

PRODUCT MONOGRAPH
INCLUDING PATIENT MEDICATION INFORMATION

CROMOLYN EYE DROPS

Cromolyn Sodium Ophthalmic Solution

2% w/v

USP

Anti-allergic Agent

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Sections or subsections that are not applicable at the time of authorization are not listed .

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PART I: HEALTH PROFESSIONAL INFORMATION

1 INDICATIONS

CROMOLYN EYE DROPS (cromolyn sodium ophthalmic solution) is indicated in the prevention of the signs and symptoms of seasonal allergic conjunctivitis (itching, tearing, congestion, etc.).

1.1 Pediatrics

Pediatrics (from 5 to 18 years of age): Based on the data submitted and reviewed by Health Canada, the safety and efficacy of CROMOLYN EYE DROPS in pediatric patients has been established. Therefore, Health Canada has authorized an indication for pediatric use. (Safety and efficacy in children under 5 years of age have not been established.) See [4 DOSAGE AND ADMINISTRATION](#).

1.2 Geriatrics

Geriatrics (over 65 years of age): No data are available to Health Canada; therefore, Health Canada has not authorized an indication for geriatric use.

2 CONTRAINDICATIONS

- CROMOLYN EYE DROPS is contraindicated in patients who are hypersensitive to this drug or to any ingredient in the formulation, including any non-medicinal ingredient, or component of the container. For a complete listing, see [6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING](#).

4 DOSAGE AND ADMINISTRATION

4.2 Recommended Dose and Dosage Adjustment

Adults and children 5 years of age and older:

1-2 drops in each eye 4 times a day at regular intervals.

- **Maximum single dose per eye:** 2 drops (1.6 mg).
- **Maximum total daily dose per eye:** 8 drops (6.4 mg).

In most patients, the signs and symptoms of seasonal allergic conjunctivitis (tearing, itching, congestion, etc.) can be expected to improve within 2-3 days of commencing treatment. With continued treatment, the patient will usually be free from ophthalmic signs and symptoms during the challenge period.

CROMOLYN EYE DROPS should be used continually throughout the patient's usual allergy season, even when the patient is free of symptoms. Continued use could help ensure the patient remains symptom-free.

4.4 Administration

The effectiveness of CROMOLYN EYE DROPS therapy depends on its administration at regular intervals. It is therefore important to provide patients with clear instructions on the number of drops to be taken daily and the regular use of the product.

In addition, the patient should be instructed to replace the cap after use and to avoid touching the eye or other surfaces with the applicator tip (to maintain sterility).

4.5 Missed Dose

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. Do not take extra medicine to make up the missed dose.

5 OVERDOSAGE

There have been no reported cases of overdose with cromolyn sodium. Should overdose occur, institute symptomatic treatment.

For management of a suspected drug overdose, contact your regional poison control centre.

6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING

Table 1 – Dosage Forms, Strengths, Composition and Packaging

Route of Administration	Dosage Form / Strength / Composition	Non-medicinal Ingredients
Ophthalmic	A sterile 2% (w/v) solution of cromolyn sodium	Benzalkonium chloride 0.01% (as a preservative), disodium edetate, purified water

CROMOLYN EYE DROPS is supplied in plastic dropper bottles containing 5 mL, 10 mL or 12.5 mL of a sterile ophthalmic solution.

7 WARNINGS AND PRECAUTIONS

General

CROMOLYN EYE DROPS should not be used in the treatment of eye injury or infection. A doctor should be consulted immediately if the patient experiences any of the following:

- eye pain
- changes in vision
- pain on exposure to light
- redness of the eye
- excessive discharge
- abnormal pupils
- condition worsens or relief is not obtained within 72 hours

CROMOLYN EYE DROPS should not be used with any other eye treatment except on the advice of a physician.

Soft contact lenses should not be worn during treatment with CROMOLYN EYE DROPS.

7.1 Special Populations

7.1.1 Pregnant Women

During clinical use there have been, to date, no reports of adverse effects on the mother or the fetus which could be attributed to the use of cromolyn sodium. Caution must nevertheless be exercised during pregnancy.

7.1.2 Breast-feeding

It is unknown if cromolyn sodium is excreted in human milk. Precaution should be exercised because many drugs can be excreted in human milk.

7.1.3 Pediatrics

Pediatrics (from 5 to 18 years of age): Based on the data submitted and reviewed by Health Canada, the safety and efficacy of CROMOLYN EYE DROPS in pediatric patients has been established. Therefore, Health Canada has authorized an indication for pediatric use. (Safety and efficacy in children under 5 years of age have not been established.) See [4 DOSAGE AND ADMINISTRATION](#).

8 ADVERSE REACTIONS

8.1 Adverse Reaction Overview

Transient ocular stinging or burning upon instillation has been observed as a frequently reported adverse reaction in patients using cromolyn sodium.

Watery, itchy eyes, conjunctival infection, dryness around the eyes, puffy eyes, eye irritation and sties have been reported as infrequent effects. It is not clear whether these reactions are due to the drug.

8.2 Clinical Trial Adverse Reactions

The clinical trial data on which the original indication was authorized is not available.

9 DRUG INTERACTIONS

9.4 Drug-Drug Interactions

Interactions with other drugs have not been established. However, no incompatibility was detected in the rabbit eye when cromolyn sodium 4% ophthalmic solution was used with commonly used ophthalmic drugs (see [16 NON-CLINICAL TOXICOLOGY, Special Toxicology, Drug Interaction Studies](#)):

❖ ***Drugs given once daily for 5 days:***

- Topiramide 0.5% (Mydracil 0.5% ophthalmic solution)
- Phenylephrine hydrochloride 10% (Neo-Synephrine 10% ophthalmic solution)
- Cyclopentolate hydrochloride 0.5% (Cyclogyl 0.5% ophthalmic solution)

❖ ***Drugs given once daily for 28 days:***

Vasoconstrictors

- Tetrahydrozoline HCl 0.05% (Visine ophthalmic solution)
- Murine ophthalmic Solution

Antibiotics

- Gentamycin sulfate (Garamycin ophthalmic solution)
- Chloramphenicol 0.5% (Choromycetin 0.5% ophthalmic solution)
- Polymyxin B - neomycin - gramicidin (Neosporin ophthalmic solution)
- Sodium sulfacetamide 30% (sodium Sulamyd 30% ophthalmic solution)

Astringents

- Zinc sulfate 0.25% (Zincfrin ophthalmic solution)

Steroids

- Dexamethasone sodium phosphate 0.1% (Decadron 0.1% ophthalmic solution)
- Prednisolone acetate 1% + phenylephrine 0.12% (Prednefrin Forte 1% aqueous suspension).

9.5 Drug-Food Interactions

Interactions with food have not been established.

9.6 Drug-Herb Interactions

Interactions with herbal products have not been established.

9.7 Drug-Laboratory Test Interactions

Interactions with laboratory tests have not been established.

10 CLINICAL PHARMACOLOGY

10.1 Mechanism of Action

In the immediate allergic reaction (Type I) the union of antigen with reaginic antibody leads to the formation and release of the mediators of the local anaphylactic reaction. Cromolyn sodium appears to block a step in the chain of events triggered by this union. The action appears to be specific for reaginic (immediate type) antigen/antibody reactions. No direct effect has been demonstrated on other types of immune reactions (Type II, III and IV).

Cromolyn sodium has no intrinsic bronchodilator, antihistaminic or anti-inflammatory activity.

10.2 Pharmacodynamics

Cromolyn sodium appears to act mainly through a local effect on the lung mucosa, nasal mucosa, and eyes. Cromolyn sodium prevents release of the mediators of type I allergic reactions, including histamine and slow-reacting substance of anaphylaxis (SRS-A), from sensitized mast cells, initiated by the interaction of antigen with reagin (type II) antibodies.

When cromolyn sodium was administered intradermally with human reaginic serum to macaque monkeys previously sensitised to the antigen, the compound inhibited the passive cutaneous anaphylactic (PCA) reactions. In other macaque monkeys, cromolyn sodium did not

inhibit the PCA skin reactions when administered intradermally with either histamine, bradykinin, or 5-hydroxytryptamine. Using anaesthetised marmosets, passively sensitized with human reaginic serum, cromolyn sodium was able to substantially inhibit the antigen-induced histamine bronchoconstriction after antigen challenge.

Cromolyn sodium effectively and completely inhibits the homologous PCA reactions with reagin-like antibody in rats using egg albumen/*B. pertussis* and *N. brasiliensis* sensitized systems.

Examination of the PCA sites revealed that a rapid mast cell degranulation was a feature of reagin-induced PCA reactions which was markedly inhibited by cromolyn sodium. This interference with mast cell permeability was not unspecific since cromolyn sodium did not prevent the skin reactions or mast cell disruption produced by compound 48/80, a potent histamine releaser.

In contrast, homologous PCA reactions with precipitating antibody in guinea pigs were unaffected by cromolyn sodium. The drug also failed to provide any protective activity against either aerosol or intravenous antigen-induced bronchospasm. Furthermore, cromolyn sodium did not have any effect on the release of histamine or slow-reacting substance A (SRS-A) from actively or passively sensitized guinea pig *in vitro* chopped lung when challenged with antigen.

In vitro studies

In a series of experiments using the isolated ileum of the guinea pig, cromolyn sodium had no antagonistic effect against the following spasmogens: SRS-A, bradykinin, substance P, nicotine, acetylcholine, serotonin (5-HT), and histamine.

Histamine and SRS-A release from fresh human chopped lung passively sensitized with human reaginic serum was measured after *in vitro* exposure to specific antigens. Cromolyn sodium, over a narrow range of concentrations, inhibited the release of both SRS-A and histamine. *In vitro*, cromolyn sodium had no direct action on human bronchial chain nor did it have any antagonistic effect towards the response to acetylcholine, prostaglandin F₂, SRS-A and histamine.

The results of these studies indicate that cromolyn sodium interferes with the release of the spasmogens rather than antagonize them following their release. Furthermore, the studies emphasize that cromolyn sodium is most effective prior to the antigen challenge.

Other Studies

Cromolyn sodium has few pharmacological effects. It is neither a bronchodilator nor an anti-inflammatory agent and its action is distinct from that of corticosteroids. Large doses of cromolyn sodium had negative or only weak inconsistent effects on the respiratory or

cardiovascular systems of the rat, cat, guinea pig and pig. However, in the marmoset and dog there were marked effects.

In anaesthetized marmosets cromolyn sodium produced a large rise in blood pressure and heart rate with doses of 20 µg/kg and above; with higher doses there was also transient apnea. These effects were caused by stimulation of the post-ganglionic sympathetic fibres. In the marmoset cromolyn sodium showed no significant effect in several anti-inflammatory tests.

The effects of cromolyn sodium in the conscious and anaesthetised dogs are similar, and result from activation (by cromolyn sodium) of chemoreceptors situated in the pulmonary and coronary circulation, initiating a reflex response. The reflex, mediated via vagal afferents, produces general stimulation of the parasympathetic system, producing bradycardia, hypotension, bradypnea and sometimes apnea.

In experiments on cat trachea *in vivo*, and on isolated frog oesophagus and human bronchial epithelium *in vitro*, cromolyn sodium at high concentrations did not interfere with pulmonary clearance.

Cromolyn sodium does not affect steroid metabolism as indicated by plasma corticosterone and adrenal ascorbic acid levels.

10.3 Pharmacokinetics

Studies have been performed on the distribution, metabolism, and excretion of cromolyn sodium in the mouse, rat, guinea pig, rabbit, cat, dog, monkey and man. The drug was administered by the intravenous, oral and nasal (rat) routes, as well as by inhalation. Tritium-labelled cromolyn sodium has been used for the animal studies, whereas ¹⁴C-labelled drug, radioimmunoassay, HPLC, and spectrophotometric methods have been used in human studies.

Absorption

After administration of cromolyn sodium as a fine powder aerosol into the lungs of rats, rabbits and monkeys, all animals showed rapid clearance of the drug from the lungs. The rate of absorption was such that 75% of the inhaled dose had been removed in 2 hours, and by 24 hours less than 2% of the inhaled dose remained following absorption. Only the liver and kidneys accumulate cromolyn sodium to any extent, prior to excretion of the compound (unchanged) in the bile and urine.

Similar studies in human volunteers have shown that only a small proportion of the administered dose is absorbed from the lung. A peak plasma level at 10 minutes was followed by a fall in concentration similar to that demonstrated in animal experiments. Following inhalation of the powder aerosol, 3 to 5% of the dose was excreted in the urine over a 6-hour

period. Assuming a similar rate of biliary excretion, approximately 10% of the administered dose was absorbed from the lung.

In the monkey, 6 hours after intravenous administration, 80-90% of the total dose could be accounted for by biliary and renal excretion. At this stage, there is general distribution of the cromolyn sodium throughout the tissues, with a higher concentration in the kidneys and liver. After intranasal administration of cromolyn sodium to rats, peak plasma levels occurred approximately 20 minutes after dosing. The AUC corresponded to an absorption of 60% of the dose over 3 hours and the total amount of cromolyn sodium excreted in the bile over the same time period corresponded to an absorption of 53% of the dose administered.

Distribution

Following intravenous doses of cromolyn sodium, there is a rapid clearance of the compound from the plasma and a general distribution throughout the tissues with only the liver and kidneys accumulating the compound to any extent. Rapid excretion of the unchanged compound follows. Intramuscular administration resulted in a pattern of absorption and excretion similar to that which occurs after intravenous administration. In the rat and dog no tissue accumulation could be detected after repeated intramuscular injections.

Metabolism

Cromolyn sodium is not metabolized and is excreted unchanged.

Elimination

Once absorbed, cromolyn sodium is rapidly cleared by the liver and kidneys prior to excretion in the bile and urine.

In man, oral administration of sodium cromoglycate is followed by a low rate of urinary excretion. In one study, the mean urinary excretion over 24 hours was only 0.5% of the dose administered. This indicates that absorption of sodium cromoglycate through the gastrointestinal tract is low.

11 STORAGE, STABILITY AND DISPOSAL

Store between 15°C and 30°C. Protect from light. Discard the opened bottle after 4 weeks.

Keep out of reach and sight of children. Bring unused and expired prescription drugs to your local pharmacist for proper disposal.

PART II: SCIENTIFIC INFORMATION

13 PHARMACEUTICAL INFORMATION

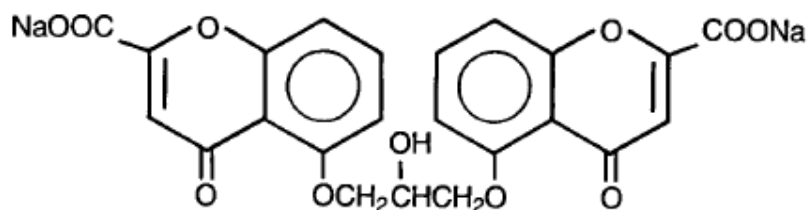
Drug Substance

Proper name: Cromolyn Sodium

Chemical name: 4H-1-Benzopyran-2-carboxylicacid, 5,5'-[(2-hydroxy-1,3-propanediyl)bis(oxy)]bis[4-oxo-, disodium salt]

Molecular formula and molecular mass: $C_{23}H_{14}Na_2O_{11}$ / 512.3 g/mol

Structural formula:



Physicochemical properties: An odourless, white, hydrated crystalline powder. It is freely soluble in water up to 5 percent at 20°C. It is insoluble in alcohol and sparingly soluble in common organic solvents such as dioxan, pyridine, ether and chloroform.

14 CLINICAL TRIALS

The clinical trial data on which the original indication was authorized is not available .

15 MICROBIOLOGY

No microbiological information is required for this drug product.

16 NON-CLINICAL TOXICOLOGY

General Toxicology

Acute Toxicity

In acute toxicity tests in small laboratory animals the LD50 on parenteral administration was usually between 2000 and 4000 mg/kg.

Subacute and Chronic Toxicity

In a prolonged test in rats no toxic effects resulted from 90 daily subcutaneous injections except at doses greater than 30 mg/kg. The only pathological lesion produced in any of these tests was an inflammation and degeneration of the renal tubules. In Rhesus monkeys no evidence of renal or other toxicity could be found after 180 daily doses of 50 mg/kg had been given by the intravenous route. No toxicity was found in 90-day inhalation studies in rats, guinea pigs and monkeys. In the case of the monkeys the drug was administered as a powder and each monkey received a capsule every 5 minutes for 6 hours a day, 5 days a week for 3 months. In none of these tests could any lung changes be detected nor were there any other indications of toxicity.

In one inhalation study using a group of 30 rats exposed to a concentration of 4.6 mg/L of air for one hour and three hours daily for 5 weeks, no toxic effect resulting from this treatment was observed. A chronic inhalation toxicological study of cromolyn sodium was performed in the Squirrel monkey. Each of 5 experimental groups consisted of 3 male and 3 female monkeys.

Groups 1 and 2 were exposed 6 hr/day, 7 days/week, for 1 year to aerosols containing cromolyn sodium in approximate concentrations of 0.5 and 0.05 mg/L of air, respectively. Group 3 animals were similarly exposed to an aerosol containing 0.01 mg lactose/L of air. Group 4 subjects served as chamber controls and the room controls (Group 5) were maintained in the animal holding room throughout the study. A comprehensive toxicological evaluation of the monkeys was carried out prior to and throughout the study. No histopathological changes were seen in any variable.

Studies of Cromolyn Sodium Ophthalmic Solution

A 28-day irritancy test of rabbit eyes was conducted using 4% cromolyn sodium ophthalmic solution applied to one eye up to four times daily. Assessment of the reaction (Draize method) showed cromolyn sodium solution was non-irritant to the cornea, iris or conjunctiva, and no drug-related gross or microscopic changes were observed.

Studies of 2% cromolyn sodium ophthalmic solution were carried out in the New Zealand albino rabbit (3 months) and squirrel monkey (6 months). Each experimental group consisted

of 4 males and 4 females. Two drops of cromolyn sodium solution were instilled into both eyes of each high dose animal, two to ten times daily. The control animals were treated similarly with placebo solution only. No fundoscopic changes were seen. Detailed histopathological examination of eyes and related structures revealed no local irritation or toxic effects of treatment.

Carcinogenesis and Mutagenesis

Long term studies in mice (12 months intraperitoneal treatment followed by 6 months observation), hamsters (12 months intraperitoneal treatment followed by 12 months observation) and rats (18 months subcutaneous treatment) showed no neoplastic effect of cromolyn sodium. No evidence of chromosomal damage or cytotoxicity was obtained in various mutagenesis studies.

Immunotoxicity

The effect of the drug on microbiological neutralizing systems, including viruses *in vivo* and *in vitro*, was studied. No effect was observed on:

- various antibody neutralizing or agglutinating systems
- development of active immunity or antibody production
- protection conferred by passive or active immunity

No effect was found on the following virus/antibody neutralizing systems *in vitro*:

- influenza, polio with human or rabbit antiserum
- vaccinia with rabbit antiserum
- herpes simplex with human antiserum

None of the neutralization titres studied were affected by the presence of the compound up to concentrations of 1000 µg/mL.

No effect was observed on the LD₅₀ in mice infected with mouse-adapted polio virus, nor on their protection by Salk vaccine.

No effect was observed on the neutralization of *Clostridium welchii* type A toxin by specific antiserum, nor on several bacterial agglutinating systems tested. No effect was observed on the cytotoxic behaviour of rabbit anti-HeLa serum on HeLa cells *in vitro*.

Reproductive and Developmental Toxicology

No teratogenic effects were seen in rabbits in which the compound was given intravenously, daily throughout pregnancy, in doses up to 250 mg/kg. The latter dose was sufficient to cause severe damage to the maternal kidneys. At even higher doses (500 mg/kg) some partially resorbed fetuses showed developmental defects, but all full-term fetuses were normal. In rats dosed at 185 mg/kg daily s.c. throughout pregnancy, one fetus (out of 272) showed a grossly

shortened humerus. No abnormalities were seen at lower doses (90 mg/kg). No teratogenic effect was seen in mice at daily doses of up to 540 mg/kg.

Special Toxicology

Cytotoxicity

At the cellular level, no effects of sodium cromoglycate were observed at concentrations up to and including 1 mg/mL upon the following:

- migration characteristics of guinea pig macrophages
- morphology of chick embryo fibroblasts.
- morphology of human epithelial cells from a cell line.
- ciliary activity of samples of human ciliated epithelium.

Drug Interaction Studies

No incompatibility could be detected in the rabbit eye when cromolyn sodium 4% ophthalmic solution was used with the following commonly used ophthalmic drugs:

❖ **Drugs given once daily for 5 days:**

- Topiramide 0.5% (Mydracyl 0.5% ophthalmic solution)
- Phenylephrine hydrochloride 10% (Neo-Synephrine 10% ophthalmic solution)
- Cyclopentolate hydrochloride 0.5% (Cyclogyl 0.5% ophthalmic solution)

❖ **Drugs given once daily for 28 days:**

Vasoconstrictors

- Tetrahydrozoline HCl 0.05% (Visine ophthalmic solution)
- Murine ophthalmic Solution

Antibiotics

- Gentamycin sulfate (Garamycin ophthalmic solution)
- Chloramphenicol 0.5% (Choromycetin 0.5% ophthalmic solution)
- Polymyxin B - neomycin - gramicidin (Neosporin ophthalmic solution)
- Sodium sulfacetamide 30% (sodium Sulamyd 30% ophthalmic solution)

Astringents

- Zinc sulfate 0.25% (Zincfrin ophthalmic solution)

Steroids

- Dexamethasone sodium phosphate 0.1% (Decadron 0.1% ophthalmic solution)
- Prednisolone acetate 1% + phenylephrine 0.12% (Prednefrin Forte 1% aqueous suspension).

PATIENT MEDICATION INFORMATION

READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

CROMOLYN EYE DROPS

Cromolyn Sodium Ophthalmic Solution, USP (2% w/v)

Read this carefully before you start taking **CROMOLYN EYE DROPS** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **CROMOLYN EYE DROPS**.

What is CROMOLYN EYE DROPS used for?

- Prevention and relief of the eye symptoms of seasonal allergic conjunctivitis.

How does CROMOLYN EYE DROPS work?

During an allergic reaction, various substances are released by certain cells in your eyes. These are called mast cells. The substances released by these cells affect your eyes in different ways. For example, they affect blood vessels, nerves and glands, causing redness, itching and watery eyes. CROMOLYN EYE DROPS acts on the mast cells to prevent them from releasing the substances that cause these problems.

What are the ingredients in CROMOLYN EYE DROPS?

Medicinal ingredients: Cromolyn Sodium

Non-medicinal ingredients: Benzalkonium Chloride (as a preservative), Disodium Edetate, Purified Water

CROMOLYN EYE DROPS comes in the following dosage forms

Sterile ophthalmic solution supplied in bottles with a plastic dropper

Do not use CROMOLYN EYE DROPS if:

- you are allergic to cromolyn sodium or to any of the other ingredients in CROMOLYN EYE DROPS
- you develop a serious allergic reaction (hypersensitivity) to CROMOLYN EYE DROPS

- you have an eye injury or infection. An eye infection is caused by a virus or bacteria which can multiply and produce inflammation, pain, milky discharge, altered vision and pain on exposure to light.

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take CROMOLYN EYE DROPS. Talk about any health conditions or problems you may have, including if you:

- are pregnant or plan to become pregnant
- are breastfeeding or plan to breastfeed
- use soft contact lenses

Other warnings you should know about:

- CROMOLYN EYE DROPS should only be used for allergic conditions of the eye such as seasonal allergic conjunctivitis. This type of allergy is most often caused on a seasonal basis by exposure to airborne substances such as pollen, grasses, weeds, dust and/or animal dander.
- Irritation or redness may be due to a serious eye condition such as infection, foreign body in the eye, or other mechanical or chemical corneal injury requiring the attention of a doctor.
- Do not wear soft contact lenses during treatment with CROMOLYN EYE DROPS.
- Do not use CROMOLYN EYE DROPS with any other eye treatment except on the advice of your healthcare professional.
- If you are not sure about the seriousness of your condition, or if you are experiencing your eye symptoms for the first time, you should contact your doctor.

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

How to take CROMOLYN EYE DROPS:

Usual dose:

Adults and children 5 years of age and older.

- Use the dropper to apply **1 or 2 drops into each eye 4 times per day** at regular intervals.
- **Maximum single dose per eye:** 2 drops (1.6 mg).
- **Maximum total daily dose per eye:** 8 drops (6.4 mg).
- It is important to use CROMOLYN EYE DROPS at regular intervals. Do not exceed the recommended dose.
- To avoid contamination of this product, do not touch dropper tip to eyes or to any other surface. Replace cap after use.

- Wash your hands before and after using CROMOLYN EYE DROPS.
- Seek the advice of a healthcare professional if you are not sure how to apply the drops in your eyes, or how to administer them in a child's eyes.
- CROMOLYN EYE DROPS should be used continually throughout your usual allergy season, even when you feel you are free of symptoms. Continued use could help ensure that you remain symptom-free.
- Discard the opened bottle after 4 weeks.

Overdose:

If you think you, or a person you are caring for, have taken too much CROMOLYN EYE DROPS, contact a healthcare professional, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

Missed Dose:

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. Do not take extra medicine to make up the missed dose.

What are possible side effects from using CROMOLYN EYE DROPS?

These are not all the possible side effects you may have when taking CROMOLYN EYE DROPS. If you experience any side effects not listed here, tell your healthcare professional.

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
COMMON			
stinging or burning in the eye immediately after applying the drops	✓		
UNCOMMON			
watery, itchy eyes		✓	
dryness around the eyes		✓	
puffy eyes		✓	
bacterial infection of an oil gland in the eyelid (“stye”)		✓	
conjunctival infection (inflammation of the membrane covering the surface of the eyeball)		✓	
RARE			
eye pain			✓
changes in vision			✓
pain on exposure to light			✓
redness or irritation of the eye			✓
excessive or milky (non-clear) discharge			✓
abnormal pupils			✓
condition worsens			✓
symptoms do not improve after 3 days			✓

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada.html>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

Storage:

Store at room temperature (15°C to 30°C). Protect from light.

Discard the opened bottle after 4 weeks.

Keep out of reach and sight of children.

If you want more information about CROMOLYN EYE DROPS:

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (<https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html>); the manufacturer's website www.pendopharm.com, or by calling 1-888-550-6060.

This leaflet was prepared by

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