## PRODUCT MONOGRAPH

## VARIVAX® III

(varicella virus vaccine, live, attenuated [Oka/Merck])

Lyophilized powder for injection

Active immunizing agent against varicella

Merck Canada Inc. 16750 route Transcanadienne Kirkland, QC Canada H9H 4M7 www.merck.ca

Date of Initial Approval: June 19, 2002

**Submission Control No:** 234207 **Date of Revision:** November 17, 2020

# **Table of Contents**

PART I: HEALTH PROFESSIONAL INFORMATION	3
SUMMARY PRODUCT INFORMATION	3
DESCRIPTION	
INDICATIONS AND CLINICAL USE	
CONTRAINDICATIONS	
WARNINGS AND PRECAUTIONS	4
ADVERSE REACTIONS	
DRUG INTERACTIONS	
DOSAGE AND ADMINISTRATION	10
OVERDOSAGE	11
ACTION AND CLINICAL PHARMACOLOGY	11
STORAGE AND STABILITY	12
DOSAGE FORMS, COMPOSITION AND PACKAGING	
PART II: SCIENTIFIC INFORMATION	
PHARMACEUTICAL INFORMATION	14
CLINICAL TRIALS	14
REFERENCES	20
PART III. CONSUMER INFORMATION	23

## VARIVAX® III

(varicella virus vaccine, live, attenuated [Oka/Merck])

## PART I: HEALTH PROFESSIONAL INFORMATION

#### SUMMARY PRODUCT INFORMATION

Route of Administration	8	Clinically Relevant Nonmedicinal Ingredients
Subcutaneous injection		Hydrolyzed gelatine and neomycin For a complete listing see DOSAGE FORMS, COMPOSITION AND PACKAGING section.

Minimum potency remaining at expiry 90 minutes after reconstitution and storage at room temperature.

#### DESCRIPTION

VARIVAX® III (varicella virus vaccine, live, attenuated [Oka/Merck]) is a live, attenuated virus vaccine (a lyophilized preparation of the Oka/Merck strain of varicella).

## INDICATIONS AND CLINICAL USE

VARIVAX® III (varicella virus vaccine, live, attenuated [Oka/Merck]) is indicated for vaccination against varicella in individuals 12 months of age and older.

#### **CONTRAINDICATIONS**

VARIVAX® III (varicella virus vaccine, live, attenuated [Oka/Merck]) should not be administered to:

- Individuals with a history of hypersensitivity to any component of the vaccine, including gelatin.
- Individuals with a history of anaphylactoid reaction to neomycin (each dose of reconstituted vaccine contains trace quantities of neomycin).
- Individuals with blood dyscrasias, leukemia, lymphomas of any type, or other malignant neoplasms affecting the bone marrow or lymphatic systems.

- Individuals receiving immunosuppressive therapy (including high-dose corticosteroids); however, VARIVAX® III is not contraindicated for use with topical corticosteroids or low-dose corticosteroids, as are commonly used for asthma prophylaxis. Individuals who are on immunosuppressant drugs are more susceptible to infections than healthy individuals. Vaccination with live attenuated varicella vaccine can result in a more extensive vaccine-associated rash or disseminated disease in individuals on immunosuppressant doses of corticosteroids.
- Individuals with primary and acquired immunodeficiency states, including immunosuppression in association with AIDS or other clinical manifestations of infection with human immunodeficiency virus, except immunosuppression in asymptomatic children with CD4 T-lymphocyte percentages ≥ 25%.
- Individuals with a family history of congenital or hereditary immunodeficiency, unless the immune competence of the potential vaccine recipient is demonstrated.
- Individuals with active untreated tuberculosis
- Individuals with any active febrile illness with fever > 38.5°C; however, low-grade fever itself is not a contraindication to vaccination.
- Women who are pregnant; the possible effects of the vaccine on fetal development are unknown at this time. However, wild-type varicella is known to sometimes cause fetal harm. If vaccination of postpubertal females is undertaken, pregnancy should be avoided for three months following vaccination (see WARNINGS AND PRECAUTIONS, Pregnant Women).

## WARNINGS AND PRECAUTIONS

Vaccine recipients should avoid use of salicylates for 6 weeks after vaccination with VARIVAX® III (varicella virus vaccine, live, attenuated [Oka/Merck]) as Reye syndrome has been reported following the use of salicylates during wild-type varicella infection.

#### General

Adequate treatment provisions, including epinephrine injection (1:1000), should be available for immediate use should an anaphylactoid reaction occur.

The duration of protection from varicella infection after vaccination with VARIVAX® III is unknown

There is an insufficient number of breakthrough varicella cases among vaccinated children, adolescents and adults to assess the rate of protection of VARIVAX® III against the serious complications of varicella (e.g., encephalitis, hepatitis, pneumonia) and during pregnancy

(congenital varicella syndrome).

#### Transmission

Post-marketing experience suggests that transmission of varicella vaccine virus (Oka/Merck) resulting in varicella infection including disseminated disease may occur rarely between vaccine recipients (who develop or do not develop a varicella-like rash) and contacts susceptible to varicella including healthy as well as high-risk individuals.

Therefore, vaccine recipients should attempt to avoid, whenever possible, close association with susceptible high-risk individuals for up to six weeks. In circumstances where contact with high-risk individuals is unavoidable, the potential risk of transmission of vaccine virus should be weighed against the risk of acquiring and transmitting wild-type varicella virus. Susceptible high-risk individuals include:

- immunocompromised individuals
- pregnant women without documented history of varicella or laboratory evidence of prior infection
- newborn infants of mothers without documented history of varicella or laboratory evidence of prior infection

## **Special Populations**

## **Pregnant Women:**

There are no adequate and well controlled studies in pregnant women. It is not known whether VARIVAX® III can cause fetal harm when administered to a pregnant woman or can affect reproduction capacity. Therefore, VARIVAX® III should not be administered to pregnant females; furthermore, pregnancy should be avoided for three months following vaccination (see CONTRAINDICATIONS).

A unique Oka/Merck Pregnancy Registry has been in place since 1995; however, it has been discontinued. Reporting to the Registry was voluntary. As of March 2011, 811 women with pregnancy outcome information available for analysis were prospectively enrolled in the Pregnancy Registry for varicella vaccine (Oka/Merck). Of the 170 seronegative women and 627 women of unknown serostatus who received varicella vaccine during pregnancy or within 3 months before pregnancy, none had newborns with abnormalities compatible with congenital varicella syndrome. However, the numbers of exposures are limited and cannot rule out the theoretical risk for congenital varicella syndrome among seronegative women exposed during the high risk period of pregnancy for congenital varicella syndrome (1st or 2nd trimester).

Pregnant women exposed to VARIVAX® III during pregnancy or within 3 months prior to conception are encouraged to report their exposure or suspected adverse reactions by contacting Merck Canada Inc., at 1-800-567-2594 or the Vaccine Safety Section at Public Health Agency of Canada (<a href="http://www.phac-aspc.gc.ca/im/aefi-essi-form-eng.php">http://www.phac-aspc.gc.ca/im/aefi-essi-form-eng.php</a>).

## **Nursing Women:**

It is not known whether varicella vaccine virus is secreted in human milk. Therefore, because some viruses are secreted in human milk, caution should be exercised if VARIVAX® III is administered to a nursing woman.

#### **Pediatrics:**

No clinical data are available on safety or efficacy of VARIVAX® III in children less than one year of age. Administration to infants under twelve months of age is not recommended.

The safety and efficacy of VARIVAX® III have not been established in children and young adults who are known to be infected with human immunodeficiency viruses with and without evidence of immunosuppression (see CONTRAINDICATIONS).

#### ADVERSE REACTIONS

#### **Clinical Trial Adverse Drug Reactions**

Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another vaccine. Adverse drug reaction information from clinical trials is useful for identifying vaccine-related adverse events and for approximating rates.

In clinical trials, varicella vaccine (Oka/Merck) was administered to over 17,000 healthy children, adolescents, and adults. Varicella vaccine (Oka/Merck) was generally well tolerated. 1,2

In a double-blind, placebo-controlled study among 956 healthy children and adolescents, 914 of whom were serologically confirmed to be susceptible to varicella, the only adverse reactions that occurred at a significantly (p < 0.05) greater rate in vaccine recipients than in placebo recipients were pain and redness at the injection site and varicella-like rash.<sup>3</sup>

#### Children 1 to 12 Years of Age

## One-Dose Regimen in Children

In clinical trials involving approximately 8900 healthy children monitored for up to 42 days after a single dose of varicella vaccine (Oka/Merck) the frequency of fever, injection-site complaints, or rashes were reported in Table 1.

Table 1
Fever, Local Reactions or Rashes (%) in Children 1 to 12 Years of Age 0 to 42 Days After Receipt of a Single Dose of Varicella Vaccine (Oka/Merck)

Reaction	N	% Experiencing Reaction	Peak Occurrence in Postvaccination Days
Fever ≥ 39°C oral	8824	14.7%	0–42
Injection site complaints (pain/soreness, swelling and/or erythema, rash, pruritus, hematoma, induration, stiffness)	8913	19.3%	0–2
Varicella-like rash (injection site)  Median number of lesions	8913	3.4%	8–19
Varicella-like rash (generalized)	8913	3.8%	5–26
Median number of lesions		5	

In addition, the most frequently (≥ 1%) reported adverse experiences, without regard to causality, are listed in decreasing order of frequency: upper respiratory illness, cough, irritability/nervousness, fatigue, disturbed sleep, diarrhea, loss of appetite, vomiting, otitis, diaper rash/contact rash, headache, teething, malaise, abdominal pain, other rash, nausea, eye complaints, chills, lymphadenopathy, myalgia, lower respiratory illness, allergic reactions (including allergic rash, hives), stiff neck, heat rash/prickly heat, insect bites, arthralgia, eczema/dry skin/dermatitis, constipation, itching.

Pneumonitis has been reported rarely (< 1%) in children vaccinated with varicella vaccine (Oka/Merck); a causal relationship has not been established.

Febrile seizures have occurred rarely (< 0.1%) in children vaccinated with varicella vaccine (Oka/Merck); a causal relationship has not been established.

Clinical safety of refrigerator-stable varicella vaccine (Oka/Merck) (n=635) was compared with that of the licensed frozen formulation of varicella vaccine (Oka/Merck) (n=323) for 42 days postvaccination in children 12 to 23 months of age. The safety profiles were comparable for the two different formulations. Pain/tenderness/soreness and erythema were the most commonly reported local reactions. The most common systemic adverse events (reported by ≥10% of subjects, irrespective of causality) were reported in decreasing order of frequency as follows: fever 38.9°C oral; upper respiratory infection; otitis media; cough; rhinorrhea and irritability. Six subjects reported serious adverse events.

#### Two-Dose Regimen in Children

In a clinical trial, 981 children 12 months to 12 years of age received 2 doses of varicella vaccine (Oka/Merck) 3 months apart and were actively followed for 42 days after each dose. The 2-dose regimen of varicella vaccine had a safety profile comparable to that of the 1-dose regimen (n=1098). The overall incidence of injection-site clinical complaints (primarily erythema, soreness and swelling) observed in the first 4 days following vaccination was 21,7% and 25,4% Postdose 1 and 2, respectively. Among the systemic clinical complaints reported in the 42 day

follow up period, upper respiratory illness occurred with a frequency of 67.3% and 41.3% Postdose 1 and 2, respectively and fatigue occurred with a frequency of 31.4% and 21.2% Postdose 1 and 2, respectively.

## Adolescents and Adults 13 Years of Age and Older

In clinical trials involving approximately 1600 healthy adolescents and adults, the majority of whom received two doses of varicella vaccine (Oka/Merck) and were monitored for up to 42 days after any dose, the frequency of fever, injection-site complaints, or rashes were reported in Table 2.

Table 2
Fever, Local Reactions or Rashes (%) in Adolescents and Adults 0 to 42 Days After Receipt of Varicella Vaccine (Oka/Merck)

Reaction	N	Postdose 1	Peak Occurrence in Postvaccination Days	N	Postdose 2	Peak Occurrence in Postvaccination Days
Fever ≥ 37.7°C oral	1584	10.2%	14–27	956	9.5%	0–42
Injection site complaints (soreness, erythema, swelling, rash, pruritus, pyrexia, hematoma, induration, numbness)	1606	24.4%	0–2	955	32.5%	0–2
Varicella-like rash (injection site)  Median number of lesions	1606	3.1%	6–20	955	1.0%	0–6
Varicella-like rash (generalized)	1606	5.5%	7–21	955	0.9%	0–23
Median number of lesions		5			5.5	

In addition, the most frequently ( $\geq 1\%$ ) reported adverse experiences, without regard to causality, are listed in decreasing order of frequency: upper respiratory illness, headache, fatigue, cough, myalgia, disturbed sleep, nausea, malaise, irritability/nervousness, diarrhea, stiff neck, lymphadenopathy, chills, eye complaints, abdominal pain, loss of appetite, arthralgia, otitis, itching, vomiting, other rashes, constipation, lower respiratory illness, allergic reactions (including allergic rash, hives), contact rash, cold/canker sore, dizziness, and insect bites.

## **Post-Marketing Clinical Studies**

In a post-marketing study conducted to evaluate short-term safety (follow-up of 30 or 60 days) in approximately 86,000 children, 12 months to 12 years of age, and in approximately 3600 adolescents and adults, 13 years of age and older, varicella vaccine (Oka/Merck) was generally well tolerated. No serious vaccine-related adverse events were reported.<sup>4</sup>

As with any vaccine, there is the possibility that broad use of the vaccine could reveal adverse reactions not observed in clinical trials

## **Post-Market Adverse Drug Reactions**

Since the vaccine has been marketed, the following additional adverse reactions have been reported regardless of causality:

**Body as a Whole:** Anaphylaxis (including anaphylactic shock) and related phenomena such as angioneurotic edema, facial edema, and peripheral edema; anaphylaxis in individuals with or without allergic history.

Eye Disorders: Necrotizing retinitis (reported only in immunocompromised individuals).

Gastrointestinal Disorders: Nausea; vomiting

Hemic and Lymphatic System: Aplastic anemia; thrombocytopenia (including idiopathic thrombocytopenic purpura (ITP)); lymphadenopathy.

Infections and Infestations: Varicella (vaccine strain).

**Nervous/Psychiatric:** Encephalitis<sup>†</sup>; cerebrovascular accident; transverse myelitis; Guillain-Barré syndrome; Bell's palsy; ataxia; febrile and non-febrile seizures; aseptic meningitis; meningitis<sup>†</sup>; dizziness; paresthesia; irritability.

**Respiratory:** Pharyngitis; pneumonia/pneumonitis; upper respiratory tract infection.

**Skin:** Stevens-Johnson syndrome; erythema multiforme; Henoch-Schönlein purpura; secondary bacterial infections of skin and soft tissue, including impetigo and cellulitis; herpes zoster<sup>†</sup>.

†Cases caused by wild-type varicella or vaccine strain varicella have been reported in immunocompromised or immunocompetent individuals.

#### **DRUG INTERACTIONS**

#### **Drug-Drug Interactions**

Vaccination should be deferred for at least 5 months following blood or plasma transfusions, or administration of immune globulin or varicella zoster immune globulin (VZIG).

Following administration of VARIVAX® III (varicella virus vaccine, live, attenuated [Oka/Merck]), any immune globulin including VZIG should not be given for 2 months thereafter unless its use outweighs the benefits of vaccination.

Results from clinical studies indicate that varicella vaccine (Oka/Merck) can be administered concomitantly with M-M-R<sup>®</sup> II (measles, mumps and rubella virus vaccine, live, attenuated, Merck Std.) or diphtheria and tetanus toxoids and pertussis vaccine adsorbed and *Haemophilus influenzae* type b conjugate combined vaccine. If varicella vaccine (Oka/Merck) is not given

concomitantly with M-M-R<sup>®</sup> II, a one month interval between the two live virus vaccines should be observed.

Limited data from an experimental product containing varicella vaccine suggest that varicella vaccine (Oka/Merck) can be administered concomitantly with DTaP (diphtheria, tetanus, acellular pertussis) and Liquid PedvaxHIB® [*Haemophilus* b Conjugate Vaccine (meningococcal Protein Conjugate)] using separate sites and syringes and with OPV (oral poliovirus vaccine).

#### DOSAGE AND ADMINISTRATION

## **Recommended Dose and Dosage Adjustment**

#### **Pediatrics**

Children 12 months to 12 years of age should receive a 0.5 mL dose administered subcutaneously. If a second dose is administered, there should be a minimum interval of 3 months between doses

## Adolescents/Adults

Adolescents and adults 13 years of age and older should receive a 0.5 mL dose administered subcutaneously at an elected date and a second 0.5 mL dose 4 to 8 weeks later.

## **Administration**

#### FOR SUBCUTANEOUS ADMINISTRATION ONLY.

The outer aspect of the upper arm (deltoid region) is the preferred site for injection.

## Do not inject intradermally, intravenously, or intramuscularly.

VARIVAX® III (varicella virus vaccine, live, attenuated [Oka/Merck]) is recommended for subcutaneous administration. However, during clinical trials, some children received varicella vaccine (Oka/Merck) intramuscularly resulting in seroconversion rates similar to those in children who received the vaccine by the subcutaneous route. Persistence of antibody and efficacy in those receiving intramuscular injections have not been defined.

#### Reconstitution

To reconstitute the vaccine, use only the diluent supplied (Sterile Diluent for Merck Sharp & Dohme Corp., live, attenuated, virus vaccines), since it is free of preservatives or other anti-viral substances that might inactivate the vaccine virus.

**CAUTION:** A sterile syringe free of preservatives, antiseptics and detergents should be used for each injection and/or reconstitution of VARIVAX® III because these substances may inactivate the vaccine virus.

It is important to use a separate sterile syringe and needle for each patient to prevent transmission

of infectious agents from one individual to another.

To reconstitute the vaccine, first withdraw 0.7 mL of diluent into the syringe to be used for reconstitution. Inject all the diluent in the syringe into the vial of lyophilized vaccine and gently agitate to mix thoroughly.

**Prior to administration:** Inspect the reconstituted solution for particulate matter and discoloration, whenever solution and container permit. VARIVAX® III, when reconstituted, is a clear, colourless to pale yellow liquid.

Withdraw the entire contents into a syringe and inject the total volume (about 0.5 mL) of reconstituted vaccine subcutaneously, preferably into the outer aspect of the upper arm (deltoid) or the anterolateral thigh. TO MINIMIZE LOSS OF POTENCY, IT IS RECOMMENDED THAT THE VACCINE BE ADMINISTERED IMMEDIATELY AFTER RECONSTITUTION. DISCARD IF RECONSTITUTED VACCINE IS NOT USED WITHIN 90 MINUTES. DO NOT REFREEZE RECONSTITUTED VACCINE.

#### **OVERDOSAGE**

There are no data with regard to overdose.

For management of a suspected overdose, contact your regional Poison Control Centre.

#### ACTION AND CLINICAL PHARMACOLOGY

## Varicella

Varicella is a highly communicable disease in children, adolescents, and adults caused by the varicella-zoster virus (VZV). The disease usually consists of 300 to 500 maculopapular and/or vesicular lesions accompanied by a fever [oral temperature ≥ 37.7°C] in up to 70% of individuals.<sup>6,7</sup> In Canada, it is estimated that about 350,000 cases occur each year and that 1871 of them will require hospitalization (complicated cases).<sup>8</sup> Approximately 3.5 million cases of varicella occurred annually from 1980–1994 in the United States with the peak incidence occurring in children five to nine years of age.<sup>9</sup> The incidence rate of varicella was 8.3–9.1% per year in children one to nine years of age.<sup>3</sup> The attack rate of wild-type varicella following household exposure among healthy susceptible children was shown to be 87%. Although it is generally a benign, self-limiting disease, varicella may be associated with serious complications (e.g., bacterial superinfection, pneumonia, encephalitis, Reye syndrome), and/or death. In Canada, during 1994 and 1995, a total of 24 deaths were reported to be caused byvaricella.<sup>10</sup>

Varicella-zoster virus infection is associated with a 58-fold (95% confidence interval [CI]: 40, 85) increased risk of acquiring invasive Group A Streptococcal (GAS) disease in children. Children with invasive GAS disease and recent varicella were more likely to have necrotizing fasciitis (NF) (RR: 6.3; 95% CI: 1.8, 22.3).<sup>11</sup>

#### STORAGE AND STABILITY

During shipment, to ensure that there is no loss of potency, the vaccine must be maintained at a temperature between -50°C and +8°C. Use of dry ice may subject VARIVAX® III to temperatures colder than -50°C.

Before reconstitution, VARIVAX® III (varicella virus vaccine, live, attenuated [Oka/Merck]) has a shelf-life of 24 months and should be stored refrigerated at a temperature of 2°C to 8°C. The vaccine may also be stored in a freezer at temperatures above -50°C; if subsequently transferred to a refrigerator, the vaccine may be placed back in the freezer.

VARIVAX<sup>®</sup> III can be administered provided the total (cumulative multiple excursions) time out of refrigeration (prior to reconstitution, at temperatures between 8°C and 25°C) does not exceed 6 hours. These are not, however, recommendations for storage.

## Do not use past expiry date on the label. Protect from light.

The vial of diluent should be stored separately at room temperature (20°C to 25°C) or in the refrigerator (2°C to 8°C). **Do not freeze the diluent.** 

All vaccines must be discarded after the expiration date.

VARIVAX<sup>®</sup> III has a minimum potency level of approximately 1350 PFU 90 minutes after reconstitution at room temperature (20°C to 25°C). **Discard if reconstituted vaccine is not used within 90 minutes. Do not refreeze reconstituted vaccine.** 

For additional information regarding stability under conditions other than recommended, call at 1-800-567-2594.

## DOSAGE FORMS, COMPOSITION AND PACKAGING

#### **Dosage Forms**

VARIVAX® III (varicella virus vaccine, live, attenuated [Oka/Merck]) is supplied as a sterile, lyophilized white powder in a single-dose vial.

The diluent (Sterile Diluent for Merck Sharp & Dohme Corp., live, attenuated, virus vaccines) is a sterile, clear, colourless fluid supplied separately in a single-dose vial.

After reconstitution, VARIVAX® III is a clear, colourless to pale yellow liquid.

## Composition

When reconstituted as directed, each single dose (0.5 mL) contains:

## **Active Ingredients**

Varicella virus, Oka/Merck strain (live, attenuated)

> 1350 PFU§

## **Other Ingredients**

Excipients	
Sucrose	18 mg
Hydrolyzed gelatin	8.9 mg
Urea	3.6 mg
Sodium chloride	2.3 mg
Monosodium L-glutamate	0.36 mg
Sodium phosphate dibasic	0.33 mg
Potassium phosphate monobasic	57 μg
Potassium chloride	57 μg
Water for injection	to volume

The product contains no preservative. The diluent is sterile water for injection.

## Manufacturing Process Residuals

The product also contains residual components of MRC-5 cells including DNA and protein, and trace quantities of neomycin and fetal bovine serum from MRC-5 culture media.

#### **Packaging**

VARIVAX® III is supplied in 3 mL single-dose Type I glass vials. Each vial contains one dose of lyophilized vaccine (approximately 0.5 mL when reconstituted as directed).

The diluent (0.7 mL) is supplied separately in 3 mL single-dose Type I glass vials.

The container closure systems of VARIVAX® III and the diluent are free of latex.

VARIVAX® III is available in packages of 1 and 10 single-dose vials.

The diluent is also available in packages of 1 and 10 single-dose vials.

<sup>§</sup>Minimum potency remaining at expiry 90 minutes after reconstitution and storage at room temperature.

#### PART II: SCIENTIFIC INFORMATION

#### PHARMACEUTICAL INFORMATION

## **Drug Substance**

Proper name: Varicella virus vaccine, live, attenuated [Oka/Merck]

#### **Product Characteristics**

VARIVAX® III (varicella virus vaccine, live, attenuated [Oka/Merck]) is a lyophilized preparation of the Oka/Merck strain of live, attenuated varicella virus. When reconstituted as directed, it is a sterile preparation for subcutaneous administration. Each 0.5 mL dose contains a minimum of 1350 PFU (plaque forming units) of Oka/Merck varicella virus when reconstituted and stored at room temperature for 90 minutes. The product contains no preservative.

#### **CLINICAL TRIALS**

#### **Clinical Data in Children**

## One-Dose Regimen in Children

In combined clinical trials of varicella virus vaccine, live, attenuated (Oka/Merck), hereafter referred to as varicella vaccine (Oka/Merck), at doses ranging from 1000–17,000 PFU, the majority of subjects who received the vaccine and were exposed to wild-type virus were either completely protected from varicella or developed a milder form (for clinical description see below) of the disease.

The protective efficacy of varicella vaccine (Oka/Merck) was evaluated in three different ways: 1) by a placebo-controlled, double-blind clinical trial over 2 years (efficacy 95 to 100%); 2) by comparing varicella rates over 7 to 9 years in vaccinees versus historical controls; and 3) by assessment of protection from disease following household exposure over 7 to 9 years.

Although no placebo-controlled trial was carried out with varicella vaccine (Oka/Merck) using the current formulation of the vaccine, a placebo-controlled trial was conducted using a formulation containing 17,000 PFU per dose.<sup>3,12</sup> In this trial, a single dose of varicella vaccine (Oka/Merck) protected 95 to 100% of children against varicella over a two-year period. The study enrolled healthy individuals 1 to 14 years of age (n = 491 vaccine, n = 465 placebo). In the first year, 8.5% of placebo recipients contracted varicella, while no vaccine recipient did, for a calculated protection rate of 100% during the first varicella season. In the second year, when only a subset of individuals agreed to remain in the blinded study (n = 169 vaccine, n = 163 placebo), 95% protective efficacy was calculated for the vaccine group as compared to placebo.

In early clinical trials, a total of 4240 children received 1000 to 1625 PFU of attenuated virus per dose of varicella vaccine (Oka/Merck) and have been followed for up to nine years post single-dose vaccination. In this group there was considerable variation in varicella rates among

studies and study sites, and much of the reported data were acquired by passive follow-up. It was observed that 0.3 to 3.8% of vaccinees per year reported varicella (called breakthrough cases), with an average of 2.5% per year (cumulative event rate of 19.4% by the end of the ninth year). The calculated annual rates in historical control groups, based on one published study<sup>13</sup> are 9.7%, 19.7%, and 11.6% in susceptible subjects who were 1-4, 5-9 and 10-14 years of age, respectively, corresponding to a rate of 14.8% per year in an unvaccinated cohort comparable in age to the vaccinated cohort.<sup>6</sup> In those who developed breakthrough varicella postvaccination, the majority experienced mild disease (median of the maximum number of lesions < 50). In one study, a total of 47% (27/58) of breakthrough cases had < 50 lesions compared with 8% (7/92) in unvaccinated individuals, and 7% (4/58) of breakthrough cases had  $\ge 300$  lesions compared with 50% (46/92) in unvaccinated individuals.<sup>14</sup>

Among a subset of vaccinees who were actively followed in these early trials for up to 9 years postvaccination, 179 individuals had household exposure to varicella. There were no reports of breakthrough varicella in 84% (150/179) of exposed children while 16% (29/179) reported varicella after household exposure compared with the historical attack rate of 87% (388/447 children with no history of varicella) following household exposure to varicella in unvaccinated individuals. The historical rate was derived from one published article. In the 29 subjects in whom varicella occurred postvaccination the disease was generally mild with respect to the number of lesions and no individuals had  $\geq$  300 lesions.

In later clinical trials, a total of 1114 children 1 to 12 years of age received 2900 to 9000 PFU of attenuated virus per dose of varicella vaccine (Oka/Merck) and have been actively followed for up to 10 years post single-dose vaccination. It was observed that 0.2 to 2.3% of vaccinees per year reported varicella (called breakthrough cases), with an average of 0.9% per year (cumulative event rate of 6.7% by the end of the seventh year). The calculated annual rates in historical control groups, based on one published study16 are 9.7%, 19.7%, and 11.6% in susceptible subjects who were 1–4, 5–9, and 10–14 years of age, respectively, corresponding to a rate of 15.3% per year in an unvaccinated cohort comparable in age to the vaccinated cohort.<sup>3</sup> In those who developed breakthrough varicella postvaccination, the majority experienced mild disease with the median of the maximum total number of lesions < 50. The severity of reported breakthrough varicella, as measured by number of lesions and maximum temperature, appeared not to increase with time since vaccination.

Among a subset of vaccinees who were actively followed in these later trials for up to 10 years postvaccination, 95 individuals were exposed to an unvaccinated individual with wild-type varicella in a household setting. There were no reports of breakthrough varicella in 92% (87/95) of exposed children, while 8% (8/95) reported a mild form of varicella (maximum total number of lesions <50; observed range, 10 to 34) as compared with the historical attack rate of 87% (388/447 children with no history of varicella) following household exposure to varicella in unvaccinated individuals. The historical rate was derived from one published article.<sup>7</sup>

Among 9202 children  $\geq$  12 years of age who received 1 injection of varicella vaccine (Oka/Merck), there were 1149 cases of breakthrough varicella (occurring more than 6 weeks postvaccination) of which 20 (1.7%) were classified as severe ( $\geq$  300 lesions and a temperature  $\geq$  37.8°C oral). By comparison, in a survey of 150 children 1 to 16 years of age, including

92 cases of varicella in previously unvaccinated children and 58 cases of varicella following vaccination, 36% of those unvaccinated had a severe case.

## Two-Dose Regimen in Children

In a clinical trial, a total of 2216 children 12 months to 12 years of age with a negative history of varicella were randomized to receive either 1 dose of varicella vaccine (Oka/Merck) (n=1114) or 2 doses of varicella vaccine (Oka/Merck) (n=1102) given 3 months apart. Subjects were actively followed for varicella, any varicella-like illness, or herpes zoster and any exposures to varicella or herpes zoster on an annual basis for 10 years after vaccination. Persistence of VZV antibody was measured annually for 9 years. Most cases of varicella reported in recipients of 1 dose or 2 doses of vaccine were mild. Children who received a 2-dose regimen of varicella vaccine had a lower varicella incidence than 1-dose regimen post-vaccination, observed up to 10 years of follow-up.

There is an insufficient number of breakthrough varicella cases in vaccinated children to assess the rate of protection of varicella vaccine (Oka/Merck) against the serious complications of varicella (e.g., encephalitis, hepatitis, pneumonia).

VARIVAX® III is recommended for subcutaneous administration. However, during clinical trials, some children received varicella vaccine (Oka/Merck) intramuscularly resulting in seroconversion rates similar to those in children who received the vaccine by the subcutaneous route. Persistence of antibody and efficacy in those receiving intramuscular injections have not been defined.

## **Clinical Data in Adolescents and Adults**

Although no placebo-controlled trial was carried out in adolescents and adults, the protective efficacy of varicella vaccine (Oka/Merck) was calculated by evaluation of protection when vaccinees received 2 doses of varicella vaccine (Oka/Merck) 4 or 8 weeks apart and were subsequently exposed to varicella in a household setting over 6 to 7 years. In earlier clinical trials with up to 6 years of follow-up, 13 of the 76 individuals (17%) who had household exposure to varicella, developed varicella. All of the varicella cases that were reported were generally mild with a median of 37 lesions (range 8 to 75). In later clinical trials with up to 7 years of follow-up, none of 19 individuals (0%) who had household exposure, developed varicella.

There is an insufficient number of breakthrough varicella cases among vaccinated adolescents and adults to assess the rate of protection of varicella vaccine (Oka/Merck) against the serious complications of varicella (e.g., encephalitis, hepatitis, pneumonia) and during pregnancy (congenital varicella syndrome).

## Immunogenicity of Varicella Vaccine (Oka/Merck)

Clinical trials with several formulations of the vaccine containing attenuated virus ranging from 1000 to 50,000 PFU per dose have demonstrated that varicella vaccine (Oka/Merck) induces detectable humoral immune responses in a high proportion of individuals and is generally well tolerated in healthy individuals ranging from 12 months to 55 years of age. 1,3,15-19

#### One-Dose Regimen in Children

Seroconversion as defined by the acquisition of any detectable varicella antibodies (based on assay cut-off that generally corresponds to 0.6 units in the gpELISA, a highly sensitive assay which is not commercially available), was observed in 98% of vaccinees at approximately 4 to 6 weeks postvaccination in 9610 susceptible children 12 months to 12 years of age who received doses ranging from 1000 to 50,000 PFU. The antibody titer determined by gpELISA has been shown to correlate with levels of neutralizing antibody and can therefore be regarded as a clinically relevant marker of functional immunity. An inverse relationship was established between the varicella antibody titer 6 weeks after vaccination and the risk of breakthrough varicella. It can be regarded as an approximate correlate of protection for individual vaccinees.<sup>20</sup> Rates of breakthrough disease were significantly lower among children with varicella antibody titers  $\geq$  5 gpELISA units compared to children with titers  $\leq$  5 gpELISA units. Titers ≥ 5 gpELISA units were induced in approximately 83% of children vaccinated with a single dose of vaccine at 1000 to 50,000 PFU per dose. The immune response rate to varicella vaccine (Oka/Merck) (as determined by the percentage of subjects with varicella antibody titers ≥ 5 gpELISA units at 6 weeks postvaccination, an approximate correlate of protection) in subjects participating in follow-up studies ranged from 72 to 98%.

Immunogenicity of refrigerator-stable varicella vaccine (Oka/Merck) (formulations containing attenuated virus ranging from 6650 to 28,400 PFU per dose), was compared with that of the licensed frozen formulation (9189 PFU per dose) in a double-blind, randomized, multicenter study in children 12 to 23 months of age, all of whom received M-M-R<sup>®</sup> II concomitantly. The per-protocol analysis included all subjects with prevaccination varicella antibody titers <1.25 gpELISA units; the antibody responses were comparable across the 3 treatment groups, with the percentage of subjects with varicella antibody titers ≥5 gpELISA units at 6 weeks postvaccination ranging from 93 to 95%.

## Two-Dose Regimen in Children

In a multicenter study, 2216 healthy children 12 months to 12 years of age received either 1 dose of varicella vaccine (Oka/Merck) or 2 doses administered 3 months apart and 892 and 796 children in dose-1 and dose-2 groups, respectively were included for antibody response assessment 6 weeks after the vaccination. As results, titers  $\geq$ 5 gpELISA units were induced in approximately 84.9% and 99.5% of children vaccinated with varicella vaccine at 6 weeks postdose-1 and postdose-2, respectively.

The results from this study in which a second dose of varicella vaccine (Oka/Merck) was administered at least 3 months after the initial dose demonstrate significant boosting of the VZV antibodies.

#### Two-Dose Regimen in Adolescents and Adults

In a multicenter study involving susceptible adolescents and adults 13 years of age and older, two doses of varicella vaccine (Oka/Merck) administered four to eight weeks apart induced a seroconversion rate (gpELISA  $\geq$  0.6 units) of approximately 75% in 539 individuals four weeks after the first dose and of 99% in 479 individuals four weeks after the second dose. The average antibody response in vaccinees who received the second dose eight weeks after the first dose was higher than that in those who received the second dose four weeks after the first dose. In another multicenter study involving adolescents and adults, two doses of varicella vaccine (Oka/Merck)

administered eight weeks apart induced a seroconversion rate (gpELISA  $\geq$  0.6 units) of 94% in 142 individuals six weeks after the first dose and 99% in 122 individuals six weeks after the second dose.

Varicella vaccine (Oka/Merck) also induces cell-mediated immune responses in vaccinees. The relative contributions of humoral immunity and cell-mediated immunity to protection from varicella are unknown.

## **Persistence of Immune Response**

## One-Dose Regimen in Children

In those clinical studies involving healthy children who received 1 dose of vaccine, detectable varicella antibodies (gpELISA  $\geq$  0.6 units) were present in 99.0% (3881/3921) at 1 year, 99.2% (1551/1564) at 2 years, 98.6% (1090/1105) at 3 years, 99.2% (636/641) at 4 years, 97.9% (286/292) at 5 years, 100% (131/131) at 6 years, and 96.4% (27/28) at 7 years postvaccination.

#### Two-Dose Regimen in Children

In recipients of 1 dose of varicella vaccine (Oka/Merck) over 9 years of follow-up, the geometric mean titers (GMTs) and the percent of subjects with VZV antibody titers ≥5 gpELISA units/mL generally increased. The GMTs and percent of subjects with VZV antibody titers ≥5 gpELISA units/mL in the 2-dose recipients were higher than those in the 1-dose recipients for the first year of follow-up and generally comparable thereafter. The cumulative rate of VZV antibody persistence with both regimens remained very high at year 9.

## Two-Dose Regimen in Adolescents and Adults

In clinical studies involving healthy adolescents and adults who seroconverted after 2 doses of vaccine, detectable varicella antibodies (gpELISA  $\geq$  0.6 units) were present in 97.9% (568/580) at 1 year, 97.1% (34/35) at 2 years, 100% (144/144) at 3 years, 97.0% (98/101) at 4 years, 97.5% (78/80) at 5 years, and 100% (45/45) at 6 years postvaccination.

A boost in antibody levels has been observed in vaccinees following exposure to wild-type varicella which could account for the apparent long-term persistence of antibody levels after vaccination in these studies. The duration of protection from varicella obtained using varicella vaccine (Oka/Merck) in the absence of wild-type boosting is unknown.

Vaccination with  $VARIVAX^{\mathbb{R}}$  III (Refrigerated) may not result in protection of all healthy, susceptible children, adolescents, and adults.

#### **Transmission**

In the placebo-controlled trial, transmission of vaccine virus was assessed in household settings (during the 8-week postvaccination period) in 416 susceptible placebo recipients who were household contacts of 445 vaccine recipients. Of the 416 placebo recipients, three developed varicella and seroconverted, nine reported a varicella-like rash and did not seroconvert, and six had no rash but seroconverted. If vaccine virus transmission occurred, it did so at a very low rate and possibly without recognizable clinical disease in contacts. These cases may represent either wild-type varicella from community contacts or a low incidence of transmission of vaccine virus from vaccinated contacts. <sup>3,21</sup> Post-marketing experience suggests that transmission of varicella

vaccine virus (Oka/Merck) resulting in varicella infection including disseminated disease may occur rarely between vaccine recipients (who develop or do not develop a varicella-like rash) and contacts susceptible to varicella including healthy as well as high-risk individuals (see WARNINGS AND PRECAUTIONS, Transmission).

## **Herpes Zoster**

Overall, 9543 healthy children (12 months to 12 years of age) and 1652 adolescents and adults (13 years of age and older) have been vaccinated with varicella vaccine (Oka/Merck) in clinical trials. Twelve cases of herpes zoster have been reported in children during 84,414 person years of follow-up in clinical trials, resulting in a calculated incidence of at least 14 cases per 100,000 person years. The completeness of this reporting has not been determined. Two cases of herpes zoster have been reported in the adolescent and adult age group during 12,372 person years of follow-up in clinical trials resulting in a calculated incidence of 16 cases per 100,000 person years.

All 14 cases were mild and no sequelae were reported. Two cultures (one child and one adult) obtained from vesicles were positive for wild-type varicella zoster virus as confirmed by restriction endonuclease analysis. The long-term effect of varicella vaccine (Oka/Merck) on the incidence of herpes zoster, particularly in those vaccinees exposed to wild-type varicella, is unknown at present.

In children, the reported rate of zoster in vaccine recipients appears not to exceed that previously determined in a population-based study of healthy children who had experienced wild-type varicella. The incidence of zoster in adults who have had wild-type varicella infection is higher than that in children.

## **Reye Syndrome**

Reye syndrome has occurred in children and adolescents following wild-type varicella infection, the majority of whom had received salicylates. In clinical studies in healthy children and adolescents in the United States, physicians advised varicella vaccine recipients not to use salicylates for six weeks after vaccination. There were no reports of Reye syndrome in varicella vaccine recipients during these studies (see WARNINGS AND PRECAUTIONS).

#### **Studies with Other Vaccines**

In combined clinical studies involving 1107 children 12 to 36 months of age, 680 received varicella vaccine (Oka/Merck) and M-M-R® II (measles, mumps and rubella virus vaccine live attenuated, Merck Std.) concomitantly at separate sites and 427 received the vaccines six weeks apart. Seroconversion rates and antibody levels were comparable between the two groups at approximately six weeks postvaccination to each of the virus vaccine components. No differences were noted in adverse reactions reported in those who received varicella vaccine (Oka/Merck) concomitantly with M-M-R® II at separate sites and those who received varicella vaccine (Oka/Merck) and M-M-R® II at different times.

In a clinical study involving 316 children 12 months to 42 months of age, 160 received an investigational vaccine (a formulation combining measles, mumps, rubella, and varicella in one syringe) concomitantly with booster doses of DTaP (diphtheria, tetanus, acellular pertussis) and

OPV (oral poliovirus vaccine) while 156 received M-M-R<sup>®</sup> II concomitantly with booster doses of DTaP and OPV followed by varicella vaccine (Oka/Merck) 6 weeks later. At six weeks postvaccination, seroconversion rates for measles, mumps, rubella, and varicella and the percentage of vaccinees whose titers were boosted for diphtheria, tetanus, pertussis, and polio were comparable between the two groups, but anti-varicella levels were decreased when the investigational vaccine containing varicella was administered concomitantly with DTaP. No clinically significant differences were noted in adverse reactions between the two groups.

In another clinical study involving 306 children 12 to 18 months of age, 151 received an investigational vaccine (a formulation combining measles, mumps, rubella, and varicella in one syringe) concomitantly with a booster dose of Liquid PedvaxHIB® [*Haemophilus* b Conjugate Vaccine (Meningococcal Protein Conjugate)] while 155 received M-M-R® II concomitantly with a booster dose of Liquid PedvaxHIB® followed by varicella vaccine (Oka/Merck) 6 weeks later. At six weeks postvaccination, seroconversion rates for measles, mumps, rubella, and varicella, and geometric mean titers for Liquid PedvaxHIB® were comparable between the two groups, but anti-varicella levels were decreased when the investigational vaccine containing varicella was administered concomitantly with Liquid PedvaxHIB®. No clinically significant differences in adverse reactions were seen between the two groups.

In a clinical study involving 609 children 12 months to 23 months of age, 305 received varicella vaccine (Oka/Merck), M-M-R<sup>®</sup> II, and *Haemophilus influenzae* type b, diphtheria, tetanus, and pertussis combined vaccine concomitantly at separate sites and 304 received M-M-R® II and Haemophilus influenzae type b, diphtheria, tetanus, and pertussis combined vaccine given concomitantly followed by varicella vaccine (Oka/Merck) 6 weeks later. At six weeks postvaccination, seroconversion rates for measles, mumps, rubella, and varicella were similar between the two groups. Compared to prevaccination GMTs, the six week postvaccination boost in GMTs for *Haemophilus influenzae* type b, diphtheria, tetanus and pertussis was similar between the two groups. GMTs for all antigens were similar except for varicella which was lower when varicella vaccine (Oka/Merck) was administered concomitantly with M-M-R® II and Haemophilus influenzae type b, diphtheria, tetanus, and pertussis combined vaccine but within the range of GMTs seen in previous clinical experience when varicella vaccine (Oka/Merck) was administered alone. At 1 year postvaccination, GMTs for measles, mumps, rubella, varicella and Haemophilus influenzae type b were similar between the two groups. All three vaccines were well tolerated regardless of whether they were administered concomitantly at separate sites or 6 weeks apart. There were no clinically important differences in reaction rates when the three vaccines were administered concomitantly versus 6 weeks apart.

#### REFERENCES

- 1. Weibel RE, Kuter BJ, Neff BJ, Rothenberger CA, Fitzgerald AJ, Connor KA, Morton D, McLean AA, Scolnick M. Live Oka/Merck Varicella Vaccine in Healthy Children. JAMA 1985; 254:2435-9.
- 2. Arbeter AM, Starr SE, Preblud SR, Ihara T, Paciorek PM, Miller DS, Zelson CM, Proctor, EA,

- Plotkin SA. Varicella Vaccine Trials in Healthy Children. A Summary of Comparative and Follow-up Studies. Am J Dis Child 1984; 138:434-8.
- 3. Weibel RE, Neff BJ, Kuter BJ, Guess HA, Rothenberger CA, Fitzgerald AJ, Connor KA, McLean AA, Hilleman MR, Buynak EB, Scolnick EM. Live Attenuated Varicella Virus Vaccine: Efficacy Trial in Healthy Children. N Engl J Med 1984; 310:1409-15.
- 4. Black S, Shinefield H, Ray P, Lewis E, Hansen J, Schwalbe J, Coplan P, Sharrar R, Guess H. Postmarketing evaluation of the safety and effectiveness of varicella vaccine. Pediatr Infect Dis J 1999; 18(12):1041-6.
- 5. Dennehy PH, Reisinger KS, Blatter MM, Veloudis BA. Immunogenicity of Subcutaneous Versus Intramuscular Oka/Merck Varicella Vaccination in Healthy Children. Pediatrics 1991; 88:604-7.
- 6. Balfour HH, Kelly JM, Suarez CS, Heussner RC, Englund JA, Crane DD, McGuirt PV, Clemmer AF, Aeppli DM. Acyclovir Treatment of Varicella in Otherwise Healthy Children. Pediatrics 1990; 116:633-9.
- 7. Ross AH. Modification of Chickenpox in Family Contacts by Administration of Gamma Globulin. N Engl J Med 1962; 267:369-76.
- 8. Law B, Fitzsimon C, Ford-Jones L, Macdonald N, Déry P, Vaudry W, Mills E, Halperin S, Michaliszyn A, Rivière M. Cost of Chickenpox in Canada: Part II: Cost of Complicated Cases and Total Economic Impact. Pediatrics 1999; 104(1):7-14.
- 9. Preblud SR. Varicella: Complications and Costs. Pediatrics 1986; 78:728-35.
- 10. Statistics Canada. Causes of Death, 1994 and 1995.
- 11. Laupland KB, Davies HD, Low DE, Schwartz B, Green K, the Ontario Group A Streptococcal Study Group, McGeer A. Invasive Group A Streptococcal Disease in Children and Association with Varicella-Zoster Virus Infection. Pediatrics 2000; 105(5):1-7.
- 12. Kuter BJ, Weibel RE, Guess HA, Matthews H, Morton DH, Neff BJ, Provost PJ, Watson BA, Starr SE, Plotkin SA. Oka/Merck Varicella Vaccine in Healthy Children: Final Report of a 2-Year Efficacy Study and 7-Year Follow-up Studies. Vaccine 1991; 9:643-7.
- 13. Guess HA, Broughton DD, Melton LJ III, Kurland LT. Epidemiology of Herpes Zoster in Children and Adolescents: A Population-Based Study. Pediatrics 1985; 76:512-7.
- 14. Bernstein HH, Rothstein EP, and Pennridge Pediatric Associates, Watson BM, Reisinger KS, Blatter MM, Wellman CO, Chartrand SA, Cho I, Ngai A, White CJ. Clinical Survey of Natural Varicella Compared with Breakthrough Varicella After Immunization with Live Attenuated Oka/Merck Varicella Vaccine. Pediatrics 1993; 92:833-7.

- 15. Chartrand SA, Andrews DM, Penn RG, Itkin DJ. New Varicella Vaccine Production Lots in Healthy Children and Adolescents. Interscience Conference Antimicrobial Agents and Chemotherapy 1988:237(Abstract #731).
- 16. Johnson CE, Shurin PA, Fattlar D, Rome LP, Kumar ML. Live Attenuated Vaccine in Healthy 12- to 24-Month-Old Children. Pediatrics 1988; 81:512-8.
- 17. Gershon AA, Steinberg SP, LaRussa P, Ferrara A, Hammerschlag M, Gelb L, and the NIAID Varicella Vaccine Collaborative Study Group. Immunization of Healthy Adults with Live Attenuated Varicella Vaccine. J Infect Dis 1988; 158:132-7.
- 18. Gershon AA, Steinberg SP and the National Institute of Allergy and Infectious Diseases Varicella Vaccine Collaborative Study Group. Live Attenuated Varicella Vaccine: Protection in Healthy Adults Compared with Leukemic Children. J Infect Dis 1990; 161:661-6.
- 19. White CJ, Kuter BJ, Hildebrand CS, Isganitis KL, Matthews H, Miller WJ, Provost PJ, Ellis RW, Gerety RJ, Calandra GB. Varicella Vaccine (VARIVAX®) in Healthy Children and Adolescents: Results From Clinical Trials, 1987 to 1989. Pediatrics 1991; 87:604-10.
- 20. Shu L, Chan ISF, Matthews H, Heyse JF, Chan CY, Kuter BJ, Kaplan KM, Rupert Vessey SJ, Sadoff JC. Inverse relationship between six week postvaccination varicella antibody response to vaccine and likelihood of long term breakthrough infection. Pediatr Infect Dis J 2002; 21:337-42.
- 21. Asano Y, Yazaki T, Ito S, Isomura S, Takahashi M. Contact Infection from Live Varicella Vaccine Recipients. Lancet 1976; 1(7966):965.

#### PART III: CONSUMER INFORMATION

#### VARIVAX® III

(varicella virus vaccine, live, attenuated [Oka/Merck])

This leaflet is part III of a three-part "Product Monograph" published when VARIVAX® III was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about VARIVAX® III. Contact your doctor or pharmacist if you have any questions about the vaccine.

#### ABOUT THIS VACCINE

#### What the vaccine is used for:

VARIVAX® III is an injectable live virus vaccine to help prevent chickenpox (varicella). The vaccine can be administered to persons 12 months of age or older.

#### What it does:

Your doctor has recommended or administered VARIVAX® III to help protect you or your child against chickenpox.

Chickenpox is easily passed from one person to another and occurs in millions of people worldwide each year, most often in children 5 to 9 years of age. Although chickenpox is generally a fairly harmless disease, it may be associated with serious complications (such as bacterial skin infections, pneumonia, inflammation of the brain, Reye syndrome) and/or rarely death.

#### When it should not be used:

VARIVAX® III should not be used by anyone who:

- is allergic to any of its ingredients (including gelatin and neomycin). A list of ingredients can be found below
- has a blood disorder or any type of cancer that affects their immune system
- is taking medications to suppress their immune system
- has an immune deficiency, including one as a result of a disease (such as AIDS)
- has active untreated tuberculosis
- has a fever > 38.5°C (> 101.3°F)
- is pregnant (in addition, pregnancy should be avoided for 3 months after vaccination)

## What the medicinal ingredient is:

Each 0.5 mL dose contains as active ingredient a minimum of 1350 PFU (plaque-forming units) of live attenuated varicella virus (Oka/Merck strain).

What the important nonmedicinal ingredients are:

**Powder:** sucrose, hydrolyzed gelatin, urea, sodium chloride, monosodium L-glutamate, sodium phosphate dibasic, potassium phosphate monobasic, potassium chloride, and trace quantities of neomycin.

**Diluent:** water for injection.

#### What dosage forms it comes in:

VARIVAX® III is supplied as a sterile white powder in a single-dose vial.

The diluent for reconstitution is supplied as a sterile, clear, colourless fluid in a single-dose vial.

When reconstituted, VARIVAX® III is a clear, colourless to pale yellow fluid.

## WARNINGS AND PRECAUTIONS

# What should I tell my doctor before vaccination with VARIVAX® III?

Tell your doctor about any medical problems you or your child have or have had, and about any allergies (especially to gelatin or neomycin). VARIVAX® III contains gelatin and a trace amount of neomycin as inactive ingredients.

In rare circumstances, it is possible to catch chickenpox, including severe chickenpox, from a person who has been vaccinated with VARIVAX® III. This may occur in persons who have not previously been vaccinated or never had chickenpox, as well as persons who fall into one of the following categories:

- individuals with a weakened immune system
- pregnant women who never had chickenpox
- newborn babies whose mothers never had chickenpox.

Whenever possible, individuals who have been vaccinated with VARIVAX® III should attempt to avoid close contact, for up to 6 weeks following the vaccination, with anyone who falls into one of the categories above. Tell your doctor if there is anyone who falls into one of the categories above and is expected to be in close contact with the person being vaccinated.

#### Use in children

VARIVAX® III can be used in children 12 months of age and older.

#### Use in pregnancy

VARIVAX® III should not be administered to pregnant women. Women of child-bearing age should take the necessary precautions to avoid pregnancy for 3 months following vaccination.

#### Use in breast-feeding

Tell your doctor if you are breast-feeding or intend to breast-feed. Your doctor will decide if you should receive VARIVAX® III.

# Can I drive or operate machinery following vaccination with $VARIVAX^{\otimes}$ III?

There is no information to suggest that VARIVAX® III affects your ability to drive or operate machinery.

# What other important information about VARIVAX® III should I know?

As with other vaccines, VARIVAX® III may not fully protect all those who receive it.

#### INTERACTIONS WITH THIS VACCINE

Vaccine recipients should avoid salicylates (medications derived from salicylic acid, including aspirin) for 6 weeks after vaccination with VARIVAX® III as Reye syndrome (a serious condition which can affect all your body organs) has been reported following use of salicylates during natural varicella infection.

Vaccination should be deferred for at least 5 months after any blood or plasma transfusions, or administration of immune globulin or varicella zoster immune globulin (VZIG).

Following vaccination with VARIVAX® III, you or your child should not receive any immune globulin, including VZIG, for 2 months thereafter, unless your doctor decides it is necessary.

VARIVAX® III can be given at the same time as measles, mumps and rubella vaccine (M-M-R® II) and vaccines against *Haemophilus influenzae* type b, diphtheria, tetanus and pertussis (whooping cough). If VARIVAX® III is not given at the same time as M-M-R® II a 1-month interval between these 2 vaccines should be observed. Your doctor will decide the vaccination schedule.

#### PROPER USE OF THIS VACCINE

#### Usual dose:

VARIVAX® III is given by subcutaneous injection as follows:

- Children 12 months to 12 years of age should receive a 0.5 mL dose. The dose of the vaccine is the same for everyone. If your child is 12 months to 12 years old and your doctor gives a second dose, the second dose should be given at least 3 months after the first dose.
- Adolescents and adults 13 years of age and older should receive two doses. The second dose should be given 4 to 8 weeks after the first dose.

See your doctor for more details.

## Overdose:

In case of overdose, contact a health care practitioner, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

#### Missed dose:

If you miss a dose, your doctor will decide when to give the missed dose.

#### SIDE EFFECTS AND WHAT TO DO ABOUT THEM

Any vaccine may have unintended or undesirable effects, so-called side effects. The most common are injection site complaints such as pain, swelling, itching and redness. Occasionally, fever, irritability, tingling of the skin, shingles (herpes zoster)<sup>†</sup>, or a chickenpox-like rash on the body or at the injection site may occur.

Other side effects such as nausea, vomiting, and chickenpox have been reported. Some reported side effects were serious, including allergic reactions (in individuals with or without an allergic history); bruising more easily than normal; red or purple, flat, pinhead spots under the skin; severe paleness; difficulty walking; severe skin disorders; and skin infection. Rarely, inflammation of the brain (encephalitis)†, stroke (cerebrovascular accident), inflammation of the coverings of the brain and spinal cord (meningitis)†, inflammation of the lung (pneumonia/pneumonitis) and seizures with or without a fever have been reported. The relationship of these rare side effects to the vaccine has not been established.

†Can be from naturally occurring chickenpox or the vaccine in healthy individuals or individuals with lowered immunity.

Tell your doctor promptly about any of these or any other unusual symptoms. If the condition persists or worsens, seek medical attention.

This is not a complete list of side effects. For any unexpected effects while taking VARIVAX® III contact your doctor or pharmacist.

#### **HOW TO STORE IT**

Vial of powder: Store refrigerated at 2°C to 8°C. The vaccine may also be stored in a freezer at temperatures above -50°C; if subsequently transferred to a refrigerator, the vaccine may be placed back in the freezer. Keep the vial in the outer carton in order to protect from light.

Diluent: Store separately from the vaccine vial at room temperature (20°C to 25°C) or in the refrigerator at 2°C to 8°C

All vaccines must be discarded after the expiration date.

#### **Reporting Suspected Side Effects**

For the general public: Should you experience a side effect following immunization, please report it to your doctor, nurse, or pharmacist.

Should you require information related to the management of the side effect, please contact your healthcare provider. The Public Health Agency of Canada, Health Canada and Merck Canada cannot provide medical advice.

For healthcare professionals: If a patient experiences a side effect following immunization, please complete the Adverse Events Following Immunization (AEFI) Form appropriate for your province/territory (<a href="http://www.phac-aspc.gc.ca/im/aefi-essi-form-eng.php">http://www.phac-aspc.gc.ca/im/aefi-essi-form-eng.php</a>) and send it to your local Health Unit.

## MORE INFORMATION

#### If you want more information about VARIVAX® III:

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Consumer Information by visiting the <u>Health Canada website</u> (<a href="https://www.canada.ca/en/health-canada.html">https://www.canada.ca/en/health-canada.html</a>) or Merck Canada website (<a href="www.merck.ca">www.merck.ca</a>) or by calling Merck Canada at 1-800-567-2594.

To report an adverse event related to VARIVAX® III, please contact 1-800-567-2594.

This leaflet was prepared by Merck Canada Inc.

Last revised: November 17, 2020

<sup>®</sup> Merck Sharp & Dohme Corp. Used under license. © 2011, 2020 Merck Canada Inc. All rights reserved.