#### PRODUCT MONOGRAPH

#### PrAPO-TERAZOSIN

#### Terazosin Hydrochloride Tablets

1 mg, 2 mg, 5 mg and 10 mg of terazosin (as terazosin hydrochloride)

Apotex Standard

Antihypertensive Agent, Symptomatic Treatment of Benign Prostatic Hyperplasia (BPH)

APOTEX INC. 150 Signet Drive Toronto, Ontario M9L 1T9 DATE OF REVISION: September 16, 2021

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#### PrAPO-TERAZOSIN

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#### PART I: HEALTH PROFESSIONAL INFORMATION

#### SUMMARY PRODUCT INFORMATION

Route of	Dosage Form /	Non-medicinal Ingredients	
Administration	Strength		
oral	tablet / 1 mg	lactose, magnesium stearate,	
	tablet/ 2 mg	microcrystalline cellulose and starch,	
	tablet/ 5 mg	D&C yellow #10 Aluminum Lake (2	
	tablet/ 10 mg	mg), FD&C yellow #6 Aluminum	
		Lake (2 mg), red ferric oxide (5 mg),	
		ferric-ferrous oxide (5 mg), FD&C	
		blue #1 Aluminum Lake (10 mg),	
		FD&C blue #2 Aluminum Lake (10	
		mg).	

#### INDICATIONS AND CLINICAL USE

APO-TERAZOSIN (terazosin hydrochloride) is indicated for:

- the treatment of mild to moderate hypertension.
- the treatment of symptoms of benign prostatic hyperplasia (BPH).

#### **Hypertension**

APO-TERAZOSIN (terazosin hydrochloride) is employed in a general treatment program in conjunction with a thiazide diuretic and/or other antihypertensive drugs as needed for proper patient response.

APO-TERAZOSIN may be tried as a sole therapy in those patients in whom other agents caused adverse effects or are inappropriate.

#### **Benign Prostatic Hyperplasia**

The onset of effect is rapid, with improvement in peak flow rate and symptoms observed at 2 weeks. The effect on these variables was well maintained throughout the study duration (18 months). APO-TERAZOSIN does not retard or stop the progression of benign prostatic hyperplasia (BPH). The long-term effects of terazosin hydrochloride on the incidence of surgery, acute urinary obstruction or other complications of BPH, are yet to be determined.

A number of clinical conditions can mimic symptomatic BPH (i.e. stricture of urethra, stricture of bladder neck, urinary bladder stones, neurogenic bladder dysfunction secondary to diabetes, Parkinsonism, etc.). These conditions should therefore be ruled out before terazosin hydrochloride therapy is initiated.

#### **Pediatrics (< 18 years of age):**

Terazosin hydrochloride has not been studied in children and therefore use in this age group is not recommended.

#### Geriatrics (> 65 years of age):

Patients over 75 years of age may have limited benefit from APO-TERAZOSIN therapy.

#### CONTRAINDICATIONS

Patients who are hypersensitive to APO-TERAZOSIN (terazosin hydrochloride) or its analogs or to any ingredient in the formulation or component of the container. For a complete listing, see the **DOSAGE FORMS, COMPOSITION AND PACKAGING** section of the Product Monograph.

#### WARNINGS AND PRECAUTIONS

Serious Warnings and Precautions - Patients with a history of micturition syncope should not receive APO-TERAZOSIN (terazosin hydrochloride). See (WARNINGS AND PRECAUTIONS, Cardiovascular, Syncope and "First Dose" Effect)

#### <u>General</u>

Terazosin hydrochloride therapy does not modify the natural history of BPH. It does not retard or stop the progression of BPH, nor does it improve urine flow sufficiently to significantly reduce the residual urine volume. However, significant reduction of the mean residual volume has been shown in patients with baseline residual volumes of > 50 mL. The patient may continue to be at risk of developing urinary retention and other BPH complications during APO-TERAZOSIN therapy.

#### **Prostatic Cancer**

Carcinoma of the prostate and BPH cause many of the same symptoms. These two diseases frequently coexist. Therefore, patients thought to have BPH should be examined prior to starting APO-TERAZOSIN therapy to rule out the presence of carcinoma of the prostate.

#### **Carcinogenesis and Mutagenesis**

Terazosin hydrochloride was devoid of mutagenic potential when evaluated in vivo and in vitro.

Terazosin hydrochloride administered in the feed to rats at doses of 8, 40, and 250 mg/kg/day for 2

years, was associated with a statistically significant increase in benign adrenal medullary tumors of male rats exposed to the 250 mg/kg dose. Female rats were unaffected. Terazosin hydrochloride was not oncogenic in mice when administered in feed for 2 years at a maximum tolerated dose of 32 mg/kg/day.

#### <u>Cardiovascular</u>

#### Syncope and "First-dose" Effect

Terazosin hydrochloride can cause marked hypotension, especially postural hypotension, and syncope in association with the first dose or first few doses of therapy. A similar effect can occur if therapy is re-instated following interruption for more than a few doses. Syncope has also occurred in association with rapid dosage increases or the introduction of another antihypertensive agent into the regimen of a patient taking high doses of terazosin hydrochloride.

Syncope is believed to be due to an excessive postural hypotensive effect, although occasionally the syncopal episode has been preceded by a bout of severe supraventricular tachycardia with heart rates of 120-160 beats per minute.

In studies of terazosin hydrochloride, the incidence of syncopal episodes was approximately 1% in hypertensive patients and 0.7% in patients with BPH.

The likelihood of syncopal episodes or excessive hypotension can be minimized by limiting the initial dose of the drug to 1 mg of terazosin hydrochloride given at bedtime, by increasing the dosage slowly, and by introducing any additional antihypertensive drugs into the patient's regimen with caution (see **DOSAGE AND ADMINISTRATION**).

Patients should be advised of the possibility of syncopal and orthostatic symptoms, and to avoid driving or hazardous tasks for 12 hours after the initial dose of terazosin, after the dose is increased and after interruption of therapy when treatment is resumed. They should be cautioned to avoid situations where injury could result should syncope occur.

If syncope occurs, place the patients in the recumbent position and institute supportive measures as necessary.

Patients with a history of micturition syncope should not receive terazosin hydrochloride.

Concomitant administration of APO-TERAZOSIN (terazosin hydrochloride) with verapamil to hypertensive patients may result in symptomatic hypotension and in some cases tachycardia See (**DRUG INTERACTIONS**, **Drug-Drug Interactions**, Table 2).

#### Use with Phosphodiesterase type 5 (PDE5) Inhibitors

Caution is advised when PDE5 inhibitors such as sildenafil, tadalafil and vardenafil are coadministered with alpha-blockers. Both PDE5 inhibitors and alpha-adrenergic blocking agents are vasodilators with blood pressure lowering effects. When vasodilators are used in combination, additive effects on blood pressure may be anticipated. In some patients, concomitant use of these

two classes of drugs can lower blood pressure significantly, which may lead to symptomatic hypotension. Hypotension has been reported when terazosin hydrochloride has been used with PDE5 inhibitors. (See **DRUG INTERACTIONS**). Consideration should be given to the following:

- Patients should be stable on alpha-blocker therapy prior to initiating a PDE5 inhibitor. Patients who demonstrate hemodynamic instability on alpha-blocker therapy alone are at increased risk of symptomatic hypotension with concomitant use of PDE5 inhibitors.
- In patients who are stable on alpha-blocker therapy, PDE5 inhibitors should be initiated at the lowest dose.
- Safety of combined use of PDE5 inhibitors and alpha-blockers may be adversely affected by other factors, such as intravascular volume depletion and other anti-hypertensive therapy.

#### **Orthostatic Hypotension**

While syncope is the most severe orthostatic effect of APO-TERAZOSIN (see WARNINGS AND PRECAUTIONS, <u>Cardiovascular</u>, Syncope and "First Dose" Effect), other symptoms of lowered blood pressure, such as dizziness, lightheadedness and palpitations are more common with one or more of these occurring in 28% of patients in clinical trials of hypertension. In BPH clinical trials, 21% of the patients experienced one or more of the following: dizziness, hypotension, postural hypotension, syncope and vertigo. Patients should be advised to lie down when these symptoms occur and then wait for a few minutes before standing to prevent their recurrence.

Patients with occupations in which such events represent potential problems should be treated with particular caution.

There is evidence that the orthostatic effect of terazosin hydrochloride is greater, even in chronic use, shortly after dosing.

#### **Peripheral Edema**

Fluid retention resulting in weight gain may occur during terazosin hydrochloride therapy. In placebo-controlled monotherapy trials, male and female patients receiving terazosin hydrochloride gained a mean 0.8 and 1 kg respectively, compared to losses of 0.1 and 0.5 kg respectively, in the placebo group.

Both differences are significant.

#### **Genitourinary**

#### **Concomitant Conditions**

APO-TERAZOSIN should not be prescribed to patients with symptomatic BPH who have the following concomitant conditions: chronic urinary retention, high residual urine (over 200 mL), peak urine flow of 5 mL/sec or less, history of prior prostatic surgery, chronic fibrous or granulomatous prostatitis, urethral stricture, history of pelvic irradiation, presence of prostatic calculi, presence of large median lobe of prostate, presence of calculi in urinary bladder, recent history of epididymitis,

gross hematuria, presence of neurogenic bladder dysfunction (diabetes mellitus, Parkinsonism, uninhibited neurogenic bladder, etc.), hydro-nephrosis, presence of carcinoma of the prostate, patients with clinically significant renal or hepatic impairment (i.e. serum creatinine > 2 mg/dL or serum glutamic oxaloacetic transaminase SGOT > 1.5 times the upper limit of normal (or equivalent level on the international scale).

#### Hepatic/Biliary/Pancreatic

#### Use in Patients with Liver Impairment

No information is available on the use of terazosin hydrochloride in patients with impaired liver function.

#### **<u>Peri-Operative Considerations</u>**

#### **Cataract Surgery**

Intraoperative Floppy Iris Syndrome (IFIS) has been observed during cataract surgery in some patients on/or previously treated with alpha-1 blockers. This variant of small pupil syndrome is characterized by the combination of a flaccid iris that billows in response to intraoperative irrigation currents, progressive intraoperative miosis despite preoperative dilation with standard mydriatic drugs, and potential prolapse of the iris toward the phacoemulsification incisions. The patient's ophthalmologist should be prepared for possible modifications to their surgical technique, such as the utilization of iris hooks, iris dilator rings, or viscoelastic substances. There does not appear to be a benefit of stopping alpha-1 blocker therapy prior to cataract surgery.

#### Renal

The use of APO-TERAZOSIN in patients with impaired renal function requires careful monitoring. Limited pharmacokinetic studies using low doses (1 mg) showed no difference in the pharmacokinetics of terazosin hydrochloride as compared to patients with normal renal function. Approximately 40% of oral terazosin hydrochloride dose is excreted by the kidney as parent drug or metabolites.

#### Sensitivity/Resistance

#### **Anaphylactoid-like Reactions**

Anaphylactoid-like reactions manifested by angioedema of the lips, tongue, pharynx, and/or laryngeal spasm have been rarely reported in patients treated with terazosin hydrochloride. See (ADVERSE REACTIONS). In such cases, APO-TERAZOSIN should be promptly discontinued and appropriate therapy and monitoring should be provided until complete and sustained resolution of signs and symptoms has occurred.

#### Sexual Function/Reproduction

Effect on fertility was assessed in a standard fertility/reproductive performance study in which male

and female rats were administered oral doses of 8, 30 and 120 mg/kg/day. Four of 20 male rats given 30 mg/kg and five of 19 male rats given 120 mg/kg failed to sire a litter. Testicular weights and morphology were unaffected by treatment. Vaginal smears at 30 and 120 mg/kg, however, appeared to contain less sperm than smears from control matings and good correlation was reported between sperm count and subsequent pregnancy.

Oral administration of terazosin hydrochloride for 1 or 2 years elicited a statistically significant increase in the incidence of testicular atrophy in rats exposed to 40 and 250 mg/kg/day, but not in rats exposed to 8 mg/kg/day. Testicular atrophy was also observed in dogs dosed with 300 mg/kg/day for 3 months, but not after one year when dosed with 20 mg/kg/day.

#### **Special Populations**

#### **Pregnant Women**

The safety of terazosin hydrochloride in pregnancy has not been established. Terazosin hydrochloride is not recommended during pregnancy unless potential benefits justify potential risks to mother and fetus.

In animal studies there was no teratogenic effect. In peri- and post-natal development studies in rats, significantly more pups died in the group dosed with 120 mg/kg/day than in the control group during the three-week postpartum period.

#### **Nursing Women**

It is not known whether terazosin hydrochloride is excreted in human milk. Because of possible adverse reactions in nursing infants, an alternate method of infant feeding should be considered when the use of drug is essential.

#### **Pediatrics (< 18 years of age)**

The use of terazosin hydrochloride in children is not recommended since safety and efficacy have not been established.

#### Geriatrics (> 65 years of age)

Terazosin hydrochlorideshould be used cautiously in elderly patients because of the possibility of orthostatic hypotension. There was an age-related trend towards an increased incidence of dizziness, blurred vision and syncope in elderly patients treated with this drug. Patients over 75 years of age may have limited benefit from Terazosin therapy.

#### **Monitoring and Laboratory Tests**

Long-term (6 months or longer) administration of terazosin hydrochloride has produced no pattern of clinically significant changes attributable to the drug in the following clinical laboratory measurements: glucose, uric acid, creatinine, blood urea nitrogen (BUN), liver function tests, and electrolytes.

Small but statistically significant decreases in hematocrit, hemoglobin, white blood cells, total protein and albumin were observed in controlled clinical trials. These laboratory findings suggested the possibility of hemodilution. Treatment with terazosin hydrochloride for up to 24 months had no significant effect on prostate specific antigen (PSA) levels.

#### **ADVERSE REACTIONS**

#### Adverse Drug Reaction Overview

#### Hypertension

The incidence of adverse reactions was derived from clinical trials involving 1,986 hypertensive patients on terazosin monotherapy or combination therapy.

The most serious adverse reaction encountered with terazosin hydrochloride is syncope occurring in approximately 1% of patients.

The most common reactions were dizziness (18.9%), headache (14.1%), asthenia (11%), somnolence (4.8%), nasal congestion (4.6%) and palpitation (4.6%).

The most frequently reported adverse effects which resulted in termination of terazosin hydrochloride were dizziness (3.5%), asthenia (2.1%) and headache (1.8%).

#### **Benign Prostatic Hyperplasia**

In clinical trials involving 1171 patients with BPH, syncope was reported in 0.7% of patients following treatment with terazosin hydrochloride.

#### **Clinical Trial Adverse Drug Reactions**

Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.

#### Most Common Adverse Drug Reactions (>1%)

#### Hypertension

Adverse drug reactions occurring more commonly in 1% or more of hypertensive patients on terazosin monotherapy or combination therapy are shown in **Table 1**.

Ta	ble 1		
Adverse Drug Reactions in Clinical Tr	ials Involving Hypertensive Patients on		
Terazosin Hydrochloride Monotherapy or Combination Therapy			
	Terazosin		
	n=1986(%)		
Body as a Whole			
Headache	14.1		
Asthenia	11.0		
Peripheral Edema	3.6		
Chest Pain	2.2		
Abdominal Pain	1.5		
Edema	1.3		
Facial Edema	1.0		
Cardiovascular System			
Palpitation	4.6		
Tachycardia	2.9		
Syncope	1.0		
Digestive System			
Nausea	3.9		
Dry Mouth	1.7		
Diarrhea	1.3		
Nervous System			
Dizziness	18.9		
Somnolence	4.8		
Nervousness	2.2		
Paresthesia	1.5		
Insomnia	1.2		
Respiratory System			
Nasal Congestion	4.6		
Dyspnea	2.8		
Rhinitis	1.2		
Skin and Appendages			
Sweating	1.1		
Special Senses			
Blurred Vision	1.4		
Eye Disorder	1.2		
Urogenital System			
Impotence	1.1		
Miscellaneous			
Pain in Extremities	1.8		

#### **Benign Prostatic Hyperplasia**

In controlled and uncontrolled clinical trials involving 1171 patients with BPH, the most common reactions ( $\geq\geq$ 1%) were dizziness (14.0%), asthenia (9.0%), headache (6.4%), somnolence (4.5%), postural hypotension (3.8%), impotence (3.5%), urinary tract infection(3.1%), pharyngitis (2.7%),

dyspnea (2.5%), rhinitis (2.2%), dysuria (2%), back pain (1.8%), nausea (1.8%), flu syndrome (1.7%), rash (1.7%), sinusitis (1.7%), hypotension (1.5%), chest pain (1.5%), vertigo (1.3%), dyspepsia (1.1%), diarrhea (1%), palpitation (1%), abdominal pain (1%) and amblyopia (1.0%).

#### Less Common Clinical Trial Adverse Drug Reactions (<1%)

#### Hypertension

The following events were reported in less than 1% of cases. The order of presentation corresponds within each heading to the relative frequency of occurrence.

Body as a Whole:	Back pain, weight gain, allergic reactions, malaise
Cardiovascular System:	Postural hypotension, angina pectoris, arrhythmias, cerebrovascular accident, heart failure, hypotension (at times severe), migraine.
	Dyspepsia, vomiting, anorexia, gastritis, liver function abnormality, jaundice.
Digestive System:	Incoordination, abnormal dreams, confusion, speech disorder, tremor, vertigo, seizure, depression.
Respiratory System:	Sinusitis, cold symptoms, pharyngitis, asthma, increased cough laryngeal spasm.
Nervous System:	Pruritus, rash, photosensitivity.
Special Senses:	Tinnitus, taste perversion.
Urogenital System	Urinary frequency, dysuria
Miscellaneous:	Hypokalemia, hypophosphatemia, decreased libido.

#### **Benign Prostatic Hyperplasia**

Cardiovascular System:	Syncope, tachycardia.
Metabolic and Nutritional	Peripheral edema, weight gain.
Disorders:	
Nervous System:	Libido decrease.

#### Post-Market Adverse Drug Reactions

Body as a Whole:	Fever, neck pain, and shoulder pain, anaphylaxis has been
	reported, angioedema has been reported. Hypersensitivity

	has been reported.
Cardiovascular System:	Vasodilation, atrial fibrillation has been reported.
Digestive System:	Constipation and flatulence.
Nervous System:	Anxiety.
Respiratory System:	Bronchitis, epistaxis and flu symptoms.
Special Senses:	Conjunctivitis.
Urogenital System:	Priapism, urinary tract infection, and urinary incontinence primarily reported in post-menopausal women.
Musculoskeletal System:	Arthralgia, arthritis, joint disorder and myalgia
Hematopoietic System:	Thrombocytopenia has been reported.
Metabolic/Nutritional Disorders:	Gout.

During cataract surgery, a variant of small pupil syndrome known as Intraoperative Floppy Iris Syndrome (IFIS) has been reported in association with alpha-1 blocker therapy.

#### **DRUG INTERACTIONS**

<u>**Drug-Drug Interactions</u>** The following table provides a list of potential drug interactions due to pharmacokinetic reasons:</u>

Table 2						
Potential Drug Interactions Associated with Terazosin Hydrochloride						
<b>Concomitant Drug Class:</b>	Concomitant Drug Class: Ref Effect Clin					
Drug Name						
Verapamil	P/CT	Significant increases in AUC, C <sub>max</sub> and C <sub>min</sub> of terazosin hydrochloride in hypertensive patients. The pharmacokinetics of verapamil were not altered.	Symptomatic hypotension, and in some cases tachycardia, were observed when terazosin hydrochloride was administered concomitantly with verapamil. Caution should therefore be exercised when these drugs are administered concomitantly. See (WARNINGS AND PRECAUTIONS).			
PDE5 Inhibitors e.g., sildenafil, vardenafil, and tadalafil	P/C	Hypotension has been reported during the concomitant use of PDE5 inhibitors and terazosin hydrochloride. See (WARNINGS AND PRECAUTIONS)	Symptomatic hypotension.			
Definitions: C = Case Study; CT = Clinical Trials; P = Potential						

In controlled trials, terazosin hydrochloride has been added to diuretics and several beta-adrenergic blockers; except for the additive hypotensive effect, no unexpected interactions were observed. Terazosin hydrochloride has also been used in patients on a variety of concomitant therapies. While these were not formal interaction studies, no interactions were observed. Terazosin hydrochloride has been used concomitantly in at least 50 patients on the following drugs or drug classes: 1) analgesic/anti-inflammatory (e.g., acetaminophen, acetylsalicylic acid, codeine, ibuprofen, indomethacin); 2) antibiotics (e.g., erythromycin, trimethoprim and sulfamethoxazole); 3) anticholinergic/ sympathomimetics (e.g., phenylephrine hydrochloride, phenylpropanolamine hydrochloride, pseudoephedrine hydrochloride); 4) antigout (e.g., allopurinol); 5) antihistamines (e.g., chlorpheniramine); 6) cardiovascular agents (e.g., atenolol, hydrochlorothiazide, methyclothiazide, propranolol); 7) corticosteroids; 8) gastrointestinal agents (e.g., antacid); 9) hypoglycemics; 10) sedatives and tranquilizers (e.g. diazepam).

#### **DOSAGE AND ADMINISTRATION**

#### **Dosing Considerations**

#### Hypertension

The dose and the dosing intervals (12 to 24 hours) of APO-TERAZOSIN (terazosin hydrochloride) should be adjusted to the patient's individual blood pressure response.

When APO-TERAZOSIN is being added to the existing antihypertensive therapy, the patient should be carefully monitored for the occurrence of hypotension. If a diuretic or other antihypertensive agent is being added to the APO-TERAZOSIN regimen, dosage reduction of APO-TERAZOSIN and retitration with careful monitoring may be necessary.

#### **Benign Prostatic Hyperplasia**

The dose of APO-TERAZOSIN should be adjusted to the patient's individual response.

#### **Recommended Dose and Dosage Adjustment**

#### Hypertension

#### Initial Dose

1 mg of APO-TERAZOSIN at bedtime is the starting dose for all patients and this dose should not be exceeded; compliance with this initial dosage recommendation should be strictly observed to minimize the potential for acute hypotensive episodes.

#### Subsequent Doses

The dose may be slowly increased to achieve the desired blood pressure response. The usual dose range is 1 to 5 mg once-a-day. Some patients may benefit from doses up to 20 mg per day which is

the maximum recommended daily dose.

The blood pressure should be monitored at the end of the dosing interval to assure that control is maintained. It is also helpful to measure the blood pressure two to three hours after dosing to see if the maximum and minimum responses are similar and to evaluate symptoms.

If response to APO-TERAZOSIN is substantially diminished at 24 hours, patients may be tried on a larger dose or twice daily dosage regimen. The latter should also be considered if adverse effects such as dizziness, palpitations or orthostatic complaints are seen two to three hours after dosing.

#### **Benign Prostatic Hyperplasia**

#### Initial dose

1 mg of APO-TERAZOSIN at bedtime is the starting dose for all patients, and this dose should not be exceeded for the first week. Compliance with this initial dosage should be strictly observed to minimize the potential for acute hypotensive episodes.

#### Subsequent doses

The dose should be increased in a stepwise fashion at weekly intervals to 2 mg, 5 mg, or 10 mg once daily to achieve the desired improvement of symptoms and/or flow rates. Maintenance doses of 5-10 mg once daily are generally required for the clinical response. The duration and dosage of treatment should be carefully titrated. Four weeks of terazosin therapy may be required before statistically significant improvement in the objective parameters of flowmetry (peak urine flow) are obtained. Improvement in the symptoms may appear as early as 2 weeks, but may be delayed as late as six weeks or more. Some patients may not achieve a clinical response despite appropriate titration. Following 18 months of treatment, a complete re-evaluation of the patient's condition should be made.

Following the administration of the maximum recommended dosage, APO-TERAZOSIN should be discontinued if improvement in uroflowmetry is not clinically significant from baseline level or improvement in the American Urology Association (AUA) Scores are not translated into improvements in quality of life. APO-TERAZOSIN therapy should also be discontinued if terazosin side effects are more bothersome than BPH symptoms or if the patient develops a urinary complication while on APO-TERAZOSIN therapy.

#### **Missed Dose**

If terazosin administration is discontinued for several days or longer, therapy should be reinstituted using the initial dosing regimen.

#### **OVERDOSAGE**

For management of a suspect drug overdose, contact your regional Poison Control Centre

Should administration of APO-TERAZOSIN lead to hypotension, support of the cardiovascular system is of first importance. Restoration of blood pressure and normalization of heart rate may be accomplished by keeping the patient in the supine position. If this measure is inadequate, shock should first be treated with volume expanders. If necessary, vasopressors should then be used and the renal function should be monitored and supported as needed. Laboratory data indicate that terazosin hydrochloride is highly protein bound; therefore, dialysis may not be of benefit.

#### ACTIONS AND CLINICAL PHARMACOLOGY

#### **Mechanism of Action**

#### Hypertension

The antihypertensive effect of terazosin hydrochloride is believed to be a direct result of peripheral vasodilation. Although the exact mechanism by which the lowering of blood pressure is achieved is not known, the relaxation of the vessels appears to be produced mainly by selective blockade of alpha-1-adrenoceptors.

#### **Benign Prostatic Hyperplasia** (BPH)

The reduction in the symptoms associated with BPH following administration of terazosin hydrochloride may be related to the changes in muscle tone produced by a blockade of alpha-1-adrenoceptors in the smooth muscle of the bladder neck and prostate.

#### **Pharmacodynamics**

#### Hypertension

Systolic and diastolic blood pressure is lowered in both the supine and standing positions. In clinical trials, blood pressure responses were measured at the end of the dosing interval (24 hours), with the usual supine response 5-10 mmHg systolic and 3.5-8 mmHg diastolic. The response in the standing position tended to be larger by 1-3 mmHg.

Limited measurements of peak response (2-3 hours after dosing) during chronic terazosin hydrochloride administration indicate that this response is somewhat greater than the trough (24-hour) response, suggesting some attenuation of response at 24 hours, presumably due to a fall in blood terazosin concentrations at the end of the dose interval.

The greater blood pressure effect associated with peak plasma concentrations appears to be more position-dependent (greater in the standing position) than the effect of terazosin hydrochloride at 24 hours; in the standing position there is also a 6-10 beat per minute increase in heart rate in the first few hours after dosing. During the first 3 hours after dosing, 12.5% of patients had a systolic pressure fall of 30 mmHg or more from supine to standing, or standing systolic pressure below 90 mmHg with a fall of at least 20 mmHg.

During controlled clinical studies, patients receiving terazosin hydrochloride monotherapy had a small but statistically significant decrease (a 3% fall) compared to placebo in total cholesterol and the combined low-density and very low-density lipoprotein fractions. No significant changes were observed in high-density lipoprotein fraction and triglycerides compared to placebo.

#### **Benign Prostatic Hyperplasia**

The symptoms associated with BPH are related to bladder outlet obstruction. The bladder outlet obstruction is comprised of a static obstruction due to the enlarged prostate and a dynamic obstruction which is dependent upon the sympathetically controlled tone of the smooth muscle in the prostate and the bladder neck. Stimulation of alpha-1-adrenoceptors in the smooth muscle of the bladder neck and the prostate causes smooth muscle contraction and an increase in muscle tone.

In three placebo-controlled studies in men with symptomatic BPH, symptom evaluation and uroflowmetric measurements were performed approximately 24 hours following dosing. Results from these studies indicated that terazosin hydrochloride significantly improved symptoms and peak urine flow rates over placebo.

In 30 to 70% of patients with symptomatic BPH, placebo has also shown a remarkable and sometimes dramatic effect in controlled short-term studies. The symptoms may subside or fade away without treatment in approximately 20% of patients.

Table 3								
Summa	ry of the Pharn	nacokinetic Par	ameters of Tera	azosin Hydroch	loride			
	C <sub>max</sub> t <sub>1/2</sub> (h) AUC <sub>0-48</sub> Clearance Volume of							
					distribution			
Single dose		12 h		Plasma: 80	25-30 L			
mean				mL/min				
(intravenous)				Renal: 10				
× ,				mL/min				
Single dose	21 ng/mL		202.8					
mean (1 mg			ng•h/mL					
tablet)			_					

#### **Pharmacokinetics**

#### Absorption

Orally-administered terazosin hydrochloride is essentially completely absorbed in man. Nearly all of the circulating dose is in the form of parent drug. Food has little or no effect on the bioavailability. The plasma levels of the free base peak in about 1 hour and then decline with a half-life of approximately 12 hours.

#### Metabolism

Approximately 90 to 94% of the drug is bound to plasma proteins and binding is constant over the clinically-observed concentration range. Hepatic metabolism is extensive with major biliary elimination.

#### Excretion

Approximately 10% of an orally-administered dose is excreted as parent drug in the urine and approximately 20% is excreted in the feces. The remainder is eliminated as metabolites. Overall, approximately 40% of the administered dose is excreted in the urine and approximately 60% in the feces.

#### **Special Populations and Conditions**

#### Geriatrics

In a study that evaluated the effect of age on terazosin hydrochloride pharmacokinetics, the mean plasma half-lives were 14.0 and 11.4 hours for the age group  $\geq$  70 years and the age group 20 to 39 years, respectively. After oral administration, the plasma clearance was decreased by 31.7% in patients 70 years of age or older compared to that in patients 20 to 39 years of age.

#### **Renal Insufficiency**

Impaired renal function had no significant effect on the elimination of terazosin hydrochloride, and dosage adjustment of terazosin hydrochloride to compensate for the drug removal during hemodialysis (approximately 10%) does not appear to be necessary.

#### STORAGE AND STABILITY

Store at room temperature (15°C to 30°C).

#### DOSAGE FORMS, COMPOSITION AND PACKAGING

<u>APO-TERAZOSIN 1 mg</u>: each white, round, flat-faced, bevelled-edged tablet, engraved "APO" on one side and "T1" on the other, contains terazosin hydrochloride dihydrate equivalent to 1 mg terazosin. Available in bottles of 100, 250, 500 and 1000.

<u>APO-TERAZOSIN 2 mg</u>: each orange, round, flat-faced, bevelled-edged tablet, engraved "APO" on one side and "T2" on the other, contains terazosin hydrochloride dihydrate equivalent to 2 mg terazosin. Available in bottles of 100, 250, 500 and 1000.

<u>APO-TERAZOSIN 5 mg</u>: each tan, round, flat-faced, bevelled-edged tablet, engraved "APO" on one side and "T5" on the other, contains terazosin hydrochloride dihydrate equivalent to 5 mg terazosin. Available in bottles of 100, 250, 500 and 1000.

<u>APO-TERAZOSIN 10 mg</u>: each blue, round, flat-faced, bevelled-edged tablet, engraved "APO" on one side and "T10" on the other, contains terazosin hydrochloride dihydrate equivalent to 10 mg terazosin. Available in bottles of 100, 250, 500 and 1000.

#### Composition

In addition to terazosin hydrochloride, each tablet contains the following non-medicinal ingredients: lactose, magnesium stearate, microcrystalline cellulose and starch. The following colouring agents are also used in the manufacture of one or more strengths of APO-TERAZOSIN tablets: D&C yellow #10 Aluminum Lake (2 mg), FD&C yellow #6 Aluminum Lake (2 mg), red ferric oxide (5 mg), ferric-ferrous oxide (5 mg), FD&C blue #1 Aluminum Lake (10 mg), and FD&C blue #2 Aluminum Lake (10 mg).

#### PART II: SCIENTIFIC INFORMATION

#### PHARMACEUTICAL INFORMATION

#### Drug Substance

Common Name: Terazosin hydrochloride

Chemical Name:

1) Piperazine, 1-(4-amino-6,7-,dimethoxy-2-quinazolinyl)-4-[(tetrahydro-2-furanyl) carbonyl]-monohydrochloride, dihydrate.

2) 1-(4-Amino-6,7-dimethoxy-2-quinazolinyl)-4-(tetrahydro-2furoyl)piperazine monohydrochloride dihydrate.

Structural Formula :



Molecular Formula:

 $C_{19}H_{25}N_5O_4HC1\bullet 2H_2O$ 

Molecular Weight: 459.93 g/mol

Description:

Terazosin hydrochloride is a white, crystalline substance, freely soluble in water and methanol.

#### **CLINICAL TRIALS**

#### **<u>Comparative Bioavailability Studies</u>**

A randomized, three-way, crossover, single dose, comparative bioavailability study of APO-TERAZOSIN (Apotex Inc.) and HYTRIN (Abbott Laboratories Ltd.) was conducted in 18 healthy, adult male volunteers under fasting conditions (1993). The treatments administered included APO-TERAZOSIN (2 x 1 mg, Apotex Inc.), HYTRIN (2 x 1 mg, Abbott Laboratories Ltd.) and APO-TERAZOSIN (1 x 2 mg, [10 mg formulation downsized (1/5 scale-down) to provide a 2 mg tablet], Apotex Inc.). A summary of the data from the comparison of APO-TERAZOSIN (2 x 1 mg, Apotex Inc.) with HYTRIN (2 x 1 mg, Abbot Laboratories Ltd.) from the 17 subjects who completed the study is presented below.

Terazosin						
	(2 x 1 mg)					
		Geometric Mea	n			
		Arithmetic Mean (C	CV%)			
Domonator	Teat*	Deferencet	% Ratio of	90% Confidence		
Parameter	Test*	Kelerence	Geometric Means	Interval		
	426.20	420.29				
AUCT	420.39	420.38	101.4	95.2 - 108.0		
(ng•h/mL)	439.66 (27)	443.45 (37)				
AUCI	447.38	442.63	101.1	05 / 107 1		
(ng•h/mL)	462.06 (28)	467.63 (3)	101.1	95.4 - 107.1		
C <sub>max</sub>	43.99	42.84	102.7	024 1141		
(ng/mL)	45.42 (27)	45.60 (38)	102.7	92.4 - 114.1		
T <sub>max</sub> §	1.04 (59)	1.01.(46)				
(h)	1.04 (39)	1.01 (40)				
$T_{1/2}^{\$}$ (h)	11.34 (18)	11.22 (17)				

#### SUMMARY TABLE OF COMPARATIVE BIOAVAILABILITY DATA

\* APO-TERAZOSIN (terazosin) tablet 1 mg (as terazosin hydrochloride) (Apotex Inc.)

<sup>†</sup> HYTRIN<sup>®</sup> (terazosin) tablet 1 mg (as terazosin hydrochloride) (Abbott Laboratories Ltd.), purchased in Canada

 $\overline{\$}$  Expressed as arithmetic mean (CV%) only

A summary of the data from the comparison of APO-TERAZOSIN (1 x 2 mg [10 mg formulation downsized (1/5 scale-down) to provide a 2 mg tablet], Apotex Inc.) with HYTRIN (2 x 1 mg, Abbott Laboratories Ltd.) from the 17 subjects who completed the study is presented below.

#### SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA

Terazosin							
	(1 x 2 mg vs 2 x 1 mg)						
		Geometric Mea	an				
		Arithmetic Mean (	CV%)				
Dorometer	Test*	Reference	% Ratio of	90% Confidence			
1 arameter	1051	Kelefenee	Geometric Means	Interval			
AUCT	440.42	420.38	104.8	08/1 111/6			
(ng•h/mL)	455.83 (29)	443.45 (37)	104.0	90.4 - 111.0			
AUCI	462.69	442.63	104.5	09.6 110.9			
(ng•h/mL)	479.92 (30)	467.63 (38)	104.3	98.0 - 110.8			
C <sub>max</sub>	43.77	42.84	102.2	01.0 112.6			
(ng/mL)	46.28 (38)	45.60 (38)	102.2	91.9 - 115.0			
T <sub>max</sub> §	1 29 (49)	1.01 (46)					
(h)	1.38 (48)	1.01 (40)					
$T_{1/2}^{\$}$	11.81 (17)	11 22 (17)					
(h)	11.01 (17)	11.22 (17)					

\* APO-TERAZOSIN (terazosin) tablet 2 mg (10 mg formulation downsized (1/5 scale-down) to

provide a 2 mg tablet) (as terazosin hydrochloride) (Apotex Inc.)
<sup>†</sup> HYTRIN<sup>®</sup> (terazosin) tablet 1 mg (as terazosin hydrochloride) (Abbott Laboratories Ltd.), purchased in Canada

<sup>§</sup> Expressed as arithmetic mean (CV%) only

#### **Study Demographics and Trial Design**

	Table 4							
	Summary of Patient Demographics for Clinical Studies in Benign Prostatic Hyperplasia (BPH)							
Study #	Trial Design	Dosage, Route of	Study	Mean Age in Years	Gender			
		Administration and Duration	Subjects	(Range)	(%M/F)			
			(n)					
Ι	Double-blind,	Placebo vs.	252	Placebo 62.1 (47-73)	All males			
	randomized, parallel,	Terazosin hydrochloride 2 mg						
	placebo-controlled,	Terazosin hydrochloride 5 mg		2 mg				
	titration to fixed dose,	Terazosin hydrochloride 10 mg		61.6 (44-77)				
	Phase III study							
		Oral		5 mg				
				61.7 (45-75)				
		12 weeks (3 months)						
				10 mg				
				61.6 (51-75)				

II	Double-blind,	Placebo vs.	177	Placebo	All males
	randomized, parallel,	Terazosin hydrochloride		61.3 (39-77)	
	placebo-controlled,	(2, 5, 10 or 20 mg)			
	titration to response,			Terazosin	
	Phase III study	Oral		hydrochloride	
				62.7 (46-82)	
		24 weeks (6 months)			
III	Double-blind,	Placebo vs.	147	Placebo	All males
	randomized, parallel,	Terazosin hydrochloride		63.8 (48-80)	
	placebo-controlled,	(1, 2, 5 or 10 mg)			
	titration to response,			Terazosin	
	Phase III study	Oral		hydrochloride 64.5	
				(44-77)	
		24 weeks (6 months)			
IV	Open label, titration to	Terazosin hydrochloride (1, 2, 5,	475	63.1	All males
	response, long-term,	10 or 20 mg)		(40-86)	
	Phase II study				
		Oral			
		2 years			
Definition	s: n = number; F = females;	M = males; vs. = versus.			

### Study Results

In three placebo controlled studies, both symptom scores and peak urine flow rates showed statistically significant improvement from baseline in patients treated with terazosin hydrochloride from week 2 (or the first clinic visit) and throughout the study duration. Results from these three studies are tabulated in Table 5.

Table 5         Symptom Evaluation and Uroflowmetric Measurements from Three Placebo-controlled         Clinical Studies									
	S	Symptom Score (Range 0-27)		Р	eak Flow Rate (mL/sec)				
	N	Mean Baseline	Mean Change (%)	Ν	Mean Baseline	Mean Change (%)			
Study 1 (10 mg) <sup>6</sup> Titration to fixed	<sup>a</sup> 1 dos	e (12 wks)							
Placebo	55	9.7	-2.3 (24)	54	10.1	+1.0 (10)			
Terazosin hydrochloride	54	10.1	-4.5 (45)*	52	8.8	+3.0 (34)*			
Study 2 (2, 5, 10 Titration to resp	, 20 1 onse	mg) <sup>b</sup> (24 wks)							
Placebo	89	12.5	-3.8 (30)	88	8.8	+1.4 (16)			
Terazosin hydrochloride	85	12.2	-5.3 (43)*	84	8.4	+2.9 (35)*			
Study 3 (1, 2, 5, Titration to resp	10 m onse	(24 wks)							
Placebo	74	10.4	-1.1 (11)	74	8.8	+1.2 (14)			
Terazosin hydrochloride	73	10.9	-4.6 (42)*	73	8.6	+2.6 (30)*			
a Highest dose 10 mg shown. b 23% of patients on 10 mg, 41% of patients on 20 mg. c 67% of patients on 10 mg. * significantly (p ≤0.05) more improvement than placebo).									

Analysis of the effect of terazosin hydrochloride on individual urinary symptoms demonstrated that compared to placebo, terazosin hydrochloride significantly improved the symptoms of hesitancy, intermittency, impairment in size and force of urinary stream, sensation of incomplete emptying, terminal dribbling, daytime frequency and nocturia.

Global assessments of overall urinary function and symptoms were also performed by investigators who were blinded to patient treatment assignment. In studies 1 and 3, patients treated with terazosin hydrochloride had a significantly ( $p \le 0.001$ ) greater overall improvement compared to placebo treated patients.

In a short-term study (Study I), patients were randomized to either 2, 5, or 10 mg of terazosin hydrochloride or placebo. Patients randomized to the 10 mg group achieved a statistically significant response in both symptoms and peak flow rate compared to placebo (**Figure1**).





+ for baseline values see Table 5 \*  $p \le 0.05$ , compared to placebo group

# Figure 1. Short Term Study Where Patients Were Randomized to Either 2, 5 or 10 mg of terazosin hydrochloride or Placebo (Study I)

In a long-term, open-label, non-placebo controlled clinical trial, 181 men were followed for 2 years and 58 of these men were followed for 30 months. The effect of terazosin hydrochloride on urinary symptom scores and peak flow rates was maintained throughout the study duration (Figure 2 and Figure 3).



\*  $p \le 0.05$  versus baseline Mean baseline = 10.7

Figure 2. Mean Change in Total Symptom Score from Baseline Long-Term, Open-Label, Non-Placebo Controlled Study (N=494)



\*  $p \le 0.05$  versus baseline Mean baseline = 9.9

# Figure 3. Mean Change in Peak Flow Rate from Baseline Long-Term, Open-Label, Non-Placebo Controlled Study (N=494)

In this long-term trial, both symptom scores and peak urinary flow rates showed statistically

significant improvement suggesting a relaxation of smooth muscle cells.

Although blockade of alpha-1 adrenoceptors also lowers blood pressure in hypertensive patients with increased peripheral vascular resistance, terazosin hydrochloride treatment of normotensive men with BPH did not result in a clinically significant blood pressure lowering effect. (see Table 6).

Table 6Mean Changes in Blood Pressure From Baseline to Final Visit in all Double-blind, Placebo- Controlled Studies								
	No	rmotensive Patie	ents	Hypertensi	ve Patients			
	DBP<90mm Hg	5		DBP>90mmHg	<b>r</b>			
	Group	Ν	Mean Change					
SBP	Placebo	293	-0.1	45	-5.8			
(mm Hg)	Terazosin	519	-3.3*	65	-14.4*			
	hydrochloride							
DBP (mm	Placebo	293	+0.4	45	-7.1			
Hg)	Terazosin	519	-2.2*	65	-15.1*			
	hydrochloride							
* $p \le 0.05$ versu	*p $\leq 0.05$ versus placebo							
Definitions: DE	BP = diastolic blockstolic b	od pressure; SBI	P = systolic blood	d pressure				

#### **DETAILED PHARMACOLOGY**

#### **Animal Pharmacology**

#### **Pharmacodynamics**

Terazosin hydrochloride was found to decrease blood pressure by up to 44% when administered orally to spontaneously hypertensive rats at doses of 0.1 mg/kg to 30 mg/kg. Similar findings were found in deoxycorticosterone (DOC) - salt hypertensive rats.

Terazosin hydrochloride produced small decreases in blood pressure (4%) in some normal rats. No significant changes in heart rate were observed.

#### Effects on the Cardiovascular System

Terazosin hydrochloride was administered intravenously to anesthetized male dogs (4 to 5/group) at doses of 0.1 mg/kg followed 60 minutes later by 0.3 mg/kg. Terazosin hydrochloride decreased arterial blood pressure (6 and 13%, respectively, slightly more pronounced for systolic than diastolic), left ventricular systolic pressure (11 and 21%, respectively), and total peripheral resistance (14 and 19%, respectively). Transient increases in heart rate (7 and 18%, respectively), cardiac output (13 and 21%, respectively), and first derivative of left ventricular (LV) pressure over time (dP/dt<sub>max</sub>) (20 and 17%, respectively) were observed immediately following the administration of the drug. These increases lasted only several minutes and later subsided towards the baselines. In the case of LVdP/dt<sub>max</sub>, the effects reversed into a mild reduction of 18% for the 0.3 mg/kg dose.

Intravenous administration of terazosin hydrochloride to dogs following treatment with phenoxybenzamine greatly reduced the hypotensive effect of terazosin. Pretreatment with either propranolol or atropine had no effect on the hypotensive action of terazosin hydrochloride.

#### Effect on Central Nervous System

In rats (6 animals), terazosin hydrochloride produced a significant decrease in spontaneous motor activity at an oral dose of 80 mg/kg.

In dogs (4 animals), changes in gross behaviour (decreased activity, ataxia, tremors) were produced by terazosin hydrochloride at oral doses of 5 mg/kg. Oral administration of 3 mg/kg of terazosin hydrochloride to mice (4 to 11 animals/group) produced no significant reductions in locomotor activities. At 10 mg/kg of terazosin hydrochloride, significant decreases in activities of mice were observed.

In immobilized rabbits, intravenous injections of 3 mg/kg of terazosin hydrochloride caused no significant effects on the spontaneous electroencephalogram (EEG) patterns. Drowsiness patterns were recorded after the administration of 10 mg/kg. However, a normal EEG pattern was again observed 2 to 3 hours after drug administration.

#### Ancillary Studies

Terazosin had no effect on either nonvascular smooth muscle (intestinal motility in mice at doses of 100 and 300 mg/kg, isolated guinea pig trachea in concentrations of 10-8 to 10-4 M, and motility of pregnant and non-pregnant rat uteri in concentrations of 10-6 to 10-4 M) or skeletal muscle (isolated nerve muscle of rat diaphragm in concentrations of 10-5 to 10-4 M).

#### **Pharmacokinetics**

Oral administration of terazosin hydrochloride to the rat (9.5 mg/kg) and the dog (0.2-10 mg/kg) has shown that terazosin hydrochloride was rapidly absorbed, reaching peak plasma levels of 1-2 mcg/ml within 1 to 2 hours. The half-life was reasonably similar in both species and averaged 6.5 hours in rats and 5.7 hours in dogs.

After oral administration of 14C terazosin hydrochloride (0.33 mg/kg) to rats and dogs, 28-38% of the dose was excreted in the urine and 16-17% was eliminated as the unchanged parent drug. The remainder of the dose was excreted in the feces and largely resulted from the biliary secretion of terazosin hydrochloride and its metabolites.

Pregnancy did not appear to alter the pharmacokinetics of terazosin hydrochloride in rats or rabbits.

The *in vitro* plasma protein binding of terazosin hydrochloride was low, averaging 44-63% in rats and 40-45% in dogs at concentrations ranging from 1-1000 ng/mL.

The disposition of the compound in animals is qualitatively similar to that in humans.

#### TOXICOLOGY

#### **Acute Toxicity**

Table 7 summarizes the acute toxicity results. Intravenous and oral median lethal dosages ( $LD_{50}$ ) of terazosin hydrochloride in rats and mice ranges from 211 to 271 mg/kg and 2.7 to 10.0 g/kg, respectively. No sex difference was found in median lethal dosages. The predominant toxic effect was central nervous system depression followed by death.

Results of Terazosiii Hydrochloride Acute Toxicity Studies								
			LD <sub>50</sub> Range					
Species	Sex	Route	mg/kg	Findings				
Mice	F	intravenous	264	Decreased activity, ataxia,				
	М	intravenous	240	dyspnea, twitches and				
	F	oral	4200	convulsions.				
	М	oral	3700					
Rat	F	intravenous	271	Decreased activity, dyspnea				
	М	intravenous	255	and mucoid discharges				
	F	oral	6000	from eyes and nose.				
	М	oral	5500					

 Table 7

 Results of Terazosin Hydrochloride Acute Toxicity Studies

Definitions: F = female; M = male;  $LD_{50} =$  median lethal dose.

#### **Subacute and Chronic Toxicity**

	Table 8           Results of Terazosin Hydrochloride Subacute and Chronic Toxicity Studies								
Species	Route	Dose mg/kg/day	Animals per Dose Level	Duration	Findings				
Rat	Oral	0 10 30 300	10 Male	2 Weeks	Dose dependent ptosis and lacrimation. Decreased growth at 300 mg/kg. Increased absolute and relative adrenal weights at 30 and 300 mg/kg. Increased relative spleen and kidney weights at 30 and 300 and 10 and 300 mg/kg, respectively. Splenic congestion judged to be drug-related. Dose-related increase in urinary protein. Histopathological examination of the liver, kidney and spleen revealed no changes.				
Rat	Oral	0 8 60 480	10 Female 10 Male	13 Weeks	Ptosis, cutaneous erythema, ocular and nasal discharges, soft feces, increased food consumption, urine output and growth* at 480 mg/kg. Transient decreases in serum protein, sodium and globulin.** Increased bilirubin, serum glutamic pyruvic transaminase (SGPT)** and potassium*, and relative and absolute liver, kidney, adrenal and heart weights*, primarily at 480 mg/kg. Gastric erosion and/or hemorrhage in some high dose rats. Splenic congestion in the majority of rats in the high dose group decreased activity, decreased rectal temperature and increased water consumption. * females only ** males only				

	Table 8 Results of Terazosin Hydrochloride Subacute and Chronic Toxicity Studies								
Species	Route	Dose mg/kg/day	Animals per Dose Level	Duration	Findings				
Rat	Oral	0 8 40 250	10 Female 10 Male	52 Weeks	Ptosis in rats dosed with 250 mg/kg, and for a short time, with 40 mg/kg. Food consumption, body weight and body weight gains decreased in male rats receiving 250 mg/kg. Decreases in the mean erythrocyte number, hemoglobin and hematocrit values in male rats dosed with 250 mg/kg. Increased liver weights in rats dosed with 250 mg/kg at necropsy. Degeneration of hepatocytes of rats fed 40 and 250 mg/kg. Testicular atrophy in 10% of the male rats dosed with 250 mg/kg for one year.				

	Table 8           Results of Terazosin Hydrochloride Subacute and Chronic Toxicity Studies									
Species	Route	Dose mg/kg/day	Animals per Dose Level	Duration	Findings					
Rat	Oral	0 8 40 250	110 Female (controls) 110 Male (controls) 60 Female (treated) 60 Male (treated)	104 Weeks§	Lower survival rates for male rats dosed with 8 and 40 mg/kg. Decreased survival rates in female rats that received 40 and 250 mg/kg. Food consumption decreased in male rats treated with 250 mg/kg. Average body weight gains depressed by 32% (in males) and 14% (in females) dosed with 250 mg/kg. Absolute body weight of males (-24%) and of females (-10%) affected in rats treated with 250 mg/kg. Increased serum glutamic oxaloacetic transaminase (SGOT) at 8 mg/kg and 250 mg*, sodium at 40 mg/kg**, globulin at 250 mg/kg**, and mean corpuscular volume at 250 mg/kg*. Drug-related testicular atrophy observed in mid- and high dose male rats. A number of neoplasms observed in control and test rats. Increased incidence of adrenal medullary secretory cell tumor at 250 mg/kg.					

	Table 8           Results of Terazosin Hydrochloride Subacute and Chronic Toxicity Studies								
Species	Route	Dose mg/kg/day	Animals per Dose Level	Duration	Findings				
Rat	Intrave nous	0 10 40 150	10 Female 10 Male	4 Weeks	Deaths (3 males and 6 females) occurred within minutes after administration of 150 mg/kg. Decreased activity and ptosis observed in all groups. Rats treated with 150 mg/kg generally exhibited increased proteinuria and ketonuria. No evidence of renal histopathology. Splenic congestion observed at 40 and 150 mg/kg.				
Mouse	Oral	0 2 8 32	110 Female (controls) 110 Male (controls) 50 Female (treated) 50 Male (treated	104 Weeks	Body weight gains reduced by 17, 9 and 14%, respectively, in the 2, 8 and 32 mg/kg; reductions statistically significant in the 2 and 32 mg/kg. Positive trends for eye adenoma in male mice and for malignant lymphomas in female mice.				
§ Females w	ere sacrificed ap	proximately 6 wee	eks earlier.						

	Table 8 Results of Terazosin Hydrochloride Subacute and Chronic Toxicity Studies									
Species	Route	Dose mg/kg/day	Animals per Dose Level	Duration	Findings					
Dog	Oral	0 5 40 300	3 Female 3 Male	13 Weeks	Four deaths at 300 mg/kg after 2 to 3 days of treatment; gastrointestinal ulceration and myocardial degeneration found. Gastrointestinal lesions, fatty degeneration of the liver, endo- and sub-endocardial hemorrhages and myocardial degeneration, nephrosis, thymic atrophy and hydropic degeneration of the ciliary process observed in 2 dogs killed after 22 and 44 days of treatment. Scleral and conjunctival redness, ptosis, lacrimation, salivation (prior to treatment), and erythema at 5 and 40 mg/kg. One duodenal ulcer in one male dog treated with 40 mg/kg. Gastrointestinal ulceration, tubular nephrosis and uremia, fatty degeneration of liver, endocardial/sub-endocardial hemorrhage with myocardial degeneration, thymic atrophy, lack of spermiogenesis and hydropic swelling of ciliary process in some dogs treated with 300 mg/kg.					
Dog	Oral	0 2.4 7 20	6 Female 6 Male	52 Weeks	No mortalities occurred. Ptosis of eyelids observed in females at 20 mg/kg. No gross or microscopic changes of toxicologic significance observed.					

Table 8 Results of Terazosin Hydrochloride Subacute and Chronic Toxicity Studies									
Species	Route	Dose mg/kg/day	Animals per Dose Level	Duration	Findings				
Dog	Intravenous	0 4 15 60	3 Female 3 Male	4 Weeks	Two deaths (females) at 60 mg/kg; perforated gastric and duodenal ulcers accompanied by focal peritonitis observed. No histopathologic changes were observed in survivors. Treatment-related signs including dehydration, decreased activity, black or bloody feces, emesis and tremors. Dose- related trends toward lower erythropoietic parameters and evident decreased bone marrow myeloid/erythroid ratios observed at 60 mg/kg.				

#### **Mutagenicity**

Study	Test Organism	Dose	Route	Major Finding(s)
Ames Test	Salmonella	50, 100 and	in vitro	No evidence of
	strains TA-	500 mcg/plate		mutagenic potential.
	1535, TA-1537			
	and TA-1538,			
	activated and			
	non-activated			
	with hepatic			
	microsomes			
In vivo	Rat - bone	60,240 and	in vivo	No evidence of
cytogenetics	marrow	480 mg/kg/day	oral.	mutagenicity
		for 5 days		observed.
Dominant lethal	Mouse	50, 165 and	in vivo	No evidence of
		500 mg/kg/day	oral	dominant
				lethality/mutagenicity
				found.

 Table 9

 Results of Terazosin Hydrochloride Mutagenicity Studies

#### **Carcinogenicity**

Terazosin hydrochloride, administered in the feed to Sprague-Dawley rats (60/sex/dose) at dosages of 0, 8, 40 and 250 mg/kg/day for up to 104 weeks was associated with a statistically significant increase of benign adrenal medullary secretory cell tumours in male rats exposed to the 250 mg/kg dose. This dose is 695 times the maximum recommended human dose (20 mg/55 kg patients). Female rats were unaffected. Terazosin hydrochloride was not oncogenic in mice when administered in feed for 2 years at a maximum tolerated dose of 32 mg/kg/day.

#### **Teratogenicity**

#### **Teratology - Segment II**

Table 10 Results of Teratology – Segment II Studies									
Species	Route	Dose mg/kg/da	Animals per Dose Level	Duration	Findings				
Rat	Oral	0 8 60 480	20 Female	Day 6 to 15 of gestation	Maternal toxic effects observed at 480 mg/kg. Ptosis, ocular discharge and decreased activity seen in all dose groups. Tremors, ataxia, dehydration, hypothermia and death (12 out of 25) occurred in the 480 mg/kg dams, marked decreased maternal body weight gains and food consumption. Litter of 480 mg/kg group resorbed (83%). No teratogenicity or embryotoxicity seen at 8 or 60 mg/kg.				
Rabbit	Oral	0 8 22 60	15 Female	Day 6 to 18 of gestation	Weight loss and decreased food consumption, increased incidence of fetal resorptions observed at 60 mg/kg; fetal weights also decreased. Increased number of supernumerary ribs in off-springs at 60 mg/kg. No teratogenicity or embryotoxicity seen at 8 or 22 mg/kg.				

Fertility and General Reproductive Performance - Segment 1

Table 11         Results of Segment I – Fertility and General Reproductive Performance Study						
Species	Route	Dose mg/kg/day	Animals per Dose Level	Duration	Findings	
Rat	Oral	0 8 30 120	Males dosed for 2 months prior to mating. Females dosed 14 days pre- mating through mating, gestation, parturition and 3 weeks postpartum while nursing.		Ptosis of eyelids observed in all treated animals; sedation observed at 120 mg/kg (male and females). Diminished fertility observed at 30 and 120 mg/kg. No evidence of embryolethality, embryotoxicity or teratogenicity observed. Normal parturition in all groups. Litter size of treated dams not statistically different from control values. Postnatal survival of pups not significantly affected. Pups from dams treated at 120 mg/kg were slower in acquiring surface righting, air-drop righting, auditory startle reflexes, forward locomotion and visual placing.	

Peri- and Post-natal Study - Segment III

		Results of	Table 12 Peri and Post Natal Study -	- Segment III	egment III		
Species	Route	Dose mg/kg/day	Animals per Dose Level	Duration	Findings		
Rat	Oral	0 8 30 120	20 Female	From day 15 of gestation through postpartum day 20	Eyelid ptosis observed in all treated animals. Mild sedation noted in the dams at 120 mg/kg. Gestation length not significantly altered in the 3 dose groups. Litter size comparable in the dose groups.		

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#### PART III: CONSUMER INFORMATION

#### <sup>Pr</sup> APO-TERAZOSIN terazosin hydrochloride tablets

This leaflet is part III of a three-part "Product Monograph" published when APO-TERAZOSIN was approved for sale in Canada and is designed specifically for consumers. This leaflet is a summary and will not tell you everything about APO-TERAZOSIN. Contact your doctor or pharmacist if you have any questions about the drug.

#### **ABOUT THIS MEDICATION**

#### What the medication is used for:

#### APO-TERAZOSIN is used to treat:

- Hypertension (high blood pressure)
- Benign prostatic hyperplasia (enlargement of the prostate gland)

APO-TERAZOSIN is for symptomatic benign prostatic hyperplasia (BPH) and not for prostate cancer. It is possible for men to have both BPH and prostate cancer at the same time. APO-TERAZOSIN is not a treatment for prostate cancer.

Doctors usually recommend that men be checked for prostate cancer once a year when they turn 50 (or 40 if a family member has had prostate cancer). These checks, including Prostate Specific Antigen (PSA), should continue while you are taking APO-TERAZOSIN.

#### What it does:

APO-TERAZOSIN works by relaxing blood vessels so that blood passes through them more easily. This helps to lower blood pressure.

APO-TERAZOSIN also blocks smooth muscle receptors of the bladder neck and the prostate called alpha-1 adrenoceptors. This blockade causes the smooth muscles of the bladder neck and prostate to relax and decreases muscle tone. This can lead to a rapid improvement in urine flow and symptoms within a 2 week period.

#### When it should not be used:

APO-TERAZOSIN should not be used if you are allergic to any component of APO-TERAZOSIN, including active ingredient and non-active ingredients.

## What the medicinal ingredient is: terazosin hydrochloride

#### What the non-medicinal ingredients are:

APO-TERAZOSIN tablets also contain lactose, magnesium stearate, microcrystalline cellulose and starch. The following colouring agents are also used in the manufacture of one or more strengths of APO-TERAZOSIN tablets: D&C yellow #10 Aluminum Lake (2 mg), FD&C yellow #6 Aluminum Lake (2 mg), red ferric oxide (5 mg), ferric-ferrous oxide (5 mg), FD&C blue #1 Aluminum Lake (10 mg), and FD&C blue #2 Aluminum Lake (10 mg).

#### What dosage forms it comes in:

APO-TERAZOSIN is available as a tablet in the following strengths: 1 mg, 2 mg, 5 mg and 10 mg.

#### WARNINGS AND PRECAUTIONS

Serious Warnings and Precautions - APO-TERAZOSIN should not be used if you have been diagnosed with micturition syncope (fainting shortly after or during urination).

# **BEFORE** you use APO-TERAZOSIN talk to your doctor or pharmacist if:

- you have low blood pressure;
- you are using sildenafil (e.g., Viagra<sup>®</sup>), tardenafil (e.g., Cialis<sup>®</sup>) or vardenafil (Levitra<sup>®</sup>);
- you have liver problems;
- you have kidney problems;
- you have had or will have prostate surgery;
- you have pancreatic cancer;
- you are pregnant or nursing.

During initiation of APO-TERAZOSIN therapy, after your APO-TERAZOSIN dose has been increased, or after interruption of therapy when treatment with T APO-TERAZOSIN is resumed you should not drive, operate heavy machinery, or do any hazardous task, until you are used to the effects of APO-TERAZOSIN. In these cases, for 12 hours after taking APO-TERAZOSIN, you should avoid situations where injury could result should fainting occur. If you begin to feel dizzy, sit or lie down until you feel better.

#### INTERACTIONS WITH THIS MEDICATION

Tell your doctor or pharmacist if you are taking or have recently taken any other medicines including natural health products, prescription and nonprescription medicines. In general, you should avoid the use of phosphodiesterase (PDE5) inhibitors such as sildenafil (e.g., Viagra<sup>®</sup>), tardenafil (e.g., Cialis<sup>®</sup>) or vardenafil (Levitra<sup>®</sup>) when taking APO-TERAZOSIN due to the risks of developing serious hypotension (low blood pressure).

Administration of APO-TERAZOSIN with verapamil (e.g., Isoptin<sup>®</sup>, Tarka<sup>®</sup> or Chronovera<sup>®</sup>) to hypertensive patients may result in low blood pressure and/or a rapid heart beat.

Do not take these drugs with APO-TERAZOSIN without your doctor's advice.

#### PROPER USE OF THIS MEDICATION

#### Usual dose:

Follow your doctor's instructions very carefully about how to take APO-TERAZOSIN. The starting dose is 1 mg at bedtime. The 1 mg dose should be maintained during the first week of treatment, and should be taken every day as prescribed by your doctor. Your doctor will then gradually increase the strength of your prescription to 2 mg, 5 mg, or 10 mg depending on how well you respond. The maximum recommended daily dose is 20 mg per day.

You should see an effect on your symptoms in 2 to 4 weeks. While taking APO-TERAZOSIN, you should have regular check-ups to evaluate your progress regarding your BPH and to monitor your blood pressure.

#### **Overdose:**

If you think you have taken too much APO-TERAZOSIN, contact your healthcare professional, hospital emergency department or regional poison control centre immediately, even if there are no symptoms.

If you or someone you know accidentally takes more than the stated dose, tell your doctor or hospital how much was taken and show them the tablets. Treat even small overdoses seriously.

#### Missed Dose:

If you forget to take a dose, take another as soon as you remember, unless it is almost time for your next dose. If it is, do not take the missed dose at all.

Never double-up on a missed dose.

Talk to your doctor if you have not taken APO-TERAZOSIN for a few days. You may have to restart at the 1 mg dose. Be cautious about possible dizziness.

# SIDE EFFECTS AND WHAT TO DO ABOUT THEM

Along with its needed effects, a medicine may cause some unwanted effects. These are referred to as "side effects". Although not all of these side effects may occur, if they do occur they may need medical attention.

APO-TERAZOSIN can cause a sudden drop in blood pressure after the very first dose. You may feel dizzy, faint, or "light-headed", particularly after you get up from bed or from a chair. This is more likely to occur after you have taken the first dose, but can occur at any time while you are taking the drug. It can also occur if you stop taking the drug and then restart treatment.

Because of this effect, your doctor may have told you to take APO-TERAZOSIN at bedtime. If you take APO-TERAZOSIN at bedtime but need to get up from bed to go to the bathroom, get up slowly and cautiously until you are sure how the medicine affects you. It is also important to get up slowly from a chair or bed at any time until you learn how you react to APO-TERAZOSIN.

Other side effects with APO-TERAZOSIN include back pain, constipation, diarrhea, drowsiness or sleepiness, dry mouth, flatulence, headache, impotence, indigestion, libido decreased, nasal congestion, nausea, urinary frequency, urinary incontinence primarily reported in postmenopausal women, weakness or weight gain.

Services side effects, now of the file							
HAPPEN AND WHAT TO	D DO A	BOUT 1	HEM				
Symptom / effect	Talk w	ith your	Stop				
	doct	or or	taking				
	pharmacist		drug				
			and				
			seek				
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			ate				
			emerge				
			ncy				
	Only		medical				
	if	In all	attentio				
	severe	cases	n				
Abnormal, irregular or rapid							

CEDIALIC CIDE EFFECTS HOW OFTEN THEY

#### SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM

Symptom / effect	Talk with your		Stop
5 1	doct	or or	taking
	pharn	nacist	drug
			and
			seek
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			ate
			emerge
			ncy
	Only		medical
	if	In all	attentio
	severe	cases	n
heartbeat (palpitation)			
Allergic reaction Swollen			N
mouth, lips, tongue, eyes,			
extremities, throat or difficulty			
swallowing or breathing (signs			
of angioedema). Intestinal			
angioedema may also occur and			
is characterized by abdominal			
pain (with or without nausea or			
vomiting). If you notice			
sweining of feel pain in these			
areas, inform your doctor			
inform your destor if you			
have uperplained forer resh			
or itching			
Anviety			N
Blurred or hazy vision			N
Chest pain			1
Decreased blood prossure or			2
low blood pressure			v
Depression	2		
Difficulty breathing on	v		2
billiculty breating or			N
			2
Evinting			N
			V
Joint inflammation or joint pain	Ň		1
Permanent erection			N
"Puffiness" of the feet or hands,	$\checkmark$		
swelling			1
Rash			N
Sweating			V
Unknown bruising or increased			$\checkmark$
bleeding after a cut			
Urinary tract infection	$\checkmark$		
Vomiting			$\checkmark$
Weakness			$\checkmark$

This is not a complete list of side effects. For any unexpected effects while taking APO-TERAZOSIN, contact your doctor or pharmacist.

#### HOW TO STORE IT

Keep APO-TERAZOSIN and all other medicines out

of reach and sight of children. APO-TERAZOSIN tablets should be stored at 15°C to 30°C.

Do not take your tablets after the expiry date shown on the label. It is important to keep the APO-TERAZOSIN in the original package.

#### **Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<u>https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html</u>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

#### MORE INFORMATION

#### If you want more information about APO-TERAZOSIN:

- Talk to your healthcare professional
- Find the full Product Monograph that is prepared for healthcare professionals and includes this Consumer Information by visiting the Health Canada website (<u>https://health-products.canada.ca/dpd-bdpp/indexeng.jsp</u>). Find the Consumer Information on the manufacturer's website (<u>http://www.apotex.ca/products</u>), or by calling 1-800-667-4708.

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