# PRODUCT MONOGRAPH

## INCLUDING PATIENT MEDICATION INFORMATION

# INJECTABLE NALOXONE HYDROCHLORIDE

Naloxone Hydrochloride Injection

Naloxone Hydrochloride (as dihydrate)

0.4 mg / mL and 1 mg / mL Sterile Solution

Omega Standard

Opioid Antagonist

Omega Laboratories Limited 11 177 Hamon Montreal Quebec H3M 3E4 Date of Revision: May 23, 2017

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# **Table of Contents**

PART I: HEALTH PROFESSIONAL INFORMATION	3
SUMMARY PRODUCT INFORMATION	3
INDICATIONS AND CLINICAL USE	3
CONTRAINDICATIONS	3
WARNINGS AND PRECAUTIONS.	3
ADVERSE REACTIONS	6
DRUG INTERACTIONS.	6
DOSAGE AND ADMINISTRATION.	7
ACTION AND CLINICAL PHARMACOLOGY	8
STORAGE AND STABILITY	9
DOSAGE FORMS, COMPOSITION AND PACKAGING	9
PART II: SCIENTIFIC INFORMATION	10
PHARMACEUTICAL INFORMATION	10
DETAILED PHARMACOLOGY	11
TOXICOLOGY	12
REFERENCES	13
PART III: PATIENT MEDICATION INFORMATION	15

#### INJECTABLE NALOXONE HYDROCHLORIDE

Naloxone Hydrochloride Injection 0.4 mg / mL and 1 mg / mL Sterile Solution

#### PART I: HEALTH PROFESSIONAL INFORMATION

#### SUMMARY PRODUCT INFORMATION

Route of Administration	Dosage Form / Strength	All Nonmedicinal Ingredients
Intravenous,	Aqueous Solution, 0.4 mg / mL and 1 mg /	Hydrochloric acid, methylparaben, propylparaben, sodium chloride, and water for
subcutaneous, intramuscular	mg/mL and 1 mg/ mL	injection

#### INDICATIONS AND CLINICAL USE

INJECTABLE NALOXONE HYDROCHLORIDE (naloxone hydrochloride) is a pure opioid antagonist indicated for emergency use to reverse known or suspected opioid overdoses, as manifested by respiratory depression and/or severe central nervous system depression.

INJECTABLE NALOXONE HYDROCHLORIDE can be administered by a bystander (non-health care professional) before emergency medical assistance becomes available but it is not intended to be a substitute for professional medical care. Emergency medical assistance (calling 911) should be requested immediately when an opioid overdose is suspected, before injecting naloxone.

#### **CONTRAINDICATIONS**

• Patients who are hypersensitive to this drug or to any ingredient in the formulation or component of the container. For a complete listing, see the DOSAGE FORMS, COMPOSITION AND PACKAGING section of the product monograph.

#### WARNINGS AND PRECAUTIONS

#### **Serious Warnings and Precautions**

- Emergency medical assistance (calling 911) should be requested immediately when an opioid overdose is suspected, before injecting naloxone (see WARNINGS AND PRECAUTIONS, Rebound Opioid Toxicity).
- Individuals with a satisfactory response to an initial dose of INJECTABLE NALOXONE HYDROCHLORIDE should be kept under continued surveillance (see WARNINGS AND PRECAUTIONS, Rebound Opioid Toxicity); repeated doses of INJECTABLE NALOXONE HYDROCHLORIDE should be administered as needed until the emergency medical services become available (see DOSAGE AND ADMINISTRATION).
- Caregivers administering INJECTABLE NALOXONE HYDROCHLORIDE should be prepared to assist the patient for potential adverse reactions such as aggressive reactions, convulsions and vomiting. Special attention is warranted if INJECTABLE NALOXONE HYDROCHLORIDE is administered to a neonate (see WARNINGS AND PRECAUTIONS, Acute Opioid Withdrawal Syndrome and Special Populations, Pediatrics).

#### General

In the absence of opioids, in opioid naïve people, naloxone shows essentially no pharmacologic activity. In opioid tolerant people, naloxone may trigger an acute opioid withdrawal syndrome (see WARNINGS AND PRECAUTIONS, Acute Opioid Withdrawal Syndrome).

INJECTABLE NALOXONE HYDROCHLORIDE does not counteract overdoses due to: barbiturates, benzodiazepines, psychostimulants (*e.g.* cocaine, amphetamines, methylphenidate, etc.), alcohol, or any other non-opioid drug such as non-opioid tranquilizers, anesthetics or sedatives. However, mistakenly administering naloxone to a person that is unconscious because of a non-opioid overdose or for other reasons is unlikely to create more harm.

## **Rebound Opioid Toxicity**

Rebound opioid toxicity is the re-emergence of an opioid overdose manifestation, including respiratory depression, following the temporary reversal of the opioid overdose with naloxone. The patient who has responded satisfactorily to naloxone should be kept under continued surveillance and repeated doses of naloxone should be administered as necessary until the emergency medical services take charge of the patient (see DOSAGE AND ADMINISTRATION). Repeated doses are often required as the duration of action of most opioids exceeds that of naloxone, and therefore, re-emergence of opioid overdose manifestation is likely.

#### Respiratory

Naloxone is not effective against respiratory depression due to non-opioid drugs (see WARNINGS AND PRECAUTIONS, General). A single dose of naloxone may not reverse respiratory depression (or reversal may be incomplete) if the opioid overdose is caused by certain partial agonist opioids such as buprenorphine and pentazocine or highly potent opioids such as fentanyl. Additional doses of naloxone administered at close intervals may be required in such cases (see DOSAGE AND ADMINISTRATION, Recommended Dose and Dosage Adjustment). Similarly, an opioid overdose caused by very large dose of any opioid may also require administration of multiple doses of naloxone at close intervals (see DOSAGE AND ADMINISTRATION, Recommended Dose and Dosage Adjustment). In addition to naloxone, other resuscitative measures such as maintenance of a free airway, artificial ventilation and cardiac massage could be executed by a bystander (non-health care professionals) if the bystander knows how to perform the manoeuvers. Moreover, vasopressor agents should be employed (if available) whenever necessary if a health care professional is present.

## **Acute Opioid Withdrawal Syndrome**

INJECTABLE NALOXONE HYDROCHLORIDE should be administered with caution to persons who are known or suspected to be physically dependent on opioids. In such cases, an abrupt and complete reversal of opioid effects may precipitate an acute opioid withdrawal syndrome. The severity of such a syndrome will depend on the degree of physical dependence, the dose, affinity and potency of the opioid that induced the overdose, and the dose of naloxone administered.

The signs and symptoms of an acute opioid withdrawal syndrome include, but are not limited to: body aches, pain, fever/pyrexia, sweating/hyperhidrosis, runny nose, sneezing, piloerection, yawning, weakness, asthenia, shivering, chills, tremor/trembling, convulsions/seizures, nervousness, restlessness, irritability, aggressive behavior, diarrhea, nausea, vomiting, abdominal cramps, increased blood pressure and tachycardia. In the dependent neonate, signs also include excessive crying as well as hyperactive reflexes and the acute withdrawal may be life threatening if not recognized and properly treated (see WARNINGS AND PRECAUTIONS, *Special Populations*, Pediatrics).

Caregivers administering INJECTABLE NALOXONE HYDROCHLORIDE to any patient should always be prepared for potential reactions associated with acute opioid withdrawal syndrome and to assist the patient to minimize harm when experiencing these reactions. For example, a patient should be positioned in lateral decubitus to prevent choking if vomiting occurs; sharp or dangerous objects should be moved away in case of seizures to protect the patient from injury, but the patient should not be restrained.

# **Cardiovascular - Post-Operative**

Several instances of hypotension, hypertension, ventricular tachycardia and fibrillation, and pulmonary edema have been reported. Rare cases of cardiac arrest have also been reported. These have occurred in postoperative patients with pre-existing cardiovascular disorders and/or

other drugs may have contributed to the adverse events. A direct relationship to naloxone has not been established.

## Neurologic

Convulsions or seizures after naloxone administration have been rarely reported and the relationship between naloxone and convulsion or seizure is unclear. If convulsions or seizures occur, sharp or dangerous objects should be moved away to protect the patient from injury but the patient should not be restrained.

#### Special Populations

**Pregnant Women:** There are, no adequate and well-controlled studies in pregnant women. Although reproduction studies performed in mice and rats at doses up to 1000 times the human dose revealed no evidence of impaired fertility or harm to the fetus due to naloxone, administration of INJECTABLE NALOXONE HYDROCHLORIDE to an opioid-dependent pregnant woman may induce an acute opioid withdrawal syndrome (see WARNINGS AND PRECAUTIONS, Acute Opioid Withdrawal Syndrome), which may precipitate preterm labor or fetal distress. Because of this risk and because animal reproduction studies are not always predictive of human response, INJECTABLE NALOXONE HYDROCHLORIDE should be used during pregnancy only if clearly needed.

**Nursing Women:** It is not known whether naloxone is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when INJECTABLE NALOXONE HYDROCHLORIDE is administered to a nursing woman.

**Pediatrics:** An accidental opioid exposure is possible in the pediatric population. INJECTABLE NALOXONE HYDROCHLORIDE administration may cause an acute opioid withdrawal syndrome which may be life threatening in neonates if not recognized and properly treated (see WARNINGS AND PRECAUTIONS, Acute Opioid Withdrawal Syndrome). INJECTABLE NALOXONE HYDROCHLORIDE should be administered to a neonate only if clearly needed. As for any use of naloxone, emergency medical assistance (*i.e.*, 911) should be requested immediately, before injecting naloxone in a neonate.

#### ADVERSE REACTIONS

Abrupt reversal of opioid depression may result in nausea, vomiting, sweating, tachycardia, increased blood pressure and tremulousness.

Hypotension, hypertension, ventricular tachycardia and fibrillation, cardiac arrest and pulmonary edema have been associated with the use of naloxone post-operatively (see WARNINGS AND PRECAUTIONS, Cardiovascular - Post-Operative).

Seizures have been reported to occur infrequently after the administration of naloxone; however, a causal relationship has not been established.

#### **DRUG INTERACTIONS**

#### **Drug-Drug Interactions**

Interactions with other drug products have not been established.

## **Drug-Food Interactions**

Interactions with food haves not been established.

# **Drug-Herb Interactions**

Interactions with herbal products have not been established.

# **Drug-Laboratory Interactions**

Interactions with laboratory tests have not been established.

#### DOSAGE AND ADMINISTRATION

## **Dosing Considerations**

Emergency medical assistance (calling 911) should be requested immediately when an opioid overdose is suspected, before injecting naloxone (see WARNINGS AND PRECAUTIONS, Rebound Opioid Toxicity).

INJECTABLE NALOXONE HYDROCHLORIDE may be administered intravenously, intramuscularly, or subcutaneously. The most rapid onset of action is achieved by intravenous administration and it is recommended only in emergency situations when a health care professional is present. The intramuscular route of administration is recommended for bystanders (non-health care professionals).

Since the duration of action of most opioids exceeds that of naloxone, the patient should be kept under continued surveillance and repeated doses of naloxone should be administered, as necessary (see WARNINGS AND PRECAUTIONS, Respiratory; Rebound Opioid Toxicity).

## **Recommended Dose and Dosage Adjustment**

INJECTABLE NALOXONE HYDROCHLORIDE should be administered to neonates only if clearly needed (see WARNINGS AND PRECAUTIONS, Special Populations, Pediatrics).

## Known or Suspected Opioid Overdosage

# Children 0 to 1 year old

## Initial Dose

An initial dose of 0.4 mg of INJECTABLE NALOXONE HYDROCHLORIDE (intravenous, intramuscular, or subcutaneous) should be administered.

#### Repeat Doses

If the desired degree of improvement in respiratory functions is not obtained, doses of 0.4 mg should be repeated at 2 to 3 minute intervals until the desired degree of reversal is reached. Additional supportive and/or resuscitative measures may be helpful while awaiting emergency medical assistance (see WARNINGS AND PRECAUTIONS, Respiratory).

#### Children over 1 year old and Adults

#### **Initial Dose**

An initial dose of 0.4 mg to 2 mg of INJECTABLE NALOXONE HYDROCHLORIDE (intravenous, intramuscular, or subcutaneous) should be administered.

A caregiver should be aware that the risk of acute opioid withdrawal syndrome will be higher in the patient receiving higher doses of naloxone. In such cases, the caregiver should be prepared for potential reactions associated with acute opioid withdrawal syndrome and to assist the patient to minimize harm when experiencing these reactions (see WARNINGS AND PRECAUTIONS, Acute Opioid Withdrawal Syndrome).

## Repeat Doses

If the desired degree of improvement in respiratory functions is not obtained, doses of 0.4 mg should be repeated at 2 to 3 minute intervals until the desired degree of reversal is reached. Additional supportive and/or resuscitative measures may be helpful while awaiting emergency medical assistance (see WARNINGS AND PRECAUTIONS, Respiratory).

Parenteral drug products should be inspected visually for particulate matter and discolouration prior to administration whenever solution and container permit.

## ACTION AND CLINICAL PHARMACOLOGY

#### Mechanism of Action

While the mechanism of action of naloxone hydrochloride is not fully understood, the preponderance of evidence suggests that naloxone antagonizes the opioid effects by competing for the same receptor sites.

# **Pharmacodynamics**

Naloxone hydrochloride prevents or reverses the effects of opioids, including respiratory depression, sedation, and hypotension. Also, it can reverse the psychosomimetic and dysphoric effects of agonist-antagonists such as pentazocine. Naloxone hydrochloride is an essentially pure opioid antagonist, *i.e.*, it does not possess the agonistic or morphine-like properties characteristic of other opioid antagonists; naloxone does not produce respiratory depression, psychosomimetic effects or pupillary constriction.

In the absence of opioids, in opioid naïve people, naloxone shows essentially no pharmacologic activity. In opioid tolerant people, naloxone may trigger an acute opioid withdrawal syndrome (see WARNINGS AND PRECAUTIONS, Acute Opioid Withdrawal Syndrome). Naloxone has not been shown to produce tolerance or to cause physical or psychological dependence.

#### **Pharmacokinetics**

Following parenteral administration naloxone hydrochloride is rapidly distributed in the body. It is metabolized in the liver, primarily by glucuronide conjugation, and excreted in urine.

#### STORAGE AND STABILITY

INJECTABLE NALOXONE HYDROCHLORIDE should be stored between 15 and 30°C, protected from light.

## DOSAGE FORMS, COMPOSITION AND PACKAGING

#### INJECTABLE NALOXONE HYDROCHLORIDE 0.4 mg / mL:

Each mL of aqueous injectable solution contains: 0.4 mg naloxone hydrochloride, 8.6 mg sodium chloride, 1.8 mg methylparaben (as preservative), 0.2 mg propylparaben (as preservative), hydrochloric acid to adjust pH, and water for injection.

## INJECTABLE NALOXONE HYDROCHLORIDE 1 mg/mL:

Each mL of aqueous injectable solution contains: 1 mg naloxone hydrochloride, 8.35 mg sodium chloride, 1.8 mg methylparaben (as preservative), 0.2 mg propylparaben (as preservative), hydrochloric acid to adjust pH, and water for injection.

#### INJECTABLE NALOXONE HYDROCHLORIDE is available as:

- 1 mL vials (0.4 mg/mL), boxes of 10 vials (discard unused portion after intervention).
- 2 mL vials (1 mg/mL), boxes of 10 vials (discard unused portion after intervention).

Latex-Free Stoppers:	Stoppers contain no dry natural rubber.

#### PART II: SCIENTIFIC INFORMATION

#### PHARMACEUTICAL INFORMATION

# **Drug Substance**

Proper name: Naloxone hydrochloride

Chemical name: 17-Allyl-4,5 α-epoxy-3,14-dihydroxymorphinan-6-one hydrochloride

dihydrate

Structural formula:

Molecular formula: C<sub>19</sub>H<sub>21</sub>NO<sub>4</sub>.HCl 2H<sub>2</sub>O

Molecular mass: 363.8 g/mol anhydrous

399.9 g/mol dihydrate

Physicochemical properties: Naloxone hydrochloride, an opioid antagonist, is a

synthetic congener of oxymorphone. In structure it differs from oxymorphone in that the methyl group on the nitrogen atom is replaced by an allyl group.

Naloxone hydrochloride occurs as a white to slightly off-white powder, and is soluble in water, in dilute acids, and in strong alkali; slightly soluble in

alcohol;

practically insoluble in ether and in chloroform. It

melts at about 200-205°C. The pH of aqueous solutions is acidic.

#### DETAILED PHARMACOLOGY

Single subcutaneous doses of naloxone as high as 24 mg/70 kg (0.343 mg/kg) and multiple doses of 90 mg daily, for two weeks, administered to normal volunteers produced no behavioural or physiological changes, yet its antagonistic activity to subsequent morphine challenge persisted.

Naloxone hydrochloride at doses of 0.7 to 10 mg administered intravenously to heroin addicts abolished the effects of 10 to 20 mg of heroin whether administered before or after the heroin. The effects of the heroin began to recur three hours after naloxone administration, indicating naloxone has a shorter duration of action than heroin.

Naloxone was able to reverse the respiratory depression induced by various anesthetics: morphine, fentanyl, cyclazocine, pentazocine, meperidine, alphaprodine, oxymorphone, nalorphine and levallorphan in patients, whether administered IV, IM or SC at 0.4 to 2 mg / mL. Naloxone caused no respiratory depression, psychotomimetic effects, clinically significant circulatory effects, nor analgesia when administered alone. Subjects did not develop tolerance to naloxone. Temporary nausea and vomiting were reported in two studies, but as other anesthetics/analgesics were being administered concurrently, these effects could not be causally related to naloxone.

When naloxone is administered intravenously the onset of action is generally apparent within two minutes; the onset of action is only slightly less rapid when it is administered subcutaneously or intramuscularly. The duration of action is dependent upon the dose and route of administration. Intramuscular administration produces a more prolonged effect than intravenous administration. The requirement for repeat doses will also be dependent upon the amount, type, and route of administration of the opioid being antagonized.

Following parenteral administration naloxone is rapidly distributed in the body. It is metabolized in the liver, primarily by glucuronide conjugation, and excreted in urine. In one study the mean serum half-life in adults was 4.7 minutes for the distribution phase and 64 minutes for the elimination phase. In a neonatal study the mean plasma half-life was observed to be  $3.1 \pm 0.5$  hours.

In a nine-week study of nine males (22 to 47 years of age) who were addicted to opioids, naloxone was administered in single daily oral doses in increments of 50 mg (3 subjects), 100 mg (4 subjects) and 300 mg (2 subjects). Up to 3000 mg of naloxone hydrochloride daily was administered (1 subject). No significant toxic symptoms occurred over nine weeks of naloxone administration. Sporadic abnormal laboratory findings including elevated white blood cell counts occurred, but are common in cases of opioid addiction. One patient receiving 1500 mg of

naloxone daily reported psychic depression, apathy and decreased appetite, which were relieved when the dosage was decreased.

#### **TOXICOLOGY**

## **Acute Toxicity**

The maximum nontoxic subcutaneous dose in rats was 50 mg/kg.

In acute SC toxicity studies in newborn rats, the  $LD_{50}$  is 260 mg/kg. Naloxone was only twice as toxic in newborn as in six week old rats. At toxic doses naloxone produced excitation, hyperactivity, salivation, tremors, and tonic-clonic convulsions. Respiration was slightly stimulated in rabbits as shown by the minute-volume measurements.

## **Subacute Toxicity**

Subacute SC toxicity experiments in rats and monkeys and a subacute IV toxicity experiment in dogs demonstrated very little cumulative toxicity and no organic pathological changes.

# Reproduction and Teratology

Reproduction studies in mice and rats using naloxone hydrochloride dosages up to 1000 times the usual human dosage have not revealed evidence of impaired fertility or harm to the fetus.

## **Mutagenicity and Carcinogenicity**

Mutagenicity and carcinogenicity studies have not been conducted using naloxone.

#### REFERENCES

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# READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE PATIENT MEDICATION INFORMATION

#### INJECTABLE NALOXONE HYDROCHLORIDE

Naloxone Hydrochloride Injection 0.4 mg / mL Sterile Solution (1 mL glass vials) 1 mg / mL Sterile Solution (2 mL glass vials)

Read this carefully before administering **INJECTABLE NALOXONE HYDROCHLORIDE** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **INJECTABLE NALOXONE HYDROCHLORIDE.** 

## **Serious Warnings and Precautions**

- Before injecting INJECTABLE NALOXONE HYDROCHLORIDE, call for emergency medical assistance (by calling 911) immediately when an opioid overdose is suspected (see WARNINGS AND PRECAUTIONS, Rebound Opioid Toxicity);
- Individuals with a satisfactory response to an initial dose of INJECTABLE NALOXONE
  HYDROCHLORIDE should be kept under continued surveillance (see WARNINGS
  AND PRECAUTIONS, Rebound Opioid Toxicity). Repeated doses of INJECTABLE
  NALOXONE HYDROCHLORIDE should be administered as needed until the
  emergency medical services become available (see DOSAGE AND
  ADMINISTRATION).
- Caregivers administering INJECTABLE NALOXONE HYDROCHLORIDE should be prepared to assist the patient for potential adverse reactions such as aggressive reactions, convulsions and vomiting. Special attention is warranted if INJECTABLE NALOXONE HYDROCHLORIDE is administered to a newborn less than four weeks old (see WARNINGS AND PRECAUTIONS, Acute Opioid Withdrawal Syndrome and Special Populations, Pediatrics).

#### What is INJECTABLE NALOXONE HYDROCHLORIDE used for?

INJECTABLE NALOXONE HYDROCHLORIDE is used to treat someone who has or may have overdosed on opioids (a type of medication used to treat pain). It can be used by anyone (non-healthcare professional) to reverse the effects of the overdose until medical help arrives. Signs of an opioid overdose include:

- trouble breathing
- extreme drowsiness
- pale and clammy skin

- slow or no heartbeat
- passing out
- unable to be woken up

#### How does INJECTABLE NALOXONE HYDROCHLORIDE work?

Opioid drugs work by acting on specific receptors found in the brain and in the nervous system. When these drugs attach to those receptors, they reduce the amount of pain you feel. INJECTABLE NALOXONE HYDROCHLORIDE works by blocking these specific receptors. When these receptors are blocked, the opioid drugs can no longer work on them. This helps reduce the effects of the opioid drugs.

## What are the ingredients in INJECTABLE NALOXONE HYDROCHLORIDE?

Medicinal ingredients: naloxone hydrochloride

Non-medicinal ingredients: hydrochloric acid, methylparaben, propylparaben, sodium chloride, and water for injection

# INJECTABLE NALOXONE HYDROCHLORIDE comes in the following dosage forms:

Solution for injection: 0.4 mg / mL and 1 mg / mL

#### Do not use INJECTABLE NALOXONE HYDROCHLORIDE only if:

• you are sure that the patient is allergic to naloxone hydrochloride or to any of the ingredients in INJECTABLE NALOXONE HYDROCHLORIDE.

## Other warnings you should know about:

**Non-opioid overdoses**: INJECTABLE NALOXONE HYDROCHLORIDE does not reduce the effects of an overdose caused by other drugs such as:

- barbiturates
- benzodiazepines
- psychostimulants (for example cocaine, amphetamines or methylphenidate)
- alcohol
- anesthetics
- sedatives

Giving INJECTABLE NALOXONE HYDROCHLORIDE to a person because of a non-opioid overdose is unlikely to cause more harm.

**Reoccurrence Opioid Symptoms:** It may be possible that the symptoms of an opioid overdose reoccur even after a dose of INJECTABLE NALOXONE HYDROCHLORIDE has been given. You should:

• monitor the patient

- give repeated doses of INJECTABLE NALOXONE HYDROCHLORIDE to the patient if needed
- wait for emergency medical help to arrive

**Opioid Dependant Patients:** INJECTABLE NALOXONE HYDROCHLORIDE should be given with caution to patients who may be or are known to be physically dependant on opioids. Giving this drug to these patients may cause them to go into opioid withdrawal and cause opioid withdrawal syndrome.

Caregivers who give of INJECTABLE NALOXONE HYDROCHLORIDE to any patient should always be prepared for symptoms of opioid withdrawal syndrome and should try to help minimize any potential harm to the patient when they experience these reactions.

Some of the signs of opioid syndrome include:

- pain
- fever
- sweating
- runny nose
- sneezing
- yawning
- weakness
- shivering/chills
- tremor/trembling
- convulsions/seizures. Sharp and dangerous objects should be moved away to prevent injury
- vomiting. The patient should be placed on his or her side to prevent choking if they vomit
- increased blood pressure

**Patients who have had surgery:** INJECTABLE NALOXONE HYDROCHLORIDE should be given with caution to patients who have had a recent surgery. The following have occurred:

- high and low blood pressure
- increased heart rate
- rapid irregular heartbeat
- a build-up of fluid in the lungs
- in rare cases cardiac arrest

**Pregnant Women:** INJECTABLE NALOXONE HYDROCHLORIDE should only be used in pregnant women when clearly needed.

**Pediatrics:** An accidental exposure to an opioid drug is possible. INJECTABLE NALOXONE HYDROCHLORIDE should be given only if clearly needed.

The following may interact INJECTABLE NALOXONE HYDROCHLORIDE:

There are no known drug interactions with INJECTABLE NALOXONE HYDROCHLORIDE.

#### How to administer INJECTABLE NALOXONE HYDROCHLORIDE:

- Call for emergency medical help (911) **before** you give the injection
- If you are a bystander, a family member or a friend (non-medical healthcare professional): give the injection into the muscle (intramuscularly).
- If you are a health care professional: the injection can be given:
  - into the vein (intravenously), or
  - underneath the skin (subcutaneously) or
  - into the muscle (intramuscularly).

#### **Usual Dose**:

#### 0.4 mg/mL

- Initial Dose: Inject 1 mL
- <u>Repeat Doses:</u> Inject 1 mL after 2 to 3 minutes if the person does not respond by breathing normally or waking up.

# 1 mg / mL

- Initial Dose: Inject 0.4 mL
- Repeat Doses: Inject 0.4 mL after 2 to 3 minutes if the person does not respond by breathing normally or waking up.

# Four steps overdose response

## **Step 1:** Check for signs of opioid overdose

• Breathing difficulties: Look for signs of breathing by placing your cheek near the nose and mouth of the person to feel their breath. Take only about 10 seconds to check this (**Figure 1**)



Figure 1

Other signs of overdose include:

- Excessive drowsiness
- Pale and clammy skin
- Slow or no heartbeat
- Passing out (loss of consciousness) or unable to be woken up

# **Step 2:** Call 911

# **Step 3:** Give Naloxone Injection

• Take the glass vial of INJECTABLE NALOXONE HYDROCHLORIDE. Using your fingers, pull off and remove the top of the glass vial (**Figure 2**)



Figure 2

- For 0.4 mg / mL:
  Use a syringe with long needle (1-1 ½ inch length) to draw up 1 mL of the solution.
- For 1 mg / mL:
  Use a syringe with long needle (1-1 ½ inch length) to draw up 0.4 mL of the solution.

- Inject into either:
  - The fleshy part of the outer arm (just below the shoulder)
  - Front of the upper thighs
  - Upper part of the buttocks (Figure 3)

You can inject through light clothing unless the person is wearing thick clothing (such as a jacket or sweater), you do not need to remove their clothes.

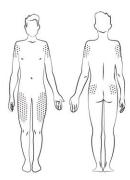


Figure 3

- Hold the syringe at a 90 degree angle to the body, about 10 cm away from the skin.
- Insert the needle into the muscle with a single, quick motion.
- Push down the plunger of the syringe with a slow, steady motion. (Figure 4)

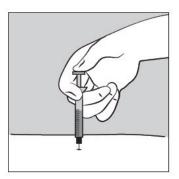


Figure 4

- Remove the needle and carefully put it out of the way, so that you can safely throw it away later.
- Give the opened vial, syringe and needle to the paramedics or bring them to the nearest pharmacy for safe discarding. **Do not** reuse them.

# **Step 4**: Evaluate and support

Put the person in "the recovery position" by placing them on their side, making sure that they are not able to roll over. You can do this by moving one leg so that the knee is bent

at a right angle (90 degrees), and also moving one arm so that it is a right angle to the body. Then make sure that their airway is open by gentle tilting the head back and lifting the chin. Make sure that the airway is clear of anything blocking it. (**Figure 5**)



Figure 5

- Wait with the person until the ambulance arrives. Keep checking to make sure that they are still breathing.
- Repeat **Step 3** after 2 to 3 minutes if the person does not respond by breathing normally or waking up.

# What are possible side effects from using INJECTABLE NALOXONE HYDROCHLORIDE?

- nausea
- vomiting
- sweating
- rapid heart beat
- increased blood pressure
- feeling shaky

A few people have had a seizure after an injection of INJECTABLE NALOXONE HYDROCHLORIDE. However it is not known if this was caused after receiving the injection.

# **Reporting Side Effects**

You can help improve the safe use of health products for Canadians by reporting serious and unexpected side effects to Health Canada. Your report may help to identify new side effects and change the product safety information.

# 3 ways to report:

- Online at MedEffect (http://hc-sc.gc.ca/dhp-mps/medeff/index-eng.php);
- By calling 1-866-234-2345 (toll-free);
  - By completing a Consumer Side Effect Reporting Form and sending it by:
    - Fax to 1-866-678-6789 (toll-free), or
    - Canada Vigilance Program Mail to:

Health Canada, Postal Locator 1908C

Ottawa, ON K1A 0K9

Postage paid labels and the Consumer Side Effect Reporting Form are available at MedEffect (http://hc-sc.gc.ca/dhp-mps/medeff/index-eng.php).

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

#### Storage:

Store unopened vials between 15°C - 30°C. Keep in a dark place (away from light). Keep out of reach and sight of children.

Discard opened vials after intervention. Give opened vials to paramedics or bring them to the nearest pharmacy for safe discarding. Do not reuse them.

#### more information If vou want about INJECTABLE NALOXONE **HYDROCHLORIDE:**

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website (http://hcsc.gc.ca/index-eng.php); the manufacturer's website www.omegalaboratory.com, or by calling 1.800.363.0584.

This leaflet was prepared by Omega Laboratories Limited.

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