

PRODUCT MONOGRAPH  
INCLUDING PATIENT MEDICATION INFORMATION

 **APO-LISDEXAMFETAMINE CAPSULES**

Lisdexamfetamine Dimesylate Capsules

Capsules, 10 mg, 20 mg, 30 mg, 40 mg, 50 mg, 60 mg and 70 mg, oral

Central Nervous System Stimulant

APOTEX INC.  
150 Signet Drive  
Toronto, Ontario  
M9L 1T9

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**RECENT MAJOR LABEL CHANGES**

No major label changes during the past 24 months.

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Sections or subsections that are not applicable at the time of authorization are not listed.

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## PART I: HEALTH PROFESSIONAL INFORMATION

### 1 INDICATIONS

APO-LISDEXAMFETAMINE CAPSULES (lisdexamfetamine dimesylate) capsules is indicated for the treatment of:

- Attention Deficit Hyperactivity Disorder (ADHD).
- Moderate to Severe Binge Eating Disorder (BED) in adults.

Recurrent episodes of binge-eating are characterised by:

- consuming an abnormally large amount of food in a short period of time and sense of lack of control overeating during the episode.
- marked distress about the behavior.
- feeling disgusted or guilty, or eating alone because of embarrassment.

#### **Limitation of Use for BED:**

Prescribers should consider that serious cardiovascular (CV) events have been reported with this class of sympathomimetic drugs. The BED clinical trials were not designed to assess CV safety. While there is an accumulation of safety data with lisdexamfetamine dimesylate use in the ADHD population, this is of limited relevance regarding CV risk in the BED population. Given the higher CV risk associated with obesity, the BED population may be at a higher risk (see [4.1 Dosing Considerations](#) and [7 WARNINGS AND PRECAUTIONS, Cardiovascular](#)).

The safety and effectiveness of lisdexamfetamine dimesylate for the treatment of obesity have not been established. APO-LISDEXAMFETAMINE CAPSULES is not indicated or recommended for weight loss. Use of other sympathomimetic drugs for weight loss has been associated with serious cardiovascular adverse events.

#### **ADHD**

A diagnosis of ADHD (DSM-IV-TR<sup>®</sup>) implies the presence of hyperactive-impulsive and/or inattentive symptoms that cause impairment and were present before the age of 7 years. The symptoms must be persistent, must be more severe than is typically observed in individuals at a comparable level of development, must cause clinically significant impairment, e.g., in social, academic, or occupational functioning, and be present in two or more settings, e.g., school (or work), and at home. The symptoms must not be better accounted for by another mental disorder. For the Inattentive Type, at least six of the following symptoms must have persisted for at least six months: lack of attention to details/careless mistakes, lack of sustained attention, poor listener, failure to follow through on tasks, poor organization, avoids tasks requiring sustained mental effort, loses things, easily distracted, forgetful. For the Hyperactive-Impulsive Type, at least six of the following symptoms must have persisted for at least six months (or adult equivalent symptoms): fidgeting/squirming, leaving seat, inappropriate running/climbing, difficulty with quiet activities, “on the go”, excessive talking, blurting

answers, can't wait turn, intrusive. For a Combined Type diagnosis, both inattentive and hyperactive-impulsive criteria must be met.

### **Special Diagnostic Considerations**

The specific etiology of ADHD is unknown, and there is no single diagnostic test. Adequate diagnosis requires the use not only of medical but also of special psychological, educational, and social resources. Learning may or may not be impaired. The diagnosis must be based upon a complete history and evaluation of the patient and not solely on the presence of the required number of DSM-IV characteristics.

### **Need for Comprehensive Treatment Program**

APO-LISDEXAMFETAMINE CAPSULES is indicated as an integral part of a total treatment program for ADHD that may include other measures (psychological, educational/vocational, social) for patients with this syndrome. Drug treatment may not be indicated for all patients with this syndrome. Drug treatment is not intended for use in a patient who exhibits symptoms secondary to environmental factors and/or other primary psychiatric disorders, including psychosis. Appropriate educational/vocational placement is essential in patients with this diagnosis and psychosocial intervention is often helpful. When remedial measures alone are insufficient, the decision to prescribe drug treatment will depend upon the physician's assessment of the chronicity and severity of the patient's symptoms and on the level of functional impairment.

### **Long-term Use**

The physician who elects to use APO-LISDEXAMFETAMINE CAPSULES for extended periods should periodically re-evaluate the long-term usefulness of the drug for the individual patient (see [4.2 Recommended Dose and Dosage Adjustment](#)).

The efficacy of lisdexamfetamine dimesylate has been evaluated separately in both children and adolescents for up to four weeks, and in adults for up to ten weeks. In a separate controlled trial of a combined population of children and adolescents, the efficacy of lisdexamfetamine dimesylate has been evaluated for up to seven weeks.

## **1.1 Pediatrics**

### **ADHD**

Pediatrics (6 to 17 years of age): Based on the data submitted and reviewed by Health Canada, the safety and efficacy of lisdexamfetamine dimesylate in this population has been established, and therefore Health Canada has authorized its indication.

Pediatrics (< 6 years of age): No data are available to Health Canada; therefore, Health Canada has not authorized an indication for children under the age of 6 years. Amphetamines should not be used in pediatric patients with ADHD under six years of age.

## **BED**

Safety and effectiveness in patients less than 18 years of age have not been established, and therefore Health Canada has not authorized an indication for use in this population.

### **1.2 Geriatrics**

Lisdexamfetamine dimesylate has not been systematically studied in, and is therefore not indicated for use in, the geriatric population (>65 years of age) (see [10.3 Pharmacokinetics](#)). Subjects over 55 years of age were excluded from the ADHD and BED clinical trials.

## **2 CONTRAINDICATIONS**

APO-LISDEXAMFETAMINE CAPSULES is contraindicated in patients who are hypersensitive to this drug or to any ingredient in the formulation, including any non-medicinal ingredient, or component of the container. For a complete listing, see [6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING](#).

APO-LISDEXAMFETAMINE CAPSULES is contraindicated in patients with the following conditions:

- Moderate to severe hypertension
- Advanced arteriosclerosis
- Symptomatic cardiovascular disease
- Hyperthyroidism
- Known hypersensitivity or idiosyncrasy to the sympathomimetic amines
- Allergy to amphetamines
- Glaucoma
- Agitated states
- Patients with history of drug abuse
- During or within 14 days following the administration of monoamine oxidase inhibitors (MAOIs) (hypertensive crises may result) (see [9.4 Drug-Drug Interactions](#)).

## **3 SERIOUS WARNINGS AND PRECAUTIONS BOX**

### **Serious Warnings and Precautions**

- Amphetamines have a potential for abuse, misuse, dependence, or diversion for non-therapeutic uses that physicians should consider when prescribing this product (see [7 WARNINGS AND PRECAUTIONS, Cardiovascular](#) and [Dependence/Tolerance, 16 NON-CLINICAL TOXICOLOGY, special toxicology, non-clinical abuse data](#))

## 4 DOSAGE AND ADMINISTRATION

### 4.1 Dosing Considerations

APO-LISDEXAMFETAMINE CAPSULES should not be used in patients with symptomatic cardiovascular disease including coronary artery disease nor in patients with moderate to severe hypertension (see [2 CONTRAINDICATIONS](#)). Blood pressure and pulse should be measured prior to initiating treatment and monitored in all patients taking APO-LISDEXAMFETAMINE CAPSULES (see [7 WARNINGS AND PRECAUTIONS, Cardiovascular](#)).

APO-LISDEXAMFETAMINE CAPSULES should generally not be used in patients with known serious structural cardiac abnormalities or other serious heart problems (e.g., cardiomyopathy, serious heart rhythm abnormalities) that may place them at increased vulnerability to the sympathomimetic effects of ADHD or BED drugs (see [2 CONTRAINDICATIONS](#) and [7 WARNINGS AND PRECAUTIONS, Cardiovascular](#)).

Theoretically there exists a pharmacological potential for all ADHD drugs to increase the risk of sudden/cardiac death. Although confirmation is lacking, prescribers should consider this potential risk.

All drugs with sympathomimetic effects prescribed in the management of ADHD or BED should be used with caution in patients who: a) are involved in strenuous exercise or activities b) use other sympathomimetic drugs or c) have a family history of sudden/cardiac death. Prior to the initiation of treatment with sympathomimetic medications, a personal and family history (including assessment for a family history of sudden death or ventricular arrhythmia) and physical exam should be obtained to assess for the presence of cardiac disease. In patients with relevant risk factors and based on the clinician's judgment, further cardiovascular evaluation may be considered (e.g., electrocardiogram and echocardiogram). Patients who develop symptoms such as exertional chest pain, unexplained syncope, or other symptoms suggestive of cardiac disease during sympathomimetic medication treatment for ADHD or BED should undergo a prompt cardiac evaluation.

Patients who are considered to need extended treatment with APO-LISDEXAMFETAMINE CAPSULES should undergo periodic evaluation of their cardiovascular status (see [7 WARNINGS AND PRECAUTIONS, Cardiovascular](#)).

### 4.2 Recommended Dose and Dosage Adjustment

Dosage should be individualized according to the therapeutic needs and response of the patient. APO-LISDEXAMFETAMINE CAPSULES should be administered at the lowest effective.

In patients with severe renal insufficiency (GFR 15 to <30 mL/min/1.73 m<sup>2</sup>), the maximum dose should not exceed 50 mg/day. Further dosage reduction should be considered in patients undergoing dialysis (see [7 WARNINGS AND PRECAUTIONS, Renal](#), [10.3 Pharmacokinetics](#),

[Special Populations and Conditions](#)).

**Attention Deficit Hyperactivity Disorder (ADHD) in Children ( $\geq 6$  years of age), Adolescents (13 to 17 years of age) and Adults (18 to 65 years of age)**

**APO-LISDEXAMFETAMINE CAPSULES is not approved for pediatric patients under 6 years of age.**

The usual starting dose is 30 mg once daily in the morning, whether a patient is starting ADHD treatment for the first time or switching from another medication. When in the judgment of the clinician a lower dose is appropriate, a patient may begin treatment with 20 mg once daily in the morning.

If a dose increase is warranted in the judgment of the physician, daily dosage may be adjusted in increments of 10 mg or 20 mg at approximately weekly intervals.

The maximum APO-LISDEXAMFETAMINE CAPSULES dose should not exceed 60 mg/day. In clinical studies, doses of up to 70 mg/day were shown to be effective, although no additional benefit was demonstrated at doses greater than 30 mg/day, and adverse events and discontinuations were more frequent at higher doses. Doses greater than 70 mg/day of lisdexamphetamine dimesylate have not been studied.

If improvement is not observed after appropriate dosage adjustment over a one-month period, the drug should be discontinued.

The effectiveness of APO-LISDEXAMFETAMINE CAPSULES has not been studied in adults over 55 years of age (see [10.3 Pharmacokinetics](#)).

***Long-term Use***

Pharmacological treatment of ADHD may be needed for extended periods. The efficacy of lisdexamphetamine dimesylate in maintaining symptom response in children and adolescent patients (aged 6 to 17 years) with ADHD was studied in a 6-week, placebo-controlled randomized withdrawal trial in subjects following treatment with open-label lisdexamphetamine dimesylate for at least 26 weeks. The efficacy of lisdexamphetamine dimesylate in maintaining symptom response in adult patients (aged 18 to 55 years) with ADHD was studied in a 6-week, placebo-controlled randomized withdrawal trial in subjects with documentation of open-label treatment with lisdexamphetamine dimesylate for a minimum of 6 months. Subjects assigned to lisdexamphetamine dimesylate in the randomized withdrawal phase continued on the same dose used to confirm response in the open-label phase (see [14 CLINICAL TRIALS](#)).

The efficacy of lisdexamphetamine dimesylate in ADHD has been evaluated separately in both children and adolescents for up to four weeks, and in adults for up to ten weeks. In a separate controlled trial of a combined population of children and adolescents, the efficacy of lisdexamphetamine dimesylate has been evaluated for up to seven weeks.



The clinician who elects to use lisdexamfetamine dimesylate for extended periods in the treatment of ADHD should periodically re evaluate the long-term usefulness of the drug for the individual patient. Where possible, drug administration should be interrupted occasionally to determine if there is a recurrence of behavioral symptoms sufficient to require continued therapy.

#### **Moderate to Severe Binge Eating Disorder (BED) in Adults (18 to 65 years of age)**

The recommended starting dose is 30 mg/day to be titrated in increments of 20 mg at approximately weekly intervals to achieve the recommended target dose of 50 to 70 mg/day. The maximum dose is 70 mg/day.

Lisdexamfetamine dimesylate has not been studied, and is not recommended for use in pediatrics patients (less than 18 years of age) with BED. Lisdexamfetamine dimesylate has not been studied in adults over 55 years of age.

Lisdexamfetamine dimesylate should be prescribed for the shortest duration that is clinically indicated in order to minimize exposure to the CV risk in this population; the risk-benefit profile of the drug for the individual patient should be periodically re-evaluated. (see [7 WARNINGS AND PRECAUTIONS, Cardiovascular](#)).

#### **4.4 Administration**

APO-LISDEXAMFETAMINE CAPSULES (lisdexamfetamine dimesylate) capsules should be taken in the morning. Afternoon doses should be avoided because of the potential for insomnia.

APO-LISDEXAMFETAMINE CAPSULES may be taken with or without food.

APO-LISDEXAMFETAMINE CAPSULES may be taken whole, or the capsule may be opened and the entire contents emptied and mixed with yogurt or in a glass of water or orange juice. If the contents of the capsule include any compacted powder, a spoon may be used to break apart the powder in the yogurt or liquid. The contents should be mixed until completely dispersed. The patient should consume the entire mixture of yogurt or liquid **immediately**; it should not be stored. The active ingredient dissolves completely once dispersed; however, a film containing the inactive ingredients may remain in the glass or container once the mixture is consumed. The patient should not take anything less than one capsule per day and a single capsule should not be divided.

Lisdexamfetamine dimesylate capsules can be substituted with lisdexamfetamine dimesylate chewable tablets on a unit per unit / mg per mg basis (for example 30 mg capsules for 30 mg chewable tablet) (see [10.3 Pharmacokinetics](#)).

#### 4.5 Missed Dose

If a dose is missed in the morning, the patient should be instructed to wait until the next day and take the usual dose at the usual time in the morning. Do not double dose.

Afternoon doses should be avoided because of the long-acting nature of the drug, including the potential for insomnia.

### 5 OVERDOSAGE

Individual patient response to amphetamines varies widely. Toxic symptoms may occur idiosyncratically at low doses.

**Symptoms:** Frequently observed signs and symptoms of overdose with amphetamines are restlessness, tremor, hyperreflexia, rapid respiration, confusion, aggression, hallucinations, panic states, hyperpyrexia and rhabdomyolysis. Fatigue and depression usually follow the central nervous system stimulation. Cardiovascular effects include arrhythmias, hypertension or hypotension and circulatory collapse. Gastrointestinal symptoms include nausea, vomiting, diarrhea, and abdominal cramps. Fatal poisoning is usually preceded by convulsions and coma.

**Treatment:** Management of acute amphetamine intoxication is largely symptomatic and includes gastric lavage, administration of activated charcoal, administration of a cathartic and sedation. Acidification of the urine increases amphetamine excretion but is believed to increase risk of acute renal failure if myoglobinuria is present. If acute severe hypertension complicates amphetamine overdose, administration of intravenous phentolamine has been suggested. However, a gradual drop in blood pressure will usually result when sufficient sedation has been achieved.

The prolonged duration of action of APO-LISDEXAMFETAMINE CAPSULES should be considered when treating patients with overdose.

Lisdexamfetamine and dextroamphetamine are not dialyzable.

For management of a suspected drug overdose, contact your regional poison control centre.

### 6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING

**Table – Dosage Forms, Strengths, Composition and Packaging**

Route of Administration	Dosage Form / Strength / Composition	Non-medicinal Ingredients
oral	Capsules: 10 mg, 20 mg, 30 mg,	Colloidal silicon dioxide, croscarmellose sodium, magnesium stearate, microcrystalline cellulose.

Route of Administration	Dosage Form / Strength / Composition	Non-medicinal Ingredients
	40 mg, 50 mg, 60 mg, 70 mg	<p>Capsule shell: D&amp;C Red #28 (70 mg), FDA/E172 black iron oxide (40 mg), FDA/E172 yellow iron oxide (20 mg, 40 mg), FD&amp;C Blue #1 (40 mg, 50 mg, 60 mg, 70 mg), FD&amp;C Red #3 (10 mg, 30 mg), FD&amp;C Red #40 (70 mg), FD&amp;C Yellow #6 (30 mg, 70 mg), gelatin, pharmaceutical ink, and titanium dioxide.</p> <p>Pharmaceutical ink: ammonium hydroxide, iron oxide black, potassium hydroxide, propylene glycol, shellac.</p>

APO-LISDEXAMFETAMINE CAPSULES are designed for once-a-day oral administration.

APO-LISDEXAMFETAMINE CAPSULES contain 10 mg, 20 mg, 30 mg, 40 mg, 50 mg, 60 mg and 70 mg of lisdexamfetamine dimesylate. Corresponding dextroamphetamine base equivalence as follows:

Lisdexamfetamine dimesylate	10 mg	20 mg	30 mg	40 mg	50 mg	60 mg	70 mg
dextroamphetamine base equivalence	3.0 mg	5.9 mg	8.9 mg	11.9 mg	14.8 mg	17.8 mg	20.8 mg

**APO-LISDEXAMFETAMINE CAPSULES 10 mg:** Hard gelatin capsule with pink opaque body and pink opaque cap. Imprinted APO L10 in black ink. White to off-white granular fill, bottles of 100.

**APO-LISDEXAMFETAMINE CAPSULES 20 mg:** Hard gelatin capsule with ivory opaque body and ivory opaque cap. Imprinted APO L20 in black ink. White to off-white granular fill, bottles of 100.

**APO-LISDEXAMFETAMINE CAPSULES 30 mg:** Hard gelatin capsule with white opaque body and orange opaque cap. Imprinted APO L30 in black ink. White to off-white granular fill, bottles of 100.

**APO-LISDEXAMFETAMINE CAPSULES 40 mg:** Hard gelatin capsule with white opaque body and dark green opaque cap. Imprinted APO L40 in black ink. White to off-white granular fill, bottles of 100.

**APO-LISDEXAMFETAMINE CAPSULES 50 mg:** Hard gelatin capsule with white opaque body and light blue opaque cap. Imprinted APO L50 in black ink. White to off-white granular fill, bottles of 100.

**APO-LISDEXAMFETAMINE CAPSULES 60 mg:** Hard gelatin capsule with aqua blue opaque body and aqua blue opaque cap. Imprinted APO L60 in black ink. White to off-white granular fill, bottles of 100.

**APO-LISDEXAMFETAMINE CAPSULES 70 mg:** Hard gelatin capsule with light blue opaque body and medium orange opaque cap. Imprinted APO L70 in black ink. White to off-white granular fill, bottles of 100.

## **7 WARNINGS AND PRECAUTIONS**

Please see [3 \*\*SERIOUS WARNINGS AND PRECAUTIONS BOX\*\*](#).

### **General**

The least amount of amphetamine feasible should be prescribed or dispensed at one time in order to minimize the possibility of overdose. APO-LISDEXAMFETAMINE CAPSULES should be used with caution in patients who use other sympathomimetic drugs.

### **Carcinogenesis and Mutagenesis**

See [16 \*\*NON-CLINICAL TOXICOLOGY\*\*](#) for discussion on animal data.

### **Cardiovascular**

Serious cardiovascular events have been reported with the use of sympathomimetic drugs, including lisdexamfetamine dimesylate, in the ADHD population (as below). Given the higher CV risk associated with obesity, the BED population may be at a higher risk. Prescribers should consider this potential risk when treating BED (see [1 \*\*INDICATIONS, Limitation of Use for BED\*\*](#)).

Limited CV safety information is provided by the BED clinical trials, given the exclusion of higher risk patients (e.g., diabetes, moderate to severe hypertension, and cardiovascular disease; older than 55 years of age) combined with limited patient numbers and limited treatment duration.

As APO-LISDEXAMFETAMINE CAPSULES was not developed to the regulatory standard of a weight-loss drug, and is not indicated for weight loss, a post-approval cardiac safety assessment (e.g., a dedicated CV outcome study) is not planned.

### **Misuse and Serious Cardiovascular Adverse Events:**

The misuse of amphetamines may cause serious cardiovascular adverse events and sudden death.

### **Hypertension and Other Cardiovascular Conditions:**

CNS stimulants such as APO-LISDEXAMFETAMINE CAPSULES are known to cause increases in blood pressure and heart rate.

In clinical trials, modest mean increases are seen (about 2 to 4 mmHg and 3 to 6 bpm,

respectively), and individuals may have larger increases. While the mean changes alone would not be expected to have short-term consequences, all patients should be monitored for larger changes in heart rate and blood pressure.

Patients with moderate to severe hypertension, symptomatic CV disease, or advanced arteriosclerosis should not be treated with APO-LISDEXAMFETAMINE CAPSULES (see [2 CONTRAINDICATIONS](#)). Blood pressure and pulse should be measured prior to initiating treatment, and monitored at appropriate intervals in patients taking APO-LISDEXAMFETAMINE CAPSULES, especially patients with hypertension. Caution is indicated in treating patients whose underlying medical conditions might be compromised by increases in blood pressure or heart rate, e.g., those with pre-existing hypertension, heart failure, recent myocardial infarction, or ventricular arrhythmia.

### ***Binge Eating Disorder***

APO-LISDEXAMFETAMINE CAPSULES should be prescribed for the shortest duration that is clinically indicated in order to minimize exposure to CV risk in this population; the risk-benefit profile of the drug for the individual patient should be periodically re-evaluated.

### **Sudden Death and Pre-existing Structural Cardiac Abnormalities or Other Serious Heart Problems:**

#### ***Children and Adolescents***

Sudden death has been reported with sympathomimetic drugs used for ADHD treatment at therapeutic doses in children/adolescents with structural cardiac abnormalities or other serious heart problems. Although some serious heart problems alone carry an increased risk of sudden death, sympathomimetic drugs generally should not be used in children/adolescents with known serious structural cardiac abnormalities or other serious cardiac problems (e.g., cardiomyopathy, serious heart rhythm abnormalities), that may place them at increased vulnerability to the sympathomimetic effects of ADHD drugs (see [2 CONTRAINDICATIONS](#)).

#### ***Adults***

Sudden death, stroke, and myocardial infarction have been reported in adults taking stimulant drugs at usual doses for ADHD. Although the role of stimulants in these adult cases is also unknown, adults have a greater likelihood than children of having serious structural cardiac abnormalities, cardiomyopathy, serious heart rhythm abnormalities, coronary artery disease, or other serious cardiac problems. Adults with such abnormalities should also generally not be treated with stimulant drugs (see [2 CONTRAINDICATIONS](#)).

### ***Assessing Cardiovascular Status in Patients Being Treated with Sympathomimetic Medications***

Theoretically there exists a pharmacological potential for all ADHD drugs to increase the risk of sudden/cardiac death. Although confirmation is lacking, prescribers should consider this potential risk.

All drugs with sympathomimetic effects prescribed in the management of ADHD or BED should be used with caution in patients who: a) are involved in strenuous exercise or activities b) use other sympathomimetic drugs or c) have a family history of sudden/cardiac death. Patients who are being considered for treatment with sympathomimetic medications should have a careful history (including assessment for a family history of sudden death or ventricular arrhythmia) and physical exam to assess for the presence of cardiac disease and should receive further cardiac evaluation if findings suggest such disease (e.g., electrocardiogram and echocardiogram). Patients who develop symptoms such as exertional chest pain, unexplained syncope, or other symptoms suggestive of cardiac disease during sympathomimetic medication treatment for ADHD or BED should undergo a prompt cardiac evaluation (see [2 CONTRAINDICATIONS](#)).

### **Dependence/Tolerance**

Amphetamines have been extensively abused (see [3 SERIOUS WARNINGS AND PRECAUTION BOX](#), [14 CLINICAL TRIALS, Drug Abuse and Dependence Studies](#), [16 NON-CLINICAL TOXICOLOGY, non-clinical abuse data](#)). Tolerance, extreme psychological dependence, and severe social disability have occurred. There are reports of patients who have increased the dosage to levels many times higher than recommended. The smallest possible amount of the drug should be prescribed or dispensed at one time. The possibility of tolerance and psychological dependence, particularly with the excessive use, should be kept in mind. Therefore, care should be used in the selection of candidates for APO-LISDEXAMFETAMINE CAPSULES therapy, in particular if patients have a previous history of drug or alcohol abuse/dependence.

Abrupt cessation following prolonged high dosage administration results in extreme fatigue and mental depression; changes are also noted on the sleep EEG. Careful supervision is therefore recommended during drug withdrawal. Manifestations of chronic intoxication with amphetamines may include severe dermatoses, marked insomnia, irritability, hyperactivity, and personality changes. The most severe manifestation of chronic intoxication is psychosis, often clinically indistinguishable from schizophrenia.

For details on abuse liability studies, refer to [14 CLINICAL TRIALS, Drug Abuse and Dependence Studies](#).

### **Driving and Operating Machinery**

Patients should find out how APO-LISDEXAMFETAMINE CAPSULES will affect them before engaging in activities such as operating machinery or vehicles, as APO-LISDEXAMFETAMINE CAPSULES may impair the ability to engage in these activities.

## Endocrine and Metabolism

### ADHD Population: Suppression of Growth:

CNS stimulants have been associated with weight loss and slowing of growth rate in pediatric patients (see [8.1 Adverse Reactions Overview](#)). Closely monitor growth (weight and height) in pediatric patients treated with CNS stimulants, including APO-LISDEXAMFETAMINE CAPSULES. Patients who are not growing or gaining weight as expected may need to have their treatment interrupted.

#### *Children and Adolescents in Lisdexamfetamine dimesylate ADHD Clinical Trials*

In a 4-week controlled trial of lisdexamfetamine in children ages 6 to 12 years with ADHD, mean weight loss from baseline to endpoint was -0.9, -1.9, and -2.5 lbs, respectively, for patients assigned to receive 30 mg, 50 mg, and 70 mg of lisdexamfetamine, compared to a 1.0 lb weight gain for patients receiving placebo. Higher doses were associated with greater weight loss with four weeks of treatment. Careful follow-up for weight in children ages 6 to 12 years who received lisdexamfetamine over 12 months suggests that consistently medicated children (i.e., treatment for seven days per week throughout the year) have a slowing in growth rate measured by body weight as demonstrated by an age- and sex-normalized mean change from baseline in percentile of -13.4 over one year (average percentiles at baseline and 12 months were 60.9 and 47.2, respectively).

In a 4-week controlled trial of lisdexamfetamine dimesylate in adolescents aged 13 to 17 years with ADHD, mean weight change from baseline to endpoint was -2.7, -4.3, and -4.8 lbs, respectively, for patients assigned to receive 30 mg, 50 mg, and 70 mg of lisdexamfetamine dimesylate, compared to a 2.0 lb weight gain for patients receiving placebo. Careful follow-up for weight in adolescents aged 13 to 17 years who received lisdexamfetamine over 12 months suggests that consistently medicated adolescents (i.e., treatment for 7 days per week throughout the year) have a slowing in growth rate measured by body weight as demonstrated by an age- and sex-normalized mean change from baseline in percentile of -6.5 over 1 year. The average percentile at baseline (n=265) and 12 months (n=156), were 66.0 and 61.5, respectively.

#### *Stimulant Use in Adolescents and Children with ADHD*

Published data for other stimulants report that in children aged 7 to 10 years there is a temporary slowing in growth rate without evidence of growth rebound during this period of development. In a controlled trial of amphetamine (*d*- to *l*-enantiomer ratio of 3:1) in adolescents, mean weight change from baseline within the initial four weeks of therapy was -1.1 lbs and -2.8 lbs, respectively, for patients receiving 10 mg and 20 mg of amphetamine (*d*- to *l*-enantiomer ratio of 3:1). Higher doses were associated with greater weight loss within the initial four weeks of treatment. Published data are inadequate to determine whether the chronic use of amphetamines in children may be causally associated with suppression of growth.

## Neurologic

### Seizures

There is some clinical evidence that stimulants may lower the convulsive threshold in patients with prior history of seizures, in patients with prior EEG abnormalities in absence of seizures, and, very rarely, in patients without a history of seizures and no prior EEG evidence of seizures. In the presence of seizures, the drug should be discontinued.

### Tics

Amphetamines have been reported to exacerbate motor and phonic tics in Tourette's syndrome. Therefore, careful clinical evaluation for tics in Tourette's syndrome in patients and their families should precede use of stimulant medications.

### Serotonin toxicity/Serotonin syndrome

Serotonin toxicity also known as serotonin syndrome is a potentially life-threatening condition and has been reported with amphetamines, including lisdexamfetamine dimesylate, particularly during combined use with other serotonergic drugs, such as selective serotonin reuptake inhibitors (SSRIs) and serotonin norepinephrine reuptake inhibitors (SNRIs). Other common serotonergic drugs include: tricyclic antidepressants (TCAs), monoamine oxidase inhibitors (MAOIs), serotonin 5-HT<sub>1</sub> receptor agonists (triptans), and 5-HT<sub>3</sub> receptor antagonist antiemetics.

Serotonin toxicity is characterized by neuromuscular excitation, autonomic stimulation (e.g. tachycardia, flushing) and altered mental state (e.g. anxiety, agitation, hypomania). In accordance with the Hunter Criteria, serotonin toxicity diagnosis is likely when, in the presence of at least one serotonergic agent, one of the following is observed:

- Spontaneous clonus
- Inducible clonus or ocular clonus with agitation or diaphoresis
- Tremor and hyperreflexia
- Hypotonia and body temperature  $\geq 38^{\circ}\text{C}$  and ocular clonus or inducible clonus.

If concomitant treatment with lisdexamfetamine dimesylate and other serotonergic agents is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases. If serotonin toxicity is suspected, discontinuation of the serotonergic agent should be considered. (See [9.2 Drug Interaction Overview](#), [9.4 Drug-Drug Interactions](#)).

## Ophthalmologic

Difficulties with accommodation and blurring of vision have been reported with stimulant treatment (see [2 CONTRAINDICATIONS](#)).



## **Psychiatric**

### **Pre-existing Psychosis:**

Administration of stimulants may exacerbate symptoms of behavior disturbance and thought disorder in patients with a pre-existing psychotic disorder.

### **Screening Patients for Bipolar Disorder:**

Particular care should be taken in using stimulants to treat ADHD in patients with comorbid bipolar disorder because of concern for possible induction of a mixed/manic episode in such patients. Prior to initiating treatment with a stimulant, patients with comorbid depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a family history of suicide, bipolar disorder, and depression.

### **Emergence of New Psychotic or Manic Symptoms:**

Treatment emergent psychotic or manic symptoms, e.g., hallucinations, delusional thinking, or mania in children/adolescents with ADHD without a prior history of psychotic illness or mania can be caused by stimulants at usual doses. If such symptoms occur, consideration should be given to a possible causal role of the stimulant, and discontinuation of treatment may be appropriate. In a pooled analysis of multiple short term, placebo-controlled studies, such symptoms occurred in about 0.1% (4 patients with events out of 3482 exposed to methylphenidate or amphetamine for several weeks at usual doses) of stimulant treated patients compared to 0 in placebo-treated patients.

### **Aggression:**

Aggressive behavior or hostility is often observed in children and adolescents with ADHD, and has been reported in clinical trials and the post-marketing experience of some medications indicated for the treatment of ADHD. Although there is no systematic evidence that stimulants cause aggressive behavior or hostility, patients beginning treatment of ADHD should be monitored for the appearance of, or worsening of, aggressive behavior or hostility.

### **Suicidal Behavior and Ideation:**

There have been post-marketing reports of suicide-related events in patients treated with ADHD drugs, including cases of ideation, attempts, and very rarely, completed suicide. The mechanism of this risk is not known. ADHD and its related co-morbidities may be associated with increased risk of suicidal ideation and/or behavior. Therefore, it is recommended for patients treated with ADHD drugs that caregivers and physicians monitor for signs of suicide-related behavior, including at dose initiation/optimization and drug discontinuation. Patients should be encouraged to report any distressing thoughts or feelings at any time to their healthcare professional. Patients with emergent suicidal ideation and behavior should be evaluated immediately. The physician should initiate appropriate treatment of the underlying psychiatric condition and consider a possible change in the ADHD treatment regimen.

## Renal

Due to reduced clearance in patients with severe renal insufficiency (GFR 15 to <30 mL/min/1.73 m<sup>2</sup>), the maximum dose should not exceed 50 mg/day. Further dosage reduction should be considered in patients undergoing dialysis (see [4.2 Recommended Dose and Dosage Adjustment](#); [10.3 Pharmacokinetics, Special Populations and Conditions](#)).

Lisdexamfetamine and dextroamphetamine are not dialyzable.

## Reproductive Health: Female and Male Potential

See [7.1.1 Pregnant Women](#).

## Fertility

See [16 NON-CLINICAL TOXICOLOGY, Reproductive and Developmental Toxicology](#).

## Teratogenic Risk

There are no adequate and well controlled studies in pregnant women. There has been one report of severe congenital bony deformity, tracheoesophageal fistula, and anal atresia (VATER association) in a baby born to a woman who took dextroamphetamine sulfate with lovastatin during the first trimester of pregnancy. See [16 NON-CLINICAL TOXICOLOGY, Reproductive and Developmental Toxicology](#).

## Vascular

### Peripheral Vasculopathy, Including Raynaud's Phenomenon

Stimulants, such as APO-LISDEXAMFETAMINE CAPSULES, are associated with peripheral vasculopathy, including Raynaud's phenomenon. Signs and symptoms are usually intermittent and mild; however, very rare sequelae include digital ulceration and/or soft tissue breakdown. Effects of peripheral vasculopathy, including Raynaud's phenomenon, were observed in post marketing reports at different times and at therapeutic doses in all age groups throughout the course of treatment. Signs and symptoms generally improve after reduction in dose or discontinuation of drug. Careful observation for digital changes is necessary during treatment with stimulants. Further clinical evaluation (e.g., rheumatology referral) may be appropriate for certain patients.

## 7.1 Special Populations

### 7.1.1 Pregnant Women

The effects of APO-LISDEXAMFETAMINE CAPSULES on labour and delivery in humans are unknown.

Infants born to mothers dependent on amphetamines have an increased risk of premature delivery and low birth weight. Also, these infants may experience symptoms of withdrawal as demonstrated by dysphoria, including agitation, and significant lassitude.

APO-LISDEXAMFETAMINE CAPSULES should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

See [7 WARNINGS AND PRECAUTIONS, Reproductive Health: Female and Male Potential](#) and [16 NON-CLINICAL TOXICOLOGY, Reproductive and Developmental Toxicology](#).

### 7.1.2 Breast-feeding

Amphetamines are excreted in human milk. Long-term neurodevelopmental effects on infants from amphetamine exposure are unknown. Because of the potential for serious adverse reactions in nursing infants, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

### 7.1.3 Pediatrics

#### ADHD

Pediatrics (6 to 17 years old): APO-LISDEXAMFETAMINE CAPSULES is indicated for use in children 6 years of age and older. Pediatrics ( $\leq 6$  years of age): No data are available to Health Canada; therefore, Health Canada has not authorized an indication for use in children younger than 6 years of age. Long term effects of amphetamines in children have not been well established (see [1.1 Pediatrics](#); [7 WARNINGS AND PRECAUTIONS, Endocrine and Metabolism](#); [16 NON-CLINICAL TOXICOLOGY, Juvenile Toxicity](#)).

#### BED

Pediatrics (0 to 18 years of age): No data are available to Health Canada; therefore, Health Canada has not authorized an indication for pediatric use.

### 7.1.4 Geriatrics

Lisdexamfetamine dimesylate has not been systematically studied in, and is therefore not indicated for use in, the geriatric population ( $>65$  years of age) (see [10.3 Pharmacokinetics](#)). Subjects over 55 years of age were excluded from the ADHD and BED clinical trials.

## 8 ADVERSE REACTIONS

### 8.1 Adverse Reaction Overview

#### Attention Deficit Hyperactivity Disorder (ADHD)

Adverse drug reactions (ADRs) observed with lisdexamfetamine dimesylate treatment mainly reflect side effects commonly associated with amphetamine use. In ADHD clinical trials, approximately a third of pediatric, adolescent and adult subjects treated with lisdexamfetamine dimesylate reported decreased appetite and insomnia. Other very common adverse drug reactions include dry mouth, headache and upper abdominal pain. Stimulant side effects

generally occur early in treatment and tend to decrease over time.

Small increases in heart rate were observed with lisdexamfetamine dimesylate use. These changes were small in magnitude and are known effects of amphetamine use. No significant differences were observed among the treatment groups in systolic blood pressure and diastolic blood pressure.

### **Binge Eating Disorder (BED)**

The most commonly observed adverse events reported with exposure to lisdexamfetamine dimesylate in BED across the five studies (>5%) were: dry mouth, insomnia, headache, decreased appetite, nausea, upper respiratory tract infection, nasopharyngitis, tachycardia, constipation, irritability, anxiety, feeling jittery, fatigue and diarrhea. The commonly occurring TEAEs are generally consistent with the known safety profile of lisdexamfetamine dimesylate.

## **8.2 Clinical Trial Adverse Reactions**

Clinical trials are conducted under very specific conditions. The adverse reaction rates observed in the clinical trials; therefore, may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse reaction information from clinical trials may be useful in identifying and approximating rates of adverse drug reactions in real-world use.

### **Attention Deficit Hyperactivity Disorder (ADHD)**

The ADHD pre-marketing development program for lisdexamfetamine dimesylate included exposures in a total of 992 participants in clinical trials (345 pediatric patients aged 6 to 12 years, 233 adolescent patients aged 13 to 17 years, 358 adult patients and 56 healthy adult subjects). Of these, 345 pediatric patients (aged 6 to 12 years) were evaluated in two controlled clinical studies (one parallel group and one crossover), one open label extension study, and one single dose clinical pharmacology study, 233 adolescent (aged 13 to 17 years) patients were evaluated in one controlled clinical study, and 358 adult patients were evaluated in one controlled clinical study and one open-label extension study.

The safety information for the ADHD indication is based on data from the 4-week parallel group controlled clinical trials in children, adolescent and adult patients with ADHD. Adverse reactions were assessed by collecting adverse events, results of physical examinations, vital signs, weights, laboratory analyses, and ECGs.

Adverse events during exposure were obtained primarily by general inquiry and recorded by clinical investigators using terminology of their own choosing. Consequently, it is not possible to provide a meaningful estimate of the proportion of individuals experiencing adverse events without first grouping similar types of events into a smaller number of standardized event categories. In the tables and listings that follow, MedDRA terminology has been used to classify reported adverse events.

The stated frequencies of adverse events represent the proportion of individuals who experienced, at least once, a treatment-emergent adverse event of the type listed.

Adverse reactions reported in the ADHD controlled trials in patients treated with lisdexamfetamine dimesylate (incidence of 1% or greater) and greater than that observed in placebo treated patients are presented as follows: Children (aged 6 to 12 years) – [Table 3](#), adolescents (aged 13 to 17 years) – [Table 4](#), and Adults – [Table 1](#).

#### *Long-Term Extension Studies in ADHD*

Three long-term, open-label extension studies were conducted over 12 months in 274 children (aged 6 to 12 years; 147 subjects completed), 269 adolescents (aged 13 to 17 years; 156 subjects completed), and 349 adults (aged 18 to 55 years; 191 subjects completed), respectively. Lisdexamfetamine dimesylate was generally safe and well tolerated in each study with a safety profile consistent with stimulant treatment.

#### **ADHD in Adult Patients**

Four hundred and twenty (420) adult subjects with ADHD were enrolled in a Phase 3, randomized, double-blind, multi-center, placebo-controlled, parallel-group, forced-dose titration, safety and efficacy study of lisdexamfetamine dimesylate. The most common ADRs (≥5.0%) reported with lisdexamfetamine dimesylate treatment reflected side effects commonly associated with amphetamine use. These included decreased appetite, dry mouth, headache, insomnia, nausea, diarrhea, anxiety, anorexia and initial insomnia; there was no apparent dose effect for these events among lisdexamfetamine dimesylate treatment groups. Most ADRs tended to occur early during the course of treatment and their incidence generally decreased over time despite the forced-dose titration schedule of the study.

**Table 1 - Adverse Drug Reactions Reported by 1% or More of Adult Patients with ADHD Taking Lisdexamfetamine dimesylate in a 4 Week Clinical Trial**

<b>Body System</b> Preferred Term	<b>Lisdexamfetamine dimesylate</b> n = 358 (%)	<b>Placebo</b> n = 62 (%)
<b>Cardiac Disorders</b>		
Palpitations	2	0
Tachycardia	1	0
<b>Gastrointestinal Disorders</b>		
Dry Mouth	26	3
Nausea	7	0
Diarrhea	7	0
Abdominal Pain Upper	3	2

<b>Body System</b> Preferred Term	<b>Lisdexamfetamine dimesylate n = 358 (%)</b>	<b>Placebo n = 62 (%)</b>
<b>General Disorder and Administration Site Conditions</b> Feeling Jittery	4	0
<b>Investigations</b> Weight Decreased Blood Pressure Increased	3 3	0 0
<b>Metabolism and Nutrition Disorders</b> Decreased Appetite Anorexia	27 5	2 0
<b>Nervous System Disorders</b> Headache Tremor	21 2	13 0
<b>Psychiatric Disorders</b> Insomnia Anxiety Initial Insomnia Middle Insomnia Agitation Restlessness Libido Decreased Logorrhea	19 6 5 4 3 3 1 1	5 0 3 0 0 0 0 0
<b>Reproductive System and Breast Disorders</b> Erectile Dysfunction	1	0
<b>Respiratory, Thoracic and Mediastinal Disorders</b> Dyspnea	2	0
<b>Skin and Subcutaneous Tissue Disorders</b> Hyperhidrosis Rash	3 1	0 0

Note: This table includes those events for which the incidence in patients taking lisdexamfetamine dimesylate was greater than the incidence in patients taking placebo. ADRs for which the incidence was greater or equal in patients taking placebo: Dizziness, Fatigue and Irritability.

*Adverse Events Associated with Discontinuation of Treatment in ADHD Clinical Trials*

In the controlled adult trial, 6% (21/358) of lisdexamfetamine dimesylate-treated patients discontinued due to adverse events compared to 2% (1/62) who received placebo. The most frequent adverse events leading to discontinuation and considered to be drug-related (i.e., leading to discontinuation in at least 1% of lisdexamfetamine dimesylate-treated patients and at a rate at least twice that of placebo) were insomnia (8/358; 2%), tachycardia (3/358; 1%), irritability (2/358; 1%), hypertension (4/358; 1%), headache (2/358; 1%), anxiety (2/358; 1%), and dyspnea (3/358; 1%).

#### *Weight Loss in Adults with ADHD*

In the 4-week adult trial, the dose-dependent effect of lisdexamfetamine dimesylate on body weight was similar to the pediatric studies.

#### **Binge Eating Disorder (BED)**

The clinical development program for lisdexamfetamine dimesylate in treatment of BED included exposure in a total of 1252 patients with BED, aged 18 to 55, in five clinical trials, including an open-label extension. Of these, 288 BED patients received the drug for at least a year, and 608 patients for at least six months. Patients with cardiovascular risk factors other than obesity and smoking were excluded.

Adverse events were assessed by collecting adverse events, results of physical examinations, vital signs, weights, laboratory analyses, and ECGs.

Adverse events during exposure were obtained primarily by general inquiry and recorded by clinical investigators using terminology of their own choosing. Consequently, it is not possible to provide a meaningful estimate of the proportion of individuals experiencing adverse events without first grouping similar types of events into a smaller number of standardized event categories. In the tables and listings that follow, MedDRA terminology has been used to classify reported adverse events.

The stated frequencies of adverse events represent the proportion of individuals who experienced, at least once, a treatment-emergent adverse event of the type listed.

Treatment-emergent adverse events reported in lisdexamfetamine dimesylate-treated patients, with an incidence of 2% or greater and greater than that observed in placebo treated patients, from two 12-week randomized, double-blind, multicenter, parallel-group, placebo-controlled dose-optimization studies in adults aged 18 to 55 years with moderate to severe BED, are presented in [Table 2](#).

**Table 2 - Treatment-Emergent Adverse Events Reported by 2% or More of Adult Patients with BED Taking Lisdexamfetamine dimesylate, and at incidence rates greater than for placebo, in 12 Week Clinical Trials**

<b>Body System</b> Preferred Term	<b>Lisdexamfetamine dimesylate n = 373 (%)</b>	<b>Placebo n = 372 (%)</b>
<b>Cardiac Disorders</b>		
Palpitations	3	2
<b>Gastrointestinal Disorders</b>		
Dry Mouth	36	7
Nausea	9	6
Constipation	6	1
Diarrhea	4	2
Abdominal Pain Upper	2	0
Dyspepsia	2	1
Vomiting	2	1
<b>General Disorder and Administration Site Conditions</b>		
Irritability	7	5
Feeling Jittery	6	1
Fatigue	6	5
Energy Increased	2	0
<b>Infections and Infestations</b>		
Urinary Tract Infection	2	0
Gastroenteritis	2	1
<b>Investigations</b>		
Increased Heart Rate <sup>a</sup>	7	1
Weight Decreased	4	0
Blood Pressure Increased	3	2
<b>Metabolism and Nutrition Disorders</b>		
Decreased Appetite <sup>b</sup>	8	2
<b>Nervous System Disorders</b>		
Headache	16	9
Paraesthesia, Hypoaesthesia	3	1
Dysgeusia <sup>c</sup>	2	1
<b>Psychiatric Disorders</b>		
Insomnia <sup>d</sup>	20	7
Anxiety	5	1
Nightmare	2	0
Restlessness	2	0



<b>Body System</b> Preferred Term	<b>Lisdexamfetamine dimesylate</b> n = 373 (%)	<b>Placebo</b> n = 372 (%)
<b>Reproductive System and Breast Disorders</b> Erectile dysfunction <sup>e</sup>	2	0
<b>Skin and Subcutaneous Tissue Disorders</b> Hyperhidrosis	4	0
Pruritis	2	1

<sup>a</sup> Includes the preferred terms Heart Rate Increased and Tachycardia.

<sup>b</sup> Decreased appetite includes preferred terms Anorexia and Decreased appetite.

<sup>c</sup> Dysgeusia includes preferred terms of dysgeusia, ageusia, hypogeusia and hypergeusia

<sup>d</sup> Insomnia includes preferred terms of Insomnia, Initial Insomnia and Middle Insomnia.

<sup>e</sup> Denominator includes only male subjects (Lisdexamfetamine dimesylate n=49, Placebo n=56)

#### *Adverse Events Leading to Discontinuation of Treatment in BED Clinical Trials*

The discontinuation rate due to adverse events was 9% in 1252 BED patients. The more common events leading to discontinuation were: blood pressure increased/hypertension (0.8%), insomnia (0.7%), anxiety (0.6%), tachycardia (0.6%) and irritability (0.5%).

### **8.2.1 Clinical Trial Adverse Reactions – Pediatrics**

#### **ADHD in Children Aged 6 to 12 Years of age**

The children clinical trial was a Phase 3, randomized, multi center, double blind, parallel group, placebo-controlled study in 290 children aged 6 to 12 years with ADHD. Adverse drug reactions with the highest subject incidence rates ( $\geq 5.0\%$ ) in lisdexamfetamine dimesylate treatment groups combined were decreased appetite, insomnia, upper abdominal pain, headache, irritability, weight decreased, vomiting, nausea and dizziness. All these adverse drug reactions are typical side effects of amphetamine products. 54.1% of these adverse drug reactions occurred within the first week of treatment with lisdexamfetamine dimesylate, when all the active-treated subjects received lisdexamfetamine dimesylate 30 mg.

**Table 3 - Adverse Drug Reactions Reported by 1% or More of Child Patients with ADHD (Aged 6 to 12 Years) Taking Lisdexamfetamine dimesylate in a 4 Week Clinical Trial**

<b>Body System</b> Preferred Term	<b>Lisdexamfetamine dimesylate</b> n = 218 (%)	<b>Placebo</b> n = 72 (%)
<b>Gastrointestinal Disorders</b>		
Abdominal Pain Upper	12	6
Vomiting	9	4
Nausea	6	3
Dry Mouth	5	0
<b>General Disorder and Administration Site Conditions</b>		
Pyrexia	2	1
<b>Investigations</b>		
Weight Decreased	9	1
<b>Metabolism and Nutrition Disorders</b>		
Decreased Appetite	39	4
Anorexia	2	0
<b>Nervous System Disorders</b>		
Headache	12	10
Dizziness	5	0
Somnolence	2	1
Psychomotor Hyperactivity	1	0
<b>Psychiatric Disorders</b>		
Insomnia	19	3
Irritability	10	0
Initial Insomnia	4	0
Affect Lability	3	0
Tic	2	0
Aggression	1	0
Agitation	1	0
Obsessive-Compulsive Symptoms	1	0
<b>Skin and Subcutaneous Tissue Disorders</b>		
Rash	3	0

Note: This table includes those events for which the incidence in patients taking lisdexamfetamine dimesylate was greater than the incidence in patients taking placebo. ADRs

for which the incidence was greater or equal in patients taking placebo: Fatigue.

#### *Adverse Events Associated with Discontinuation of Treatment in ADHD Clinical Trials*

Nine percent (20/218) of lisdexamfetamine dimesylate-treated children aged 6 to 12 years discontinued due to adverse events compared to 1% (1/72) who received placebo. The most frequent adverse events leading to discontinuation and considered to be drug-related (i.e., leading to discontinuation in at least 1% of lisdexamfetamine dimesylate-treated patients and at a rate at least twice that of placebo) were ECG voltage criteria for ventricular hypertrophy, tic, vomiting, psychomotor hyperactivity, decreased appetite, insomnia, and rash (2/218 each; 1%).

#### *Weight Loss and Suppression of Growth in Pediatric Patients with ADHD*

In the studies conducted in children (aged 6 to 12 years), lisdexamfetamine dimesylate demonstrated a dose-dependent effect on subjects' body weight over four weeks (see [7 WARNINGS AND PRECAUTIONS, Endocrine and Metabolism](#)).

#### **ADHD in Adolescents Aged 13 to 17 Years**

Three hundred and fourteen (314) adolescent subjects (aged 13 to 17 years) with ADHD were enrolled in a Phase 3, randomized, double-blind, multi-center, placebo-controlled, parallel-group, forced-dose titration, safety and efficacy study of lisdexamfetamine dimesylate. The most common ADRs ( $\geq 5.0\%$ ) reported with lisdexamfetamine dimesylate treatment reflected side effects commonly associated with amphetamine use. These included decreased appetite, headache, insomnia, weight decreased and irritability; there was no apparent dose effect for these events among lisdexamfetamine dimesylate treatment groups. Most ADRs tended to occur early during the course of treatment and their incidence generally decreased over time despite the forced-dose titration schedule of the study.

**Table 4 - Adverse Drug Reactions Reported by 1% or More of Adolescent Patients with ADHD (Aged 13 to 17 Years) Taking Lisdexamfetamine dimesylate in a 4-Week Clinical Trial**

<b>Body System</b> Preferred Term	<b>Lisdexamfetamine Dimesylate</b> n = 233 (%)	<b>Placebo</b> n = 77 (%)
<b>Cardiac Disorders</b> Palpitations	2	1
<b>Gastrointestinal Disorders</b> Dry Mouth Nausea	4 4	1 3

<b>Body System</b> Preferred Term	<b>Lisdexamfetamine Dimesylate</b> n = 233 (%)	<b>Placebo</b> n = 77 (%)
<b>General Disorder and Administration Site Conditions</b>		
Fatigue	4	3
<b>Investigations</b>		
Weight Decreased	9	0
Blood Pressure Increased	1	0
<b>Metabolism and Nutrition Disorders</b>		
Decreased Appetite	34	3
Anorexia	2	0
<b>Nervous System Disorders</b>		
Headache	15	13
Tremor	2	0
<b>Psychiatric Disorders</b>		
Insomnia	11	4
Irritability	7	4
Initial Insomnia	3	0
Affect Lability	1	0
<b>Respiratory, Thoracic and Mediastinal Disorders</b>		
Dyspnea	1	0

Note: This table includes those events for which the incidence in patients taking lisdexamfetamine dimesylate was greater than the incidence in patients taking placebo. ADRs for which the incidence was greater or equal in patients taking placebo: Diarrhea, Dizziness and Vomiting.

#### *Adverse Events Associated with Discontinuation of Treatment in ADHD Clinical Trials*

In the controlled adolescent (aged 13 to 17 years) trial, 4% (10/233) of lisdexamfetamine dimesylate-treated patients discontinued due to adverse reactions compared to 1% (1/77) who received placebo. The most frequent adverse events leading to discontinuation in at least 1% of lisdexamfetamine dimesylate-treated patients and considered to be drug related were irritability (3/233; 1%), decreased appetite, and insomnia (2/233 each; 1%).

#### *Weight Loss and Suppression of Growth in Pediatric Patients with ADHD*

In the studies conducted in adolescents (aged 13 to 17 years), lisdexamfetamine dimesylate demonstrated a dose-dependent effect on subjects' body weight over four weeks (see

[7 WARNINGS AND PRECAUTIONS, Endocrine and Metabolism](#)).

### 8.3 Less Common Clinical Trial Adverse Reactions

#### ADHD in adult patients

Uncommon adverse drug reactions (reported by  $\geq 0.1\%$  to  $< 1\%$  of adult patients with ADHD taking lisdexamfetamine dimesylate) in a 4-week clinical trial include:

**Eye Disorders:** Vision blurred

**Gastrointestinal Disorders:** Vomiting

**General Disorders and Administration Site Conditions:** Pyrexia

**Psychiatric Disorders:** Affect lability, depression, dermatillomania, dysphoria, euphoria, tic

**Nervous System Disorders:** Psychomotor hyperactivity, somnolence

**Skin and Subcutaneous Tissue Disorders:** Urticaria

#### BED in adult patients

Less Common Clinical Trial Adverse Events: The adverse events listed below are based on evaluation of data from pre-marketing phase 2 to 3 studies based on a pooled database of a total of 4 placebo-controlled studies (including open-label portion when applicable). In these studies, multiple doses of lisdexamfetamine dimesylate were administered to 988 patients. All reported events are included except those already listed in [Table 2](#), those too general to be informative, and those not reasonably associated with the use of the drug. In some cases, separate event terms have been consolidated to facilitate meaningful presentation. Events are further classified within System Organ Class categories and enumerated in order of decreasing frequency using the following definitions: common (occurring in less than 10/100 patients, but at least 1/100), uncommon (occurring in less than 1/100, but at least 1/1000 patients) or rare (occurring in less than 1/1000 but at least in 1/10,000 patients).

**Ear and Labyrinth Disorders:** *Uncommon:* vertigo, tinnitus

**Eye Disorders:** *Uncommon:* vision blurred

**Gastrointestinal Disorders:** *Common:* abdominal discomfort, abdominal pain; *Uncommon:* post-tussive vomiting

**General Disorders and Administration Site Conditions:** *Uncommon:* chest pain, pyrexia

**Investigations:** *Uncommon:* blood pressure diastolic increased, blood pressure systolic increased

**Musculoskeletal and Connective Tissue Disorders:** *Uncommon:* myalgia

**Nervous System Disorders:** *Common:* tremor; *Uncommon:* psychomotor hyperactivity, memory impairment, syncope, dizziness postural, resting tremor

**Psychiatric Disorders:** *Common:* bruxism, nervousness; *Uncommon:* depressed mood, loggiorhea, agitation, affect lability, depression, tachyphrenia, euphoric mood, libido decreased, dermatillomania, depressive symptoms, dysphoria, hypomania, loss of libido, major depression

**Respiratory, Thoracic and Mediastinal Disorders:** *Uncommon:* dyspnea, dyspnea exertional

**Skin and Subcutaneous Tissue Disorders:** *Uncommon:* rash, alopecia, rash pruritic

**Vascular Disorders:** *Uncommon:* hypertension, diastolic hypertension, Raynaud's

## Phenomenon

Multiple events may have been reported by a single patient. It is important to emphasize that although the events reported did occur during treatment with lisdexamfetamine dimesylate, they were not necessarily caused by it.

### 8.3.1 Less Common Clinical Trial Adverse Reactions-Pediatrics

#### ADHD in children 6 to 12 years of age

Uncommon adverse drug reactions (reported by  $\geq 0.1\%$  to  $< 1\%$  of pediatric patients with ADHD taking lisdexamfetamine dimesylate) in a 4-week clinical trial include:

**Cardiac Disorders:** Palpitation, tachycardia

**Eye Disorders:** Mydriasis, vision blurred

**Gastrointestinal Disorders:** Diarrhea

**General Disorders and Administration Site Conditions:** Feeling jittery

**Immune System Disorders:** Hypersensitivity

**Investigations:** Blood pressure increased

**Psychiatric Disorders:** Depression, dysphoria, logorrhea

**Respiratory, Thoracic and Mediastinal Disorders:** Dyspnea

#### ADHD in children 12 to 17 years of age

Uncommon adverse drug reactions (reported by  $\geq 0.1\%$  to  $< 1\%$  of adolescent patients with ADHD taking lisdexamfetamine dimesylate) in a 4-week clinical trial include:

**Cardiac Disorders:** Tachycardia

**Gastrointestinal Disorders:** Abdominal pain upper

**General Disorders and Administration Site Conditions:** Feeling jittery, pyrexia

**Psychiatric Disorders:** Aggression, anxiety, dermatillomania, restlessness

**Nervous System Disorders:** Psychomotor hyperactivity, somnolence

**Skin and Subcutaneous Tissue Disorders:** Rash, urticaria

**Reproductive System and Breast Disorders:** Erectile dysfunction

## 8.5 Post-Market Adverse Reactions

Table 5 - Post-Market Adverse Reactions

System Organ Class	Preferred Term
Cardiac Disorders	Cardiomyopathy Palpitations
Eye Disorders	Diplopia Mydriasis Vision Blurred
Gastrointestinal Disorders	Constipation, Intestinal Ischemia

<b>System Organ Class</b>	<b>Preferred Term</b>
<b>General Disorders and Administration Site Disorders</b>	Chest Pain Fatigue
<b>Hepatobiliary Disorders</b>	Eosinophilic Hepatitis
<b>Immune System Disorders</b>	Anaphylactic Reaction Hypersensitivity
<b>Musculoskeletal and Connective Tissue Disorders</b>	Rhabdomyolysis
<b>Nervous System Disorders</b>	Dysgeusia Dyskinesia Restlessness Seizure Somnolence Tremor
<b>Psychiatric Disorders</b>	Aggression Agitation Anxiety Bruxism Depression Dermatillomania Dysphoria Euphoria Hallucination Logorrhea Mania Psychotic Episodes Suicidal Behavior Tic
<b>Skin and Subcutaneous Tissue Disorders</b>	Angioedema Hyperhidrosis Stevens-Johnson Syndrome Urticaria
<b>Vascular Disorders</b>	Raynaud's Phenomenon, Epistaxis, Contusion

### **Suicidal Behavior and Ideation**

There have been post-marketing reports of suicide-related events, including completed suicide, suicide attempt, and suicidal ideation in patients treated with ADHD drugs. In some of these reports, comorbid conditions may have contributed to the event (see [7 WARNINGS AND PRECAUTIONS, Psychiatric](#)).

## 9 DRUG INTERACTIONS

### 9.1 Serious Drug Interactions

#### Serious Drug Interactions

- Co-Administration of Monoamine Oxidase Inhibitors (MAOIs); see [2 CONTRAINDICATIONS, 9.4 Drug-Drug Interactions, Monoamine Oxidase Inhibitors](#)

### 9.2 Drug Interactions Overview

Lisdexamfetamine is not metabolized by cytochrome P450 (CYP) enzymes. The pharmacokinetic parameters of dextroamphetamine, the active metabolite of lisdexamfetamine, were minimally or not affected when lisdexamfetamine dimesylate was co-administered with omeprazole, extended-release guanfacine, or extended-release venlafaxine ([9.4 Drug-Drug Interactions](#)). Due to the risk of serotonergic syndrome, lisdexamfetamine dimesylate should be used with caution in combination with serotonergic and/or neuroleptic drugs, e.g., triptans, certain tricyclic antidepressants and opiate analgesics, lithium, St. John's Wort, MAOIs (see [2 CONTRAINDICATIONS, 7 WARNINGS AND PRECAUTIONS, Neurologic](#) and [9.4 Drug-Drug Interactions](#)).

### 9.4 Drug-Drug Interactions

The drugs listed below are based on either drug interaction case reports or studies, or potential interactions due to the expected magnitude and seriousness of the interaction (i.e., those identified as contraindicated).

#### Proton Pump Inhibitors

These agents act on proton pumps by blocking acid production thereby reducing gastric acidity. A proton pump inhibitor (omeprazole) had no effect on the pharmacokinetics of lisdexamfetamine dimesylate.

#### *In Vivo* Study on Cytochrome P450 (CYP) Substrates

An *in vivo* human study of lisdexamfetamine dimesylate (70 mg) in healthy adults did not result in any clinically meaningful effect on the pharmacokinetics of drug substrates metabolized by CYP1A2 (200 mg caffeine), CYP2D6 (30 mg dextromethorphan), CYP2C19 (40 mg omeprazole), or CYP3A (0.025 mg/kg midazolam).

#### Agents Whose Blood Levels May be Impacted by Lisdexamfetamine dimesylate

*Extended-release guanfacine:* In a drug interaction study, administration of an extended-release guanfacine (4 mg) to healthy adult volunteers in combination with lisdexamfetamine dimesylate (50 mg) induced a 19% increase in guanfacine maximum plasma concentrations; whereas exposure (area under the curve; AUC) was increased by 7%. These small changes are not expected to be clinically meaningful. In this study, no effect on dextroamphetamine exposure was observed following co-administration of extended-release guanfacine and



lisdexamfetamine dimesylate. Drug interaction studies have not been conducted with higher doses of lisdexamfetamine dimesylate.

*Extended-release venlafaxine:* In a drug interaction study, administration of 225 mg extended-release venlafaxine, a CYP2D6 substrate, in combination with 70 mg lisdexamfetamine dimesylate induced a 9% decrease in the  $C_{max}$  and 17% decrease in the AUC for the primary active metabolite o-desmethylvenlafaxine and a 10% increase in  $C_{max}$  and 13% increase in AUC for venlafaxine. These small changes are not expected to be clinically meaningful. In this study, no effect on dextroamphetamine exposure was observed following co-administration of extended-release venlafaxine and lisdexamfetamine dimesylate. Lisdexamfetamine dimesylate (dextroamphetamine) may be a weak inhibitor of CYP2D6. Lisdexamfetamine has no effect on the AUC and  $C_{max}$  of the composite of venlafaxine and o-desmethylvenlafaxine.

### **Agents and Conditions that Alter Urinary pH and Impact the Urinary Excretion and Half Life of Amphetamines**

Ascorbic acid and other agents and conditions that acidify urine increase urinary excretion and decrease the half-life of amphetamines. Sodium bicarbonate and other agents and conditions that alkalinize urine, decrease urinary excretion and extend the half-life of amphetamines.

### **Monoamine Oxidase Inhibitors (MAOIs)**

APO-LISDEXAMFETAMINE CAPSULES is contraindicated during or within 14 days following the administration of MAOIs. MAOIs and amphetamines, when co-administered, can increase the release of norepinephrine and other monoamines. This can cause severe headaches and other signs of hypertensive crisis. A variety of toxic neurological effects and malignant hyperpyrexia can occur, sometimes with fatal results (see [2 CONTRAINDICATIONS](#)).

### **Serotonergic Drugs**

On rare occasions, serotonin syndrome has occurred in association with the use of amphetamines, such as APO-LISDEXAMFETAMINE CAPSULES, when given in conjunction with serotonergic drugs, including selective serotonin reuptake inhibitors (SSRIs) and serotonin and noradrenaline reuptake inhibitors (SNRIs). It has also been reported in association with overdose of amphetamines, including APO-LISDEXAMFETAMINE CAPSULES (see [5 OVERDOSAGE](#) and [7 WARNINGS AND PRECAUTIONS, Neurologic](#)). There were no reported cases of serotonin syndrome when APO-LISDEXAMFETAMINE CAPSULES was administered with SSRIs and SNRIs in clinical trials.

As this syndrome may result in potentially life-threatening conditions (characterized by clusters of symptoms such as hyperthermia, rigidity, myoclonus, autonomic instability with possible rapid fluctuations of vital signs, mental status changes including confusion, irritability, extreme agitation progressing to delirium and coma), treatment with serotonergic drugs should be discontinued if such events occur and supportive symptomatic treatment should be initiated. APO-LISDEXAMFETAMINE CAPSULES should be used with caution in combination with serotonergic and/or neuroleptic drugs (e.g., triptans, certain tricyclic antidepressants and

opiate analgesics, lithium, St. John's Wort, MAOIs) due to the risk of serotonergic syndrome (see [2 CONTRAINDICATIONS](#) and [7 WARNINGS AND PRECAUTIONS, Neurologic](#)).

#### **Agents Whose Effects May be Reduced by Amphetamines**

- *Adrenergic blockers*: As expected by their pharmacologic action, adrenergic blockers are inhibited by amphetamines.
- *Antihypertensives*: Amphetamines may antagonize the hypotensive effects of antihypertensives.

#### **Agents Whose Effects May be Potentiated by Amphetamines**

- *Norepinephrine*: Amphetamines enhance the adrenergic effect of norepinephrine.
- *Modafinil*: Modafinil with amphetamines may cause increases in blood pressure and heart rate and may result in additive effects; their concomitant use is not recommended.

#### **Agents that May Reduce the Effects of Amphetamines**

- *Chlorpromazine*: Chlorpromazine blocks dopamine and norepinephrine receptors, thus inhibiting the central stimulant effects of amphetamines.
- *Haloperidol*: Haloperidol blocks dopamine receptors, thus inhibiting the central stimulant effects of amphetamines.
- *Pimozide*: Pimozide may block the action of amphetamines, and concomitant use of the two medications is not recommended.

### **9.5 Drug-Food Interactions**

Food (a high fat meal or yogurt) or orange juice does not affect the observed AUC and  $C_{max}$  of dextroamphetamine in healthy adults after single-dose oral administration of 70 mg of lisdexamphetamine dimesylate capsules. Food prolongs  $T_{max}$  by approximately 1 hour (from 3.8 hrs at fasted state to 4.7 hrs after a high-fat meal or to 4.8 hours with orange juice). After an 8 hour fast, the AUC for dextroamphetamine following oral administration of lisdexamphetamine dimesylate in solution and as intact capsules were equivalent.

### **9.6 Drug-Herb Interactions**

APO-LISDEXAMFETAMINE CAPSULES should be used with caution in combination with St. John's Wort (see [9.4 Drug-Drug Interaction, Serotonergic Drugs](#)).

### **9.7 Drug-Laboratory Test Interactions**

Amphetamines can cause a significant elevation in plasma corticosteroid levels particularly in

the evening, and thus may affect urinary steroid determinations.

## **10 CLINICAL PHARMACOLOGY**

### **10.1 Mechanism of Action**

Lisdexamfetamine dimesylate is a prodrug of dextroamphetamine. Amphetamines are non-catecholamine sympathomimetic amines with CNS stimulant activity. Amphetamines block the reuptake of norepinephrine and dopamine into the presynaptic neuron and increase the release of these monoamines into the extraneuronal space. The parent drug, lisdexamfetamine, does not bind to the sites responsible for the reuptake of norepinephrine and dopamine *in vitro*. The mode of therapeutic action in Attention Deficit Hyperactivity Disorder (ADHD) is not known.

### **10.2 Pharmacodynamics**

Binding assays showed that lisdexamfetamine dimesylate lacked affinity for human recombinant DAT and NET transporter sites. Lisdexamfetamine dimesylate was also tested against 62 specific receptor and enzyme sites that could potentially mediate adverse side effects. Lisdexamfetamine dimesylate did not bind significantly to any of these sites.

In pharmacodynamic studies, the effects of orally administered lisdexamfetamine dimesylate were generally comparable to dextroamphetamine. These studies demonstrated that the total extent of the pharmacological effect of lisdexamfetamine dimesylate (increased locomotor activity) over time was increased while the onset of effect was delayed, compared with an equivalent dose of amphetamine sulphate. This delayed onset is consistent with gradual hydrolysis of lisdexamfetamine dimesylate to release dextroamphetamine. Parenteral (IV or IN) administration of lisdexamfetamine dimesylate resulted in minimal pharmacological effect as compared to that induced by an equivalent dextroamphetamine sulphate dose.

### **10.3 Pharmacokinetics**

Pharmacokinetic studies of dextroamphetamine after oral administration of lisdexamfetamine dimesylate have been conducted in healthy adult (capsule and chewable tablet formulations) and pediatric (aged 6 to 12 years) (capsule formulation) patients with ADHD. Linear pharmacokinetics of dextroamphetamine after single dose oral administration of lisdexamfetamine dimesylate capsules was established over the dose range of 30 mg to 70 mg in children aged 6 to 12 years; and in adults over a range of 50 mg to supratherapeutic dose of 150 mg. There is no accumulation of dextroamphetamine (as measured by AUC) at steady state in healthy adults and no accumulation of lisdexamfetamine dimesylate after once-daily dosing for seven consecutive days.

#### **Absorption**

After oral administration, lisdexamfetamine dimesylate is rapidly absorbed from the

gastrointestinal tract.

### **Capsule Formulation**

In 18 pediatric patients (aged 6 to 12 years) with ADHD, the  $T_{max}$  of dextroamphetamine was approximately 3.5 hours following single-dose oral administration of lisdexamfetamine dimesylate 30 mg, 50 mg, or 70 mg after an 8 hour overnight fast. The  $T_{max}$  of lisdexamfetamine dimesylate was approximately one hour.

Food (a high fat meal or yogurt) or orange juice does not affect the observed AUC and  $C_{max}$  of dextroamphetamine in healthy adults after single-dose oral administration of 70 mg of lisdexamfetamine dimesylate capsules. Food prolongs  $T_{max}$  by approximately one hour (from 3.8 hrs at fasted state to 4.7 hrs after a high-fat meal or to 4.8 hrs with orange juice). After an 8 hour fast, the AUC for dextroamphetamine following oral administration of lisdexamfetamine dimesylate in solution and as intact capsules were equivalent.

### **Metabolism:**

Lisdexamfetamine dimesylate is hydrolyzed in the blood to dextroamphetamine, which is responsible for the drug's activity, and L-lysine. Lisdexamfetamine is not metabolized by cytochrome P450 enzymes.

Amphetamine is reported to be oxidized at the 4 position of the benzene ring to form 4-hydroxyamphetamine, or on the side chain  $\alpha$  or  $\beta$  carbons to form alpha-hydroxy-amphetamine or norephedrine, respectively. Norephedrine and 4-hydroxy-amphetamine are both active and each is subsequently oxidized to form 4-hydroxy-norephedrine. Alpha-hydroxy-amphetamine undergoes deamination to form phenylacetone, which ultimately forms benzoic acid and its glucuronide and the glycine conjugate hippuric acid.

Although the enzymes involved in amphetamine metabolism have not been clearly defined, CYP2D6 is known to be involved with formation of 4-hydroxy-amphetamine. Since CYP2D6 is genetically polymorphic, population variations in amphetamine metabolism are a possibility.

### **Elimination**

Following the oral administration of a 70 mg dose of radiolabeled lisdexamfetamine dimesylate to six healthy subjects, approximately 96% of the oral dose radioactivity was recovered in the urine and only 0.3% recovered in the feces over a period of 120 hours. Of the radioactivity recovered in the urine, 42% of the dose was related to amphetamine, 25% to hippuric acid, and 2% intact lisdexamfetamine. Plasma concentrations of unconverted lisdexamfetamine are low and transient, generally becoming non-quantifiable by eight hours after administration. The plasma elimination half-life of lisdexamfetamine typically averaged less than one hour in studies of lisdexamfetamine dimesylate in volunteers.

### ***In Vitro* and Animal Pharmacokinetics**

Oral administration of lisdexamfetamine dimesylate in comparison to dextroamphetamine sulfate demonstrated that the bioavailability (AUC) of dextroamphetamine from the prodrug

was approximately equivalent near therapeutic human equivalent doses (HEDs). At high doses well above the therapeutic range, however, both AUC and  $C_{max}$  of dextroamphetamine from lisdexamfetamine dimesylate were substantially decreased in comparison to AUC and  $C_{max}$  of dextroamphetamine from dextroamphetamine sulfate.

Absorption of lisdexamfetamine dimesylate orally administered increased non-linearly with increasing dose. The clearance of lisdexamfetamine dimesylate was greater than that of dextroamphetamine following oral administration. When lisdexamfetamine dimesylate is administered via parenteral routes, there is delayed and gradual release of dextroamphetamine with substantially attenuated peak concentrations when compared to immediate-release dextroamphetamine.

Oral administration of lisdexamfetamine dimesylate demonstrated that lisdexamfetamine dimesylate was not detected in rat brain tissue. The major metabolites of lisdexamfetamine dimesylate following oral administration were glucuronidated amphetamine and amphetamine. These two moieties comprised >90% of the total metabolites in plasma after oral dosing.

Following intravenous administration, small amounts of hydroxylated lisdexamfetamine dimesylate were observed in plasma. As in the case of oral administration, the major metabolites from intravenous administration of lisdexamfetamine dimesylate were similar, glucuronidated amphetamine and amphetamine.

*In vitro* experiments demonstrated that incubation of lisdexamfetamine dimesylate in human hepatic microsomal suspensions resulted in no significant inhibition of a panel of CYP450 isoforms that included CYP1A2, CYP2A6, CYP2C8, CYP2C9, CYP2C19, CYP2D6, and CYP3A4, nor induction of CYP1A2, CYP2B6 or CYP3A4/5 in cultured fresh human hepatocytes. Lisdexamfetamine dimesylate was stable in the presence of human microsomes and fresh human and rat hepatocytes. No metabolites of lisdexamfetamine dimesylate were observed.

*In vitro* experiments with human microsomes indicate minor inhibition of CYP2D6 by amphetamine and minor inhibition of CYP1A2, CYP2D6, and CYP3A4 by one or more metabolites. Although the clinical significance of this interaction is likely to be minimal, consideration should be given when medications metabolised by these pathways are administered.

Lisdexamfetamine dimesylate and dextroamphetamine are not *in vitro* substrates for P-gp nor *in vitro* inhibitors of P-gp transport in monolayers and therefore are unlikely to be involved in clinical interactions with drugs transported by the P-gp pump.

Urinary excretion was the predominant route of elimination accounting for approximately 77% and 87% of the administered dose in males and females, respectively. Excretion in feces accounted for only 10.9% and 3.9% in males and females, respectively. Elimination of radioactivity in urine and feces occurred largely in the first 48 hours post-dose.

Excretion of radioactive labeled lisdexamfetamine dimesylate was evaluated in intact and bile duct cannulated rats. Lisdexamfetamine dimesylate was rapidly eliminated following oral or intravenous administration. Cumulative biliary excretion for the first 48 hours post-dose accounted for approximately 14% and 12% of the dose in male and female rats, respectively. The majority of radioactivity excreted in bile occurred within 8 hours post-dose. The  $AUC_{(last)}$  for prodrug was similar for intact and bile duct cannulated rats with no gender differences. On the basis of these findings, bile excretion does not play a major role in lisdexamfetamine dimesylate elimination.

### Special Populations and Conditions

**Pediatrics:** The pharmacokinetics of dextroamphetamine is similar in pediatric (aged 6 to 12 years) and adolescent (aged 13 to 17 years) ADHD patients, and healthy adult volunteers. Any differences in kinetics seen after oral administration are a result of differences in mg/kg dosing.

**Geriatrics:** In a study of 47 subjects aged 55 years of age or older, amphetamine clearance was approximately 0.7 L/hr/kg for subjects 55 to 74 years of age and 0.55 L/hr/kg for subjects  $\geq 75$  years of age. This is slightly reduced compared to younger adults (approximately 1 L/hr/kg for subjects 18 to 45 years of age). Reduced amphetamine clearance does not appear to be related to kidney function as measured by creatinine clearance.

**Sex:** Systemic exposure to dextroamphetamine is similar for men and women given the same mg/kg dose. Weight/Dose normalized AUC and  $C_{max}$  were 22% and 12% lower, respectively, in adult females than in males on Day 7 following a 70 mg/day dose of lisdexamfetamine for seven days. Weight/Dose normalized AUC and  $C_{max}$  values were the same in girls and boys following single doses of 30 mg to 70 mg.

**Ethnic Origin:** Formal pharmacokinetic studies for race have not been conducted.

**Hepatic Insufficiency:** No studies have been conducted in patients with hepatic impairment.

**Renal Insufficiency:** In a pharmacokinetic study of lisdexamfetamine in subjects with normal and impaired renal function, dextroamphetamine clearance was reduced from 0.7 L/hr/kg in normal subjects to 0.4 L/hr/kg in subjects with severe renal impairment (GFR 15 to  $<30$  mL/min/1.73 m<sup>2</sup>) (see [4.2 Recommended Dose and Dosage Adjustment](#); [7 WARNINGS AND PRECAUTIONS, Renal](#)).

## 11 STORAGE, STABILITY AND DISPOSAL

Store at 15°C to 30°C in a tight container, protected from moisture.

## PART II: SCIENTIFIC INFORMATION

### 13 PHARMACEUTICAL INFORMATION

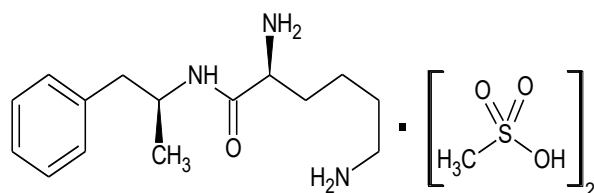
#### Drug Substance

Proper name: Lisdexamfetamine dimesylate

Chemical name: (2S)-2,6-diamino-N-[(1S)-1-methyl-2-phenylethyl]hexanamide dimethanesulfonate

Molecular formula and molecular mass:  $C_{15}H_{25}N_3O \cdot (CH_4O_3S)_2$  455.59 g/mol

Structural formula:



Physicochemical properties: White to off-white powder that is freely soluble in water.

### 14 CLINICAL TRIALS

APO-LISDEXAMFETAMINE CAPSULES 10 mg, 20 mg, 30 mg, 40 mg, 50 mg, 60 mg, and 70 mg have satisfied the criteria for a Biopharmaceutics Classification System (BCS)-based biowaiver in comparison to the respective strengths of VYVANSE® (lisdexamfetamine dimesylate) Capsules (Takeda Canada Inc.).

#### 14.1 Clinical Trials by Indication

##### Attention Deficit Hyperactivity Disorder (ADHD)

Table 6 - Summary of patient demographics for clinical trials in ADHD

Study #	Study design	Dosage, route of administration and duration	Study subjects (n)	Mean age (Range)	Sex
NRP104.301	Randomized, double-blind, placebo-controlled, parallel-group study conducted in children aged 6 to	Patients were randomized to fixed dose treatment groups receiving final doses of 30, 50,	n=285	9.0 years (6 to 12)	Male: 69.1 % Female: 30.9 %

Study #	Study design	Dosage, route of administration and duration	Study subjects (n)	Mean age (Range)	Sex
	12 years who met DSM-IV criteria for ADHD (either the combined type or the hyperactive-impulsive type).	or 70 mg of lisdexamfetamine dimesylate or placebo once daily in the morning for four weeks.			
NRP104.201	Double-blind, placebo- and active- controlled, randomized, multi-dose, 3-period and 3-treatment crossover, study of children aged 6 to 12 years who met DSM-IV criteria for ADHD (either the combined type or the hyperactive-impulsive type) conducted in a laboratory classroom setting.	Following a 3-week open-label dose titration with mixed salts amphetamine extended-release capsules, patients were randomized with respect to treatment sequence for the same dose of mixed salts amphetamine extended-release capsules (10, 20, or 30 mg), lisdexamfetamine dimesylate (30, 50, or 70 mg), or placebo once daily in the morning for one week each treatment.	n=50	9.1 years (6 to 12)	Male: 62 % Female: 38 %



Study #	Study design	Dosage, route of administration and duration	Study subjects (n)	Mean age (Range)	Sex
SPD489-305	Double-blind, randomized, placebo-controlled, parallel-group study conducted in adolescents aged 13 to 17 years who met DSM-IV criteria for ADHD.	In this 4-week study, patients were randomized in a 1:1:1:1 ratio to a daily morning dose of lisdexamfetamine dimesylate (30, 50 or 70 mg/day) or placebo for a double-blind stepwise forced-dose titration (3 weeks) followed by a 1-week Dose Maintenance Period. All subjects receiving lisdexamfetamine dimesylate were initiated on 30 mg for the first week of treatment. Subjects assigned to the 50 mg and 70 mg dose groups were titrated by 20 mg per week until they achieved their assigned dose.	n=310	14.6 years (13 to 17)	Male: 70.3 % Female: 29.7 %

Study #	Study design	Dosage, route of administration and duration	Study subjects (n)	Mean age (Range)	Sex
NRP104.303	Double-blind, randomized, placebo-controlled, parallel-group, forced dose titration study conducted in adults aged 18 to 55 years who met DSM-IV criteria for ADHD (either the combined type or the hyperactive-impulsive type).	In this 4-week forced-dose titration study, subjects were randomly assigned in a 2:2:2:1 ratio of each of the three active doses vs. placebo to a daily morning dose of lisdexamfetamine dimesylate or placebo for four weeks. All lisdexamfetamine dimesylate groups started at 30 mg/day. Subjects randomized to 70 mg titrated to that dose over a 2-week period; those randomized to 50 mg titrated to that dose over a 1-week period; those randomized to 30 mg began dosing on 30 mg/day during Week 1 and remained on that dose throughout the study.	n=420	35.1 years (18 to 55)	Male: 54.3 % Female: 45.7 %

## Study Results in ADHD

### Children with ADHD

**Table 7 - Results of study NRP104.301 in ADHD (Children Aged 6 to 12 Years)**

Primary Endpoints	Associated value and statistical significance for Drug at specific dosages	Associated value and statistical significance for Placebo or active control
ADHD Rating Scale (ADHD-RS) total score change from baseline at treatment endpoint for the ITT population	<p>Significant improvement in patient behavior was observed at endpoint for all active treatment groups.</p> <p>LS Mean (SE)*</p> <p>30 mg: -21.8 (1.60)</p> <p>50 mg: -23.4 (1.56)</p> <p>70 mg: -26.7 (1.54)</p> <p>Comparison (placebo-adjusted difference):</p> <p>LS Mean (95% CI<sup>†</sup>)</p> <p>-15.58 (-20.78, -10.38) p&lt;0.0001</p> <p>-17.21 (-22.33, -12.08) p&lt;0.0001</p> <p>-20.49 (-25.63, -15.36) p&lt;0.0001</p>	<p>LS Mean (SE)*</p> <p>-6.2 (1.56)</p>

\* Treatment effect: p<0.0001 (2-way ANCOVA)

† Dunnett's test

CI: Confidence Interval; SE: Standard Error; LS: Least Squares

Significant improvements in ADHD symptoms, based upon investigator ratings on the ADHD Rating Scale (ADHD-RS), were observed at Week 1 and continued throughout the entire 4-week treatment period for all lisdexamfetamine dimesylate doses compared to placebo in children aged 6 to 12 years ([Table 7](#)). Parents (based on Conner's Parent Rating Scale) reported significant improvement in behavior throughout the day at approximately 10 am, 2 pm, 6 pm in the lisdexamfetamine dimesylate group when compared to placebo.

**Table 8 - Results of study NRP104.201 in ADHD (Children Aged 6 to 12 Years)**

Primary Endpoints	Associated value and statistical significance for Drug at specific dosages	Associated value and statistical significance for Placebo or active control
Average of SKAMP-department scores across the treatment assessment day, using a mixed effects model of analysis of variance (ANOVA) for the ITT population	LS Mean (SE) 0.8 (0.1)	LS Mean (SE) mixed salts amphetamine extended-release capsules (10 mg, 20 mg, and 30 mg combined): 0.8 (0.1) Placebo: 1.7 (0.1)
	Difference in LS Mean (95% CI) of lisdexamfetamine dimesylate vs. placebo: -0.9 (-1.1, -0.7)*	Difference in LS Mean (95% CI) of mixed salts amphetamine extended-release capsules vs. placebo: -0.9 (-1.1, -0.7)*
	Difference in LS Mean (95% CI) of lisdexamfetamine dimesylate vs. mixed salts amphetamine extended-release capsules: -0.1 (-0.3, 0.1)	

\* p<0.0001 (2-way ANOVA with treatment and period effects)

CI: Confidence Interval; LS: Least Squares; SE: Standard Error

A significant improvement in patient (aged 6 to 12 years) behavior, based upon the average of investigator ratings on the Swanson, Kotkin, Agler, M.Flynn and Pelham (SKAMP)-department scores across the eight sessions of a 12-hour treatment day (assessments conducted at 1, 2, 3, 4.5, 6, 8, 10, and 12 hours post-dose), was observed between patients who received lisdexamfetamine dimesylate compared to patients who received placebo ([Table 8](#)).

The results of the secondary efficacy measures (SKAMP-Attention, Clinical Global Impression Improvement [CGI-I], number of math problems attempted [PERMP-A] and number of math problems worked correctly [PERMP-C]) were supportive of the primary efficacy endpoint. On the CGI-I scale, both lisdexamfetamine dimesylate and mixed salts amphetamine extended-release capsules scores indicated significant improvement compared with placebo. In addition, LS means of Permanent Product Measure of Performance [PERMP] average scores for combined doses of active treatments across the treatment day were highly significant compared with placebo, with both associated with robust increases in the number of attempted and correct math problems.

#### *Analog Classroom Study*

A second double-blind, placebo-controlled, randomized, crossover design, analog classroom study was conducted in children aged 6 to 12 years (n=129) who met DSM-IV criteria for ADHD

(either the combined type or the hyperactive-impulsive type). Following a 4-week open-label dose titration with lisdexamfetamine dimesylate (30, 50, 70 mg), patients were randomly assigned to continue lisdexamfetamine dimesylate or placebo once daily in the morning for one week each treatment. A significant difference in patient behavior, based upon the average of investigator ratings on the SKAMP-department scores at 1.5 hours post dose (primary endpoint) and across all seven post dose sessions of a 13-hour treatment day (assessments conducted at 1.5, 2.5, 5.0, 7.5, 10.0, 12.0 and 13.0 hours post dose), was observed between patients who received lisdexamfetamine dimesylate compared to patients who received placebo.

**Adolescent with ADHD**

**Table 9 - Results of study SPD489-305 in ADHD (Adolescents Aged 13 to 17 Years)**

Primary Endpoints	Associated value and statistical significance for Drug at specific dosages	Associated value and statistical significance for Placebo or active control
ADHD Rating Scale (ADHD-RS) total score change from baseline at treatment endpoint for the FAS population	<p>Significant improvements in ADHD symptoms were observed at endpoint for all lisdexamfetamine dimesylate doses compared to placebo.</p> <p>LS Mean (SE)*</p> <p>30 mg: -18.3 (1.25)</p> <p>50 mg: -21.1 (1.28)</p> <p>70 mg: -20.7 (1.25)</p> <p>Comparison (placebo-adjusted difference):</p> <p>LS Mean (95% CI†)</p> <p>-5.5 (-9.7, -1.3) p=0.0056</p> <p>-8.3 (-12.5, -4.1) p&lt;0.0001</p> <p>-7.9 (-12.1, -3.8) p&lt;0.0001</p>	<p>LS Mean (SE)*</p> <p>-12.8 (1.25)</p>

\* Treatment effect: p<0.0001 (2-way ANCOVA)

† Dunnett’s test

CI: Confidence Interval; FAS: Full Analysis Set; LS: Least Squares; SE: Standard Error

Significant improvements in ADHD symptoms, based upon investigator ratings on the ADHD Rating Scale (ADHD-RS), were observed at endpoint for all lisdexamfetamine dimesylate doses compared to placebo in adolescents aged 13 to 17 years ([Table 9](#)). The improvement in the ADHD-RS-IV total score demonstrated in the primary efficacy analysis was supported by the

results of the ADHD-RS-IV hyperactivity/impulsivity and inattentiveness subscale analyses at endpoint. Consistent with the primary efficacy result, efficacy was demonstrated at endpoint and at every study visit for all three lisdexamfetamine dimesylate treatment groups. The mean ADHD-RS-IV hyperactivity/impulsivity and inattentiveness subscale scores consistently decreased from Visit 1 to Visit 4, and at every visit there was a consistently larger reduction in the subscale scores in lisdexamfetamine dimesylate treatment groups compared to placebo. At endpoint and at all study visits, the mean change from baseline in the ADHD-RS-IV subscale scores for all three lisdexamfetamine dimesylate treatment groups was statistically significantly different from placebo, representing an improvement in ADHD symptomatology compared to placebo.

The results of the secondary efficacy measure were supportive of the primary efficacy endpoint. On the CGI-I scale, lisdexamfetamine dimesylate scores indicated significant improvement compared with placebo.

### ***Children and Adolescents with ADHD***

A double-blind, randomized, placebo- and active-controlled parallel-group, dose-optimization study was conducted in children and adolescents aged 6 to 17 years (total 317 subjects [Full Analysis Set population], 229 (72.2%) subjects aged 6 to 12 years and 88 (27.8%) subjects aged 13 to 17 years) who met DSM-IV criteria for ADHD; subjects previously treated with the active control who had not responded were not enrolled into the study. In this eight-week study, patients were randomized to a daily morning dose of lisdexamfetamine dimesylate (30, 50 or 70 mg/day), active control (included for trial sensitivity) or placebo (1:1:1). The study consisted of 3 periods, as follows: a Screening and Washout Period (up to 42 days), a 7-week Double-blind Evaluation Period (consisting of a 4-week Dose-Optimization Period followed by a 3-week Dose Maintenance Period), and a 1-week Washout and Follow-up Period. During the 4-week Dose Optimization Period, subjects were titrated until an optimal dose, based on TEAEs and clinical judgment, was reached.

Significant improvements in ADHD symptoms, based upon investigator ratings on the ADHD Rating Scale (ADHD-RS), were observed for lisdexamfetamine dimesylate at endpoint compared to placebo ([Table 10](#)). The results of the secondary efficacy measures (CGI-I, change in CHIP-CE: PRF Achievement Domain) were supportive of the primary efficacy endpoint and statistically significantly different from placebo.

**Table 10 - Results of Study SPD489-325 in ADHD (Children and Adolescents Aged 6 to 17 Years)**

Primary Endpoints	Associated value and statistical significance for Drug at specific dosages	Associated value and statistical significance for Placebo or active control
ADHD Rating Scale (ADHD-RS) total score change from baseline at treatment endpoint for the FAS population	<p>Significant improvements in ADHD symptoms were observed at endpoint compared to placebo.</p> <p>LS Mean (SE)* -24.3 (1.16)</p> <p>Comparison (placebo-adjusted difference): LS Mean (95% CI) -18.6 (-21.5, -15.7) p&lt;0.001</p>	<p>LS Mean (SE)* -5.7 (1.13)</p>

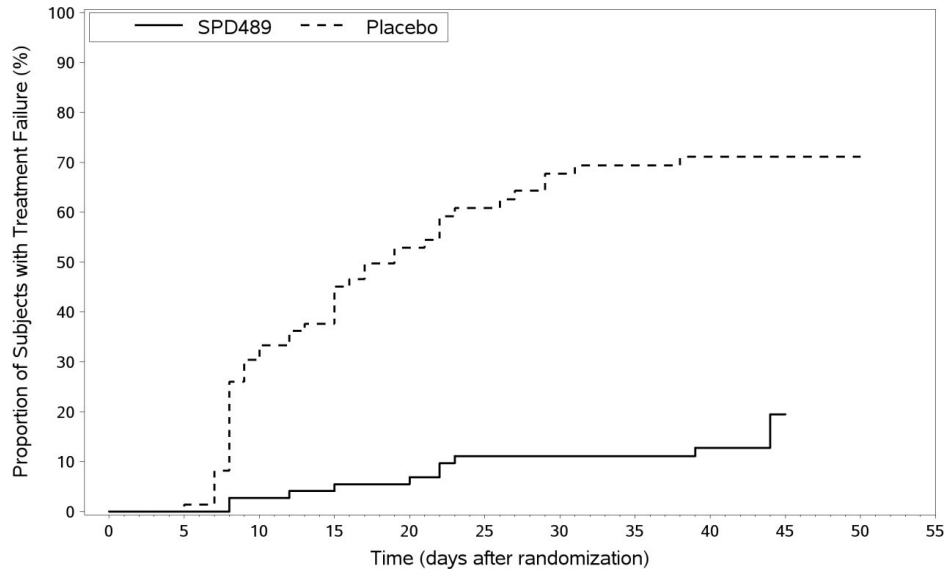
\* Treatment effect: p<0.001 (2-way ANCOVA)

CI: Confidence Interval; FAS: Full Analysis Set; LS: Least Squares; SE: Standard Error

*Randomized Withdrawal Study (6 weeks double-blind randomized withdrawal in subjects following treatment with open-label lisdexamfetamine dimesylate for at least 26 weeks)*

A double-blind, placebo-controlled, randomized withdrawal study was conducted in children and adolescents aged 6 to 17 years who met the diagnosis of ADHD (DSM-IV criteria). A total of 276 patients were enrolled into the study, 236 patients participated in the preceding study SPD489-325 and 40 subjects directly enrolled. A total of 262 subjects were in the open-label Full Analysis Set population, 185 (70.6%) subjects aged 6 to 12 years and 77 (29.4%) subjects aged 13 to 17 years. In order to ensure that the appropriate population was included in the randomized withdrawal period to evaluate the long-term maintenance of efficacy, subjects were treated with open-label lisdexamfetamine dimesylate for an extended period (at least 26 weeks) prior to being assessed for entry into the randomized withdrawal period. Eligible patients had to demonstrate treatment response as defined by CGI-S <3 and Total Score on the ADHD-RS ≤22. ADHD-RS Total Score is a measure of core symptoms of ADHD. Of patients that maintained open-label treatment response, 157 were randomized to ongoing treatment with the same dose of lisdexamfetamine dimesylate (n=78) or switched to placebo (n=79) during the double-blind phase. Patients were observed for relapse (treatment failure) during the 6-week double-blind phase. Maintenance of efficacy was demonstrated based on the significantly lower proportion of treatment failure among lisdexamfetamine dimesylate subjects (15.8%) compared to placebo (67.5%) at endpoint of the randomized withdrawal period (see [Figure 1](#)). The endpoint measurement was defined as the last post-randomization treatment week at which a valid ADHD-RS Total Score and CGI-S were observed. Treatment failure was defined as a ≥50% increase (worsening) in the ADHD-RS Total Score and a ≥2-point increase in the CGI-S score compared to scores at entry into the double blind randomized withdrawal phase. For the majority of subjects (70.3%) who were treatment failures, ADHD symptoms worsened at or

before the Week 2 visit following randomization.



**Figure 1** Kaplan-Meier Estimation of Proportion of Patients with Treatment Failure (children and adolescents)

### Adults with ADHD

#### Table 11 - Results of Study NRP104.303 in ADHD (Adults Aged 18 to 55 Years)



Primary Endpoints	Associated value and statistical significance for Drug at specific dosages	Associated value and statistical significance for Placebo or active control
ADHD Rating Scale (ADHD-RS) total score change from baseline at treatment endpoint for the ITT population	<p>Significant improvement in ADHD symptoms was observed at endpoint for all lisdexamfetamine dimesylate doses.</p> <p>LS Mean (SE)*</p> <p>30 mg: -16.2 (1.06)</p> <p>50 mg: -17.4 (1.05)</p> <p>70 mg: -18.6 (1.03)</p> <p>Comparison (placebo-adjusted difference):</p> <p>LS Mean (95% CI<sup>†</sup>)</p> <p>-8.04 (-12.14, -3.95) p&lt;0.0001</p> <p>-9.16 (-13.25, -5.08) p&lt;0.0001</p> <p>-10.41 (-14.49, -6.33) p&lt;0.0001</p>	<p>LS Mean (SE)*</p> <p>-8.2 (1.43)</p>

\* Treatment effect: p<0.0001 (2-way ANCOVA)

† Dunnett's test

CI: Confidence Interval; LS: Least Squares; SE: Standard Error

Significant improvements in ADHD symptoms, based upon investigator ratings on the ADHD Rating Scale (ADHD-RS), were observed at Week 1 and were seen throughout the entire 4-week treatment period for all lisdexamfetamine dimesylate doses compared to placebo in adults aged 18 to 55 years ([Table 11](#)).

The results of the secondary efficacy measure were supportive of the primary efficacy endpoint. On the CGI-I scale, lisdexamfetamine dimesylate scores indicated significant improvement compared with placebo.

#### *Adult Workplace Environment Study*

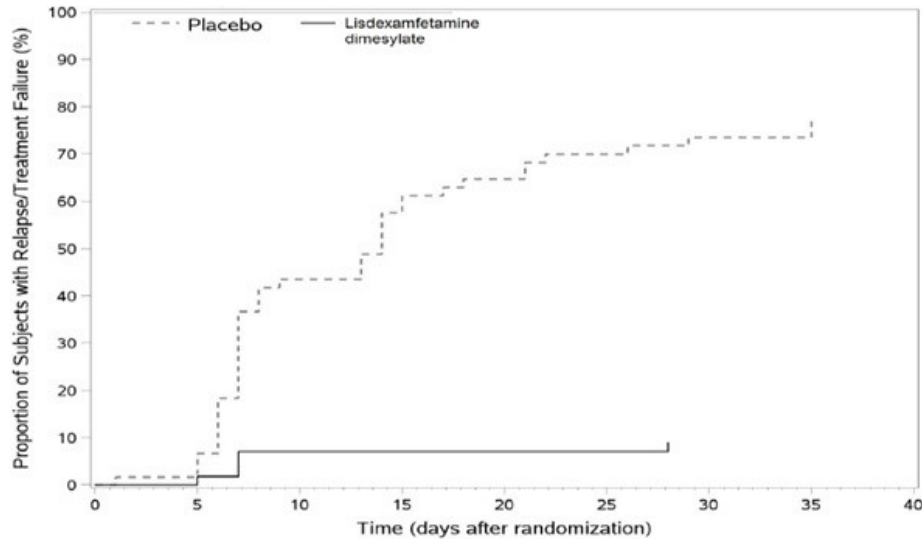
A second double-blind, placebo-controlled, randomized, crossover design, multi-centered, adult workplace environment (AWE) study, a modified analog classroom study of lisdexamfetamine dimesylate to simulate a workplace environment, was conducted in adults (n=142) who met DSM-IV-TR criteria for ADHD. Following a 4-week open-label dose optimization with lisdexamfetamine dimesylate (30, 50, 70 mg), patients were randomly assigned to continue lisdexamfetamine dimesylate or placebo once daily in the morning for one week each

treatment. Significant improvements in patient performance, based upon the Permanent Product Measure of Performance (PERMP) scores, a skill-adjusted math test that measures attention in ADHD, were demonstrated at all post-dose time points measured between patients who received lisdexamfetamine dimesylate compared to patients who received placebo. The PERMP assessments were administered at pre-dose (-0.5 hours) and at 2, 4, 8, 10, 12, and 14 hours post-dose.

At the optimized dose strength, significant improvements based upon the PERMP-A (number of math problems attempted) score and PERMP-C (number of math problems answered correctly) scores were demonstrated at all post-dose time points measured between patients who received lisdexamfetamine dimesylate compared to patients who received placebo. Secondary measures of Adult ADHD-RS with prompts total score, hyperactivity/impulsivity subscale score, and the inattentiveness subscale score were also supportive of the primary efficacy endpoint and statistically significantly different from placebo. On the CGI-I scale, a significantly larger percentage of subjects receiving lisdexamfetamine dimesylate were improved compared to placebo during the crossover visits.

*Randomized Withdrawal Study (6 weeks double-blind randomized withdrawal in subjects with documentation of open-label treatment with lisdexamfetamine dimesylate for a minimum of 6 months)*

A double-blind, placebo-controlled, randomized withdrawal design study was conducted in adults aged 18 to 55 years (n=123) who met DSM-IV criteria for ADHD. At study entry, subjects must have had documentation of treatment with lisdexamfetamine dimesylate for a minimum of 6 months and had to demonstrate treatment response as defined by CGI-S  $\leq 3$  and Total Score on the ADHD-RS with adult prompts  $< 22$ . ADHD-RS Total Score is a measure of core symptoms of ADHD. Subjects that maintained treatment response at Week 3 of the open-label treatment phase (n=116) were eligible to enter the double-blind randomized withdrawal phase (6 weeks duration), and received their entry dose of lisdexamfetamine dimesylate (n=56) or placebo (n=60). The efficacy for subjects maintaining treatment with lisdexamfetamine dimesylate was demonstrated by the significantly lower proportion of treatment failure ( $< 9\%$ ) compared to subjects receiving placebo (75%) in the double-blind randomized withdrawal phase (see [Figure 2](#)). Treatment failure was defined as a  $\geq 50\%$  increase in the ADHD-RS with adult prompts Total Score and  $\geq 2$ -point increase in the CGI-S score compared to scores at entry into the double-blind randomized withdrawal phase.



**Figure 2 Kaplan-Meier Estimation of Proportion of Patients with Treatment Failure (adults)**

### *Executive Function (Self-regulation) Behaviors Study in ADHD*

A 10-week, double-blind, placebo-controlled study was conducted to evaluate change in executive function behaviors, key quality of life outcomes, and ADHD symptoms in adults with ADHD. The study enrolled adults aged 18 to 55 years (n=161) who met DSM-IV criteria for ADHD and had a total score of  $\geq 65$  on Behavior Rating Inventory of Executive Function – Adult Version (BRIEF-A) Global Executive Composite (GEC) T-score by subject-report and a score of  $\geq 28$  using the Adult ADHD-RS with prompts at the Baseline visit. The difference in LS mean change from baseline to week 10 for subject-reported BRIEF-A GEC T-score (-11.2) was significantly better in the lisdexamfetamine dimesylate group compared with placebo ( $p < 0.0001$ ). Secondary efficacy measures of Adult ADHD Impact Module (AIM-A), ADHD-RS with adult prompts, CGI and the ADHD Index T-score of the Conners’ Adult ADHD Rating Scale – Observer: Short Version (CAARS-O:S) were all significantly better in the lisdexamfetamine dimesylate group compared with placebo.

### **Binge Eating Disorder (BED)**

#### **Table 12 - Summary of patient demographics for clinical trials in BED**

Study #	Study design	Dosage, route of administration and duration	Study subjects (n) <sup>a</sup>	Mean age (Range) <sup>b</sup>	Sex <sup>b</sup>
SPD489-343	Multicenter, Randomized, Double-blind, Parallel-group, Placebo-controlled, Dose-optimization Study to Evaluate the Efficacy, Safety, and Tolerability of lisdexamfetamine dimesylate in Adults Aged 18-55 Years with Moderate to Severe Binge Eating Disorder. This study consisted of a screening phase, a double-blind treatment phase (including dose-optimization and dose-maintenance periods), and a follow-up visit.	<i>Lisdexamfetamine dimesylate</i> 30, 50, and 70 mg oral, once daily capsules <i>Placebo</i> oral, once daily capsules  Duration of treatment: 12 weeks	n=374	38.1 years (19 to 55)	Male: 13.5% Female: 86.5%
SPD489-344	Multicenter, Randomized, Double-blind, Parallel-group, Placebo-controlled, Dose-optimization Study to Evaluate the Efficacy, Safety, and Tolerability of lisdexamfetamine dimesylate in Adults Aged 18-55 Years with Moderate to Severe Binge Eating Disorder. This study consisted of a screening phase, a double-blind treatment phase (including dose-optimization and dose-maintenance periods), and a follow-up visit.	<i>Lisdexamfetamine dimesylate</i> 30, 50, and 70 mg oral, once daily capsules <i>Placebo</i> oral, once daily capsules  Duration of treatment: 12 weeks	n=350	37.9 years (18 to 56)	Male: 14.8% Female: 85.2%

Study #	Study design	Dosage, route of administration and duration	Study subjects (n) <sup>a</sup>	Mean age (Range) <sup>b</sup>	Sex <sup>b</sup>
SPD489-346	Multicenter, Double-blind, Placebo-controlled, Randomized-withdrawal Study to Evaluate the Maintenance of Efficacy of lisdexamfetamine dimesylate in Adults Aged 18-55 Years with Moderate to Severe Binge Eating Disorder. This study consisted of a screening phase, an open-label treatment phase (dose optimization followed by dose maintenance), a double-blind withdrawal phase (26 weeks), and a follow-up visit.	<i>Lisdexamfetamine dimesylate</i> 30, 50, and 70 mg oral, once daily capsules <i>Placebo</i> oral, once daily capsules  Duration of treatment: 38 weeks	n=267	38.7 years (18 to 55)	Male: 12.6% Female: 87.4%

<sup>a</sup> Based on the full analysis set

<sup>b</sup> Based on the safety analysis set

## Study Results in BED

### Adults with Moderate to Severe BED

The efficacy of lisdexamfetamine dimesylate in the treatment of BED was demonstrated in two 12-week randomized, double-blind, multi-center, parallel-group, placebo-controlled, dose-optimization studies in adults aged 18 to 55 years with moderate to severe BED (Study SPD489-343: N=374, Study SPD489-344: N=350). A diagnosis of BED was confirmed using DSM-IV criteria for BED. Requirement of moderate to severe BED was based on having at least 3 binge days per week (as assessed for 2 weeks prior to the baseline visit) and a Clinical Global Impression Severity [CGI-S] score  $\geq 4$  at the baseline visit. For both studies, a binge day was defined as a day with at least 1 binge episode, as determined from the subject's daily binge diary and confirmed by the clinician.

Exclusion criteria related to CV safety included moderate or severe hypertension, diabetes, and cardiovascular diseases, such that obesity and smoking were permissible CV risk factors. Comorbid Axis I or Axis II psychiatric disorders that were either controlled with prohibited

medications or were uncontrolled and associated with significant symptoms were excluded. Psychotherapy (e.g., supportive psychotherapy, cognitive behavior therapy, interpersonal therapy) or weight loss support (e.g., Weight Watchers) for BED that began  $\geq 3$  months prior to the screening visit was allowed, but initiation or change during the study was prohibited; 9 patients (6 on placebo, and 3 on drug) were receiving psychotherapy for BED at the time of informed consent. The majority of patients were women (87%), White (75%), and recruited in sites in the USA (around 90%).

Both 12-week studies consisted of a 4-week dose-optimization period and an 8-week dose-maintenance period. During dose-optimization, subjects assigned to lisdexamfetamine dimesylate began treatment at the titration dose of 30 mg/day and, after 1 week of treatment, were subsequently titrated to 50 mg/day. Additional increases to 70 mg/day were made as tolerated and clinically indicated. Following the dose-optimization period, subjects continued on their optimized dose for the duration of the dose-maintenance period.

The primary efficacy outcome for the two studies was defined as the LS mean change from baseline at Week 11/12 in the number of binge days per week. Baseline is defined as the weekly average of the number of binge days per week for the 14 days prior to the Baseline visit.

Based upon per-protocol MMRM analysis, subjects from both studies on lisdexamfetamine dimesylate had a statistically significantly greater reduction from baseline compared to placebo in mean number of binge days per week at Weeks 11/12 ([Table 13](#)).

**Table 13 - Summary of Primary Efficacy Results in BED**

Study Number	Treatment Group	Primary Efficacy Measure: Binge Days per Week at Week 12		
		Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo-subtracted Difference <sup>a</sup> (95% CI)
SPD489-343	Lisdexamfetamine dimesylate (50 or 70 mg/day)*	4.79 (1.27)	-3.87 (0.12)	-1.35 (-1.70, -1.01)
	Placebo	4.60 (1.21)	-2.51 (0.13)	--
SPD489-344	Lisdexamfetamine dimesylate (50 or 70 mg/day)*	4.66 (1.27)	-3.92 (0.14)	-1.66 (-2.04, -1.28)
	Placebo	4.82 (1.42)	-2.26 (0.14)	--

SD: standard deviation; SE: standard error; LS Mean: least-squares mean; CI: confidence interval.

<sup>a</sup> Difference (drug minus placebo) in least-squares mean change from baseline.

\* Doses statistically significantly superior to placebo.

In addition, subjects on lisdexamfetamine dimesylate showed greater improvement as compared to placebo across key secondary outcomes with higher proportion of subject rated improved on the CGI-I rating scale, higher proportion of subjects with 4-week binge cessation, and greater reduction on obsessive/compulsive binge eating symptoms as measured by the Yale-Brown Obsessive Compulsive Scale Modified for Binge Eating (Y-BOCS-BE) total score in both studies.

#### *Randomized Withdrawal Study*

A double-blind, placebo-controlled, randomized withdrawal design study was conducted to evaluate maintenance of efficacy based on time to relapse between lisdexamfetamine dimesylate and placebo in adults aged 18 to 55 years (n=267) with moderate to severe BED (DSM-IV-TR diagnosis), who at baseline reported 3 or more binge eating days per week during each of the 2 weeks prior to baseline, and had a CGI-S score of 4 or more.

Exclusion criteria and use of psychotherapy or weight loss support in this study were as described above for the pivotal studies. Two patients were receiving psychotherapy for BED at the time of informed consent. The majority of patients were women (87%), White (84%), and recruited in sites in the USA (around 80%).

The 12-week open-label treatment phase consisted of 4 weeks of dose-optimization and 8 weeks of dose-maintenance. Subjects began treatment at the titration dose of 30 mg/day for 1 week of treatment, and were subsequently titrated to 50 mg/day for the second week. Additional increases to 70 mg/day were made as tolerated and clinically indicated. If, at the end of the third week of dose optimization, the 70 mg dose level was not tolerated, the subject could have been down-titrated to 50 mg; no further dose adjustments were permitted after this time. During the randomised-withdrawal phase, patients received lisdexamfetamine dimesylate (n=137) or placebo (n=138), at the same optimised dose level as at the end of the open-label phase (50 or 70 mg/day), for up to 26 weeks.

Patients who had responded to lisdexamfetamine dimesylate in the preceding 12-week open-label treatment phase were randomized to continuation of lisdexamfetamine dimesylate or placebo for up to 26 weeks of observation for relapse. Response in the open-label phase was defined as 1 or fewer binge days each week for four consecutive weeks prior to the last visit at the end of the 12-week open-label phase and a CGI-S score of 2 or less at the same visit. Relapse during the double-blind phase was defined as having 2 or more binge days each week for two consecutive weeks (14 days) prior to any visit and having an increase in CGI-S score of 2 or more points compared to the randomized- withdrawal baseline.

Lisdexamfetamine dimesylate was superior over placebo as measured by time to relapse, the primary efficacy outcome. At the end of the randomized-withdrawal phase, the group continuing on lisdexamfetamine dimesylate had a lower proportion of relapse (5/136, 3.7%) as compared to the placebo group (42/131, 32.1%). The proportion of patients who completed the randomized withdrawal phase of the study (that is, neither relapsed nor discontinued for other reasons) was 74.5% (102/137) on lisdexamfetamine dimesylate compared to 36.2% (50/138) on

placebo.

### **Drug Abuse and Dependence Studies**

In a human abuse liability study, when equivalent oral doses of 100 mg lisdexamfetamine dimesylate and 40 mg immediate-release dextroamphetamine sulfate were administered to individuals with a history of drug abuse, lisdexamfetamine dimesylate 100 mg produced subjective responses on a scale of "Drug Liking Effects" (primary endpoint) that were significantly less than dextroamphetamine immediate-release 40 mg. However, oral administration of 150 mg lisdexamfetamine dimesylate produced increases in positive subjective responses on this scale that were statistically indistinguishable from the positive subjective responses produced by 40 mg of oral immediate-release dextroamphetamine and 200 mg of diethylpropion.

Intravenous administration of 50 mg lisdexamfetamine dimesylate to individuals with a history of drug abuse produced positive subjective responses on scales measuring "Drug Liking", "Euphoria", "Amphetamine Effects", and "Benzedrine Effects" that were not significantly different from placebo. Administration of a dose of 20 mg of intravenous dextroamphetamine produced significant positive subjective responses on these scales.

### **15 MICROBIOLOGY**

No microbiological information is required for this drug product.

### **16 NON-CLINICAL TOXICOLOGY**

#### **General Toxicology:**

**Acute Toxicity Studies:** The LD<sub>50</sub> value for lisdexamfetamine diHCl in rats was >1000 mg/kg. Lisdexamfetamine diHCl has a 39.9% inherent dextroamphetamine content. On the basis of this value, the LD<sub>50</sub> value would be equivalent to either >399 mg/kg of dextroamphetamine or >548 mg/kg dextroamphetamine sulfate. Therefore, lisdexamfetamine diHCl is approximately 5-fold less lethal by the oral route than dextroamphetamine sulfate (LD<sub>50</sub> value of 96.8 mg/kg).

Acute administration of high doses of amphetamine (*d*- or *d,l*-) has been shown to produce long lasting neurotoxic effects, including irreversible nerve fiber damage, in rodents. The significance of these findings to humans is unknown.

**Subacute and Subchronic Toxicity Studies:** In the pivotal 28 day repeat dose rat study, animals were administered lisdexamfetamine dimesylate 20, 40 or 80 mg/kg/day or dextroamphetamine sulfate at 16 mg/kg/day. There was no mortality, no effects on hematological parameters, and only isolated changes associated with clinical chemistry values for mid- and high-dose group animals. The effects noted at the mid dosage of lisdexamfetamine dimesylate were similar to those of an equimolar dose of dextroamphetamine sulfate. No



histological findings were present at any dosage of lisdexamfetamine dimesylate.

In the 6-month repeat dose rat study with a 4-week recovery period, animals were administered lisdexamfetamine dimesylate (20 and 40 mg/kg/day) or dextroamphetamine sulfate (8 and 16 mg/kg/day). No treatment-related pathological changes were apparent, including evaluation of Ki-67 immunolabeling for potential proliferative changes in the liver. Overall there were no toxicologically significant differences between the two test articles.

In the pivotal 28-day repeat dose dog study, animals were administered lisdexamfetamine dimesylate 3, 6 and 12 mg/kg/day or dextroamphetamine sulfate at 2.4 mg/kg/day. There was no mortality, and no effects on clinical pathology, ophthalmology, ECG, gross necropsy, and histopathology were observed. Other reported effects associated with lisdexamfetamine dimesylate administration were consistent with the known pharmacological effects of dextroamphetamine. The mid-dose of lisdexamfetamine dimesylate demonstrated pharmacological effects similar to those of an equimolar dose of dextroamphetamine sulfate.

Juvenile toxicity studies were performed in the rat (4, 10 and 40 mg/kg/day lisdexamfetamine dimesylate) and dog (2, 5 and 12 mg/kg/day). No adverse effects were observed upon nervous system development or reproductive function in the rat or on neurotoxicity or male reproductive endpoints in the dog.

**Genotoxicity:**

**Mutagenicity Studies:** Lisdexamfetamine dimesylate was not clastogenic in the mouse bone marrow micronucleus test *in vivo* and was negative when tested in the *E. coli* and *S. typhimurium* components of the Ames test and in the L5178Y/TK<sup>+</sup> mouse lymphoma assay *in vitro*.

**Carcinogenicity:**

Carcinogenicity studies have not been performed with lisdexamfetamine dimesylate.

No evidence of carcinogenicity was found in studies in which *d,l*-amphetamine (enantiomer ratio of 1:1) was administered to mice and rats in the diet for two years at doses of up to 30 mg/kg/day in male mice, 19 mg/kg/day in female mice, and 5 mg/kg/day in male and female rats.

**Reproductive and Developmental Toxicology:**

In animal reproduction studies, lisdexamfetamine dimesylate had no apparent effect on embryofetal morphological development or survival when orally administered to pregnant rats and rabbits throughout the period of organogenesis at doses up to 40 and 120 mg/kg/day, respectively. These doses are approximately 3.2 and 19.2 times (child) and 6.5 and 38.9 times (adult) respectively the maximum recommended dose of 60 mg/day for the treatment of ADHD and 5.6 and 33.4 times (adults) respectively the maximum recommended human daily dose of 70 mg for the treatment of BED, on a mg/m<sup>2</sup> body surface area basis.

The effects of lisdexamfetamine dimesylate on fertility and early embryonic development have not been investigated in animal reproductive studies. Amphetamine (*d*- to *l* enantiomer ratio of 3:1) did not adversely affect fertility or early embryonic development in the rat at doses of up to 20 mg/kg/day.

The effects of lisdexamfetamine dimesylate on pre- and post-natal development have not been investigated in animal reproductive studies. A number of studies in rodents indicate that prenatal or early postnatal exposure to amphetamine (*d*- or *d,l*-), at doses similar to those used clinically, can result in long term neurochemical and behavioral alterations. Reported behavioral effects include learning and memory deficits, altered locomotor activity, and changes in sexual function.

### **Special Toxicology:**

**Non-Clinical Abuse Data:** Non-clinical abuse studies indicate that lisdexamfetamine produced behavioural and subjective effects in rats and monkeys that are qualitatively similar to those of the CNS stimulant dextroamphetamine, but that are delayed in onset. The rewarding effects, as determined in self- administration studies, are lower than those of methylphenidate or cocaine, but are greater than those of modafinil or placebo.

### **Juvenile Toxicity:**

**Effects on Growth:** A study was conducted in which juvenile rats received oral doses of 4, 10, or 40 mg/kg/day of lisdexamfetamine from Day 7 to Day 63 of age. These doses are approximately 0.3, 0.8, and 3.2 times the maximum recommended human daily dose of 60 mg for the treatment of ADHD, on a mg/m<sup>2</sup> basis. Dose related decreases in food consumption, bodyweight gain, and crown-rump length were seen; after a four week drug-free recovery period bodyweights and crown-rump lengths had significantly recovered in females but were still substantially reduced in males. Time to vaginal opening was delayed in females at the highest dose, but there were no drug effects on fertility when the animals were mated beginning on Day 85 of age.

In a study in which juvenile dogs received lisdexamfetamine for six months beginning at 10 weeks of age, decreased bodyweight gain was seen at all doses tested (2, 5, and 12 mg/kg/day, which are approximately 0.5, 1.3, and 3.2 times the maximum recommended human daily dose of 60 mg on a mg/m<sup>2</sup> basis). This effect partially or fully reversed during a 4-week drug free recovery period.

## **17 SUPPORTING PRODUCT MONOGRAPHS**

1. VYVANSE® (Capsules 10 mg, 20 mg, 30 mg, 40 mg, 50 mg, 60 mg, 70 mg) and (Chewable Tablets 10 mg, 20 mg, 30 mg, 40 mg, 50 mg, 60 mg), submission control 267643, Product Monograph, Takeda Canada Inc. (APR 03, 2023).

## PATIENT MEDICATION INFORMATION

### READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

#### APO-LISDEXAMFETAMINE CAPSULES

#### Lisdexamfetamine Dimesylate Capsules

Read this carefully before you start taking **APO-LISDEXAMFETAMINE CAPSULES** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **APO-LISDEXAMFETAMINE CAPSULES**.

#### Serious Warnings and Precautions

**Drug dependence:** Like other stimulants, APO-LISDEXAMFETAMINE CAPSULES has the potential to be abused. This can lead to you becoming dependent on APO-LISDEXAMFETAMINE CAPSULES or feeling like you need to take more of it over time.

#### What is APO-LISDEXAMFETAMINE CAPSULES used for?

APO-LISDEXAMFETAMINE CAPSULES is used to treat:

- Attention Deficit Hyperactivity Disorder (ADHD) in children 6 years of age or older, adolescents and adults. Treatment with APO-LISDEXAMFETAMINE CAPSULES for ADHD should be combined with other measures, such as psychological counselling, educational and social measures, as part of a total treatment program. **APO-LISDEXAMFETAMINE CAPSULES is NOT recommended for use in children with ADHD under 6 years of age.**
- moderate to severe Binge Eating Disorder (BED) in adults. **APO-LISDEXAMFETAMINE CAPSULES is NOT recommended for use in children with BED under 18 years of age.**

Use of other stimulant drugs for weight loss has been associated with serious heart-related problems. It is not known if APO-LISDEXAMFETAMINE CAPSULES is safe and effective for weight loss.

#### How does APO-LISDEXAMFETAMINE CAPSULES work?

APO-LISDEXAMFETAMINE CAPSULES belongs to a group of medicines called central nervous system stimulants. APO-LISDEXAMFETAMINE CAPSULES is a prodrug, which means that the medicinal ingredient lisdexamfetamine dimesylate is inactive until the body breaks it down into its active form called dextroamphetamine. It works by raising the levels of chemicals in the brain called dopamine and norepinephrine.

- This helps to increase attention and decrease impulsiveness and hyperactivity in patients with ADHD;
- This may help to reduce the number of binge eating days in adults with BED.

### **What are the ingredients in APO-LISDEXAMFETAMINE CAPSULES?**

Medicinal ingredients: Lisdexamphetamine dimesylate

Non-medicinal ingredients:

Colloidal silicon dioxide, croscarmellose sodium, magnesium stearate and microcrystalline cellulose.

Capsule shell: D&C Red #28 (70 mg), FDA/E172 black iron oxide (40 mg), FDA/E172 yellow iron oxide (20 mg, 40 mg), FD&C Blue #1 (40 mg, 50 mg, 60 mg, 70 mg), FD&C Red #3 (10 mg, 30 mg), FD&C Red #40 (70 mg), FD&C Yellow #6 (30 mg, 70 mg), gelatin, pharmaceutical ink, and titanium dioxide.

Pharmaceutical ink: ammonium hydroxide, iron oxide black, potassium hydroxide, propylene glycol, shellac.

### **APO-LISDEXAMFETAMINE CAPSULES comes in the following dosage forms:**

Capsules: 10 mg, 20 mg, 30 mg, 40 mg, 50 mg, 60 mg and 70 mg

### **Do not use APO-LISDEXAMFETAMINE CAPSULES if you/your child:**

- are allergic to amphetamines, the medicinal ingredient lisdexamphetamine dimesylate or its active form (i.e., dextroamphetamine), or any of the other ingredients in APO-LISDEXAMFETAMINE CAPSULES.
- are sensitive to, allergic to or had a reaction to other stimulant medicines.
- have advanced arteriosclerosis (hardened arteries).
- have symptoms of heart disease.
- have moderate to severe high blood pressure.
- are agitated.
- have glaucoma (an eye disease with increased pressure in the eye).
- have hyperthyroidism (an overactive thyroid gland).
- are taking or have recently taken (in the past 14 days) any medications from the group called monoamine oxidase inhibitors (MAOIs).
- have a history of drug abuse.

**To help avoid side effects and ensure proper use, talk to your healthcare professional before you take APO-LISDEXAMFETAMINE CAPSULES. Talk about any health conditions or problems you may have, including if you/your child:**

- have structural heart abnormalities, cardiomyopathy, serious heart rhythm abnormalities or other serious heart problems.
- have a family history of sudden cardiac death or death related to heart problems.
- have mild high blood pressure.
- do strenuous exercise.
- have a history of seizures (convulsions, epilepsy) or have had abnormal brainwave tests (electroencephalogram; EEGs).
- have or have a family history of tics (movements or sounds that you cannot control) or Tourette's syndrome.
- take other medications for ADHD.
- take blood pressure medications or other medicines that can affect blood pressure.
- have or have a family history of mental health problems, including:
  - psychosis,
  - mania,
  - bipolar disorder,
  - depression, or
  - suicide.
- have severe kidney problems, including if you are undergoing dialysis.
- have a history of drug abuse or alcoholism.
- are pregnant, think you are pregnant or are planning to become pregnant.
- are breastfeeding or plan to breastfeed.

**Other warnings you should know about:**

**Dependence and tolerance:**

- Amphetamines, such as APO-LISDEXAMFETAMINE CAPSULES, have the potential to cause drug abuse and misuse.
- Abuse of amphetamines can lead to dependence, tolerance, social disorders and possibly serious heart problems and death.
- Long term misuse of amphetamines may cause:
  - skin diseases
  - sleeping problems
  - personality changes
  - anxious and distressful feelings
  - rash, uncontrolled behavior
  - psychosis
  - schizophrenia
- Doctor supervision is needed when you or your child stop taking APO-LISDEXAMFETAMINE CAPSULES. Suddenly ending treatment when taking higher doses of APO-LISDEXAMFETAMINE CAPSULES for a long period of time can cause:
  - extreme fatigue
  - depression
  - changes in sleep patterns
- APO-LISDEXAMFETAMINE CAPSULES should only be given under close medical supervision

to patients whose condition has been properly diagnosed.

**Driving and using machines:** APO-LISDEXAMFETAMINE CAPSULES can affect your ability to drive and use tools or machinery. You should not drive or use tools or machinery until you know how you respond to APO-LISDEXAMFETAMINE CAPSULES.

**Pregnancy and breastfeeding:**

- Taking APO-LISDEXAMFETAMINE CAPSULES during pregnancy can harm your unborn baby. It should not be used during pregnancy unless your healthcare professional has determined the potential benefits outweigh the potential risks to your baby. Your healthcare professional will discuss these risks with you. If you discover that you are pregnant while taking APO-LISDEXAMFETAMINE CAPSULES, tell your healthcare professional right away.
- APO-LISDEXAMFETAMINE CAPSULES can pass through your breast milk and may harm your baby. You should consult with your healthcare professional to determine if you should stop breastfeeding or discontinue APO-LISDEXAMFETAMINE CAPSULES.

**The following have been reported with use of APO-LISDEXAMFETAMINE CAPSULES and other medicines used to treat ADHD.**

**Growth in children:** Slower growth (in weight and/or height) has been reported with the use of APO-LISDEXAMFETAMINE CAPSULES in children. This risk increases as the dose of APO-LISDEXAMFETAMINE CAPSULES increases. Your healthcare professional will carefully watch your child's height and weight. If your child is not growing or gaining weight as expected, your healthcare professional may stop treatment.

**Heart-related problems:** The following heart related problems have been reported in people taking medications to treat ADHD, like APO-LISDEXAMFETAMINE CAPSULES:

- Sudden death in patients who have heart problems or heart defects
- Stroke and heart attack in adults
- Increased blood pressure and heart rate

Sudden death has been reported in association with stimulant drugs for ADHD treatment in children and adolescents with structural heart abnormalities. APO-LISDEXAMFETAMINE CAPSULES generally should not be used in children, adolescents or adults with known structural heart abnormalities. There may be additional heart-related risks if you are overweight or obese.

Tell your healthcare professional if you/your child have any heart problems, heart defects, high blood pressure, or a family history of these problems.

Your healthcare professional will check:

- you/your child for heart problems before starting APO-LISDEXAMFETAMINE CAPSULES.

- your/your child’s blood pressure and heart rate before and regularly during treatment with APO-LISDEXAMFETAMINE CAPSULES.

**Seek immediate medical help if you/your child have any signs of heart problems such as chest pain, shortness of breath, or fainting while taking APO-LISDEXAMFETAMINE CAPSULES.**

**Mental health problems:** The following mental health problems have been reported in people taking stimulant medicines like APO-LISDEXAMFETAMINE CAPSULES:

- New or worse thoughts or feelings related to suicide (thinking about or feeling like killing yourself) and suicidal actions (suicide attempt, suicidal ideation and completed suicide).
- New or worse symptoms of bipolar disorder (extreme mood swings, with periods of impulsiveness or unusual excitement, switching between periods of sadness).
- New or worse aggressive behavior or hostility.
- New psychotic symptoms (such as hearing voices, believing things that are not true, being suspicious) or new mania (unusually excited, over-active or un-inhibited).

These new or worse mental symptoms may be more likely to occur if you/your child have mental disorders that you may or may not know about. Tell your doctor about any mental problems or about any personal or family history of suicide, bipolar illness, or depression you or your child have.

A small number of patients taking ADHD medicines may experience unusual feelings of agitation, hostility or anxiety, or have impulsive or disturbing thoughts such as thoughts of suicide, self-harm or harm to others. Those suicidal thoughts or behaviors may occur at any time during treatment, particularly at the start or during dose changes, and also after stopping APO-LISDEXAMFETAMINE CAPSULES. **Should this happen to you, or to those in your care if you are a caregiver or guardian, consult your doctor immediately. Close observation by a doctor is necessary in this situation.**

**Serotonin toxicity (also known as Serotonin Syndrome):** Serotonin toxicity is a rare but potentially life-threatening condition. It can cause serious changes in how your brain, muscles and digestive system work. You may develop serotonin toxicity if you take APO-LISDEXAMFETAMINE CAPSULES with certain anti-depressants or migraine medications.

Serotonin toxicity symptoms include:

- fever, sweating, shivering, diarrhea, nausea, vomiting;
- muscle shakes, jerks, twitches or stiffness, overactive reflexes, loss of coordination;
- fast heartbeat, changes in blood pressure;
- confusion, agitation, restlessness, hallucinations, mood changes, unconsciousness, and coma.

**Raynaud’s Phenomenon** (episodes of reduced blood flow): Stimulant medicines, such as APO-LISDEXAMFETAMINE CAPSULES, are associated with Raynaud’s Phenomenon. During treatment

with APO-LISDEXAMFETAMINE CAPSULES, your healthcare professional may check for problems with the circulation in your fingers and toes, including numbness, feeling cold or pain.

**Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.**

### Serious Drug Interactions

**Do not take APO-LISDEXAMFETAMINE CAPSULES if you:**

- are taking or have recently taken (in the last 14 days) any MAOIs such as phenelzine, tranylcypromine, or moclobemide as you may have serious side effects.

**The following may interact with APO-LISDEXAMFETAMINE CAPSULES:**

- other medications used to treat ADHD such as guanfacine.
- medicines used to treat depression or anxiety such as:
  - certain tricyclic antidepressants,
  - selective serotonin reuptake inhibitors (SSRIs), and
  - serotonin and noradrenaline reuptake inhibitors (SNRIs) such as venlafaxine.
- certain medicines used to treat migraines such as sumatriptan, rizatriptan or zolmitriptan.
- medicines used to manage psychotic symptoms such as pimozide, haloperidol and chlorpromazine.
- medicines that make the urine more acidic such as ammonium chloride and sodium acid phosphate, as well as the dietary supplement ascorbic acid (vitamin C).
- medicines that make urine more alkaline such as sodium bicarbonate, acetazolamide, and thiazides.
- blood pressure medications or other medicines that can affect blood pressure such as beta blockers and norepinephrine.
- opioid medicines, used to relieve pain.
- lithium, used to treat manic episodes in bipolar disorder.
- modafinil, used to treat sleepiness due to narcolepsy.
- St John's Wort, a herbal remedy.

**How to take APO-LISDEXAMFETAMINE CAPSULES:**

- Take APO-LISDEXAMFETAMINE CAPSULES once each day in the morning, with or without food.
- Avoid taking APO-LISDEXAMFETAMINE CAPSULES in the afternoon as it may cause insomnia.
- If you/your child were prescribed APO-LISDEXAMFETAMINE CAPSULES:
  - swallow the capsule whole with water; or
  - for patients with problems swallowing medicines, the capsule can be opened and all of the medication powder can be sprinkled over yogurt, water, or orange juice. Mix



the medication powder thoroughly until the powder is completely dispersed. Make sure to break up any lumps of powder with a spoon. Eat the entire yogurt or drink all of the water or orange juice immediately. Do not store it for future use. Do not be alarmed if you see a film on the inside of the glass or container; this film contains non-medicinal ingredients. Do not divide the dose.

- As with all medicines, never share APO-LISDEXAMFETAMINE CAPSULES with anyone else.

#### Usual dose:

- **To treat Attention Deficit Hyperactivity Disorder (ADHD)** (children 6 years of age or older, adolescents and adults):  
Your healthcare professional will decide the dose that is right for you/your child. Always follow the directions of your healthcare professional and never change the dose or stop taking APO-LISDEXAMFETAMINE CAPSULES without discussing it with your healthcare professional first.

The usual dose is 20 mg to 60 mg once a day. Take APO-LISDEXAMFETAMINE CAPSULES in the morning exactly as prescribed. Your healthcare professional may adjust the dose until it is right for you/your child. The maximum daily dose is 60 mg.

From time to time, your healthcare professional may interrupt your/your child's treatment to check your/your child's symptoms while you/your child are not taking the medicine.

- **To treat moderate to severe Binge Eating Disorder (BED) (adults):**  
The recommended starting dose is 30 mg once a day in the morning. Your healthcare professional will then gradually increase your daily dose by 20 mg each week. They will do this until you're taking 50 mg to 70 mg once a day in the morning. The maximum daily dose is 70 mg.

#### Overdose:

If you think you, or a person you are caring for, have taken too much APO-LISDEXAMFETAMINE CAPSULES, contact a healthcare professional, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

#### Missed Dose:

If you/your child forget to take your/his or her dose in the morning, wait until the next day and take or have him or her take the usual dose at the usual time in the morning. Do not take an afternoon dose. Do not double the dose to make up for the missed dose.

## What are possible side effects from using APO-LISDEXAMFETAMINE CAPSULES?

These are not all the possible side effects you may have when taking APO-LISDEXAMFETAMINE CAPSULES. If you experience any side effects not listed here, tell your healthcare professional.

Side effects may include:

- headache, dizziness, feeling like your environment is moving or spinning (vertigo)
- dry mouth, decreased appetite, anorexia (eating disorder)
- trouble sleeping or falling asleep, feeling sleepy
- upper abdominal pain, constipation or diarrhea, vomiting or nausea, indigestion
- numbness, or pricking or tingling sensations in the hands, arms, legs or feet
- fever, upper respiratory tract infection, stuffy nose or sore throat
- feeling irritable, anxious or jittery, lack or abundance of energy, rapid and sometimes exaggerated changes in mood
- decreased sex drive, inability to get or keep an erection
- bladder infection
- skin rash, hives, itchy skin
- ringing in the ears
- unusual dilation or widening of the pupils
- weight changes
- changes in taste
- excessive sweating
- nightmares
- clenching of teeth
- hair loss
- memory problems
- muscle aches and pain

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>COMMON</b>			
Anxiety	✓		
<b>New or worsening tics:</b> movements or sounds that you cannot control		✓	
Slowing of growth (height and weight) in children		✓	
<b>Palpitation</b> (fast-beating, fluttering or pounding heart)		✓	

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>UNCOMMON</b>			
Aggressive behaviour or hostility		✓	
<b>Allergic reaction:</b> difficulty swallowing or breathing, and throwing up, swelling of the face, lips, tongue or throat, hives or rash			✓
<b>Depression</b> (sad mood that won't go away): difficulty sleeping or sleeping too much, changes in appetite or weight, feelings of worthlessness, guilt, regret, helplessness or hopelessness, withdrawal from social situations, family, gatherings and activities with friends, reduced libido (sex drive) and thoughts of death or suicide. If you have a history of depression, your depression may become worse		✓	
<b>New or worsening mental health problems:</b> paranoia, delusions, hallucinations (seeing, feeling or hearing things that are not there), mania (feeling unusually excited, over-active, or uninhibited), compulsions		✓	
<b>Vision problems:</b> changes in vision or blurry vision		✓	
<b>UNKNOWN FREQUENCY</b>			
<b>Epistaxis and Contusion:</b> unexplained nosebleeds or bruising	✓		
<b>Heart attack:</b> severe, crushing chest pain that can radiate into the arm and/or jaw, upper back or neck, palpitation, shortness of breath, nausea, vomiting, sweating, indigestion, heartburn, dizziness, extreme fatigue, upper body discomfort			✓
<b>Seizures (fits):</b> uncontrollable shaking with or without loss of consciousness			✓

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>Intestinal ischemia</b> (blood flow to your intestines decreases due to a narrowed or blocked blood vessel): sudden or worsening abdominal pain (usually severe), urgent need to have a bowel movement, frequent, forceful bowel movements, nausea, vomiting, diarrhea, blood in your stool, confusion in older adults			✓
<b>Liver Disorder</b> yellowing of the skin or whites of the eyes (jaundice), dark urine and pale stools, abdominal pain, nausea, vomiting, loss of appetite			✓
<b>Raynaud's phenomenon</b> (episodes of reduced blood flow): cold feeling in fingers and toes (and sometimes nose, lips and ears), prickly or stinging feeling, change in skin colour to white then blue		✓	
<b>Stevens-Johnson syndrome (SJS)</b> (severe skin rash): redness, blistering and/or peeling of the skin and/or inside of the lips, eyes, mouth, nasal passages or genitals, accompanied by fever, chills, headache, cough, body aches or swollen glands			✓
<b>Suicidal behaviour:</b> thoughts or actions about hurting or killing yourself			✓
<b>Serotonin toxicity (also known as Serotonin Syndrome):</b> feeling of agitation or restlessness, flushing, muscle twitching, involuntary eye movements, heavy sweating, high body temperature (above 38°C), rigid muscles			✓

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>Cerebrovascular disorders</b> (problems with the blood vessels in the brain, stroke): severe headaches, weakness or paralysis of any body part, or problems with coordination, vision, speaking, finding words or with your memory			✓
<b>Rhabdomyolysis</b> (breakdown of damaged muscle): muscle weakness, muscle pain, muscle spasms, red-brown coloured urine		✓	
<b>Hypertension</b> (high blood pressure): shortness of breath, fatigue, dizziness or fainting, chest pain or pressure, swelling in your ankles and legs, bluish colour to your lips and skin, racing pulse or fast or uneven heartbeat.	✓		

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

**Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

*NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

**Storage:**

Store at 15°C to 30°C in a tight container, protected from moisture.  
Keep out of reach and sight of children.

**If you want more information about APO-LISDEXAMFETAMINE CAPSULES:**

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (<https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html>); the manufacturer's website (<http://www.apotex.ca/products>), or by calling 1-800-667-4708.

This leaflet was prepared by Apotex Inc., Toronto, Ontario, M9L 1T9.

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