

**PRESCRIBING INFORMATION**

**<sup>Pr</sup> LIDOCAINE INJECTION, BP**

**Lidocaine Hydrochloride**

**1% w/v (10 mg/mL) & 2% w/v (20 mg/mL)**

**With Preservative**

Local Anesthetic

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**LIDOCAINE INJECTION, BP**  
**Lidocaine Hydrochloride, Ph.Eur**  
**(1% w/v (10 mg/mL) & 2% w/v (20 mg/mL) [With Preservative])**

**PART I: HEALTH PROFESSIONAL INFORMATION**

**SUMMARY PRODUCT INFORMATION**

<b>Route of Administration</b>	<b>Dosage Form/ Strength</b>	<b>All Non medicinal Ingredients</b>
Parenteral	Sterile solutions of 1% w/v and 2% w/v lidocaine hydrochloride contain 10 or 20 mg/mL lidocaine hydrochloride.	Sodium chloride, sodium hydroxide, methyl paraben, hydrochloric acid and water for injection.

**INDICATIONS AND CLINICAL USE**

**Adults (>18 years of age):**

LIDOCAINE INJECTION BP (lidocaine hydrochloride) are indicated for production of local or regional anesthesia by:

- infiltration techniques including percutaneous injection,
- peripheral nerve block techniques such as brachial plexus and intercostal blocks, and

When the accepted procedures for these techniques, as described in standard textbooks, are observed.

**Geriatrics (> 65 years of age):**

Elderly patients should be given reduced doses commensurate with their age and physical condition (see DOSAGE AND ADMINISTRATION-Special Populations).

**Pediatrics (<18 years of age):**

Children should be given reduced doses commensurate with their age, weight and physical condition (see DOSAGE AND ADMINISTRATION-Special Populations).

Lidocaine should be used with caution in children younger than two years of age as there are insufficient data to support the safety and efficacy of this product in this patient population at this time.

## **CONTRAINDICATIONS**

LIDOCAINE INJECTION BP (lidocaine hydrochloride) are contraindicated in:

- Patients with a known history of hypersensitivity to local anesthetics of the amide type or to other components of the solution (see DOSAGE FORMS, COMPOSITION AND PACKAGING).
- Patients with a known history of hypersensitivity to methylparaben and/or propylparaben (preservatives used in multidose solutions), or to their metabolite para amino benzoic acid (PABA).

Solutions of lidocaine containing parabens should also be avoided in patients with a history of allergic reactions to ester local anesthetics, which are metabolized to PABA.

LIDOCAINE INJECTION BP containing antimicrobial preservatives (e.g. methylparaben) should not be used for epidural or spinal anesthesia, or for any route of administration that would introduce solution into the cerebrospinal fluid because the safety of these agents has not been established with regard to intrathecal injection, either intentional or accidental. These solutions should not be administered intra-ocularly or retro-ocularly.

LIDOCAINE INJECTION BP containing antimicrobial preservatives should not be used in doses greater than 15 mL for other types of blockades.

## **WARNINGS AND PRECAUTIONS**

### **General**

LOCAL ANESTHETICS SHOULD ONLY BE EMPLOYED BY CLINICIANS WHO ARE WELL VERSED IN DIAGNOSIS AND MANAGEMENT OF DOSE-RELATED TOXICITY AND OTHER ACUTE EMERGENCIES THAT MIGHT ARISE FROM THE BLOCK TO BE EMPLOYED AND THEN ONLY AFTER ENSURING THE IMMEDIATE AVAILABILITY OF OXYGEN, OTHER RESUSCITATIVE DRUGS, CARDIOPULMONARY EQUIPMENT AND THE PERSONNEL NEEDED FOR PROPER MANAGEMENT OF TOXIC REACTIONS AND RELATED EMERGENCIES (see also ADVERSE REACTIONS and OVERDOSAGE). DELAY IN PROPER MANAGEMENT OF DOSE-RELATED TOXICITY, UNDERVENTILATION FROM ANY CAUSE, AND/OR ALTERED SENSITIVITY MAY LEAD TO THE DEVELOPMENT OF ACIDOSIS, CARDIAC ARREST AND POSSIBLY, DEATH.

AN INTRAVENOUS CANNULA MUST BE INSERTED BEFORE THE LOCAL ANESTHETIC IS INJECTED FOR NERVE BLOCKS WHICH MAY RESULT IN HYPOTENSION OR BRADYCARDIA, OR WHERE ACUTE SYSTEMIC TOXICITY MAY DEVELOP FOLLOWING INADVERTENT INTRAVASCULAR INJECTION.

THE LOWEST DOSAGE OF LOCAL ANESTHETIC THAT RESULTS IN EFFECTIVE ANESTHESIA OR ANALGESIA SHOULD BE USED TO AVOID HIGH PLASMA LEVELS AND SERIOUS ADVERSE REACTIONS. INJECTIONS SHOULD BE MADE SLOWLY OR IN INCREMENTAL DOSES, WITH FREQUENT ASPIRATIONS BEFORE AND DURING

## THE INJECTION TO AVOID INTRAVASCULAR INJECTION.

### **Reports of Irreversible Chondrolysis with Intra-articular Infusions of Local Anesthetics**

**Following Surgery:** Intra-articular infusions of local anesthetics following arthroscopic and other surgical procedures is an unapproved use, and there have been post-marketing reports of irreversible chondrolysis in patients receiving such infusions. The majority of reported cases of irreversible chondrolysis have involved the shoulder joint; cases of gleno-humeral irreversible chondrolysis have been described in pediatric and adult patients following intra-articular infusions of local anesthetics with and without epinephrine for periods of 48 to 72 hours. The time of onset of symptoms, such as joint pain, stiffness and loss of motion can be variable, but may begin as early as the 2nd month after surgery. Currently, there is no effective treatment for irreversible chondrolysis; patients who experienced irreversible chondrolysis have required additional diagnostic and therapeutic procedures and some required arthroplasty or shoulder replacement. **LIDOCAINE INJECTION BP should not be used for post-operative intra-articular infusion** (See DOSAGE AND ADMINISTRATION).

**Major Peripheral Nerve Blocks:** Major peripheral nerve blocks may imply the administration of a large volume of local anesthetic in areas of high vascularity, often close to large vessels where there is an increased risk of intravascular injection and/or rapid systemic absorption which can lead to high plasma concentrations.

**Repeat Dosing:** Repeated doses of LIDOCAINE INJECTION BP (Lidocaine hydrochloride) may cause significant increases in blood levels with each repeated dose because of slow accumulation of the drug or its metabolites. Tolerance to elevated blood levels varies with the status of the patient. Debilitated, elderly patients, acutely ill patients and children should be given reduced doses commensurate with their age and physical condition (see DOSAGE AND ADMINISTRATION-Special Populations).

**Inflammation and Sepsis:** Local anesthetic procedures should not be used when there is inflammation and/or sepsis in the region of the proposed injection.

**Malignant Hyperthermia:** Many drugs used during the conduct of anesthesia are considered potential triggering agents for familial malignant hyperthermia. It has been shown that the use of amide local anesthetics in malignant hyperthermia patients is safe. However, there is no guarantee that neural blockade will prevent the development of malignant hyperthermia during surgery. It is also difficult to predict the need for supplemental general anesthesia. Therefore, a standard protocol for the management of malignant hyperthermia should be available.

**Acute Porphyria:** Lidocaine has been shown to be porphyrinogenic in animal models. LIDOCAINE INJECTION BP should only be used in patients with acute porphyria when no safer alternative is available. Appropriate precautions should be taken for all porphyric patients.

### **Cardiovascular**

Lidocaine should be used with caution in patients with bradycardia or impaired cardiovascular function since they may be less able to compensate for functional changes associated with the prolongation of A-V conduction produced by amide-type local anesthetics.

Patients with partial or complete heart block require special attention since local anesthetics may depress myocardial conduction. To reduce the risk of potentially serious adverse reactions, attempts should be made to optimize the patient's condition before major blocks are performed. Dosage should be adjusted accordingly.

Lidocaine should be used with caution in patients in severe shock.

Central nerve blocks may cause cardiovascular depression, especially in the presence of hypovolemia.

Patients treated with antiarrhythmic drugs (e.g., amiodarone, mexiletine) should be under close surveillance and ECG monitoring, since cardiac effects of these drugs and lidocaine may be additive (see DRUG INTERACTIONS).

### **Peri-Operative Considerations**

It is essential that aspiration for blood or cerebrospinal fluid (where applicable) be done prior to injecting any local anesthetics, both the original and all subsequent doses, to avoid intravascular or subarachnoid injection. However, a negative aspiration does not ensure against an intravascular or subarachnoid injection.

The safety and effectiveness of LIDOCAINE INJECTION BP depend on proper dosage, correct technique, adequate precautions and readiness for emergencies. Standard textbooks should be consulted for specific techniques and precautions for various regional anesthetic procedures.

Resuscitative equipment, oxygen, and other resuscitative drugs should be available for immediate use (see OVERDOSAGE). During major regional nerve blocks or using large doses, the patient should be in an optimal condition and should have i.v. fluids running via an indwelling catheter to assure a functioning intravenous pathway. The clinician responsible should have adequate and appropriate training in the procedure to be performed, should take the necessary precautions to avoid intravascular injection (see DOSAGE AND ADMINISTRATION), and should be familiar with the diagnosis and treatment of side effects, systemic toxicity and other complications (see ADVERSE REACTIONS and OVERDOSAGE). THE LOWEST DOSAGE THAT RESULTS IN EFFECTIVE ANESTHESIA SHOULD BE USED TO AVOID HIGH PLASMA LEVELS AND SERIOUS ADVERSE EFFECTS. INJECTIONS SHOULD BE MADE SLOWLY, WITH FREQUENT ASPIRATIONS BEFORE AND DURING THE INJECTION TO AVOID INTRAVASCULAR INJECTION.

Careful and constant monitoring of cardiovascular and respiratory (adequacy of ventilation) vital signs and the patient's state of consciousness should be performed after each local anesthetic injection. It should be kept in mind at such times that restlessness, anxiety, incoherent speech, light-headedness, numbness and tingling of the mouth and lips, metallic taste, tinnitus, dizziness, blurred vision, tremors, twitching, depression or drowsiness may be early warning signs of central nervous system toxicity.

### **Head/Neck**

Small doses of local anesthetics injected into the head and neck area, including retrobulbar,

dental and stellate ganglion blocks, may produce adverse reactions caused by inadvertent injection to an artery. These reactions may be similar to systemic toxicity seen with unintentional intravascular injections of larger doses. Inadvertent injections into an artery can cause cerebral symptoms even at low doses. Confusion, convulsions, respiratory depression and/or respiratory arrest, and cardiovascular stimulation or depression leading to cardiac arrest have been reported. Patients receiving these blocks should have their circulation and respiration monitored and be constantly observed. Resuscitative equipment and personnel for treating adverse reactions should be immediately available. Dosage recommendations should not be exceeded (see DOSAGE AND ADMINISTRATION).

***Ophthalmic Surgery:*** Retrobulbar injections may very occasionally reach the cranial subarachnoid space causing temporary blindness, cardiovascular collapse, apnea, convulsions, etc. These reactions, which may be due to intra-arterial injection or direct injection into the central nervous system via the sheaths of the optic nerve, must be diagnosed and treated promptly.

Retrobulbar and peribulbar injections of local anesthetics carry a low risk of persistent ocular muscle dysfunction. The primary causes include trauma and/or local toxic effects on muscles and/or nerves. The severity of such tissue reactions is related to the degree of trauma, the concentration of the local anesthetic and the duration of exposure of the tissue to the local anesthetic. For this reason, as with all local anesthetics, the lowest effective concentration and dose of local anesthetic should be used. Vasoconstrictors and other additives may aggravate tissue reactions and should be used only when indicated.

Clinicians who perform retrobulbar blocks should be aware that there have been reports of respiratory arrest following local anesthetic injection. Prior to retrobulbar block, as with all other regional procedures, the immediate availability of equipment, drugs, and personnel to manage respiratory arrest or depression, convulsions, and cardiac stimulation or depression should be assured (see also WARNINGS AND PRECAUTIONS, Injection in Head and Neck Area).

### **Hepatic**

Because amide-type local anesthetics such as lidocaine are metabolized by the liver, these drugs, especially repeated doses, should be used cautiously in patients with hepatic disease. Patients with severe hepatic disease, because of their inability to metabolize local anesthetics normally, are at greater risk of developing toxic plasma concentrations.

### **Neurologic**

**Epilepsy:** Lidocaine should be used with caution in patients with epilepsy. The risk of central nervous system side effects when using lidocaine in patients with epilepsy is very low, provided that the dose recommendations are followed.

Besides the direct anesthetic effect, local anesthetics may have a very mild effect on mental function and co-ordination even in the absence of overt CNS toxicity and may temporarily impair locomotion and alertness.

## **Renal**

Lidocaine is metabolized primarily by the liver to monoethylglycinexylidide (MEGX, which has some CNS activity), and then further to metabolites glycinexylidide (GX) and 2,6-dimethylaniline (see ACTION AND CLINICAL PHARMACOLOGY). Only a small fraction (3%) of lidocaine is excreted unchanged in the urine. The pharmacokinetics of lidocaine and its main metabolite were not altered significantly in haemodialysis patients (n=4) who received an intravenous dose of lidocaine. Therefore, renal impairment is not expected to significantly affect the pharmacokinetics of lidocaine when LIDOCAINE INJECTION BP is used for short treatment durations, according to dosage instructions (see DOSAGE AND ADMINISTRATION). Caution is recommended when lidocaine is used in patients with severely impaired renal function because lidocaine metabolites may accumulate during long term treatment.

## **Sensitivity**

Lidocaine should be used with caution in persons with known drug sensitivities. Lidocaine solutions are contraindicated in patients with known hypersensitivities to local anesthetics of the amide type, to other components in the formulation, parabens and their metabolite para amino benzoic acid (PABA). The use of paraben-containing lidocaine preparations should also be avoided in patients who are allergic to ester local anesthetics (see CONTRAINDICATIONS).

## **Special Populations**

Debilitated patients, acutely ill patients and patients with sepsis should be given reduced doses commensurate with their age, weight and physical condition because they may be more sensitive to systemic effects due to increased blood levels of lidocaine following repeated doses.

**Pregnant Women:** There are no adequate and well-controlled studies in pregnant women on the effect of lidocaine on the developing fetus.

It is reasonable to assume that a large number of pregnant women and women of child-bearing age have been given lidocaine. No specific disturbances to the reproductive process have so far been reported, e.g. no increased incidence of malformations. However, care should be given during early pregnancy when maximum organogenesis takes place.

Paracervical block can sometimes cause fetal bradycardia/tachycardia, and careful monitoring of the fetal heart rate is necessary.

**Labour and Delivery:** Local anesthetics rapidly cross the placenta and when used for paracervical anesthesia, can cause varying degrees of maternal, fetal and neonatal toxicity. The potential for toxicity depends upon the procedure performed, the type and amount of drug used, and the technique of drug administration. Adverse reactions in the parturient, fetus and neonate involve alterations of the central nervous system, peripheral vascular tone and cardiac function.

Maternal hypotension has resulted from regional anesthesia. Local anesthetics produce vasodilation by blocking sympathetic nerves. Elevating the patient's legs and positioning her on



her left side will help prevent decreases in blood pressure. A vasopressor, such as ephedrine, may be indicated (see WARNINGS AND PRECAUTIONS-Cardiovascular). The fetal heart rate also should be monitored continuously, and electronic fetal monitoring is highly advisable.

Paracervical or pudendal anesthesia may alter the forces of parturition through changes in uterine contractility or maternal expulsive efforts. In one study, paracervical block anesthesia was associated with a decrease in the mean duration of first stage labour and facilitation of cervical dilation. The use of obstetrical anesthesia may increase the need for forceps assistance.

Case reports of maternal convulsions and cardiovascular collapse following use of some local anesthetics for paracervical block in early pregnancy (as anesthesia for elective abortion) suggest that systemic absorption under these circumstances may be rapid. Fetal bradycardia may occur in 20 to 30 percent of patients receiving paracervical nerve block anesthesia with the amide-type local anesthetics and may be associated with fetal acidosis. Fetal heart rate should always be monitored during paracervical anesthesia. The physician should weigh the possible advantages against risks when considering paracervical block in prematurity, toxemia of pregnancy, and fetal distress. Careful adherence to recommended dosage is of the utmost importance in obstetrical paracervical block. The recommended maximum dose of each drug should not be exceeded. Injection should be made slowly and with frequent aspiration. Allow a 5-minute interval between sides. Failure to achieve adequate analgesia with recommended doses should arouse suspicion of intravascular or fetal intracranial injection. Cases compatible with unintended fetal intracranial injection of local anesthetic solution have been reported following intended paracervical or pudendal block or both. Babies so affected, present with unexplained neonatal depression at birth, which correlates with high local anesthetic serum levels, and often manifest seizures within six hours. Prompt use of supportive measures combined with forced urinary excretion of the local anesthetic has been used successfully to manage this complication.

**Nursing Women:** Lidocaine and its metabolites are excreted in the breast milk. At therapeutic doses, the quantities of lidocaine and its metabolites in breast milk are small and generally are not expected to be a risk for the infant.

**Pediatrics:** Children should be given reduced doses commensurate with their age, weight and physical condition because they may be more sensitive to systemic effects due to increased blood levels of lidocaine following repeated doses (see DOSAGE AND ADMINISTRATION).

In children, the dosage should be calculated on a weight basis up to 5 mg/kg. (see DOSAGE AND ADMINISTRATION).

Lidocaine should be used with caution in children under the age of 2 as there is insufficient data to support the safety and efficacy of this product in this patient population at this time.

**Geriatrics:** Elderly patients may be more sensitive to systemic effects due to increased blood levels of lidocaine following repeated doses and may require dose reductions.

#### Carcinogenesis and Mutagenesis

Genotoxicity tests with lidocaine showed no evidence of mutagenic potential. A metabolite of

lidocaine 2,6-dimethylaniline, showed weak evidence of activity in some genotoxicity tests. A chronic oral toxicity study of the metabolite 2,6-dimethylaniline (0, 14, 45, 135 mg/kg) administered in feed to rats showed that there was a significantly greater incidence of nasal cavity tumors in male and female animals that had daily oral exposure to the highest dose of 2,6-dimethylaniline for 2 years. The lowest tumor-inducing dose tested in animals (135 mg/kg) corresponds to approximately 11 times the amount of 2,6-dimethylaniline to which a 50 kg subject would be exposed following a single injection of 600 mg of lidocaine for injection, assuming 80% conversion to 2,6-dimethylaniline. Based on a yearly exposure (once daily dosing with 2,6-dimethylaniline in animals and 5 treatment sessions with 600 mg lidocaine for injection in humans), the safety margins would be approximately 1000 times when comparing the exposure in animals to man.

## ADVERSE REACTIONS

Adverse experiences following the administration of lidocaine are similar in nature to those observed with other amide local anesthetic agents. These adverse experiences are, in general, dose-related and may result from high plasma levels caused by overdosage, rapid absorption, or inadvertent intravascular injection, or may result from a hypersensitivity, idiosyncrasy or diminished tolerance on the part of the patient.

**Table 1 Adverse Drug Reaction Frequencies**

Common (≥ 1% and <10%)	Vascular disorders: hypotension, hypertension Gastrointestinal disorders: nausea, vomiting Nervous system disorders: paresthesia, dizziness Cardiac disorders: bradycardia
Uncommon (≥ 0.1% and <1%)	Nervous system disorders: Signs and symptoms of CNS toxicity (convulsions, paresthesia circumoral, numbness of the tongue, hyperacusis, visual disturbances, tremor, tinnitus, dysarthria, CNS depression)
Rare (≥ 0.01% and <0.1%)	Cardiac disorders: cardiac arrest, cardiac arrhythmias Immune system disorders: allergic reactions, anaphylactic reaction/shock Respiratory disorders: respiratory depression  Nervous system disorders: neuropathy, peripheral nerve injury, arachnoiditis  Eye disorders: diplopia

Serious adverse experiences are generally systemic in nature. The following types are those most commonly reported:

**Central Nervous System:** CNS manifestations are excitatory and/or depressant and may be characterized by the following signs and symptoms of escalating severity: circumoral

paresthesia, light-headedness, nervousness, apprehension, euphoria, confusion, dizziness, drowsiness, hyperacusis, tinnitus, blurred vision, vomiting, sensations of heat, cold or numbness, twitching, tremors, convulsions, unconsciousness, respiratory depression and arrest. The excitatory manifestations (e.g., twitching, tremors, convulsions) may be very brief or may not occur at all, in which case the first manifestation of toxicity may be drowsiness merging into unconsciousness and respiratory arrest.

Drowsiness following the administration of lidocaine is usually an early sign of a high lidocaine plasma level and may occur as a consequence of rapid absorption.

**Cardiovascular System:** Cardiovascular manifestations are usually depressant and are characterized by bradycardia, hypotension, arrhythmia and cardiovascular collapse, which may lead to cardiac arrest.

**Allergic:** Allergic reactions are characterized by cutaneous lesions, urticaria, edema or, in the most severe instances, anaphylactic shock. Allergic reactions of the amide type are rare (<0.1%) and may occur as a result of sensitivity either to the local anesthetic agent or to other components in the formulation (see DOSAGE FORMS, COMPOSITION AND PACKAGING).

**Neurologic:** The incidences of adverse reactions may be related to the total dose of local anesthetic administered but is also dependent upon the particular drug used, the route of administration and the physical status of the patient. Neuropathy and spinal cord dysfunction (e.g. anterior spinal artery syndrome, arachnoiditis, cauda equina syndrome), have been associated with regional anesthesia. Neurological effects may be related to local anesthetic techniques, with or without a contribution from the drug.

## DRUG INTERACTIONS

### Overview

Lidocaine is mainly metabolized in the liver by CYP1A2 and CYP3A4 to its two major metabolites, monoethylglycinexylidide (MEGX) and glycinexylidide (GX), both of which are pharmacologically active. Lidocaine has a high hepatic extraction ratio. Only a small fraction (3%) of lidocaine is excreted unchanged in the urine. The hepatic clearance of lidocaine is expected to depend largely on blood flow.

Strong inhibitors of CYP1A2, such as fluvoxamine, given concomitantly with lidocaine, can cause a metabolic interaction leading to an increased lidocaine plasma concentration. Therefore, prolonged administration of lidocaine should be avoided in patients treated with strong inhibitors of CYP1A2, such as fluvoxamine. When co-administered with intravenous lidocaine, two strong inhibitors of CYP3A4, erythromycin and itraconazole, have each been shown to have a modest effect on the pharmacokinetics of intravenous lidocaine. Other drugs such as propranolol and cimetidine have been reported to reduce intravenous lidocaine clearance, probably through effects on hepatic blood flow and/or metabolism.

Clinically relevant pharmacodynamic drug interactions may occur with lidocaine and other local anesthetics or structurally related drugs, and Class I and Class III antiarrhythmic drugs due to additive effects.

## **Drug-Drug Interactions**

### Local anesthetics and agents structurally related to amide-type local anesthetics

Lidocaine should be used with caution in patients receiving other local anesthetics or agents structurally related to amide-type local anesthetics (e.g. antiarrhythmics such as mexiletine), since the toxic effects are additive.

### Antiarrhythmic Drugs

#### *Class I Antiarrhythmic drugs*

Class I antiarrhythmic drugs (such as mexiletine) should be used with caution since toxic effects are additive and potentially synergistic.

#### *Class III Antiarrhythmic drugs*

Caution is advised when using Class III antiarrhythmic drugs concomitantly with lidocaine due to potential pharmacodynamic or pharmacokinetic interactions with lidocaine, or both. A drug interaction study has shown that the plasma concentration of lidocaine may be increased following administration of a therapeutic dose of intravenous lidocaine to patients treated with amiodarone (n=6). Case reports have described toxicity in patients treated concomitantly with lidocaine and amiodarone. Patients treated with Class III antiarrhythmic drugs (e.g. amiodarone) should be kept under close surveillance and ECG monitoring should be considered, since cardiac effects of these drugs and lidocaine may be additive.

### Strong Inhibitors of CYP1A2 and CYP3A4

Cytochrome CYP1A2 and CYP3A4 are involved in the formation of the pharmacologically active lidocaine metabolite MEGX.

*Fluvoxamine:* Strong inhibitors of CYP1A2, such as fluvoxamine, given during prolonged administration of lidocaine to areas with a high extent of systemic absorption can cause a metabolic interaction leading to an increased lidocaine plasma concentration. The plasma clearance of a single intravenous dose of lidocaine was reduced by 41 to 60% during co-administration of fluvoxamine, a selective and potent CYP1A2 inhibitor, to healthy volunteers.

*Erythromycin and Itraconazole:* Erythromycin and itraconazole, which are strong inhibitors of CYP3A4, have been shown to reduce clearance of lidocaine by 9 to 18%, following a single intravenous dose of lidocaine to healthy volunteers.

During combined co-administration with fluvoxamine and erythromycin the plasma clearance of lidocaine was reduced by 53%.

### $\beta$ -blockers and cimetidine

Following a single intravenous dose of lidocaine, administered to healthy volunteers, the clearance of lidocaine has been reported to be reduced up to 47% when co-administered with propranolol and up to 30% when co-administered with cimetidine. Reduced clearance of

lidocaine when co-administered with these drugs is probably due to reduced liver blood flow and/or inhibition of microsomal liver enzymes. The potential for clinically significant interactions with these drugs should be considered during long-term treatment with high doses of lidocaine.

#### Monoamine Oxidase (MAO) Inhibitors

LIDOCAINE INJECTION BP and another vasoconstrictor should be used with extreme caution in patients receiving monoamine oxidase inhibitors (MAO) because severe prolonged hypertension may result. In situations when concurrent therapy is necessary, careful patient monitoring is essential.

#### Antidepressants (tricyclics, imipramine)

LIDOCAINE INJECTION BP and another vasoconstrictor should be used with extreme caution in patients receiving antidepressants of the tricyclic or imipramine types because severe prolonged hypertension may result. In situations when concurrent therapy is necessary, careful patient monitoring is essential.

#### Antipsychotics (phenothiazines, butyrophenones)

LIDOCAINE INJECTION BP and another vasoconstrictor should be used with extreme caution in patients receiving phenothiazines and butyrophenones.

#### Sedatives

If sedatives are employed to reduce patient apprehension, they should be used in reduced doses, since local anesthetic agents, like sedatives, are central nervous system depressants which in combination may have an additive effect.

#### **Drug-Food Interactions**

Interactions of lidocaine with food have not been established.

#### **Drug-Herb Interactions**

Interactions of lidocaine with herbal products have not been established.

#### **Drug-Laboratory Tests Interactions**

The intramuscular injection of lidocaine may result in an increase in creatine phosphokinase levels. Thus, the use of this enzyme determination, without isoenzyme separation, as a diagnostic test for the presence of acute myocardial infarction may be compromised by the intramuscular injection of lidocaine.

#### **Drug-Lifestyle Interactions**

Driving and Operating Machinery: Besides the direct anesthetic effect, local anesthetics may have a very mild effect on mental function and co-ordination even in the absence of overt CNS toxicity and may temporarily impair locomotion and alertness. Patients should be cautioned

about driving a vehicle or operating potentially hazardous machinery on the day they receive local anesthetic treatment.

## **DOSAGE AND ADMINISTRATION**

### **Dosing Considerations**

#### **General**

LIDOCAINE INJECTION BP (lidocaine hydrochloride) should only be used by or under the supervision of clinicians experienced in regional anesthesia.

Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration, whenever solution and container permit. Solutions which are discoloured or which contain particulate matter should not be administered.

There have been adverse event reports of irreversible chondrolysis in patients receiving intra-articular infusions of local anesthetics following arthroscopic and other surgical procedures. LIDOCAINE INJECTION BP is not approved for this use (see WARNINGS AND PRECAUTIONS, General).

Recommended doses serve only as a guide to the amount of anesthetic required for most routine procedures. The actual volumes and concentrations to be used depend on a number of factors such as type and extent of surgical procedure, depth of anesthesia and degree of muscular relaxation required, duration of anesthesia required, and the physical condition of the patient (see Special Populations).

The lowest concentration of anesthetic and the lowest dosage needed to provide effective anesthesia should be administered. The rapid injection of a large volume of local anesthetic solution should be avoided and fractional doses should be used when feasible.

When LIDOCAINE INJECTION BP is used concomitantly with other products containing lidocaine, the total dose contributed by all formulations must be kept in mind.

Preservative containing solutions (i.e. those supplied in multidose vials) should not be used for epidural or spinal anesthesia or for any route of administration that would introduce solution into the cerebrospinal fluid. Local anesthetic solutions containing antimicrobial preservatives solutions should not be administered intra-ocularly or retro-ocularly. These solutions should not be used in doses greater than 15 mL for other types of blockades (see CONTRAINDICATIONS).

#### **Special Populations**

Lidocaine should be used with caution in patients with epilepsy, impaired cardiac conduction, bradycardia, impaired hepatic or renal function and in severe shock (see WARNINGS AND PRECAUTIONS).

Debilitated patients, elderly patients, acutely ill patients, patients with sepsis and children should be given reduced doses commensurate with their age, weight and physical condition (see WARNINGS AND PRECAUTIONS).

## **Recommended Dose and Dosage Adjustment**

Careful aspiration before and during injection is recommended to prevent intravascular injection. The main dose should be injected slowly or in incremental doses, while closely observing the patient's vital functions and maintaining verbal contact.

**Adults:** Table 2 (Recommended Dosages) summarizes the recommended volumes and concentrations of lidocaine for various types of anesthetic procedures. The dosages suggested in this table are for normal healthy adults and refer to the use of epinephrine-free solutions.

**Children:** In children the dosage should be calculated on a weight basis up to 5 mg/kg. Individual variations occur. In children with a high body weight a gradual reduction of the dosage is often necessary and should be based on the ideal body weight. Standard textbooks should be consulted for factors affecting specific block techniques and for individual patient requirements.

The onset of anesthesia, the duration of anesthesia and the degree of muscular relaxation are proportional to the volume and concentration (i.e. total dose) of local anesthetic used. Thus, an increase in volume and concentration of lidocaine will decrease the time to onset of anesthesia, prolong the duration of anesthesia, provide a greater degree of muscular relaxation and increase the segmental spread of anesthesia. Although the incidence of side effects with lidocaine is quite low, caution should be exercised when employing large volumes and concentrations since the incidence of side effects is directly proportional to the total dose of local anesthetic agent injected. The risk of reaching a toxic plasma concentration or inducing a local neural injury must be considered when prolonged blocks and/or repeated administration are employed.

In general, complete block of all nerve fibres in large nerves requires the higher concentrations of drug. In smaller nerves, or when a less intense block is required (e.g., in the relief of labour pain), the lower concentrations are indicated. The volume of drug used will affect the extent of spread of anesthesia.

**Table 2 Dosage Recommendations In Adults.**

Type of Block	Conc. (%)	Each Dose		Onset (min)	Duration (h) Without Epinephrine	Indication
		mL	mg			
Local infiltration	0.5	≤ 80	≤ 400	1-2	1.5-2	Surgical operations.
	1	≤ 40	≤ 400	1-2	2-3	
Digital <sup>2</sup>	1	1-5	10-50	2-5	1.5-2	Surgical operations.
Intercostal (per nerve) Maximum total dose of 480 mg	1	2-5	20-50	3-5	1-2	Surgical operations, postoperative pain and fractured ribs.
Paracervical <sup>3</sup> (each side)	1	10	100	3-5	1-1.5	Surgical operations and dilation of cervix. Obstetric pain relief.

Type of Block	Conc. (%)	Each Dose		Onset (min)	Duration (h) Without Epinephrine	Indication
		mL	mg			
Paravertebral (per segment)	1	3-5	30-50	5-10	1-1.5	Pain management, diagnostic.
	2	3-5	60-100	5-10	1.5-2	
Pudendal (each side)	1	10	100	5-10	1.5-2	Instrumental delivery.
Intra-articular block <sup>4</sup>	0.5	≤ 60	≤ 300	5-10	0.5-1 after washout	Arthroscopy and surgical operations.
	1	≤ 40	≤ 400	5-10		
Retrobulbar <sup>3</sup>	2	4	80	3-5	1.5-2	Ocular surgery.
Peribulbar <sup>3</sup>	1	10-15	100-150	3-5	1.5-2	Ocular surgery.
Brachial plexus:						Surgical operations.
Axillary	1.0	40-50	400-500	15-30	1.5-2	
Supraclavicular interscalene and subclavian perivascular	1.0	30-40	300-400	15-30	1.5-2	
Sciatic	2	15-20	300-400	15-30	2-3	Surgical operations.
3-in-1 (Femoral, obturator and lateral cutaneous)	1	30-40	300-400	15-30	1.5-2	Surgical operations.

<sup>2</sup>Without epinephrine. <sup>3</sup>see WARNINGS AND PRECAUTIONS <sup>4</sup>There have been post-marketing reports of irreversible chondrolysis in patients receiving post-operative intra-articular infusion of local anesthetics. Lidocaine is not approved for this indication (See WARNINGS AND PRECAUTIONS).

## OVERDOSAGE

For current information about the management of a suspected drug overdose, contact your regional Poison Control Centre immediately.

Acute systemic toxicity from local anesthetics is generally related to high plasma levels encountered during therapeutic use of local anesthetics and originates mainly in the central nervous and the cardiovascular systems (see ADVERSE REACTIONS and WARNINGS AND PRECAUTIONS). It should be kept in mind that clinically relevant pharmacodynamic drug interactions (i.e., toxic effects) may occur with lidocaine and other local anesthetics or structurally related drugs, and Class I and Class III antiarrhythmic drugs due to additive effects (see DRUG INTERACTIONS).

## Symptoms

With accidental intravascular injections, the toxic effect will be obvious within 1-3 min, while



with overdosage, peak plasma concentrations may not be reached for 20-30 min depending on the site of injection, with signs of toxicity thus being delayed.

*Central nervous system* toxicity is a graded response, with symptoms and signs of escalating severity. The first symptoms are circumoral paresthesia, numbness of the tongue, light-headedness, hyperacusis and tinnitus. Visual disturbance and muscular tremors are more serious and precede the onset of generalized convulsions. Unconsciousness and grand mal convulsions may follow, which may last from a few seconds to several minutes. Hypoxia and hypercarbia occur rapidly following convulsions due to the increased muscular activity, together with the interference with normal respiration. In severe cases apnea may occur. Acidosis, hyperkalaemia, hypocalcaemia and hypoxia increase and extend the toxic effects of local anesthetics.

Recovery is due to redistribution and metabolism of the local anesthetic drug. Recovery may be rapid unless large amounts of the drug have been administered.

*Cardiovascular* effects may be seen in cases with high systemic concentrations. Severe hypotension, bradycardia, arrhythmia and cardiovascular collapse may be the result in such cases.

Cardiovascular toxic effects are generally preceded by signs of toxicity in the central nervous system, unless the patient is receiving a general anesthetic or is heavily sedated with drugs such as a benzodiazepine or barbiturate.

## **Treatment**

The first consideration is prevention, best accomplished by careful and constant monitoring of cardiovascular and respiratory vital signs and the patient's state of consciousness after each local anesthetic administration. At the first sign of change, oxygen should be administered. **If signs of acute systemic toxicity appear, injection of the local anesthetic should be immediately stopped.**

The first step in the management of systemic toxic reactions, as well as under ventilation or apnea due to unintentional subarachnoid injection consists of immediate attention to the establishment and maintenance of a patent airway and assisted or controlled ventilation with oxygen and a delivery system capable of permitting immediate positive airway pressure by mask. This may prevent convulsions if they have not already occurred.

If convulsions occur, the objective of the treatment is to maintain ventilation and oxygenation and support circulation. Oxygen must be given and ventilation assisted if necessary (mask and bag or tracheal intubation). Should convulsions not stop spontaneously after 15-20 seconds, an anticonvulsant should be given iv to facilitate adequate ventilation and oxygenation. Thiopental sodium 1-3 mg/kg iv is the first choice. Alternatively diazepam 0.1 mg/kg bw iv may be used, although its action will be slow. Prolonged convulsions may jeopardise the patient's ventilation and oxygenation. If so, injection of a muscle relaxant (e.g. succinylcholine 1 mg/kg bw) will facilitate ventilation, and oxygenation can be controlled. Early endotracheal intubation is required when succinylcholine is used to control motor seizure activity.

If cardiovascular depression is evident (hypotension, bradycardia), ephedrine 5-10 mg i.v.

should be given and may be repeated, if necessary, after 2-3 minutes.

Should circulatory arrest occur, immediate cardiopulmonary resuscitation should be instituted. Continual oxygenation and ventilation and circulatory support as well as treatment of acidosis are of vital importance, since hypoxia and acidosis will increase the systemic toxicity of local anesthetics.

## **ACTION AND CLINICAL PHARMACOLOGY**

### **Mechanism of Action**

Lidocaine stabilizes the neuronal membrane by inhibiting the ionic fluxes required for the initiation and conduction of impulses, thereby effecting local anesthetic action. Local anesthetics of the amide type are thought to act within the sodium channels of the nerve membrane.

### **Onset of Action**

The onset of action is 1-5 minutes following infiltration and 5-15 minutes following other types of administration. The duration of anesthesia depends on the concentration of lidocaine used, the dose, and the type of block. The 2% solution will last up to 5 hours with peripheral nerve blocks. With the 1% concentration, there is less effect on motor nerve fibres and the duration of action is shorter.

### **Hemodynamics**

Lidocaine, like other local anesthetics, may also have effects on other excitable membranes (e.g. brain and myocardium). If excessive amounts of drug reach systemic circulation, symptoms and signs of toxicity may appear, emanating from the central nervous and cardiovascular systems.

Central nervous system toxicity (see OVERDOSAGE) usually precedes the cardiovascular effects since it occurs at lower plasma concentrations. Direct effects of local anesthetics on the heart include slow conduction, negative inotropism and eventually cardiac arrest.

### **Pharmacokinetics**

**Absorption:** Lidocaine is completely absorbed following parenteral administration. The rate of absorption depends on the dose, route of administration, and the vascularity of the injection site. The highest peak plasma levels are obtained following intercostal nerve block (approximately 1.5 µg/mL per 100 mg injected) while abdominal subcutaneous injections give the lowest (approximately 0.5 µg/mL per 100 mg injected).

Absorption of lidocaine from the subarachnoid space is monophasic with an absorption half-life of 71 min.

**Distribution:** Lidocaine has a total plasma clearance of 0.95 L/min and a volume of distribution at steady state of 91 L.

Lidocaine readily crosses the placenta, and equilibrium with regard to the unbound concentration is rapidly reached. The degree of plasma protein binding in the fetus is less than in the mother, which results in lower total plasma concentrations in the fetus.

The plasma binding of lidocaine is dependent on drug concentration, and the fraction bound decreases with increasing concentration. At concentrations of 1 to 4 µg of free base per mL, 60 to 80 percent of lidocaine is protein bound. Binding is also dependent on the plasma concentration of the alpha-1-acid glycoprotein.

**Metabolism:** Lidocaine is metabolized rapidly by the liver, and metabolites and unchanged drug are excreted by the kidneys. The main metabolites formed from lidocaine are monoethylglycinexylidide (MEGX), glycinexylidide (GX), 2,6-dimethylaniline and 4-hydroxy-2,6-dimethylaniline. The N-dealkylation to MEGX, is considered to be mediated by both CYP1A2 and CYP3A4. The metabolite 2,6-dimethylaniline is converted to 4-hydroxy-2,6-dimethylaniline by CYP2A6, and the latter is the major urinary metabolite in man. Only 3% of lidocaine is excreted unchanged. About 70% appears in the urine as 4-hydroxy-2,6-dimethylaniline.

**Excretion:** Lidocaine has a terminal half-life of 1.6 h and an estimated hepatic extraction ratio of 0.65. The clearance of lidocaine is almost entirely due to liver metabolism, and depends both on liver blood flow and the activity of metabolizing enzymes.

The pharmacological/toxicological actions of MEGX and GX are similar to, but less potent than those of lidocaine. GX has a longer half-life (about 10 h) than lidocaine and may accumulate during long-term administration.

The elimination half-life of lidocaine following intravenous bolus injection is typically 1.5 to 2.0 hours. The terminal half-life in neonates (3.2 h) is approximately twice that of adults, whereas clearance is similar (10.2 mL/min kg). The half-life may be prolonged two-fold or more in patients with liver dysfunction. Renal dysfunction does not affect lidocaine kinetics but may increase the accumulation of metabolites.

### **Special Populations and Conditions**

Acidosis increases the systemic toxicity of lidocaine while the use of CNS depressants may increase the levels of lidocaine required to produce overt CNS effects. Objective adverse manifestations become increasingly apparent with increasing venous plasma levels above 6.0µg free base per mL.

### **STORAGE AND STABILITY**

Store at room temperature (15°C to 30°C).

Discard unused portion 3 days after initial use.

## SPECIAL HANDLING INSTRUCTIONS

### Sterilization, and Technical Procedures

The solubility of lidocaine is limited at pH>6.5. This must be taken into consideration when alkaline solutions, i.e. carbonates, are added, since precipitation might occur.

Do not use if solution is coloured or if it contains a precipitate.

The multidose vials should not be used for more than three days after the container has been opened for the first time.

There is a greater risk of microbial contamination with multidose vials than with single dose vials. Single-dose vials should therefore be used whenever possible. If a multidose vial is used, appropriate control procedures to prevent contamination should be employed, including the following:

- use of single-use sterile injecting equipment;
- use of a sterile needle and syringe for each insertion into the vial;
- rule out the introduction of contaminated material or fluid into a multidose vial.

### DOSAGE FORMS, COMPOSITION AND PACKAGING

Each mL of Lidocaine Injection BP 1% w/v, and 2% w/v contains lidocaine hydrochloride 10 mg or 20 mg/mL, respectively.

Dosage form	Solution	
	1% w/v (10 mg/ml)	2% w/v (20 mg/ml)
Strength		
Description	Clear, colour less solution filled in 20 ml clear glass vials stoppered with grey rubber stopper and sealed with aluminum seals having chrome yellow colour PP disc.	Clear, colour less solution filled in 20 ml clear glass vials stoppered with grey rubber stopper and sealed with aluminium seals having sky blue colour PP disc.
Composition	<b>Non-medicinal Ingredients:</b> Sodium chloride, Methyl para hydroxybenzoate, Water for Injection, sodium hydroxide and/or hydrochloric acid.	
Packaging	20 mL Type-I clear tubular glass vials. 10 vials of 20 mL each.	

## PART II: SCIENTIFIC INFORMATION

### PHARMACEUTICAL INFORMATION

#### Drug Substance

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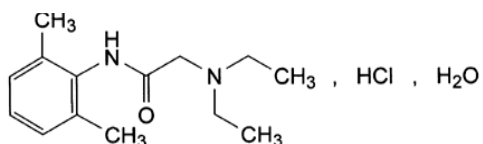
**Proper Name:** Lidocainehydrochloride

**Chemical Name:** 2-(diethylamino)-N-(2,6-dimethylphenyl)  
acetamidemonohydrochloride, monohydrate  
or  
2-diethylamino-2'6'-acetoxylidide, monohydrochloride, monohydrate

**Molecular Formula:**  $C_{14}H_{23}ClN_2O \cdot H_2O$

**Molecular Mass:** 288.8 g/mol

**Structural Formula:**



**Physicochemical Properties:** White or almost white, crystalline powder. Very soluble in water, freely soluble in Ethanol. Melting range between 74 and 79°C. pH of 4.0 to 5.5 (0.5% solution in H<sub>2</sub>O).

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## REFERENCES

1. Bailie D, Ellenbecker T. Severe chondrolysis after shoulder arthroscopy: A case series. *J Shoulder Elbow Surg* 2009;18(5):742-747.
2. McNickle A, L'Heureux D, Provencher M, Romeo A, Cole B. Postsurgical Glenohumeral Arthritis in Young Adults. *Am J Sports Med* 2009; 37(9):1784-1791.
3. Solomon D, Navaie M, Stedje-Larsen E, Smith J, Provencher M. Glenohumeral Chondrolysis After Arthroscopy: A Systematic Review of Potential Contributors and Causal Pathways. *J Arthro Rel Surg* 2009; 25(11):1329-1342.
4. Product Monograph - XYLOCAINE PARENTERAL SOLUTIONS, AstraZeneca Canada Inc., Date of Revision: February 23, 2015, Submission Control Number: 176093.

**Pr LIDOCAINE INJECTION, BP**  
**Lidocaine Hydrochloride, Ph.Eur**  
**(1% w/v (10 mg/mL)&2% w/v (20 mg/mL)**  
**[With Preservative])**

**PART III: CONSUMER INFORMATION**

**This leaflet is part III of a three-part "Prescribing Information" published when LIDOCAINE INJECTION BP was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about LIDOCAINE INJECTION BP. Contact your doctor if you have any questions about the drug.**

**ABOUT THIS MEDICATION**

**WHAT THE MEDICATION IS USED FOR:**

LIDOCAINE INJECTION BP is used to anesthetize part of the body for surgical operations and also for pain relief and can be used:

- to anesthetise the area of the body where surgery is to be performed;
- to provide pain relief in labour and after surgery.

**WHAT IT DOES:**

LIDOCAINE INJECTION BP act by preventing the nerves in the injected area from transmitting sensations of pain, heat or cold. However, you may still experience sensations such as pressure and touch. In this way, the nerve(s) is anesthetised in the part of the body, which will be subjected to surgery. In many cases this means that the nerves to the muscles in the area will also be blocked, causing temporary weakness or paralysis.

**WHEN IT SHOULD NOT BE USED:**

LIDOCAINE INJECTION BP should not be used in patients who:

- are allergic to lidocaine, any other "-caine" type anesthetics, or any of the non-medicinal ingredients in the product (see **NONMEDICINAL INGREDIENTS** below)
- are allergic to methyl parahydroxy benzoate (methyl paraben) (Preservative used in some solutions)

Because of the potential for irreversible joint damage, pain following joint surgery should not be managed by infusing LIDOCAINE INJECTION BP into the joint (i.e. by use of a post-operative "pain pump").

**WHAT THE MEDICINAL INGREDIENTS ARE:**

Sterile solutions of 1% w/v and 2% w/v lidocaine hydrochloride contain 10 or 20 mg/mL lidocaine hydrochloride.

**NONMEDICINAL INGREDIENTS:**

LIDOCAINE INJECTION BP also contain Sodium chloride, sodium hydroxide, methyl Parahydroxy benzoate (methyl paraben), hydrochloric acid and water for injection.

Check with your doctor if you think you may be sensitive to any of the above ingredients.

**WHAT DOSAGE FORMS IT COMES IN:**

LIDOCAINE INJECTION BP 1% w/v (10 mg/mL) & 2% w/v (20 mg/mL) is available in 20 mL Type-I clear tubular glass vials.

**Dosage Forms, Composition and Packaging:**

Dosage form	Solution	
	1% w/v (10 mg/ml)	2% w/v (20 mg/ml)
<b>Strength</b>		
<b>Description</b>	Clear, colour less solution filled in 20 ml clear glass vials stoppered with grey rubber stopper and sealed with aluminum seals having chrome yellow colour PP disc.	Clear, colour less solution filled in 20 ml clear glass vials stoppered with grey rubber stopper and sealed with aluminium seals having sky blue colour PP disc.
<b>Composition</b>	<b>Non-medicinal Ingredients:</b> Sodium chloride, Methyl para hydroxybenzoate, Water for Injection, sodium hydroxide and/or hydrochloric acid.	
<b>Packaging</b>	20 mL Type-I clear tubular glass vials 10 vials of 20 mL each.	

**WARNINGS AND PRECAUTIONS**

You should talk to your doctor prior to surgery:

- about all health problems you have now or have had in the past;
- about other medicines you take, including ones you can buy without a prescription;
- if you are taking other medicines such as drugs used to treat irregular heart activity (anti-arrhythmics);
- if you think you may be allergic or sensitive to any ingredients in LIDOCAINE INJECTION BP (see above).

- if you have a severe heart, kidney or liver disease;
- if you have epilepsy;
- if you or someone in your family has been diagnosed with porphyria;
- if you are experiencing severe shock;
- if you are pregnant, plan to become pregnant or are breastfeeding;
- if you are planning to drive or operate any tools or machinery on the day of surgery, because LIDOCAINE INJECTION BP may temporarily interfere with your reactions and muscle coordination.

## **INTERACTIONS WITH THIS MEDICATION**

Tell your doctor/dentist/pharmacist if you are taking or have recently taken any medicines, even those that can be bought without a prescription.

Drugs that may interact with LIDOCAINE INJECTION BP include:

- anti-arrhythmic drugs for heart problems (e.g. mexiletine, amiodarone);
- other anesthetics;
- propranolol for heart problems or cimetidine for gastrointestinal problems;
- fluvoxamine for depression, if using high doses of LIDOCAINE INJECTION BP for long time and other medicines for depression;
- antimigraine therapy; antipsychotic therapy;
- medicines for high blood pressure.

Usage of such medicines at the same time as LIDOCAINE INJECTION BP may increase the risk of serious side effects.

## **PROPER USE OF THIS MEDICATION**

### **USUAL DOSE:**

LIDOCAINE INJECTION BP should be administered by a doctor. The dose to be given is decided by the doctor, based on the clinical need and your physical condition.

### **DOSAGE AND ADMINISTRATION**

#### **Dosing Considerations**

##### **General**

LIDOCAINE INJECTION BP (lidocaine hydrochloride) should only be used by or under the supervision of clinicians experienced in regional anesthesia.

Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration, whenever solution and container

permit. Solutions which are discoloured or which contain particulate matter should not be administered. There have been adverse event reports of irreversible chondrolysis in patients receiving intra-articular infusions of local anesthetics following arthroscopic and other surgical procedures. LIDOCAINE INJECTION BP is not approved for this use (see WARNINGS AND PRECAUTIONS, General).

Recommended doses serve only as a guide to the amount of anesthetic required for most routine procedures. The actual volumes and concentrations to be used depend on a number of factors such as type and extent of surgical procedure, depth of anesthesia and degree of muscular relaxation required, duration of anesthesia required, and the physical condition of the patient (see Special Populations).

The lowest concentration of anesthetic and the lowest dosage needed to provide effective anesthesia should be administered. The rapid injection of a large volume of local anesthetic solution should be avoided and fractional doses should be used when feasible.

When LIDOCAINE INJECTION BP is used concomitantly with other products containing lidocaine, the total dose contributed by all formulations must be kept in mind.

Preservative containing solutions (i.e. those supplied in multidose vials) should not be used for epidural or spinal anesthesia or for any route of administration that would introduce solution into the cerebrospinal fluid. Local anesthetic solutions containing antimicrobial preservatives solutions should not be administered intra-ocularly or retro-ocularly. These solutions should not be used in doses greater than 15 mL for other types of blockades (see CONTRAINDICATIONS).

### **Special Populations**

Lidocaine should be used with caution in patients with epilepsy, impaired cardiac conduction, bradycardia, impaired hepatic or renal function and in severe shock (see WARNINGS AND PRECAUTIONS).

Debilitated patients, elderly patients, acutely ill patients, patients with sepsis and children should be given reduced doses commensurate with their age, weight and physical condition (see WARNINGS AND PRECAUTIONS).

### **Recommended Dose and Dosage Adjustment**

Careful aspiration before and during injection is recommended to prevent intravascular injection. The main dose should be injected slowly or in incremental doses, while closely observing the patient's vital functions and maintaining verbal contact.



**Adults:** Table 2 (Recommended Dosages) summarizes the recommended volumes and concentrations of lidocaine for various types of anesthetic procedures. The dosages suggested in this table are for normal healthy adults.

**Children:** In children the dosage should be calculated on a weight basis up to 5 mg/kg. Individual variations occur. In children with a high body weight a gradual reduction of the dosage is often necessary and should be based on the ideal body weight. Standard textbooks should be consulted for factors affecting specific block techniques and for individual patient requirements.

The onset of anesthesia, the duration of anesthesia and the degree of muscular relaxation are proportional to the volume and concentration (i.e. total dose) of local anesthetic used. Thus, an increase in volume and concentration of lidocaine will decrease the time to onset of anesthesia, prolong the duration of anesthesia, provide a greater degree of muscular relaxation and increase the segmental spread of anesthesia. Although the incidence of side effects with lidocaine is quite low, caution should be exercised when employing large volumes and concentrations since the incidence of side effects is directly proportional to the total dose of local anesthetic agent injected. The risk of reaching a toxic plasma concentration or inducing a local neural injury must be considered when prolonged blocks and/or repeated administration are employed. In general, complete block of all nerve fibres in large nerves requires the higher concentrations of drug. In smaller nerves, or when a less intense block is required (e.g., in the relief of labour pain), the lower concentrations are indicated. The volume of drug used will affect the extent of spread of anesthesia.

#### Dosage Recommendations in Adults

Type of Block	Conc. (%)	Each Dose		Onset (min)	Duration (h) Without Epinephrine	Indication
		mL	mg			
Local infiltration	0.5	≤ 80	≤ 400	1-2	1.5-2	Surgical operations.
	1	≤ 40	≤ 400	1-2	2-3	
Digital <sup>2</sup>	1	1-5	10-50	2-5	1.5-2	Surgical operations.
Intercostal (per nerve) Maximum total dose of 480 mg	1	2-5	20-50	3-5	1-2	Surgical operations, postoperative pain and fractured ribs.
Paracervical <sup>3</sup> (each side)	1	10	100	3-5	1-1.5	Surgical operations and dilation

Type of Block	Conc. (%)	Each Dose		Onset (min)	Duration (h) Without Epinephrine	Indication
		mL	mg			
						of cervix. Obstetric pain relief.
Paravertebral (per segment)	1	3-5	30-50	5-10	1-1.5	Pain management, diagnostic.
	2	3-5	60-100	5-10	1.5-2	
Pudendal (each side)	1	10	100	5-10	1.5-2	Instrumental delivery.
Intra-articular block <sup>4</sup>	0.5	≤ 60	≤ 300	5-10	0.5-1 after wash out	Arthroscopy and surgical operations.
	1	≤ 40	≤ 400	5-10		
Retrobulbar <sup>3</sup>	2	4	80	3-5	1.5-2	Ocular surgery.
Peribulbar <sup>3</sup>	1	10-15	100-150	3-5	1.5-2	Ocular surgery.
Brachial plexus:						Surgical operations.
Axillary	1.0	40-50	400-500	15-30	1.5-2	
Supraclavicular interscalene and Subclavian perivascular	1.0	30-40	300-400	15-30	1.5-2	
Sciatic	2	15-20	300-400	15-30	2-3	Surgical operations.
3-in-1 (Femoral, obturator and lateral cutaneous)	1	30-40	300-400	15-30	1.5-2	Surgical operations.

<sup>2</sup>Without epinephrine. <sup>3</sup>see WARNINGS AND PRECAUTIONS. <sup>4</sup> There have been post-marketing reports of irreversible chondrolysis in patients receiving post-operative intra-articular infusion of local anesthetics. Lidocaine is not approved for this indication (See WARNINGS AND PRECAUTIONS)

#### OVERDOSE:

If you think you have taken too much LIDOCAINE INJECTION BP contact your healthcare professional, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

Serious side effects resulting from getting too much LIDOCAINE INJECTION BP need special treatment and the doctor treating you is trained to deal with these situations. Early signs that too much LIDOCAINE INJECTION BP has been given include:

- numbness of the lips and around the mouth,
- light-headedness or dizziness
- blurred vision

- hearing problems
- tingling in the ears

In the event of a serious overdose or a misplaced injection, trembling, seizures or unconsciousness may occur.

If the early signs of overdose are noticed and no further LIDOCAINE INJECTION BP is given, the risk of serious side effects occurring rapidly decreases. If you have any of these symptoms, or you think you have received too much LIDOCAINE INJECTION BP, **tell your doctor immediately.**

Acute systemic toxicity from local anesthetics is generally related to high plasma levels encountered during therapeutic use of local anesthetics and originates mainly in the central nervous and the cardiovascular systems (see ADVERSE REACTIONS and WARNINGS AND PRECAUTIONS). It should be kept in mind that clinically relevant pharmacodynamic drug interactions (i.e., toxic effects) may occur with lidocaine and other local anesthetics or structurally related drugs, and Class I and Class III antiarrhythmic drugs due to additive effects (see DRUG INTERACTIONS).

### **Symptoms**

With accidental intravascular injections, the toxic effect will be obvious within 1-3 min, while with overdose, peak plasma concentrations may not be reached for 20-30 min depending on the site of injection, with signs of toxicity thus being delayed.

*Central nervous system* toxicity is a graded response, with symptoms and signs of escalating severity. The first symptoms are circumoral paresthesia, numbness of the tongue, light-headedness, hyperacusis and tinnitus. Visual disturbance and muscular tremors are more serious and precede the onset of generalized convulsions. Unconsciousness and grand mal convulsions may follow, which may last from a few seconds to several minutes. Hypoxia and hypercarbia occur rapidly following convulsions due to the increased muscular activity, together with the interference with normal respiration. In severe cases apnea may occur. Acidosis, hyperkalaemia, hypocalcaemia and hypoxia increase and extend the toxic effects of local anesthetics. Recovery is due to redistribution and metabolism of the local anesthetic drug. Recovery may be rapid unless large amounts of the drug have been administered.

*Cardiovascular* effects may be seen in cases with high systemic concentrations. Severe

hypotension, bradycardia, arrhythmia and cardiovascular collapse may be the result in such cases.

Cardiovascular toxic effects are generally preceded by signs of toxicity in the central nervous system, unless the patient is receiving a general anesthetic or is heavily sedated with drugs such as a benzodiazepine or barbiturate.

### **Treatment**

The first consideration is prevention, best accomplished by careful and constant monitoring of cardiovascular and respiratory vital signs and the patient's state of consciousness after each local anesthetic administration. At the first sign of change, oxygen should be administered. **If signs of acute systemic toxicity appear, injection of the local anesthetic should be immediately stopped.**

The first step in the management of systemic toxic reactions, as well as under ventilation or apnea due to unintentional subarachnoid injection consists of immediate attention to the establishment and maintenance of a patent airway and assisted or controlled ventilation with oxygen and a delivery system capable of permitting immediate positive airway pressure by mask. This may prevent convulsions if they have not already occurred.

If convulsions occur, the objective of the treatment is to maintain ventilation and oxygenation and support circulation. Oxygen must be given and ventilation assisted if necessary (mask and bag or tracheal intubation). Should convulsions not stop spontaneously after 15-20 seconds, an anticonvulsant should be given iv to facilitate adequate ventilation and oxygenation. Thiopental sodium 1-3 mg/kg iv is the first choice. Alternatively diazepam 0.1 mg/kg bw iv may be used, although its action will be slow. Prolonged convulsions may jeopardise the patient's ventilation and oxygenation. If so, injection of a muscle relaxant (e.g. succinylcholine 1 mg/kg bw) will facilitate ventilation, and oxygenation can be controlled. Early endotracheal intubation is required when succinylcholine is used to control motor seizure activity.

If cardiovascular depression is evident (hypotension, bradycardia), ephedrine 5-10 mg i.v. should be given and may be repeated, if necessary, after 2-3 minutes.

Should circulatory arrest occur, immediate cardiopulmonary resuscitation should be instituted. Continual oxygenation and ventilation and

circulatory support as well as treatment of acidosis are of vital importance, since hypoxia and acidosis will increase the systemic toxicity of local anesthetics.

**SIDE EFFECTS AND WHAT TO DO ABOUT THEM**

Like any medication, LIDOCAINE INJECTION BP may cause side effects in some people. Medicines affect different people in different ways. Just because side effects have occurred in some patients, does not mean that you will get them. If any side effects bother you, or if you experience any unusual effects after exposure to LIDOCAINE INJECTION BP, check with your doctor as soon as possible.

LIDOCAINE INJECTION BP may temporarily interfere with your reactions and muscle coordination; therefore do not drive or use machines on the day of surgery.

<b>SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM</b>			
<b>Symptom / effect</b>	<b>Talk to your healthcare professional</b>		<b>Stop taking drug and get immediate medical help</b>
	<b>Only if severe</b>	<b>In all cases</b>	
<b>Common</b>			
Dizziness, abnormal sensations (pins and needles)		X	
Decreased heart rate		X	
<b>Uncommon</b>			
<b>Toxicity symptoms such as:</b> convulsions, seizures, light-headedness, numbness of the lips and around the mouth, numbness of the tongue, hearing disturbances, visual disturbances, speech disturbances, trembling and other signs of central nervous system depression.			X
<b>Rare</b>			
Cardiac arrest and/or irregular heartbeat			X
Allergic reactions such as: facial swelling and difficulties with breathing/respiratory shock			X

<b>SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM</b>			
<b>Symptom / effect</b>	<b>Talk to your healthcare professional</b>		<b>Stop taking drug and get immediate medical help</b>
	<b>Only if severe</b>	<b>In all cases</b>	
Nervous system disorders such as: nerve injury, paralysis or tingling of extremities		X	
Double vision		X	

This is not a complete list of side effects. Consult your doctor immediately if any of these symptoms or any unexpected effects appear.

**HOW TO STORE IT**

Store at room temperature (15°C to 30°C). Sterile solution for multidose. Discard unused portion 3 days after initial use. Keep out of the reach and sight of children.

Your doctor or the hospital will normally store, LIDOCAINE INJECTION BP. The staff is responsible for storing, dispensing and disposing of, LIDOCAINE INJECTION BP in the correct way.

**SPECIAL HANDLING INSTRUCTIONS**

**Sterilization, and Technical Procedures**

The solubility of lidocaine is limited at pH>6.5. This must be taken into consideration when alkaline solutions, i.e. carbonates, are added, since precipitation might occur.

LIDOCAINE INJECTION BP plain solutions in some glass vial presentations may be autoclaved (refer to product label for confirmation) for 15-20 minutes at 121°C.

Do not use if solution is coloured or if it contains a precipitate.

The multidose vials should not be used for more than three days after the container has been opened for the first time.

There is a greater risk of microbial contamination with multidose vials than with single dose vials. Single-dose vials should therefore be used whenever possible. If a multidose vial is used, appropriate control procedures to prevent contamination should

be employed, including the following:

- use of single-use sterile injecting equipment;
- use of a sterile needle and syringe for each insertion into the vial;

rule out the introduction of contaminated material or fluid into a multidose vial.

### **Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on **Adverse Reaction Reporting** (<http://www.hc-sc.gc.ca/dhpm/medeff/report-declaration/index-eng.php>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

*NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

### **MORE INFORMATION**

Please consult your doctor or pharmacist with any questions or concerns you may have regarding your individual condition.

#### **If you want more information about LIDOCAINE INJECTION BP:**

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website (<http://hc-sc.gc.ca/index-eng.php>); the manufacturer's website <http://www.auropharma.ca>, or by calling 1-855-648-6681.

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