

## PRODUCT MONOGRAPH

Pr **TRULICITY**<sup>®</sup>

dulaglutide

0.75 mg/0.5 mL and 1.5 mg/0.5 mL

Solution for injection in a single-use prefilled syringe or single-use prefilled pen

Antihyperglycemic Agent

Human Glucagon-Like Peptide-1 (GLP-1) Receptor Agonist

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**Table of Contents**

**PART I: HEALTH PROFESSIONAL INFORMATION..... 3**

SUMMARY PRODUCT INFORMATION ..... 3

DESCRIPTION..... 3

INDICATIONS AND CLINICAL USE..... 3

CONTRAINDICATIONS ..... 4

WARNINGS AND PRECAUTIONS..... 4

ADVERSE REACTIONS..... 8

DRUG INTERACTIONS ..... 16

DOSAGE AND ADMINISTRATION..... 19

OVERDOSAGE ..... 20

ACTION AND CLINICAL PHARMACOLOGY ..... 20

STORAGE AND STABILITY..... 25

DOSAGE FORMS, COMPOSITION AND PACKAGING ..... 25

**PART II: SCIENTIFIC INFORMATION ..... 26**

PHARMACEUTICAL INFORMATION..... 26

CLINICAL TRIALS..... 26

DETAILED PHARMACOLOGY ..... 34

TOXICOLOGY ..... 34

REFERENCES ..... 36

**PART III: PATIENT MEDICATION INFORMATION ..... 37**

Pr**TRULICITY**<sup>®</sup>

dulaglutide

**PART I: HEALTH PROFESSIONAL INFORMATION**

**SUMMARY PRODUCT INFORMATION**

<b>Route of Administration</b>	<b>Dosage Form / Strength</b>	<b>Clinically Relevant Nonmedicinal Ingredients</b>
Subcutaneous	Solution for injection, 0.75 mg/0.5 mL and 1.5 mg/0.5 mL	Mannitol <i>For a complete listing see Dosage Forms, Composition and Packaging section.</i>

**DESCRIPTION**

TRULICITY contains dulaglutide, which is a long-acting glucagon-like peptide 1 (GLP-1) receptor agonist. The molecule consists of 2 identical disulfide-linked chains, each containing a modified human GLP-1 analogue sequence covalently linked to a modified human immunoglobulin G4 (IgG4) heavy chain fragment (Fc) by a small peptide linker. The GLP-1 analogue portion of dulaglutide is approximately 90% homologous to native human GLP-1 (7-37).

TRULICITY is a clear, colourless sterile solution. Each single-use, prefilled syringe and single-use prefilled pen contains 0.5 mL of solution. Each 0.5 mL of TRULICITY solution contains 0.75 mg or 1.5 mg of dulaglutide.

**INDICATIONS AND CLINICAL USE**

TRULICITY is indicated for the once-weekly treatment of adult patients with type 2 diabetes mellitus to improve glycemic control, in combination with:

- diet and exercise in patients for whom metformin is inappropriate due to contraindication or intolerance.
- metformin, when diet and exercise plus maximal tolerated dose of metformin do not achieve adequate glycemic control.
- metformin and a sulfonylurea, when diet and exercise plus dual therapy with metformin and a sulfonylurea do not achieve adequate glycemic control.
- basal insulin with metformin, when diet and exercise plus basal insulin with or without metformin do not achieve adequate glycemic control. (see CLINICAL TRIALS)
- prandial insulin with metformin, when diet and exercise plus basal or basal-bolus insulin therapy (up to two injections of basal or basal *plus* prandial insulin per day) with or without oral antihyperglycemic medications, do not achieve adequate glycemic control (see CLINICAL TRIALS).

TRULICITY is not a substitute for insulin. TRULICITY should not be used in patients with

Type 1 diabetes mellitus (formerly known as insulin-dependent diabetes mellitus or IDDM) or for the treatment of diabetic ketoacidosis.

**Geriatrics (≥65 years of age):**

TRULICITY was studied in a limited number of patients 65 years of age or older and in few patients 75 years of age or older, (see WARNINGS AND PRECAUTIONS, Special Populations; DOSAGE AND ADMINISTRATION; and ACTION AND CLINICAL PHARMACOLOGY sections).

**Pediatrics (<18 years of age):**

The safety and efficacy of TRULICITY have not been studied in pediatric patients. Therefore, TRULICITY should not be used in this patient population.

**CONTRAINDICATIONS**

- Patients who are hypersensitive to this drug or to any ingredient in the formulation or component of the container. For a complete listing, see the DOSAGE FORMS, COMPOSITION AND PACKAGING section of the product monograph.
- In patients with a personal or family history of medullary thyroid carcinoma or in patients with Multiple Endocrine Neoplasia syndrome type 2 (MEN 2), (see WARNINGS AND PRECAUTIONS, Carcinogenesis and Mutagenesis).
- During Pregnancy or in breast-feeding women, (see WARNINGS AND PRECAUTIONS, Special Populations).

**WARNINGS AND PRECAUTIONS**

**In male and female rats, dulaglutide causes dose-dependent and treatment-duration-dependent thyroid C-cell tumors (adenomas and carcinoma) after lifetime exposure (see PART II, TOXICOLOGY). It is unknown whether TRULICITY causes thyroid C-cell tumors, including medullary thyroid carcinoma (MTC), in humans, as human relevance could not be ruled out by clinical or nonclinical studies.**

**TRULICITY is contraindicated in patients with a personal or family history of MTC and in patients with Multiple Endocrine Neoplasia syndrome type 2 (MEN 2). It is unknown whether monitoring with serum calcitonin or thyroid ultrasound will mitigate human risk of thyroid C-cell tumors. Patients should be counseled regarding the risk and symptoms of thyroid tumors (see CONTRAINDICATIONS, WARNINGS AND PRECAUTIONS, ADVERSE DRUG REACTIONS, and TOXICOLOGY).**

**General**

TRULICITY should not be used in patients with type 1 diabetes mellitus or for the treatment of patients with diabetic ketoacidosis.

TRULICITY should not be administered intramuscularly.

## **Carcinogenesis and Mutagenesis**

### **Risk of Thyroid C-cell Tumors**

In both genders of rats in a two-year carcinogenicity study, dulaglutide caused a dose-related and treatment-duration dependent increase in the incidence of thyroid C-cell tumors (adenomas/carcinomas) at  $\geq 7$ -fold the maximum recommended human dose (MRHD) of 1.5 mg per week based on area under the time-concentration curve (AUC) compared to controls (see PART II, TOXICOLOGY). A statistically significant increase in C-cell adenomas was observed in rats of both genders receiving dulaglutide at  $\geq 7$  times the human exposure. Numerical increases in C-cell carcinomas occurred at 58 times the MRHD based on AUC and were considered to be treatment related despite the absence of statistical significance. Dulaglutide did not produce increased incidences of thyroid C-cell tumors in a rasH2 transgenic mouse model of carcinogenicity.

It is unknown whether TRULICITY will cause thyroid C-cell tumors, including medullary thyroid cancer (MTC), in humans, as the human relevance of dulaglutide-induced rodent thyroid C-cell tumors could not be determined by clinical or nonclinical studies.

One (1) case of MTC and two (2) cases of papillary thyroid carcinoma were reported in patients treated with TRULICITY. The patient with MTC had a markedly elevated calcitonin value at baseline, 8 times the upper limit of normal (ULN), suggesting pre-existing disease. This patient subsequently tested positive for a known RET (rearranged during transfection) proto-oncogene mutation.

TRULICITY is contraindicated in patients with a personal or family history of MTC or in patients with MEN 2. The clinical value of routine monitoring of serum calcitonin has not been established.

Patients should be counseled regarding the risk for MTC and the symptoms of thyroid tumours (e.g. a mass in the neck, dysphagia, dyspnea or persistent hoarseness).

## **Cardiovascular**

### **Heart Rate Increase**

TRULICITY causes an increase in heart rate (see ACTION AND CLINICAL PHARMACOLOGY, Cardiac Electrophysiology). Increases in heart rate may lead to worsening of cardiac conditions in patients with a history of ischemic heart disease or tachyarrhythmias. Caution should be observed in these patient populations.

In studies in patients with type 2 diabetes, TRULICITY 0.75 mg and 1.5 mg were associated with mean increases in heart rate of 2 to 4 beats per minute (bpm) and a 1.3% (TRULICITY 0.75 mg) and 2.2 % (TRULICITY 1.5 mg) incidence of sinus tachycardia with a concomitant increase from baseline  $\geq 15$  bpm (see ADVERSE REACTIONS).

### **PR Interval Prolongation**

TRULICITY causes a prolongation of the PR interval of the electrocardiogram (see ACTION AND CLINICAL PHARMACOLOGY, Cardiac Electrophysiology). Prolongation of the PR interval has also been associated with an increased risk of incident atrial fibrillation; therefore,

caution is warranted in patients with a history of atrial fibrillation. Caution should be observed in patients with underlying structural heart disease, pre-existing conduction system abnormalities, ischemic heart disease, or cardiomyopathies, as these patients may be at increased risk for developing cardiac conduction abnormalities.

In studies in patients with type 2 diabetes, TRULICITY is associated with mean increases from baseline in PR interval of 2 to 3 milliseconds (msec) and a 1.7% (0.75 mg) and 2.3% (1.5 mg) incidence of first-degree AV block (see ADVERSE REACTIONS).

## **Endocrine and Metabolism**

### **Hypoglycemia**

Patients receiving TRULICITY in combination with an insulin secretagogue (for example, a sulfonylurea) or insulin may have an increased risk of hypoglycemia. The risk of hypoglycemia may be lowered by a reduction in the dose of the insulin secretagogue or insulin (see ADVERSE REACTIONS, Hypoglycemia).

## **Gastrointestinal**

### **Severe Gastrointestinal Disease**

Use of GLP-1 receptor agonists may be associated with gastrointestinal adverse reactions (see ADVERSE REACTIONS, Gastrointestinal Events). TRULICITY has not been studied in patients with severe gastrointestinal disease, including severe gastroparesis and is therefore not recommended in these patients.

In placebo-controlled clinical trials, gastrointestinal events were more frequently reported for TRULICITY compared to placebo and included nausea, diarrhea, and vomiting (see ADVERSE REACTIONS, Gastrointestinal Events).

## **Hepatic/Biliary/Pancreas**

### **Pancreatitis**

Pancreatitis has been reported with GLP-1 receptor agonists, including TRULICITY (see ADVERSE REACTIONS). After initiation of TRULICITY, observe patients carefully for signs and symptoms of pancreatitis, including persistent severe abdominal pain. If pancreatitis is suspected, TRULICITY and other suspect medications should be discontinued promptly, confirmatory tests should be performed and appropriate management should be initiated. If pancreatitis is confirmed, TRULICITY should not be restarted. TRULICITY has not been studied in patients with a prior history of pancreatitis. Consider other antidiabetic therapies in patients with a history of pancreatitis.

## **Hypersensitivity Reactions**

Systemic hypersensitivity adverse reactions, sometimes severe (e.g., severe urticaria, systemic rash, facial edema, lip swelling) occurred in 0.5% of patients on TRULICITY in the four Phase 2 and five Phase 3 studies. There have been postmarketing reports of serious hypersensitivity reactions (e.g., anaphylactic reactions and angioedema) in patients treated with TRULICITY. If a hypersensitivity reaction occurs, discontinue use of TRULICITY and other suspect medications and promptly seek medical advice. TRULICITY should not be used following a hypersensitivity reaction (see CONTRAINDICATIONS).

Angioedema has also been reported with other GLP-1 receptor agonists. Use caution in a patient with a history of angioedema with another GLP-1 receptor agonist because it is unknown whether such patients will be predisposed to angioedema with TRULICITY.

### **Special Populations**

#### **Pregnant Women:**

No clinical trials in pregnant women have been conducted. Studies in animals have shown reproductive and developmental toxicity, including teratogenicity (see PART II: TOXICOLOGY).

TRULICITY should not be used during pregnancy (see CONTRAINDICATIONS). If a patient wishes to become pregnant, TRULICITY should be discontinued at least 1 month before due to the long wash out period for TRULICITY.

#### **Nursing Women:**

It is not known whether TRULICITY is excreted into human milk during lactation. Decreased body weight in offspring was observed in mice treated with TRULICITY during gestation and lactation (see TOXICOLOGY). Because of the potential tumorigenicity shown for GLP-1 receptor agonists in rodent studies, women who are nursing should discontinue TRULICITY treatment.

#### **Pediatrics (<18 years of age):**

The safety and effectiveness of TRULICITY have not been studied in pediatric patients. TRULICITY is not indicated for use in pediatric patients.

#### **Geriatrics (≥65 years of age):**

No dose adjustment is required in patients over 65 years of age (see ACTION AND CLINICAL PHARMACOLOGY).

Across nine Phase 2 and 3 clinical studies with TRULICITY, a total of 990 (16.5%) patients were ≥65 to <75 years, 115 (1.9%) were ≥75 to <85 years, and 3 (<0.1%) were ≥85 years of age. No overall differences in safety or efficacy were observed between these patients and younger patients, but greater sensitivity of some older individuals cannot be ruled out.

#### **Hepatic Impairment**

There is limited clinical experience in patients with mild, moderate, or severe hepatic impairment. Therefore, TRULICITY should be used with caution in these patient populations.

#### **Renal Impairment**

In patients treated with GLP-1 receptor agonists, there have been postmarketing reports of acute renal failure and worsening of chronic renal failure, which may sometimes require hemodialysis. Some of these events were reported in patients without known underlying renal disease. A majority of reported events occurred in patients who had experienced nausea, vomiting, diarrhea, or dehydration.

Because these reactions may worsen renal function, use caution when initiating or escalating doses of TRULICITY in patients with renal impairment. Monitor renal function in patients with renal impairment reporting severe adverse gastrointestinal reactions.

There is limited clinical experience in patients with severe renal impairment (estimated glomerular filtration rate [eGFR] <30 mL/min/1.73 m<sup>2</sup>), and ESRD. TRULICITY should be used with caution in these patient populations.

### **Cardiovascular – Patients with recent MI, Unstable Angina and Congestive Heart Failure**

In clinical trials of TRULICITY, subjects with clinically significant heart disease, acute myocardial infarction within 6 months, unstable angina pectoris and congestive heart failure (NYHA, class III to IV) were not studied.

### **Macrovascular Outcomes**

There have been no clinical studies establishing conclusive evidence of macrovascular risk reduction with TRULICITY.

### **Monitoring and Laboratory Tests**

Response to all diabetic therapies should be monitored by periodic measurements of blood glucose and HbA1c levels, with a goal of decreasing these levels towards the normal range. HbA1c is especially useful for evaluating long-term glycemic control. Regular self-monitoring of blood glucose is not needed in order to adjust the dose of TRULICITY. However, when initiating treatment with TRULICITY in combination with a sulfonylurea or insulin, blood glucose self-monitoring may become necessary to reduce the dose of the sulfonylurea or insulin in order to reduce the risk of hypoglycemia.

## **ADVERSE REACTIONS**

### **Adverse Drug Reaction Overview**

The safety of TRULICITY in patients with type 2 diabetes mellitus was evaluated across nine Phase 2 and 3 clinical trials, including a total of 4006 patients (for 3531 patient-years) who received TRULICITY. A total of 3045 patients received TRULICITY for at least 24 weeks, with 2279 patients continuing treatment through at least 50 weeks. A total of 369 patients were treated with TRULICITY for approximately 2 years.

In placebo-controlled studies of at least 26-week duration, the incidence of discontinuation due to adverse events was 2.6% for TRULICITY 0.75 mg and 6.1% for TRULICITY 1.5 mg versus 3.7% for placebo. Through the full duration of the studies (up to 104 weeks), the incidence of discontinuation due to adverse events was 5.1% and 8.4% for TRULICITY 0.75 mg and 1.5 mg respectively. The most frequent adverse events leading to discontinuation for 0.75 mg and 1.5 mg TRULICITY were nausea (1.0%, 1.9%), diarrhea (0.5%, 0.6%), and vomiting (0.4%, 0.6%).

In placebo-controlled studies of 26-weeks duration, the proportion of patients reporting at least 1 TEAE was 68.1% in the TRULICITY 0.75 mg group, 71.6% in the TRULICITY 1.5 mg group, and 66.7% with placebo. Gastrointestinal adverse events, including nausea (12.4% for 0.75 mg,



21.1% for 1.5 mg versus 5.3% for placebo), diarrhea (8.9%, 12.6% versus 6.7%), and vomiting (6.0%, 12.6% versus 2.3%) were the most common adverse events reported with TRULICITY and were reported more frequently than with placebo-treated patients. In studies up to 104 weeks, GI events continued to be the most common TEAEs reported.

In placebo-controlled studies of 26-weeks duration, the incidence of serious adverse events (SAEs) was 3.9% for patients treated with TRULICITY 0.75 mg, 4.4% for patients treated with TRULICITY 1.5 mg and 4.4% for patients treated with placebo.

### **Clinical Trial Adverse Drug Reactions**

*Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.*

Table 1 provides a listing of the treatment-emergent adverse events reported with a frequency of  $\geq 1\%$  and occurring more frequently in TRULICITY-treated patients.

**Table 1: Treatment Emergent Adverse Events Occurring in  $\geq 1\%$  in Either TRULICITY Group and Occurring More Frequently with TRULICITY up to 104 Weeks**

Adverse Event	TRULICITY <sup>a</sup>		Placebo <sup>a</sup> (N = 568) n (%)	TRULICITY <sup>b</sup>		All Comparators <sup>b</sup> (N = 1844) n (%)
	0.75 mg (N = 836) n (%)	1.5 mg (N = 834) n (%)		0.75 mg (N = 1671) n (%)	1.5 mg (N = 1671) n (%)	
<b>Blood and Lymphatic System Disorders</b>						
Anemia	7 (0.8)	10 (1.2)	3 (0.5)	21 (1.3)	22 (1.3)	20 (1.1)
<b>Cardiac Disorders</b>						
Angina pectoris	-	-	-	16 (1.0)	5 (0.3)	16 (0.9)
Palpitations	-	-	-	19 (1.1)	8 (0.5)	13 (0.7)
<b>Ear and Labyrinth Disorders</b>						
Vertigo	-	-	-	17 (1.0)	12 (0.7)	11 (0.6)
<b>Gastrointestinal Disorders</b>						
Nausea	104 (12.4)	176 (21.1)	30 (5.3)	216 (12.9)	355 (21.2)	180 (9.8)
Diarrhea	74 (8.9)	105 (12.6)	38 (6.7)	179 (10.7)	229 (13.7)	143 (7.8)
Vomiting	50 (6.0)	105 (12.6)	13 (2.3)	114 (6.8)	192 (11.5)	78 (4.2)
Constipation	30 (3.6)	31 (3.7)	4 (0.7)	56 (3.4)	82 (4.9)	23 (1.2)
Abdominal distension	24 (2.9)	19 (2.3)	4 (0.7)	49 (2.9)	42 (2.5)	24 (1.3)
Dyspepsia	34 (4.1)	48 (5.8)	13 (2.3)	68 (4.1)	115 (6.9)	60 (3.3)
Abdominal pain	17 (2.0)	25 (3.0)	11 (1.9)	42 (2.5)	67 (4.0)	41 (2.2)
Abdominal pain upper	19 (2.3)	28 (3.4)	9 (1.6)	52 (3.1)	70 (4.2)	41 (2.2)
Abdominal discomfort	16 (1.9)	24 (2.9)	8 (1.4)	25 (1.5)	41 (2.5)	26 (1.4)
Flatulence	12 (1.4)	28 (3.4)	8 (1.4)	23 (1.4)	43 (2.6)	17 (0.9)
Gastritis	-	-	-	21 (1.3)	25 (1.5)	25 (1.4)
Eructation	5 (0.6)	13 (1.6)	1 (0.2)	16 (1.0)	23 (1.4)	7 (0.4)
Hyperchlorhydria	6 (0.7)	10 (1.2)	1 (0.2)	9 (0.5)	17 (1.0)	4 (0.2)

Adverse Event	TRULICITY <sup>a</sup>		Placebo <sup>a</sup> (N = 568) n (%)	TRULICITY <sup>b</sup>		All Comparators <sup>b</sup> (N = 1844) n (%)
	0.75 mg (N = 836) n (%)	1.5 mg (N = 834) n (%)		0.75 mg (N = 1671) n (%)	1.5 mg (N = 1671) n (%)	
Gastroesophageal reflux disease	14 (1.7)	17 (2.0)	3 (0.5)	33 (2.0)	27 (1.6)	30 (1.6)
<b>General Disorders and Administration Site Conditions</b>						
Fatigue	22 (2.6)	29 (3.5)	10 (1.8)	44 (2.6)	58 (3.5)	58 (3.1)
Asthenia	10 (1.2)	17 (2.0)	4 (0.7)	23 (1.4)	29 (1.7)	20 (1.1)
Pain	9 (1.1)	6 (0.7)	5 (0.9)	21 (1.3)	12 (0.7)	16 (0.9)
Edema peripheral	18 (2.2)	5 (0.6)	11 (1.9)	40 (2.4)	27 (1.6)	42 (2.3)
Non-cardiac chest pain	-	-	-	27 (1.6)	22 (1.3)	29 (1.6)
Injection site haematoma	9 (1.1)	4 (0.5)	2 (0.4)	-	-	-
<b>Hepatobiliary Disorders</b>						
Hepatic steatosis	-	-	-	14 (0.8)	19 (1.1)	13 (0.7)
<b>Infections and Infestations</b>						
Nasopharyngitis	65 (7.8)	65 (7.8)	42 (7.4)	-	-	-
Upper respiratory tract infection	33 (3.9)	30 (3.6)	20 (3.5)	89 (5.3)	85 (5.1)	93 (5.0)
Gastroenteritis	5 (0.6)	14 (1.7)	3 (0.5)	30 (1.8)	44 (2.6)	34 (1.8)
Urinary tract infection	32 (3.8)	35 (4.2)	21 (3.7)	85 (5.1)	80 (4.8)	89 (4.8)
Influenza	22 (2.6)	17 (2.0)	10 (1.8)	80 (4.8)	69 (4.1)	68 (3.7)
Pharyngitis	8 (1.0)	14 (1.7)	4 (0.7)	30 (1.8)	38 (2.3)	28 (1.5)
Bronchitis	9 (1.1)	10 (1.2)	6 (1.1)	-	-	-
Pneumonia	-	-	-	19 (1.1)	13 (0.8)	14 (0.8)
Sinusitis	15 (1.8)	13 (1.6)	10 (1.8)	41 (2.5)	40 (2.4)	45 (2.4)
Cystitis	-	-	-	17 (1.0)	10 (0.6)	16 (0.9)
<b>Injury, Poisoning and Procedural Complications</b>						
Ligament sprain	6 (0.7)	8 (1.0)	1 (0.2)	-	-	-
<b>Investigations</b>						
Lipase increased	15 (1.8)	24 (2.9)	10 (1.8)	42 (2.5)	41 (2.5)	39 (2.1)
Amylase increased	8 (1.0)	15 (1.8)	5 (0.9)	25 (1.5)	22 (1.3)	19 (1.0)
Pancreatic enzymes increased	6 (0.7)	8 (1.0)	3 (0.5)	18 (1.1)	30 (1.8)	12 (0.7)
Weight decreased	3 (0.4)	17 (2.0)	1 (0.2)	5 (0.3)	21 (1.3)	4 (0.2)
<b>Metabolic and Nutrition Disorders</b>						
Decreased appetite	41 (4.9)	72 (8.6)	9 (1.6)	85 (5.1)	129 (7.7)	39 (2.1)
Dyslipidemia	5 (0.6)	9 (1.1)	5 (0.9)	22 (1.3)	31 (1.9)	21 (1.1)
<b>Musculoskeletal and Connective Tissue Disorders</b>						
Pain in extremity	-	-	-	57 (3.4)	50 (3.0)	55 (3.0)
Arthralgia	26 (3.1)	22 (2.6)	17 (3.0)	67 (4.0)	47 (2.8)	74 (4.0)
Back pain	-	-	-	78 (4.7)	65 (3.9)	87 (4.7)
Osteoarthritis	-	-	-	19 (1.1)	21 (1.3)	24 (1.3)
<b>Nervous System Disorders</b>						
Headache	50 (6.0)	67 (8.0)	40 (7.0)	111 (6.6)	133 (8.0)	140 (7.6)
Dizziness	31 (3.7)	31 (3.7)	13 (2.3)	-	-	-
Sciatica	5 (0.6)	3 (0.4)	3 (0.5)	18 (1.1)	13 (0.8)	16 (0.9)
Hypoesthesia	-	-	-	7 (0.4)	17 (1.0)	14 (0.8)
<b>Psychiatric Disorders</b>						
Insomnia	6 (0.7)	14 (1.7)	7 (1.2)	11 (0.7)	27 (1.6)	27 (1.5)
Anxiety	8 (1.0)	3 (0.4)	4 (0.7)	21 (1.3)	13 (0.8)	19 (1.0)
<b>Renal and Urinary Disorders</b>						

Adverse Event	TRULICITY <sup>a</sup>		Placebo <sup>a</sup> (N = 568) n (%)	TRULICITY <sup>b</sup>		All Comparators <sup>b</sup> (N = 1844) n (%)
	0.75 mg (N = 836) n (%)	1.5 mg (N = 834) n (%)		0.75 mg (N = 1671) n (%)	1.5 mg (N = 1671) n (%)	
Nephrolithiasis	8 (1.0)	10 (1.2)	4 (0.7)	14 (0.8)	16 (1.0)	12 (0.7)
Diabetic nephropathy	0 (0.0)	8 (1.0)	2 (0.4)	-	-	-
<b>Respiratory, Thoracic and Mediastinal Disorders</b>						
Cough	-	-	-	49 (2.9)	61 (3.7)	62 (3.4)
Sinus congestion	5 (0.6)	9 (1.1)	3 (0.5)	-	-	-
<b>Vascular Disorders</b>						
Hypertension	-	-	-	42 (2.5)	50 (3.0)	55 (3.0)

<sup>a</sup> Includes placebo-controlled studies of 26 weeks planned treatment period. Mean duration of exposure: 24.1 weeks for TRULICITY 0.75 mg, 23.5 weeks for TRULICITY 1.5 mg and 22.8 weeks for placebo.

<sup>b</sup> Includes all studies of at least 26-week and up to 104-week planned treatment period, including the placebo-controlled studies. Mean duration of exposure: 52.5 weeks for TRULICITY 0.75 mg, 51.4 weeks for TRULICITY 1.5 mg and 54.0 weeks for all comparators.

In Study GBDE, a 26-week combination study of TRULICITY plus metformin versus liraglutide plus metformin, the incidence of TEAEs was 61.9% for patients who received TRULICITY 1.5 mg once weekly and 63.0% for patients who received liraglutide 1.8 mg once daily. The 3 most frequently reported TEAEs overall through Week 26 were nausea, diarrhea, and headache.

The incidence of patients discontinuing the study or study drug due to adverse events was 6.0% in both the TRULICITY and liraglutide treatment groups. The most common gastrointestinal events resulting in discontinuation of the drug and/or study were nausea (TRULICITY, 1.7%; liraglutide, 1.7%) and diarrhea (TRULICITY, 0.7%; liraglutide, 1.3%).

In total, 16 (2.7%) patients (TRULICITY, 5 [1.7%]; and liraglutide, 11 [3.7%]) experienced  $\geq 1$  SAE through Week 26.

In Study GBDI, a 28-week combination study of TRULICITY plus titrated basal insulin with/without metformin versus placebo plus titrated basal insulin with/without metformin, the incidence of TEAEs was 64.0% for patients who received TRULICITY 1.5 mg once weekly and 50.0% for patients who received placebo once weekly. The 3 most frequently reported TEAEs for TRULICITY through Week 28 were nausea (12.0%), diarrhea (11.3%), and upper respiratory tract infection (7.3%).

The incidence of patients discontinuing the study due to adverse events was 4.0% in the TRULICITY group and 1.3% in the placebo treatment group. The most common gastrointestinal events resulting in discontinuation were diarrhea (TRULICITY, 1.3%; placebo, 0.0%), abdominal discomfort (TRULICITY, 0.7%; placebo, 0.0%), gastritis (TRULICITY, 0.7%; placebo, 0.0%), vomiting (TRULICITY, 0.7%; placebo, 0.0%), and nausea (TRULICITY 0.0%; placebo 0.7%).

In total, 16/300 patients (TRULICITY, 9/150 [6.0%]; and placebo, 7/150 [4.7%]) experienced  $\geq 1$  SAE through Week 28.

### **Less Common Clinical Trial Adverse Drug Reactions (>0.5% and <1%)**

**Cardiac disorders:** palpitations, tachycardia, myocardial infarction

**Ear and labyrinth disorders:** vertigo

**Eye disorders:** conjunctivitis, vision blurred

**Gastrointestinal disorders:** abdominal pain lower, dry mouth, colitis

**General disorders and administration site conditions:** malaise, edema

**Hepatobiliary disorders:** cholelithiasis, hepatic steatosis

**Immune system disorders:** seasonal allergy

**Infections and infestations:** gastroenteritis viral, pneumonia, tooth infection, ear infection, lower respiratory tract infection, tinea pedis, tonsillitis

**Injury, poisoning and procedural complications:** accidental overdose, contusion, excoriation, muscle strain

**Investigations:** blood calcitonin increased, blood creatine phosphokinase increased, gamma-glutamyltransferase increased

**Metabolism and nutrition disorders:** hypertriglyceridemia, vitamin D deficiency, hypokalemia

**Musculoskeletal and connective tissue:** osteoporosis

**Neoplasms benign, malignant and unspecified (includes cysts and polyps):** basal cell carcinoma

**Nervous system disorders:** migraine, diabetic neuropathy, sciatica, dysgeusia, syncope

**Renal and urinary disorders:** proteinuria

**Respiratory, thoracic and mediastinal disorders:** asthma, nasal congestion, rhinorrhea

**Skin and subcutaneous tissue disorders:** rash, pruritus, alopecia, hyperhidrosis, dermatitis contact

### **Cardiovascular**

#### **Heart Rate Increase**

TRULICITY 0.75 mg and 1.5 mg were associated with mean increases in heart rate of 2 to 4 beats per minute (bpm) (see WARNINGS AND PRECAUTIONS, Cardiovascular; DRUG INTERACTIONS; ACTION AND CLINICAL PHARMACOLOGY, Cardiac Electrophysiology).

Adverse reactions of sinus tachycardia were reported in 3.0%, 2.8%, and 5.6% of patients treated with placebo, TRULICITY 0.75 mg and TRULICITY 1.5 mg, respectively. Persistence of sinus tachycardia (reported at more than 2 visits) was reported in 0.2%, 0.4% and 1.6% of patients treated with placebo, TRULICITY 0.75 mg and TRULICITY 1.5 mg, respectively. Episodes of sinus tachycardia, associated with a concomitant increase from baseline in heart rate of  $\geq 15$  beats per minute, were reported in 0.7%, 1.3% and 2.2% of patient treated with placebo, TRULICITY 0.75 mg and TRULICITY 1.5 mg, respectively.

#### **First Degree AV Block/PR Interval Prolongation**

A mean increase from baseline in PR interval of 2-3 milliseconds was observed in TRULICITY-treated patients in contrast to a mean decrease of 0.9 milliseconds in placebo-treated patients. The adverse reaction of first degree AV block occurred more frequently in patients treated with TRULICITY than placebo (0.9%, 1.7% and 2.3% for placebo, TRULICITY 0.75 mg and TRULICITY 1.5 mg, respectively). On electrocardiograms, a PR interval increase to at least 220 milliseconds was observed in 0.7%, 2.5% and 3.2% of patients treated with placebo, TRULICITY 0.75 mg and TRULICITY 1.5 mg, respectively (see WARNINGS AND

PRECAUTIONS, Cardiovascular; DRUG INTERACTIONS; ACTION AND CLINICAL PHARMACOLOGY, Cardiac Electrophysiology).

### **Pancreatitis**

In Phase 2 and 3 studies, 19 patients (placebo or active comparator: 7; dulaglutide: 12) had TEAEs of pancreatitis reported by investigators. Nine (9) patients [placebo: 0.1% (1 of 703); sitagliptin: 0.7% (3 of 439); dulaglutide: 0.1% (5 of 4006)] were determined to have pancreatitis by adjudication. Six of these patients were considered to have acute pancreatitis, 2- chronic pancreatitis, and 1 -type unknown.

Dulaglutide was associated with increases in lipase, pancreatic amylase and, total amylase. Patients treated with TRULICITY had mean increases from baseline in lipase and/or pancreatic amylase of 14% to 20% compared to a mean increases of up to 3% in the placebo treated patients.

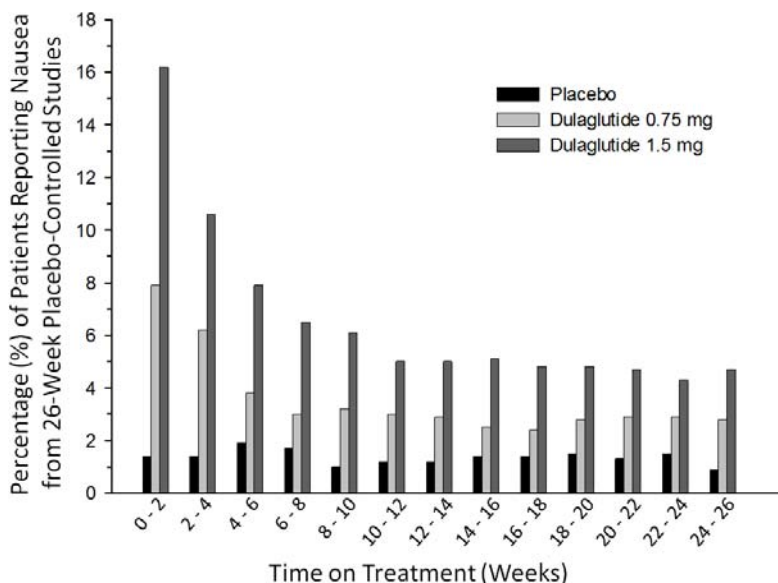
### **Gastrointestinal (GI) Events**

In studies up to 104 weeks in duration, gastrointestinal adverse events were reported in 34.5% and 43.9% of TRULICITY-treated patients on 0.75 mg and 1.5 mg respectively. Events that were reported most frequently were nausea (12.9% for 0.75 mg and 21.2% for 1.5 mg), vomiting (6.8% for 0.75 mg and 11.5% for 1.5 mg), and diarrhea (10.7% for 0.75 mg and 13.7% for 1.5 mg).

The proportion of patients experiencing nausea was dose dependent, and when examined by time period, the prevalence also peaked in the first 2 weeks. The prevalence over time stabilized by approximately 6 to 8 weeks (3% for 0.75 mg and 6% for 1.5 mg) (see Figure 1).

Through the full duration of treatment, discontinuations due to nausea, diarrhea, and vomiting were reported in 1.0%, 0.5%, and 0.4%, respectively in 0.75 mg TRULICITY-treated patients and in 1.9%, 0.6%, and 0.6%, respectively in 1.5 mg TRULICITY-treated patients and were generally reported within the first 4-6 weeks of the trials.

In the pool of placebo-controlled trials, gastrointestinal adverse reactions were reported more frequently among patients receiving TRULICITY than placebo (placebo: 21.3%, 0.75 mg: 31.6%, 1.5 mg: 41.0%). Investigators graded the severity of gastrointestinal adverse reactions occurring on 0.75 mg and 1.5 mg of TRULICITY as “mild” in 58% and 48% of cases, respectively, “moderate” in 35% and 42% of cases, respectively, or “severe” in 7% and 11% of cases, respectively. More patients in TRULICITY 0.75 mg (1.3%) and 1.5 mg (3.5%) groups than placebo (0.2%) discontinued treatment due to gastrointestinal adverse events.



**Figure 1: Prevalence of Nausea Symptoms**

**Injection Site Reactions**

In the placebo –controlled clinical trials, injection site adverse events were reported in 38 (1.7%) dulaglutide treated patients compared to 6 (0.9%) patients in the placebo group. Injection site hematoma was the most frequently reported injection site reaction for both the placebo (3, 0.4%) and all dulaglutide (17, 0.8%) treatment groups. Injection site pain (6, 0.3%) and erythema (4, 0.2%) were only reported in the dulaglutide treatment group. Two dulaglutide-treated patients discontinued study drug due to injection site reaction.

In studies of up to 104 weeks 1.9% of patients in TRULICITY 0.75 mg and 1.5 mg groups reported injection site reactions. Again injection site hematoma was the most commonly reported preferred term (TRULICITY 0.75 mg: 15, 0.9% and TRULICITY 1.5 mg: 10, 0.6%). One patient in this group discontinued study drug due to injection site reaction.

Across the clinical trials of 26 up to 104 week duration, potentially immune-mediated injection site adverse events (e.g., rash, erythema) have been reported in 0.5% and 0.7% of patients receiving TRULICITY 0.75 mg and 1.5 mg, respectively.

**Immunogenicity**

Across four Phase 2 and five Phase 3 clinical studies, 64 (1.6%) dulaglutide treated patients developed dulaglutide anti-drug antibodies (ADA). No dulaglutide-treated patients who developed dulaglutide ADAs reported a systemic hypersensitivity reaction. Patients with treatment-emergent dulaglutide ADA had significantly higher incidence of immune-mediated injection site adverse events (3.1%; 2 of 64 patients) compared to patients who did not develop treatment-emergent dulaglutide ADA (0.5%; 18 of 3843) patients. Of the 64 dulaglutide-treated patients that developed dulaglutide ADAs, 34 patients (0.9% of the overall population) had dulaglutide-neutralizing antibodies, and 36 patients (0.9% of the overall population) developed antibodies against native GLP-1.

### **Hypersensitivity**

In clinical studies, systemic hypersensitivity events (e.g. severe urticaria, systemic rash, facial edema, lip swelling) have been reported in 0.5% of patients receiving TRULICITY.

### **Hypoglycemia**

When TRULICITY was used as monotherapy or in combination with a non-secretagogue, documented symptomatic hypoglycemia occurred in 2.6% to 6.3% of patients treated with 0.75 mg and in 5.6% to 10.9% of patients treated with 1.5 mg. No episodes of severe hypoglycemia were reported.

When TRULICITY was used in combination with a sulfonylurea plus metformin, documented symptomatic hypoglycemia occurred in 39% of patients treated with 0.75 mg and 40.3% of patients treated with 1.5 mg. Severe hypoglycemia events occurred in 0% of patients treated with TRULICITY 0.75 mg and 0.7% of patients treated with TRULICITY 1.5 mg.

When TRULICITY was used in combination with insulin glargine, documented symptomatic hypoglycemia occurred in 35.3% of patients treated with 1.5 mg. Severe hypoglycemia events occurred in 0.7% of patients treated with TRULICITY 1.5 mg.

When TRULICITY was used in combination with prandial insulin, documented symptomatic hypoglycemia occurred in 85.3% of patients treated with 0.75 mg and 80.0% of patients treated with 1.5 mg. Severe hypoglycemia events occurred in 2.4% and 3.4% of patients respectively for TRULICITY 0.75 mg and 1.5 mg.

A summary of documented symptomatic and severe hypoglycemia across phase 3 studies is presented in Table 2.

**Table 2: By-Study Summary of Incidence (%) and Rate (Events/Patient/Year) of Total, Documented Symptomatic and Severe Hypoglycemia – Dulaglutide and Comparator-Treated Patients in Phase 3 Studies**

	Percentage of Patients [Rate]		
	MET (N=268)	Dulaglutide 0.75 mg (N=270)	Dulaglutide 1.5 mg (N=269)
<b>Monotherapy (52 weeks)</b>			
Total	12.7 [0.28]	11.1 [0.47]	12.3 [0.89]
Documented symptomatic	4.9 [0.09]	5.9 [0.15]	6.3 [0.62]
Severe	0 [0.0]	0 [0.0]	0 [0.0]
<b>In Combination with MET (26-week placebo-controlled period)</b>	<b>Placebo (N=177)</b>	<b>Dulaglutide 0.75 mg (N=302)</b>	<b>Dulaglutide 1.5 mg (N=304)</b>
Total	1.1 [0.08]	4.0 [0.18]	7.9 [0.39]
Documented symptomatic	1.1 [0.08]	2.6 [0.13]	5.6 [0.26]
Severe	0 [0.0]	0 [0.0]	0 [0.0]
<b>In Combination with MET (104 weeks)</b>	<b>Sitagliptin (N=315)</b>	<b>Dulaglutide 0.75 mg (N=302)</b>	<b>Dulaglutide 1.5 mg (N=304)</b>
Total	8.6 [0.20]	8.6 [0.21]	12.8 [0.26]
Documented symptomatic	5.7 [0.17]	6.3 [0.18]	10.9 [0.19]
Severe	0 [0.0]	0 [0.0]	0 [0.0]

<b>In Combination with MET+SU (78 weeks)</b>	<b>Insulin glargine (N=262)</b>	<b>Dulaglutide 0.75 mg (N=272)</b>	<b>Dulaglutide 1.5 mg (N=273)</b>
Total	71.4 [6.90]	56.6 [4.18]	58.6 [4.27]
Documented symptomatic	51.1 [3.02]	39.0 [1.67]	40.3 [1.67]
Severe	0.8 [0.01]	0 [0.0]	0.7 [0.01]
<b>In Combination with Insulin lispro±MET (52 weeks)</b>	<b>Insulin glargine (N=296)</b>	<b>Dulaglutide 0.75 mg (N=293)</b>	<b>Dulaglutide 1.5 mg (N=295)</b>
Total	89.9 [57.17]	90.1 [48.38]	86.1 [41.74]
Documented symptomatic	83.4 [40.95]	85.3 [35.66]	80.0 [31.06]
Severe	5.1 [0.09]	2.4 [0.05]	3.4 [0.06]
<b>In Combination with Titrated Basal Insulin Glargine ± MET (28 weeks)</b>	<b>Placebo (N=150)</b>	<b>N/A</b>	<b>Dulaglutide 1.5 mg (N=150)</b>
Total	50.7 [8.6]		54.7 [7.7]
Documented symptomatic	30.0 [4.4]		35.3 [3.4]
Severe	0.0 [0.0]		0.7 [0.0]

By-Study Summary of Total Hypoglycemia (events with or without symptoms but with plasma glucose less than or equal to 3.9 mmol/L, plus events with symptoms of hypoglycemia but without a plasma glucose determination, plus severe hypoglycemia), Documented Symptomatic Hypoglycemia (symptoms of hypoglycemia with plasma glucose less than or equal to 3.9 mmol/L), and Severe Hypoglycemia (an episode requiring the assistance of another person to actively administer carbohydrate, glucagon, or other resuscitative actions), all excluding post-rescue visits - Dulaglutide and Comparator-Treated Patients in Phase 3 Studies

Abbreviations: MET = metformin; N = total number of patients in specified treatment group; SU = sulfonylurea.

### **Post-Market Adverse Drug Reaction**

The following additional adverse reaction has been reported rarely during post-approval use of TRULICITY. Because these events are reported voluntarily from a population of uncertain size, it is generally not possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

- Anaphylactic reactions (see PART I: CONTRAINDICATIONS and WARNINGS AND PRECAUTIONS and PART III: Serious side effects and what to do about them).

### **Malignancies/Thyroid Cancer**

Three thyroid cancers in dulaglutide-treated patients have been reported in Phase 2 and 3 studies. There was one event of MTC in a patient who received dulaglutide. This patient had pre-treatment calcitonin levels approximately 8 times the upper limit of normal (ULN). Two papillary thyroid carcinomas were also reported in patients who received dulaglutide 1.5 mg.

## **DRUG INTERACTIONS**

### **Drug-Drug Interactions**

The potential effect of coadministered medications on the pharmacokinetics of dulaglutide and vice-versa was studied in several single- and multiple- dose studies in healthy subjects, patients with type 2 diabetes mellitus, and in patients with hypertension.

Dulaglutide causes a delay of gastric emptying, and thereby has the potential to impact the absorption of concomitantly administered oral medications. In clinical pharmacology studies, dulaglutide did not affect the absorption of the tested, orally administered medications to any clinically relevant degree (see below and Figure 2).



### **Acetaminophen**

Following a single dose of 1 and 3 mg dulaglutide, acetaminophen  $C_{max}$  was reduced by 36% and 50%, respectively, and the median  $t_{max}$  occurred later (3 and 4 hours, respectively). After coadministration with up to 3 mg of dulaglutide at steady state, there were no statistically significant differences on AUC,  $C_{max}$  or  $t_{max}$  of acetaminophen.

### **Atorvastatin**

Coadministration of dulaglutide with atorvastatin decreased  $C_{max}$  and AUC up to 70% and 21%, respectively, for atorvastatin and its major metabolite *o*-hydroxyatorvastatin. The mean  $t_{1/2}$  of atorvastatin and *o*-hydroxyatorvastatin were increased by 17% and 41%, respectively, following dulaglutide administration. These observations are not considered clinically relevant.

### **Digoxin**

After coadministration of steady state digoxin with 2 consecutive doses of dulaglutide, overall exposure (AUC) and  $t_{max}$  of digoxin were unchanged; and  $C_{max}$  decreased by up to 22%. This change is not expected to have clinical consequences.

### **Anti-hypertensives**

Statistically significant delays in lisinopril  $t_{max}$  of approximately 1 hour were observed on Days 3 and 24 of the study. When a single dose of dulaglutide and metoprolol were coadministered, the AUC and  $C_{max}$  of metoprolol increased by 19% and 32%, respectively. Metoprolol  $t_{max}$  was delayed by 1 hour.

### **Warfarin**

Following dulaglutide coadministration, S- and R-warfarin exposure and R-warfarin  $C_{max}$  were unaffected, and S-warfarin  $C_{max}$  decreased by 22%. AUC<sub>INR</sub> increased by 2%, and there was no effect on maximum international normalized ratio response (INR<sub>max</sub>). The time of international normalized ratio response (tINR<sub>max</sub>) was delayed by 6 hours, consistent with delays in  $t_{max}$  of approximately 4 and 6 hours for S- and R-warfarin, respectively.

### **Oral Contraceptives**

Coadministration of dulaglutide with an oral contraceptive (norgestimate 0.18 mg/ethinyl estradiol 0.025 mg) did not affect the overall exposure to norelgestromin and ethinyl estradiol. Statistically significant reductions in  $C_{max}$  of 26% and 13% and delays in  $t_{max}$  of 2 and 0.30 hours were observed for norelgestromin and ethinyl estradiol, respectively.

### **Metformin**

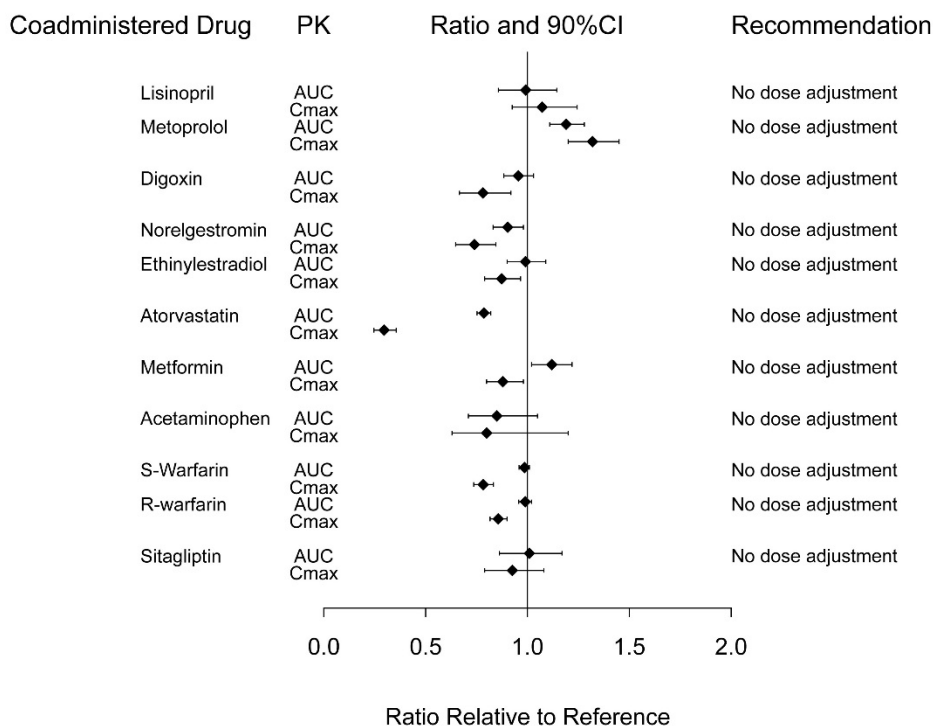
Following coadministration of multiple dose dulaglutide with steady state metformin (immediate release formula [IR]), metformin AUC increased up to 15% and  $C_{max}$  decreased up to 12%, respectively, with no changes in  $t_{max}$ . These changes are consistent with the gastric emptying delay of dulaglutide and within the PK variability of metformin.

### **Sitagliptin**

Sitagliptin exposure was unaffected when coadministered with a single dose of dulaglutide. Following coadministration with 2 consecutive doses of dulaglutide, sitagliptin AUC and  $C_{max}$  decreased by approximately 7.4% and 23.1%, respectively. Sitagliptin  $t_{max}$  increased

approximately 0.5 hours following coadministration with dulaglutide compared to sitagliptin alone.

Sitagliptin can produce up to 80% inhibition of DPP-4 over a 24-hour period. Dulaglutide coadministration with sitagliptin increased dulaglutide exposure and  $C_{max}$  by approximately 38% and 27%, respectively, and median  $t_{max}$  increased approximately 24 hours. Therefore, dulaglutide does have a high degree of protection against DPP-4 inactivation.



Abbreviations: AUC = area under the time-concentration curve; CI = confidence interval;  $C_{max}$  = maximum concentration; PK = pharmacokinetics.  
 Note: Reference group is co-administered medication given alone.

**Figure 2 Impact of dulaglutide on the pharmacokinetics of co-administered medications.**

**Drugs that Increase Heart Rate**

TRULICITY causes an increase in heart rate (see ADVERSE REACTIONS, ACTION AND CLINICAL PHARMACOLOGY, Cardiac Electrophysiology). Caution should be observed if TRULICITY is administered with other drugs that also increase heart rate, such as drugs with sympathomimetic or anticholinergic activity.

**Drugs that Cause PR Interval Prolongation**

TRULICITY causes an increase in the PR interval (see ADVERSE REACTIONS, ACTION AND CLINICAL PHARMACOLOGY, Cardiac Electrophysiology). The impact on the PR interval of co-administration of TRULICITY with other drugs that prolong the PR interval (including, but not limited to, antiarrhythmics, non-dihydropyridine calcium channel blockers, beta adrenoceptor blockers, digitalis glycosides, HIV protease inhibitors, and somatostatin analogues) has not been evaluated. As a result, co-administration of TRULICITY with these

drugs should be undertaken with caution.

### **Drug-Food Interactions**

Interactions with food have not been studied.

### **Drug-Herb Interactions**

Interactions with herbal products have not been studied.

### **Drug-Laboratory Interactions**

Interactions with laboratory tests have not been studied.

### **Drug-Lifestyle Interactions**

No studies on the effects on ability to drive and use machines have been performed. When dulaglutide is used in combination with a sulfonylurea or insulin, patients should be advised to take precautions to avoid hypoglycemia while driving and using machines.

## **DOSAGE AND ADMINISTRATION**

### **Dosing Considerations**

When initiating TRULICITY, consider reducing the dose of concomitantly administered insulins and insulin secretagogues (such as sulfonylureas) to reduce the risk of hypoglycemia (see WARNINGS AND PRECAUTIONS and ADVERSE REACTIONS).

### **Recommended Dose and Dosage Adjustment**

The recommended initiating dose of TRULICITY is 0.75 mg once weekly, administered subcutaneously. The dose may be increased to 1.5 mg once weekly for additional glycemic control. The maximum recommended dose is 1.5 mg once weekly.

Renal Insufficiency: No dose adjustment is required in patients with renal impairment (ACTION AND CLINICAL PHARMACOLOGY and Special Populations and Conditions). Monitor renal function in patients with renal impairment reporting severe gastrointestinal reactions which may worsen the renal function.

Hepatic Insufficiency: There is a limited experience in patients with mild, moderate, or severe hepatic impairment. Therefore, TRULICITY should be used with caution in these patient populations (see ACTION AND CLINICAL PHARMACOLOGY and Special Populations and Conditions). No dose adjustment is recommended in patients with hepatic insufficiency.

Geriatrics ( $\geq 65$  years): Refer to Special Populations and ACTION AND CLINICAL PHARMACOLOGY

Pediatrics (<18 years): The safety and effectiveness of TRULICITY have not been studied in patients under 18 years of age.

### **Missed Dose**

If a dose is missed, it should be administered as soon as possible if there are at least 3 days (72 hours) until the next scheduled dose. If less than 3 days remain before the next scheduled dose,

the missed dose should be skipped and the next dose should be administered on the regularly scheduled day. In each case, patients can then resume their regular once weekly dosing schedule.

#### *Changing Weekly Dosing Schedule*

The day of weekly administration can be changed, if necessary, as long as the last dose was administered 3 days (72 hours) or more before.

#### **Administration**

TRULICITY can be administered any time of day, with or without meals, and should be injected subcutaneously in the abdomen, thigh, or upper arm.

TRULICITY should be administered subcutaneously with no dilution.

TRULICITY solution should be inspected prior to each injection, and the solution should be used only if it is clear, colourless, and contains no particles.

TRULICITY and insulin should not be mixed in the same syringe, and must be administered as two separate injections in two different injection sites.

#### **OVERDOSAGE**

For management of a suspected drug overdose, contact your regional Poison Control Centre.
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Overdoses have been reported in clinical studies. Effects associated with these overdoses were primarily mild or moderate gastrointestinal events (e.g., nausea, vomiting) and non-severe hypoglycemia. In the event of overdose, appropriate supportive care (including frequent plasma glucose monitoring) should be initiated according to the patient's clinical signs and symptoms.

#### **ACTION AND CLINICAL PHARMACOLOGY**

##### **Mechanism of Action**

TRULICITY contains dulaglutide which is a long-acting human GLP-1 receptor agonist with 90% amino acid sequence homology to endogenous human GLP-1 (7-37). Dulaglutide activates the GLP-1 receptor, a membrane-bound cell-surface receptor coupled to adenylyl cyclase by the stimulatory G-protein, G<sub>s</sub>, in pancreatic beta cells. Dulaglutide increases intracellular cyclic AMP (cAMP) in beta cells leading to insulin release in the presence of elevated glucose concentrations. This insulin secretion subsides as blood glucose concentrations decrease and approach euglycemia. Dulaglutide also decreases glucagon secretion and slows gastric emptying.

Native GLP-1 (7-37) has a half-life of 1.5 to 2 minutes due to degradation by DPP-4 and renal clearance. In contrast to native GLP-1, dulaglutide is stable against metabolic degradation by DPP-4 and has an extended plasma half-life of approximately 4.7 days, which makes it suitable for once-weekly administration. The pharmacokinetic profile of dulaglutide is the result of the fusion of two molecules of a GLP-1 (7-37) analogue, which include a modification to amino acid 8, linked to a modified human IgG4 chain.

## **Pharmacodynamics**

TRULICITY lowers fasting, and postprandial glucose (PPG) concentrations in patients with type 2 diabetes mellitus through the actions described below. The reduction in fasting and PPG can be observed after the first TRULICITY administration.

### **Fasting and Postprandial Glucose**

In a clinical pharmacology study in adults with type 2 diabetes mellitus, treatment with once weekly TRULICITY resulted in a reduction from baseline of fasting and 2-hour postprandial glucose (PPG) concentrations on day 3 after the first injection, when compared to placebo (-1.42, -3.30 mmol/L respectively); these effects were sustained after six weeks of dosing with the 1.5 mg dose.

### **First and Second Phase Insulin Secretion**

Both first and second phase insulin secretion were increased in patients with type 2 diabetes treated with TRULICITY compared to placebo.

### **Glucose-Dependent Insulin Secretion**

The effect of steady state dosing of TRULICITY 1.5 mg on glucose-dependent insulin secretion rates (ISR) was assessed in a test meal study in patients with type 2 diabetes mellitus at the 26-week endpoint. In these patients, the ISR response was increased in a glucose-dependent manner.

### **Glucagon Secretion**

TRULICITY lowered blood glucose by stimulating insulin secretion and decreasing glucagon secretion. In a clinical study in patients with type 2 diabetes mellitus, TRULICITY reduced fasting glucagon levels at the 26-week time point. In addition, a test meal study also showed decreases in postprandial glucagon AUC (0-3 hours post-meal) after 26-weeks of treatment with TRULICITY.

### **Gastric Emptying**

TRULICITY causes a delay of gastric emptying. The delay is largest after the first dose and diminishes with subsequent doses.

### **Serum Pancreatic Enzymes**

TRULICITY is associated with mean increases from baseline in pancreatic enzymes (pancreatic amylase and/or lipase) of up to 14% to 20% (see WARNINGS AND PRECAUTIONS, Hepatic/Biliary/Pancreas). Serial measurements of pancreatic enzymes in Phase 2 and Phase 3 trials did not predict the onset of acute pancreatitis. The clinical meaning of these findings is unknown.

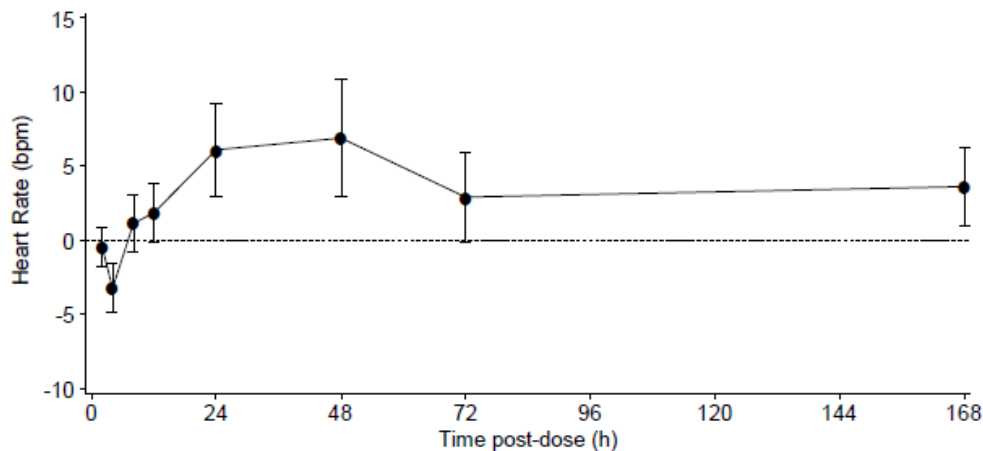
### **Cardiac Electrophysiology**

The effect of dulaglutide on cardiac repolarization was tested in a thorough QTc study. Dulaglutide did not produce QTc prolongation at supratherapeutic doses of 4 and 7 mg.

Healthy Subjects: A multicentre, double-blind, randomized, 3-period, single dose placebo- and active-controlled crossover ECG assessment study was conducted in healthy subjects. It was originally planned to study a 7 mg dose of dulaglutide; however, the 7 mg dose was not well tolerated, and therefore, the dose of dulaglutide was lowered from 7 mg to 4 mg. Overall 147

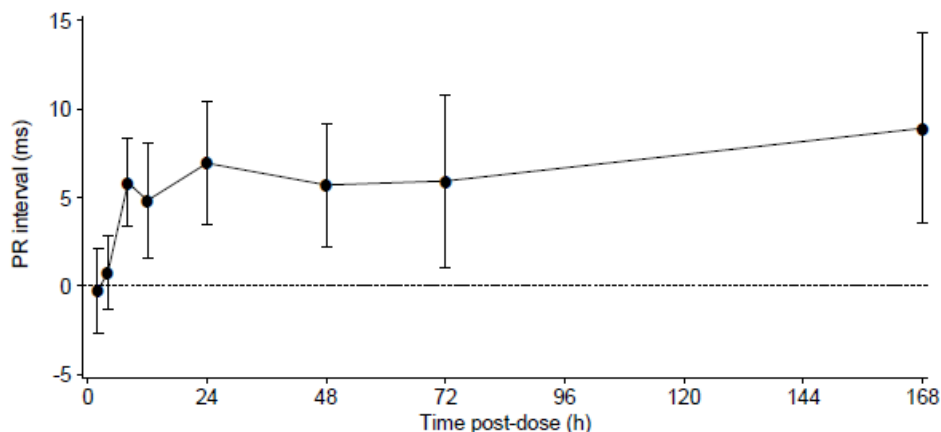
subjects were enrolled (placebo N=109, dulaglutide 4 mg N=55, dulaglutide 7 mg N=54, and moxifloxacin 400 mg N=115).

**Heart Rate:** In the QTc study using supratherapeutic doses of dulaglutide in healthy subjects, increases in heart rate were observed. For the 4 mg treatment, statistically significant positive mean differences from placebo were observed at 24 hours, 48 hours, and 168 hours, with a maximum mean difference from placebo of 6.9 bpm (90% CI 2.9, 10.8) at 48 hours (Figure 3) (see WARNINGS AND PRECAUTIONS, Cardiovascular, ADVERSE REACTIONS and DRUG INTERACTIONS, Drugs that Increase Heart Rate).



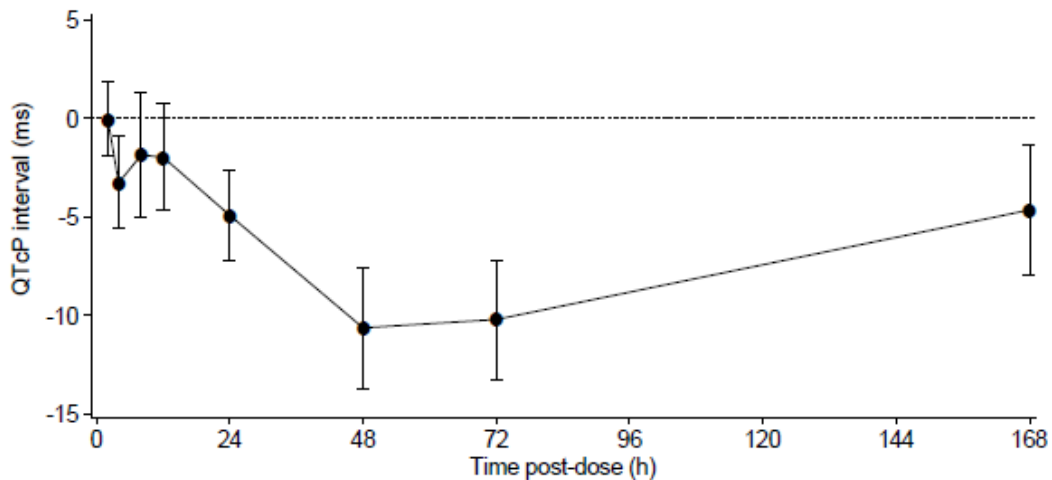
**Figure 3: Mean (90% CI) Placebo and Baseline Adjusted Heart Rate Data for 4 mg of Dulaglutide in Healthy Subjects**

**PR Interval:** Dulaglutide resulted in PR interval prolongation. Statistically significant PR interval prolongation was observed with dulaglutide 4 mg from 8 to 168 hours post-dosing, with a maximum mean difference from placebo of 8.9 ms (90% CI 3.5, 14.3) at 168 hours post-dosing (Figure 4). See WARNINGS AND PRECAUTIONS, Cardiovascular and DRUG INTERACTIONS, Drugs that Cause PR Interval Prolongation.



**Figure 4: Mean (90% CI) Placebo and Baseline Adjusted PR Interval Data for 4 mg of Dulaglutide in Healthy Subjects**

**QTc Interval:** Treatment with dulaglutide was associated with shortening of the QTcP interval ( $QTcP=QT/RR^{0.307}$ ). During treatment with dulaglutide 4 mg, statistically significant QTcP shortening was observed at 4 hours and from 24-168 hours post-dosing, with a maximum mean difference from placebo of -10.6 ms (90% CI -13.7, -7.6) at 48 hours post-dosing (Figure 5). The clinical significance of an acquired, drug-induced QTcP shortening of this magnitude is not known.



**Figure 5: Mean (90% CI) Placebo and Baseline Adjusted QTcP Interval Data for 4 mg of Dulaglutide in Healthy Subjects**

**Type 2 Diabetes Mellitus Patients:** In a multicentre, randomised, double-blind, placebo-controlled parallel arm study of 26-weeks in duration performed in 755 patients with type 2 diabetes mellitus receiving TRULICITY at once-weekly doses of 0.75 mg and 1.5 mg, ECG readings were scheduled to occur at baseline and at Weeks 16 and 26, 2-4 days after the TRULICITY injection, to capture the effects of TRULICITY at steady-state near maximal plasma concentrations. At week 16 of treatment, the placebo-adjusted LS mean change from baseline in heart rate was 2.02 bpm (95% CI 0.56, 3.48) in the 0.75 mg group and 4.76 bpm (95% CI 3.27, 6.26) in the 1.5 mg group, whilst the placebo-adjusted LS mean change from baseline in the PR interval was 3.66 ms (95% CI 1.15, 6.18) in the 0.75 mg group and 4.95 ms (95% CI 2.37, 7.53) in the 1.5 mg group. The QTcF interval was shortened, with a placebo-adjusted LS mean change from baseline of -2.02 ms (95% CI -4.49, 0.46) in the 0.75 mg group and -3.37 ms (95% CI -5.91, -0.84) in the 1.5 mg group. Similar results were obtained at Week 26.

### **Pharmacokinetics**

The pharmacokinetics of dulaglutide is similar between healthy subjects and patients with type 2 diabetes mellitus. Following subcutaneous administration, the time to maximum plasma concentration of dulaglutide (0.75 mg and 1.5 mg) at steady state ranges from 24 to 72 hours, with a median of 48 hours. After multiple-dose administration of dulaglutide 1.5 mg to steady state, the mean peak plasma concentration ( $C_{max}$ ) and total systemic exposure (AUC) for dulaglutide 0.75 mg were 44 ng/mL (range 21 to 75 ng/mL) and 5240 ng•hr/mL (range 2670 to 8570 ng•hr/mL); and for dulaglutide 1.5 mg were 114 ng/mL (range 56 to 231 ng/mL) and 14000 ng•hr/mL (range 6940 to 26000 ng•hr/mL) respectively; accumulation ratio was

approximately 1.56. Steady-state plasma dulaglutide concentrations were achieved between 2 and 4 weeks of once-weekly administration. Site of subcutaneous administration (abdomen, upper arm, and thigh) had no statistically significant effect on the exposure to dulaglutide.

**Absorption:** The mean absolute bioavailability of dulaglutide following subcutaneous administration of a single 0.75 mg and 1.5 mg dose was 65% and 47% respectively.

**Distribution:** The mean volume of distribution after subcutaneous administration of dulaglutide 0.75 mg and 1.5 mg to steady state in patients with type 2 diabetes mellitus were approximately 19.2 L (range 14.3 to 26.4) and 17.4 L (range 9.3 to 33) respectively. The mean volume of distribution after intravenous administration of a single dose of 0.1 mg dulaglutide in healthy subjects was approximately 5.32 L (range 3.6 to 7.3).

**Metabolism:** Dulaglutide is presumed to be degraded into its component amino acids by general protein catabolism pathways.

**Elimination:** The mean apparent clearance, at steady state, following subcutaneous administration of multiple doses of dulaglutide 0.75 mg and 1.5 mg is approximately 0.111 L/hr (range 0.059 to 0.180 L/h) and 0.107 L/h (range 0.058 to 0.216 L/h) respectively. The elimination half-life of dulaglutide for both doses is approximately 5 days (range 3.9 to 6.1 days), making dulaglutide suitable for once-weekly administration.

#### **Special Populations and Conditions**

**Pediatrics:** Studies characterizing the pharmacokinetics of dulaglutide in pediatric patients have not been performed.

**Geriatrics:** Age had no clinically relevant effect on the pharmacokinetic and pharmacodynamic properties of dulaglutide.

**Gender and Race:** Gender and race had no clinically meaningful effect on the pharmacokinetics of dulaglutide.

**Body Weight or Body Mass Index:** Pharmacokinetic analyses have demonstrated a statistically significant inverse relationship between body weight or body mass index (BMI) and dulaglutide exposure, although there was no clinically relevant impact of weight or BMI on glycemic control.

**Hepatic Insufficiency:** The pharmacokinetics of dulaglutide were evaluated in subjects with varying degrees of hepatic impairment. Subjects with hepatic impairment had statistically significant decreases in dulaglutide exposure of up to 30% to 33% for mean  $C_{max}$  and AUC, respectively, compared to healthy controls. There was a general increase in  $t_{max}$  of dulaglutide with increased hepatic impairment (see WARNINGS AND PRECAUTIONS, Special Population, and DOSAGE AND ADMINISTRATION).

**Renal Insufficiency:** The pharmacokinetics of dulaglutide were evaluated in a clinical pharmacology study and were generally similar between healthy subjects and patients with mild



to severe renal impairment ( $\text{CrCl} < 30 \text{ ml/min}$ ), including end stage renal disease (requiring dialysis).

### **STORAGE AND STABILITY**

TRULICITY should be stored in the refrigerator at  $2^\circ$  to  $8^\circ \text{ C}$ , up to the expiration date. Do not use TRULICITY beyond the expiration date.

Do not freeze TRULICITY. Do not use TRULICITY if it has been frozen.

Do not store in the freezer.

TRULICITY must be protected from light.

Each single-use, prefilled pen or prefilled syringe may be stored unrefrigerated for up to 14 days at a temperature not to exceed  $30^\circ\text{C}$ .

The TRULICITY prefilled pen or prefilled syringe must be discarded after use in a puncture-resistant container.

### **DOSAGE FORMS, COMPOSITION AND PACKAGING**

TRULICITY is available as a single-use prefilled pen or a prefilled syringe. Each 0.5 mL solution includes the following non-medicinal ingredients: trisodium citrate dihydrate, citric acid anhydrous, mannitol, and polysorbate 80 in water for injection.

TRULICITY is packaged in a cardboard outer carton and is available in packs of 2 or 4 single-use, prefilled pens or 4 single-use, prefilled syringes. Not all pack sizes and presentations may be marketed.

Single-Use, Prefilled Pen or Syringes<sup>‡</sup> – 0.75 mg / 0.5 mL

Each single-use, prefilled pen or syringe provides 0.75 mg TRULICITY per 0.5 mL of solution.

Single-Use, Prefilled Pen or Syringes<sup>‡</sup> – 1.5 mg / 0.5 mL

Each single-use, prefilled pen or syringe provides 1.5 mg TRULICITY per 0.5 mL of solution.

<sup>‡</sup> The pre-filled syringe is not currently marketed in Canada.

## PART II: SCIENTIFIC INFORMATION

### PHARMACEUTICAL INFORMATION

#### Drug Substance

Proper name: dulaglutide

Chemical name:

USAN: dulaglutide

IUPAC:

7-37-Glucagon-like peptide I [8-glycine, 22-glutamic acid, 36-glycine] (synthetic human) fusion protein with peptide (synthetic 16-amino acid linker) fusion protein with immunoglobulin G4 (synthetic human Fc fragment), dimer

[Gly<sup>8</sup>,Glu<sup>22</sup>,Gly<sup>36</sup>]human glucagon-like peptide 1-(7-37)-peptidyltetraglycyl-L-seryltetraglycyl-L-seryltetraglycyl-L-seryl-L-alanyldes-Lys<sup>229</sup>-[Pro<sup>10</sup>,Ala<sup>16</sup>,Ala<sup>17</sup>]human immunoglobulin heavy constant  $\gamma$ 4 chain H-CH2-CH3 fragment, (55-55':58-58')-bisdisulfide dimer

Molecular formula and molecular mass:

C2646 H4044 O836 N704 S18 (non-glycosylated)

62,561 Da (glycosylated, all Cys residues disulfide bonded)

59,671 Da (non-glycosylated, all Cys residues disulfide bonded)

Structural formula:

Dulaglutide is produced as a disulfide-linked two-chain molecule (homodimer). The amino acid sequence of the single polypeptide chain is below:

```
1      HEGTFTSDV SSYLEEQA AK EFLAWLVKGG GGGGSGGGG SGGGSAESK
51     YGPPCPPCPA PEAAGPSVF LFPPKPKDTL MISRTPEVTC VVVDVSQEDP
101    EVQFNWYVDG VEVHNAKTKP REEQFNSTYR VSVLTVLHQ DWLNGKEYKC
151    KVS NKGLPSS IEKTISKAKG QPREPQVYTL PPSQEEMTKN QVSLTCLVKG
201    FYPSDIAVEW ESNGQPENNY KTTTPVLDSD GSFFLYSRLT VDKSRWQEGN
251    VFSCSVMHEA LHNHYTQKSL SLSLG
```

Physicochemical properties: Clear to slightly opalescent, colourless to slightly brown solution

#### CLINICAL TRIALS

TRULICITY<sup>®</sup> (dulaglutide) has been studied as monotherapy and in combination with

metformin, metformin and sulfonylurea, prandial insulin with or without metformin, and basal insulin with or without metformin. Table 3 summarizes the study demographics and study designs of four phase 3 placebo and/or active controlled studies.

**Study demographics and trial design**

**Table 3: Summary of patient demographics for clinical trials in specific indication**

Study #	Trial design and duration	Dosage, route of administration	Background Therapy	Study subjects (n=number)	Mean age (SD) Range	Gender % (#)
<b>Add on Combination Therapy to Metformin</b>						
GBCF	104-week, Phase 2/3, adaptive, inferentially seamless, multicentre, randomized, placebo-controlled, double-blind, parallel-arm, dose finding trial	TRULICITY: 0.75, 1.5 mg, SC, QW Placebo: PO, QD; SC, QW up to 26 weeks Sitagliptin: 100 mg, PO, QD	Patients added assigned therapy to MET $\geq 1500$ mg/day	972 randomized	54.3 yrs (9.7) Range: 20-75 yrs	Female: 51.9% (504) Male: 48.1% (468)
GBDE	26-week, Phase 3, multicentre randomized, parallel-arm, active comparator, open-label, noninferiority trial	TRULICITY: 1.5 mg, SC, QW Liraglutide: 1.8 mg, SC, QD	Patients added assigned therapy to MET $\geq 1500$ mg/day	599 randomized	56.7 yrs (9.6) Range: 19-80 yrs	Female: 52% (312) Male: 48% (287)
<b>Add on Combination Therapy to Metformin and Sulfonylurea</b>						
GBDB	78-week, Phase 3, multicentre, randomized, parallel-arm, open-label to active comparator, double-blind to dulaglutide trial	TRULICITY: 0.75, 1.5 mg SC, QW Insulin glargine: starting dose 10 IU, SC; thereafter, titrated to target, QD	Patients added assigned therapy to maximally tolerated dose of MET $\geq 1500$ mg/day and glimepiride $\geq 4$ mg/day	810 randomized	56.7 yrs (9.5) Range: 27-87 yrs	Female: 48.7% (393) Male: 51.3% (414)

Study #	Trial design and duration	Dosage, route of administration	Background Therapy	Study subjects (n=number)	Mean age (SD) Range	Gender % (#)
<b>Combination Therapy with Insulin Lispro with or without Metformin</b>						
GBDD	52-week, Phase 3, multicentre, randomized, parallel-arm, open-label, active comparator trial	TRULICITY: 0.75, 1.5 mg SC, QW Insulin glargine: starting dose 50% of prerandomized total daily insulin dose (TDI), SC, at bedtime; thereafter, titrated to target.	All patients added assigned therapy and insulin lispro TID (starting daily dose: 50% of TDI, titrated to target). Prior oral and insulin therapies with the exception of metformin were discontinued.	884 randomized	59.4 yrs (9.2) Range: 28-84 yrs	Female: 46.5% (411) Male: 53.5% (473)
<b>Combination Therapy with Insulin Glargine with or without Metformin</b>						
GBDI	28-week, Phase 3, multicentre, randomized, parallel-arm, double-blind, placebo-controlled trial	TRULICITY: 1.5 mg SC, QW Placebo: SC, QW	All patients added assigned therapy to basal insulin glargine with/without metformin. Basal insulin glargine was titrated to target in both study arms after a 4-week initial stabilization period.	300 randomized	60.4 yrs (9.8) Range: 28-83 yrs	Female: 42.3% (127) Male: 57.7% (173)

BID=twice daily; MET = metformin; PO = orally; QD = once daily; QW = once weekly; SC = subcutaneous; TID=three times daily

A total of 3565 patients with type 2 diabetes mellitus and inadequate glycemic control were randomized, of whom 3562 received at least one dose of study drug, in five placebo- and/or active-controlled, Phase 3 studies to evaluate the safety and efficacy of TRULICITY. Of these, 757 (21.3%) patients were  $\geq 65$  years of which 67 (1.9%) were  $\geq 75$  years. Patients had an overall mean age of 57 years (range 19 to 87 years). Fifty-one percent were male and 49% were female. The racial distribution of patients in these studies was 72.2% white, 12.2% Asian, 4.9% African American, and 10.6% other racial origin. The mean body mass index (BMI) overall was 32 kg/m<sup>2</sup> at baseline, and the duration of diabetes was 9.4 years.

## **Study results**

### **Add on Combination Therapy to Metformin**

*Study GBCF (AWARD-5)* - In this 104-week placebo-controlled, double-blind study, following dose selection, 972 patients were randomized to TRULICITY (dulaglutide 0.75 mg or 1.5 mg) once weekly, placebo, or sitagliptin 100 mg/day (after 26 weeks, patients in the placebo treatment group received blinded sitagliptin 100 mg/day for the remainder of the study), all as

add-on to metformin. Randomization occurred after an 11-week lead-in period to allow for a metformin titration period followed by a 6-week glycemic stabilization period. The primary objective of the study was to demonstrate that the HbA1c change from baseline for dulaglutide 1.5 mg once weekly was noninferior to sitagliptin at 52 weeks, with a noninferiority margin of 0.25%.

Treatment with TRULICITY once weekly resulted in a statistically significant reduction in HbA1c compared to placebo (at 26 weeks) and compared to sitagliptin (at 52 weeks) (Table 4 and Figure 6).

**Table 4: Results at the 52-Week Primary Endpoint of TRULICITY Compared to Placebo and Sitagliptin, All as Add-On to Metformin<sup>a</sup>**

	26-Week Placebo-Controlled Period			52-Week Primary Time Point		
	TRULICITY		Placebo + MET	TRULICITY		SITA 100 mg + MET
	0.75 mg + MET	1.5 mg + MET		0.75 mg + MET	1.5 mg + MET	
<b>Intent-to-Treat (ITT) Population (N)</b>	281	279	139	281	279	273
<b>HbA1c (%) (Mean)</b>						
Baseline HbA1c	8.2	8.1	8.1	8.2	8.1	8.0
Change from baseline, adjusted mean <sup>b</sup>	-1.0	-1.2	0.1	-0.9	-1.1	-0.4
Difference from placebo + MET arm <sup>b</sup> (95% CI)	-1.0 (-1.2, -0.9)	-1.2 (-1.4, -1.1)	-	-	-	-
P value (superiority) <sup>†</sup>	<0.001	<0.001	-	-	-	-
Difference from SITA + MET arm, adjusted mean <sup>b</sup> (95% CI)	-	-	-	-0.5 (-0.7, -0.3)	-0.7 (-0.9, -0.5)	-
P value (superiority) <sup>†</sup>	-	-	-	<0.001	<0.001	-
P value (non-inferiority) <sup>†</sup>	-	-	-	<0.001	<0.001	-
Percentage of patients HbA1c <7.0%	-	-	-	49	59	33
<b>Fasting Serum Glucose (mmol/L) (Mean)</b>						
Baseline	-	-	-	9.65	9.62	9.48
Change from baseline, adjusted mean	-	-	-	-1.64	-2.27	-0.80
<b>Body Weight (kg) (Mean)</b>						
Baseline (mean)	-	-	-	85.5	86.5	85.8
Change from baseline, adjusted mean	-	-	-	-2.7	-3.1	-1.5

Abbreviation: HbA1c = hemoglobin A1c; MET = metformin; SITA = sitagliptin

<sup>a</sup> All intent-to-treat patients randomized after the dose finding portion of the study. At Week 52, 14%, 19% and 19% of individuals randomized to TRULICITY 0.75 mg, TRULICITY 1.5 mg and sitagliptin, respectively, had missing data and had their last observation carried forward for analysis.

<sup>b</sup> Least-squares mean from ANCOVA model adjusted for baseline value and country.

<sup>†</sup> Overall Type I error rate for treatment comparisons was controlled using a tree-gatekeeping strategy.

*Study GBDE (AWARD-6)* - In this 26-week, open-label study 599 patients were randomized to once weekly TRULICITY 1.5 mg or once daily liraglutide 1.8 mg, both as add-on to metformin. Patients randomized to liraglutide were initiated at 0.6 mg QD for 1 week, then escalated to 1.2 mg QD for one week and then escalated to 1.8 mg QD for the remainder of the study. The primary objective of the study was to demonstrate the noninferiority of dulaglutide 1.5 mg once weekly compared to liraglutide 1.8 mg once daily, both added on to metformin, in change in

HbA1c from baseline at 26 weeks, with a noninferiority margin of 0.4%.

At 26 weeks, treatment with once weekly TRULICITY 1.5 mg once weekly was noninferior to once daily liraglutide 1.8 mg (Table 5).

**Table 5: Results of a 26-Week Study of TRULICITY Compared to Liraglutide, as Add-On to Metformin<sup>a</sup>**

	26-week Primary Time Point	
	TRULICITY 1.5 mg	Liraglutide 1.8 mg
<b>Intent-to-Treat (ITT) Population (N)</b>	299	300
<b>HbA1c (%) (Mean)</b>		
Baseline HbA1c	8.1	8.1
Change from baseline, adjusted mean <sup>b</sup>	-1.4	-1.4
Difference from liraglutide <sup>b</sup> (95% CI)	-0.1 (-0.2, 0.1)	-
<i>P</i> value (non-inferiority)	<0.001	
Percentage of patients HbA1c <7.0%	68	68
<b>Fasting Serum Glucose (mmol/L) (Mean)</b>		
Baseline	9.28	9.16
Change from baseline, adjusted mean	-1.93	-1.90
<b>Body Weight (kg) (Mean)</b>		
Baseline	93.8	94.4
Change from baseline, adjusted mean	-2.9	-3.6
<b>Postprandial Glucose (mmol/L) (Mean)</b>		
Baseline (mean)	10.65	10.58
Change from baseline, adjusted mean	-2.56	-2.43

Abbreviation: HbA1c = hemoglobin A1c; CI = confidence interval

<sup>a</sup> Intent-to-treat population excluding data following any rescue therapy. Over the 26-week study period, the percentage of patients who required glycemic rescue was 0.3% in the TRULICITY treatment group, and 1.0% in the liraglutide treatment group.

<sup>b</sup> Least-squares mean from a mixed-effects model for repeated measures with the baseline value, country, treatment, visit, treatment-by-visit interaction and the patient as a random effect.

### Add on Combination Therapy to Metformin and Sulfonylurea

*Study GBDB (AWARD-2)* - In this 78-week open-label comparator study (double-blind with respect to TRULICITY dose assignment), 807 patients were randomized and received TRULICITY (dulaglutide 0.75 mg or 1.5 mg) once weekly, or insulin glargine once daily, all as add-on to maximally tolerated doses of metformin and glimepiride. Randomization occurred after a 10-week lead-in period; during the initial 2 weeks of the lead-in period, patients were titrated to maximally tolerated doses of metformin and glimepiride. This was followed by a 6- to 8-week glycemic stabilization period prior to randomization. Patients randomized to insulin glargine were started on a dose of 10 U once daily. Insulin glargine dose adjustments occurred twice weekly for the first 4 weeks of treatment based on self-measured fasting plasma glucose (FPG), followed by once weekly titration through Week 8 of study treatment, utilizing an algorithm with an FPG target of <5.6 mmol/L. After Week 8, patients continued to self-adjust insulin glargine to the FPG target; insulin glargine dose was also reviewed and revised, as needed, at subsequent office visits (Weeks 14, 20, 26, 35, 44, 52, 65, and 78). The dose of glimepiride could be reduced or discontinued after randomization (at the discretion of the investigator) in the event of persistent hypoglycemia. The primary objective of the study was to

demonstrate the noninferiority of dulaglutide 1.5 mg once weekly compared to insulin glargine (titrated to target fasting glucose of <5.6 mmol/L), both on a background of metformin and glimepiride, in HbA1c reduction from baseline at 52 weeks, with a noninferiority margin of 0.4%. Only 23.5% of patients in the glargine group achieved the target fasting glucose. The dose of glimepiride was reduced or discontinued in 28%, 32%, and 29% of patients randomized to TRULICITY 0.75 mg, TRULICITY 1.5 mg, and glargine.

At the 52-week time point, TRULICITY 1.5 mg and 0.75 mg were noninferior to insulin glargine for HbA1c change from baseline (Table 6).

**Table 6: Results at the 52-Week Primary Endpoint of TRULICITY Compared to Insulin Glargine, Both as Add-on to Metformin and Sulfonylurea<sup>a</sup>**

	52-Week Primary Time Point		
	TRULICITY		Insulin Glargine + MET + GLIM
	0.75 mg + MET + GLIM	1.5 mg + MET + GLIM	
<b>Intent-to-Treat (ITT) Population (N)</b>	272	273	262
<b>HbA1c (%) (Mean)</b>			
Baseline HbA1c	8.1	8.2	8.1
Change from baseline, adjusted mean <sup>b</sup>	-0.8	-1.1	-0.6
Difference from insulin glargine + MET/GLIM arm, adjusted mean <sup>b</sup> (95% CI)	-0.1 (-0.3, 0.0)	-0.5 (-0.6, -0.3)	-
<i>P</i> value (non-inferiority) <sup>†</sup>	<0.001	<0.001	
Percentage of patients HbA1c <7.0%	37	53	31
<b>Fasting Serum Glucose (mmol/L) (Mean)</b>			
Baseline	8.96	9.16	9.08
Change from baseline, adjusted mean	-0.87	-1.50	-1.76
<b>Body Weight (kg) (Mean)</b>			
Baseline (mean)	86.4	85.2	87.6
Change from baseline, adjusted mean	-1.3	-1.9	1.4
<b>Postprandial Glucose (mmol/L) (Mean)</b>			
Baseline (mean)	10.54	10.68	10.45
Change from baseline, adjusted mean	-1.64	-1.95	-1.60

Abbreviation: GLIM = glimepiride; HbA1c = hemoglobin A1c; MET = metformin

<sup>a</sup> Intent-to-treat population using last observation on study prior to any rescue therapy. At Week 52, 15%, 9%, and 11% of individuals randomized to TRULICITY 0.75 mg, TRULICITY 1.5 mg and insulin glargine respectively, had missing data or were receiving rescue therapy and had their last observation prior to rescue or missing data carried forward for analysis.

<sup>b</sup> Least-squares mean from ANCOVA model adjusted for baseline value and country.

<sup>†</sup> Overall Type I error rate for treatment comparisons was controlled using a tree-gatekeeping strategy.

### Combination Therapy with Insulin Lispro with or without Metformin

*Study GBDD (AWARD-4)* - In this 52-week open-label comparator study (double-blind with respect to TRULICITY dose assignment), 884 patients on 1 or 2 insulin injections per day, alone or with oral antihyperglycemic therapy, were enrolled. Randomization occurred after a 9-week lead-in period; during the initial 2 weeks of the lead-in period, patients continued their pre-study insulin regimen but could be initiated and/or up-titrated on metformin, based on investigator discretion; this was followed by a 7-week glycemic stabilization period prior to randomization. At randomization, patients discontinued their pre-study insulin regimen and were randomized to TRULICITY (dulaglutide 0.75 mg or 1.5 mg) once weekly, or insulin glargine once daily, all in

combination with prandial insulin lispro 3 times daily, with or without metformin. Insulin lispro was titrated in both arms based on preprandial and bedtime glucose, and insulin glargine was titrated based on a target fasting glucose of <5.6 mmol/L. The primary objective of the study was to demonstrate noninferiority of dulaglutide 1.5 mg once weekly compared to insulin glargine, both in combination with prandial insulin lispro, in HbA1c reduction from baseline at 26 weeks, with a noninferiority margin of 0.4%. Only 35.8% of patients in the glargine arm achieved their target fasting glucose.

At the 26-week time point, TRULICITY 1.5 mg was noninferior to insulin glargine for HbA1c change from baseline. TRULICITY 0.75 mg was also noninferior to insulin glargine (Table 7). The mean total daily insulin lispro dose at week 26 was 67.8 units, 96.7 units, and 93.2 units for the insulin glargine, TRULICITY 0.75 mg, and TRULICITY 1.5 mg study arms respectively. The differences in total daily insulin lispro dose based upon pairwise comparisons with insulin glargine were statistically significantly higher for both doses of TRULICITY.

**Table 7: Results at the 26-Week Primary Endpoint of TRULICITY Compared to Insulin Glargine, Both in Combination with Insulin Lispro<sup>a</sup> with or without Metformin**

	26-Week Primary Time Point		
	TRULICITY		Insulin Glargine + Insulin Lispro ± MET
	0.75 mg + Insulin Lispro ± MET	1.5 mg + Insulin Lispro ± MET	
<b>Intent-to-Treat (ITT) Population (N)</b>	293	295	296
<b>HbA1c (%) (Mean)</b>			
Baseline HbA1c	8.4	8.5	8.5
Change from baseline, adjusted mean <sup>b</sup>	-1.6	-1.6	-1.4
Difference from insulin glargine + insulin lispro arm, adjusted mean <sup>b</sup> (95% CI)	-0.2 (-0.3, -0.0)	-0.2 (-0.4, -0.1)	-
<i>P</i> value (non-inferiority) <sup>†</sup>	<0.001	<0.001	
Percentage of patients HbA1c <7.0%	69	68	57
<b>Fasting Serum Glucose (mmol/L) (Mean)</b>			
Baseline	8.34	8.73	8.56
Change from baseline, adjusted mean	0.22	-0.27	-1.58
<b>Body Weight (kg) (Mean)</b>			
Baseline (mean)	91.7	91.0	90.8
Change from baseline, adjusted mean	0.2	-0.9	2.3
<b>Postprandial Glucose (mmol/L) (Mean)</b>			
Baseline (mean)	11.18	11.22	11.40
Change from baseline, adjusted mean	-4.12	-4.23	-3.87

<sup>a</sup> Intent-to-treat population using last observation on study prior to any rescue therapy. At Week 26, 8%, 7% and 7% of individuals randomized to TRULICITY 0.75mg, TRULICITY 1.5mg and insulin glargine respectively, had missing data or were receiving rescue therapy and had their last observation prior to rescue or missing data carried forward for analysis.

<sup>b</sup> Least-squares mean from ANCOVA adjusted for baseline value, country, and use of metformin.

<sup>†</sup> Overall Type I error rate for treatment comparisons was controlled using a tree-gatekeeping strategy.

### Add on Combination Therapy to Insulin Glargine with or without Metformin

*Study GBDI (AWARD-9)* - In this 28-week randomized double-blind, parallel arm, placebo-controlled study, 300 patients on insulin glargine for at least 3 months, alone or with stable metformin therapy, were enrolled. Randomization occurred after a 2-week lead-in period in patients who required further up-titration of the insulin glargine dose per TTT (treat-to-target)



algorithm at the end of the lead-in period. At randomization, patients were randomized to TRULICITY (dulaglutide 1.5 mg) once weekly, or matching placebo once weekly, added to insulin glargine with metformin [88%] or without metformin [12%]. At randomization, the initial insulin glargine dose in patients with HbA1c < 8.0% was reduced by 20%. After an initial 4 week stabilization period, insulin glargine was titrated based on a target fasting glucose of <5.6 mmol/L. The primary objective of the study was to demonstrate superiority of dulaglutide 1.5 mg once weekly compared to placebo, both in combination with titrated basal insulin glargine with or without metformin, in HbA1c reduction from baseline at 28 weeks.

At the 28-week time point, TRULICITY 1.5 mg was superior to placebo for HbA1c change from baseline ( $p < 0.001$ ) (Table 8). There were 49.3% and 37.9% of patients on TRULICITY and placebo respectively who achieved the target fasting serum glucose <5.6 mmol/L.

The least-squares mean daily insulin glargine dose at week 28 was 51.4 units, and 64.6 units for the TRULICITY and placebo study arms respectively. The least-squares mean daily insulin glargine increase from baseline was 12.8 units for TRULICITY and 25.9 units for placebo.

**Table 8: Results of a 28-Week Study of TRULICITY Compared to Placebo, as Add-On to Titrated Basal Insulin Glargine With or Without Metformin<sup>a</sup>**

	28-week Primary Time Point	
	TRULICITY 1.5 mg	Placebo
<b>Intent-to-Treat (ITT) Population (N)</b>	150	150
<b>HbA1c (%) (Mean)</b>		
Baseline HbA1c	8.4	8.3
Change from baseline, adjusted mean <sup>b</sup>	-1.4	-0.7
Difference from placebo <sup>b</sup> (95% CI)	-0.7 (-0.9, -0.5)	-
<i>P</i> value (superiority)	<0.001	
Percentage of patients HbA1c <7.0% <sup>c</sup>	67	33
<b>Fasting Serum Glucose (mmol/L) (Mean)</b>		
Baseline	8.71	8.68
Change from baseline, adjusted mean <sup>b</sup>	-2.44	-1.68
<b>Body Weight (kg) (Mean)</b>		
Baseline	93.3	92.6
Change from baseline, adjusted mean <sup>b</sup>	-1.3	0.8
<b>Postprandial Glucose (mmol/L) (Mean)</b>		
Baseline	11.51	11.22
Change from baseline, adjusted mean <sup>b</sup>	-3.05	-2.23

Abbreviation: ANCOVA = analysis of covariance; CI = confidence interval; HbA1c = hemoglobin A1c; N = total number of patients.

<sup>a</sup> Intent-to-treat population. At week 28, 12% of placebo patients and 8% of dulaglutide 1.5 mg patients had missing data. Rescue therapy was not allowed in Study GBDI.

<sup>b</sup> Least-squares mean from ANCOVA adjusted for baseline value and other stratification factors. Placebo multiple imputation, with respect to baseline values, was used to model a wash-out of the treatment effect for subjects having missing Week 28 data.

<sup>c</sup> Patients with missing HbA1c data at Week 28 were considered as non-responders.

## **DETAILED PHARMACOLOGY**

Dulaglutide is a biosynthetic fusion protein molecule produced using mammalian cell cultures and consists of 2 identical, disulfide-linked chains each containing an N-terminal GLP-1 receptor agonist sequence covalently linked to a modified human IgG4 Fc chain by a small peptide linker.

Dulaglutide increased insulin secretion in a dose-dependent fashion in rats and monkeys in Intravenous Glucose Tolerance Tests (IVGTT). Dulaglutide increased insulin secretion after both single and multiple SC administrations in a Stepped Glucose Infusion (SGI) model.

## **TOXICOLOGY**

### **Repeat Dose Toxicity**

Dulaglutide was administered by subcutaneous injection twice weekly to rats and cynomolgus monkeys, up to doses of 20 mg/kg body weight (215x human exposure) and 10 mg/kg bw (490x human exposure), respectively. Primary findings were consistent with the pharmacological activity of GLP-1R agonists and included decreased food consumption, transient reductions in body weight gain and clinical signs, including rough hair coat (rats), transient vomiting and dehydration (monkeys), thin appearance and reduced/absent feces.

### **Carcinogenicity**

A 2-year carcinogenicity study was conducted with dulaglutide in male and female rats at doses of 0.05, 0.5, 1.5, and 5.0 mg/kg body weight (bw) administered by subcutaneous injection twice weekly. In both genders of rats,  $\geq 0.5$  mg/kg bw dulaglutide caused a dose-related and treatment-duration-dependent increase in the incidence of thyroid C-cell tumors (adenomas and/or carcinomas) compared to controls. A statistically significant increase in C-cell adenomas was observed in rats of both genders receiving dulaglutide at doses  $\geq 0.5$  mg/kg bw. Numerical increases in thyroid C-cell carcinomas occurred at doses of 0.5 mg/kg bw and were considered to be treatment-related despite the absence of statistical significance.

A 6-month carcinogenicity study was conducted with dulaglutide in rasH2 transgenic mice at doses of 0.3, 1.0, and 3.0 mg/kg bw administered by subcutaneous injection twice weekly. Dulaglutide did not produce increased incidences of thyroid C-cell hyperplasia or neoplasia at any dose.

Human relevance of thyroid C-cell tumors in rats is unknown and could not be determined by clinical studies or nonclinical studies (see Serious Warnings and Precautions Box and WARNINGS AND PRECAUTIONS).

### **Mutagenicity**

Mutagenicity studies have not been conducted with dulaglutide.

### **Reproductive and Developmental Toxicity**

In fertility and early embryonic development studies in male and female rats, no adverse effects of dulaglutide on sperm morphology, mating, fertility, conception, and embryonic survival were observed at doses up to 16.3 mg/kg bw. An increase in the number of females with prolonged diestrus and decreased numbers of corpus lutea resulting in lower number or implantation sites and viable embryos was observed at doses  $\geq 4.89$  mg/kg bw. Fetal evaluation revealed dose

related decreases in body weight and higher litter proportions of reduced ossification of the skull and vertebral arches, and unossified sternbrae and hyoid at doses  $\geq 4.89$  mg/kg bw. These changes in skeletal ossification were considered secondary to reduced fetal weight.

In a juvenile toxicity study in rats, no dulaglutide-related effects were observed on neurobehavioral endpoints including motor activity, auditory startle responsiveness, and learning and memory assessments at the highest dose of 7 mg/kg (91-fold the maximum recommended human dose [MRHD] based on AUC). Changes in reproductive endocrine hormones (LH, GH, and estrogen) in male and female rats and earlier sexual maturation in female rats were observed at 91-fold the MRHD based on AUC. The apparent earlier onset of puberty in the female rats was still within the normal range for this strain of rats and was only seen at 91-fold the MRHD based on AUC. Thus, this effect was not considered to have relevance for humans in a recommended dosing range.

### **Other Toxicology Studies**

Zucker diabetic fatty (ZDF) rats were administered dulaglutide twice weekly by subcutaneous injections at doses of 0.5, 1.5, or 5.0 mg/kg bw. Increases of 12% to 33% in total and pancreatic amylase, but not lipase, were observed at all doses without microscopic pancreatic inflammatory correlates in individual animals. Other changes in the dulaglutide-treated animals included increased interlobular ductal epithelium without active ductal cell proliferation ( $\geq 0.5$  mg/kg bw), increased acinar atrophy with/without inflammation ( $\geq 1.5$  mg/kg bw), and increased neutrophilic inflammation of the acinar pancreas (5 mg/kg bw).

Treatment of monkeys for 12 months with 8.15 mg/kg bw dulaglutide twice weekly showed no evidence of pancreatic inflammation or pancreatic intraepithelial neoplasia. In 4 of 19 monkeys on dulaglutide treatment, there was an increase in goblet cells within the pancreatic ducts, but no differences from the control group in total amylase or lipase at study termination. There were no proliferative changes in the thyroid C-cells.

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**READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE**

**PART III: PATIENT MEDICATION INFORMATION**

**Pr**TRULICITY®

**(dulaglutide)**

**Solution for injection, for subcutaneous use**

www.lilly.ca



**Read this carefully before you start taking TRULICITY and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about TRULICITY.**

**Serious Warnings and Precautions**

**In male and female rats, dulaglutide causes dose-dependent and treatment-duration-dependent thyroid C-cell tumors (adenomas and carcinoma) after lifetime exposure. It is unknown whether TRULICITY causes thyroid C-cell tumors, including medullary thyroid carcinoma (MTC), in humans, as human relevance could not be ruled out by clinical or nonclinical studies.**

**TRULICITY is contraindicated in patients with a personal or family history of MTC and in patients with Multiple Endocrine Neoplasia syndrome type 2 (MEN 2). It is unknown whether monitoring with serum calcitonin or thyroid ultrasound will mitigate human risk of thyroid C-cell tumors. Patients should be counseled regarding the risk and symptoms of thyroid tumors.**

**What is TRULICITY used for?**

TRULICITY may improve blood sugar control in adults with type 2 diabetes mellitus in combination with:

- diet and exercise in patients for whom metformin is inappropriate due to contraindication or intolerance
- metformin, when diet and exercise plus maximal tolerated dose of metformin do not achieve adequate blood sugar control
- metformin and a sulfonylurea, when diet and exercise plus dual therapy with metformin and a sulfonylurea do not achieve adequate blood sugar control
- basal insulin with metformin, when diet and exercise plus basal insulin with or without metformin, do not achieve adequate blood sugar control
- mealtime insulin with metformin, when diet and exercise plus basal or basal-bolus insulin therapy (up to two injections of basal or basal plus mealtime insulin per day) with or without oral diabetes medications, do not achieve adequate blood sugar control

TRULICITY is not a substitute for insulin. TRULICITY should not be used in patients with Type 1 diabetes mellitus (formerly known as insulin-dependent diabetes mellitus or IDDM) or for the treatment of diabetic ketoacidosis (a complication of diabetes with high blood sugar, rapid weight loss, nausea or vomiting).

TRULICITY has not been studied in children under 18 years of age.

### **How does TRULICITY work?**

TRULICITY belongs to a class of medicines called GLP-1 receptor agonists (glucagon-like peptide-1 receptor agonists). TRULICITY may lower blood sugar in adults with type 2 diabetes mellitus by helping your body release more insulin when your blood sugar is high.

### **What are the ingredients in TRULICITY?**

Medicinal ingredients: dulaglutide

Non-medicinal ingredients: citric acid anhydrous, mannitol, polysorbate 80, trisodium citrate dihydrate

### **TRULICITY comes in the following dosage forms:**

TRULICITY is a solution for injection. TRULICITY is available as a single-use prefilled pen or as a single-use prefilled syringe<sup>†</sup> in either 0.75 mg/0.5 mL or 1.5 mg/0.5 mL strengths. Each pen or syringe<sup>†</sup> contains one weekly dose of TRULICITY.

### **Do not use TRULICITY if:**

- you are allergic to this drug or to any ingredient in the formulation or component of the container.
- you or a member of your family has ever had medullary thyroid cancer.
- you have Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)
- you are pregnant or breastfeeding.

**To help avoid side effects and ensure proper use, talk to your healthcare professional before you take TRULICITY. Talk about any health conditions or problems you may have, including if:**

- you or a member of your family has or has had medullary thyroid carcinoma, or if you have Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).
- you have type 1 diabetes.
- you have ever had diabetic ketoacidosis (increased ketones in the blood or urine).
- you have ever had an allergic reaction to TRULICITY
- you are taking an anti-diabetic medicine known as a sulfonylurea (e.g. glyburide, gliclazide, glimepiride) or insulin. Your doctor may want to reduce your dose of sulfonylurea or insulin when you take it together with TRULICITY in order to avoid low blood sugar. Take precautions to avoid low blood sugar while driving or using machinery.
- you have or have had pancreas problems such as inflammation of the pancreas.
- you have severe problems with your stomach (gastroparesis) or food digestion. TRULICITY slows stomach emptying so food passes more slowly through your stomach.

- you are pregnant or plan to become pregnant.
- you are breastfeeding or plan to breastfeed.
- have a high heart rate (fast pulse).
- have a condition called heart block.
- have any heart disease, such as angina, heart rhythm disturbances or congestive heart failure; or if you have ever had a myocardial infarction (heart attack).
- have kidney problems.
- have liver problems.
- have severe vomiting and/or diarrhea and/or dehydration.

**Other warnings you should know about**

- See “Serious Warnings and Precautions” black box.
- Heart rate increase and PR interval prolongation. TRULICITY may increase heart rate and could cause changes known as PR prolongation, which are detected by electrocardiogram (ECG) tracings. Increased heart rate is the same as a faster pulse. Rarely, drugs with these effects can cause changes in heart rhythm that could result in dizziness, palpitations (a feeling of rapid, pounding, or irregular heart beat), fainting or death. These heart rhythm changes are more likely if you have heart disease, or if you are taking certain other drugs. It is important to follow your doctor's advice about the dose of TRULICITY or about any special tests that you may need.
- Inflammation of your pancreas (pancreatitis). Stop using TRULICITY and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel pain from your abdomen to your back.  
It is not known if TRULICITY can be used in people who have had pancreatitis.
- Gastrointestinal disorders. TRULICITY is not recommended for use in people with severe stomach or intestinal problems.
- Low blood sugar (hypoglycemia). Your risk for getting low blood sugar may be higher if you use TRULICITY with another medicine that can cause low blood sugar, such as a sulfonylurea or insulin.
- Serious allergic reactions. Stop using TRULICITY and get medical help right away if you have any symptoms of a serious allergic reaction including itching, rash, or difficulty breathing.
- Kidney problems (kidney failure). In people who have kidney problems, diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration) which may cause kidney problems to get worse.

Talk to your healthcare provider about any side effect that bothers you or does not go away. These are not all the possible side effects of TRULICITY.

TRULICITY is not recommended for use in children under 18 years of age.

**The following may interact with TRULICITY:**

- A sulfonylurea medicine (e.g., glibenclamide or glimepiride) or insulin. This is because using TRULICITY at the same time may cause your blood sugar to get too low (hypoglycemia). When you first start using these medications together, your doctor may tell you to lower the dose of the sulfonylurea or insulin.

The following list includes some, but not all, of the drugs that may increase the risk of heart rhythm problems while receiving TRULICITY. You should check with your doctor or pharmacist before taking any other medication with TRULICITY:

- Drugs to treat hypertension.
- Drugs to treat heart failure.
- Drugs to treat HIV infection.
- Drugs to treat attention deficit-hyperactivity disorder.
- Drugs to suppress appetite/cause weight loss.
- Decongestants.
- Drugs to treat asthma.

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

**How to take TRULICITY:**

- Before using TRULICITY, talk to your doctor about low blood sugar and how to manage it.
- Take TRULICITY exactly as your physician has prescribed.
- Read the Instructions for Use leaflet for instructions on how to use the TRULICITY pen or syringe<sup>†</sup>.
- Talk to your healthcare provider about how to correctly administer TRULICITY before you use it for the first time. If you do not understand the instructions or have any questions, talk with your doctor, diabetes nurse, or pharmacist.
- TRULICITY is an injection which is given under the skin (subcutaneously). The TRULICITY injection pen has been shown to be easy to learn and easy to use. Do not inject TRULICITY into a vein or muscle. The best places to give yourself the injection are your stomach area (abdomen), upper leg (thigh), or upper arm. Do not use the same site for each injection. Change (rotate) your injection site with each weekly injection.
- You can give yourself the injection at any time of the day.
- If you give yourself insulin in addition to TRULICITY, never mix them in the same container. Give yourself separate injections of insulin and TRULICITY. You may give both injections in the same body area (for example, your stomach area), but not right next to each other.
- Do not share your pen, syringe<sup>†</sup>, or needles with another person. You may give another person an infection or get an infection from them.
- Keep pens and needles out of the reach of children.

**Usual dose:**

The recommended starting adult dose is 0.75 mg once weekly administered subcutaneously (under the skin). The dose may be increased to 1.5 mg once-weekly based on your blood sugar



response. The maximum recommended dose is 1.5 mg once-weekly.

TRULICITY can be taken any time of the day, with or without food.

Use TRULICITY exactly as prescribed. Do not change your dose or stop TRULICITY without talking to your doctor. Your doctor should start you on a diet and exercise program when you start taking TRULICITY. Stay on this program while you are taking TRULICITY. The response on your blood sugar control should be monitored by periodic measurements of blood glucose and HbA1c levels.

Your dose of TRULICITY and other diabetes medicines may need to change because of change in level of physical activity or exercise, weight gain or loss, increased stress, illness, change in diet, or because of other medicines you take. Talk to your doctor to seek medical advice promptly.

**Overdose:**

If you think you have taken too much TRULICITY, contact your healthcare professional, hospital emergency department, or regional Poison Control Centre immediately, even if there are no symptoms.

**Missed Dose:**

If you miss a dose of TRULICITY, take your missed dose as soon as possible if there are at least 3 days (72 hours) until your next scheduled dose. If there are less than 3 days remaining, skip the missed dose and take your next dose on the regularly scheduled day. Do not take 2 doses of TRULICITY within 3 days of each other.

The dosing day of your weekly administration can be changed if necessary, as long as there are at least 3 days between doses.

**What are possible side effects from using TRULICITY?**

These are not all the possible side effects you may feel when taking TRULICITY. If you experience any side effects not listed here, contact your healthcare professional. Please also see Warnings and Precautions.

**Very Common (≥ 1 in 10):**

- Nausea
- Diarrhea
- Vomiting
- Abdominal pain
- Low blood sugar (hypoglycemia) when used in combination with other diabetes medicines especially metformin, insulin, or secretagogues (e.g. sulfonylurea)

If nausea happens, it is most common when first starting TRULICITY. In most people, nausea decreases over time as their body gets use to the medicine.

**Common (≥1 in 100 and < 1 in 10):**

- decreased appetite
- upset stomach (dyspepsia)
- constipation
- gassiness (flatulence)
- abdominal distension
- heartburn (gastroesophageal reflux disease)
- belching (eructation)
- fatigue
- fast heartbeat (sinus tachycardia)
- first degree atrioventricular block (AV block)
- hypoglycemia when used as monotherapy and in combination with metformin and pioglitazone,

**Uncommon (≥1 in 1000 and < 1 in 100):**

- injection site reaction

<b>Serious side effects and what to do about them</b>			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>UNCOMMON</b> Severe hypoglycemia* (low blood sugar) symptoms: disorientation, loss of consciousness, or seizures		✓	
Thyroid tumour symptoms: lump in the neck, difficulty in swallowing difficulty in breathing or persistent hoarseness		✓	
Atrial fibrillation/ flutter, irregular heart rate, palpitations, fatigue or shortness of breath		✓	✓
<b>RARE</b> Severe allergic reaction (anaphylactic reaction) symptoms: breathing problems, swelling of throat and face, and fast heartbeat.		✓	✓
Pancreatitis symptoms: prolonged severe abdominal pain with or without vomiting		✓	✓

\*The risk of severe hypoglycemia is dependent on the other medications you may be taking.

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, talk to your healthcare professional.

### **Reporting Side Effects**

You can help improve the safe use of health products for Canadians by reporting serious and unexpected side effects to Health Canada. Your report may help to identify new side effects and change the product safety information.

#### **3 ways to report:**

- Online at [MedEffect](#);
- By calling 1-866-234-2345 (toll-free);
- By completing a Patient Side Effect Reporting Form and sending it by:
  - Fax to: 1-866-678-6789 (toll-free), or
  - Mail to: Canada Vigilance Program  
Health Canada, Address Locator 1908C  
Ottawa, ON  
K1A 0K9

Postage paid labels and the Patient Side Effect Reporting Form are available at [MedEffect](#).

*NOTE: Contact your healthcare professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

### **Storage:**

- TRULICITY should be stored in the refrigerator at 2°C to 8°C, up to the expiration date. Do not use TRULICITY beyond the expiration date.
- Do not freeze. Do not use TRULICITY if it has been frozen.
- Do not store in the freezer.
- Protect from light.
- Each single-use prefilled pen or prefilled syringe<sup>‡</sup> may be stored unrefrigerated for up to 14 days at a temperature not to exceed 30°C.
- The TRULICITY prefilled pen or prefilled syringe<sup>‡</sup> must be discarded after use in a puncture-resistant container.

Keep out of reach and sight of children.

### **If you want more information about TRULICITY:**

- Talk to your healthcare professional.
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website (<http://hc-sc.gc.ca/index-eng.php>); the manufacturer's website <http://www.lilly.ca>, or by calling 1-888-545-5972.

This leaflet was prepared by Eli Lilly Canada Inc., Toronto, Ontario, M1N 2E8.

<sup>‡</sup> The pre-filled syringe is not currently marketed in Canada.

Last Revised Month DD, YYYY

TRULICITY is a registered trademark owned by or licensed to Eli Lilly and Company, its subsidiaries or affiliates.

TRU-0003-CA-PM-YYYYMMDD

## Instructions for Use

# TRULICITY<sup>®</sup>

dulaglutide  
solution for injection, for subcutaneous use

0.75 mg/0.5 mL Single-Use Pen, Once-Weekly



← Unfold and lay instructions flat >



Read both sides for full instructions

[www.lilly.ca](http://www.lilly.ca)



## ABOUT TRULICITY SINGLE-USE PEN

Please read these Instructions for Use and the Patient Medication Information Leaflet carefully and completely before using your TRULICITY Single-Use Pen. Talk to your healthcare provider about how to inject TRULICITY correctly or contact Lilly at 1-888-545-5972.

- TRULICITY Single-Use Pen (Pen) is a disposable, prefilled delivery device. Each Pen contains one weekly dose of TRULICITY (0.75 mg/0.5 mL). Each Pen is for **one-time** use only.
- TRULICITY is taken **once a week**. You may want to mark your calendar to remind you when to take your next dose.
- The Pen has been designed with input from patients to be easy to use.
- When you press the green Injection Button, the Pen will automatically insert the needle **into your skin**, inject the medicine, and pull back (retract) the needle **after the injection is complete**.

## BEFORE YOU GET STARTED



### Remove

from the refrigerator.

For a more comfortable injection, you may want to allow the Pen to warm to room temperature for about 30 minutes. Do not microwave or run under hot water.



### Check

the label to make sure you have the correct medicine and it has not expired.

Expiration Date



### Inspect

the Pen to make sure that it is not damaged and inspect the medicine to make sure it is not cloudy, discoloured or has particles in it.

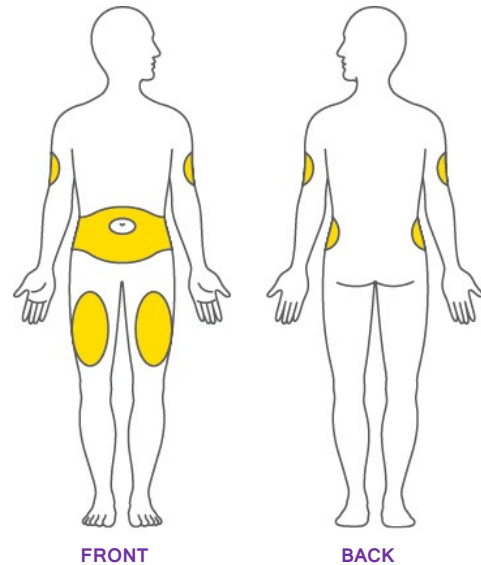


### Prepare

by washing your hands.

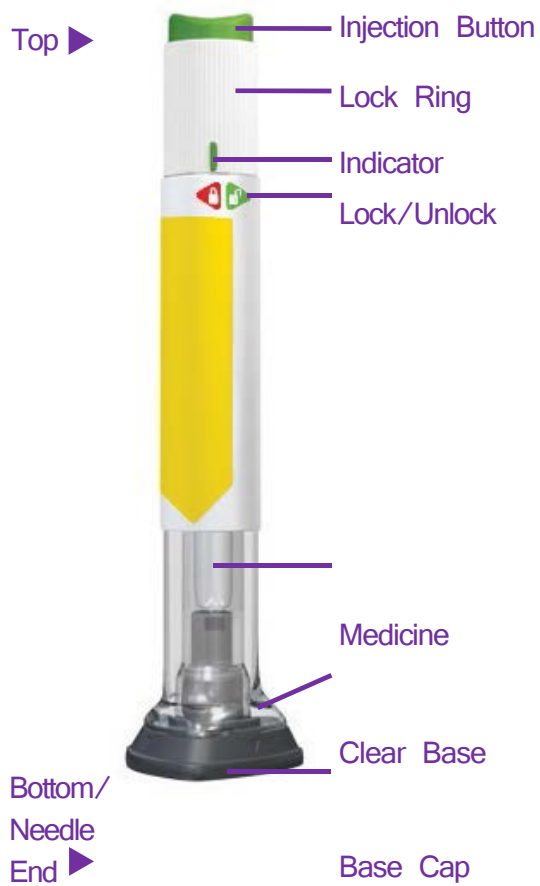
## CHOOSE YOUR INJECTION SITE

- Your healthcare provider can help you choose the injection site that is best for you.
- You may inject the medicine into your stomach (abdomen) or thigh.
- Another person may give you the injection in your upper arm.
- Change (rotate) your injection site each week. You may use the same area of your body, but be sure to choose a different injection site in that area.




Remember to:

1. UNCAP
2. PLACE AND UNLOCK
3. PRESS AND HOLD

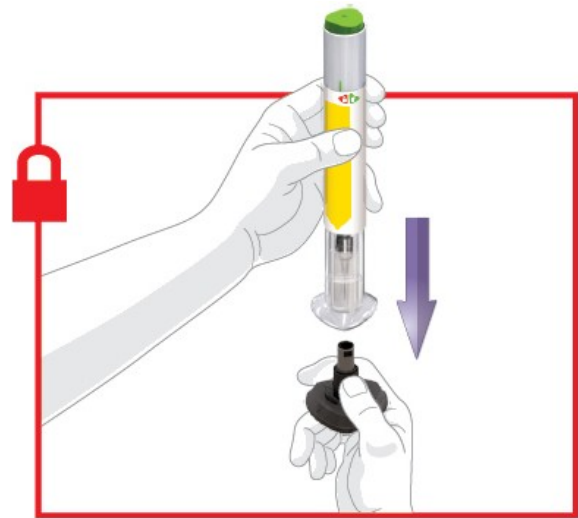


## 1 UNCAP

 Make sure the Pen is **locked**.


- Pull off and discard the gray Base Cap.

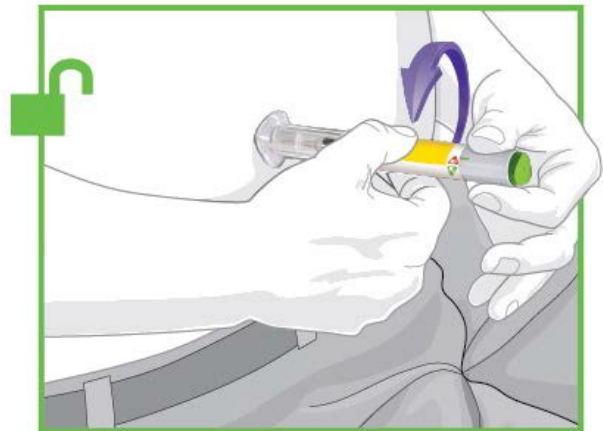
**Do not put the Base Cap back on – this could damage the needle. Do not touch the needle.**



## 2 PLACE AND UNLOCK


- Place the Clear Base flat and firmly against your skin at the injection site.

 **Unlock** by turning the Lock Ring.



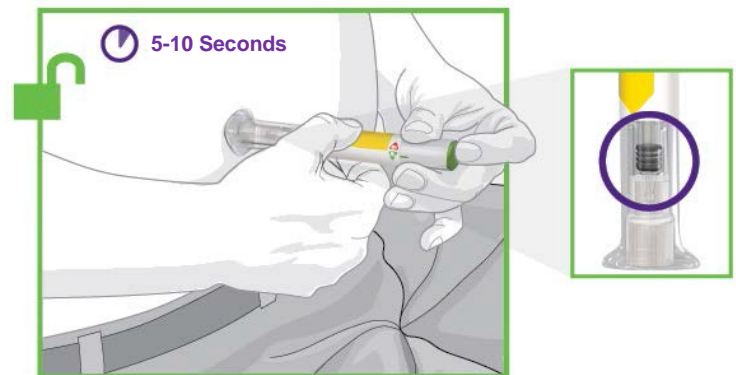
## 3 PRESS AND HOLD

- Press and hold the green Injection Button; you will hear a loud click.

 Continue holding the Clear Base firmly against your skin until you hear a second click. This occurs when the needle starts retracting in about 5-10 seconds.

- Remove the Pen from your skin.

**You will know your injection is complete when the gray part is visible.**





## IMPORTANT INFORMATION

Disposal of Pen

Storage and Handling

Commonly Asked Questions

Other Information

Where to Learn More

## DISPOSAL OF PEN

- Put the Pen in a closeable, puncture-resistant sharps container (like a biohazard container).
- Do not recycle the filled sharps container.
- Ask your healthcare provider about options available in your area to dispose of the sharps container properly.
- The directions regarding Pen handling and disposal are not intended to replace local, healthcare provider or institutional policies.



## STORAGE AND HANDLING

- The Pen contains glass parts. Handle it carefully. If you drop it on a hard surface, do not use it. Use a new Pen for your injection.
- Store your Pen in the refrigerator.
- When refrigeration is not possible, you can keep your Pen unrefrigerated for up to 14 days at a temperature not to exceed 30°C.
- Do not freeze your Pen. If the Pen has been frozen, DO NOT USE.
- Keep TRULICITY out of direct heat and light.
- For complete information about proper storage, read the Patient Medication Information Leaflet.

## COMMONLY ASKED QUESTIONS

### What if I see an air bubble in my Pen?

Air bubbles are normal. They will not harm you or affect your dose.

### What if I unlock the Pen and press the green Injection Button before pulling off the Base Cap?

Do not remove the Base Cap. Dispose of the Pen as directed. Inject your dose using another Pen.

### What if there is a drop of liquid on the tip of the needle when I remove the Base Cap?

A drop of liquid on the tip of the needle is not unusual and will not affect your dose.

### Do I need to hold the Injection Button down until the injection is complete?

This is not necessary, but it may help you keep the Pen steady and firm against your skin.

### I heard more than two clicks during my injection - two louder clicks and a soft one. Did I get my complete injection?

Some patients may hear a soft click right before the second loud click. That is the normal operation of the Pen. Do not remove the Pen from your skin until you hear the second louder click.

### What if there is a drop of liquid or blood on my skin after my injection?

This is not unusual and will not affect your dose.

### I'm not sure my Pen worked correctly.

Check to see if you have received your dose. Your dose was delivered correctly if the gray part is visible. (See step 3.) Also contact your healthcare provider or Lilly at 1-888-545-5972 for further instructions. Until then, store your Pen safely to avoid an accidental needle stick.

## OTHER INFORMATION

- If you have vision problems, DO NOT use your Pen without help from a person trained to use the TRULICITY Pen.
- Keep the Pen out of sight and reach of children.

## WHERE TO LEARN MORE

- If you have any questions or problems with your TRULICITY Single-Use Pen, contact your healthcare provider or Lilly at 1-888-545-5972.
- For more information about TRULICITY Single-Use Pen visit our website at [www.lilly.ca](http://www.lilly.ca).

### Manufactured by:

Eli Lilly and Company  
Pharmaceutical Delivery Systems  
Lilly Corporate Center  
Indianapolis, IN 46285, USA

### Distributed by:

Eli Lilly Canada Inc.  
3650 Danforth Avenue  
Toronto, Ontario

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The information in this document is current as of the last revision date shown below. For the most current information please visit our website at [www.lilly.ca](http://www.lilly.ca) or contact us directly at 1-888-545-5972.

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Revision Date: Month YYYY

The TRULICITY Pen meets the current dose accuracy and functional requirements of ISO 11608-1:2012 and 11608-5:2012.

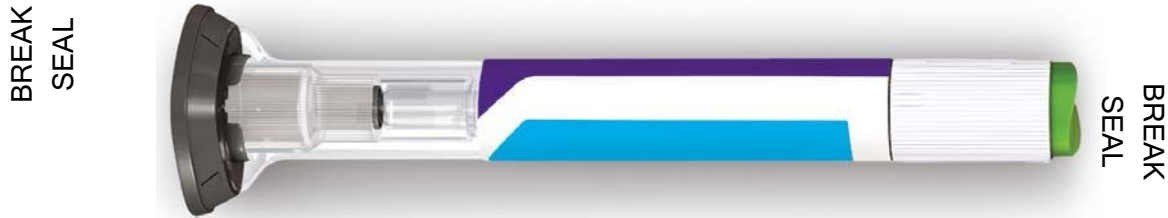
TRULOAI-0001-CA-IFU-YYYYMMDD

Instructions for Use

**TRULICITY<sup>®</sup>**

dulaglutide  
solution for injection, for subcutaneous use

1.5 mg/0.5 mL Single-Use Pen, Once-Weekly



← Unfold and lay instructions flat >



Read both sides for full instructions

[www.lilly.ca](http://www.lilly.ca)



**ABOUT TRULICITY SINGLE-USE PEN**

Please read these Instructions for Use and the Patient Medication Information Leaflet carefully and completely before using your TRULICITY Single-Use Pen. Talk to your healthcare provider about how to inject TRULICITY correctly or contact Lilly at 1-888-545-5972.

- TRULICITY Single-Use Pen (Pen) is a disposable, prefilled delivery device. Each Pen contains one weekly dose of TRULICITY (1.5 mg/0.5 mL). Each Pen is for **one-time** use only.
- **TRULICITY is taken once a week.** You may want to mark your calendar to remind you when to take your next dose.
- The Pen has been designed with input from patients to be easy to use.
- When you press the green Injection Button, the Pen will automatically insert the needle **into your skin**, inject the medicine, and pull back (retract) the needle **after the injection is complete**.

## BEFORE YOU GET STARTED



### Remove

from the refrigerator.

For a more comfortable injection, you may want to allow the Pen to warm to room temperature for about 30 minutes. Do not microwave or run under hot water.



### Check

the label to make sure you have the correct medicine and it has not expired.

Expiration Date



### Inspect

the Pen to make sure that it is not damaged and inspect the medicine to make sure it is not cloudy, discoloured or has particles in it.

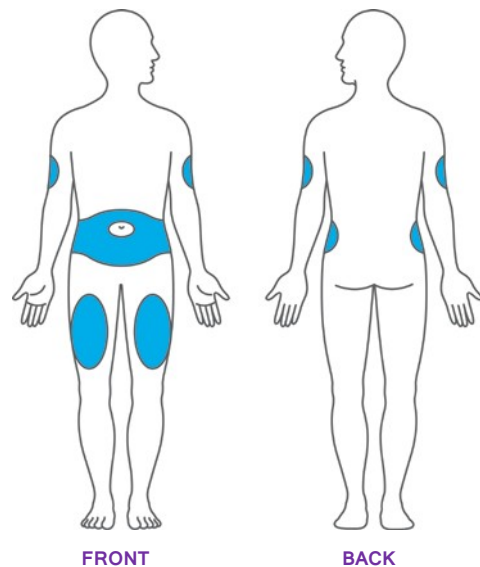


### Prepare

by washing your hands.

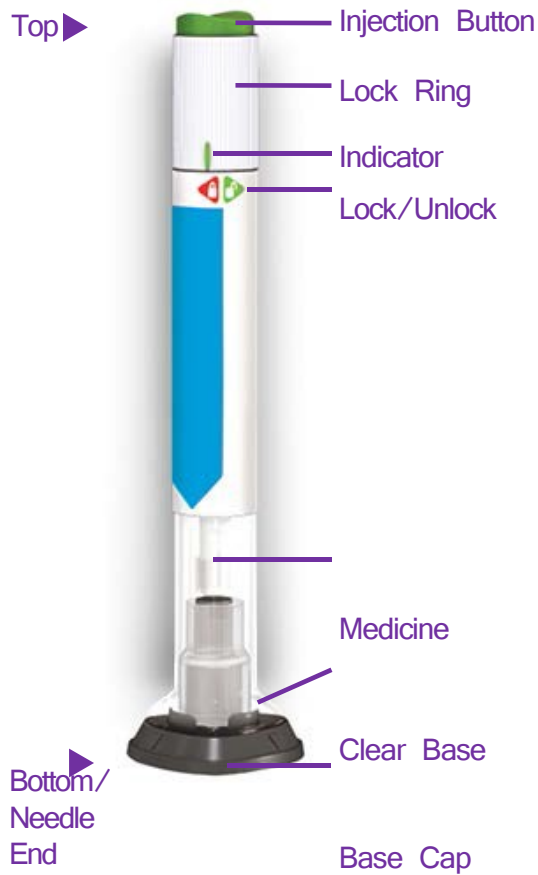
## CHOOSE YOUR INJECTION SITE

- Your healthcare provider can help you choose the injection site that is best for you.
- You may inject the medicine into your stomach (abdomen) or thigh.
- Another person may give you the injection in your upper arm.
- Change (rotate) your injection site each week. You may use the same area of your body, but be sure to choose a different injection site in that area.




Remember to:

1. UNCAP
2. PLACE AND UNLOCK
3. PRESS AND HOLD

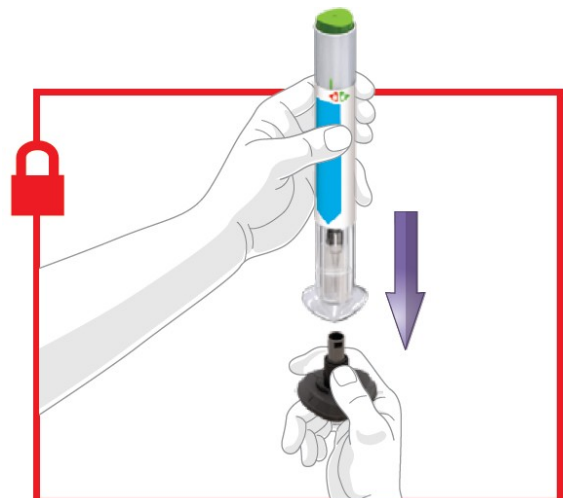


### 1 UNCAP

 Make sure the Pen is **locked**.


- Pull off and discard the gray Base Cap.

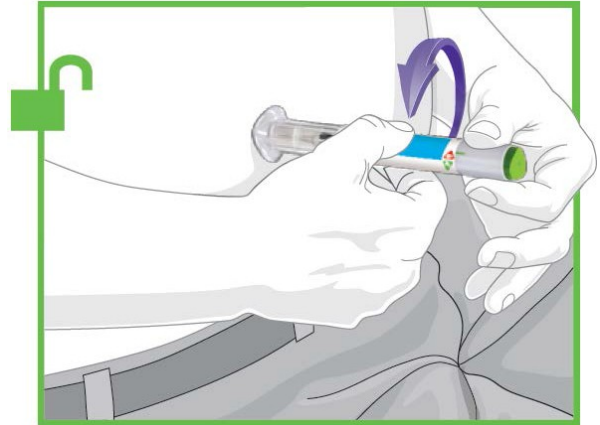
**Do not put the Base Cap back on – this could damage the needle. Do not touch the needle.**



## 2 PLACE AND UNLOCK


- Place the Clear Base flat and firmly against your skin at the injection site.

 **Unlock** by turning the Lock Ring.

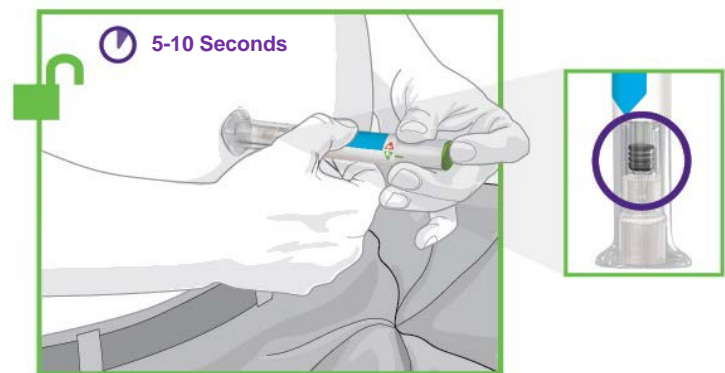


## 3 PRESS AND HOLD

- Press and hold the green Injection Button; you will hear a loud click.

 Continue holding the Clear Base firmly against your skin until you hear a second click. This occurs when the needle starts retracting in about 5-10 seconds.

- Remove the Pen from your skin.
- You will know your injection is complete when the gray part is visible.**



## IMPORTANT INFORMATION

Disposal of Pen

Storage and Handling

Commonly Asked Questions

Other Information

Where to Learn More

## DISPOSAL OF PEN

- Put the Pen in a closeable, puncture-resistant sharps container (like a biohazard container).
- Do not recycle the filled sharps container.
- Ask your healthcare provider about options available in your area to dispose of the sharps container properly.
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### **Manufactured by:**

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The information in this document is current as of the last revision date shown below. For the most current information please visit our website at [www.lilly.ca](http://www.lilly.ca) or contact us directly at 1-888-545-5972.

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Revision Date: Month YYYY

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