

PRODUCT MONOGRAPH

^{Pr}ACT Rivastigmine Patch 5

Rivastigmine Transdermal Patch

Each patch of 5 cm² contains 9 mg rivastigmine base, *in vivo* release rate of 4.6 mg/24 h.

^{Pr}ACT Rivastigmine Patch 10

Rivastigmine Transdermal Patch

Each patch of 10 cm² contains 18 mg rivastigmine base, *in vivo* release rate of 9.5 mg/24 h.

Cholinesterase Inhibitor

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PART I: HEALTH PROFESSIONAL INFORMATION

SUMMARY PRODUCT INFORMATION

Route of Administration	Dosage Form / Strength	Nonmedicinal Ingredients
Transdermal	ACT Rivastigmine Patch 5: Each patch of 5 cm ² contains 9 mg rivastigmine base, <i>in vivo</i> release rate of 4.6 mg/24 h. ACT Rivastigmine Patch 10: Each patch of 10 cm ² contains 18 mg rivastigmine base, <i>in vivo</i> release rate of 9.5 mg/24 h.	acrylic copolymer adhesive applied to a flexible backing film

INDICATIONS AND CLINICAL USE

ACT Rivastigmine Patch (rivastigmine) is indicated for the symptomatic treatment of patients with mild to moderate dementia of the Alzheimer's type.

ACT Rivastigmine Patch has not been studied in controlled clinical trials for longer than 6 months.

ACT Rivastigmine Patch *should only be prescribed by (or following consultation with) clinicians who are experienced in the diagnosis and management of Alzheimer's disease.*

Geriatrics (≥ 65 years of age): Age had no impact on the exposure to rivastigmine in Alzheimer's disease patients treated with rivastigmine transdermal patch.

Pediatrics (< 18 years of age): No data are available in children. Therefore, the use of ACT Rivastigmine Patch is not recommended in children under 18 years of age.

CONTRAINDICATIONS

- Patients with known hypersensitivity to rivastigmine, to other carbamate derivatives or to the excipients of the formulation. For a complete listing, see the Dosage Forms, Composition and Packaging section of the product monograph.
- Patients with severe liver impairment since rivastigmine has not been studied in this population.

- Patients with previous history of application site reactions with rivastigmine transdermal patch suggestive of allergic contact dermatitis or other severe skin reactions (e.g., allergic dermatitis (disseminated), Stevens-Johnson syndrome) with rivastigmine, oral or transdermal patch (see WARNINGS AND PRECAUTIONS, Skin).

WARNINGS AND PRECAUTIONS

General

Overdose with rivastigmine resulting from medication errors and inappropriate use of rivastigmine transdermal patch (e.g. failure to remove the previous day's patch before applying a new patch and application of multiple patches at a time) has been reported. As with medication errors and misuse in general, serious medical outcomes, including death, have been reported with rivastigmine transdermal patch (see OVERDOSAGE).

The typical symptoms reported in association with overdose include nausea, vomiting, diarrhea, hypertension, and hallucinations. Bradycardia and/or syncope, that may be associated with malaise or falls, may also occur (see ADVERSE REACTIONS, Post-Market Adverse Reactions; OVERDOSAGE).

In a population of cognitively-impaired individuals, safe use of this medication may require supervision. Patients and caregivers should be instructed in the proper use of ACT Rivastigmine Patch (see WARNINGS AND PRECAUTIONS, Patient and Caregiver Counseling Information).

The incidence and severity of adverse reactions generally increases with increasing dose, particularly at the time surrounding dose changes. If treatment is interrupted for more than three days, it should be reinitiated with ACT Rivastigmine Patch 5 (rivastigmine).

As with other cholinergic substances care must be taken when prescribing ACT Rivastigmine Patch:

- To patients with sick sinus syndrome or conduction defects (sino-atrial block, atrio-ventricular block) (see WARNINGS AND PRECAUTIONS, Cardiovascular).
- To patients with active gastric or duodenal ulcers or patients predisposed to these conditions because gastric acid secretions may be increased (see WARNINGS AND PRECAUTIONS, Gastrointestinal).
- To patients predisposed to urinary obstruction and seizures because cholinomimetics may induce or exacerbate these diseases (see WARNINGS AND PRECAUTIONS, Neurologic).
- To patients with a history of asthma or obstructive pulmonary disease (see WARNINGS AND PRECAUTIONS, Respiratory).
- To patients with lower body weight (e.g. below 50 kg) as they may experience more adverse reactions and may be more likely to discontinue therapy.

Rivastigmine transdermal patch has not been studied in patients with non-Alzheimer dementias or individuals with dementia associated with Parkinson's disease. The efficacy and safety of

rivastigmine transdermal patch in these patient populations is unknown (see ADVERSE REACTIONS, Post-Market Adverse Drug Reactions).

Contact with the eyes should be avoided after handling ACT Rivastigmine Patch.

Anesthesia: Rivastigmine transdermal patch (rivastigmine) as a cholinesterase inhibitor, is likely to exaggerate succinylcholine-type muscle relaxation during anesthesia.

Weight Loss: Cholinesterase inhibitors as well as Alzheimer's disease can be associated with significant weight loss. Patients may lose weight while taking cholinesterase inhibitors, including rivastigmine. Therefore, the patient's weight should be monitored during therapy with rivastigmine transdermal patch.

In the controlled clinical trial, 3% of the patients treated with the rivastigmine transdermal patch 10 cm² had a decreased weight, as compared with 5% of patients who received rivastigmine capsule at doses up to 6 mg BID and 1% of those who received placebo. The proportion of patients who had weight loss equal to or greater than 7% of their baseline weight was 8% (5.4% males and 9.6% females) of those treated with the rivastigmine transdermal patch 10 cm² compared with 11% of patients (9.9% males and 11.4% females) who received rivastigmine capsule at doses up to 6 mg BID and 6% (5.0% males and 6.5% females) of those who received placebo.

Low Body Weight: Patients with body weight below 50 kg may experience more adverse reactions and may be more likely to discontinue due to adverse reactions. Carefully titrate and monitor these patients for adverse reactions (e.g. excessive nausea or vomiting) and consider reducing the dose if such adverse reactions develop (see DOSAGE AND ADMINISTRATION).

Cardiovascular

Because of their pharmacological action, cholinomimetics may have vagotonic effects on heart rate (e.g., bradycardia). The potential for this action may be particularly important to patients with "sick sinus syndrome" or other supraventricular cardiac conduction conditions. In clinical trials patients with serious cardiovascular disease were excluded. Caution should therefore be exercised in treating patients with active coronary artery disease or congestive heart failure. Syncopal episodes have been reported in association with the use of rivastigmine capsules and rivastigmine transdermal patch. It is recommended that ACT Rivastigmine Patch not be used in patients with cardiac conduction abnormalities (except for right bundle branch block) including "sick sinus syndrome" and those with unexplained syncopal episodes.

Gastrointestinal

Treatment with ACT Rivastigmine Patch at higher than recommended doses is associated with significant gastrointestinal adverse reactions, including nausea, vomiting, diarrhea, anorexia/decreased appetite and weight loss (see ADVERSE REACTIONS). Patients who show signs or symptoms of dehydration resulting from prolonged vomiting or diarrhea can be managed with iv fluids and discontinuation if recognized and treated promptly. Dehydration can be associated with serious outcomes (see ADVERSE REACTIONS).

Due to the risk of gastrointestinal adverse reactions treatment should always be started with ACT Rivastigmine Patch 5. A dose increase to ACT Rivastigmine Patch 10, the recommended maintenance dose, should only occur after a minimum of 4 weeks of treatment with ACT Rivastigmine Patch 5 and if well tolerated. If treatment is interrupted for longer than three days, treatment should be reinitiated with ACT Rivastigmine Patch 5 to reduce the possibility of severe vomiting and its potentially serious sequelae (e.g., there have been very rare post-marketing reports of severe vomiting with esophageal rupture following oral administration) (see DOSAGE AND ADMINISTRATION).

Caregivers should be advised of the high incidence of nausea and vomiting, along with the possibility of anorexia and weight loss, associated with the use of the ACT Rivastigmine Patch at higher than recommended doses (see ADVERSE REACTIONS). Caregivers should be encouraged to monitor for these adverse reactions and inform the physician if they occur at any dose of ACT Rivastigmine Patch. It is critical to inform caregivers that if therapy has been interrupted for more than three days, the next dose should not be administered until they have discussed this with the physician.

Nausea and Vomiting: Gastrointestinal disorders such as nausea, vomiting and diarrhea may occur when initiating treatment and/or increasing the dose. Patients may respond to a dose reduction. In other cases, use of rivastigmine transdermal patch has been discontinued. Patients who show signs or symptoms of dehydration resulting from prolonged vomiting or diarrhea can be managed with iv fluids and dose reduction or discontinuation if recognized and treated promptly. Dehydration can be associated with serious outcomes (see **ADVERSE REACTIONS**).

In the controlled clinical trial, 7% of patients treated with the rivastigmine transdermal patch 10 cm² developed nausea, as compared to 23% of patients who received rivastigmine capsule at doses up to 6 mg BID and 5% of those who received placebo. In the same clinical trial, 6% of patients treated with rivastigmine transdermal patch 10 cm² developed vomiting, as compared with 17% of patients who received rivastigmine capsule at doses up to 6 mg BID and 3% of those who received placebo.

The proportion of patients who discontinued treatment due to vomiting was 0% of the patients who received the rivastigmine transdermal patch 10 cm² as compared to 2% of patients who received rivastigmine capsule at doses up to 6 mg BID and 0% of those who received placebo. Vomiting was severe in 0% of patients who received the rivastigmine transdermal patch 10 cm² and 1% of patients who received rivastigmine capsule at doses up to 6 mg BID and 0% of those who received placebo. In this study, patients treated with a higher dose of the patch (rivastigmine transdermal patch 20 cm²) experienced nausea and vomiting at higher frequencies than patients treated with rivastigmine transdermal patch 10 cm² (see **ADVERSE REACTIONS; DOSAGE AND ADMINISTRATION**).

Diarrhea: In the controlled clinical trial, 6% of the patients treated with the rivastigmine transdermal patch 10cm² developed diarrhea, as compared with 5% of patients who received rivastigmine capsule at doses up to 6 mg BID, and 3% of those who received placebo.

Anorexia/Decreased Appetite: In the controlled clinical trial, 3% of the patients treated with the rivastigmine transdermal patch 10cm² were recorded as developing decreased appetite or anorexia, as compared with 9% of patients who received rivastigmine capsule at doses up to 6 mg BID and 2% of those who received placebo.

Peptic Ulcers/Gastrointestinal Bleeding: Through their primary action, cholinesterase inhibitors may be expected to increase gastric acid secretion due to increased cholinergic activity. Therefore, patients should be monitored for symptoms of active or occult gastrointestinal bleeding, especially those at increased risk for developing ulcers, e.g., those with a history of ulcer disease or those receiving concurrent nonsteroidal anti-inflammatory drugs (NSAIDs). Clinical studies of rivastigmine transdermal patch have shown no significant increase, relative to placebo, in the incidence of either peptic ulcer disease or gastrointestinal bleeding.

Neurologic

Seizures: Cholinomimetics are believed to have some potential to cause generalized convulsions. However, seizure activity also may be a manifestation of Alzheimer's disease. The risk/benefit of rivastigmine transdermal patch treatment for patients with a history of seizure disorder must therefore be carefully evaluated (see ADVERSE REACTIONS, Post-Market Adverse Drug Reactions).

Extrapyramidal symptoms: Like other cholinomimetics, rivastigmine may exacerbate or induce extrapyramidal symptoms. Worsening of parkinsonian symptoms, particularly tremor, has been observed in patients with dementia associated with Parkinson's disease who were treated with rivastigmine capsule. Such adverse events may also occur with rivastigmine transdermal patch. ACT Rivastigmine Patch is not indicated for the treatment of dementia associated with Parkinson's disease (see ADVERSE REACTIONS, Post-Market Adverse Drug Reactions).

In the rivastigmine transdermal patch controlled clinical trial 1.4% of patients treated with the rivastigmine transdermal patch 10cm² and 0.3% of patients treated with placebo experienced extrapyramidal symptoms including tremor, bradykinesia, dyskinesia and rigidity. Most patients who experienced extrapyramidal symptoms were treated concomitantly with antipsychotics.

Effects on Ability to Drive and Use Machines: Alzheimer's disease may cause gradual impairment of driving performance or compromise the ability to use machinery. Rivastigmine may induce dizziness and somnolence, mainly when initiating treatment or increasing the dose. Therefore, in patients with dementia treated with rivastigmine, the ability to continue driving or operating complex machines should be routinely evaluated by the treating physician.

Skin

Skin reactions: Application site hypersensitivity, urticaria, blister (including application site and generalized blistering), allergic contact dermatitis have been reported with the use of rivastigmine transdermal patch. Skin application site reactions with rivastigmine transdermal patch are usually mild or moderate in intensity (see ADVERSE REACTIONS, Skin irritation).

Skin hypersensitivity reactions, including blister (e.g., generalized blistering), allergic dermatitis (disseminated), and Stevens-Johnson syndrome, have been also reported in patients treated with transdermal or oral rivastigmine. In these cases, treatment should be discontinued (see CONTRAINDICATIONS; WARNINGS AND PRECAUTIONS, Patient and Caregiver Counselling Information; ADVERSE REACTIONS, Post Market Adverse Drug Reactions). During post-marketing experience there have been reports of hypersensitivity type skin reactions with rivastigmine transdermal patch that worsened when patients were switched to oral rivastigmine (see ADVERSE REACTIONS, Post-market Adverse Drug Reactions).

Skin reactions (application site reactions and/or generalized reactions) may develop at any time during treatment.

Allergic contact dermatitis has been reported with the use of rivastigmine patch (see ADVERSE REACTIONS, Post-market Adverse Drug Reactions). Allergic contact dermatitis should be suspected if application site reactions spread beyond the patch size and/or if there is evidence of a more intense local reaction (e.g. increasing erythema, edema, papules, vesicles), and if symptoms do not improve within 48 hours after patch removal. In these cases, treatment should be discontinued (see CONTRAINDICATIONS).

For patients who develop application site reactions suggestive of allergic contact dermatitis to rivastigmine transdermal patch and who still require rivastigmine, a switch to oral rivastigmine should only be made after negative allergy testing and under close medical supervision. Some patients sensitized to rivastigmine by exposure to rivastigmine patch may not be able to tolerate rivastigmine in any form.

Hepatic/Biliary/Pancreatic

Pancreatic: In the pivotal clinical trial involving AD patients treated with the rivastigmine transdermal patch, acute pancreatitis was reported as an adverse event for one patient treated with rivastigmine capsule (0.3%) during double-blind treatment and one patient treated with rivastigmine transdermal patch (0.2%) during open label treatment. Cases of pancreatitis have also been reported during post-marketing experience with rivastigmine transdermal patch and rivastigmine capsules shortly after initial use as well as after several months or years of use.

Patients experiencing persistent and unexplained upper abdominal pain, that may or may not be accompanied by vomiting and confusion, should promptly seek medical attention.

Respiratory

Like other cholinomimetic drugs, ACT Rivastigmine Patch should be used with care in patients with a history of asthma or obstructive pulmonary disease. No clinical trial experience is available in treating patients with these conditions.

Genitourinary

Although not reported in clinical trials of rivastigmine, cholinomimetics may cause bladder spasms.

Laboratory Values

Laboratory values were not systematically evaluated during the controlled clinical trial with rivastigmine transdermal patch after screening.

Most elevations in serum amylase ($>2^x$ normal range) and lipase ($>7^x$ normal range) in a clinical trial with rivastigmine capsules in patients with dementia associated with Parkinson's disease were seen more frequently with rivastigmine capsule-treatment than in patients receiving placebo. These elevations were not associated with clinical consequences.

Genetic Polymorphism

The effect of genetic polymorphism of butyrylcholinesterase enzyme on rivastigmine metabolism is unknown.

Patient and Caregiver Counselling Information

Consumer Information is included in the package of ACT Rivastigmine Patch dispensed to the patient. Caregivers should be advised to read this sheet prior to administering ACT Rivastigmine Patch.

Patients receiving ACT Rivastigmine Patch and caregivers should be given the following instructions by the physician and/or pharmacist:

1. Importance of Correct Usage

Patients or caregivers should be advised of the importance of applying the correct dose on the correct part of their body. They should be instructed to remove any used ACT Rivastigmine Patch before applying a new one and to apply only one patch per day to one site. Only one patch should be worn per day to avoid the risk of overdose (see WARNINGS AND PRECAUTIONS; ADVERSE REACTIONS; OVERDOSAGE).

The application site should be rotated in order to minimize skin irritation. The same site should not be used within 14 days. Patches should be replaced every 24 hours and the time of day should be consistent. It may be helpful for this to be part of a daily routine, such as the daily bath or shower.

Patients or caregivers should be told to avoid exposure of the patch to external heat sources (excess sunlight, saunas, solarium) for long periods of time.

2. Concomitant Use of Drugs with Cholinergic Action

Patients or caregivers should be told that while wearing ACT Rivastigmine Patch they should not be taking rivastigmine capsules or other drugs with cholinergic effects.

3. Gastrointestinal Adverse Reactions

Patients or caregivers should be informed of the potential gastrointestinal adverse reactions such as nausea, vomiting and diarrhea. Patients and caregivers should be instructed to observe for these adverse reactions at all times, and in particular when treatment is initiated or the dose is

increased. Patients and caregivers should be instructed to inform their physician if these adverse events persist as a dose adjustment/reduction may be required.

4. Monitoring the Patient's Weight

Patients or caregivers should be informed that ACT Rivastigmine Patch may affect the patient's appetite and/or the patient's weight. Any loss of appetite or weight reduction needs to be monitored.

5. Skin Reactions

Patients or caregivers should be advised that skin reactions may develop any time during treatment with ACT Rivastigmine Patch. These may include application site skin reactions that are usually mild to moderate in severity, or potentially more serious skin reactions that spread beyond the application site (potential allergic contact dermatitis reactions) or are generalized. Patients or caregivers should be instructed to immediately inform a physician if application site reactions spread beyond the patch size, if there is evidence of a more intense local reaction (e.g. increasing erythema, edema, papules, vesicles), and if symptoms do not improve within 48 hours after patch removal.

6. Missed Doses

If the patient has missed a dose, he/she should be instructed to apply a new patch immediately. They may apply the next patch at the usual time the next day, after removing the previous day's patch. Patients should not apply two ACT Rivastigmine Patches to make up for one missed. If treatment has been missed for more than three days, the patient or caregiver should be informed to restart treatment with the starting patch dose of 4.6 mg/24 hours (ACT Rivastigmine Patch 5). Titration to the next patch dose should proceed after 4 weeks (see DOSAGE AND ADMINISTRATION).

7. Discarding Used Patches

Patients or caregivers should be instructed to fold the patch in half after use and to discard it out of the reach and sight of children and pets. They should also be informed that drug still remains in the patch after 24-hour usage. They should be instructed to avoid eye contact and to wash their hands after handling the patch.

Special Populations

Hepatic impairment: No study was conducted with rivastigmine transdermal patch in subjects with hepatic impairment (see ACTION AND CLINICAL PHARMACOLOGY, Pharmacokinetics, Special Populations and Conditions). Due to increased exposure in mild to moderate hepatic impairment, as observed with the oral formulation, it is recommended that dose escalation with rivastigmine in hepatically impaired patients be undertaken according to individual tolerability and under conditions of close monitoring for adverse effects as these patients may experience more adverse events (see DOSAGE AND ADMINISTRATION, Dosing Considerations). ACT Rivastigmine Patch is contraindicated in patients with severe liver impairment since it has not been studied in this population (see CONTRAINDICATIONS).

Renal impairment: No study was conducted with the rivastigmine transdermal patch in subjects with renal impairment (see ACTION AND CLINICAL PHARMACOLOGY, Pharmacokinetics, Special Populations and Conditions). It is therefore recommended that dose escalation with rivastigmine in renally impaired patients be undertaken according to individual tolerability with caution and under conditions of close monitoring for adverse effects as these patients might experience more adverse events (see DOSAGE AND ADMINISTRATION, Dosing Considerations).

Pregnant Women: The safety of rivastigmine in pregnant women has not been established. ACT Rivastigmine Patch should not be used in women of childbearing potential unless, in the opinion of the physician, the potential benefit to the patient justifies the potential risk to the fetus.

Nursing Women: It is not known whether rivastigmine is excreted into human milk, and therefore ACT Rivastigmine Patch should not be used in nursing mothers. ¹⁴C-rivastigmine was excreted into the milk of pregnant rats after a single oral dose. In rats given rivastigmine orally, concentrations of rivastigmine plus metabolites were approximately two times higher in milk than in plasma.

Pediatrics (< 18 years of age): The safety and effectiveness of rivastigmine in any illness occurring in pediatric patients have not been established.

Geriatrics (≥ 65 years of age): Age had no impact on the exposure to rivastigmine in Alzheimer's disease patients treated with rivastigmine transdermal patch.

Comorbid Disease: Use in elderly patients with serious comorbid disease has not been studied in large phase III-IV clinical studies. The use of rivastigmine in Alzheimer's disease patients with chronic illnesses common among the geriatric population, should be considered after careful risk/benefit assessment and include close monitoring for adverse events. Dose escalation in this patient population should proceed with caution (see **DOSAGE AND ADMINISTRATION, Dosing Considerations**).

Patients with vascular dementia

Patients diagnosed with probable vascular dementia, according to NINDS-AIREN criteria, were randomized to double-blind treatment with rivastigmine capsules (3-12 mg/day, N=363) or placebo (N=344) for 6 months in a controlled clinical trial. The NINDS-AIREN criteria are designed to identify patients with dementia that appears to be due primarily to vascular causes, and to exclude patients with Alzheimer's disease. Overall, rivastigmine was not shown to be an effective treatment for patients with vascular dementia in this study.

The study also showed that the overall rate of occurrence of treatment emergent adverse events was lower in vascular dementia patients than what was observed previously in Alzheimer's disease patients. However, rates of serious adverse events were generally greater for vascular dementia patients compared to mild to moderate Alzheimer's disease patients for both rivastigmine and placebo groups, and may relate to the greater number of co-morbid medical conditions in the vascular dementia population.

In vascular dementia patients, higher rates of all-cause mortality (2.2% on rivastigmine vs. 1.2% on placebo) and certain cardiovascular and cerebrovascular adverse events such as, angina pectoris, myocardial infarction, coronary artery disease, hypertension, dysarthria and cerebrovascular accident were observed in patients who were treated with rivastigmine compared to those who received placebo. The majority of deaths in patients taking either rivastigmine or placebo resulted from either cardiovascular or cerebrovascular disorders or respiratory failures.

ADVERSE REACTIONS

Adverse Drug Reaction Overview

Clinical Trial Adverse Drug Reactions

Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.

Mild to Moderate Dementia of the Alzheimer's Type

In the single 24-week placebo controlled clinical trial with the rivastigmine transdermal patch in mild to moderate Alzheimer's disease (Mini Mental Status Examination (MMSE) 10-20), 1190 patients were treated with rivastigmine transdermal patch 20 cm², rivastigmine transdermal patch 10 cm², rivastigmine capsule and placebo. The overall incidence of adverse events in patients treated with rivastigmine transdermal patch 10 cm² (rivastigmine) was lower than the rate in patients who received rivastigmine transdermal patch 20 cm² and rivastigmine capsule treatment. Nausea and vomiting were the most common adverse events in patients who received active treatment, and occurred at similar rates in both rivastigmine transdermal patch 20 cm² and capsule groups. The rates of both these events were substantially lower in the rivastigmine transdermal patch 10 cm² group compared to the rivastigmine transdermal patch 20 cm² and rivastigmine capsule groups.

Adverse Events Leading to Discontinuation

Overall, 11% of patients treated with rivastigmine transdermal patch 10 cm², 10% of patients treated with rivastigmine transdermal patch 20 cm², 9% of patients treated with rivastigmine capsule (12 mg/day), compared to 6% of patients treated with placebo discontinued from the rivastigmine transdermal patch controlled clinical trial, due to adverse events. During the titration phase the incidence of discontinuations due to adverse events was 3.6% for placebo, 6.8% for rivastigmine capsule (12 mg/day), 9.6% for rivastigmine transdermal patch 10 cm², and 7.3% for rivastigmine transdermal patch 20 cm². During the maintenance phase, 2.5% of patients who received placebo, 2.0% of patients who received rivastigmine capsule, 1.2% of patients who

received rivastigmine transdermal patch 10 cm², and 3.8% of patients who received rivastigmine transdermal patch 20 cm² withdrew due to adverse events.

The most frequent adverse events leading to discontinuation from this study, defined as those occurring in at least 1% of patients receiving rivastigmine transdermal patch 20 cm² or rivastigmine transdermal patch 10 cm² and more frequent than those receiving placebo, were nausea, vomiting, anorexia, weight decreased, asthenia, application site pruritus, cerebrovascular accident, dizziness, syncope, agitation, anxiety, delirium, erythema and pruritus. Only nausea and vomiting resulted in discontinuation of >1% of patients in an rivastigmine transdermal patch treatment group (nausea- rivastigmine transdermal patch 20 cm² 2% vs placebo 1%; vomiting- rivastigmine transdermal patch 20 cm² 2% vs placebo <1%). All other adverse events leading to discontinuation occurred in 1% of patients treated with rivastigmine transdermal patch and <1% of patients who received placebo.

Most Frequent Adverse Events

The most commonly reported adverse events, defined as those occurring at a frequency of at least 5% in the rivastigmine transdermal patch groups and twice the placebo rate, are largely predicted by rivastigmine's cholinomimetic effects. These are nausea, vomiting and diarrhea. All of these events were more common in the titration phase than during the maintenance phase.

Table 1 presents a comparison of common adverse events ($\geq 5\%$ incidence and twice the placebo rate in the rivastigmine transdermal patch groups) by treatment group during titration (weeks 1-16) and maintenance (weeks 17-24) phases.

Table 1- Common adverse events ($\geq 5\%$ and twice the placebo rate in the Rivastigmine Transdermal Patch groups) in the 24-Week Clinical Trial Conducted with Rivastigmine Transdermal Patch in Patients with Mild to Moderate Alzheimer’s Disease, during titration and maintenance phases[†]

Adverse event	Titration phase (Weeks 1-16)				Maintenance phase (Weeks 17-24)			
	Placebo n=302 (%)	Rivastigmine capsules ^a n=294 (%)	Rivastigmine Patch 10 cm ² n=291 (%)	Rivastigmine Patch 20 cm ^{2b} n=303 (%)	Placebo n=280 (%)	Rivastigmine capsules 6 mg BID n=250 (%)	Rivastigmine Patch 10 cm ² n=241 (%)	Rivastigmine Patch 20 cm ² ^b n=263 (%)
Nausea	5	21	7	17	< 1	4	1	6
Vomiting	3	15	6	15	1	3	1	8
Diarrhea	3	5	6	9	< 1	< 1	1	2
Weight decreased	1	5	2	5	0	1	< 1	3
Dizziness	2	6	2	6	0	2	< 1	2

[†]All patients who received at least one dose of study medication were included in the results for the titration phase. All patients who entered the maintenance phase were represented in the results for the maintenance phase.

^a Doses up to 6 mg BID

^b rivastigmine transdermal patch 20 cm² did not confer appreciable additional benefit and was associated with significant increases in adverse events.

Table 2 shows the adverse events ($\geq 2\%$ in rivastigmine transdermal patch groups) from the 24-week clinical trial conducted with rivastigmine transdermal patch in patients with Alzheimer’s disease.

Table 2-Adverse Events ($\geq 2\%$ in Rivastigmine Transdermal Patch Groups, and occurring with a rate greater than placebo) of the 24-Week Clinical Trial Conducted with Rivastigmine Transdermal Patch in Patients with Mild to Moderate Alzheimer’s Disease.

	Placebo n=302	Rivastigmine capsules 6 mg BID n=294	Rivastigmine Patch 10 cm ² n=291	Rivastigmine Patch 20 cm ² ^a n=303
Percent of patients with AE(s)	46	63	51	66
Ear and Labyrinth Disorders				
Vertigo	1	1	0	2
Gastrointestinal				
Nausea	5	23	7	21
Vomiting	3	17	6	19
Diarrhea	3	5	6	10
Abdominal pain	1	1	2	4
Abdominal pain upper	2	2	1	3
General Disorders and Administrative Site Conditions				
Asthenia	1	6	2	3
Fatigue	1	1	2	2
Infections and Infestations				
Urinary tract infection	1	1	2	2
Investigations				
Weight decreased	1	5	3	8
Metabolism and Nutritional Disorders				
Anorexia	1	5	2	4
Decreased appetite	1	4	1	5
Nervous System Disorders				
Dizziness	2	7	2	7
Headache	2	6	3	4
Psychiatric Disorders				
Depression	1	4	4	4
Insomnia	2	2	1	4
Anxiety	1	2	3	3

^a Rivastigmine transdermal patch 20 cm² did not confer appreciable additional benefit and was associated with significant increases in adverse events.

Application Site Reactions (skin irritation)

In clinical trials, skin reactions were measured at each visit using a skin irritation rating scale that rated the degree of erythema, edema, scaling, fissures, pruritus and pain/stinging/burning at the application site. The most commonly observed symptom was erythema which disappeared within 24 hours in the vast majority of patients.

In the 24-week placebo controlled clinical trial, cases of skin irritation were captured separately on an investigator-rated skin irritation scale and not as adverse events, unless they fulfilled the criteria for a serious adverse event. During this study, symptoms or signs of skin irritation, as captured by the skin irritation scale, were mainly erythema or pruritus and were mostly slight or mild in severity. Skin irritation rated as severe was observed on at least one occasion in $\leq 2.2\%$ of rivastigmine transdermal patch patients, versus $\leq 1.0\%$ of patients on placebo patch. Most skin reactions were limited to the application site and resulted in discontinuation in only 2.4% of the patients on rivastigmine transdermal patch 10 cm².

Application site skin reactions that met the criteria for reporting as adverse events (i.e., adverse events fulfilling serious adverse event criteria) included the following: application site reaction, application site dermatitis, application site irritation, application site pruritus, application site erythema, application site eczema and application site edema. Adverse events reported for more than one patient on any treatment are summarized in Table 3 (see WARNINGS AND PRECAUTIONS, Skin).

Table 3. Skin reaction adverse events (> 1 patient in any group) in the 24-Week Clinical Trial Conducted with rivastigmine transdermal patch in Patients with Mild to Moderate Alzheimer's Disease

	Placebo N=302 n (%)	rivastigmine transdermal patch 10 cm ² N=291 n (%)	rivastigmine transdermal patch 20 cm ² N=303 n (%)
General disorders and Administration Site Conditions	12 (4.0)	24 (8.2)	31 (10.2)
Application site skin irritation	0 (0)	2 (0.7)	0 (0)
Application site pruritus	1 (0.3)	1 (0.3)	3 (1.0)
Application site erythema	1 (0.3)	1 (0.3)	4 (1.3)
Skin and subcutaneous Disorders	16 (6.3)	20 (6.9)	11 (3.6)
Pruritus/pruritus generalized	1 (0.3)	4 (1.4)	2 (0.7)
Erythema	1 (0.3)	2 (0.7)	0 (0)
Rash	1 (0.3)	3 (1.0)	0 (0)

In one crossover trial in 40 healthy volunteers, the application of the patch to the abdomen or outer thigh was more likely to result in skin irritation (mild to moderate erythema), whereas

application to the upper arm and chest was less likely to cause skin irritation when compared to application to the upper back (see also ACTIONS AND CLINICAL PHARMACOLOGY, Absorption, for effect of application site on plasma concentrations).

Cerebrovascular Accident

In the 24-week placebo controlled clinical trial involving mild to moderate Alzheimer's disease patients treated with rivastigmine transdermal patch cerebrovascular accident occurred in 1.0% of patients treated with rivastigmine transdermal patch 20 cm², 0.7% of patients treated with rivastigmine transdermal patch 10 cm² and 0.3% of patients treated with placebo. The events were fatal in the rivastigmine transdermal patch 10 cm² and placebo groups. A lower frequency of cerebrovascular accident was observed in the controlled clinical trials involving patients with mild to moderate Alzheimer's disease who were treated with rivastigmine capsules.

Other Adverse Events Observed during Clinical Trials

Rivastigmine transdermal patch has been administered to 2348 patients with Alzheimer's disease during clinical trials worldwide. Of these, 1954 patients have been treated for at least 12 weeks, 1643 patients have been treated for at least 24 weeks, and 847 patients have been treated for at least 48 weeks.

Treatment-emergent signs and symptoms that occurred during 3 controlled and 4 open-label trials in North America, Europe, Latin America, Asia and Japan were recorded as adverse events by the clinical investigators using terminology of their own choosing.

To provide an overall estimate of the proportion of individuals having similar types of events, the events were grouped into a smaller number of standardized categories using MedDRA dictionary, and event frequencies were calculated across all studies. These categories are used in the listing below. The frequencies represent the proportion of 2348 patients from these trials who experienced that event while receiving rivastigmine transdermal patch. All patch doses are pooled. In general, adverse event rates with the patch were dose-related.

All adverse events occurring in at least 1 patient (approximately 0.1%) are included, except for those already listed elsewhere in labeling, too general to be informative, or relatively minor events.

Events are classified by system organ class and listed using the following definitions: Frequent – those occurring in at least 1/100 patients; Infrequent – those occurring in 1/100 to 1/1,000 patients. These adverse events are not necessarily related to rivastigmine transdermal patch treatment and in most cases were observed at a similar frequency in placebo-treated patients in the controlled studies.

Blood and Lymphatic System Disorders: *Frequent:* Anemia.

Cardiac Disorders: *Infrequent:* Angina pectoris, coronary artery disease, cardiac failure, bradycardia, atrial fibrillation, syncope, electrocardiogram QT prolonged, supraventricular extrasystoles, myocardial infarction, tachycardia, arrhythmia, atrioventricular block.

Ear and Labyrinth Disorders: *Infrequent:* Tinnitus.

Eye Disorders: *Infrequent:* Cataract, glaucoma, vision blurred.

Gastrointestinal System: *Frequent:* Constipation, gastritis, dyspepsia. *Infrequent:* Gastroesophageal reflux disease, hematochezia, peptic ulcer, hematemesis, pancreatitis, salivary hypersecretion.

General Disorders and Administration Site Conditions: *Frequent:* Application site reaction, application site erythema, application site pruritus, *Infrequent:* Application site dermatitis, application site irritation, application site vesicles, peripheral edema, chest pain, application site eczema, hyperpyrexia, malaise.

Hepatobiliary Disorders: *Infrequent:* Cholecystitis.

Infections and Infestations: *Frequent:* Nasopharyngitis, pneumonia. *Infrequent:* Diverticulitis.

Injury, Poisoning and Procedural Complications: *Frequent:* Fall. *Infrequent:* Hip fracture, subdural hematoma.

Investigations: *Infrequent:* Blood creatine phosphokinase increased, lipase increased, blood amylase increased, electrocardiogram QT prolonged.

Metabolic and Nutritional Disorders: *Frequent:* Dehydration. *Infrequent:* Blood amylase increased, blood creatine phosphokinase increased, hyperlipidemia, hypokalemia, hyponatremia, lipase increased.

Musculoskeletal and Connective Tissue Disorders: *Infrequent:* Arthralgia, muscle spasms, myalgia.

Nervous System Disorders: *Frequent:* Tremor. *Infrequent:* Migraine, parkinsonism, extrapyramidal disorder, gait disorder, cerebrovascular accident, cerebral hemorrhage, cerebellar hemorrhage, transient ischemic attack, somnolence.

Psychiatric Disorders: *Infrequent:* Delusion, delirium, hallucinations.

Renal and Urinary Disorders: *Frequent:* Urinary incontinence. *Infrequent:* Pollakiuria, hematuria, nocturia, renal failure.

Reproductive System and Breast Disorders: *Infrequent:* Benign prostatic hyperplasia.

Respiratory, Thoracic, and Mediastinal Disorders: *Infrequent:* Dyspnea, bronchospasm, chronic obstructive pulmonary disease.

Skin and Subcutaneous Tissue Disorders: *Frequent:* Pruritus. *Infrequent:* Erythema, eczema, dermatitis, rash erythematous, skin ulcer, hyperhidrosis.

Vascular Disorders: *Infrequent:* Hypotension, cerebrovascular accident.

Additional adverse drug reactions which have been reported with rivastigmine capsules or oral solution

The following additional adverse events have been observed in clinical trials with rivastigmine capsules: confusion (frequent), abnormal liver function tests (infrequent), duodenal ulcers (infrequent).

Post-Market Adverse Drug Reactions

Rivastigmine Transdermal Patch

The following additional adverse events have been identified based on post-marketing spontaneous reports and are not listed above. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency.

Cardiovascular Disorders: sick sinus syndrome

General Disorders and Administration Site Conditions: application site hypersensitivity/allergic reaction

Hepatobiliary System Disorders: abnormal liver function tests, pancreatitis, hepatitis, hepatic failure

Nervous system Disorders: Parkinson's disease (worsening) in patients with Parkinson's disease who were treated with rivastigmine transdermal patch (see WARNINGS AND PRECAUTIONS); seizure, extrapyramidal symptoms in patients with Alzheimer's dementia.

Psychiatric Disorders: aggression, restlessness

Skin and Subcutaneous Tissue Disorders: urticaria, blister (including application site and generalized blistering), allergic dermatitis (disseminated), Stevens Johnson syndrome.

Vascular Disorders: hypertension

Overdose with rivastigmine resulting from medication errors and inappropriate use of rivastigmine transdermal patch (e.g. failure to remove the previous day's patch and application of multiple patches at a time) has been reported. As with medication errors and misuse in general, serious medical outcomes, including death, have been reported with rivastigmine transdermal patch (see OVERDOSAGE for details).

The typical symptoms reported in association with overdose include nausea, vomiting, diarrhea, hypertension, and hallucinations. Bradycardia and/or syncope, that may be associated with malaise or falls, may also occur (see WARNINGS AND PRECAUTIONS, General; OVERDOSAGE).

Nightmares

There have been serious and non-serious reports of nightmares from post-marketing sources and non-serious reports from clinical trials of rivastigmine transdermal patch. In placebo controlled clinical trials, 0.1% of rivastigmine transdermal patch-treated patients reported nightmares vs 0.0% in placebo. In some cases, casual relationship could not be ruled out and rivastigmine transdermal patch dose reduction or discontinuation led to relief of symptoms.

Additional post-approval clinical trials experience

Post-approval, 24 week double-blind controlled clinical trials were conducted in China and Japan in patients with mild to moderate Alzheimer's Disease. Generally, the adverse event profiles of these Chinese and Japanese clinical trials are similar to those previously described. However, in Chinese patients, somnolence was reported as "frequent" whereas in previous clinical trials it was reported as "infrequent" (see Other Adverse Events observed in Clinical Trials – Nervous system disorders). In Japanese patients, application site erythema, application site oedema, and application site pruritus and contact dermatitis were reported as "very common" whereas in previous clinical trials it was reported as "frequent" (see Other Adverse Events observed in Clinical Trials – General Disorders and Administration Site Conditions). In addition, the incidence of application site skin reactions leading to discontinuation was $\leq 2.3\%$ in previous clinical trials, but was found to be 4.9% and 8.4% in the Chinese and Japanese population, respectively. Overall, application site reactions observed in all clinical trials were mostly mild to moderate in severity.

Rivastigmine Capsules

The following additional adverse events, temporally associated with rivastigmine, have been identified based on post-marketing spontaneous reports and are not listed above. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency.

Skin and Subcutaneous Tissue Disorders: Stevens-Johnson syndrome, blister.

Worsening of cutaneous hypersensitivity reactions has been reported when patients who were treated with transdermal rivastigmine were switched to oral rivastigmine.

Gastrointestinal System: Severe vomiting with esophageal rupture, pancreatitis (see WARNINGS AND PRECAUTIONS, Gastrointestinal, Pancreatic).

DRUG INTERACTIONS

Overview

No specific interaction studies have been conducted with rivastigmine transdermal patch (rivastigmine).

Use with Anticholinergics: Because of their mechanism of action, cholinesterase inhibitors have the potential to interfere with the activity of anticholinergic medications (eg. oxybutynin, tolterodine), and their concomitant use should be avoided.

Use with Cholinomimetics and Other Cholinesterase Inhibitors: In view of its pharmacodynamic effects, rivastigmine should not be given concomitantly with other cholinomimetic drugs due to possible additive effects leading to increased cholinergic activity. A synergistic effect may be expected when cholinesterase inhibitors are given concurrently with succinylcholine, similar neuromuscular blocking agents or cholinergic agonists such as bethanechol.

Use with other Psychoactive Drugs: In controlled clinical trials with rivastigmine capsules few patients received neuroleptics, antidepressants or anticonvulsants, there is thus limited information concerning the interaction of rivastigmine with these drugs.

Anesthesia: Rivastigmine as a cholinesterase inhibitor, is likely to exaggerate succinylcholine-type muscle relaxation during anesthesia.

Metoclopramide: Considering the possibility of an additive extra-pyramidal effect the concomitant use of metoclopramide and rivastigmine is not recommended.

Beta-blockers: Additive effects leading to bradycardia (which may result in syncope) have been reported with the combined use of various beta-blockers (including atenolol) and rivastigmine. Cardioselective beta-blockers are expected to be associated with the greatest risk, but reports have also been received in patients using other beta-blockers.

Effect of Rivastigmine on the Metabolism of Other Drugs: Rivastigmine is mainly metabolised through hydrolysis by esterases. No *in vivo* studies have investigated the effects of rivastigmine on the clearance of drugs metabolised by CYP450. Based on evidence from animal studies, the major cytochrome P450 isozymes are minimally involved in rivastigmine metabolism. Based on *in vitro* studies, no pharmacokinetic drug interactions with drugs metabolised by the following isoenzyme systems are expected: CYP1A2, CYP2D6, CYP3A4/5, CYP2E1, CYP2C9, CYP2C8, CYP2C19 or CYP2B6. Thus, no pharmacokinetics interactions are anticipated with other drugs metabolized by these enzymes.

Rivastigmine may inhibit the butyrylcholinesterase mediated metabolism of other drugs (see **ACTIONS AND CLINICAL PHARMACOLOGY**, Pharmacokinetics, Metabolism).

Effect of Other Drugs on the Metabolism of Rivastigmine: Drugs which induce or inhibit CYP450 metabolism are not expected to alter the metabolism of rivastigmine. Formal pharmacokinetic studies to assess the potential for drug interaction with other medications commonly taken by the elderly were not done. Population-pharmacokinetic analyses of a subset (n = 359; 6-12mg/day) of patients with Alzheimer's disease in controlled clinical trials do not suggest that the oral administration of rivastigmine with some commonly prescribed medications is associated with an alteration in the kinetics of rivastigmine, or an increased risk of clinically relevant untoward effects. However, the number of patients who received concomitant medications chronically was as follows: anilides (e.g. acetaminophen) (10%), antacids (12%),

antianginals (6%), antihistamines (2%), antihypertensives (12%), benzodiazepines (<1%), β -blockers (7%), calcium channel blockers (12%), digitalis glycosides (5%), non-steroidal anti-inflammatory drugs (13%), oral hypoglycemics (3%), and salicylic acid and derivatives (28%).

Drug-Drug Interactions

Studies to assess the potential of rivastigmine administered orally for interaction with digoxin, warfarin, diazepam or fluoxetine were limited to short term, single-dose studies in young healthy volunteers. No significant effects on the pharmacokinetics of these drugs or on the metabolism of rivastigmine were observed. Similar studies in elderly patients were not done.

Drug-Lifestyle Interactions

Interaction with nicotine: A population pharmacokinetic analysis showed that nicotine use increases the oral clearance of rivastigmine by 23% in patients with Alzheimer's dementia (n=75 smokers and 549 non-smokers) following rivastigmine oral capsule doses of up to 12 mg/day.

DOSAGE AND ADMINISTRATION

Dosing Considerations

- *Hepatic Impairment:* rivastigmine transdermal patch has not been studied in hepatic impairment. Due to increased exposure in mild to moderate hepatic impairment, as observed with the oral formulation, dosing recommendations to titrate according to individual tolerability should be closely followed. Patients with clinically significant hepatic impairment may experience more adverse events. Caution should be used when titrating hepatically impaired patients (see ACTION AND CLINICAL PHARMACOLOGY).
- *Renal Impairment:* rivastigmine transdermal patch has not been studied in renal impairment. Dose titration for patients with renal impairment should be undertaken with caution (see ACTION AND CLINICAL PHARMACOLOGY).
- *Low Body Weight:* Particular caution should be exercised in titrating patients with lower body weight (e.g. below 50 kg), as they may experience more adverse reactions. Carefully titrate and monitor these patients for adverse reactions (e.g. excessive nausea or vomiting) and consider reducing the dose if such adverse reactions develop.
- Dose escalation for patients with serious comorbid diseases should be undertaken with particular caution.
- In a population of cognitively-impaired individuals, the correct and safe use of this and all other medications may require supervision (see WARNINGS AND PRECAUTIONS, Patient and Caregiver Counseling Information).
- Adverse effects (e.g. hypertension and hallucinations and worsening of extrapyramidal symptoms) in patients with Alzheimer's dementia have been observed shortly after dose increase. They may respond to a dose reduction or discontinuation.
- Exposure to sources of heat may increase a drug's ability to penetrate the skin when administered to a patient by transdermal patch and this may result in increased drug

exposure. The applied patch area should not be exposed to or have direct contact with external heat sources such as excessive sunlight, heat lamps, heating pads, saunas, hot tubs, etc. This may also occur if the patient has a fever. Patients and caregivers should be advised that the patch area should not be exposed to external heat sources while wearing ACT Rivastigmine Patch.

Recommended Dose and Dosage Adjustment

ACT Rivastigmine Patch (rivastigmine) *should only be prescribed by (or following consultation with) clinicians who are experienced in the diagnosis and management of Alzheimer's disease.*

Patches	Rivastigmine base dose load [†]	Rivastigmine base <i>in vivo</i> release rates per 24 h [‡]
ACT Rivastigmine Patch 5	9 mg	4.6 mg
ACT Rivastigmine Patch 10	18 mg	9.5 mg

[†] Drug content of the patch

[‡] Quantity of drug released over a 24-h patch application time interval

Initial dose: Treatment is started with ACT Rivastigmine Patch 5 applied once a day. Replace with a new patch every 24 hours.

Dose titration: Increase the daily dose by increasing the patch size, only after a minimum of 4 weeks at the previous dose, and only if the previous dose has been well tolerated. Continue the recommended dose of ACT Rivastigmine Patch 10 for as long as therapeutic benefit persists. Higher doses confer no appreciable additional benefit, and are associated with further increases in the incidence of adverse reactions (see ADVERSE REACTIONS).

The clinical benefit of rivastigmine should be reassessed on a regular basis. Discontinuation should also be considered when evidence of a therapeutic effect at the optimal dose is no longer present.

Interruption of treatment

Treatment should be temporarily interrupted if gastrointestinal adverse effects are observed, until these adverse effects resolve. Patch treatment can be resumed at the same dose if treatment is not interrupted for more than three days. Otherwise, treatment should be reinitiated with ACT Rivastigmine Patch 5.

If adverse effects persist on re-initiation of therapy, the dose should be temporarily reduced to ACT Rivastigmine Patch 5.

Renal Impairment: No dose adjustment is necessary for patients with renal impairment.

Switching from Capsules or Oral Solution:

Patients treated with rivastigmine capsules or oral solution may be switched to rivastigmine transdermal patch as follows:

- A patient who is on a dose of < 3 mg BID (<6 mg/ day) oral rivastigmine can be switched to rivastigmine transdermal patch 5.
- A patient who is on a dose of 3 to 6 mg BID (6 to 12 mg/ day) oral rivastigmine may be directly switched to rivastigmine transdermal patch 10 cm². It is recommended to apply the first patch on the day following the last oral dose.

It is recommended to apply the first patch on the day following the last oral dose.

Missed Dose

The missed dose should be taken immediately or at the next scheduled dose. Doses should not be doubled. Following initiation of therapy or any dosage increase, patients should be closely monitored for adverse effects. If adverse effects (e.g. nausea, vomiting, abdominal pain, loss of appetite) are observed during treatment, the patient should be instructed to stop treatment and then restart at the same dose level, or lower, as clinically indicated. If therapy has been interrupted for three days, treatment should be reinitiated with ACT Rivastigmine Patch 5. If side effects persist, the drug should be discontinued (see WARNINGS AND PRECAUTIONS).

Administration

ACT Rivastigmine Patch should be applied once a day to clean, dry, hairless, intact healthy skin on the upper or lower back, upper arm, or chest, in a place that will not be rubbed by tight clothing. Application of the patch to other areas, such as the abdomen and thighs, has been shown to decrease the bioavailability of rivastigmine and cause more skin irritation (see ACTIONS AND CLINICAL PHARMACOLOGY, Pharmacokinetics; ADVERSE REACTIONS, Skin Irritation). The same skin location should not be used within 14 days.

Important administration instructions (patients and caregivers should be instructed accordingly (see WARNINGS AND PRECAUTIONS, Patient and Caregiver Counseling Information: Part III: CONSUMER INFORMATION)

- Only one patch should be worn at a time (see WARNINGS AND PRECAUTIONS and OVERDOSAGE, Symptoms).
- The previous day's patch must be removed before applying a new one. The patch should be replaced by a new one after 24 hours.
- The patch should not be applied to skin that is red, irritated or cut. It is recommended to change the application site daily to avoid potential irritation, although consecutive patches can be applied to the same general anatomic site (e.g., another spot on the upper back).
- The patch should be pressed down firmly by applying pressure with the hand over the entire patch for at least 30 seconds, making sure that the edges stick well.
- If the patch falls off, a new one should be applied for the rest of the day, then it should be replaced at the same time as usual the next day.
- The patch can be used in everyday situations, including bathing and during hot weather however, it should be checked to ensure it has remained well adhered. Showering and washing the ACT Rivastigmine Patch site is possible without loss of adherence. To ensure proper adherence, the patch should not be applied to wet or damp skin.
- The patch should not be exposed to any external heat sources (e.g. excessive sunlight, saunas, solarium) for long periods of time.

- The patch should not be cut into pieces.
- Wash your hands with soap and water after removing the patch. In case of contact with eyes or if the eyes become red after handling the patch, rinse immediately with plenty of water and seek medical advice if symptoms do not resolve.

Incompatibilities: To prevent interference with the adhesive properties of the patch, the patch should not be applied to a skin area where cream, lotion or powder has recently been applied.

OVERDOSAGE

For management of a suspected drug overdose, contact your regional Poison Control Centre.

Symptoms: Most cases of accidental overdose have not been associated with any clinical signs or symptoms and almost all of the patients concerned continued rivastigmine treatment. In cases of overdose with rivastigmine symptoms have included nausea, vomiting, diarrhea, abdominal pain, dizziness, tremor, headache, somnolence, bradycardia, confusional state, hyperhidrosis, hypertension, hallucinations and malaise. Overdose with cholinesterase inhibitors can result in cholinergic crisis characterised by severe nausea, vomiting, salivation, sweating, bradycardia, hypotension, respiratory depression, collapse and convulsions. Increasing muscle weakness is a possibility and may result in death if respiratory muscles are involved. Atypical responses in blood pressure and heart rate have been reported with other cholinomimetics when co-administered with quaternary anticholinergics such as glycopyrrolate.

Due to the known vagotonic effect of cholinesterase inhibitors on heart rate, bradycardia and/or syncope may also occur.

In a documented case of a 46 mg overdose with rivastigmine capsules, a 69 year old female patient experienced vomiting, incontinence, hypertension, psychomotor retardation and loss of consciousness. The patient was managed conservatively with only supportive measures and fully recovered within 24 hours.

In a documented case of medication error leading to overdose with rivastigmine transdermal patch, an 87 year old male patient on a prescribed maintenance dose of one rivastigmine transdermal patch 10 cm² (9.5 mg/24hrs) per day was accidentally administered 6 patches per day on two consecutive days. The patient experienced vomiting, fall and hyperhidrosis and was hospitalized on the second day. At the time of hospitalization he presented with an elevated creatinine level (149 umol/L; normal range: 70-115 umol/L) and signs of urinary infection. He was treated by removal of all patches and ciprofloxacin was initiated. Subsequently, the patient developed acute renal failure with anuria and died approximately 14 days after hospitalization. The reporter suspected that overdose contributed to the patient's dehydration and renal failure. Autopsy results were not provided by the reporter.

Dose-related signs of toxicity in animals included lacrimation, excessive salivation, vomiting, decreased locomotor activity, ataxia, twitches/flutter, tremors and clonic convulsions.

Overdose with rivastigmine transdermal patch resulting from misuse/medication errors (application of multiple patches at a time) has been reported in the post-marketing setting (see WARNINGS AND PRECAUTIONS; ADVERSE REACTIONS-Post-Market Adverse Drug

Reactions). The typical symptoms reported among these cases are similar to those seen with cases of overdose associated with rivastigmine oral formulations.

Treatment: As rivastigmine has a plasma half-life of about 3.4 hours after patch administration and a duration of acetylcholinesterase inhibition of about 9 hours, it is recommended that in cases of asymptomatic overdose the patch should be immediately removed and no further patch should be applied for the next 24 hours.

In overdoses accompanied by severe nausea and vomiting, the use of antiemetics should be considered.

Symptomatic treatment for other adverse events should also be given as necessary.

Tertiary anticholinergics such as atropine may be used as an antidote for rivastigmine overdosage. Intravenous atropine sulfate titrated to effect is recommended: an initial dose of 1.0 to 2.0 mg IV with subsequent doses based upon clinical response.

Due to the short plasma elimination half-life of rivastigmine after patch administration, dialysis (hemodialysis, peritoneal dialysis, or hemofiltration) would not be clinically indicated in the event of an overdose.

ACTION AND CLINICAL PHARMACOLOGY

Mechanism of Action

Pathological changes in Dementia of the Alzheimer type involve cholinergic neuronal pathways that project from the basal forebrain to the cerebral cortex and hippocampus. A decrease in the function of these cholinergic pathways has been proposed to account for some of the clinical manifestations of dementia. Rivastigmine, a reversible cholinesterase inhibitor of the carbamate-type, is thought to enhance cholinergic neurotransmission by slowing the degradation of acetylcholine released by cholinergic neurons through the inhibition of acetylcholinesterase. If this proposed mechanism of action is correct, rivastigmine's effect may lessen as the disease process advances and fewer cholinergic neurons remain functionally intact.

There is no evidence that rivastigmine alters the course of the underlying dementing process.

Pharmacodynamics

Rivastigmine inhibits acetylcholinesterase (AChE) and butyrylcholinesterase (BuChE) activity. In patients with Alzheimer's disease significant dose-dependent inhibition of AChE and BuChE activity were noted in cerebrospinal fluid, with comparable maximum mean inhibition (62%). In plasma, significant inhibition of BuChE activity is generally observed from 1.5 hours post-dose up to 8 hours post-dose, with a maximum observed inhibition of 51% at 5 mg b.i.d. Rivastigmine may therefore inhibit the butyrylcholinesterase mediated metabolism of other drugs (see DRUG INTERACTIONS, Overview).

Pharmacokinetics

Absorption: Absorption of rivastigmine from rivastigmine transdermal patch system is slow. After the first dose, detectable plasma concentrations are observed after a lag time of 0.5-1 hour. Concentrations then rise slowly and typically after 8 hours reach levels close to maximum, although maximum values (C_{max}) are often reached at later times (10-16 hours) at steady state.

After the peak, plasma concentrations slowly decrease over the remainder of the 24-hour period of application. With multiple dosing (such as at steady state), after the previous patch is replaced with a new one, plasma concentrations initially decrease slowly for about 40 minutes on average, until absorption from the newly applied patch becomes faster than the elimination, and plasma levels begin to rise again to reach a new peak at approximately 8 hours. At steady state, trough levels are approximately 50% of peak levels, in contrast to oral dosing, with which concentrations fall off to virtually zero between doses (see Figures 1 and 2).

Although less pronounced than with the oral formulation, the pharmacokinetics of rivastigmine is non-linear, with exposure (C_{max} and AUC) increasing over-proportionally by a factor of 2.6 when escalating from rivastigmine transdermal patch 5 cm² to rivastigmine transdermal patch 10 cm².

The fluctuation index (FI), i.e., a measure of the relative difference between peak and trough concentrations [$(C_{max}-C_{min})/C_{avg}$], was in the range 0.58 to 0.77, thus demonstrating a much smaller fluctuation between trough and peak concentrations than for the oral formulation (FI = 3.96 to 6.24); therefore providing a more continuous delivery of rivastigmine with the patch. As determined by compartmental modeling, rivastigmine transdermal patch 10 cm² exhibited exposure approximately the same as that provided by an oral dose of about 6 mg twice daily (i.e., 12 mg/day).

Figure 1: Rivastigmine Plasma Concentrations Following Dermal 24-Hour Patch Application

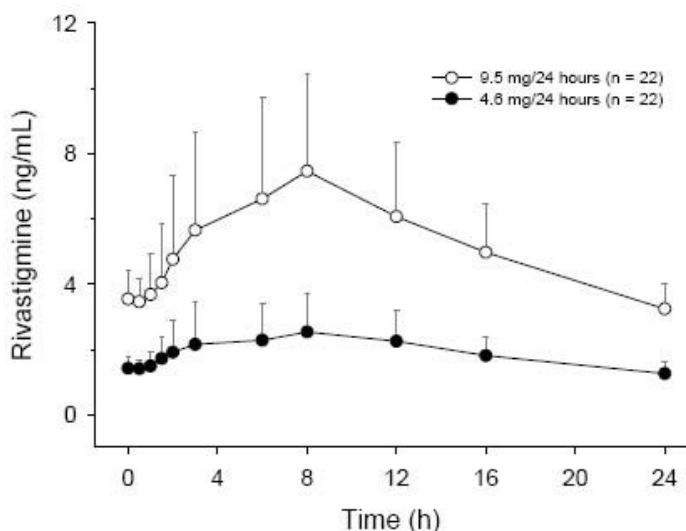
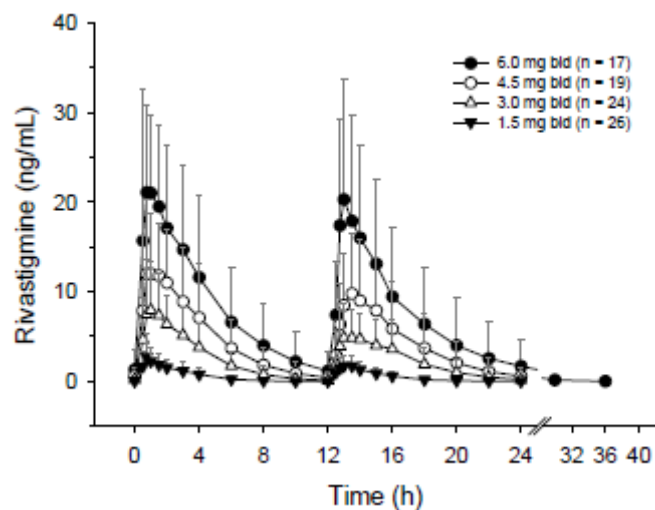


Figure 2: Rivastigmine Plasma Concentrations Following Oral (twice daily) Capsule



In a single dose study directly comparing the patch (10 cm²) versus oral (3 mg) administration, the inter-subject variability in rivastigmine pharmacokinetic parameters (normalized to dose/kg bodyweight) was 43% (C_{max}) and 49% (AUC_{0-24h}) after the patch versus 74% and 103%, respectively, after the oral capsule. Similarly, inter-subject variability in rivastigmine pharmacokinetic parameters was lower after the patch than after the oral capsule in a steady-state study in Alzheimer's disease patients given repeated doses. The inter-patient variability was at most 45% (C_{max}) and 43% (AUC_{0-24h}) after the patch, while 71% and 73%, respectively, after the oral form.

A relationship between drug exposure at steady state (rivastigmine and metabolite NAP226-90) and bodyweight was observed in Alzheimer's disease patients. Compared to a patient with a body weight of 65 kg, the rivastigmine steady-state concentrations in a patient with a body weight of 35 kg would be approximately doubled, while for a patient with a body weight of 100 kg the concentrations would be approximately halved. The effect of bodyweight on drug exposure suggests special attention to patients with very low body weight during up-titration (see DOSAGE AND ADMINISTRATION).

Rivastigmine was well released from the transdermal system over a 24-hour dermal application with approximately 50% of the drug load released from the system.

Exposure (AUC_∞) to rivastigmine (and metabolite NAP266-90) was highest when the patch was applied to the upper back, chest, or upper arm. Two other sites (abdomen and thigh) could be used if none of the three other sites is available, but the practitioner should keep in mind that the rivastigmine plasma exposure associated with these sites was approximately 20-30% lower (see ADVERSE REACTIONS,-Skin Irritation, for effect of application site on skin irritation).

There was no relevant accumulation of rivastigmine or the metabolite NAP226-90 in plasma in patients with Alzheimer's disease.

Distribution: Rivastigmine is weakly bound to plasma proteins (approximately 40%). It readily crosses the blood-brain barrier and has an apparent volume of distribution in the range of 1.8-2.7 l/kg.

Metabolism: Rivastigmine is rapidly and extensively metabolized with an apparent elimination half-life in plasma of approximately 3.4 hours after patch removal. Elimination was absorption rate limited (flip-flop kinetics), which explains the longer $t_{1/2}$ after patch (3.4 hours) versus oral or i.v. administrations (1.4 to 1.7 hours). Metabolism is primarily via cholinesterase-mediated hydrolysis to the decarbamylated metabolite. *In vitro*, this metabolite shows minimal inhibition of acetylcholinesterase (<10%). Based on *in vitro* studies, no pharmacokinetic drug interactions are expected with drugs metabolized by the following cytochrome isoenzymes: CYP1A2, CYP2D6, CYP3A4/5, CYP2E1, CYP2C9, CYP2C8, CYP2C19, or CYP2B6. Based on evidence from *in vitro* and animal studies, the major cytochrome P450 isoenzymes are minimally involved in rivastigmine metabolism.

The metabolite-to-parent AUC_{∞} ratio was around 0.7 after patch versus 3.5 after oral administration, indicating that much less metabolism occurred after dermal treatment. Less NAP226-90 is formed following patch application, presumably because of the lack of presystemic (hepatic first pass) metabolism.

Excretion: Unchanged rivastigmine is found in trace amounts in the urine; renal excretion of the metabolites is the major route of elimination. Following administration of ^{14}C -rivastigmine, renal elimination was rapid and essentially complete (>90 %) within 24 hours. Less than 1% of the administered dose is excreted in the feces.

Special Populations and Conditions

Geriatrics: Age had no impact on the exposure to rivastigmine in Alzheimer's disease patients treated with rivastigmine transdermal patch.

Pediatrics (< 18 years of age): No data are available in children.

Hepatic Impairment: No study was conducted with rivastigmine transdermal patch in subjects with hepatic impairment. After oral administration of either single or multiple (b.i.d.) doses of 3 or 6 mg rivastigmine, C_{max} of rivastigmine was approximately 60% higher and the AUC up to more than twice as high in subjects with mild to moderate hepatic impairment compared to healthy subjects. Oral clearance of rivastigmine was approximately 60-65% lower in mild (n=7, Child-Pugh score 5-6) and moderate (n=3, Child-Pugh score 7-9) hepatically impaired subjects (n=10, biopsy proven) than in healthy subjects (n=10). Plasma levels of the inactive metabolite NAP226-90 (decarbamylated phenolic metabolite) were lower in subjects with hepatic impairment compared to healthy subjects with a metabolite-to-parent AUC ratio being statistically significantly lower (approximately 3-fold lower), indicating a less extensive metabolism of rivastigmine in subjects with liver disease conditions. These pharmacokinetic changes had no effect on either the incidence or severity of adverse effects. The safety and efficacy of rivastigmine in patients with hepatic impairment have not been studied (see WARNINGS AND PRECAUTIONS, Special Populations and Conditions).

Renal Impairment: No study was conducted with rivastigmine transdermal patch in subjects with renal impairment. In a single oral dose study (1, 2 and 3 mg) of 8 subjects with moderate renal impairment (GFR = 10-50 mL/min) mean peak plasma concentrations of rivastigmine after oral administration were increased by almost 2.5 fold and overall plasma levels (AUC) of the decarbamylated phenolic metabolite were increased by approximately 50% compared to levels in age, weight, and gender matched control subjects. In this same study, subjects with severe renal impairment (GFR <10 mL/min, n = 8) showed no difference in rivastigmine blood levels compared to controls. The reason for this discrepancy is unclear. Based on pooled analysis of placebo- and active-controlled patch studies D2320 and DUS44, almost 90% of the overall patients had baseline renal impairment. Retrospective pharmacokinetic re-analysis of study D2320 did not reveal a relevant difference in steady-state plasma concentrations of rivastigmine or its main metabolite NAP226-90 between patients with different renal impairment stages including patients with normal renal function. The safety and efficacy of rivastigmine in patients with renal impairment have not been studied (see WARNINGS AND PRECAUTIONS, Special Populations and Conditions).

Genetic Polymorphism: The pharmacokinetics of rivastigmine in patients with butyrylcholinesterase enzyme deficiency are unknown (see **WARNINGS AND PRECAUTIONS**, Genetic Polymorphism).

Nicotine Use: Population PK analysis showed that nicotine use increases the clearance of oral rivastigmine by 23% (Smokers: n = 75; Nonsmokers: n = 549).

STORAGE AND STABILITY

Store at room temperature (15°C - 30°C). Do not refrigerate.

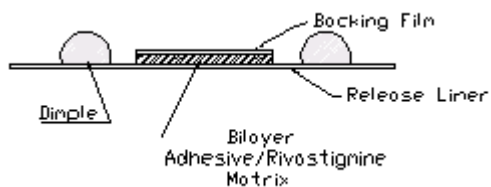
SPECIAL HANDLING INSTRUCTIONS

Keep ACT Rivastigmine Patch (rivastigmine) in the individual sealed pouch until use. Used patches should be folded, with the adhesive surfaces pressed together, and discarded safely. Contact with the eyes should be avoided after handling ACT Rivastigmine Patch.

DOSAGE FORMS, COMPOSITION AND PACKAGING

ACT Rivastigmine Patch (rivastigmine) is a transdermal patch for transdermal administration.

Each patch is a thin, matrix-type transdermal system consisting of two layers when worn by the patient. A third layer, the release liner, covers the bilayer adhesive/rivastigmine matrix layer prior to use and is removed at the time the system is applied to the skin.



- Layer 1 = Backing film
- Layer 2 = Bilayer Adhesive/Rivastigmine matrix
- Layer 3 = Release liner (removed at time of use)

ACT Rivastigmine Patch 5: each patch of 5 cm² contains 9 mg rivastigmine base, with *in vivo* release rate of 4.6 mg/24 hours. The backing film is printed with "RIV4.6". Available in cartons of 30.

ACT Rivastigmine Patch 10: each patch of 10 cm² contains 18 mg rivastigmine base, with *in vivo* release rate of 9.5 mg/24 hours. The backing film is printed with "RIV9.5". Available in cartons of 30.

Each patch is individually sealed in a separate pouch.

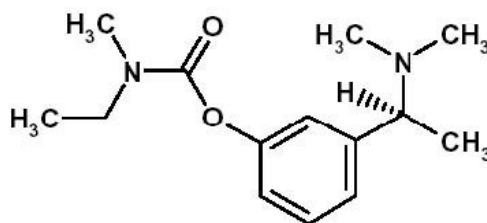
Non-medicinal ingredients include: acrylic copolymer adhesive applied to a flexible backing film.

PART II: SCIENTIFIC INFORMATION

PHARMACEUTICAL INFORMATION

Drug Substance

Proper name: Rivastigmine
Chemical name: (S)-3-[1-(Dimethylamino)ethyl]phenyl ethylmethylcarbamate
Molecular formula: $C_{14}H_{22}N_2O_2$
Molecular mass: 250.34 g/mol
Structural formula:



Physicochemical properties: Description: Viscous, clear, colourless or slightly yellowish liquid.

Solubilities: Slightly soluble in water and very soluble in ethanol, acetonitrile, n-octanol and ethyl acetate.

Distribution coefficient at 37°C in n-octanol/phosphate buffer solution pH 7 is 4.27.

CLINICAL TRIALS

Comparative Bioavailability Study

An open-label, single application, randomized, three-period, six-sequence, three-treatment, crossover study, was conducted to evaluate the comparative bioavailability of ACT Rivastigmine Patch 10 (rivastigmine 9.5 mg/24 hrs) versus the Canadian reference product, EXELON[®] PATCH 10 (rivastigmine 9.5 mg/24 hrs, Novartis Pharmaceuticals Canada Inc.) in 47 healthy human, adult subjects under fed conditions.

Rivastigmine (1 x 9.5 mg/24 hour) From measured data uncorrected for potency Geometric Mean Arithmetic Mean (CV %)				
Parameter	Test*	Reference†	% Ratio of Geometric Means	Confidence Interval, 90%
AUC _T (ng*h/mL)	111.26 123.81 (46)	104.60 116.53 (44)	106.36	100.21-112.89
AUC _I (ng*h/mL)	112.34 124.50 (47)	105.48 117.34 (44)	106.51	100.26 - 113.14
AUC ₂₄ (ng*h/mL)	86.30 98.11 (51)	83.60 94.80 (47)	103.24	96.36 - 110.60
C _{max} (ng/mL)	6.71 7.42 (44)	6.19 6.82 (42)	108.48	101.67 - 115.75
T _{max} [§] (h)	18.24 (26)	15.48 (31)		
T _{1/2} [§] (h)	2.40 (19)	2.38 (21)		

*ACT Rivastigmine 10, 9.5 mg/24 hour transdermal patches (Watson Laboratories, Inc., USA)

†Exelon[®] Patch 10, 9.5 mg/24 hour transdermal patches purchased in Canada (Novartis Pharmaceuticals Canada Inc.)

§ Expressed as the arithmetic mean (CV%) only

Study 2320 (International 24-week Study)

Demographics and trial design

The efficacy of rivastigmine transdermal patch (rivastigmine) in patients with mild to moderate dementia of the Alzheimer's type has been demonstrated in a 24-week double-blind core study (2320) and its 26 weeks open-label extension phase (up to 52 weeks of treatment). Patients involved in this study had an MMSE (Mini-Mental State Examination) score of 10–20. The mean age of patients was 73.6 years (range 50-90 years). Approximately 66.6% of patients were women and 33.4% of patients were men. The racial composition of the population was 75% Caucasian, and approximately 9% Oriental and 15% Other.

Patients received treatment with either rivastigmine transdermal patch 10 cm², rivastigmine transdermal patch 20 cm², rivastigmine capsules (6 mg BID), or placebo after titration to the

assigned dose. Efficacy was established by the use of independent, domain-specific assessment tools which were applied at Week 16 (end of titration) and Week 24 (study endpoint).

Table 4 – Study 2320 summary of patient demographics

Study #	Trial design	Dosage†, route of administration and duration	Study subjects (n=number)	Mean age (Range)	Gender
2320	Multicenter, randomized, double blind, placebo- and active (rivastigmine capsule)-controlled, parallel-group study.	rivastigmine transdermal patch 10 cm ² (transdermal)	n=291	73.6 (50-90 years)	Male: 33.4% Female: 66.6%
		rivastigmine transdermal patch 20 cm ² (transdermal)	n=303		
		rivastigmine capsules 6 mg BID (oral)	n=294		
		Matching placebo 24-week study	n=302		

† Target patch size/capsule

Efficacy Measures

The efficacy of rivastigmine transdermal system was evaluated using a dual outcome assessment strategy. The ability of rivastigmine transdermal patch system to improve cognitive performance was assessed with the cognitive subscale of the Alzheimer’s Disease Assessment Scale (ADAS-Cog), a multi-item instrument that has been extensively validated in longitudinal cohorts of Alzheimer’s disease patients. The ADAS-Cog examines selected aspects of cognitive performance including elements of memory, orientation, attention, reasoning, language and praxis. The ability of rivastigmine transdermal patch to produce an overall clinical effect was assessed using the Alzheimer’s Disease Cooperative Study - Clinical Global Impression of Change (ADCS-CGIC), a comprehensive global assessment of the patients by the physician incorporating caregiver input. The ADCS-CGIC is a more standardized form of CIBIC-Plus that focuses on clinicians’ observations of change in the patient’s cognitive, functional and behavioral performance. The ADAS-Cog (performance-based measure of cognition) and the ADCS-CGIC (comprehensive global assessment of the patient by the physician incorporating caregiver input) were the co-primary efficacy measures.

The ability of rivastigmine transdermal patch to improve activities of daily living was assessed using the Alzheimer’s Disease Cooperative Study - Activities of Daily Living (ADCS-ADL) scale. ADCSADL is a caregiver-rated assessment of the activities of daily living including personal hygiene, feeding, dressing, household chores such as shopping, retention of ability to orient oneself to surroundings as well as involvement in activities related to finances.

Study Results

The results shown are from the Intent-to-Treat (ITT) population. The protocol-specified ITT population included all patients randomized to treatment, who had at least one dose of study medication and a valid baseline and **on-treatment** post-baseline efficacy assessment for either co-primary efficacy variable. Only post-baseline efficacy assessments that were made within two days of the last known dose of study medication were included as (on-treatment) post-baseline assessments. For patients unable to complete the study, the last observation while on treatment was carried forward and used at endpoint for the ITT-LOCF analysis.

The 24-week results for the two primary assessment tools are summarized in Table 5. Time course of ADAS-Cog scores and ADCS-CGIC scores are illustrated in Figures 3 and 4.

Table 5 - Efficacy Results of the 24-Week Double-Blind Core Study (2320)

	Placebo N = 282	rivastigmine capsule 6mg BID N=256	rivastigmine transdermal patch 10 cm ² N = 251	rivastigmine transdermal patch 20 cm ² ³ N = 264
ADAS-Cog				
	(n=281)	(n=253)	(n=248)	(n=262)
Mean baseline ± SD	28.6 ± 9.9	27.9 ± 9.4	27.0 ± 10.3	27.4 ± 9.7
Mean change at week 24 ± SD	1.0 ± 6.8	-0.6 ± 6.2	-0.6 ± 6.4	-1.6 ± 6.5
p-value versus placebo		0.003* ¹	0.005* ¹	<0.001* ¹
ADCS-CGIC				
	(n=278)	(n=253)	(n=248)	(n=260)
Mean score ± SD	4.2 ± 1.26	3.9 ± 1.25	3.9 ± 1.20	4.0 ± 1.27
p-value versus placebo		0.009 ^{†2}	0.010 ^{†2}	0.054 ^{†2}

†p≤0.05 versus placebo

ITT: Intent-To-Treat; LOCF: Last Observation Carried Forward

¹ Based on ANCOVA with treatment and country as factors and baseline value as a covariate. Negative ADAS-Cog changes indicate improvement.

² Based on CMH test (van Elteren test) blocking for country. ADCS-CGIC scores <4 indicate improvement.

³ rivastigmine transdermal patch 20 cm² did not confer appreciable additional benefit and was associated with significant increases in adverse events (see ADVERSE REACTIONS).

Within the protocol-specified ITT-LOCF population, patients in the rivastigmine transdermal patch 10 cm² (N=251), rivastigmine transdermal patch 20 cm² (N=264), and rivastigmine capsule (N=256) groups demonstrated statistically significant improvements in cognition, as assessed by ADAS-Cog, as compared to placebo-treated patients. In addition, patients in both the rivastigmine transdermal patch 10 cm² and rivastigmine capsule groups showed statistically significant improvement in the clinical global impression of change (cognition, behavior, and functioning) as assessed by the ADCS-CGIC, as compared to placebo at Week 24.

Figure 3: Time Course of the Change from Baseline in ADAS-Cog Score at 24 Weeks of Treatment (ITT-LOCF)

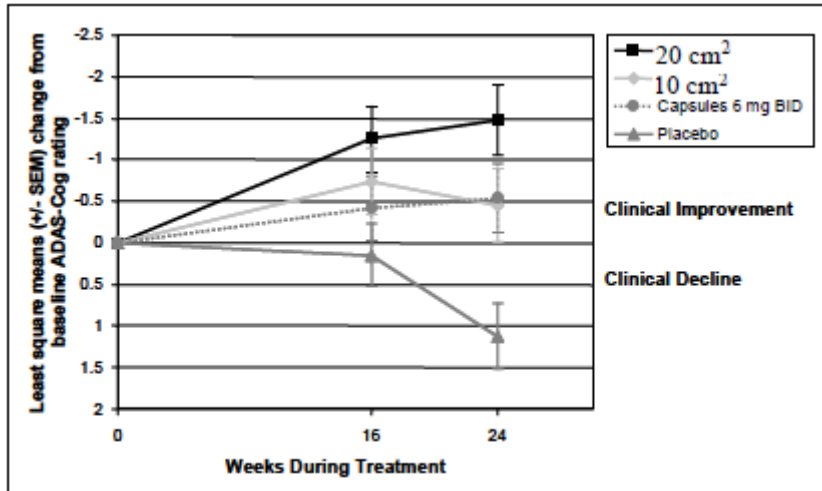
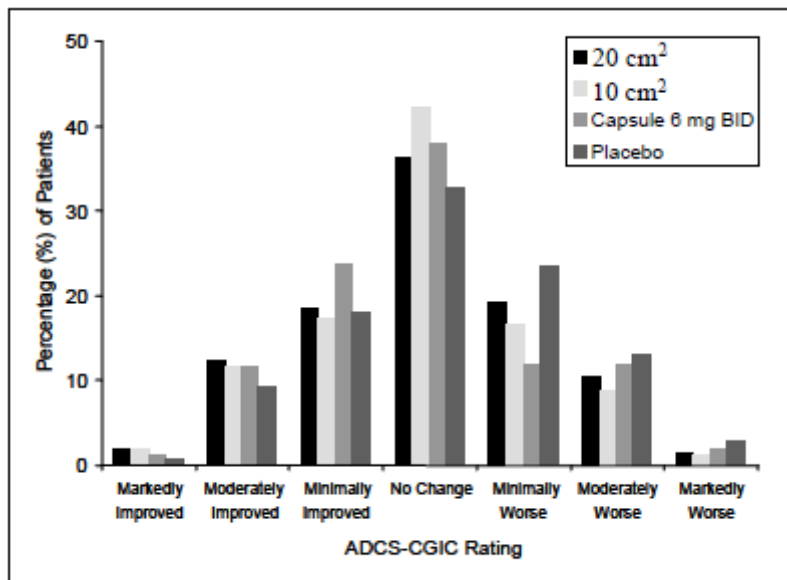


Figure 4: Distribution of ADCS-CGIC Scores at 24 Weeks of Treatment (ITT-LOCF)



Secondary efficacy measures:

Results from the ITT-LOCF analysis of the ADCS-ADL showed significantly less deterioration in activities of daily living at Week 24 for patients treated with rivastigmine transdermal patch 10 cm², rivastigmine transdermal patch 20 cm² and rivastigmine capsule compared to patients who received placebo.

Secondary Efficacy Measures

For ADCS-CGIC, the between group difference in the distribution of ratings was significant in favour of rivastigmine transdermal patch 15 cm^{2†} compared to rivastigmine transdermal patch 5 cm² (MFAS-LOCF). For NPI-12, there were no significant between treatment differences at Week 24.

DETAILED PHARMACOLOGY

Animal Pharmacodynamics

In vitro and *in vivo* oral pharmacology studies with rivastigmine predominantly focused on the main action of the drug: inhibition of acetylcholinesterase (AChE) activity, accumulation of acetylcholine (ACh) levels and cholinergic effects.

IC₅₀ values for rivastigmine-induced inhibition of AChE activity *in vitro* in various rat brain areas were as follows: Cortex: 1.7 x 10⁻⁵M; Hippocampus: 1.5 x 10⁻⁵M, Striatum: 2.0 x 10⁻⁵M and Pons/Medulla: 2.0 x 10⁻⁵M.

AChE activity measured *ex vivo* was inhibited in several rat brain regions following p.o. administration of single rivastigmine doses. The effect of rivastigmine single p.o. doses on enzyme activity was noted to be more pronounced in the hippocampus and cortex than in the striatum and pons/medulla of these rats (IC₅₀: Cortex: 0.5 mg/kg, p.o.; Hippocampus: 1 mg/kg, p.o.; Striatum: 1.75 mg/kg, p.o. and Pons/Medulla: 2mg/kg, p.o.). Physostigmine, administered s.c., inhibited AChE activity to an equal degree in all rat brain regions examined (IC₅₀: Cortex: 0.22 mg/kg; Hippocampus: 0.27 mg/kg; Striatum: 0.28 mg/kg and Pons/Medulla: 0.27mg/kg).

Single p.o. doses of rivastigmine also resulted in an increased accumulation of ACh levels in the rat brain which were more pronounced in the cortex than the hippocampus or striatum.

When administered s.c., a single dose (0.75 mg/kg) of rivastigmine inhibited AChE activity in the periphery (Heart: 55% control values; Blood: 34% control values) to an equivalent degree as in brain (Cortex: 37% control values; Hippocampus 45% control values).

Chronic continuous dosing with rivastigmine also resulted in diminished selectivity of the drug for AChE activity in brain versus the periphery (heart/blood). Similarly, the apparent selectivity of rivastigmine for AChE within specific rat brain areas was also lost with chronic continuous dosing (14 days).

Induction of slow rhythmic activity in the hippocampal EEG (synchronization of theta-waves) has been proposed to reflect increased central muscarinic activity. Rivastigmine synchronized rhythmical slow wave activity in the hippocampal EEG in rats at a threshold dose of 75 µg/kg both i.p. and p.o. Similar effects were noted with physostigmine at a dose of 75 µg/kg i.p.

Rivastigmine, in a dose range of 0.01-1.5 mg/kg i.v. had minimal effects on circulatory parameters in the anaesthetized cat, while the effects of physostigmine (0.01 - 1.71 mg/kg, i.v.) on circulatory parameters in this animal model were more potent. At a dose of 0.75 mg/kg i.v.

rivastigmine induced central effects manifested by strong tremor or slight cramps. Similar effects were noted with physostigmine doses of 0.14 mg/kg, i.v.

The cardiovascular effect of rivastigmine was studied in awake normotensive male adult rats. Oral administration of rivastigmine (1.88 mg/kg) induced weak bradycardia (14%) which was reversed by methylscopolamine. At higher doses (5.6 mg/kg, p.o.) rivastigmine significantly increased (29%) blood pressure. This effect was blocked by scopolamine (1 μ mole i.c.v./rat) but not the peripheral blocker n-methylscopolamine (1 mg/kg, i.v.).

The pulmonary effects of rivastigmine were assessed using the ventilated guinea-pig model. Rivastigmine at doses of 0.01 to 1 mg/kg i.v. did not affect airway resistance. However, pretreatment with 0.1 mg/kg i.v. rivastigmine resulted in a potentiation of ACh-induced bronchospasm at all ACh doses tested (3.2 μ g/kg, 5.6 μ g/kg and 10 μ g/kg, i.v.).

It was concluded that rivastigmine is an acetylcholinesterase inhibitor of the carbamate type. Its main preclinical properties are:

- high central to peripheral cholinergic activity ratio after a single p.o. dose;
- selectivity for cortical and hippocampal brain regions after a single p.o. dose;
- prolonged duration of action (hours); and
- low activity on cardiovascular system at centrally active doses.

Animal Pharmacokinetics

The studies conducted to characterize the pharmacokinetic profile of dermally administered rivastigmine allow the following conclusions to be drawn:

- Dermally administered rivastigmine was absorbed and metabolized in all species investigated. Excretion was largely in the urine.
- Exposure of the test species was dose-related if not dose-proportional, and proportional to the patch area. There was no obvious gender difference.
- In repeated dose studies, exposure to rivastigmine and the main metabolite NAP226-90 increased with treatment duration. This was most likely due to better absorption from skin sites, where repeated patch administration caused abrasion/irritation of the outmost layer of the skin (stripping of the stratum corneum) and prolonged absorption from a patch formulation.
- Rivastigmine and/or its metabolites were transferred to the fetal compartment of rats to a low extent.
- Rivastigmine and/or its metabolites were excreted into the milk of pregnant rats.
- After oral doses, a strong first-pass metabolism had been observed, resulting in a low bioavailability (minipig: 0.5%), with a high ratio of primary metabolite to parent drug (~200). The ratio was very low after either intravenous (0.24) and dermal dose administration (0.30.5), indicating virtual absence of first-pass metabolism after dermal dosing. Correspondingly the dermal bioavailability of rivastigmine in the minipig was 15-33% after repeated patch treatment (30-66% based on actual dose released from patch).
- Regardless of the administration route, the main site of metabolism of rivastigmine was concluded to be the liver, while the contribution of butyrylcholinesterase in human plasma appears marginal. Dermal dose administration avoided first pass metabolism.

TOXICOLOGY
Acute Toxicology

Acute toxicity was not specifically evaluated by the dermal route of administration. The estimated oral LD₅₀ values in mice were 5.6 mg/kg (males) and 13.8 mg/kg (females). The estimated oral LD₅₀ values in rats were 8.1 mg/kg (males) and 13.8 mg/kg (females). These dose levels are more than 20 times the maximum recommended human dose of 12 mg/day (assuming a 50 kg body weight). The LD₅₀ values determined in these studies are summarised in Table 6.

Table 6

Species	Strain	Sex	Route	Dose Levels (mg/kg)	LD50 value (mg/kg)
Mouse	CD-1	M	Oral	0.63, 6.25, 31.25	5.6
		F	Oral	0.63, 6.25, 31.25	13.8
	CD-1	M	i.v.	1.25, 3.13, 3.75	2.8
		F	i.v.	3.13, 3.75, 5.0	4.1
Rat	CD	M	Oral	0.63, 6.25, 31.25	8.1
		F	Oral	0.63, 6.25, 31.25	13.8
Mouse	CD-1	M	i.p.	0.63, 6.25, 31.25	1.9
		F	i.p.	0.63, 6.25, 31.25	1.9
Rat	CD	M	i.p.	0.63, 6.25, 31.25	4.4
		F	i.p.	0.63, 6.25, 31.25	1.9
Dog	Beagle	M	Oral	0.31, 1.25, 5.0	>1 and < 5

The results of these studies demonstrate the moderate toxicity of rivastigmine following acute oral, i.v., and i.p. administration to mice, rats or dogs.

Long Term Toxicology

Table 7 outlines the long-term toxicology studies done in rats, mice, dogs and monkeys with rivastigmine using the oral and i.v. routes of administration.

Table 7

Species	Duration of Study Weeks	Route of Administration	No. of animals/group	Dose Levels (mg/kg/day)
Mouse	8	oral (gav)	5M, 5F	0, 0.38, 0.78, 1.56, 2.5, 3.13, 6.25
	13	oral (diet)	10M, 10F	0, 0.13, 0.5-75.0, 1.5
	104	oral (gav)	70M, 70F	0, 0.25, 0.63, 1.56
Rat	2	oral (gav)	10M	0.03, 0.25, 2.50
	2	i.v.	15M, 15F	0, 0.5, 2.5
	4	oral (gav)	10M, 10F	0, 0.38, 1.5, 3.75
	13	oral (gav)	10M	0, 0.13, 0.5-6.0, 1.50
	26	oral (gav)	15M, 15F	0, 0.11, 0.45, 1.50
	52+	oral (gav)	25M, 25F	0, 0.13, 0.38, 1.13, 1.88
	104	oral (gav)	75M, 75F	0, 0.13, 0.38, 1.13
Dog	2	oral (gav)	1M, 1F	0.06, 0.63, 2.50-1.88
	2	i.v.	2M, 2F	0, 0.09, 0.47
	4	oral (gav)	3M, 3F	0, 0.04, 0.38, 2.25-1.88
	4	oral (gav)	3M, 3F	0, 0.11, 0.19, 0.26
	26	oral (gav)	3M, 3F	0, 0.11, 0.45, 1.58
	52	oral (gav)	4M, 4F	0, 0.19, 0.38, 1.56-1.31
Monkey	2	oral (gav)	1M, 1F	1.88 (days 1-7)
				2.50 (days 8-10)
				3.75 (days 11-13)
				6.25 (day 14)

Mice: In multidose studies in mice, the toxic dose for rivastigmine was 2.5 mg/kg/day by oral gavage; oral admixture doses up to 75 mg/kg/day resulted in one mortality during Week 14 at a dose of 75 mg/kg/day.

Clinical signs were typical of cholinergic stimulation and statistically significant decreases in body weights and food consumption were seen at doses of 2.5 mg/kg/day and higher. Plasma (butyryl) and acetylcholinesterase activities were decreased in the 13-week study in the 0.5-75 mg/kg/day group. Selected tissue cholinesterase activity (liver, brain, and psoas muscle) was reduced at doses of 1.5 and 0.5-75 mg/kg/day.

Rats: One mortality in rats at 0.11 mg/kg/day was of unknown causes and was considered to be of questionable biological significance. There were no treatment-related effects on mortality at doses as high as 1.13 mg/kg/day. Treatment related dose-dependent clinical signs were

consistent with excessive cholinergic stimulation of the peripheral and central nervous systems and were observed at a dose as low as 0.11 mg/kg/day. Statistically significant decreases in body weight gains and food consumption were observed at 1.13 mg/kg/day. Statistically significant decreases in triglycerides were observed at doses of 1.13, 1.5, 1.88, and 3.75 mg/kg/day in the 4- and 52-week studies, and were considered to be related to rivastigmine. Significant decrease in butylcholinesterase activities was observed at 2.5 and 3.75 mg/kg/day in the 15-day and 4-week studies; and in urinary pH at 3.75 mg/kg/day in males in the 4-week study, considered to be of minimal biological significance. Effects on plasma cholinesterase activity were not observed at doses below 2.5 mg/kg/day in any oral gavage study.

Dogs: Doses were lowered in three studies due to overt clinical signs. Treatment related unscheduled deaths occurred in two dog studies at doses of 1.56/1.31 or 2.25/1.88 mg/kg/day. Treatment related dose-dependent clinical signs were observed at doses as low as 0.19 mg/kg/day and were typical of excessive cholinergic stimulation. Clonic/tonic convulsion was observed in one 0.38 mg/kg/day male on one episode and one female (1.56/1.31 mg/kg/day) on two episodes. Statistically significant dose-related decreases in butylcholinesterase activity were observed at doses as low as 0.04 mg/kg/day. Statistically significant decreases in liver and brain cholinesterase activity at 2.25/1.88 mg/kg/day and liver cholinesterase at 0.45 and 1.58 mg/kg/day were observed in the 4-week and 26-week studies. In life pathology findings revealed that dogs were very sensitive to rivastigmine, particularly on the GI tract.

Monkeys: There was no mortality in the monkey study, however only 2 animals were treated for a period of 2 weeks (see Table 9). There appeared to be slight reduction in body weight and food consumption. Plasma (butyryl) cholinesterase activity was reduced by 15% or 29% and 6% or 14% on Days 6 and 14, respectively. Erythrocyte cholinesterase activity was reduced by 60% or 90% and 40% or 60% at the same time points. It was concluded that rivastigmine was better tolerated in monkeys for up to 2 weeks, than in rats or dogs.

Repeated dose toxicity studies with toxicity studies using topical administration of rivastigmine have been conducted in mice, rats, rabbits and minipigs. Table 8 provides an overview of all repeated dose toxicity studies.

Table 8

Species	Duration of dosing	Route of administration	Number/sex/group	Dose or concentration/day
Mouse	2 weeks	Dermal (solution)	21	50 µl of 0.25, 0.6, 0.75 mg/mL [approx. 0.4, 1.0, 1.2 (M); 0.5, 1.2, 1.5 (F) mg/kg]
	24 days	Dermal (solution)	5	50 µL of: 0 (untreated D 1-23) → 0.3 (D 24) 0 (vehicle D 1-23) → 0.4 (D 24) 0.1 (D 1-14) → 0.3 (D 15-24) 0.2 (D 1-23) → 0.4 (D 24) mg/mL
	13 weeks	Dermal (solution)	10	50 µL of: 0 (untr.), 0 (vehicle), 0.1, 0.25, 0.5, 1.0 → 0.75 [†] mg/mL [approx. 0, 0.2, 0.4, 0.8, 1.6→1.2 mg/kg]
Rat	2 weeks or 1 week	Dermal (solution)	8 6	0, 0 (vehicle), 0.375, 1.125, 1.5, 3.0 mg/kg 15, 30, 50 mg/kg
	4 weeks	Dermal (solution)	10	0, 0 (vehicle), 5, 15, 50 mg/kg
Rabbit	5 days	Dermal (patch)	1	0, 0.37, 0.73, 1.46, 2.92 mg/animal
	4 weeks	Dermal (patch)	5	0, 0.77, 1.65 mg/animal
	4 weeks	Dermal (patch)	4	0, 18 mg/animal
Minipig	4 weeks	Oral gavage	3	0, 0.6, 2.0, 6.0 mg/kg
	1 day each	Dermal (patch)	1	36, 72, 108, 144, 180, 216 mg/animal
	2 weeks	Dermal (patch)	1	0, 36, 108, 216 mg/animal
	4 weeks	Dermal (patch)	3	0, 36, 108, 216 mg/animal
	4 weeks	Dermal (patch)	3	0, 18, 36, 72, 72 mg/animal
	26 weeks	Dermal (patch)	4	0, 18, 36, 36 mg/animal

M, male; F, female

† Dose lowered after one administration, dosing resumed on day 4

Dermal administration of rivastigmine to mice (up to 13 weeks), rats (up to 4 weeks), rabbits (up to 28 days), or minipigs (up to 26 weeks) resulted in clinical signs of cholinergic stimulation in the absence of marked systemic toxicity or target organ toxicity. The systemic effects seen with liquid application to rodents and the patch formulation in non rodents in the toxicology studies are similar to those seen with the oral formulation.

In mice, the initial rivastigmine high dose of 50 µL of 1.0 mg/mL/mouse/day (about 1.6 mg/kg/day) was associated clinical signs of severe tremors, underactivity, piloerection, and prostrate posture after the first dose that were sufficiently severe as to necessitate euthanasia of 3 animals. The dose was subsequently lowered to 0.75 mg/mL/day (~1.2 mg/kg). The NOAEL (no observed adverse effect level) in mice (13 weeks) was 0.25 mg/mL/day. With repeated dosing in mice, cholinergic signs (tremors, hypoactivity, unusual posture, yawning) occurred during the first week of the studies as early as 20 minutes post dose consistent with the rapid absorption. Clinical signs in rats included twitching at 30 and/or 50 mg/kg and salivation, tremor, and

lacrimation at 50 mg/kg. Clinical signs apart from local skin irritation were not seen in rabbits or minipigs with patch applications. Transient cholinergic signs consisting of tremor, decreased activity, and salivation in minipigs only occurred at the high dose of 6 mg/kg in a 4-week oral study. Dose-related decreases in plasma/erythrocyte cholinesterase activity were demonstrated in mice, rabbits and minipigs. Administration of the rivastigmine transdermal patch was associated with better systemic tolerability compared with oral administration (e.g. minipigs, dermal route: no clinical signs at about 10 mg/kg/day vs oral: no clinical signs at 2 mg/kg/day, but moderate signs at 6 mg/kg/day). However, at least half of the dermally applied dose would be retained within the patch and exposure to parent rivastigmine was higher after dermal compared to oral administration in minipigs.

There was no erythema or edema in mice treated up to 13 weeks and rats treated up to 4 weeks with rivastigmine dermally.

Erythema and edema were seen with rivastigmine transdermal, but not placebo, patches in the 5- and 28-day studies in minipigs. However, a second 28-day study conducted with one dose level of 9 mg/day, in which the application site rotated among 14 locations such that each was used twice during the study, revealed no gross effects on the skin with rivastigmine transdermal or placebo patches. Microscopic findings at the application sites (mononuclear and inflammatory cell infiltration, dermal hyperplasia, akantosis, fibroplasia and necrosis) were considered to be the result of mechanical injury incurred during the removal of tightly adhering placebo or test patches rather than rivastigmine-related irritation.

In minipigs, local irritation became sufficiently severe as to require change in application site after 9 doses in the 2-week study and euthanasia of some animals between days 12 and 19 in the 4-week study. This occurred with animals in both rivastigmine and placebo patch groups thereby indicating that it was the formulation/patch adhesive or removal process that was the primary cause. Microscopically, the skin changes were diagnosed as perivascular dermatitis of minimal to moderate severity in surviving rivastigmine and placebo-treated animals. Skin reactions were more severe in animals sacrificed early and extended to naïve skin. In a second 4 week study in minipigs, the application site was rotated among 2 or 6 locations. Erythema at the application sites occurred with placebo and rivastigmine patches and was less severe with the 6 site rotation compared to 2 site alternating regimen. In the 26-week minipig study, daily applied placebo patches and rivastigmine patch dose levels of 18 and 36 mg/day were rotated among 12 or 6 application sites. Mild erythema was dose dependent and greater with the 6 site rotation than with the 12 site rotation regimen. There were no microscopic findings.

The mild irritant effect on the skin of laboratory animals, including controls, may indicate a potential for the rivastigmine transdermal patch to induce mild erythema in patients. However, the patch formulation or application itself induces inflammation. This conclusion is supported by the observation that increased rotation of patch application sites reduced inflammation and that there was no dose-relationship for dermatitis in minipigs.

Teratological and Reproductive Studies

Oral studies in pregnant rats at dose levels up to 2.3 mg-base/kg/day and pregnant rabbits at dose levels up to 2.3 mg-base/kg/day gave no indication of a teratogenic potential for rivastigmine. Similarly, there was no evidence of adverse effects of rivastigmine on fertility and reproductive performance in the rat at dose levels up to 1.1 mg-base/kg/day. A minor delay in development up to mating was noted for the F1 generation, however, no teratological changes were reported.

Specific dermal studies in pregnant animals have not been conducted.

Mutagenicity

Rivastigmine was not mutagenic in the Ames test, a test for induction of DNA repair synthesis, the *in vivo* micronucleus test in mice, and the HGPRT test in V79 Chinese hamster cells. The *in vitro* chromosomal aberration test in V79 Chinese hamster cells showed an increase in aberrations only in the presence of liver metabolic enzymes and at a concentration at least 10 000 times greater than that likely to be found in human plasma.

Carcinogenicity

No evidence of carcinogenicity was found in studies conducted with the oral route at dose levels up to 1.1 mg-base/kg/day in rats and 1.6 mg-base/kg/day in mice. Normalized to body surface area, these dose levels are approximately equivalent to 12 mg of rivastigmine base administered to a 70 kg human.

Dermal administration of rivastigmine for at least 98 weeks did not show a carcinogenic potential or any effect on the incidence of spontaneously occurring tumors at doses up to 0.75 mg/kg/day in mice, a dose at which exposures were from about 1/10th to 1/3rd of human exposure after administration of 36 mg in patches.

Local tolerance

Rivastigmine patches were not phototoxic. In some other dermal toxicity studies, a mild irritant effect on the skin of laboratory animals, including controls, was observed with rivastigmine and placebo patches. Repeated application to the same dermal site in one study in minipigs led to more severe skin reactions in both placebo and rivastigmine-treated animals that necessitated euthanasia in one study. Irritation was significantly reduced by rotation of the application site to different anatomic locations. This may indicate a potential for rivastigmine transdermal patch to induce mild erythema in patients.

Eye Irritation

Rivastigmine in concentrated liquid form caused mild reversible irritation to rabbit eyes which may indicate some potential for eye irritation in patients should contact occur.

Contact Hypersensitivity

Rivastigmine administered to guinea pigs did not demonstrate any potential to cause contact hypersensitivity. Irritation due to the patch formulation was seen, consistent with findings in

other species and treatment-related mortality due to hypercholinergic effects occurred in one study at a high (~60 mg/kg) dose.

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¹ The title of this article does not reflect the prospectively defined disease severity criteria in this study.

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PART III: CONSUMER INFORMATION

^{Pr}ACT Rivastigmine Patch 5
Rivastigmine Transdermal Patch

^{Pr}ACT Rivastigmine Patch 10
Rivastigmine Transdermal Patch

This leaflet is part III of a three-part "Product Monograph" published when ACT Rivastigmine Patch was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about ACT Rivastigmine Patch. Contact your doctor or pharmacist if you have any questions about the drug.

Patients and/or caregivers should read this leaflet before using ACT Rivastigmine Patch. Remember, this information does not take the place of your doctor's instructions.

- **Wearing more than one patch at a time is potentially dangerous and can be a medical emergency. If you accidentally apply more than one ACT Rivastigmine Patch remove all the patches from your skin and get medical help right away.**
- **Make sure you read and understand the section, PROPER USE OF THIS MEDICATION. Follow the instructions. Ask your doctor or pharmacist to explain the proper use of ACT Rivastigmine Patch if you do not understand these instructions. Serious side effects, including death, have occurred when ACT Rivastigmine Patch was not used properly.**

WHAT IS THE MOST IMPORTANT INFORMATION I SHOULD KNOW ABOUT ACT Rivastigmine Patch

ACT Rivastigmine Patch contains rivastigmine. An overdose with serious and life threatening side effects can happen if you wear more than one patch at a time. An overdose with ACT Rivastigmine Patch may cause the following serious side effects:

- severe nausea (feeling sick) and/or vomiting (being sick)
- diarrhea
- high blood pressure
- trouble breathing, or slow or shallow breathing
- slow heart beat and fainting
- seizure
- increasing muscle weakness
- hallucinations

Get medical help right away, if you have been wearing more than one patch at a time, even if you do not have these side effects.

ABOUT THIS MEDICATION

What the medication is used for:

ACT Rivastigmine Patch is one of a group of drugs known as "cholinesterase inhibitors" which is used for the treatment of the symptoms of patients with mild to moderate Alzheimer's disease. The symptoms include progressive memory loss, increasing confusion and behavioural changes, as a result of which it becomes more and more difficult to carry out activities of daily living.

This medication should only be taken after proper diagnosis of your condition has been made by your doctor.

What it does:

People with Alzheimer's disease have decreased levels of acetylcholine, a substance which is found in the brain and which is thought to be necessary for memory and other mental functions. ACT Rivastigmine Patch works by inhibiting an enzyme (acetylcholinesterase) which breaks down acetylcholine. This in turn increases the amount of acetylcholine in the brain. ACT Rivastigmine Patch is a treatment of symptoms, not a cure of the disease.

When it should not be used:

If any of the following conditions apply to you, tell your doctor and do not use ACT Rivastigmine Patch.

- If you know that you are allergic (hypersensitive) to rivastigmine (including rivastigmine capsules or oral solution) or to any of the other ingredients listed in this leaflet (see '**What the nonmedicinal ingredients are**').
- If you have ever had an allergic reaction to a similar type of medicine (e.g. carbamate derivate).
- If you have severe liver disease.
- If you have had a previous allergic skin reaction with ACT Rivastigmine patch that spread beyond the patch size and/or if there was a more severe reaction at the patch site (such as blisters, increasing skin inflammation, swelling) that did not improve within 48 hours after removal of the transdermal patch.
- If you have had severe rash on large areas of your body or blistering of the skin, mouth, eyes, or

IMPORTANT: PLEASE READ

genitals when taking ACT Rivastigmine Patch rivastigmine capsules or oral solution.

What the medicinal ingredient is:

The active substance of ACT Rivastigmine Patch is rivastigmine.

What the nonmedicinal ingredients are:

ACT Rivastigmine Patch contain the following nonmedicinal ingredients: acrylic copolymer adhesive applied to a flexible backing film

What dosage forms it comes in:

Transdermal patch providing continuous smooth delivery of the medication.

ACT Rivastigmine Patch 5: each 5 cm² transdermal patch contains 9 mg rivastigmine. The release rate is 4.6mg/24h. ACT Rivastigmine Patch 5 is available in cartons and pouches.

ACT Rivastigmine Patch 10: each 10 cm² transdermal patch contains 18 mg rivastigmine. The release rate is 9.5mg/24h. ACT Rivastigmine Patch 10 is available in cartons and pouches.

WARNINGS AND PRECAUTIONS

BEFORE you use ACT Rivastigmine Patch talk to your doctor or pharmacist if you:

- Have, or ever had an irregular heartbeat;
- Have, or ever had an active stomach ulcer;
- Have, or ever had difficulties in passing urine;
- Have, or ever had seizures;
- Have, or ever had asthma or a severe respiratory disease;
- Suffer from trembling; or are being treated with medications that can cause trembling, such as antipsychotic medications;
- Have a low body weight (for example less than 50 kg);
- Have, or ever had liver or kidney problems;
- Have, or ever had inflammation of the pancreas;
- Are pregnant, planning to become pregnant, or breast-feeding;
- Have fainting episodes.
- Experience gastro-intestinal reactions such as severe nausea (feeling sick), vomiting (being sick) and diarrhea. You may become dehydrated (losing too much fluid) if vomiting or diarrhea are prolonged.

If any of these apply to you, your doctor may need to monitor you more closely while you are on this medicine.

Talk to your doctor right away if you have skin inflammation, blisters or swelling of the skin that are increasing and spreading.

If you have not applied ACT Rivastigmine Patch for more than 3 days do not apply the next patch until you have talked to your doctor.

Your doctor will tell you whether your illness allows you to drive vehicles and use machines safely. If you feel dizzy or drowsy, do not drive, use machines or perform any other tasks that require your attention.

INTERACTIONS WITH THIS MEDICATION

Tell your doctor or pharmacist about any other medicines you are taking or have recently taken, including drugs, or herbal (natural) products that you have bought without a prescription.

ACT Rivastigmine Patch should not be given together with other medicines that work similar to ACT Rivastigmine Patch (cholinomimetic agents) or with anticholinergic medicines (e.g. medicines used to relieve stomach cramps or spasms, or to treat Parkinson's disease or to prevent travel sickness).

ACT Rivastigmine Patch should not be given together with metoclopramide (a medicine used to alleviate or prevent nausea and vomiting). There may be additive effects such as stiff limbs and trembling hands.

If you have to undergo surgery while using ACT Rivastigmine Patch, you should inform your doctor because ACT Rivastigmine Patch may exaggerate the effects of some muscle relaxants during anesthesia.

Caution when ACT Rivastigmine Patch is given together with beta-blockers (medicines such as atenolol used to treat hypertension, angina, and other heart conditions). There may be additive effects such as bradycardia (slow heartbeat) that may result in syncope (fainting, loss of consciousness).

PROPER USE OF THIS MEDICATION

Follow all instructions given to you by your doctor carefully, even if they differ from the ones given in this leaflet.

This medicine must not be given to children.

Do not eat ACT Rivastigmine Patch.

IMPORTANT:

- **ONLY ONE patch should be worn at a time.**

IMPORTANT: PLEASE READ

- **You must remove the previous day's ACT Rivastigmine Patch before applying a new one.**
- **Having multiple patches on your body could expose you to an excessive amount of this medicine which is potentially dangerous.**
- **Do not cut the patch into pieces. ACT Rivastigmine Patch will not work properly or may not be safe if it is damaged in any way.**

Usual adult dose:

Your doctor will tell you which ACT Rivastigmine Patch is more suitable for you. Treatment usually starts with ACT Rivastigmine Patch 5 (4.6 mg/24h) applied once a day. The usual daily dose is ACT Rivastigmine Patch 10 (9.5 mg/24h) applied once a day, depending on your individual condition.

ONLY ONE patch should be worn at a time and the patch should be replaced by a new one after 24 hours.

During the course of the treatment your doctor may adjust the dose to suit your individual needs.

If you have not been applying ACT Rivastigmine Patch for more than a few days do not apply the next patch before you have talked to your doctor.

Application of ACT Rivastigmine Patch

Where to apply ACT Rivastigmine Patch

EVERY 24 HOURS, ALWAYS GENTLY REMOVE THE PREVIOUS DAY'S Rivastigmine Patch BEFORE PUTTING ON A NEW ONE.

ONLY ONE PATCH SHOULD BE WORN AT A TIME.

Before you apply ACT Rivastigmine Patch, make sure that your skin is:

- clean, dry and hairless
- free of any powder, oil, moisturiser, or lotion (that could keep the patch from sticking to your skin properly)
- free of cuts, rashes and/or irritations.

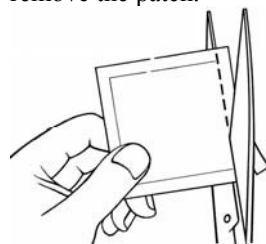
Apply **ONLY ONE** patch per day to **ONLY ONE** of the following locations: the upper **OR** lower back, **OR** upper arm **OR** chest. Applying the patch to other areas (e.g. abdomen and thighs) may decrease the amount of medication you receive from the patch and may also cause more skin irritation on the spot where the patch is applied. Avoid places where the patch can be rubbed off by tight clothing.

When changing your patch, you must remove the previous day's patch before you apply your new patch to a different area of skin (for example on the right side of your body one day, then on the left side the next day). Do not apply a new patch to that same spot for at least 14 days.

How to apply ACT Rivastigmine Patch

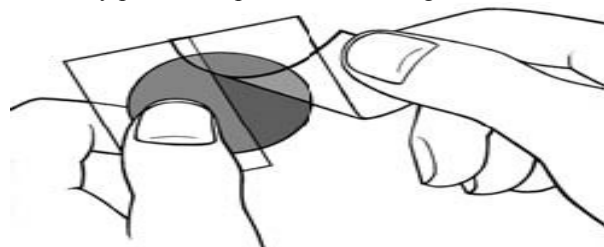
The patch is a thin, opaque, plastic patch that sticks to the skin. Each patch is sealed in a pouch that protects it until you are ready to put it on. Do not open the pouch or remove a patch from your skin until just before you apply a new one.

Cut the pouch along the dotted line or at the notch and remove the patch.



A protective liner covers the adhesive side of the patch.

Peel off one side of the protective liner and do not touch the sticky part of the patch with the fingers.



Put the sticky side of the patch on the upper **OR** lower back, **OR** upper arm **OR** chest and then peel off the second side of the protective liner.



Then press the patch firmly in place using the palm of the hand, applying pressure over the entire patch for at least 30 seconds, to make sure that the edges stick well.



If it helps you, you may write (e.g. the day of the week) on the patch with a thin ball point pen.

ACT Rivastigmine Patch should be worn continuously until it is time to replace it with a new patch. You may wish to experiment with different locations when applying a new patch, to find ones that are most comfortable for you and where clothing will not rub on the patch.

Safety and Handling

How to remove ACT Rivastigmine Patch

Gently pull at one edge of the ACT Rivastigmine Patch to remove it completely from the skin. In case the adhesive residue is left over on your skin, gently use mild soap or baby oil to remove it. Alcohol or other dissolving liquids (nail polish remover or other solvents) should not be used.

How to dispose of the used ACT Rivastigmine Patch

After the patch has been removed, fold it in half with the adhesive sides on the inside and press them together. Return the used patch in the pouch from today's patch and discard safely out of the reach and sight of children and pets, as there is still drug in the patch after 24-hour usage. You can dispose of the patch in your waste container.

Do not touch your eyes with your fingers and wash your hands with soap and water after handling the patch. In case of contact with eyes, rinse immediately with plenty of water and seek medical advice if eyes become red and do not resolve.

Can you wear ACT Rivastigmine Patch when bathing, swimming, or in the sun?

Bathing, swimming, or showering should not affect the patch. To help ensure that the patch sticks well, do not place on wet or damp skin. When swimming, you can wear the patch under your bathing suit. Make sure the patch does not loosen during these activities by checking it regularly.

While wearing ACT Rivastigmine Patch you should not expose the patch area to external sources of heat as this may increase the amount of drug that may enter your body through the skin. Such external heat sources include

intensive sunbathing, heat lamps, heating pads, saunas and hot tubs, etc. This may also occur if you develop a fever while wearing ACT Rivastigmine Patch.

What to do if ACT Rivastigmine Patch falls off

If the patch falls off, a new patch should be applied for the rest of the day, then replace the patch the next day at the same time as usual.

Accidental transfer of ACT Rivastigmine Patch to another person

If your patch dislodges and accidentally sticks to the skin of another person, take the patch off immediately and call a doctor. This is true for both fresh and used patches, as a considerable amount of drug remains in the patch after use.

When and for how long to apply ACT Rivastigmine Patch

To benefit from your medicine a new patch must be applied every day, after removal of the old patch. Taking ACT Rivastigmine Patch at the same time each day will help you remember when to take your medicine. Wear **ONLY ONE** ACT Rivastigmine Patch at a time and replace the patch by a new one after 24 hours.

If you are applying your own patch, tell your caregiver that you are applying ACT Rivastigmine Patch. Also tell your caregiver if you have not been applying ACT Rivastigmine Patch for more than 3 days.

The prescription of this medicine needs specialized advice before its initiation and a periodic assessment of therapeutic benefits.

Your doctor will also monitor your weight while you are taking this medicine.

If you have questions about how long to take ACT Rivastigmine Patch talk to your doctor or your pharmacist

Overdose:

If you accidentally apply more than one ACT Rivastigmine Patch, remove all the patches from your skin, then contact a hospital emergency department, the regional Poison Control Center or your doctor immediately and tell them that you have accidentally applied more than one ACT Rivastigmine Patch. You may require medical attention even if there are no symptoms.

IMPORTANT: PLEASE READ

- Some people who have accidentally taken too much oral rivastigmine have experienced nausea (feeling sick), vomiting (being sick), and diarrhea. You may become dehydrated (losing too much fluid) if vomiting or diarrhea are prolonged.
- Some people may also experience high blood pressure, hallucinations, slow heart beat and fainting.

Missed Dose:

If you find you have forgotten to apply your ACT Rivastigmine Patch, apply a new patch immediately. You may apply the next patch at the usual time the next day, after removing the previous day's patch. Do not apply two patches to make up for the one that you missed.

ONLY ONE patch should be worn at a time.

Do not stop taking ACT Rivastigmine Patch or change your dose without talking with your doctor. If you have not been applying ACT Rivastigmine Patch for more than 3 days do not apply the next patch before you have talked to your doctor.

SIDE EFFECTS AND WHAT TO DO ABOUT THEM

As with all medicines, patients using ACT Rivastigmine Patch may experience side effects, although not everybody gets them. Do not be alarmed by this list of possible side effects. You may not experience any of them.

You may see side effects more frequently when you start your medication or increase to a higher dose. In most cases side effects will gradually disappear as your body gets used to the medicine.

Nausea and vomiting are the most common side effects (affect between 1 and 10 in every 100 patients). If you experience persistent or severe nausea and/or vomiting, contact your doctor about temporarily stopping your treatment with ACT Rivastigmine Patch. Your doctor will decide how you should restart your treatment when you are feeling better.

Other common side effects:

- loss of appetite, weight loss,
- anxiety,
- difficulty in sleeping,
- dizziness,
- trembling,
- accidental falls,
- headache,
- diarrhea, stomach discomfort after meals, stomach pain,
- dehydration,

- inability to adequately retain urine (urinary incontinence),
- redness, itching, irritation, swelling at the application site (skin reactions at the application site),
- tiredness,
- weakness,
- worsening of extrapyramidal symptoms (e.g. stiff limbs and trembling hands) if you take other medications, such as antipsychotics, that cause these symptoms.

Uncommon side effects (affect between 1 and 10 in every 1,000 patients):

- agitation,
- drowsiness (common in Chinese patients),
- unusual high level of activity, restlessness (hyperactivity),
- sweating,
- general feeling of being unwell.

Rare side effects (affect between 1 and 10 in every 10,000 patients):

- high blood pressure,
- rash and itching or skin reddening on contact with the patch (very common in Japanese patients),
- itching,
- rash
- skin reddening,
- blister (at the patch site and/or on other parts of the body),
- skin inflammation with rash
- fall

Very rare side effects (affect less than 1 in 10,000 patients):

- muscle stiffness, difficulty in carrying out movements (worsening of Parkinson's disease symptoms).

Additional side effects reported with ACT Rivastigmine Patch at an unknown frequency:

- changes in blood test results related to liver function,
- restlessness,
- trembling,
- nightmares,
- heart disorders (alternating heart rhythms),
- skin inflammation, blisters or swelling of the skin that are increasing and spreading.

If you feel unwell in this or any other way or have any symptoms that you do not understand, or find distressing,

IMPORTANT: PLEASE READ

you should contact your doctor immediately. Tell your doctor if any side effects become severe or troublesome to you. If you experience severe adverse events and cannot contact your doctor, stop taking the drug until you can discuss your symptoms with your doctor.

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM				
Symptom / effect		Talk with your doctor or pharmacist right away		Stop taking drug and seek immediate emergency medical assistance
		Only if severe	In all cases	
Common	Depression		✓	
	Urinary tract infection: infection involving the part of the body producing urine		✓	
	Dehydration: losing too much fluid			✓
	Anemia: fatigue, loss of energy, weakness, shortness of breath		✓	
Uncommon	Severe confusion			✓
	Hallucinations: seeing, feeling or hearing things that are not there			✓
	Chest pain		✓	
	Stroke: loss of coordination, difficulty in speaking and signs of brain disorder			✓
	Heart attack: crushing chest pain			✓
	Fainting			✓

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM				
Symptom / effect	Talk with your doctor or pharmacist right away		Stop taking drug and seek immediate emergency medical assistance	
	Only if severe	In all cases		
Problems with heart rhythm (irregular or fast or slow heart beat)			✓	
Allergic Reaction: rash		✓		
Stomach ulcer and gastrointestinal hemorrhage: blood in stools or when vomiting			✓	
Very rare	Inflammation of the pancreas: severe upper stomach pain, often with nausea and vomiting		✓	
	Seizures: Fits or convulsions		✓	
	Liver disorders: yellowing of skin and the whites of eyes, darkening of the urine, unexplained nausea, vomiting, loss of appetite, itching, upper stomach pain, tiredness			✓
	Stevens-Johnson Syndrome: Blistering of the skin, mouth, eyes and genitals			✓
	Not known			✓

IMPORTANT: PLEASE READ

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM

Symptom / effect		Talk with your doctor or pharmacist right away		Stop taking drug and seek immediate emergency medical assistance
		Only if severe	In all cases	
	upward eye rolling, exaggeration of reflexes, drooling, difficulty moving how and when you want (extrapyramidal symptoms)			

† If you experience any of these, remove the ACT Rivastigmine Patch and **tell your doctor right away**.

Additional side effects which have been reported with rivastigmine capsules or oral solution that are not listed above for ACT Rivastigmine Patch include:

Common: confusion.

Rare: ulcer in the intestines.

Very rare: severe vomiting that can lead to a rupture of the oesophagus.

If you have any of these effects, if you feel unwell in any other way, or have symptoms that you do not understand or find distressing during treatment with ACT Rivastigmine Patch, **tell your doctor**.

This is not a complete list of side effects. For any unexpected effects while taking ACT Rivastigmine Patch, contact your doctor or pharmacist.

HOW TO STORE IT

- Do not use ACT Rivastigmine Patch after the expiry date shown on the carton and pouch.
- Store ACT Rivastigmine Patch at room temperature (15°C - 30°C). Do not refrigerate.
- Do not use any ACT Rivastigmine Patch that is damaged or shows signs of tampering.
- Keep ACT Rivastigmine Patch out of the reach and sight of children and pets.
- Keep ACT Rivastigmine Patch in the individual sealed pouch until just prior to use.

Reporting Side Effects

You can help improve the safe use of health products for Canadians by reporting serious and unexpected side effects to Health Canada. Your report may help to identify new side effects and change the product safety information.

3 ways to report:

- Online at MedEffect (<http://hc-sc.gc.ca/dhp-mps/medeff/index-eng.php>);
- By calling 1-866-234-2345 (toll-free);
- By completing a Consumer Side Effect Reporting Form and sending it by:
 - Fax to 1-866-678-6789 (toll-free), or
 - Mail to: Canada Vigilance Program
Health Canada, Postal Locator 0701E
Ottawa, ON K1A 0K9
Postage paid labels and the Consumer Side Effect Reporting Form are available at MedEffect (<http://hc-sc.gc.ca/dhp-mps/medeff/index-eng.php>).

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

MORE INFORMATION

If you want more information about ACT Rivastigmine:

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website (<http://hc-sc.gc.ca/index-eng.php>); or by calling 1-866-254-6111.

This leaflet was prepared by:

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