

PRODUCT MONOGRAPH

^{Pr}**GABAPENTIN**

Gabapentin Capsules, House Standard
100 mg, 300 mg and 400 mg

Antiepileptic Agent

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PART I: HEALTH PROFESSIONAL INFORMATION

SUMMARY PRODUCT INFORMATION

Route of Administration	Dosage Form / Strength	All Non-medicinal Ingredients
Oral	Capsules: 100 mg, 300 mg, and 400 mg	Corn Starch, Lactose Anhydrous, and Talc. Capsule shells contain Gelatin, Red Iron Oxide (400 mg), Titanium Dioxide, and Yellow Iron Oxide (300 mg and 400 mg).

INDICATIONS AND CLINICAL USE

Adults

GABAPENTIN (gabapentin) is indicated as adjunctive therapy for the management of patients with epilepsy who are not satisfactorily controlled by conventional therapy.

Geriatrics (> 65 years of age)

Systematic studies in geriatric patients have not been conducted (see WARNINGS AND PRECAUTIONS, Special Populations).

Pediatrics (< 18 years of age)

The safety and efficacy in patients under the age of 18 have not been established (see WARNINGS AND PRECAUTIONS, Special Populations).

CONTRAINDICATIONS

Hypersensitivity

GABAPENTIN (gabapentin) is contraindicated in patients who have demonstrated hypersensitivity to the drug or to any of the components of the formulation.

WARNINGS AND PRECAUTIONS

General

GABAPENTIN (gabapentin) is not considered effective in the treatment of absence seizures and should therefore be used with caution in patients who have mixed seizure disorders that include absence seizures.

Discontinuation of Treatment with GABAPENTIN

As with other anticonvulsant agents, abrupt withdrawal is not recommended because of the possibility of increased seizure frequency. There have been post-marketing reports of adverse events such as anxiety, insomnia, nausea, pain and sweating following abrupt discontinuation of treatment (see ADVERSE REACTIONS, Post-Market Adverse Drug Reactions). When in the judgement of the clinician there is a need for dose reduction, discontinuation or substitution with an alternative medication, this should be done gradually over a minimum of 1 week (a longer period may be needed at the discretion of the prescriber).

Psychomotor Impairment

Patients with uncontrolled epilepsy should not drive or handle potentially dangerous machinery. During clinical trials, the most common adverse reactions observed were somnolence, ataxia, fatigue, and nystagmus. Patients should be advised to refrain from activities requiring mental alertness or physical coordination until they are sure that GABAPENTIN does not affect them adversely.

Central Nervous System Depression

Respiratory Depression

Gabapentin has been associated with central nervous system (CNS) depression including sedation, somnolence, loss of consciousness as well as serious cases of respiratory depression. Patients with compromised respiratory function, respiratory or neurological disease, renal impairment and the elderly are at higher risk of experiencing these severe adverse effects. Concomitant use of CNS depressants with gabapentin is also a contributing factor.

Concomitant Use with Opioids

Concomitant use of opioids with gabapentin potentiates the risk of respiratory depression, profound sedation, syncope, and death. Gabapentin concentrations may also increase in patients receiving concomitant opioid (see DRUG INTERACTIONS).

Patients who require concurrent treatment with opioids or other CNS depressants should be observed carefully for signs and symptoms of CNS depression, and the dose of gabapentin or opioid should be reduced accordingly. See also DOSAGE AND ADMINISTRATION, Dosing Considerations.

Carcinogenesis and Mutagenesis

Gabapentin produced an increased incidence of acinar cell adenomas and carcinomas in the pancreas of male rats, but not female rats or in mice, in oncogenic studies with doses of 2000 mg/kg which resulted in plasma concentrations 14 times higher than those occurring in humans at a dose of 2400 mg/day. The relevance of these pancreatic acinar cell tumours in male rats to humans is unknown, particularly since tumours of ductal rather than acinar cell origin are the predominant form of human pancreatic cancer (see TOXICOLOGY, Carcinogenesis and Mutagenesis).

Dependence/Tolerance

The abuse and dependence potential of gabapentin has not been evaluated in human studies. Cases of abuse and dependence have been reported in the post-marketing database. These individuals were taking higher than recommended doses of gabapentin for unapproved uses. Most of the individuals described in these reports had a history of polysubstance abuse or used gabapentin to relieve symptoms of withdrawal from other substances. As with any CNS active drug, physicians should carefully evaluate patients for a history of drug abuse and follow such patients closely, observing them for signs of abuse or misuse of GABAPENTIN (e.g., development of tolerance, self-dose escalation, and drug-seeking behavior).

There are rare post-marketing reports of individuals experiencing withdrawal symptoms shortly after discontinuing higher than recommended doses of gabapentin used to treat illnesses for which the drug is not indicated. Such symptoms included agitation, disorientation and confusion after suddenly discontinuing gabapentin that resolved after restarting gabapentin. Most of these individuals had a history of poly-substance abuse or used gabapentin to relieve symptoms of withdrawal from other substances.

Hypersensitivity

Serious Dermatological Reactions

There have been post-marketing reports of Stevens-Johnson syndrome (SJS) and Erythema multiforme (EM) in patients during treatment with gabapentin. Should signs and symptoms suggest SJS or ER, gabapentin should be discontinued immediately (see Post-Marketing Adverse Drug Reactions).

There have been reports in the post-marketing experience of hypersensitivity including systemic reactions and cases of urticaria and angioedema (see Post-Marketing Adverse Drug Reactions).

Drug Reaction with Eosinophilia and Systemic Symptoms (DRESS)

Severe, life-threatening, systemic hypersensitivity reactions such as Drug rash with eosinophilia and systemic symptoms (DRESS) syndrome have been reported in patients taking antiepileptic drugs including gabapentin.

It is important to note that early manifestations of hypersensitivity, such as fever or lymphadenopathy, may be present even though rash is not evident. If such signs or symptoms are

present, the patient should be evaluated immediately. Gabapentin should be discontinued if an alternative etiology for the signs or symptoms cannot be established.

Prior to initiation of treatment with gabapentin, the patient should be instructed that a rash or other signs or symptoms of hypersensitivity such as fever or lymphadenopathy may herald a serious medical event and that the patient should report any such occurrence to a physician immediately.

Anaphylaxis

Gabapentin can cause anaphylaxis. Signs and symptoms in reported cases have included difficulty breathing, swelling of the lips, throat and tongue and hypotension requiring emergency treatment. Patients should be instructed to discontinue gabapentin and seek immediate medical care should they experience signs or symptoms of anaphylaxis.

Neurologic

Gabapentin treatment has been associated with dizziness and somnolence, which could increase the occurrence of accidental injury (fall). There have also been post-marketing reports of agitation, confusion, loss of consciousness and mental impairment. Therefore, patients should be advised to exercise caution until they are familiar with the potential effects of the medication (see DOSAGE AND ADMINISTRATION, Dosing Considerations and Special Patient Populations).

Psychiatric

Suicidal Ideation and Behaviour

Suicidal ideation and behaviour have been reported in patients treated with antiepileptic agents in several indications.

All patients treated with antiepileptic drugs, irrespective of indication, should be monitored for signs of suicidal ideation and behaviour and appropriate treatment should be considered. Patients (and caregivers of patients) should be advised to seek medical advice should signs of suicidal ideation or behaviour emerge.

An FDA meta-analysis of randomized placebo controlled trials, in which antiepileptic drugs were used for various indications, has shown a small increased risk of suicidal ideation and behaviour in patients treated with these drugs. The mechanism of this risk is not known.

There were 43,892 patients treated in the placebo controlled clinical trials that were included in the meta-analysis. Approximately 75% of patients in these clinical trials were treated for indications other than epilepsy and, for the majority of non-epilepsy indications the treatment (antiepileptic drug or placebo) was administered as monotherapy. Patients with epilepsy represented approximately 25% of the total number of patients treated in the placebo controlled clinical trials and, for the majority of epilepsy patients, treatment (antiepileptic drug or placebo) was administered as adjunct to other antiepileptic agents (i.e., patients in both treatment arms were being treated with one or more antiepileptic drug). Therefore, the small increased risk of

suicidal ideation and behaviour reported from the meta-analysis (0.43% for patients on antiepileptic drugs compared to 0.24% for patients on placebo) is based largely on patients that received monotherapy treatment (antiepileptic drug or placebo) for non-epilepsy indications. The study design does not allow an estimation of the risk of suicidal ideation and behaviour for patients with epilepsy that are taking antiepileptic drugs, due both to this population being the minority in the study, and the drug-placebo comparison in this population being confounded by the presence of adjunct antiepileptic drug treatment in both arms.

Special Populations

Pregnant Women

Based on animal data, gabapentin may cause fetal harm (see TOXICOLOGY, Reproduction Studies). In non-clinical studies in mice, rats and rabbits, gabapentin was developmentally toxic (e.g., increased fetal skeletal and visceral abnormalities, and increased embryofetal mortality) when administered to pregnant animals at doses lower than the maximum recommended human dose (MRHD) of 3,600 mg/day on a body surface area (mg/m²) basis.

Teratogenic Potential

Gabapentin crosses the human placental barrier. Although there are no adequate and well-controlled studies in pregnant women, congenital malformations and adverse pregnancy outcomes have been reported with gabapentin use; both, from literature and Pregnancy Registries. Since the potential risk for humans is uncertain, gabapentin should only be used during pregnancy if the potential benefit to the mother outweighs the potential risk to the fetus. If women decide to become pregnant while taking GABAPENTIN, the use of this product should be carefully re-evaluated.

Pregnancy Registry

Physicians are advised to recommend that pregnant patients taking GABAPENTIN enroll in the North American Antiepileptic Drug (NAAED) Pregnancy Registry. This can be done by calling the toll-free number 1-888-233-2334, and must be done by patients themselves. Information on the registry can also be found at the following website: <http://aedpregnancyregistry.org/>.

Nursing Women

Gabapentin is excreted in human milk. There are no controlled studies on the effects of gabapentin on breast-fed infants. Because of the potential for serious adverse reactions in nursing infants, a decision should be made as to whether to discontinue nursing or to discontinue GABAPENTIN, taking into account the benefit of the drug to the mother.

Pediatrics (< 18 years of age)

The safety and efficacy in patients under the age of 18 have not been established.

Safety data in 39 patients between the ages of 12 and 18 years included in the double-blind, placebo-controlled trials showed that, at doses of 900 to 1,200 mg/day, the incidence of adverse events in this group of patients was similar to that observed in older individuals.

In controlled clinical trials involving patients, 3 to 12 years of age (N=323), psychiatric adverse events such as emotional lability, hostility, hyperkinesia and thought disorder were reported at a higher frequency in patients treated with gabapentin compared to placebo.

Geriatrics (> 65 years of age)

Systematic studies in geriatric patients have not been conducted. Adverse clinical events reported among 59 patients over the age of 65 years treated with gabapentin did not differ from those reported for younger individuals. The small number of individuals evaluated and the limited duration of exposure limits the strength of any conclusions reached about the influence of age, if any, on the kind and incidence of adverse events associated with the use of gabapentin.

As gabapentin is eliminated primarily by renal excretion, dosage adjustment may be required in elderly patients because of declining renal function (see DOSAGE AND ADMINISTRATION, Dosing Considerations; ACTION AND CLINICAL PHARMACOLOGY, Special Populations and Conditions).

Monitoring and Laboratory Tests

Clinical trials data do not indicate that routine monitoring of clinical laboratory parameters is necessary for the safe use of gabapentin. Gabapentin may be used in combination with other commonly used antiepileptic drugs without concern for alteration of the blood concentrations of gabapentin or other antiepileptic drugs.

ADVERSE REACTIONS

Adverse Drug Reaction Overview

Commonly Observed Adverse Events

The most commonly observed adverse events associated with the use of gabapentin in combination with other antiepileptic drugs, not seen at an equivalent frequency in placebo-treated patients, were somnolence, dizziness, ataxia, fatigue, nystagmus and tremor (see Table 1).

Adverse Events Leading to Discontinuation of Treatment

Approximately 6.4% of the 543 patients who received gabapentin in the placebo-controlled studies withdrew due to adverse events. In comparison, approximately 4.5% of the 378 placebo-controlled participants withdrew due to adverse events during these studies. The adverse events most commonly associated with withdrawal were somnolence (1.2%), ataxia (0.8%), fatigue, nausea and/or vomiting and dizziness (all at 0.6%).

Clinical Trial Adverse Drug Reactions

Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.

Incidence in Controlled Clinical Trials

Adults

Multiple doses of gabapentin were administered to 543 subjects with partial seizures in placebo controlled clinical trials of 12 weeks duration. In these studies, either gabapentin (at doses of 600, 900, 1,200 or 1,800 mg/day) or placebo was added to the patient's current antiepileptic drug therapy. Treatment-emergent signs and symptoms that occurred in at least 1% of patients participating in these studies are listed in Table 1.

Table 1: Treatment-Emergent Adverse Event Incidence in Placebo-Controlled Add-On Trials (Events in at Least 1% of Gabapentin Patients and Numerically More Frequent than in the Placebo Group)

	GABAPENTIN^a n=543 (%)	PLACEBO^a n=378 (%)
Body as a Whole		
Fatigue	11.0	5.0
Weight Increase	2.9	1.6
Back Pain	1.8	0.5
Peripheral Edema	1.7	0.5
Cardiovascular		
Vasodilatation	1.1	0.3
Digestive System		
Dyspepsia	2.2	0.5
Mouth or Throat Dry	1.7	0.5
Constipation	1.5	0.8
Dental Abnormalities	1.5	0.3
Increased Appetite	1.1	0.8
Hematologic and Lymphatic Systems:		
Leukopenia	1.1	0.5
Musculoskeletal		
Myalgia	2.0	1.9
Fracture	1.1	0.8
Nervous System		
Somnolence	19.3	8.7
Dizziness	17.1	6.9
Ataxia	12.5	5.6
Nystagmus	8.3	4.0
Tremor	6.8	3.2
Nervousness	2.4	1.9
Dysarthria	2.4	0.5
Amnesia	2.2	0.0
Depression	1.8	1.1
Thinking Abnormal	1.7	1.3

	GABAPENTIN^a n=543 (%)	PLACEBO^a n=378 (%)
Twitching	1.3	0.5
Coordination Abnormal	1.1	0.3
Respiratory System		
Rhinitis	4.1	3.7
Pharyngitis	2.8	1.6
Coughing	1.8	1.3
Skin and Appendages		
Abrasion	1.3	0.0
Pruritus	1.3	0.5
Urogenital System		
Impotence	1.5	1.1
Special Senses		
Diplopia	5.9	1.9
Amblyopia	4.2	1.1
Laboratory Deviations		
WBC Decreased	1.1	0.5

^a Plus background antiepileptic drug therapy.

Since gabapentin was administered most often in combination with other antiepileptic agents, it was not possible to determine which agent(s) was associated with adverse events.

Dose-Related Treatment Emergent Adverse Events

Among the treatment-emergent adverse events occurring in gabapentin-treated patients, somnolence and ataxia appeared to exhibit a positive dose-response relationship. Patients treated with 1,800 mg/day (n=54, from one controlled study) experienced approximately a two-fold increase, as compared to patients on lower doses of 600 to 1,200 mg/day (n=489, from several controlled studies), in the incidence of nystagmus (20.4%), tremor (14.8%), rhinitis (13%), peripheral edema (7.4%), coordination abnormal, depression and myalgia (all at 5.6%). Adverse events were usually mild to moderate in intensity, with a median time to resolution of 2 weeks.

Data from long-term, open, uncontrolled studies shows that gabapentin treatment does not result in any new or unusual adverse events.

Other Adverse Drug Reactions Observed in All Clinical Trials

Adverse events that occurred in at least 1% of the 2,074 individuals who participated in all clinical trials, only some of which were placebo-controlled, are described below. During these trials, all adverse events were recorded by the clinical investigators using terminology of their own choosing. To provide a meaningful estimate of the proportion of individuals having adverse events, similar types of events were grouped into a smaller number of standardized categories using modified COSTART dictionary terminology. These categories are used in the listing below. The frequencies presented represent the proportion of the 2,074 patients exposed to gabapentin who experienced an event of the type cited on at least one occasion while receiving gabapentin. All reported events are included except those already listed in Table 1, those too general to be informative, and those not reasonably associated with the use of the drug.

Events are further classified within body system categories and enumerated in order of decreasing frequency using the following definitions: frequent adverse events are defined as those occurring in at least 1/100 patients; infrequent adverse events are those occurring in 1/100 to 1/1,000 patients; rare events are those occurring in fewer than 1/1,000 patients.

Body as a Whole

Frequent: asthenia, malaise, face edema; *Infrequent:* allergy, generalized edema, weight decrease, chill; *Rare:* strange feelings, lassitude, alcohol intolerance, hangover effect.

Cardiovascular

Frequent: hypertension; *Infrequent:* hypotension, angina pectoris, peripheral vascular disorder, palpitation, tachycardia, migraine, murmur; *Rare:* atrial fibrillation, heart failure, thrombophlebitis, deep thrombophlebitis, myocardial infarction, cerebrovascular accident, pulmonary thrombosis, ventricular extrasystoles, bradycardia, premature atrial contraction, pericardial rub, heart block, pulmonary embolus, hyperlipidemia, hypercholesterolemia, pericardial effusion, pericarditis.

Digestive

Frequent: anorexia, flatulence, gingivitis; *Infrequent:* glossitis, gum hemorrhage, thirst, stomatitis, increased salivation, gastroenteritis, hemorrhoids, bloody stools, fecal incontinence, hepatomegaly; *Rare:* dysphagia, eructation, pancreatitis, peptic ulcer, colitis, blisters in mouth, tooth discolor, perlèche, salivary gland enlarged, lip hemorrhage, esophagitis, hiatal hernia, hematemesis, proctitis, irritable bowel syndrome, rectal hemorrhage, esophageal spasm.

Endocrine

Rare: hyperthyroid, hypothyroid, goiter, hypoestrogen, ovarian failure, epididymitis, swollen testicle, cushingoid appearance.

Hematologic and Lymphatic

Frequent: purpura most often described as bruises resulting from physical trauma; *Infrequent:* anemia, thrombocytopenia, lymphadenopathy; *Rare:* WBC count increased, lymphocytosis, non-Hodgkin's lymphoma, bleeding time increased.

Musculoskeletal

Frequent: arthralgia; *Infrequent:* tendinitis, arthritis, joint stiffness, joint swelling, positive Romberg test; *Rare:* costochondritis, osteoporosis, bursitis, contracture.

Nervous

Frequent: vertigo, hyperkinesia, paresthesia, decreased or absent reflexes, increased reflexes, anxiety, hostility; *Infrequent:* CNS tumors, syncope, dreaming abnormal, aphasia, hypesthesia, intracranial hemorrhage, hypotonia, dysesthesia, paresis, dystonia, hemiplegia, facial paralysis, stupor, cerebellar dysfunction, positive Babinski sign, decreased position sense, subdural hematoma, apathy, hallucination, decrease or loss of libido, agitation, paranoia, depersonalization, euphoria, feeling high, doped-up sensation, suicide attempt, psychosis; *Rare:* choreoathetosis, orofacial dyskinesia, encephalopathy, nerve palsy, personality disorder,

increased libido, subdued temperament, apraxia, fine motor control disorder, meningismus, local myoclonus, hyperesthesia, hypokinesia, mania, neurosis, hysteria, antisocial reaction, suicide.

Respiratory

Frequent: pneumonia; *Infrequent:* epistaxis, dyspnea, apnea; *Rare:* mucositis, aspiration pneumonia, hyperventilation, hiccup, laryngitis, nasal obstruction, snoring, bronchospasm, hypoventilation, lung edema.

Dermatological

Infrequent: alopecia, eczema, dry skin, increased sweating, urticaria, hirsutism, seborrhea, cyst, herpes simplex; *Rare:* herpes zoster, skin discolor, skin papules, photosensitive reaction, leg ulcer, scalp seborrhea, psoriasis, desquamation, maceration, skin nodules, subcutaneous nodule, melanosis, skin necrosis, local swelling.

Urogenital

Infrequent: hematuria, dysuria, urination frequency, cystitis, urinary retention, urinary incontinence, vaginal hemorrhage, amenorrhea, dysmenorrhea, menorrhagia, breast cancer, unable to climax, ejaculation abnormal; *Rare:* kidney pain, leukorrhea, pruritus genital, renal stone, acute renal failure, anuria, glycosuria, nephrosis, nocturia, pyuria, urination urgency, vaginal pain, breast pain, testicle pain.

Special Senses

Frequent: abnormal vision; *Infrequent:* cataract, conjunctivitis, eyes dry, eye pain, visual field defect, photophobia, bilateral or unilateral ptosis, eye hemorrhage, hordeolum, hearing loss, earache, tinnitus, inner ear infection, otitis, taste loss, unusual taste, eye twitching, ear fullness; *Rare:* eye itching, abnormal accommodation, perforated ear drum, sensitivity to noise, eye focusing problem, watery eyes, retinopathy, glaucoma, iritis, corneal disorders, lacrimal dysfunction, degenerative eye changes, blindness, retinal degeneration, miosis, chorioretinitis, strabismus, eustachian tube dysfunction, labyrinthitis, otitis externa, odd smell.

Post-Market Adverse Drug Reactions

Sudden, unexplained deaths in patients with epilepsy have been reported where a causal relationship to treatment with gabapentin has not been established.

Post-marketing adverse events that have been reported, which may have no causal relationship to gabapentin are as follows: agitation, anaphylactic reaction, angioedema, blood creatine phosphokinase increased, blood glucose abnormal, drug rash with eosinophilia and systemic symptoms, fall, gynaecomastia, hepatic function abnormal, hepatitis, hepatitis cholestatic, hepatitis fulminant, hyperglycemia, hypoglycemia, hypersensitivity, hyponatremia, jaundice, loss of consciousness, pancreatitis, pulmonary oedema, renal failure acute, rhabdomyolysis, sexual dysfunction (including changes in libido, ejaculation disorders and anorgasmia), Stevens-Johnson syndrome.

Adverse events following the abrupt discontinuation of gabapentin have also been reported during post-marketing experience. The most frequently reported events were anxiety, insomnia, nausea, pain and sweating.

DRUG INTERACTIONS

Overview

In vitro studies were performed to investigate the potential of gabapentin to inhibit the major cytochrome P450 enzymes (CYP1A2, CYP2A6, CYP2C9, CYP2C19, CYP2D6, CYP2E1, and CYP3A4) that mediate drug and xenobiotic metabolism, using isoform selective marker substrates and human liver microsomal preparations. Only at the highest concentration tested (171 mcg/mL; 1 mM) was a slight degree of inhibition (14% to 30%) observed with isoform CYP2A6. No inhibition was observed with any of the other isoforms tested at gabapentin concentrations up to 171 mcg/mL (approximately 15 times the C_{max} at 3,600 mg/day). Gabapentin is not an inducer of cytochrome P₄₅₀ enzymes.

At plasma concentrations associated with doses up to 3600 mg/day (C_{max} 11.6 mcg/mL), the highest recommended daily dose, a metabolically-based interaction between gabapentin and a drug whose clearance is dependent upon the major cytochrome P450 enzymes is unlikely.

Gabapentin is not metabolized to a significant extent in humans and does not interfere with the metabolism of commonly administered antiepileptic drugs (see DRUG INTERACTIONS, Drug-Drug Interactions, Antiepileptic agents). Gabapentin also shows a low level of binding to plasma proteins (approximately 3%) and is eliminated solely by renal excretion as unchanged drug (see ACTION AND CLINICAL PHARMACOLOGY). Consequently, there have been few drug interactions described in which the pharmacokinetics of gabapentin or other co-administered drugs were affected to an appreciable extent.

Drug-Drug Interactions

The drug interaction data described in this subsection were obtained from studies involving healthy adults and adult patients with epilepsy:

Antiepileptic Agents

There is no interaction between gabapentin and phenytoin, valproic acid, carbamazepine, or phenobarbital. Consequently, GABAPENTIN may be used in combination with other commonly used antiepileptic drugs without concern for alteration of the plasma concentrations of gabapentin or the other antiepileptic drugs.

Hydrocodone

Co-administration of single doses of gabapentin (125 mg to 500 mg; N=48) and hydrocodone (10 mg; N=50) decreased the C_{max} and AUC values of hydrocodone in a dose-dependent manner relative to administration of hydrocodone alone. The C_{max} and AUC values for hydrocodone were 2% and 4% lower, respectively, after administration of 125 mg gabapentin and 16% and

22% lower, respectively, after administration of 500 mg gabapentin. The mechanism for this interaction is unknown. Hydrocodone increased gabapentin AUC values by 14%. The magnitude of interaction with higher doses of gabapentin is not known.

Morphine

A literature article reported that when a 60 mg controlled release morphine capsule was administered 2 hours prior to a 600 mg gabapentin capsule in healthy volunteers (N=12), mean gabapentin AUC increased by 44% compared to gabapentin administered without morphine. Morphine pharmacokinetic parameter values were not affected by administration of gabapentin 2 hours after morphine in this study. Because this was a single dose study, the magnitude of the interaction at steady state and at higher doses of gabapentin are not known.

Naproxen

In healthy adult volunteers (N=18), the co-administration of single doses of naproxen sodium capsules (250 mg) and gabapentin (125 mg) increased the amount of gabapentin absorbed by 12% to 15%. Gabapentin did not affect naproxen pharmacokinetic parameters in this study. These doses are lower than the therapeutic doses for both drugs. Therefore, the magnitude of interaction at steady state and within the recommended dose ranges of either drug is not known.

Oral Contraceptives

Co-administration of gabapentin with the oral contraceptive norethindrone does not influence the steady-state pharmacokinetics of norethindrone or ethinyl estradiol.

Antacids

Co-administration of gabapentin with an aluminum and magnesium-based antacid reduces gabapentin bioavailability by up to 20%. Although the clinical significance of this decrease is not known, co-administration of similar antacids and gabapentin is not recommended.

Cimetidine

A slight decrease in renal excretion of gabapentin observed when it is co-administered with cimetidine is not expected to be of clinical importance. The effect of gabapentin on cimetidine has not been evaluated.

Probenecid

Renal excretion of gabapentin is unaltered by probenecid.

Drug-Food Interactions

GABAPENTIN is given orally with or without food.

Drug-Herb Interactions

Interactions with herbal products have not been established.

Drug-Laboratory Interactions

For urinary protein determination the sulfosalicylic acid precipitation procedure is recommended, as false positive readings were reported with the Ames N-Multistix SG[®] dipstick test, when gabapentin or placebo was added to other anticonvulsant drugs.

DOSAGE AND ADMINISTRATION

Dosing Considerations

Because GABAPENTIN is eliminated solely by renal excretion, dosage adjustments are recommended for patients with renal impairment (including elderly patients with declining renal function) and patients undergoing hemodialysis (see DOSAGE AND ADMINISTRATION, Special Patient Populations, Table 2; and WARNINGS AND PRECAUTIONS, Neurologic).

Adults

GABAPENTIN (gabapentin) is given orally with or without food.

Initial Dose

The starting dose is 300 mg three times a day.

Dose Range

The dose may be increased, depending on the response and tolerance of the patient, using 300 or 400 mg capsules, or 600 or 800 mg tablets 3 times a day up to 1,800 mg/day. In clinical trials, the effective dosage range was 900 to 1,800 mg/day, given 3 times a day using 300 mg or 400 mg capsules, or 600 mg or 800 mg tablets. Dosages up to 2,400 mg/day have been well tolerated in long-term open-label clinical studies. Doses of 3,600 mg/day have also been administered to a small number of patients for a relatively short duration and have been well tolerated.

Although data from clinical trials suggest that doses higher than 1,200 mg/day may have increased efficacy in some patients, higher doses may also increase the incidence of adverse events (see ADVERSE REACTIONS).

Maintenance

Daily maintenance doses should be given in three equally divided doses, and the maximum time between doses in a three times daily schedule should not exceed 12 hours to prevent breakthrough convulsions. It is not necessary to monitor gabapentin plasma concentrations in order to optimize GABAPENTIN therapy. Further, as there are no drug interactions with commonly used antiepileptic drugs, GABAPENTIN may be used in combination with these drugs without concern for alteration of plasma concentrations of either gabapentin or other antiepileptic drugs.

Discontinuation of Treatment, Dose Reduction or Initiation of Adjunctive Antiepileptic Therapy

If GABAPENTIN dose is reduced, discontinued or substituted with an alternate anticonvulsant or an alternate anticonvulsant is added to GABAPENTIN therapy, this should be done gradually over a minimum of 1 week (a longer period may be needed at the discretion of the prescriber (see WARNINGS AND PRECAUTIONS)).

Special Patient Populations

Geriatrics and Renal Impairment

Due to the primarily renal excretion of GABAPENTIN, the following dosage adjustments are recommended for elderly patients with declining renal function, patients with renal impairment and patients undergoing hemodialysis (see DOSAGE AND ADMINISTRATION, Dosing Considerations; ACTION AND CLINICAL PHARMACOLOGY, Special Populations and Conditions).

Table 2: Dosage of Gabapentin in Adults Based on Renal Function

Renal Function Creatinine Clearance (mL/min)	Total Daily Dose Range ¹ (mg/day)	Dose Regimen ²
≥60	900-3,600	Total daily dose (mg/ day) should be divided by 3 and administered three times daily (TID)
>30-59	400-1,400	Total daily dose (mg/ day) should be divided by 2 and administered twice daily (BID)
>15-29	200-700	Total daily dose (mg/ day) should be administered once daily (QD)
15	100-300	Total daily dose (mg/ day) should be administered once daily (QD). For patients with creatinine clearance <15 mL/min, reduce daily dose in proportion to creatinine clearance (e.g., patients with a creatinine clearance of 7.5 mL/min should receive one-half the daily dose that patients with a creatinine clearance of 15 mL/min receive).
Post-hemodialysis Supplemental Dose (mg)		
Hemo-dialysis	125-350	Patients on hemodialysis should receive maintenance doses as indicated and an additional post-hemodialysis dose administered after each 4 hours of hemodialysis.

¹ The table lists the recommended dose to be administered. When the recommended dose is unobtainable with the available dosage strengths, in these cases, dose selection should be based on available dosage strengths, clinical judgement and tolerability.

² Physician should administer the dose regimen according to the response and tolerance of the patient.

Pediatrics

GABAPENTIN (gabapentin) is not indicated for use in children under 18 years of age (see INDICATIONS AND CLINICAL USE; WARNINGS AND PRECAUTIONS, Special Populations).

Hepatic Impairment

Because gabapentin is not metabolized to a significant extent in humans, no studies have been performed in patients with hepatic impairment.

Missed Dose

Physicians should instruct their patients that if a dose is missed, the next one should be taken as soon as possible. However, if it is within 4 hours of the next dose, the missed dose is not to be taken and the patient should return to the regular dosing schedule. To avoid breakthrough convulsions the maximum time between doses should not exceed 12 hours.

OVERDOSAGE

Symptoms of Overdosage

Acute, life-threatening toxicity has not been observed with gabapentin overdoses of up to 49 grams ingested at one time. In these cases, dizziness, double vision, slurred speech, drowsiness, loss of consciousness, lethargy and mild diarrhea were observed. All patients recovered with supportive care.

Overdoses of gabapentin, particularly in combination with other CNS depressant medications, including opioids, can result in coma and death.

An oral lethal dose of gabapentin was not identified in mice and rats given doses as high as 8,000 mg/kg. Signs of acute toxicity in animals included ataxia, laboured breathing, ptosis, hypoactivity, or excitation.

Treatment of Overdosage

Gabapentin can be removed by hemodialysis. Although hemodialysis has not been performed in the few overdose cases reported, it may be indicated by the patient's clinical state or in patients with significant renal impairment.

Reduced absorption of gabapentin at higher doses may limit drug absorption at the time of overdosing and, hence, reduce toxicity from overdoses.

In managing overdose, consider the possibility of multiple drug involvement.

For management of a suspected drug overdose, contact your regional Poison Control Centre immediately.

ACTION AND CLINICAL PHARMACOLOGY

Mechanism of Action

Gabapentin readily enters the brain and prevents seizures in a number of animal models of epilepsy. Gabapentin is structurally related to the neurotransmitter GABA (gamma-aminobutyric acid), but does not possess affinity for either GABA_A or GABA_B receptor.

Gabapentin binds with high affinity to the $\alpha 2\text{-}\delta$ (alpha-2-delta) subunit of voltage-gated calcium channels. Broad panel screening suggests it does not bind to other neurotransmitter receptors of the brain and does not interact with sodium channels.

The relevance of the binding activity of gabapentin to the anticonvulsant effects in animal models and in humans remains to be established (see DETAILED PHARMACOLOGY).

Pharmacokinetics

All pharmacological actions following gabapentin administration are due to the activity of the parent compound; gabapentin is not metabolized to a significant extent in humans.

Plasma gabapentin concentrations are dose-proportional at doses of 300 to 400 mg q8h, ranging between 1 mcg/mL and 10 mcg/mL, but are less than dose-proportional above the clinical range (>600 mg q8h). There is no correlation between plasma levels and efficacy.

Gabapentin pharmacokinetics are not affected by repeated administration, and steady-state plasma concentrations are predictable from single dose data. Gabapentin steady-state pharmacokinetics are similar for healthy subjects and patients with epilepsy receiving antiepileptic agents.

Absorption

Following oral administration of gabapentin, peak plasma concentrations are observed within 2 to 3 hours. Absolute bioavailability of a 300 mg dose of gabapentin capsules is approximately 59%. At doses of 300 and 400 mg, gabapentin bioavailability is unchanged following multiple dose administration.

Food has no effect on the rate or extent of absorption of gabapentin.

Distribution

Less than 3% of gabapentin is bound to plasma proteins. The apparent volume of distribution of gabapentin after 150 mg intravenous administration is 58 ± 6 L (Mean \pm SD). In patients with epilepsy, gabapentin concentrations in cerebrospinal fluid are approximately 20% of corresponding steady-state trough plasma concentrations.

Metabolism

Gabapentin is not metabolized to a significant extent in humans. Gabapentin does not induce or inhibit hepatic mixed function oxidase enzymes responsible for drug metabolism and does not interfere with the metabolism of commonly co-administered antiepileptic drugs.

Excretion

Gabapentin is eliminated solely by renal excretion as unchanged drug, and can be removed from plasma by hemodialysis. Gabapentin elimination rate constant, plasma clearance and renal clearance are directly proportional to creatinine clearance. The elimination half-life of gabapentin is independent of dose and averages 5 to 7 hours in subjects with normal renal function.

Table 3 summarizes the mean steady-state pharmacokinetic parameters of gabapentin capsules.

Table 3: Summary of Gabapentin Mean Steady-State Pharmacokinetic Parameters in Adults Following Q8H Administration

Pharmacokinetic Parameter	300 mg (N=7)	400 mg (N=11)
C _{max} (mcg/mL)	4.02	5.50
t _{max} (hr)	2.7	2.1
T _{1/2} (hr)	5.2	6.1
AUC _(0-α) (mcg•hr/mL)	24.8	33.3
AE% ¹	NA	63.6

¹ Amount excreted in urine (% of dose)

NA = Not available

Bioequivalence of Dosage Forms

Gabapentin 600 mg and 800 mg tablets are bioequivalent to two 300 mg capsules and two 400 mg capsules, respectively. The results of a single-dose, two-way crossover, comparative bioavailability study in the fasted state comparing gabapentin 600 mg tablets and 2 x 300 mg gabapentin capsules are summarized below (Table 4).

Table 4: Summary Table of the Comparative Bioavailability Data Gabapentin 600 mg Tablets and Gabapentin 2 x 300 mg Capsules

Parameter	Gabapentin				% Ratio of Geometric Means
	600 mg tablets		2 x 300 mg capsules		
	Arithmetic (CV%)	Geometric	Arithmetic (CV%)	Geometric	
	Mean values from measured data				
AUC _T (mcg•hr/mL)	51.3 (31.8)	48.9	46.8 (28.4)	45.2	108
AUC _I (mcg•hr/mL)	52.5 (30.2)	50.4	47.7 (27.1)	46.1	109
C _{max} (mcg/mL)	4.94 (30.9)	4.71	4.48 (25.9)	4.35	108
T _{max} (hr)	3.2 (27.3)	-	3.5 (34.1)	-	-
T _{1/2} (hr)	15.6 (88.2)	-	15.4 (90.5)	-	-

Special Populations and Conditions

Pediatrics

There are no pharmacokinetic data available in children under 18 years of age.

Geriatrics

Apparent oral clearance (CL/F) of gabapentin decreased as age increased, from about 225 mL/min in subjects under 30 years of age to about 125 mL/min in subjects over 70 years of age. Renal clearance (CL_r) of gabapentin also declined with age; however, this decrease can largely be explained by the decline in renal function. Reduction of gabapentin dose may be required in patients who have age-related compromised renal function (see DOSAGE AND ADMINISTRATION, Dosing Considerations).

Hepatic Insufficiency

Because gabapentin is not metabolized to a significant extent in humans, no study was performed in patients with hepatic impairment.

Renal Insufficiency

In patients with impaired renal function, gabapentin clearance is markedly reduced and dosage adjustment is necessary (see DOSAGE AND ADMINISTRATION, Dosing Considerations, Special Patient Populations, Table 2).

Hemodialysis

In a study in anuric subjects (N=11), the apparent elimination half-life of gabapentin on non-dialysis days was about 132 hours; during dialysis the apparent half-life of gabapentin was reduced to 3.8 hours. Hemodialysis thus has a significant effect on gabapentin elimination in anuric subjects.

Dosage adjustment in patients undergoing hemodialysis is necessary (see DOSAGE AND ADMINISTRATION, Dosing Considerations, Special Patient Populations, Table 2).

STORAGE AND STABILITY

Capsules: Store between 15°C and 30°C.

DOSAGE FORMS, COMPOSITION AND PACKAGING

GABAPENTIN capsules are supplied as follows:

100 mg capsules:

Hard gelatin, white opaque body and cap. Printed “Gabapentin / 100 mg” on the cap in blue ink. Capsule filled with white powder. Bottles of 500 capsules

300 mg capsules:

Hard gelatin, yellow opaque, body and cap. Printed “Gabapentin / 300 mg” on the cap in blue ink. Capsule filled with white powder. Bottles of 500 capsules

400 mg capsules:

Hard gelatin, orange opaque body and cap. Printed “Gabapentin / 400 mg” on cap in blue ink. Capsule filled with white powder. Bottles of 500 capsules

Composition**Capsules**

Active ingredient: gabapentin

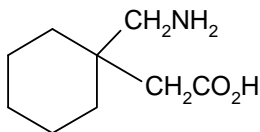
Non-medicinal ingredients: Corn Starch, Lactose Anhydrous, and Talc. Capsule shells contain Gelatin, Red Iron Oxide (400 mg), Titanium Dioxide and Yellow Iron Oxide (300 mg and 400 mg).

PART II: SCIENTIFIC INFORMATION

PHARMACEUTICAL INFORMATION

Drug Substance

Proper Name: Gabapentin
Chemical Name: 1-(aminomethyl)cyclohexaneacetic acid
Molecular Formula: $C_9H_{17}NO_2$
Molecular Mass: 171.24 g/mol
Structural Formula:



Physicochemical Properties

Description: A white to off-white crystalline solid.
Solubility: Freely-soluble in water and both basic and acidic aqueous solutions.
pH and pK values: $pK_{a1} = 3.68$; $pK_{a2} = 10.70$; partition coefficient at pH 7.4 = 1.25 (Log P)

CLINICAL TRIALS

Comparative Bioavailability Studies

A comparative bioavailability study of GABAPENTIN 400 mg capsules was performed. Pharmacokinetic and bioavailability data were measured in 30 volunteers in the fasting state. The results are summarized as follows in Table 5.

Table 5: Summary Table of the Comparative Bioavailability Data of GABAPENTIN 400 mg Capsules versus NEURONTIN[®] 400 mg Capsules

Gabapentin (1 x 400 mg) From measured data Geometric Mean Arithmetic Mean (CV %)				
Parameter	GABAPENTIN	NEURONTIN ^{®†}	% Ratio of Geometric Means	90% Confidence Interval
AUC _T (ng.h/mL)	32,426.2 33,544.1 (26.46)	33,541.8 34,319.8 (21.99)	97	89-105
AUC ₄ (ng.h/mL)	32,960.1 34,023.1 (25.82)	34,051.7 34,818.4 (21.65)	97	90-104
C _{MAX} (ng/mL)	3,189.8 3,297.1 (25.13)	3,284.9 3,357.5 (20.66)	97	89-106
T _{MAX} * (h)	3.42 (32.84)	3.10 (31.99)		
T _{1/2el} * (h)	6.67 (23.11)	6.65 (23.43)		

[†] NEURONTIN[®] is manufactured by Pfizer Canada Inc. (was manufactured by Parke-Davis, Division of Warner-Lambert Canada Inc. when the study was performed) and purchased in Canada.

* For T_{max} and T_{1/2el}, the arithmetic mean only is presented.

DETAILED PHARMACOLOGY

Animal Pharmacology

***In Vitro* Studies**

The mechanism of the anticonvulsant action of gabapentin appears to be distinctly different from that of other antiepileptic drugs. Although structurally similar to GABA, gabapentin at concentrations up to 1,000 mcM, did not bind to GABA receptors, it was not metabolized to GABA or a GABA agonist, and it did not inhibit the uptake of GABA or its degradation by GABA-transaminase. Therefore, it does not appear to act through any known GABA mechanism, in contrast to the benzodiazepines, barbiturates, sodium valproate and other similar agents. Gabapentin (0.01-100 mcM) did not interact with neuronal sodium channels or L-type calcium channels, in contrast to phenytoin, carbamazepine and sodium valproate which interact with these to promote the stability of excitable membranes. Finally, gabapentin (0.01-100 mcM) did not interact with glutamate, glycine or N-methyl-D-aspartate (NMDA) receptors, in contrast to other drugs that have demonstrated anticonvulsant activity in animal models following interaction with these receptors. These neurophysiological findings indicate that gabapentin has a mechanism of action different from that of commonly used antiepileptic drugs.

Gabapentin binds with high affinity to the $\alpha_2\text{-}\delta$ (alpha-2-delta) subunit of voltage-gated calcium channels. Auto-radiographic studies have confirmed that there are high levels of gabapentin binding in the outer layers of the cerebral cortex and other regions of the brain with major excitatory input, such as the hippocampus and cerebellum, that are known to be associated with seizure activity.

***In Vivo* Studies**

Gabapentin has been shown to have anticonvulsant activity in animal models typically used to characterize anticonvulsant activity. Gabapentin prevented seizures induced by maximal electroshock in mice and rats in a dose-dependent manner (ED_{50} , 200 mg/kg and 9 mg/kg in mice and rats, respectively). Peak anticonvulsant effects were seen approximately 120-240 minutes post-dose.

Gabapentin prevented threshold clonic convulsions induced by the convulsant pentylenetetrazol in mice (ED_{50} 450 mg/kg); the threshold dose of pentylenetetrazol needed to produce clonic seizures was significantly elevated by gabapentin.

Gabapentin treatment prevented tonic extensor seizures in mice from a variety of convulsant agents, including bicuculline, picrotoxin, strychnine and thiosemicarbazide.

Administration of gabapentin to kindled rats significantly reduced motor seizures from electrical stimulation of the brain, but had relatively little effect on the threshold for electrical after discharges at the site of stimulation.

Experiments with genetically-susceptible animals showed that gabapentin prevented generalized convulsive seizures. However, results with other genetic models indicated that gabapentin would be ineffective against photosensitive myoclonic seizures and absence seizures.

The anticonvulsant effects of gabapentin add to those of several other anticonvulsants against maximal electroshock in mice, thus suggesting that gabapentin would be useful as add-on therapy.

TOXICOLOGY

Acute Toxicity

Gabapentin exhibited a very low order of acute toxicity in rodents and monkeys. In adult and 3-week-old mice, no deaths occurred and median lethal doses (MLD's) were not identified, being greater than 8,000, 2,000, and 4,000 mg/kg by the oral, intravenous, and subcutaneous routes, respectively. In adult and 3-week-old rats, MLD's after single oral and intravenous doses were greater than 8,000 and 2,000 mg/kg, respectively. No signs of toxicity were noted in monkeys given single oral doses of gabapentin up to 1,250 mg/kg.

Chronic Toxicity

Multi-dose oral administration of gabapentin was well tolerated in all species tested (mice, rats, dogs, monkeys). Decreased body weight gain was observed in rats; hypoactivity, emesis, and salivation were observed in dogs; and changes in fecal consistency were noted in all species except mice. Increased kidney weights in male rats correlated with the accumulation of hyaline droplets in renal proximal tubular epithelium. No changes were found in the kidneys of female rats. Reversible increases in liver weight were observed in rats administered gabapentin at 3,000 mg/kg for 13 weeks or 1,500 mg/kg for 26 weeks; and in dogs at 2,000 mg/kg for 6 months. No pathologic findings were noted in mice given up to 2,000 mg/kg gabapentin for 13 weeks or in monkeys given up to 500 mg/kg for 52 weeks.

In rats, plasma gabapentin concentrations increased with increasing dose. The increases were not dose proportional between 2,000 and 3,000 mg/kg, suggesting saturation of absorption at high doses.

Carcinogenesis and Mutagenesis

Gabapentin was given in the diet to mice at 200, 600, and 2,000 mg/kg/day and to rats at 250, 1,000, and 2,000 mg/kg/day for 2 years. A statistically significant increase in the incidence of pancreatic acinar cell tumours was found only in male rats at the highest dose, but not in female rats or in mice of either sex. Peak plasma drug concentrations and areas under the concentration time curve in rats at 2,000 mg/kg are 20 times higher than the therapeutic concentrations in humans given 1,200 mg/day and are 14 times higher than the therapeutic concentrations in humans given 2,400 mg/day.

The pancreatic acinar cell tumours in male rats are low grade malignancies, did not affect survival, did not metastasize or invade surrounding tissue, and were similar to those seen in concurrent controls. Furthermore, higher concentrations of gabapentin in pancreas relative to

plasma have been observed in rats but not monkeys, which may account for the species-specific effects.

The relevance of these pancreatic acinar cell tumours in male rats to carcinogenic risk in humans is unclear, as the biologic characteristics of the tumours in rats are unlike those observed in humans. Ductal carcinoma comprises over 90% of all primary cancers of human exocrine pancreas, whereas acinar cell adenomas represent the primary pancreatic exocrine tumours in rats. In humans, pancreatic neoplasia exhibits local and distant tumour spread at the time of diagnosis. Metastasis occurs in 67% of cases, and survival is between 2 and 6 months after diagnosis. In contrast, pancreatic acinar cell tumours in male rats given gabapentin did not metastasize, exhibit aggressive behaviour or affect survival.

Gabapentin has no genotoxic potential. It was not mutagenic in the Ames bacterial plate incorporation assay or at the HGPRT locus in mammalian cells in the presence or absence of metabolic activation. Gabapentin did not induce structural chromosome aberrations in mammalian cells *in vitro* or *in vivo*, and did not induce micronucleus formation in the bone marrow of hamsters.

Reproduction Studies

In a fertility and general reproduction study in rats with dietary doses of gabapentin up to 2,000 mg/kg, (approximately 5 times the maximum daily human dose, on a mg/m² basis), no adverse effects were noted on fertility, precoital interval, pregnancy rate, gestation length, parturition, nesting/nursing behaviour, or lactation.

Gabapentin did not increase the incidence of malformations, compared to controls, in the offsprings of mice, rats, or rabbits at doses up to 50, 30, and 25 times, respectively, the daily human dose of 3,600 mg, (4, 5 or 8 times, respectively, the human daily dose, on a mg/m² basis).

When pregnant mice received oral doses of gabapentin (500, 1,000 or 3,000 mg/kg/day) during the period of organogenesis embryofetal toxicity (increased incidence of skeletal variations) was observed at 1,000 and 3,000 mg/kg/day (17 and 50 times, respectively the human daily dose of 3,600 mg; 1.3 and 4 times, respectively, the human daily dose on a mg/m² basis). The no-effect dose for embryofetal developmental toxicity in mice was observed at 500 mg/kg/day (8 times the human daily dose of 3,600 mg; 0.7 times the human daily dose, on a mg/m²) basis.

In studies in which rats received oral doses of gabapentin (500 to 2,000 mg/kg/day) during pregnancy, adverse effect on offspring development (increased incidence of hydroureter and/or hydronephrosis) were observed at all doses. The lowest dose tested is similar to the MRHD on a mg/m² basis.

When pregnant rabbits were treated with gabapentin during the period of organogenesis, an increase in embryofetal mortality was observed at all doses tested (60, 300, or 1,500 mg/kg). The lowest dose tested is less than the MRHD on a mg/m² basis.

In a published study, gabapentin (400 mg/kg/day) was administered by intraperitoneal injection to neonatal mice during the first postnatal week; a period of synaptogenesis in rodents (corresponding to the last trimester of pregnancy in humans). Gabapentin caused a marked decrease in neuronal synapse formation in brains of intact mice and abnormal neuronal synapse formation in a mouse model of synaptic repair. Gabapentin has been shown *in vitro* to interfere with activity of the $\alpha 2\delta$ subunit of voltage-activated calcium channels; a receptor involved in neuronal synaptogenesis. The clinical significance of these findings is unknown.

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PART III: CONSUMER INFORMATION

Pr GABAPENTIN

Gabapentin Capsules, House Standard
100 mg, 300 mg and 400 mg

This leaflet is part III of a three-part "Product Monograph" published when GABAPENTIN was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about GABAPENTIN. Contact your doctor or pharmacist if you have any questions about the drug.

Please read this information carefully before you start to take your medicine, even if you have taken this drug before. Keep this information with your medicine in case you need to read it again. For further information or advice, please ask your doctor or pharmacist.

ABOUT THIS MEDICATION**What the medication is used for**

GABAPENTIN (gabapentin) belongs to the family of medicines called antiepileptic drugs and is used for treating epilepsy (seizures).

What it does

GABAPENTIN has been prescribed for you by your doctor to reduce your number of seizures.

When it should not be used

Do not use GABAPENTIN if you are allergic to it or any of the components in the formulation (see list of components under non-medicinal ingredients). Stop taking the drug and contact your doctor immediately if you experience an allergic reaction or any severe or unusual side effects while taking the drug.

What the medicinal ingredient is

Gabapentin

What the non-medicinal ingredients are

Capsules: Corn Starch, Gelatin, Lactose Anhydrous, Red Iron Oxide (400 mg), Talc, Titanium Dioxide and Yellow Iron Oxide (300 mg and 400 mg).

What dosage forms it comes in

Capsules: 100 mg, 300 mg or 400 mg
Tablets: 600 mg or 800 mg

WARNINGS AND PRECAUTIONS

BEFORE you use GABAPENTIN, tell your doctor or pharmacist:

- Any health conditions or problems you may have, including kidney disease, breathing or lung problems.
- If you are taking any other medicines (prescription and non-prescription).
- If you have ever had an allergic reaction to medication, food, etc.
- If you are pregnant or thinking about becoming pregnant.
- If you are breast-feeding or plan to breastfeed your baby. GABAPENTIN passes into breast milk; however, it is not known if GABAPENTIN can harm your baby. You and your doctor should decide whether you should take GABAPENTIN or breastfeed, but not both.
- If you have a history of alcohol or drug abuse.
- Your habits of alcohol consumption.
- If you drive a vehicle or perform hazardous tasks during your work.
- A small number of people being treated with anti-epileptics have had thoughts of harming or killing themselves. If at any time you have these thoughts when taking GABAPENTIN, contact your doctor immediately.

It is important for your doctor to have all of the above information before prescribing treatment and dosage.

INTERACTIONS WITH THIS MEDICATION

Tell your doctor if you start or stop taking opioids such as morphine or hydrocodone. Opioids may increase the levels of GABAPENTIN in your blood.

Tell your doctor immediately if you experience increased side effects such as drowsiness or slowed breathing while taking GABAPENTIN with an opioid or other sedatives and tranquilizers. The dose of these drugs or GABAPENTIN may need to be adjusted.

Avoid alcoholic drinks while taking GABAPENTIN.

PROPER USE OF THIS MEDICATION**Usual dose**

- It is very important that you take GABAPENTIN exactly as your doctor has instructed.
- GABAPENTIN may be taken with or without food.
- You should not increase or decrease the amount of GABAPENTIN you are taking unless your doctor tells you to.
- Do not stop taking it abruptly because your seizures may increase.

Overdose

If you think you have taken too much GABAPENTIN, contact your healthcare professional, hospital emergency department or Regional Poison Control Centre immediately, even if there are no symptoms.

Signs of overdose may include: dizziness, drowsiness, unusually weak breathing, and loss of consciousness.

Missed Dose

If you miss a dose, take it as soon as possible. However, if it is within 4 hours of your next dose do not take the missed dose and return to your regular dosing schedule. Do not allow more than 12 hours to go by between doses because your seizures may increase. If that happens, consult your doctor as soon as possible.

REMINDER

This medicine has been prescribed only for you. Do not give it to anybody else, as they may experience undesirable effects, which may be serious.

SIDE EFFECTS AND WHAT TO DO ABOUT THEM

This is not a complete list of side effects. For any unexpected effects while taking GABAPENTIN, contact your doctor or pharmacist.

Like all medications, GABAPENTIN can cause some side effects. You may not experience any of them. For most patients these side effects are likely to be minor and temporary. However, some may be serious. Some of these side effects may be dose related. Consult your doctor if you experience these or other side effects, as the dose may need to be adjusted.

- Call your doctor immediately if your seizures get worse.
- When you first begin taking GABAPENTIN you may experience some side effects such as agitation, drowsiness, dizziness, lack of muscle coordination, and fatigue. Consult your doctor if you experience any of these, as the dose may have to be adjusted.
- If your epilepsy is not controlled, it is very important not to perform any potentially hazardous tasks, such as driving a car or operating dangerous machines. If your epilepsy is controlled, it is important to refrain from potentially dangerous tasks until you are sure this medication does not affect your mental alertness or physical coordination.
- The following side effects have been reported when gabapentin is abruptly stopped: anxiety, sleeplessness, nausea, pain, and sweating.

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM				
Symptom / effect		Talk with your doctor or pharmacist		Stop taking drug and get immediate medical help
		Only if severe	In all cases	
Common	Edema: Swelling of legs, ankles or feet		√	
	Severe allergic reactions: fever, rash, swollen lymph nodes, hives, sore mouth, sore eyes or swelling of lips, throat or tongue, difficulty breathing.			√
Uncommon	Respiratory Depression: slow, shallow or weak breathing			√
	Heart palpitations		√	
	Chest pains		√	
	Seizures		√	
	Hallucinations			√
	Unusual changes in mood		√	
	Suicidal thoughts or hurting yourself		√	
	Jaundice: yellowing of skin, dark urine		√	
	Rhabdomyolysis: Unusual muscle movement or tone; unexplained muscle pain or tenderness or weakness, dark urine, nausea and/or vomiting		√	
	Incontinence: inability to control urination		√	
	Ringing or whistling in the ears		√	

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM				
Symptom / effect		Talk with your doctor or pharmacist		Stop taking drug and get immediate medical help
		Only if severe	In all cases	
Unknown	Sleeplessness		√	
	Confusion		√	
	Loss of consciousness		√	
	Hyponatremia (low sodium in the blood): lethargy, confusion, muscular twitching or worsening of convulsions		√	
	Hypoglycemia or Hyperglycemia		√	
	Blood glucose fluctuations (for patients suffering from diabetes)		√	

This is not a complete list of side effects. If you have any unexpected effects while taking GABAPENTIN, contact your doctor or pharmacist.

HOW TO STORE IT

- Keep all medicines out of the reach and sight of children.
- Store capsules between 15°C and 30°C.
- Do not use this medicine after the expiry date, which is printed on the package label.
- If your doctor tells you to stop taking GABAPENTIN, or if you find that they have passed their expiry data, please return any left-over medicine to you pharmacist.

Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (www.hc-sc.gc.ca/dhp-mps/medeff/report-declaration/index-eng.php) for information on how to report online by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

MORE INFORMATION

This document plus the full product monograph, prepared for health professionals, can be obtained by contacting Sanis Health Inc. at 1-866-236-4076 or quality@sanis.com.

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