# PRODUCT MONOGRAPH INCLUDING PATIENT MEDICATION INFORMATION

# PrULTRAVATE®

Halobetasol Propionate Cream 0.05% w/w

Halobetasol Propionate Ointment 0.05% w/w

**Topical Corticosteroid** 

Bausch Health, Canada Inc. 2150 St-Elzear Blvd. West Laval, Quebec H7L 4A8 Date of Revision: May 12, 2021

Control #: 247852

# **TABLE OF CONTENTS**

# **RECENT MAJOR LABEL CHANGES**

1 INDICATION	May 2021
4 DOSAGE AND ADMINISTRATION, 4.2 Recommended Dose and Dosage Adjustment	May 2021
6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING	May 2021
8 ADVERSE REACTIONS, 8.1 Adverse Reactions Overview	May 2021
10 CLINICAL PHARMACOLOGY, 10.2 Pharmacodynamics. 10.3 Pharmacokinetics	May 2021
14 CLINICAL TRIALS, 14.1 Study Results	May 2021
16 NON-CLINICAL TOXICOLOGY	May 2021
PATIENT MEDICATION INFORMATION	May 2021

Sections or subsections that are not applicable at the time of authorization are not listed.

TABL	E OF	CONTENTS	2
RECE	NT M	AJOR LABEL CHANGES	2
PART	I: HE	ALTH PROFESSIONAL INFORMATION	4
1	INDI	CATIONS	4
	1.1	Pediatrics	4
	1.2	Geriatrics	4
2	CON	TRAINDICATIONS	4
3	SER	OUS WARNINGS AND PRECAUTIONS BOX	4
4	DOS	AGE AND ADMINISTRATION	4
	4.1	Dosing Considerations	4
	4.2	Recommended Dose and Dosage Adjustment	4
	4.3	Administration	5
5	OVE	RDOSAGE	5
6	DOS	AGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING	6
	6.1	Packaging	6
7	WAR	NINGS AND PRECAUTIONS	6
	7.1	Special Populations	8
	7.1.1	Pregnant Women	8
	7.1.2		

	7.1.3	Pediatrics	8
	7.1.4	Geriatrics	9
8	ADV	ERSE REACTIONS	9
	8.1	Adverse Reaction Overview	9
	8.2	Clinical Trial Adverse Reactions	9
	8	3.2.1 Clinical Trial Adverse Reactions (Pediatrics)	9
	8.3	Less Common ULTRAVATE Clinical Trial Adverse Drug Reactions (<1%)	10
	8.4 Quai	Abnormal Laboratory Findings: Hematologic, Clinical Chemistry and Other ntitative Data	10
	8.5	Post-Marketing	10
9	DRU	G INTERACTIONS	10
	9.1	Drug Interactions Overview	10
10	CLIN	IICAL PHARMACOLOGY	10
	10.1	Mechanism of Action	10
	10.2	Pharmacodynamics	11
	10.3	Pharmacokinetics	15
11	STO	RAGE, STABILITY AND DISPOSAL	15
12	SPE	CIAL HANDLING INSTRUCTIONS	15
PAR <sup>.</sup>	T II: SC	EIENTIFIC INFORMATION	16
13	PHA	RMACEUTICAL INFORMATION	16
14	CLIN	IICAL TRIALS	17
	14.1	Study Results	17
15	MICI	ROBIOLOGY	17
16	NON	-CLINICAL TOXICOLOGY	17
ΡΔΤΙ	ENT M	EDICATION INFORMATION	28

#### PART I: HEALTH PROFESSIONAL INFORMATION

#### 1 INDICATIONS

ULTRAVATE (halobetasol propionate) is a high to super-high potency topical corticosteroid indicated for corticosteroid-responsive dermatoses and the relief of inflammatory manifestations of resistant or severe psoriasis.

#### 1.1 Pediatrics

**Pediatrics (< 18 years of age):** No data are available to Health Canada; therefore, Health Canada has not authorized an indication for pediatric use.

#### 1.2 Geriatrics

**Geriatrics** (≥ **65** years of age): A limited number of subjects aged ≥ 65 years have been treated with ULTRAVATE in clinical trials, therefore the safety and efficacy have not been established in this patient population (see WARNINGS AND PRECAUTIONS, Special Populations, Geriatrics).

#### 2 CONTRAINDICATIONS

ULTRAVATE is contraindicated in patients who are hypersensitive to this drug or to any ingredient in the formulation, including any non-medicinal ingredient. For a complete listing, see Dosage Forms, Strengths, Composition and Packaging.

ULTRAVATE is also contraindicated:

- in patients who are hypersensitive to other corticosteroids;
- in viral diseases of the skin including herpes simplex, vaccinia and varicella.
- in untreated bacterial, tubercular and fungal infections involving the skin.

#### 3 SERIOUS WARNINGS AND PRECAUTIONS BOX

This information is not available for this drug product

#### 4 DOSAGE AND ADMINISTRATION

#### 4.1 Dosing Considerations

ULTRAVATE is for dermatological use only.

# 4.2 Recommended Dose and Dosage Adjustment

Health Canada has not authorized an indication for pediatric use (see INDICATIONS and WARNINGS AND PRECAUTIONS, Special Populations, Pediatrics).

ULTRAVATE should not be used in children. Because of the higher ratio of skin surface area to body mass, children are at greater risk for hypothalamic pituitary adrenal (HPA) axis

suppression, glucocorticoid insufficiency after withdrawal of treatment and Cushing's syndrome while on treatment.

The total dosage of ULTRAVATE should not exceed approximately 50 g per week because of the potential for the drug to suppress the hypothalamic-pituitary-adrenal (HPA) axis.

Apply a thin layer of ULTRAVATE Cream or Ointment to the affected skin and rub in gently and completely. Apply twice daily, or as directed by your physician. Treatment is to be discontinued when the dermatologic disorder is controlled.

The duration of therapy should not exceed two weeks without patient re-evaluation.

#### 4.3 Administration

ULTRAVATE should not be used with occlusive dressings. ULTRAVATE is for external use only.

Keep away from the eyes, nose, mouth, and other mucous membranes. In the event of contact with the eye, flush with cold water.

#### 5 OVERDOSAGE

Topically applied ULTRAVATE can be absorbed in sufficient amounts to produce systemic effects including reversible HPA axis suppression with the potential for glucocorticosteroid insufficiency after withdrawal of treatment. If HPA axis suppression is noted, withdraw the drug gradually by reducing the amount and frequency of application. Recovery of HPA axis function is generally prompt and complete upon discontinuation of topical corticosteroids. Infrequently,

signs and symptoms of glucocorticosteroid insufficiency may occur requiring supplemental systemic corticosteroids.

For management of a suspected drug overdose, contact your regional poison control centre.

#### 6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING

Table - Dosage Forms, Strengths, Composition and Packaging

Route of Administration	Dosage Form / Strength/Composition	Non-medicinal Ingredients
Topical	Cream 0.05 % w/w	Benzyl Alcohol, Cetyl Alcohol, Glycerin, Isopropyl Isostearate, Isopropyl Palmitate, Steareth-21 and Water
	Ointment 0.05 % w/w	Beeswax, Dehymuls E, Petrolatum and Propylene Glycol

### 6.1 Packaging

- ULTRAVATE Ointment is packaged in 50 g aluminum tubes providing 0.5 mg of halobetasol propionate per gram.
- **ULTRAVATE Cream** is packaged in 50 g aluminum tubes providing 0.5 mg of halobetasol propionate per gram.

#### 7 WARNINGS AND PRECAUTIONS

#### General

Significant systemic absorption may occur when steroids are applied over large areas of the body. To minimize this possibility, when long term therapy is anticipated, interrupt treatment periodically or treat one area of the body at a time.

# **Monitoring and Laboratory Tests**

Patients receiving a large dose of a high potency topical steroid applied to a large surface area should be evaluated periodically for evidence of HPA axis suppression. This may be done by using the ACTH stimulation, A.M. plasma cortisol and urinary free-cortisol tests. Patients receiving super-potent corticosteroids should not be treated for more than 2 weeks at a time and it is recommended that only small areas be treated at any one time due to the increased risk of HPA suppression.

# **Carcinogenesis and Mutagenesis**

Long-term animal studies have not been performed to evaluate the carcinogenic potential of halobetasol propionate. Positive mutagenicity studies were observed in two genotoxicity assays. Halobetasol was positive in a Chinese hamster micronucleus test in vivo and in a mouse lymphoma gene mutation assay in vitro. In other genotoxicity tests including Ames/Salmonella assay, sister chromatid exchange test, chromosome aberration studies of germinal and somatic cells of rodents and in a mammalian spot test for point mutations, halobetasol propionate was not found to be genotoxic.

# **Endocrine and Metabolism**

Halobetasol has been shown to suppress the HPA axis. Systemic effects of topical corticosteroids may include reversible HPA axis suppression with the potential for glucocorticosteroid insufficiency. This may occur during treatment or upon withdrawal of treatment with the topical corticosteroid.

If HPA axis suppression is documented, attempt to gradually withdraw the drug, reduce the frequency of application, or substitute a less potent steroid. Manifestations of adrenal insufficiency may require supplemental systemic corticosteroids. Recovery of HPA axis function is generally prompt and complete upon discontinuation of topical corticosteroids.

Systemic effects of topical corticosteroids may also include Cushing's syndrome, hyperglycemia, and glucosuria. Use of more than one corticosteroid-containing product at the same time may increase the total systemic exposure to corticosteroids. Pediatric patients may be more susceptible than adults to systemic toxicity from the use of topical corticosteroids due to their larger surface-to-body mass ratios (see WARNINGS AND PRECAUTIONS, Special Populations, Pediatrics).

#### Hepatic

There are no adequate and well controlled studies of ULTRAVATE use in patients with hepatic impairment. As corticosteroids undergo hepatic metabolism, ULTRAVATE should be used with caution in patients with hepatic impairment.

#### **Immune**

Allergic contact dermatitis with corticosteroids is usually diagnosed by observing failure to heal rather than noting a clinical exacerbation. Consider confirmation of a clinical diagnosis of allergic contact dermatitis by appropriate patch testing. Discontinue ULTRAVATE if allergic contact dermatitis occurs.

#### **Ophthalmic**

The product is not formulated for ophthalmic use and should not be used in or near the eyes.

Use of topical corticosteroids may increase the risk of posterior subcapsular cataracts and glaucoma. Cataracts and glaucoma have been reported in post-marketing experience with the use of topical corticosteroid products. Advise patients to report any visual symptoms and consider referral to an ophthalmologist for evaluation.

# **Reproductive Health: Female and Male Potential**

#### **Fertility**

There are no data on the effects of halobetasol propionate on human fertility. [See Section 16 NON-CLINICAL TOXICOLOGY for fertility studies in animals]

#### Skin

Prolonged use of topical corticosteroid products may produce atrophy of the skin and subcutaneous tissues. If this occurs, treatment should be discontinued.

Topical corticosteroids should be used with caution in patients with stasis dermatitis and other skin diseases associated with impaired circulation, hypersensitive patients and patients with glaucoma.

Use an appropriate antimicrobial agent if a skin infection is present or develops. If a favorable response does not occur promptly, discontinue use of ULTRAVATE until the infection has been adequately treated.

# 7.1 Special Populations

# 7.1.1 Pregnant Women

There are no available data on ULTRAVATE use in pregnant women to inform a drug-associated risk of major birth defects, miscarriage, or adverse maternal or fetal outcomes. Therefore, ULTRAVATE use in pregnant women is not recommended. If the patient becomes pregnant while using this drug, treatment should be discontinued. [See Section 16 NON-CLINICAL TOXICOLOGY].

# 7.1.2 Breast-feeding

There are no data on the presence of halobetasol propionate or its metabolites in human milk, the effects on the breastfed infant, or the effects on milk production after treatment with ULTRAVATE.

Systemically administered corticosteroids appear in human milk and could suppress growth, interfere with endogenous corticosteroid production, or cause other untoward effects. It is not known whether topical administration of corticosteroids could result in sufficient systemic absorption to produce detectable quantities in human milk.

The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for ULTRAVATE and any potential adverse effects on the breastfed child from ULTRAVATE.

Advise breastfeeding women not to apply ULTRAVATE directly to the nipple and areola to avoid direct infant exposure.

# 7.1.3 Pediatrics

Safety and effectiveness of ULTRAVATE in pediatric patients under the age of 18 years have not been evaluated.

Because of higher skin surface area to body mass ratios, pediatric patients are at a greater risk than adults of HPA axis suppression and Cushing's syndrome when they are treated with topical corticosteroids. They are therefore also at greater risk of adrenal insufficiency during or after withdrawal of treatment. Adverse reactions including striae have been reported with use of topical corticosteroids in infants and children (see WARNINGS AND PRECAUTIONS, Endocrine and Metabolism).

HPA axis suppression, Cushing's syndrome, linear growth retardation, delayed weight gain,

and intracranial hypertension have been reported in children receiving topical corticosteroids. Manifestations of adrenal suppression in children include low plasma cortisol levels and an absence of response to ACTH stimulation. Manifestations of intracranial hypertension include bulging fontanelles, headaches, and bilateral papilledema (see WARNINGS AND PRECAUTIONS, Endocrine and Metabolism).

#### 7.1.4 Geriatrics

A limited number of subjects aged ≥ 65 years have been treated with ULTRAVATE in clinical trials, therefore the safety and efficacy have not been established in this patient population.

#### 8 ADVERSE REACTIONS

#### 8.1 Adverse Reaction Overview

The following adverse skin reactions have been reported with the use of topical corticosteroids and may occur more frequently with high potency corticosteroids such as ULTRAVATE Cream and Ointment. These reactions are listed in an approximately decreasing order of occurrence: burning, itching, irritation, dryness, folliculitis, hypertrichosis, acneiform eruptions, hypopigmentation, perioral dermatitis, allergic contact dermatitis, maceration of the skin, secondary infection, skin atrophy, striae and miliaria. Systemic absorption of topical corticosteroids has produced reversible HPA axis suppression, manifestations of Cushing's syndrome, hyperglycemia, and glucosuria in some patients. In rare instances, treatment (or withdrawal of treatment) of psoriasis with corticosteroids is thought to have provoked the pustular form of the disease.

#### 8.2 Clinical Trial Adverse Reactions

Clinical trials are conducted under very specific conditions. The adverse reaction rates observed in the clinical trials; therefore, may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse reaction information from clinical trials may be useful in identifying and approximating rates of adverse drug reactions in real-world use.

A total of 1018 patient have been studied in ULTRAVATE clinical trials, 596 received the ointment formulation, 341 received the cream formulation and 81 received both formulations. The incidence of adverse reactions with ULTRAVATE cream and ointment were those commonly observed with topical corticosteroids.

The most frequently reported adverse reaction across all clinical trials with ULTRAVATE Ointment was stinging (2%).

The most frequently reported adverse reaction across all clinical trials with ULTRAVATE Cream was also stinging (3%).

# 8.2.1 Clinical Trial Adverse Reactions (Pediatrics)

# Pediatrics ((< 18 years of age)

No data are available to Health Canada; therefore, Health Canada has not authorized an indication for pediatric use.

# 8.3 Less Common ULTRAVATE Clinical Trial Adverse Drug Reactions (<1%)

#### **ULTRAVATE** Ointment

Other adverse reactions related and probably related that were reported at less than 1% were: burning, erythema, acne, skin atrophy, pruritus, leukoderma, telangiectasia, pustulation, dry skin, bruise, rash, lichenified dermatitis, paraesthesia, urticaria, and fungal infection.

#### **ULTRAVATE Cream**

Other adverse reactions related and probably related that were reported at less than 1% were: pruritus, burning skin, dry skin, leukoderma, erythema, skin atrophy, sore joint, and eye pressure.

# 8.4 Abnormal Laboratory Findings: Hematologic, Clinical Chemistry and Other Quantitative Data

There were no findings related to hematology or chemistry parameters that appeared to be treatment-related in any of the studies that included subjects with plaque psoriasis.

# 8.5 Post-Marketing

The following adverse skin reactions have been reported with the use of topical corticosteroids and may occur more frequently with high potency corticosteroids such as ULTRAVATE Cream and Ointment. These reactions are listed in an approximately decreasing order of occurrence: burning, itching, irritation, dryness, folliculitis, hypertrichosis, acneiform eruptions, hypopigmentation, perioral dermatitis, allergic contact dermatitis, maceration of the skin, secondary infection, skin atrophy, striae and miliaria. Systemic absorption of topical corticosteroids has produced reversible HPA axis suppression, manifestations of Cushing's syndrome, hyperglycemia, and glucosuria in some patients. In rare instances, treatment (or withdrawal of treatment) of psoriasis with corticosteroids is thought to have provoked the pustular form of the disease.

#### 9 DRUG INTERACTIONS

# 9.1 Drug Interactions Overview

No formal drug-drug interaction studies were conducted with ULTRAVATE.

### 10 CLINICAL PHARMACOLOGY

### 10.1 Mechanism of Action

Halobetasol propionate belongs to the superpotent class of topical corticosteroids. Like other topical corticosteroids, halobetasol propionate has anti-inflammatory, antipruritic and vasoconstrictive actions. The mechanism of the anti-inflammatory activity of the topical corticosteroids, in general, is unclear. However, corticosteroids are thought to act by the induction of phospholipase A2 inhibitory proteins, collectively called lipocortins. It is postulated that these proteins control the biosynthesis of potent mediators of inflammation such as prostaglandins and leukotrienes by inhibiting the release of their common precursor arachidonic acid. Arachidonic acid is released from membrane phospholipids by phospholipase A2.

# 10.2 Pharmacodynamics

Four trials comparing the vasoconstrictor activity of halobetasol propionate cream and ointment formulations or ethanolic solutions to various marketed topical corticosteroids or investigational formulations were undertaken. Two of the studies were done using the traditional McKenzie-Stoughton method or a modification of that method. In these studies, the test substance is allowed to remain on the skin for 16 hours and the test site graded at least at 18 hours following application. In the modified method, other time periods are also graded.

The other two studies used an area under the curve (AUC) method, in which the test substance remains on the skin for a much shorter time period, 6-8 hours. The degree of blanching was then evaluated at multiple times following the removal of the test substance.

Both studies using the McKenzie-Stoughton method showed halobetasol propionate solutions, ointment and cream, to exert an extremely strong vasoconstrictive effect, equal or superior to other corticosteroids classified in the ultra-potent category such as TEMOVATE™ or DIPROLENE™ cream or ointment formulations. In the two AUC studies, results were more variable, with high potency and mid-potency corticosteroids showing statistically equivalent rankings with the ultra-potent corticosteroids. See Table 2.

Table 2: Mean Score/Rank at 18 Hours

	McKenzie- Method		Area Under Curve Methodology		
Drugs Studied	CG82/82*	46A50-0001	46R87-0001	DE118-006†	
Halobetasol Propionate 0.05% Ointment		2.73 <sup>A</sup>	2.6 <sup>A</sup>		
Halobetasol Propionate 0.05% Cream		2.23 <sup>A,B</sup>	1.8 <sup>B,C</sup>	6.71 <sup>B,C</sup>	
TEMOVATE 0.05% Ointment		2.43 <sup>A,B</sup>			
TEMOVATE 0.05% Cream		2.43 <sup>A,B</sup>		9.54 <sup>A</sup>	
DIPROLENE 0.05% Ointment		2.20 <sup>B</sup>	2.1 <sup>A,B,C</sup>		
DIPROLENE 0.05% Cream		2.23 <sup>A,B</sup>			
LIDEX 0.05% Cream			2.4 <sup>A,B</sup>		
WESTCORT Ointment		1.10 <sup>C</sup>	0.8 <sup>D</sup>		
Halobetasol Propionate 0.02% Solution			1.4 <sup>C,D</sup>		
Halobetasol Propionate 0.05% Solution			1.6 <sup>C</sup>		
ELECON Cream				6.46 <sup>C</sup>	
MAXIVATE Cream				4.66 <sup>D</sup>	
KENALOG Cream				4.26 <sup>D,E</sup>	
ARISTOCORT Cream				3.00 <sup>E,F</sup>	
HYTONE Cream				2.71 <sup>F</sup>	

Hydrocortisone	11 <sup>B</sup>		
Ethanolic Solutions			
Halobetasol	58 <sup>A</sup>		
Propionate Ethanolic Solutions			
Clobetasol Ethanolic Solutions	56 <sup>A</sup>		

<sup>\*</sup>Overall reaction intensity at all periods measured

Scores/ranks with the same letter in each column are not statistically significantly different from other ( $P \ge 0.05$ )

A standard dermatoxicity profile, consisting of four human dermal safety studies, was conducted in the United States in 284 normal volunteers of both sexes to determine the local tolerance of halobetasol propionate 0.05% ointment and cream and their respective vehicles. The tests consisted of the 21-Day Cumulative Irritation Test (30 subjects) with plasma cortisol levels determined at weekly intervals, Repeated Insult Patch Test (RIPT, Modified Draize Skin Sensitization Test) (215 subjects) and the Phototoxicity Test (10 subjects).

Results show that halobetasol propionate 0.05% ointment and cream are slightly to mildly irritating to volunteers when applied under occlusive patches. No sensitization was seen with either halobetasol propionate 0.05% ointment or cream. The products did not produce photocontact sensitization or phototoxicity. In addition, in the 24 subjects completing the trial in whom once weekly plasma cortisols were obtained, statistically significant reduction in plasma cortisol values were observed. However, none of the values declined below the normal lower limit of 5 mg/dl over a 3-week period.

Percutaneous systemic effects of 0.02% and 0.05% halobetasol propionate ointments and DERMOVATE™ ointment, containing 0.05% clobetasol 17-propionate as the active ingredient, were evaluated in six healthy male volunteers by assessing serum cortisol levels. The subjects ranged in age from 32 to 47 years (mean = 39.1 years). The ointments were applied, without an occlusive dressing, in dosages of 12 g once daily at 4 p.m. on two successive days (Days 2 and 3) to 2400 cm² skin surface of the trunk (5 mg ointment/cm²) of six volunteers in a randomized cross-over comparative study. Serum cortisol levels at 8 a.m. were determined before (Days 1 and 2), during (Days 3 and 4) and after (Days 8 and 9) application of the abovementioned ointments, by radioimmunoassay, using the COAT-A-COUNT™ kit (Diagnostics Products Corp., Los Angeles). The normal range of serum cortisol at 8 a.m. for this assay is 7-32 mcg/dL.

All three ointments tested produced a reversible lowering of the serum cortisol levels. Clobetasol propionate 0.05% ointment and halobetasol propionate 0.05% ointment produced closely similar and statistically significant suppression of morning serum cortisol levels. However, no individual level was below the lower limit of normal for this assay. During the post-treatment phase, mean serum cortisol levels reached 93% and 98% of the baseline values for clobetasol 0.05% and halobetasol propionate 0.05% ointments, respectively. Halobetasol propionate 0.02% ointment showed a trend toward lowered cortisol levels, but the change in values from baseline was not statistically significant. See Table 3.

<sup>†</sup>Over the entire time period measured

Table 3: Mean Natural Logarithms of Serum Cortisol Levels (Mean Values mcg/dL)

Period	Halobetasol Propionate 0.05%		Clobetas	ol 0.05%	Halobetasol Propionate 0.02%	
	Mean	(Mean)	Mean	(Mean)	Mean	(Mean)
	LN	(mcg/dL)	LN	(mcg/dL)	LN	(mcg/dL)
Baseline	2.7111	(15.04)	2.7394	(15.48)	2.7584	(15.77)
<b>During Treatment</b>	2.3921	(10.94)	2.4619	(11.72)	2.5897	(13.33)
Post Treatment	2.6907	(14.74)	2.6672	(14.40)	2.7044	(14.95)

Normal Range = 7-32 mcg/dL

LN = Natural logarithm

In an open-label study, halobetasol propionate was administered topically to five men and five women with localized psoriasis to determine systemic effects. The age range was 28 to 76 years (mean = 38 years). On the two pre-treatment days and on Days 11-15 post-treatment, salicylic acid 5% ointment was applied twice daily to remove scales. Halobetasol propionate 0.05% ointment, 2.5 g was applied twice a day for 10 days to psoriatic lesions. One 8 a.m. morning plasma cortisol level was taken before treatment; three during treatment; and one was obtained post-treatment, 5 days after the end of therapy.

A global assessment of therapeutic effect was made at the end of 10 days' treatment with halobetasol propionate 0.05% ointment using a 5-point scale where 1 = healed, 2 = marked improvement, 3 = moderate improvement, 4 = poor improvement, and 5 = no improvement.

Plasma cortisol levels were measured by a radioimmunoassay (RIA) where the normal range was 5.8 to 36.4 mcg/dL when obtained at 8 a.m. One patient had blood drawn between 9:15 a.m. and 10:15 a.m. The other subjects had blood drawn at the correct time.

Results in 9 patients did not show any statistically significant differences between the 8 a.m. plasma cortisol values obtained before or after treatment with those recorded during treatment with halobetasol propionate 0.05% ointment. See Table 4.

Table 4: Mean Plasma Cortisol Levels (mcg/dL)

Period	Subjects	Mean	SD	Min	Max
Pre-Treatment	9	25.3	8.6	11	38
<b>During Treatment</b>	9	21.5	5.9	11	31
Post Treatment	9	23.8	7.1	13	35

Normal Range - 5.8-36.4 mcg/dL

SD = Standard deviation

Following ten days' treatment with halobetasol propionate 0.05% ointment, 8 of 10 patients were healed and 2 showed marked improvement in their psoriatic lesions. Folliculitis was reported at the site of application in one patient.

In an open-label evaluation of the effects on the HPA axis, 7 grams per day of halobetasol propionate 0.05% ointment was applied to psoriatic plaques of six men and one woman whose ages ranged from 20-65 years (mean = 47 years).

Halobetasol propionate 0.05% ointment was applied to lesions covering up to 30% of their body surface area twice daily for seven days. Three baseline cortisol plasma levels, two during treatment and two post-treatment were determined by radioimmunoassay, using the COAT-A-COUNT KIT (Diagnostics Products Corp., Los Angeles). Two consecutive 24-hour urines were collected pre-treatment and two during treatment to determine 17-hydroxycorticoid excretion.

Physical examination and clinical laboratory tests were done pre- and post-treatment.

The normal range of plasma cortisol values was 5-25 mcg/dL. The mean baseline plasma cortisol level was 18.9 +/- (SD) mcg/dL, the mean during treatment cortisol level was 15.4 +/- 5.0 mcg/dL, and the mean post-treatment cortisol level was 19.6 +/- 7.8 mcg/dL. None of the mean plasma cortisol levels were suppressed below 9.0 mcg/dL (lower limit of normal, 5 mcg/dL) and the lowest individual value was 5 mcg/dL.

The normal range of urinary 17-hydroxycorticoids is 4-14 mg/24 hr for males and 2-10 mg/24 hr for females. The mean baseline excretion for the males was 6.6 +/- 1.4 (SD) mg/24 hr and the mean baseline excretion for the female patient was 3.5 mg/24 hr. The mean 17-hydroxycorticoid excretion during treatment was 5.1 +/- 1.4 (SD) mg/24 hr for the males and 3.0 mg/24 hr for the female. None of the mean or individual urinary 17-hydroxycorticoid values for males or for the female were suppressed below the lower limit of the normal range. See Table 5.

Table 5: Mean Period Cortisol and 17-OH Corticoid Levels

Mean Period Cortisol and 17-OH Corticoid Levels											
Plasma Cortisol (mcg/dL) (Normal Range, 5-25 mcg/dL)						(No	17-O rmal Ran			(mg/24h 4hr 2-10	•
							Ma	les		Fe	male
Period	N	Mea n	SD	Min	Max	N	Mean	Min	Max	N	Mean
Baseline	7	18.9	4.1	13	24	6	6.6	4	8	1	3.5
During Treatment	7	15.4	5.0	9	21.5	6	5.1	4	7.5	1	3.0
Post Treatment	7	19.6	7.8	11	35.5						

SD = Standard deviation

Results from the battery of laboratory tests conducted both pre- and post-therapy were considered to be within normal limits for psoriatic patients.

One patient developed urticaria on Study Day 13 (Post Treatment Day 3), which subsided within a few hours. The subject was patch tested with the treatment medication, ointment vehicle and petrolatum on Study Day 14 without further reaction. Her post-treatment plasma cortisol levels were 31 and 40 mcg/dL on Study Days 14 and 15, respectively, indicating a normal response to a stressful situation. Two additional patients reported mild irritation or itching after the first one or two applications on excoriated areas.

It was concluded that halobetasol propionate 0.05% ointment at a level of 7 g/day results in a slight suppression of the plasma cortisol which returns to or exceeds the baseline value within

5 days after the end of treatment. All values were within normal limits for morning plasma cortisol levels and, therefore, treatment with 7 g/day of halobetasol propionate 0.05% ointment is considered not to cause significant adrenal suppression.

#### 10.3 Pharmacokinetics

A randomized two-way cross-over study was performed in six healthy male volunteers age 30-46 years (mean = 38.1) to determine systemic absorption of halobetasol propionate 0.05% cream and ointment formulations. Subjects received halobetasol propionate, 0.05 mg, 0.1 mg and 0.25 mg orally in ethanolic solution in the first phase of the study. In the second phase, the same subjects received ten grams of ointment or cream, equivalent to 5 mg halobetasol propionate, on two different occasions separated by a two-week wash-out period applied to 2,000 cm<sup>2</sup> of normal skin on the trunk. This medication was left on unoccluded for 12 hours. Urine was collected over 96 hours and analyzed for apparent halobetasol propionate by radioimmunoassay. Excretion of apparent halobetasol propionate into the urine was relatively slow with both cream and ointment formulations. The major portion of apparent halobetasol propionate appeared in the urine within 48-72 hours of application. Over the entire 96-hour collection period a mean of 725 +/- 420 ng (SD) for cream and 951 +/- 310 ng (SD) for the ointment had been excreted into the urine. In the oral study a mean of 0.73% (range, 0.55% -0.90%) was found in the urine as apparent halobetasol propionate. This represents about 2.0% and 2.6% of the applied 5 mg of active halobetasol propionate in cream and ointment, respectively.

It was concluded that halobetasol propionate 0.05% is absorbed to a similar extent from the cream and ointment formulations. The extent of percutaneous absorption lies within the range of that reported for other topical corticosteroids such as triamcinolone acetonide (0.6% - 2.3%), diflorasone diacetate (1.1%) and halometasone (1.3%) in cream formulations and halometasone (6.5%) in ointment formulation.

#### 11 STORAGE, STABILITY AND DISPOSAL

Store at controlled room temperature between 15°C and 25°C.

#### 12 SPECIAL HANDLING INSTRUCTIONS

This information is not available for this drug product.

#### PART II: SCIENTIFIC INFORMATION

#### 13 PHARMACEUTICAL INFORMATION

# **Drug Substance**

Proper name: Halobetasol Propionate

Chemical name: 21-Chloro-6α,9-difluoro-11β-hydroxy-16β-methyl-pregna-1,4-diene-3-

20-dione, 17-propionate

Molecular formula: C<sub>25</sub>H<sub>31</sub>CIF<sub>2</sub>O<sub>5</sub>

Molecular mass: 484.96 g/mol

Structural formula:

# Physicochemical properties

Description: Halobetasol propionate is a white crystalline powder or solid

Solubility: Insoluble in water, soluble in ethanol (37%), dimethyl sulfoxide (>50%),

soluble in diesters (e.g. dibutyl adipate), slightly soluble in long-chain

monoesters (isopropyl myristate).

Solubility: The melting range is between 200°C and 216°C with decomposition.

#### 14 CLINICAL TRIALS

#### 14.1 Study Results

Halobetasol propionate cream and ointment formulations were evaluated in thirteen (13) well-controlled clinical trials (9 using the ointment and 4 with the cream), seven active control, four paired comparison vehicle control and two parallel group vehicle control in patients with plaque psoriasis, chronic eczema and atopic dermatitis. A total of 937 patients received halobetasol propionate. In the active control studies, halobetasol propionate was as effective as DERMOVATE. In the paired comparison and parallel group studies, halobetasol propionate was statistically and clinically superior to the vehicles.

#### 15 MICROBIOLOGY

This information is not available for this drug product.

#### 16 NON-CLINICAL TOXICOLOGY

### **General Toxicology**

Acute Toxicity Studies on 0.05% Halobetasol Propionate Cream

#### **Rabbit**

The ocular irritation potential of 0.05% halobetasol propionate cream or cream vehicle was determined in rabbits. 0.1 g of the test material or vehicle was instilled into the conjunctival eye sac in the eyes of 6 rabbits. After 1 minute, the eyes of 3 rabbits were washed out and all animals graded for irritation at 1, 24, 48 and 72 hours, and at 6 and 7 days. No irritation was observed. 0.05% halobetasol propionate cream was not classified as an eye irritant.

#### Rabbit

The primary skin irritation potential of 0.05% halobetasol propionate cream was determined in rabbits. Topical applications of 0.5 ml of the test material was applied to the intact or abraded skin sites of rabbits under 24-hour patch occlusion. A primary skin irritation index of 1.21 (mild irritation) was obtained and 0.05% halobetasol propionate cream was not classified as a primary skin irritant.

#### Rabbit

The dermal irritation potential of 0.05% halobetasol propionate cream or cream vehicle after repeated application was determined in rabbits. The test materials were topically applied at a dose level of 3.0 g to the depilated backs of rabbits (5/sex/group) under 24-hour occlusion daily for 5 days. The fifth dressing was removed after 8 hours. Minimal irritation was observed during the first 2 days and none thereafter. There was a slight body weight increase. There were no mortalities observed during the study.

#### **Rabbit**

The dermal irritation potential of 0.05% halobetasol propionate cream, after repeated application for 5 days and a follow-up period of 3 days, was determined in rabbits. The test material was topically applied at 0.5 g under 24-hour patch occlusion to the backs of rabbits (3/sex) for days 1-4, with the fifth dressing removed after 8 hours. Moderate irritation was observed during the study which appeared to clear after 3 days of non-treatment. There was a slight body weight reduction. No mortalities were observed during the study.

# Acute Toxicity Studies on 0.05% Halobetasol Propionate Ointment

#### Rat

The acute oral (LD50) toxicity of 0.05% halobetasol propionate ointment was determined in rats. 0.05%, halobetasol propionate ointment was orally administered undiluted at a dose level of 7.5 mg/kg to a study group of 5/sex. No mortalities or other signs of toxicity were observed. The acute oral (LD50) of 0.05% halobetasol propionate ointment was greater than 7.5 mg/kg.

#### Rabbit

The ocular irritation potential of 0.05% halobetasol propionate ointment or vehicle was determined in rabbits. 0.1 g of the test material or vehicle was instilled into the conjunctival eye sac in the eyes of 6 rabbits. After 1 minute, the eyes of 3 rabbits were washed out and all animals graded for irritation at 1, 6, 24, 48, and 72 hours, and at 6 and 8 days. No irritation was observed. 0.05% halobetasol propionate ointment was not classified as an eye irritant.

# Rabbit

The ocular irritation potential of 0.05% halobetasol propionate ointment was determined in rabbits. 0.1 ml of the test material or vehicle was instilled into the conjunctival eye sac in the eyes of 8 rabbits. After 2 seconds, the eyes of 2 rabbits were washed out, and all animals were graded for irritation at 24, 48, and 72 hours and at 7 days. Slight irritation was observed. 0.05% halobetasol propionate ointment was not classified as an eye irritant.

#### Rabbit

The primary skin irritation potential of 0.05% halobetasol propionate ointment was determined in rabbits. Topical applications of 0.5 ml of the test material was applied to the intact or abraded skin sites of rabbits under 24-hour patch occlusion. A primary skin irritation index of 0.42 (minimal irritation) was obtained and 0.05% halobetasol propionate ointment was not classified as a primary skin irritant.

#### **Rabbit**

The dermal irritation potential of 0.05% halobetasol propionate ointment or ointment vehicle after repeated application was determined in rabbits. The test materials were topically applied at a dose level of 5.0 g to the depilated backs of rabbits (3/sex/group) under 24-hour occlusion daily for 5 days. The fifth dressing was removed after 8 hours. There was a slight body weight decrease. There were no mortalities or irritation observed during the study.

# Sensitization Studies on 0.05% Halobetasol Propionate Cream and Ointment Guinea Pig

The sensitization potential of 0.05% halobetasol propionate cream or vehicle was determined in guinea pigs. To groups of 10/sex/group, topical applications of the test materials were made under occlusion on sites injected with adjuvant. At the second induction during week 2, the test materials were reapplied under occlusion on the sites pretreated with a 10% sodium lauryl sulfate. Challenge applications to test and control study groups were made 14 days later. Under the conditions of the modified maximization test in guinea pigs, 0.05% halobetasol propionate cream was non-sensitizing.

# **Guinea Pig**

The sensitization potential of 0.05% halobetasol propionate ointment or vehicle was determined in guinea pigs. To groups of 10/sex/group, topical applications of the test materials were made under occlusion on sites injected with adjuvant. At the second induction during week 2, the test materials were reapplied under occlusion on the sites pretreated with 10% sodium lauryl sulfate. Challenge applications to test and control study groups were made 14 days later. Under the conditions of the modified maximization test in guinea pigs, 0.05% halobetasol propionate ointment was non-sensitizing.

# Subacute Toxicity Studies on Halobetasol Propionate (as pure compound and ointment) Oral – Rat

The subacute oral toxicity potential of halobetasol propionate was determined in rats. Halobetasol propionate was administered orally by gavage at dose levels of 0.01, 0.1 and 1.0 mg/kg/day (in 0.5% CMC) at a dose volume of 10 ml/kg to study groups of 10 or 15/sex/group for 3 months. A similar test group of animals received the vehicle, 0.5% CMC, and served as a control. At termination of treatment, a one-month recovery period was conducted involving 5/sex/group from the 0.1 and 1.0 mg/kg dose groups and of the vehicle control group.

During the study, 1 male rat of the high dose group was found dead (Day 40). Test material related changes included piloerection, reduction of spontaneous activity, muscle hypotonia, and loss of hair in all dose groups. These symptoms except for hair loss were, in general, reversible. Body weights were markedly reduced in all dose levels, with some improvement in weight gain during recovery. Food consumption values were similarly reduced during the study. Clinical chemistry effects included increased but reversible ALAT (SGPT) values in the mid and high dose groups. Hematological changes were reduced packed cell volume and dose related lymphopenia and neutrophilia which were reversible during recovery. Urinalysis revealed blood and protein in the urine which were present after the recovery. Organ weights of the liver, heart and kidney were increased, with decreased adrenal, spleen and thymus weights. The organ weight changes in the mid and high dose groups were generally correlated with microscopic evaluations.

Histopathological examination revealed expected dose related corticosteroid related changes including ballooned hepatocytes, with marked adrenal, thymic and splenic atrophy, and respiratory tract infections. Most changes were reduced or reversible after recovery. On the basis of numerous observed effects including body weight reduction, minimal liver effects, reduced lymphatic elements in axillary lymph nodes in the 0.01 mg/kg dose group, the no effect

level is less than 0.01 mg/kg/day.

In a study performed in parallel to the above, the reference control steroid, clobetasol propionate, was similarly evaluated for subacute oral toxicity potential at a dose level of 0.1 mg/kg/day to a study group of 15/sex for 3 months, followed by a one-month recovery period. Test material effects were similar in type and comparable to the steroid related effects reported on halobetasol propionate (at 0.1 mg/kg). The effects produced were reversible.

### Oral - Dog

The subacute oral toxicity potential of halobetasol propionate was determined in beagle dogs. Halobetasol propionate was administered orally via gelatin capsules to dogs at dose levels of 0.01, 0.03, and 0.1 mg/kg/day to study groups of 3/sex/group (low and mid dose) and 6/sex/group (high dose) for 3 months. The test material was administered as a premix with lactose. A control group of 3/sex was administered 10 mg/kg/day of lactose in gelatin capsules.

At termination of treatment, a 1-month recovery period was conducted involving 3/sex/group of the high dose group dogs.

No mortalities related to test material administration were observed during the study. Changes associated with administration of halobetasol propionate included general signs of soft, bloody feces in the high dose group, diarrhea, decreased body weight in the high dose, no changes in food consumption, increased but reversible ALAT levels in mid and high dose levels, increased alkaline phosphatase values at high dose, marked with reversible dose dependent increase of an alpha 3 globulins with a slight decrease in other globulins, decreased but slightly reversible dose related cortisol levels, increased but reversible triglycerides in the high dose group, hematological changes included decreased hemoglobin, rbc, and hematocrit in the high dose group, dose related lymphopenia and neutrophilia, with eosinopenia, and bacteria in urine (high dose). Organ weight changes included reduced adrenals, non or minimally reversible, increased liver, increased spleen and kidneys (high dose). Histopathological examination revealed marked atrophy of the adrenal and lymphatic tissues, ballooning and/or vacuolization of the hepatocytes, and inflammation of the urogenital tract. Most changes were dose dependent or occurring at the high dose and were reduced or reversible following recovery other than the adrenals. There was no ocular, auditory, or neurological changes observed during the study.

In the high dose group (0.1 mg/kg), an increased incidence of slight deviations in repolarization (diphasic or notched T-wave, reversion of polarity) was detected in 11 of 12 animals. Alternations continued through the one-month recovery period in 3 of 6 animals.

Clobetasol propionate, the reference steroid, was similarly evaluated in a 3-month subacute oral toxicity study at a dose level of 0.03 mg/kg/day (as a lactose premix) in gelatin capsules to a study group of 3 males and female dogs. 2/3 male dogs showed variations of the T-wave polarity.

The dogs receiving oral doses of both steroids reacted to the treatment by developing stress along with a suppression of the lymphatic system and apparently increased susceptibility to infectious diseases in a dose related manner. The deviation in the form of the T-Waves was therefore not considered to indicate drug related cardiomyopathy.

In the absence of cardiac lesions found at necropsy, the absence of electrocardiographic changes other than non-specific T-wave changes, presence of toxic effects that can produce non-specific T-wave effects in dogs, the electrocardiographic findings are not considered indicative of cardiotoxicity.

Other results of this study revealed comparable steroid related effects of clobetasol propionate to that of halobetasol propionate, other than a decrease in body weight present in the clobetasol propionate group and in liver changes which were more pronounced in the dogs treated with halobetasol propionate.

#### Dermal - Rat

The subacute dermal toxicity potential of halobetasol propionate ointment was determined in rats for 3 months. The test material was topically administered to study groups of 6/sex/group for 3 months at daily dose levels of 0.05%, 0.1% and 0.2% halobetasol propionate ointment at a dose volume of 400 mg/kg of ointment (equivalent to 0.2, 0.4, and 0.8 mg/kg/day of halobetasol propionate). Control groups were similarly treated with the vehicle ointment and 0.05% clobetasol propionate ointment served as a reference control. Separate study groups of 4/sex/group of rats were also treated with test or control ointments for 3 months and were maintained on study for 1 month without treatment for recovery.

During the study there were no treatment related mortalities observed in the rats. Test material related changes observed during the study included skin changes (red/blue colouration), decreased body weights in the males, decreased food consumption, increased ALAT (SGPT) levels, hematological changes consisting of lymphopenia and neutrophilia, slight anemia, hematuria, and hypo gamma globulinemia, the organ weight of the adrenals and thymus were reduced. At necropsy, the condition of the animals was considered cachectic. Histopathological examination revealed expected steroid related changes including epidermal thinning, distended macrophages in the lungs, vacuolated and distended hepatocytes of the liver, moderate adrenocortical atrophy and atrophy of the lymphoid organs, and hyperplasia of the islets of Langerhans in the pancreas.

The changes observed were, in general, dose related and reversible or reduced by the end of the recovery study. Similar changes, which were less severe, were observed in the 0.05% clobetasol propionate ointment test groups.

#### Dermal - Dog

The subacute dermal toxicity potential of halobetasol propionate ointment was determined in dogs following topical administrations for 3 months. The test material was topically administered to study groups of 6/sex/group for 3 months at daily dose levels of 0.05%, 0.1%, and 0.2% halobetasol propionate ointment at a dose volume of 400 mg/kg/day of ointment (equivalent to 0.2, 0.4, and 0.8 mg/kg/day of halobetasol propionate). All application sites were occluded daily for 6 hours. Control groups were similarly treated with the vehicle ointment, and 0.05% clobetasol propionate ointment served as a reference control. After 3 months, study groups of 2/sex/group of dogs were maintained on study for 1 month without treatment for recovery.

During the study, 1 dog in the mid and high dose was killed due to severely infected skin wounds. Another dog was killed in the low dose due to self-inflicted injury. Test material related changes observed during the study included skin lesions, erythema, hair loss, papules/scabs and abscesses, no remarkable body weight or food consumption changes, increased ALAT, alkaline phosphatase, and alpha 2 globulins, decreased cortisol, with hypogammaglobulinemia, dose related anemia in the halobetasol propionate treated animals, hematological changes included increased ESR, lymphopenia and neutrophilia, eosinopenia, hematuria and

hemoglobinuria, with no other changes observed during ophthalmic, auditory or electrocardiac examinations. Organ weight changes revealed decreased adrenals and increased liver weights. Histopathological examination revealed expected steroid related changes consisting of adrenocortical and marked thymic atrophy, cytoplasmic vacuolation of the hepatocytes, dermal changes were thinning of the stratum corneum and focal panniculus myopathy of the skin, and an increased incidence of granulomatous reactions associated with helminth larvae in the lungs, liver and lymph nodes.

Most changes observed were dose related and reversible or reduced following a 1-month recovery period. Comparable changes were observed in the 0.05% clobetasol propionate ointment dose group.

# Carcinogenicity

Long-term animal studies have not been performed to evaluate the carcinogenic potential of halobetasol propionate.

# **Genotoxicity Ames / Salmonella**

Halobetasol propionate was tested for mutagenic potential in a screening Ames/Salmonella microsome plate assay. An epoxide hydratase inhibitor and glutathione depleter, 1,1,1-trichloropropene 2,3-oxide was also included in the assay in order to increase the sensitivity of the assay for mutagenic epoxide potential. The results of this study showed halobetasol propionate to be nonmutagenic to bacterial cells with or without metabolic activation under the conditions of this assay.

# **Nuclear Anomaly Test in Somatic Interphase Nuclei of Chinese Hamster**

Halobetasol propionate was tested to evaluate the potential mutagenic effects on somatic interphase cells in the bone marrow of Chinese hamsters. Halobetasol propionate was administered at single oral dose levels of 750, 1500, 3000, and 6000 mg/kg daily for 2 consecutive days to study groups of 6 or 8/sex/group. The hamsters were sacrificed 24 hours after the second dose, and bone marrow smears were prepared. Control groups received the vehicle (0.5% CMC) and a positive control group was dosed with cyclophosphamide at 128 mg/kg. Nuclear anomalies were increased significantly in the bone marrow cells from animals dosed with the three lower doses of halobetasol propionate as compared to the number of nuclear anomalies in the controls. Under the experimental conditions, halobetasol propionate exerted a mutagenic action on hamster bone marrow somatic cells.

Another potent steroid, clobetasol propionate, in a similar study, was also found to produce nuclear anomalies in the bone marrow cells of Chinese hamsters at dose levels of 1250, 2500, and 5000 mg/kg.

#### **Sister Chromatid Exchange**

Halobetasol propionate was tested to evaluate the potential mutagenic effect on somatic cells (bone marrow) by the induction of sister chromatid exchange (SCE). Halobetasol propionate was administered as a single oral dose at levels of 1500, 3000, and 6000 mg/kg at a dose volume of 20 ml/kg in 0.5% CMC vehicle to Chinese hamster study groups of 4/sex/group. Two hours prior to dosing, the animals received a subcutaneous implant of a 45 mg tablet of 5-

bromodeoxyuridine. After 24 hours, the hamsters were dosed i.p. with 10 mg/kg of colcemid and sacrificed, with bone marrow preparations made and stained for SCE evaluation. Control groups consisting of the vehicle and a positive control (100 mg/kg DMBA) were similarly evaluated. The results of this study showed no significant increase in the number of SCE found in comparison to the negative (vehicle) control.

# **Mouse Lymphoma**

Halobetasol propionate was tested for mutagenic effects on L5178Y/TK +/- mouse lymphoma cells in vitro with and without microsomal activation. Results were expressed by the number of induced TK-/- mutants/106 surviving cells. Initially in the assay tested with microsomal activation, the two low dose levels of 8.125 and 16.25 mg/ml did not produce increased mutant frequencies. In the 3 upper dose levels tested, 32.5-130 mg/ml, increased mutant frequencies were observed. Similar effects occurred when the dose levels were reassayed in the cells. Mutation frequency values were elevated at all 5 dose levels tested in the presence of metabolic activation. Again, precipitation of the test article was observed after a 4-hour treatment period. Under the experimental conditions, halobetasol propionate exerted mutagenic activity in the mouse lymphoma forward mutation system with and without metabolic activation. Clobetasol propionate was subsequently evaluated in a similar mouse lymphoma test and did not show evidence of mutagenic effects. When tested soluble concentrations did not produce a marked increase in the mutant frequency compared with the control. Concentrations in excess of 56 mg/ml without microsomal activation proved to be cytotoxic to the mouse lymphoma cells. Mutation frequencies were, therefore, not determined at this concentration.

# Chromosome Studies on the Male Germinal Epithelium/ Spermatocytes - Mouse

Halobetasol propionate was tested for mutagenic effect on the germinal epithelium, particularly on the potential formation of chromosomal aberrations in spermatocytes of mice. Halobetasol propionate was administered orally at daily dose levels of 333 and 1,000 mg/kg at a dose volume of 20 ml/kg in 0.5% CMC. Dosing was conducted intermittently for 5 days (days 0, 2, 3, 5, and 9) to study groups of 15 male mice/group including vehicle control. Three days later, the groups were dosed with 10 mg/kg of colcemid and were killed. Drop preparations were made of the testicular parenchyma with 100 metaphases scored per animal. Results from this study indicated no evidence of mutagenic activity of halobetasol propionate in mouse spermatocytes. There were no dose-related increases in the frequency of chromosomal aberrations, however, there was an occurrence of a quadrivalent exchange figure in the low dose. Mortalities occurred at both the low and high-dose groups.

Clobetasol propionate was subsequently evaluated in a comparative chromosome study in mouse spermatocytes and did not produce any chromosomal aberrations.

#### Chromosome Studies on Male Germinal Epithelium/ Spermatogonia – Mouse

Halobetasol propionate was tested for mutagenic effect on the germinal epithelium particularly on the potential formation of chromosomal aberrations in spermatogonia of mice. Halobetasol propionate was administered orally for 5 consecutive days at daily dose levels of 1,667 and 5,000 mg/kg in a dose volume of 20 ml/kg in 0.5% CMC to study groups of 12 males/group including a vehicle control group. The mice were sacrificed one day after the last dose after receiving 10 mg/kg of colcemid. Drop-preparations were made of the testicular parenchyma,

with 100 metaphases scored per animal. The results from this assay revealed no mutagenic activity of halobetasol propionate in mouse spermatogonia.

In a similar study clobetasol propionate was subsequently evaluated for chromosomal aberrations in the spermatogonia of mice and did not produce any chromosomal aberrations.

#### **Chromosome Studies on Somatic Cells - Chinese Hamster**

Halobetasol propionate was tested to evaluate the potential mutagenic effects on somatic cells (bone marrow) in Chinese hamsters. Halobetasol propionate was administered orally as a single dose for 2 consecutive days at dose levels of 1250, 2500, and 5000 mg/kg in 20 ml/kg of 0.5% CMC to study groups of 4/sex/group. Control groups of the vehicle and positive control (cyclophosphamide) were similarly tested. Colcemid (10 mg/kg) was dosed 2 hours after the second dose to the study groups, and all animals were killed 4 hours later. Chromosomal preparations were made from the bone marrow, with 100 metaphase plates examined from 2/sex/group. Frequencies of chromosomal aberrations and aberrant metaphases were similar in the treated and negative control groups. Therefore, the results of this study indicated no evidence of mutagenic effects of halobetasol propionate in the somatic cells of Chinese hamsters.

In a parallel study clobetasol propionate was similarly evaluated in the Chinese hamster and did not show evidence of mutagenic effects.

#### **Mammalian Spot Test - Mouse**

Halobetasol propionate was tested to evaluate the potential mutagenic effects on somatic cells in vivo. The test permits the detection of induced point mutations and other genetic events in the melanoblasts of embryos exposed in utero to the test material. Mutation induction is monitored postnatally for the presence on the fur of young mice for recessive spots (RS). Halobetasol propionate was administered as a single i.p. dose at 6 levels ranging from 18.75 to 600 mg/kg in 10 ml/kg of sesame oil on the 10th day of pregnancy to study groups of 71-73 pregnant female C57B1/6J mice each. A vehicle control and positive control (50 mg/kg - N-nitroso-n-ethyl urea (EMA)) were similarly evaluated.

Post-natal examinations of the fur were recorded at the age of 12-14 days and twice weekly for 3 weeks for the presence of RS as well as for cytotoxic effects on melanocytes by recording of white mid-ventral spots (WMVS). In the 3 highest dose levels, a high percentage of mortality and embryotoxicity was observed. The results of this study revealed no evidence of mutagenic effects observed in the surviving offspring. Dose-related cytotoxic effects on melanocytes, as well as embryotoxic effects were observed.

Similar results were observed with clobetasol propionate in a subsequent mammalian spot test study in mice.

#### **Micronucleus Test in Mice**

Halobetasol propionate was evaluated in this in vivo micronucleus test to determine its potential to damage chromosomes of bone marrow cells or damage the mitotic spindle apparatus in these cells. Halobetasol propionate was administered to groups of mice (5 males and 5 females per group) by intraperitoneal injection for two consecutive days. Nominal halobetasol propionate doses were 7.5, 40 and 75 mg/kg per day. The animals were sacrificed

at 24 and 48 hours after the second injection. Animals administered the negative (vehicle) control, i.e. DMSO and corn oil, were also sacrificed at 24 and 48 hours after the second injection. Positive control mice (triethylenemelamine at 0.5 mg/kg) were sacrificed only at 24 hours after the second dose administration.

Slides were prepared from the bone marrow of the femurs of each animal. The slides were subsequently stained, blind coded, and microscopically evaluated for the incidence of micronucleated polychromatic erythrocytes (PCE). Also scored was the incidence of normochromatic erythrocytes in order to estimate PCE/NCE ratios, a measure of toxicity to the hemopoietic system. Halobetasol propionate did not induce any statistically significant increases in the number of micronucleated PCEs. The mean PCE/NCE ratio for all halobetasol propionate treated groups was significantly reduced when compared to vehicle controls at both the 24- and 48-hours time points. The lower PCE/NCE ratios are indicative of toxicity to the bone marrow hemopoietic cells.

In conclusion, halobetasol propionate is negative in this in vivo mouse bone marrow micronucleus assay, when tested up to toxic dose levels.

# **CHO/HGPRT Mammalian Cell Forward Gene Mutation Assay**

Halobetasol propionate was evaluated for mutagenic potential in this forward gene mutation assay. This assay, conducted in vitro in Chinese hamster ovary fibroblasts, measures the ability of a test article to induce a deletion, frame shift, or base pair substitution.

Halobetasol propionate was evaluated for a five-hour dosing period at nominal concentrations of 25, 50, 75, and 125 mcg/ml of treatment medium. All dose levels were evaluated with and without Aroclor 1254 induced rat liver S-9 activation. Mutant frequencies among the halobetasol propionate treated cultures were all at or below negative (vehicle, DMSO) control values for the three lower doses. The mutation frequency at 125 mcg/ml dose level was increased above vehicle and negative control values. However, this dose exceeded the limit of solubility in the treatment medium.

Clobetasol propionate was included in the study as a reference agent at nominal concentrations of 25, 50, 75, and 125 mcg/ml of treatment medium. Clobetasol propionate was evaluated only in the absence of S-9 metabolic activation. Mutant frequencies observed in the clobetasol propionate treated culture while slightly elevated over negative controls did not exhibit dose dependency and thus this compound was considered negative in this assay.

# Reproductive and Developmental Toxicology

# Fertility and Reproduction

#### Rat

Halobetasol propionate was studied in rats for potential effects on fertility, general reproductive pregnancy and prenatal development. Halobetasol propionate was orally administered at daily dose levels of 0.008, 0.020, and 0.050 mg/kg/day (as a lactose premix suspended in CMC) to study groups of 20 male and 20 female rats. Similarly, groups were treated with the vehicle, and clobetasol propionate was dosed at 0.05 mg/kg/day and served as a reference control. The males were treated for 60 days and the females for 14 days prior to mating until termination of a 12-day mating period. Treatment was continued until Day 15 of pregnancy.

The results from the reproductive study on halobetasol propionate included males and females

of the dose groups reacting to the treatment by a reduction in body-weight gain and, to a lesser extent, food consumption in a dose-related fashion. Fertility and reproductive performance remained unchanged. At 0.050 mg/kg, some tendency to an increased pre-implantation and, in particular, post-implantation rate of embryonic death was noted. In relation to maternal toxicity, the average weight of the fetuses examined near term was significantly diminished in the three experimental groups, in a dose-related fashion. Parallel to the reduction in fetal body weight, there were indications of delay of skeletal maturation at 0.020 mg/kg and, in particular, 0.050 mg/kg. Occasional anomalies and/or malformations were recorded for all groups. These included two fetuses from one litter of the 0.008 mg/kg dose group and one fetus of the 0.050 mg/kg dose group showing an omphalocele being consistent with a disturbance of ventral closure of the embryo. A "visceral anomaly" dilatation of the pelvic cavity of kidneys was also found in two fetuses from the litter the omphalocele was recorded for. Abnormal ossification of sternebrae was observed in all groups, including the vehicle control.

Based on the results of this study on halobetasol propionate, neither fertility nor general reproductive performance were impaired in the rat under the experimental conditions employed.

The treatment of rats with 0.050 mg/kg of the reference compound, clobetasol propionate, produced results similar to those recorded for halobetasol propionate at doses of 0.020 mg/kg (body weight of adults) or 0.050 mg/kg (fetal body weight). The live fetuses examined near term exhibited one instance each of cleft palate and dilatation of renal pelvic cavity as well as three instances of abnormal ossification of sternebrae.

# **Teratology**

#### Oral - Rat

Halobetasol propionate was administered orally at dose levels of 0.008, 0.040, and 0.100 mg/kg/day from days 6 to 15 of pregnancy to study groups of 24 pregnant female rats each. Similar study groups were dosed with the vehicle (0.5% CMC), and a reference control group received clobetasol propionate at 0.100 mg/kg.

The results of this teratology study indicated a high degree of embryotoxicity associated with clobetasol propionate. Halobetasol propionate was, in contrast to the reference compound, devoid of an embryotoxic activity in the rat under the experimental conditions. At 0.040 and 0.100 mg/kg of halobetasol propionate, omphalocele and cleft palate were observed.

Cleft palate was observed to be slightly higher (2.1%) in the high dose group compared to the clobetasol propionate treated group. The omphalocele malformation was at a comparable rate in all drug treated groups. The marginal teratogenic action of halobetasol propionate as well as of clobetasol propionate was associated with maternal toxicity and fetotoxicity.

# Oral - Rabbit

In a preliminary teratology study, halobetasol propionate was orally administered at dose levels of 0.01 and 0.04 mg/kg to study groups of 6 pregnant rabbits each from days 6 to 18 of pregnancy. In a similar study group of pregnant rabbits, clobetasol propionate was dosed at 0.02 mg/kg and served as the reference control.

The results from the screening teratology study in rabbits included dose related maternal and embryotoxicity. Halobetasol propionate was teratogenic in the rabbit at a dose producing maternal toxicity (0.01 mg/kg). The type of malformation observed was predominantly cleft

palate. Omphalocele and malrotation of the fore limbs were also observed. Clobetasol propionate, which was used as a reference compound, also produced cleft palate and malrotation of fore limbs at a similar incidence. The dose administered (0.02 mg/kg) also induced maternal toxicity.

Failure of palatal closure is well known to occur in the rabbit fetus after treatment of the dams with a variety of corticosteroids. The mechanism of teratogenic action is considered to involve a disturbance of collagen synthesis in the embryonic tissues at a critical phase of development.

No instance of cleft palate was recorded to occur in a cumulative control population of the breed of rabbits used for this experiment.

The teratogenic action of halobetasol propionate as well as of the reference compound clobetasol propionate is attributed to the specific pharmacodynamic properties of these products. In the view of the clear-cut teratogenic effect that could be established in this preliminary study which allows also a qualitative and quantitative comparative assessment of teratogenic potency of the test substance and the reference compound, it was decided by the sponsor upon recommendation by the management of the testing facility not to conduct the planned main study.

# PATIENT MEDICATION INFORMATION READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

## PrULTRAVATE®

Halobetasol propionate cream Halobetasol propionate ointment

Read this carefully before you start taking **ULTRAVATE** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **ULTRAVATE**.

#### What is ULTRAVATE used for?

ULTRAVATE is a prescription corticosteroid medicine for adult use. The cream and ointment forms of ULTRAVATE are used on the skin (topical) to relieve the redness, swelling and itching of the skin caused by psoriasis and certain skin conditions.

#### How does ULTRAVATE work?

It is not known exactly how ULTRAVATE works. It is believed that it affects certain proteins in the body to help reduce skin inflammation. Having less inflammation helps to relieve the redness, swelling and itching of the skin.

# What are the ingredients in ULTRAVATE?

#### Cream

Medicinal ingredient: Halobetasol Propionate

Non-medicinal ingredients: Benzyl Alcohol, Cetyl Alcohol, Glycerin, Isopropyl Isostearate,

Isopropyl Palmitate, Steareth-21 and Water

#### **Ointment**

Medicinal ingredient: Halobetasol Propionate

Non-medicinal ingredients: Beeswax, Dehymuls E, Petrolatum and Propylene Glycol

#### **ULTRAVATE** comes in the following dosage forms:

- Cream, 0.05 % w/w
- Ointment, 0.05 % w/w

#### Do not use ULTRAVATE if:

- you are allergic to halobetasol propionate or any of the other ingredients found in ULTRAVATE.
- you are allergic to other corticosteroids.

- you have an untreated infection involving the skin from a from a parasite, bacteria, fungus, such as tuberculosis or syphilis.
- you have a viral disease of the skin, such as chicken pox or herpes.

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take ULTRAVATE. Talk about any health conditions or problems you may have, including if you:

- have hormonal problems.
- have a condition for which you were previously or are currently taking other corticosteroid drugs. Use of more than one corticosteroid at the same time or close in time may increase your chance of developing adrenal gland problems.
- have other inflammatory skin diseases caused by poor circulation such as stasis dermatitis or chronic ulcers in the legs.
- have diabetes. ULTRAVATE can raise your blood sugar levels.
- have adrenal gland problems. ULTRAVATE can affect how your adrenal glands work.
- have liver problems. Liver problems may affect how your body breaks down ULTRAVATE. This may cause too much ULTRAVATE to build up in your body.
- use skin products that can dry or irritate your skin.
- have eye problems, such as cataracts and glaucoma. Talk to your doctor if you notice any change to your eyes or eyesight. Cataracts and glaucoma have been reported in patients using topical corticosteroids. Do NOT use ULTRAVATE in or near the eyes. Take care not to get ULTRAVATE in your eyes. If you get ULTRAVATE in your eye, flush it with cold water right away.
- have a skin infection. You may need medicine to treat the skin infection before using ULTRAVATE. If you develop an infection while using ULTRAVATE, tell your healthcare professional right away. Your doctor may tell you to stop using ULTRAVATE until the infection is treated.
- are pregnant or if you think you might be pregnant. It is not known if ULTRAVATE will harm your unborn baby. You should not use ULTRAVATE if you are pregnant. Avoid becoming pregnant while using ULTRAVATE. If you become pregnant while using ULTRAVATE, tell you doctor right away.
- are breastfeeding or plan to breastfeed. It is not known if ULTRAVATE passes into your breast milk. Talk to your healthcare professional about the best way to feed your baby while you are using ULTRAVATE. You and your doctor should decide if the benefits or breastfeeding outweigh any possible harm to your baby. If you use ULTRAVATE and breastfeed, do not apply ULTRAVATE to your nipple or areola (dark part around nipple) to avoid getting ULTRAVATE into your baby's mouth.
- are older than 65 years.

# Other warnings you should know about:

- Covering the treated area can increase the amount of medicine absorbed through your skin. This may increase your chance of developing adrenal gland problems. You should not cover the treated skin area with a bandage or other covering unless your healthcare professional tells you to. Using ULTRAVATE for long time, over large areas of skin or on broken skin can also increase the amount of medicine absorbed through your skin.
- Using ULTRAVATE for a long time may cause thinning of the skin. If you notice your skin thinning, speak to your healthcare professional.

- It is not known if ULTRAVATE affects your fertility. Talk to your doctor if this is a concern for you.
- Tell your healthcare professional if your skin is not healing or worsens.
- ULTRAVATE is NOT for use in patients under 18 years of age. Children and adolescents can absorb larger amounts of this medicine through the skin and are more likely to have serious side effects.

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

Especially tell your healthcare professional if you have or are currently taking or using any other corticosteroid medicines or containing products.

# The following may interact with ULTRAVATE:

There are no known interactions with ULTRAVATE.

#### **How to take ULTRAVATE:**

- Use this medicine exactly as directed by your healthcare professional.
- Check that the pharmacist has provided you ULTRAVATE cream or ointment as prescribed by your doctor.
- ULTRAVATE is for external use only.
- Do NOT apply to normal skin areas or broken skin such as ulcers, open sores, wounds.
- Do NOT use or get ULTRAVATE in or near your eyes, nose, mouth and other mucous membranes. If you get ULTRAVATE in your eye or any of these areas, flush it with cold water.
- You should NOT apply a bandage or wrap your skin after applying ULTRAVATE unless your healthcare professional tell you to.
- Wash your hands after using ULTRAVATE unless your hands are being treated.

#### **Usual dose:**

- Apply a thin layer to the affected skin. Rub in gently and completely. Apply twice daily, or as directed by your doctor. Once your skin is better, stop using ULTRAVATE.
- You should NOT use more than 50 g of ULTRAVATE in 1 week.
- Talk to your doctor if your skin does not improve after 2 weeks of use.
- You should NOT use ULTRAVATE for longer than 2 weeks.

#### Overdose:

If you think you, or a person you are caring for, have taken too much ULTRAVATE, contact a healthcare professional, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

#### **Missed Dose:**

If you missed a dose of this medication, you do not need to make up the missed dose. Skip the missed dose and continue with your next scheduled dose. Do not use extra medicine to make up for the missed dose.

# What are possible side effects from using ULTRAVATE?

These are not all the possible side effects you may feel when taking ULTRAVATE. If you experience any side effects not listed here, contact your healthcare professional.

The most common side effects of ULTRAVATE are:

- red, sore, itchy, blisters or oozing
- itching of the skin
- redness, rash, tears or scrapes
- heat rash
- skin rash around the mouth
- application site pain or burning/stinging sensation
- swelling of the hair follicles
- stretch marks
- excessive hair growth over the body
- acne
- change in skin pigmentation
- spider veins
- thick and leathery skin
- skin dryness and flaking
- cough
- joint pain
- softening and breaking down of skin due to moisture
- tingling or prickling skin sensation

ULTRAVATE can cause abnormal blood and urine test results. Your doctor will decide when to perform blood and urine tests. He/she may monitor how your liver is working and levels of your blood sugar and hormones. He/she will interpret the results.

Serious side effects and what to do about them							
Symptom / effect	Talk to your profes	Stop taking drug and get					
Cymptom / Check	Only if severe	In all cases	immediate medical help				
VERY COMMON							
Dermatitis: skin rash or sores	V						
<b>Skin atrophy:</b> thinning of the skin		V					

Serious sid	e effects and what	to do about them				
Sumptom / offoct		Talk to your healthcare professional				
Symptom / effect	Only if severe	In all cases	immediate medical help			
Skin Irritation at the application site: red, sore or peeling skin; burning/stinging sensation; severe itching and/or dryness	V					
COMMON			I			
Severe allergic reactions: rash, hives, swelling of the skin, sudden wheeziness and chest pain or tightness; or swelling of eyelids, face, lips, tongue or throat			√			
Cushing's syndrome (excess cortisol secretion): rounded "moon" face, weight gain, pink or purple stretch marks (striae) on the skin, fragile skin that bruises easily, slow healing of cuts, severe fatigue, muscle weakness, headache			V			
Glucocorticosteroid insufficiency (low levels of plasma cortisol): Worsening fatigue and muscle weakness, loss of appetite, weight loss, nausea, vomiting, and diarrhea			√			
Glucosura (excretion of glucose into the urine): feel extremely thirsty or dehydrated feel extremely hungry urinate more than usual urinate accidentally, unexplained weight loss fatigue trouble seeing slowhealing cuts, sores, or other injuries skin darkening in the folds of your neck, armpits, or other areas			<b>√</b>			
Hyperglycemia (high blood sugar): frequent urination, increased thirst, blurred vision, fatigue, headache, fruitysmelling breath, nausea and vomiting, shortness of breath, dry mouth, weakness,			V			

Serious sid	e effects and what	to do about them		
Symptom / effect	Talk to your profes		Stop taking drug and get	
Cymptom / Choose	Only if severe	In all cases	immediate medical help	
confusion, coma and abdominal pain				
UNCOMMON			·	
Cataracts (clouding of the lens of the eye): clouded or blurred vision, double vision, difficulty in seeing during the night, sensitivity to light and glare, need for brighter than normal, light to read or see objects, seeing halo around lights, seeing objects in faded or yellow color, eye pain, headache due to changes in vision			V	
Erythema: redness of the skin or mucous membrane			V	
Gastroenteritis (inflammation of the stomach and intestines): diarrhea, vomiting stomach pain, cramping, fever, nausea, and headaches			V	
Glaucoma (increased pressure in eye): loss of peripheral or side vision, head pain, seeing halos around lights, vision loss, redness in the eye, eye that looks hazy, eye pain, narrowed vision			V	
Hypertension (high blood pressure): shortness of breath, fatigue, dizziness or fainting, chest pain or pressure, swelling in your ankles and legs, bluish colour to your lips and skin, racing pulse or heart palpitations			V	
<b>Leukoderma:</b> white patches on the skin			V	
Upper Respiratory Infection (acute infection of the upper respiratory tract, including the nose, sinuses, pharynx, or larynx): nasal obstruction, sore throat, tonsillitis, pharyngitis,			V	

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get
	Only if severe	In all cases	immediate medical help
laryngitis, sinusitis, otitis media, and the common cold			

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

# **Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting
   (<a href="https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada.html">https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada.html</a>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

#### Storage:

- Store at room temperature (15 to 25°C).
- Keep out of reach and sight of children.

# If you want more information about ULTRAVATE:

- Talk to your healthcare professional
- Find the full Product Monograph that is prepared for healthcare professionals and includes
  this Patient Medication Information by visiting the Health Canada website:
   (https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-products/drug-product-database.html;
   the manufacturer's website <a href="https://www.bauschhealth.ca">www.bauschhealth.ca</a>, or
  by calling 1-800-361-4261.

This leaflet was prepared by: **Bausch Health, Canada Inc.** 2150 St-Elzear Blvd., West Laval, QC, H7L 4A8 www.bauschhealth.ca

Last Revised: May 12, 2021