# PRODUCT MONOGRAPH

# Pr Taro-Adapalene / Benzoyl Peroxide

Adapalene and Benzoyl Peroxide Topical Gel, 0.1% / 2.5% w / w

Acne Therapy

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# Pr Taro-Adapalene / Benzoyl Peroxide

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# **Topical Gel**

#### PART I: HEALTH PROFESSIONAL INFORMATION

#### SUMMARY PRODUCT INFORMATION

Route of Administration	Dosage Form / Strength	All Nonmedicinal Ingredients
Topical	benzoyl peroxide	C13-14 isoparaffin, docusate sodium, edetate disodium, glycerin, laureth 7, poloxamer 124, polyacrylamide, propylene glycol, and purified water.

# INDICATIONS AND CLINICAL USE

Taro-Adapalene / Benzoyl Peroxide (adapalene 0.1%/benzoyl peroxide 2.5%) Topical Gel is indicated for:

• Treatment of mild and moderate acne vulgaris, characterized by comedones, inflammatory papules/pustules in patients 9 years of age and older.

#### **CLINICAL USE**

# Geriatrics (> 65 years of age):

Safety and effectiveness of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel in geriatric patients aged 65 years and above have not been established.

# Pediatrics (< 9 years of age):

Safety and effectiveness of adapalene and benzoyl peroxide, 0.1%/2.5% w/wtopical gel in children below the age of 9 years have not been established.

# **CONTRAINDICATIONS**

• Patients who are hypersensitive to adapalene, benzoyl peroxide or to any ingredient in the formulation or component of the container. For a complete listing, see the Dosage Forms, Composition and Packaging section of the product monograph.

- Application to areas of skin affected by eczema or seborrhoeic dermatitis
- Pregnancy
- Women planning a pregnancy

#### WARNINGS AND PRECAUTIONS

# General

For external use only. Not for ophthalmic use.

Avoid contact with the eyes, lips, angles of the nose, mucous membranes, abraded skin and open wounds. If contact occurs, rinse thoroughly with warm water.

If a reaction suggesting allergic / hypersensitivity reactions to any component of the formula occurs, the use of the product should be discontinued.

Concomitant topical acne therapy is not recommended because a possible cumulative irritancy effect may occur, especially with the use of peeling, desquamating, or abrasive agents (see DRUG INTERACTIONS, <u>Drug-Drug Interactions</u>). Avoid concomitant use of other potentially irritating topical products (medicated or abrasive soaps and cleansers, soaps and cosmetics that have strong skin-drying effect and products with high concentrations of alcohol, astringents, spices, or limes).

The product should not be applied to cuts, abrasions, eczematous or sunburned skin. As with other retinoids, use of electrolysis, "waxing" and chemical depilatories for hair removal should be avoided on skin treated with Taro-Adapalene / Benzoyl Peroxide (see DRUG INTERACTIONS, <u>Drug-Lifestyle Interactions</u>).

Taro-Adapalene / Benzoyl Peroxide may bleach hair and coloured fabric. Use caution when applying near hairline (see DRUG INTERACTIONS, <u>Drug-Lifestyle Interactions</u>).

Patients should be advised to use non-comedogenic cosmetics (see DRUG INTERACTIONS, <u>Drug-Lifestyle Interactions</u>).

Certain cutaneous signs and symptoms such as erythema, dryness, scaling, burning or pruritus are associated with the topical application of retinoids and can also be expected with the use of Taro-Adapalene / Benzoyl Peroxide Topical Gel. These treatment-related effects generally occur during the first four weeks of therapy, are mostly mild to moderate in intensity, and usually lessen as the skin adjusts with continued use. Depending on the degree of the side effects, patients can be directed to use a moisturizer, use the medication less frequently or temporarily discontinue use until the symptoms subside (see DOSAGE AND ADMINISTRATION).

As with any retinoid, exposure to excessive sunlight, including sunlamps, should be avoided while using the preparation, or a suitably effective sunscreen product and protective clothing over the treated areas is recommended when exposure cannot be avoided. In case of sunburn, allow the skin to heal before using Taro-Adapalene / Benzoyl Peroxide . Weather extremes, such

as wind or cold, may also be irritating to patients under treatment with adapalene.

# **Carcinogenesis and Mutagenesis**

See TOXICOLOGY.

# **Special Populations**

# **Pregnant Women:**

Orally administered retinoids have been associated with congenital abnormalities. *Topical adapalene/benzoyl peroxide is contraindicated in pregnant women and in women planning a pregnancy because of the possibility of an increased systemic exposure due to various factors (e.g. damaged skin barrier, excessive use).* 

There are no well-controlled trials in pregnant women treated with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel. Animal reproduction studies have not been conducted with the combination gel or benzoyl peroxide. Furthermore, such studies are not always predictive of human response; therefore, if the patient becomes pregnant while using Taro-Adapalene / Benzoyl Peroxide, treatment should be discontinued.

There have been rare reports of birth defects among babies born to women exposed to topical retinoids during pregnancy. However, there are no well-controlled prospective studies of the use of topical retinoids, including adapalene, in pregnant women. A retrospective study of mothers exposed to topical tretinoin during the first trimester of pregnancy found no increase in the incidence of birth defects.

Adapalene administered orally at doses of ≥25 mg/kg/day has been shown to be teratogenic. No teratogenic effects were seen in rats at oral doses of up to 5.0 mg/kg/day.

Dermal teratology studies conducted in rats and rabbits at doses of 0.6-6.0 mg adapalene/kg/day exhibited no foetotoxicity and only minimal increases in supernumerary ribs in both species and delayed ossification in rabbits (see TOXICOLOGY). The AUC at the No Observable Adverse Effect Level in the rat (6.0 mg/kg/ day, the most sensitive species) corresponds to safety margins of 32 and 102 when compared respectively to the exposure data in humans with adapalene 0.1%/benzoyl peroxide 2.5% topical gel.

**Nursing Women:** It is not known whether adapalene or benzoyl peroxide is excreted in human milk following use of adapalene and benzoyl peroxide, 0.1%/2.5% w/w/ topical gel. Animal pharmacology studies indicate that adapalene is excreted in milk at levels lower than plasma levels. Because many drugs are excreted in human milk, caution should be exercised when Taro-Adapalene / Benzoyl Peroxide topical gel is administered to a nursing mother. To avoid contact exposure of the infant, application of Taro-Adapalene / Benzoyl Peroxide to the chest should be avoided when used during breastfeeding.

**Pediatrics (9-16 years of age):** No specific monitoring or hazards are associated with the use of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel in pediatric patients between the ages of 9 and 16 years.

Safety and effectiveness of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel in

children below the age of 9 years have not been established.

Geriatrics (> 65 years of age): Safety and effectiveness of adapalene and benzoyl peroxide, 0.1%/2.5% w/w/topical gel in geriatric patients age 65 years and above have not been established.

#### ADVERSE REACTIONS

# **Adverse Drug Reaction Overview**

Treatment-related adverse reactions typically associated with use of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel include mild to moderate application site reactions, such as skin irritation characterized by scaling, dryness, erythema, and burning/stinging. These reactions usually occur early in the treatment, and tend to gradually lessen over time (see WARNINGS AND PRECAUTIONS). Local adverse reactions during the treatment period were more pronounced with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel compared to adapalene or benzoyl peroxide alone.

## **Clinical Trial Adverse Drug Reactions**

Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.

During clinical trials, 2077 subjects were exposed to adapalene and benzoyl peroxide, topical gel.

A total of 1470 patients with acne vulgaris, 12 years and older, were treated once daily for 12 weeks to 12 months.

The efficacy and safety were assessed in subjects 12 years of age or older presenting with acne vulgaris. In these studies, adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel and its comparators were applied once daily over a treatment period of 12 weeks.

In two 12-week studies, related adverse events that were reported in at least 1% in any treatment group of 564 patients treated with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel are captured in Table 1.

Related adverse events reported in at least 1% of patients 12 years and older, in a 12-week study conducted with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel are summarized in Table 2.

Table 1 Drug Related<sup>a</sup> Adverse Events Reported in Clinical Trials by At Least 1% of Patients treated with Adapalene and Benzoyl peroxide, 0.1%/2.5% ww/topical gel (12 Weeks)

System Organ Class / Preferred Term <sup>b</sup>	Adapalene and Benzoyl Peroxide 0.1%/2.5% w/w topical gel (N=564) n (%)	Adapalene 0.1% Gel (N=568) n (%)	Benzoyl Peroxide 2.5% Gel (N=564) n (%)	Vehicle Gel (N=489) n (%)
Total number of AE(s)	104	87	40	23
Total number (%) of subjects with AE(s) <sup>c</sup>	81 (14.4)	70 (12.3)	29 (5.1)	21 (4.3)
Skin and Subcutaneous Ti	ssue Disorders			
Dry skin	36 (6.9)	33 (5.8)	11 (2.0)	10 (2.0)
Contact dermatitis	16 (2.8)	14 (2.5)	1 (0.2)	1 (0.2)
Skin irritation	6 (1.1)	1 (0.2)	3 (0.5)	0
Pruritus	4 (0.7)	4 (0.7)	10 (1.8)	4 (0.8)
General Disorders and Ad	ministration Site Cond	itions		
Application site burning	13 (2.3)	3 (0.5)	2 (0.4)	2 (0.4)
Application site irritation	8 (1.4)	6 (1.1)	2 (0.4)	1 (0.2)

<sup>&</sup>lt;sup>a</sup> Drug-related adverse events do not include known local adverse events (local tolerability) of retinoids.

Table 2 Drug Related<sup>a</sup> Adverse Events Reported in at least 1% of patients 12 years and older, in a 12-week study conducted with Adapalene/Benzoyl Peroxide, 0.1%/2.5% w/w/topical gel

System Organ Class/Preferred Term	Adapalene and Benzoyl peroxide, 0.1%/2.5% topical gel (N=217) n(%)	Vehicle Gel (N=69) n(%)
Total Number (%) of Subjects with at least one adverse reaction	0	0
Skin and Subcutaneous Tissue Disorders		
Skin irritation	0	0
Eczema	0	0
Skin burning sensation	0	0
Dermatitis atopic	0	0

<sup>&</sup>lt;sup>a</sup> Drug-related adverse events do not include known local adverse events (local tolerability) of retinoids.

In the two 12-week studies conducted with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel, local tolerability evaluations were conducted at each study visit by assessment of erythema, scaling, dryness and stinging/burning. Analysis over the 12-week period showed that local tolerability scores peaked at Week 1 of therapy and subsided thereafter. Most local tolerability signs for adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel were mild or moderate in severity (Table 3).

<sup>&</sup>lt;sup>b</sup>Multiple occurrences of a Preferred Term by a subject were counted once per Preferred Term.

<sup>&</sup>lt;sup>c</sup> A subject was counted once even if the subject experienced more than one AE during the study.

Table 3 Highest Severity of Local Tolerability Scores Worse than Baseline, Safety Population, in Clinical Trials with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel

	Adapalene and Benzoyl Peroxide, 0.1%/2.5% w/w Gel N <sup>a</sup> = 553 n <sup>b</sup> (%)	Adapalene 0.1% Gel  N <sup>a</sup> = 562 n <sup>b</sup> (%)	Benzoyl Peroxide 2.5% Gel N <sup>a</sup> = 557 n <sup>b</sup> (%)	Gel Vehicle  N <sup>a</sup> = 481  n <sup>b</sup> (%)
Erythema	225 (40.7)	174 (31.0)	104 (18.7)	97 (20.2)
1 = mild	148 (26.8)	121 (21.5)	73 (13.1)	72 (15.0)
2 = moderate	72 (13.0)	51 (9.1)	30 (5.4)	24 (5.0)
3 = severe	5 (0.9)	2 (0.4)	1 (0.2)	1 (0.2)
Scaling	253 (45.7)	211 (37.5)	100 (18.0)	88 (18.3)
1 = mild	192 (34.7)	175 (31.1)	89 (16.0)	84 (17.5)
2 = moderate	58 (10.5)	35 (6.2)	11 (2.0)	4 (0.8)
3 = severe	3 (0.5)	1 (0.2)	0	0
Dryness	302 (54.6)	244 (43.3)	135 (24.2)	87 (18.1)
1 = mild	224 (40.5)	202 (35.9)	121 (21.7)	80 (16.6)
2 = moderate	74 (13.4)	39 (6.9)	14 (2.5)	7 (1.5)
3 = severe	4 (0.7)	3 (0.5)	0	0
Stinging/Burning	328 (59.3)	178 (31.6)	79 (14.2)	53 (11.1)
1 = mild	225 (40.7)	139 (24.7)	72 (12.9)	45 (9.4)
2 = moderate	84 (15.2)	31 (5.5)	5 (0.9)	8 (1.7)
3 = severe	19 (3.4)	8 (1.4)	2 (0.4)	0

<sup>&</sup>lt;sup>a</sup> N = Total number of subjects with data available.

At the end of treatment period (12 weeks), the incidence of local signs and symptoms of tolerability of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel is comparable to adapalene 0.1% gel with regard to the signs of erythema, scaling and dryness, but induces slightly more stinging (see Table 4).

Table 4 Comparison of Local Tolerability at End of Treatment Period (Last Score Observed Worse than Baseline): Combined Data from two Clinical Trials with adapatene and benzoyl peroxide, 0.1%/2.5% w/w topical gel

Final Score <sup>a</sup>	Adapalene and Benzoyl Peroxide, 0.1%/2.5% w/w/ Gel n (%)	Adapalene 0.1% Gel n (%)	Benzoyl Peroxide 2.5% Gel n (%)	Vehicle Gel n (%)
$N^b$	553	562	557	481
Erythema <sup>c</sup>	60 (10.8)	56 (10.0)	27 (4.8)	39 (8.1)
Scaling <sup>c</sup>	55 (9.9)	54 (9.6)	34 (6.1)	30 (6.2)
Dryness <sup>c</sup>	65 (11.8)	65 (11.6)	32 (5.7)	28 (5.8)
Stinging/burning <sup>c</sup>	51 (9.2)	33 (5.9)	20 (3.6)	17 (3.5)

<sup>&</sup>lt;sup>a</sup> Last score observed during post-baseline period and worse than baseline.

<sup>&</sup>lt;sup>b</sup>n = Number of subjects with data worse than baseline.

b N = Total number of subjects with data at baseline and at least one post-baseline observation.

<sup>&</sup>lt;sup>c</sup> Combined for 'mild', 'moderate' and 'severe'.

In the 12-week study conducted with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel, the incidence of local cutaneous irritation, for worst and final scores was comparable for all tolerability parameters between the active arms for the combined (moderate and severe) acne population (Table 5).

Table 5 Summary of Local Tolerability, observed data, worst and final scores, in the combined (moderate and severe IGA acne populations) treated with Adapalene and Benzoyl Peroxide, 0.1%/2.5% w/w Topical Gel

	Worst Score	Worst Score Final Score		
Sign/Symptom	Adapalene and Benzoyl Peroxide, 0.1%/2.5% w/w Gel N= 217 n (%)	Gel Vehicle N= 69 n (%)	Adapalene and Benzoyl Peroxide, 0.1%/2.5% w/w Gel N= 217 n (%)	Gel Vehicle N= 69 n (%)
Erythema	93 (43.9)	25 (36.8)	27(12.7%)	6 (8.8%)
Scaling	101 (47.6)	21 (30.9)	28 (13.2)	6 (8.8)
Dryness	132 (62.3)	27 (39.7)	35 (16.5)	6 (8.8)
Stinging/Burning	138 (65.1)	19 (27.9)	26 (12.3)	2 (2.9)

n = Number of subjects with data worse than baseline

Worst Score: The highest severity score observed during post-Baseline period for a subject. Final

Score: The last data observed during the post-Baseline period for a subject.

Signs/symptoms of local irritation in the Moderate stratum at the final visit occurred in the adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gelgroup. Similar trend was observed in the Severe stratum. Scaling had a higher increase in incidence between the Moderate and Severe acne strata (Table 6). Severity was mostly mild or moderate with few subjects experiencing severe signs/symptoms.

Table 6 Summary of Local Tolerability, observed data, final scores, in the moderate and severe IGA acne populations treated with Adapalene and Benzoyl peroxide, 0.1%/2.5% w/w Topical Gel

		Final Scores					
Sign/Symptom	Moderate ac	e acne Severe acne					
	Adapalene and Benzoyl Peroxide, 0.1%/2.5% w/w Topical Gel N= 101 n (%)	Gel Vehicle N= 35 n (%)	Adapalene and Benzoyl Peroxide, 0.1%/2.5% w/w Topical Gel N= 111 n (%)	Gel Vehicle N= 33 n (%)			
Erythema	13 (12.9)	4 (11.4)	14 (12.6)	2 (6.1)			
Scaling	11 (10.9)	3 (8.6)	17 (15.3)	3 (9.1)			
Dryness	17 (16.8)	3 (8.6)	18 (16.2)	3 (9.1)			
Stinging/Burning	12 (11.9)	0	14 (12.6)	2 (6.1)			

n = Number of subjects with data worse than baseline

Final Score: The last data observed during the post-Baseline period for a subject.

Over the course of the long-term (12-month) study conducted with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel, no unexpected events or treatment emergent safety signals appeared. A total of 147 subjects (32.5%) reported related adverse events and most of the adverse events occurred within the first three months of treatment (see Table 7).

Table 7 Drug Related<sup>a</sup> Adverse Events Reported in Long-Term Clinical Trial by At Least 1% of Patients treated with Adapalene and Benzoyl peroxide, 0.1%/2.5% w/w Topical Gel (12 Months)

System Organ Class / Preferred Term <sup>b</sup>	Baseline to Month 3 (n = 452)	Month 3 to Month 6 (n = 397)	Month 6 to Month 9 (n = 366)	Month 9 to 1 Year (n = 334)	Total (n = 452)
Total number of AE(s)	233	18	15	9	276
Total number (%) of subjects with AE(s) <sup>c</sup>	127 (28.1%)	16 (4.0%)	11 (3.0%)	5 (1.5%)	147 (32.5%)
Skin and Subcutaneous Tissue Disorders	94 (20.8)	8 (2.0)	8 (2.2)	4 (1.2)	110 (24.3)
Dry skin	69 (15.3)	5 (1.3)	6 (1.6)	3 (0.9)	78 (17.3)
Erythema	21 (4.6)	0	2 (0.5)	1 (0.3)	24 (5.3)
Skin desquamation	21 (4.6)	0	1 (0.3)	0	22 (4.9)
Skin discomfort	5 (1.1)	0	0	0	5 (1.1)
General Disorders and Administration Site Conditions	59 (13.1)	4 (1.0)	4 (1.1)	2 (0.6)	68 (15.0)
Application site burning	54 (11.9)	3 (0.8)	4 (1.1)	1 (0.3)	61 (13.5)
Application site irritation	16 (3.5)	1 (0.3)	0	1 (0.3)	18 (4.0)
Injury, Poisoning & Procedural Complications	5 (1.1)	4 (1.0)	0	0	9 (2.0)
Sunburn	5 (1.1)	4 (1.0)	0	0	9 (2.0)

<sup>&</sup>lt;sup>a</sup> Drug-related adverse events do not include known local adverse events (local tolerability) of retinoids.

Adverse Event(s) with incomplete onset date(s) or onset date(s) prior to the first application are only included in the Total column.

# **Less Common Clinical Trial Adverse Drug Reactions (<1%)**

The following less common events have been designated as related (possibly, probably, definitely) to treatment with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel, considering all patients in the clinical trials in *acne vulgaris*:

**Blood and Lymphatic:** Lymphadenopathy.

General and Administration Site: Pyrexia, xerosis, application site pruritus.

**Gastrointestinal:** Vomiting, diarrhea.

**Nervous system:** Dizziness, headache, paraesthesia (tingling at the application site)

**Ophthalmologic:** Eyelid edema, eye discharge, eyelid erythema.

**Skin:** Facial edema, worsening of acne, dermatitis, dermatitis contact, dermatitis exfoliative, pain of skin, skin desquamation, urticaria, swelling of face, skin hypopigmentation, cystic acne, acne, skin burning sensation, photosensitivity reaction, sunburn, rash, erythema, eczema.

<sup>&</sup>lt;sup>b</sup> Multiple occurrences within a System Organ Class (SOC) by a subject were counted once per SOC. Multiple occurrences of a Preferred Term by a subject were counted once per Preferred Term.

<sup>&</sup>lt;sup>c</sup> A subject was counted once even if the subject experienced more than one Adverse Event during the study. Subjects may be counted in more than one period due to multiple Adverse Events.

# **Abnormal Hematologic and Clinical Chemistry Findings**

No significant abnormal values were observed in the short term controlled studies or the long-term safety study.

#### **Pediatrics**

During a pediatric clinical trial, 285 children with acne vulgaris, 9 to 11 years of age were treated with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel or with the vehicle gel once daily for 12 weeks. Overall, the safety profile of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel in these subjects is comparable to the safety profile observed in older subjects 12 years of age and above, both in the nature and frequency of the observed adverse events.

Analysis of local tolerability evaluations shows similar incidence of treatment emergent signs and symptoms as in subjects 12 years of age and above, with local tolerance signs and symptoms peaking during the first week and decreasing over time.

# **Post-Market Adverse Drug Reactions**

The following events have been reported since the global launch of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel. These events have been chosen for inclusion due to either their seriousness, causal connection to adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel or frequency of reporting. Post-market adverse events are reported spontaneously from a population of unknown size, thus estimates of frequency cannot be made.

**Skin:** Acne, pain of skin (stinging pain), eczema vesicular, allergic contact dermatitis, skin oedema, swelling of face, photosensitivity reaction, blister (vesicles), skin discoloration, rash, pruritus, anaphylactic reaction.

**Ophthalmologic:** Eyelid oedema, conjunctivitis.

Respiratory, thoracic and mediastinal disorders: Throat tightness, dyspnoea.

# **DRUG INTERACTIONS**

#### Overview

There are no known interactions with other medications which are likely to be used topically and concurrently with adapalene 0.1%/benzoyl peroxide 2.5% Topical Gel. Absorption of adapalene through human skin is low, and therefore interaction with systemic medications is unlikely.

The percutaneous penetration of benzoyl peroxide in the skin is low and the drug substance is completely metabolised into benzoic acid which is rapidly eliminated. Therefore, the potential interaction of benzoic acid with systemic medicinal products is unlikely to occur.

# **Drug-Drug Interactions**

No formal drug-drug interaction studies were conducted with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel.

As Taro-Adapalene / Benzoyl Peroxide has the potential for local irritation, it is possible that concomitant use of abrasive cleansers, strong drying agents, or irritant products may produce additive irritant effects. Particular caution should be exercised in using preparations containing sulphur, resorcinol, or salicylic acid in combination with Taro-Adapalene / Benzoyl Peroxide Topical Gel. If these preparations have been used, it is advisable not to start therapy with Taro-Adapalene / Benzoyl Peroxide until the effects of such preparations have subsided.

# **Drug-Food Interactions**

Interactions of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel with food products have not been established.

# **Drug-Herb Interactions**

Interactions of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel with herbal products have not been established.

# **Drug-Laboratory Interactions**

Interactions of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel with laboratory tests have not been established.

# **Drug-Lifestyle Interactions**

Taro-Adapalene / Benzoyl Peroxide should not come into contact with any coloured material including hair and fabrics as this may result in bleaching and discolouration.

As with other retinoids, use of electrolysis, "waxing" and chemical depilatories for hair removal should be avoided on skin treated with Taro-Adapalene / Benzoyl Peroxide .

Patients should be advised to use non-comedogenic cosmetics. Colour cosmetics such as blushers and powders are acceptable; however, make-up cosmetics should be water based. Cosmetics must be removed by thorough cleansing before the area is treated.

#### DOSAGE AND ADMINISTRATION

# **Recommended Dose and Dosage Adjustment**

Taro-Adapalene / Benzoyl Peroxide (adapalene/benzoyl peroxide topical gel, 0.1%/2.5% w/w) (patients 9 years of age and older) should be applied to affected areas of the face, chest and back once daily in the evening, after washing gently with a non-medicated cleanser.

A small amount of Taro-Adapalene Benzoyl Peroxide should be applied to provide a thin film, avoiding eyes, lips and mucous membranes. These medications should not be applied to cuts, abrasions, eczematous, or sunburned skin.

If irritation occurs, the patient should be directed to apply non-comedogenic moisturizers. Discontinue treatment if a severe local inflammatory response is experienced. Reinstitute therapy when the reaction has subsided, initially applying the preparation less frequently (e.g. every

other day). Once-daily application may be resumed if it is judged that the patient is able to tolerate the treatment.

## **Missed Dose**

If a single dose is missed, dosing should continue as per usual the following day, and the usual amount should be applied.

#### **OVERDOSAGE**

For management of a suspected drug overdose, contact your regional Poison Control Centre.

In the event of an acute oral overdose, activated charcoal may be administered to aid in the removal of unabsorbed drug. General supportive measures are recommended.

Taro-Adapalene Benzoyl Peroxide topical gel intended for cutaneous use only. Acute overdosage with the topical use is unlikely. If the medications are applied excessively, no more rapid or better results will be obtained and marked redness, peeling or discomfort may occur.

The acute oral toxicity of adapalene topical gel, 0.1% in mice and rats is greater than 10 mL/kg (10 mg/kg). Inadvertent oral ingestion of adapalene may lead to the same adverse effects as those associated with excessive oral intake of Vitamin A, including teratogenesis in women of childbearing years. Therefore, pregnancy testing should be carried out in women of childbearing potential who have ingested the product.

#### ACTION AND CLINICAL PHARMACOLOGY

# **Mechanism of Action**

Adapalene and benzoyl peroxide, have complementary mechanisms of action targeting the pathology of acne vulgaris. The actives have an effect on three pathophysiologic factors known to contribute to acne vulgaris: altered follicular growth and differentiation (comedogenesis), colonization of the pilosebaceous unit with *Propionibacterium acnes* (*P. acnes*), and inflammation.

- Adapalene: Adapalene is a chemically stable, retinoid-like compound. Biochemical and pharmacological profile studies have demonstrated that adapalene is a potent modulator of cellular differentiation, keratinization and inflammatory processes, all of which represent important features in the pathology of *acne vulgaris*. Mechanistically, adapalene binds to specific retinoic acid nuclear receptors but, unlike tretinoin, does not bind to the cytosolic receptor protein. Although the exact mode of action of adapalene is unknown, current evidence suggests that topical adapalene normalizes the differentiation of follicular epithelial cells resulting in decreased microcomedone formation. *In vitro* studies with adapalene have shown inhibition of the AP-1 factors and the inhibition of the expression of toll like receptors 2.

This profile suggests that the cell mediated inflammatory component of acne is reduced by adapalene.

- **Benzoyl Peroxide (BPO):** Benzoyl peroxide is an oxidizing agent with a broad spectrum bactericidal activity, in particular against *Propionibacterium acnes (P. acnes)*, which is abnormally present in the acne-affected pilosebaceous unit. Additionally benzoyl peroxide has demonstrated exfoliative and keratolytic activities.

## **Pharmacodynamics**

Taro-Adapalene / Benzoyl Peroxide combine two active substances, which have complementary mechanisms of action. The targets of this action are distinct, with no known pharmacodynamic interactions.

- Adapalene: Studies in acne patients provide clinical evidence that topical adapalene is effective in reducing noninflammatory acne lesions (open and closed comedones). Adapalene inhibits the chemotactic (directional) and chemokinetic (random) responses of human polymorphonuclear leucocytes in *in vitro* assay models; it also inhibits the metabolism of arachidonic acid by lipoxidation to inflammatory mediators. This suggests that the cell-mediated inflammatory component of acne is modified by adapalene. Studies in human patients provide clinical evidence that topical adapalene is effective in reducing the inflammatory components of acne (i.e., papules and pustules).
- **Benzoyl Peroxide:** Benzoyl peroxide is an oxidizing agent with bactericidal and keratolytic effects. As it exerts its antimicrobial effect through its oxidizing properties, resistance to this agent is unlikely to develop and has not been reported in the literature. In addition, benzoyl peroxide has keratolytic properties, which may improve efficacy.

#### **Pharmacokinetics**

The pharmacokinetic studies for adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel evaluated systemic exposure to adapalene when applied in fixed combination with benzoyl peroxide or as monad. Plasma benzoyl peroxide was not measured because the skin rapidly metabolizes benzoyl peroxide into benzoic acid. Benzoic acid is an endogenous compound synthesized in the intestine from phenylalanine; the absorbed dose of benzoic acid after topical application of adapalene and benzoyl peroxide, 0.1%/2.5%, w/w topical gel under maximized use conditions (i.e. 2 g/day) is less than 10% of the Acceptable Daily Intake established by the World Health Organization (WHO).

Topical application of either adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel or adapalene gel (at corresponding equivalent adapalene strengths, i.e., 0.1% or 0.3%) under conditions of maximized use generated similar results. The studies confirmed low systemic exposure to adapalene when applied topically in adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel or in adapalene gel. Benzoyl peroxide in fixed- combination with adapalene did not increase the systemic exposure of adapalene.

**Absorption:** Absorption of adapalene through human skin is low. No quantifiable levels of parent substance have been found in the plasma of patients following chronic adapalene gel 0.1%

application in controlled clinical trials (limit of quantification = 0.25 ng/mL).

A pharmacokinetic study was conducted with adapalene and benzoyl peroxide, 0.1%/2.5% w/w toical gel or adapalene gel under maximized conditions for 30 days (2 g applied to 1000 cm²). Daily application of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel resulted in low systemic exposure to adapalene, with observed plasma concentrations below 0.1 ng/mL in most subjects. Adapalene concentrations reached quantifiable levels (between 0.1 and 0.2 ng/mL) in two subjects treated with adapalene 0.1% /benzoyl peroxide 2.5% gel and three subjects with adapalene gel. The highest adapalene AUC<sub>0-24h</sub> determined in the fixed-combination group was 1.99 ng.h/mL compared to an AUC<sub>0-24h</sub> of 2.65 ng.h/mL with adapalene gel 0.1%.

The percutaneous penetration of benzoyl peroxide is low; when applied topically, it is rapidly and completely converted into benzoic acid in the skin and eliminated in the urine.

**Distribution:** Classical plasma protein binding techniques were not feasible due to the physiochemical properties of adapalene. However, an alternative method was adopted that measured the partitioning of the drug between plasma or protein solutions and erythrocytes. When <sup>3</sup>H-adapalene was incubated with human whole blood, 26% was bound to erythrocytes and total binding of adapalene in blood was > 99%. Adapalene bound primarily to lipoproteins and human serum albumin. The distribution for benzoyl peroxide could not be determined since it is converted into benzoic acid, which is an endogenous substance.

**Metabolism:** Following 24-hour incubation with human hepatocytes, more than 90% of adapalene was metabolized. Both metabolites and adapalene showed a possibility for conjugation - predominantly glucuronidation and sulfation.

Benzoyl peroxide undergoes a copper-dependent metabolism in the skin to radical and non-radical metabolites. The initial cleavage of the peroxide bond yields short-lived hydroxyl benzoyloxyl free radicals. Benzoyloxyl radicals can fragment to form phenyl radicals plus carbon dioxide, or can attract hydrogen atoms to form the stable metabolite, benzoic acid. The metabolism of benzoyl peroxide metabolism evaluated *in vitro* in human skin confirmed benzoyl peroxide is metabolized into benzoic acid before passing into circulation.

**Excretion:** Excretion of adapalene appears to be primarily by the biliary route. The majority of an administered dose of 0.3% adapalene gel was excreted by 144 hours post dose and no drug was detected after the 6th day following last application. Under maximized conditions, the mean total unchanged drug substance excreted in the feces was  $0.07\% \pm 0.06\%$  of the total dose applied (range, 0.02% to 0.19%).

After topical administration in animal models, benzoyl peroxide was mainly and rapidly excreted in urine (45% of applied dose), nearly exclusively in the form of benzoic acid.

#### **Special Populations and Conditions**

Pharmacokinetic studies have not been conducted in subjects with a medical condition which might interfere with the absorption, distribution, metabolism, or excretion of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel, in particular, a history of hepatic or renal disease.

#### STORAGE AND STABILITY

Taro-Adapalene / Benzoyl Peroxide (adapalene/benzoyl peroxide) topical gel should be stored at room temperature (15°C to 25°C). The product should be used within a period of 12 months after first opening. Any unused portion should be discarded 12 months after opening or at product expiry date (whichever comes first). Keep container tightly closed. Keep in a safe place out of the reach of children.

#### SPECIAL HANDLING INSTRUCTIONS

There are no special handling instructions for Taro-Adapalene / Benzoyl Peroxide topical gel.

# DOSAGE FORMS, COMPOSITION AND PACKAGING

Taro-Adapalene / Benzoyl Peroxide (adapalene/benzoyl peroxide) topical gel is available in 70 g fill pump dispensers and in 60 g fill laminate tubes.

Taro-Adapalene / Benzoyl Peroxide is a white to pale yellow opaque gel. Each gram of Taro-Adapalene / Benzoyl Peroxide topical gel contains adapalene 0.1% w/w (1 mg/g) and benzoyl peroxide 2.5% w/w (25 mg/g) in a vehicle consisting of C13-14 isoparaffin, docusate sodium, edetate disodium, glycerin, laureth 7, poloxamer 124, polyacrylamide, propylene glycol, and purified water.

PART II: SCIENTIFIC INFORMATION

#### PHARMACEUTICAL INFORMATION

**Drug Substance: Adapalene** 

adapalene Proper name:

Chemical name: 6-[3-(1-Adamantyl)-4-methoxyphenyl]-2-naphthoic acid

Molecular formula: C28H28O3

Molecular mass: 412.5

Structural formula:

Physicochemical properties: Adapalene is a white to off-white powder, which is soluble in

tetrahydrofuran, sparingly soluble in ethanol and insoluble in

water.

**Drug Substance: Benzoyl Peroxide** 

Proper name: benzoyl peroxide, hydrous

Chemical name: Dibenzoyl peroxide

Molecular formula: C<sub>14</sub>H<sub>10</sub>O<sub>4</sub> (anhydrous)

Molecular mass: 242.23 (anhydrous)

Structural formula:

Physicochemical properties: Benzoyl peroxide is a white powder, crystals or granules.

Benzoyl peroxide has low solubility in water. Soluble in

ethanol, diethyl ether and acetone.

Hydrous benzoyl peroxide contains not less than 20% water. However, the product is formulated to contain the labelled

amount of benzoyl peroxide on an anhydrous basis.

**CLINICAL TRIALS** 

# **Comparative Studies**

A randomized, double-blind, multiple-center, placebo-controlled, parallel design study comparing Adapalene 0.1%/Benzoyl Peroxide 2.5% Topical Gel (Taro Pharmaceuticals Inc.) to Tactupump<sup>TM</sup> Topical Gel Adapalene 0.1 %/Benzoyl Peroxide 2.5% (Galderma Canada Inc.) in the treatment of acne vulgaris was performed in 834 eligible patients aged 12 to 40. The coprimary measures of bioequivalence were determined in the per-protocol population (PP) by evaluating the test-to-reference ratio of the mean percent change from baseline to Week 12 (Day 84±4 days) in the number of inflamed (papules/pustules) lesions and non-inflamed (open and closed comedones) lesions. The secondary measure was the test versus reference difference in the proportion of patients who were considered a "clinical success" based on improvement in the investigator global assessment score (IGA) at Week 12. In addition, superiority to placebo and safety were evaluated for test and reference treatments.

The test product was determined to be bioequivalent to the reference product for all efficacy endpoints. Results of the efficacy analyses are summarized in the table below.

Summary of Primary Efficacy Analysis										
Equivalence, PP Population (n Test = 328; n Reference = 321; n Placebo = 109)										
PARAMETER	LS Me	an for Te	est LS Mea	n for Ref	erence		Ratio	90%	CIa	
Inflammatory lesion counts (percent change)	-:	54.10		-54.54			0.99	(0.98,	1.00)	
Non-Inflammatory lesion counts (percent change)	-4	49.37		-47.29			1.04	(1.02,	1.07)	
Superiority, modified Intent-	to-Trea	t Popula	tion (n Test	= 352; n	Referen	ce =	343; n P	lacebo = 11	5)	
		Test v	s. Placebo			Re	eference v	s. Placebo		
PARAMETER	LS Mean		a <u>n</u>			LS Mean			p-value	
	Test	Vehicle	Difference	p-value	Refere	nce	Vehicle	Difference	p-value	
Inflammatory lesion counts (percent change)	-53.41	-23.97	-29.45	< 0.0001	-54.0	8	-23.97	-30.12	< 0.0001	
Non-Inflammatory lesion counts (percent change)	-48.51	-18.20	-30.31	< 0.0001	-46.9	96	-18.20	-28.76	< 0.0001	
Equiv	alence,	Summar	y of Second	ary Effica	cy Anal	ysis				
PP Population (n Test = 328; n Reference = 321; n Placebo = 109)										
						Di	fference			
PARAMETER	To	est	Reference	Vel	nicle		Γest vs	90%	6 CI	
						Reference				
IGA success (proportion of subjects)	28.3	55%	29.28%	6.4	4%		-0.93%	(7.90	, 6.04)	

<sup>&</sup>lt;sup>a</sup> Prespecified criterion for clinical equivalence was: the 90% confidence interval for the ratio is contained within 0.80 to 1.25.

<sup>&</sup>lt;sup>b</sup> Prespecified criterion for clinical equivalence was: the 90% confidence interval for the difference is contained within -20% to +20%.

Table 8 Summary of patient demographics for North American Phase III clinical trials Adapalene and Benzoyl Peroxide Topical Gel, 0.1%/2.5% w/w in *acne vulgaris* 

Study#	Trial design	Dosage, route of administration and duration	Study subjects (n=number)	Mean age y (Range)	Gender % M/F
RD.06.SRE.18094	Double-blind, multi-		(517)	16.4	60/40
	center, randomized, four treatment arms,	- Adapalene 0.1%/BPO 2.5% gel	149	(12 – 56)	
	controlled (active and vehicle)	- Adapalene gel	148		
		- BPO gel	149		
		- Gel vehicle	71		
		Topical			
		12 weeks			
RD.06.SRE.18087	Double-blind, multi-		(1668)	18.2	49/51
treatment arms, controlled (active and	,	- Adapalene 0.1%/BPO 2.5% gel	415	(12 – 58)	
	vehicle)	- Adapalene gel	420		
		- BPO gel	415		
		- Gel vehicle	418		
		Topical			
		12 weeks			
RD.06.SRE.18089	Open-label, long term, multi-center	- Adapalene 0.1%/BPO 2.5% gel Topical 1 year	(452)	18.3 (12 – 50)	49/51

Male and female subjects, 12 years of age or older, were eligible to enroll in the clinical trials outlined in Table 8. In Study 18094, subjects of any race with mild and moderate *acne vulgaris* (20 to 50 inflammatory lesions and 30 to 100 noninflammatory lesions) on the face were enrolled while subjects with nodules and cysts were excluded. These criteria were also applied to the long-term Study 18089.

In Study 18087, subjects with *acne vulgaris* with 20 to 50 inflammatory lesions and 30 to 100 noninflammatory lesions, one nodule and additionally specifying an Investigator Global Assessment (IGA) score of "3" (moderate) were eligible for inclusion (see Table 9). Subjects with facial and truncal *acne vulgaris* could also enroll.

**Table 9 Global Severity Assessment** 

Inves	Investigator's Global Assessment					
0	Clear	Residual hyperpigmentation and erythema may be present.				
1	Almost Clear	A few scattered comedones and a few small papules.				
2	Mild	Some comedones and some papules and pustules. No nodules present.				
3	Moderate	Many comedones, papules and pustules. One nodule present.				
4	Severe	Covered with comedones, numerous papules and pustules and a few nodules and cysts may be present.				
5 a	Very Severe	Highly inflammatory acne covering the face; with nodules and cysts present.				

<sup>&</sup>lt;sup>a</sup> 5= very severe IGA grading was used in Study 18094, per established definitions in force at the time of conduct of the studies. Subsequent

# **Study results**

Table 10 Results of Study 18094 in *acne vulgaris* at Week 12 (ITT Population)

PRIMARY EFFICACY RESULTS STUDY 18094, ITT Week 12-LOCF <sup>a</sup>						
Primary Endpoints	Adapalene 0.1 %/ BPO 2.5% Gel N = 149	Adapalene Gel N = 148	BPO Gel N = 149	Gel Vehicle N = 71		
Success Rate <sup>b</sup>						
n (%)	32 (21.5%)	18 (12.2%)	18 (12.1%)	4 (5.6%)		
[p values vs Adapalene/BPO]	-	p = 0.029	p = 0.009	p = 0.002		
Mean % lesion count reducti	on					
Total lesions	48.6%	34.0%	33.4%	29.7%		
[p values vs Adapalene/BPO]	-	p < 0.001	p < 0.001	p < 0.001		
Inflammatory lesions	52.4%	39.9%	35.8%	31.8%		
[p values vs Adapalene/BPO]	-	p < 0.001	p < 0.001	p < 0.001		
Noninflammatory lesions	45.9%	29.6%	32.2%	27.8%		
[p values vs Adapalene/BPO]	-	p < 0.001	p < 0.001	p < 0.001		

<sup>&</sup>lt;sup>a</sup> Week 12 LOCF: The last available data observed during the study. Baseline value was used if no post-Baseline data were available.

Efficacy of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel vs. gel vehicle was observed early in Study 18094, with significant differences in Success Rate observed at Week 8 and sustained to the end of treatment. For Percent Change in Lesion Counts, the significant differences from gel vehicle were demonstrated at Week 1 for inflammatory lesions and at Week 4 for noninflammatory and total lesion counts, and were sustained to the end of treatment.

Adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel had a significantly higher Success Rate (p≤0.029) for all analyses at Week 12 LOCF, ITT) as compared to either monad or gel vehicle in the ITT population (see Table 10). The 21.5% Success Rate (subjects rated "Clear/IGA 0" or "Almost Clear/IGA 1" with at least a two-grade improvement from baseline) for adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel was 9% greater than either monad and 16% greater than the gel vehicle alone. All co-primary endpoints (percent change from baseline in inflammatory, noninflammatory and total lesion counts) showed significantly superior results for adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel in the ITT population and were confirmed in the PP population (p-values  $\leq 0.02$  for all comparisons).

Table 11 Results of Study 18087 in acne vulgaris at Week 12 (ITT Population)

<sup>&</sup>lt;sup>b</sup> Success Rate was defined as the proportion of subjects with an Investigator's Global Assessment (IGA) Score of '0' or '1' (clear / almost clear) with at least a two grade improvement from baseline on the global, static, dichotomized, six-point scale.

Primary Endpoints	Adapalene 0.1%/BPO 2.5% Gel N = 415	Adapalene Gel N = 420	BPO Gel N = 415	Gel Vehicle N= 418	
Success Rate <sup>2b</sup>					
n (%)	125 (30.1%)	83 (19.8%)	92 (22.2%)	47 (11.3%)	
[p values vs Adapalene/BPO]	-	p < 0.001	p = 0.006	p < 0.001	
Mean % lesion count reduction					
Total lesions	50.0%	41.3%	41.2%	26.1%	
[p values vs Adapalene/BPO]	-	p < 0.001	p < 0.001	p < 0.001	
Inflammatory lesions	53.4%	41.7%	47.6%	30.2%	
[p values vs Adapalene/BPO]	-	p < 0.001	p = 0.017	p < 0.001	
Noninflammatory lesions	48.1%	40.8%	37.2%	23.2%	
[p values vs Adapalene/BPO]	-	p = 0.007	p < 0.001	p < 0.001	

<sup>&</sup>lt;sup>a</sup> Week 12 LOCF: The last available data observed during the study. Baseline value was used if no post-Baseline data were available.

All analyses (ITT, PP, and sensitivity) for Success Rate in Study 18087 showed adapalene and benzoyl peroxide, 0.1%/2.5% topical gel to be significantly more effective than either monad or the gel vehicle (p $\le$ 0.006 for primary ITT analyses; p < 0.001 for PP analyses) (see Table 11).

The percentage of subjects rated Success ("Clear/IGA 0" or "Almost Clear/IGA 1" with at least a two grade improvement from baseline) is significantly greater for adapalene and benzoyl peroxide, 0.1%/2.5% topical gel (30.1%) than for adapalene gel (19.8%), benzoyl peroxide gel (22.2%), and gel vehicle (11.3%). There was a significant (p=0.004) early treatment effect for adapalene and benzoyl peroxide, 0.1%/2.5% topical gel compared to gel vehicle starting at week 4 for Success Rate, and sustained until the end of the study.

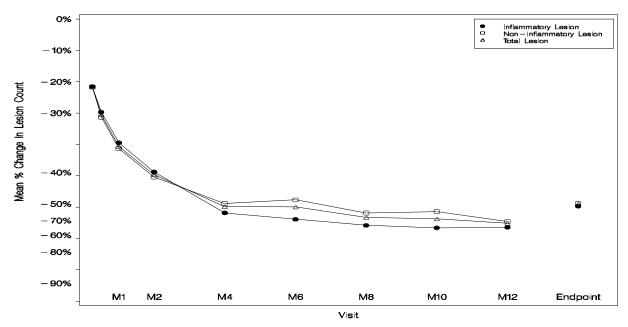
Table 12 Results of Adapalene 0.1% /BPO 2.5% Gel in *Acne vulgaris* at Month 12, Study 18089 (ITT Population)

Summary of Percent Change at Month 12 in Study 18089 (ITT Population)				
	Percent Change at Month 12 N=327			
	Mean (range)			
Inflammatory Lesions	-66.4% (-100 to +44)			
Noninflammatory Lesions	-64.6% (-100 to +64.1)			
Total Lesion Counts	-65.1% (-100 to +36.8)			

<sup>&</sup>lt;sup>b</sup> Success Rate was defined as the proportion of subjects with an Investigator's Global Assessment (IGA) Score of '0' or '1' (clear / almost clear) with at least a two grade improvement from baseline on the global, static, dichotomized, six-point scale.

In Study 18089 at Month 12, the mean Percent Reduction in inflammatory, noninflammatory, and total lesion counts from Baseline was 64% or greater for all lesion counts (see Table 12). Reduction in lesion counts were observed starting as early as Week 1 and improvement continued to end of the study (see Figure 1).

Figure 1 Adapalene 0.1% /BPO 2.5% Gel in *Acne vulgaris*: Mean Percent Decrease in Lesion Counts Compared to Baseline in Study 18089 (ITT Population)



Endpoint: The last available data observed during the study. Baseline value was used if no post-baseline data were available

In the open-label long-term safety and efficacy study 18089, early onset of efficacy was observed at Week 1 (21.5% reduction in mean inflammatory lesion counts) with mean percent reductions in inflammatory, non-inflammatory and total lesions of 64.6% to 66.4% at Month 12. A total of 46.2% and 62.2% of subjects assessed their acne vulgaris "marked improvement" or "complete improvement" after 6 and 12 months of treatment, respectively. No decrease in efficacy was observed during long-term use. No notable differences were seen between gender, race, and age subgroups.

Table 13 Summary of patient demographics for a study in 9 – 11 years old pediatric patients treated with Adapalene and Benzoyl Peroxide, 0.1%/2.5% w/w
Topical Gel and presenting with *acne vulgaris* 

Trial design	Dosage, route of administration and duration	Study subjects* (n=number)	Mean age (Range)	Gender % M/F
Phase IV, double-blind, multi- center, randomized, vehicle- controlled	<ul><li>Adapalene/BPO gel</li><li>Gel vehicle</li><li>Topical</li><li>12 weeks</li></ul>	(285) 142 143	10.4 (9-11)	24/76

<sup>\*</sup>At baseline, study subjects had a minimum of 20 inflammatory lesions and not more than 100 noninflammatory lesions, with an Investigator Global Assessment score of 'Moderate'.

The safety and efficacy of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel were assessed in children 9 to 11 years old presenting with moderate acne, in a 12-week clinical study (Table 13). Overall, the efficacy of adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel in these subjects is comparable to the efficacy observed in subjects aged 12 years and above treated with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel (Table 10, Table 14).

Table 14 Results of study in pediatric patients with Acne vulgaris (9 -11 years) with Adapalene 0.1% and Benzoyl Peroxide 2.5% at Week 12 (ITT Population)

	Adapalene/BPO Gel N = 142	Gel Vehicle N = 143
IGA: Two Grade Improvement and Clear or Almost Clear	67 (47.2%)	22 (15.4%) p < 0.001 <sup>a</sup>
Mean reduction in Total Lesion Count (percent change)	28.4 (57.9%)	4.2 (10.4) p < 0.001 <sup>b</sup>
Mean reduction in Inflammatory Lesions Count (Percent change)	7.7 (39.8%)	0.5 (15.3%) p < 0.001 <sup>b</sup>
Mean reduction in Noninflammatory Lesions Count (Percent change)	20.8 (56.8%)	3.6 (3.2%) p < 0.001 <sup>b</sup>

<sup>&</sup>lt;sup>a</sup>P-values were based on CMH test general association statistic, controlling for center

The efficacy of adapalene and benzoyl peroxide topical gel, 0. 1%/2.5% w/w gel applied once daily for 12 weeks for the treatment of acne vulgaris was assessed in a multicenter, randomized, double-blind, controlled study, comparing adapalene and benzoyl peroxide topical gel, 0.1%/2.5% w/w topical gel to vehicle gel in acne subjects. In this study, 217 subjects with adapalene and benzoyl peroxide topical gel, 0.1%/2.5% w/w and 69 subjects with the vehicle (Table 15).

Table 15 Summary of patient demographics for North American Phase III clinical trial with Adapalene and Benzoyl Peroxide Topical Gel, 0.3%/2.5% w/w/ in moderate and severe acne vulgaris Study 18240

Trial design	Dosage, route of administration and duration	Study subjects (n=number)	Mean age (Range)	Gender % M/F
-	Adapalene 0.3% /BPO 2.5% gel Gel	(503) 217	19.6 (12-57)	48 / 52
	Adapalene 0.1% /BPO 2.5% gel Gel vehicle Topical 12 weeks	217 69		

Treatment response was defined as the percent of subjects who were rated 'Clear' or 'Almost Clear' at Week 12 with at least a two-grade improvement based on the Investigator's Global Assessment (IGA), and mean absolute change from baseline at Week 12 in both inflammatory

<sup>&</sup>lt;sup>b</sup>P-values were based on ANCOVA model with ranked changes as dependent variable, ranked Baseline as a covariate, and treatment and center as main effects

and noninflammatory lesion counts. An IGA score of 'Clear' corresponded to clear skin with no inflammatory or noninflammatory lesions. An IGA score of 'Almost Clear' corresponded to a few scattered comedones and a few small papules.

At Baseline, 50% of enrolled patients had acne severity assessed as "moderate" (IGA = 3) and 50% had scores of "severe" (IGA=4). For lesion counts, subjects had an average of 98 total lesions (range: 51-226), of which the mean number of inflammatory lesions was 38 (range: 20-99) and the mean number of non-inflammatory lesions was 60 (range: 30-149). The age of the patients ranged from 12 to 57 years, with 273 (54.3%) patients 12 to 17 years of age. A similar number of males (47.7%) and females (52.3%) were enrolled.

Table 16 Efficacy Results of Study 18240 in the overall population: subjects with moderate and severe acne vulgaris, Week 12 (MI<sup>a</sup>, ITT Population)

	Adapalene and Benzoyl Peroxide Topical Gel, 0.1%/2.5% w/w	Vehicle Gel
	(N=217)	(N=69)
Success Rate: IGA at least two-grade improvement and "clear" or "almost clear"	27.3%	11.0%
p-value vs Vehicle Gel	0.014	-
Mean reduction in Inflammatory Lesions Count (percent change)	26.5 (69.3%)	13.2 (39.2%)
p-value vs Vehicle Gel	< 0.001	-
Mean reduction in Non-inflammatory Lesions Count (percent change)	40.0 (68.0%)	19.7 (37.4%)
p-value vs Vehicle Gel	< 0.001	-

<sup>&</sup>lt;sup>a</sup>MI: Missing data was imputed using multiple imputation methodology

The primary efficacy analyses were also confirmed in the PP analyses and sensitivity analyses using traditional imputation methodology for missing data. Results of primary efficacy analyses are shown in Table 16.

In addition, in the subjects with severe acne (IGA= 4), adapalene and benzoyl peroxide topical gel, 0.1%/2.5% w/w was shown to be superior to gel vehicle for the same endpoints (Table 17).

# acne, Week 12 (MI<sup>a</sup>, ITT Population)

	Adapalene and Benzoyl Peroxide Topical Gel, 0.1%/2.5% w/w	Vehicle Gel
	(N=112)	(N=34)
Success Rate: IGA at least three-grade improvement and "clear" or "almost clear"	20.5%	11.8%
p-value vs Vehicle Gel	0.443	-
Mean reduction in Inflammatory Lesions: Count (percent change)	30.2 (68.0%)	14.3 (33.0%)
p-value vs Vehicle Gel	<0.001	-
Mean reduction in Non-inflammatory Lesions: Count (percent change)	43.9 (68.4%)	17.8 (30.8%)
p-value vs Vehicle Gel	<0.001	-

<sup>&</sup>lt;sup>a</sup>MI: Missing data was imputed using multiple imputation methodology

Adapalene and benzoyl peroxide topical gel, 0.1%/2.5% w/w was superior to Vehicle in terms of each lesion type, inflammatory and non-inflammatory. However, when analyzing Success rate, where IGA required to be improved by at least 3 grades adapalene and benzoyl peroxide topical gel, 0.1%/2.5% w/w was not shown superior to Vehicle (20.5% vs 11.8%, p=0.443).

#### **DETAILED PHARMACOLOGY**

Adapalene: Adapalene is a chemically stable, retinoid-like compound. Biochemical and pharmacological profile studies have demonstrated that adapalene is a potent modulator of cellular differentiation, keratinization and inflammatory processes all of which represent important features in the pathology of acne vulgaris. Mechanistically, adapalene binds to specific retinoic acid nuclear receptors but, unlike tretinoin, does not bind to the cytosolic receptor protein. Although the exact mode of action of adapalene is unknown, current evidence suggests that topical adapalene normalizes the differentiation of follicular epithelial cells resulting in decreased microcomedone formation. Studies in acne patients provide clinical evidence that topical adapalene is effective in reducing the noninflammatory acne lesions (open and closed comedones). Adapalene inhibits the chemotactic (directional) and chemokinetic (random) responses of human polymorphonuclear leucocytes in in vitro assay models; it also inhibits the metabolism of arachidonic acid, by lipoxidation, to inflammatory mediators. *In vitro* studies with adapalene have shown inhibition of the AP-1 factors and the inhibition of the expression of toll like receptors 2. This profile suggests that the cell mediated inflammatory component of acne is modified by adapalene. Studies in human patients provide clinical evidence that topical adapalene is effective in reducing the inflammatory components of acne (i.e., papules and pustules).

**Benzoyl Peroxide:** Benzoyl peroxide is an oxidizing agent with a broad spectrum bactericidal activity, in particular against *Propionibacterium acnes (P. acnes)*, which is abnormally present in the acne-affected pilosebaceous unit. Additionally benzoyl peroxide has demonstrated exfoliative and keratolytic activities.

As both active substances (adapalene and benzoyl peroxide) are well-characterized pharmacologically, and as no interactions are likely to occur, no specific nonclinical pharmacology studies were performed with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel. Safety pharmacological studies for both individual active substances (adapalene and benzoyl peroxide) suggest no overall impairment of the major physiological body systems (including central nervous system, cardiovascular and respiratory functions).

# **Human Pharmacology**

#### **Pharmacokinetics**

#### *In vitro* studies

The penetration of each active substance (adapalene and benzoyl peroxide) is not statistically significantly modified when the substances were administered together in the proposed commercial fixed combination formulations (adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel).

The *in vitro* penetration and metabolism of <sup>14</sup>C-adapalene from adapalene/benzoyl peroxide gel was investigated using Reconstructed Human Epidermis (RHE). Parent adapalene was the only radioactive component found in all of the samples analyzed, indicating that adapalene is not metabolized by RHE. The metabolism and the penetration of adapalene are not modified by the presence of benzoyl peroxide in the formulation.

# *In vivo* studies

Plasma levels of adapalene were assessed in subjects with *acne vulgaris* following daily applications of adapalene 0.1% / benzoyl peroxide 2.5% gel for 10 days and 30 days and following daily application of adapalene 0.3% / Benzoyl Peroxide 2.5% gel for 30 days. Systemic exposure to benzoyl peroxide was not assessed because the molecule is entirely and rapidly metabolized in the skin, and the metabolite, benzoic acid, is considered safe in humans. Systemic exposure to adapalene following cutaneous application to subjects with acne vulgaris was low. This is consistent with the finding for adapalene 0.1% or 0.3% gel and other adapalene formulations. Benzoyl peroxide has no-effect on the penetration of adapalene following repeated applications, and there is no evidence of a pharmacokinetic interaction of benzoyl peroxide with adapalene.

# **Pharmacodynamics**

In a cumulative irritation potential study with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel, under the conditions tested, the fixed combination adapalene 0.1% / benzoyl peroxide 2.5% gel is not more irritating than either component applied alone (i.e., adapalene 0.1% gel and benzoyl peroxide 2.5% gel), or than benzoyl peroxide 10% gel.

In a sensitization potential study the maximized conditions of application (occlusion) greatly increased the irritation potential of the benzoyl peroxide-containing products, thereby increasing their sensitization potential. As a consequence, a high level of sensitization to both adapalene/benzoyl peroxide gel, the fixed combination, and benzoyl peroxide 2.5% gel was observed. The sensitization level of these two products was similar.

The results of a phototoxicity study demonstrate that the combination of adapalene with benzoyl peroxide in adapalene/benzoyl peroxide gel does not increase the phototoxic potential of benzoyl peroxide 2.5% gel administered alone.

In a photoallergy study neither adapalene/benzoyl peroxide gel nor its individual active components showed any photosensitization potential. It was concluded that adapalene/benzoyl peroxide gel is not a photosensitizer.

#### MICROBIOLOGY

No microbiological studies were conducted with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel.

## **TOXICOLOGY**

The toxicology of the individual active substances, adapalene and benzoyl peroxide, is well characterised. Repeat-dose dermal toxicity studies and local tolerance studies performed with adapalene 0.1%/benzoyl peroxide 2.5% and with adapalene 0.3%/benzoyl peroxide 2.5%showed skin irritation and a potential for sensitization (Table 18, and Table 19) which are expected with adapalene and benzoyl peroxide.

# **Repeat-Dose Toxicity**

Table 18 Summary of Principal Findings in Repeat-Dose Toxicity Studies Conducted with Adapalene 0.1%/Benzoyl Peroxide 2.5%

Species and Strain	Method of Administrati on	Duration of Dosing	Doses (g/kg/day)	Gender & No. per Group	Noteworthy Findings
Rat Sprague- Dawley	Dermal	4 weeks	2 g/kg/day of:  - Prototype adapalene 0.1% /BPO 2.5% gel  - Prototype adapalene 0.1% gel  - Prototype gel yehicle	10M + 10F /group (3 groups) TK: 6M + 6F /group (test and monad) 1M + 1F (gel vehicle)	Treatment-related effects were local skin irritations at the treatment site (e.g., desquamation, acanthosis, hyperkeratosis and sebaceous gland hypertrophy). The incidence was higher in rats treated with adapalene/BPO gel than in rats treated with adapalene alone.  TK: Systemic exposure to adapalene was higher at the end than at the beginning of the treatment. Adapalene plasma concentrations were higher in females than in males.
Dog Beagle	Dermal	4 weeks	2 g/kg/day of:  - Prototype adapalene 0.1% /BPO 2.5% gel  - Prototype adapalene 0.1% gel  - Prototype gel vehicle	3M + 3F /group (3 groups) TK: 3M + 3F /group (3 groups)	Treatment-related effects were local irritations at the treatment sites (erythema and desquamation). Findings were associated with epithelial hyperplasia and perivascular mononuclear cell infiltration in the dermis at microscopical observation. Findings were considered indicative of a hyperplastic dermatitis caused by local irritation. Effects were more pronounced in animals treated with adapalene/BPO gel vs. adapalene alone. Application was not associated with any systemic clinical changes or macroscopic findings.  TK: Systemic exposure to adapalene was higher at the end than at the beginning of the treatment. Adapalene plasma concentrations were higher in females than in males.
Minipig Göttingen	Dermal	4 weeks	1.75 g/kg/day of Adapalene 0.1% /BPO 2.5% gel	2M + 2F (1 group)	Adverse dermal reactions (e.g., erythema combined with bloody crust formation, suppurating of the skin, and wounds with crust formation) were observed in the treated skin area. Histopathological changes were observed including crust formation, epidermal hyperplasia, epidermal/subdermal edema and epidermal/subepidermal inflammatory cells.
Minipig Göttingen	Dermal	13 weeks	2 g/kg/day of:  - Adapalene 0.1% /BPO 2.5% gel  - Gel vehicle	4M + 4F /group (2 groups)	Due to severe local reactions and the absence of recovery, the study was stopped prior to time. Treatment took place for a maximum of 16 Days for the adapalene/BPO gel and until Day 34 for the gel vehicle. Study was terminated on study day 35. Animals were killed and no examinations (e.g., ECG, ophthalmoscopy, clinical pathology, histopathology, toxicokinetics) were performed.

Species and Strain	Method of Administrati on	Duration of Dosing	Doses (g/kg/day)	Gender & No. per Group	Noteworthy Findings
Minipig Göttingen	Dermal	13 weeks	- Adapalene/BPO gel at 0.125, 0.25 and 0.75 g/kg/day - Gel vehicle at 0.75 g/kg/day - Non-treated group	4M + 4F /group (5 groups) TK: 4M + 4F /group (5 groups)	Local reactions (slight to severe erythema) and cutaneous microscopic signs (minimal to slight acanthosis and minimal to moderate hyperkeratosis) were observed. Frequency and incidence of these findings generally increased with dose level and appeared from the second week of treatment until the end of the treatment period.  TK: For Day 0, all samples BLQ. After 13 weeks, all samples were BLQ except for 5 animals: 2 females in 0.25 g/kg/day group and 1 male and 2 females in 0.75 g/kg/day group had low adapalene plasma exposure.

BLQ: Below the limit of quantification; BPO: Benzoyl Peroxide; ECG: Electrocardiogram; F: Female; M: Male; TK: Toxicokinetics.

# **Local Tolerance**

Table 19 Summary of Principal Findings in Local Tolerance Studies Conducted with Adapalene 0.1%/Benzoyl Peroxide 2.5% Gel and Adapalene 0.3% / Benzoyl Peroxide 2.5% Gel

Species and Strain	Method of Administration	<b>Duration of Dosing</b>	Dose Concentration (% w/w)	Gender & No. per Group	Noteworthy Findings
Primary Skin I	rritation Studies	1	-	•	•
Rabbit New Zealand White	Dermal	Single 24h occlusive dose	0.5 mL per site (abraded and intact skin) of prototype adapalene 0.1%BPO 2.5%gel	3M (1 group)	<ul> <li>Erythema was observed at the abraded and intact skin application sites.</li> <li>Erythema persisted in the abraded and intact skin after 72 hours.</li> <li>The cutaneous primary irritation index (CPII) score was 1.5 – slight irritant.</li> </ul>
Rabbit New Zealand White	Dermal	Single 24h semi- occlusive dose	Adapalene 0.3% / Benzoyl Peroxide 2.5% gel or gel placebo	3M / group (2 groups)	- Adapalene 0.3%/Benzoyl Peroxide 2.5% gel: primary cutaneous irritation index was 2.33 – irritant - Gel placebo: primary cutaneous irritation index was 0.33 – non irritant
<b>Bovine Cornea</b>	l Opacity and Pern	neability test	•	•	•
Isolated bovine cornea	Ocular (in vitro)	Single application	Adapalene 0.3% / Benzoyl Peroxide 2.5% gel or gel placebo	Na	- In Vitro Irritancy Score: - 0.9 and 0.1 - Adapalene 0.3% / Benzoyl Peroxide 2.5% gel and its gel placebo: Not severe irritant or corrosive
Single dose ocu	lar irritation study	<u> </u>			

Species and Strain	Method of Administration	<b>Duration of Dosing</b>	Dose Concentration (% w/w)	Gender & No. per Group	Noteworthy Findings
Rabbit Japanese White	Ocular	Single application followed or not by washing	0.1 mL to the left eye: - Adapalene 0.1% / Benzoyl Peroxide 2.5% gel - gel placebo	6F (3 unwashed and 3 washed)	- Unwashed eyes: fixed combination and placebo were 'minimally irritating' - Washed eyes (100 mL of water for injection after 30 seconds): fixed combination was 'practically nonirritating' and placebo was 'minimally irritating'
Sensitization Po	tential Studies				
Guinea Pig Dunkin-Hartley	Dermal Modified Bühler Test (9 doses + challenge)	Induction: 9 non-consecutive days  Filter paper impregnated (0.4mL) / application site under occlusion for 6 hours/day  Rest: 11 days  Challenge: 1 day 25µL/application site under occlusion for 6 hours/day	- Prototype adapalene/BPO gel (Adapalene 0.1% / Benzoyl Peroxide 2.5% Gel) - Prototype gel vehicle - Positive control (DNCB at 1%) - Negative control (water)	10M + 10F /group (test and vehicle) 5M + 5F /group (2 controls)	<ul> <li>Marked dermal reactions in 19 of 20 animals (e.g., erythema, desquamation, scabs).</li> <li>Sensitization rate: 95% (classified: extreme).</li> <li>No skin sensitization with the gel vehicle.</li> </ul>
Guinea pig Hartley	Dermal Modified Bühler Test (9 doses + challenge)	Induction (3 weeks): 9 applications of 0.5 mL / application site under occlusion for 6 hours/day Rest: 9 days Challenge: one application of 0.5 mL under occlusion (6 hours/day)	Induction and Challenge: - Adapalene 0.3% / BPO 2.5% Gel - Gel placebo - Negative control – water for injection - Positive control – DNCB 1%	10 M + 10 F (test, vehicle and positive control) 5 M + 5 F (negative control)	- Sensitization rate 75%: Adapalene 0.3% / Benzoyl peroxide 2.5% Gel was classified strong sensitizer - No skin sensitization with the vehicle
Phototoxicity an	  d Photosensitizatio	n Studies	<u> </u>		

Species and Strain	Method of Administration	<b>Duration of Dosing</b>	Dose Concentration (% w/w)	Gender & No. per Group	Noteworthy Findings
Guinea Pig Dunkin-Hartley	Dermal	Induction: 6 applications in 8 days  Concentrations of the test item were gradually reduced from 100% to 10% (Days 1 and 2: 100%; Days 3 and 6: 50%; Day 7: 25%; Day 8: 10%)  Rest: 20 days  Challenge: 1 day 0.1 mL/application site	- Prototype adapalene/BPO gel with and without UVA/UVB irradiation - Prototype gel vehicle with UVA/UVB irradiation - Untreated control with UVA/UVB irradiation		- No evidence of phototoxic or photoallergenic potential.  - Cutaneous reactions (e.g., erythema, dryness of the skin, beige coloration of the skin and sometimes crusts) were observed in the adapalene/BPO gel treated group.  - Results indicated a slight and cumulative irritant effect of the test item.

BPO: Benzoyl Peroxide; DNCB: Dinitrochlorobenzene; F: Female; M: Male; UVA/UVB: Ultraviolet A/Ultraviolet B.

In summary, the fixed combination exhibited local dermal adverse events. Under the conditions tested, no new toxicological concerns were identified up to 4 weeks in rats and dogs for adapalene 0.1% / benzoyl peroxide 2.5% gel and up to three month in mini pigs for both strengths.

# Genotoxicity

No genotoxicity studies were conducted with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel.

In a series of *in vivo* and *in vitro* tests, adapalene did not demonstrate any mutagenic or genotoxic activity.

Bacterial mutagenicity assays (Ames test) with benzoyl peroxide has provided mixed results, mutagenic potential was observed in a few but not in a majority of investigations. Benzoyl peroxide has been shown to produce single-strand DNA breaks in human bronchial epithelial and mouse epidermal cells, it has caused DNA-protein cross-links in the human cells, and has also induced a dose-dependent increase in sister chromatid exchanges in Chinese hamster ovary cells.

# Carcinogenicity

No carcinogenicity studies were conducted with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel

Lifetime studies with adapalene have been completed in mice at topical doses of 0.6 (0.03%), 2 (0.1%) and 6 (0.3%) mg/kg/day and in rats at oral doses of 0.15, 0.5 and 1.5 mg/kg/day and demonstrated no carcinogenic effect. However, a high incidence of splenic extra-medullary haematopoiesis was observed in male mice treated with 6 mg/kg/day (0.3%) topically applied adapalene gel. Oral administration of adapalene to Sprague-Dawley rats at a dose of 1.5 mg/kg/day for two years resulted in a higher incidence in males, relative to controls, of benign phaeochromocytoma of the adrenal medulla. These neoplastic changes are considered to have no relevance to the topical use of adapalene in humans in clinical conditions.

Animal studies have shown an increased tumourigenic risk with the use of related drugs (e.g.,

tretinoin) when combined with exposure to the ultraviolet (UV) light in sunlight, or from other UV sources. Studies to determine whether adapalene may accelerate the tumourigenic effects of UV radiation have not been conducted.

Benzoyl peroxide has been shown to be a tumour promoter and progression agent in a number of animal studies. The clinical significance of this is unknown.

Benzoyl peroxide in acetone at doses of 5 and 10 mg administered twice per week induced skin tumours in transgenic TG.AC mice in a study using 20 weeks of topical treatment. However, in 2-year dermal oncogenicity studies, there was no evidence of carcinogenic potential at doses up to 45 mg/day in Fischer 344 rats or doses up to 25 mg/day in B6C3F1 mice.

In a photocarcinogenicity study conducted with 5% benzoyl peroxide carbopol gel, no increase in UV-induced tumour formation was observed in hairless mice topically treated for 40 weeks.

# Reproductive and Developmental Toxicity

No reproductive and developmental toxicity studies and no studies in juvenile animals were conducted with adapalene and benzoyl peroxide, 0.1%/2.5% w/w topical gel.

Adapalene administered orally at doses of  $\geq$ 25 mg/kg/day can induce major structural changes including cleft palate, cranial abnormalities and spina bifida in rat and rabbit fetuses. Similar teratogenic effects have also been reported with other retinoids.

Dermal teratology studies conducted in rats and rabbits at doses of 0.6-6.0 mg adapalene/kg/day exhibited no foetotoxicity. Increases in supernumerary fetal ribs were recorded in both rats and rabbits. In the rat, there were also other minor bone variations such as small additional fissure in the parietal bone and asymmetric pelvis. In the rabbit, the other minor bone variations were small additional fissures in the inter-parietal bone, fissured or absent 27 pre-sacral vertebrae, incomplete ossification of the head of limb long bones, and tail anomalies. The AUC at the No Observable Adverse Effect Level in the rat (6.0 mg/kg/ day, the most sensitive species) corresponds to a safety margin of 32 and 102 when compared respectively to the exposure data in humans with adapalene 0.1%/benzoyl peroxide 2.5% w/w topical gel.

No effects of adapalene (doses up to 20 mg/kg/day) were found in rats on the reproductive performance or fertility of the  $F_0$  males or females. Total litter loss was suffered by 3 out of 25  $F_0$  female rats (12%) orally dosed at 15 mg/kg/day; these females had pale and inactive mammary tissues. There were no detectable effects on the growth, development and subsequent reproductive function of the  $F_1$  offspring.

A reproductive and developmental toxicity study conducted in rats exposed groups to oral doses of benzoyl peroxide of up 1000 mg/kg/day (5 mL/kg). A decrease in the testes and epididymides weights associated with marked testes degeneration was observed in males with incomplete recovery. The copulation and fertility indexes were not modified in any of the treated groups when compared with controls. The number of births, the male:female ratio, and the survival rate were not affected by the treatment. In the newborn rats, one case of spina bifida was found and 118 runts were born in the treatment group compared to 8 runts born in the positive control group. No variants were found in any of the groups. Benzoyl peroxide did not induce teratogenicity or effects on reproductive function at doses up to 500 mg/kg/day.

**Simulgel 600 PHA (Non-Medicinal Ingredient)** 

Single-dose, mutagenicity, and *in vitro* toxicity studies were conducted with the non-medicinal ingredient Simulgel 600 PHA. No untoward results were observed in the single-dose toxicity study when the excipient was administered orally (at a dose of 2000 mg/kg) to rats. No cytotoxic or genotoxic effects were observed in the *in vitro* bacterial cell mutagenicity study using *Salmonella typhimurium* and *Escherichia coli* exposed to Simulgel 600 PHA concentrations up to 5000 μg/plate. In a Mouse Lymphoma assay (MLA), Simulgel 600 did not induce mutation at doses up to 200 μg/mL (maximum dose) in a 3-hour incubation period. Statistically significant increase in mutation frequencies were reported for the 24-hour incubation period. Results were considered equivocal and of doubtful biological relevance. Other *in vitro* toxicity studies found that the excipient was non-irritating when Simulgel 600 was applied at a concentration of 5% in chorioallantoic membrane (chicken egg) and mucous membrane (sheep red blood cell) models.

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#### PART III: CONSUMER INFORMATION

Pr Taro-Adapalene / Benzoyl Peroxide Adapalene and Benzoyl Peroxide 0.1% / 2.5% w / w Topical Gel

This leaflet is part III of a three-part "Product Monograph" published when Taro-Adapalene / Benzoyl Peroxide was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about Taro-Adapalene / Benzoyl Peroxide. Contact your doctor or pharmacist if you have any questions about the drug.

# ABOUT THIS MEDICATION

#### What the medication is used for:

Taro-Adapalene / Benzoyl Peroxide is used for the topical treatment of mild to moderate acne (acne vulgaris) on your face, chest and back, with comedones (clogged hair follicles - blackheads, whiteheads) and inflammatory papules and pustules (e.g. pimples).

#### What it does:

Taro-Adapalene / Benzoyl Peroxide works in two ways. The first is by unplugging your blocked oil glands and by preventing these plugs from forming in the first place. The second is a germ killing effect; it kills the *P. acnes* bacteria present in acne and helps reduce inflammation. Your acne should improve in 4-8 weeks and you should see more improvement as you continue to use Taro-Adapalene / Benzoyl Peroxide.

#### When it should not be used:

- If you are pregnant or planning a pregnancy.
- If you have eczema or very irritated skin (such as seborrheic dermatitis) on your face, chest or back.
- If you are allergic to the medicinal ingredients in Taro-Adapalene / Benzoyl Peroxide or any of its ingredients (see "What the

important nonmedicinal ingredients are").

# What the medicinal ingredient is:

Taro-Adapalene / Benzoyl Peroxide contains two medicinal ingredients:

- adapalene 0.1% w/w
- benzoyl peroxide 2.5% w/w

#### What the important nonmedicinal ingredients are:

Taro-Adapalene / Benzoyl Peroxide also contains C13-14 isoparaffin, docusate sodium, edetate disodium, glycerin, laureth 7, poloxamer 124, polyacrylamide, propylene glycol, and purified water.

#### What dosage forms it comes in:

Taro-Adapalene / Benzoyl Peroxide topical gel is available in a 70 g bottle with a pump and in 60 g tubes.

#### WARNINGS AND PRECAUTIONS

Avoid using other potentially irritating topical products, such as soaps or cosmetics containing drying agents (e.g. alcohol) or other irritants (astringents, spices, etc.).

Avoid exposure to excessive sunlight, including sunlamps, as this may make your skin more sensitive to the product. In case of sunburn, allow the skin to heal before using Taro-Adapalene / Benzoyl Peroxide.

Do not apply Taro-Adapalene / Benzoyl Peroxide to cuts, abrasions, eczema or sunburned skin.

BEFORE you use Taro-Adapalene / Benzoyl Peroxide talk to your doctor or pharmacist if:

- You are pregnant or planning to become pregnant. If you are pregnant you should not use Taro-Adapalene / Benzoyl Peroxide. If you are a female of childbearing years, you should only use Taro-Adapalene / Benzoyl Peroxide after consulting your doctor about contraceptive counselling.
- You are breastfeeding or planning to breastfeed. The product should not be applied to the chest, in order to avoid contact with the child.
- You intend go out in the sun. Before you do, you should use a good sunscreen (SPF 15 or higher) that is designed not to clog pores (non-comedogenic) and use protective clothing.
- You are using any other acne medications. Taro-Adapalene / Benzoyl Peroxide should not be used with other acne medications unless your doctor tells you to use them.
- You are allergic to this drug or its ingredients or components of the container. Check with your doctor if you know you are allergic to certain ingredients or package components to ensure that you can use Taro-Adapalene / Benzoyl Peroxide.
- If you develop a severe allergic reaction while taking Taro-Adapalene / Benzoyl Peroxide, with reactions such as swollen mouth, throat, extremities, difficulty in breathing, rash or itching, stop using Taro-Adapalene / Benzoyl Peroxide and seek medical attention.
- You receive hair-removal treatments. Do not use "waxing" as a way of removing unwanted hair in the areas where you will be applying Taro-Adapalene / Benzoyl Peroxide, as this may increase your skin sensitivity.
- You are or have recently undergone skin procedures such as chemical hair treatments, chemical peels, dermabrasion or laser re-surfacing. Allow the skin to heal before using Taro-Adapalene / Benzoyl Peroxide.

# INTERACTIONS WITH THIS MEDICATION

# Drugs that may interact with Taro-Adapalene / Benzoyl Peroxide include:

Other acne products that have a drying effect on the skin, such as products that contain sulphur, resorcinol, or salicylic acid, as they may increase redness, dryness, and flaking. Talk to your physician about stopping your use of other acne products OR about

changing the time of day that you use them. No drug interaction studies have been performed with adapalene and benzoyl peroxide 0.1% / 2.5% w/w topical gel

#### PROPER USE OF THIS MEDICATION

#### **Usual dose:**

In patients 9 years of age and older: Use Taro-Adapalene / Benzoyl Peroxide once a day at night before you go to bed.

Before using Taro-Adapalene / Benzoyl Peroxide for the first time, pump the dispenser 10 times. You may need to repeat this process a few times before the gel will start to dispense.

You should first wash your face with a gentle cleanser and blot it dry with a soft towel – do not rub your face. Then, apply a thin film of Taro-Adapalene / Benzoyl Peroxide to the areas where you have acne. Usually, four pea-sized amounts should be enough to cover your whole face (e.g one on the forehead, chin and each cheek). DO NOT SPOT APPLY – cover the entire affected area.

Wash your hands after using Taro-Adapalene / Benzoyl Peroxide.

Keep Taro-Adapalene / Benzoyl Peroxide away from your eyes, lips, and the corners of your nose. If you get any in your eyes, flush your eyes with clean water right away. Taro-Adapalene / Benzoyl Peroxide may bleach hair and coloured fabric. Use caution when applying Taro-Adapalene / Benzoyl Peroxide near the hairline.

If skin irritation develops or worsens during treatment, stop use and contact your doctor. Your doctor may advise you to wait until the irritation goes down and then re-start the treatment only once every other day. If you tolerate this treatment after a few days, then resume the once- daily treatment schedule.

Use only the amount your doctor told you to use. Using more Taro-Adapalene / Benzoyl Peroxide will not make it work better or faster.

#### **Overdose:**

In case of drug overdose, contact a health care practitioner, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

In case of accidental oral ingestion, in addition to the boxed warning above, if you are in your childbearing years discuss with your doctor if a pregnancy test should be done.

#### **Missed Dose:**

If you miss a dose, it is not necessary to make up the missed dose. Just wait until the next evening and use Taro-Adapalene / Benzoyl Peroxide as usual. Apply the same amount you usually would. Do not apply extra.

# SIDE EFFECTS AND WHAT TO DO ABOUT THEM

Do not be discouraged if Taro-Adapalene / Benzoyl Peroxide causes some redness, dryness, itching, burning, or peeling when you first start to use it (2-4 weeks). This happens when your skin is adjusting to Taro-Adapalene / Benzoyl Peroxide 's action of unplugging clogged pores. If these problems continue to happen or if they are getting worse, talk to your doctor. Your doctor may recommend the use of a moisturizer, a change in your dose, or a change to how often you use the medication.

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM								
Symptom / effe	Talk with your doctor or pharmacist		Stop taking drug and call your					
		Only if severe	In all cases	doctor or pharmacist				
Uncommon	Skin becomes very dry, itchy, red, swollen, blistered, or sunburned			√				

This is not a complete list of side effects. For any unexpected effects while taking Taro-Adapalene / Benzoyl Peroxide contact your doctor or pharmacist.

# **HOW TO STORE IT**

Taro-Adapalene / Benzoyl Peroxide should be stored at room temperature (15° to 25°C). The product should be used within a period of 12 months after first opening. Any unused portion should be discarded 12 months after opening or at product expiry date (whichever comes first). Keep tightly closed. Keep out of reach and sight of children.

#### REPORTING SUSPECTED SIDE EFFECTS

You can report any suspected adverse reactions associated with

the use of health products to the Canada Vigilance Program by one of the following 3 ways:

- Report online at www.healthcanada.gc.ca/medeffect
- Call toll-free at 1-866-234-2345
- Complete a Canada Vigilance Reporting Form and:
  - Fax tool-free to 1-866-6786789, or
  - Mail to: Canada Vigilance Program

Health Canada Postal Locator 0701D Ottawa, Ontario K1A 0K9

Postage paid labels, Canada Vigilance Reporting Form and the adverse reaction reporting guidelines are available on the MedEffect<sup>™</sup> Canada Web site at www.healthcanada.gc.ca/medeffect.

Note: Should you require information related to the management of side effects, contact your health professional. The Canada Vigilance Program does not provide medical advise

# MORE INFORMATION

This document plus the full product monograph, prepared for health professionals can be found at:

www.taro.ca

or by contacting the sponsor, Taro Pharmaceuticals Inc., at:

1-800-268-1975

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