### **Elderly Patients**

In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy.

### **Administration**

pendo-AMIODARONE may be administered as a single daily dose, or in patients with severe gastrointestinal intolerance, as a b.i.d. dose.

Food increases the rate and extent of absorption of amiodarone. Because of the food effect on the absorption of amiodarone hydrochloride, administration of pendo-AMIODARONE should be consistent with regard to meals.

Administration of pendo-AMIODARONE in divided doses at meals is suggested for total daily doses of 1000 mg or higher, when gastrointestinal intolerance occurs. If side effects become excessive, the dose should be reduced.

### **OVERDOSAGE**

There have been cases, some fatal, of amiodarone hydrochloride overdose. Overdose may lead to severe bradycardia and to conduction disturbances with the appearance of an idioventricular rhythm, particularly in elderly patients or patients on digitalis therapy.

One report of the acute ingestion of a single 8 g dose of oral amiodarone hydrochloride by a healthy 20-year-old female has been reported. At first assessment, the patient was conscious and profuse perspiration and a slight tachycardia were the only abnormal findings on clinical observation.

Slight bradycardia was observed during the second and third day; thereafter, QT interval and heart rate returned to normal. No clinical adverse events were documented over the subsequent 3-month monitoring period.

The acute oral LD<sub>50</sub> of amiodarone hydrochloride in mice and rats is greater than 3,000 mg/kg.

### **Overdosage Management**

If an overdose should occur, gastric lavage or induced emesis should be employed to reduce absorption, in addition to general supportive measures. The patient's cardiac rhythm and blood

pressure should be monitored, and if clinically significant bradycardia ensues, a  $\beta$ -adrenergic agonist or a temporary pacemaker should be used. Hypotension with inadequate tissue perfusion should be treated with positive inotropic and/or vasopressor agents. Neither amiodarone nor its metabolite is dialyzable.

For management of a suspected drug overdose, contact your regional  
Poison Control Centre immediately.

## **ACTION AND CLINICAL PHARMACOLOGY**

### **Mechanism of Action**

Amiodarone hydrochloride is generally considered a class III antiarrhythmic drug, but it possesses electrophysiologic characteristics of all four Vaughan Williams classes. Like Class I drugs, amiodarone blocks sodium channels at rapid pacing frequencies, and like Class II drugs, it exerts antisymphathetic activity. One of its main effects, with prolonged administration, is to lengthen the cardiac action potential, a Class III effect. The negative chronotropic effect of amiodarone in nodal tissues is similar to the effect of Class IV drugs. In addition to blocking sodium channels, amiodarone blocks myocardial potassium channels, which contributes to slowing of conduction and prolongation of refractoriness (class III effect). The antisymphathetic action and block of calcium and potassium channels are responsible for the negative dromotropic effects on the sinus node and for the slowing of conduction and prolongation of refractoriness in the atrioventricular (AV) node.

Additionally, amiodarone has vasodilatory action that can decrease cardiac workload and consequently myocardial oxygen consumption.

### **Pharmacodynamics**

Amiodarone has been reported to produce negative inotropic and vasodilating effects in animals and humans. After long-term treatment with oral amiodarone in a dose range of 200 to 600 mg/day, patients with decreased left ventricular ejection fraction (LVEF) show no significant change in mean LVEF. Hypotension is uncommon (<1%) during chronic oral amiodarone therapy.

### **Pharmacokinetics**

#### **Absorption:**

The absorption of *oral* amiodarone is slow and variable, with peak serum amiodarone concentrations being attained at 3 to 12 hours after administration. Absorption may continue for up to 15 hours after *oral* ingestion. There is extensive intersubject variation: mean *oral* bioavailability is approximately 50% (mean range, 33% to 65%). First-pass metabolism in the gut wall and liver appears to be an important factor in determining the systemic availability of the drug. The mean terminal half-life after steady-state administration is approximately 53 days and has been found in one study (n=8) to range from 26 to 107 days. Since at least 3 to 4 half-lives are needed to approach steady-state concentrations, loading doses must be administered at

the onset of oral amiodarone therapy. In the absence of a loading-dose period, steady-state plasma concentrations, at constant oral dosing, would therefore be reached between 130 and 535 days, with an average of 265 days. For the metabolite, the mean plasma-elimination half-life was approximately 61 days. These data probably reflect an initial elimination of drug from well-perfused tissue (the 2.5 - to 10 - day half-life phase), followed by a terminal phase representing extremely slow elimination from poorly perfused tissue compartments such as fat.

Food increases the rate and extent of absorption of amiodarone. The effects of food upon the bioavailability of amiodarone have been studied in thirty healthy subjects who received a single 600 mg dose both immediately after consuming a meal and following an overnight fast. The area under the plasma concentration-time curve (AUC) and the peak plasma concentration ( $C_{max}$ ) of amiodarone increase by as much as 2.4 and 3.8 times, respectively, in the presence of food. Food also increased the rate of absorption, decreasing the time to peak plasma concentration ( $T_{max}$ ) by 37%.

#### **Distribution:**

Amiodarone has a very high apparent volume of distribution (approximately 5000 L) with an extensive accumulation in tissues, especially adipose tissues, and in highly perfused organs such as liver, lung, spleen, heart and kidney. One major metabolite of amiodarone, desethylamiodarone, has been identified, but the pharmacological activity of this metabolite is not known in humans. During chronic treatment, the plasma ratio of metabolite to parent compound approximates 1.

#### **Metabolism:**

Amiodarone is eliminated primarily by hepatic metabolism and biliary excretion. Desethylamiodarone (DEA) is the major active metabolite of amiodarone. At the usual amiodarone daily maintenance dose of 400 mg, mean steady-state DEA/amiodarone ratios ranged from 0.61 to 0.93. High-dose oral amiodarone loading in patients yielded 24-hour DEA/amiodarone ratios of 0.083 to 0.19. No data are presently available on the activity of DEA in humans, but animal studies have shown that it has significant electrophysiologic and antiarrhythmic properties. The major enzyme responsible for the N-deethylation to DEA is believed to be cytochrome P450 3A4. Large interindividual variability in CYP-450 3A4 activity may explain the variable systemic availability of amiodarone. DEA is highly lipophilic and has a very large apparent volume of distribution, showing a higher concentration than amiodarone in all tissue except fat at steady-state. Myocardial concentrations of DEA are approximately 3- to 4.5-fold greater than those of amiodarone during long-term *oral* amiodarone therapy. However, after acute oral administration, both mean serum and mean myocardial DEA concentrations are quite low compared to those of amiodarone.

#### **Excretion:**

Amiodarone is eliminated primarily by hepatic metabolism and biliary excretion. There is negligible excretion of amiodarone or DEA in urine. Neither amiodarone nor DEA is dialyzable. Amiodarone and DEA cross the placenta and both appear in breast milk.

Table 5 summarizes the mean ranges of pharmacokinetic parameters of amiodarone reported in

single dose I.V. (5 mg/kg over 15 min) and oral (400 or 600 mg) studies of healthy subjects and in *in vitro* (protein binding) studies. Pharmacokinetics were similar in males and females.

**TABLE 5 - AMIODARONE PHARMACOKINETIC PROFILE**

Drug	Clearance (ml/h/kg)	Vc (L/kg)	Vss (L/kg)	T <sub>1/2</sub> (days)	Protein binding	F <sub>oral</sub> (%)
Amiodarone	90-158	0.2	40-84	20-47	> 0.96	33-65
Desethylamiodarone	197-290	-	68-168	≥AMI t <sub>1/2</sub>	-	-

Notes: Vc and Vss denote the central and steady-state volumes of distribution from I.V. studies; F<sub>oral</sub> is systemic availability of amiodarone. "—" denotes not available. AMI is amiodarone. T<sub>1/2</sub> = terminal phase elimination half-life. Desethylamiodarone clearance and volume involve an unknown biotransformation factor.

There is no well-established relationship between drug concentration and therapeutic response for long-term oral use. Steady-state amiodarone concentrations of 1 to 2.5 mg/L, however, have been effective with minimal toxicity following chronic *oral* amiodarone.

### **Special Populations and Conditions**

#### **Pediatrics:**

The safety and efficacy of amiodarone in children have not been established; therefore, its use in children is not recommended.

#### **Geriatrics:**

Clinical studies of amiodarone hydrochloride tablets did not include sufficient number of subjects aged 65 years and over to determine whether they respond differently from younger subjects.

Other reported clinical experience has not identified differences in responses between the elderly and younger patients. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy.

#### **Gender:**

No data on dosage adjustment is available for the oral formulation.

#### **Hepatic Insufficiency:**

No data on dosage adjustment is available for the oral formulation. (See **WARNINGS AND PRECAUTIONS, Hepatic/Biliary/Pancreatic.**)

#### **Renal Insufficiency:**

No data on dosage adjustment is available for the oral formulation.

#### **Genetic Polymorphism:**

No data on dosage adjustment available.

**Race:**

No data on dosage adjustment available.

**STORAGE AND STABILITY**

Oral pendo-AMIODARONE: Keep bottle tightly closed. Store between 15°C and 25°C. Protect from light and excessive heat.

**DOSAGE FORMS, COMPOSITION AND PACKAGING**

pendo-AMIODARONE (amiodarone hydrochloride) is available in the following dosage forms:

**Oral (200 mg)**

Pink round, flat-face, beveled edge tablet scored on one side and debossed with “P” logo “200” on the other side. Available in HDPE bottles of 100 tablets.

**Composition (per unit):****Oral form (per tablet):**Medicinal Ingredients

Amiodarone Hydrochloride  
(200 mg)

Non-medicinal Ingredients

Colloidal Silicon Dioxide  
FD&C Red No. 40 Lake  
Lactose Monohydrate  
Magnesium Stearate  
Povidone  
Sodium Starch Glycolate.



## PART II: SCIENTIFIC INFORMATION

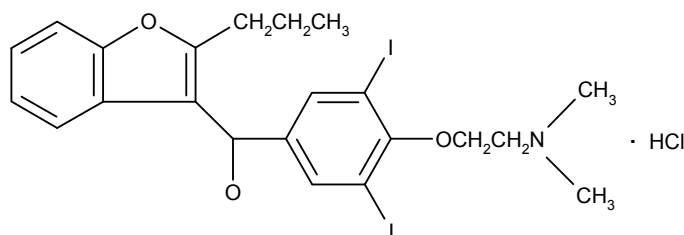
### PHARMACEUTICAL INFORMATION

#### Drug Substance

Proper name: amiodarone hydrochloride

Chemical name: (2-butyl-3-benzofuranyl) [4- [2-(diethylamino)ethoxy] -3 ,5-diodophenyl]methanone hydrochloride

Molecular formula and Molecular mass:  $C_{25}H_{29}I_2NO_3$ ; 681.78 g/mol  
Structural formula:



#### Physicochemical properties:

Physical Form: White to slightly yellow crystalline powder

Solubility:

Water:	0.25 mg/mL @ 25°C
Ethanol (96%):	30 mg/mL @ 25°C
Ethanol (100%):	13 mg/mL @ 25°C
Hexane:	0.0015 mg/mL @ 25°C
Methylene Chloride:	294 mg/mL @ 25°C
Methanol:	114mg/mL @ 25°C

pKa value: 6.56

Melting Point: 150°C-163°C

## CLINICAL TRIALS

### Comparative Bioavailability Studies

A comparative bioavailability study of amiodarone tablets 200 mg was performed, and pharmacokinetic and bioavailability data were measured in 34 healthy male volunteers in the fed state and 30 in the fasting state. The results are summarized in the tables below:

<b>Amiodarone</b> <b>(1 x 200 mg tablet oral administration in the fed state)</b> <b>From measured Data</b>				
<b>Geometric Mean</b> <b>Arithmetic Mean (CV%)</b>				
<b>Parameter</b>	<b>Test*</b>	<b>Reference†</b>	<b>Ratio of Geometric Means (%)</b>	<b>Confidence Interval 90%</b>
AUC <sub>T</sub> (ng•h/mL)	6016.6 6345.9 (39.5)	6221.8 6507.8 (34.7)	97	91-103
AUC <sub>I</sub> (ng•h/mL)	6604.7 6955.1 (38.6)	6908.8 7229.6 (34.7)	96	90-102
C <sub>MAX</sub> (ng/mL)	360.7 383.1 (40.4)	411.6 432.6 (33.0)	88	81-95
T <sub>MAX</sub> § (h)	4.43 (41.8)	3.88 (49.2)	----	----
T <sub>1/2</sub>    (h)	21.73 (26.7)	22.97 (37.6)	----	-----

\* pendo-AMIODARONE 200 mg tablet (PENDOPHARM, Division of Pharmascience Inc.).

† CORDARONE 200 mg tablet (Wyeth-Ayerst Canada Inc.), were purchased in Canada.

§ Expressed as the arithmetic means with CV% in parenthesis.

|| Expressed as the arithmetic means with CV% in parenthesis.

**Amiodarone**  
**(1 x 200 mg tablet oral administration in the fasting state)**  
**From measured Data**

**Geometric Mean**  
**Arithmetic Mean (CV%)**

<b>Parameter</b>	<b>Test*</b>	<b>Reference†</b>	<b>Ratio of Geometric Means (%)</b>	<b>Confidence Interval 90%</b>
AUC <sub>T</sub> (ng•h/mL)	2755.0 3044.9 (42.93)	2996.8 3281.0 (39.21)	92	86-98
AUC <sub>∞</sub> (ng•h/mL)	3243.1 3538.4 (41.14)	3505.2 3775.1 (36.24)	93	87-99
C <sub>MAX</sub> (ng/mL)	131.0 144.3 (48.07)	143.3 154.5 (37.76)	91	84-99
T <sub>MAX</sub> (h)	7.57 (17.65)	7.17 (23.32)	----	----
T <sub>1/2</sub> ‡ (h)	23.72 (52.29)	23.34 (26.46)	----	----

\* pendo-AMIODARONE 200 mg tablet (PENDOPHARM, Division of Pharmascience Inc.).

† CORDARONE 200 mg tablet (Wyeth-Ayerst Canada Inc.) were purchased in Canada.

§ Expressed as the arithmetic means with CV% in parenthesis.

|| Expressed as the arithmetic means with CV% in parenthesis.

## DETAILED PHARMACOLOGY

In anaesthetized dogs, amiodarone, in two separate single-dose studies of 2.5, 5, and 10 (n=7/dose), and 10 (n=10) and 20 (n=5) mg/kg I.V., caused a decrease in cardiac contractility (maximal at 10 mg/kg), systemic pressure and heart rate, and an increase in left ventricular end-diastolic pressure.

Direct injection of amiodarone (10 to 1000 µg) into the anterior descending branch of the left coronary artery of isolated, blood-perfused, dog ventricular muscle (n=8) electrically-paced at 1.5 to 2.0 Hz, produced dose-dependent decreases of left ventricular dp/dt and developed tension to a maximum decrease of 50%.

In anaesthetized dogs, single intravenous doses of 3, 5, or 10 mg/kg increased coronary blood flow and decreased coronary artery resistance, left ventricular work, heart rate, total peripheral vascular resistance, and myocardial oxygen consumption in a dose-dependent manner.

In anaesthetized dogs, single intravenous doses of amiodarone, 10 mg/kg, reduced heart rate an additional 23% after it had been maximally reduced by intravenous propranolol and atropine. Under similar conditions, amiodarone reduced an isoprenaline-mediated increase in heart rate. Further combinations of single doses of intravenous amiodarone with intravenous propranolol, with intravenous glucagon and with intraperitoneal reserpine led the investigators to conclude that the observed anti-adrenergic actions of amiodarone were not mediated by competitive blockade of beta-adrenoceptors.

In 19 anaesthetized dogs administered single, rapid, intravenous doses of amiodarone, percutaneously-introduced intracardiac probes measured the monophasic action potentials (MAP) of right atria and ventricles, bundle of His potentials, and atrial and ventricular stimulation. Under the conditions of the experiment, the peak activity of amiodarone was found between the fifth and the tenth minutes. The rate of discharge of the sinus node was lowered by 36%. At the atrial level, the duration of the MAP was increased by 9% and its dv/dt was lowered slightly, the total refractory period was increased by 22%, the effective refractory period was increased by 27%, the functional refractory period was increased by 19%, the ratio of the length of the effective period/duration of the MAP became slightly greater than unity, conduction facilitation disappeared, and the period of slow conduction increased. In the AV node, the AH interval increased by 44% under normal rhythm, while atrial stimulation at 200/ms resulted in conversion to total AV block in more than half of the cases. The potential of the bundle of His and the HV interval were not altered. At the ventricular level, the duration of the monophasic action potential increased by 25%, its dv/dt decreased slightly, the total refractory period increased by 8%, and the effective refractory period increased by 14%.

Amiodarone, 20 mg/kg, given daily for 6 weeks intraperitoneally to rabbits, had no effect on the resting potential or action potential height and only a small effect on the maximum rate of depolarization of isolated rabbit atrial or ventricular muscle fibres as shown by intracellular recording. It caused a considerable prolongation of the action potential in both tissues.

Using a microelectrode technique, the action of amiodarone ( $1.5 \times 10^{-5}M$ ) on the sinus node activity of spontaneously-beating, isolated right atria of rabbits was discovered to consist of a significant increase of the action potential duration and a decrease of the slope of diastolic depolarization, both effects leading to a reduction in the sinus rate.

In *in vitro* experiments using voltage clamp conditions by means of the double sucrose gap technique in both frog atrial and ferret ventricular fibres, an aqueous solution of amiodarone ( $2.10^{-4}$  to  $2.10^{-5}M$ ) decreased outward  $K^{+}$ -mediated currents and decreased reactivation of inward currents.

In an experiment involving the simultaneous daily administration by intraperitoneal injection to live rabbits ( $n=5$ ) for a period of 3 weeks (beginning at week 4) of  $5\mu g$  of thyroxine (assumed normal daily thyroxine requirement for these rabbits: approximately  $7\mu g/day$ ) and 20 mg/kg of amiodarone (for a period of 6 weeks), the prolongation by amiodarone of the action potential of isolated rabbit atria and ventricular strips was prevented. Treatment of similar rabbits ( $n=5$ ) with 10 mg/kg of potassium iodine (equivalent to the iodine content of 20 mg/kg of amiodarone) given daily, intraperitoneally, for 6 weeks had no effect upon cardiac action potential duration. It was concluded by the investigators conducting the rabbit tissue experiments that amiodarone had effects on cardiac action potentials similar to those which occur after thyroidectomy.

Amiodarone has been shown to exhibit antiarrhythmic activity in several experimental animal models. At a single intravenous dose of 5 mg/kg, amiodarone suppressed multifocal ventricular ectopic beats induced by the intravenous injection of epinephrine in an anaesthetized dog: at 10 to 15 mg/kg, intravenous amiodarone suppressed polymorphic ventricular systoles provoked by the intravenous injection of barium chloride in anaesthetized rabbits ( $n=2$ ) and dogs ( $n=2$ ). At 10 mg/kg, intravenous amiodarone suppressed ventricular extrasystoles induced by ligature of the anterior descending coronary artery in an anaesthetized dog. At 10 to 20 mg/kg, intravenous amiodarone suppressed atrial fibrillation induced by acetylcholine in anaesthetized dogs ( $n=2$ ). At 10 mg/kg, intravenous amiodarone suppressed the ventricular tachycardia induced by aconitine in an anaesthetized dog and the ventricular tachycardia induced by strophanthin in morphinized dogs ( $n=16$ ).

In the isolated hearts of rats pretreated intravenously with single doses (21 to 42  $\mu mol/kg$ : 3.5 to 7.5 mg), amiodarone prevented (in a dose-related fashion) both ventricular tachycardia and ventricular fibrillation during regional myocardial ischemia and during reperfusion of ischemic muscle.

In anaesthetized guinea pigs ( $n=10/group$ ) amiodarone administered intravenously at single doses of 25 and 50 mg/kg statistically significantly protected against ouabain-induced ventricular flutter-fibrillation although it did not provide significant protection against cardiac arrest.

## TOXICOLOGY

### Acute Toxicity

Amiodarone hydrochloride was evaluated in acute oral studies in mice, rats, and dogs. Multiple-dose toxicity studies were performed by oral administration to mice (20 months), rats (3 to 104 weeks), dogs (4 weeks to 9 months), and pigs (3 or 10 months).

<b>TABLE 6 - ORAL AMIODARONE: ACUTE TOXICITY STUDIES</b>			
<b>Species/Strain</b>	<b>Mode of Administration</b>	<b>Dosage in mg/kg per day / Duration</b>	<b>Results</b>
Mouse/NMRI	Oral (gavage)	500 to 3000 / Single dose	The oral LD <sub>50</sub> was greater than 3000 mg/kg. For technical reasons (high viscosity of the solutions at concentrations greater than 10%), the highest dose that could be administered was 3000 mg/kg.
Rat/Wistar	Oral (gavage)	500, 750, 1000, 2000, 3000 / Single dose	The oral LD <sub>50</sub> was greater than 3000 mg/kg. No deaths occurred at the highest dosage.
Dog*	Oral (diet)	0, 1000, 3000, or 5000 in feed	The oral LD <sub>50</sub> was greater than 5000 mg/kg. No deaths occurred. All dogs vomited within 6 hours of ingestion. One dog given 5000mg/kg demonstrated tremors 24 hours after ingesting the drug. This lasted for more than 96 hours and was accompanied by hindquarter paralysis.

\* Report does not identify strain










**TABLE 7 - ORAL AMIODARONE: CHRONIC TOXICITY STUDIES**

<b>Species/Strain</b>	<b>Mode of Administration</b>	<b>Dosage in mg/kg per day / Duration</b>	<b>Results</b>
Rat/Wistar	Oral (gavage)	100, 200, 300, 450, or 600 /3 weeks *	The LD <sub>50</sub> was 420 mg/kg.
Rat/Wistar	Oral (gavage)	0, 100, 200, 300, 450, or 600 /for 3 weeks *	The LD <sub>50</sub> was greater than 600 mg/kg. A dose related decrease in mean body weights of both males and females occurred.
Rat/Crl BR	Oral (gavage)	10, 19, 37.5, 75, or 150/4 weeks	<p>Drug treatment at 37.5 mg/kg or less did not produce any adverse reactions.</p> <p>At doses of 75 or 150 mg/kg, there was a deterioration in animals' health. Increased mortality occurred at 150 mg/kg. Postmortem examinations showed that those animals that died on test were cachectic. Body weight gains were decreased in both sexes at 150 mg/kg and in females at 75 mg/kg; food intake was also reduced. Although there were no clinically significant changes in blood pressure among treated animals, heart rate changes did occur at dosages of 37.5 mg/kg and above. Significant increases in the number of neutrophils and a decrease in the number of lymphocytes were observed in the high-dose treatment group. Clinical chemistry values for blood urea nitrogen (BUN), alkaline phosphatase, and total and esterified cholesterol (dose-related in males) were elevated at 75 mg/kg and above. There was an increase in T<sub>4</sub> and a decrease in the T<sub>3</sub>/T<sub>4</sub> ratio at 75 mg/kg and 150 mg/kg.</p> <p>At 75 and 150 mg/kg, there was an increase in lung and adrenal weights, and a decrease in thymus, prostate, seminal vesicle, uterine and ovarian weights. At 37.5 mg/kg and higher, the relative weight of the liver in females appeared slightly increased. Macroscopically, the only observation associated with the drug was a yellow colouring of mesenteric lymph nodes in most animals treated at 75 and 150 mg/kg. Histologically, this proved to be a dose-dependent accumulation of foamy macrophages involving the mesenteric lymph nodes with spreading to the liver, spleen and lungs. The adrenal cortex contained lipid-like material. There was a moderate degree of thymic involution observed in high-dose animals and this was possibly associated with stress at this level. The thyroids of treated animals presented a histologic appearance of increased activity.</p>

\* Animals were dosed 5 days/week

**TABLE 7 - ORAL AMIODARONE: CHRONIC TOXICITY STUDIES  
(Continued)**

Species/Strain	Mode of Administration	Dosage in mg/kg per day / Duration	Results
Rat/Fisher 344	Oral (gavage)	Vehicle-control, 160/7days*	<p>Treated animals showed signs of toxicity by the fourth day of dosing.</p> <p>This included weakness accompanied by piloerection, epistaxis and softening of the feces. Reversibility of these symptoms did not occur until 8 days after treatment had stopped and often persisted to the 20th day. One death was recorded on day 7 of administration. Initially, body weight gains were depressed in all groups but returned to normal by the end of the treatment schedule.</p> <p>Increases in the weights of the liver and adrenals were also observed, but these too returned to control values 1 to 2 weeks after dosing had stopped. A marked decrease in thymus weight was partially reversible after 2 weeks and completely reversible by 8 weeks. Macroscopic examination revealed a white colouration of the mesenteric lymph nodes in animals sacrificed on days 7 and 14. Histologically, foam cells were present in the mesenteric lymph nodes and lungs. These changes disappeared after a recovery period of about 2 weeks.</p>

\* Treatment was followed by a sequential sacrifice of 7 animals on days 11, 18, 25, 39, 67 and 121 of study

**TABLE 7 - ORAL AMIODARONE: CHRONIC TOXICITY STUDIES  
(Continued)**

Species/Strain	Mode of Administration	Dosage in mg/kg per day / Duration	Results
Rat/Wistar	Oral (gavage)	Vehicle control, 100, 200, or 300 / 3 months*	<p>Dose-related increases in mortality were observed (0 at 100 mg/kg, 15% at 200 mg/kg and 25% at 300 mg/kg). Body weights of male rats receiving 200 or 300 mg/kg were depressed 19% and 30%, respectively. Female body weights at 300 mg/kg were depressed by 14% relative to controls.</p> <p>Hemoglobin values slightly depressed at 200 mg/kg and markedly decreased at 300 mg/kg. At 300 mg/kg, the ratio of circulating lymphocytes to polymorphonuclear leukocytes increased during the study; this was more marked in females. Blood urea nitrogen (BUN) was significantly increased in both the 200 and 300 mg/kg groups. Blood glucose levels were not affected by the administration of the drug.</p> <p>At 100 mg/kg, no microscopic lesions were noted except for some hypertrophy of the thyroid gland. With both the 200 and 300 mg/kg, there was centrilobular congestion in the liver which was more marked at the high dose level. In 2 of 14 rats given 300 mg/kg, lesions of the myocardium were present.</p>

\* Animals were dosed 5 days/week

**TABLE 7 - ORAL AMIODARONE: CHRONIC TOXICITY STUDIES  
(Continued)**

Species/Strain	Mode of Administration	Dosage in mg/kg per day / Duration	Results
Dog/Beagle	Oral (capsule)	Vehicle control, 100, 200, or 300 / 3 months*	<p>A 38% decrease in mean body weight was observed in treated animals and this was associated with decreased food intake. One treated animal was moribund sacrificed due to its cachectic state. Autopsy revealed an abnormal increase in bile contained in the gall bladder and intestine. There were no other deaths during the study.</p> <p>Clinically significant increases in SGPT (129%), SGOT (300%), and LDH (363%) were noted in treated animals. All other parameters were similar between dosed and control groups. Increases in the absolute and relative weights of the adrenals and the liver plus the absence of a recognizable thymus were noted in the treated dogs. Macroscopic examinations revealed congestion of the digestive mucosa (primarily in the small intestine), and the presence of an abnormal amount of bile in the gall bladder and/or the intestine in the treated animals. Microscopic examination showed the presence of foamy cells in the mesenteric lymph nodes, spleen and lymphoid tissue of the digestive tract. The foamy cells were characterized by an abundance of polymorphic cytoplasmic inclusions of probable dyslipidic origin. Electron microscopy revealed the dyslipidosis to be widespread although minimal in any one tissue.</p>

\* Animals were dosed 5 days/week

**TABLE 7 - ORAL AMIODARONE: CHRONIC TOXICITY STUDIES  
(Continued)**

Species/Strain	Mode of Administration	Dosage in mg/kg per day / Duration	Results
Dog/Beagle	Oral (diet at 0 and 30 mg/kg, capsule at 150 mg/kg)	Dietary control 30 or 150 / 3 months*	<p>There were no deaths. At 150 mg/kg, gastrointestinal intolerance (vomiting, diarrhea and anorexia) was observed for the first 1 ½ months and intermittently thereafter. Excessive salivation was noted throughout. Concurrent with the epigastric distress, dogs receiving 150 mg/kg showed a 20% loss in weight during the first 40 days of dosing. Thereafter weight gains were normal.</p> <p>Apart from minor changes in several hematology values, parameters were similar between control and treated groups. A dose-related increase in leukocyte counts was noted at all 3 sampling intervals and decreases on neutrophils during the last month in the high-dose group.</p> <p>Clinical chemistry values were also similar between control and treated animals. SGPT levels rose in animals receiving 150 mg/kg/day during the first month of testing but were normal thereafter. Alkaline phosphatase levels in the high-dose group rose during the study but remained within the normal range for this species.</p> <p>The results of the post-mortem macroscopic examination were unremarkable. One dog in the high-dose group exhibited hypertrophy of the thyroid but histopathology was unremarkable. No generalized histopathologic abnormalities were found which were related to drug administration. All findings were slight and occurred either in or were isolated instances or were present in both treated and control animals and could not be attributed to the drug.</p>

\* Animals were dosed 5 days/week

**TABLE 7 – ORAL AMIODARONE: CHRONIC TOXICITY STUDIES  
(Continued)**

<b>Species/Strain</b>	<b>Mode of Administration</b>	<b>Dosage in mg/kg per day / Duration</b>	<b>Results</b>
Dog**	Oral (diet)	Dietary control, 30 or 60 / 9 months	<p>One control animal died during the first month of the study and was replaced.</p> <p>There were no abnormal clinical observations or evidence of gastric intolerance in animals receiving amiodarone. Body weights and food intake were unaffected. The only significant laboratory abnormality was a dose-dependent hypercholesteremia. Macroscopic and histological examinations revealed only incidental lesions probably secondary to intercurrent diseases. Organ weights were not markedly different between treated and control animals.</p>

\*\* Report does not identify strain



**TABLE 7 - ORAL AMIODARONE: CHRONIC TOXICITY STUDIES  
(Continued)**

Species/Strain	Mode of Administration	Dosage in mg/kg per day / Duration	Results
Pig*	Oral (diet)	Dietary control, 10, 20, 50 or 150/3 months	<p>At 150 mg/kg, clinical signs of toxicity included ataxia, hypotonia and no weight gain; appetite was not affected. At ½ months, 2 high-dose animals died during blood collecting. An autopsy revealed only gastritis and gastric ulceration. At 2 ½ months, the remaining 2 high-dose pigs were sacrificed in extremis. Autopsy findings were unremarkable. No other mortalities were recorded. Animals in the other treated groups showed no signs of toxicity and weight gains paralleled those of the controls.</p> <p>High-dose animals did not undergo blood tests due to the deaths of 2 animals at the first blood sampling and due to the poor health of the remaining 2 animals. In all other animals, results were within normal limits. Both the treated and control values for a number of the clinical tests were similar between groups.</p> <p>Apart from the gastritis and ulcers noted in animals given 150 mg/kg, no other macroscopic lesions were attributed to drug intake. One control animal also displayed gastritis. Histologically, doses of 10, 20, or 50 mg/kg produced no toxic effects on any organs examined. At the 150 mg/kg dose, there were liver lesions and endocrine (pituitary, thyroid, adrenal) dysfunction in pigs treated for 2 ½ months. In the liver, this was characterized by a disorganization of the hepatic parenchyma, focal necrosis, sclerosed Kiernan's spaces, and brown pigmented macrophages in the interstitial spaces.</p> <p>In the endocrine system, the adrenal cortex showed clusters of lymphomonocytes and hemorrhagic foci principally in the zona fasciculate. In both the zona glomerulosa and zona fasciculata of the adrenal cortex, there was evidence of hyperfunction. In the thyroid, numerous follicle cells that were larger than normal with vacuolar cytoplasm were suggestive of increased activity. In the pituitary of 1 pig in the 150 mg/kg group, the basophilic cells were more numerous and larger than normal.</p>

Pig*	Oral (diet)	Dietary control, 50/10 months	There were no deaths, abnormal behaviour, or clinical signs of toxicity. Increase in body weight was parallel for treated and control animals. No abnormalities were noted for hematology, clinical chemistry, ophthalmic, or macroscopic examinations.
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\* Animals were dosed 5 days/week

**TABLE 8 – ORAL AMIODARONE: CHRONIC TOXICITY STUDIES / CARCINOGENICITY STUDIES**

<b>Species/Strain</b>	<b>Mode of Administration</b>	<b>Dosage in mg/kg per day / Duration</b>	<b>Results</b>
Mouse/BGC3F1	Oral (gavage)	0, 5, 16, 50 / 20 months	<p>No drug-related effects on mortality occurred. Adverse clinical observations mainly consisted of urogenital trauma, resulting from fighting between male cage mates, and palpable masses. The palpable masses were primarily related to the presence of neoplasms. Weight gain and food intake were slightly increased in treated males during the first months of the study only; the effect was not dose related.</p> <p>A dose-related increase in the thyroid weight in both sexes was observed. Macroscopically, thyroid hypertrophy was observed. Histopathologically, a dose-related increase in incidence and degree of hyperplasia was seen in the thyroids of animals from test groups. However, the only tumors of the thyroid were diagnosed as follicular adenomas. These occurred in 1 control animal and in 4 high-dose animals and were within the normal range for this species at this age. No other non-neoplastic or neoplastic change associated with treatment was observed. The remainder of tumors diagnosed were recognized as those that occur commonly in mice. There was no increase in incidence or change in biological type of these tumors in treated animals when compared to controls. In addition, examination of blood smears taken at autopsy showed no treatment-related effect.</p>

**TABLE 8 - ORAL AMIODARONE: CHRONIC TOXICITY STUDIES / CARCINOGENICITY STUDIES  
(Continued)**

Species/Strain	Mode of Administration	Dosage in mg/kg per day / Duration	Results
Rat/Sprague-Dawley CD	Oral (gavage)	0, 5, 16 or 50/104 weeks	<p>No effect on mortality occurred. Drug treatment at 16 and 50 mg/kg per day to males and females induced minor effects including salivation immediately after dosing, staining of the fur/reduced grooming, paddling of the forefeet, reduced food consumption, reduced body weight gain, decreased erythroid values, and increased alkaline phosphatase activity and cholesterol levels. Liver weight was marginally increased in males treated at 50 mg/kg per day.</p> <p>At terminal examination, an increased incidence of pale foci in the lungs of all treated male groups and females given 16 or 50 mg/kg per day, an increased incidence of thyroid enlargement in all treated male groups, increased incidence of liver masses in males given 50 mg/kg per day, and a slightly higher incidence of pancreatic masses in treated male groups were observed. Liver weight was marginally higher in males given 50 mg/kg per day, and thyroid weight was markedly higher in males given 50 mg/kg per day.</p> <p>An increased incidence of neoplastic changes to the thyroid (follicular tumors) occurred in all treated groups. These changes were statistically significant overall for all male groups, but only 16 mg/kg per day and above in the females. Non-neoplastic findings included changes to the thyroid at all dosages, and lung lesions in all treated male groups and in females given 16 or 50 mg/kg per day. Lymph node changes occurred in males and females given 16 or 50 mg/kg per day, and systemic and thymic lesions occurred in males given 50 mg/kg per day.</p>

**TABLE 9 - ORAL AMIODARONE: CHRONIC TOXICITY STUDIES**

Species/Strain	Mode of Administration	Dosage in mg/kg per day / Duration	Results
Dog/Beagle	Oral (gavage)	0, 12.5, 25, 50, 100/ 12 months, plus a 3 month recovery period	<p>Mortality and adverse clinical signs (equilibrium and locomotion disorders, vomiting, diarrhea, tremors) occurred at 25 mg/kg per day and above.</p> <p>Electrocardiograms were altered at 50 and 100 mg/kg per day.</p> <p>Dyslipidosis, characterized by the presence of foam cells was observed at 25 mg/kg per day and above in the lymph nodes and lungs. In the lung, these lesions appeared to be totally reversible after 3 months without treatment at 25 mg/kg per day. The dyslipidosis could be related to the increases in total and esterified cholesterol (without any modification of the ratio), together with a moderate but inconsistent increase in triglycerides and phospholipids. A malabsorption syndrome occurred in some animals treated at 100 mg/kg per day. This syndrome was characterized by diarrhea, vomiting, anorexia, weight loss, and partial or subtotal jejunal villi atrophy accompanied by the presence of foam cells observed histologically.</p> <p>Changes in thyroid function were characterized by an increase in T<sub>4</sub> at dose levels of 12.5 mg/kg per day and above, without any variation in T<sub>3</sub> levels or the thyroid weight. There were no pathological changes in this organ attributed to drug treatment. The increase in T<sub>4</sub> was reversible by the end of the recovery phase. Minor adverse effects such as cholestasis and nonspecific changes such as regression or disappearance of the thymus, amyotrophy, and altered spermatogenesis in males were also recorded at dosage levels of 50 and 100 mg/kg per day.</p>

**Reproductive Toxicity**

Reproductive toxicology studies were performed by oral administration. Amiodarone was administered by oral gavage to mice, rats, and rabbits. In addition, the mutagenic potential was assessed in studies supporting the oral formulation.

**TABLE 10 - ORAL AMIODARONE: REPRODUCTIVE STUDIES**

<b>Species/Strain</b>	<b>Mode of Administration</b>	<b>Dosage in mg/kg per day / Duration</b>	<b>Results</b>
Mouse/NMRI	Oral (gavage)	0 (water control), 5, 50 or 100 / gestation days 1 to 15	Drug treatment did not result in any fetal malformations in the mouse.  However, there was a clear drug-related reduction in litter size due to an increase in the number of resorptions. It was concluded from this study that amiodarone was embryotoxic to mice. Since signs of maternal toxicity were not recorded in this study, no statement can be made about an association between maternal and fetal toxicity.
Mouse/Charles River	Oral (gavage)	0 (vehicle control), 5, 50 or 100 / Gestation days 1 to 16; 50 mg/kg in an additional group / Gestation days 6 to 16	Drug treatment (50 mg/kg) administered from days 6 to 16 gestation did not appear to be toxic to the fetus. In doses of 5, 50 and 100 mg/kg administered from days 1 to 16 gestation, the drug did not reduce the number of implantations or cause fetal malformations. The study demonstrated no teratogenicity in mice.

**TABLE 10 - ORAL AMIODARONE: REPRODUCTIVE STUDIES  
(Continued)**

Species/Strain	Mode of Administration	Dosage in mg/kg per day / Duration	Results
Rat/OFA/ Sprague-Dawley:	Oral (gavage)	<p>Vehicle control, 10, 30, 60 or 90 / <i>Males</i> – 64 days prior to mating and throughout the mating period.</p> <p><i>Females</i> - 64 days prior to mating, throughout the mating period, gestation, and until termination on day 21 postpartum.</p>	<p>There were no effects on F<sub>0</sub> survival, clinical observations, or postpartum observations. Body weight gain of females given 60 mg/kg was slightly decreased beginning at week 8, and that of females given 90 mg/kg was decreased throughout the mating and gestation periods. This depression may have resulted from the significantly reduced litter weights and sizes of these groups. Body weight gain of males was marginally reduced only at the highest dose. Food consumption was similar in all groups. There was no effect on estrus cyclicity and pre-coital interval. However, the fecundity index was significantly depressed in the 90 mg/kg group.</p> <p>Drug treatment had no adverse effect on parturition, although 1 female in the 60 mg/kg group died suddenly after delivering 9 live fetuses. During the lactation period, the mean body weight gain of the females was significantly depressed in the highest dose group for the first 10 days; other groups gained weight normally.</p> <p>There were no observed drug-related abnormalities among the offspring. Postnatal viability was reduced in the 90 mg/kg group. Growth and functional development of offspring were similar in all groups, except in the 90 mg/kg group where body weight gain of offspring was markedly depressed from day 1 to day 10 postpartum but not thereafter.</p> <p>Terminal necropsy of adults and of offspring which were not selected for continuation of the study did not reveal any treatment-related abnormalities.</p> <p>The functional development of the special senses (hearing and vision) and reflexes of the offspring was comparable in all treated and control groups as was the body weight gain from 40 days postpartum onwards and of estrus cycles from day 80 to day 100 postpartum.</p>

**TABLE 10 - ORAL AMIODARONE: REPRODUCTIVE STUDIES (Continued)**

<b>Species/Strain</b>	<b>Mode of Administration</b>	<b>Dosage in mg/kg per day / Duration</b>	<b>Results</b>
Rat/Wistar	Oral (gavage)	Water control and 200 / gestation days 1 to 21	<p>Drug-treated females demonstrated adverse physical examination findings (listless, shaggy, and dull fur) and reduced weight gain. Conjunctivitis and a nasal suppuration mixed with blood were observed in several of the treated rats. Six (6) of the 30 treated rats died during the study. These animals were observed to have macerations of the abdominal viscera and severe enteritis. Excluding deaths, the percentage of successful matings was comparable in the treated and control groups.</p> <p>Drug treatment (200 mg/kg) was associated with embryotoxicity. The number of resorptions expressed as a percentage of pregnancies or as a percentage of implantations was significantly increased in the treated group as compared to controls. The percentage of females presenting fetuses with major deformities as well as the percentage of fetuses with major deformities was increased in the treated group. Given the limited number of viable litters from the treated rats, however, no conclusions regarding teratogenicity can be drawn. The mean weight of fetuses from the treated group was also slightly less than the control group.</p>



**TABLE 10 - ORAL AMIODARONE: REPRODUCTIVE STUDIES (Continued)**

<b>Species/Strain</b>	<b>Mode of Administration</b>	<b>Dosage in mg/kg per day / Duration</b>	<b>Results</b>
Rat/Sprague-Dawley:	Oral (gavage)	0 (water control), 10, 30, or 90 / 64 days pre-mating, during mating, and from gestation day 1 to 19 (females only)	<p>Prior to mating, treated animals showed no changes in behaviour, food consumption, or estrus cyclicity. Mean body weight gain was slightly depressed in females receiving 90 mg/kg. Although seven deaths occurred during the pre-mating period, none were considered related to amiodarone treatment.</p> <p>The mating period tended to be shorter in the treated groups than controls, though not significantly shorter. There was a significant increase in the number of barren matings in the 90 mg/kg group.</p> <p>The decrease in number of corpora lutea and implantation sites among dams of the highest dose treatment group may partially explain the reduced fertility rate. Because total litter loss due to resorption occurred in 1 or 2 of the dams from each treatment group and none occurred in the control group, the percentage of resorbed fetuses was higher in the treated groups than in the control group. Discounting these total litter losses, no significant increase in fetal resorptions occurred in any of the treated groups.</p> <p>No teratogenicity was observed. The number of fetuses which presented minor abnormalities (most commonly incomplete skeletal ossification) was significantly greater in the treated groups compared to controls. However, these minor abnormalities resulted primarily from fetal growth retardation, which is a reversible phenomenon, and are not indicative of a true teratogenic event. Thus, it was concluded that amiodarone was without teratogenic potential in rats.</p>

**TABLE 10 - ORAL AMIODARONE: REPRODUCTIVE STUDIES  
(Continued)**

<b>Species/Strain</b>	<b>Mode of Administration</b>	<b>Dosage in mg/kg per day / Duration</b>	<b>Results</b>
Rat/Sprague-Dawley	Oral (gavage)	0 (vehicle control), 10, 30, or 90 / gestation day 14 to postpartum day 21	<p>There were no clinical signs of toxicity and no rats died. A decrease in mean maternal weight gain was observed beginning on gestation day 16 in the 90 mg/kg treatment group. No differences in weight gain were seen during lactation.</p> <p>The duration of gestation was unchanged and parturition was unaffected by amiodarone treatment. The mean live litter size and sex ratio were comparable in treated and control groups. The mean fetal weights were significantly reduced (18% smaller than control) only at 90 mg/kg. This difference was increased on days 4 and 10 of neonatal life (-29% and -31%, respectively, but remained stable thereafter. Although the number of young born to treated females of this group was the same as in the control group, neonatal mortality was higher. Of those terminal offspring, one-third died between birth and day 4, and the remaining two-thirds died between day 5 and weaning.</p> <p>Necropsy revealed no abnormalities related to drug intake in any of the offspring sacrificed on day 21. One offspring from the 10 mg/kg group exhibited agenesis of the right hind limb and a short tail.</p>
Rat/Sprague-Dawley	Oral (gavage)	0 (water control), 5, 50, or 100 / gestation days 1 to 15	<p>Drug treatment did not have any toxic effect on fetuses of rats at administered doses up to 100mg/kg. The ratio of the number of living fetuses counted at term to the number of implantation sites was not significantly different in treated and untreated groups. None of the fetuses examined showed any external malformations, microscopic or skeletal abnormalities.</p>
Rabbit/Belgian Hare	Oral (gavage)	0 (water control), 5, 50, or 100 / gestation days 1 to 18	<p>Neither the number of implantations or live fetuses observed at sacrifice appeared to vary among treated and control groups. The number of resorptions was higher than control in the low and mid-dose treatment groups, but was lower in the high-dose group. Drug treatment did not affect the fecundity of the animals. Examination of the fetuses revealed no malformations.</p>

**TABLE 11 - MUTAGENICITY STUDIES**

<b>Study</b>	<b>Test System</b>	<b>Concentrations</b>	<b>Conclusions</b>
Ames Test	<i>S. typhimurium</i> Tester Strains TA98 TA100 TA1535 TA1537 TA1538	Not identified	No evidence of mutagenicity occurred in the presence or absence of S-9.
Lysogenic Induction Test	Bacterial Strains GY5027 GY4015	Not identified	At concentrations that approached toxic levels (100 micrograms/dish), no increase in spontaneous lysis occurred.
Micronucleus Test	Mouse/Charles River	50, 100, 225 mg/kg (each animal received 2 intraperitoneal injections administered over a 24 hour period).	No increase in the number of micronuclei per 200 polychromatic erythrocytes was induced by drug treatment.


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**PART III: CONSUMER INFORMATION**

**Pr pendo-AMIODARONE  
Amiodarone Tablets, BP**

This leaflet is part III of a three-part “Product Monograph” published when pendo-AMIODARONE was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about pendo-AMIODARONE. Contact your doctor or pharmacist if you have any questions about the drug.

**ABOUT THIS MEDICATION**

**What the medication is used for:**

- Treatment of certain abnormal heart rhythms (arrhythmias).

**What it does:**

- pendo-AMIODARONE has been prescribed to you by your doctor to restore or maintain a normal heart rhythm.

**When it should not be used:**

- Do not use pendo-AMIODARONE if you are allergic to it or to any of the components of its formulation (see full list of components below). Contact your doctor **immediately** if you experience an allergic reaction or any severe or unusual side effects.
- Do not use pendo-AMIODARONE if you have hepatitis, thyroid problems, or pulmonary disease (certain lung problems).

**What the medicinal ingredient is:**

pendo-AMIODARONE is available in tablets containing 200 mg as amiodarone hydrochloride.

**What the nonmedicinal ingredients are:**

The non-medicinal ingredients in pendo-AMIODARONE tablets are: colloidal silicon dioxide, FD&C Red dye No. 40 Lake, lactose monohydrate, magnesium stearate, povidone and sodium starch glycolate.

**What dosage forms it comes in:**

pendo-AMIODARONE 200 mg is available as an oral tablet.

**WARNINGS AND PRECAUTIONS**

**Serious Warnings and Precautions**

- pendo-AMIODARONE is intended for use only in patients with the indicated life-threatening arrhythmias because its use is accompanied by substantial toxicity.
- Pulmonary fibrosis (permanent scarring of the lungs) can occur and can be fatal.
- Like other antiarrhythmics, pendo-AMIODARONE can worsen or start an irregular heartbeat (arrhythmias).
- Liver injury is common with pendo-AMIODARONE, but is usually mild, however it can be serious **and even fatal** in some cases.

**BEFORE you use pendo-AMIODARONE talk to your doctor if:**

- you have hepatitis, thyroid problems or lung abnormalities,
- you are breast feeding, pregnant or planning on becoming pregnant,
- anticipate undergoing any surgery,
- you have any allergies to this drug or its ingredients or components of the container,
- you are taking any medications (see **INTERACTIONS WITH THIS MEDICATION**).

**Precautions when taking pendo-AMIODARONE**

Consult your doctor if you experience these or other side effects, as the dose may have to be adjusted:

- pendo-AMIODARONE may cause a worsening of the existing arrhythmias or precipitate a new arrhythmia.
- Both hyper- and hypothyroidism (too much or too little thyroid hormone released into the blood by the thyroid gland) may occur during, or soon after treatment with pendo-AMIODARONE.
- One of the most serious complications is pulmonary (lung) toxicity, characterized by scarring or inflammation of the lungs. Clinical symptoms include cough, progressive shortness of breath, accompanied by weight loss and weakness.
- pendo-AMIODARONE induces photosensitization in about 10% of patients. Sunscreen preparations or protective clothing may afford some protection to individual patients experiencing

photosensitization. Blue-grey discoloration of exposed skin has been reported during long-term treatment. With discontinuation of therapy, the pigmentation fades slowly over a period of up to several years. The risk may be increased in patients of fair complexion or those with excessive sun exposure, and may be related to cumulative dose and duration of therapy.

- Loss of vision or other visual disturbances such as visual halos or blurred vision.
- Symptoms of nerve damage (peripheral neuropathy) such as pain, burning, or numbness.

### INTERACTIONS WITH THIS MEDICATION

You should ensure that your doctor and pharmacist know all the medicines you are taking, prescription, non-prescription or herbal.

#### Drugs that may interact with pendo-AMIODARONE include:

Azoles, Cholestyramine, Beta blockers (e.g., propranolol), Calcium channel antagonists (e.g., verapamil), Cholesterol-lowering medications (e.g., simvastatin, atorvastatin), Cimetidine, Cyclosporine, Digitalis, Digoxin, Disopyramide, Fentanyl, Flecainide, Fluoroquinolones, Lidocaine, Macrolide Antibiotics, Phenytoin, Procainamide, Protease inhibitors (e.g., indinavir), Quinidine, Warfarin.

**Grapefruit Juice and the herbal preparation St. John's Wort may also interact with pendo-AMIODARONE.**

### PROPER USE OF THIS MEDICATION

#### Usual Adult Dose:

- It is very important that you take **pendo-AMIODARONE** exactly as your doctor has instructed.
- Never increase or decrease the amount of **pendo-AMIODARONE** you are taking unless your doctor tells you to.
- Loading Dose: normally 800 to 1600 mg/day for 1 to 3 weeks (occasionally longer). Maintenance Dose: normally 600 to 800 mg/day for one month and then 200 to 400 mg/day (occasionally 600 mg/day).
- **pendo-AMIODARONE** may be taken as a

single daily dose, or in patients with severe gastrointestinal intolerance, as a twice a day dose.

#### Overdose:

##### **What to do in case of overdose**

In case of drug overdose, contact a health care practitioner, hospital emergency department or regional Poison Control Center immediately, even if there are no symptoms.

#### Missed Dose:

If you happen to miss a dose, do not try to make up for it by doubling up on the dose next time. Just take your next regularly scheduled dose and try not to miss any more.

### SIDE EFFECTS AND WHAT TO DO ABOUT THEM

- You may experience side effects with the use of **pendo-AMIODARONE**.

North American experience with chronic oral amiodarone hydrochloride therapy suggest that amiodarone associated adverse drug reactions are very common, having occurred in approximately 75% of patients taking 400 mg or more per day. The most serious adverse effects associated with the use of amiodarone hydrochloride involve your lungs, irregularities of your heart beat and hepatitis. Symptoms that suggest side effects relating to lung inflammation or scarring include: progressive shortness of breath, cough, weakness and weight loss. Symptoms that may suggest an irregularity of heart beat include: fainting, dizziness, light-headedness, weakness and chest pain.

Your doctor should monitor your blood for liver function. The following symptoms may be signs of liver problems: prolonged nausea and vomiting, abdominal pain or discoloration of the skin.

Other symptoms causing discontinuations less often have included disturbances of vision, reactions of the skin to sunlight, blue skin discoloration, eczema, hyperthyroidism and hypothyroidism.

Hypotension (low blood pressure), while seen, is uncommon (less than 1%) during amiodarone hydrochloride tablets therapy. Chronic (i.e., long-term) administration of amiodarone hydrochloride tablets in rare instances may lead

to the development of nerve damage (peripheral neuropathy) that may resolve when amiodarone hydrochloride is discontinued, but this resolution has been slow and incomplete (see Precautions when taking **pendo-AMIODARONE**).

**Should you experience any of these while taking pendo-AMIODARONE, consult your doctor immediately.**

**SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM**

Symptom / effect	Talk with your doctor or pharmacist In all cases	Stop taking drug and seek immediate emergency medical assistance
Tremor/abnormal involuntary movements, lack of coordination, abnormal gait, dizziness		√
Blue skin discolouration		√
Low blood pressure (fainting episodes, severe dizziness)		√
Shortness of breath, chest pain, irregular heart beat, racing heart	√	
Bleeding abnormalities (excessive bruising, easy bleeding (e.g., when brushing teeth))	√	
Visual disturbances (halos or blurred vision), visual impairment	√	
Vomiting, abdominal pain, diarrhea	√	
Solar dermatitis/ photosensitivity (skin becomes sensitive to light)	√	
Paresthesias (sensation of tingling, burning, crawling of the skin) and Peripheral motor and sensory neuropathies (e.g., muscular weakness)	√	
Cognitive disturbances (e.g., confusion, inability to concentrate)	√	
Liver problems (e.g., yellowing skin or eyes, abdominal pain or vomiting)	√	
Alopecia (loss of hair)	√	

*This is not a complete list of side effects. For any unexpected effects while taking pendo-AMIODARONE, contact your doctor or pharmacist.*

**HOW TO STORE IT**

- Keep bottle tightly closed.
- Store between 15°C and 25°C.
- Protect from light and excessive heat
- Keep out of reach of children.

**REPORTING SUSPECTED SIDE EFFECTS**

You can report any suspected adverse reactions associated with the use of health products to the Canada Vigilance Program by one of the following 3 ways:

- Report online at [www.healthcanada.gc.ca/medeffect](http://www.healthcanada.gc.ca/medeffect)
- Call toll-free at 1-866-234-2345
- Complete a Canada Vigilance Reporting Form and:
  - Fax toll-free to 1-866-678-6789, or
  - Mail to: Canada Vigilance Program  
Health Canada  
Postal Locator 0701E  
Ottawa, ON K1A 0K9

Postage paid labels, Canada Vigilance Reporting Form and the adverse reaction reporting guidelines are available on the MedEffect™ Canada Web site at [www.healthcanada.gc.ca/medeffect](http://www.healthcanada.gc.ca/medeffect).

NOTE: Should you require information related to the management of side effects, contact your health professional. The Canada Vigilance Program does not provide medical advice.

**MORE INFORMATION**

This document plus the full product monograph, prepared for health professionals can be obtained by contacting Pendopharm, a division of Pharmascience Inc., at 1-888-550-6060.

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**REMINDER: This medicine has been prescribed only for you. Do not give it to anybody else. If you have any further questions, please ask your doctor or pharmacist.**