

PRODUCT MONOGRAPH  
INCLUDING PATIENT MEDICATION INFORMATION

Pr **LANCORA<sup>TM</sup>**

ivabradine tablets

film-coated tablets: 5 mg and 7.5 mg (as ivabradine hydrochloride)

*I<sub>f</sub>* current inhibitor

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## Table of Contents

<b>PART I: HEALTH PROFESSIONAL INFORMATION.....</b>	<b>3</b>
SUMMARY PRODUCT INFORMATION .....	3
INDICATIONS AND CLINICAL USE .....	3
CONTRAINDICATIONS .....	4
WARNINGS AND PRECAUTIONS .....	5
ADVERSE REACTIONS .....	10
DRUG INTERACTIONS .....	13
DOSAGE AND ADMINISTRATION .....	18
OVERDOSAGE .....	20
ACTION AND CLINICAL PHARMACOLOGY .....	21
STORAGE AND STABILITY .....	25
DOSAGE FORMS, COMPOSITION AND PACKAGING .....	25
 <b>PART II: SCIENTIFIC INFORMATION .....</b>	 <b>26</b>
PHARMACEUTICAL INFORMATION .....	26
CLINICAL TRIALS .....	27
TOXICOLOGY .....	34
 <b>PATIENT MEDICATION INFORMATION .....</b>	 <b>36</b>

Pr **LANCORA™**

ivabradine (as ivabradine hydrochloride)

**PART I: HEALTH PROFESSIONAL INFORMATION**

**SUMMARY PRODUCT INFORMATION**

<b>Route of Administration</b>	<b>Dosage Form / Strength</b>	<b>All Nonmedicinal Ingredients</b>
Oral	Film-coated tablet  5 mg and 7.5 mg	<u>Core</u> Lactose monohydrate, magnesium stearate, maize starch, maltodextrin, colloidal anhydrous silica  <u>Film-coating</u> Glycerol, hypromellose, macrogol 6000, magnesium stearate, red iron oxide, titanium dioxide, yellow iron oxide

**INDICATIONS AND CLINICAL USE**

LANCORA™ (ivabradine) is indicated for the treatment of stable chronic heart failure with reduced left ventricular ejection fraction ( $\leq 35\%$ ) in adult patients with NYHA Classes II or III who are in sinus rhythm with a resting heart rate  $\geq 77$  beats per minute, to reduce the incidence of cardiovascular mortality and hospitalisations for worsening heart failure. LANCORA™ should be administered in combination with standard chronic heart failure therapies (see [CLINICAL TRIALS](#)).

LANCORA™ should be initiated and up-titrated under the supervision of a physician who is experienced with the treatment of patients with heart failure (see [DOSAGE AND ADMINISTRATION](#)).

**Geriatrics (≥ 75 years of age):**

The SHIFT trial data showed an increased risk of bradycardia in geriatric patients aged 75 years and above when treated with LANCORA™ at a starting dose of 5 mg bid. A lower starting dose is therefore recommended in these patients (see [WARNINGS AND PRECAUTIONS](#); [DOSAGE AND ADMINISTRATION](#); and [CLINICAL TRIALS](#)).

**Pediatrics (<18 years of age):**

Based on the data submitted and reviewed by Health Canada, the safety and efficacy of LANCORA™ in pediatric patients aged below 18 years has not been established; therefore, Health Canada has not authorized an indication for pediatric use (see [WARNINGS AND PRECAUTIONS](#), [DOSAGE AND ADMINISTRATION](#) and [ACTION AND CLINICAL PHARMACOLOGY](#)).

**CONTRAINDICATIONS**

- Patients who are hypersensitive to this drug or to any ingredient in the formulation or component of the container. For a complete listing, see the Dosage Forms, Composition and Packaging section of the product monograph
- Resting heart rate below 70 beats per minute prior to treatment
- Unstable or acute heart failure (see [WARNINGS AND PRECAUTIONS](#))
- Patients with existing prolonged QT interval (e.g. congenital long QT syndrome)
- Cardiogenic shock
- Acute myocardial infarction
- Severe hypotension (<90/50 mmHg) (see [WARNINGS AND PRECAUTIONS](#))
- Severe hepatic impairment
- Sick sinus syndrome
- Sino-atrial block
- Third degree atrioventricular block
- Pacemaker dependence (heart rate imposed exclusively by the pacemaker) (see [WARNINGS AND PRECAUTIONS](#))
- Concomitant use of strong cytochrome P450 3A4 (CYP 3A4) inhibitors (see [DRUG INTERACTIONS](#))
- Concomitant use of verapamil or diltiazem which are moderate CYP3A4 inhibitors with heart rate reducing properties (see [DRUG INTERACTIONS](#))
- Pregnancy, lactation and women of child-bearing potential not using appropriate contraceptive measures (see [WARNINGS AND PRECAUTIONS](#), [Special Populations](#))
- Patients with hereditary problems of galactose intolerance, glucose-galactose malabsorption, or the Lapp lactase deficiency as LANCORA™ contains lactose.

## **WARNINGS AND PRECAUTIONS**

### **General**

#### **Lack of Benefit in Stable Coronary Artery Disease**

LANCORA™ is not indicated for treatment of patients with stable coronary artery disease because clinical trials failed to show clinical outcome benefit in these patients (See [ACTION AND CLINICAL PHARMACOLOGY](#)).

#### **Background Beta-Blocker Regimen**

The treating physician should make every effort to achieve the guideline-recommended target doses of the beta-blockers prior to initiating treatment with LANCORA™. If the resting heart rate remains high (i.e.  $\geq 77$  bpm), then treatment with LANCORA™ may be considered.

#### **Cytochrome P450 3A4 Inhibitors**

LANCORA™ (ivabradine) is primarily metabolized by CYP3A4. Concomitant use of LANCORA™ with strong CYP3A4 inhibitors (e.g. ketoconazole, itraconazole, josamycin, clarithromycin, nefazodone, ritonavir, atazanavir and nelfinavir) is contraindicated because of substantial increases in ivabradine exposure and risks of excessive bradycardia (see [CONTRAINDICATIONS](#) and [DRUG INTERACTIONS](#)).

Concomitant use of LANCORA™ with moderate CYP3A4 inhibitors with their own heart rate reducing properties (i.e. diltiazem or verapamil) is also contraindicated because of increased ivabradine exposure and additive effects on heart rate (see [CONTRAINDICATIONS](#) and [DRUG INTERACTIONS](#)).

#### **Cytochrome P450 3A4 Inducers**

Concomitant use with a CYP3A4 inducer may decrease ivabradine exposure. Patients concomitantly treated with LANCORA™ and a CYP3A4 inducer (e.g. rifampicin, barbiturates and phenytoin) may be initiated and titrated with the usual recommended doses of LANCORA™. In case of interruption of treatment with the CYP3A4 inducer, close heart rate monitoring is recommended because the exposure to LANCORA™ may increase. LANCORA™ dosing may need to be reduced (see [DRUG INTERACTIONS](#) and [DOSAGE AND ADMINISTRATION](#)).

### **Cardiovascular**

#### **Measurement of Heart Rate**

Given that the heart rate fluctuates considerably over time, serial heart rate measurements, electrocardiogram (ECG) or ambulatory 24-hour monitoring should be conducted on at least three separate visits to obtain an accurate measure of the patient resting heart rate prior to initiating treatment with LANCORA™ or modifying the dose (see [DOSAGE AND ADMINISTRATION](#)).

### **Aortic Stenosis**

Experience with the use of LANCORA™ in patients with aortic stenosis is insufficient to assess the benefit-risk ratio. Given the lack of data, use in this patient population is not recommended.

### **Patients with Cardiac Arrhythmias**

LANCORA™ is not effective in the treatment or prevention of cardiac arrhythmias and likely loses its efficacy when a tachyarrhythmia occurs (e.g. ventricular or supraventricular tachycardia). LANCORA™ is not recommended in patients with atrial fibrillation and is contraindicated in patients with other cardiac arrhythmias that interfere with sinus node function (see [CONTRAINDICATIONS](#)).

In patients with a history of conduction defects, or other patients in whom bradycardia could lead to hemodynamic compromise, a lower starting dose LANCORA™ is recommended (see [DOSAGE AND ADMINISTRATION](#)). Use of LANCORA™ in patients with second degree atrioventricular (AV) block has not been studied. Therefore, in the absence of data, use of LANCORA™ in these patients should be avoided.

### **Atrial Fibrillation**

In patients treated with LANCORA™ the risk of developing atrial fibrillation is increased (see [ADVERSE REACTIONS](#)). It is recommended to regularly monitor patients for the occurrence of atrial fibrillation, which should include ECG monitoring if clinically indicated. Patients should be informed of signs and symptoms of atrial fibrillation and be advised to contact their physician if these occur. Discontinue treatment with LANCORA™ if atrial fibrillation occurs.

Atrial fibrillation appears more common in ivabradine-treated patients concomitantly treated with amiodarone, although the mechanism involved remains unclear. Concomitant use of LANCORA™ and amiodarone should be avoided. If the combination is deemed necessary, close cardiac monitoring is required (see [DRUG INTERACTIONS](#)).

### **Sinus Node Dysfunction**

The rate of sinus node dysfunction, including sick sinus syndrome, was 0.4% with ivabradine compared to 0.03% with placebo (see [ADVERSE REACTIONS](#)). Discontinue treatment with LANCORA™ if sinus node dysfunction occurs. Use of LANCORA™ is contraindicated in patients with sick sinus syndrome or sinoatrial block (see [CONTRAINDICATIONS](#)).

### **Conduction Disturbances**

LANCORA™ slows conduction through the AV node. The incidence of third degree atrioventricular (AV) block, although uncommon in the SHIFT trial, was higher with LANCORA™ than with placebo (see [ADVERSE REACTIONS](#)). Medical history of intraventricular block was identified as a risk factor. Hence, patients with intraventricular conduction defects (bundle branch block left, bundle branch block right) and ventricular dyssynchrony should be closely monitored. Discontinue treatment with LANCORA™ if third degree AV block occurs.

### **Bradycardia**

The incidence of bradycardia was 10.2% in patients treated with LANCORA™ (4.6% symptomatic; 5.6% asymptomatic) and 2.3% in patients treated with placebo. If during treatment the resting heart rate drops below 50 beats per minute or the patient experiences symptoms related to bradycardia (e.g. dizziness, fatigue or hypotension), the dose must be titrated downward or treatment must be discontinued (see [DOSAGE AND ADMINISTRATION](#)). Patients should be informed of signs and symptoms of bradycardia and be advised to contact their physician if these occur.

Concomitant use of LANCORA™ with other heart rate lowering drugs may cause excessive bradycardia due to additive effect. Therefore, caution should be exercised and heart rate monitoring is recommended (see [DRUG INTERACTIONS](#)).

Hypokalemia can increase the risk of arrhythmia. As LANCORA™ causes bradycardia, the resulting combination of hypokalemia and bradycardia is a predisposing factor to the onset of severe arrhythmias. Caution should be exercised and close cardiac monitoring is recommended (see [DRUG INTERACTIONS](#)).

### **Patients at Risk of QT Interval Prolongation**

LANCORA™ decreases heart rate which may exacerbate existing QT interval prolongation and give rise to severe arrhythmias, including torsade de pointes and ventricular fibrillation. Use of LANCORA™ in patients with existing prolonged QT interval is therefore contraindicated (see [CONTRAINDICATIONS](#)).

Use of LANCORA™ in patients at risk of QT prolongation should be avoided (e.g. familial history of QT prolongation or concomitant treatment with QT prolonging therapies). If concomitant use with QT prolonging therapies is deemed necessary, close cardiac monitoring (12-lead ECG) is required. Depending on the 12-lead ECG results, LANCORA™ dosing may need to be decreased or stopped (see [DRUG INTERACTIONS](#)).

In the SHIFT trial, cases of severe cardiac arrhythmias including torsade de pointes (0.06% LANCORA™ versus 0% placebo) and ventricular fibrillation (0.74% LANCORA™ versus 0.37% placebo) were more frequently reported with LANCORA™ than with placebo (see [ADVERSE REACTIONS](#)). If such events occur, LANCORA™ should be discontinued.

### **Cardiac Devices**

There is limited data in patients with implantable cardioverter defibrillator (ICD) or cardiac resynchronization therapy (CRT) taking LANCORA™. If LANCORA™ treatment is deemed necessary for these patients, caution and close cardiac monitoring is recommended (see [CLINICAL TRIALS](#)).

The SHIFT trial excluded any patients with pacemaker with atrial or ventricular pacing (except bi-ventricular pacing) > 40% of the time, or with a stimulation threshold at the atrial or ventricular level ≥ 60 bpm. Use of LANCORA™ in these patients is not recommended due to the absence of efficacy and safety data. LANCORA™ is contraindicated in pacemaker-dependent patients (see [CONTRAINDICATIONS](#)).

### **Chronic Heart Failure**

Heart failure must be stable, in terms of clinical conditions and medications, before treatment with LANCORA<sup>TM</sup> is considered (see [CONTRAINDICATIONS](#)).

### **Patients with Hypotension**

Limited data are available in patients with hypotension and therefore, LANCORA<sup>TM</sup> should be used with caution in these patients. LANCORA<sup>TM</sup> is contraindicated in patients with severe hypotension (blood pressure below 90/50 mmHg) (see [CONTRAINDICATIONS](#)).

### **Use in Hypertensive Patients**

Events of blood pressure inadequately controlled were more frequently reported with ivabradine than with placebo (LANCORA<sup>TM</sup> 7.1% versus placebo 6.1%) (see [ADVERSE REACTIONS](#)). In hypertensive patients requiring LANCORA<sup>TM</sup> treatment, performance of regular blood pressure monitoring and reassessment of anti-hypertensive treatments is recommended.

### **Neurologic**

#### **Stroke**

The use of LANCORA<sup>TM</sup> is not recommended immediately after stroke or transient ischemic attack since no data is available in this patient population.

### **Ophthalmologic**

#### **Visual Effects**

LANCORA<sup>TM</sup> influences retinal function. Visual disorders such as phosphenes and blurred vision were commonly reported in patients treated with LANCORA<sup>TM</sup>. These events were found to be dose dependent and related to the pharmacological mechanism of action of LANCORA<sup>TM</sup> (see [ADVERSE REACTIONS](#) and [ACTION AND CLINICAL PHARMACOLOGY](#)). To date, there is no evidence of a toxic effect of LANCORA<sup>TM</sup> on the retina. Cessation of treatment should be considered if any unexpected deterioration in visual function occurs. Caution should be exercised in patients with retinitis pigmentosa.

#### **Effects on Ability to Drive and Use Machines**

A specific study to assess the possible influence of LANCORA<sup>TM</sup>-induced visual symptoms on driving performance in healthy volunteers showed no deterioration of their driving performance. However, in post-marketing experience, cases of impaired driving ability due to visual disturbances have been reported. LANCORA<sup>TM</sup> may cause transient luminous phenomena consisting mainly of phosphenes (see [ADVERSE REACTIONS](#)). The possible occurrence of such luminous phenomena should be taken into account when driving or using machines in situations where sudden variations in light intensity may occur, especially when driving at night. Events of dizziness, asthenia and fatigue have also been reported in patients treated with LANCORA<sup>TM</sup> (see [ADVERSE REACTIONS](#) and [ACTION AND CLINICAL PHARMACOLOGY](#)).



## **Special Populations**

**Women of Child-Bearing Potential:** LANCORA™ is contraindicated in women of child-bearing potential unless they use appropriate contraceptive measures during treatment (see [CONTRAINDICATIONS](#)).

**Pregnant Women:** There are no sufficient data concerning the use of LANCORA™ in pregnant women. Animal reproduction studies have shown embryo-fetal toxicity and teratogenicity in pregnant rats (i.e. increased intrauterine and post-natal mortality, higher incidence of fetuses with cardiac defects) and rabbits (i.e. increased post-implantation loss and a small number of fetuses with ectrodactylia) at exposure levels comparable to the clinical exposure (based on AUC). The potential risk for humans is unknown. Therefore, LANCORA™ is contraindicated during pregnancy (see [CONTRAINDICATIONS](#)).

**Nursing Women:** Animal studies indicate that LANCORA™ is excreted in milk. Therefore, LANCORA™ is contraindicated in breast-feeding women (see [CONTRAINDICATIONS](#)). Women who need treatment with LANCORA™ should stop breastfeeding and choose an alternative way to feed their child.

**Pediatrics (<18 years of age):** Based on the data submitted and reviewed by Health Canada, the safety and efficacy of LANCORA™ in pediatric patients has not been established; therefore, Health Canada has not authorized an indication for pediatric use (see [INDICATIONS AND CLINICAL USE](#), [DOSAGE AND ADMINISTRATION](#) and [ACTION AND CLINICAL PHARMACOLOGY](#)).

### **Geriatrics (≥ 75 years of age):**

LANCORA™ has only been studied in a limited number of patients 75 years of age and older. The SHIFT trial showed a higher risk of bradycardia among patients aged ≥75 years treated with LANCORA™, at a starting dose of 5 mg bid. The incidence of bradycardia in patients aged ≥75 years was 7.4% in the ivabradine group and 1.1% in the placebo group, in comparison to 4.6% in the ivabradine group and 0.9% in the placebo group for the overall study population. A lower starting dose is therefore recommended in these patients (see [CLINICAL TRIALS](#) and [DOSAGE AND ADMINISTRATION](#)).

### **Hepatic Impairment**

Caution should be exercised when using LANCORA™ in patients with moderate hepatic impairment. The use of LANCORA™ in patients with severe hepatic impairment is contraindicated since it has not been studied in this population and a large increase in systemic exposure is expected (see [CONTRAINDICATIONS](#) and [ACTION AND CLINICAL PHARMACOLOGY](#)).

### **Renal Impairment**

Caution should be exercised when using LANCORA™ in patients with severe renal impairment (creatinine clearance < 15 ml/min) since there is no data available in these patients. No dosage adjustment is needed in patients with a creatinine clearance of 15 to 60 ml/min (see [DOSAGE AND ADMINISTRATION](#)).

### **Monitoring and Laboratory Tests**

Regular monitoring of the QT/QTc and PR intervals is recommended during treatment with LANCORA™.

## **ADVERSE REACTIONS**

### **Adverse Drug Reaction Overview**

In the SHIFT trial conducted in patients with chronic heart failure, the most common adverse events reported at higher rates with LANCORA™ than with placebo were atrial fibrillation, blood pressure inadequately controlled, bradycardia (symptomatic or not), ventricular extrasystoles and visual effects (phosphenes and blurred vision). Conduction disturbances (e.g. atrioventricular block and bundle branch block) were also commonly reported in patients treated with LANCORA™.

The proportion of patients who had serious adverse events was similar across the treatment groups (42.4% for LANCORA™ and 45.4% for placebo). The most common serious adverse events more frequently reported with LANCORA™ than with placebo were atrial fibrillation, sudden cardiac death, pneumonia and myocardial infarction (including acute MI). Cases of sick sinus syndrome, sinoatrial block and torsade de pointes have only been reported in patients treated with LANCORA™ during the trial.

The main causes of discontinuation or interruption of treatment without restart during the SHIFT trial were atrial fibrillation, cardiac failure, heart rate decreased and bradycardia.

### **Clinical Trial Adverse Drug Reactions**

*Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.*

The safety profile of LANCORA™ in patient with chronic stable heart failure has been evaluated in a morbidity-mortality event-driven trial (SHIFT trial) which compared treatment with LANCORA™ (N=3,232) to placebo (N=3,260). Median LANCORA™ treatment duration in the trial was 21.6 months (see [CLINICAL TRIALS](#)).

**Table 1** Adverse events by body system (SOC) reported for  $\geq 1\%$  of patients and with a greater incidence reported with LANCORA™ than with placebo (SHIFT trial)

Adverse Event (System Organ Class)	LANCORA™ (N* = 3,232) n (%)	Placebo (N* = 3,260) n (%)
<b>Cardiac disorders</b>		
Atrial fibrillation	267 (8.3)	217 (6.7)
Bradycardia (including sinus bradycardia)	148 (4.6)	28 (0.9)
Ventricular extrasystoles	144 (4.5)	138 (4.2)
Acute myocardial infarction/myocardial infarction	115 (3.6)	104 (3.2)
Atrial flutter	37 (1.1)	34 (1.1)
Atrioventricular block (second and third degree)	32 (1.0)	18 (0.6)
Bundle branch block (left, right, bilateral)	38 (1.2)	35 (1.1)
<b>Ear and labyrinth disorders</b>		
Inner ear signs and symptoms (vertigo, vertigo positional or tinnitus)	33 (1.0)	14 (0.4)
<b>Eye disorders</b>		
Phosphenes	89 (2.8)	16 (0.5)
<b>Investigations</b>		
Heart rate decreased (asymptomatic bradycardia)	181 (5.6)	45 (1.4)
Blood creatinine increased	55 (1.7)	47 (1.4)
<b>General disorders and administration site conditions</b>		
Sudden cardiac death	73 (2.3)	68 (2.1)
Asthenic conditions (fatigue, asthenia, malaise)	57 (1.8)	37 (1.1)
<b>Metabolism and nutrition disorders</b>		
Hypokalemia	33 (1.0)	26 (0.8)
<b>Nervous system disorders</b>		
Dizziness	55 (1.7)	47 (1.4)
<b>Vascular Disorders</b>		
Blood pressure inadequately controlled	228 (7.1)	198 (6.1)

\* Safety set

### Visual symptoms

The luminous phenomena (phosphenes) reported with LANCORA™ are described as a transiently enhanced brightness in a limited area of the visual field, halos, image decomposition (stroboscopic or kaleidoscopic effects), colored bright lights, or multiple images (retinal

persistence). Phosphenes are generally reported within the first 2 months of treatment and are described as intermittent events triggered by sudden variations in light intensity. They result from an effect of LANCORA™ on retinal photoreceptors (see [ACTION AND CLINICAL PHARMACOLOGY](#)). In most cases, the events are of mild to moderate intensity and resolve spontaneously during treatment or are reversible after treatment discontinuation.

### **Less Common Clinical Trial Adverse Drug Reactions (<1%)**

The less common adverse events listed below were reported at a greater incidence with LANCORA™ than with placebo in the SHIFT trial.

<b>Cardiac disorders :</b>	Ventricular fibrillation; Disorders of sinus node function (e.g. sick sinus syndrome; sinoatrial block); Cardiac valve incompetency; Torsade de pointes
<b>Eye disorders :</b>	Vision blurred; Visual disturbance; Photophobia; Visual color distortions
<b>Investigations:</b>	Electrocardiogram QT prolonged
<b>Nervous system disorders :</b>	Transient ischemic attack
<b>Gastrointestinal disorders:</b>	Nausea
<b>General disorders and administration site conditions :</b>	Peripheral coldness
<b>Musculoskeletal and connective tissue disorders:</b>	Arthralgia
<b>Vascular disorders :</b>	Orthostatic hypotension; Intermittent claudication

### **Abnormal Hematologic and Clinical Chemistry Findings**

No clinically significant changes were observed in biochemical and hematological parameters of patients treated with LANCORA™ during the SHIFT trial.

### **Post-Market Adverse Drug Reactions**

The hereafter listed Adverse Drug Reactions are coming from all reporting sources.

<b>Blood and lymphatic system disorders :</b>	Eosinophilia
<b>Metabolism and nutrition disorders :</b>	Hyperuricemia
<b>Nervous system disorders :</b>	Headache, generally during the first month of treatment, Syncope
<b>Eye disorders :</b>	Diplopia, Visual impairment
<b>Cardiac disorders :</b>	Atrioventricular first degree block (ECG prolonged PQ interval), Palpitations, Supraventricular extrasystoles
<b>Vascular disorders :</b>	Hypotension, possibly related to bradycardia
<b>Respiratory, thoracic and mediastinal disorders :</b>	Dyspnea
<b>Gastrointestinal disorders :</b>	Constipation, Diarrhea, Abdominal pain
<b>Skin and subcutaneous tissue disorders :</b>	Angioedema, Rash, Erythema, Pruritus, Urticaria
<b>Musculoskeletal and connective tissue disorders :</b>	Muscle cramps

### **DRUG INTERACTIONS**

#### **Overview**

LANCORA<sup>TM</sup> (ivabradine) is exclusively metabolised by cytochrome P450 3A4 (CYP3A4) and is a very weak inhibitor of this enzyme. Drug-drug interaction studies have established that CYP3A4 inhibitors increase LANCORA<sup>TM</sup> plasma concentrations and CYP3A4 inducers decrease them. Increased ivabradine exposure may exacerbate bradycardia and conduction disturbances (see [WARNING AND PRECAUTIONS](#)).

Concomitant use of LANCORA<sup>TM</sup> with strong CYP3A4 inhibitors or with moderate CYP3A4 inhibitors that also reduce heart rate by themselves (i.e. diltiazem and verapamil) is contraindicated (see [CONTRAINDICATIONS](#)). Caution should be exercised when LANCORA<sup>TM</sup> is concomitantly used with other moderate CYP3A4 inhibitors without heart rate lowering effect because LANCORA<sup>TM</sup> plasma concentrations will be increased. Use a lower starting dose of LANCORA<sup>TM</sup> and monitor the patient's heart rate.

Caution should be exercised when LANCORA<sup>TM</sup> is co-administered with CYP3A4 inducers ([Table 2](#)) (see [WARNINGS AND PRECAUTIONS](#) and [DOSAGE AND ADMINISTRATION](#)).

LANCORA™ was shown not to influence the metabolism and plasma concentrations of other CYP3A4 substrates, with the exception of simvastatin.

The concomitant use of LANCORA™ with QT prolonging medicinal products should be avoided because the heart rate lowering effect of LANCORA™ may exacerbate QT prolongation. If the combination is deemed necessary, close cardiac monitoring (12-lead ECG) is required (see [WARNINGS AND PRECAUTIONS](#)).

### Drug-Drug Interactions

*The drugs listed in this table are based on either drug interaction case reports or studies, or potential interactions due to the expected magnitude and seriousness of the interaction (i.e., those identified as contraindicated).*

**Table 2 Established or potential drug-drug interactions**

Proper name	Ref	Effect	Clinical comment
<b>Strong CYP3A4 inhibitors</b>			Other strong inhibitors of CYP3A4 (e.g. itraconazole, clarithromycin, nefazodone, ritonavir, atazanavir and nelfinavir) would be expected to have similar effects. Concomitant use of LANCORA™ with strong CYP3A4 inhibitors is contraindicated (see <a href="#">CONTRAINDICATIONS</a> ).
Ketoconazole	CT	Co-administration of ketoconazole 200 mg o.d. with a single 10 mg dose of ivabradine increased the ivabradine plasma AUC and Cmax by 7- to 8- fold and 3- to 4- fold, respectively.	
Josamycin	CT	Co-administration of josamycin 1000 mg b.i.d. with ivabradine increased the ivabradine plasma AUC by 7- to 9- fold	
<b>Moderate CYP3A4 inhibitors with heart rate reducing properties</b> (e.g. diltiazem and verapamil)	CT	Co-administration of diltiazem (120 mg b.i.d.) and verapamil (120 mg b.i.d.) with ivabradine increased the ivabradine plasma AUC by 2- to 3- fold with an additive heart rate reduction of 5 bpm.	The concomitant use of LANCORA™ with moderate CYP3A4 inhibitors with heart rate reducing properties (i.e. diltiazem or verapamil) is contraindicated (see <a href="#">CONTRAINDICATIONS</a> ).

**Table 2 Established or potential drug-drug interactions**

Proper name	Ref	Effect	Clinical comment
<b>Moderate CYP3A4 inhibitors</b> (e.g. fluconazole)	T	A drug-drug interaction study with fluconazole has not been performed. Clinically relevant increases in ivabradine exposure are expected.	In case of concomitant use of LANCORA™ with moderate CYP3A4 inhibitors (e.g. fluconazole), a lower starting dose of LANCORA™ (2.5 mg twice daily) is recommended with heart rate monitoring (see <a href="#">DOSAGE AND ADMINISTRATION</a> ).
<b>CYP3A4 inducers</b> (e.g. rifampicin, barbiturates and phenytoin)	T	Drug-drug interaction studies with CYP3A4 inducers have not been performed. Clinically relevant decreases in ivabradine plasma exposure are expected.	LANCORA™ may be initiated and titrated with the usual recommended doses. Close heart rate monitoring is recommended if treatment with the CYP3A4 inducer needs to be interrupted, LANCORA™ dosing may need to be reduced (see <a href="#">WARNINGS AND PRECAUTION</a> and <a href="#">DOSAGE AND ADMINISTRATION</a> ).
<b>QT prolonging agents</b> (e.g. antiarrhythmics, antipsychotics, antidepressants, opioids, antibiotics, antimalarials, antifungals, 5-HT3 receptor antagonists, tyrosine kinase inhibitors, histone deacetylase inhibitors, beta-2 adrenoreceptor agonists and drugs such as domperidone, pentamidine )	CT, T	The mechanism of action of ivabradine is to decrease the heart rate. This effect may exacerbate QT prolongation induced by other drugs and may give rise to severe arrhythmias	Use of LANCORA™ with any QT prolonging medicinal products should be avoided. If the combination is deemed necessary, close cardiac monitoring (12-lead ECG) is required. Depending on the 12-lead ECG results, LANCORA™ dosing may need to be decreased or stopped.
Imipramine	CT	In a specific study, the concomitant use of LANCORA™ with imipramine did not lead to clinically relevant QTc prolongation	The evidence provided in this study is limited and cannot be extrapolated to all antipsychotics. For antipsychotics known to cause QT prolongation, the recommendation is the same as for any other QT prolonging drugs. Concomitant use with LANCORA™ should be avoided. If the combination is deemed necessary, close cardiac monitoring (12-lead ECG) is required.

**Table 2 Established or potential drug-drug interactions**

Proper name	Ref	Effect	Clinical comment
<b>Potassium-depleting diuretics</b> (e.g. thiazide and loop diuretics)	T	Hypokalemia can increase the risk of arrhythmia. As LANCORA™ causes bradycardia, the resulting combination of hypokalemia and bradycardia is a predisposing factor to the onset of severe arrhythmias, especially in patients with long QT syndrome, whether congenital or substance-induced.	Caution should be exercised and close cardiac monitoring is recommended (see <a href="#">WARNINGS AND PRECAUTIONS</a> ).
<b>Heart rate lowering agents</b>	T	Concomitant use of LANCORA™ with other heart rate lowering drugs may cause excessive bradycardia due to additive effect.	Caution should be exercised and heart rate monitoring is recommended
Amiodarone	CT, T	Concomitant use of LANCORA™ with amiodarone may result in increased risk of QT prolongation, atrial fibrillation and excessive bradycardia.  No pharmacokinetic interaction was observed in a study conducted in 12 patients with coronary artery disease receiving LANCORA™ (10 mg twice daily) and amiodarone (200 mg once daily).	Concomitant use of LANCORA™ and amiodarone should be avoided. If the combination is deemed necessary, close cardiac monitoring is required.



**Table 2 Established or potential drug-drug interactions**

Proper name	Ref	Effect	Clinical comment
Simvastatin	CT	Co-administration of ivabradine and simvastatin did not affect the ivabradine exposure, but simvastatin exposure was decreased up to 50%.	Caution should be exercised

C = Case Study; CT = Clinical Trial; T = Theoretical

Specific drug-drug interaction studies have shown no clinically significant pharmacokinetic and/or pharmacodynamic interactions between LANCORA<sup>TM</sup> and any of the following: amlodipine, aspirin, digoxin, lansoprazole, omeprazole and sildenafil.

In pivotal phase III clinical trials the following drugs were not restricted and therefore were routinely combined with LANCORA<sup>TM</sup> with no evidence of safety concerns: angiotensin converting enzyme inhibitors, angiotensin II receptor antagonists, beta-blockers, diuretics, anti-aldosterone agents and cardiac glycosides.

#### **Drug-Food Interactions**

LANCORA<sup>TM</sup> exposure was increased > 2-fold following the co-administration with grapefruit juice (moderate CYP3A4 inhibitor). Therefore, grapefruit juice should be avoided during treatment with LANCORA<sup>TM</sup>.

Following the administration of ivabradine hydrochloride with a high-fat, high-calorie meal, the absorption of ivabradine was delayed by approximately 0.5 hour, and the rate and extent of absorption of ivabradine was increased by approximately 45% and 42%, respectively, when compared to administration under fasting conditions; as a result, it is recommended that LANCORA<sup>TM</sup> be taken with food.

#### **Drug-Herb Interactions**

The combination of LANCORA<sup>TM</sup> 10 mg twice daily with St John's Wort (*Hypericum perforatum*, CYP3A4 inducer) was shown to reduce LANCORA<sup>TM</sup> AUC by half. The intake of St John's Wort should be avoided during LANCORA<sup>TM</sup> treatment.

#### **Drug-Laboratory Interactions**

Interactions with laboratory tests have not been established.

## DOSAGE AND ADMINISTRATION

### Dosing Considerations

Situations where adjustment in LANCORA™ dosing is recommended:

- Concomitant use with drugs inhibiting or inducing the CYP3A4 enzyme
- Patients with arrhythmias
- Geriatric patients aged 75 years or above



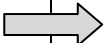
LANCORA™ should be initiated and up- or down- titrated under the supervision of a physician who is experienced with the treatment of patients with chronic heart failure. As LANCORA™ treatment decisions are based on resting heart rate, an accurate measure of the resting heart rate based on serial heart rate measurements, electrocardiograms or ambulatory 24-hour monitoring, conducted on at least three separate visits, should be obtained prior to initiating or modifying treatment with LANCORA™.

### Recommended Dose and Dose Adjustment

LANCORA™ 5 mg twice daily is the recommended starting dose for patients with stable chronic heart failure who are in sinus rhythm with a resting heart rate at or above 77 beats per minute.

After two weeks of treatment, assess the patient and adjust the dose based on the patient resting heart rate according to the instructions provided in [Table 3](#). At any time during treatment, the dose may be adjusted as needed depending on the heart rate and tolerability of the patient ([Table 3](#)). The maximum dose of LANCORA™ is 7.5 mg twice daily.

**Table 3 Dose titration according to resting heart rate achieved after initiation of treatment**

Serial Heart Rate Measurements		Dose Adjustment
> 60 bpm		Increase dose by 2.5 mg twice daily (maximum dose 7.5 mg BID)
50-60 bpm		Maintain dose
< 50 bpm or signs and symptoms of bradycardia**		Decrease dose by 2.5 mg twice daily; if current dose is 2.5 mg twice daily, discontinue therapy

\*\*Such as dizziness, fatigue or hypotension; bpm: beats per minute

Treatment must be discontinued if the patient, despite receiving the lowest LANCORA™ dose (2.5 mg BID), has a resting heart rate below 50 bpm or experiences signs or symptoms of bradycardia (see [WARNINGS AND PRECAUTIONS](#)).

Discontinuation of treatment should be considered if despite use of the highest dose of LANCORA™ (7.5 mg twice daily) for several months, there has been no clear decrease in the patient's resting heart rate. The physician should weigh the benefit of continuing treatment with LANCORA™ against the risks.

Tablets must be taken orally twice daily at approximately 12-hour intervals, i.e. once in the morning and once in the evening during meals (see [PHARMACOKINETICS](#) section).

### **Dosing Considerations in Special Populations**

**Concomitant use of moderate CYP3A4 inhibitors:** A lower starting dose of 2.5 mg of LANCORA™ twice daily is recommended in conjunction with heart rate monitoring. LANCORA™ is not recommended with grapefruit products as they are known to inhibit CYP3A4. Concomitant use with diltiazem or verapamil is contraindicated (see [DRUG INTERACTIONS](#) and [CONTRAINDICATIONS](#)).

**Concomitant use of CYP3A4 inducers:** LANCORA™ use may be initiated at the usual recommended dose of 5 mg twice daily and may be titrated upward to a maximum dose of 7.5 mg twice daily ([Table 3](#)). Caution should be exercised if treatment with a CYP3A4 inducer needs to be interrupted after LANCORA™ had been titrated. Close heart rate monitoring is recommended and LANCORA™ dosing may need to be reduced. Concomitant use of St John's Wort, which is known to induce CYP3A4, should be avoided (see [WARNINGS AND PRECAUTIONS](#) and [DRUG INTERACTIONS](#)).

**Patients with arrhythmias:** In patients with a history of conduction defects, or other patients in whom bradycardia could lead to hemodynamic compromise, initiate therapy at 2.5 mg of LANCORA™ twice daily before increasing the dose based on heart rate ([Table 3](#)) (see [WARNINGS AND PRECAUTIONS](#)).

**Hepatic impairment:** No dose adjustment is required in patients with mild to moderate hepatic impairment. Use of LANCORA™ in patients with severe hepatic impairment is contraindicated (see [CONTRAINDICATIONS](#), [WARNINGS AND PRECAUTIONS](#) and [ACTION AND CLINICAL PHARMACOLOGY](#)).

**Renal impairment:** No dose adjustment is required in patients with renal impairment (see [WARNINGS AND PRECAUTIONS](#) and [ACTION AND CLINICAL PHARMACOLOGY](#)).

**Geriatrics (≥ 75 years of age):** In patients aged 75 years and older, a lower starting dose of 2.5 mg of LANCORA™ twice daily is recommended (i.e. one half 5 mg tablet twice daily) (see [WARNINGS AND PRECAUTIONS](#)). Up-titration may follow depending on the therapeutic response ([Table 3](#)).

**Pediatrics (< 18 years of age):** Health Canada has not authorized an indication for pediatric use (see [INDICATIONS AND CLINICAL USE](#), [WARNINGS AND PRECAUTIONS](#) and [ACTION AND CLINICAL PHARMACOLOGY](#)).

**Missed Dose**

If a dose is missed, the next scheduled dose should be taken at the usual time. Doses should not be doubled to make up for the missed dose.

**OVERDOSAGE**

Overdose may lead to severe and prolonged bradycardia. Severe bradycardia should be treated symptomatically in a specialised environment. In the event of bradycardia with poor hemodynamic tolerance, symptomatic treatment including intravenous beta-stimulating agents may be considered. Temporary cardiac electrical pacing may be instituted if required.

The human lethal dose of ivabradine is unknown. The maximum dose reported with recovery is 750 mg (150 tablets of 5 mg). The patient was a 39-year-old female with a medical history of chronic obstructive pulmonary disease, tachycardia, myocardial ischemia and angina pectoris. Her heart rate decreased as low as 30 bpm and an ECG showed bradycardia with sinus pauses superior to 5 seconds and up to 10 seconds. Urinary toxicology was positive for benzodiazepine and therefore, extreme bradycardia by sinus dysfunction was considered resulting from intentional drug intoxication with ivabradine and benzodiazepines. The patient was treated with atropine and isuprel (ineffective), then with external electro stimulation. The evolution was favorable with regain of regular sinus rhythm and the patient recovered.

For management of a suspected drug overdose, contact your regional Poison Control Centre.

## ACTION AND CLINICAL PHARMACOLOGY

### Mechanism of Action

LANCORA<sup>TM</sup> is a heart rate lowering agent which blocks the hyperpolarisation-activated cyclic nucleotide-gated (HCN) channel responsible for the cardiac pacemaker I<sub>f</sub> current, which regulates heart rate. In clinical electrophysiology studies, prolongation of the atrial-His (AH) interval and PR interval have also been demonstrated which highlights an effect of ivabradine on conduction through the atrioventricular node.

LANCORA<sup>TM</sup> can also inhibit the retinal I<sub>h</sub> current. This I<sub>h</sub> current, closely resembling the cardiac I<sub>f</sub> current, is involved in temporally inhibiting retinal responses to bright light stimuli. Under triggering circumstances (e.g., rapid changes in luminosity) partial blockade of I<sub>h</sub> by COR LANCORA<sup>TM</sup> may underlie the luminous phenomena experienced by patients. Luminous phenomena (phosphenes) are described as a transient enhanced brightness in a limited area of the visual field (see [WARNINGS AND PRECAUTIONS](#) and [ADVERSE REACTIONS](#)).

### Pharmacodynamics

LANCORA<sup>TM</sup> causes a dose-dependent reduction in heart rate (HR). The size of this HR reduction is related to the baseline HR, i.e., the higher the baseline HR, the greater the HR reduction. Analysis of HR reduction vs. dose indicates a plateau effect at doses > 20 mg twice daily.

In a clinical ECG study performed in patients with pre-existing conduction system disease (first- or second-degree atrioventricular block or left or right bundle branch block), a single intravenous administration of ivabradine (0.20 mg/kg) was shown to slow the overall heart rate by approximately 15 bpm one hour after treatment with ivabradine and to prolong the mean duration of the atrial-His (AH) interval (by 27 ms) and PR interval (by 29 ms).

LANCORA<sup>TM</sup> does not have negative inotropic effects. Ivabradine was also shown to dose-dependently increase the uncorrected QT interval with heart rate slowing.

### Pharmacokinetics

**Table 4**                      **Summary of ivabradine's pharmacokinetic parameters in patients<sup>#</sup> following repeated oral administration of 5 mg twice daily**

	C <sub>max</sub> (ng/ml)	t <sub>½</sub> (h)	AUC <sub>τ</sub> (ng.h/m L)	Clearance*		Volume of distribution* (L)
				CL <sub>τ</sub> (L/h)	CL <sub>R</sub>	
<b>Ivabradine hydrochloride</b>	22 ± 6.3	2.1 ± 0.31	123 ± 46	23 ± 4.4	4.2 ± 0.9	108 ± 21

<sup>#</sup>, patients with coronary artery disease; \*, single IV administration

**Absorption:** After oral administration in fasting conditions, LANCORA™ reaches peak plasma levels in approximately 1 hour. The absolute oral bioavailability of ivabradine is approximately 40%, due to first-pass elimination in the gut and liver.

Following the administration of ivabradine hydrochloride with a high-fat, high-calorie meal, the absorption of ivabradine was delayed by approximately 0.5 hour, and the rate and extent of absorption of ivabradine was increased by approximately 45% and 42%, respectively, when compared to administration under fasting conditions; as a result, it is recommended that LANCORA™ be taken with food (see [DOSAGE AND ADMINISTRATION](#)).

**Distribution:** LANCORA™ is approximately 70% plasma protein-bound, and the volume of distribution is approximately 100 L.

**Metabolism:** LANCORA™ is extensively metabolised by the liver and the gut by oxidation through cytochrome CYP3A4 only. The major active metabolite is the N-desmethylated derivative (S 18982), and its exposure is about 40% of that of the parent compound with similar pharmacokinetic and equipotent pharmacodynamic properties. The metabolism of this active metabolite also involves CYP3A4. Ivabradine has low affinity for CYP3A4, shows no sign of enzyme induction or inhibition, and is therefore unlikely to modify CYP3A4 substrate metabolism or plasma concentrations. Inversely, inducers and strong inhibitors may affect ivabradine plasma concentrations (see [DRUG INTERACTIONS](#) and [WARNINGS AND PRECAUTIONS](#)).

**Excretion:** LANCORA™ is eliminated with a main half-life of 2 hours and an effective half-life of approximately 6-10 hours. The total clearance is about 24L/hr and the renal clearance is about 4.2 L/hr. The excretion of metabolites and small amounts of unchanged compound occur to a similar extent via feces and urine. About 4% of an oral dose is excreted unchanged in urine.

**Linearity/non linearity:** The kinetics of ivabradine are approximately linear over an oral dose range of 4 to 32 mg.

**Pharmacokinetic/pharmacodynamic relationship:** Analysis has shown that heart rate decreases almost linearly with increasing ivabradine plasma concentrations and those of its active metabolite, S 18982, for oral ivabradine doses up to 20 mg twice daily, above which the dose-heart rate relationship reaches a plateau. Increased exposure to ivabradine following co-administration of ivabradine with strong CYP3A4 inhibitors may result in an excessive decrease in heart rate, and is therefore contraindicated. Similarly, co-administration with moderate CYP3A4 inhibitors are expected to lead to clinically relevant increases in ivabradine exposure and therefore, a lower starting dose of ivabradine is recommended with heart rate monitoring (see [CONTRAINDICATIONS](#), [WARNINGS AND PRECAUTIONS](#), [DRUG-DRUG INTERACTIONS](#) and [DOSAGE AND ADMINISTRATION](#)).

### **Special Populations and Conditions**

**Pediatrics:** The pharmacokinetics of LANCORA™ have not been investigated in patients <18 years of age. Based on the data submitted and reviewed by Health Canada, the safety and

efficacy of LANCORA™ in pediatric patients has not been established; therefore, Health Canada has not authorized an indication for pediatric use (see [INDICATIONS AND CLINICAL USE](#), [WARNINGS AND PRECAUTIONS](#) and [DOSAGE AND ADMINISTRATION](#)).

### **Pediatric study**

A randomised (2 ivabradine : 1 placebo), double-blind, placebo-controlled phase II/III dose-finding study was performed in 116 pediatric patients with dilated cardiomyopathy and symptomatic chronic heart failure, in sinus rhythm and with LVEF  $\leq 45\%$ . These patients were aged from 6 months to less than 18 years, were receiving standard heart failure therapies (e.g. diuretics, anti-aldosterone agents, ACE inhibitors, beta-blockers, digoxin) and had been stable on their treatment regimen for at least 4 weeks. The study included 17 patients aged [6-12[months, 36 patients aged [1-3[ years and 63 patients aged [3-18[ years.

The starting dose was 0.02 mg/kg bid in age-subset [6-12[months; 0.05 mg/kg bid in age-subsets [1-3[ years and [3-18[ years < 40 kg; and 2.5 mg bid in age-subset [3-18[ years  $\geq 40$  kg. The dose was titrated depending on the therapeutic response to a maximum dose of 0.2 mg/kg bid, 0.3 mg/kg bid and 15 mg bid, respectively. In this study, ivabradine was administered as oral liquid formulation (<40 kg) or tablet ( $\geq 40$  kg) twice daily.

A 20% heart rate reduction, without bradycardia (predefined heart rate threshold by age subset), was achieved by 69.9% of patients in the ivabradine group versus 12.2% in the placebo group during the titration period of 2 to 8 weeks (Odds Ratio: E = 17.24, 95% CI [5.91 ; 50.30]).

Mean LVEF increased from 31.9% to 47.1% after 12 months in the ivabradine group versus 35.0% at baseline to 44.5% after 12 months in the placebo group. There was an improvement in NYHA class / ROSS class in 37.7% of ivabradine patients versus 25.0% of placebo patients. These improvements were not statistically significant.

The safety profile, over one year, appeared similar to that described in adult CHF patients, although the small number of pediatric patients included in this trial limited data interpretation. More patients in the ivabradine group reported corrected QT interval prolongation (Fridericia correction) >450 ms and/or a change from baseline > 30ms than in the placebo group.

This study included only a limited number of patients in each age subset which limits our capacity to draw conclusions. This study is therefore deemed insufficient to support an indication in the pediatric population. The long-term effects of ivabradine on development, growth, and/or maturation of organ/system function, as well as the long-term efficacy of treatment with ivabradine in childhood to reduce cardiovascular morbidity and mortality, are yet to be studied.

**Geriatrics:** No differences in pharmacokinetic parameters (AUC, C<sub>max</sub>) have been found between elderly ( $\geq 65$  years) or very elderly ( $\geq 75$  years) patients and the overall patient population.

**Gender:** There was no evidence of clinically significant differences in pharmacokinetic parameters between male and female patients.

**Race:** No difference was observed in the pharmacodynamic activity of ivabradine in Asian as compared to Caucasian patients. No other ethnic or racial groups were studied.

**Hepatic Impairment:** The pharmacokinetics of ivabradine was assessed in patients with Child-Pugh score up to B7) and showed practically no differences compared to patients with normal hepatic function. No data are available in patients with severe hepatic impairment (see [CONTRAINDICATIONS](#), [WARNINGS AND PRECAUTIONS](#) and [DOSAGE AND ADMINISTRATION](#)).

**Renal Impairment:** Mild to moderate renal impairment (creatinine clearance between 15 and 60 ml/min) has minimal effect on the pharmacokinetics of LANCORA<sup>TM</sup>. No data are available in patients with severe renal impairment (creatinine clearance below 15 ml/min) (see [WARNINGS AND PRECAUTIONS](#) and [DOSAGE AND ADMINISTRATION](#)).

**BEAUTIFUL and SIGNIFY trials: No benefit in patients with stable coronary artery disease with or without stable heart failure**

The BEAUTIFUL trial was a randomised, double-blind, placebo-controlled, multi-centre, international, event-driven Phase 3 study. The study included 10,917 adult patients with documented history of coronary artery disease, associated with left ventricular ejection fraction <40%, who were in sinus rhythm with resting heart rate  $\geq$  60 bpm. Most patients were NYHA class II (61.4%) or class III (23.2%) — none were class IV. Patients were randomized 1:1 to ivabradine or placebo at an initial dose of 5 mg bid that could be up-titrated to 7.5 mg twice daily depending on resting heart rate and tolerability. The mean ivabradine treatment duration was  $15.8 \pm 8.6$  months (median = 18 months). The primary endpoint was a composite of first event of cardiovascular death, hospitalisation for acute myocardial infarction or hospitalisation for new onset or worsening heart failure. Ivabradine was shown not to provide any benefit over placebo for the incidence of the primary endpoint in this patient population. The estimate of treatment effect (i.e. hazard ratio [95% CI]) was 1.00 [0.91; 1.10],  $p=0.945$ .

The SIGNIFY trial was a randomised, double-blind, placebo-controlled, multicentre, international, event-driven, Phase 3 study. The study included 19,102 patients with stable and documented coronary artery disease without clinical evidence of heart failure, who were in sinus rhythm with resting heart rate  $\geq$  70 bpm. Ivabradine was initiated at a dose of 7.5 mg bid and could be up-titrated up to 10 mg bid depending on resting heart rate and tolerability. The mean ivabradine treatment duration was  $24.5 \pm 11.0$  months (median = 24.1 months). The primary endpoint was a composite of first event of cardiovascular death or non-fatal myocardial infarction. Ivabradine was shown not to provide any benefit over placebo for the incidence of the primary endpoint in this patient population. The estimate of treatment effect (i.e. hazard ratio [95% CI]) was 1.08 [0.96; 1.20],  $p=0.1969$ . The incidence of both components of the primary endpoint was numerically higher with ivabradine than with placebo.




## STORAGE AND STABILITY


LANCORA™ should be stored at room temperature (15°C to 30°C).

## DOSAGE FORMS, COMPOSITION AND PACKAGING

### **Dosage forms**

Film-coated tablets for oral administration.

LANCORA™ 5 mg: salmon-coloured, rod-shaped, film-coated tablet scored on both edges, engraved with “5” on one face and  on the other face. The tablet is breakable and it can be divided into equal halves.

LANCORA™ 7.5 mg: salmon-coloured, triangular, film-coated tablet engraved with “7.5” on one face and  on the other face.

### **Composition**

LANCORA™ is available for oral administration as film-coated tablets containing 5 mg and 7.5 mg of ivabradine and the following non medicinal ingredients:

#### **Core Tablet**

Lactose monohydrate, magnesium stearate, maize starch, maltodextrin, colloidal anhydrous silica

#### **Film-coating**

Glycerol, hypromellose, macrogol 6000, magnesium stearate, red iron oxide (E 172), titanium dioxide (E 171), yellow iron oxide (E 172)

### **Packaging**

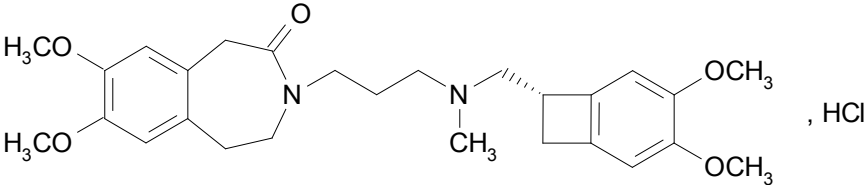
Boxes containing blister packs of 14, 28, 56, 84, 98 or 112 tablets.

Bottles of 100 tablets.

## PART II: SCIENTIFIC INFORMATION

### PHARMACEUTICAL INFORMATION

#### Drug Substance

Proper name:	Ivabradine(INN) Ivabradine hydrochloride (INN <sup>TM</sup> )
Chemical name:	3-(3-{[[(7S)-3,4-Dimethoxybicyclo[4.2.0]octa-1,3,5-trien-7-yl)methyl] methyl amino} propyl)-1,3,4,5-tetrahydro-7,8-dimethoxy-2H-3-benzazepin-2-one, hydrochloride.
Molecular formula:	C <sub>27</sub> H <sub>36</sub> N <sub>2</sub> O <sub>5</sub> , HCl
Molecular mass:	505.1 (468.593 + 36.461)
Structural formula:	 , HCl
Physicochemical properties:	Ivabradine hydrochloride is a white to slightly yellow powder. It is freely soluble in water, dimethylsulfoxide, methanol and methylene chloride, it is soluble in ethanol and slightly soluble in acetone. Ivabradine hydrochloride is optically active and corresponds to the S isomer.

## CLINICAL TRIALS

### Study demographics and trial design

**Table 5 Summary of patient demographics in the SHIFT™ study supporting the indication for chronic heart failure**

<b>Trial design</b>	<b>Dosage, route of administration and duration</b>	<b>Study subjects (n=number)</b>	<b>Mean age ± SD (range)</b>	<b>Gender</b>
Phase 3, international, multicenter, randomised, double-blind, parallel-group, placebo-controlled (on background standard of care therapy), event-driven, morbidity-mortality study	2.5 mg, 5 mg, 7.5 mg LANCORA™ or placebo tablets twice daily.  Administration: Oral  Study duration: 3.5 years  Treatment duration [Mean (median)]: 20.1 (21.6) months  Duration of follow-up [Mean (median)]: 21.9 (22.9) months	N = 6,505  LANCORA™ n=3,241  Placebo n=3,264	60 ± 11 years (19-92 years)  < 65 years=62% ≥ 65 years=38% ≥ 75 years=11%	Male: 76% Female: 24%

SHIFT (Systolic Heart failure treatment with the  $I_f$  inhibitor ivabradine Trial) was a study conducted in adult patients with stable chronic NYHA class II, III or IV heart failure, with left ventricular ejection fraction (LVEF)  $\leq 35\%$  and in sinus rhythm, with a baseline resting heart rate of 70 bpm or above, documented by standard 12-lead ECG. Patients had been hospitalized for worsening HF within 12 months prior to selection, and had been stable in terms of clinical conditions and chronic heart failure medications for at least 4 weeks.

Patients were ineligible for study inclusion if they had had: myocardial infarction or coronary revascularisation (< 2 months); stroke or cerebral transient ischemic attack (< 4 weeks); cardiac resynchronisation therapy (< 6 months); cardioverter defibrillator shock (< 6 months); pacemaker with atrial or ventricular pacing for  $\geq 40\%$  of the time or a stimulation threshold  $\geq 60$  bpm; congenital heart disease; severe valvular disease (i.e. stenosis or regurgitation); permanent atrial fibrillation or flutter, sick sinus syndrome; second and third degree atrioventricular block; familial history or congenital long QT syndrome; anemia (blood hemoglobin <110 g/L); severe or uncontrolled hypertension; sitting systolic blood pressure <85 mmHg or symptomatic hypotension.

The SHIFT trial baseline characteristics of the patient population included a mean (median) duration of heart failure of 3.7 years (2.3 years); a mean left ventricular ejection fraction of 29%; and a mean resting heart rate of 80 beats per minute (median = 77 beats per minute). Additional baseline characteristics are presented in Table 6. Few patients had an implantable cardioverter-defibrillator (ICD) (3.2%) or a cardiac resynchronization therapy (CRT) device (1.1%).

**Table 6 Baseline characteristics of the overall SHIFT population (randomised set: baseline resting heart rate  $\geq$  70 bpm)**

	Randomised Set (%)
<b>Ethnic Origins</b>	
Caucasian	88.7%
Asian	8.2%
Black	1.2%
Other	2.0%
<b>Heart failure NYHA Classes</b>	
II	48.7%
III	49.5%
IV	1.7%
<b>Heart failure of ischemic etiology</b>	67.9 %
<b>Medical History</b>	
Diabetes	30.4 %
Hypertension	66.3 %

At randomisation, patients were treated with standard chronic heart failure therapies which included beta-blockers (89.5%); ACE inhibitors and/or ARBs (91%); diuretics (83%); anti-aldosterone antagonists (60%); and digoxin (22%). Eleven percent of the study patients reported not being treated with any beta-blocker because of contra-indications mainly due to chronic obstructive pulmonary disease, hypotension, asthma and cardiac decompensation. Those able to tolerate beta-blockers were required to be on a maximally tolerated daily beta-blocker dose at randomisation as part of the study protocol. Twenty-six percent of the study population (i.e. 1,488 patients) treated with beta-blockers received guideline-recommended target doses. The main documented reasons for not being at target dose were hypotension, fatigue, dyspnea, dizziness, history of cardiac decompensation and bradycardia.

All subjects received LANCORA<sup>TM</sup> 5 mg (or matching placebo) twice daily as a starting dose. The dose was adjusted 14 days later based on the resting heart rate and tolerability of the patient, according the scheme presented below. At Day 28 and all subsequent visits, the dose was reassessed applying the same methodology. At Day 28, 65.5%, 26.0% and 8.5% of LANCORA<sup>TM</sup>-treated patients were taking 7.5 mg, 5 mg, and 2.5 mg twice daily, respectively. Three percent had withdrawn from the drug, primarily due to bradycardia.

**Table 7 Dosing recommendations according to heart rate**

D014		
Dose received	Condition	Dose to be prescribed
5mg bid	HR > 60 bpm	7.5 mg bid
5mg bid	50 bpm ≤ HR ≤ 60 bpm	5mg bid
5mg bid	HR < 50 bpm or B*	2.5 mg bid

*B\*: signs or symptoms considered as related to bradycardia.*

In the SHIFT study, 2,548 patients (79%) were exposed to LANCORA™ for at least 12 months; 1,141 patients (35%) for at least 24 months; and 15 patients (0.5%) for at least 36 months. Patients were followed to study termination, irrespective of whether study drug had been discontinued (mean follow-up: 22.1 months).

### Study results

The primary objective of the SHIFT study was to determine whether LANCORA™ (ivabradine) would be superior to placebo, when used on top of standard chronic HF therapies, in reducing the risk of the primary composite endpoint events: cardiovascular (CV) death or hospitalisation for worsening heart failure.

The SHIFT study demonstrated that in the randomised set, LANCORA™ was superior to placebo yielding a relative risk reduction of 18% and an absolute risk reduction of 4.2% for the combined incidence of the primary composite endpoint; first event of CV death or hospitalization for worsening HF (hazard ratio [95% CI]: 0.82 [0.75; 0.90];  $p < 0.0001$ ) ([Table 8](#)). The treatment effect reflected a reduction in the risk of hospitalization for worsening heart failure; there was no favorable effect on the CV death component of the primary endpoint ([Table 8](#)). In the overall study population, LANCORA™ provided no statistically significant benefit on CV death.

**Table 8: Primary and secondary endpoints results for the SHIFT randomised set**

Endpoint	LANCORA™ (N=3,241)			Placebo (N=3,264)			Hazard Ratio	[95%CI]	p-value
	n	%	%PY	n	%	%PY			
Primary composite endpoint: Time to first event of hospitalisation for worsening heart failure or cardiovascular death <sup>a</sup>	793	24.5	14.5	937	28.7	17.7	0.82	[0.75; 0.90]	<0.0001
Hospitalisation for worsening heart failure	505	15.6	9.2	660	20.2	12.5			
Cardiovascular death as first event	288	8.9	4.8	277	8.5	4.7			
Subjects with events at any time:									
Hospitalisation for worsening heart failure <sup>b</sup>	514	15.9	9.4	672	20.6	12.7	0.74	[0.66; 0.83]	<0.0001
Cardiovascular death <sup>b</sup>	449	13.9	7.5	491	15.0	8.3	0.91	[0.80; 1.03]	0.128
Other secondary endpoints:									
All-cause death	503	15.52	8.5	552	16.91	16.9	0.90	[0.80; 1.02]	
Death from heart failure	113	3.49	1.9	151	4.63	4.6	0.74	[0.58; 0.94]	
Hospitalization for any cause	1231	37.98	26.5	1356	41.54	30.0	0.89	[0.82; 0.96]	
Hospitalization for CV reason	977	30.15	19.8	1122	34.38	23.5	0.85	[0.78; 0.92]	

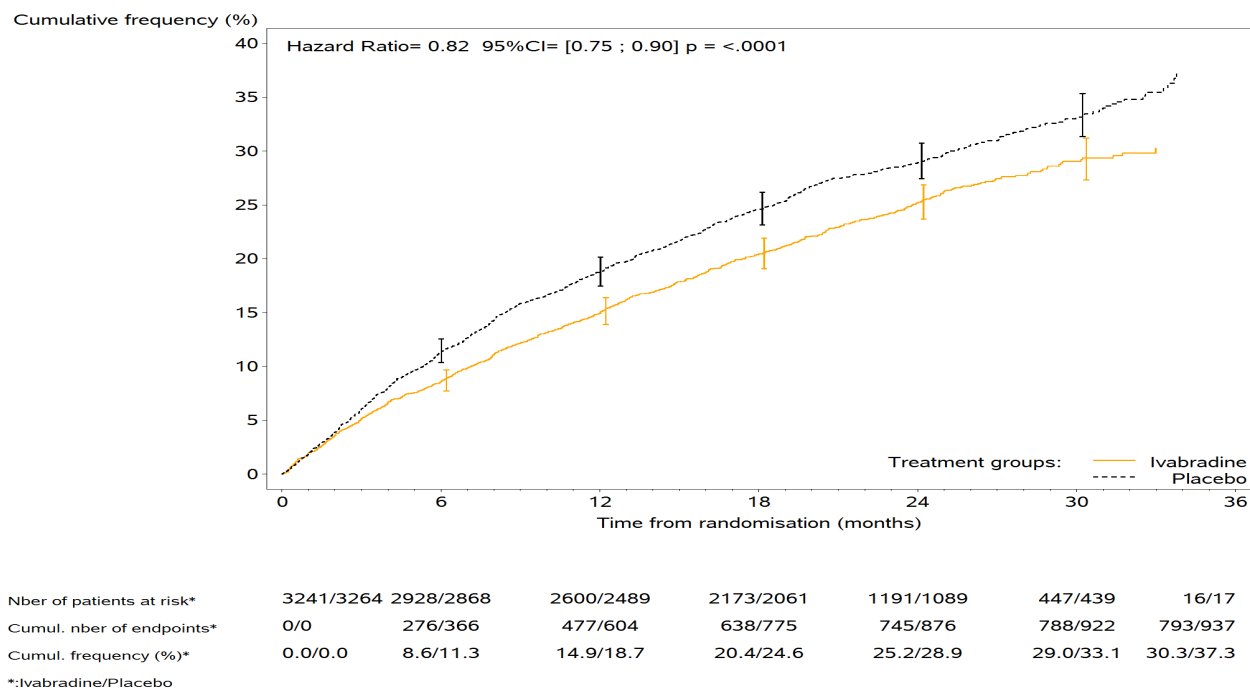
<sup>a</sup> Subjects who died on the same calendar day as their first hospitalization for worsening heart failure are counted under cardiovascular death.

<sup>b</sup> Analyses of the secondary endpoints were not prospectively planned to be adjusted for multiplicity.

N: number of patients at risk; n: number of patients having experienced the endpoint; %: incidence rate = (n/N) x 100; % PY: annual incidence rate = (n/number of patient-years) x 100; CI: confidence interval; CV: cardiovascular. The hazard ratio between treatment groups (ivabradine /placebo) was estimated based on an adjusted Cox proportional hazards model with beta-blocker intake at randomization (yes/no) as a covariate; p-value: Wald test

The Kaplan-Meier plot for the analysis of the primary composite endpoint shows that the treatment curves started to diverge three months after initiation of treatment ([Figure 1](#)). There are limited data on the efficacy and safety of LANCORA™ beyond 30 months of treatment.

**Figure 1: Kaplan-Meier Plots for the analysis of time to first event of primary composite endpoint (CV death or hospitalization for worsening heart failure) in the randomised set.**

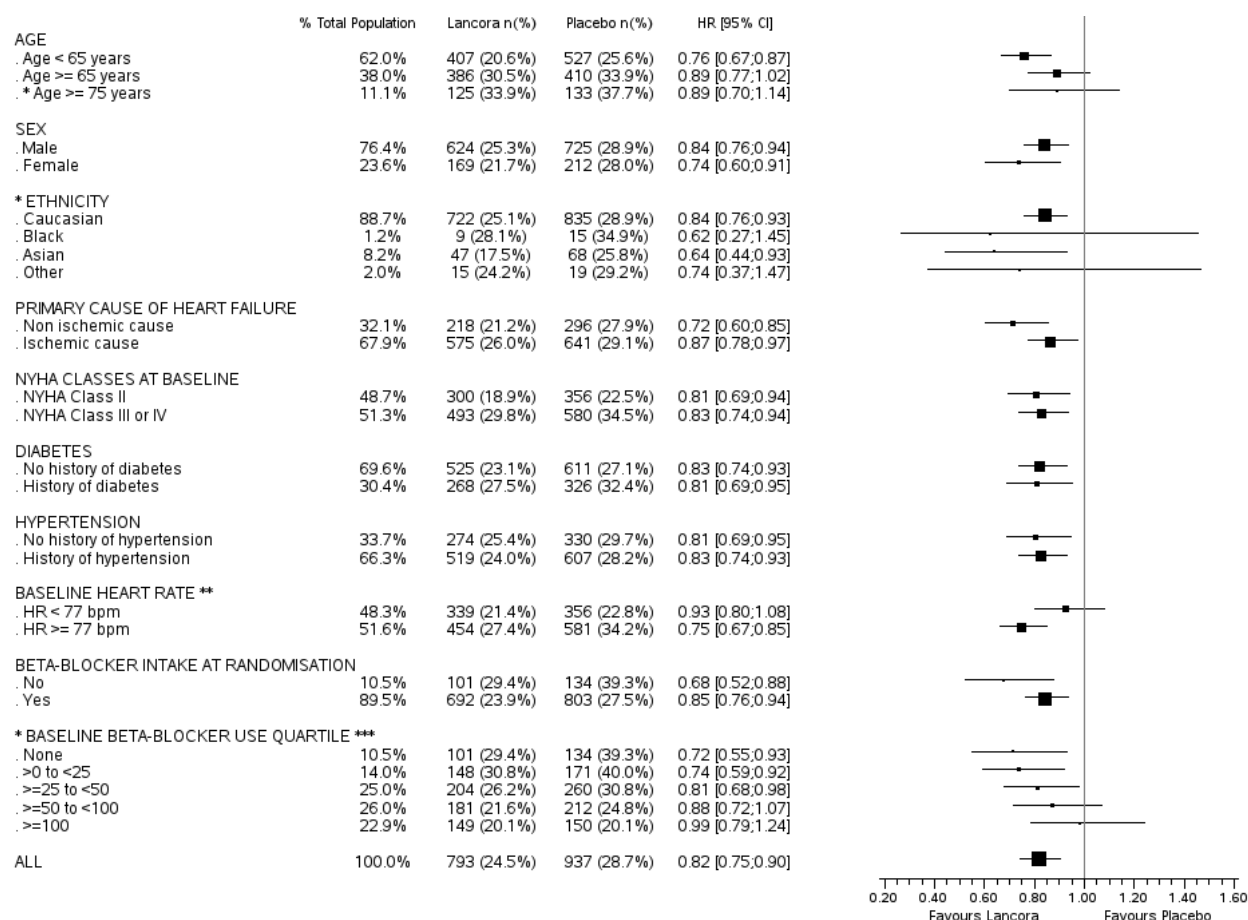


The maximal LANCORA<sup>TM</sup> effect on heart rate was reported after 28 days of treatment and corresponded to an average decrease from baseline of 15 beats per minute compared to a decrease of 5 beats per minute in the placebo group. Improvement from baseline to last post-randomisation visit in heart failure NYHA classification was reported in 887 patients (27.6%) on LANCORA<sup>TM</sup> compared to 776 patients (24.0%) on placebo.

### ***Analysis of patient subgroups***

The treatment effect of LANCORA<sup>TM</sup> *versus* placebo across different patient subgroups is presented in [Figure 2](#). The treatment effect of LANCORA<sup>TM</sup> generally appears consistent among the different patient subgroups although the benefit tended to be less marked in some particular subgroups, namely patients aged  $\geq 65$  years; and patients receiving doses of beta-blocker approaching guidelines-recommended targets. The interaction tests were however not statistically significant. The treatment effect in patients with baseline heart rate  $\geq 77$  bpm (n=3,357) was statistically significantly greater than in patients with baseline heart rate  $< 77$  bpm (n=3,144) (interaction test p value 0.0288).

**Figure 2: Effect of treatment on primary composite endpoint in subgroups of the SHIFT trial.**



\*: these subgroup analyses were not pre-specified; \*\*77 bpm corresponds to the SHIFT study median heart rate;\*\*\* beta-blocker use refers to the dose received by the patient at baseline expressed as percentage of the guidelines-recommended target.

NOTE: The figure above presents effects in various subgroups, all of which are baseline characteristics. The 95% confidence limits that are shown do not take into account the number of comparisons made, and may not reflect the effect of a particular factor after adjustment for all other factors. Apparent homogeneity or heterogeneity among groups should not be over-interpreted.

### **Treatment Effect in Patients with Baseline Resting Heart Rate of 77 bpm or above**

The SHIFT study protocol pre-specified a subgroup analysis based on the study median baseline resting heart rate (*i.e.* 77 beats per minute). The subgroup of patients with baseline resting heart rate of 77 bpm and above is the patient population LANCORA™ is indicated for (see [INDICATIONS AND CLINICAL USE](#)).

In the subgroup of patients with a baseline heart rate of ≥ 77 bpm (n=3,357), treatment with LANCORA™ compared to placebo yielded a relative risk reduction of 25% (hazard ratio [95% CI]: 0.75 [0.67, 0.85]) and an absolute risk reduction of 6.8% for the combined incidence of CV



death or hospitalisation for worsening heart failure ([Table 9](#)). Both components were shown to contribute to the beneficial effect observed in this subgroup, although the hospitalisation for worsening heart failure remains the main driving component. The safety profile of LANCORA<sup>TM</sup> in this subgroup was in line with that of the overall study population.

**Table 9: Primary and secondary endpoints results in the patient subgroup with baseline heart rate  $\geq 77$  bpm.**

Endpoint	LANCORA <sup>TM</sup> (N=1,657)			Placebo (N=1,700)			Hazard Ratio	[95%CI]	p-value
	n	%	%PY	n	%	%PY			
Primary composite endpoint: Time to first event of hospitalisation for worsening heart failure or cardiovascular death <sup>a</sup>	454	27.4	16.8	581	34.2	22.3	0.75	[0.67; 0.85]	<0.0001
Hospitalisation for worsening heart failure	295	17.8	10.9	409	24.1	15.7			
Cardiovascular death as first event	159	9.6	5.3	172	10.1	5.8			
Subjects with events at any time									
Hospitalisation for worsening heart failure <sup>b</sup>	298	18.0	11.0	418	24.6	16.1	0.69	[0.59;0.80]	<0.0001
Cardiovascular death <sup>b</sup>	255	15.4	8.5	312	18.4	10.5	0.81	[0.69; 0.96]	0.0137
Other secondary endpoints:									
All cause death	285	17.20	9.55	350	20.59	11.73	0.81	[0.69; 0.94]	
Death from heart failure	67	4.04	2.25	107	6.29	3.59	0.61	[0.45; 0.83]	
Hospitalization for any cause	667	40.25	29.0	778	45.76	35.38	0.82	[0.74; 0.91]	
Hospitalization for CV reason	534	32.2	21.82	647	38.1	27.62	0.79	[0.71; 0.89]	

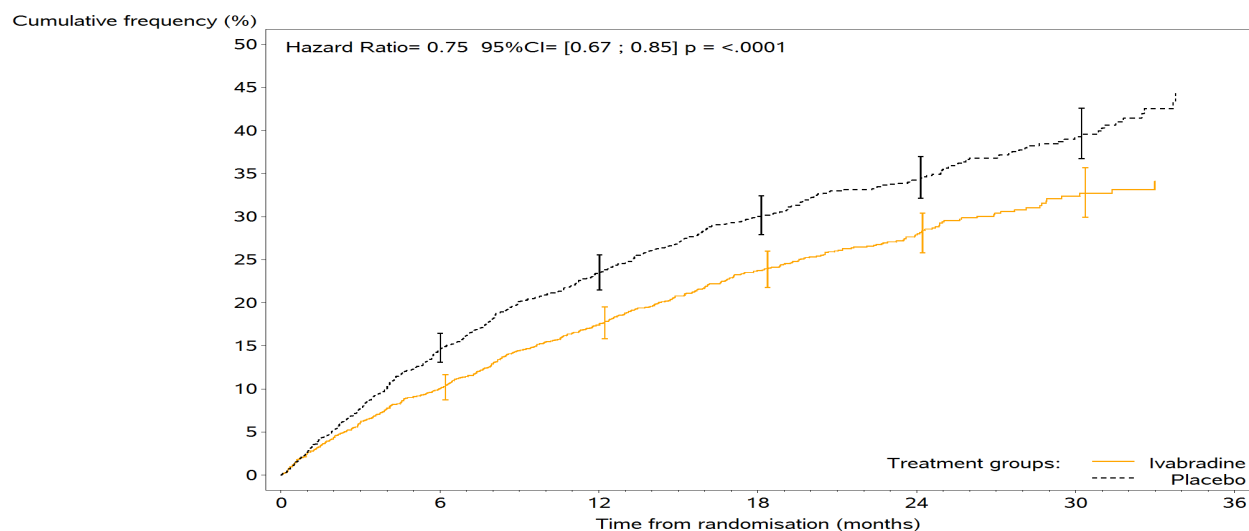
<sup>a</sup> Subjects who died on the same calendar day as their first hospitalization for worsening heart failure are counted under cardiovascular death.

<sup>b</sup> Analyses of the secondary endpoints were not prospectively planned to be adjusted for multiplicity.

N: number of patients at risk; n: number of patients having experienced the endpoint; %: incidence rate =  $(n/N) \times 100$ ; % PY: annual incidence rate =  $(n/\text{number of patient-years}) \times 100$ ; CI: confidence interval CV: cardiovascular The hazard ratio between treatment groups (ivabradine /placebo) was estimated based on an adjusted Cox proportional hazards model with beta-blocker intake at randomization (yes/no) as a covariate; p-value: Wald test

The Kaplan-Meier plots of the time to first event analysis of the primary composite endpoint in the subgroup of patients with resting heart rate at baseline of 77 bpm and above are presented in [Figure 3](#). The curves started to diverge after 1 month of treatment.

**Figure 3: Kaplan-Meier analysis of time to first event of primary composite endpoint (CV death and hospitalization for worsening heart failure) in patients with baseline resting heart rate  $\geq 77$  bpm (N=3,357)**



Nber of patients at risk*	1657/1700	1472/1436	1291/1210	1054/970	566/518	211/208	7/8
Cumul. nber of endpoints*	0/0	165/244	284/392	379/492	426/542	451/571	454/581
Cumul. frequency (%)*	0.0/0.0	10.0/14.4	17.4/23.4	23.7/30.0	27.9/34.2	32.4/39.3	34.1/44.3

\*:Ivabradine/Placebo

In ivabradine-treated patients with a baseline heart rate  $< 77$  bpm, the relative risk reduction in the incidence of the primary composite endpoint was 7% (hazard ratio [95%CI]: 0.93 [0.80; 1.08]) which did not reach statistical significance compared to patients on placebo. The components of the primary composite endpoint: cardiovascular death (1.07 [0.87; 1.31]) and hospitalisation for worsening heart failure (0.83, [0.69; 1.00]) also did not differ statistically from placebo.

## TOXICOLOGY

### General toxicity

Repeated dose toxicity studies were carried out over two weeks to one year in rats and dogs.

#### Heart

The heart was the main target organ in both species.

In rodents, there was an increase in the incidence and severity of focal myocardial lesions over and above control levels with the NOAEL associated with plasma exposures of about 2 times the exposure in human at 7.5 mg twice daily (based on AUC). In the 1-year rat study, no NOAEL could be established, since effects were already visible at the lowest dose corresponding to 4 times the human exposure at 7.5 mg twice daily (based on AUC). Cardiac pathology was the main cause of ivabradine-related deaths in the 1-year rat study and 2-year mouse carcinogenicity study.

In dogs, there were ECG changes including sinus bradycardia, sinoatrial block or arrest, and first- or second-degree atrioventricular block. The NOAEL for these effects in the 1-year study was similar to the human exposure at 7.5 mg twice daily. In the 1-year dog study, increased incidence of calcium mineralization, inflammatory and fibrotic foci was observed in the heart at 83 times human exposure at 7.5 mg twice daily (based on AUC).

### Eyes

Electroretinography (ERG) examinations included in the 1-year repeat-dose study in dogs showed ERG changes in the cone system at exposures similar to the human exposure (based on AUC) that reversed at one week after treatment cessation and at the following treatment-free periods (up to 11 weeks). There was a consistent absence of toxic damage in any ocular structure in association with ivabradine throughout the animal safety programme. These data are consistent with the pharmacological effect of ivabradine related to its interaction with hyperpolarization-activated  $I_h$  currents in the retina, which share homology with the cardiac pacemaker  $I_f$  current.

### **Mutagenicity and Carcinogenicity**

Ivabradine tested negative in the following assays: bacterial reverse mutation (Ames) assay, *in vivo* bone marrow micronucleus assay in both mouse and rat, *in vivo* chromosomal aberration assay in rats, and *in vivo* unscheduled DNA synthesis assay in rats. Results of the *in vitro* chromosomal aberration assay were equivocal at concentrations approximately 1,500 times the human  $C_{max}$  at 7.5 mg twice daily. Ivabradine tested positive in the mouse lymphoma assays and *in vitro* unscheduled DNA synthesis assay in rat hepatocytes at concentrations greater than 1,500 times the human  $C_{max}$  at 7.5 mg twice daily.

There was no evidence of ivabradine-related carcinogenic effects in the 2-year carcinogenicity studies in mice and rats at up to 41- and 37 times the human exposure at 7.5 mg twice daily, respectively (based on AUC).

### **Fertility**

There was no effect on fertility in male and female rats up to 133 times the human exposure at 7.5 mg twice daily (based on body surface area).

READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE  
**PATIENT MEDICATION INFORMATION**

**Pr LANCORA™**

ivabradine (as ivabradine hydrochloride) tablets

Read this carefully before you start taking **LANCORA™** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **LANCORA™**.

**What is LANCORA™ used for?**

**LANCORA™** is a medication used to treat stable chronic heart failure. **LANCORA™** should be used in adults who have a heart rate that is equal to or above 77 beats per minute. **LANCORA™** will be used in combination with standard heart failure therapy. **LANCORA™** will only be prescribed by doctors who are experienced in treating heart failure.

**How does LANCORA™ work?**

**LANCORA™** works on specific cells in the heart to slow down your heart rate.

**What are the ingredients in LANCORA™?**

Medicinal ingredients: ivabradine



Non-medicinal ingredients:

Core tablet: colloidal anhydrous silica, lactose monohydrate, magnesium stearate, maize starch, maltodextrin.

Tablet coating: hypromellose, macrogol 6000, glycerol, magnesium stearate, red iron oxide (E172), titanium dioxide (E171), yellow iron oxide (E172).

**LANCORA™ comes in the following dosage forms:**

5 mg and 7.5 mg film-coated tablets.

- **5mg:**
  - tablets are salmon-coloured and are rod shaped.
  - engraved with “5” on one face and  on the other.
  - The 5 mg tablet can be broken in half to make two halves of 2.5 mg each.
- **7.5mg:**
  - tablets are salmon-coloured and triangular.
  - engraved with “7.5” on one face and  on the other.

**Do not use LANCORA™ if:**

- you are allergic (hypersensitive) to ivabradine or any of the other ingredients of LANCORA™
- your resting heart rate before treatment is too slow (below 70 beats per minute)
- you have a heart condition or heart disease such as:
  - a recent heart attack
  - your heart suddenly can't pump enough blood (cardiogenic shock)
  - severe heart failure that requires you to be in the hospital for treatment
  - problems with the rhythm of your heart or the electrical system in your heart (congenital long QT syndrome, sick sinus syndrome, sino-atrial block, third degree atrioventricular block)
  - very low blood pressure (<90/50 mmHg)
  - you need a pacemaker to beat your heart for you
- you have severe liver problems
- you are taking the following medications:
  - ketoconazole, itraconazole (to treat fungal infections)
  - clarithromycin, josamycin (antibiotics)
  - nelfinavir, ritonavir, atazanavir (to treat HIV infections)
  - nefazodone (to treat depression)
  - diltiazem, verapamil (used for high blood pressure or angina)
- you are a woman able to have children and not using reliable contraception; you are pregnant or trying to become pregnant or breast-feeding
- you are lactose intolerant or have a rare hereditary disease that means you should not have milk. LANCORA™ contains lactose, a natural ingredient in milk. These diseases include:
  - Galactose intolerance
  - Lapp lactase deficiency
  - Glucose-galactose malabsorption.

LANCORA™ is not intended for use in children younger than 18 years old.

**To help avoid side effects and ensure proper use, talk to your healthcare professional before you take LANCORA™. Talk about any health conditions or problems you may have, including if you:**

- have heart problems such as:
  - irregular heartbeat or heart rhythm
  - an abnormally rapid heart rate
  - unexpected fainting
  - heart palpitations (feeling like your heart has skipped a beat or added an extra beat)
  - increase in chest pain
  - lower than normal level of potassium in your blood
  - one of the valves in your heart is more narrow (aortic stenosis)
  - a heart device such as a pacemaker, cardioverter defibrillator or cardiac resynchronizer
  - high or low blood pressure
  - a reduced heart rate with shortness of breath or tiredness. This could mean that your heart slowed down too much.

- severe heart failure or heart failure with an electrocardiogram (ECG) abnormality called ‘bundle branch block’
- have a family history of problems of electrocardiogram (ECG) abnormality called “Long QT syndrome”
- have had a recent stroke
- have moderate liver problems
- have severe kidney problems.

### **Other warnings you should know about:**

#### **Risk of harm to fetus**

If you are a woman of child-bearing potential, you should use appropriate birth control measures to avoid getting pregnant while taking LANCORA™. If you get pregnant while taking LANCORA™, your fetus could be harmed or could die.

#### **Monitoring before taking LANCORA™ and when your dose is changed**

Your doctor will monitor your heart rate on at least three separate visits before you start treatment with LANCORA™ and whenever your dose is changed. Your doctor may also monitor your heart rate and rhythm at other times during your treatment.

#### **Blood pressuring monitoring**

If you have high blood pressure and need treatment with LANCORA™, your doctor:

- will regularly monitor your blood pressure.
- may need to change your blood pressure medication.

#### **Irregular heart rhythm**

LANCORA™ may cause an irregular heart rhythm. This has happened more in patients taking certain medications like amiodarone. Your doctor will monitor your heart rhythm and the electrical system of your heart with an electrocardiogram (ECG).

Tell your doctor if you have any of the following symptoms of an irregular heart rhythm:

- fast or irregular heartbeat
- feeling like your heart is skipping a beat
- thumping in your chest
- discomfort, pain or pressure in your chest
- shortness of breath
- less ability to exercise
- feeling tired, weak, dizzy or light-headed
- confusion

#### **Abnormally slow heart rate**

LANCORA™ may lower your heart rate too much. This may happen more in patients:

- taking other heart rate lowering drugs
- who are elderly (75 years of age or older).

Your doctor will monitor your heart rate. Tell your doctor if you have any of the following symptoms of a heart rate that is too low:

- nearly fainting or fainting
- weakness or fatigue
- dizziness
- shortness of breath
- chest pain
- feeling confused or having memory problems

### **Effects on Vision**

LANCORA<sup>TM</sup> may cause temporary visual symptoms. You may:

- have blurry vision
- see halos or stars of light
- see rapid pulses light
- see colored bright lights
- see moving and twisting colours of light
- find that you have moments of brightness that come and go in only certain portions of what you see with your eyes

You may notice that these symptoms happen when there are sudden changes in light intensity in your environment. For example, you may have symptoms if you walk into a bright room from a dark room. These symptoms usually go away on their own. These symptoms typically happen in the first two months of treatment.

### **Driving and Using Machines:**

LANCORA<sup>TM</sup> may make you:

- feel dizzy, tired or weak
- have blurry vision
- see spots or stars of light in your eyes
- have other problems with your vision because of halos, patches of brightness in your vision or pulses of light.

Be careful when driving or using machines. Know how you feel while taking LANCORA<sup>TM</sup> before you drive or use machines.

**Tell your healthcare professional about all the medications you take, including any drugs, vitamins, minerals, natural supplements or alternative medications. The following may interact with LANCORA™:**

- diltiazem, verapamil (for high blood pressure or angina)
- ketoconazole, itraconazole, fluconazole (to treat fungal infections)
- rifampicin, clarithromycin, josamycin (antibiotics)
- nelfinavir, atazanavir, ritonavir (to treat HIV infections)
- nefazodone (to treat depression)
- barbiturates (for difficult sleeping or epilepsy)
- phenytoin (for epilepsy)
- St John's Wort (herbal treatment for depression)
- Medications that may affect the heart rate or the electrical system of the heart, such as:
  - quinidine, disopyramide, ibutilide, sotalol, amiodarone (to treat heart rhythm disorders)
  - pimozide, ziprasidone, imipramine (to treat anxiety, depression, schizophrenia)
  - mefloquine (malarial medication)
  - erythromycin IV (an antibiotic)
  - pentamidine (an antiparasitic medication)
- furosemide, hydrochlorothiazide, indapamide (to treat edema, high blood pressure).
- simvastatin (used to lower cholesterol).

**Do not consume** grapefruit juice during treatment with LANCORA™.

**How to take LANCORA™:**

- You should take LANCORA™ two times per day:
  - Once in the morning with food, and
  - 12 hours later in the evening with food.
- Always take LANCORA™ exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.
- Only stop taking LANCORA™ if your doctor tells you to.
- If you think that the effect of LANCORA™ is too strong or too weak, talk to your doctor or pharmacist.

**Usual dose:**

- Your doctor will decide the right dose for you. Your doctor will adjust your dose based on your heart rate.
- The usual recommended starting dose is one 5mg tablet of LANCORA™ twice a day. Your doctor may increase your dose to one 7.5mg tablet twice a day.
- In some cases, you may start your treatment with a lower dose of 2.5mg twice a day. Your doctor may recommend this dose if you are elderly ( $\geq 75$  years old) or are taking some specific medications. To take this dose, you will need to break one 5mg tablet into two, and take one half in the morning with food and the other half in the evening with food.

**If you received LANCORA™ in blister packaging:**

Each blister card contains 14 tablets, with two in each row and seven rows in total. Each row has the day of the week on it to help you keep track of your daily doses.



**Overdose:**

Your heart rate could be very lowered by a large dose of LANCORA™. You may feel breathless or tired.

If you think you have taken too much LANCORA™, contact your healthcare professional, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

**Missed Dose:**

If you forget to take a dose of LANCORA™, take the next dose at the usual time. Do not take a double dose to make up for the forgotten dose.

**What are possible side effects from using LANCORA™?**

- Dizziness
- Visual symptoms (blurred vision, seeing light spots and flashes, etc.)
- Fatigue, malaise, feeling tired and weak
- Nausea, diarrhea
- Constipation, abdominal pain
- Feeling cold in extremities (fingers and toes)
- Joint pain
- Headache, generally during the first month of treatment
- Red and itchy skin
- Muscle cramps

These are not all the possible side effects you may feel when taking LANCORA™. If you experience any side effects not listed here, contact your healthcare professional.

Like all medications, LANCORA™ may have side effects, although not everybody gets them.

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
COMMON			
<b>Abnormally slow heart beat</b> (heart rate below 50 beats per minute): nearly fainting or fainting, weakness or fatigue, dizziness, shortness of breath, chest pain		✓	
UNCOMMON			
<b>Angioedema:</b> swelling of the face, eyelids, lips, tongue or throat, difficulty swallowing or breathing			✓

<b>Blood pressure increase :</b> severe headache, fatigue, confusion, vision problems, chest pain, difficulty breathing		✓	
<b>Cramping in the lower leg(s)</b>		✓	
<b>Fainting :</b> temporary loss of consciousness due to sudden drop in blood flow to the brain		✓	
<b>Heart attack :</b> chest pain that feels like a tight ache, pressure or squeezing, upper body pain, shortness of breath, feeling dizzy or like you will pass out			✓
<b>Mini-stroke :</b> numbness or muscle weakness - usually on one side of the body, trouble speaking or understanding words, dizziness or loss of balance, double vision or loss of vision			✓
<b>Problem with the electrical system of the heart :</b> rapid, slow or irregular heartbeat or increased fatigue, swelling of legs and feet and shortness of breath		✓	
<b>Sudden drop in blood pressure :</b> feeling of lightheadedness or dizziness		✓	
<b>VERY RARE</b>			
<b>Irregular heart rhythm :</b> fast or slow heartbeat, irregular heartbeat, discomfort, pain or pressure in the chest, shortness of breath		✓	

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, talk to your healthcare professional.

### **Reporting Side Effects**

You can help improve the safe use of health products for Canadians by reporting serious and unexpected side effects to Health Canada. Your report may help to identify new side effects and change the product safety information.

#### **3 ways to report:**

- Online at MedEffect (<http://www.hc-sc.gc.ca/dhp-mps/medeff/index-eng.php>);
- By calling 1-866-234-2345 (toll-free);
- By completing a Consumer Side Effect Reporting Form and sending it by:
  - Fax to 1-866-678-6789 (toll-free), or
  - Mail to: Canada Vigilance Program  
Health Canada, Postal Locator 1908C  
Ottawa, ON  
K1A 0K9Postage paid labels and the Consumer Side Effect Reporting Form are available at MedEffect.

*NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

### **Storage:**

- LANCORA™ should be stored at room temperature (15 to 30°C).
- Keep out of reach and sight of children.
- Use LANCORA™ before the expiry date stated on the bottle, carton and blister strip. The expiry date refers to the last day of that month.
- Do not throw any medication into the garbage, or down the toilet or sink. Ask your pharmacist how to throw away medications you no longer use. This can help protect the environment.

### **If you want more information about LANCORA™:**

- Talk to your healthcare professional.
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website (<http://www.hc-sc.gc.ca>); the manufacturer's website ([www.servier.ca](http://www.servier.ca)), or by calling 1-800-363-6093.

This leaflet was prepared by Servier Canada Inc.

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