

PRODUCT MONOGRAPH  
INCLUDING PATIENT MEDICATION INFORMATION

<sup>N</sup>**FENTORA**<sup>TM</sup>  
fentanyl citrate

Buccal/Sublingual Effervescent Tablets  
100 mcg, 200 mcg, 400 mcg, 600 mcg, and 800 mcg fentanyl

Opioid Analgesic

**Date of Revision:** March 5, 2018

Distributed by:  
Teva Canada Limited  
Toronto, Ontario M1B 2K9

Manufactured for:  
Teva Canada Innovation  
Montréal, Quebec H2Z 1S8

**Submission Control No:** 210634

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# N FENTORA™

## PART I: HEALTH PROFESSIONAL INFORMATION

### SUMMARY PRODUCT INFORMATION

Route of Administration	Dosage Form / Strength	Nonmedicinal Ingredients
Buccal or Sublingual	Fentanyl tablets containing: 100 micrograms fentanyl (as 157 mcg fentanyl citrate) 200 micrograms fentanyl (as 314 mcg fentanyl citrate) 400 micrograms fentanyl (as 628 mcg fentanyl citrate) 600 micrograms fentanyl (as 943 mcg fentanyl citrate) 800 micrograms fentanyl (as 1257 mcg fentanyl citrate)	citric acid, magnesium stearate, mannitol, sodium bicarbonate, sodium carbonate, sodium starch glycolate

### INDICATIONS AND CLINICAL USE

#### Adults

FENTORA is indicated only for the management of breakthrough pain in cancer patients 18 years of age and older who are already receiving and who are tolerant to continuous opioid therapy for their persistent baseline cancer pain.

Patients considered opioid tolerant are those who are taking at least 60 mg of oral morphine daily or an equianalgesic dose of another opioid daily for a week or longer (see **WARNINGS AND PRECAUTIONS**).

All patients starting treatment with FENTORA must begin with titration from the 100 mcg dose (see **DOSAGE AND ADMINISTRATION**).

This product **must not** be used in opioid non-tolerant patients because life-threatening respiratory depression and death could occur at any dose in patients not on a chronic regimen of opioids. For this reason, FENTORA is contraindicated in the management of acute or post-operative pain, including headache/migraine, dental pain or use in the emergency room.

Note: FENTORA is contraindicated in all post-operative pain, including post-operative cancer pain if the patient is not already opioid tolerant. The addition of the qualifier “non cancer” may be confusing as it could be interpreted to mean that FENTORA can be used for post-operative pain after surgery for cancer or post-operatively for cancer pain, both of which can occur in opioid non-tolerant patients. The term “post-operative” already implies that the pain is due to surgery and not to cancer.

FENTORA is intended to be used only in the care of opioid tolerant cancer patients and only by

healthcare professionals who are knowledgeable of and skilled in the use of opioids to treat cancer pain.

**Geriatrics (> 65 years of age):**

Patients over the age of 65 years tended to titrate to slightly lower doses than younger patients.

Patients over the age of 65 years reported a slightly higher frequency for some adverse events specifically vomiting, constipation, and abdominal pain. Therefore, caution should be exercised in individually titrating FENTORA in elderly patients to provide adequate efficacy while minimizing risk.

In general, dose selection for an elderly patient should be cautious, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, concomitant disease or other drug therapy (see **ACTION AND CLINICAL PHARMACOLOGY, Special Populations and Conditions, Geriatrics**).

**Pediatrics (< 18 years of age)**

The safety and efficacy of FENTORA has not been studied in the pediatric population. Therefore the use of FENTORA is not recommended in patients under 18 years of age.

**CONTRAINDICATIONS**

- Opioid non-tolerant patients (use in acute or post-operative pain, including headache/migraine, dental pain or use in the emergency room).
- Patients who are hypersensitive to the active substance, fentanyl citrate, or other opioid analgesics or to any ingredient in the formulation. For a complete listing, see the **DOSAGE FORMS, COMPOSITION AND PACKAGING** section of the Product Monograph. Anaphylaxis and hypersensitivity have been reported in association with the use of oral transmucosal fentanyl products.
- Patients with known or suspected mechanical gastrointestinal obstruction (e.g., bowel obstruction or strictures) or any diseases/conditions that affect bowel transit (e.g., ileus of any type).
- Patients with suspected surgical abdomen (e.g., acute appendicitis or pancreatitis).
- Patients with acute or severe bronchial asthma, chronic obstructive airway, or status asthmaticus.
- Patients with acute respiratory depression, elevated carbon dioxide levels in the blood and cor pulmonale.
- Patients with acute alcoholism, delirium tremens, and convulsive disorders.
- Patients with severe CNS depression, increased cerebrospinal or intracranial pressure, and head injury.
- Patients taking monoamine oxidase (MAO) inhibitors (or within 14 days of such therapy).

## WARNINGS AND PRECAUTIONS

### SERIOUS WARNINGS AND PRECAUTIONS

#### Proper Patient Selection

**FENTORA (fentanyl buccal/sublingual effervescent tablets) is intended to be used only in the care of opioid tolerant patients with cancer and only by healthcare professionals who are knowledgeable of, and skilled in, the use of opioids to treat cancer pain.**

**FENTORA is an opioid analgesic indicated only for the management of breakthrough pain in cancer patients 18 years of age and older who are already receiving and who are tolerant to continuous opioid therapy for their persistent baseline cancer pain.** Patients considered opioid-tolerant are those who have taken at least 60 mg of oral morphine daily, at least 25 mcg/hr of transdermal fentanyl, at least 30 mg of oral oxycodone daily, at least 8 mg of oral hydromorphone daily, at least 25 mg oral oxymorphone daily, or an equianalgesic dose of another opioid daily for a week or longer.

**FENTORA is contraindicated for use in opioid non-tolerant patients including those using opioids intermittently, on an as needed basis.**

**Fentanyl products which are designed to manage breakthrough pain, including FENTORA, should not be used in patients who are receiving partial opioid agonists such as buprenorphine or agents with some opioid effects such as tramadol (see DRUG INTERACTIONS, Drug-Drug Interactions).**

#### Addiction, Abuse, and Misuse

**FENTORA poses risks of opioid addiction, abuse, and misuse, which can lead to overdose and death. Each patient's risk should be assessed prior to prescribing FENTORA, and all patients should be monitored regularly for the development of these behaviours or conditions (see WARNINGS AND PRECAUTIONS). FENTORA should be stored securely to avoid theft or misuse.**

#### Life-threatening Respiratory Depression: OVERDOSE

**Fatal respiratory depression has occurred in patients treated with FENTORA, including following use in opioid non-tolerant patients and improper dosing. The substitution of FENTORA for any other fentanyl product may result in fatal overdose. Infants exposed in-utero or through breast milk are at risk of life-threatening respiratory depression upon delivery or when nursed. Patients should be monitored for respiratory depression, especially during initiation of FENTORA or following a dose increase.**

**Due to the risk of respiratory depression, in opioid non-tolerant patients, FENTORA is contraindicated in the management of acute or post-operative pain, including headache/migraine, dental pain, or use in the emergency room.**

## SERIOUS WARNINGS AND PRECAUTIONS

Special care must be used when dosing with FENTORA. If the breakthrough pain episode is not relieved, patients should wait at least 4 hours before taking another dose (see DOSAGE AND ADMINISTRATION).

The concomitant use of FENTORA with cytochrome P450 3A4 inhibitors may result in an increase in fentanyl plasma concentrations, and may cause potentially fatal respiratory depression (see DRUG INTERACTIONS, Drug-Drug Interactions).

### Accidental Exposure

Accidental ingestion of even one dose of FENTORA, especially by children, can result in a fatal overdose of fentanyl (see DOSAGE AND ADMINISTRATION, Disposal, for instructions on proper disposal).

### Neonatal Opioid Withdrawal Syndrome

Prolonged maternal use of FENTORA during pregnancy can result in neonatal opioid withdrawal syndrome, which may be life-threatening (see WARNINGS AND PRECAUTIONS).

### Interaction with Alcohol

The co-ingestion of alcohol with FENTORA should be avoided as it may result in dangerous additive effects, causing serious injury or death (see WARNINGS AND PRECAUTIONS and DRUG INTERACTIONS).

### Medication Errors

When prescribing, do not convert patients on a mcg per mcg basis from any other transmucosal fentanyl product to FENTORA. If patients are using other opioid-containing products for breakthrough pain, they MUST be started on FENTORA at the initial dose of 100 mcg.

Regardless of the opioid dose used for the baseline cancer pain, patients beginning treatment with FENTORA must begin with titration from the 100 mcg dose (see DOSAGE AND ADMINISTRATION).

When dispensing, do not substitute a FENTORA prescription for any other fentanyl product. Substantial differences exist in the pharmacokinetic profile of FENTORA compared to other fentanyl products that result in clinically important differences in the extent of absorption of fentanyl. As a result of these differences, the substitution of FENTORA for any other fentanyl product may result in fatal overdose. FENTORA is NOT a generic version of any other fentanyl product.

Patients and their caregivers must be instructed that FENTORA contains a medicine in an amount which can be fatal to children, in individuals for whom it is not prescribed,

## SERIOUS WARNINGS AND PRECAUTIONS

and in those who are not opioid tolerant. All units must be kept out of the reach and sight of children and opened units properly discarded.

Further, instruct patients of the hazards related to taking opioids including fatal overdose.

### **Risks From Concomitant Use With Benzodiazepines Or Other CNS Depressants**

Concomitant use of opioids with benzodiazepines or other central nervous system (CNS) depressants, including alcohol, may result in profound sedation, respiratory depression, coma, and death (see WARNINGS AND PRECAUTIONS, Neurologic and DRUG INTERACTIONS).

- Reserve concomitant prescribing of FENTORA and benzodiazepines or other CNS depressants for use in patients for whom alternative treatment options are inadequate.
- Limit dosages and durations to the minimum required.
- Follow patients for signs and symptoms of respiratory depression and sedation.

### **General**

It is important that the continuous opioid treatment used to treat the patient's persistent pain has been stabilized before starting FENTORA therapy. In cases where patients regularly experience more than 4 breakthrough pain episodes per day, increasing the opioid maintenance dose has to be considered before starting the titration process.

**Patients should be instructed not to give FENTORA (fentanyl) tablets to anyone other than the patient for whom it was prescribed, as such inappropriate use may have severe medical consequences, including death. FENTORA should be stored securely to avoid theft or misuse.**

**FENTORA should only be prescribed by persons knowledgeable in the continuous administration of potent opioids, in the management of patients receiving potent opioids for the treatment of pain, and in the detection and management of respiratory depression, including the use of opioid antagonists.**

Patients should be cautioned not to consume alcohol while taking FENTORA as it may increase the chance of experiencing serious adverse events, including death.

Hyperalgesia that will not respond to a further dose increase of fentanyl can occur at particularly high doses. A fentanyl dose reduction or change in opioid may be required.

### **Abuse and Misuse**

Like all opioids, FENTORA is a potential drug of abuse and misuse, which can lead to overdose and death. Therefore, FENTORA should be prescribed and handled with caution.

All patients receiving opioids should be routinely monitored for signs of misuse and abuse.

Opioids, such as **FENTORA**, should be used with particular care in patients with a history of alcohol and illicit/prescription drug abuse. However, concerns about abuse, addiction, and diversion should not prevent the proper management of pain.

**FENTORA** is intended for oral use only. The tablets should be placed between the cheek and gum, or under the tongue, and allowed to dissolve (see **DOSAGE AND ADMINISTRATION, Administration of FENTORA**). Abuse of oral dosage forms can be expected to result in serious adverse events, including death.

### **Carcinogenesis and Mutagenesis**

See **TOXICOLOGY** section.

### **Cardiovascular**

Fentanyl administration may result in severe hypotension in patients whose ability to maintain adequate blood pressure is compromised by reduced blood volume, or concurrent administration of drugs such as phenothiazines and other tranquilizers, sedative/hypnotics, tricyclic antidepressants or general anesthetics. These patients should be monitored for signs of hypotension after initiating or titrating the dose of **FENTORA**.

The use of **FENTORA** in patients with circulatory shock should be avoided as it may cause vasodilation that can further reduce cardiac output and blood pressure.

Intravenous fentanyl may produce bradycardia. Therefore, use **FENTORA** with caution in patients with bradyarrhythmias.

### **Dependence/Tolerance**

As with other opioids, tolerance and physical dependence may develop upon repeated administration of **FENTORA** and there is a potential for development of psychological dependence.

Physical dependence and tolerance reflect the neuroadaptation of the opioid receptors to chronic exposure to an opioid, and are separate and distinct from abuse and addiction. Tolerance, as well as physical dependence, may develop upon repeated administration of opioids, and are not by themselves evidence of an addictive disorder or abuse.

Patients on prolonged therapy should be tapered gradually from the drug if it is no longer required for pain control. Withdrawal symptoms may occur following abrupt discontinuation of therapy or upon administration of an opioid antagonist. Some of the symptoms that may be associated with abrupt withdrawal of an opioid analgesic include body aches, diarrhea, gooseflesh, loss of appetite, nausea, nervousness or restlessness, anxiety, runny nose, sneezing, tremors or shivering, stomach cramps, tachycardia, trouble with sleeping, unusual increase in sweating, palpitations, unexplained fever, weakness and yawning (see **ADVERSE REACTIONS, DOSAGE AND ADMINISTRATION, Adjustment or Reduction of Dosage**).



The administration of FENTORA should be guided by the response of the patient. Physical dependence, per se, is not ordinarily a concern when one is treating a patient with cancer and chronic pain, and fear of tolerance and physical dependence should not deter using doses that adequately relieve the pain.

### **Use in Drug and Alcohol Addiction**

FENTORA is an opioid with no approved use in the management of addictive disorders. Its proper usage in individuals with drug or alcohol dependence, either active or in remission, is for the management of breakthrough cancer pain requiring opioid analgesia. Patients with a history of addiction to drugs or alcohol may be at higher risk of becoming addicted to FENTORA; extreme caution and awareness is warranted to mitigate the risk.

### **Gastrointestinal Effects**

FENTORA and other morphine-like opioids have been shown to decrease bowel motility. Fentanyl may obscure the diagnosis or clinical course of patients with acute abdominal conditions (see **CONTRAINDICATIONS**).

### **Neonatal Opioid Withdrawal Syndrome (NOWS)**

Prolonged maternal use of opioids during pregnancy can result in withdrawal signs in the neonate. Neonatal opioid withdrawal syndrome, unlike opioid withdrawal syndrome in adults, may be life-threatening.

Neonatal opioid withdrawal syndrome presents as irritability, hyperactivity and abnormal sleep pattern, high pitched cry, tremor, vomiting, diarrhea and failure to gain weight. The onset, duration, and severity of neonatal opioid withdrawal syndrome vary based on the specific opioid used, duration of use, timing and amount of last maternal use, and rate of elimination of the drug by the newborn.

FENTORA is not recommended to be used in pregnant women unless, in the judgement of the physician, the potential benefits outweigh the risks. If FENTORA was used during pregnancy, special attention to NOWS is warranted.

### **Neurologic**

**Serotonin Syndrome:** FENTORA could cause a rare but potentially life-threatening condition resulting from concomitant administration of serotonergic drugs (e.g. anti-depressants, migraine medications). Treatment with the serotonergic drug should be discontinued if such events (characterized by clusters of symptoms such as hyperthermia, rigidity, myoclonus, autonomic instability with possible rapid fluctuations of vital signs, mental status changes including confusion, irritability, extreme agitation progressing to delirium and coma) occur and supportive symptomatic treatment should be initiated. FENTORA should not be used in combination with MAO inhibitors or serotonin-precursors (such as L-tryptophan, oxitriptan) and should be used with caution in combination with other serotonergic drugs (triptans, certain tricyclic antidepressants, lithium, tramadol, St. John's Wort) due to the risk of serotonergic syndrome (see **DRUG INTERACTIONS**).

## **Endocrine**

**Adrenal Insufficiency:** Cases of adrenal insufficiency have been reported with opioid use, more often following greater than one month of use. Presentation of adrenal insufficiency may include non-specific symptoms and signs including nausea, vomiting, anorexia, fatigue, weakness, dizziness, and low blood pressure. If adrenal insufficiency is suspected, confirm the diagnosis with diagnostic testing as soon as possible. If adrenal insufficiency is diagnosed, treat with physiologic replacement doses of corticosteroids. Wean the patient off of the opioid to allow adrenal function to recover and continue corticosteroid treatment until adrenal function recovers. Other opioids may be tried as some cases reported use of a different opioid without recurrence of adrenal insufficiency. The information available does not identify any particular opioids as being more likely to be associated with adrenal insufficiency.

**Interactions with Central Nervous System Depressants (including benzodiazepines and alcohol):** Fentanyl should be used with caution and in a reduced dosage during concomitant administration of other opioid analgesics, general anesthetics, phenothiazines and other tranquilizers, sedative-hypnotics, tricyclic antidepressants, antipsychotics, antihistamines, benzodiazepines, centrally-active anti-emetics and other CNS depressants. Respiratory depression, hypotension and profound sedation, coma or death may result.

Observational studies have demonstrated that concomitant use of opioid analgesics and benzodiazepines increases the risk of drug-related mortality compared to use of opioid analgesics alone. Because of similar pharmacological properties, it is reasonable to expect similar risk with the concomitant use of other CNS depressant drugs with opioid analgesics (see **DRUG INTERACTIONS**). If the decision is made to prescribe a benzodiazepine or other CNS depressant concomitantly with an opioid analgesic, prescribe the lowest effective dosages and minimum durations of concomitant use. In patients already receiving an opioid analgesic, prescribe a lower initial dose of the benzodiazepine or other CNS depressant than indicated in the absence of an opioid, and titrate based on clinical response. If an opioid analgesic is initiated in a patient already taking a benzodiazepine or other CNS depressant, prescribe a lower initial dose of the opioid analgesic, and titrate based on clinical response. Follow patients closely for signs and symptoms of respiratory depression and sedation.

Advise both patients and caregivers about the risks of respiratory depression and sedation when FENTORA is used with benzodiazepines or other CNS depressants (including alcohol and illicit drugs). Advise patients not to drive or operate heavy machinery until the effects of concomitant use of the benzodiazepine or other CNS depressant have been determined. Screen patients for risk of substance use disorders, including opioid abuse and misuse, and warn them of the risk for overdose and death associated with the use of additional CNS depressants including alcohol and illicit drugs (see **DRUG INTERACTIONS**).

FENTORA should not be consumed with alcohol as it may increase the chance of experiencing dangerous side effects, including death (see **CONTRAINDICATIONS** and **ADVERSE REACTIONS, Sedation**, and **DRUG INTERACTIONS**).

Severe pain antagonizes the subjective and respiratory depressant actions of opioid analgesics. Should pain suddenly subside, these effects may rapidly become manifest.

**Head Injury:** The respiratory depressant effects of fentanyl, and the capacity to elevate cerebrospinal fluid pressure, may be greatly increased in the presence of an already elevated intracranial pressure produced by trauma. Also, fentanyl may produce confusion, miosis, vomiting and other side effects which obscure the clinical course of patients with head injury. In such patients, fentanyl must be used with extreme caution and only if it is judged essential (see **CONTRAINDICATIONS**).

### **Psychomotor Impairment**

FENTORA may impair the mental and/or physical abilities needed for certain potentially hazardous activities such as driving a car or operating machinery. Patients should be cautioned accordingly. Patients should also be cautioned about the combined effects of fentanyl with other CNS depressants, including other opioids, phenothiazine, sedative/hypnotics and alcohol.

### **Respiratory**

**Respiratory Depression:** Serious, life-threatening, or fatal respiratory depression has been reported with the use of opioids, even when used as recommended. Respiratory depression from opioid use, if not immediately recognized and treated, may lead to respiratory arrest and death. Management of respiratory depression may include close observation, removal of the tablet if still in the mouth, supportive measures, and use of opioid antagonists, depending on the patient's clinical status. Fentanyl should be used with extreme caution in patients with substantially decreased respiratory reserve, pre-existing respiratory depression, hypoxia or hypercapnia (see **CONTRAINDICATIONS**).

While serious, life-threatening, or fatal respiratory depression can occur at any time during the use of FENTORA, the risk is greatest during the initiation of therapy or following a dose increase. Patients should be closely monitored for respiratory depression when initiating therapy with FENTORA and following dose increases.

Life-threatening respiratory depression is more likely to occur in the elderly, cachectic, or debilitated patients because they may have altered pharmacokinetics or altered clearance compared to younger, healthier patients.

To reduce the risk of respiratory depression, proper dosing and titration of FENTORA are essential (see **WARNINGS AND PRECAUTIONS, Special Populations, Special Risk Groups**, and **DOSAGE AND ADMINISTRATION**).

**Use in Patients with Chronic Pulmonary Disease:** Monitor patients with significant chronic obstructive pulmonary disease or cor pulmonale, and patients having a substantially decreased respiratory reserve, hypoxia, hypercapnia, or preexisting respiratory depression for respiratory depression, particularly when initiating therapy and titrating with FENTORA, as in these patients, even usual therapeutic doses of FENTORA may decrease respiratory drive to the point of apnea. The use of FENTORA is contraindicated in patients with acute or severe bronchial asthma, chronic obstructive airway, or status asthmaticus (see **CONTRAINDICATIONS**).

### **Concomitant Use of CYP3A4 Inhibitors**

Concomitant use with inhibitors of cytochrome P450 3A4 isoform (e.g., erythromycin, ketoconazole, and certain protease inhibitors) may increase fentanyl levels, resulting in increased depressant effects (see **DRUG INTERACTIONS**).

### **Concomitant Use of MAO Inhibitors**

FENTORA is not recommended for use in patients who have received MAO inhibitors within 14 days, because severe and unpredictable potentiation by MAO inhibitors has been reported with opioid analgesics.

### **Sexual Function/Reproduction**

Long-term use of opioids may be associated with decreased sex hormone levels and symptoms such as low libido, erectile dysfunction, or infertility (see **ADVERSE REACTIONS, Post-Marketing Experience**).

### **Special Populations**

**Special Risk Groups:** Fentanyl should be administered with caution to patients with a history of alcohol and drug abuse and in a reduced dosage to debilitated patients, and in patients with severely impaired pulmonary function, Addison's disease, hypothyroidism, myxedema, toxic psychosis, prostatic hypertrophy or urethral stricture.

**Pregnant Women:** Studies in humans have not been conducted. FENTORA crosses the placental barrier and is not recommended to be administered to pregnant women unless, in the judgment of the physician, potential benefits outweigh the risks (see **WARNINGS AND PRECAUTIONS, Special Populations, Labour, Delivery and Nursing Women**).

Chronic maternal treatment with fentanyl during pregnancy has been associated with transient respiratory depression, behavioral changes, or seizures characteristic of neonatal abstinence syndrome in newborn infants. Symptoms of neonatal respiratory or neurological depression were no more frequent than expected in most studies of infants born to women treated acutely during labor with intravenous or epidural fentanyl. Transient neonatal muscular rigidity has been observed in infants whose mothers were treated with intravenous fentanyl.

Prolonged maternal use of opioids during pregnancy can result in withdrawal signs in the neonate. Neonatal Opioid Withdrawal Syndrome (NOWS), unlike opioid withdrawal syndrome in adults, can be life-threatening (see **WARNINGS AND PRECAUTIONS, Neonatal Opioid Withdrawal Syndrome (NOWS), ADVERSE REACTIONS, Post-Marketing Experience**).

Pregnant women using opioids should not discontinue their medication abruptly as this can cause pregnancy complication such as miscarriage or still-birth. Tapering should be slow and under medical supervision to avoid serious adverse events to the fetus.

Fentanyl is embryocidal as evidenced by increased resorptions in pregnant rats at doses of 30 mcg/kg IV or 160 mcg/kg SC. Conversion to human equivalent doses indicates this is within the range of the human recommended dosing for FENTORA.

Fentanyl citrate was not teratogenic when administered to pregnant animals.

Studies were conducted assessing subcutaneous administration of fentanyl citrate to pregnant rats at doses of 0, 25, 50, or 100 mcg/kg/day from gestation Day 6 through 17 and to pregnant rabbits at doses of 50, 100, or 250 mcg/kg/day from gestation Day 6 through 18. The high dose in rats was approximately 1.2 times the human dose of 800 mcg per pain episode on a mg/m<sup>2</sup> basis. The high dose in rabbits was approximately 6 times the human dose of 800 mcg per pain episode on a mg/m<sup>2</sup> basis. There were no fentanyl-related external, visceral, or skeletal malformations or developmental variations noted (see **TOXICOLOGY**).

Published studies demonstrated that administration of fentanyl (10, 100, or 500 mcg/kg/day) to pregnant rats from Day 7 to 21, was not teratogenic. The high dose was approximately 6-times the human dose of 800 mcg per pain episode on a mg/m<sup>2</sup> basis). Intravenous administration of fentanyl (10 or 30 mcg/kg/day) to pregnant female rats from gestation Day 6 to 18, was embryo or fetal toxic, and caused a slightly increased mean delivery time in the 30 mcg/kg/day group, but was not teratogenic.

**Labour, Delivery and Nursing Women:** Since opioids can cross the placental barrier and are excreted in breast milk, FENTORA is not recommended to be used in nursing women and during labour and delivery unless, in the judgement of the physician, the potential benefits outweigh the risks. Life-threatening respiratory depression can occur in the infant if opioids are administered to the mother. Naloxone, a drug that counters the effects of opioids, should be readily available if FENTORA is used in this population.

**Pediatrics (< 18 years of age):** The safety and efficacy of FENTORA have not been studied in the pediatric population. Therefore, use of FENTORA is not recommended in patients under 18 years of age.

**Geriatrics (> 65 years of age):** In general, dose selection for an elderly patient should be cautious, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy (see **DOSAGE AND ADMINISTRATION** and **ACTION AND CLINICAL PHARMACOLOGY, Special Populations and Conditions, Geriatrics**).

Of the 358 patients with cancer in clinical studies of FENTORA, 76 (21%) were 65 years of age and older. Patients over the age of 65 years tended to titrate to slightly lower doses than younger patients. Patients over the age of 65 years reported a slightly higher frequency for some adverse events specifically vomiting, constipation, and abdominal pain. Therefore, caution should be exercised in individually titrating FENTORA in elderly patients to provide adequate efficacy while minimizing risk.

**Patients with Hepatic Impairment:** FENTORA should be administered with caution to patients with liver dysfunction. The influence of liver impairment on the pharmacokinetics of FENTORA has not been determined. However, the clearance of intravenously administered fentanyl is decreased in hepatic disease due to alterations in metabolic clearance and plasma proteins (see **DOSAGE AND ADMINISTRATION** and **ACTION AND CLINICAL**

## PHARMACOLOGY).

**Patients with Renal Impairment:** The influence of renal impairment on the pharmacokinetics of FENTORA has not been determined. FENTORA should be administered with caution to patients with renal impairment due to the potential for reduced renal excretion of fentanyl (see **DOSAGE AND ADMINISTRATION** and **ACTION AND CLINICAL PHARMACOLOGY**).

### **Patients with Biliary/Pancreatic Disease:**

Fentanyl may cause spasm of the sphincter of Oddi and FENTORA should be used with caution in patients with biliary tract disease, including acute pancreatitis. Opioids may cause increases in serum amylase concentration.

## ADVERSE REACTIONS

### **Adverse Drug Reaction Overview**

Commonly observed adverse events seen with FENTORA (fentanyl buccal/sublingual effervescent tablet) are similar to those of other opioid analgesics, and represent an extension of pharmacological effects of the drug class. These include, but are not limited to, nausea, vomiting, constipation, fatigue, headache, and dizziness.

The major hazards of opioids include respiratory and central nervous system depression and to a lesser degree, circulatory depression, respiratory arrest, shock and cardiac arrest. Opioid side effects should be expected and managed accordingly.

### **Clinical Trial Adverse Drug Reactions**

*Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.*

The clinical trials of FENTORA were designed to evaluate safety and efficacy in treating patients with cancer and breakthrough pain; all patients were taking concomitant opioids, such as sustained-release morphine, sustained-release oxycodone or transdermal fentanyl, for their persistent pain.

The safety of FENTORA has been evaluated in 2 double-blind, placebo-controlled studies and 1 12-month, open-label study which comprised 358 opioid-tolerant cancer patients with breakthrough pain. Over a third (37%) of the patients received study drug for at least 3 months and 80 (22%) patients received study drug for at least 6 months.

The adverse event data presented here reflect the actual percentage of patients experiencing each adverse effect among patients who received FENTORA for breakthrough pain along with a concomitant opioid for persistent pain. There has been no attempt to correct for concomitant use of other opioids, duration of FENTORA therapy or cancer-related symptoms.

**Common Clinical Trial Adverse Drug Reactions (> 5%)**

Table 1 lists, by maximum dose received, adverse events with an overall frequency of 5% or greater within the total population that occurred during titration. The ability to assign a dose-response relationship to these adverse events is limited by the titration schemes used in these studies.

**Table 1 Adverse Events which Occurred During Titration at a Frequency of  $\geq$  5%**

System organ class MedDRA preferred term, n (%)	Number (%) of patients <sup>a</sup>					
	Maximum Titration Dose of FENTORA					
	100 mcg (N=43)	200 mcg (N=36)	400 mcg (N=66)	600 mcg (N=65)	800 mcg (N=147)	Total (N=358 <sup>b</sup> )
<b>Gastrointestinal disorders</b>						
Nausea	5 (12)	6 (17)	15 (23)	15 (23)	18 (12)	59 (16)
Vomiting	1 (2)	2 (6)	4 (6)	9 (14)	3 (2)	19 (5)
<b>General disorders and administration site conditions</b>						
Fatigue	3 (7)	2 (6)	6 (9)	3 (5)	6 (4)	20 (6)
<b>Nervous system disorders</b>						
Dizziness	4 (9)	2 (6)	12 (18)	21 (32)	24 (16)	64 (18)
Headache	1 (2)	3 (8)	5 (8)	8 (12)	11 (7)	28 (8)
Somnolence	1 (2)	2 (6)	6 (9)	8 (12)	4 (3)	21 (6)

<sup>a</sup> Patients are counted only once in each preferred term category and only once in each system organ class category.

<sup>b</sup> Successful dose was missing for 1 patient.

MedDRA=Medical Dictionary for Regulatory Activities.

Table 2 lists, by successful dose, adverse events with an overall frequency of  $\geq$  5% within the total population that occurred after a successful dose had been determined.

**Table 2 Adverse Events which Occurred During Long-Term Treatment at a Frequency of  $\geq 5\%$**

System organ class MedDRA preferred term, n (%)	Number (%) of patients <sup>a</sup>					
	Successful Dose of FENTORA					
	100 mcg (N=21)	200 mcg (N=33)	400 mcg (N=53)	600 mcg (N=58)	800 mcg (N=74)	Total (N=239)
<b>Blood and lymphatic system disorders</b>						
Anemia	7 (33)	5 (15)	5 (9)	7 (12)	7 (9)	31 (13)
Neutropenia	1 (5)	2 (6)	1 (2)	5 (9)	6 (8)	15 (6)
<b>Gastrointestinal disorders</b>						
Nausea	9 (43)	5 (15)	18 (34)	20 (34)	19 (26)	71 (30)
Vomiting	8 (38)	7 (21)	11 (21)	13 (22)	12 (16)	51 (21)
Constipation	7 (33)	5 (15)	6 (11)	8 (14)	8 (11)	34 (14)
Abdominal pain	2 (10)	4 (12)	5 (9)	9 (16)	5 (7)	25 (10)
Diarrhoea	4 (19)	1 (3)	5 (9)	6 (10)	6 (8)	22 (9)
Stomatitis	1 (5)	3 (9)	4 (8)	2 (3)	3 (4)	13 (5)
Dyspepsia	1 (5)	1 (3)	3 (6)	2 (3)	5 (7)	12 (5)
<b>General disorders and administration site conditions</b>						
Fatigue	4 (19)	3 (9)	10 (19)	11 (19)	12 (16)	40 (17)
Oedema peripheral	8 (38)	4 (12)	4 (8)	8 (14)	8 (11)	32 (13)
Asthenia	4 (19)	5 (15)	2 (4)	6 (10)	10 (14)	27 (11)
Pyrexia	1 (5)	6 (18)	1 (2)	7 (12)	4 (5)	19 (8)
<b>Infections and infestations</b>						
Pneumonia	2 (10)	5 (15)	4 (8)	4 (7)	6 (8)	21 (9)
Urinary tract infection	0	2 (6)	2 (4)	5 (9)	6 (8)	15 (6)
<b>Investigations</b>						
Weight decreased	2 (10)	1 (3)	4 (8)	4 (7)	7 (9)	18 (8)
<b>Metabolism and nutrition disorders</b>						
Dehydration	4 (19)	0	4 (8)	7 (12)	9 (12)	24 (10)
Anorexia	2 (10)	2 (6)	6 (11)	5 (9)	8 (11)	23 (10)
Hypokalemia	0	2 (6)	0	2 (3)	9 (12)	13 (5)
<b>Musculoskeletal and connective tissue disorders</b>						
Arthralgia	0	1 (3)	6 (11)	5 (9)	5 (7)	17 (7)
Back pain	3 (14)	0	3 (6)	7 (12)	3 (4)	16 (7)
Pain in extremity	1 (5)	0	2 (4)	4 (7)	4 (5)	11 (5)
<b>Neoplasms benign, malignant, and unspecified (including cysts and polyps)</b>						
Cancer pain	3 (14)	1 (3)	3 (6)	4 (7)	1 (1)	12 (5)
<b>Nervous system disorders</b>						
Headache	2 (10)	1 (3)	5 (9)	9 (16)	14 (19)	31 (13)
Dizziness	5 (24)	3 (9)	5 (9)	8 (14)	7 (9)	28 (12)



System organ class MedDRA preferred term, n (%)	Number (%) of patients <sup>a</sup>					
	Successful Dose of FENTORA					
	100 mcg (N=21)	200 mcg (N=33)	400 mcg (N=53)	600 mcg (N=58)	800 mcg (N=74)	Total (N=239)
<b>Psychiatric disorders</b>						
Depression	2 (10)	1 (3)	7 (13)	7 (12)	7 (9)	24 (10)
Confusional state	4 (19)	1 (3)	2 (4)	4 (7)	5 (7)	16 (7)
Anxiety	0	2 (6)	3 (6)	6 (10)	4 (5)	15 (6)
Insomnia	2 (10)	1 (3)	5 (9)	2 (3)	4 (5)	14 (6)
<b>Respiratory, thoracic and mediastinal disorders</b>						
Dyspnoea	1 (5)	5 (15)	1 (2)	8 (14)	3 (4)	18 (8)
Cough	2 (10)	0	3 (6)	5 (9)	6 (8)	16 (7)

<sup>a</sup> Preferred terms are sorted by descending order of incidence within system organ class. Patients are counted only once in each preferred term category and only once in each system organ class category.

MedDRA=Medical Dictionary for Regulatory Activities.

A small number of patients (n=11) with Grade 1 oral mucositis were included in clinical trials designed to support the safety of FENTORA. There was no evidence of excess toxicity in this subset of patients. Additionally, in an open-label study in opioid-tolerant patients with cancer, the safety profiles were found to be comparable in patients with (n = 8) and without (n = 8) oral mucositis (Grade 1) after administration of a single dose of FENTORA 200 mcg.

**Application site reactions:** In the 3 clinical trials, 9% of all patients exposed to FENTORA reported application site reactions. These reactions ranged from paresthesia to ulceration and bleeding. Application site reactions occurring in  $\geq 1\%$  of patients were pain (3%), ulcer (3%), irritation (2%), and paresthesia (1%). Application site reactions tended to occur early in treatment, were self-limited and only resulted in treatment discontinuation for 2% of patients.

**Sedation:** Sedation is a common side effect of opioid analgesics, especially in opioid naïve individuals. (FENTORA is contraindicated for use in opioid non-tolerant patients.) Sedation may also occur partly because patients often recuperate from prolonged fatigue after the relief of persistent pain. Most patients develop tolerance to the sedative effects of opioids within three to five days and, if the sedation is not severe, will not require any treatment except reassurance. If excessive sedation persists beyond a few days, the dose of the opioid should be reduced and alternate causes investigated. Some of these are: concurrent CNS depressant medication, hepatic or renal dysfunction, brain metastases, hypercalcemia and respiratory failure. If it is necessary to reduce the dose, it can be carefully increased again after three or four days if it is obvious that the pain is not being well controlled. Dizziness and unsteadiness may be caused by postural hypotension, particularly in elderly or debilitated patients, and may be alleviated if the patient lies down.

**Nausea and Vomiting:** Nausea is a common side effect on initiation of therapy with opioid analgesics and is thought to occur by activation of the chemoreceptor trigger zone, stimulation of the vestibular apparatus and through delayed gastric emptying. The prevalence of nausea declines following continued treatment with opioid analgesics. When instituting therapy with an

opioid for chronic pain, the routine prescription of an antiemetic should be considered. In the cancer patient, investigation of nausea should include such causes as constipation, bowel obstruction, uremia, hypercalcemia, hepatomegaly, tumor invasion of celiac plexus and concurrent use of drugs with emetogenic properties. Persistent nausea which does not respond to dosage reduction may be caused by opioid-induced gastric stasis and may be accompanied by other symptoms including anorexia, early satiety, vomiting and abdominal fullness. These symptoms respond to chronic treatment with gastrointestinal prokinetic agents.

**Constipation:** Practically all patients become constipated while taking opioids on a persistent basis. In some patients, particularly the elderly or bedridden, fecal impaction may result. It is essential to caution the patients in this regard and to institute an appropriate regimen of bowel management at the start of prolonged opioid therapy. Stimulant laxatives, stool softeners, and other appropriate measures should be used as required. As fecal impaction may present as overflow diarrhea, the presence of constipation should be excluded in patients on opioid therapy prior to initiating treatment for diarrhea.

The following adverse effects occur less frequently with opioid analgesics and include those reported in FENTORA clinical trials, whether related or not to fentanyl.

**Less Common Clinical Trial Adverse Drug Reactions ( $\geq 1\%$  and  $< 5\%$ )**

The following adverse events were reported in the administration of FENTORA at a frequency between  $\geq 1\%$  and  $< 5\%$ :

**Blood and lymphatic system disorders:** Leukopenia, lymphadenopathy, pancytopenia, thrombocytopenia

**Cardiac disorders:** Atrial fibrillation, tachycardia

**Gastrointestinal disorders:** Abdominal distension, abdominal pain upper, ascites, dry mouth, dyspepsia, dysphagia, food poisoning, gastroesophageal reflux disease, gingival pain, glossodynia, mouth ulceration, oral mucosal discolouration, stomach discomfort

**General disorders and administration site conditions:** Application site irritation, application site pain, application site paraesthesia, application site ulcer, chest pain, chills, gait disturbance, oedema, pain

**Hepatobiliary disorders:** Jaundice

**Infections and infestations:** Bronchitis, cellulitis, gastroenteritis viral, influenza, nasopharyngitis, oral candidiasis, sepsis, sinusitis, tooth abscess, upper respiratory tract infection

**Injury, poisoning and procedural complications:** Contusion, fall, spinal compression fracture

**Investigations:** Alanine aminotransferase increased, aspartate aminotransferase increased, blood alkaline phosphatase increased, blood glucose increased, breath sounds abnormal, haematocrit decreased, haemoglobin decreased, platelet count decreased

**Metabolism and nutrition disorders:** Decreased appetite, electrolyte imbalance, fluid retention, hypercalcaemia, hypoalbuminaemia, hypomagnesaemia, hyponatraemia, oral intake reduced

**Musculoskeletal and connective tissue disorders:** Bone pain, chest wall pain, flank pain, muscle spasms, muscular weakness, myalgia, neck pain, osteoporosis, pain in extremity, shoulder pain

**Neoplasms benign, malignant and unspecified (incl cysts and polyps):** Breast cancer, breast cancer metastatic, cancer pain, cervix carcinoma, colon cancer, colon cancer metastatic, lung cancer metastatic, lung neoplasm malignant, non-small cell lung cancer, pancreatic carcinoma

**Nervous system disorders:** Balance disorder, dysgeusia, hypoaesthesia, lethargy, migraine, neuropathy, neuropathy peripheral, paraesthesia, tremor, sedation

**Psychiatric disorders:** Disorientation, euphoric mood, hallucination, insomnia, nervousness

**Renal and urinary disorders:** Dysuria, renal failure

**Respiratory, thoracic and mediastinal disorders:** Dyspnoea exertional, epistaxis, haemoptysis, pharyngolaryngeal pain, pleural effusion, productive cough, pulmonary embolism, respiratory failure, wheezing

**Skin and subcutaneous tissue disorders:** Alopecia, cold sweat, erythema, hyperhidrosis, night sweats, pruritus, rash

**Vascular disorders:** Deep vein thrombosis, flushing, hot flush, hypertension, hypotension, pallor

### **Post-marketing Experience**

Spontaneous reports received are consistent with the safety profile observed in clinical trials. The following additional adverse reactions have been identified during the post-marketing experience:

**General disorders and administration site conditions:** Drug tolerance

**Immune system disorders:** hypersensitivity reactions (including rash, erythema, lip and face swelling, and urticaria)

**Nervous system disorders:** Loss of consciousness

**Respiratory, thoracic, and mediastinal disorders:** Respiratory arrest

**Androgen deficiency:** Chronic use of opioids may influence the hypothalamic-pituitary-gonadal axis, leading to androgen deficiency that may manifest as low libido, impotence, erectile dysfunction, amenorrhea, or infertility. The causal role of opioids in the clinical syndrome of

hypogonadism is unknown because the various medical, physical, lifestyle, and psychological stressors that may influence gonadal hormone levels have not been adequately controlled for in studies conducted to date. Patients presenting with symptoms of androgen deficiency should undergo laboratory evaluation.

## DRUG INTERACTIONS

### Serious Drug Interactions

- The concomitant use of FENTORA with cytochrome P450 3A4 inhibitors may result in an increase in fentanyl plasma concentrations, and may cause potentially fatal respiratory depression.
- FENTORA is not recommended for use in patients who have received MAO inhibitors within 14 days.

### Overview

**CYP3A4 Inhibitors:** Fentanyl is metabolized mainly via the human CYP3A4 isoenzyme system; therefore potential interactions may occur when FENTORA is given concurrently with agents that affect CYP3A4 activity. The concomitant use of FENTORA with CYP3A4 inhibitors (e.g., indinavir, nelfinavir, ritonavir, clarithromycin, itraconazole, ketoconazole, nefazodone, saquinavir, telithromycin, aprepitant, diltiazem, erythromycin, fluconazole, grapefruit juice, verapamil, or cimetidine) may result in a potentially dangerous increase in fentanyl plasma concentrations, which could increase or prolong adverse drug effects and may cause potentially fatal respiratory depression. Patients receiving FENTORA who begin therapy with, or increase the dose of, CYP3A4 inhibitors should be carefully monitored for signs of opioid toxicity over an extended period of time. Dosage increase should be done cautiously (see **WARNINGS AND PRECAUTIONS**).

**CYP3A4 Inducers:** The concomitant use of FENTORA with CYP3A4 inducers (e.g., barbiturates, carbamazepine, efavirenz, glucocorticoids, modafinil, nevirapine, oxcarbazepine, phenobarbital, phenytoin, pioglitazone, rifabutin, rifampin, St. John's wort, or troglitazone) may result in a decrease in fentanyl plasma concentrations, which could decrease the efficacy of FENTORA. Patients receiving FENTORA who stop therapy with, or decrease the dose of, CYP3A4 inducers should be monitored for signs of increased FENTORA activity and the dose of FENTORA should be adjusted accordingly.

**MAO Inhibitors:** FENTORA is not recommended for use in patients who have received MAO inhibitors within 14 days, because severe and unpredictable potentiation by MAO inhibitors has been reported with opioid analgesics.

**Serotonergic Drugs:** Co-administration of fentanyl with a serotonergic agent, such as a Selective Serotonin Re-uptake Inhibitor or a Serotonin Norepinephrine Re-uptake Inhibitor, may

increase the risk of serotonin syndrome, a potentially life threatening condition (see **WARNINGS AND PRECAUTIONS**).

**Interaction with Benzodiazepines and Other Central Nervous System (CNS) Depressants:**

Due to additive pharmacologic effect, the concomitant use of benzodiazepines or other CNS depressants (e.g. other opioids, sedatives/hypnotics, antidepressants, anxiolytics, tranquilizers, muscle relaxants, general anesthetics, antipsychotics, phenothiazines, neuroleptics, antihistamines, antiemetics, and alcohol) and beta-blockers, increases the risk of respiratory depression, profound sedation, coma, and death. Reserve concomitant prescribing of these drugs for use in patients for whom alternative treatment options are inadequate. Limit dosages and durations to the minimum required. Follow patients closely for signs of respiratory depression and sedation (see **WARNINGS AND PRECAUTIONS, Neurologic, Interactions with Central Nervous System Depressants (including benzodiazepines and alcohol) and Psychomotor Impairment**). FENTORA should not be consumed with alcohol as it may increase the chance of experiencing dangerous side effects.

**Drug-Drug Interactions**

**Table 3      Established or Potential Drug-Drug Interactions**

<b>Drug Class [Examples]</b>	<b>Effect</b>	<b>Clinical Comment</b>
<p><b>Inhibitors of CYP3A4</b> [indinavir, nelfinavir, ritonavir, clarithromycin, itraconazole, ketoconazole, nefazodone, saquinavir, telithromycin, aprepitant, diltiazem, erythromycin, fluconazole, grapefruit juice, verapamil, cimetidine]</p>	<p>The concomitant use of FENTORA and CYP3A4 inhibitors can increase the plasma concentration of fentanyl, resulting in increased or prolonged opioid effects. These effects could be more pronounced with concomitant use of FENTORA and CYP3A4 inhibitors, particularly when an inhibitor is added after a stable dose of FENTORA is achieved.</p> <p>After stopping a CYP3A4 inhibitor, as the effects of the inhibitor decline, the fentanyl plasma concentration will decrease, resulting in decreased opioid efficacy or a withdrawal syndrome in patients who had developed physical dependence to fentanyl.</p>	<p>If concomitant use is necessary, consider dosage reduction of FENTORA until stable drug effects are achieved. Monitor patients for respiratory depression and sedation at frequent intervals. If a CYP3A4 inhibitor is discontinued, consider increasing the FENTORA dosage until stable drug effects are achieved. Monitor for signs of opioid withdrawal.</p>

<b>Drug Class [Examples]</b>	<b>Effect</b>	<b>Clinical Comment</b>
<p><b>CYP3A4 Inducers</b> [barbiturates, carbamazepine, efavirenz, glucocorticoids, modafinil, nevirapine, oxcarbazepine, phenobarbital, phenytoin, pioglitazone, rifabutin, rifampin, St. John's wort, troglitazone]</p>	<p>The concomitant use of FENTORA and CYP3A4 inducers can decrease the plasma concentration of fentanyl, resulting in decreased efficacy or onset of a withdrawal syndrome in patients who have developed physical dependence to fentanyl.</p> <p>After stopping a CYP3A4 inducer, as the effects of the inducer decline, the fentanyl plasma concentration will increase, which could increase or prolong both the therapeutic effects and adverse reactions, and may cause serious respiratory depression.</p>	<p>If concomitant use is necessary, consider increasing the FENTORA dosage until stable drug effects are achieved. Monitor for signs of opioid withdrawal. If a CYP3A4 inducer is discontinued, consider FENTORA dosage reduction and monitor for signs of respiratory depression.</p>
<p><b>CNS Depressants</b> [Benzodiazepines and other sedatives/hypnotics, anxiolytics, tranquilizers, muscle relaxants, general anesthetics, antipsychotics, other opioids, alcohol]</p>	<p>Due to additive pharmacologic effect, the concomitant use of benzodiazepines or other CNS depressants including alcohol, increases the risk of respiratory depression, profound sedation, coma, and death.</p>	<p>Reserve concomitant prescribing of these drugs for use in patients for whom alternative treatment options are inadequate. Limit dosages and durations to the minimum required. Follow patients closely for signs of respiratory depression and sedation.</p>
<p><b>Serotonergic Drugs</b> [Selective serotonin reuptake inhibitors (SSRIs), serotonin and norepinephrine reuptake inhibitors (SNRIs), tricyclic antidepressants (TCAs), triptans, 5-HT<sub>3</sub> receptor antagonists, drugs that affect the serotonin neurotransmitter system (e.g., mirtazapine, trazodone, tramadol), monoamine oxidase (MAO) inhibitors (those intended to treat psychiatric disorders and also others, such as linezolid and intravenous methylene blue).]</p>	<p>Co-administration of fentanyl with a serotonergic agent may increase the risk of serotonin syndrome, a potentially life threatening condition</p>	<p>If concomitant use is warranted, carefully observe the patient, particularly during treatment initiation and dose adjustment. Discontinue FENTORA if serotonin syndrome is suspected.</p>
<p><b>Mixed Agonist/Antagonist and Partial Agonist Opioid Analgesics</b> [Butorphanol, nalbuphine, pentazocine, buprenorphine]</p>	<p>May reduce the analgesic effect of FENTORA and/or precipitate withdrawal symptoms.</p>	<p>Avoid concomitant use.</p>
<p><b>Muscle Relaxants</b></p>	<p>Fentanyl may enhance the neuromuscular blocking action of skeletal muscle relaxants and produce an increased degree of respiratory depression.</p>	<p>Monitor patients for signs of respiratory depression that may be greater than otherwise expected and decrease the dosage of FENTORA and/or the muscle relaxant as necessary.</p>

<b>Drug Class [Examples]</b>	<b>Effect</b>	<b>Clinical Comment</b>
<b>Diuretics</b>	Opioids can reduce the efficacy of diuretics by inducing the release of antidiuretic hormone.	Monitor patients for signs of diminished diuresis and/or effects on blood pressure and increase the dosage of the diuretic as needed.
<b>Anticholinergic Drugs</b>	The concomitant use of anticholinergic drugs may increase risk of urinary retention and/or severe constipation, which may lead to paralytic ileus.	Monitor patients for signs of urinary retention or reduced gastric motility when FENTORA is used concomitantly with anticholinergic drugs.

### **Drug-Food Interactions**

Grapefruit and grapefruit juice, which are CYP3A4 inhibitors, may result in a potentially dangerous increase in fentanyl plasma concentrations.

### **Drug-Herb Interactions**

Interactions with herbal products have not been established.

### **Drug-Laboratory Interactions**

Interactions with laboratory tests have not been established.

### **Drug-Lifestyle Interactions**

Interactions with lifestyle products have not been established. The concomitant use of alcohol should be avoided (see **WARNINGS AND PRECAUTIONS, General**).

## **DOSAGE AND ADMINISTRATION**

**FENTORA is intended to be used only in the care of patients who are already receiving and who are tolerant to continuous opioid therapy.**

### **Dosing Considerations**

#### **Adults:**

FENTORA (fentanyl buccal/sublingual effervescent tablets) is indicated only for the management of breakthrough pain in cancer patients 18 years of age and older who are already receiving and who are tolerant to continuous opioid therapy for their persistent baseline cancer pain. Patients considered opioid tolerant are those who are taking continuous medicine consisting of at least 60 mg of oral morphine daily, at least 25 mcg/hr of transdermal fentanyl, at least 30 mg of oral oxycodone daily, at least 8 mg of oral hydromorphone daily, at least 25 mg oral oxymorphone daily, or an equianalgesic dose of another opioid daily for a week or longer.

Individually titrate FENTORA to a dose that provides adequate analgesia with tolerable side effects (see **DOSAGE AND ADMINISTRATION, Recommended Dose and Dosage Adjustment**).

It is important to minimize the number of strengths available to patients at any time to prevent confusion and possible overdose.

### **Recommended Dose and Dosage Adjustment**

#### **Adults:**

**FENTORA is not bioequivalent with other fentanyl products. Do not convert patients on a mcg per mcg basis from other fentanyl products. (Note: This includes oral, transdermal, or parenteral formulations of fentanyl.) All patients should be titrated from the 100 mcg dose.**

**The maximum single dose should not exceed 800 mcg. FENTORA should only be used ONCE per breakthrough cancer pain episode, i.e. FENTORA should not be redosed within an episode.**

During any episode of breakthrough cancer pain, if adequate pain relief *is not achieved* after FENTORA, the patient may use a rescue medication (other than FENTORA, after 30 minutes) as directed by their healthcare provider.

**Patients MUST wait at least 4 hours before treating another episode of breakthrough pain with FENTORA.**

**Use of FENTORA should be limited to four episodes of breakthrough pain per day. If the patient experiences greater than four breakthrough pain episodes per day, the dose of the continuous opioid used for persistent pain should be re-evaluated.**

#### **Patients with Hepatic Impairment:**

Special care should be taken during the titration process in patients with liver dysfunction.

#### **Patients with Renal Impairment:**

Special care should be taken during the titration process in patients with kidney dysfunction.

#### **Geriatrics:**

Respiratory depression has occurred in the elderly when opioids were co-administered with other agents that can depress respiration. Patients over the age of 65 years tended to titrate to slightly lower doses of FENTORA than younger patients and reported a slightly higher frequency for some adverse events specifically vomiting, constipation, and abdominal pain. Therefore, caution should be exercised in individually titrating FENTORA in elderly patients to provide adequate efficacy while minimizing risk (see **WARNINGS AND PRECAUTIONS** and **ACTION AND CLINICAL PHARMACOLOGY**).

#### **Starting Dose:**

**All patients MUST begin treatment using 100 mcg FENTORA.**



**Dose Titration:**

Dose titration is the key to success with opioid analgesic therapy. **Proper optimization of doses scaled to the relief of the individual's pain should aim at administration of the lowest dose which will achieve the overall treatment goal of satisfactory pain relief with acceptable side effects.**

The dose of FENTORA is not predicted from the daily maintenance dose of opioid used to manage the persistent cancer pain and **MUST** be determined by dose titration.

Dosage adjustments should be based on the patient's clinical response.

**Adjustment or Reduction of Dosage:**

Physical dependence with or without psychological dependence tends to occur with chronic administration of opioids, including FENTORA. Withdrawal (abstinence) symptoms may occur following abrupt discontinuation of therapy. These symptoms may include body aches, diarrhea, gooseflesh, loss of appetite, nausea, nervousness or restlessness, runny nose, sneezing, tremors or shivering, stomach cramps, tachycardia, trouble with sleeping, unusual increase in sweating, palpitations, unexplained fever, weakness and yawning.

Patients on prolonged therapy should be withdrawn gradually from the drug if it is no longer required for pain control. In patients who are appropriately treated with opioid analgesics and who undergo gradual withdrawal from the drug, these symptoms are usually mild (see WARNINGS AND PRECAUTIONS). Tapering should be individualised and carried out under medical supervision.

From the initial dose, patients should be closely followed by the prescriber and the dosage strength changed until the patient reaches a dose that provides adequate analgesia with tolerable side effects. Patients should record their use of FENTORA over several episodes of breakthrough pain and discuss their experience with their physician to determine if a dosage adjustment is warranted.

Patients who need to titrate to a higher dose, can be instructed to use two 100 mcg tablets (one on each side of the mouth in the buccal cavity) with their next breakthrough pain episode. If this dosage is not successful, the patient may be instructed to place two 100 mcg tablets on each side of the mouth in the buccal cavity (total of four 100 mcg tablets). Titrate using multiples of the 200 mcg FENTORA tablet for doses above 400 mcg (600 mcg and 800 mcg). Do not use more than 4 tablets simultaneously. **Doses above 800 mcg FENTORA should not be used.**

Once adequate pain relief is achieved with a dose between 100 and 800 mcg FENTORA, the patient should get a prescription for FENTORA of the dose determined by titration (i.e., 100, 200, 400, 600 or 800 mcg) to treat subsequent episodes.

To reduce the risk of overdose during titration, patients should have only one strength of FENTORA tablets available at any time.

During any episode of breakthrough cancer pain, if adequate pain relief *is not achieved* after FENTORA, the patient may use a rescue medication (other than FENTORA, after 30 minutes) as directed by their healthcare provider.

**Maintenance Dosing:**

Once titrated to an effective dose, patients should use **only ONE** FENTORA tablet of the appropriate strength per breakthrough pain episode.

**Patients MUST wait at least 4 hours before treating another episode of breakthrough pain with FENTORA.**

During any episode of breakthrough cancer pain, if adequate pain relief *is not achieved* after FENTORA, the patient may use a rescue medication (other than FENTORA, after 30 minutes) as directed by their healthcare provider.

Dosage adjustment of FENTORA may be required in some patients. Generally, the FENTORA dose should be increased only when a single administration of the current dose fails to adequately treat the breakthrough pain episode for several consecutive episodes.

If the patient experiences greater than four breakthrough pain episodes per day, the dose of the continuous opioid used for persistent pain should be re-evaluated.

**Discontinuation of Therapy:**

For patients requiring discontinuation of all opioid therapy, the recent FENTORA dose should be taken into consideration for a gradual downward opioid titration to avoid the possibility of abrupt withdrawal effects (see **WARNINGS AND PRECAUTIONS**).

If patients continue to take their background opioid therapy for persistent pain, FENTORA therapy may usually be immediately discontinued if no longer required for breakthrough pain.

Physical dependence with or without psychological dependence tends to occur with chronic administration of opioids, including **FENTORA**. Withdrawal (abstinence) symptoms may occur following abrupt discontinuation of therapy. These symptoms may include body aches, diarrhea, gooseflesh, loss of appetite, nausea, nervousness or restlessness, runny nose, sneezing, tremors or shivering, stomach cramps, tachycardia, trouble with sleeping, unusual increase in sweating, palpitations, unexplained fever, weakness and yawning.

Patients should be informed that reducing and/or discontinuing opioids decreases their tolerance to these drugs. If treatment needs to be re-initiated, the patient must start at the lowest dose and titrate up to avoid overdose (see **DOSAGE AND ADMINISTRATION, Recommended Dose and Dosage Adjustment, Starting Dose and Dose Titration**).

**Administration of FENTORA**

**Opening the Blister Package**

1. Instruct patients not to open the blister until ready to administer FENTORA.

2. Separate a single blister unit from the blister card by bending and tearing apart at the perforations.
3. Bend the blister unit along the line where indicated.
4. Peel back the blister backing to expose the tablet. **Patients should NOT attempt to push the tablet through the blister as this may cause damage to the tablet.**
5. Do not store the tablet once it has been removed from the blister package as the tablet integrity may be compromised and, more importantly, because this increases the risk of accidental exposure to the tablet.

### **Tablet Administration**

Once the tablet is removed from the blister unit, the patient should **immediately** place the entire FENTORA tablet in the buccal cavity (above a rear molar, between the upper cheek and gum), or sublingually. **Patients should not split the tablet.**

The FENTORA tablet should not be sucked, chewed or swallowed, as this will result in lower plasma concentrations than when taken as directed.

The FENTORA tablet should be left between the cheek and gum until it has disintegrated, which usually takes approximately 14-25 minutes. After 30 minutes, if remnants from the FENTORA tablet remain, they may be swallowed with a glass of water.

It is recommended that patients alternate sides of the mouth when administering subsequent doses of FENTORA.

FENTORA may also be administered sublingually.

### **Disposal**

FENTORA should be kept in a safe place, out of the sight and reach of children before, during and after use. FENTORA should not be used in front of children, since they may copy these actions.

**FENTORA should never be disposed of in household trash.** Disposal via a pharmacy take back program is recommended. Unused or expired FENTORA should be properly disposed of as soon as it is no longer needed to prevent accidental exposure to others, including children or pets. If temporary storage is required before disposal, a sealed child-proof container, such as a biohazard waste container or a lockable medication box could be obtained from a pharmacy.

### **OVERDOSAGE**

For management of a suspected drug overdose, contact your regional Poison Control Centre.
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**Symptoms:** The manifestations of FENTORA overdose are expected to be similar in nature to intravenous fentanyl and other opioids, and are an extension of its pharmacological actions with the most serious significant effect being respiratory depression.

**Immediate Management:** Immediate management of opioid overdose includes removal of the FENTORA tablet, if still in the mouth, ensuring a patent airway, physical and verbal stimulation of the patient, and assessment of level of consciousness, as well as ventilatory and circulatory status.

**Treatment of Overdosage (Accidental Ingestion) in the Opioid Non-Tolerant Person:** Provide ventilatory support, obtain intravenous access, and employ naloxone or other opioid antagonists as clinically indicated. The duration of respiratory depression following overdose may be longer than the effects of the opioid antagonist's action (e.g., the half-life of naloxone ranges from 30 to 81 minutes) and repeated administration may be necessary. Consult the product monograph of the individual opioid antagonist for details about such use.

**Treatment of Overdose in Opioid Tolerant Patients:** Provide ventilatory support and obtain intravenous access as clinically indicated. Judicious use of naloxone or another opioid antagonist may be warranted in some instances, but it is associated with the risk of precipitating an acute withdrawal syndrome.

**General Considerations for Overdose:** Management of severe FENTORA overdose includes: securing a patent airway, assisting or controlling ventilation, establishing intravenous access, and GI decontamination by lavage and/or activated charcoal, once the patient's airway is secure. In the presence of respiratory depression or apnea, ventilation should be assisted or controlled and oxygen administered as indicated.

Patients with overdose should be carefully observed and appropriately managed until their clinical condition is well-controlled.

Although muscle rigidity interfering with respiration has not been seen following the use of FENTORA, this is possible with fentanyl and other opioids. If it occurs, manage by the use of assisted or controlled ventilation, by an opioid antagonist, and as a final alternative, by a neuromuscular blocking agent.

## **ACTION AND CLINICAL PHARMACOLOGY**

### **Mechanism of Action**

Fentanyl is a pure opioid agonist whose principal therapeutic action is analgesia. Other members of the class known as opioid agonists include substances such as morphine, oxycodone, hydromorphone, codeine, and hydrocodone.

### **Pharmacodynamics**

Pharmacological effects of opioid agonists include anxiolysis, euphoria, feelings of relaxation, respiratory depression, constipation, miosis, cough suppression, and analgesia. Like all pure

opioid agonist analgesics, with increasing doses there is increasing analgesia, unlike with mixed agonist/antagonists or non-opioid analgesics, where there is a limit to the analgesic effect with increasing doses. With pure opioid agonist analgesics, there is no defined maximum dose; the ceiling to analgesic effectiveness is imposed only by side effects, the more serious of which may include somnolence and respiratory depression.

Secondary actions include increase in the tone and decrease in the contractions of the gastrointestinal smooth muscle, which results in prolongation of gastrointestinal transit time and may be responsible for the constipation typically seen with opioids.

**Analgesia:** The analgesic effects of fentanyl are related to the blood level of the drug, if proper allowance is made for the delay into and out of the CNS (a process with a 3- to 5-minute half-life). In opioid-naïve individuals, analgesia occurs at blood levels of 1 to 2 ng/mL, while blood levels of 10-20 ng/mL would produce surgical anaesthesia and profound respiratory depression.

In general, the effective concentration and the concentration at which toxicity occurs increase with increasing tolerance with any and all opioids. The rate of development of tolerance varies widely among individuals. As a result, the dose of FENTORA should be individually titrated to achieve the desired effect.

**Central Nervous System:** Fentanyl produces respiratory depression by direct action on brain stem respiratory centres. The respiratory depression involves both a reduction in the responsiveness of the brain stem centres to increases in CO<sub>2</sub> tension and to electrical stimulation.

Fentanyl depresses the cough reflex by direct effect on the cough centre in the medulla. Antitussive effects may occur with doses lower than those usually required for analgesia.

Fentanyl causes miosis, even in total darkness. Pinpoint pupils are a sign of opioid overdose but are not pathognomonic (e.g., pontine lesions of hemorrhagic or ischemic origin may produce similar findings). Marked mydriasis rather than miosis may be seen with hypoxia in the setting of oxycodone overdose.

**Gastrointestinal Tract and Other Smooth Muscle:** Fentanyl causes a reduction in motility associated with an increase in smooth muscle tone in the antrum of the stomach and in the duodenum. Digestion of food is delayed in the small intestine and propulsive contractions are decreased. Propulsive peristaltic waves in the colon are decreased, while tone may be increased to the point of spasm resulting in constipation. Other opioid-induced effects may include a reduction in gastric, biliary and pancreatic secretions, spasm of the sphincter of Oddi, and transient elevations in serum amylase.

**Cardiovascular System:** Fentanyl may produce release of histamine with or without associated peripheral vasodilation. Manifestations of histamine release and/or peripheral vasodilatation may include pruritus, flushing, red eyes, hyperhidrosis and/or orthostatic hypotension.

**Endocrine System:** Opioids may influence the hypothalamic-pituitary-adrenal or -gonadal axes. Some changes that can be seen include an increase in serum prolactin, and decreases in plasma

cortisol and testosterone. Clinical signs and symptoms may be manifest from these hormonal changes.

**Immune System:** *In vitro* and animal studies indicate that opioids have a variety of effects on immune functions, depending on the context in which they are used. The clinical significance of these findings is unknown.

**Respiratory System:** All opioid  $\mu$ -receptor agonists, including fentanyl, produce dose-dependent respiratory depression. The risk of respiratory depression is less in patients receiving chronic opioid therapy who develop tolerance to respiratory depression and other opioid effects. Peak respiratory depressive effects may be seen as early as 15 to 30 minutes from the start of oral transmucosal fentanyl citrate product administration and may persist for several hours.

Serious or fatal respiratory depression can occur even at recommended doses. Fentanyl depresses the cough reflex as a result of its CNS activity. Although not observed with oral transmucosal fentanyl products in clinical trials, fentanyl given rapidly by intravenous injection in large doses may interfere with respiration by causing rigidity in the muscles of respiration. Therefore, physicians and other healthcare providers should be aware of this potential complication.

#### **Concentration – Efficacy Relationships**

The analgesic effects of fentanyl are related to the blood level of the drug, if proper allowance is made for the delay into and out of the CNS (a process with a 3- to 5-minute half-life).

In general, the effective concentration and the concentration at which toxicity occurs increase with increasing tolerance with any and all opioids. The rate of development of tolerance varies widely among individuals. As a result, the dose of FENTORA should be individually titrated to achieve the desired effect (see **DOSAGE AND ADMINISTRATION, Recommended Dose and Dosage Adjustment**). The minimum effective analgesic concentration of fentanyl for any individual patient may increase over time due to an increase in pain, the development of a new pain syndrome and/or the development of analgesic tolerance.

#### **Concentration – Adverse Reaction Relationship**

There is a relationship between increasing fentanyl plasma concentration and increasing frequency of dose-related opioid adverse reactions such as nausea, vomiting, CNS effects, and respiratory depression. In opioid-tolerant patients, the situation may be altered by the development of tolerance to opioid-related adverse reactions (see **DOSAGE AND ADMINISTRATION**)

#### **Pharmacokinetics**

Fentanyl exhibits linear pharmacokinetics. Systemic exposure to fentanyl following administration of FENTORA increases linearly in an approximate dose-proportional manner over the 100- to 800-mcg dose range.

#### **Absorption:**

Following buccal administration of FENTORA, fentanyl is readily absorbed with an absolute bioavailability of 65%. The absorption profile of FENTORA is largely the result of an initial

absorption from the buccal mucosa, with peak plasma concentrations following venous sampling generally attained within an hour after buccal administration. Approximately 50% of the total dose administered is absorbed transmucosally and becomes systemically available. The remaining half of the total dose is swallowed and undergoes more prolonged absorption from the gastrointestinal tract.

Mean pharmacokinetic parameters are presented in Table 4. Mean plasma concentration versus time profiles are presented in Figure 1.

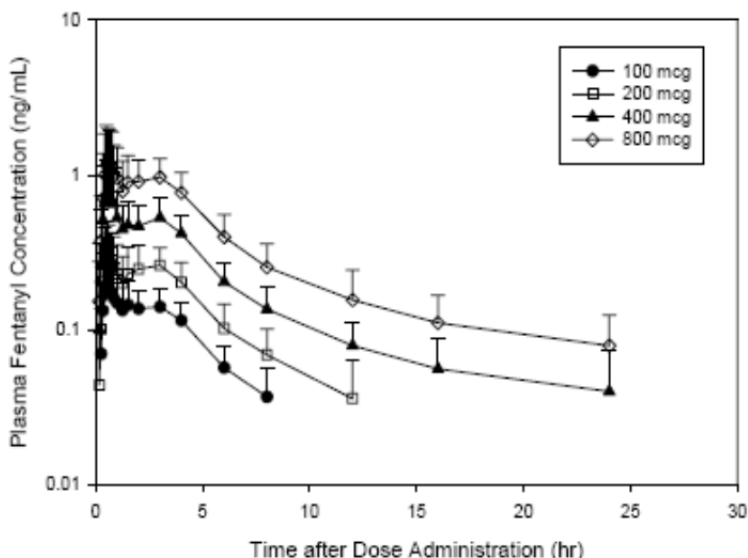
**Table 4 Pharmacokinetic Parameters\* Following Single 100, 200, 400, and 800 mcg Doses of FENTORA in Healthy Subjects**

<b>Pharmacokinetic Parameter (mean±SD)</b>	<b>100 mcg</b>	<b>200 mcg</b>	<b>400 mcg</b>	<b>800 mcg</b>
<b>C<sub>max</sub> (ng/mL)</b>	0.25 ± 0.14	0.40 ± 0.18	0.97 ± 0.53	1.59 ± 0.90
<b>T<sub>max</sub> minute** (range)</b>	45.0 (25.0 – 181.0)	40.0 (20.0 – 180.0)	35.0 (20.0 – 180.0)	40.0 (25.0 – 180.0)
<b>AUC<sub>0-inf</sub> (ng•hr/mL)</b>	0.98 ± 0.37	2.11 ± 1.13	4.72 ± 1.95	9.05 ± 3.72
<b>AUC<sub>0-tmax</sub> (ng•hr/mL)</b>	0.09 ± 0.06	0.13 ± 0.09	0.34 ± 0.23	0.52 ± 0.38
<b>T<sub>1/2</sub>, hr**</b>	2.63 (1.47 – 13.57)	4.43 (1.85 – 20.76)	11.09 (3.44 – 20.59)	11.70 (4.63 – 28.63)

\* Based on venous sampling.

\*\* Data for T<sub>max</sub> presented as median (range)

**Figure 1 Mean Plasma Concentration Versus Time Profiles Following Single 100, 200, 400, and 800 mcg Doses of FENTORA in Healthy Subjects**



Dwell time (defined as the length of time that the tablet takes to fully disintegrate following buccal administration), does not appear to affect early systemic exposure to fentanyl.

The effect of mucositis (Grade 1) on the pharmacokinetic profile of FENTORA was studied in a group of patients with (N = 8) and without mucositis (N = 8) who were otherwise matched. A single 200 mcg tablet was administered, followed by sampling at appropriate intervals. Mean summary statistics (standard deviation in parentheses, except  $T_{max}$  where range was used) are presented in Table 5.

**Table 5 Pharmacokinetic Parameters in Patients with Mucositis**

Patient status	$C_{max}$ (ng/mL)	$T_{max}$ (min)	$AUC_{0-t_{max}}$ (ng•hr/mL)	$AUC_{0-8}$ (ng•hr/mL)
Mucositis	1.25 ± 0.78	25.0 (15 – 45)	0.21 ± 0.16	2.33 ± 0.93
No mucositis	1.24 ± 0.77	22.5 (10 – 121)	0.25 ± 0.24	1.86 ± 0.86

**Distribution:**

Fentanyl is highly lipophilic. The plasma protein binding of fentanyl is 80-85%. The main binding protein is alpha-1-acid glycoprotein, but both albumin and lipoproteins contribute to some extent. The mean oral volume of distribution at steady state ( $V_{ss}/F$ ) was 25.4 L/kg.

**Metabolism:**

The metabolic pathways following buccal administration of FENTORA have not been characterized in clinical studies. The progressive decline of fentanyl plasma concentrations results from the uptake of fentanyl in the tissues and biotransformation in the liver. Fentanyl is metabolized in the liver and in the intestinal mucosa to norfentanyl by cytochrome P450 3A4 isoform. In animal studies, norfentanyl was not found to be pharmacologically active.



**Excretion:**

Disposition of fentanyl following buccal administration of FENTORA has not been characterized in a mass balance study. Fentanyl is primarily (more than 90%) eliminated by biotransformation to N-dealkylated and hydroxylated inactive metabolites. Less than 7% of the administered dose is excreted unchanged in the urine, and only about 1% is excreted unchanged in the feces. The metabolites are mainly excreted in the urine, while fecal excretion is less important.

The total plasma clearance of fentanyl following intravenous administration is approximately 42 L/h.

**Special Populations and Conditions**

**Pediatrics:** Individuals under 18 years of age should not take FENTORA tablets.

**Geriatrics:** No formal study has been performed to assess FENTORA pharmacokinetics in elderly subjects or patients. Patients over the age of 65 years tended to titrate to slightly lower doses than younger patients (see **WARNINGS AND PRECAUTIONS, Special Populations, Geriatrics (> 65 years of age)**).

**Gender:** Both male and female opioid tolerant patients with cancer were studied for the treatment of breakthrough cancer pain. No clinically relevant gender differences were noted either in dosage requirement or in observed adverse reactions.

Systemic exposure was higher for women than men (mean  $C_{max}$  and AUC values were approximately 20% and 17% higher, respectively). The observed differences between men and women were largely attributable to differences in weight.

**Race:** The pharmacokinetic effects of race with the use of FENTORA have not been systematically evaluated. In studies conducted in healthy Japanese subjects, systemic exposure was generally higher than that observed in non-Japanese subjects (mean  $C_{max}$  and AUC values were approximately 50% and 20% higher, respectively). The observed differences were largely attributed to the lower mean weight of the Japanese subjects compared to non-Japanese subjects (57.4 kg versus 73 kg).

**Hepatic Impairment:** Insufficient information exists to make recommendations regarding the use of FENTORA in patients with impaired hepatic function. Fentanyl is metabolized primarily via human cytochrome P450 3A4 isoenzyme system and mostly eliminated in urine. If the drug is used in these patients, it should be used with caution because of the hepatic metabolism of fentanyl.

**Renal Impairment:** Insufficient information exists to make recommendations regarding the use of FENTORA in patients with impaired renal function. Fentanyl is metabolized primarily via human cytochrome P450 3A4 isoenzyme system and mostly eliminated in urine. If the drug is used in these patients, it should be used with caution because of the renal excretion of fentanyl.

## STORAGE AND STABILITY

FENTORA (fentanyl buccal/sublingual effervescent tablets) is supplied in individually sealed, child-resistant blister packages. The amount of fentanyl contained in FENTORA can be fatal to a child. **Patients and their caregivers must be instructed to keep FENTORA out of the reach of children.**

Store in original package at 20 to 25°C, with excursions permitted between 15° and 30°C, until ready to use.

Protect FENTORA from moisture. Do not use if the blister package has been tampered with.

## DOSAGE FORMS, COMPOSITION AND PACKAGING

FENTORA (fentanyl buccal/sublingual effervescent tablets) are flat-faced, round, beveled-edge in shape; are white in color; and are available in strengths of 100 mcg, 200 mcg, 400 mcg, 600 mcg and 800 mcg fentanyl, as fentanyl citrate. Each tablet strength is marked with a unique identifier and is contained in a uniquely coloured carton/blister package, as described in the table below.


Dosage Strength	Debossing	Carton/Blister Package Colour
100 mcg	1	Blue
200 mcg	2	Orange
400 mcg	4	Sage green
600 mcg	6	Magenta (pink)
800 mcg	8	Yellow

Note: Carton/blister package colours are a secondary aid in product identification. Please be sure to confirm the printed dosage before dispensing.

### Composition:

The FENTORA tablet is a solid formulation of fentanyl citrate. All tablet strengths are expressed as the amount of fentanyl free base, e.g. the 100 mcg strength contains 100 mcg of fentanyl free base. *Inactive Ingredients:* Citric acid, magnesium stearate, mannitol, sodium bicarbonate, sodium carbonate, and sodium starch glycolate.

### Packaging:

Each carton contains 7 blister cards with 4 white tablets in each card. The blisters are child-resistant, encased in peelable foil, and provide protection from moisture. Each tablet is debossed on one side with , and the other side of each dosage strength is uniquely identified by the debossing on the tablet as described in the table above. In addition, the dosage strength is indicated on the blister package and the carton. See blister package and carton for product information.

## PART II: SCIENTIFIC INFORMATION

### PHARMACEUTICAL INFORMATION

#### Drug Substance

**Proper name:**

Fentanyl citrate

**Chemical name:**

N-(1-Phenethyl-4-piperidyl) propionanilide citrate (1:1)

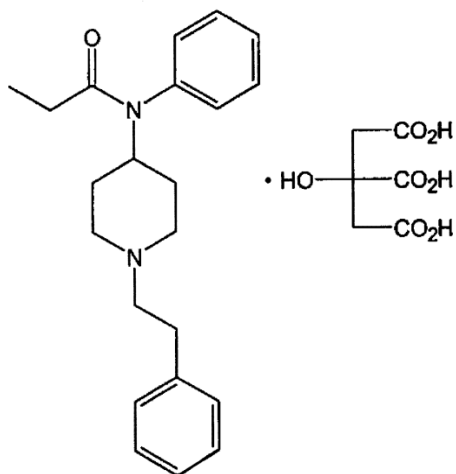
**Molecular formula and molecular mass:**

$C_{22}H_{28}N_2O \cdot C_6H_8O_7$

Free base: 336.5

Citrate salt: 528.6

**Structural formula:**



**Physicochemical properties of fentanyl citrate, including solid state:**

Fentanyl is a highly lipophilic compound (octanol-water partition coefficient at pH 7.4 is 816:1) that is freely soluble in organic solvents and sparingly soluble in water (1:40). The pKa of the tertiary nitrogens are 7.3 and 8.4.

**Drug Product**

FENTORA employs the OraVescent<sup>®</sup> drug delivery technology, which generates a reaction that releases carbon dioxide when the tablet comes in contact with saliva. It is believed that transient pH changes accompanying the reaction may optimize dissolution (at a lower pH) and absorption through the membrane (at a higher pH) of fentanyl through the buccal mucosa.

## CLINICAL TRIALS

### Study Demographics and Trial Design

The efficacy of FENTORA was demonstrated in two double-blind, placebo-controlled, cross-over studies in opioid tolerant patients with cancer and breakthrough pain.

In these studies, patients were titrated in an open-label manner to a successful dose of FENTORA. A successful dose was defined as the dose in which a patient obtained adequate analgesia with tolerable side effects. Patients who identified a successful dose were randomized to a sequence of 10 treatments with 7 being the successful dose of FENTORA and 3 being placebo. Patients used one tablet of study drug (either FENTORA or Placebo) per breakthrough pain episode.

Patients assessed pain intensity on a scale that rated the pain as 0=none to 10=worst possible pain. With each episode of breakthrough pain, pain intensity was assessed first and then treatment was administered. Pain intensity (0-10) was measured at 15, 30, 45 and 60 minutes for Study 1 and at 5, 10, 15, 30, 45, 60, 90, and 120 minutes for Study 2, after the start of administration. The sum of differences in pain intensity scores at 15 and 30 minutes from baseline (SPID<sub>30</sub>) was the primary efficacy measure in Study 1 and the sum of differences in pain intensity scores at 5 through 60 minutes from baseline (SPID<sub>60</sub>) was the primary efficacy measure in Study 2.

### Study results

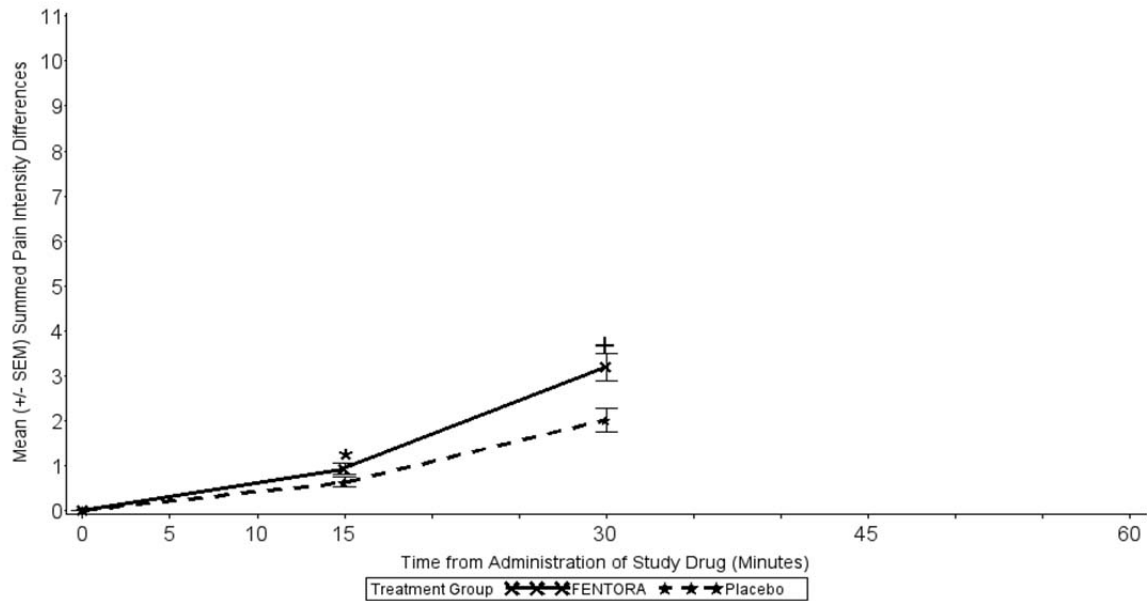
Sixty-five percent (65%) of patients in Study 1 and 70% of patients in Study 2, who entered the respective study, achieved a successful dose during the titration phase. The distribution of successful doses is shown in Table 6. The median dose for both studies was 400 mcg.

**Table 6 Successful Dose of FENTORA Following Initial Titration**

FENTORA Dose	Study 1 (N=80) n (%)	Study 2 (N=87) n (%)
100 mcg	13 (16)	7 (8)
200 mcg	11 (14)	10 (12)
400 mcg	21 (26)	16 (18)
600 mcg	10 (13)	24 (28)
800 mcg	25 (31)	30 (34)

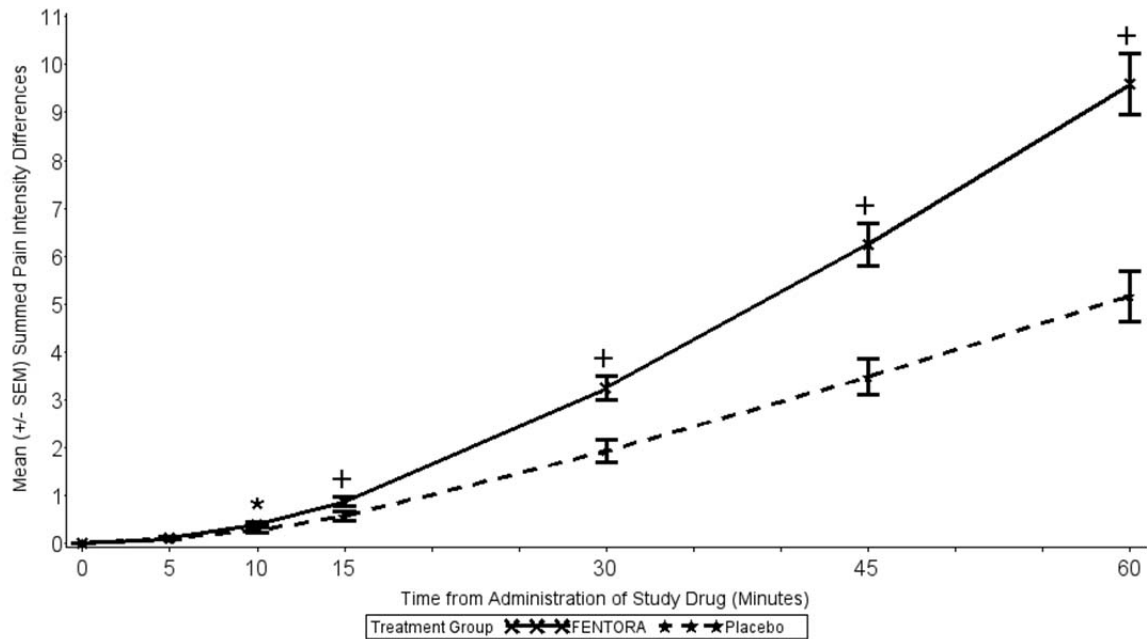
For Study 1, the LS mean (SE) SPID<sub>30</sub> for FENTORA-treated episodes was 3.0 (0.12) while for placebo-treated episodes it was 1.8 (0.18), and for Study 2, the LS mean (SE) SPID<sub>60</sub> for FENTORA-treated episodes was 9.8 (0.26) while for placebo-treated episodes it was 5.0 (0.38).

**Figure 2 Mean Summed Pain Intensity Differences (SPID) at Each Time Point during the Double-Blind Treatment Period (Study 1)**



\* p<0.01 FENTORA versus placebo, in favor of FENTORA, by analysis of variance  
 + p<0.0001 FENTORA versus placebo, in favor of FENTORA, by analysis of variance

**Figure 3 Mean Summed Pain Intensity Differences (SPID) at Each Time Point during the Double-Blind Treatment Period (Study 2)**



\* p<0.01 FENTORA versus placebo, in favor of FENTORA, by analysis of variance  
 + p<0.0001 FENTORA versus placebo, in favor of FENTORA, by an analysis of variance

Statistically significant improvement in pain intensity difference was seen with FENTORA versus placebo as early as 15 minutes (earliest time point measured) in Study 1 and as early as 10 minutes in Study 2. These differences continued to be significant at each subsequent time point in each individual study.

### **Long-term Open-label Study**

Efficacy and safety of FENTORA was supported in a long-term, open-label study in opioid-tolerant patients with cancer and breakthrough pain, in which patients were treated for up to 23 months.

## **DETAILED PHARMACOLOGY**

### **Pharmacodynamics**

Fentanyl citrate is a potent opioid analgesic with pharmacological effects similar to morphine. Fentanyl (N-[1-phenethyl-4-piperidyl]propionanilide) is chemically related to the phenylpiperidines, with potent agonist properties at  $\mu$ -opioid receptors located in various regions throughout the central nervous system. Fentanyl possesses analgesic activity with a potency estimated to be about 80-fold higher than that of morphine.

In addition to analgesia, interaction with the  $\mu$ -opioid receptor is also believed to be responsible for the respiratory depression associated with opioids. Narcotic antagonists, such as naloxone, have been shown to be useful in reversing fentanyl overdose or in stimulating recovery after high dose fentanyl-induced anesthesia.

Safety pharmacology evaluations of fentanyl citrate were performed on major organ systems including the cardiovascular, respiratory and central nervous systems.

### **Safety Pharmacology**

**Cardiovascular Effects:** A cardiovascular safety evaluation study was performed to evaluate the potential effects of fentanyl citrate on arterial blood pressure, heart rate and electrocardiography, including the appropriate intervals, following subcutaneous dosing at doses of 0 (vehicle), 0.001, 0.01, or 0.05 mg/kg in conscious unrestrained Beagle dogs. Four male Beagle dogs, surgically implanted with telemetry transducers, were used for this study. Administration of 0.001 and 0.01 mg/kg fentanyl citrate had no effect on arterial blood pressure, heart rate or lead II ECG parameters. Administration of 0.5 mg/kg fentanyl citrate produced a decrease in heart rate between 15 and 45 minutes post-dosing and also at 360 minutes post-dosing. Correspondingly, the RR and PR interval, QRS duration and QT interval increased in comparison with the vehicle control data. The increases in QT interval were comparable to the baseline (pre-dose) values in the 0.05 mg/kg group and, in this regard, the changes noted in QT were not associated to test article administration. At the 120-minute post-dose interval, the mean value for QTcQ was notably higher relative to the respective pre-dose value and statistically significantly higher than the concurrent vehicle control value. Due to this isolated (acute) occurrence of this increase as well as the variability of increase within dogs in this group (13 to 34% elevated from the respective individual pre-dose values), the toxicological significance of this finding was considered to be equivocal. The decrease in heart rate contributed to a number of escape

complexes. Administration of 0.05 mg/kg fentanyl citrate was also associated with an increase in QTc interval and QRS duration at 120 minutes post dosing.

**Respiratory Effects:** A respiratory safety pharmacology study was performed to assess potential adverse effects of fentanyl citrate on respiration rate and tidal volume in conscious rats. Male Sprague-Dawley rats (n=8 rats/group) were given a single subcutaneous dose of 0 (vehicle), 0.003, 0.03 or 0.3 mg/kg fentanyl citrate, or a single intravenous dose of 20 mg/kg morphine (reference control). In this study, subcutaneous administration of 0.003 and 0.03 mg/kg had no adverse effect on respiration rate or tidal volume, when compared to the vehicle control group. A subcutaneous dose of 0.3 mg/kg produced a significant decrease in respiration rate at 30 minutes and 5 h post-dosing and a significant decrease in tidal volume at 30 minute post-dosing, when compared to the vehicle control group. The effect on respiration rate is considered to be consistent with an exaggerated pharmacological effect (CNS) of fentanyl citrate.

**Central Nervous System:** Potential effects of fentanyl citrate on the central nervous system (CNS) were evaluated using the Irwin test. Groups of 6 male Sprague-Dawley rats were administered fentanyl citrate via subcutaneous injection at doses of 0 (vehicle), 0.003, 0.03 or 0.3 mg/kg. Subcutaneous administration of 0.003 mg/kg produced no changes in behavior as compared to the vehicle control group, where as a dose of 0.03 mg/kg produced signs of stereotypic behavior (cage licking) at the 30 minute post-dosing interval. The high dose of 0.3 mg/kg fentanyl citrate produced signs that were indicative of a generalized depression of the central nervous system, i.e., signs associated with decreased locomotor activity, decreased grip strength, decreased body tone, and decreased pain response. These signs of CNS depression were consistent with an exaggerated pharmacologic effect of fentanyl citrate. The effects observed following administration of 0.3 mg/kg fentanyl citrate were transient with signs of recovery having occurred approximately 5 h post-dosing and complete recovery being noted approximately 24 h post-dosing.

## TOXICOLOGY

The toxicity profile of fentanyl by various routes of administration is well-established.

### Single and Repeat-dose Toxicity

Acute toxicity studies showed that the fentanyl mortality dose response curve in mice was biphasic following both subcutaneous and intravenous dosing. The mechanism for this biphasic response is not known, but the mortality observed at the low end of the dose-response curve was considered to be associated with respiratory depression. Median lethal fentanyl doses (LD<sub>50</sub>) following intravenous and subcutaneous administration of fentanyl to mice were 11.2 and 62 mg/kg, respectively.

In rats, the mean acute LD<sub>50</sub> following intravenous administration was calculated to be 6 mg/kg, following subcutaneous administration was calculated to be 3.1 to 12 mg/kg and following oral administration was calculated to be 18 mg/kg.

In dogs, an extensive investigation of the cardiovascular, neurological and metabolic side effects was evaluated using 8 opioids. The findings, which applied to all opioids tested, indicated an

inverse relationship-between analgesic potency and hemodynamic, neurological and metabolic toxicity. In general, the more potent and shorter acting the opioid, the higher the margin of safety.

A number of repeat-dosing studies, ranging in duration from 2 to 13 weeks, using fentanyl by parenteral routes in mice, rat, rabbit and dog have been reported. In rats, deaths occurred following oral doses of 10 mg/kg/day or more or at intramuscular doses of 0.1 or 0.4 mg/kg/day. The main findings in the majority of these studies were adverse effects on CNS (decreased activity, impaired righting reflex, prostration) and weight gain, and there was no clear-cut evidence to suggest direct organ or tissue toxicity although the range of parameters examined was limited. Fentanyl was well tolerated in rabbits in transcutaneous route studies of up to 90 days' duration and no deaths occurred in dogs administered the drug by the intramuscular route, at a maximum dose of 0.4 mg/kg/day for 4 weeks. In FVB/N mice, dermal application up to 500 mcg/mouse for 28 days (in support of dose selection for a 26-week carcinogenicity study in transgenic mice, Tg.AC strain) resulted in hyperactivity and slightly lower body weight gains relative to concurrent control values.

### **Genotoxicity**

Fentanyl citrate was evaluated in a standard battery of genotoxicity studies, an in vitro bacterial reverse mutation assay, an in vitro mammalian cell (L5178Y mouse lymphoma cells) mutagenicity assay, and an in vivo mouse micronucleus assay.

In the in vitro mutation studies, there was no evidence of mutagenicity in *Salmonella typhimurium* test strains TA98, TA100, TA1535, and TA1537 and *Escherichia coli* test strain WP2 *uvrA*, in the presence and absence of metabolic activation (Aroclor-induced rat liver S9).

Fentanyl was negative for induction of micronucleated polychromatic erythrocytes (MNPCE) in an in vivo mouse bone marrow cytogenetic assay. In vitro and in vivo genotoxicity studies did not show any evidence for a genotoxic potential for fentanyl.

### **Carcinogenicity**

A 26-week Tg.AC transgenic mouse dermal carcinogenicity study was conducted with fentanyl. The mice were treated with daily dermal applications of 5, 15 or 50 mcg/dose/day of fentanyl in acetone. A positive control group was included and was dosed dermally with 1.25 mcg TPA in acetone, three times per week. There were no treatment-related increases in the incidence of dermal papilloma formation at the site of application, and no increase in the occurrence of neoplastic lesions. The positive control produced the expected significant increase in the incidence of dermal papillomas at the site of application, thereby validating the results of this 26-week dermal carcinogenicity study.

A 104-week subcutaneous carcinogenicity study in rats was conducted with fentanyl citrate. Dose levels evaluated in this study were 0, 12.5, 25, and 50 mcg/kg/day for male rats, and 0, 25, 50 and 100 mcg/kg/day for female rats (dose levels expressed as fentanyl base). Fentanyl did not produce any microscopic findings that were indicative of oncogenic potential following lifetime exposure.



## **Reproductive and Developmental Toxicity**

Developmental and reproductive toxicity studies consisting of a fertility and general reproductive performance study in rats, studies to assess embryo-fetal development in rats and rabbits, and a study in rats to determine pre- and postnatal development, including an evaluation of behavior, learning and reproductive function in the F<sub>1</sub> offspring have been performed.

In the fertility and early embryonic development study in rats where treated male rats were mated with untreated female rats and treated female rats were mated with untreated males, a male mediated effect was observed in the untreated females mated with males given subcutaneous doses of 300 mcg/kg/day for 28 days prior to mating. The observed effects in these untreated females included significant decreases in implantation sites, significant increases in pre-implantation loss and decreases in viable embryos. These effects were related to severe changes in sperm parameters including a significant decrease in the percentage of mobile sperm and sperm concentrations, and a significant increase in the percentage of abnormal sperm. These effects were considered to be indirect effects of fentanyl treatment in these male rats. Due to the marked sedation noted in these males, it is likely that the testis was pushed into the inguinal canal, thereby affecting the temperature of the testis leading to adverse effects on spermatogenesis in these males. No reproductive effects were seen in treated females mated with untreated males.

Embryo-fetal developmental toxicity studies were also conducted in rats and rabbits. Although the expected exaggerated pharmacological effects of fentanyl were observed in both studies, there were no fentanyl-related malformations or developmental variations observed in pregnant female rats at subcutaneous doses up to 100 mcg/kg/day, or in pregnant rabbits at subcutaneous doses up to 250 mcg/kg/day, when administered during the period of organogenesis.

In a pre- and post-natal developmental toxicity study which evaluated the effect of fentanyl citrate on the pregnant/lactating female rat and on development of the conceptus and offspring following exposure of the female from implantation through weaning, mortality and exaggerated pharmacological effects were observed at doses of 100 and 400 mcg/kg/day. Based upon the significant maternal toxicity observed at 400 mcg/kg/day, several adverse effects were observed in the F<sub>1</sub> litters. The number of live pups/litter was significantly decreased on post-natal day 4 at 400 mcg/kg/day. Clinical signs observed in these F<sub>1</sub> pups during the lactation included decreased activity, skin cold to touch, and moribundity. In this group, pup body weights were lower throughout lactation, and continued to be lower throughout the pre-mating, mating and gestation period. In the 400 mcg/kg/day group, a delay in static righting reflex and eye opening, and reduced auditory response were observed. Sexual maturation was delayed in these high-dose pups. Motor activity parameters were also affected by treatment with 400 mcg/kg/day. No effects on reproductive and fertility parameters were observed in the F<sub>1</sub> pups, although the mean implantation sites were reduced in the F<sub>1</sub> pups from the 400 mcg/kg/day group.

Test article-related clinical signs in F<sub>1</sub> pups during the lactation period consisted of decreased activity, skin cold to touch, and moribundity. Pup body weights by sex and both sexes combined were significantly reduced throughout the lactation period (PND 0-21) and continued to be lower throughout the pre-mating, mating, and gestation period at 400 mcg/kg/day. Male pup body weights were significantly lower on PND 4 (pre- and post- culling) at 100 mcg/kg/day. A test

article-related delay in static righting reflex and eye opening and reduced auditory response were observed in pups at 400 mcg/kg/day. Additionally, vaginal opening and preputial separation were significantly delayed at 400 mcg/kg/day. Some motor activity parameters were also affected at 400 mcg/kg/day. No effect on F<sub>1</sub> reproductive and fertility parameters were seen in any of the dosing groups; however, mean implantation sites per animal were significantly reduced at 400 mcg/kg/day. A dose-related systemic exposure of pregnant female rats to fentanyl and norfentanyl was demonstrated following once-daily subcutaneous administration of 25, 50, 100 or 400 mcg/kg/day fentanyl base for up to approximately 5 weeks (i.e. from GD 6 to LD 20). Based on the results of this pre- and postnatal developmental toxicity study, the no-observed-adverse-effect level (NOAEL) for maternal, reproductive, and developmental toxicity was considered to be 50 mcg/kg/day.

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**READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE  
PATIENT MEDICATION INFORMATION**

**<sup>N</sup>FENTORA™  
fentanyl buccal/sublingual effervescent tablets**

Read this carefully before you start taking **FENTORA** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **FENTORA**.

**Serious Warnings and Precautions**

- **Do not use FENTORA unless you are regularly using another opioid pain medicine continuously for your cancer pain and your body is used to these medicines (this means you are opioid tolerant). You can ask your healthcare professional if you are opioid tolerant.**
- **Even if you take FENTORA as prescribed you are at a risk for opioid addiction, abuse and misuse. This can lead to overdose and death.**
- **You may get life-threatening breathing problems while taking FENTORA. This is less likely to happen if you take it as prescribed by your doctor. Babies are at risk of life-threatening breathing problems if their mothers take opioids while pregnant or nursing.**
- **You should never give anyone your FENTORA. They could die from taking it. If a person has not been prescribed FENTORA, taking even one dose can cause a fatal overdose. This is especially true for children and for an adult who is not already taking opioids continuously.**
- **In an emergency, try to remove FENTORA from the mouth.**
- **If you stop taking your regular opioid pain medicine for your cancer pain, you must stop using FENTORA. You may no longer be opioid-tolerant. Talk to your healthcare professional about how to treat your pain.**
- **You or a family member should call your doctor or get emergency medical help immediately if you have trouble breathing, drowsiness with slow breathing, slow shallow breathing (little chest movement with breathing) or feel faint, dizzy, confused, or have other unusual symptoms. These can be symptoms of an overdose with FENTORA. Your dose of FENTORA may be too high for you. These symptoms may**

**lead to serious problems or death if not treated immediately. If you have any of the above symptoms, do not take another dose of FENTORA.**

- **Use FENTORA exactly as prescribed by your healthcare professional.**
  - **You must begin treatment with FENTORA at the lowest dose of 100 mcg.**
  - **You must not use more than ONE dose of FENTORA for each episode of breakthrough cancer pain.**
  - **You must wait at least 4 hours before treating a new episode of breakthrough pain with FENTORA.**
  - **You must not treat more than 4 episodes of breakthrough pain per day. Talk to your healthcare professional if you have more than 4 episodes of breakthrough cancer pain per day. The dose of your around-the-clock opioid pain medicine may need to be changed.**
- **Do not switch from FENTORA to other medicines that contain fentanyl without talking with your healthcare professional. The amount of fentanyl in a dose of FENTORA is not the same as the amount of fentanyl in other medicines that contain fentanyl. Your healthcare professional will prescribe a starting dose of FENTORA that may be different than other fentanyl containing medicines you may have been taking.**
- **If you took FENTORA while you were pregnant, whether for short or long periods of time or in small or large doses, your baby can suffer life-threatening withdrawal symptoms after birth. This can occur in the days after birth and for up to 4 weeks after delivery. If your baby has any of the following symptoms:**
  - **has changes in their breathing (such as weak, difficult or fast breathing)**
  - **is unusually difficult to comfort**
  - **has tremors (shakiness)**
  - **has increased stools, sneezing, yawning, vomiting, or fever****Seek immediate medical help for your baby.**
- **Keep FENTORA in a safe place away from children and pets. Do not use FENTORA in front of children.**
- **Taking FENTORA with other opioid medicines, benzodiazepines, alcohol, or other central nervous system depressants (including street drugs) can cause severe drowsiness, decreased awareness, breathing problems, coma, and death.**

### **What is FENTORA used for?**

FENTORA is used to manage sudden bursts of pain described as “breakthrough pain” in adults with cancer who are already taking other opioid pain medicines regularly for cancer pain.

FENTORA is started only after you have been taking other opioid pain medicines and your body has become used to them (you are “opioid-tolerant”). Do not use FENTORA if you are not opioid-tolerant. Do not use FENTORA if you are under 18 years of age.

**How does FENTORA work?**

FENTORA is a painkiller belonging to the class of drugs known as opioids. It relieves pain by acting on specific nerve cells of the spinal cord and brain.

**What are the ingredients in FENTORA?**

Medicinal ingredients: Fentanyl citrate

Non-medicinal ingredients: Citric acid, magnesium stearate, mannitol, sodium bicarbonate, sodium carbonate, sodium starch glycolate

**FENTORA comes in the following dosage forms:**

FENTORA is a tablet that you place between your gum and cheek or under the tongue. These tablets are called “Buccal/Sublingual Effervescent Tablets” and they come in strengths of 100, 200, 400, 600 and 800 micrograms of fentanyl. Each tablet strength comes in a box and blister pack with a different colour, as shown below:

<b>Tablet Strength</b>	<b>Box and Blister Colour</b>
100 mcg	Blue
200 mcg	Orange
400 mcg	Sage green
600 mcg	Magenta (pink)
800 mcg	Yellow

**Do not use FENTORA if:**

- your doctor did not prescribe it for you
- you are not taking other opioid pain medicines for your cancer pain. Your body must already be used to taking opioid pain medicine when you take FENTORA.
- you are allergic to fentanyl citrate or any of the other ingredients in FENTORA.
- you have severe asthma, trouble breathing, or other breathing problems
- you have any heart problems
- you have bowel blockage or narrowing of the stomach or intestines
- you have severe pain in your abdomen
- you have a head injury
- you are at risk for seizures
- you suffer from alcoholism

- you are taking or have taken within the past 2 weeks a Monoamine Oxidase inhibitor (MAOi) (such as phenelzine sulphate, tranylcypromine sulphate, moclobemide or selegiline).
- you are going to have, or recently had, a planned surgery
- you are in labour
- you are breastfeeding

**To help avoid side effects and ensure proper use, talk to your healthcare professional before you take FENTORA. Talk about any health conditions or problems you may have, including if you:**

- have a history of illicit or prescription drug or alcohol abuse
- have severe kidney, liver or lung disease
- have low blood pressure
- have past or current depression
- suffer from migraines
- suffer from chronic or severe constipation
- have problems with your thyroid, adrenal or prostate gland
- have, or had in the past, hallucinations or other severe mental problems
- are pregnant or planning to become pregnant

**Other warnings you should know about:**

**Opioid dependence and addiction:** There are important differences between physical dependence and addiction. It is important that you talk to your doctor if you have questions or concerns about abuse, addiction or physical dependence.

**Pregnancy, nursing, labour and delivery:** Opioids can be transferred to your baby through breast milk, or while still in the womb. FENTORA can then cause life-threatening breathing problems in your unborn baby or nursing infant. Your doctor will determine if the benefits of using FENTORA outweigh the risks to your unborn baby or nursing infant.

If you are pregnant and are taking FENTORA, it is important that you don't stop taking your medication all of a sudden. If you do, it can cause a miscarriage or a still-birth. Your doctor will monitor and guide you on how to slowly stop taking FENTORA. This may help avoid serious harm to your unborn baby.

**Driving and using machines:** Before you do tasks which may require special attention, you should wait until you know how you react to FENTORA. FENTORA can cause:

- drowsiness
- dizziness or
- lightheadedness

This can usually occur after you take your first dose and when your dose is increased.

**Disorder of the adrenal gland:** You may develop a disorder of the adrenal gland called adrenal insufficiency. This means that your adrenal gland is not making enough of certain hormones. You may experience symptoms such as:

- nausea, vomiting
- feeling tired, weak or dizzy
- decreased appetite

You may be more likely to have problems with your adrenal gland if you have been taking opioids for longer than one month. Your doctor may do tests, give you another medication, and slowly take you off FENTORA.

**Serotonin Syndrome:** FENTORA can cause Serotonin Syndrome, a rare but potentially life-threatening condition. It can cause serious changes in how your brain, muscles and digestive system work. You may develop Serotonin Syndrome if you take FENTORA with certain antidepressants or migraine medications.

Serotonin Syndrome symptoms include:

- fever, sweating, shivering, diarrhea, nausea, vomiting;
- muscle shakes, jerks, twitches or stiffness, overactive reflexes, loss of coordination;
- fast heartbeat, changes in blood pressure;
- confusion, agitation, restlessness, hallucinations, mood changes, unconsciousness, and coma.

**Sexual Function/Reproduction:** Long term use of opioids may lead to a decrease in sex hormone levels. It may also lead to low libido (desire to have sex), erectile dysfunction or being infertile.

**Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.**

**The following may interact with FENTORA:**

- Alcohol. This includes prescription and non-prescription medications that contain alcohol. **Do not** drink alcohol while you are taking FENTORA. It can lead to:
  - drowsiness
  - unusually slow or weak breathing
  - serious side effects or
  - a fatal overdose
- other sedative drugs which may enhance the drowsiness caused by FENTORA
- other opioid analgesics (drugs used to treat pain)
- general anesthetics (drugs used during surgery)
- benzodiazepines (drugs used to help you sleep or that help reduce anxiety)
- antidepressants (for depression and mood disorders). **Do not** take FENTORA with MAO inhibitors (MAOi) or if you have taken MAOi's in the last 14 days.



- drugs used to treat migraines (e.g. triptans)
- drugs used to treat serious mental or emotional disorders (such as schizophrenia)
- antihistamines (drugs used to treat allergies)
- anti-emetics (drugs used for the prevention of vomiting)
- drugs used to treat muscle spasms and back pain
- CYP3A4 inhibitors and inducers. (Ask your healthcare professional about these drugs if you think you may be taking them.)
- grapefruit juice
- St. John's Wort

**How to take FENTORA:**

**Usual Adult Starting Dose:**

**All patients MUST begin treatment using one 100 microgram FENTORA tablet.**

To find the right dose for you, your doctor will instruct you on how to safely increase your dose until you reach a dose that gives you enough pain relief. If there are any side effects, they should be acceptable to you.

Your dose is tailored/personalized just for you. Be sure to follow your doctor's dosing instructions exactly. Do not increase or decrease your dose without consulting your doctor.

Review your pain regularly with your doctor to determine if you still need FENTORA. Be sure to use FENTORA only for the condition for which it was prescribed.

If your pain increases or you develop any side effect as a result of taking FENTORA, tell your doctor immediately.

**Your doctor will give you a prescription to treat up to four breakthrough pain episodes per day by using the right dose.**

**Do not split, suck, chew, or swallow FENTORA tablets. You will get less relief for your breakthrough cancer pain. Use FENTORA tablets whole.**

Wait 30 minutes after using FENTORA. If any FENTORA tablet is left in your mouth, you may drink a glass of water to help you swallow the left-over medicine.

You must not use more than one dose of FENTORA for each episode of breakthrough cancer pain.

- If your breakthrough pain does not get better after the single dose of FENTORA, call your healthcare professional for instructions. **Do not use another dose of FENTORA for the same episode of breakthrough pain.**

Wait at least 4 hours before treating a new episode of breakthrough cancer pain with FENTORA.

- Take only one dose of FENTORA for an episode of breakthrough pain. You must wait 4 hours from the time of that dose to take another dose of FENTORA for a **new** episode of breakthrough pain.

**It is important for you to keep taking your opioid pain medicine regularly while using FENTORA.**

Talk to your healthcare professional if your dose of FENTORA does not relieve your breakthrough cancer pain. Your healthcare professional will decide if your dose of FENTORA needs to be changed. Do not skip to a higher dose unless instructed to do so by your doctor.

Do not treat more than 4 breakthrough pain episodes per day with FENTORA. Talk to your healthcare professional if you have more than 4 episodes of breakthrough cancer pain per day. The dose of your regular opioid pain medicine may need to be changed.

If you begin to feel dizzy, sick to your stomach, or very sleepy before the tablet is completely dissolved, rinse your mouth with water and spit the remaining pieces of the tablet into a sink or toilet right away. Rinse the sink or flush the toilet to dispose of any remaining tablet pieces.

**FENTORA Dosing Instructions:**

**When you get an episode of breakthrough cancer pain, use the dose of FENTORA prescribed by your healthcare professional as follows:**

FENTORA comes packaged as a blister card containing 4 blister units. Each blister unit contains 1 FENTORA tablet.

- **Do not open a blister until ready to use.**
- Separate one of the blister units from the blister card by tearing apart at the perforations. See **Figure 1**
- Bend the blister unit along the line where indicated. The product strength of your FENTORA tablets will be printed in the box below and in **Figure 1**:

**XXX mcg**

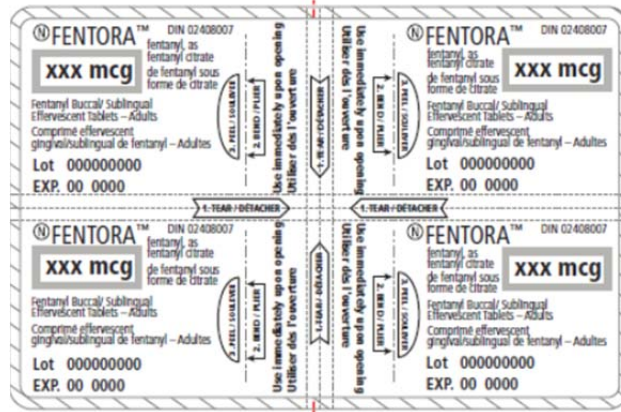


Figure 1

- Peel back foil on blister unit to expose tablet (see **Figure 2**).



Figure 2

- **Do not push the tablet** through the foil on the blister unit because this could damage the tablet.
- When removed from the blister unit, FENTORA tablet must be used right away.
- Do not split the FENTORA tablet. **Use FENTORA tablets whole.**
- You can place a FENTORA tablet in your mouth:
  - above a back molar tooth between the upper cheek and gum. **Leave the tablet in place until it dissolves.** A FENTORA tablet generally takes 14 to 25 minutes to dissolve (see **Figure 3**)



Figure 3

- on the floor of your mouth, under your tongue (see **Figures 4a, 4b, 4c, 4d**)

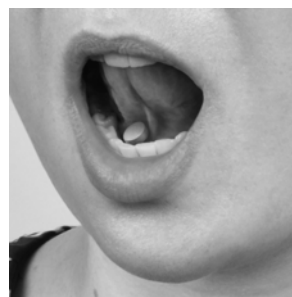
- When placing the tablet under your tongue, first lift your tongue (**4b**), then place the tablet under your tongue (**4c**), and lower your tongue over the tablet (**4d**)



**Figure 4a**



**Figure 4b**



**Figure 4c**



**Figure 4d**

- **Leave the tablet in place until it dissolves.** A FENTORA tablet generally takes 14 to 25 minutes to dissolve.
- After 30 minutes, if there is any FENTORA left in your mouth, you may drink a glass of water to help you swallow the left-over medicine.
- If you cannot use FENTORA in this manner, tell your healthcare professional. Your healthcare professional will tell you what to do. Do not split the tablet.
- **Do not split, suck, chew or swallow FENTORA tablets.** You will get less relief for your breakthrough cancer pain.

### **Stopping your Medication**

If you have been taking FENTORA for more than a few days you should not stop taking it all of a sudden. Your doctor will monitor and guide you on how to slowly stop taking FENTORA.

You should do it slowly to avoid uncomfortable symptoms such as having:

- body aches
- diarrhea
- goosebumps
- loss of appetite
- nausea
- feeling nervous or restless
- runny nose
- sneezing
- tremors or shivering
- stomach cramps
- rapid heart rate (tachycardia)
- having trouble sleeping
- an unusual increase in sweating
- heart palpitations
- an unexplained fever
- weakness
- yawning

By reducing or stopping your opioid treatment, your body will become less used to opioids. If you start treatment again, you will need to start at the lowest dose. You may overdose if you restart at the last dose you took before you slowly stopped taking FENTORA.

### **Refilling your Prescription for FENTORA:**

A new written prescription is required from your doctor each time you need more FENTORA. Therefore, it is important that you contact your doctor before your current supply runs out.

Only obtain prescriptions for this medicine from the doctor in charge of your treatment. Do not seek prescriptions from other doctors unless you switch to another doctor for your pain management.

### **Overdose:**

If you think you have taken too much FENTORA, contact your healthcare professional, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

Signs of overdose may include:

- unusually slow or weak breathing
- dizziness
- confusion
- extreme drowsiness

**In cases of possible overdose try to remove any FENTORA tablets still remaining in the mouth.**

### **What are possible side effects from using FENTORA?**

These are not all the possible side effects you may feel when taking FENTORA. If you experience any side effects not listed here, contact your healthcare professional.

Side effects may include:

- Drowsiness
- Insomnia
- Dizziness
- Fainting
- Nausea, vomiting, or a poor appetite
- Dry mouth
- Headache
- Problems with vision
- Weakness, uncoordinated muscle movement
- Itching

- Sweating
- Constipation
- Low sex drive, impotence (erectile dysfunction), infertility

Talk with your doctor or pharmacist about ways to prevent constipation when you start using FENTORA.

<b>Serious side effects and what to do about them</b>			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>RARE</b>			
<b>Overdose:</b> hallucinations, confusion, inability to walk normally, slow or weak breathing, extreme sleepiness, sedation or dizziness, floppy muscles/low muscle tone, cold and clammy skin.			√
<b>Respiratory Depression:</b> Slow, shallow or weak breathing.			√
<b>Allergic Reaction:</b> rash, hives, swelling of the face, lips, tongue or throat, difficulty swallowing or breathing			√
<b>Bowel Blockage (impaction):</b> abdominal pain, severe constipation, nausea			√
<b>Withdrawal:</b> nausea, vomiting, diarrhea, anxiety, shivering, cold and clammy skin, body aches, loss of appetite, sweating.		√	
<b>Fast, Slow or Irregular Heartbeat:</b> heart palpitations.		√	
<b>Low Blood Pressure:</b> dizziness, fainting, light-headedness.	√		
<b>Serotonin Syndrome:</b> agitation or restlessness, loss of muscle control or muscle twitching, tremor, diarrhea			√

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, talk to your healthcare professional.

### **Reporting Side Effects**

We encourage you to report serious or unexpected side effects to Health Canada. The information is used to check for new safety concerns about health products. As a consumer, your report contributes to the safe use of health products for everyone.

#### **3 ways to report:**

- Online at MedEffect: <https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada.html>
- By calling 1-866-234-2345 (toll-free);
- By completing a Consumer Side Effect Reporting Form and sending it by:
  - Fax to 1-866-678-6789 (toll-free), or
  - Mail to: Canada Vigilance Program  
Health Canada, Postal Locator 0701E  
Ottawa, ON  
K1A 0K9Postage paid labels and the Consumer Side Effect Reporting Form are available at MedEffect (<https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada.html>).

*NOTE: Should you require information related to the management of side effects, contact your health professional. The Canada Vigilance Program does not provide medical advice.*

### **Storage:**

- **Keep unused or expired FENTORA in a secure place to prevent theft, misuse or accidental exposure.**
- Store FENTORA in original package at 20 - 25°C. If necessary, you may store FENTORA between 15° and 30°C, until ready to use.
- Keep FENTORA in the original blister unit. FENTORA should be used immediately after opening the child-resistant package. Do not remove FENTORA from its blister packaging for storage in a temporary container, such as a pill box.
- Keep FENTORA dry.
- **Keep FENTORA under lock, out of sight and reach of children and pets.**
- **Never take medicine in front of small children as they will want to copy you. Accidental ingestion by a child is dangerous and may result in death. If a child accidentally takes FENTORA, get emergency help right away.**

### **Disposal:**

**FENTORA should never be thrown into household trash, where children and pets may find it.** It should be returned to a pharmacy for proper disposal.

**If you want more information about FENTORA:**

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this consumer medication information by visiting the Health Canada website (<https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html>); the manufacturer's website <http://www.tevacanadainnovation.ca>, or by calling 1-855-513-8382.

This leaflet was prepared by Teva Canada Innovation

Last revised: March 5, 2018