PRODUCT MONOGRAPH

INCLUDING PATIENT MEDICATION INFORMATION

LANTUS®

Insulin glargine injection (rDNA origin)
Solution for injection 100 U/mL
ATC code: A10AE04
Antidiabetic Agent
Long-acting Recombinant Human Insulin Analogue

sanofi-aventis Canada Inc.
2905 Place Louis R. Renaud
Laval, Quebec H7V 0A3

Date of Initial Authorization:
April 3, 2002

Date of Revision:
December 1, 2021

Submission Control Number: 254078

RECENT MAJOR LABEL CHANGES

4 DOSAGE AND ADMINISTRATION, 4.4 Administration	05/2021
7 WARNING AND PRECAUTIONS	05/2021

TABLE OF CONTENTS

Sections or subsections that are not applicable at the time of authorization are not listed.

PART I: HEALTH PROFESSIONAL INFORMATION

1 INDICATIONS

LANTUS [insulin glargine injection (rDNA origin)] is a recombinant human insulin analog indicated for once-daily subcutaneous administration in the treatment of patients over 17 years of age with Type 1 or Type 2 diabetes mellitus who require basal (long-acting) insulin for the control of hyperglycemia.

LANTUS is also indicated in the treatment of pediatric patients (>6 years old) with Type 1 diabetes mellitus who require basal (long-acting) insulin for the control of hyperglycemia.

1.1 Pediatrics

Pediatrics (>6 years of age): Based on the data submitted and reviewed by Health Canada, the safety and efficacy of LANTUS in pediatric patients over 6 years of age with Type 1 diabetes mellitus has been established. Therefore, Health Canada has authorized an indication for pediatric use.

1.2 Geriatrics

Geriatrics (>65 years of age): Evidence from clinical studies and experience suggests that use in the geriatric population is associated with differences in safety or effectiveness. In elderly patients with diabetes, the initial dosing, dose increments, and maintenance dosage should be conservative to avoid hypoglycemic reactions.

2 CONTRAINDICATIONS

LANTUS [insulin glargine injection (rDNA origin)] is contraindicated during episodes of hypoglycemia (see 5 OVERDOSAGE) and in patients who are hypersensitive to this drug or to any ingredient in the formulation or component of the container. For a complete listing, see 6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING.

3 SERIOUS WARNINGS AND PRECAUTIONS BOX

Serious Warnings and Precautions

Hypoglycemia is the most common adverse effect of insulin, including LANTUS (see 7 WARNINGS AND PRECAUTIONS, Endocrine and Metabolism, Hypoglycemia). As with all insulins, the timing of hypoglycemia may differ among various insulin formulations. Glucose monitoring is recommended for all patients with diabetes.

Uncorrected hypoglycemic or hyperglycemic reactions can cause loss of consciousness, coma, or death.

Any change of insulin should be made cautiously and only under medical supervision.

LANTUS is not intended for intravenous or intramuscular administration. The prolonged duration of activity of insulin glargine is dependent on injection into subcutaneous tissue. Intravenous administration of the usual subcutaneous dose could result in severe hypoglycemia.

LANTUS must not be mixed with any other insulin or diluted with any other solution. If LANTUS is diluted or mixed, the solution may become cloudy, and the pharmacokinetic/ pharmacodynamic profile (e.g., onset of action, time to peak effect) of LANTUS and/or the mixed insulin may be altered in an unpredictable manner (see 4 DOSAGE AND ADMINISTRATION).

This insulin product shall not be used if it is not water-clear and colourless or if it has formed a deposit of solid particles on the wall of the vial or cartridge (see 4 DOSAGE AND ADMINISTRATION).

4 DOSAGE AND ADMINISTRATION

4.1 Dosing Considerations

LANTUS [insulin glargine injection (rDNA origin)] is a novel recombinant human insulin analogue. Its potency is approximately the same as human insulin. It exhibits a glucose-lowering profile with no pronounced peak with a prolonged duration of action that permits once-daily basal dosing. LANTUS is administered subcutaneously once a day. It may be administered at any time during the day as long as it is administered at the same time every day.

The desired blood glucose levels as well as the doses and timing of antidiabetic medications must be determined and adjusted individually.

Dose adjustment may be required, for example, if the patient's timing of administration, weight or lifestyle changes or other circumstances arise that increase susceptibility to hypoglycemia or hyperglycemia (see 7 WARNINGS AND PRECAUTIONS, Endocrine and Metabolism, Hypoglycemia and Hyperglycemia). The dose may also have to be adjusted during intercurrent illness (see 7 WARNINGS AND PRECAUTIONS, Intercurrent Conditions). Any change in insulin dose should be made under medical supervision.

The prolonged duration of activity of LANTUS is dependent on injection into subcutaneous space. LANTUS is not intended for intravenous or intramuscular administration. Intravenous administration of the usual subcutaneous dose could result in severe hypoglycemia (see 7 WARNINGS AND PRECAUTIONS).

In cases of insufficient glucose control or a tendency to hyper- or hypoglycemic episodes, patient's compliance with the prescribed insulin regimen, injections sites and proper injection techniques, the handling of injection devices and all other relevant factors must be reviewed before dose adjustment is considered.

Blood glucose monitoring is recommended for all patients with diabetes.

LANTUS must not be used for the treatment of diabetic ketoacidosis. Intravenous short-acting insulin should be the preferred treatment.

4.2 Recommended Dose and Dosage Adjustment

Initiation of LANTUS therapy

In clinical studies with insulin naïve patients with type 2 diabetes, LANTUS was started at a dose of 10 U once daily, and subsequently adjusted according to the patient's need (see 14 CLINICAL TRIALS).

Changeover to LANTUS

When changing from a treatment regimen with an intermediate or long-acting insulin to a regimen with LANTUS, the amount and timing of short-acting insulin or fast-acting insulin analogue or the dose of

any oral antidiabetic drug may need to be adjusted secondary to the risk of hypoglycemia. In clinical studies when patients were transferred from once-daily NPH human insulin or ultralente human insulin to once-daily LANTUS, the initial dose was usually not changed.

However, in studies when patients were transferred from twice-daily NPH human insulin to LANTUS once daily, the initial dose (U) was usually reduced by approximately 20% (compared to total daily IU of NPH human insulin) and then adjusted based on patient response.

To reduce the risk of hypoglycaemia, when patients are transferred from once daily insulin glargine 300 Units/mL to once daily LANTUS, the recommended initial LANTUS dose is 80% of the insulin glargine 300 Units/mL dose that is being discontinued.

A program of close metabolic monitoring under medical supervision is recommended during transfer and in the initial weeks thereafter. The amount and timing of short-acting insulin or fast-acting insulin analogue may need to be adjusted. This is particularly true for patients with acquired antibodies to human insulin needing high-insulin doses and occurs with all insulin analogues. Such patients may experience a greater insulin response to LANTUS.

With improved metabolic control and resulting increase in insulin sensitivity, adjustment of the dose(s) of antidiabetic treatments may become necessary.

4.4 Administration

LANTUS is administered by subcutaneous injection. The injection area must not be rubbed. As with all insulins, injection sites within an injection area (abdomen, thigh, buttock or deltoid) must be rotated so that the same site is not used more than approximately once a month to reduce the risk of lipodystrophy and localized cutaneous amyloidosis. Do not inject into areas of lipodystrophy or localized cutaneous amyloidosis (see 7 WARNINGS AND PRECAUTIONS and 8 ADVERSE REACTIONS).

Patients should be rigorous with site rotation secondary to prolonged deposition. In clinical studies, there was no relevant difference in insulin glargine absorption after abdominal, thigh, or deltoid subcutaneous administration. As for all insulins, the rate of absorption, and consequently the onset and duration of action, may be affected by exercise and other variables.

Preparation and handling:

LANTUS is a clear solution, not a suspension.

Parenteral drug products should be inspected visually prior to administration whenever the solution and the container permit. LANTUS must only be used if the solution is clear and colorless with no particles visible. To minimize local irritation at the injection site, it is recommended to allow the insulin to reach room temperature before injection.

Patient must be instructed to not re-use needles. INJECTION PENS, CARTRIDGES, NEEDLES, AND SYRINGES MUST NOT BE SHARED. To prevent the possible transmission of disease, never share an injection pen or cartridge between patients, even if the needle on the injection pen is changed.

Mixing and diluting:

LANTUS must not be mixed with any other insulin. Mixing can change the time/action profile of LANTUS and cause precipitation.

When LANTUS and regular human insulin were mixed immediately before injection in dogs, a delayed onset of action and time to maximum effect for regular human insulin was observed. The total bioavailability of the mixture was also slightly decreased compared to separate injections of LANTUS

and regular human insulin. The relevance of these observations in dogs to humans is not known.

LANTUS must not be diluted. Diluting can change the time/action profile of LANTUS.

5 OVERDOSAGE

Symptoms: An excess of insulin relative to food intake, energy expenditure or both may lead to severe and sometimes prolonged and life-threatening hypoglycemia (see 7 WARNINGS AND PRECAUTIONS).

Symptoms of hypoglycemia may occur suddenly. They may include cold sweat, cool pale skin, fatigue, drowsiness, excessive hunger, vision changes, headache, nausea and palpitation. Nocturnal hypoglycemia is common in people taking insulin and symptoms can include restlessness, making unusual noises, attempting to get out of bed or accidentally rolling out of bed, sleepwalking, nightmares and sweating. Patients may wake with a headache in the morning if their blood sugar was low during the night.

Severe hypoglycemia may lead to unconsciousness and/or convulsions and may be fatal. In some cases, the first sign of hypoglycemia may be confusion or loss of consciousness (hypoglycemia unawareness). Severe hypoglycemia, resulting in seizures, is more likely to occur at nighttime (nocturnal hypoglycemia) than during the day.

Management: Mild episodes of hypoglycemia can usually be treated with oral carbohydrates. Adjustments in drug dosage, meal patterns, or exercise may be needed. It is therefore recommended that patients with diabetes carry sugar-containing products.

Severe hypoglycemic episodes, where the patient has become unconscious, can be treated by glucagon (for adult: 1 mg; for children weighing less than 20 kg: 0.5 mg) given intramuscularly or subcutaneously by a trained person, or by glucose given intravenously by a medical professional. Upon regaining consciousness, administration of oral carbohydrates is recommended for the patient in order to prevent a relapse.

After apparent clinical recovery from hypoglycemia, continued observation and additional carbohydrate intake may be necessary to avoid reoccurrence of hypoglycemia.

For management of a suspected drug overdose, contact your regional poison control centre.

6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING

To help ensure the traceability of biologic products, health professionals should recognise the importance of recording both the brand name and the non-proprietary (active ingredient) name as well as other product-specific identifiers such as the Drug Identification Number (DIN) and the batch/lot number of the product supplied.

Table 1: Dosage Forms, Strengths, Composition and Packaging

Route of Administration	Dosage Form / Strength/Composition	Non-medicinal Ingredients
Subcutaneous	Solution for injection 100 U/mL	glycerol 85%, hydrochloric acid, m-cresol, polysorbate 20 (10 mL vial only), sodium hydroxide for pH adjustment, water for injection, and zinc

LANTUS has a pH of approximately 4. The pH is adjusted by addition of aqueous solutions of hydrochloric acid and sodium hydroxide.

LANTUS [insulin glargine injection (rDNA origin)] is a recombinant human insulin analogue that is a long-acting, parenteral blood-glucose-lowering agent. LANTUS is produced by recombinant DNA technology utilizing a non-pathogenic laboratory strain of Escherichia coli (K12) as the production organism.

Insulin glargine differs from natural human insulin in that the amino acid asparagine at position 21 of the A-chain is replaced by glycine and two arginines are added to the C-terminus of the B-chain (see 13 PHARMACEUTICAL INFORMATION, Drug Substance).

The vials, cartridges, and SoloSTAR contain a sterile solution of insulin glargine for use as an injection. LANTUS [insulin glargine injection (rDNA origin)] consists of insulin glargine dissolved in a clear aqueous fluid.

LANTUS [insulin glargine (rDNA origin)] 100 units per mL (U 100) is available in the following package sizes:

- 10-mL vials
- 3-mL cartridges in package of 5, for use only with AllStar PRO and JuniorSTAR pens.
- 3-mL SoloSTAR (pre-filled disposable pen), package of 5

Pens to be used with LANTUS cartridge

The LANTUS cartridge should only be used with the following pens:

- JuniorSTAR®, which delivers LANTUS in 0.5 unit dose increments.
- AllStar PRO® which delivers LANTUS in 1 unit dose increments

This cartridge should not be used with any other reusable pen as the dosing accuracy has only been established with the listed pens.

7 WARNINGS AND PRECAUTIONS

Please see 3 SERIOUS WARNINGS AND PRECAUTIONS BOX.

General

As with all insulin preparations, the time course of LANTUS action may vary in different individuals or at different times in the same individual and the rate of absorption is dependent on blood supply, temperature, and physical activity.

Hypokalemia is among the potential clinical adverse effect associated with the use of all insulin therapies, particularly when given intravenously. However, LANTUS should not be given intravenously (see 4 DOSAGE AND ADMINISTRATION, Administration). If left untreated, hypokalemia may cause respiratory paralysis, ventricular arrhythmia, and death. This potential clinical adverse effect may be more relevant in patients who are at risk for hypokalemia (e.g., patient using potassium lowering drugs), patients taking medications sensitive to serum potassium concentrations, or patients losing potassium through other means (e.g. diarrhea).

Stress or concomitant illness, especially infectious and febrile conditions may change insulin requirements.

Insulin may cause sodium retention and edema, particularly if previously poor metabolic control is improved by intensified insulin therapy.

Patients with human insulin antibodies may be hypersensitive to other insulins, with a risk of hypoglycemia and/or cross-reactivity.

Thiazolidinediones (TZDs), alone or in combination with other antidiabetic agents (including insulin), can cause heart failure and edema. The combination of TZD with insulin is not indicated for the treatment of Type 2 Diabetes Mellitus. Please refer to the respective TZD product monograph 7 WARNINGS AND PRECAUTIONS information when the use of these drugs in combination with any insulin, including LANTUS, is contemplated.

To avoid transmission of disease, cartridge or a prefilled syringe shall not be used by more than one person.

Accidental mix-ups between insulin glargine and other insulins, particularly short-acting insulins, have been reported. To avoid medication errors between insulin glargine and other insulins, patients should be instructed to always check the insulin label before each injection (see 8 ADVERSE REACTIONS).

Driving and Operating Machinery

The patient's ability to concentrate and react may be impaired as a result of hypoglycemia or hyperglycemia or, for example, as a result of visual impairment. This may constitute a risk in situations where these abilities are of special importance (e.g. driving a car or operating machinery).

Patients should be advised to take precautions to avoid hypoglycemia whilst driving. This is particularly important in those who have reduced or absent awareness of the warning symptoms of hypoglycemia or have frequent episodes of hypoglycemia. It should be considered whether it is advisable to drive or operate machinery in these circumstances.

Endocrine and Metabolism

Hypoglycemia:
As with all insulin preparations, hypoglycemic reactions, especially during initiation of therapy, may be associated with the administration of LANTUS. Hypoglycemia is the most common adverse effect of insulins (see 8 ADVERSE REACTIONS). Hypoglycemia may occur if the insulin dose is too high in relation to the insulin requirement (see 5 OVERDOSAGE). Early warning symptoms of hypoglycemia may be different, be less pronounced or absent under certain conditions, as for example, in patients whose glycemic control is markedly improved, in elderly patients, in patients where an autonomic neuropathy is present, in patients whose hypoglycemia is developing gradually, in patients with a long history of diabetes, in patients with psychiatric illness, or in patients receiving concurrent treatment with certain other drugs such as beta-blockers. Hypoglycemia may occur with other substances including alcohol and psychiatric medications, street drugs, birth control pills, injections and patches (see 9 DRUG INTERACTIONS: Drug-Drug Interactions).

Such situations may result in severe hypoglycemia (and possibly, loss of consciousness) prior to patients' awareness of hypoglycemia.

The time of occurrence of hypoglycemia depends on the action profile of the insulins used and may, therefore, change when the treatment regimen or timing of administration is changed.

As with all insulins, prolonged or severe hypoglycemic attacks, especially if recurrent, may lead to neurological damage, loss of consciousness, coma or death (see 8 ADVERSE REACTIONS).

As with all insulins, additional caution (including intensified blood glucose monitoring) should be exercised in patient populations who are at greater risk for clinically significant sequelae from hypoglycemic episodes.

In a clinical study, symptoms of hypoglycemia or counter regulatory hormone responses were similar after intravenous insulin glargine and regular human insulin both in healthy subjects and adult patients with type 1 diabetes.

Hypoglycemic reactions following treatment with insulin products such as LANTUS are mostly mild. Changes in insulin therapy or changes in lifestyle (i.e. diet, omission of a meal, exercise/ physical activity) may require a change in dosage to avoid hypoglycemia. Glucose monitoring is recommended for all patients with diabetes.

Diabetic patients should be instructed to carry a few lumps of sugar, candies or biscuits to prevent the progression of a hypoglycemic reaction, should one occur (see PATIENT MEDICATION INFORMATION).

Hyperglycemia:
The use of too low insulin dosages or discontinuation of treatment, especially in Type 1 diabetes, may lead to hyperglycemia and diabetic ketoacidosis. Uncorrected hyperglycemic reactions can cause loss of consciousness, coma, or death.

Other:

The presence of diseases such as Acromegaly, Cushing's Syndrome, Hyperthyroidism, and Pheochromocytoma can complicate the control of Diabetes Mellitus.

Hepatic/Biliary/Pancreatic/Renal

Although studies have not been performed in patients with diabetes and hepatic or renal impairment, LANTUS requirements may be diminished due to reduced capacity for gluconeogenesis and reduced insulin metabolism (see 10 CLINICAL PHARMACOLOGY, Special Populations and Conditions). Careful glucose monitoring and dose adjustments of insulin or insulin analogues including LANTUS may be necessary in patients with hepatic or renal dysfunction.

Immune

Injection Site and Local Allergic Reactions:
Injection site reactions with insulin therapy include redness, pain, itching at the injection site, hives, swelling, and inflammation. Continuous rotation of the injection site within a given area may help to reduce or prevent these reactions.

Most minor reactions to insulins usually resolve in a few days to a few weeks. They may occur if the injection is not properly made (irritants in the skin cleansing agent or poor injection technique), or if the patient is allergic to the insulin or any excipients.

Reports of injection site pain were more frequent with LANTUS than NPH human insulin (2.7% insulin glargine versus 0.7% human NPH). The reports of pain at the injection site were usually mild and did not result in discontinuation of therapy. Other possibly related treatment-emergent injection site reactions occurred at similar incidences with both insulin glargine and NPH human insulin.

Lipodystrophy and Cutaneous Amyloidosis
Subcutaneous administration of insulin products can result in lipoatrophy (depression in the skin) or lipohypertrophy (enlargement or thickening of tissue) or localized cutaneous amyloidosis (skin lumps). Patients must be instructed to perform continuous rotation of the injection site to reduce the risk of developing lipodystrophy and localized cutaneous amyloidosis. Patients should be advised to consult their health professional if they notice any of these conditions and before changing the injection site. There is a potential risk of delayed insulin absorption and worsened glycemic control following insulin injections at sites with these reactions. A sudden change in the injection site to an unaffected area has

been reported to result in hypoglycemia. Blood glucose monitoring is recommended after the change in the injection site, and dose adjustment of antidiabetic medications may be considered. (see 8 ADVERSE REACTIONS)

Systemic allergic reactions:
Immediate-type allergic reactions are rare. Such reactions to insulin (including insulin glargine) or the excipients may, for example, be associated with generalized skin reactions, angioedema, bronchospasm, hypotension, anaphylactic reaction or shock and may be life threatening (see 2 CONTRAINDICATIONS and 8 ADVERSE REACTIONS).

Antibody Production:
Insulin administration may cause insulin antibodies to form. In clinical studies, antibodies that cross-react with human insulin and insulin glargine were observed in both NPH human insulin and insulin glargine treatment groups with similar percents of increased and decreased titers. There was no correlation in either treatment group between increases or decreases in these antibody titers and changes in either $A1_C$ or total insulin requirements. In theory, the presence of such insulin antibodies may necessitate adjustment of the insulin dose in order to correct a tendency to hyperglycemia or hypoglycemia but has not been found on review of LANTUS clinical trials and available post-marketing data.

Intercurrent conditions:
Insulin requirements may be altered during intercurrent conditions such as infection or illness, emotional disturbances, or stress.

Ophthalmologic

Retinopathy
A marked change in glycemic control may cause temporary visual impairment, due to temporary alteration in the turgidity and refractive index of the lens.

Long-term improved glycemic control decreases the risk of progression of diabetic retinopathy. However, as for all insulin regimens, intensification of insulin therapy with abrupt improvement in glycemic control may be associated with temporary worsening of diabetic retinopathy.

In patients with proliferative retinopathy, particularly if not treated with photocoagulation, severe hypoglycemic episodes may result in transient amaurosis (see 8 ADVERSE REACTIONS, Eye disorders).

Transferring Patients from Other Insulins

Any change of insulin should be made cautiously and only under medical supervision. Changes in insulin strength, timing of administration, manufacturer, type (e.g., regular, NPH, or insulin analogs), species (animal, human), or method of manufacture (recombinant DNA versus animal-source insulin) may result in the need for a change in dosage. Concomitant oral antidiabetic treatment may need to be adjusted. As with all insulins, when transferring to LANTUS, the early warning symptoms of hypoglycemia may be changed, be less pronounced, or absent. The prolonged effect of subcutaneous LANTUS may delay recovery from hypoglycemia (see 4 DOSAGE AND ADMINISTRATION).

7.1 Special Populations

7.1.1 Pregnant Women

Teratogenic effects

For insulin glargine no clinical data on exposed pregnancies from controlled clinical studies are available. Post Marketing data on pregnant women (more than 1000 pregnancy outcomes) indicate no reports of specific adverse effects of insulin glargine on maternal and fetal/neonatal outcomes.

Animal data do not indicate reproductive toxicity (see 16 NON-CLINICAL TOXICOLOGY, Reproduction Toxicity and Impairment of Fertility).

It is essential for patients with diabetes or a history of gestational diabetes to maintain good metabolic control throughout pregnancy to prevent adverse outcomes associated with hyperglycemia.

Insulin requirements may decrease during the first trimester and generally increase during the second and third trimesters. Immediately after delivery, insulin requirements decline rapidly (increased risk of hypoglycemia). Careful monitoring of glucose control is essential.

Patients with diabetes should be advised to inform their doctor if they are pregnant or are contemplating pregnancy.

7.1.2 Breast-feeding

It is unknown whether insulin glargine is excreted in significant amounts in human milk. Many drugs, including human insulin, are excreted in human milk. There are no adequate and well-controlled studies in nursing women. For this reason, caution should be exercised when LANTUS is administered to a nursing woman. Lactating women may require adjustments in insulin dose and diet.

7.1.3 Pediatrics

Pediatrics (>6 years of age): Safety and effectiveness of LANTUS has been established in children over 6 years of age with Type 1 diabetes mellitus (see 10 CLINICAL PHARMACOLOGY, Special Populations and Conditions, and 1 INDICATIONS).

7.1.4 Geriatrics

In controlled clinical studies comparing insulin glargine to NPH human insulin, 593 of 3890 patients with type 1 and type 2 diabetes were 65 years and older. The only difference in safety or effectiveness in this subpopulation compared to the entire study population was an expected higher incidence of cardiovascular events in both insulin glargine and NPH human insulin treated patients.

In elderly patients with diabetes, the initial dosing, dose increments, and maintenance dosage should be conservative to avoid hypoglycemic reactions.

Hypoglycemia may be difficult to recognize in the elderly (see 7 WARNINGS AND PRECAUTIONS, Endocrine and Metabolism, Hypoglycemia). In the elderly, progressive deterioration of renal function may lead to steady decrease in insulin requirements. Careful glucose monitoring and dose adjustments of insulin or insulin analogues including LANTUS may be necessary (see 7 WARNINGS AND PRECAUTIONS, Hepatic/Biliary/Pancreatic/Renal).

8 ADVERSE REACTIONS

8.1 Adverse Reaction Overview

Type 1 and type 2 diabetes in adults:
The adverse events most associated with LANTUS [insulin glargine injection (rDNA origin)] include the following:

Eyes disorders
Retinopathy was evaluated in the clinical studies by means of retinal adverse events reported and fundus photography. The numbers of retinal adverse events reported for LANTUS and human NPH treatment groups were similar for patients with type 1 and type 2 diabetes.

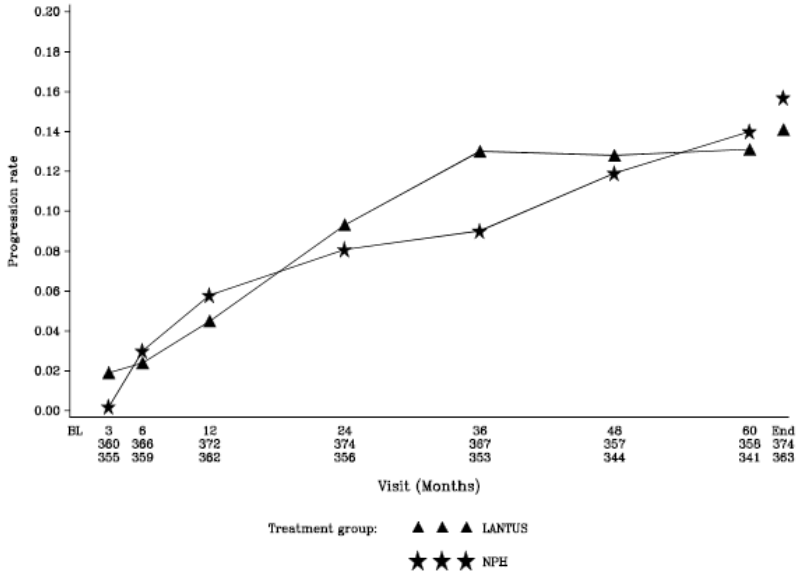
Effects of LANTUS on diabetic retinopathy were evaluated in a large 5-year NPH-controlled study in patients with type 2 diabetes in which progression of retinopathy was investigated by fundus photography using a grading protocol derived from the Early Treatment Diabetic Retinopathy Study (ETDRS). The primary outcome in this study was progression by 3 or more steps on the ETDRS scale at study endpoint. The results of this analysis are shown in the table below for the per-protocol (primary analysis) population and indicate non-inferiority of LANTUS to NPH in the progression of diabetic retinopathy as assessed by this outcome. The per-protocol population, which comprised 72.0% of randomized patients, were patients treated with study drug for at least 4 years and had fundus photographs at baseline and after at least 4.5 years post-baseline. The results in the Intent to Treat (ITT) population are similar to the results in the per-protocol population.

Table 2: Number (%) of subjects with 3-step or greater progression in ETDRS at endpoint – per-protocol population

	LANTUS (N=374)	**NPH (N=363)**
Subjects with 3-step or greater progression (progression rate)	53/374 (14.2%)	57/363 (15.7%)
Difference in progression rate (SE) versus NPH	-1.98% (2.57%)	
95% CI versus NPH	(-7.02% to 3.06%)	

Note: % Calculated using number of PP subjects with non-missing data as denominator. ETDRS = early treatment diabetic retinopathy scale. Adjusted for baseline $A1_C$ stratum. Margin of non-inferiority = 10%.

Figure 1: Plot of 3-step or greater progression rate over time - PP population



Two pre-specified secondary outcomes were the development of "clinically significant macular edema" (CSME) and "proliferative diabetic retinopathy" (PDR), both based on fundus photograph assessment. CSME developed in 15.6% of the LANTUS group and 14.6% of the NPH group and PDR developed in 5.4% of the LANTUS group and 3.9% of the NPH group.
Cataracts were reported more commonly in the LANTUS group, in particular cortical (but not nuclear) cataracts. There was a baseline imbalance in cataracts with a greater incidence in the LANTUS treatment group. Diabetic retinopathy adverse events were reported in 4.9% of LANTUS treated patients vs. 3.8% of NPH treated patients.

Benign prostatic hyperplasia (BPH) was reported as an Adverse Event by 2.7% of the LANTUS group compared to 0.6% of the NPH group; urinary retention was reported by 1.2% vs. none, respectively. Neoplasms benign or malignant were seen in 11.1% of LANTUS patients, vs. 12.3% of NPH patients.

Immune system disorders

- allergic reaction (see 7 WARNINGS AND PRECAUTIONS).
- injection site reaction

Investigations

- formation of antibodies (see 7 WARNINGS AND PRECAUTIONS).

Metabolism and nutrition disorders

Hypoglycemia: Hypoglycemia, a frequent adverse reaction to insulin therapy, may occur if the insulin dose is too high in relation to the insulin requirement.
As with all insulins, prolonged or severe hypoglycemic attacks, especially if recurrent, may lead to neurological damage, loss of consciousness, coma or death (see 7 WARNINGS AND PRECAUTIONS).

In the multinational ORIGIN trial conducted in 12,537 participants, the rates of severe hypoglycemia (affected participants per 100 participant years of exposure) were 1.05 for insulin glargine and 0.30 for Standard Care group and the rates of confirmed non severe hypoglycemia were 7.71 for insulin glargine

and 2.44 for Standard Care group. Over the course of this study (median follow-up: 6.2 years), 42% of the patients in the insulin glargine group did not experience any hypoglycemia.

Skin and subcutaneous tissue disorders

- Lipodystrophy, pruritus, and rash (see 7 WARNINGS AND PRECAUTIONS).

8.2 Clinical Trial Adverse Reactions

Clinical trials are conducted under very specific conditions. The adverse reaction rates observed in the clinical trials; therefore, may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse reaction information from clinical trials may be useful in identifying and approximating rates of adverse drug reactions in real-world use.

Cardiovascular Safety

Study 4032 (ORIGIN Trial): randomized, 2x2 factorial design study: 12,537 participants. Participants were randomized to receive LANTUS (n=6264), titrated to a Fasting Plasma Glucose (FPG) of 5.3 mmol/L or less, or Standard Care (n=6273). Overall, the incidence of major adverse cardiovascular outcomes was similar between groups. All-cause mortality was also similar between groups (see Table 3).

The objective of the trial was to demonstrate that LANTUS use could significantly lower the risk of major cardiovascular outcomes compared to standard care. Two co-primary composite cardiovascular endpoints were used in ORIGIN. The first co-primary endpoint was the time to first occurrence of a major adverse cardiovascular event defined as the composite of CV death, nonfatal myocardial infarction and nonfatal stroke. The second co-primary endpoint was the time to the first occurrence of CV death or nonfatal myocardial infarction or nonfatal stroke or revascularization procedure or hospitalization for heart failure.

Anthropometric and disease characteristics were balanced at baseline. The mean age was 64 years and 8% of participants were 75 years of age or older. The majority of participants were male (65%). Fifty nine percent were Caucasian, 25% were Latin, 10% were Asian and 3% were Black. The median baseline BMI was 29 kg/m^2 and 88% had type 2 diabetes. For patients with type 2 diabetes, 59% were treated with a single oral antidiabetic drug, 23% had known diabetes but were on no antidiabetic drug and 6% were newly diagnosed during the screening procedure. The mean A1c (SD) at baseline was 6.5% (1.0). Fifty nine percent of participants had had a prior cardiovascular event and 39% had documented coronary artery disease or other cardiovascular risk factors.

Vital status was available for 99.9% and 99.8% of participants randomized to LANTUS and standard care respectively at end of trial. The median duration of follow-up was 6.2 years [range: 8 days to 7.9 years]. The mean A1c (SD) at the end of the trial was 6.5% (1.1) and 6.8% (1.2) in the LANTUS and standard care group respectively. The median dose of LANTUS at end of trial was 0.45 U/kg. Eighty-one percent of patients randomized to LANTUS were using LANTUS at end of the study.

Table 3: ORIGIN: Time to Onset of each Primary and Secondary Endpoint

	LANTUS N=6264		Standard care N=6273		LANTUS vs Standard care
	Participants with Events N (%) n	No./100 patient-yr	Participants with Events N (%) n	No./100 patient-yr	Hazard Ratio (95% CI)
Primary endpoints					
CV death, nonfatal myocardial infarction (MI), or nonfatal stroke	1041 (16.6)	(2.94)	1013 (16.1)	(2.85)	1.02 (0.94, 1.11)
CV death, nonfatal myocardial infarction (MI), or nonfatal stroke, or hospitalization for heart failure or revascularization procedure	1792 (28.6)	(5.52)	1727 (27.5)	(5.28)	1.04 (0.97, 1.11)
Secondary endpoints					
All-cause mortality	951 (15.2)	(2.57)	965 (15.4)	(2.60)	0.98 (0.90, 1.08)
Composite microvascular outcome*	1323 (21.1)	(3.87)	1363 (21.7)	(3.99)	0.97 (0.90, 1.05)
Components of coprimary endpoint					
CV death	580 (9.3)	(1.57)	576 (9.2)	(1.55)	1.00 (0.89, 1.13)
MI (fatal or non-fatal)	336 (5.4)	(0.93)	326 (5.2)	(0.90)	1.03 (0.88, 1.19)
Stroke(fatal or non-fatal)	331 (5.3)	(0.91)	319 (5.1)	(0.88)	1.03 (0.89, 1.21)
Revascularizations	908 (14.5)	(2.69)	860 (13.7)	(2.52)	1.06 (0.96, 1.16)
Hospitalization for heart failure	310 (4.9)	(0.85)	343 (5.56)	(0.95)	0.90 (0.77, 1.05)

*with components of: laser photocoagulation or vitrectomy or blindness for diabetic retinopathy; progression in albuminuria; or doubling of serum creatinine or development of the need for renal replacement therapy

LANTUS did not alter the relative risk for CV disease and CV mortality when compared to standard care. There were no differences between LANTUS and Standard Care groups for the two co-primary outcomes; for any component endpoint comprising these outcomes; for all mortality; or for the composite microvascular outcome.

Malignancies

In the ORIGIN trial, the overall incidence of cancer (all types combined) or death from cancer was similar between treatment groups. The time to first event of any cancer or new cancer during the study was similar between the two treatment groups with respective hazard ratios of 0.99 (95% CI: 0.88, 1.11) and 0.96 (95% CI: 0.85, 1.09).

Body Weight

At the last on-treatment visit (median follow-up: 6.2 years), there was a mean increase in body weight from baseline of 1.4 kg in the LANTUS group and a mean decrease of 0.8 kg in the Standard Care group.

8.2.1 Clinical Trial Adverse Reactions – Pediatrics

Type 1 diabetes in children and adolescents:

Adverse events that occurred in a pediatric controlled trial in at least 1% of patients treated with LANTUS are shown below.

Table 4: Adverse Events by Body System ≥1% reported in Study 3003. (Percent Incidence)

Adverse event (diagnosis)	Number (%) of subjects	
Body System/Coded Term	LANTUS	Human NPH
	n= 174	n=175
Body as a whole		
Infection	24 (13.8)	31 (17.7)
Accidental injury	5 (2.9)	4 (2.3)
Abdominal pain	2 (1.1)	2 (1.1)
Allergic reaction	2 (1.1)	(-)
Flu syndrome	(-)	3 (1.7)
Pain in extremity	2 (1.1)	(-)
Digestive system		
Gastroenteritis	8 (4.6)	10 (5.7)
Diarrhea	2 (1.1)	2 (1.1)
Sore throat	2 (1.1)	(-)
Endocrine system		
Diabetes mellitus	1 (0.6)	4 (2.3)
Injection site reactions		
Injection site mass	8 (4.6)	6 (3.4)
Injection site reaction	5 (2.9)	6 (3.4)
Injection site hemorrhage	2 (1.1)	2 (1.1)
Metabolic and nutritional disorders		
Hypoglycemic reaction*	3 (1.7)	7 (4.0)
Hyperglycemia	1 (0.6)	3 (1.7)
Ketosis	1 (0.6)	5 (2.9)
Lipodystrophy	3 (1.7)	2 (1.1)
Musculo-skeletal system		
Bone fracture (not spontaneous)	3 (1.7)	3 (1.7)
Bone disorder	2 (1.1)	(-)
Nervous system		
Headache	6 (3.4)	5 (2.9)
Respiratory system		
Upper respiratory infection	24 (13.8)	28 (16.0)
Pharyngitis	13 (7.5)	15 (8.6)
Rhinitis	9 (5.2)	9 (5.1)
Bronchitis	6 (3.4)	7 (4.0)
Sinusitis	5 (2.9)	5 (2.9)
Asthma	1 (0.6)	2 (1.1)
Cough increased	3 (1.7)	(-)

Table 4: Adverse Events by Body System ≥1% reported in Study 3003. (Percent Incidence)

Adverse event (diagnosis) Body System/Coded Term	Number (%) of subjects LANTUS n= 174	Human NPH n=175
Skin and appendages		
Fungal dermatitis	1 (0.6)	2 (1.1)
Skin benign neoplasm	1(0.6)	2 (1.1)
Eczema	2 (1.1)	1 (0.6)
Herpes zoster	2 (1.1)	1 (0.6)
Urticaria	2 (1.1)	(-)

*Non-serious hypoglycemia episodes are reported separately.

Study 3003: The most commonly reported event was lipodystrophy, a known consequence of insulin injections. The intensity was mostly mild. Injection site events were assessed as possibly related in 9 (5.2%) LANTUS subjects and 5 (2.9%) human NPH subjects however none of these subjects discontinued due to these events.

Study 3013: extension of Study 3003, uncontrolled long-term follow-up study of 143 patients who were well-controlled on LANTUS from 3003, for 201-1159 days. The most common adverse events were upper respiratory infections, infection, and rhinitis. Note that when comparing safety findings between studies, the difference in length of exposure needs to be kept in mind.

Study 4005: controlled, randomized, double-cross-over: 26 subjects (age range 12 - 20), regimen of LANTUS + lispro vs. human NPH + human regular. Adverse events were equally distributed between the two treatment regimens. The most common adverse events were upper respiratory tract infection and gastroenteritis.

Patients in the pediatric clinical trials of LANTUS were treated with a human NPH-based regimen pre-study, and patients assigned to receive human NPH during the study began study treatment on the same human NPH regimen they had taken pre-study. This may have been a factor in the increased incidence of hypoglycemia seen in LANTUS -treated patients during (but not following) initial titration in these trials, as an increase in hypoglycemia may be expected when switching from one insulin to another and titrating the dose of the new insulin.

8.5 Post-Market Adverse Reactions

Other:

Medication errors have been reported in which other insulins, particularly short-acting insulins, have been accidentally administered instead of LANTUS.

9 DRUG INTERACTIONS

9.2 Drug Interactions Overview

A number of substances affect glucose metabolism and may require insulin dose adjustment and particularly close monitoring.

9.3 Drug-Behavioural Interactions

Patients should be offered continued education and advice on insulin therapies, life-style management, self-monitoring, complications of insulin therapy, timing of dosage, instruction for use of injection devices and storage of insulin.

The need for regular blood glucose self-monitoring should be considered when using Lantus to obtain optimal glycemic control

Alcohol may intensify or reduce the hypoglycemic effect of insulin.

9.4 Drug-Drug Interactions

Substances that may increase the blood-glucose-lowering effect and susceptibility to hypoglycemia, for example: oral antidiabetic products, ACE inhibitors, disopyramide, fibrates, fluoxetine, MAO inhibitors, pentoxifylline, propoxyphene, salicylates, somatostatin analog (e.g. octreotide), sulfonamide antibiotics.

Substances that may reduce the blood-glucose-lowering effect, for example: corticosteroids, danazol, diazoxide, diuretics, sympathomimetic agents (e.g., epinephrine, salbutamol, terbutaline), glucagon, isoniazid, phenothiazine derivatives, somatropin, thyroid hormones, estrogens, progestogens (e.g., in oral contraceptives), protease inhibitors and atypical antipsychotic medications (e.g., olanzapine and clozapine).

Beta-blockers, clonidine, lithium salts, and alcohol may either potentiate or weaken the blood-glucose-lowering effect of insulin. Pentamidine may cause hypoglycemia, which may sometimes be followed by hyperglycemia. In addition, under the influence of sympatholytic medicinal products such as beta-blockers, clonidine, guanethidine, and reserpine, the signs of hypoglycemia may be reduced or absent.

Other:
To avoid the risk of developing new or worsening heart failure, the use of TZDs in combination therapy with insulin is not indicated (see 7 WARNINGS AND PRECAUTIONS).

9.5 Drug-Food Interactions

Interactions with food have not been established.

9.6 Drug-Herb Interactions

Interactions with herbal products have not been established.

9.7 Drug-Laboratory Test Interactions

Interactions with laboratory tests have not been established.

10 CLINICAL PHARMACOLOGY

10.1 Mechanism of Action

The primary activity of insulin, including insulin glargine, is regulation of glucose metabolism. Insulin and its analogues lower blood glucose levels by stimulating peripheral glucose uptake, especially by skeletal muscle and fat, and by inhibiting hepatic glucose production. Insulin inhibits lipolysis in the adipocyte, inhibits proteolysis, and enhances protein synthesis.

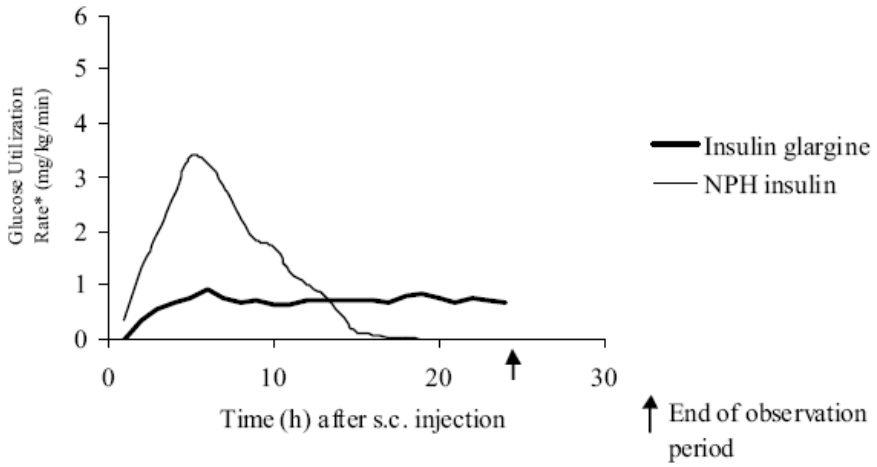
10.2 Pharmacodynamics

Insulin glargine is a human insulin analogue designed to have low solubility at neutral pH. At pH 4, as in the LANTUS injection solution, it is completely soluble. After injection into the subcutaneous tissue, the acidic solution is neutralized, leading to formation of microprecipitates from which small amounts of insulin glargine are slowly released, resulting in a relatively constant concentration/time profile over 24 hours with no pronounced peak. This allows once-daily dosing to meet a patient's basal insulin needs.

Insulin glargine and human insulin have been shown to be equipotent in glucose-lowering effect on a molar basis (when administered intravenously at the same doses). In euglycemic clamp studies in healthy subjects or in patients with type 1 diabetes, the onset of action of subcutaneous insulin glargine was slower than NPH human insulin. The effect profile of insulin glargine was relatively constant with no pronounced peak, and the duration of its effect was prolonged compared to NPH human insulin.

Figure 2 shows results from a study in patients with type 1 diabetes conducted for a maximum of 24 hours after the injection. The median time between injection and the end of pharmacological effect was 14.5 hours (range: 9.5 to 19.3 hours) for NPH human insulin, and 24 hours (range: 10.8 to >24.0 hours) (24 hours was the end of the observation period) for insulin glargine.

Figure 2: Activity Profile in Patients with Type 1 Diabetes



*Determined as amount of glucose infused to maintain constant plasma glucose levels (hourly mean values). Indicative of insulin activity. Between-patient variability (CV, coefficient of variation), insulin glargine, 84% and human NPH, 78%

10.3 Pharmacokinetics

Absorption

After subcutaneous injection of insulin glargine in healthy subjects, and patients with diabetes, the insulin serum concentrations indicated a slower, more prolonged absorption and a relatively constant concentration/time profile over 24 hours with no pronounced peak in comparison to NPH human insulin. Serum insulin concentrations were thus consistent with the time profile of the pharmacodynamic activity of insulin glargine.

After subcutaneous injection of 0.3 U/kg insulin glargine in patients with type 1 diabetes, a relatively constant concentration-time profile has been demonstrated. The duration of action after abdominal, thigh, or deltoid subcutaneous administration was similar.

Metabolism:

After subcutaneous injection of LANTUS in healthy subjects and diabetic patients, insulin glargine is rapidly metabolized at the carboxyl terminus of the Beta chain with formation of two active metabolites M1 (21A-Gly-insulin) and M2 (21A-Gly-des-30B-Thr-insulin). In plasma, the principal circulating compound is the metabolite M1. The exposure to M1 increases with the administered dose of LANTUS. The pharmacokinetic and pharmacodynamic findings indicate that the effect of the subcutaneous injection with LANTUS is principally based on exposure to M1. Insulin glargine and the metabolite M2 were not detectable in the vast majority of subjects and, when they were detectable their concentration was independent of the administered dose of LANTUS.

Duration of Effect

The longer duration of action (up to 24 hours) of LANTUS is directly related to its slower rate of absorption and supports once-daily subcutaneous administration. The time course of action of insulins including LANTUS may vary between individuals and/or within the same individual. The doses and timing of antidiabetic medications must be determined and adjusted individually, to achieve the desired blood glucose levels

Special Populations and Conditions

- **Age, race, and gender:** Information on the effect of age, race, and gender on the pharmacokinetics of LANTUS is unavailable. However, in controlled clinical trials in adults (n=3890, Studies 3001, 3002, 3004, 3005, and 3006), and a controlled clinical trial in pediatric patients (n=349, Study 3003) subgroup analyses based on age, race (white, black, Asian /oriental, multiracial and Hispanic) and gender did not show differences in safety and efficacy between insulin glargine and NPH human insulin.
- **Pregnancy and Breast-feeding:** The effect of pregnancy on the pharmacokinetics and pharmacodynamics of LANTUS has not been studied (see 7 WARNINGS AND PRECAUTIONS, Special Populations).
- **Hepatic Insufficiency:** No studies were performed in patients with hepatic insufficiency. However, some studies with human insulin have shown increased circulating levels of insulin in patients with liver failure. Careful glucose monitoring and dose adjustments of insulin or insulin analogues including LANTUS may be necessary in patients with hepatic dysfunction (see 7 WARNINGS AND PRECAUTIONS, Hepatic/Biliary/Pancreatic/Renal).
- **Renal Insufficiency:** No studies were performed in patients with renal insufficiency. However, some studies with human insulin have shown increased circulating levels of insulin in patients with renal failure. Careful glucose monitoring and dose adjustments of insulin or insulin analogues including LANTUS may be necessary in patients with renal dysfunction (see 7 WARNINGS AND PRECAUTIONS, Hepatic/Biliary/Pancreatic/Renal).
- **Obesity:** In controlled clinical trials, which included patients with Body Mass Index (BMI) up to and including 49.6 kg/m^2, subgroup analyses based on BMI did not show any differences in safety and efficacy between insulin glargine and NPH human insulin.
- **Smoking**: Information on the effect of smoking on the pharmacokinetics of LANTUS is unavailable.

11 STORAGE, STABILITY AND DISPOSAL

Vials

Unopened Vial:
Unopened LANTUS vials should be stored in a refrigerator, between 2°C and 8°C. Keep LANTUS away from direct heat and light. LANTUS should not be stored in the freezer and should not be allowed to freeze. If LANTUS freezes or overheats, discard it.

Opened (In Use) Vial:
The opened vial can be kept refrigerated or unrefrigerated (15 to 30°C) for up to 28 days away from direct heat and light, as long as the temperature is not greater than 30°C. Opened LANTUS vials, whether or not refrigerated, must be discarded after 28 days even if they contain insulin.

Opened LANTUS vials should not be stored in the freezer and should not be allowed to freeze. If a vial freezes or overheats, discard it.

Cartridges

Unopened Cartridge:
Unopened LANTUS cartridges should be stored in a refrigerator, between 2°C and 8°C. Keep LANTUS away from direct heat and light. LANTUS should not be stored in the freezer and should not be allowed to freeze. If LANTUS freezes or overheats, discard it.

Opened (In Use) Cartridge:
The opened cartridge in use must be kept unrefrigerated (15 to 30°C) for up to 28 days away from direct heat and light, as long as the temperature is not greater than 30°C. If the cartridge overheats or if there is any remaining insulin after 28 days, discard it. The opened cartridge in use must never be removed from and reinserted into the injection pen.

SoloSTAR®

Unopened SoloSTAR:
Unopened LANTUS SoloSTAR should be stored in a refrigerator, between 2°C and 8°C. Keep LANTUS away from direct heat and light. LANTUS SoloSTAR should not be stored in the freezer and should not be allowed to freeze. If LANTUS SoloSTAR freezes or overheats, discard it.

Opened (In Use) SoloSTAR:
Opened LANTUS SoloSTAR in use must be kept unrefrigerated (15 to 30°C) for up to 28 days away from direct heat and light, as long as the temperature is not greater than 30°C. If the LANTUS SoloSTAR overheats or if there is any remaining insulin after 28 days, discard it.

Opened LANTUS SoloSTAR should not be stored in the freezer and should not be allowed to freeze. If LANTUS SoloSTAR freezes, discard it.

As with all medications and devices, keep out of reach and sight of children.

12 SPECIAL HANDLING INSTRUCTIONS

Information to be provided to the Patient
LANTUS must only be used if the solution is clear and colorless with no particles visible (see 4 DOSAGE AND ADMINISTRATION: Administration). LANTUS is a clear solution, not a suspension. LANTUS can be confused with other insulin types, since it visually resembles short-acting insulins and its name

resembles the 'Lente' brand of insulins. It is not necessary to shake or rotate the vial/cartridge/SoloSTAR before use. Patients must be advised that LANTUS must not be mixed with any other insulin or diluted with any other solution (see 7 WARNINGS AND PRECAUTIONS).

Patients should be instructed on self-management procedures including glucose monitoring, proper injection technique, and hypoglycemia and hyperglycemia management. Patients must be instructed on handling of special situations such as intercurrent conditions (illness, stress, or emotional disturbances), an inadequate or skipped insulin dose, inadvertent administration of an increased insulin dose, inadequate food intake or skipped meals. The extent of patient participation in his/her diabetes management is variable and is generally determined by the physician.

Insulin treatment requires constant alertness to the possibility of hyper- and hypoglycemia. Patients and their relatives must know what steps to take if hyperglycemia or hypoglycemia occurs or is suspected, and they must know when to inform a physician.

Patients with diabetes should be advised to inform their doctor if they are pregnant or are contemplating pregnancy.

See also PATIENT MEDICATION INFORMATION and refer patients to the LANTUS Information for the Patient circular for LANTUS VIALS, LANTUS CARTRIDGE, and LANTUS SOLOSTAR for additional information. Refer patients to the "Instructions for Use" for AllStar PRO and JuniorSTAR or the User Manual for LANTUS SoloSTAR for additional information on use of the pens.

PART II: SCIENTIFIC INFORMATION

13 PHARMACEUTICAL INFORMATION

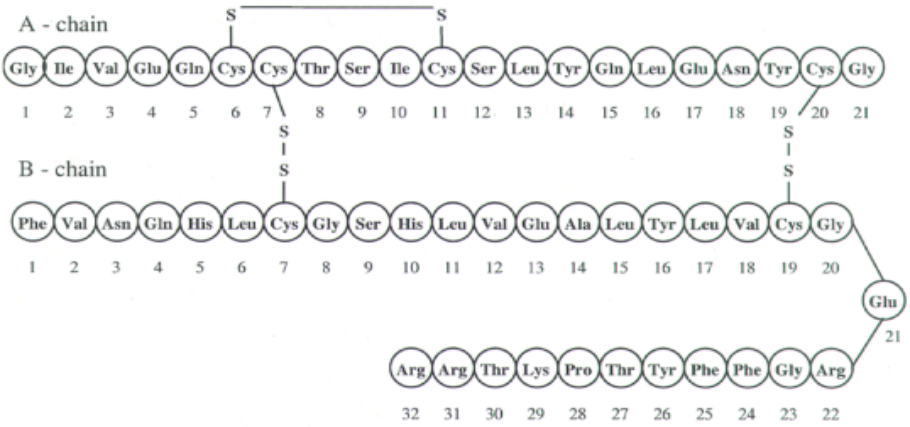
Drug Substance

Proper name: insulin glargine (rDNA origin)

Chemical name: 21^{A}-Gly-30^{B}a-L-Arg-30^{B}b-L-Arg-human insulin

Molecular formula and molecular mass: $C_{267}H_{404}N_{72}O_{78}S_6$ & 6063 Daltons

Structural formula:



Physicochemical properties, solubility

- 3 to 7 µg/mL at pH 7
- at least 10 mg/mL at pH 5,
- greater than 100 mg/mL at pH 2

Physical Form: fine white powder

14 CLINICAL TRIALS

14.1 Trial Design and Study Demographics

The safety and efficacy of once-daily insulin glargine at bedtime was compared to that of once-daily and twice-daily NPH human insulin in open-label, randomized, active-control, parallel studies of 2327 adult patients and 518 pediatric patients with type 1 diabetes mellitus and 1563 adult patients with type 2 diabetes mellitus.

In general, insulin glargine maintained the level of glycemic control as measured by glycohemoglobin and fasting glucose.

Type 1 diabetes in adults (see Table 6). In two large, randomized, controlled Phase III studies (Studies 3001 and 3004), patients with type 1 diabetes (n=1119) were randomized to basal-bolus treatment with LANTUS (insulin glargine) once daily or with NPH human insulin once or twice daily and treated for

28 weeks. Regular human insulin was administered before each meal. LANTUS was administered at bedtime. NPH human insulin was administered once daily at bedtime or in the morning and at bedtime when used twice daily. In these studies, LANTUS and human NPH had a similar effect on glycohemoglobin with a similar overall rate of hypoglycemia.

In another large, randomized, controlled Phase III study, patients with type 1 diabetes (Study 3005, n=619) were treated for 16 weeks with a basal-bolus insulin regimen where insulin lispro was used before each meal. LANTUS was administered once daily at bedtime and NPH human insulin was administered once or twice daily. In this study, LANTUS and NPH human insulin had a similar effect on glycohemoglobin with a similar overall rate of hypoglycemia.

Type 2 diabetes in adults (see Table 6). In one large, randomized, controlled Phase III study (Study 3002, n=570), LANTUS was evaluated for 52 weeks as part of a regimen of combination therapy with insulin and oral antidiabetic agents (93.9% sulfonylureas, 51.1% biguanides, 12.3% acarbose, or 2.8% other, percentages add up to greater than 100% due to combination therapy). LANTUS administered once daily at bedtime was as effective as NPH human insulin administered once daily at bedtime in reducing glycohemoglobin and fasting glucose. There was a low rate of hypoglycemia that was similar in LANTUS and NPH human insulin treated patients.

In another large, randomized, controlled Phase III study in patients with type 2 diabetes not using oral antidiabetic agents (Study 3006, n=518), a basal-bolus regimen of LANTUS once daily at bedtime or NPH human insulin administered once or twice daily was evaluated for 28 weeks. Regular human insulin was used before meals as needed.

LANTUS had similar effectiveness as either once- or twice-daily NPH human insulin in reducing glycohemoglobin and fasting glucose with a similar incidence of hypoglycemia.

Type 2 Diabetes - Adults (see Table 5). In a randomized, open-label, parallel, 24-week clinical study in adult patients with type 2 diabetes (Study 4002, n=756) with an $A1_C$>7.5% (mean 8.6%) on one or two oral antidiabetes agents (88.5% sulfonylureas, 82.8% biguanides, or 9.0% TZDs, percentages add up to greater than 100% due to combination therapy), LANTUS or NPH human insulin, once daily at bedtime, was added to their prior regimen. In order to reach the target fasting plasma glucose ≤5.5 mmol/L, the dose of LANTUS and NPH human insulin was adjusted according to the structured dose-titration regimen as described in **Table 5**.

Table 5: Dose titration schedule

Period	**Dose or dose adjustment**
Start of treatment	10 U/day
Then adjustment every 7 days based on FPG (Fasting Plasma Glucose) as follows:	
Mean FPG ≥10 mmol/L for the last 2 consecutive days and no episodes of severe hypoglycemia or no PG <4.0 mmol/L	Increase daily dose by 8 U
Mean FPG ≥7.8 mmol/L and <10 mmol/L for the last 2 consecutive days and no episodes of severe hypoglycemia or no PG <4.0 mmol/L	Increase daily dose by 6 U
Mean FPG ≥6.7 mmol/L and <7.8 mmol/L for the last 2 consecutive days and no episodes of severe hypoglycemia or no PG <4.0 mmol/L	Increase daily dose by 4 U
Mean FPG >5.5 mmol/L and <6.7 mmol/L for the last 2 consecutive days and no episodes of severe hypoglycemia or no PG <4.0 mmol/L	Increase daily dose by 2 U
Then maintain target FPG ≤5.5 mmol/L	

PG = Plasma Glucose

Using this dose-titration schedule, $A1_C$ was reduced to a mean of 6.96% for LANTUS and 6.97% for NPH human insulin. More than half of the subjects in each group achieved an $A1_C$ value of ≤7.0% LANTUS, 58.0%; NPH human insulin, 57.3%; mean dose at study endpoint was 47.2 U for LANTUS and 41.8 IU for NPH human insulin). In the LANTUS -treated group, 33.2% of the patients reached the primary efficacy endpoint ($A1_C$ value of ≤ 7.0% in the absence of plasma glucose-confirmed nocturnal hypoglycemia ≤ 4.0 mmol/L, compared to 26.7% in the NPH human insulin-treated group (p=0.0486).

In this study, fewer patients with type 2 diabetes treated with LANTUS experienced nocturnal hypoglycemia compared with patients treated with NPH human insulin. Other clinical trials in type 2 diabetes showed similar results with less nocturnal hypoglycemia with patients treated with LANTUS compared to patients treated with NPH human insulin.

14.2 Study Results

Type 1 and type 2 diabetes in adults. **Table 6** compares regimens of LANTUS once daily to NPH human insulin either once or twice daily in subgroups of patients from Phase III studies based upon prior basal insulin regimens.

Summary of main therapeutic outcomes of the clinical studies

Table 6: Adult Patients

Type 1 diabetes mellitus					
Diabetes population	Treatment	n[a]	n[b]	Endstudy mean (mean change from baseline)	
				Glycated hemoglobin (%)[c]	Fasting blood glucose (mmol/L) [c]
Previous use of once-daily basal injection regimen					
with regular human insulin	LANTUS	222	206	7.98 (0.01)	8.51 (-0.93)
	NPH human insulin	218	205	7.95 (-0.05)	8.16 (-1.21)
with insulin lispro	LANTUS	73	71	7.11 (-0.25)	8.01 (-1.26)
	NPH human insulin	69	64	7.46 (-0.23)	8.65 (-1.17)
Previous use of more than once-daily basal injection regimen					
with regular human insulin	LANTUS	334	303	7.77 (0.06)	7.83 (-1.31)[d]
	NPH human insulin (x2)	345	315	7.69 (-0.05)	8.78 (-0.72)
with insulin lispro	LANTUS	237	224	7.66 (-0.03)	8.0 (-1.42) [d]
	NPH human insulin (x2)	240	229	7.64 (-0.05)	8.57 (-0.81)
Type 2 diabetes mellitus					
Diabetes population	Treatment	n[a]	n[b]	Endstudy mean (mean change from baseline)	
				Glycated hemoglobin (%)[c]	Fasting blood glucose (mmol/L) [c]
Insulin in combination with oral antidiabetic agents					
No previous insulin use	LANTUS	222	218	8.07 (-1.00)	7.22 (-3.14)
	NPH human insulin	204	194	7.92 (-1.00)	7.29 (-3.19)
Previous insulin use	LANTUS	67	61	8.71 (-0.14)	7.43 (-0.82)

Table 6: Adult Patients

Type 1 diabetes mellitus					
Diabetes population	Treatment	n[a]	n[b]	Endstudy mean (mean change from baseline)	
				Glycated hemoglobin (%)[c]	Fasting blood glucose (mmol/L) [c]
	NPH human insulin	77	68	8.75 (-0.05)	7.72 (-0.79)
Insulin without oral antidiabetic agents					
Previous use of once-daily basal insulin	LANTUS	52	47	8.07 (-0.34)	8.49 (-0.95)
	NPH human insulin	48	46	7.92 (-0.45)	7.94 (-1.13)
Previous use of more than once-daily basal insulin	LANTUS	207	184	8.15 (-0.44)	7.71 (-1.34)
	NPH human insulin (x2)	211	192	7.96 (-0.61)	8.05 (-1.19)

a Number of patients randomized and treated.
b Number of patients randomized, treated, and completed study (without early endpoint)
c Intention to treat population
d $p<0.05$; LANTUS compared with NPH human insulin

Type 1 diabetes in children and adolescents (see Table 7**)**

Study 3003: pivotal study: randomized, open-label, parallel study of 349 Type 1 diabetic children aged 6 to 15 years: treated for 28 weeks with LANTUS once daily versus the most commonly used insulin in children, human NPH once or twice daily. LANTUS had a significant reduction in FBG and similar $A1_C$ and 24-hour BG profile when compared to human NPH once or twice daily. The results of this study show that the overall level of glycemic control as measured by $A1_C$ and incidence of hypoglycemia achieved after initial titration following switching to LANTUS from pre-study human NPH is similar to that achieved by once or twice daily NPH human insulin.

Table 7: Pediatric Patients (Study 3003)

Type 1 Diabetes Mellitus

Treatment duration	28 weeks	
Treatment in combination with	Regular insulin	
	LANTUS	Human NPH
Number of subjects treated	174	175
GHb		
Endstudy mean	8.91	9.18
Adjusted mean change from baseline	+0.28	+0.27
Basal insulin dose		
Endstudy mean	18.2	21.1
Mean change from baseline	-1.3	+2.4
Total insulin dose		
Endstudy mean	45.0	46.0
Mean change from baseline	+1.9	+3.4
Fasting blood glucose (mmol/L)		
Endstudy mean	9.48	10.15
Adjusted mean change from baseline	-1.29	–0.68

Study 3013: pivotal study: extension of Study 3003: open-labelled, uncontrolled long-term follow-up study of 143 patients who were well-controlled on LANTUS from 3003, for 201-1159 days, 26 subjects did not continue for administrative and unknown reasons. The level of glycemic control established in Study 3003 was maintained in this study, despite an increase of 0.35% in $A1_C$ from baseline in Study 3003. This increase can be attributed to many factors; the deterioration of control with time; puberty, which often has a detrimental impact on glycemic control and is associated with increased insulin resistance and increased insulin requirements; although less common in a post-pubescent population, lack of aggressive titration could be another factor, since pediatricians and parents are often afraid of the deleterious effects of hypoglycemia on children.

Study 4005: open-label, controlled, randomized, double-cross-over: 26 subjects (age range 12 - 20), Tanner B2G2 (puberty stages) or greater were on 16 weeks of each regimen of LANTUS + lispro vs. human NPH + human regular. This non-pivotal trial lacked the necessary power to demonstrate significance for the primary outcome.

The higher episodes of all symptomatic hypoglycemia with LANTUS (308 vs. 237) were only observed in the second period and were associated with a lower $A1_C$ for LANTUS (8.6% vs. 9.9%).

The combination of LANTUS and lispro was chosen to best approximate a normal physiologic insulin response during the day. LANTUS' peakless 24-hour duration better resembles true basal pancreatic insulin secretion than NPH human insulin, and lispro insulin has a more rapid appearance and disappearance from the plasma than regular human insulin, resulting in lower prandial glucose excursions and a lower incidence of postprandial hypoglycemia, compared to regular human insulin.

Compared to human NPH, LANTUS had similar 24-hour BG profile and $A1_C$ in Study 3003. In the uncontrolled extension study, Study 3013**,** the level of glycemic control established in Study 3003 was maintained, despite an increase of 0.35% in $A1_C$ from baseline in Study 3003.

During initiation of treatment (and consequent dose titration) with any insulin, the risk of hypoglycemia is higher than after the dose has stabilized following titration. In pediatric clinical trials comparing LANTUS to NPH human insulin, all patients were on human NPH-based regimens prior to the study, which were

not changed for patients entering treatment in the human NPH arm. Patients beginning treatment with LANTUS, however, all required dose titration on the new insulin, which may have been in large measure responsible for the increase in hypoglycemia seen in LANTUS-treated patients during titration. In addition, in some studies (Study 4005) $A1_C$ and glucose levels were lower in the LANTUS group than in the human NPH group during the titration phase, which would also tend to foster more episodes of hypoglycemia. Post-initiation in Study 3003, LANTUS treatment was associated with a significantly greater reduction in mean FBG and no significant difference in $A1_C$, 24-hr BG profile, and hypoglycemia incidence compared to NPH human insulin given once or twice daily. Post-initiation in crossover Study 4005, LANTUS treatment was associated with no significant difference in FBG, 24-hr BG profile or hypoglycemia incidence compared to NPH human insulin. During the first treatment phase of Study 4005, $A1_C$ decreased in both treatment groups. In the second treatment phase, improvement in $A1_C$ was maintained in patients on LANTUS + lispro, while $A1_C$ increased in subjects who switched to human NPH + human regular.

LANTUS Flexible Daily Administration

The safety and efficacy of LANTUS administered pre-breakfast, pre-dinner or at bedtime were evaluated in a large, randomized, controlled clinical study (Study 4007). In this study in patients with type 1 diabetes (n=378), who were also treated with insulin lispro at meals, LANTUS administered at different times of the day resulted in equivalent glycemic control to that at bedtime (see Table 8).

The safety and efficacy of LANTUS administered pre-breakfast or at bedtime were also evaluated in a large, randomized, active-controlled clinical study (Study 4001, n=697) in type 2 diabetic patients no longer adequately controlled on oral agent therapy. All patients in this study also received AMARYL® (glimepiride) 3 mg daily. LANTUS given before breakfast was as effective in lowering glycated hemoglobin $A1_C$ as LANTUS given at bedtime or NPH human insulin given at bedtime (see Table 8).

Table 8: Flexible LANTUS Daily Administration in Type 1 and Type 2 Diabetes Mellitus

Diabetes population Treatment duration Treatment in combination with:	Type 1 diabetes mellitus 24 weeks Insulin lispro			Type 2 diabetes mellitus 24 weeks AMARYL® (glimepiride)		
	LANTUS			LANTUS		NPH
	Breakfast	Dinner	Bedtime	Breakfast	Bedtime	Bedtime
n[a]	112	124	128	234	226	227
n[b]	104	123	125	226	211	205
Glycated Hemoglobin A1c [c]						
Baseline mean	7.56	7.53	7.61	9.13	9.07	9.09
Endstudy mean	7.39	7.42	7.57	7.87	8.12	8.27
Mean change from baseline	-0.17	-0.11	-0.04	-1.26	-0.95	-0.83
Basal insulin dose (U) [c]						
Endstudy mean	27.3	24.6	22.8	40.4	38.5	36.8
Mean change from baseline	5	1.8	1.5			
Total insulin dose (U) [c]				NA	NA	NA
Endstudy mean	53.3	54.7	51.5			
Mean change from baseline	1.6	3	2.3			

a Number of patients randomized and treated

b Number of patients randomized, treated, and completed study (without early endpoint)

c Intention to treat population

All data collected during study treatment are included in the calculations whenever possible, unless specified for a particular purpose (such as per-protocol population which may exclude patients with very early withdrawal), regardless if patients withdrew or not during the study.

14.3 Comparative Bioavailability Studies

In a randomized, controlled, double-blind, four-way crossover trial in healthy male volunteers (n=24), LANTUS with Polysorbate 20 (Test) was found to be bioequivalent to LANTUS.

Table 9 - Pharmacokinetic parameters from measured insulin serum concentration data

LANTUS **(Formulation: 100 U/mL; dosing: 0.4 U/kg body weight)** **From measured insulin serum concentration** **Geometric Mean** **Arithmetic Mean (CV %)**

PK Parameter	**Test LANTUS with Polysorbate 20**	**Reference LANTUS** (sanofi-aventis Deutschland GmbH, Germany)	**% Ratio of Geometric Means**	**Confidence Interval (90%)**
$AUC_{(0-24)}$ (µU.h/mL)	343 359 (34%)	355 367 (26%)	96.6	(91.0 ; 102.6)
$AUC_{(0-inf)}$ (µU.h/mL)	672 716 (37)	694 757 (46)	96.9	(87.1 ; 107.7)
C_{MAX} (µU/mL)	20 21 (34%)	22 23 (28%)	89.6	(83.5; 96.1)
T_{MAX}[1] (h)	14.4 (1.0-30.0)	12.5 (0.5-30.0)		
$T_{½}$[2] (h)	14.3 (59%)	16.0 (96%)		

[1] Median (range) only.

[2] Arithmetic mean (CV%) only.

Table 10 - Pharmacodynamic parameters from standardized glucose infusion rate data

LANTUS (Formulation: 100 U/mL; dosing: 0.4 U/kg body weight) From standardized glucose infusion rate measured data (GIR) Arithmetic Mean (CV %) Geometric Mean

PD Parameter	Test LANTUS with Polysorbate 20	Reference LANTUS (sanofi-aventis Deutschland GmbH, Germany)	% Ratio of Means	% Confidence Interval (90%)
$AUC_{(0-24)}$ (mg/kg)	2373 (41%) 2195	2367 (40%) 2197	100.1	(88.1; 113.8)
$AUC_{(0-end)}$ (mg/kg)	2796 (39%) 2605	2743 (37%) 2576	101.9	(90.6; 114.7)
GIR_{MAX}[1](mg/(min.kg))	3.1 (35%)	3.2 (42%)	95.6	(83.3; 109.7)
Time to GIR_{MAX}[2](h)	12.8 (3.2-29.0)	12.5 (5.2-30.0)		

[1] Based on smoothed GIR profiles. Expressed as the arithmetic mean (CV%) only.

[2] Based on smoothed GIR profiles. Expressed as median (range) only.

15 MICROBIOLOGY

No microbiological information is required for this drug product.

16 NON-CLINICAL TOXICOLOGY

Acute toxicity: The acute toxicity of i.v. and s.c. administration of insulin glargine was tested in mice and rats. The LD50 in each species was in the range of greater than or equal to 1000 U/kg.

Chronic toxicity: In repeated subcutaneous dose toxicity studies of insulin glargine in mice, rats, and dogs only expected pharmacodynamic results were observed.

Carcinogenesis: The carcinogenic potential of insulin glargine was evaluated in mice and rats at three different dose levels. These two-year carcinogenicity studies were performed in mice and rats. The results do not suggest a cancer risk to humans.

In mice and rats, standard two-year carcinogenicity studies with insulin glargine were performed at doses up to 0.455 mg/kg, which is for the rat approximately 10 times and for the mouse approximately 5 times the recommended human subcutaneous starting dose of 10 U (0.008 mg/kg/day), based on mg/m^2. The findings in female mice were not conclusive due to excessive mortality in all dose groups during the study. No clear explanation was found for the excessive mortalities. A similar effect was seen in the female mice control groups: the saline controls mortality (34%) was comparable to the mortality of high dosed female mice (28%) whereas in the vehicle controls mortality reached 42% which is in the same range as the mortality of low dosed female mice (46%). In contrast, the mortality was the same in the male mice saline and vehicle control groups (both 16%). Therefore, these findings are considered as an accidental one due to biological variability. Histiocytomas were found at injection sites in male rats (statistically significant) and male mice (not statistically significant) in acid vehicle

containing groups. These tumors were not found in female animals, in saline control, or insulin comparator groups using a different vehicle. The relevance of these findings to humans is unknown.

Mutagenesis: Insulin glargine was not mutagenic in tests for detection of gene mutations in bacteria and mammalian cells (Ames- and HGPRT-test) and in tests for detection of chromosomal aberrations (cytogenetics in vitro in V79 cells and in vivo in Chinese hamsters).

Reproduction Toxicity and Impairment of Fertility: In an embryotoxicity study in rats, hypoglycemia, but no maternal toxicity, occurred. Insulin glargine was not embryotoxic and not teratogenic. In an embryotoxicity study in rabbits, maternal (hypoglycemic shock, intrauterine deaths) and embryo-fetal hypoglycemia-induced toxicity, including single anomalies in the middle- and high-dose groups, were observed. Similar effects were observed with NPH human insulin.

In a combined fertility and prenatal and postnatal study in male and female rats at subcutaneous doses up to 0.36 mg/kg/day, which is approximately 7 times the recommended human subcutaneous starting dose of 10 U (0.008 mg/kg/day), based on mg/m^2, maternal toxicity due to dose-dependent hypoglycemia, including some deaths, was observed. Consequently, a reduction of the rearing rate occurred in the high-dose group only. Similar effects were observed with NPH human insulin.

Studies in rats with doses up to 40 times the average daily basal human dose (0.5 U/kg) and a study in rabbits at two times the human dose (0.5 U/kg) do not indicate direct harmful effects on the pregnancy during the different stages of pregnancy. The effects of insulin glargine did not generally differ from those observed with regular human insulin; however, in rabbits, five foetuses from 2 litters of the high dose group exhibited dilation of the cerebral ventricles.

Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clinically needed.

16.1 Non-Clinical Pharmacology and Toxicology

Insulin glargine is metabolized into 2 active metabolites M1 and M2.

Insulin receptor binding: In vitro studies indicate that the affinity of insulin glargine and its metabolites M1 and M2 for the human insulin receptor is lower than the one of human insulin (0.68, 0.48 and 0.74, respectively).

IGF-1 receptor binding: The affinity of insulin glargine for the human IGF-1 receptor is approximately 5 to 8-fold greater than that of human insulin (but approximately 70 to 80-fold lower than the one of IGF-1), whereas M1 and M2 bind the IGF-1 receptor with lower affinity compared to human insulin (0.4-0.5 and 0.7-0.8, respectively.

PATIENT MEDICATION INFORMATION - LANTUS® VIAL

READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

LANTUS® Vial

Insulin glargine injection (rDNA origin)

Read this carefully before you start taking **LANTUS** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **LANTUS**.

Serious Warnings and Precautions

- Hypoglycemia is the most common adverse effect of insulin, including LANTUS.
- Glucose monitoring is recommended for all patients with diabetes.
- Uncorrected hypoglycemic or hyperglycemic reactions can cause loss of consciousness, coma, or death.
- Any change of insulin should be made cautiously and only under medical supervision.
- LANTUS is not intended for intravenous or intramuscular administration.
- **LANTUS must not be mixed with any other insulin or diluted with any other solution because it might not work as intended**.
- This insulin product shall not be used if it is not water-clear and colourless or if it has formed a deposit of solid particles on the wall of the vial or cartridge.

What is LANTUS used for?

LANTUS [insulin glargine injection (rDNA origin)] is a recombinant human insulin analogue that is a long-acting blood-glucose-lowering agent administered subcutaneously (under the skin) once a day. LANTUS is indicated in the treatment of patients over 17 years of age with Type 1 or Type 2 diabetes mellitus who require basal (long-acting) insulin for the control of hyperglycemia. LANTUS is also indicated in the treatment of pediatric patients (> 6 years old) with Type 1 diabetes mellitus who require basal (long-acting) insulin for the control of hyperglycemia.

How does LANTUS work?

Insulin is a hormone produced by the pancreas, a large gland that lies near the stomach. This hormone is necessary for your body to use food, especially sugar, correctly. Diabetes occurs either when your pancreas does not make enough insulin to meet your body's needs or when your body is unable to use the insulin you normally produce properly.

When your body does not make enough insulin, you need an external source of insulin – that is why you must take insulin injections. LANTUS is similar to the insulin made by your body.

Insulin injections, such as LANTUS, play a key role in keeping your diabetes under control. In addition to proper insulin therapy, it's important to maintain a healthy lifestyle – this includes eating a balanced diet, participating in regular exercise or other physical activities, carefully monitoring your glucose levels and following your health professional's recommendations. These simple actions will compliment your insulin therapy and will ultimately help you gain greater control of your diabetes.

You have been instructed to test your blood and/or your urine regularly for glucose; it is especially important to test even more often when changing insulins or dosing schedule. If your blood tests

consistently show above- or below- normal glucose levels, or your urine tests consistently show the presence of glucose, your diabetes is not properly controlled and you must let your health professional know.

Insulin injections play an important role in keeping your diabetes under control. But the way you live – your diet, careful monitoring of your glucose levels, exercise, or planned physical activity and following your health professional's recommendations– all work with your insulin to help you control your diabetes.

Always keep an extra supply of insulin as well as a spare syringe and needle on hand. Always wear medical alert identification and carry information about your diabetes so that appropriate treatment can be given if complications occur while you are away from home.

What are the ingredients in LANTUS?

Medicinal ingredients: Insulin glargine (rDNA origin).

Non-medicinal ingredients: glycerol 85%, m-cresol, polysorbate 20, water, zinc, and hydrochloric acid and sodium hydroxide for pH adjustment.

LANTUS comes in the following dosage forms:

Solution for injection: 100 U/mL

Do not use LANTUS:

- if you are allergic to this drug or to any ingredient in the formulation or component of the container;
- if you have diabetic ketoacidosis;
- for intravenous or intramuscular injections
- if your blood sugar is too low (hypoglycemia). After treating your low blood sugar, follow your health care provider's instructions on the use of Lantus.

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take LANTUS. Talk about any health conditions or problems you may have, including if you:

- You are planning to have a baby, are pregnant, or are nursing a baby;
- You are taking any medication.

If you develop skin changes at the injection site. The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (see How to take LANTUS). Contact your healthcare professional if you are currently injecting into a lumpy area before you start injecting in a different area. A sudden change of site may result in hypoglycemia. Your healthcare professional may tell you to check your blood sugar more closely, and to adjust your insulin or your other antidiabetic medications dose.

Accidental mix-ups between insulin glargine and other insulins, particularly short-acting insulins, have been reported. To avoid medication errors between insulin glargine and other insulins, check your insulin labels before every injection.

Hypokalemia (low potassium) is a possible side effect with all insulins. You might be more at risk if you are using potassium lowering drugs or losing potassium through other means (e.g. diarrhea). Symptoms of hypokalemia may include: Fatigue, muscle weakness or spasms, constipation, tingling or numbness, feeling of skipped heart beats or palpitations.

If you have diabetic retinopathy (condition affecting the retina of the eye) and you have a marked change in blood glucose levels, the retinopathy may temporary get worse. Ask your doctor about this.

Other warnings you should know about:

The use of thiazolidinediones (such as rosiglitazone and pioglitazone), alone or in combination with other antidiabetic agents (including insulin), has been associated with heart failure and swelling of the lower extremities. Please contact your physician immediately if you develop symptoms of shortness of breath, fatigue, exercise intolerance, or swelling of the lower extremities while you are on these agents.

Concomitant oral antidiabetics treatment may need to be adjusted.

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

The following may interact with LANTUS:

Other medicines, including non-prescription medicines, and dietary supplements (such as vitamins) can change the way insulin works. Your dose of insulin or other medications may need to be changed in consultation with your health professional. Please see "Proper use of this medication" section below for potential medication interactions with insulin.

How to take LANTUS:

Your doctor has recommended the type of insulin that he/she believes is best for you. DO NOT USE ANY OTHER INSULIN EXCEPT ON THE ADVICE AND DIRECTION OF YOUR DOCTOR.

LANTUS is a clear solution and looks like some short-acting insulins. Always check for the name of the insulin on your carton and the vial label when you pick it up from the pharmacy to make sure it is the same as what your doctor has recommended.

Correct Syringe

It is important to use a syringe that is marked for U-100 insulin preparations since LANTUS contains 100 units/mL. Using an incorrect syringe could lead to a mistake in dosing and cause medical problems for you, such as a blood glucose level that is too low or too high.

Syringe Use

CAREFULLY FOLLOW THE DIRECTIONS SUPPLIED BY YOUR HEALTH PROFESSIONAL ON THE CORRECT USE OF YOUR SYRINGES TO:

- **HELP AVOID CONTAMINATION AND POSSIBLE INFECTION.**
- **OBTAIN AN ACCURATE DOSE**

Do not share your syringes and needles with anyone including other family members. **You may give another person a serious infection or get a serious infection from them**. Used syringes and needles should be disposed properly.

Preparing the Dose

1. To avoid medication errors, check the vial label of the insulin before each injection.
2. Inspect the insulin. LANTUS should be a clear and colorless solution with no visible particles. Do not use it if you notice anything unusual in the appearance of the solution.
3. Make sure the insulin is at room temperature to minimize local irritation at the injection site.
4. Wash your hands.

5. It is not necessary to shake or rotate the vial before use.
6. If using a new vial, remove the protective cap, but DO NOT remove the stopper.
7. Wipe the top of the vial with an alcohol swab.
8. A new sterile syringe must be used.
9. Draw air into the syringe equal to your insulin dose. Put the needle through the rubber top of the insulin vial and inject the air into the vial.
10. Turn the vial and syringe upside down. Hold the vial and syringe firmly in one hand.
11. Make sure the tip of the needle is in the insulin and withdraw the correct dose of insulin into the syringe.
12. Before removing the needle from the vial, check your syringe for air bubbles. If bubbles are present, hold the syringe straight up and tap its side until the bubbles float to the top. Push them out with the plunger and withdraw the correct dose.
13. Remove the needle from the vial. Do not let the needle touch anything prior to injection.
14. An empty vial must never be reused and must be properly discarded

Injection

Cleanse the skin with alcohol where the injection is to be made. Pinch and hold the skin and insert the needle as instructed by your health professional. Slowly push the plunger of the syringe in completely. Slowly count to 10 before removing the needle from the injection site and gently apply pressure for several seconds. DO NOT RUB THE AREA. Remove the needle from the injection syringe immediately after each injection. Dispose of the needle appropriately. Do not reuse the needle. The open vial can be kept refrigerated or unrefrigerated (15 to 30 °C) for up to 28 days away from direct heat and light.

There is no relevant difference in absorption of LANTUS between abdominal, thigh, or upper arm subcutaneous injection areas. However, injection sites within an injection area (abdomen, thigh, buttock, or upper arm) must be rotated from one injection to the next as instructed by your healthcare professional. This will reduce the risk of skin shrinking or thickening or lumps at the site.

- **Do not** inject where the skin has pits, is thickened, or has lumps.
- **Do not** inject where the skin is tender, bruised, scaly or hard, or into scars or damaged skin.

Hypo- or hyperglycemia can result from injecting insulin in the wrong site or incorrectly.

Hypoglycemia can result from injection directly into a blood vessel and if not recognized or treated may be followed by hyperglycemia since there was no LANTUS deposition for long-term absorption.

Usual dose:

The dosage of LANTUS should be individualized and determined based on your health professional's advice in accordance with your needs. You may take LANTUS at any time during the day, but you must take it at the same time every day.

Many factors may affect your usual LANTUS dose, which may include changes in your diet, activity, or work schedule. Follow your health professional's instructions carefully. Consult your health professional if you notice your insulin requirements changing markedly. Other factors that may affect your dose of insulin or your need to do additional blood/urine testing are:

Illness

Illness, especially with nausea and vomiting, diarrhea and/or fever, may change how much insulin you need. Even if you are not eating, you will still require insulin. You and your health professional should establish a sick day plan for you to use in case of illness. When you are sick, test your blood/urine frequently and call your health professional as instructed.

Pregnancy

If you are planning to have a baby, are pregnant, or are nursing a baby, consult your health professional. Good control of diabetes is especially important for you and your unborn baby. Pregnancy may make managing your diabetes more difficult.

Medication

Always discuss any medications you are taking, prescription or "over-the-counter", with your health professional. To prevent drug interactions, volunteer the names of everything you are taking even before they ask if there have been any changes. Insulin requirements may be increased in the presence of drugs with hyperglycemic activity, such as contraceptives (for example, birth control pills, injections and patches), and hormone replacement therapies, corticosteroids, thyroid replacement therapy, and sympathomimetic agents such as decongestants and diet pills. Insulin requirements may be reduced in the presence of drugs with hypoglycemic activity, such as oral antidiabetic agents, salicylates (for example, aspirin), sulfa antibiotics, blood pressure medications including ACE inhibitors, and certain psychiatric medications including MAO inhibitors or antidepressants and anti-anxiety medications.

Substances such as beta-blockers (medicines used for conditions including blood pressure, heart arrhythmias, palpitations and headache) and alcohol may enhance or weaken the blood-glucose-lowering effect of insulins, and signs of hypoglycemia may be reduced or absent, as well.

Exercise

If your exercise routine changes, discuss with your health professional the possible need to adjust your insulin regimen. Exercise may lower your body's need for insulin during, and for some time after, the activity. As for all insulins, the rate of absorption, and consequently the onset and duration of action, may be affected by exercise and other variables.

Travel

Consult your health professional concerning possible adjustments in your insulin schedule if you will be traveling across time zones. You may want to take along extra insulin and supplies whenever you travel.

Overdose:

If you have **injected too much LANTUS**, your blood sugar level may become too low (hypoglycemia). Check your blood sugar frequently. In general, to prevent hypoglycemia you must eat more food and monitor your blood sugar. For information on the treatment of hypoglycemia, see "Common problems of diabetes" below.

Hypoglycemia may occur as a result of an excess of insulin relative to food intake, energy expenditure or both.

If you think you have taken too much LANTUS, contact your healthcare professional, hospital emergency department or regional poison control centre immediately, even if there are no symptoms.

Missed Dose:

If you have missed a dose of LANTUS or if you have not injected enough insulin, your blood sugar level may become too high (hyperglycemia). Check your blood sugar frequently. For information on the treatment of hyperglycemia, see "Common problems of diabetes" below.

Do not take a double dose to make up for a forgotten dose.

What are possible side effects from using LANTUS?

These are not all the possible side effects you may feel when taking LANTUS. If you experience any side effects not listed here, contact your healthcare professional.

Common Problems of diabetes

Hypoglycemia (Insulin Reaction)

Hypoglycemia (too little glucose in the blood) is one of the most frequent adverse events experienced by insulin users. It can be brought on by situations such as:

- intercurrent conditions (illness, stress, or emotional disturbances),
- accidental injection of an increased insulin dose,
- malfunction and/or misuse of medical devices,
- too-low food intake, or skipped meals,
- an increase in exercise,
- a new insulin type or schedule,
- some new medications, including prescriptions, over-the counter medication, herbs, vitamins and street drugs.
    - Symptoms of mild to moderate hypoglycemia may occur suddenly and can include:
    - abnormal behavior (anxiety, irritability, restlessness, trouble concentrating, personality changes, mood changes, confusion or nervousness),
    - fatigue,
    - tingling in your hands, feet, lips, or tongue,
    - tremor (shaking),
    - unsteady gait (walking),
    - dizziness, light-headedness, or drowsiness,
    - headache,
    - blurred vision,
    - slurred speech,
    - palpitations (rapid heartbeat),
    - cold sweat,
    - pale skin,
    - nightmares or trouble sleeping,
    - nausea,
    - hunger.

Mild to moderate hypoglycemia may be treated by consuming foods or drinks that contain sugar. Patients should always carry a quick source of sugar, such as candy, juice or glucose tablets, prominently labelled for rescuers. Contact your health professional about appropriate proportions of carbohydrates.

Signs of severe hypoglycemia can include:

- disorientation,
- convulsions,
- loss of consciousness,
- seizures.

Severe hypoglycemia may require the assistance of another person. Patients who are unable to take sugar orally or who are unconscious may require an injection of glucagon or should be treated with

intravenous administration of glucose by medical personnel. Without immediate medical help, serious reactions or even death could occur.

The early warning symptoms of hypoglycemia may be changed, be less pronounced, or be absent, as for example, in patients whose sugar levels are markedly improved, in elderly patients, in patients with diabetic nerve disease, in patients with a long history of diabetes, or in patients receiving treatment with certain other drugs. Such situations may result in severe hypoglycemia (and possibly, loss of consciousness) before a patient has symptoms.

Some people may not recognize when their blood sugar drops too low. Often the first sign of this is confusion of loss or consciousness. Educational and behavioural programs, including blood glucose awareness training, may help improve your ability to detect hypoglycemia and reduce the frequency of severe hypoglycemia.

Without recognition of early warning symptoms, you may not be able to take steps to avoid more serious hypoglycemia. Be alert for all of the various types of symptoms that may indicate hypoglycemia. Patients who experience hypoglycemia without early warning symptoms should monitor their blood glucose frequently, especially prior to activities such as driving a car or using mechanical equipment. If the blood glucose is below your normal fasting glucose, you should consider eating or drinking sugar-containing foods to treat your hypoglycemia.

Other people may develop hypoglycemia during the night – this is called nocturnal hypoglycemia. It is fairly common and lasts over 4 hours. Because the person is usually asleep when it occurs, nocturnal hypoglycemia can go undetected, resulting in increased risk of severe hypoglycemia compared to the daytime. To help reduce your risk of asymptomatic nocturnal hypoglycemia, your doctor may ask you to periodically monitor your overnight blood glucose levels.

If you have frequent episodes of hypoglycemia, experience difficulty in recognizing the symptoms, or if your diabetes is getting worse, you should consult your health professional to discuss possible changes in therapy, meal plans, and/or exercise programs to help you avoid hypoglycemia.

Hyperglycemia

Hyperglycemia (too much glucose in the blood) may develop if your body has too little insulin.

Hyperglycemia can be brought about by:

- intercurrent conditions (illness, stress, or emotional disturbances),
- not taking your insulin or taking less than recommended by your health professional,
- malfunction and/or misuse of medical devices,
- eating significantly more than your meal plan suggests,
- a new insulin type or schedule,
- some new medications, including prescriptions, over-the counter medication, herbs, vitamins and street drugs.

Symptoms of hyperglycemia include:

- confusion or drowsiness,
- increased thirst,
- decreased appetite, nausea, or vomiting,
- rapid heart rate,
- increased urination and dehydration (too little fluid in your body),
- blurred vision,
- flushed dry skin,
- acetone odour of breath.

Hyperglycemia can be mild or severe. It can **progress to high glucose levels, diabetic ketoacidosis (DKA), and result in unconsciousness and death.**

Diabetic ketoacidosis (DKA)

The first symptoms of diabetic ketoacidosis usually come on over a period of hours or days. With ketoacidosis, urine tests show large amounts of glucose and acetone

Symptoms of diabetic ketoacidosis include:

First symptoms:

- drowsiness,
- flushed face,
- thirst,
- loss of appetite,
- fruity smelling breath,
- rapid, deep breathing,
- abdominal (stomach area) pain.

Severe symptoms:

- heavy breathing,
- rapid pulse.

Prolonged hyperglycemia or diabetic ketoacidosis can lead to:

- nausea,
- vomiting,
- dehydration,
- loss of consciousness,
- death.

Severe or continuing hyperglycemia or DKA requires prompt evaluation and treatment by your health professional. LANTUS should not be used to treat DKA, and the persons treating you should be advised you are taking a long-acting insulin and about your regimen.

Allergic reactions

In rare cases, a patient may be allergic to an insulin product. Severe insulin allergies may be life-threatening. If you think you are having an allergic reaction, seek medical help immediately.

Signs of insulin allergy include:

- a rash all over your body,
- shortness of breath,
- wheezing (trouble breathing),
- a fast pulse,
- sweating,
- low blood pressure.

Possible reactions on the skin at the injection site

Injecting insulin can cause the following reactions on the skin at the injection site:

- a little depression in the skin (lipoatrophy),
- skin thickening (lipohypertrophy),
- skin lumps (localized cutaneous amyloidosis),
- redness, swelling, or itching at injection site.

You can reduce the chance of getting an injection site reaction if you change the injection site each time. If you have local injection site reactions, contact your health professional as a sudden change of site may result in hypoglycemia.

In some instances, these reactions may be related to factors other than insulin, such as irritants in the skin cleansing agent or poor injection technique.

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, talk to your healthcare professional.

Reporting Side Effects
You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada.html) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

Storage:

Unopened Vial:

Unopened LANTUS vials should be stored in a refrigerator, between 2°C and 8°C. Keep LANTUS away from direct heat and light. LANTUS should not be stored in the freezer and should not be allowed to freeze. If LANTUS freezes or overheats, discard it.

Opened (In Use) Vial:

The opened vial can be kept refrigerated or unrefrigerated (15 to 30°C) for up to 28 days away from direct heat and light, as long as the temperature is not greater than 30°C. Opened LANTUS vials, whether or not refrigerated, must be discarded after 28 days even if they contain insulin.

Opened LANTUS vials should not be stored in the freezer and should not be allowed to freeze. If a vial freezes or overheats, discard it.

Do not use a vial of LANTUS after the expiration date stamped on the label or if it is cloudy or if you see particles.

Keep out of reach and sight of children.

If you want more information about LANTUS:

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html; the manufacturer's website www.sanofi.ca, or by calling 1-888-8LANTUS (1-888-852-6887).

This document is available in large print format by contacting the sponsor, sanofi-aventis Canada Inc., at: 1-888-8LANTUS (1-888-852-6887).

The size of the large print can be further enlarged if needed.

This leaflet was prepared by sanofi-aventis Canada Inc.

Last revised: November 3, 2021

PATIENT MEDICATION INFORMATION - LANTUS® CARTRIDGE

READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

LANTUS® Cartridge

Insulin glargine injection (rDNA origin)

Cartridges are for use ONLY with AllStar® PRO and JuniorSTAR® pens.

Read this carefully before you start taking **LANTUS** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **LANTUS**.

Serious Warnings and Precautions

- Hypoglycemia is the most common adverse effect of insulin, including LANTUS.
- Glucose monitoring is recommended for all patients with diabetes.
- Uncorrected hypoglycemic or hyperglycemic reactions can cause loss of consciousness, coma, or death.
- Any change of insulin should be made cautiously and only under medical supervision.
- LANTUS is not intended for intravenous or intramuscular administration.
- **LANTUS must not be mixed with any other insulin or diluted with any other solution because it might not work as intended.**
- This insulin product shall not be used if it is not water-clear and colourless or if it has formed a deposit of solid particles on the wall of the vial or cartridge.

What is LANTUS used for?

LANTUS [insulin glargine injection (rDNA origin)] is a recombinant human insulin analogue that is a long-acting blood-glucose-lowering agent administered subcutaneously (under the skin) once a day. LANTUS is indicated in the treatment of patients over 17 years of age with Type 1 or Type 2 diabetes mellitus who require basal (long-acting) insulin for the control of hyperglycemia. LANTUS is also indicated in the treatment of pediatric patients (> 6 years old) with Type 1 diabetes mellitus who require basal (long-acting) insulin for the control of hyperglycemia.

How does LANTUS work?

Insulin is a hormone produced by the pancreas, a large gland that lies near the stomach. This hormone is necessary for your body to use food, especially sugar, correctly. Diabetes occurs either when your pancreas does not make enough insulin to meet your body's needs or when your body is unable to use the insulin you normally produce properly.

When your body does not make enough insulin, you need an external source of insulin – that is why you must take insulin injections. LANTUS is similar to the insulin made by your body.

Insulin injections, such as LANTUS, play a key role in keeping your diabetes under control. In addition to proper insulin therapy, it's important to maintain a healthy lifestyle – this includes eating a balanced diet, participating in regular exercise or other physical activities, carefully monitoring your glucose levels and following your health professional's recommendations. These simple actions will compliment your insulin therapy and will ultimately help you gain greater control of your diabetes.

You have been instructed to test your blood and/or your urine regularly for glucose; it is especially important to test even more often when changing insulins or dosing schedule. If your blood tests consistently show above- or below- normal glucose levels, or your urine tests consistently show the presence of glucose, your diabetes is not properly controlled and you must let your health professional know.

Insulin injections play an important role in keeping your diabetes under control. But the way you live – your diet, careful monitoring of your glucose levels, exercise, or planned physical activity and following your health professional's recommendations– all work with your insulin to help you control your diabetes.

Always keep an extra supply of insulin and needle on hand. Always wear medical alert identification and carry information about your diabetes so that appropriate treatment can be given if complications occur while you are away from home.

What are the ingredients in LANTUS?

Medicinal ingredients: insulin glargine (rDNA origin)

Non-medicinal ingredients: glycerol 85%, m-cresol, polysorbate 20, water, zinc, and hydrochloric acid and sodium hydroxide for pH adjustment.

LANTUS comes in the following dosage forms:

Solution for injection 100 U/mL

Do not use LANTUS:

- if you are allergic to this drug or to any ingredient in the formulation or component of the container;
- if you have diabetic ketoacidosis;
- for intravenous or intramuscular injections.
- if your blood sugar is too low (hypoglycemia). After treating your low blood sugar, follow your health care provider's instructions on the use of Lantus.

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take LANTUS. Talk about any health conditions or problems you may have, including if you:

- You are planning to have a baby, are pregnant, or are nursing a baby;
- You are taking any medication.

If you develop skin changes at the injection site. The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (see How to take LANTUS). Contact your healthcare professional if you are currently injecting into a lumpy area before you start injecting in a different area. A sudden change of site may result in hypoglycemia. Your healthcare professional may tell you to check your blood sugar more closely, and to adjust your insulin or your other antidiabetic medications dose.

Accidental mix-ups between insulin glargine and other insulins, particularly short-acting insulins, have been reported. To avoid medication errors between insulin glargine and other insulins, check your insulin labels before every injection.

Hypokalemia (low potassium) is a possible side effect with all insulins. You might be more at risk if you are using potassium lowering drugs or losing potassium through other means (e.g. diarrhea). Symptoms

of hypokalemia may include: Fatigue, muscle weakness or spasms, constipation, tingling or numbness, feeling of skipped heart beats or palpitations.

If you have diabetic retinopathy (condition affecting the retina of the eye) and you have a marked change in blood glucose levels, the retinopathy may temporary get worse. Ask your doctor about this.

Other warnings you should know about:

The use of thiazolidinediones (such as rosiglitazone and pioglitazone), alone or in combination with other antidiabetic agents (including insulin), has been associated with heart failure and swelling of the lower extremities. Please contact your physician immediately if you develop symptoms of shortness of breath, fatigue, exercise intolerance, or swelling of the lower extremities while you are on these agents.

Concomitant oral antidiabetics treatment may need to be adjusted.

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

The following may interact with LANTUS:

Other medicines, including non-prescription medicines, and dietary supplements (such as vitamins) can change the way insulin works. Your dose of insulin or other medications may need to be changed in consultation with your health professional. Please see "Proper use of this medication" section below for potential medication interactions with insulin.

How to take LANTUS:

Your doctor has recommended the type of insulin that he/she believes is best for you. DO NOT USE ANY OTHER INSULIN EXCEPT ON THE ADVICE AND DIRECTION OF YOUR DOCTOR.

LANTUS is a clear solution and looks like some short-acting insulins. Always check for the name of the insulin on your carton and your cartridge label when you pick it up from the pharmacy to make sure it is the same as what your doctor has recommended.

It is important to use the LANTUS cartridge only with AllStar PRO and JuniorSTAR pens.

Using the cartridge in any other injection pen not suitable for the LANTUS cartridge could lead to a mistake in dosing and cause medical problems for you, such as a blood glucose level that is too low or too high.

JuniorSTAR delivers LANTUS in 0.5 unit dose increments. AllStar PRO delivers LANTUS in 1 unit dose increments.

Although rare, technical problems with the cartridge can occur which may prevent correct dosing. They include: broken, cracked or damaged cartridges, air bubbles or foam, and blocked needles. If technical problems occur or are suspected, contact the call center, your physician, pharmacist or nurse.

CAREFULLY FOLLOW THE DIRECTIONS SUPPLIED BY YOUR HEALTH PROFESSIONAL ON THE CORRECT USE OF YOUR AllStar PRO and JuniorSTAR, TO:

- **HELP AVOID CONTAMINATION AND POSSIBLE INFECTION**
- **OBTAIN AN ACCURATE DOSE.**

Do not reuse needles. INJECTION PENS, CARTRIDGES, NEEDLES, AND SYRINGES MUST NOT BE SHARED. **Do not** share an injection pen or LANTUS cartridge with anyone, **including family members**, even if the

needle on the injection pen is changed. **You may give another person a serious infection, or get a serious infection from them.**

Preparing the LANTUS Cartridge for Insertion into the injection pen

1. To avoid medication errors, check the cartridge label of the insulin before each insertion.
2. Inspect the insulin cartridge. LANTUS should be a clear and colorless solution with no visible particles. Do not use it if you notice anything unusual in the appearance of the solution.
3. Make sure the insulin is at room temperature to minimize local irritation at the injection site.
4. Wash your hands.
5. Carefully follow the injection pen directions for loading the cartridge into the injection pen.

Injecting Each Dose:

1. Wash your hands.
2. Inspect the insulin. LANTUS should be a clear and colorless solution with no visible particles. Do not use it if you notice anything unusual in the appearance of solution.
3. It is not necessary to shake or rotate the cartridge inserted into the injection pen before use.
4. Remove the protective cap.
5. Follow the injection pen directions for attaching and changing the needle.
6. Check the cartridge inserted into the injection pen for air bubbles. If bubbles are present, remove them as instructed in the injection pen directions.
7. **Follow the injection pen directions for performing the Safety Test or Priming.**
8. Set the injection pen to the correct LANTUS dose as instructed in the injection pen directions.
9. There is no relevant difference in absorption of LANTUS between abdominal, thigh, or upper arm subcutaneous injection areas. However, injection sites within an injection area (abdomen, thigh, buttock, or upper arm) must be rotated from one injection to the next as instructed by your healthcare professional. This will reduce the risk of skin shrinking or thickening or lumps at the site.
    - **Do not** inject where the skin has pits, is thickened, or has lumps.
    - **Do not** inject where the skin is tender, bruised, scaly or hard, or into scars or damaged skin.
10. Cleanse the skin with alcohol where the injection is to be made.
11. Pinch and hold the skin and insert the needle attached to the injection pen as instructed by your doctor or diabetes educator.
12. To inject LANTUS, follow the directions for the injection pen.
13. Slowly count to 10 before removing the needle from the injection site and gently apply pressure for several seconds. DO NOT RUB THE AREA.
14. Remove the needle from the injection pen immediately after each injection as instructed in the directions for the injection pen. Dispose of the needle appropriately. Do not reuse the needle.

Hypo- or hyperglycemia can result from injecting insulin in the wrong site or incorrectly.

Hypoglycemia can result from injection directly into a blood vessel and if not recognized or treated may be followed by hyperglycemia since there was no LANTUS deposition for long-term absorption.

Usual dose:

The dosage of LANTUS should be individualized and determined based on your health professional's advice in accordance with your needs. You may take LANTUS at any time during the day, but you must take it at the same time every day.

Many factors may affect your usual LANTUS dose, which may include changes in your diet, activity, or work schedule. Follow your health professional's instructions carefully. Consult your health professional if you notice your insulin requirements changing markedly. Other factors that may affect your dose of insulin or your need to do additional blood/urine testing are:

Illness

Illness, especially with nausea and vomiting, diarrhea and/or fever, may cause your insulin requirements to change. Even if you are not eating, you will still require insulin. You and your doctor should establish a sick day plan for you to use in case of illness. When you are sick, test your blood/urine frequently and call your doctor as instructed.

Pregnancy

If you are planning to have a baby, are pregnant, or are nursing a baby, consult your doctor. Good control of diabetes is especially important for you and your unborn baby. Pregnancy may make managing your diabetes more difficult.

Medication

Always discuss any medications you are taking, prescription or "over-the-counter", with your health professional. To prevent drug interactions, volunteer the names of everything you are taking even before they ask if there have been any changes. Insulin requirements may be increased in the presence of drugs with hyperglycemic activity, such as contraceptives (for example, birth control pills, injections and patches), and hormone replacement therapies, corticosteroids, thyroid replacement therapy, and sympathomimetic agents such as decongestants and diet pills. Insulin requirements may be reduced in the presence of drugs with hypoglycemic activity, such as oral antidiabetic agents, salicylates (for example, aspirin), sulfa antibiotics, blood pressure medications including ACE inhibitors, and certain psychiatric medications including MAO inhibitors or antidepressants and anti-anxiety medications.

Substances such as beta-blockers (medicines used for conditions including blood pressure, heart arrhythmias, palpitations and headache) and alcohol may enhance or weaken the blood-glucose-lowering effect of insulins, and signs of hypoglycemia may be reduced or absent, as well.

Exercise

If your exercise routine changes, discuss with your health professional the possible need to adjust your insulin regimen. Exercise may lower your body's need for insulin during, and for some time after, the activity. As for all insulins, the rate of absorption, and consequently the onset and duration of action, may be affected by exercise and other variables.

Travel

Consult your health professional concerning possible adjustments in your insulin schedule if you will be traveling across time zones. You may want to take along extra insulin and supplies whenever you travel.

Overdose:

If you have **injected too much LANTUS,** your blood sugar level may become too low (hypoglycemia). Check your blood sugar frequently. In general, to prevent hypoglycemia you must eat more food and monitor your blood sugar. For information on the treatment of hypoglycemia, see "Common problems of diabetes" below.

Hypoglycemia may occur as a result of an excess of insulin relative to food intake, energy expenditure or both.

If you think you have taken too much LANTUS, contact your healthcare professional, hospital emergency department or regional poison control centre immediately, even if there are no symptoms.

Missed Dose:

If you have **missed a dose of LANTUS** or if you **have not injected enough insulin,** your blood sugar level may become too high (hyperglycemia). Check your blood sugar frequently. For information on the treatment of hyperglycemia, see "Common problems of diabetes" below.

Do not take a double dose to make up for a forgotten dose.

What are possible side effects from using LANTUS?

These are not all the possible side effects you may feel when taking LANTUS. If you experience any side effects not listed here, contact your healthcare professional.

Common problems of diabetes

Hypoglycemia (Insulin Reaction)

Hypoglycemia (too little glucose in the blood) is one of the most frequent adverse events experienced by insulin users. It can be brought on by situations such as:

- intercurrent conditions (illness, stress, or emotional disturbances),
- accidental injection of an increased insulin dose,
- malfunction and/or misuse of medical devices,
- too-low food intake, or skipped meals,
- an increase in exercise,
- a new insulin type or schedule,
- some new medications, including prescriptions, over-the counter medication, herbs, vitamins and street drugs.

Symptoms of mild to moderate hypoglycemia may occur suddenly and can include:

- abnormal behavior (anxiety, irritability, restlessness, trouble concentrating, personality changes, mood changes, confusion or nervousness),
- fatigue,
- tingling in your hands, feet, lips, or tongue,
- tremor (shaking),
- unsteady gait (walking),
- dizziness, light-headedness, or drowsiness,
- headache,
- blurred vision,
- slurred speech,
- palpitations (rapid heartbeat),
- cold sweat,
- pale skin,
- nightmares or trouble sleeping,
- nausea,
- hunger.

Mild to moderate hypoglycemia may be treated by consuming foods or drinks that contain sugar. Patients should always carry a quick source of sugar, such as candy, juice or glucose tablets,

prominently labelled for rescuers. Contact your health professional about appropriate proportions of carbohydrates.

Signs of severe hypoglycemia can include:

- disorientation,
- convulsions,
- loss of consciousness,
- seizures.

Severe hypoglycemia may require the assistance of another person. Patients who are unable to take sugar orally or who are unconscious may require an injection of glucagon or should be treated with intravenous administration of glucose by medical personnel. Without immediate medical help, serious reactions or even death could occur.

The early warning symptoms of hypoglycemia may be changed, be less pronounced, or be absent, as for example, in patients whose sugar levels are markedly improved, in elderly patients, in patients with diabetic nerve disease, in patients with a long history of diabetes, or in patients receiving treatment with certain other drugs. Such situations may result in severe hypoglycemia (and possibly, loss of consciousness) before a patient has symptoms.

Some people may not recognize when their blood sugar drops too low. Often the first sign of this is confusion or loss of consciousness. Educational and behavioural programs, including blood glucose awareness training, may help improve your ability to detect hypoglycemia and reduce the frequency of severe hypoglycemia.

Without recognition of early warning symptoms, you may not be able to take steps to avoid more serious hypoglycemia. Be alert for all of the various types of symptoms that may indicate hypoglycemia. Patients who experience hypoglycemia without early warning symptoms should monitor their blood glucose frequently, especially prior to activities such as driving a car or using mechanical equipment. If the blood glucose is below your normal fasting glucose, you should consider eating or drinking sugar-containing foods to treat your hypoglycemia.

Other people may develop hypoglycemia during the night – this is called nocturnal hypoglycemia. It is fairly common and lasts over 4 hours. Because the person is usually asleep when it occurs, nocturnal hypoglycemia can go undetected, resulting in increased risk of severe hypoglycemia compared to the daytime. To help reduce your risk of asymptomatic nocturnal hypoglycemia, your doctor may ask you to periodically monitor your overnight blood glucose levels.

If you have frequent episodes of hypoglycemia, experience difficulty in recognizing the symptoms, or if your diabetes is getting worse, you should consult your health professional to discuss possible changes in therapy, meal plans, and/or exercise programs to help you avoid hypoglycemia.

Hyperglycemia

Hyperglycemia (too much glucose in the blood) may develop if your body has too little insulin.

Hyperglycemia can be brought about by:

- intercurrent conditions (illness, stress, or emotional disturbances),
- not taking your insulin or taking less than recommended by your health professional,
- malfunction and/or misuse of medical devices,
- eating significantly more than your meal plan suggests,
- a new insulin type or schedule,
- some new medications, including prescriptions, over-the counter medication, herbs, vitamins and street drugs,

Symptoms of hyperglycemia include:

- confusion or drowsiness,
- increased thirst,
- decreased appetite, nausea, or vomiting,
- rapid heart rate,
- increased urination and dehydration (too little fluid in your body),
- blurred vision,
- flushed dry skin,
- acetone odour of breath.

Hyperglycemia can be mild or severe. It can **progress to high glucose levels, diabetic ketoacidosis (DKA), and result in unconsciousness and death.**

Diabetic ketoacidosis (DKA)

The first symptoms of diabetic ketoacidosis usually come on over a period of hours or days. With ketoacidosis, urine tests show large amounts of glucose and acetone.

Symptoms of diabetic ketoacidosis include:

First symptoms:

- drowsiness,
- flushed face,
- thirst,
- loss of appetite,
- fruity smelling breath,
- rapid, deep breathing,
- abdominal (stomach area) pain.

Severe symptoms:

- heavy breathing,
- rapid pulse.

Prolonged hyperglycemia or diabetic ketoacidosis can lead to:

- nausea,
- vomiting,
- dehydration,
- loss of consciousness,
- death.

Severe or continuing hyperglycemia or DKA requires prompt evaluation and treatment by your health professional. LANTUS should not be used to treat DKA, and the persons treating you should be advised you are taking a long-acting insulin and about your regimen.

Allergic reactions

In rare cases, a patient may be allergic to an insulin product. Severe insulin allergies may be life-threatening. If you think you are having an allergic reaction, seek medical help immediately.

Signs of insulin allergy include:

- a rash all over your body,
- shortness of breath,
- wheezing (trouble breathing),

- a fast pulse,
- sweating,
- low blood pressure.

Possible reactions on the skin at the injection site

Injecting insulin can cause the following reactions on the skin at the injection site:

- a little depression in the skin (lipoatrophy),
- skin thickening (lipohypertrophy),
- skin lumps (localized cutaneous amyloidosis),
- redness, swelling, or itching at injection site.

You can reduce the chance of getting an injection site reaction if you change the injection site each time. If you have local injection site reactions, contact your health professional as a sudden change of site may result in hypoglycemia.

In some instances, these reactions may be related to factors other than insulin, such as irritants in the skin cleansing agent or poor injection technique.

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, talk to your healthcare professional.

Reporting Side Effects
You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada.html) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

Storage:

Unopened Cartridge:

Unopened LANTUS cartridges should be stored in a refrigerator, between 2°C and 8°C. Keep LANTUS away from direct heat and light. LANTUS should not be stored in the freezer and should not be allowed to freeze. If LANTUS freezes or overheats, discard it.

Opened (In Use) Cartridge:

The opened cartridge in use must be kept unrefrigerated (15 to 30°C) for up to 28 days away from direct heat and light, as long as the temperature is not greater than 30°C. If the cartridge overheats or if there is any remaining insulin after 28 days, discard it. The opened cartridge in use must never be removed from and reinserted into the injection pen.

Do not use a cartridge of LANTUS after the expiration date stamped on the label or if it is cloudy or if you see particles.

Keep out of reach and sight of children.

If you want more information about LANTUS:

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html; the manufacturer's website www.sanofi.ca, or by calling 1-888-8LANTUS (1-888-852-6887).

This document is available in large print format by contacting the sponsor, sanofi-aventis Canada Inc., at: 1-888-8LANTUS (1-888-852-6887). The size of the large print can be further enlarged if needed.

This leaflet was prepared by sanofi-aventis Canada Inc.

Last Revised: November 3, 2021

PATIENT MEDICATION INFORMATION - LANTUS® SOLOSTAR®

READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

LANTUS® SoloSTAR® (Pre-filled disposable pen)

Insulin glargine injection (rDNA origin)

Read this carefully before you start taking LANTUS and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about LANTUS.

Serious Warnings and Precautions

- Hypoglycemia is the most common adverse effect of insulin, including LANTUS.
- Glucose monitoring is recommended for all patients with diabetes.
- Uncorrected hypoglycemic or hyperglycemic reactions can cause loss of consciousness, coma, or death.
- Any change of insulin should be made cautiously and only under medical supervision.
- LANTUS is not intended for intravenous or intramuscular administration.
- **LANTUS must not be mixed with any other insulin or diluted with any other solution because it might not work as intended**.
- This insulin product shall not be used if it is not water-clear and colourless or if it has formed a deposit of solid particles on the wall of the vial or cartridge.

What is LANTUS used for?

LANTUS [insulin glargine injection (rDNA origin)] is a recombinant human insulin analogue that is a long-acting blood-glucose-lowering agent administered subcutaneously (under the skin) once a day. LANTUS is indicated in the treatment of patients over 17 years of age with Type 1 or Type 2 diabetes mellitus who require basal (long-acting) insulin for the control of hyperglycemia. LANTUS is also indicated in the treatment of pediatric patients (> 6 years old) with Type 1 diabetes mellitus who require basal (long-acting) insulin for the control of hyperglycemia.

How does LANTUS work?

Insulin is a hormone produced by the pancreas, a large gland that lies near the stomach. This hormone is necessary for your body to use food, especially sugar, correctly. Diabetes occurs either when your pancreas does not make enough insulin to meet your body's needs or when your body is unable to use the insulin you normally produce properly.

When your body does not make enough insulin, you need an external source of insulin – that is why you must take insulin injections. LANTUS is similar to the insulin made by your body.

Insulin injections, such as LANTUS, play a key role in keeping your diabetes under control. In addition to proper insulin therapy, it's important to maintain a healthy lifestyle – this includes eating a balanced diet, participating in regular exercise or other physical activities, carefully monitoring your glucose levels and following your health professional's recommendations. These simple actions will compliment your insulin therapy and will ultimately help you gain greater control of your diabetes.

You have been instructed to test your blood and/or your urine regularly for glucose; it is especially important to test even more often when changing insulins or dosing schedule. If your blood tests consistently show above- or below- normal glucose levels, or your urine tests consistently show the

presence of glucose, your diabetes is not properly controlled and you must let your health professional know.

Insulin injections play an important role in keeping your diabetes under control. But the way you live – your diet, careful monitoring of your glucose levels, exercise, or planned physical activity and following your health professional's recommendations– all work with your insulin to help you control your diabetes.

Always keep an extra supply of insulin and needle on hand. Always wear medical alert identification and carry information about your diabetes so that appropriate treatment can be given if complications occur while you are away from home.

What are the ingredients in LANTUS?

Medicinal ingredient: insulin glargine (rDNA origin)

Non-medicinal ingredients: glycerol 85%, m-cresol, polysorbate 20, water, zinc, and hydrochloric acid and sodium hydroxide for pH adjustment.

LANTUS comes in the following dosage forms:

Solution for injection: 100 U/mL

Do not use LANTUS:

- if you are allergic to this drug or to any ingredient in the formulation or component of the container,
- if you have diabetic ketoacidosis;
- for intravenous or intramuscular injections.
- if your blood sugar is too low (hypoglycemia). After treating your low blood sugar, follow your health care provider's instructions on the use of Lantus.

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take LANTUS. Talk about any health conditions or problems you may have, including if you:

- You are planning to have a baby, are pregnant, or are nursing a baby;
- You are taking any medication.

If you develop skin changes at the injection site. The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (see How to take LANTUS). Contact your healthcare professional if you are currently injecting into a lumpy area before you start injecting in a different area. A sudden change of site may result in hypoglycemia. Your healthcare professional may tell you to check your blood sugar more closely, and to adjust your insulin or your other antidiabetic medications dose.

Accidental mix-ups between insulin glargine and other insulins, particularly short-acting insulins, have been reported. To avoid medication errors between insulin glargine and other insulins, check your insulin labels before every injection.

Hypokalemia (low potassium) is a possible side effect with all insulins. You might be more at risk if you are using potassium lowering drugs or losing potassium through other means (e.g. diarrhea). Symptoms of hypokalemia may include: Fatigue, muscle weakness or spasms, constipation, tingling or numbness, feeling of skipped heart beats or palpitations.

If you have diabetic retinopathy (condition affecting the retina of the eye) and you have a marked change in blood glucose levels, the retinopathy may temporary get worse. Ask your doctor about this.

Other warnings you should know about:

The use of thiazolidinediones (such as rosiglitazone and pioglitazone), alone or in combination with other antidiabetic agents (including insulin), has been associated with heart failure and swelling of the lower extremities. Please contact your physician immediately if you develop symptoms of shortness of breath, fatigue, exercise intolerance, or swelling of the lower extremities while you are on these agents.

Concomitant oral antidiabetics treatment may need to be adjusted.

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

The following may interact with LANTUS:

Other medicines, including non-prescription medicines, and dietary supplements (such as vitamins) can change the way insulin works. Your dose of insulin or other medications may need to be changed in consultation with your health professional. Please see "Proper use of this medication" section below for potential medication interactions with insulin.

How to take LANTUS:

Your doctor has recommended the type of insulin that he/she believes is best for you. DO NOT USE ANY OTHER INSULIN EXCEPT ON THE ADVICE AND DIRECTION OF YOUR DOCTOR.

LANTUS is a clear solution and looks like some short-acting insulins. Always check for the name of the insulin on your carton and your SoloSTAR label when you pick it up from the pharmacy to make sure it is the same as what your doctor has recommended.

CAREFULLY FOLLOW THE DIRECTIONS SUPPLIED BY YOUR HEALTH PROFESSIONAL ON THE CORRECT USE OF YOUR SOLOSTAR TO:

- **HELP AVOID CONTAMINATION AND POSSIBLE INFECTION**
- **AND TO OBTAIN AN ACCURATE DOSE.**

Do not reuse needles. INJECTION PENS, CARTRIDGES, NEEDLES, AND SYRINGES MUST NOT BE SHARED. **You may give another person a serious infection, or get a serious infection from them**. This injection pen is for single patient use. Do not share it with anyone including other family members, even if the needle on the injection pen is changed. Do not use on multiple patients.

Preparing the Dose

1. To avoid medication errors, check the label of the insulin of the SoloSTAR pen to make sure you have the correct insulin.
2. Inspect the insulin. LANTUS should be a clear and colorless solution with no visible particles. Do not use it if you notice anything unusual in the appearance of the solution.
3. Make sure the insulin is at room temperature to minimize local irritation at the injection site.
4. Wash your hands.
5. It is not necessary to shake or rotate the SoloSTAR before use.
6. Remove the protective cap.
7. Follow the SoloSTAR directions for attaching and changing the needle.
8. Check the SoloSTAR for air bubbles. If bubbles are present, remove them as instructed in the SoloSTAR directions.

9. **Follow the SoloSTAR directions for performing the Safety Test.**
10. Set the SoloSTAR to the correct LANTUS dose as instructed in the SoloSTAR directions.
11. There is no relevant difference in absorption of LANTUS between abdominal, thigh, or upper arm subcutaneous injection areas. However, injection sites within an injection area (abdomen, thigh, buttock, or upper arm) must be rotated from one injection to the next as instructed by your healthcare professional. This will reduce the risk of skin shrinking or thickening or lumps at the site.
    - **Do not** inject where the skin has pits, is thickened, or has lumps.
    - **Do not** inject where the skin is tender, bruised, scaly or hard, or into scars or damaged skin.
12. Cleanse the skin with alcohol where the injection is to be made.
13. Pinch and hold the skin and insert the needle attached to the SoloSTAR as instructed by your doctor or diabetes educator.
14. To inject LANTUS, follow the directions for the SoloSTAR.
15. Slowly count to 10 before removing the needle from the injection site and gently apply pressure for several seconds. DO NOT RUB THE AREA.
16. Remove the needle from the SoloSTAR immediately after each injection as instructed in the directions for the SoloSTAR. Dispose of the needle appropriately. Do not reuse the needle.

Hypo- or hyperglycemia can result from injecting insulin in the wrong site or incorrectly. Hypoglycemia can result from injection directly into a blood vessel and if not recognized or treated may be followed by hyperglycemia since there was no deposition for long-term absorption.

Usual dose:

The dosage of LANTUS should be individualized and determined based on your health professional's advice in accordance with your needs. You may take LANTUS at any time during the day, but you must take it at the same time every day.

Many factors may affect your usual LANTUS dose, which may include changes in your diet, activity, or work schedule. Follow your health professional's instructions carefully. Consult your health professional if you notice your insulin requirements changing markedly. Other factors that may affect your dose of insulin or your need to do additional blood/urine testing are:

Illness

Illness, especially with nausea and vomiting, diarrhea and/or fever, may cause your insulin requirements to change. Even if you are not eating, you will still require insulin. You and your doctor should establish a sick day plan for you to use in case of illness. When you are sick, test your blood/urine frequently and call your doctor as instructed.

Pregnancy

If you are planning to have a baby, are pregnant, or are nursing a baby, consult your doctor. Good control of diabetes is especially important for you and your unborn baby. Pregnancy may make managing your diabetes more difficult.

Medication

Always discuss any medications you are taking, prescription or "over-the-counter", with your health professional. To prevent drug interactions, volunteer the names of everything you are taking even before they ask if there have been any changes. Insulin requirements may be increased in the presence of drugs with hyperglycemic activity, such as contraceptives (for example, birth control pills, injections

and patches) and hormone replacement therapies, corticosteroids, thyroid replacement therapy, and sympathomimetic agents such as decongestants and diet pills. Insulin requirements may be reduced in the presence of drugs with hypoglycemic activity, such as oral antidiabetic agents, salicylates (for example, aspirin), sulfa antibiotics, blood pressure medications including ACE inhibitors, and certain psychiatric medications including MAO inhibitors or antidepressants and anti-anxiety medications.

Substances such as beta-blockers (medicines used for conditions including blood pressure, heart arrhythmias, palpitations and headache) and alcohol may enhance or weaken the blood-glucose-lowering effect of insulins, and signs of hypoglycemia may be reduced or absent, as well.

Exercise

If your exercise routine changes, discuss with your health professional the possible need to adjust your insulin regimen. Exercise may lower your body's need for insulin during, and for some time after, the activity. As for all insulins, the rate of absorption, and consequently the onset and duration of action, may be affected by exercise and other variables.

Travel

Consult your health professional concerning possible adjustments in your insulin schedule if you will be traveling across time zones. You may want to take along extra insulin and supplies whenever you travel.

Overdose:

If you have **injected too much LANTUS**, your blood sugar level may become too low (hypoglycemia). Check your blood sugar frequently. In general, to prevent hypoglycemia you must eat more food and monitor your blood sugar. For information on the treatment of hypoglycemia, see "Common Problems of diabetes" below.

Hypoglycemia may occur as a result of an excess of insulin relative to food intake, energy expenditure or both.

If you think you have taken too much LANTUS, contact your healthcare professional, hospital emergency department or regional poison control centre immediately, even if there are no symptoms.

Missed Dose:
If you have missed a dose of LANTUS or if you have not injected enough insulin, your blood sugar level may become too high (hyperglycemia). Check your blood sugar frequently. For information on the treatment of hyperglycemia, see "Common Problems of diabetes" below.

Do not take a double dose to make up for a forgotten dose.

What are possible side effects from using LANTUS?

These are not all the possible side effects you may feel when taking LANTUS. If you experience any side effects not listed here, contact your healthcare professional**.**

Common problems of diabetes

Hypoglycemia (Insulin Reaction)

Hypoglycemia (too little glucose in the blood) is one of the most frequent adverse events experienced by insulin users. It can be brought on by situations such as:

- intercurrent conditions (illness, stress, or emotional disturbances),
- accidental injection of an increased insulin dose,

- malfunction and/or misuse of medical devices,
- too-low food intake, or skipped meals,
- an increase in exercise,
- a new insulin type or schedule,
- some new medications, including prescriptions, over-the counter medication, herbs, vitamins and street drugs.

Symptoms of mild to moderate hypoglycemia may occur suddenly and can include:

- abnormal behavior (anxiety, irritability, restlessness, trouble concentrating, personality changes, mood changes, confusion or nervousness),
- fatigue,
- tingling in your hands, feet, lips, or tongue,
- tremor (shaking),
- unsteady gait (walking),
- dizziness, light-headedness, or drowsiness,
- headache,
- blurred vision,
- slurred speech,
- palpitations (rapid heartbeat),
- cold sweat,
- pale skin,
- nightmares or trouble sleeping,
- nausea,
- hunger.

Mild to moderate hypoglycemia may be treated by consuming foods or drinks that contain sugar. Patients should always carry a quick source of sugar, such as candy, juice or glucose tablets, prominently labelled for rescuers. Contact your health professional about appropriate proportions of carbohydrates.

Signs of severe hypoglycemia can include:

- disorientation,
- convulsions,
- loss of consciousness,
- seizures.

Severe hypoglycemia may require the assistance of another person. Patients who are unable to take sugar orally or who are unconscious may require an injection of glucagon or should be treated with intravenous administration of glucose by medical personnel. Without immediate medical help, serious reactions or even death could occur.

The early warning symptoms of hypoglycemia may be changed, be less pronounced, or be absent, as for example, in patients whose sugar levels are markedly improved, in elderly patients, in patients with diabetic nerve disease, in patients with a long history of diabetes, or in patients receiving treatment with certain other drugs. Such situations may result in severe hypoglycemia (and possibly, loss of consciousness) before a patient has symptoms.

Some people may not recognize when their blood sugar drops too low. Often the first sign of this is confusion or loss of consciousness. Educational and behavioural programs, including blood glucose

awareness training, may help improve your ability to detect hypoglycemia and reduce the frequency of severe hypoglycemia.

Without recognition of early warning symptoms, you may not be able to take steps to avoid more serious hypoglycemia. Be alert for all of the various types of symptoms that may indicate hypoglycemia. Patients who experience hypoglycemia without early warning symptoms should monitor their blood glucose frequently, especially prior to activities such as driving a car or using mechanical equipment. If the blood glucose is below your normal fasting glucose, you should consider eating or drinking sugar-containing foods to treat your hypoglycemia.

Other people may develop hypoglycemia during the night – this is called nocturnal hypoglycemia. It is fairly common and lasts over 4 hours. Because the person is usually asleep when it occurs, nocturnal hypoglycemia can go undetected, resulting in increased risk of severe hypoglycemia compared to the daytime. To help reduce your risk of asymptomatic nocturnal hypoglycemia, your doctor may ask you to periodically monitor your overnight blood glucose levels.

If you have frequent episodes of hypoglycemia, experience difficulty in recognizing the symptoms, or if your diabetes is getting worse, you should consult your health professional to discuss possible changes in therapy, meal plans, and/or exercise programs to help you avoid hypoglycemia.

Hyperglycemia

Hyperglycemia (too much glucose in the blood) may develop if your body has too little insulin.

Hyperglycemia can be brought about by:

- intercurrent conditions (illness, stress, or emotional disturbances),
- not taking your insulin or taking less than recommended by your health professional,
- malfunction and/or misuse of medical devices,
- eating significantly more than your meal plan suggests,
- a new insulin type or schedule,
- some new medications, including prescriptions, over-the counter medication, herbs, vitamins and street drugs,

Symptoms of hyperglycemia include:

- confusion or drowsiness,
- increased thirst,
- decreased appetite, nausea, or vomiting,
- rapid heart rate,
- increased urination and dehydration (too little fluid in your body),
- blurred vision,
- flushed dry skin,
- acetone odour of breath.

Hyperglycemia can be mild or severe. It can **progress to high glucose levels, diabetic ketoacidosis (DKA), and result in unconsciousness and death.**

Diabetic ketoacidosis (DKA)

The first symptoms of diabetic ketoacidosis usually come on over a period of hours or days. With ketoacidosis, urine tests show large amounts of glucose and acetone.

Symptoms of diabetic ketoacidosis include:

First symptoms:

- drowsiness,
- flushed face,
- thirst,
- loss of appetite,
- fruity smelling breath,
- rapid, deep breathing,
- abdominal (stomach area) pain.

Severe symptoms:

- heavy breathing,
- rapid pulse.

Prolonged hyperglycemia or diabetic ketoacidosis can lead to:

- nausea,
- vomiting,
- dehydration,
- loss of consciousness,
- death.

Severe or continuing hyperglycemia or DKA requires prompt evaluation and treatment by your health professional. LANTUS should not be used to treat DKA, and the persons treating you should be advised you are taking a long-acting insulin and about your regimen.

Allergic reactions

In rare cases, a patient may be allergic to an insulin product. Severe insulin allergies may be life-threatening. If you think you are having an allergic reaction, seek medical help immediately.

Signs of insulin allergy include:

- a rash all over your body,
- shortness of breath,
- wheezing (trouble breathing),
- a fast pulse,
- sweating,
- low blood pressure.

Possible reactions on the skin at the injection site

Injecting insulin can cause the following reactions on the skin at the injection site:

- a little depression in the skin (lipoatrophy),
- skin thickening (lipohypertrophy),
- skin lumps (localized cutaneous amyloidosis),
- redness, swelling, or itching at injection site.

You can reduce the chance of getting an injection site reaction if you change the injection site each time. If you have local injection site reactions, contact your health professional as a sudden change of site may result in hypoglycemia.

In some instances, these reactions may be related to factors other than insulin, such as irritants in the skin cleansing agent or poor injection technique.

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, talk to your healthcare professional.

Reporting Side Effects
You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada.html) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

Storage:

Unopened SoloSTAR:

Unopened LANTUS SoloSTAR should be stored in a refrigerator, between 2°C and 8°C. Keep LANTUS away from direct heat and light. LANTUS SoloSTAR should not be stored in the freezer and should not be allowed to freeze. If LANTUS SoloSTAR freezes or overheats, discard it.

Opened (In Use) SoloSTAR:

Opened LANTUS SoloSTAR in use must be kept unrefrigerated (15 to 30°C) for up to 28 days away from direct heat and light, as long as the temperature is not greater than 30°C. If the LANTUS SoloSTAR overheats or if there is any remaining insulin after 28 days, discard it.

Opened LANTUS SoloSTAR should not be stored in the freezer and should not be allowed to freeze. If LANTUS SoloSTAR freezes, discard it.

Do not use a LANTUS SoloSTAR after the expiration date stamped on the label or if it is cloudy or if you see particles.

Keep out of reach and sight of children.

If you want more information about LANTUS:

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html; the manufacturer's website www.sanofi.ca, or by calling 1-888-8LANTUS (1-888-852-6887).

This document is available in large print format by contacting the sponsor, sanofi-aventis Canada Inc., at: 1-888-8LANTUS (1-888-852-6887). The size of the large print can be further enlarged if needed.

This leaflet was prepared by sanofi-aventis Canada Inc.

Last revised: November 03, 2021

INSTRUCTIONS FOR USE: LANTUS® SOLOSTAR ®

SoloSTAR® is a prefilled pen for the injection of insulin. Your health professional has decided that SoloSTAR is appropriate for you, based on your ability to handle SoloSTAR. Talk with your health professional about proper injection technique before using SoloSTAR.

Read these instructions carefully before using your SoloSTAR. If you are not able to use SoloSTAR or to follow all the instructions completely on your own, you must use SoloSTAR only if you have help from a person who is able to follow the instructions completely.

Each SoloSTAR contains in total 300 units of insulin. You can set doses from 1 to 80 units in steps of 1 unit. Each pen contains multiple doses.

Keep this leaflet for future reference.

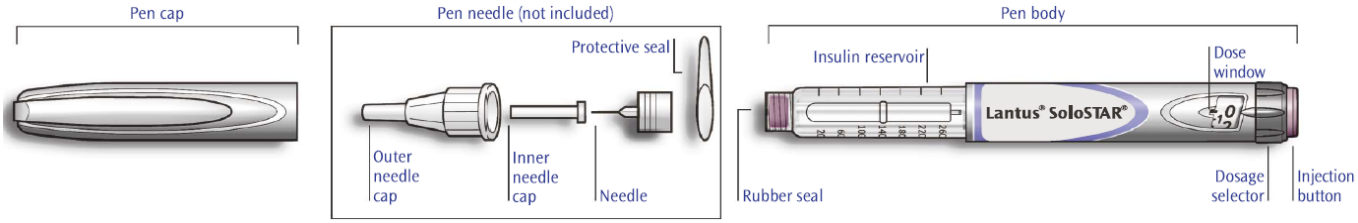
If you have any questions about SoloSTAR or about diabetes, ask your health professional or call sanofi-aventis at **1-888-8LANTUS (1-888-852-6887).**

IMPORTANT INFORMATION FOR USE OF SoloSTAR

- To avoid transmission of disease do not share injection pens, cartridges, needles or syringes. This injection pen is for single patient use. Do not share it with anyone including other family members, even if the needle on the injection pen is changed. Do not use on multiple patients.
- Always attach a new needle before each use. Needles are available in different lengths and gauges. Only use needles that have been approved for use with SoloSTAR. Contact your health professional for further information.
- Do not select a dose and/or press the injection button without a needle attached.
- Always perform the safety test before each injection (see Step 3).
- If your injection is given by another person, special caution must be taken by this person to avoid accidental needle injury and transmission of infection.
- Never use SoloSTAR if it is damaged or if you are not sure that it is working properly.
- Always have a spare SoloSTAR in case your SoloSTAR is lost or damaged.

Check the pen:

Hold the pen as shown in this leaflet. To ensure that you read the dose correctly, hold the pen horizontally, with the needle on the left and the dosage selector to the right as shown in the illustrations below.



Step 1: Check the insulin

A. Check the label on your SoloSTAR to make sure you have the correct insulin. The Lantus SoloSTAR is grey with a lilac injection button. Check the expiry date printed on the label of your pen. Do NOT use your LANTUS SoloSTAR after the expiration date.

B. Take off the pen cap.

C. Check the appearance of your insulin. Lantus is a clear insulin. Do not use this SoloSTAR if the insulin is cloudy, colored or has particles.

Step 2: Attach the needle

Always use a new sterile needle for each injection. This helps prevent contamination, and potential needle blocks.

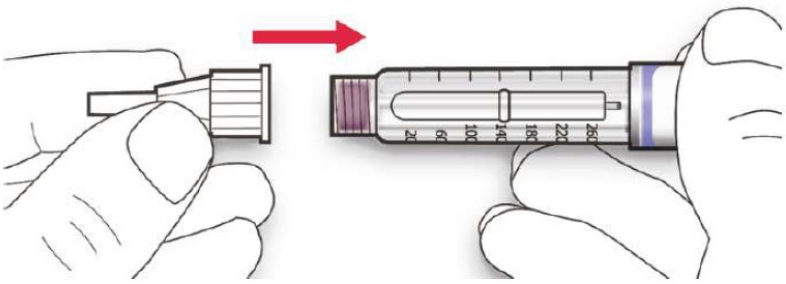
Before use of needle, carefully read "Instructions for Use" accompanying the needles.

Please note: The needles shown are for illustrative purposes only.

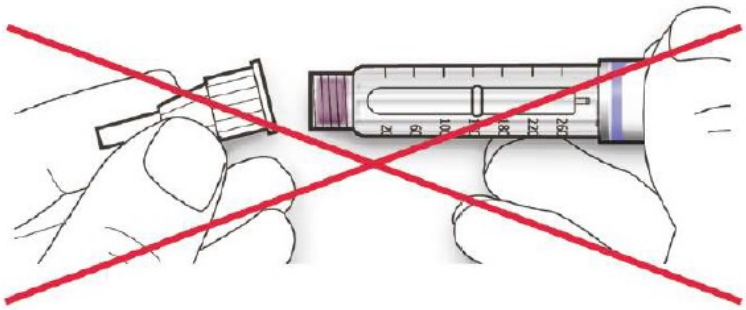
A. Wipe the rubber seal with alcohol.

B. Remove the protective seal from a new needle.

C. Line up the needle with the pen, and keep it straight as you attach it (screw or push on, depending on the needle type).



- If the needle is not kept straight while you attach it, it can damage the rubber seal and cause leakage, or break the needle.

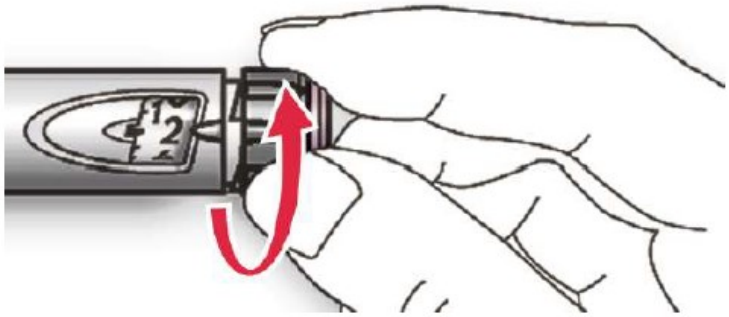


Step 3: Perform a safety test

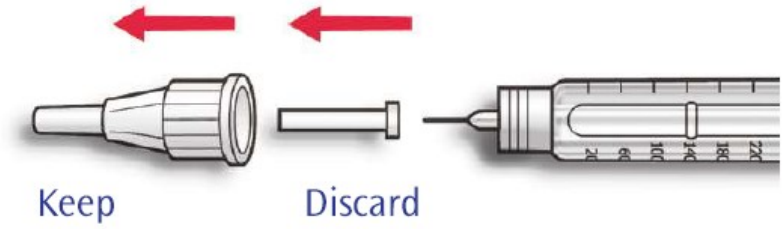
Always perform the safety test before each injection. This ensures that you get an accurate dose by:

- ensuring that pen and needle work properly
- removing air bubbles

A. Select a dose of 2 units by turning the dosage selector clockwise.



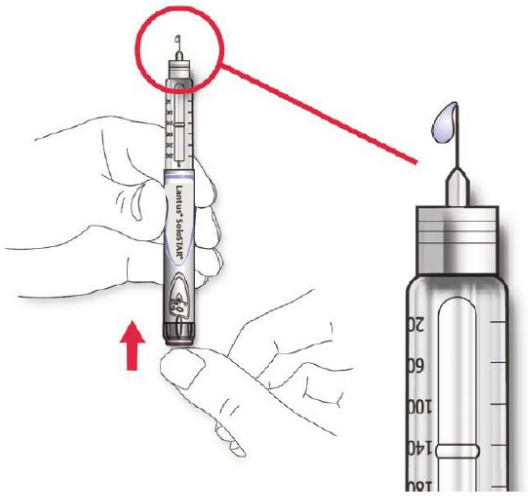
B. Take off the outer needle cap and keep it to remove the used needle after injection. Take off the inner needle cap and discard it.



C. Hold the pen with the needle pointing upwards.

D. Tap the insulin reservoir so that any air bubbles rise up towards the needle.

E. Press the injection button all the way in. Check if insulin comes out of the needle tip.



You may have to perform the safety test several times before insulin is seen.

- If no insulin comes out, check for air bubbles and repeat the safety test two more times to remove them.
- If still no insulin comes out, the needle may be blocked. Change the needle and try again.
- If no insulin comes out after changing the needle, your SoloSTAR may be damaged. Do not use this SoloSTAR.

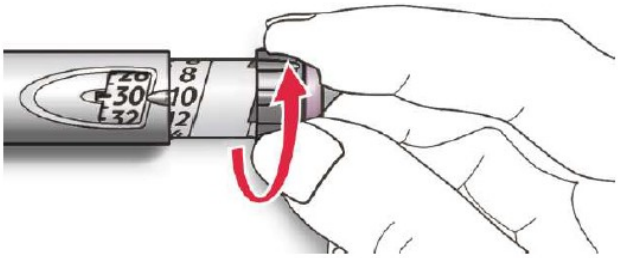
You must perform safety tests before you use the pen until you see insulin coming out of the needle tip. If you see insulin coming out of the needle tip, the pen is ready to use. If you do not see insulin coming out before taking your dose, you could get an underdose or no insulin at all. This could cause high blood sugar.

Step 4: Select the dose

You can set the dose in steps of 1 unit, from a minimum of 1 unit to a maximum of 80 units. If you need a dose greater than 80 units, you should give it as two or more injections.

A. Check that the dose window shows "0" following the safety test.

B. Select your required dose turning the dosage selector clockwise (in the example below, the selected dose is 30 units). If you turn past your dose, you can turn back down. (counter-clockwise).



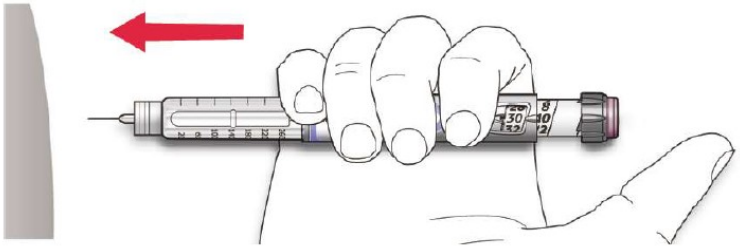
- Do not push the injection button while turning, as insulin will come out.
- You cannot turn the dosage selector past the number of units left in the pen. Do not force the dosage selector to turn. In this case, either you can inject what is remaining in the pen and complete your dose with a new SoloSTAR or use a new SoloSTAR for your full dose.

Step 5: Inject the dose

A. Clean the area of skin to be injected (e.g. with rubbing alcohol).

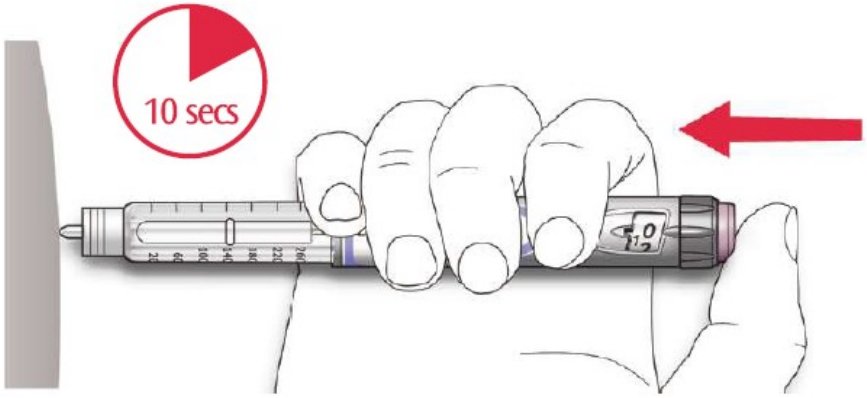
B. Use the injection method as instructed by your health professional.

C. Insert the needle into the skin.



D. Deliver the dose by pressing the injection button in all the way. The number in the dose window will progressively return to "0" as you inject.

E. Keep the injection button pressed all the way in. Slowly count to 10 before you withdraw the needle from the skin. This ensures that the full dose will be delivered.



The pen plunger moves with each dose. The plunger will reach the end of the cartridge when the total of 300 units of insulin has been used.

Step 6: Remove and discard the needle

Always remove the needle after each injection and store SoloSTAR without a needle attached. This helps prevent:

- Contamination and/or infection
- Entry of air into the insulin reservoir and leakage of insulin, which can cause inaccurate dosing.

A. Put the outer needle cap back on the needle, and use it to unscrew the needle from the pen. To reduce the risk of accidental needle injury, never replace the inner needle cap.

- Grip the widest part of the outer needle cap. Keep the needle straight and guide it into the outer needle cap back and push firmly on. The needle can puncture the cap if it is recapped at an angle
- Grip and squeeze the widest part of the outer need cap. Turn your pen several times with your other hand to remove the needle. Try again if the needle does not come off the first time.

- If your injection is given by another person, or if you are giving an injection to another person, special caution must be taken by this person when removing and disposing of the needle. Follow recommended safety measures for removal and disposal of needles (e.g. contact your health professional) in order to reduce the risk of accidental needle injury and transmisison of infectious diseases.

B. Dispose of the needle safetly. Used needles should be placed in sharps containers (such as biohazard containers), hard plastic containers (such as detergent bottles), or metal containers (such as an empty coffee can). Such containers should be sealed and disposed of properly.

C. Always put the pen cap back on the pen, then store the pen until your next injection.

STORAGE INSTRUCTIONS

Keep SoloSTAR out of the reach and sight of children.

Keep your SoloSTAR in cool storage (2°C to 8°C) until first use. Do not allow it to freeze. Do not put it next to the freezer compartment of your refrigerator, or next to a freezer pack.

If your SoloSTAR is in cool storage, take it out 1 to 2 hours before you inject to allow it to warm up. Cold insulin is more painful to inject.

Once you take your SoloSTAR out of cool storage, for use or as a spare, you can use it for up to 28 days. During this time it should be kept at room temperature (15 to 30°C) and must not be stored in the refrigerator. If there is any remaining insulin after 28 days, discard it.

Do not use SoloSTAR after the expiration date printed on the label of the pen or if it is cloudy, colored or if you see particles.

Protect SoloSTAR from light.

Discard your used SoloSTAR as required by your local authorities.

MAINTENANCE

Protect your SoloSTAR from dust and dirt.

You can clean the outside of your SoloSTAR by wiping it with a damp cloth.

Do not soak, wash or lubricate the pen as this may damage it.

Your SoloSTAR is designed to work accurately and safely. It should be handled with care. Avoid situations where SoloSTAR might be damaged. If you are concerned that your SoloSTAR may be damaged, use a new one.

Manufacturer :
Sanofi-aventis Deutschland GmbH,
D-65926 Frankfurt am Main, Germany

Importer/Distributor:
sanofi-aventis Canada Inc., Laval, Quebec, Canada H7V 0A3
Date of revision: December 1, 2021
Call toll free **1-888-8LANTUS (1-888-852-6887)**