# PRODUCT MONOGRAPH

PrVITRASERT\*
(Sterile Ganciclovir Intravitreal Implant)

4.5 mg

**Antiviral Agent** 

Bausch & Lomb Inc. 1400 N Goodman St. Rochester NY USA 14609

Imported in Canada by: Bausch & Lomb Canada Inc 3762 14<sup>th</sup> Ave, Second Floor Markham ON L3R 0G7

Control # 096412

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Date of Preparation January 13, 2005

### **Product Monograph**

### VITRASERT

### ACTION AND CLINICAL PHARMACOLOGY

Ganciclovir is a synthetic nucleoside analogue of 2-deoxguanosine that inhibits replication of herpes viruses both in vitro and in vivo. Sensitive human viruses include cytomegalovirus (CMV) herpes simplex virus – 1 and – 2 (HSV-1, HSV-2), Epstein – Barr virus (EBV) and varicella zoster virus (VZV). Clinical studies have been limited to assesstment of efficacy in patients with CMV infection.

Median effective inhibitory doses (ED50) of ganciclovir for human CMV isolates tested in vitro in several cell lines ranged from 0.2 to 3.0 μg/mL. The relationship between in vitro sensitivity of CMV to ganciclovir and clinical response has not been established. Ganciclovir inhibits mammalian cell proliferation in vitro at higher concentrations (10 to 60 μg/mL), with bone marrow colony forming cells being most sensitive (LD 50 ≥ 10 μg/mL of those cells tested.

Emergence of viral resistance has been reported based on in vitro sensitivity testing of CMV isolates from patients receiving intravenous ganciclovir treatment. The prevalence of resistant isolates is unknown, and there is a possibility that some patients may be infected with strains of CMV resistant to ganciclovir. Therefore the possibility of viral resistance should be considered in patients who show poor clinical response.

### Clinical Pharmacokinetics

In a clinical trial of Vitrasert Implants, 26 patients (30 eyes) received a total of 39 primary implants and 12 exchange implants (preformed 32 weeks after the implant was inserted or earlier if progression of CMV retinitis occurred. Because most of the exchanged implants were empty the time the implant actually ran out of drug was unknown, and a precise in vivo release rate could not be calculated. However approximate in-vivo release rates could be determined for the exchanged implants, which ranged from 1.00µg/h to more than 1.62 µg/h.

In 14 implants (3 exchanged, 11 autopsy) in which the in-vivo release rate could accurately be calculate, the mean release rate was 1.40ug/h, with a range from 0.5 to 2.88 µg/h. The mean vitreous drug levels in eight eyes (4 collected at the time of retinal detachment surgery: 2 collected from autopsy eyes within 6 hours of death and prior to fixation; 2 collected from implant exchanges) was 4.1µg/h

Drug delivery

The implant is non-erodible reservoir drug delivery platform. Devices of this classification have a general mechanism controlling the delivery that is outlined in the following figure.

The drug active agent (i.e. ganciclovir) disolutes from the solid dosage form by the incoming solvent molecules (i.e. water). Once the drug is in solution, the drug or solute can then diffuse across the polymer membrane to the surrounding media. The polymer membrane controls the rate of the diffusion to the surrounding media. This mass transport is described by the following expression, derived from Frick's law.

 $\frac{dM_t}{dt} = \underbrace{ADK\Delta C}_{1}$ 

Where Mt, is the mass of drug released after time t, A is the surface area of the diffusion port D, is the diffusion coefficient of the drug in the membrane, K is the partition coefficient, I is the thickness of the membrane and  $\Delta C$  is the concentration gradient across the membrane. If all the components remain constant, the mass transport is concentration independent and is described as a zero order release. This basis model fits reasonably well for the ganciclovir implant based upon the measured release rate release profiles for the implant test, both short and long term *in vitro*.

## INDICATIONS AND CLINICAL USE

The Vitrasert (ganciclovir) Implant is indicated for the treatment of CMV retinitis in patients with acquired immunodeficiency sysdrome (AIDS). The Vitrasert Implant is for intravitreal implantation only.

The dignosis of CMV retinitis is ophthalmologic and should be made by indirect ophthalmoscopy. Other conditions in the differential diagnosis of CMV retinitis include candidiasis, taxoplasmosis, histoplasmosis, retinal scars, and cotton wool spots, any of which may produce a retinal appearance similar to CMV. For this reason, it is essential that the diagnosis of CMV be established by a physician familiar with the retinal presentation of these conditions.

Clinical trials

In a randomized, controlled parallel group trial conducted between May 1993 and

December 1994 treatment with the Vitrasert Implant was compared to treatment with
intravenous ganciclovir (Cytovene –IV Roche), in 188 patients with AIDS and newly

diagnosed CMV retinitis. Patients randomized to the Cytovene IV treatment group received Cytovene IV solution at induction doses (5mg/kg twice daily) for 14 days, followed by maintenance dosing (5mg/kg once daily) Based on masked assessment of fundus photographs the median time to progression was approximately 210 days of the Vitrasert Implant Treatment group compared to approximately 120 days for the intravenous treatment group.

### CONTRAINDICATIONS

The Vitrasert Implant (ganciclovir) is contraindicated in patients with hypersensitivity to ganciclovir or acyclovir, and in patients with any contraindications for intraocular surgery such as external infection or sever thrombocytopenia.

### WARNINGS

CMV retinitis may be associated with CMV disease elsewhere in the body. The Vitrasert Implant (ganciclovir) provides localized therapy limited to the implanted eye. The Vitrasert Implant does not provide treatment for systemic CMV disease. Patients should be monitored for extraocular CMV disease.

As with other surgical procedure, there is risk involved. Potential complications accompanying intraocular surgery to place the Vitrasert Implant in the vitreous cavity may include, but are not limited to, the following: vitreous loss, vitreous hemorrhage, cataract formation, retinal detachment, uveitis, endophthalmitis, and decrease in visual acuity.

Following implantation of the Vitrasert Implant, nearly all patients will experience an immediate and temporary decrease in visual acuity in the implanted eye which lasts for approximately two to four weeks post-operatively. This decrease in visual acuity is likely a result of the surgical implantation procedure.

#### PRECAUTIONS

As with all intraocular surgery, sterility of the surgical field and the Vitrasert Implant (ganciclovir) should be rigorously maintained. The Vitrasert Implant should be handled only by a suture tab in order to avoid damaging the polymer coatings since this could affect release rate of ganciclovir inside the eye. The Vitrasert Implant should not be resterilized by any method.

A high level of surgical skill is required for implantation if the Vitrasert Implant. A surgeon should have observed or assisted in surgical implantation of the Vitrasert Implant prior to attempting the procedure.

Drug Interactions

No drug interactions have been observed with the Vitrasert Implant. There is limited experience with use of retinal tamponades in conjunction with the Vitrasert Implant.

Used in Pregnancy:

Ganciclovir has been shown to be embryotoxic in rabbits and mice following intravenous administration and teratogenic in rabbits. Fetal resorptions were present in at least 85% of rabbits and mice administered 60mg/kg/day and 108mg/kg/day, respectively. Effects observed in rabbits included: fetal growth retardation, embryolethality, teratogenicity and /or maternal toxicity. Teratogenic changes included cleft palate, anophthalmia/microphthalmia, aplastic organs (kidney and pancreas, hydrocephaly, and brachynathia. In mice, effects observed were maternal/fetal toxicity and embryolethality. Daily intravenous doses of 90mg/kg administered to female mice prior to mating, during gestation, and during lactation caused hypoplasia of the testes and seminal vesicles in the month old male offspring, as well as pathologic changes in the nonglandular region of the stomach.

Although each Vitrasert Implant contains from 4.5 to 6.4 mg of ganciclovir, which is released locally in the vitreous, there are no adequate and well controlled studies in pregnant women on the effects of the Vitrasert Implant. Therefore, the Vitrasert Implant should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Impairment of fertility
Ganciclovir caused decreased mating behavior, decreased fertility, and an increased
incidence of embryolethality in female mice following intravenous doses of
90mg/kg/day. Ganciclovir caused decreased fertility in male mice and
hypospermatogenesis in mice and rats following daily oral or intravenous administration
of doses ranging from 0.2 – 10mg/kg.

Nursing Mothers
It is now known whether ganciclovir from the Vitrasert Implant is excreted in human milk. Daily intravenous doses of 90mg/kg administered to female mice prior to mating, during gestation, and during lactation caused hypoplasia of the testes and seminal vesicles in the month old offspring, as well as pathologic changes in the non-glandular region of the stomach. Because many drugs are excreted in human milk and, because carcinogenicity and teratogenicity effects occurred in animals treated with ganciclovir, mothers should be instructed to discontinue nursing if they have a Vitrasert Implant.

Pediatric Use
There have been no studies conducted in pediatric patients. Safety and effectiveness was observed, however, in two patients aged 11 and 9 who received the Vitrasert Implant in an open label trial.

### **Information to Patients**

The Vitrasert Implant is not a cure for CMV retinitis, and some immunocompromised patients may continue to experience progession of retinitis with the Vitrasert Implant.

Patients should be advised to have ophthalmologic follow-up examinations of both eyes at appropriate intervals following implantation of the Vitrasert Implant.

As with any surgical procedure, there is a risk involved. Potential complications

accompanying intraocular surgery to place the Vitrasert Implant into the vitreous cavity may include, but are not limited to, the following: intraocular infection or inflammation, detachment of the retina, and formation of cataract in the natural crystalline lens.

Following implantation of the Vitrasert Implant (ganciclovir), nearly all patients will experience an immediate and temporary decrease in visual acuity in the implanted eye which lasts for approximately two to four weeks post-operatively. This decrease in visual

The Vitrasert Implant (ganciclovir) only treats eyes in which it has been implanted. Additionally, because CMV is a systemic disease, patients should be monitored for extraocular CMV infections (e.g. pneumonitis, colitis) in the body.

acuity is likely a result of the surgical implant procedure.

Patients should be advised that ganciclovir has caused decreased sperm production in animals and may cause infertility in humans. Woman of childbearing potential should be advised that ganciclovir causes birth defects, including hypoplastic testes in animals and should not be used during pregnancy.

Patients should be advised that ganciclovir has caused tumors in animals. Although there is no information from human studies, ganciclovir should be considered a potential carcinogen.

### ADVERSE REACTIONS

During clinical trials, the most frequent adverse events seen in patients treated with the Vitrasert Implant (ganciclovir) involved the eye.

During the first two months following implantation, visual acuity loss of 3 lines or more, vitreous hemorrhage, and retinal detachments occurred in approximately 10-20% of patients. Cataract formation/lens opacities, macular abnormalities, intraocular pressure spikes, optic disk/ nerve changes, hyphemas and uveitis occurred in approximately 1-5%. Adverse reactions with an incidence of less than 1% were:retinopathy, anterior chamber cell and flare, sychenia, hemorrhage (other than vitreous), cotton wool spots, keratopathy, astigmatism, endophthalmitis, microangiopathy, sclerosis, choroiditis, chemosis, phthisis bulbi, angle closure glaucoma with anterior chamber shallowing, vitreous detachment, vitreous traction, hypotony, severe post operative inflammation, retinal tear, retinal hole, corneal dellen, choroidal folds, pellet extrusion from scleral wound and gliosis.

# SYMPTOMS AND TREATMENT OF OVERDOSAGE

There is no information available on the symptoms and treatment of overdosage of ganciclovir from the Vitrasert Implant device in the treated eye. Systemic ganciclovir overdosage from the implant is unlikely to occur.

Henry et al., 1987, investigated serum levels of ganciclovir 48 hours after a 200  $\mu g$  (0.1mL) intravitreal injection of ganciclovir. In this study, serum levels could not be established since they were below the detection of level of the assay, which was 0.4 $\mu$ M. For this reason, it was considered useful to analyze serum samples for ganciclovir levels after the Vitrasert implantation. In a "worst case scenario", that is if the total amount of ganciclovir contained in an implant (4.5-6.0 mg) were to be released into the vitreous (approximately 5mL), all at once, the resulting concentration would be 0.9-1.2mg/mL, or approximately 4.1  $\mu$ M. Assuming instantaneous distribution into plasma, with a volume of approximately 3 liters, the resulting concentration would be 1.5-2.0  $\mu$ g/mL or 6.8 nanoM, which is approximately 60 fold lower than the detection limit of the assay.

# DOSAGE AND ADMINISTRATION

Each Vitrasert Implant (ganciclovir) contains a minimum of 4.5mg of ganciclovir, and is designed to release the drug over a 5 to 8 month period of time. Following depletion of ganciclovir from the Vitrasert Implant, as evidenced by progression of retinitis, the Vitrasert Implant may be removed ad replaced.

### PHARMACEUTICAL INFORMATION

### A. DRUG SUBSTANCE

Chemical Name 9-[[2-hydroxy-1-(hydroxymethyl)ethoxy]methyl]guanine

Appearance: White to off-white crystalline powder

Physical form: Solid

Solubility: 4.3mg/mL at 25° C in water. Soluble DMSO

Melting Point: Approximately 250° C with decomposition

Boiling Point: Not applicable

Molecular Weight: 255.23

n-octanol water partition coefficient: 0.022

pKa: 2.2, 9.4

CAS No.: CAS-82410-32-0

Chemical Formula C, H<sub>13</sub>N<sub>5</sub>O<sub>4</sub>

Structural formula

## PHARMACEUTICAL INFORMATION

### B. COMPOSITION

Active Ingredient Ganciclovir mg/implant 4.5-6.4

Inactive Ingredient
Magnesium stearate, NF

 $0.0015 \pm 0.0015$ 

Composition of Polymer Coatings

Polyvinyl alcohol (98% Hydrolized) Ethylene Vinyl acetate (40% Hydrolized)

Composition of Suture Tab

Polyvinyl alcohol (98% hydrolyzed)

Raw Materials used in the manufacture of PVA and EVA Films (not present in the finished product)

Sterile Water for Injection, USP

\*These inactive ingredients are used in the manufacture of the polymer coatings that surround the ganciclovir tablet.

# STABILITY AND STORAGE CONDITIONS

The Vitrasert Implant (ganciclovir) is to be stored at room temperature, 15° – 30° C (59°-86°F) Protect from freezing, excessive heat and light.

## AVAILABILITY OF DOSAGE FORM

The Vitrasert Implant (ganciclovir) is an intravitreal implant. Each implant contains a minimum of 4.5mg of ganciclovir. Each implant is packaged in individual unit cartons in a sterile tyvek pouch.

## INFORMATION FOR THE CONSUMER

The Vitrasert Implant (ganciclovir) is not a cure for CMV retinitis, and some immunocompromised patients may continue to experience progression of retinitis with the vitrasert implant. Patients should beadvised to have ophthalmologic follow-up examination of both eyes at appropriate intervals following implantation of the Vitrasert Implant.

As with any surgical procedure, there is a risk involved. Potential complications accompanying intraocular surgery to place the Vitrasert Implant into the vitreous cavity may include, but are not limited to, the following: intraocular infection, or inflammation, detachment of the retina, and formation of cataracts in the natural crystalline lens.

Following Implantation of the Vitrasert Implant, nearly all patients will experience an immediate and temporary decrease in visual acuity in the implanted eye which lasts for approximately two to four weeks post-operatively. This decrease in visual acuity is likely as result of the surgical implant procedure.

The Vitrasert Implant only treats eyes in which it has been implanted. Additionally, because CMV is a systemic disease, patients should be monitored for CMV infection in the untreated, initially disease free eye and for extraocular CMV infections (e.g. pneumonia, colitis) in the body.

Patients should be advised that ganciclovir has caused decreased sperm production in animals and may cause infertility in humans. Women of childbearing potential should be advised that ganciclovir causes birth defects in animals and should not be used during pregnancy.

Patients should be advised that ganciclovir has caused tumor in animals. Although there

is no information from human studies, ganciclovir should be considered a potential carcinogen.

### **PHARMACOLOGY**

The Vitrasert Implant (ganciclovir) provides for the localized treatment of cytomegalovirus (CMV) retinitis resulting in minimal systemic exposure compared to currently approved induction and maintenance therapies. Therefore, additional ADME studies of the Vitrasert Implant were not justified.

Local administration of ganciclovir with an intravitreal ganciclovir implant whose putative intraocular delivery is approximately 24-48 µg/day will result in substantially lower systemic concentration than the systemic dosing described in the literature. Therefore, the pharmacokinetics parameters associated with the systemic distribution and fate of ganciclovir should not be affected adversely by localized dosing, and not further pharmacokinetics were performed.

## **TOXICOLOGY**

Both I.V. and oral ganciclovir (Roche: Cytovene) have been approved in Canada for use in treating cytomegalovirus (CMV) retinitis in patients with AIDS. High systemic levels of drug are required to achieve efficacious intravitreal drug levels. The Vitrasert Implant (ganciclovir) provides efficacious levels of drug in the vitreous through localized delivery. Consequently, the toxicity problems related to the high systemic concentrations required for intravenous or orally administered ganciclovir are eliminated.

Studies focusing on the biocompatibility and toxicity of the implant and its polymer coating were conducted by the original sponsor (Chiron). These studies are summarized

in Table I (Toxicity Studies) and Table 2 (Biocompatibility of the Polymer Films). Biocompatibility tests were performed according to the "Tripartite Biocompatibility Guidance for Medical Devices for Internal Devices in Longer Term Contact with Tissue and Tissue Fields" on sandwich films of the PVA and EVA polymers contained in the intravitreal ganciclovir implant. A film of EVA was sandwiched between two films of PVA. The resulting sandwich film (PVA/EVA/PVA) was cured and processed in a manner equivalent to the processing of the intravitreal ganciclovir implant.

Table 1 -- Toxicity Studies

KESOLIS	With the exception of fibrin (noted in all 12 test animals at termination), the gross ocular responses observed during the study period improved with time. The presence of fibrin observed both grossly and microscopically, suggest that a more sustained inflammatory response occurred in the test eyes than occurred in the treated control eyes. This presence of fibrin associated with the implant is considered to be clinically significant. No other finding can be attributed to implantation with the implant.	Mean intravitreal ganciclovir levels of 9 mg/L (2μg/hr implant) and 16 mg/L (5μg/hr implant) were maintained for more than 80 days and 42 days, respectively. The implants were well tolerated in the rabbit eye, with no evidence of intraocular inflammation observable with indirect ophthalmoscopy. Lens opacification was observed in some rabbits, however, it could have been caused by trauma resulting from frequent vitreous sampling, as no lens opacification occurred in either control or 2μg/hr implant eyes from which vitreous samples were not collected after the rabbit was sacrificed. Additionally, no lens opacification was observed in eyes of rabbits receiving an un-coated 6 mg pellet of ganciclovir.
PROCEDURE	The right eye of each rabbit in the test group (12 male and 12 female) was implanted with the implant. The right eye of each rabbit in the control group (6 male) was implanted with the PVA suture tab. The left eye of each animal served as an untreated control.  There was an interim sacrifice of 12 animals at 3 months, and the remainder were sacrified at 6 months.	Implants that released ganciclovir at approximately 2 µg/hr and 5 µg/hr in vitro were implanted into the vitreous of rabbit eyes.
PURPOSE	To evaluate the biocompatibility of the intravitreal ganciclovir implant in the vitreous of the rabbit eye for 6 months	To evaluate the toxicity and release-rate characteristics of intravitreal ganciclovir implants in rabbits
SPECIES	30 Dutch Belted Rabbits	Rabbits
STUDY	Biocompatibility of the Intravitreal Ganciclovir Implant in the Vitreous of the Rabbit Eye (UBTL Study 67074)	Intravitreal Sustained-Release Ganciclovir (Smith, 1992)

Table 2 -- Biocompatibility of Polymer Films

ARTICLE Alignot of 0.1	ECIES and TEST	PURPOSE  To determine if any leachables from the polymers	Test article was not found to be
blood from a Nalbino Rabbit PVA/EVA/PV	New Zealand A Sandwich Films	would cause hemolysis in vitro	hemolytic.
2 New Zealan PVA/EVA/PV	d Albino Rabbits  A Sandwich Films	To determine if leachables from the polymers would cause dermal irritation or toxicity following injection into rabbit skin	There was no evidence of significant irritation or toxicity from the extracts injected intracutaneously into rabbits.
20 Mice PVA/EVA/PV	20 Mice PVA/EVA/PVA Sandwich Films	To determine systemic toxicity of intravenous or intraperitoneal injection of extracts of the PVA/EVA/PVA sandwich film into mice.	No mortality or evidence of significant systemic toxicity from the extracts were noted.
3 New Zealand Albino Rabbi PVA/EVA/PVA Sandwich Films extracted in steile nonpyrogenic saline (0 soiduom chloride USP soluti	3 New Zealand Albino Rabbits PVA/EVA/PVA Sandwich Films extracted in steile nonpyrogenic saline (0.9% soiduom chloride USP solution)	To determine if any extract of the PVA/EVA/PVA sandwich film produced a pyrogenic response following intravenous injection. <i>In vivo</i> biological reactivity following a single injection of the extract into rabbits was evaluated.	The total rise of rabbit temperatures during the 3 hour observation period was within acceptable USP limits. The test extract was judged as nonpyrogenic.
PVA/EVA/PV extracted in dii (DMSO)	PVA/EVA/PVA Sandwich Films extracted in dimethyl sulfoxide (DMSO)	To determine whether a DMSO extract of PVA/EVA/PVA sandwich films would cause mutagenic changes in histidine-dependent mutant strains of salmonella typhimurium.  The method of Ames et al (1975) was followed but modified to use test article extracts.	A DMSO extract of the sandwich films did not cause mutagenic changes in the salmonella typhimurium tester strains employed

Table 2 -- Biocompatibility of Polymer Films (continued)

RESULTS	A saline extract of the sandwich films did not cause mutagenic changes in the salmonella typhimurium tester strains employed.	The test extract showed no evidence of causing cell lysis or toxicity greater than a grade 2 (mild reactivity). The negative controls and the positive control performed as anticipated.	No evidence of cell growth inhibition was noted.	No evidence of cause delayed dermal contact sensitization in the guinea pig was noted.	No significant tissue contact irritation macroscopically was noted, and the test material was classified as a nonirritant in the microscopic evaluation.	No significant tissue contact irritation macroscopically was noted, and the test material was classified as a nonirritant in the microscopic evaluation
PURPOSE	To determine when a saline extract of PVA/EVA/PVA sandwich films would cause mutangenic changes in histidine-dependent mutant strains of salmonella typhimurium.  The method of Ames et al (1975) was followed but modified to use test article extracts.	To determine if leachables extracted from the test material would cause cytotoxicity	To determine if leachables extracted from the sandwich films would cause cell growth inhibition.	To evaluate the potential to cause delayed dermal contact sensitizaiton	To determine the effect of the polymer film on living tissue with respect to potential for causing local irritation or toxicity. The tissue was then evaluated for evidence of irritation and toxicity.	To determine the effect of the polymer film on living tissue with respect of potential for causing local irritation or toxicity. The tissue was then evaluated for evidence of irritation and toxicity.
ANIMAL SPECIES and TEST ARTICLE	PVA/EVA/PVA Sandwich Films extracted in 0.85% saline	PVA/EVA/PVA Sandwich Films extracted in 0.9% sodium chloride irrigation USP Mouse Fibroblast cells	PVA/EVA/PVA Sandwich Films extracted in distilled water  Mouse Fibroblast cells	30 Female Albino Guinea Pigs PVA/EVA/PVA Sandwich Films extracted in 0.9% sodium chloride and cottonseed oil	2 New Zealand Albino Rabbits PVA/EVA/PVA Sandwich Films	3 New Zealand Albino Rabbits PVA/EVA/PVA Sandwich Films
STUDY	Ames Mutagenicity Study of a Saline Extract (Report MG019-212)	Cytoxicity Test Using the USP Elution Method (Report MG057-100)	In-Vitro Inhibition of Cell Growth (Report MG028-100)	Delayed Contact Sensitization (Report TA006-300/2)	30-Day Surgical Muscle Implantation (Reports TU019-830, TH035-830)	90-Day Surgical Muscle Implantation (Reports TU019-890, TH035-800)

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- 28. NAmSA Laboratory Report TU019-890, TH035-800: Surgical Muscle Implantation Study (with histopathology) in the Rabbit (90 days). PVA/EVA Film. Lot: 233-70. December 2, 1994.
- NAmSA Laboratory Report TA006-300/2: Delayed Contact Sensitization Study (a maximization method) in the Guinea Pig (saline and cottonseed oil extracts). PVA/EVA Film. Lot: 233-70. September 26, 1994.
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<sup>\*</sup>Note: A report of these studies will be available upon request.