

PRESCRIBING INFORMATION

Pr ANUZINC HC

Hydrocortisone Acetate / Zinc Sulfate Suppositories

10 mg / 10 mg

Anorectal Therapy

Laboratoires Confab Inc.
4355 Sir Wilfrid Laurier Blvd.
Saint-Hubert, Quebec
J3Y 3X3

Date of Revision:
July 19, 2021

Submission Control No: 249348

PRESCRIBING INFORMATION

PrANUZINC HC

Hydrocortisone Acetate / Zinc Sulfate Suppositories

THERAPEUTIC CLASSIFICATION

Anorectal Therapy

Clinical Pharmacology

ANUZINC HC combines the antiseptic, emollient, and astringent effects of zinc sulfate with the anti-inflammatory action of hydrocortisone.

Indications

ANUZINC HC is indicated for the reduction of pain, swelling and inflammation of hemorrhoids and the treatment of pruritus anis. May be used in pre- and post-operative hemorrhoidectomy, repair of fissures and after incision of thrombosed or sclerosed anorectal veins. To be followed by maintenance management with regular zinc sulfate preparations as required.

Contraindications

ANUZINC HC should not be used in patients with a sensitivity to any of the components. Not to be used in the presence of existing tuberculous, fungal, and viral lesions of the skin.

Precautions

Until an adequate proctologic examination is completed, and a diagnosis made, any preparation containing hydrocortisone should not be used. In addition, specific measures against infection, allergy and other causal factors must not be neglected. Prolonged use of this medication could produce systemic corticosteroid effects, although none have been noted to date. As with all medication that is applied locally, if idiosyncratic reactions occur, medication should be discontinued. In case of rectal bleeding, consult physician promptly.

Pregnancy: The safe use of corticosteroids during pregnancy has not been established. Therefore, during pregnancy, they should not be used unnecessarily on extended areas, in large amounts, or for prolonged periods of time.

Lactation: mothers using hydrocortisone should be advised not to nurse

Adverse effects

Occasionally, patients may experience burning upon application, especially if the anoderm is not intact. Local sensitivity reaction has been rare.

Symptoms and treatment of overdose

Symptoms: No toxic effects have been reported.

Treatment: In case of accidental ingestion, perform gastric lavage.

For management of a suspected drug overdose, contact your regional poison control centre.

Dosage and administration

Bathe and dry the affected anal area. Then insert one suppository upright into the rectum. Administer 1 suppository of ANUZINC HC in the morning and again at bedtime, and after each bowel movement. Continue this treatment until the acute phase of pain and discomfort passes and the inflammation subsides. Thereafter maintain patient comfort and continue treatment with one daily application after the morning stool

Suppositories are most easily administered in a stooped or squatting position, or while lying on the side with knees flexed. The exertion of a slight bearing down pressure relaxes the anal sphincter which permits painless insertion of the suppository.

Availability of dosage forms

Each ANUZINC HC suppository contains hydrocortisone acetate 10 mg, zinc sulfate monohydrate 10 mg, in a triglyceride base. Non-medicinal ingredients: Methylparaben, propylparaben, hard fat.

ANUZINC HC is available in boxes of 12.

Store between 15 and 30°C. Keep out of reach and sight of children.