PRODUCT MONOGRAPH INCLUDING PATIENT MEDICATION INFORMATION

PrSANDOZ DESVENLAFAXINE

Desvenlafaxine Extended-Release Tablets

Tablets, 50 and 100 mg, oral

Antidepressant

Sandoz Canada Inc. 110 Rue de Lauzon Boucherville, Quebec, Canada J4B 1E6 Date of Initial Authorization: August 16, 2023 Date of Revision

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RECENT MAJOR LABEL CHANGES

7 WARNINGS AND PRECAUTIONS, General, Neurologic	01/2024
9.4 Drug-drug Interactions	01/2024

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PART I: HEALTH PROFESSIONAL INFORMATION

1 INDICATIONS

Sandoz Desvenlafaxine (desvenlafaxine) is indicated for:

• symptomatic relief of major depressive disorder in adults.

The short-term efficacy of desvenlafaxine has been demonstrated in placebo-controlled trials of up to 8 weeks.

The efficacy of desvenlafaxine in maintaining an antidepressant response for up to 26 weeks, following response during 20 weeks of acute, open-label treatment, was demonstrated in a placebo-controlled trial.

Physicians who elect to use Sandoz Desvenlafaxine for extended periods should periodically reevaluate the usefulness of the drug for individual patients.

1.1 Pediatrics

Pediatrics (<18 years of age): Based on the data submitted and reviewed by Health Canada, the safety and efficacy of desvenlafaxine in pediatric patients have not been established; therefore, Health Canada has not authorized an indication for pediatric use.

Two placebo-controlled studies in 587 pediatric patients 7 to 17 years of age with MDD failed to demonstrate efficacy; neither short term, placebo-controlled study demonstrated statistically or clinically significant differences between desvenlafaxine and placebo (see <u>7 WARNINGS AND PRECAUTIONS</u>, <u>Potential Association with Behavioural and Emotional Changes</u>, <u>Including Self-Harm</u>; also <u>7.1.3 Pediatrics</u>; <u>8.2.1 Clinical Trial Adverse Reactions – Pediatrics</u>; <u>10.3 Pharmacokinetics</u>, <u>Pediatrics</u>).

1.2 Geriatrics

Geriatrics (≥ 65 years of age): No overall differences in safety or efficacy were detected between geriatric subjects and younger subjects. See <u>4.2 Recommended Dose and Dosage</u> Adjustment, Geriatrics; 7.1.4 Geriatrics, 10.3 Pharmacokinetics, Geriatrics.

2 CONTRAINDICATIONS

Monoamine Oxidase Inhibitors (MAOIs)

Sandoz Desvenlafaxine must not be used concomitantly in patients taking monoamine oxidase inhibitors (MAOIs), or in patients who have taken MAOIs within the preceding 14 days.

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There is a risk of serious, sometimes fatal, drug interactions with selective serotonin reuptake inhibitor (SSRI) or serotonin norepinephrine reuptake inhibitor (SNRI) treatments, or with other serotonergic drugs when they are used concomitantly or within 14 days after an MAOI. For reversible MAOIs such as linezolid (an antibiotic), and methylene blue (a surgical dye), please refer to 4.2 Recommended Dose and Dosage Adjustment, Use of Reversible MAOIs, such as Linezolid or Methylene Blue.

These interactions have been associated with symptoms that include tremor, myoclonus, diaphoresis, nausea, vomiting, flushing, dizziness, hyperthermia with features resembling neuroleptic malignant syndrome, seizures, rigidity, autonomic instability with possible rapid fluctuations of vital signs, and mental status changes that include extreme agitation progressing to delirium and coma.

Based on the half-life of desvenlafaxine, at least 7 days should be allowed after stopping desvenlafaxine and before starting an MAOI.

See <u>7 WARNINGS AND PRECAUTIONS</u>, Neurologic, Serotonin Syndrome or Neuroleptic Malignant Syndrome (NMS)-Like Reactions and 9.4 Drug-drug Interactions, Serotonergic Agents.

Hypersensitivity

Sandoz Desvenlafaxine is contraindicated in patients who are hypersensitive to venlafaxine, or to this drug (desvenlafaxine), or to any ingredient in the Sandoz Desvenlafaxine formulation, including any non-medicinal ingredient, or component of the container. For a complete listing, see 6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING.

3 SERIOUS WARNINGS AND PRECAUTIONS BOX

Serious Warnings and Precautions

Increased risk of self-harm, harm to others, suicidal thinking, and behavior with antidepressant use. Closely monitor all antidepressant-treated patients for clinical worsening and for emergence of agitation-type and/or suicidal thoughts and behaviors (see <u>7 WARNINGS AND PRECAUTIONS - Psychiatric - Potential association with behavioural and emotional changes, including self-harm</u>).

4 DOSAGE AND ADMINISTRATION

4.1 Dosing Considerations

• **General** (See 4.2 for details, unless otherwise indicated.)

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- Sandoz Desvenlafaxine is not indicated for use in children under the age of 18.
- Desvenlafaxine should only be used during pregnancy if the benefits markedly outweigh the risks, particularly during the third trimester as there are implications for neonatal health (see 7.1.1 Pregnant Women).
- Due to the potential for life-threatening serotonin toxicity:
 - Concurrent use with MAOIs is contraindicated.
 - Washout periods are necessary if switching between desvenlafaxine and MAOIs.
 - Use with other serotonergic agents is not recommended (see <u>7 WARNINGS AND PRECAUTIONS</u>, Neurologic, Serotonin Syndrome or Neuroleptic Malignant Syndrome (NMS)-Like Reactions).
 - Dose tapering is recommended when switching between antidepressants, including venlafaxine.

Dosing:

- Reduced doses may be needed for the elderly, and those with renal impairment.
- All dose changes should be gradual, including discontinuation.
- Monitor for discontinuation symptoms when decreasing or stopping treatment.
- Periodically reassess the need for ongoing therapy.

Monitor for agitation, suicidal tendencies.

Rigorous clinical monitoring for suicidal ideation or other indicators of potential for suicidal behaviour is advised in patients of all ages, especially when initiating therapy or during any change in dose or dosage regimen. This includes monitoring for agitation-type emotional and behavioural changes. See <u>7 WARNINGS AND PRECAUTIONS</u>, <u>Psychiatric</u>, <u>Potential</u> Association with Behavioural and Emotional Changes, Including Self-Harm.

4.2 Recommended Dose and Dosage Adjustment

Initial Treatment

The recommended starting dose of Sandoz Desvenlafaxine (desvenlafaxine extended-release tablets) is 50 mg once daily, with or without food.

In clinical studies, no additional benefit was demonstrated at doses greater than 50 mg/day. If the physician, based on clinical judgment, decides a dose increase above 50 mg/day is warranted for an individual patient, the maximum recommended dose should not exceed 100 mg/day. In clinical studies, doses of 50-400 mg/day were shown to be effective, although no

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additional benefit was demonstrated at doses greater than 50 mg/day, and adverse events and discontinuations were more frequent at higher doses.

Patients should be periodically reassessed to determine the need for continued treatment.

Maintenance/Continuation/Extended Treatment

It is generally agreed that acute episodes of major depression require several months or longer of sustained pharmacologic therapy beyond response to the acute episode. Long-term efficacy of desvenlafaxine (50 mg daily) for up to 26 weeks, following response during 20 weeks of acute, open-label treatment, was established in a placebo-controlled trial.

Patients should be periodically reassessed to determine the need for maintenance treatment.

• Discontinuation

Do not discontinue Sandoz Desvenlafaxine abruptly, due to the risk of discontinuation symptoms. Monitor for symptoms while tapering the dose gradually. If intolerable symptoms occur following a decrease in the dose or upon discontinuation of treatment, consider resuming the previously prescribed dose and tapering more gradually. Discontinuation regimens should take into account the individual circumstances of the patient, such as duration of treatment and dose at discontinuation. In some patients, discontinuation may need to occur over periods of months or longer. See <u>7 WARNINGS AND PRECAUTIONS, General, Discontinuation</u> and <u>8.2</u> Clinical Trial Adverse Reactions, Discontinuation Symptoms.

• Switching Patients from Other Antidepressants to Sandoz Desvenlafaxine

Discontinuation symptoms have been reported when switching patients from other antidepressants, including venlafaxine, to desvenlafaxine. Tapering of the initial antidepressant may be necessary to minimize discontinuation symptoms (see 2 CONTRAINDICATIONS).

• Switching Patients to or from a Monoamine Oxidase Inhibitor

At least 14 days should elapse between discontinuation of an MAOI and initiation of therapy with Sandoz Desvenlafaxine. In addition, based on the half-life of desvenlafaxine, at least 7 days should be allowed after stopping desvenlafaxine before starting an MAOI.

Use of Reversible MAOIs, such as Linezolid or Methylene Blue

Do not start Sandoz Desvenlafaxine in a patient who is being treated with a reversible MAOI such as linezolid or in whom intravenous methylene blue has been administered because there is increased risk of serotonin syndrome (see 2 CONTRAINDICATIONS). In a patient who requires more urgent treatment of a psychiatric condition, non-pharmacological interventions, including hospitalization, should be considered.

In some cases, a patient already receiving Sandoz Desvenlafaxine therapy may require urgent treatment with linezolid or intravenous methylene blue. If acceptable alternatives to linezolid or intravenous methylene blue treatment are not available and the potential benefits of linezolid

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or intravenous methylene blue are judged to outweigh the risks of serotonin syndrome in a particular patient, Sandoz Desvenlafaxine should be stopped promptly, and linezolid or intravenous methylene blue can be administered. The patient should be monitored for symptoms of serotonin syndrome for two weeks or until 24 hours after the last dose of linezolid or intravenous methylene blue, whichever comes first (see <u>7 WARNINGS AND PRECAUTIONS</u>). Therapy with Sandoz Desvenlafaxine may be resumed 24 hours after the last dose of linezolid or intravenous methylene blue.

Special Populations

Severe renal impairment and end-stage renal disease

The recommended dose in patients with severe renal impairment (24-hr CrCl < 30 mL/min) or end-stage renal disease (ESRD) is 50 mg every other day. Because of individual variability in clearance in these patients, individualization of dosage may be desirable. Supplemental doses should not be given to patients after dialysis (see 10.3 Pharmacokinetics, Renal Insufficiency).

• Hepatic impairment

No dosage adjustment is necessary for patients with hepatic impairment (see <u>10.3</u> Pharmacokinetics, Hepatic Insufficiency).

Geriatrics (≥ 65 years of age)

No dosage adjustment is required solely on the basis of age; however, possible reduced renal clearance of Sandoz Desvenlafaxine should be considered when determining dose (see 10.3 Pharmacokinetics, Geriatrics).

Pediatrics

Sandoz Desvenlafaxine is not indicated for use in children under the age of 18 (see <u>7 WARNINGS</u> <u>AND PRECAUTIONS</u>, <u>Potential Association with Behavioural and Emotional Changes</u>, <u>Including Self-Harm</u>; <u>7.1.3 Pediatrics</u> and <u>10.3 Pharmacokinetics</u>, <u>Pediatrics</u>).

4.3 Administration

Sandoz Desvenlafaxine tablets must be swallowed whole with liquids, and must not be chewed, divided or crushed. The medication is contained within a non-absorbable shell designed to release the drug at a controlled rate. The tablet shell, along with insoluble core components, is eliminated from the body; patients should not be concerned if they occasionally notice something that looks like a tablet in their stool. Due to the controlled-release design, Sandoz Desvenlafaxine tablets should only be used in patients who are able to swallow the tablets whole.

It is recommended that Sandoz Desvenlafaxine be taken at approximately the same time each day.

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4.4 Missed Dose

A patient missing a dose should take it as soon as they remember to. If it is almost time for the next dose, the missed dose should be skipped. The patient should be cautioned against taking two doses concomitantly to "make up" for the missed dose.

5 OVERDOSAGE

Human Experience

There is limited clinical experience with desvenlafaxine overdosage in humans. In pre-marketing clinical trials, no cases of fatal acute overdose of desvenlafaxine were reported.

Among the patients included in the pre-marketing major depressive disorder trials of desvenlafaxine, there were four adults who ingested doses over 800 mg of desvenlafaxine (4000 mg [desvenlafaxine alone], 900, 1800 and 5200 mg [in combination with other drugs]); all patients recovered. In addition, a patient's 11 month-old child accidentally ingested 600 mg of desvenlafaxine, was treated and recovered.

The adverse reactions reported within 5 days of an overdose > 600 mg that were possibly related to desvenlafaxine included: headache, vomiting, agitation, dizziness, nausea, constipation, diarrhea, dry mouth, paresthesia, and tachycardia.

Desvenlafaxine is the major active metabolite of venlafaxine. Overdose experience reported with venlafaxine (the parent drug of desvenlafaxine) is presented below; the identical information can be found in the *Overdosage* section of the venlafaxine Product Monograph.

Postmarketing Experience with EFFEXOR

In postmarketing experience, overdose with venlafaxine was reported predominantly in combination with alcohol and/or other drugs. The most commonly reported events in overdose include tachycardia, changes in level of consciousness (ranging from somnolence to coma), mydriasis, convulsion, and vomiting. Electrocardiographic changes (e.g., prolongation of QT interval, bundle branch block, QRS prolongation), ventricular tachycardia, bradycardia, hypotension, delayed rise in plasma creatine kinase levels, rhabdomyolysis, liver necrosis, serotonin syndrome, vertigo, and death have been reported. Muscle enzymes should be monitored in patients with venlafaxine overdose to detect development of rhabdomyolysis at an early stage and to initiate appropriate treatment. According to post-marketing overdose reports with venlafaxine (where overdose amounts were provided) fatal acute overdoses have been reported with venlafaxine alone at doses as low as approximately 1 gram.

Published retrospective studies report that venlafaxine overdosage may be associated with an increased risk of fatal outcomes compared to that observed with SSRI antidepressant products,

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but lower than that for tricyclic antidepressants. Epidemiological studies have shown that venlafaxine-treated patients have a higher burden of suicide risk factors than SSRI patients. The extent to which the finding of an increased risk of fatal outcomes can be attributed to the toxicity of venlafaxine in overdosage as opposed to some characteristics of venlafaxine-treated patients is not clear.

Prescriptions for Sandoz Desvenlafaxine should be written for the smallest quantity of drug consistent with good patient management, in order to reduce the risk of overdose.

• Management of Overdosage

Treatment should consist of those general measures employed in the management of overdosage with any SSRI/SNRI.

Induction of emesis is not recommended. Because of the moderate volume of distribution of this drug, forced diuresis, dialysis, hemoperfusion, and exchange transfusion are unlikely to be of benefit. No specific antidotes for desvenlafaxine are known.

Ensure an adequate airway, oxygenation, and ventilation. Monitor cardiac rhythm and vital signs. General supportive and symptomatic measures are also recommended. Gastric lavage with a large-bore orogastric tube with appropriate airway protection, if needed, may be indicated if performed soon after ingestion or in symptomatic patients. Activated charcoal should be administered.

In managing an overdose, consider the possibility of multiple drug involvement. The physician should consider contacting a poison control center for additional information on the treatment of any overdose.

For management of a suspected drug overdose, contact your regional Poison Control Centre.

6 DOSAGE FORMS, COMPOSITION AND PACKAGING

Description

Sandoz Desvenlafaxine extended-release tablets contain 50 and 100 mg desvenlafaxine:

- 50 mg, light pink colored, square shaped, biconvex tablet, debossed with 'I71' on one side and plain on other side;
- 100 mg, dark brown to red colored, square shaped, biconvex tablet, debossed with '177' on one side and plain on other side.

Table 1 – Dosage Forms, Strengths, Composition and Packaging

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Route of Administration	Dosage Form / Strength / Composition	Nonmedicinal Ingredients
oral	Sandoz Desvenlafaxine: extended-release tablet (50 and 100 mg)	Alginic acid, citric acid monohydrate, hypromellose, magnesium stearate, microcrystalline cellulose, povidone, talc and film coating (which consists of hypromellose, iron oxide red, polyethylene glycol, titanium dioxide, talc for 50 mg tablets and hypromellose, iron oxide red, polyethylene glycol, titanium dioxide and ferrosoferric oxide for 100 mg tablets)

Sandoz Desvenlafaxine 50 mg and 100 mg tablets are available in:

HDPE Bottles of 30 and 100 tablets

7 WARNINGS AND PRECAUTIONS

General

See <u>3 Serious Warnings and Precautions</u> box.

Suicidality

See <u>9.1 Serious Drug-drug Interactions</u> box.

• Serotonergic agents: MAOIs; Venlafaxine

Carcinogenesis and Mutagenesis

For animal data see 16 NON-CLINICAL TOXICOLOGY

Discontinuation

Discontinuation effects are known to occur with antidepressants. There have been post-market reports of adverse events occurring upon discontinuation of SSRIs and SNRIs, including desvenlafaxine, particularly when discontinuation was abrupt. In clinical trials, discontinuation effects generally occurred more frequently with longer duration of therapy.

Discontinuation symptoms reported post-market include dysphoric mood, irritability, agitation, dizziness, sensory disturbances (e.g., paraesthesias, such as electric shock sensations), anxiety, confusion, headache, lethargy, emotional lability, insomnia, hypomania, tinnitus, seizures, visual impairment and hypertension. See also <u>8.2 Clinical Trial Adverse Reactions</u>, <u>Discontinuation</u>

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<u>Symptoms</u>). While these events are generally self-limiting, discontinuation symptoms can be serious, severe and protracted. Suicide/suicidal thoughts and aggression have been observed in patients during changes in desvenlafaxine dosing regimen, including during discontinuation.

It is therefore recommended that the dosage of desvenlafaxine be tapered gradually and individually and the patients be closely monitored during discontinuation. In some patients, discontinuation could take months or longer (see <u>4.2 Recommended Dose and Dosage</u> Adjustment, Discontinuation).

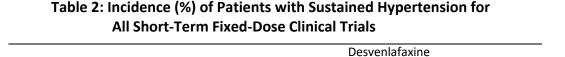
Cardiovascular

Caution is advised in administering Sandoz Desvenlafaxine to patients with cardiovascular, cerebrovascular, or lipid metabolism disorders (see <u>8.2 Clinical Trial Adverse Reactions</u>). Increases in blood pressure and heart rate were observed in clinical trials with desvenlafaxine. Desvenlafaxine has not been evaluated systematically in patients with a recent history of myocardial infarction, unstable heart disease, uncontrolled hypertension, or cerebrovascular disease. Patients with these diagnoses, except for cerebrovascular disease, were excluded from clinical trials.

Effects on blood pressure

Cases of elevated blood pressure requiring immediate treatment have been reported with desvenlafaxine in postmarketing experience, including reports of hypertensive crisis and malignant hypertension. Increases in blood pressure were observed in some patients in clinical trials, particularly with higher doses. Caution should be exercised in treating patients with underlying conditions that might be compromised by increases in blood pressure (see 8.2 Clinical trial Adverse Reactions). Pre-existing hypertension should be controlled before treatment with Sandoz Desvenlafaxine. Patients receiving Sandoz Desvenlafaxine should have regular monitoring of blood pressure. Sustained blood pressure increases could have adverse consequences. For patients who experience a sustained increase in blood pressure while receiving Sandoz Desvenlafaxine, either dose reduction or discontinuation should be considered.

Treatment with desvenlafaxine at all doses from 50 mg/day to 400 mg/day in controlled studies was associated with sustained hypertension (defined as treatment-emergent supine diastolic blood pressure \geq 90 mm Hg and \geq 10 mm Hg above baseline for 3 consecutive visits). Table 2 provides the incidence of patients meeting criteria for sustained hypertension.



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	Placebo	50 mg	100 mg	200 mg	400 mg
Sustained hypertension	0.5	1.3	0.7	1.1	2.3

Dependence/Tolerance

Although desvenlafaxine has not been systematically studied in preclinical or clinical trials for its potential for abuse, no indication of drug-seeking behavior was seen in the clinical trials.

Driving and Operating Machinery

A clinical study that assessed the effects of desvenlafaxine on behavioral performance of healthy individuals did not reveal clinically significant impairment of psychomotor, cognitive, or complex behavior performance. However, since any CNS-active drug may impair judgment, thinking, or motor skills, patients should be cautioned about operating hazardous machinery, including automobiles, until they are reasonably certain that Sandoz Desvenlafaxine therapy does not adversely affect their ability to engage in such activities.

Endocrine and Metabolism

Serum Cholesterol Elevation

Increases in cholesterol (total and LDL) and triglycerides were observed in some patients treated with desvenlafaxine in placebo-controlled pre-marketing clinical trials, particularly with higher doses. Measurement of serum lipid levels should be considered during treatment.

Hyponatremia

Cases of hyponatremia and/or the Syndrome of Inappropriate Antidiuretic Hormone (SIADH) secretion have been described with SNRIs and SSRIs, usually in volume-depleted or dehydrated patients, including elderly patients and patients taking diuretics.

Gastrointestinal

Potential for Gastrointestinal Obstruction

Because the Sandoz Desvenlafaxine tablet does not appreciably change in shape in the gastrointestinal tract, Sandoz Desvenlafaxine should not be administered to patients with pre-existing gastrointestinal narrowing (pathologic or iatrogenic, such as small bowel inflammatory disease, "short gut" syndrome due to adhesions or decreased transit time, past history of peritonitis, cystic fibrosis, chronic intestinal pseudo-obstruction, or Meckel's diverticulum). There have been rare reports of obstructive symptoms in patients with known strictures in association with the ingestion of other drugs in nondeformable controlled-release formulations, and very rare reports of obstructive symptoms associated with the use of nondeformable controlled-release formulations in patients without known gastrointestinal stricture. Due to the controlled-release design, Sandoz Desvenlafaxine tablets should only be used in patients who are able to swallow the tablets whole. (See 4 DOSAGE AND ADMINISTRATION; Recommended

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Dose and Dosage Adjustment).

Hematologic

Abnormal Bleeding

SSRIs and SNRIs, including Sandoz Desvenlafaxine, may increase the risk of bleeding events by causing abnormal platelet aggregation. Concomitant use of acetylsalicylic acid (ASA), nonsteroidal anti-inflammatory drugs (NSAIDs), warfarin and other anticoagulants may add to the risk. Case reports and epidemiological studies (case-control and cohort design) have demonstrated an association between use of drugs that interfere with serotonin reuptake and the occurrence of gastrointestinal bleeding. Bleeding events related to SSRIs and SNRIs use have ranged from ecchymoses, hematomas, epistaxis, and petechiae to life-threatening hemorrhages.

Patients should be cautioned about the risk of bleeding associated with the concomitant use of Sandoz Desvenlafaxine and NSAIDs, ASA, or other drugs that affect coagulation (see <u>9.4 Drugdrug Interactions</u>, <u>Drugs Affecting Platelet Function</u>). Caution is advised in patients with a history of bleeding disorder or predisposing conditions (e.g, thrombocytopenia).

Interstitial Lung Disease and Eosinophilic Pneumonia

Interstitial lung disease and eosinophilic pneumonia associated with venlafaxine (the parent drug of Sandoz Desvenlafaxine) therapy have been rarely reported. The possibility of these adverse events should be considered in patients treated with Sandoz Desvenlafaxine who present with progressive dyspnea, cough, or chest discomfort. Such patients should undergo a prompt medical evaluation, and discontinuation of Sandoz Desvenlafaxine should be considered.

Immune

Patients should be advised to notify their physician if they develop a rash, hives or a related allergic phenomenon.

Monitoring and Laboratory Tests

Heart Rate and Blood Pressure

Increases in heart rate and blood pressure were observed in some patients in clinical trials, particularly with higher doses. Measurement of blood pressure is recommended prior to initiating treatment and regularly during treatment with desvenlafaxine (see <u>8 ADVERSE</u> REACTIONS, Vital Sign Changes).

Serum Lipids

Increases in cholesterol (total and LDL) and triglycerides were observed in some patients treated with desvenlafaxine in placebo-controlled pre-marketing clinical trials, particularly with higher doses. Measurement of serum lipid levels should be considered during treatment.

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Musculoskeletal

Epidemiological studies show an increased risk of bone fractures following exposure to some antidepressants, including SSRIs/SNRIs. The risks appear to be greater at the initial stages of treatment, but significant increased risks were also observed at later stages of treatment. The possibility of fracture should be considered in the care of patients treated with PRISTIQ. Elderly patients and patients with important risk factors for bone fractures should be advised of possible adverse events which increase the risk of falls, such as dizziness and orthostatic hypotension, especially at the early stages of treatment but also soon after withdrawal. Preliminary data from observational studies show association of SSRIs/SNRIs and low bone mineral density in older men and women. Until further information becomes available, a possible effect on bone mineral density with long term treatment with SSRIs/SNRIs, including PRISTIQ, cannot be excluded, and may be a potential concern for patients with osteoporosis or major risk factors for bone fractures.

Neurologic

Seizures

Cases of seizures have been reported in trials with desvenlafaxine. Desvenlafaxine should be prescribed with caution in patients with a seizure disorder. Desvenlafaxine has not been systematically evaluated in patients with a seizure disorder.

• Serotonin Syndrome or Neuroleptic Malignant Syndrome (NMS)-Like Reactions

Serotonin toxicity (also known as serotonin syndrome) is a potentially life-threatening condition that has been reported with SSRIs and SNRIs, including Sandoz Desvenlafaxine, particularly during combined use with other serotonergic drugs (see 9.4 Drug-Drug Interactions, Serotonergic Agents).

Serotonin toxicity is characterised by neuromuscular excitation, autonomic stimulation (e.g. tachycardia, flushing) and altered mental state (e.g. anxiety, agitation, hypomania). In accordance with the Hunter Criteria, serotonin toxicity diagnosis is likely when, in the presence of at least one serotonergic agent, one of the following is observed:

- Spontaneous clonus
- Inducible clonus or ocular clonus with agitation or diaphoresis
- Tremor and hyperreflexia
- Hypertonia and body temperature > 38°C and ocular clonus or inducible clonus.

Neuroleptic malignant syndrome has also been rarely reported with desvenlafaxine, particularly during combined use with neuroleptic/antipsychotic drugs. The clinical manifestations of neuroleptic malignant syndrome often overlap with those of serotonin toxicity, including hyperthermia, hypertonia, altered mental status, and autonomic instability. In contrast to

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serotonin toxicity, patients with neuroleptic malignant syndrome may present with "lead pipe" muscle rigidity as well as hyporeflexia.

The concomitant use of Sandoz Desvenlafaxine with MAOIs, including linezolid and methylthioninium chloride (methylene blue) is contraindicated (see <u>2 CONTRAINDICATIONS</u>). Sandoz Desvenlafaxine should be used with caution in patients receiving other serotonergic drugs, neuroleptics/antipsychotics or dopamine antagonists, or serotonin precursors (see <u>9.4 Drug-Drug Interactions, Serotonergic Agents</u>). If concomitant treatment with Sandoz Desvenlafaxine and other serotonergic agents is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases. If serotonin toxicity is suspected, discontinuation of the serotonergic agents should be considered.

Ophthalmologic

Angle-Closure Glaucoma

As with other antidepressants, Sandoz Desvenlafaxine can cause mydriasis, which may trigger an angle-closure attack in a patient with anatomically narrow ocular angles. Healthcare providers should inform patients to seek immediate medical assistance if they experience eye pain, changes in vision or swelling or redness in or around the eye.

Psychiatric

• POTENTIAL ASSOCIATION WITH BEHAVIOURAL AND EMOTIONAL CHANGES, INCLUDING SELF-HARM.

Pediatrics: Placebo-Controlled Clinical Trial Data

Recent analyses of placebo-controlled clinical trial safety databases from Selective Serotonin Reuptake Inhibitors (SSRIs) and other newer anti-depressants suggest that use of these drugs in patients under the age of 18 may be associated with behavioural and emotional changes, including an increased risk of suicidal ideation and behaviour over that of placebo.

The small denominators in the clinical trial database, as well as the variability in placebo rates, preclude reliable conclusions on the relative safety profiles among the drugs in the class.

Sandoz Desvenlafaxine is not indicated for use in pediatric patients (see <u>1 INDICATIONS</u>).

Adults and Pediatrics: Additional data

There are clinical trial and post-marketing reports with SSRIs and other newer antidepressants, in both pediatrics and adults, of severe agitation-type adverse events coupled with self-harm or harm to others. The agitation-type events include: akathisia,

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agitation, disinhibition, emotional lability, hostility, aggression, depersonalization. In some cases, the events occurred within several weeks of starting treatment.

An FDA meta-analysis of placebo-controlled clinical trials of antidepressant drugs in adult patients ages 18 to 24 years with psychiatric disorders showed an increased risk of suicidal behaviour with antidepressants compared to placebo.

Rigorous clinical monitoring for suicidal ideation or other indicators of potential for suicidal behaviour is advised in patients of all ages especially when initiating therapy or during any change in dose or dosage regimen. This includes monitoring for agitation-type emotional and behavioural changes.

Patients, their families, and their caregivers should be encouraged to be alert to the emergence of anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, mania, other unusual changes in behaviour, worsening of depression, and suicidal ideation, especially when initiating therapy or during any change in dose or dosage regimen. The risk of suicide attempt must be considered, especially in depressed patients.

Mania/hypomania

Mania/hypomania may occur in a small proportion of patients with mood disorders who have received medication to treat depression, including desvenlafaxine. During clinical studies, mania and hypomania were reported in approximately 0.15% (12/8,453) of patients treated with desvenlafaxine. Activation of mania/hypomania has also been reported in a small proportion of patients with major affective disorder who were treated with other marketed antidepressants. As with all antidepressants, Sandoz Desvenlafaxine should be used cautiously in patients with a history or family history of mania or hypomania.

A major depressive episode may be the initial presentation of bipolar disorder. Patients with bipolar disorder may be at an increased risk of experiencing manic episodes when treated with antidepressants alone. Therefore, the decision to initiate symptomatic treatment of depression should only be made after patients have been adequately assessed to determine if they are at risk for bipolar disorder.

Self-Harm

Rigorous clinical monitoring for suicidal ideation or other indicators of potential for suicidal behaviour is advised in patients of all ages. Patients, their families, and their caregivers should be encouraged to be alert to the emergence of anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, mania, other unusual changes in behavior, worsening of depression, and suicidal ideation, especially when initiating therapy or during any change in dose or dosage regimen.

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Aggression

Aggression may occur in some patients who have received antidepressants, including desvenlafaxine treatment, dose reduction, or discontinuation. As with other antidepressants, desvenlafaxine should be used cautiously in patients with a history of aggression.

Reproductive Health: Female and Male Potential

Fertility

Reduced fertility was observed in a study in which both male and female rats received desvenlafaxine.

The human relevance of this finding is unknown (see 16 NON-CLINICAL TOXICOLOGY).

Function

Sexual Dysfunction: Serotonin-norepinephrine reuptake inhibitors (SNRIs), including Sandoz Desvenlafaxine, may cause symptoms of sexual dysfunction. Patients should be informed that there have been reports of long-lasting sexual dysfunction where the symptoms have continued despite discontinuation of SNRIs. See <u>8.2 Clinical Trial Adverse Reactions</u>, <u>Sexual Dysfunction Treatment Emergent Adverse Events</u>.

7.1 Special Populations

7.1.1 Pregnant Women

The safety of desvenlafaxine in human pregnancy has not been established. Studies have demonstrated that desvenlafaxine crosses the human placenta. The extent of exposure to desvenlafaxine in pregnancy during clinical trials was very limited. There are no adequate and well-controlled studies in pregnant women. Therefore, desvenlafaxine should be used during pregnancy only if the potential benefits justify the potential risks. If desvenlafaxine is used until or shortly before birth, discontinuation effects in the newborn should be considered.

Complications following late third trimester exposure

Post-marketing reports indicate that some neonates exposed to SNRIs, SSRIs, or other newer antidepressants late in the third trimester have developed complications requiring prolonged hospitalization, respiratory support, and tube feeding. Such complications can arise immediately upon delivery. Reported clinical findings have included respiratory distress, cyanosis, apnea, seizures, temperature instability, feeding difficulty, vomiting, hypoglycemia, hypotonia, hypertonia, hyper-reflexia, tremor, jitteriness, irritability, and constant crying. These features are consistent with either a direct toxic effect of SNRIs, SSRIs and other newer antidepressants, or, possibly a drug discontinuation syndrome. It should be noted that, in some cases, the clinical picture is consistent with serotonin syndrome (see 9.4 Drug-Drug Interactions, Serotonergic

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<u>Agents</u>). When treating a pregnant woman with Sandoz Desvenlafaxine during the third trimester, the physician should carefully consider the potential risks and benefits of treatment.

Any change in antidepressant medication (including dosage) during pregnancy should be discussed with the attending physician beforehand to discuss the benefits/risks with the patient.

Exposure to SNRIs in mid to late pregnancy may increase the risk for preeclampsia, and exposure to SNRIs near delivery may increase the risk for postpartum hemorrhage.

Patients should be advised to notify their physician if they become pregnant or intend to become pregnant during therapy.

Labour and Delivery

The effect of desvenlafaxine on labour and delivery in humans is unknown. Sandoz Desvenlafaxine should be used during labour and delivery only if the potential benefits justify the potential risks.

7.1.2 Breast-feeding

Desvenlafaxine (O-desmethylvenlafaxine, a metabolite of desvenlafaxine) is excreted in human milk. The effects in infants have not been established. Sandoz Desvenlafaxine should only be taken by breastfeeding women if the expected benefits outweigh any possible risk.

7.1.3 Pediatrics

Based on the data submitted and reviewed by Health Canada, the safety and efficacy of desvenlafaxine in pediatric patients has not been established; therefore, Health Canada has not authorized an indication for pediatric use.

Two placebo controlled studies in 587 pediatric patients 7 to 17 years of age with MDD failed to demonstrate efficacy; neither short term, placebo-controlled study demonstrated statistically or clinically significant differences between desvenlafaxine and placebo (see 10.310.3Pharmacokinetics, Pediatrics).

There are clinical trial and post-marketing reports with SSRIs and other newer antidepressants in pediatrics of severe agitation-type adverse events coupled with self-harm or harm to others. See <u>7 WARNINGS AND PRECAUTIONS</u>, <u>Psychiatric</u>, <u>Potential Association with Behavioural and Emotional Changes</u>, <u>Including Self-Harm</u>. The long-term safety, including effects on growth, maturation, and behavioural development, in patients under 18 years of age has not been systematically evaluated. (See <u>8 ADVERSE REACTIONS</u>, <u>Adverse Drug Reactions in Pediatrics</u>)

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7.1.4 Geriatrics

Of the 4,158 patients in clinical trials with desvenlafaxine, 6% were 65 years of age or older. No overall differences in safety or efficacy were detected between these subjects and younger subjects. However, there was a higher incidence of increases in systolic blood pressure in patients \geq 65 years of age compared to patients < 65 years of age treated with desvenlafaxine. In addition, there was a higher incidence of systolic orthostatic hypotension in patients \geq 65 years of age compared to all adults treated with desvenlafaxine. For elderly patients, possible reduced renal clearance of desvenlafaxine should be considered when determining dose (see 4.2 Recommended Dose and Dosage Adjustment, Geriatrics and 10.3 Pharmacokinetics, Geriatrics). Greater sensitivity of some older individuals cannot be ruled out.

Rigorous clinical monitoring for suicidal ideation or other indicators of potential for suicidal behaviour is advised in patients of all ages especially when initiating therapy or during any change in dose or dosage regimen. This includes monitoring for agitation-type emotional and behavioural changes. See <u>7 WARNINGS AND PRECAUTIONS</u>, <u>Potential Association with Behavioural and Emotional Changes</u>, <u>Including Self-Harm</u>.

8 ADVERSE REACTIONS

8.1 Adverse Reaction Overview

The safety of desvenlafaxine in major depressive disorder was evaluated in 8,453 patients exposed to at least one dose of desvenlafaxine.

The most commonly observed treatment emergent adverse events (all-causality) (incidence of 5% or greater for the desvenlafaxine pooled 50- to 400-mg doses, and incidence higher than placebo) in desvenlafaxine treated MDD patients in clinical trials were: nausea, headache, dry mouth, dizziness, insomnia, hyperhidrosis, constipation, diarrhea, somnolence, fatigue, decreased appetite, vomiting, and blood pressure increased, and, in men, and erectile dysfunction.

• Adverse Events Reported as Reasons for Discontinuation of Treatment in MDD Clinical Trials

In the 8-week placebo-controlled, pre-marketing trials for MDD, 12% of the 1,834 patients who received desvenlafaxine (50-400 mg/day) discontinued treatment due to an adverse experience, compared with 3% of the 1,116 placebo-treated patients in those trials.

At the recommended dose of 50 mg, the discontinuation rate due to an adverse experience for desvenlafaxine (4.1%) was similar to the rate for placebo (3.8%) and only 1% of patients discontinued due to nausea.

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The most common adverse reactions leading to discontinuation (i.e., leading to discontinuation in at least 2% and incidence higher than placebo) of the desvenlafaxine-treated patients in short-term trials of up to 8 weeks were: nausea (4%); dizziness, headache and vomiting (2% each).

8.2 Clinical Trial Adverse Reactions

Clinical trials are conducted under very specific conditions. The adverse reaction rates observed in the clinical trials; therefore, may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse reaction information from clinical trials may be useful in identifying and approximating rates of adverse drug reactions in real-world use.

Desvenlafaxine was evaluated for safety in 8,453 patients diagnosed with major depressive disorder who participated in multiple-dose trials, representing 2,807 patient-years of exposure. Among these 8,453 desvenlafaxine-treated patients, 2,495 patients participated in 8-week, placebo-controlled trials at doses ranging from 50 to 400 mg/day. Of the total 8,453 subjects exposed to at least 1 dose of desvenlafaxine, 2,140 were exposed to desvenlafaxine for greater than 6 months and 521 were exposed for 1 year.

Treatment-Emergent Adverse Events in Short-Term Premarket Trials Table 3 lists alphabetically by body system, the treatment-emergent adverse events (TEAEs) that occurred among desvenlafaxine treated patients with an incidence ≥2% and greater than placebo (pooled 8-week placebo-controlled, premarket clinical trials) in short-term placebo-controlled trials.

Reported treatment emergent adverse events were classified using a standard MedDRA-based Dictionary terminology.

Table 3: Treatment Emergent Adverse Events (≥2% in Any Desvenlafaxine Group and More Frequent than Placebo): Percentage of Subjects in Short-Term, Placebo-Controlled MDD Studies

Percentage of Patients Reporting Reaction

	Desvenlafaxine						
System Organ Class Preferred Term	Placebo	50mg	100mg	200mg	400mg		
	(n=636)	(n=317)	(n=424)	(n=307)	(n=317)		
Cardiac disorders							
Palpitations	2	1	3	2	3		
Tachycardia	1	1	<1	1	2		

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Percentage of Patients Reporting Reaction

		Desvenlafaxine				
System Organ Class	Placebo	50mg	100mg	200mg	400mg	
Preferred Term						
	(n=636)	(n=317)	(n=424)	(n=307)	(n=317)	
Ear and labyrinth disorders						
Tinnitus	1	2	1	1	2	
Vertigo	1	2	1	5	3	
Eye disorders						
Eye pain	<1	1	2	<1	<1	
Mydriasis	<1	2	2	6	6	
Vision blurred	1	3	4	4	4	
Gastrointestinal disorders						
Abdominal pain	2	4	3	1	3	
Constipation	4	9	9	10	14	
Diarrhea	9	11	9	7	5	
Dry mouth	9	11	17	21	25	
Dyspepsia	4	2	3	3	5	
Flatulence	1	2	2	2	2	
Nausea	10	22	26	36	41	
Stomach discomfort	1	2	1	1	1	
Vomiting	3	3	4	6	9	
General disorders and administration site co	onditions					
Chest pain	0	0	1	1	2	
Chills	1	1	<1	3	4	
Fatigue	4	7	7	10	11	
Feeling jittery	1	1	2	3	3	
Irritability	1	2	2	2	2	
Infections and infestations						
Gastroenteritis viral	1	0	1	2	<1	
Influenza	1	1	1	2	4	
Sinusitis	1	2	1	2	2	
Urinary tract infection	<1	1	1	1	2	
Injury, poisoning and procedural complicati	ons					
Accidental overdose	1	0	1	1	2	
Investigations						

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Percentage of Patients Reporting Reaction

		Desvenlafaxine				
System Organ Class	Placebo	50mg	100mg	200mg	400mg	
Preferred Term						
	(n=636)	(n=317)	(n=424)	(n=307)	(n=317)	
Blood pressure increased	1	1	1	2	2	
Weight decreased Metabolism and nutrition disorders	1	2	1	1	2	
Decreased appetite	2	5	8	10	10	
Increased appetite	1	2	1	0	1	
Musculoskeletal and connective tissue dis	orders					
Muscle spasms	1	2	3	2	2	
Muscle tightness	1	1	2	1	<1	
Nervous system disorders						
Disturbance in attention	<1	<1	1	2	1	
Dizziness	5	13	10	15	16	
Dysgeusia	1	1	1	1	2	
Headache	23	20	22	29	25	
Migraine	1	1	<1	1	2	
Paresthesia	1	2	2	1	3	
Sedation	1	2	4	3	4	
Somnolence	4	4	9	12	12	
Tremor	2	2	3	9	9	
Psychiatric disorders						
Abnormal dreams	1	2	3	2	4	
Agitation	1	0	1	1	3	
Anorgasmia	0	<1	2	2	6	
Anxiety	2	3	5	4	4	
Initial insomnia	1	2	2	0	2	
Insomnia	6	9	12	14	15	
Libido decreased	1	2	3	3	2	
Middle insomnia	1	1	1	3	3	
Nervousness	1	<1	1	2	2	
Orgasm abnormal	<1	1	1	1	2	
Sleep disorder	<1	1	<1	2	1	
Renal and urinary disorders						
Dysuria	<1	<1	0	3	2	

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		Desvenlafaxine				
System Organ Class Preferred Term	Placebo	50mg	100mg	200mg	400mg	
	(n=636)	(n=317)	(n=424)	(n=307)	(n=317)	
Urinary hesitation	0	<1	1	2	2	
Reproductive system and breast disorder						
Dysmenorrhea	1	0	1	2	<1	
Ejaculation delayed	<1	<1	2	3	3	
Ejaculation disorder	0	0	1	1	2	
Erectile dysfunction	1	1	2	3	5	
Respiratory, thoracic and mediastinal disorde	rs					
Yawning	<1	1	1	4	3	
Skin and subcutaneous tissue disorders						
Hyperhidrosis	4	10	11	18	21	
Night sweats	1	2	1	1	1	
Rash	<1	1	1	2	<1	
Vascular disorders						
Hot flush	<1	1	1	2	2	
Hypertension	1	1	1	2	1	

Sexual Dysfunction Treatment Emergent Adverse Events

Table 4 shows the incidence of sexual dysfunction treatment emergent adverse events that occurred in ≥1% desvenlafaxine-treated MDD patients in any fixed dose group (8-week, placebo-controlled, fixed and flexible-dose, pre-marketing clinical trials).

Table 4: Sexual Dysfunction Treatment Emergent Adverse Events (≥ 1% in Men or Women in any Desvenlafaxine Group) During the On-Therapy Period: Percentage of Subjects in Short-Term, Placebo-Controlled MDD Studies

		Desvenlafaxine					
	Placebo	50 mg	100 mg	200 mg	400 mg		
	(n=239)	(n=108)	(n=157)	(n=131)	(n=154)		
Men only							
Anorgasmia	0	0	3	5	8		

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Libido decreased	1	4	5	6	3
Orgasm abnormal	0	0	1	2	3
Ejaculation delayed	<1	1	5	7	6
Erectile dysfunction	1	3	6	8	11
Ejaculation disorder	0	0	1	2	5
Ejaculation failure	0	1	0	2	2
Sexual dysfunction	0	1	0	0	2

	Desvenlafaxine				
	Placebo	50 mg	100 mg	200 mg	400 mg
	(n=397)	(n=209)	(n=267)	(n=176)	(n=163)
Women only					
Anorgasmia	0	1	1	0	3

Other Treatment Emergent Adverse Events (All MDD Trials): The following is a list of MedDRA preferred terms that reflect treatment-emergent adverse events observed during premarket and post-market clinical trials (all MDD trials). These TEAEs were reported by patients treated with desvenlafaxine throughout the dose ranges studied (10 to 400 mg) during both short-term and long-term clinical trials. In general, the adverse events were most frequent in the first week of treatment.

Treatment Emergent Adverse Events are categorized by system organ class and listed in order of decreasing frequency using the following definitions:

Very common: ≥10% of patients

Common: ≥1% and <10% of patients

Uncommon: ≥0.1% and <1% of patients

Rare: ≥0.01% and <0.1% of patients

Very rare: <0.01% of patients

System Organ Class	Treatment Emergent Adverse Events
Immune System Disorders	
Uncommon	Hypersensitivity

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Metabolism and Nutrition Disorders

Common Decreased appetite
Rare Hyponatraemia

Psychiatric Disorders

Very common Insomnia

Common Withdrawal syndrome, anxiety, nervousness, abnormal

dreams, irritability, libido decreased, anorgasmia

Uncommon Depersonalisation, orgasm abnormal Rare Mania, hypomania, hallucination

Nervous System Disorders

Very common Headache, dizziness, somnolence

Common Tremor, paraesthesia, disturbance in attention, dysgeusia

Uncommon Syncope, dyskinesia
Rare Convulsion, dystonia

Eye Disorders

Common Vision blurred, mydriasis

Ear and Labyrinth Disorders

Common Vertigo, tinnitus

Cardiac Disorders

Common Palpitations, tachycardia

Vascular Disorders

Common Blood pressure increased, hot flush

Uncommon Orthostatic hypotension, peripheral coldness

Respiratory, Thoracic and Mediastinal Disorders

Common Yawning
Uncommon Epistaxis

Gastrointestinal Disorders

Very common Nausea, dry mouth

Common Constipation, diarrhea, vomiting

Skin and Subcutaneous Tissue Disorders

Very common Hyperhidrosis

Common Rash
Uncommon Alopecia

Rare Angioedema, photosensitivity reaction

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System Organ Class Treatment Emergent Adverse Events

Musculoskeletal and Connective Tissue and Bone Disorders

Common Musculoskeletal stiffness

Renal and Urinary Disorders

Uncommon Urinary retention, urinary hesitation, proteinuria

Reproductive System and Breast Disorders

Common Erectile dysfunction, ejaculation delayed

Uncommon Ejaculation disorder, ejaculation failure, sexual dysfunction

General Disorders and Administration Site Conditions

Common Fatigue, asthenia, chills, feeling jittery

Investigations

Common Liver function test abnormal, weight increased, weight decreased

Uncommon Blood cholesterol increased, blood triglycerides increased, blood

prolactin increased

ADR = adverse drug reaction; MDD = major depressive disorder.

Ischemic cardiac adverse events

In clinical trials, there were uncommon reports of ischemic cardiac adverse events, including myocardial ischemia, myocardial infarction, and coronary occlusion requiring revascularization; these patients had multiple underlying cardiac risk factors. More patients experienced these events during desvenlafaxine treatment as compared to placebo (see <u>7 WARNINGS AND PRECAUTIONS</u>, Cardiovascular).

Discontinuation Symptoms

Adverse drug reactions reported in association with abrupt discontinuation, dose reduction or tapering of treatment in MDD pre-market clinical trials at a rate of ≥5% include: dizziness, nausea, headache, irritability, diarrhea, anxiety, abnormal dreams, fatigue, and hyperhidrosis. In general, discontinuation events occurred more frequently with longer duration of therapy (see 4.2 Recommended Dose and Dosage Adjustment, Discontinuation and 7 WARNINGS AND PRECAUTIONS, General, Discontinuation).

Orthostatic Hypotension

Of the 4,158 patients in pre-market clinical trials with desvenlafaxine, 6% were 65 years of age or older. No overall differences in safety or efficacy were detected between these subjects and

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younger subjects. However, there was a higher incidence of orthostatic hypotension in patients ≥ 65 years of age compared to patients <65 years of age treated with desvenlafaxine. Greater sensitivity of some older individuals cannot be ruled out. For elderly patients, possible reduced renal clearance of desvenlafaxine should be considered when determining dose (see 4.2 Recommended Dose and Dosage Adjustment, Geriatrics and 10.3 Pharmacokinetics, Geriatrics).

ECG Changes

Electrocardiograms were obtained from 1,492 desvenlafaxine-treated patients with major depressive disorder and 984 placebo-treated patients in pre-market clinical trials lasting up to 8 weeks. No clinically relevant differences were observed between desvenlafaxine-treated and placebo-treated patients for QT, QTc, PR, and QRS intervals. In a thorough QTc study with prospectively determined criteria, desvenlafaxine did not cause QT prolongation. No difference was observed between placebo and desvenlafaxine treatments for the QRS interval (see 10 CLINICAL PHARMACOLOGY).

A thorough QTc study was designed to assess the potential effect of 200 and 600 mg of desvenlafaxine on QT interval prolongation (Table 5).

Table 5: Estimated and 90% Confidence Interval for QTc Changes from Time-Matched Baseline Relative to Placebo at Hour 8 after Dose with Different Heart Rate Corrections^a

Treatment	Fridericia's QT Correction	Population QT Correction	
	(ms)	(ms)	
Desvenlafaxine 200 mg ^b	1.5	3.18	
	(-0.88, 3.88)	(0.87, 5.50)	
Desvenlafaxine 600 mg ^b	-2.43	0.98	
	(-4.90, 0.04)	(-1.42, 3.38)	
Moxifloxacin 400 mg	10.80	10.92	
(Active control)	(8.44, 13.16)	(8.62, 13.22)	

a. Mean (90% confidence intervals)

• Serum Lipids

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b. The desvenlafaxine doses of 200 and 600 mg were 2 and 6 times the maximum recommended dose, respectively.

Abnormal Hematologic and Clinical Chemistry Findings

Elevations in fasting serum total cholesterol, LDL cholesterol, and triglycerides occurred in the controlled trials. Some of these abnormalities were considered potentially clinically significant (see WARNINGS AND PRECAUTIONS, *Serum Cholesterol Elevation* and Monitoring and Laboratory Tests, *Serum Lipids*).

The percentage of subjects who exceeded a predetermined threshold for values of outliers is represented in Table 6.

Table 6: Proportion (%) of Subjects With Lipid Abnormalities of Potential Clinical Significance for All Short-Term, Placebo-Controlled Clinical Trials

		Desvenlafaxine				
	Placebo ^a	50 mg	100 mg	200 mg	400 mg	50-400 mg ^a
Total Cholesterol						
Increase ≥1.29 mmol/L and absolute value	2	3	4	4	10	5
≥6.75 mmol/L						
LDL Cholesterol						
Increase ≥1.29 mmol/L and absolute value	<1	1	0	1	2	1
≥4.91 mmol/L						
Triglycerides						
≥3.7 mmol/L	3	2	1	4	6	3

a. Includes data from all short-term, placebo-controlled studies including fixed-dose and flexible-dose studies.

Proteinuria

In pre-market placebo-controlled studies 6.4% of subjects treated with desvenlafaxine had treatment-emergent proteinuria. Proteinuria was usually of trace amounts and was not associated with increases in BUN or creatinine or adverse events. The mechanism of the enhanced protein excretion is not clear but may be related to noradrenergic stimulation.

Vital Sign Changes

Tables 7 and 8 summarize the changes that were observed in pre-market placebo-controlled, short-term trials with desvenlafaxine in patients with MDD.

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Table 7: Mean Changes, Vital Signs, at Final On-Therapy for All Short-term, Fixed-dose Controlled Trials

		Desvenlafaxine			
	Placebo	50 mg	100 mg	200 mg	400 mg
Blood Pressure	-1.4	1.2	2.0	2.5	2.1
Supine systolic bp (mm Hg)					
Supine diastolic bp (mm Hg)	-0.6	0.7	0.8	1.8	2.3
Pulse rate					
Supine pulse (bpm)	-0.3	1.3	1.3	0.9	4.1
Weight (kg)	0.0	-0.4	-0.6	-0.9	-1.1

At the final on-therapy assessment in the 6-month, double-blind, placebo-controlled phase of a long-term trial in patients who had responded to desvenlafaxine during the initial 12-week, open-label phase, there was no statistical difference in mean weight change between desvenlafaxine- and placebo-treated patients.

Table 8 provides the incidence of patients meeting criteria for sustained hypertension (defined as treatment-emergent supine diastolic blood pressure \geq 90 mm Hg and \geq 10 mm Hg above baseline for 3 consecutive visits).

Table 8: Incidence (%) of Patients with Sustained Hypertensionfor All Short-Term Fixed-Dose Clinical Trials

		Desvenlafaxine			
	Placebo	50 mg	100 mg	200 mg	400 mg
Sustained hypertension	0.5	1.3	0.7	1.1	2.3

8.2.1 Clinical Trial Adverse Reactions - Pediatrics

The safety and efficacy of desvenlafaxine in children under the age of 18 years have not been established, and it is not indicated for this population. (see <u>7.1.3 Pediatrics</u>).

All of the adverse events described above for adults with MDD should be considered in the case of children and adolescents taking Sandoz Desvenlafaxine. Additional adverse events of note (including laboratory values and vitals) are summarized below (Table 9).

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The listed events are those identified as worse in children compared to adults at the recommended therapeutic dose, due to greater frequency rates and/or greater differential from placebo.

Table 9: Adverse Events during short-term (8 weeks) treatment of children and adolescents with Major Depressive Disorder that were identified as worse in pediatrics compared to adults, or unique to pediatrics and greater than placebo

Age Group	Desvenlaf	axine	Placebo		
	Frequency	n/N	Frequency	n/N	
Pooled (Ages 7-11 and 12-17)					
Weight loss¹ (≥3.5% of baseline weight)	17%	60/356*	7%	16/231*	
Upper abdominal pain ²	10%	34/358	7%	16/232	
Ages 7-11					
Diarrhea ²	7%	8/116	1%	1/78	
Triglycerides ¹ (increase > 2.258 mmol/L)	19%	19/102*	7%	5/72*	
Hemoglobin in urine ¹	6%	6/102*	3%	2/72*	
Orthostatic Systolic Blood Pressure¹ (decrease ≥ 20 mg Hg from supine to standing)	8%	9/116	1%	1/78	
Ages 12-17					
Back/Flank pain ²	3%	8/242	0%	0/154	

^{*} Number of subjects with non-missing test result

The risks associated with longer term desvenlafaxine use were assessed in 6-month, open-label extension studies in pediatric patients (7 to 17 years of age) with MDD. In the total desvenlafaxine-exposed population, the frequency of weight loss \geq 3.5% was 23% (156 /684), with persistence of weight loss at study end in approximately 22% of these cases (35/156).

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¹ Laboratory test or clinical measurement result

² Reported MedDRA term

The long-term safety, including effects on growth, maturation and behavioural development in patients under 18 years of age has not been systematically evaluated.

• Suicidality-Related Events:

In the desvenlafaxine pediatric studies, the totality of suicidality-related behaviours and ideation are captured by the Columbia Suicide Severity Rating Scale (C-SSRS), performed at all scheduled visits. The incidence rates below exclude events classified as "self-injurious behavior, no suicidal intent".

In the two pooled, placebo-controlled 8 week studies, the incidence of suicidality-related events is 12.1% (28 /231) for placebo and 12.6% (45 /356) for desvenlafaxine. In the 26-week, openlabel extension studies that included the above trials, the incidence of suicidality-related events is 15.4% (105 /680).

The safety and efficacy of desvenlafaxine in children under the age of 18 years have not been established and its use is not recommended.

8.5 Post-Market Adverse Reactions

The following adverse events have been identified during post-approval use of desvenlafaxine. Because post-approval reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency:

Cardiac Disorders: stress cardiomyopathy (Takotsubo cardiomyopathy)

Gastrointestinal: gastrointestinal bleeding, pancreatitis acute

Nervous System Disorder: serotonin syndrome

Skin and subcutaneous tissue disorders: Stevens-Johnson Syndrome, toxic epidermal

necrolysis, erythema multiforme

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9 DRUG INTERACTIONS

9.1 Serious Drug Interactions

Serious Drug Interactions

- Serious and life-threatening serotonin toxicity can occur due to the concomitant use of desvenlafaxine with other serotonergic agents. See 9.4 Drug-Drug Interactions Serotonergic Agents.
 - o **Monoamine Oxidase Inhibitors (MAOIs):** See <u>2 CONTRAINDICATIONS</u>, and <u>9.4 Drug-</u>Drug Interactions, Serotonergic Agents.
 - o **Concomitant Use of Sandoz Desvenlafaxine with VENLAFAXINE:** Since desvenlafaxine is the major active metabolite of venlafaxine, concomitant use of Sandoz Venlafaxine with products containing venlafaxine will lead to additive desvenlafaxine exposure.

9.2 Drug Interactions Overview

Selected drug interaction studies were performed. The combination of linear pharmacokinetics, a simple metabolic profile without the potential for CYP polymorphism factors, weak interactions with selected probe substrates, and low protein binding results in a low potential for the interaction of desvenlafaxine with other prescribed medications.

9.3 Drug-Behavioural Interactions

Ethanol

As with all CNS-active drugs, patients should be advised to avoid alcohol consumption while taking Sandoz Desvenlafaxine.

Interference with Cognitive and Motor Performance

A clinical study that assessed the effects of desvenlafaxine on behavioral performance of healthy individuals did not reveal clinically significant impairment of psychomotor, cognitive, or complex behavior performance. However, since any CNS-active drug may impair judgment, thinking, or motor skills, patients should be cautioned about operating hazardous machinery, including automobiles, until they are reasonably certain that Sandoz Desvenlafaxine therapy does not adversely affect their ability to engage in such activities.

9.4 Drug-Drug Interactions

The drugs listed in this section are based on either drug interaction case reports or studies, or potential interactions due to the expected magnitude and seriousness of the interaction (i.e. those identified as contraindicated).

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Table 10 – Established or Potential Drug-Drug Interactions

Proper/Common name	Source of Evidence	Effect	Clinical comment
Central Nervous System Active Agents	T	Potential additive effect	The risk of using desvenlafaxine in combination with other CNS-active drugs has not been systematically evaluated. Consequently, caution is advised when desvenlafaxine is taken in combination with other CNS-active drugs.
Drugs Affecting Platelet Function:	С	Altered anticoagulant	Epidemiological studies of the case-control and
• NSAIDs		effects, including increased bleeding	cohort design that have demonstrated an
 ASA other anticoagulants 		increased bleeding	association between use of psychotropic drugs that interfere with serotonin reuptake and the occurrence of upper gastrointestinal bleeding have also shown that concurrent use of an NSAID, ASA or other anticoagulants may potentiate this risk of bleeding.
			Altered anticoagulant effects, including increased bleeding, have been reported when SSRIs or SNRIs are coadministered with warfarin. Patients receiving warfarin

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			therapy should be carefully monitored when PRISTIQ is initiated or discontinued (see 7 WARNINGS AND PRECAUTIONS, Hematologic, Abnormal Bleeding).
Serotonergic Agents SSRIs; other SNRIs; lithium; amphetamines; Opioids (such as methadone, tramadol, buprenorphine, fentanyl and its analogues, dextromethorphan, tapentadol, meperidine and pentazocine Agents that impair serotonin metabolism, such as MAOIs (including the antibiotic, linezolid, and the surgical dye, methylene blue Serotonin precursors, such as	T	Rare postmarketing reports describe patients with symptoms suggestive or diagnostic of serotonin toxicity, following the combined use of a SSRI with 5HT1-agonists (triptans) or lithium.	Based on the mechanism of action of desvenlafaxine and the potential for serotonin syndrome, caution is advised when PRISTIQ is co-administered with other drugs or agents that may affect the serotonergic neurotransmitter systems. If concomitant treatment with PRISTIQ and a serotonergic agent is clinically warranted, appropriate observation of the patient for acute and long-term adverse events is advised. (see 7 WARNINGS AND PRECAUTIONS, Neurologic, Serotonin Syndrome)
triptans (e.g., almotriptan, sumatriptan, rizatriptan, naratriptan,			

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zolmitriptan); and tryptophan supplements. • St John's Wort.			
Inhibitors of CYP3A4	СТ	Concomitant use of PRISTIQ with potent inhibitors of CYP3A4 may result in higher concentrations of PRISTIQ.	CYP3A4 is a minor pathway for the metabolism of PRISTIQ. In a clinical study, ketoconazole (200 mg BID) increased the area under the concentration vs. time curve AUC of PRISTIQ (400 mg single dose) by about 43% and Cmax by about 8%.
Inhibitors of other CYP enzymes	Т	No effect	Based on in vitro data, drugs that inhibit CYP isozymes 1A1, 1A2, 2A6, 2D6, 2C8, 2C9, 2C19, and 2E1 are not expected to have significant impact on the pharmacokinetic profile of desvenlafaxine.
Drugs metabolized by CYP2D6	СТ	Concomitant use of desvenlafaxine with a drug metabolized by CYP2D6 may result in increased concentrations of that drug and decreased concentrations of its CYP2D6 metabolites.	Clinical studies have shown that desvenlafaxine does not have a clinically relevant effect on CYP2D6 metabolism at the dose of 100 mg daily. When desvenlafaxine was administered at a dose of 100 mg daily in conjunction with a single 50 mg dose of desipramine, a CYP2D6 substrate, the AUC of

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			desipramine increased approximately 17%. When 400 mg of desvenlafaxine was administered (8 times the recommended 50 mg dose), the AUC of desipramine increased approximately 90%. When desvenlafaxine was administered at a dose of 100 mg daily in conjunction with a single 60 mg dose of codeine, a CYP2D6 substrate metabolized to morphine, the AUC of codeine was unchanged, the AUC of morphine decreased approximately 8%.
Drugs metabolized by CYP3A4	СТ	Concomitant use of desvenlafaxine with a drug metabolized by CYP3A4 may result in lower exposure to that drug.	In vitro, desvenlafaxine does not inhibit or induce the CYP3A4 isozyme. In a clinical study, desvenlafaxine (400 mg daily) was coadministered with a single 4 mg dose of midazolam (a CYP3A4 substrate). The AUC and Cmax of midazolam decreased by approximately 31% and 16%, respectively. In a second study, desvenlafaxine 50 mg daily was coadministered with a single 4 mg dose of

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			midazolam. The AUC and Cmax of midazolam decreased by approximately 29% and 14%, respectively.
Drugs metabolized by a combination of both CYP2D6 and CYP3A4	СТ	No effect	Clinical studies with aripiprazole and tamoxifen suggest that desvenlafaxine at twice the recommended dose (100 mg daily) does not have a clinically relevant effect on drugs metabolized by a combination of both CYP2D6 and CYP3A4 enzymes.
			Desvenlafaxine was studied at a dose of 100 mg daily in conjunction with a single 5 mg dose of aripiprazole, a CYP2D6 and CYP3A4 substrate metabolized to the active metabolite dehydroaripiprazole.
			A single 40 mg dose of tamoxifen, which is metabolized to active metabolites 4-hydroxy-tamoxifen and endoxifen by CYP2D6 and CYP3A4, was also studied in conjunction with desvenlafaxine (100 mg daily).
Drugs metabolized by CYP1A2, 2A6, 2C8,	Т	No effect	In vitro, desvenlafaxine does not inhibit CYP1A2,

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2C9 and 2C19			2A6, 2C8, 2C9, and 2C19 isozymes and would not be expected to affect the pharmacokinetics of drugs that are metabolized by these CYP isozymes.
P-glycoprotein transporter	Т	No effect	In vitro, desvenlafaxine is not a substrate or an inhibitor for the P-glycoprotein transporter. The pharmacokinetics of
			desvenlafaxine are unlikely to be affected by drugs that inhibit the P-glycoprotein transporter and desvenlafaxine is not likely to affect the pharmacokinetics of drugs that are substrates of the P-glycoprotein transporter.

Legend: C = Case Study; CT = Clinical Trial; T = Theoretical

Potential for other drugs to affect desvenlafaxine (see also 10 CLINICAL PHARMACOLOGY)

See also 10.3 Pharmacokinetics.

• Electroconvulsive Therapy

There are no clinical data establishing the risks and/or benefits of electroconvulsive therapy combined with Sandoz Desvenlafaxine treatment for MDD.

9.5 Drug-Food Interactions

Food does not alter the bioavailability of desvenlafaxine.

Concomitant use of tryptophan supplements increases the risk of serotonin toxicity, as tryptophan is a serotonin precursor. See <u>9.4 Drug-Drug Interactions</u>, <u>Serotonergic Agents</u>.

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9.6 Drug-Herb Interactions

St. John's Wort

In common with SSRI's, pharmacodynamic interactions between desvenlafaxine and the herbal remedy St. John's Wort (*Hypericum perforatum*) may occur and may result in an increase in undesirable effects (see <u>9.4 Drug-Drug Interactions</u>, <u>Serotonergic Agents</u>).

9.7 Drug-Laboratory Test Interactions

False positive urine immunoassay screening tests for phencyclidine (PCP) and amphetamine have been reported in patients taking desvenlafaxine. This is due to lack of specificity of the screening tests. False positive test results may be expected for several days following discontinuation of Sandoz Desvenlafaxine therapy. Confirmatory tests, such as gas chromatography/mass spectrometry, will distinguish desvenlafaxine from PCP and amphetamine.

10 CLINICAL PHARMACOLOGY

10.1 Mechanism of Action

Desvenlafaxine is the major active metabolite of venlafaxine which is also approved for treatment of depression. Preclinical studies have shown that desvenlafaxine is a selective serotonin and norepinephrine reuptake inhibitor. The clinical efficacy of desvenlafaxine is thought to be related to the potentiation of these neurotransmitters in the central nervous system.

10.2 Pharmacodynamics

Desvenlafaxine lacked significant affinity for numerous receptors, including muscarinic-cholinergic, H1-histaminergic, or α_1 -adrenergic receptors in vitro. Desvenlafaxine also lacked significant affinity for various ion channels, including calcium, chloride, potassium and sodium ion channels and also lacked monoamine oxidase (MAO) inhibitory activity. Desvenlafaxine lacked significant activity in the in vitro cardiac potassium channel (hERG) assay.

10.3 Pharmacokinetics

Absorption

The absolute oral bioavailability of desvenlafaxine after oral administration is about 80%. Mean time to peak plasma concentrations (t_{max}) is about 7.5 hours after oral administration.

A food-effect study involving administration of desvenlafaxine to healthy volunteers under fasting and fed conditions (high-fat meal) indicated that the C_{max} was increased about 16% in the

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fed state, while the AUCs were similar. This difference is not clinically significant; therefore, Sandoz Desvenlafaxine can be taken without regard to meals.

Distribution

The plasma protein binding of desvenlafaxine is low (30%) and is independent of drug concentration. Desvenlafaxine's volume of distribution at steady-state following intravenous administration is 3.4 L/kg, indicating distribution into nonvascular compartments.

Metabolism

Desvenlafaxine is primarily metabolized by conjugation (mediated by UGT isoforms) and, to a minor extent, through oxidative metabolism. CYP3A4 is the cytochrome P450 isozyme mediating the oxidative metabolism (N-demethylation) of desvenlafaxine.

Elimination

Approximately 45% of desvenlafaxine is excreted unchanged in urine at 72 hours after oral administration. Approximately 19% of the administered dose is excreted as the glucuronide metabolite and <5% as the oxidative metabolite (N,O-didesmethylvenlafaxine) in urine.

Residual Inert Matrix Tablet: Patients receiving Sandoz Desvenlafaxine may notice an inert matrix tablet passing in the stool or via colostomy. Patients should be informed that the active medication has already been absorbed by the time the patient sees the inert matrix tablet.

Special Populations and Conditions

Pediatrics

Sandoz Desvenlafaxine is not indicated for use in children and adolescents. Two placebo controlled phase 3 studies in 587 pediatric patients 7 to 17 years of age with MDD failed to demonstrate efficacy; neither short term, placebo-controlled study demonstrated statistically or clinically significant differences between desvenlafaxine and placebo (see also ADVERSE REACTIONS, Adverse Drug Reactions in Pediatrics (<18 years of age).

Phase 2 Pharmacokinetic Study

In a phase 2, 8-week open-label pharmacokinetic, safety, and tolerability study in 59 pediatric patients with MDD, desvenlafaxine 10, 25, 50, and 100 mg was administered to 29 children (7 to 11 years old) and desvenlafaxine 25, 50 100, and 200 mg was administered to 30 adolescents (12 to 17 years old). Mean CL/F (apparent oral dose clearance) values were higher in children (range: 0.441 to 0.540 L/h/kg) than values obtained in 397 adults (mean ± SD: [0.31± 0.15 L/h/kg]). Mean CL/F values for adolescents (range: 0.282 to 0.441 L/hr/kg) were more comparable to CL/F values in adults. The effect of body weight on dose normalized AUC could be described by an exponential equation for each age group. Comparison of the predictions for AUC (normalized by dose) based on age and body weight or based only on body weight showed

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that body weight alone provides an adequate prediction for AUC. Mean urinary recovery of total desvenlafaxine and total N,O-didesmethylvenlafaxine ranged from 40% to 61% in children and 55 to 69% in adolescents. The pharmacokinetic results in pediatric patients from this study and the comparison with adults should be considered preliminary.

Twenty children and 20 adolescents who completed the pharmacokinetics study entered a 6-month, open-label, phase 2 extension safety study. The total daily dose of desvenlafaxine was flexible between 10, 25, 50, and 100 mg for children, and between 25, 50, 100, and 200 mg for adolescents. Eighteen subjects (45%) completed the extension study.

In both studies combined, 28 subjects (70%) reported 1 or more treatment-emergent adverse event (TEAE). Four (20.0%) children and 3 (15.0%) adolescents reported adverse events that led to discontinuation of treatment: aggression (by 2 children), disturbance in attention and psychomotor hyperactivity (by 1 child), negativism (by 1 child) and nausea (by 1 adolescent), nausea and headache (by 1 adolescent), and pregnancy (by 1 adolescent). For children, the most common TEAEs during the on-therapy period of both studies combined were headache and abdominal pain reported by 3 (15.0%) and 3 (15.0%) of patients, respectively. For adolescents, the most common TEAEs during the on-therapy period of both studies combined were: somnolence, nausea, headache, and abdominal pain upper, reported by 6 (30.0%), 4 (20.0%), 3 (15.0%) and 3 (15.0%) of subjects, respectively. In addition, for child and adolescent subjects in the combined study population, post-baseline suicidal ideation occurred in 3 adolescents, as assessed via the Columbia Suicide Severity Rating Scale (C-SSRS). Suicidal ideation was reported in 1 adolescent subject who did not report suicidal ideation at the baseline C-SSRS assessment (the baseline C-SSRS assessment was the screening visit of the pharmacokinetic study) (see 7 WARNINGS AND PRECAUTIONS, Potential Association with Behavioural and Emotional Changes, **Including Self-Harm).**

Geriatrics

In a trial of healthy subjects administered doses of up to 300 mg, there was an approximate 32% increase in C_{max} and a 55% increase in AUC in subjects older than 75 years of age (n =17), compared with subjects 18 to 45 years of age (n = 16). Subjects 65 to 75 years of age (n =15) had no change in C_{max} but an approximately 32% increase in AUC, compared to subjects 18 to 45 years of age. No dosage adjustment is required solely on the basis of age; however, possible reduced renal clearance of desvenlafaxine should be considered when determining dose.

Sex

In a trial of healthy subjects administered doses up to of 300 mg, women had an approximately 25% higher C_{max} and an approximately 10% higher AUC than age-matched men. No adjustment of dosage on the basis of sex is needed.

Ethnic Origin

Pharmacokinetic analysis on the basis of race (White, N = 466; Black, N = 97; Hispanic, N = 39;

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Other, N =33) did not demonstrate an effect on the pharmacokinetics of desvenlafaxine. No adjustment of dosage on the basis of ethnic origin is needed.

Hepatic Insufficiency

The disposition of desvenlafaxine after administration of 100 mg was studied in subjects with mild (Child-Pugh A, n = 8), moderate (Child-Pugh B, n = 8), and severe (Child-Pugh C, n = 8) hepatic impairment and to healthy subjects (n = 12). Average AUC was increased by approximately 31% and 35% in patients with moderate and severe hepatic impairment, respectively, as compared to healthy subjects. Average AUC values were similar in subjects with mild hepatic impairment and healthy subjects (<5% difference).

Systemic clearance (CL/F) was decreased by approximately 20% and 36% in patients with moderate and severe hepatic impairment, respectively, as compared to healthy subjects. CL/F values were comparable in mild hepatic impairment and healthy subjects (<5% difference).

The mean t1/2 changed from approximately 10 hours in healthy subjects and subjects with mild hepatic impairment to 13 and 14 hours in moderate and severe hepatic impairment, respectively. No dosage adjustment is necessary for patients with hepatic impairment.

Renal Insufficiency

The disposition of desvenlafaxine after administration of 100 mg was studied in subjects with mild (n = 9), moderate (n = 8), severe (n = 7) and end-stage renal disease (ESRD) requiring dialysis (n = 9) and in healthy, age-matched control subjects (n = 8). Elimination was significantly correlated with creatinine clearance. Increases in AUCs of about 42% in mild renal impairment, about 56% in moderate renal impairment, about 108% in severe renal impairment, and about 116% in ESRD subjects were observed, compared with healthy, age-matched, control subjects.

The mean terminal half-life (t1/2) was prolonged from 11.1 hours in the control subjects to approximately 13.5, 15.5, 17.6, and 22.8 hours in mild, moderate, severe renal impairment and ESRD subjects, respectively. Less than 5% of the drug in the body was cleared during a standard 4-hour hemodialysis procedure. Therefore, supplemental doses should not be given to patients after dialysis.

Dosage adjustment is recommended in patients with significant impairment of renal function (see <u>4.2 Recommended Dose and Dosage Adjustment Severe renal impairment and end-stage renal disease</u>).

11 STORAGE, STABILITY AND DISPOSAL

Store at 15° to 30°C

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12 SPECIAL HANDLING INSTRUCTIONS

None

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PART II: SCIENTIFIC INFORMATION

13 PHARMACEUTICAL INFORMATION

Drug Substance

Proper name: desvenlafaxine

Chemical name: 1-[(1RS)-2-(Dimethylamino)-1-(4-hydroxyphenyl)ethyl] cyclohexanol

Molecular formula and molecular mass: C₁₆H₂₅NO₂ (desvenlafaxine)

263.38 g/mol (free base)

Structural formula:

Physicochemical properties: desvenlafaxine is a white to off-white crystalline powder that is practically insoluble in water, slightly soluble in ethanol, slightly soluble in acetone and sparingly

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soluble in dimethyl sulfoxide. The solubility of desvenlafaxine is pH dependent (solubility increases at lower pH). Its solubility in phosphate buffer (at pH 6.8 and 7.5) is < 0.1 mg/mL.

pKa value: 8.87 (Strongest Basic); and 10.11 (Strongest Acidic)

14 CLINICAL TRIALS

14.1 Trial Design and Study Demographics

The information on the trial design and study demographics on which the original indication was authorized is not available, other than as follows.

The efficacy of desvenlafaxine for treatment of depression was established in four 8-week, randomized, double-blind, placebo-controlled, fixed-dose studies (at doses of 50 mg/day to 400 mg/day) in adult outpatients who met the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV) criteria for major depressive disorder.

- In the first study, patients received 100 mg (n = 114), 200 mg (n = 116), or 400 mg (n = 113) of desvenlafaxine once daily, or placebo (n = 118).
- In a second study, patients received either 200 mg (n = 121) or 400 mg (n = 124) of desvenla faxine once daily, or placebo (n = 124).
- In two additional studies, patients received 50 mg (n = 150 and n = 164) or 100 mg (n = 147 and n = 158) of desvenlafaxine once daily, or placebo (n = 150 and n = 161).

The primary outcome measure in all studies was change in the 17-item Hamilton Rating Scale for Depression (HAM-D17) total score (LOCF Final). The main secondary outcome measure was overall improvement, as measured by the Clinical Global Impressions Scale - Improvement (CGI-I) (LOCF Final).

Other secondary outcome measures included change in HAM-D17 total score (Observed Case and MMRM) and CGI-I (Observed Case) at week 8, as well as change in the Montgomery Asberg Depression Rating Scale (MADRS) score, change in the Sheehan Disability Scale (SDS) score, and the percentage of CGI-I responders, HAM-D17 responders, and HAM-D17 remissions. CGI-I responder was defined as a score of 1 (very much improved) or 2 (much improved), HAM-D17 responder was defined as \geq 50% decrease from baseline HAM-D-17 total score, and remission was defined as HAM-D17 \leq 7.

14.2 Study results

The data on which the original indication was authorized are not available, other than as follows.

Short-term Placebo-controlled MDD Studies

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In these studies, the efficacy of desvenlafaxine for treatment of depression was demonstrated by its superiority over placebo as measured by improvement on the primary outcome measure (HAM-D17) total score (LOCF) and the main secondary outcome measure (CGI-I) (LOCF). The results on the other secondary outcome measures were supportive of the positive primary and main secondary outcomes.

In studies directly comparing desvenlafaxine doses of 50 mg/day and 100 mg/day, there was no suggestion of greater efficacy with the higher dose. Similarly in studies directly comparing PRISTIQ doses of 100 mg/day and 200 mg/day or 400 mg/day there was no suggestion of a greater efficacy with the higher doses [see 4 DOSAGE AND ADMINISTRATION]. In contrast adverse events and discontinuations tended to be more frequent at higher doses (see Tables 2 through 6), although no severe toxicity was observed.

• Long-Term Maintenance of Effect Studies

The efficacy of desvenlafaxine in maintaining antidepressant effect was assessed in a long-term study.

In the long-term trial, adult outpatients meeting DSM-IV criteria for major depressive disorder, who responded to 8 weeks of open-label acute treatment with 50 mg/day desvenlafaxine and subsequently remained stable for 12 weeks on desvenlafaxine, were assigned randomly in a double-blind manner to remain on active treatment or switched to placebo for up to 26 weeks of observation for relapse. Response during the open phase was defined as a HAM-D17 total score of \leq 11 and CGI-I \leq 2 at the day 56 evaluation; stability was defined as not having a HAM-D17 total score of \geq 16 at any office visit. Relapse during the double-blind phase was defined as follows: (1) a HAM-D17 total score of \geq 16 at any office visit; (2) discontinuation for unsatisfactory efficacy response; (3) hospitalized for depression; (4) suicide attempt; or (5) suicide. Patients receiving continued desvenlafaxine treatment experienced statistically significantly longer time to relapse compared with placebo. At 26 weeks, the Kaplan-Meier estimated probability of relapse was 14% with desvenlafaxine treatment versus 30% with placebo.

Secondary efficacy measures that supported the primary outcome included: HAM-D17 total score, remission based on HAM-D₁₇, HAM-D₆, and CGI-S scores.

14.3 Comparative Bioavailability Studies

Fasting Study – 50 mg

A single-dose, blinded, randomized, two-way, cross-over, comparative bioavailability study of Sandoz Desvenlafaxine 50 mg extended-release tablets (Sandoz Canada Inc.) and PRISTIQ® 50 mg extended release tablets (Pfizer Canada Inc.) was conducted in 42 healthy, adult, male subjects under fasting conditions. Comparative bioavailability data from 38 subjects that were included in the statistical analysis are presented in the following table.

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SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA

Desvenlafaxine						
	(1 x 50 mg)					
		Geometric Mear	า			
		Arithmetic Mean (C	V %)			
Parameter	Test ¹	Reference ²	% Ratio of Geometric Means	90% Confidence Interval		
AUC _T (ng·h/mL)	2666.74 2963.19 (42.20)	2918.58 3154.21 (37.53)	91.5	81.0 – 103.4		
AUC _I (ng·h/mL)	2717.24 3018.46 (42.59)	2966.61 3208.49 (37.97)	91.7	81.3 – 103.6		

132.81

135.72 (21.72)

5.750

(2.00 - 8.50)

9.87

(17.96)

88.1

82.2 - 94.4

117.03

120.56 (23.55)

5.500

(2.00 - 16.00)

10.04

(19.62)

Fed Study - 50 mg

 C_{max}

 $T_{\text{max}}^{\phantom{\text{a}}3}$

(h)

(h)

(ng/mL)

A single-dose, blinded, randomized, two-way, cross-over, comparative bioavailability study of Sandoz Desvenlafaxine 50 mg extended-release tablets (Sandoz Canada Inc.) and PRISTIQ® 50 mg extended release tablets (Pfizer Canada Inc.) was conducted in 30 healthy, adult, male subjects under high-fat, high-calorie fed conditions. Comparative bioavailability data from 28 subjects that were included in the statistical analysis are presented in the following table.

SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA

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¹ Sandoz Desvenlafaxine (desvenlafaxine as desvenlafaxine base) extended-release tablets, 50 mg (Sandoz Canada Inc.)

² PRISTIQ* (desvenlafaxine as desvenlafaxine succinate) extended release tablets, 50 mg (Pfizer Canada Inc.)

³ Expressed as median (range) only

⁴ Expressed as arithmetic mean (CV % only)

Desvenlafaxine

(1 x 50 mg)

Geometric Mean

Arithmetic Mean (CV %)

Parameter	Test ¹	Reference ²	% Ratio of Geometric Means	90% Confidence Interval	
AUC _T	3914.35	3695.92	105.9	99.8 – 112.4	
(ng·h/mL)	4010.21 (22.14)	3789.91 (23.37)	103.9	99.6 – 112.4	
AUCı	3963.13	3750.13	105.7	99.6 – 112.1	
(ng·h/mL)	4062.31 (22.48)	3848.64 (23.92)	105.7	99.0 – 112.1	
C _{max}	175.84	160.85	109.3	103.8 – 115.1	
(ng/mL)	178.72 (18.45)	162.94 (16.11)	109.3	103.8 – 113.1	
T _{max} ³	6.750	7.500			
(h)	(2.00 – 16.00)	(5.00 – 12.00)			
T _{1/2} ⁴	10.24	10.14			
(h)	(13.25)	(15.77)			

¹ Sandoz Desvenlafaxine (desvenlafaxine as desvenlafaxine base) extended-release tablets, 50 mg (Sandoz Canada Inc.)

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² PRISTIQ[®] (desvenlafaxine as desvenlafaxine succinate) extended release tablets, 50 mg (Pfizer Canada Inc.)

³ Expressed as median (range) only

⁴ Expressed as arithmetic mean (CV % only)

Fasting Study - 100 mg

A single-dose, blinded, randomized, two-way, cross-over, comparative bioavailability study of Sandoz Desvenlafaxine 100 mg extended-release tablets (Sandoz Canada Inc.) and PRISTIQ® 100 mg extended release tablets (Pfizer Canada Inc.) was conducted in 60 healthy, adult, male subjects under fasting conditions. Comparative bioavailability data from 56 subjects that were included in the statistical analysis are presented in the following table.

SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA

		Desvenlafaxine	<u> </u>		
	(1 x 100 mg)				
		Geometric Mea			
		Arithmetic Mean (C	:V %)		
Parameter	Test ¹	Reference ²	% Ratio of Geometric Means	90% Confidence Interval	
AUC _T	4754.03	5063.23	02.6	92.1 105.2	
(ng·h/mL)	5391.83 (45.78)	5592.42 (40.54)	93.6	83.1 – 105.3	
AUCı	4853.22	5126.76	94.3	83.8 – 106.2	
(ng·h/mL)	5512.41 (46.31)	5665.66 (40.86)	94.3	83.8 – 106.2	
C _{max}	192.22	227.90	943	70.0 90.7	
(ng/mL)	200.94 (28.11)	237.49 (28.88)	84.2	79.0 – 89.7	
T _{max} ³	5.750	5.750			
(h)	(2.00 – 24.00)	(2.00 – 16.00)			
T _{1/2} ⁴	9.69	9.44			
(h)	(15.26)	(13.03)			

¹ Sandoz Desvenlafaxine (desvenlafaxine as desvenlafaxine base) extended-release tablets, 100 mg (Sandoz Canada Inc.)

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² PRISTIQ[®] (desvenlafaxine as desvenlafaxine succinate) extended release tablets, 100 mg (Pfizer Canada Inc.)

³ Expressed as median (range) only

⁴ Expressed as arithmetic mean (CV % only)

Fed Study – 100 mg

A single-dose, blinded, randomized, two-way, cross-over, comparative bioavailability study of Sandoz Desvenlafaxine 100 mg extended-release tablets (Sandoz Canada Inc.) and PRISTIQ® 100 mg extended release tablets (Pfizer Canada Inc.) was conducted in 36 healthy, adult, male subjects under high-fat, high-calorie fed conditions. Comparative bioavailability data from 28 subjects that were included in the statistical analysis are presented in the following table.

SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA

SOMMAN TABLE OF THE COMMANATIVE BIOAVAILABILITY DATA				
Desvenlafaxine				
		(1 x 100 mg)		
		Geometric Mea	n	
		Arithmetic Mean (C	V %)	
Parameter	Test ¹	Reference ²	% Ratio of Geometric Means	90% Confidence Interval
AUC _T	5688.24	5974.75	04.9	97.9 103.4
(ng·h/mL)	5975.26 (31.73)	6184.05 (26.92)	94.8	87.8 – 102.4
AUCı	5758.36	6045.68	04.0	87.9 – 102.4
(ng·h/mL)	6060.63 (32.75)	6264.83 (27.77)	94.9	87.9 – 102.4
C _{max}	276.25	270.05	102.3	09.0 106.7
(ng/mL)	283.23 (22.43)	274.28 (17.89)	102.3	98.0 – 106.7
T _{max} ³	5.500	8.250		
(h)	(4.00 – 12.00)	(5.00 – 12.00)		
T _{1/2} ⁴	9.59	9.49		
(h)	(18.15)	(17.97)		

¹ Sandoz Desvenlafaxine (desvenlafaxine as desvenlafaxine base) extended-release tablets, 100 mg (Sandoz Canada Inc.)

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² PRISTIQ[®] (desvenlafaxine as desvenlafaxine succinate) extended release tablets, 100 mg (Pfizer Canada Inc.)

³ Expressed as median (range) only

⁴ Expressed as arithmetic mean (CV % only)

15 MICROBIOLOGY

No microbiological information is required for this drug product.

16 NON-CLINICAL TOXICOLOGY

General Toxicology: The principal toxicology studies included single-dose and repeat-dose studies in rats and dogs; genetic toxicology studies; 2-year carcinogenicity studies in mice and rats; and reproductive and developmental studies in rats and rabbits. Special studies were conducted to define target organ toxicity, to evaluate the gastrointestinal tolerability of the sustained release (SR) tablets that were used in clinical trials, and to further evaluate the effects of desvenlafaxine on fertility in male and female rats.

Single-Dose

A single oral dosage of desvenlafaxine (salt form) resulted in death at \geq 1800 mg/kg in mice and \geq 2500 mg/kg in rats. A single IP dosage of desvenlafaxine (salt form) resulted in death at \geq 250 mg/kg in mice. A single IP dosage of DVS resulted in death at \geq 700 mg/kg in rats. There was no mortality in dogs given a single oral dosage of desvenlafaxine (salt form) at up to 500 mg/kg.

Repeat-Dose

Rats: In the 1-month toxicity study in rats, the no-observed-adverse-effect level (NOAEL) was 675 mg/kg/day (the highest dosage), based on no toxicologically significant effects at any dosage. In the 3-month toxicity study in rats, the NOAEL was 100 mg/kg/day, based on mortality and decreased food consumption at 1000 mg/kg/day, and increased salivation and decreased body weights and body-weight gains at \geq 500 mg/kg/day.

In the 6-month toxicity study in rats, the NOAEL was 100 mg/kg/day in males (based on decreases in body weight in males at 300 mg/kg/day) and 300 mg/kg/day in females (the highest dosage administered).

Dogs: In the 1-month toxicity study in dogs, the NOAEL was 175 mg/kg/day (the highest dosage), based on no toxicologically significant effects at any dosage. In the 3-month toxicity study in dogs, the NOAEL was 100 mg/kg/day, based on mortality and decreased body weights at 300 mg/kg/day and central nervous system (CNS)-related clinical observations (chorea-like movements, stereotypy, and convulsions as early as week 1) at 200 and 300 mg/kg/day. Because the target organ toxicity was not identified in this 3-month study, two (2) additional 3-month studies were conducted at higher dosages (oral gavage, up to 500 mg/kg/day; SR tablets up to 400 mg/kg/day). These 2 additional 3-month studies demonstrated the CNS to be the target organ based on clinical signs and the NOAEL was 100 mg/kg/day and 200 mg/kg/day in the oral gavage and SR tablet studies, respectively. In the 9-month toxicity study in dogs, the NOAEL was 50 mg/kg/day (the highest dosage), based on no adverse effects at any dosage.

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Carcinogenicity: Desvenlafaxine administered by oral gavage to mice and rats for 2 years did not increase the incidence of tumors in either study.

Mice: Mice received desvenlafaxine at dosages up to 500/300 mg/kg/day (dosage lowered after 45 weeks of dosing). The 300 mg/kg/day dose was 180 times on a mg/kg basis, the maximum recommended human dose (MRHD) of 100 mg/day, and 15 times the MRHD on a mg/m2 basis.

Rats: Rats received desvenlafaxine at dosages up to 300 mg/kg/day (males) or 500 mg/kg/day (females). The highest dose was 180 (males) or 300 (females) times, on a mg/kg basis the MRHD of 100 mg/day, and 29 (males) or 48 (females) times the MRHD of 100 mg/day, on a mg/m2 basis.

Genotoxicity: Desvenlafaxine was not genotoxic in the in vitro bacterial mutation assay (Ames test) and was not clastogenic in an *in vitro* chromosome aberration assay in cultured CHO cells, an *in vivo* mouse micronucleus assay, or an *in vivo* chromosome aberration assay in rats. Additionally, desvenlafaxine was not genotoxic in the *in vitro* CHO mammalian cell forward mutation assay and was negative in the in vitro BALB/c-3T3 mouse embryo cell transformation assay.

Reproductive and Developmental Toxicology:

See also Juvenile Toxicity, below.

• Reproductive Toxicology

When administered orally to pregnant rats throughout gestation and lactation and continued through weaning, desvenlafaxine has been shown to cause decrease in fetal weights, decrease in pup weights and increase in pup deaths when given in doses 180 times the human dose of 100 mg/day on a mg/kg basis, and 29 times on a mg/m2 basis. Post-weaning growth and reproductive performance of the progeny were not affected by maternal treatment with desvenlafaxine.

Impairment of Fertility

Reduced fertility was observed in a study in which both male and female rats received desvenlafaxine. This effect was noted at oral doses approximately 60 times, on a mg/kg basis, and 10 times the maximum human dose (MRHD) of 100 mg/day on a mg/m2 basis. There was no effect on fertility at oral doses approximately 18 times the MRHD on a mg/kg basis and 3 times the MRHD on a mg/m2 basis. The human relevance of this finding is unknown.

Teratogenicity

When desvenlafaxine was administered orally to pregnant rats and rabbits during the period of organogenesis, there was no evidence of teratogenicity in rats at any doses tested, up to 60 times on a mg/kg basis and up to 10 times the maximum recommended human dose (MRHD) of 100 mg/day (on a mg/m2 basis) in rats. In rabbits, there was no evidence of teratogenicity at

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doses up to 45 times (on a mg/kg basis) the MRHD of 100 mg/day, or 15 times the MRHD (on a mg/m2 basis). However, fetal weights were decreased in rats with a no effect dose 60 times the MRHD (on a mg/kg basis) and 10 times the MRHD (on a mg/m2 basis).

Juvenile Toxicity: In a juvenile animal study, male and female rats were treated with desvenlafaxine (75, 225 and 675 mg/kg/day) starting on postnatal day (PND) 22 through 112. Behavioral deficits (longer time immobile in a motor activity test, longer time swimming in a straight channel test, and lack of habituation in an acoustic startle test) were observed in males and females but were reversed after a recovery period. A No Adverse Effect Level (NOAEL) was not identified for these deficits. The Low Adverse Effect Level (LOAEL) was 75 mg/kg/day which was associated with plasma exposure (AUC) twice the levels measured with a pediatric dose of 100 mg/day.

In a second juvenile animal study, male and female rats were administered desvenlafaxine (75, 225 or 675 mg/kg/day) for 8-9 weeks starting on PND 22 and were mated with naïve counterparts. Delays in sexual maturation and decreased fertility, number of implantation sites and total live embryos were observed in treated females at all doses. The LOAEL for these findings is 75 mg/kg/day which was associated with an AUC twice the levels measured with a pediatric dose of 100 mg/day. These findings were reversed at the end of a 4-week recovery period.

The relevance of these findings to humans is not known.

17 SUPPORTING PRODUCT MONOGRAPHS

 PRISTIQ desvenlafaxine extended-release tablets, 50 mg and 100 mg, submission control 260474, Product Monograph, Pfizer Canada ULC, Licensee. (June 26, 2023)

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PATIENT MEDICATION INFORMATION

READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

PrSandoz Desvenlafaxine

Desvenlafaxine Extended-Release Tablets

Read this carefully before you start taking **Sandoz Desvenlafaxine** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **Sandoz Desvenlafaxine**.

Serious Warnings and Precautions

New or worsened emotional or behavioural problems:

- When you first start taking Sandoz Desvenlafaxine or when your dose is adjusted, you
 may feel worse instead of better. You may feel new or worsened feelings of agitation,
 hostility, anxiety, or impulsivity.
- During your treatment with Sandoz Desvenlafaxine, it is important that you and your healthcare professional talk regularly about how you are feeling. They will closely monitor you for signs of new or worsened emotions or behaviours while you are taking Sandoz Desvenlafaxine.
- You may find it helpful to tell a relative or close friend that you are depressed. Ask them to read this leaflet. You might ask them to tell you if they:
 - think your depression is getting worse, or
 - are worried about changes in your behaviour.
- If your depression worsens or you experience changes in your behaviour, tell your healthcare professional **right away**. Do not stop taking your medicine as it takes time for Sandoz Desvenlafaxine to work.

Self-harm or Suicide:

- Antidepressants, such as Sandoz Desvenlafaxine, may increase the risk of suicidal thoughts and actions for some patients.
 - If you have thoughts of harming or killing yourself at any time, contact your healthcare professional or go to a hospital **right away**. Close observation by a healthcare professional is necessary in this situation.

What is Sandoz Desvenlafaxine used for?

Sandoz Desvenlafaxine is used in adults to relieve the symptoms of:

 Major depressive disorder (feeling sad, a change in appetite or weight, difficulty concentrating or sleeping, feeling tired, headaches, unexplained aches and pain)

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How does Sandoz Desvenlafaxine work?

Sandoz Desvenlafaxine belongs to a group of medicines called serotonin and norepinephrine reuptake inhibitors (SNRIs). Sandoz Desvenlafaxine is thought to work by increasing the levels of two chemicals in the brain, serotonin and norepinephrine. This helps to relieve your symptoms of major depressive disorder.

What are the ingredients in Sandoz Desvenlafaxine?

Medicinal ingredients: Desvenlafaxine

Non-medicinal ingredients:

Alginic acid, citric acid monohydrate, hypromellose, magnesium stearate, microcrystalline cellulose, povidone, talc and film coating (which consists of hypromellose, iron oxide red, polyethylene glycol, titanium dioxide, talc for 50 mg tablets and hypromellose, iron oxide red, polyethylene glycol, titanium dioxide and ferrosoferric oxide for 100 mg tablets).

Sandoz Desvenlafaxine comes in the following dosage forms:

Extended-release tablets: 50 mg and 100 mg desvenlafaxine.

Do not use Sandoz Desvenlafaxine if:

- you are allergic to venlafaxine, desvenlafaxine or to any other ingredients in Sandoz Desvenlafaxine.
- you are taking, or have taken in the last 14 days, a monoamine oxidase inhibitor (MAOI) such as phenelzine, tranylcypromine, moclobemide, selegiline, linezolid and methylene blue. You must wait at least 7 days after you stop taking Sandoz Desvenlafaxine before taking any MAOI.

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take Sandoz Desvenlafaxine. Talk about any health conditions or problems you may have, including if you:

- have or have a history of:
 - kidney problems
 - seizures (sudden and uncontrolled burst of electrical activity in the brain)
 - stroke
 - heart problems
 - aggression
 - abnormal levels of lipids (fats) in your blood
 - low sodium levels in your blood
 - bowel blockage or narrowing of the stomach or intestines
- have difficulty swallowing tablets whole.
- have a history or family history of mania or bipolar disorder.

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- have a bleeding disorder or have been told that you have low blood platelets.
- have blood pressure problems.
- are taking any medicines, especially:
 - other medicines used to treat depression
 - medicines used to treat psychiatric disorders
 - opioids (including those used to treat pain or drug dependence)
 - medicines used to treat anxiety
 - medicines used to prevent blood clots (e.g., acetylsalicylic acid (ASA), blood thinners)
 - non-steroidal anti-inflammatory drugs (NSAIDs), used to relieve pain and reduce inflammation (e.g., ibuprofen, naproxen, diclofenac, celecoxib)
 - medicines used to treat migraines (e.g., triptans)
 - lithium, used to treat manic episodes of bipolar disorder
- are taking any nutritional or herbal supplements, including St. John's Wort.
- had a recent bone fracture or were told you have osteoporosis or risk factors for osteoporosis.
- are pregnant or thinking about becoming pregnant, or if you are breast-feeding.

Other warnings you should know about:

Do NOT stop taking Sandoz Desvenlafaxine without talking to your healthcare professional first, as it may cause unwanted side effects. These include irritability, agitation, aggression, dizziness, intense feelings of depression, numbness, tingling, burning or prickling sensations, anxiety, confusion, headache, low or high energy level, ringing in the ears, seizures (sudden and uncontrolled burst of electrical activity in the brain), vision changes and high blood pressure.

Activation of mania: Some patients with bipolar disorder (also known as manic depression) may enter into a manic phase when they start taking Sandoz Desvenlafaxine. Tell your healthcare professional if you experience symptoms of mania such as excessive physical activity, overactive behaviour or thoughts, increased energy, trouble sleeping, racing thoughts, reckless behaviour, excessive happiness or irritability, talking more or faster than usual.

Angle-closure glaucoma: Sandoz Desvenlafaxine can cause an acute attack of glaucoma. Having your eyes examined before you take Sandoz Desvenlafaxine could help identify if you are at risk of having angle-closure glaucoma. Seek immediate medical attention if you experience:

- eye pain;
- changes in vision;
- swelling or redness in or around the eye.

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Serotonin toxicity (also known as serotonin syndrome): Sandoz Desvenlafaxine can cause serotonin toxicity, a rare but potentially life-threatening condition. It can cause serious changes in how your brain, muscles and digestive system work. You may develop serotonin toxicity if you take Sandoz Desvenlafaxine with certain antidepressants or migraine medications. Serotonin toxicity symptoms include:

- fever, sweating, shivering, diarrhea, nausea, vomiting;
- muscle shakes, jerks, twitches or stiffness, overactive reflexes, loss of coordination;
- fast heartbeat, changes in blood pressure;
- confusion, agitation, restlessness, hallucinations, mood changes, unconsciousness, and coma.

Falls and fractures: Taking Sandoz Desvenlafaxine may increase your risk of breaking a bone if you are elderly, have osteoporosis or have other major risk factors for breaking a bone. You should take extra care to avoid falls, especially if you get dizzy or have low blood pressure.

Effects on sexual function: Taking medicines like Sandoz Desvenlafaxine may cause symptoms of sexual dysfunction. In some cases these symptoms have continued after stopping Sandoz Desvenlafaxine treatment. Talk to your healthcare professional if you experience symptoms such as a decrease in sexual desire, performance or satisfaction.

Pregnancy: Only take Sandoz Desvenlafaxine during pregnancy if you and your healthcare professional have discussed the risks and have decided that you should. If you take Sandoz Desvenlafaxine near the end of your pregnancy, you may be at a higher risk of heavy vaginal bleeding shortly after birth. If you become pregnant while taking Sandoz Desvenlafaxine, tell your healthcare professional right away.

Effects on newborns: In some cases, babies born to a mother taking Sandoz Desvenlafaxine during pregnancy may require hospitalization, breathing support and tube feeding. Be ready to seek medical help for your newborn if they:

- have trouble breathing or feeding;
- have muscle stiffness, or floppy muscles (like a rag doll);
- have seizures (sudden and uncontrolled burst of electrical activity in the brain);
- are shaking (jitteriness);
- are constantly crying

Breast-feeding: Sandoz Desvenlafaxine can pass into breast milk and may harm a breastfed baby. Only take Sandoz Desvenlafaxine while you are breast-feeding if you and your healthcare professional have discussed the risks and have decided that you should.

Driving and using machines: Until you know how Sandoz Desvenlafaxine affects you, do not drive or operate a vehicle or potentially dangerous machinery.

Monitoring and tests: Your healthcare professional may do tests, including blood tests, before you take Sandoz Desvenlafaxine and regularly during your treatment. These tests will monitor:

your blood pressure;

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• your levels of cholesterol and triglycerides (types of fat) in your blood.

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

Serious Drug Interactions

Do not take Sandoz Desvenlafaxine if you:

• are taking, or have taken in the last 14 days, any MAOIs such as phenelzine, tranylcypromine, moclobemide, selegiline, linezolid and methylene blue. You must wait at least 7 days after you stop taking Sandoz Desvenlafaxine before taking any MAOI.

Before taking Sandoz Desvenlafaxine, tell your healthcare professional if you take the following medicines:

- other medicines that contain desvenlafaxine, or venlafaxine
- other antidepressants, such as other SNRIs, selective serotonin reuptake inhibitors (SSRIs) and certain tricyclic antidepressants
- medicines used to treat psychiatric disorders (antipsychotics)
- amphetamines, used to treat conditions such as narcolepsy (uncontrollable urge to sleep), and attention deficit hyperactivity disorder (ADHD)
- lithium, used to treat manic episodes of bipolar disorder
- opioid medicines, used to treat pain or drug dependence, such as methadone, tramadol, buprenorphine, fentanyl, tapentadol, meperidine, pentazocine
- dextromethorphan, used to relieve coughs
- triptans, used to treat migraines
- tryptophan supplements
- St. John's Wort, a herbal remedy

Taking Sandoz Desvenlafaxine with any of these medicines may cause serious drug interactions (e.g., serotonin toxicity). Ask your healthcare professional if you are unsure.

The following may also interact with Sandoz Desvenlafaxine:

- medicines used to treat anxiety
- medicines to treat fungal infections such as ketoconazole
- benzodiazepines (used to treat anxiety, seizures and insomnia) such as midazolam
- medicines that affect your electrolyte levels such as diuretics ("water pills")
- medicines that can affect how your blood clots such as warfarin, acetylsalicylic acid (ASA), and non-steroidal anti-inflammatory drugs (NSAIDs)
- nutritional or herbal supplements

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 alcohol. It is recommended to avoid drinking alcohol while taking Sandoz Desvenlafaxine.

How to take Sandoz Desvenlafaxine:

- It is very important that you take Sandoz Desvenlafaxine exactly as your healthcare professional has instructed.
- Do not change your dose without talking to your healthcare professional.
- Your healthcare professional will tell you when to stop taking PRISTIQ. Always follow your healthcare professional's instructions on how to lower your dose carefully and safely to avoid experiencing withdrawal symptoms.
- Continue to take Sandoz Desvenlafaxine even if you do not feel better as it may take several weeks for your medicine to start working.
- Take Sandoz Desvenlafaxine:
 - once a day,
 - at the same time each day,
 - with or without food.
- Swallow tablets whole with a glass of water. Do not chew, divide or crush tablets.
- The medication in Sandoz Desvenlafaxine is packed within a non-absorbable shell. This
 shell has been specially designed to slowly release the medicine at a constant rate over
 time so that the body can absorb it. The shell does not dissolve completely after all the
 medicine has been released, and you may sometimes notice it in your stool. Do not be
 concerned, this is normal.

Usual dose:

The usual dose is 50 mg once daily. Your healthcare professional may increase your dose if you need it.

Overdose:

If you think you, or a person you are caring for, have taken too much Sandoz Desvenlafaxine, contact a healthcare professional, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

Missed Dose:

If you miss a dose, take it as soon as you remember. If it is almost time for your next dose, skip the missed dose and continue with your next scheduled dose. Do not take two doses at the same time.

What are possible side effects from using Sandoz Desvenlafaxine?

These are not all the possible side effects you may have when taking Sandoz Desvenlafaxine. If you experience any side effects not listed here, tell your healthcare professional.

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Side effects of Sandoz Desvenlafaxine may include:

- nausea, vomiting, diarrhea, constipation, abdominal discomfort or pain, feeling bloated (gas), dry mouth
- headache, dizziness, vertigo (feeling like you are spinning)
- chills
- lack of energy
- flu (fever, body aches, cough), stuffy nose, nosebleeds
- poor appetite, change in tastes, changes in weight
- burning or prickling sensation in the hands, arms, legs, or feet
- coldness in hands and feet
- difficulty to fall or stay asleep, sleepiness
- · excessive sweating, skin rash, sensitivity to light
- abnormal dreams
- yawning
- hot flashes
- hair loss

Serious side effects and what to do about them				
	Talk to your hea	Stop taking drug and		
Symptom/effect	Only if severe In all cases		get immediate medical help	
COMMON				
Hypertension (high blood pressure): headache, stronger and possibly faster heartbeat, chest pain, dizziness, excessive tiredness, and blurred vision. Sometimes, the increase in blood pressure could be severe enough to require urgent medical attention		✓		
Sexual problems: abnormal ejaculation or impotence in men, decreases in sexual desire,		√		

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	T		_
performance and satisfaction			
Symptoms after			
discontinuation or dose			
reduction: loss of appetite			
or weight, anxiety,			
restlessness, aggression,			
confusion, convulsions,			
coordination problems,			
diarrhea, dizziness, dry	✓		
mouth, fatigue, headache,			
rapid mood swings,			
nausea, nightmares,			
tingling of the skin, sleep			
disturbances, sweating,			
ringing in the ears or			
vomiting			
Tachycardia (abnormally			
fast heartbeat): dizziness,			
light headedness,		✓	
shortness of breath, racing			
heart			
UNCOMMON			
Hypotension (low blood			
pressure): dizziness,			
fainting, light-headedness,			
blurred vision, nausea,		,	
vomiting, fatigue,		√	
(hypotension may occur			
when you go from lying or			
sitting to standing up)			
Myocardial infarction			
(heart attack): pressure or			
squeezing pain between			
the shoulder blades, in the			
chest, jaw, left arm or			
upper abdomen, shortness			./
of breath, dizziness,			V
fatigue, light-headedness,			
clammy skin, sweating,			
indigestion, anxiety,			
feeling faint and possible			
irregular heartbeat			
Myocardial ischemia (lack			√
of blood flow to the heart			•

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problems: agitation, feeling detached from one's self, anger, aggression, anxiety, violent thoughts Mania: elevated or		
irritable mood, decreased need for sleep, racing thoughts	✓	
Pancreatitis (inflammation of the pancreas): upper abdominal pain, fever, rapid heartbeat, nausea, vomiting, tenderness when touching the abdomen	✓	
Seizures (sudden and uncontrolled burst of electrical activity in the brain): confusion, staring, changes in behaviour and emotions, can occur with or without loss of consciousness, muscle twitching or other movements		√
Serotonin toxicity (also known as serotonin syndrome): mental changes such as agitation, hallucinations, confusion, or other changes in mental status; coordination problems, uncontrolled muscle spasms, or muscle twitching (overactive reflexes); restlessness, shaking, shivering, racing or fast heartbeat, high or low blood pressure, sweating or fever, nausea, vomiting, or diarrhea, muscle rigidity (stiff muscles), tremor, loss of muscle control		*
Uncontrollable	✓	

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movements of the body or face				
UNKNOWN FREQUENCY				
Low Platelets: Bruising or unusual bleeding from the skin or other areas			✓	
Akathisia (a type of movement disorder): a feeling of inner restlessness accompanied by mental distress and an inability to sit or stand still.		✓		
Allergic reaction: difficulty swallowing or breathing, wheezing, drop in blood pressure, feeling sick to your stomach and throwing up, hives or rash, swelling of the face, lips, tongue or throat			✓	
Gastrointestinal bleeding (bleeding in the stomach or bowels): black, tarry stool, blood in the stool, vomiting blood			✓	
Self-harm or Suicide: thoughts or actions about hurting or killing yourself			✓	
Syndrome of inappropriate antidiuretic hormone secretion (SIADH): concentrated urine (dark in colour), feel or are sick, muscle cramps, confusion and fits (seizures) which may be due to inappropriate secretion of ADH (antidiuretic hormone)			✓	
Urinary tract infection (infection of the urinary system, including kidneys, ureters, bladder and urethra): pain or burning		✓		

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sensation while urinating, frequent urination, blood		
in urine, pain in the lower abdomen, strong smelling urine, cloudy urine		

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

Storage:

- Store at 15°C to 30°C.
- Keep out of reach and sight of children.
- Do not use Sandoz Desvenlafaxine after the expiration date (EXP), which is stated on the package. The expiration date refers to the last day of that month.
- Medicines should not be disposed of in wastewater or in household waste. Ask your
 pharmacist how to dispose of medicines no longer required. These measures will help to
 protect the environment.

If you want more information about Sandoz Desvenlafaxine:

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (https://www.canada.ca/en/health-canada/services/drugs-health-products/drugproducts/drug-product-database.html); the manufacturer's website www.sandoz.ca, or by calling 1-800-361-3062.

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