

PRO-AAS EC; PRO-AAS CHEWABLE

PRODUCT MONOGRAPH

**PRO-AAS EC**

Acetylsalicylic Acid Delayed-release Tablets USP  
81 mg

Analgesic, anti-inflammatory, antipyretic and  
Platelet aggregation inhibitor

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**Date of Revision:**  
February 27, 2023

**Submission Control Number: 269256**

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**PRO-AAS EC**  
Acetylsalicylic Acid Delayed Release Tablets USP  
81 mg

**PART I: HEALTH PROFESSIONAL INFORMATION**

**SUMMARY PRODUCT INFORMATION**

<b>Route of Administration</b>	<b>Dosage Form / Strength</b>	<b>Clinically Relevant Nonmedicinal Ingredients</b>
Oral	PRO-AAS EC Acetylsalicylic Acid Delayed-Release Tablets, USP, 81mg	Lactose

*For a complete listing see DOSAGE FORMS, COMPOSITION AND PACKAGING.*

**INDICATIONS AND CLINICAL USE**

PRO-AAS EC (acetylsalicylic acid, ASA) is indicated for

the following uses, based on its platelet aggregation inhibitory properties:

- for reducing the risk of vascular mortality in patients with a suspected acute myocardial infarction.
- for reducing the risk of a **first** non-fatal myocardial infarction in individuals deemed to be at sufficient risk of such an event by their physician.
  - There is no evidence for a reduction in the risk of **first** fatal myocardial infarction.
  - PRO-AAS EC does not reduce the risk of either cardiovascular mortality or **first** strokes, fatal or non-fatal.

The decrease in the risk of **first** non-fatal myocardial infarction must be assessed against a much smaller but not insignificant increase in the risk of haemorrhagic stroke as well as gastrointestinal bleeding.

- for reducing the risk of morbidity and death in patients with unstable angina and in those with previous myocardial infarction.
- for reducing the risk of transient ischemic attacks (TIA) and for secondary prevention of atherothrombotic cerebral infarction.
- for prophylaxis of venous thromboembolism after total hip replacement.

## CONTRAINDICATIONS

- Patients who are hypersensitive to ASA, salicylates, non-steroidal anti-inflammatory drugs (NSAIDs), analgesics, antipyretics or other ingredients in the product or component of the container. For a complete listing, see DOSAGE FORMS, COMPOSITION AND PACKAGING section of the product monograph.
- Acute gastrointestinal ulcer
- History of gastrointestinal ulcers
- Hemorrhagic diathesis
- Active or Severe hepatic failure, renal failure, or congestive heart failure
- Patients with a history of asthma induced by the administration of salicylates or substances with a similar action, notably non-steroidal anti-inflammatory drugs
- Combination with methotrexate at doses of 15mg/week or more (see DRUG INTERACTIONS);
- Last trimester of pregnancy (see “Special Populations”)

## WARNINGS AND PRECAUTIONS

### General

ASA is one of the most frequent causes of accidental poisonings in toddlers and infants. Tablets or caplets should be kept well out of the reach of children.

ASA should be administered cautiously to patients with:

- uncontrolled hypertension
- impaired hepatic, renal function or cardiovascular circulation (e.g. renal vascular disease, congestive heart failure, volume depletion, major surgery, sepsis or major haemorrhagic events)
- a history of bleeding tendencies, significant anemia and/or hypofibrinogenemia
- concomitant treatment with anticoagulants (see DRUG INTERACTIONS)
- concomitant treatment with NSAIDs, such as ibuprofen and naproxen in patients taking ASA regimen (see DRUG INTERACTIONS)

### Hypersensitivity

ASA may precipitate bronchospasm and induce asthma attacks or other hypersensitivity reactions. Risk factors are present bronchial asthma, hay fever, nasal polyps, or chronic respiratory disease. This applies also for patients showing allergic reactions (e.g. cutaneous reactions, itching, urticaria) to other substances.

## **Hematologic**

Due to effect on platelet aggregation, ASA may be associated with an increased risk of bleeding. Caution is necessary when salicylates and anticoagulants are prescribed concurrently, as salicylates can depress the concentration of prothrombin in the plasma.

## **Peri-Operative Considerations**

Due to its inhibitory effect on platelet aggregation which persists for several days after administration, ASA may lead to an increased bleeding tendency during and after surgical operations (including minor surgeries, e.g. dental extractions).

## **Special Populations**

### **Women attempting to conceive:**

During the first and second trimester of pregnancy, acetylsalicylic acid containing drugs should not be given unless clearly necessary. If acetylsalicylic acid containing drugs are used by a woman attempting to conceive, or during the first and second trimester of pregnancy, the dose should be kept as low as possible and duration of treatment as short as possible.

Based on the limited published data available, the studies in humans showed no consistent effect of acetylsalicylic acid on impairment of fertility and there is no conclusive evidence from animal studies.

### **Pregnant Women:**

Acetylsalicylic acid inhibits prostaglandin synthesis. Inhibition of prostaglandin synthesis may adversely affect the pregnancy and/or the embryo/foetal development. Data from epidemiological studies raise concern about an increased risk of miscarriage and of malformations after the use of a prostaglandin synthesis inhibitor in early pregnancy. The risk is believed to increase with dose and duration of therapy. Available data do not support any association between intake of acetylsalicylic acid and an increased risk for miscarriage. For acetylsalicylic acid the available epidemiological data regarding malformation are not consistent, but an increased risk of gastroschisis could not be excluded. A prospective study with exposure in early pregnancy (1<sup>st</sup>-4<sup>th</sup> month) of about 14,800 mother-child pairs has not yielded any association with an elevated rate of malformations.

**During the third trimester of pregnancy, all prostaglandin synthesis inhibitors may expose the foetus to:**

- cardiopulmonary toxicity (with premature closure of the ductus arteriosus and pulmonary hypertension);
- renal dysfunction, which may progress to renal failure with oligo-hydroamniosis;

**Use of any prostaglandin synthesis inhibitors at the end of pregnancy may expose the mother and the child to:**

- possible prolongation of bleeding time, an anti-aggregating effect which may occur even after very low doses;
- inhibition of uterine contractions resulting in delayed or prolonged labour.

Consequently, acetylsalicylic acid is contraindicated in the third trimester of pregnancy.

**Nursing Women:**

ASA and its metabolites pass into breast milk in small quantities. Since no adverse effects on the infant have been observed after occasional use, interruption of breast-feeding is usually unnecessary. However, on regular use or on intake of high doses, breast feeding should be discontinued early.

**Pediatrics:**

A possible association between Reye's syndrome and the use of salicylates has been suggested but not established. Reye's syndrome has also occurred in many patients not exposed to salicylates. ASA should not be used in children and teenagers for viral infections with or without fever without consulting a physician. In certain viral illnesses, especially influenza A, influenza B and varicella, there is a risk of Reye's syndrome, a very rare but possibly life-threatening illness requiring immediate medical action. The risk may be increased when ASA is given concomitantly; however, no causal relationship has been proven. Should persistent vomiting occur with such diseases; this may be a sign of Reye's syndrome.

**Low Uric Acid Excretion:**

At low doses, ASA reduces excretion of uric acid. This can trigger gout in patients who already tend to have low uric acid excretion.

**Glucose-6-Phosphate Dehydrogenase (G6PD) Deficiency:**

In patient suffering from glucose-6-phosphate dehydrogenase (G6PD) deficiency, ASA may induce hemolysis or haemolytic anemia. Factors that may increase the risk of haemolysis are high dosage, fever, or acute infections.

**Elderly:**

In general, ASA should be used with caution in elderly patients ( $\geq 60$  years of age), as these patients may be more susceptible to adverse reactions.

**Monitoring and Laboratory Tests**

Salicylates can produce changes in thyroid function tests.

Isolated cases of liver function disturbances (transaminases increase) have been described.

## ADVERSE REACTIONS

Many adverse reactions due to ASA ingestion are dose-related. The following is a list of adverse reactions that have been reported in the literature and from both clinical and post-marketing experience.

Gastrointestinal (the frequency and severity of these adverse effects are dose-related): nausea, vomiting, diarrhea, gastrointestinal bleeding and/or ulceration, dyspepsia, heartburn, hematemesis, melena, abdominal pain, rarely gastrointestinal inflammation, and intestinal diaphragm disease with frequency not known (especially in long-term treatment).

Bleeding: Due to platelet inhibition, bleedings e.g. perioperative haemorrhage, hematomas, epistaxis, urogenital bleedings, and gingival bleedings may occur.

Serious bleedings, such as gastrointestinal tract hemorrhages, and cerebral hemorrhages are rare. Isolated cases of potentially life threatening bleedings have been reported, especially in patients with uncontrolled hypertension and/or concomitant antihemostatic agents.

Ear: dizziness, tinnitus, vertigo, hearing loss. Dizziness and tinnitus have been reported, which may be indicative of an overdose.

Hematologic: leukopenia, thrombocytopenia, purpura, anemia. Anemia with respective laboratory and clinical signs and symptoms, such as asthenia, pallor, and hypoperfusion is generally caused by bleeding (e.g. occult microbleeding, acute or chronic bleeding). Hemolysis and hemolytic anemia in patients with severe forms of glucose-6-phosphate dehydrogenase (G6PD) deficiency has been reported.

Dermatologic and hypersensitivity: urticaria, pruritus, skin eruptions, asthma, anaphylaxis, edema, nasal congestion and rhinitis. Severe allergic reactions, including anaphylactic shock are very rarely reported.

Miscellaneous: mental confusion, drowsiness, sweating, thirst. Transient hepatic impairment with increase in liver transaminases has very rarely been reported. Renal impairment and acute renal failure have been reported.

## DRUG INTERACTIONS

### Overview

ASA should be used with caution with other products that have anticoagulation or antiplatelet effects, as these effects may be potentiated. Drugs that bind to protein binding sites should also be used cautiously since ASA may displace drugs from their protein binding site.

### Contraindicated Interactions

**Methotrexate, used at doses of 15 mg/week or more:** Increased hematological toxicity of methotrexate (due to decreased renal clearance of methotrexate by anti-inflammatory agents in

general and displacement of methotrexate from its plasma protein binding by salicylates). See CONTRAINDICATIONS.

### **Drug-Drug Interactions**

**Methotrexate, used at 15 mg/week or less:** Salicylates may retard the elimination of methotrexate by decreasing renal clearance of methotrexate, displacing methotrexate from protein binding sites, and thereby increasing its hematological toxicity.

**Anti-coagulants, thrombolytics / other inhibitors of platelet aggregation / hemostasis, e.g. warfarin, heparin:** Caution is necessary when salicylates and anticoagulants, thrombolytics / other inhibitors of platelet aggregation / hemostasis prescribed concurrently, as salicylates can depress the concentration of prothrombin in the plasma, leading to an increased risk of bleeding.

**Oral hypoglycemics, e.g. insulin, sulfonylureas:** Large doses of salicylates have a hypoglycemic action and may enhance the effect of oral hypoglycemic agents. Diabetics receiving concurrent salicylate and hypoglycemic therapy should be monitored closely; reduction of the sulfonylurea hypoglycemic drug dosage may be necessary.

**Diuretics:** Diuretics in combination with acetylsalicylic acid at higher doses leads to decreased glomerular filtration via decreased prostaglandin synthesis. As a result, sodium excretion may be decreased by salicylate administration.

**Uricosuric Agents:** Salicylates in large doses are uricosuric agents; smaller amounts may depress uric acid clearance and thus decrease the uricosuric effects of other drugs.

**Valproic Acid:** Salicylates may alter valproic acid (VPA) metabolism and may displace VPA from protein binding sites, possibly intensifying the effects of VPA. Caution is recommended when VPA is administered concomitantly with salicylates.

**Glucocorticoids (systemic), except hydrocortisone used as replacement therapy in Addison's disease:** Decreased blood salicylate levels during corticosteroid treatment and risk of salicylate overdose after this treatment is stopped via increased elimination of salicylates by corticosteroids. Concurrent use may increase the incidence of gastrointestinal bleeding and ulceration.

**Angiotensin Converting Enzyme (ACE) Inhibitors:** The hyponatremic and hypotensive effects of ACE inhibitors *may* be diminished by the concomitant administration of ASA due to its indirect effect on the renin-angiotensin conversion pathway (i.e. inhibition of vasodilatory prostaglandins leading to decreased glomerular filtration). The potential interaction may be related to the dose of ASA (3 g/day or more).

**Selective Serotonin Re-uptake Inhibitors (SSRIs):** Increased risk of upper gastrointestinal bleeding due to possibly synergistic effect.

**Digoxin:** Plasma concentrations of digoxin are increased due to a decrease in renal excretion.



**NSAIDS:**

**ASA and other NSAIDs:** The use of other NSAIDs with salicylates at high doses ( $\geq 3\text{g/day}$ ) may increase the risk of ulcers and gastrointestinal bleeding due to a synergistic effect.

**Ibuprofen:** Ibuprofen can interfere with the anti-platelet effect of low dose ASA (81-325 mg per day). Long-term daily use of ibuprofen may render ASA less effective when used for cardioprotection and stroke prevention. To minimize this interaction, regular users of ibuprofen and of low-dose, immediate-release ASA should take the ibuprofen at least one hour after and 11 hours before the daily ASA dose. The use of delayed-release (e.g. enteric-coated) ASA is not recommended when using ibuprofen regularly.

**Naproxen:** Naproxen may attenuate the irreversible platelet inhibition induced by acetylsalicylic acid. Clinical pharmacodynamic data suggest that concurrent (same day) naproxen sodium usage for more than one day consecutively inhibits the effect of low-dose acetylsalicylic acid on platelet activity and this inhibition may persist for up to several days after stopping naproxen sodium therapy. The clinical relevance of this interaction is not known. Treatment with naproxen, in patients with increased cardiovascular risk may limit the cardiovascular protection of acetylsalicylic acid (see “*Special warnings and precautions for use*”)

Healthcare professionals should advise consumers and patients regarding the appropriate concomitant use of NSAIDs (i.e. ibuprofen or naproxen) and ASA.

**Drug-Food Interactions**

Interactions with food have not been established.

**Drug-Herb Interactions**

Interactions with herb have not been established.

**Drug-Laboratory Interactions**

Salicylates can produce changes in thyroid function tests.

**Drug-Lifestyle Interactions**

**Alcohol:** Increased damage to gastrointestinal mucosa and prolonged bleeding time due to additive effects of acetylsalicylic acid and alcohol. Patients having 3 or more alcoholic drinks per day should consult their physician before use.

## **DOSAGE AND ADMINISTRATION**

PRO-AAS EC tablets should preferably be taken after meals, with plenty of liquid.

### **Dosing Considerations**

Please see below for specific dosing instructions for each indication.

### **Recommended Dose and Dosage Adjustment**

#### **Platelet aggregation inhibitor:**

**Suspected Acute Myocardial Infarction:** An initial dose of at least 162 mg chewed or crushed to ensure rapid absorption as soon as a myocardial infarction is suspected. The same dose should be given as maintenance over the next 30 days. After 30 days, consider further therapy based on dosage and administration for prevention of recurrent MI (see Prior Myocardial Infarction).

**Prevention of a first non-fatal myocardial infarction:** 81 - 325 mg once daily, according to the individual needs of the patient, as determined by the physician.

**Prior Myocardial Infarction or Unstable Angina Pectoris:** 81 - 325 mg daily according to the individual needs of the patient, as determined by the physician.

**Transient Ischemic Attack and Secondary Prevention of Atherothrombotic Cerebral Infarction:** 81 - 325 mg daily according to the individual needs of the patient, as determined by the physician.

**Prophylaxis of Venous Thromboembolism after total hip replacement:** 162 - 325mg (of PRO-AAS EC 81 mg) daily according to the individual needs of the patient, as determined by the physician.

## **OVERDOSAGE**

Mild Overdose or Early Poisoning - burning in the mouth, lethargy, nausea, vomiting, tinnitus, sweating, thirst, tachycardia or dizziness.

Moderate Overdose - all of the symptoms from mild overdose plus tachypnea, hyperpyrexia, sweating, dehydration, loss of coordination, restlessness, mental confusion.

Severe Overdose - all of the symptoms from moderate overdose plus hypotension, hallucinations, stupor, hypoglycemia, convulsions, cerebral edema, oliguria, renal failure, cardiovascular failure, coma, hemorrhage, metabolic acidosis, respiratory alkalosis and/or failure.

Emergency Management:

1. Immediate transfer to hospital and maintain cardiovascular and respiratory support;
2. Gastric lavage, administration of activated charcoal;

3. Check of acid-base balance and correct if necessary;
4. Alkaline diuresis so as to obtain urine pH between 7.5 and 8 should be considered when plasma salicylate concentration is greater than 500 mg/L (3.6 mmol/L) in adults or 300 mg/L (2.2 mmol/L) in children;
5. Hemodialysis should be considered in severe poisoning 800 mg/L (5.8 mmol/L) in adults and 700 mg/L (5.0 mmol/L) in children, as renal elimination of salicylates may be slow due to the presence of acidic urine and renal failure. Hemodialysis should also be considered if the patient is experiencing severe systemic metabolic acidosis (arterial pH < 7.2), acute renal failure, pulmonary edema or CNS symptoms such as: drowsiness, agitation, coma or convulsions;
6. Fluid losses should be replaced with hypotonic solution (e.g. half saline) and supplemented with glucose 50 to 100 g/L;
7. Symptomatic treatment.

Fatal Dose: varies from 10 to 30 g of ASA. However, (in one case) 130 g of ASA was ingested without fatal outcome.

For management of a suspected drug overdose, contact your regional Poison Control Centre.

## **ACTION AND CLINICAL PHARMACOLOGY**

### **Mechanism of Action**

ASA interferes with the production of prostaglandins in various organs and tissues through acetylation of the enzyme cyclo-oxygenase. Prostaglandins are themselves powerful irritants and produce headaches and pain on injection in man. Prostaglandins also appear to sensitize pain receptors to other noxious substances such as histamine and bradykinin. By preventing the synthesis and release of prostaglandins in inflammation, ASA may avert the sensitization of pain receptors.

The antipyretic activity of ASA is due to its ability to interfere with the production of prostaglandin E<sub>1</sub> in the brain. Prostaglandin E<sub>1</sub> is one of the most powerful pyretic agents known.

The inhibition of platelet aggregation by ASA is due to its ability to interfere with the production of thromboxane A<sub>2</sub> within the platelet. Thromboxane A<sub>2</sub> is, largely, responsible for the aggregating properties of platelets.

In vitro studies have shown that ASA enhances the activity of the Nitric oxide (NO)-cGMP system and heme oxygenase-1 (HO-1) by acting on endothelial NO synthase site.

## **Pharmacokinetics**

### **Absorption:**

When ASA is taken orally, it is rapidly absorbed from the stomach and proximal small intestine. The gastric mucosa is permeable to the non-ionized form of acetylsalicylic acid, which passes through the stomach wall by a passive diffusion process.

Optimum absorption of salicylate in the human stomach occurs in the pH range of 2.15 to 4.10. Absorption in the small intestine occurs at a significantly faster rate than in the stomach. After an oral dose of 0.65 g ASA, the plasma acetylsalicylate concentration in man usually reaches a level between 0.6 and 1.0 mg % in 20 minutes after ingestion and drops to 0.2 mg % within an hour. Within the same period of time, half or more of the ingested dose is hydrolyzed to salicylic acid by esterases in the gastrointestinal mucosa and the liver, the total plasma salicylate concentration reaching a peak between one or two hours after ingestion, averaging between 3 and 7 mg %. Many factors influence the speed of absorption of ASA in a particular individual at a given time; tablet disintegration, solubility, particle size, gastric emptying time, psychological state, physical condition, nature and quantity of gastric contents, etc., all affect absorption.

### **Distribution:**

Distribution of salicylate throughout most body fluids and tissues proceeds at a rapid rate after absorption. Aside from the plasma itself, fluids which have been found to contain substantial amounts of salicylate after oral ingestion include spinal, peritoneal and synovial fluids, saliva and milk. Tissues containing high concentrations of the drug are the kidney, liver, heart and lungs. Concentrations in the brain are usually low, and are minimal in feces, bile and sweat.

The drug readily crosses the placental barrier. At clinical concentrations, from 50% to 90% of the salicylate is bound to plasma proteins especially albumin, while acetylsalicylic acid itself is bound to only a very limited extent. However, ASA has the capacity of acetylating various proteins, hormones, DNA, platelets and hemoglobin, which at least partly explains its wide-ranging pharmacological actions.

### **Metabolism:**

The liver appears to be the principal site for salicylate metabolism, although other tissues may also be involved. The three chief metabolic products of ASA or salicylic acid are salicyluric acid, the ether or phenolic glucuronide and the ester or acyl glucuronide. A small fraction is also converted to gentisic acid and other hydroxybenzoic acids. The half-life of ASA in the circulation is from 13 to 19 minutes so that the blood level drops quickly after absorption is complete. However, the half-life of the salicylate ranges between 3.5 and 4.5 hours, which means that 50% of the ingested dose leaves the circulation within that time.

### **Excretion:**

Excretion of salicylates occurs principally via the kidney, through a combination of glomerular filtration and tubular excretion, in the form of free salicylic acid, salicyluric acid, as well as phenolic and acyl glucuronides. Salicylate can be detected in the urine shortly after its ingestion but the full dose requires up to 48 hours for complete elimination. The rate of excretion of free salicylate is extremely variable, reported recovery rates in human urine ranging from 10% to

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85%, depending largely on urinary pH. In general, it can be stated that acid urine facilitates reabsorption of salicylate by renal tubules, while alkaline urine promotes excretion of the drug.

With the administration of 325 mg, elimination of ASA is linear following a first order kinetics. At high concentrations, elimination half life increases.

### **Special Populations and Conditions:**

Absorption and clearance of salicylates are not affected by gender or age.

### **STORAGE AND STABILITY**

**PRO-AAS EC:** Store between 15°C and 30°C.

### **SPECIAL HANDLING INSTRUCTIONS**

Not applicable.

### **DOSAGE FORMS, COMPOSITION AND PACKAGING**

**PRO-AAS EC:** Each round, white to off-white, film-coated tablet contains 81 mg A acetylsalicylic Acid with the non-medicinal ingredients: Colloidal Silicon Dioxide, Glyceryl Stearate, Lactose Anhydrous, Methacrylic Acid Copolymer, Methylated Silica, Methylcellulose, Polydimethylsiloxane, Polysorbate 65, Pregelatinized Starch, Sodium Bicarbonate, Sodium Lauryl Sulphate, Sorbic Acid, Stearic Acid, Sulfuric Acid, Talc, Titanium Dioxide and Triethyl Citrate.

Supplied in bottles of 500 and 1000 (for dispensing use only) tablets.

## PART II: SCIENTIFIC INFORMATION

### PHARMACEUTICAL INFORMATION

#### Drug Substance

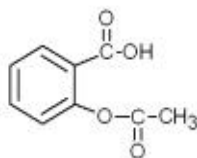
Proper name: Acetylsalicylic acid

Chemical name: 2-(Acetyloxy) benzoic acid; salicylic acid acetate

Molecular formula:  $C_9H_8O_4$

Molecular mass: 180.16

Structural formula:



Physicochemical properties:

Description: White granules, commonly tabular or needle-like, or white crystalline powder. Odourless or having a faint odour.

Solubility: Slightly soluble in water; freely soluble in alcohol; soluble in chloroform and ether; sparingly soluble in absolute ether.

pK value (25°C): 3.49

Melting Point: 135°C (rapid heating)

**CLINICAL TRIALS**

**Study demographics and trial design**

**Anti-Platelet Aggregation Studies**

Study # Cross-reference	Trial design	Dosage, route of administration and duration	Study subjects (n=number)	Mean age (Range)	Gender
Indication: Reducing the risk of vascular mortality in patients with a suspected acute myocardial infarction					
ISIS – 2	Multicentre international 2x2 factorial, randomized double blind, placebo controlled study.	160 mg oral for 30 days after suspected acute MI. (Median follow-up to 15 months).	ASA 8587, Streptokinase 8592, ASA + Strep 4292, Placebo 4300	Not available	Not available
Indication: Reducing the risk of a first non-fatal myocardial infarction in individuals deemed to be at sufficient risk of such an event by their physician					
TPT	Randomized, factorial, placebo-controlled, parallel-group study	warfarin (mean) 4.1 mg, ASA 75 mg	warfarin + ASA 1,277 warfarin + ASA placebo 1,268 ASA + warfarin placebo 1,268 ASA placebo + warfarin placebo 1,272	45-69 years	Male
HOT	Prospective, randomized, open with blinded endpoint evaluation (PROBE). ASA component was double blinded	ASA 75 mg or placebo; felodine 5mg, inhibitors, β-blockers, diuretics mean - 3.8 years	19,567 subjects of which 18,790 were randomized to ASA or Placebo (ASA = 9,399; Placebo = 9,391)	61.5 years – mean (50-80 years)	Male 53% Female 47%

**Platelet Aggregation Studies (continued)**

Study # Cross-reference	Trial design	Dosage, route of administration and duration	Study subjects (n=number)	Mean age (Range)	Gender
Indication: Reducing the risk of morbidity and death in patients with unstable angina and in those with previous myocardial infarction					
RISC	Prospective randomized, double blind, placebo controlled, multicentre study	ASA 75 mg daily for 3 months after initial heparin by IV for 5 days	- Heparin 198 - ASA 189 - Heparin + ASA 210 - Placebo 199	58 years	Male
RISC Trial, 12 month follow-up	Prospective randomized, double blind, placebo controlled, multicentre study	ASA 75 mg daily for 3 months after initial IV heparin for 5 days	- Heparin 198 - ASA 189 - Heparin + ASA 210 - Placebo 199	58 years	Male
Verheugt et al.	Prospective, randomized, placebo controlled, comparative multicentre study	ASA 100 mg for approx. 3 months	ASA 50 Placebo 50	ASA 61 years Placebo 64 years	ASA 72% male Placebo 76% male
SAPAT	Prospective, randomized, double blind placebo controlled, multicentred study	ASA 75 mg daily for up to 6 years (median 50 months)	ASA 1009 Placebo 1026	52 years	ASA male 51% Placebo males 53%
Indication: Reducing the risk of transient ischemic attacks (TIA) and for secondary prevention of atherothrombotic cerebral infarction					
SALT	Prospective, randomized, double blind, placebo controlled, multicentre study	ASA 75 mg daily for minimum of 12 months and maximum of 63 months (mean 30.6 months)	ASA 676 Placebo 684	50-79 years ASA mean: 67 years PLA mean: 66.8 years	ASA 65.4% male Placebo 66.2% male
Lindblad et al.	Prospective, randomized, double blind placebo controlled study	ASA 75 mg daily for 6 months	ASA 117 Placebo 115	66 years (40-81 years)	75% male



**Study results**

**Platelet Aggregation Studies Results**

Study #	Primary Endpoints	Associated value and statistical significance for ASA compared to Placebo	
Indication: Reducing the risk of vascular mortality in patients with a suspected acute myocardial infarction			
		Value	ASA vs. Placebo
ISIS – 2	Vascular death after 5 week period	ASA 9.4%, Placebo 11.8% Odds reduction 23%	2p < 0.00001 ASA was statistically significantly better than placebo
Indication: Reducing the risk of a first non-fatal myocardial infarction in individuals deemed to be at sufficient risk of such an event by their physician			
TPT	All ischemic heart disease defined as the sum of fatal and non-fatal events (i.e. coronary death and fatal and non-fatal myocardial infarction).	ASA 10.2%, Placebo 13.3% 20% reduction in IHD	p = 0.04 ASA was statistically significantly better than placebo
HOT	Major cardiovascular events were defined as all (fatal and non-fatal) myocardial infarctions, all (fatal and non-fatal) strokes, and all other cardiovascular deaths.	Reduction in all cardiovascular events by 15 % and all myocardial infarction by 36%	p=0.03 p = 0.002 ASA was statistically significantly better than placebo

**Platelet Aggregation Studies Results (continued)**

Study #	Primary Endpoints	Associated value and statistical significance for ASA compared to Placebo and Comparator		
Indication: Reducing the risk of morbidity and death in patients with unstable angina and in those with previous myocardial infarction				
		Value	ASA vs. Placebo	ASA vs. Comparator
RISC	Death or non-fatal MI	5 days: Risk Ratio 0.43 (CI 0.21-0.91) 30 days: Risk Ratio 0.31 (CI 0.18-0.53) 90 days: Risk Ratio 0.36 (0.21-0.57)	p=0.03 p<0.0001 p<0.0001 ASA was statistically significantly better than placebo	Heparin was not statistically significantly better than placebo and there was no comparison to ASA
RISC Trial, 12 month follow-up	MI and death	6 months: ASA-35 events, heparin 76 events. Risk Ratio 0.46 (CI 0.31-0.67) 12 months, ASA 44 events, heparin 85 events. Risk Ratio 0.52 (CI 0.37-0.72)	p<0.0001 p=0.0001 ASA was statistically significantly better than placebo	Not Performed
Verheugt et al.	Reinfarction rate	ASA 2 patients (4%), Placebo 9 patients (18%)	p<0.03 ASA was statistically significantly better than placebo	Not Performed
SAPAT	non-fatal or fatal MI or sudden death	ASA 8%, Placebo 12%	p=0.003 ASA was statistically significantly better than placebo	Not Performed

Indication: Reducing the risk of transient ischemic attacks (TIA) and for secondary prevention of atherothrombotic cerebral infarction				
		Value	ASA vs. Placebo	
SALT	Risk of stroke or death	18 % reduction in risk: Relative Risk 0.82 (CI 0.67-0.99)	p=0.02 ASA was statistically significantly better than placebo	
Lindblad et al.	Stroke (without complete recovery) at 6 months	ASA 2 cases, Placebo 11 cases	p=0.01 ASA was statistically significantly better than placebo	

## DETAILED PHARMACOLOGY

### Analgesia:

The analgesic effect of ASA has been recognized and utilized clinically for more than half a century. The degree of analgesia attained with ASA is moderate but it has proved highly suitable in the management of pathological pain of mild to moderate severity. As regards site of action, both peripheral and CNS factors appear to contribute significantly to the pain relief afforded by ASA. As for mechanism of action, the accumulated evidence of recent years indicates that ASA acts by interfering with the synthesis and release of prostaglandins, thereby averting the sensitization of pain receptors to mechanical stimulation or to other mediators.

### Antipyresis:

Interference with the synthesis and release of prostaglandins is also involved in the antipyretic activity of ASA. ASA effects a significant reduction in elevated body temperature, but has little effect on normal body temperature. This latter is maintained by a delicate balance between heat production and heat loss, with the hypothalamus regulating the set point at which body temperature is maintained. Fever is induced by synthesis and release of prostaglandins in this temperature regulating area and ASA acts by interfering with this process. Heat production is not inhibited but dissipation of heat is augmented by increased peripheral blood flow and by sweating.

### Anti-inflammatory effect:

Components of the anti-inflammatory action of the salicylates are increased capillary resistance, thus reducing capillary leakage in response to local toxins, interference with the production of tissue-destructive lysosomal enzymes and inhibition of the synthesis of prostaglandin E compounds which have been shown to be potent mediators of the inflammatory process. Besides interfering with the synthesis of prostaglandins ASA also acts by interfering with lymphocyte activation and lymphokine production. Lymphokines are produced by activated thymus lymphocytes which are abundant in the inflammatory tissues of patients suffering from rheumatoid arthritis. They cause increased vascular permeability and white blood cell chemotaxis, activate macrophages and stimulate lymphocyte DNA synthesis. They also induce release of tissue-destructive lysosomal enzymes as well as prostaglandins. The prostaglandins themselves, besides causing many manifestations of inflammation also act as a potent negative feedback mechanism by inhibiting lymphokine production. An in-depth review of the effects of ASA on the lymphocyte-macrophage axis in inflammation has been published.

### Effects on platelets: relation to hemostasis and thrombosis:

Platelets play an important role in normal hemostasis and clinical pathologic and experimental evidence indicates that their aggregation may play an equally important role in the evolution of a variety of disease states including cerebrovascular disease, ischemic heart disease and myocardial infarction. ASA inhibits platelet aggregation by irreversibly acetylating platelet cyclo-oxygenase, thereby blocking the production of prostaglandin endoperoxides PGG<sub>2</sub> and PGH<sub>2</sub> which are precursors of the major platelet-aggregating material, thromboxane A<sub>2</sub>, which is also a powerful vasoconstrictor. However, ASA does not prevent the adherence of platelets to damaged vessel walls or the release of granule contents from these adherent platelets. As the anuclear platelets are unable to synthesize new enzyme molecules to replace those that have been inactivated, inhibition of platelet aggregation by ASA thus persists for the life of the platelets.

Daily administration of 20 to 40 mg of ASA to healthy volunteers reduced platelet thromboxane production but inhibited platelet aggregation only partially. When administered to patients recovering from myocardial infarction, 50 mg ASA daily had the same effects on thromboxane production, platelet aggregation and bleeding times as 324 mg daily. Other studies show that ASA doses of 40 to 325 mg daily suppressed thromboxane production by at least 80%, but 80 mg ASA daily was the lowest dose required for maximum cumulative thrombocyte function inhibition. The protective effect of ASA against experimentally induced thrombosis or atherosclerosis has been demonstrated in several animal models.

Besides inhibiting the biosynthesis of thromboxane A<sub>2</sub> by platelets, ASA also interferes with the production of prostacyclin (PGI<sub>2</sub>) by vascular endothelial cells, the above-mentioned prostaglandin endoperoxides being common precursors of both thromboxane A<sub>2</sub> and prostacyclin. This latter compound is one of the most powerfully acting platelet deaggregators and vasodilators and thus it would appear that the interference with the hemostatic processes by ASA depends on the thromboxane-prostacyclin balance. In fact, it has been suggested that under some conditions, high doses of ASA may be thrombogenic. However, in contrast to platelets, the vascular endothelial cells are able to regenerate cyclo-oxygenase in a relatively short time and therefore therapeutic doses of ASA are likely to produce a lesser inhibition of the vascular prostacyclin system than of the platelet thromboxane-forming mechanism. In fact, there is no clinical evidence to indicate that high doses of ASA would result in an increased risk of thromboembolism. Indeed, quite the contrary was observed and, in a controlled study, paradoxical shortening of the bleeding time was not observed at a daily ASA dose of 3.6 g. Lower dosages of ASA make selective blocking of the TxA<sub>2</sub>-synthesis without a simultaneous blocking of PGI<sub>2</sub>-production possible.

The use of ASA in patients with a suspected acute myocardial infarction was investigated in a large multi-centre trial involving over 17,000 patients. Treatment with ASA resulted in a 23% reduction in the risk of vascular mortality versus placebo at 5 weeks. This use translates to a reduction of 24 deaths and 14 non-vascular events per 1000 patients treated.

The effect of time to therapy revealed that patients treated with ASA “early” (0 to 4 hours) versus “late” (5 to 24 hours) after symptom onset experienced reductions in the odds of vascular death of 25% versus 21%, versus placebo at 5 weeks. ‘Early’ treatment with ASA resulted in the saving of 4 additional lives per 1000 patients versus ‘late’ treatment.

Long term follow-up (up to 10 years) of patients in this study established that the early survival advantage to ASA persisted long term, and that this prolonged benefit was additive to that of fibrinolytic therapy.

The use of ASA for secondary prevention of thrombotic events is supported by a comprehensive overview of a number of clinical trials involving patients who already had some type of vascular disease (myocardial infarction, unstable angina, stroke or transient cerebral ischemia). Overall, these studies point to a 26-28 % reduction of the combined endpoints of MI, stroke, or vascular deaths by treatment with ASA alone at doses of 75 to 325 mg daily. Studies which directly compared low doses with higher doses (30-1200 mg/day), indicated that the incidence of gastrointestinal adverse effects were significantly less common with the lower doses.

In a study in patients undergoing coronary artery bypass surgery (CABG), patients given ASA at a dosage of 80 mg to 650 mg within 48 hours of revascularization had a risk of dying reduced to 1.3% as compared to 4.0% for those who did not receive treatment ( $P < 0.001$ ). There was a reduction in the incidence of myocardial infarction of 2.8% vs. 5.4%,  $p < 0.001$ . In total, the reduction in fatal and non-fatal outcomes was lower in those who received ASA, 10.6% vs. 18.6% in those who did not ( $p < 0.001$ ). The investigators Perioperative Ischemia Research Group (PIRG) concluded that early use of ASA after coronary by-pass surgery is safe and is associated with a reduce risk of death and ischemic complications involving the heart, brain, kidneys and gastrointestinal tract.

There was no ASA dose effect observed for either fatal or non-fatal outcomes with total doses lower than 325 mg daily.

Recent discussions have focused on the efficacy of ASA for the primary prevention of myocardial infarction and stroke. Two large scale randomized trials, aimed at evaluating prophylactic use of ASA, were conducted among apparently healthy male physicians (22,000 in the United States and 5,000 in the United Kingdom) and their results have been published. In the summary overview of the combined results presented by the principal investigators, the authors state that: "Taken together, these two primary prevention studies demonstrate a significant ( $p < 0.0001$ ) reduction in non-fatal myocardial infarction of about one third."

On the other hand, the same two studies have not indicated any reduction in overall vascular mortality and also suggested a slight increase in the risk of non-fatal disabling stroke. Current controversy exists about the applicability of these findings, obtained in a selected population, to the general public. As well, the optimum dosage regimen still remains an open question in this regard. Thus, the use of ASA for primary prevention should remain, in the words of the principal investigators:

"a matter of judgment in which the physician considers the cardiovascular risk profile of the patient and balances the known hazards of ASA...against the clearly established reduction in the incidence of a first myocardial infarction".

Effect of Ibuprofen on Platelet Aggregation, Bleeding and Clotting Times in Normal Volunteers. Experimental data suggest that ibuprofen may inhibit the effect of low dose ASA (81-325 mg per day) on platelet aggregation when they are dosed concomitantly. In one study, when a single dose of ibuprofen 400mg was taken within 8 hours before or within 30 minutes after immediate release ASA dosing (81mg), a decreased effect of acetylsalicylic acid on the formation of thromboxane or platelet aggregation occurred. However, the limitations of these data and the uncertainties regarding extrapolation of *ex vivo* data to the clinical situation imply that no firm conclusions can be made for regular ibuprofen use, and no clinically relevant effect is considered to be likely for occasional ibuprofen use. In a more recent double blind, randomized, placebo-controlled trial with healthy subjects by Cryer et. al, 2005, it has been shown that the drug-drug interaction is absent when immediate release ASA (81 mg) was taken 1 hour before taking ibuprofen (400 mg, TID) and also when ibuprofen was given 11 hours before the intake of low dose ASA. Thus, in order to adequately minimize potential interaction, the recommended dosing schedule for immediate release low dose ASA is to wait at least 11 hours after or 1 hour before taking up to a 400 mg dose of ibuprofen.

## MICROBIOLOGY

Not applicable

## TOXICOLOGY

The clinical and pathological signs of poisoning from toxic and lethal oral doses of ASA have been extensively described for man, much less extensively for other species.

The acute toxicity of ASA in animals has been studied and reviewed in detail by Boyd. The signs of poisoning in rats from doses in the lethal range are due to varying degrees of gastroenteritis, hepatitis, nephritis, pulmonary edema, encephalopathy, shock and minor toxic effects on other organs and tissues. Death is due to convulsions or cardiovascular shock. The major difference between species appears to be the ability to vomit toxic doses seen in man, cats and dogs, but not in mice, rats and rabbits. Otherwise, the pathological reaction to toxic doses of ASA is similar in all species in which such studies have been reported. The acute oral LD<sub>50</sub> values have been reported as being over 1.0 g/kg in man, cat and dog, 0.92 g/kg in female and 1.48 g/kg in male albino rats, 1.19 g/kg in guinea pig, 1.1 g/kg in mouse and 1.8 g/kg in rabbit.

Chronic toxicity studies were reported in mice and rats. When ASA was administered at 2 to 20 times the maximum tolerated clinical dose to mice for up to one year, a dose-related deleterious effect was observed on mean survival time, number of young born and number of young raised to weaning age. No evidence of carcinogenic effect was found.

The chronic oral LD<sub>50</sub> in male albino rats has been reported as 0.24 g/kg/day when given for 100 days. At these daily doses ASA produced no anorexia and no loss of body weight. It did produce polydipsia, aciduria, diuresis, drowsiness, hyperreflexia, piloerection, rapid and deep respiration, tachycardia, and during the second month, soft stools, epistaxis, sialorrhea, dacryorrhea and death in hypothermic coma. Autopsy disclosed the presence of a hypertrophied stomach, renal congestion, mild hepatitis and pneumonitis. While teratogenic effects were noted in animals at near lethal doses, there is no evidence to indicate that ASA is teratogenic in man.

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ASPIRIN Product Monograph, Bayer Inc., Date of revision: May 19, 2021, Control number 248124.

### PART III: CONSUMER INFORMATION

**PRO-AAS EC**  
**Acetylsalicylic Acid (ASA) Delayed-Release Tablets USP**  
**81 mg**

This leaflet is part III of a three-part "Product Monograph" published when **PRO-AAS EC** was approved for sale in Canada and is designed specifically for consumers. This leaflet is a summary and will not tell you everything about **PRO-AAS EC**. Contact your doctor or pharmacist if you have any questions about the drug.

#### **ABOUT THIS MEDICATION**

##### **What the medication is used for:**

- PRO-AAS EC is for doctor-supervised long-term preventive therapy.
- PRO-AAS EC may help save your life if you think you are having a heart attack.

##### **What it does:**

PRO-AAS EC is for doctor-supervised long-term preventative therapy.

#### **USE DURING A HEART ATTACK**

If you think you are having a heart attack, call 911 immediately then, chew or crush and swallow two PRO-AAS EC tablets. It is important to chew or crush the product, to ensure this medicine works quickly. Then get to a hospital immediately for medical attention. Inform the emergency services / hospital that you have taken PRO-AAS EC. Taking PRO-AAS EC, at the first signs and symptoms can reduce your risk of dying from a heart attack.

The signs and symptoms of a heart attack include:

- uncomfortable pressure, fullness, squeezing or pain in the centre of the chest that lasts more than a few minutes, or goes away quickly and comes back
- pain that spreads to the shoulders, neck or arms
- chest discomfort with light headedness, fainting, sweating, nausea or shortness of breath.

Chest pain is the most common symptom in both sexes, but women may also experience other symptoms such as unusual fatigue that gets worse with activity, difficulty of breathing, heartburn/nausea and /or vomiting unrelieved by antacids, tightening and pain in the chest that may extend into the neck, jaws and shoulders, general feeling of weakness, paleness, sweating

At the hospital, the doctor will then recommend appropriate therapy.

##### **When it should not be used:**

**DO NOT TAKE** if you:

- are allergic to ASA, salicylates, non-steroidal anti-inflammatory drugs (NSAIDs)/pain relievers/fever reducers or other ingredients in the product
- have an ulcer, history of ulcers or are prone to bleeding
- have active or severe liver or kidney disease or congestive heart failure

- have a history of asthma caused by salicylates or other NSAIDs
- are using methotrexate at doses of 15 mg/week or more
- are in the last trimester of pregnancy because it may cause problems to the unborn child or complications during delivery.

##### **What the medicinal ingredient is:**

Acetylsalicylic Acid (ASA)

##### **What the non-medicinal ingredients are (alphabetically):**

Colloidal Silicon Dioxide, Glyceryl Stearate, Lactose Anhydrous, Methacrylic Acid Copolymer, Methylated Silica, Methylcellulose, Polydimethylsiloxane, Polysorbate 65, Pregelatinized Starch, Sodium Bicarbonate, Sodium Lauryl Sulphate, Sorbic Acid, Stearic Acid, Sulfuric Acid, Talc, Titanium Dioxide and Triethyl Citrate.


##### **What dosage forms it comes in:**

PRO-AAS EC comes as enteric-coated tablets.

#### **WARNINGS AND PRECAUTIONS**

Your doctor will have asked you many questions about your health, lifestyle, and medications before recommending PRO-AAS EC. That is why it is very important that you tell your doctor all such information. If you have forgotten to tell your doctor about any of the following, call your doctor or pharmacist before you take this medicine (or any medicine):

- asthma, high blood pressure, heart disease, gout or other serious conditions
- age 60 years or older
- stomach problems such as heartburn
- **STOMACH BLEEDING WARNING: contains a NSAID which may cause severe stomach bleeding**
- impaired liver/kidney or impaired cardiovascular circulation (renal vascular disease, congestive heart failure, volume depletion, major surgery, sepsis or major hemorrhagic events)
- history of blood clotting defects
- severe anemia
- severe glucose-6-phosphate dehydrogenase (G6PD) deficiency
- are trying to conceive, pregnant or breast-feeding or
- will be having surgery in five to seven days.

 **CAUTION:** Contains enough drug to seriously harm a child. **KEEP OUT OF REACH AND SIGHT OF CHILDREN. DO NOT GIVE** to children/teenagers less than 18 years of age who have chicken pox or cold/flu symptoms before a doctor is consulted about Reye's Syndrome, a rare but serious illness reported to be associated with ASA.

#### **INTERACTIONS WITH THIS MEDICATION**

Tell your doctor if you are taking any prescription or nonprescription drugs including blood thinners, acetaminophen, anticonvulsants, anti-diabetic/arthritis/gout medicines, digoxin, glucocorticoids, methotrexate, selective-serotonin re-uptake inhibitors (a type of antidepressant), diuretics, ACE inhibitors (medication for high blood pressure), or if you are having 3 or more alcoholic drinks per day.

Do not use NSAIDs (ibuprofen or naproxen) if you are taking PRO-AAS EC for preventive therapy without talking to a doctor or pharmacist, as NSAIDs may interfere with the preventive benefits of PRO-AAS EC.

### PROPER USE OF THIS MEDICATION

#### Usual dose:

**DIRECTIONS (Adults ≥ 18 years): For doctor-supervised long-term preventive therapy:** 1 to 4 tablets daily, depending on your doctor's instructions. You should take this medicine at the same time every day. This will help you to remember to take your medication. For maximum effectiveness, it is very important to take PRO-AAS EC *every day* as directed by your doctor. Do not take more tablets than your doctor recommends. Your doctor may tell you to take PRO-AAS EC with other medications; he or she may also tell you to eat special foods, exercise or take other steps to safeguard your health. PRO-AAS EC tablets have a special *enteric coating*, which allows them to pass undissolved through the stomach and into the intestine. By dissolving in the intestine rather than the stomach, the risk of stomach upset is reduced. Therefore, to maintain this protection, the tablets should not be crushed or broken.

**During a heart attack:** Call 911, then, crush or chew 2 tablets.

#### **Can I continue to take PRO-AAS EC for relief of headache, fever or arthritis pain?**

PRO-AAS EC is specially designed for doctor supervised long-term preventive therapy. It is a smaller dose than you would need to take for a headache or other types of pain and is unlike other pain reliever products such as acetaminophen or NSAIDs e.g., ibuprofen, naproxen. Ask your doctor or pharmacist about other PRO-AAS EC products available (or other pain relievers such as acetaminophen, ibuprofen, naproxen or salicylates) and the correct dosage for the relief of your headache, fever or arthritic pain. Always consult with your doctor or pharmacist before taking other medications.

#### **Overdose:**

If you think you, or a person you are caring for, have taken too much PRO-AAS EC, contact a healthcare professional, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

#### **Missed dose:**

If you forget to take your medication, take it when you remember. But do not take *extra* medication to compensate for a missed dosage unless instructed by your doctor.

### SIDE EFFECTS AND WHAT TO DO ABOUT THEM

Like all medicines, PRO-AAS EC may occasionally produce unwanted side effects. You should call your doctor if you experience: nausea, vomiting; stomach irritation, or pain; if you notice that you are 'bruising' more easily than you were before starting a daily dose of PRO-AAS EC. Regular daily use of alcohol while on PRO-AAS EC daily therapy may increase your risk of developing gastrointestinal bleeding. This is not a complete list of side effects. For any unexpected effects while taking PRO-AAS EC, contact your doctor or pharmacist.

### SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM

Stop use and call your doctor if you experience an allergic reaction (skin rash, hives, itching, swelling of eyes, face, lips, tongue, or throat, wheezing or breathing difficulties); stomach bleeding (feel faint, bloody vomit, vomit that looks like coffee grounds, bright red blood in stools, black or tarry stools, stomach pain that does not get better); loss of hearing, ringing or buzzing in ears, or bleeding.

### HOW TO STORE IT

Keep out of reach and sight of children.  
Store between 15°C and 30°C.

#### Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234 2345

*NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

### MORE INFORMATION

This document plus the full product monograph, prepared for health professionals can be obtained by contacting Pro Doc Ltée at 1-800-361-8559, [www.prodoc.qc.ca](http://www.prodoc.qc.ca) or [info@prodoc.qc.ca](mailto:info@prodoc.qc.ca).

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Last revised: February 27, 2023