#### PRODUCT MONOGRAPH

#### INCLUDING PATIENT MEDICATION INFORMATION

#### Pr PRAMIPEXOLE

Pramipexole Dihydrochloride Tablets

Tablets, 0.25 mg, 0.5 mg, 1 mg & 1.5 mg pramipexole dihydrochloride monohydrate, Oral

Antiparkinsonian agent / Dopamine Agonist

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### **RECENT MAJOR LABEL CHANGES**

7 WARNINGS AND PRECAUTIONS, Driving and Operating Machinery	11/2024
7 WARNINGS AND PRECAUTIONS, Psychiatric	11/2024
7 WARNINGS AND PRECAUTIONS, Neurologic	11/2024

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### PART I: HEALTH PROFESSIONAL INFORMATION

### **1 INDICATIONS**

PRAMIPEXOLE (pramipexole dihydrochloride monohydrate) is indicated for adults, as:

- treatment of the signs and symptoms of idiopathic Parkinson's disease. PRAMIPEXOLE may be used both as early therapy, without concomitant levodopa, and as an adjunct to levodopa.
- symptomatic treatment of moderate to severe idiopathic Restless Legs Syndrome. The
  effectiveness of pramipexole dihydrochloride used for longer than 12 weeks has not been
  systematically evaluated in controlled trials for Restless Legs Syndrome. The physician who
  elects to prescribe PRAMIPEXOLE for an extended time should periodically re-evaluate the
  long-term usefulness for the individual patient.

### 1.1 Pediatrics

**Pediatrics (< 18 years of age):** No data are available to Health Canada; therefore, Health Canada has not authorized an indication for pediatric use.

### 1.2 Geriatrics

**Geriatrics (> 65 years of age):** The majority of pramipexole (88%) is cleared via renal secretion. Due to age-related reduction in renal function, the elderly have a slower clearance of pramipexole (approximately 25 – 30% lower). The efficacy and safety appear to be unaffected, except the relative risk of hallucination is higher (see <u>7 WARNINGS AND PRECAUTIONS, 7.1. 4</u> <u>Geriatrics</u>).

#### **2 CONTRAINDICATIONS**

PRAMIPEXOLE (Pramipexole dihydrochloride monohydrate) is contraindicated in patients who have demonstrated hypersensitivity to pramipexole or the excipients of the drug product (see <u>4</u> <u>DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING</u>).

#### **3 SERIOUS WARNINGS AND PRECAUTIONS BOX**

#### Serious Warnings and Precautions

#### Sudden Onset of Sleep and Somnolence

Patients receiving treatment with pramipexole dihydrochloride monohydrate and other dopaminergic agents have reported suddenly falling asleep while engaged in activities of daily living, including operating a motor vehicle, which sometimes resulted in accidents. Although some of the patients reported somnolence while on pramipexole dihydrochloride, others perceived that they had no warning signs, such as excessive drowsiness, and believed that they

were alert immediately prior to the event.

Physicians should alert patients of the reported cases of sudden onset of sleep, bearing in mind that these events are NOT limited to initiation of therapy. Patients should also be advised that sudden onset of sleep has occurred without warning signs. If drowsiness or sudden onset of sleep should occur, patients should immediately contact their physician.

Until further information is available on the management of this unpredictable and serious adverse event, patients should be warned not to drive or engage in other activities where impaired alertness could put themselves and others at risk of serious injury or death (e.g., operating machines).

Substituting other dopamine agonists may not alleviate these symptoms, as episodes of falling asleep while engaged in activities of daily living have also been reported in patients taking these products.

While dose reduction clearly reduces the degree of somnolence, there is insufficient information to establish that dose reduction will eliminate episodes of falling asleep while engaged in activities of daily living.

Presently, the precise cause of this event is unknown. It is known that many Parkinson's disease patients experience alterations in sleep architecture, which results in excessive daytime sleepiness or spontaneous dozing, and that dopaminergic agents can also induce sleepiness.

## 4 DOSAGE AND ADMINISTRATION

## NOTE: PRAMIPEXOLE is NOT available in 0.125 mg strength.

# 4.1 Dosing Considerations

In all clinical studies, dosage was initiated at a subtherapeutic level to avoid orthostatic hypotension and severe adverse effects. PRAMIPEXOLE should be titrated gradually in all patients. The dosage should be increased to achieve maximal therapeutic effect, balanced against the principal adverse reactions of dyskinesia, nausea, dizziness and hallucinations.

# 4.2 Recommended Dose and Dosage Adjustment

## Parkinson's Disease

The maximal recommended dose of PRAMIPEXOLE is 4.5 mg per day. PRAMIPEXOLE is not recommended at the 6 mg per day dose since the incidence of some adverse reactions is higher.

## Initial treatment

Dosages should be increased gradually from a starting dose of 0.375 mg/day given in three

divided doses and should not be increased more frequently than every 5 to 7 days. A suggested ascending dosage schedule that was used in clinical studies is shown in the following table:

Week	Dosage (mg) tid	Total Daily Dose (mg)
1	0.125	0.375
2	0.25	0.75
3	0.50	1.5
4	0.75	2.25
5	1.00	3.0
6	1.25	3.75
7	1.50	4.5

### Table 1: ASCENDING-DOSE SCHEDULE OF PRAMIPEXOLE DIHYDROCHLORIDE

\*tid – three times a day

#### Maintenance treatment

Pramipexole dihydrochloride was effective and well-tolerated over a dosage range of 1.5 to 4.5 mg/day, administered in equally divided doses three times per day, as monotherapy or in combination with levodopa (approximately 800 mg/day). In a fixed-dose study in patients with early Parkinson's disease, pramipexole dihydrochloride at doses of 3, 4.5 and 6 mg/day was not shown to provide any significant benefit beyond that achieved at a daily dose of 1.5 mg/day. For individual patients who have not achieved efficacy at 1.5 mg/day, higher doses can result in additional therapeutic benefit.

## Discontinuation of Treatment

PRAMIPEXOLE tablets should be tapered off at a rate of 0.75 mg per day until the daily dose has been reduced to 0.75 mg. Thereafter the dose should be reduced by 0.375 mg per day. Prior to tapering or discontinuation, patients should be informed about potential withdrawal symptoms and closely monitored thereafter (see <u>7 WARNINGS AND PRECAUTIONS, Neurologic, Dopamine Agonist Withdrawal Syndrome, and Neuroleptic Malignant Syndrome</u>).

#### Dosing in patients with concomitant levodopa therapy

In patients with concomitant levodopa therapy it is recommended that the dosage of levodopa is reduced during both dose escalation and maintenance treatments with PRAMIPEXOLE. In the controlled study in advanced Parkinson's disease, the dosage of levodopa was reduced by an average of 27% from baseline. This may be necessary in order to avoid excessive dopaminergic stimulation.

#### Patients with renal impairment

Since the clearance of pramipexole dihydrochloride is reduced in patients with renal impairment (see <u>10.3 Pharmacokinetics, Renal Insufficiency</u>), the following dosage recommendation should be considered:

Patients with a creatinine clearance above 50 mL/min require no reduction in daily dose or dosing frequency.

In patients with a creatinine clearance between 30 and 50 mL/min, the initial daily dose of PRAMIPEXOLE should be administered in two divided doses, starting at 0.125 mg twice a day (0.25 mg daily). A maximum daily dose of 2.25 mg pramipexole should not be exceeded.

In patients with a creatinine clearance between 15 and 30 mL/min, the daily dose of PRAMIPEXOLE should be administered in a single dose, starting at 0.125 mg daily. A maximum daily dose of 1.5 mg pramipexole should not be exceeded.

Pramipexole has not been adequately studied in patients with very severe renal impairment (creatinine Cl < 15 mL/min and hemodialysis patients) and its administration to patients with end stage renal disease is not recommended.

If renal function declines during maintenance therapy reduce PRAMIPEXOLE daily dose by same percentage as decline in creatinine clearance, i.e., if creatinine clearance declines by 30%, then reduce PRAMIPEXOLE daily dose by 30%. The daily dose can be administered in two divided doses if creatinine clearance is between 20 and 50 mL/min and as a single daily dose if creatinine clearance is less than 20 mL/min.

### Patients with hepatic impairment

Dose reduction not considered necessary.

## **Restless Legs Syndrome (RLS)**

#### Initial treatment

The recommended starting dose of pramipexole dihydrochloride tablets is 0.125 mg taken once daily 2 - 3 hours before bedtime. For patients requiring additional symptomatic relief, the dose may be increased every 4 - 7 days to reach 0.50 mg per day (as shown in the table below):

#### Table 2: Ascending-Dose Schedule of PRAMIPEXOLE

Titration Step	Once Daily Evening Dose (mg)	
1	0.125	
2*	0.25	
3*	0.50	
5	0.50	

#### \*if needed

Some patients may find optimal relief at 0.75 mg per day, albeit with a higher rate of adverse reactions. Intermediate doses (such as 0.375 mg or 0.625 mg per day) may be used. Prior to treatment, patients should be informed that augmentation may occur (see <u>7 WARNINGS AND PRECAUTIONS</u>, Augmentation and Rebound in Restless Legs Syndrome). Patients should be re-

assessed periodically, and the dose adjusted accordingly.

## Treatment discontinuation

Due to the chronic and fluctuating nature of restless legs syndrome (RLS), continuous treatment may not be necessary. If discontinuation is desirable, tapering in 4 – 7 day intervals is recommended whenever possible. Prior to tapering or discontinuation, patients should be informed about potential withdrawal symptoms and closely monitored thereafter (see <u>7</u> <u>WARNINGS AND PRECAUTIONS, Dopamine Agonist Withdrawal Syndrome, Neuroleptic</u> <u>Malignant Syndrome, and 8.5 Post-market adverse reactions</u>).

In a 26 week placebo controlled clinical trial, rebound of RLS symptoms (worsening of symptom severity as compared to baseline) was observed in 10% of patients (14 out of 135) after abrupt discontinuation of pramipexole. This effect was found to be similar across all doses (0.125 mg to 0.75 mg).

## Dosing in patients with renal impairment

The duration between up titration steps should be increased to 14 days in RLS patients with severe and moderately severe renal impairment (creatinine clearance 20 - 60 mL / min). See (<u>10.3 Pharmacokinetics, Renal Insufficiency</u>).

## Dosing in patients with hepatic impairment

Dose reduction is not considered necessary in patients with hepatic impairment, as approx. 90% of absorbed drug is excreted through the kidneys.

## Dosing in children and adolescents

Health Canada has not authorized an indication for pediatric use (see 1.1 pediatrics)

## 4.4 Administration

#### Parkinson's Disease

PRAMIPEXOLE (pramipexole dihydrochloride monohydrate) should be taken orally, swallowed with water, three times daily. The tablets can be taken with or without food.

## Restless Legs Syndrome (RLS)

The tablets should be taken orally, swallowed with water, and can be taken either with or without food.

#### 4.5 Missed Dose

Patients should be advised that if a dose is missed, they should not take a double dose, but continue with the regular treatment schedule.

#### **5 OVERDOSAGE**

#### Signs and Symptoms

There is no clinical experience with overdosage. The expected adverse events are those related to the pharmacodynamic profile of a dopamine agonist including nausea, vomiting, hyperkinesia, hallucinations, agitation and hypotension.

One patient with a 10-year history of schizophrenia (who participated in a schizophrenia study) took 11 mg/day of pramipexole dihydrochloride monohydrate for two days; this was two to three times the daily dose recommended in the protocol. No adverse events were reported related to the increased dose. The blood pressure remained stable although pulse rates increased to between 100 and 120 beats/minute. The patient withdrew from the study at the end of week 2 due to lack of efficacy.

### **Recommended Management**

There is no known antidote for overdosage of a dopamine agonist. If signs of central nervous system stimulation are present, a phenothiazine or other butyrophenone neuroleptic agent may be indicated; the efficacy of such drugs in reversing the effects of overdosage has not been assessed. Management of the overdose may require general supportive measures along with gastric lavage, intravenous fluids, and electrocardiogram monitoring.

Hemodialysis has not been shown to be helpful.

For management of a suspected drug overdose, contact your regional Poison Control Centre or Health Canada's toll-free number, 1-844 POISON-X (1-844-764-7669).

#### 6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING

#### Table 3 – Dosage Forms, Strengths, Composition and Packaging

Route of Administration	Dosage Form / Strength/Composition	Non-medicinal Ingredients
Oral	Tablets 0.25 mg, 0.5 mg, 1 mg and	Colloidal Silicon dioxide, Corn Starch,
		Magnesium Stearate, Mannitol, and Povidone.

#### 6.1 Physical Characteristics

#### Table 4 – Physical Characteristics

Dosage Form/Strength	Appearance	Packaging
Tablet/0.25 mg	White to off-white, oval, biconcave, beveled edge uncoated tablets, debossed with 'Y' and '42' separated by score line on one side and plain with score line on other side. Each PRAMIPEXOLE 0.25 mg tablet contains 0.25 mg of pramipexole dihydrochloride	HDPE bottles of 100 & 500 tablets.
	monohydrate.	
Tablet/0.5 mg	White to off-white, oval, biconcave, beveled edge uncoated tablets, debossed with 'Y' and '43' separated by score line on one side and plain with score line on other side.	HDPE bottles of 100 & 500 tablets.
	Each PRAMIPEXOLE 0.5 mg tablet contains 0.5 mg of pramipexole dihydrochloride monohydrate.	
Tablet/1 mg	White to off-white, round, flat, beveled edge uncoated tablets, debossed with 'Y' and '45' separated by score line on one side and plain with score line on other side.	HDPE bottles of 100 & 500 tablets.
	Each PRAMIPEXOLE 1 mg tablet contains 1 mg of pramipexole dihydrochloride monohydrate.	
Tablet/1.5 mg	White to off-white, round, flat, beveled edge uncoated tablets, debossed with 'Y' and '46' separated by score line on one side and plain with score line on other side.	HDPE bottles of 100 & 500 tablets.
	Each PRAMIPEXOLE 1.5 mg tablet contains 1.5 mg of pramipexole dihydrochloride monohydrate.	

#### 7 WARNINGS AND PRECAUTIONS

Please see <u>3 SERIOUS WARNINGS AND PRECAUTIONS BOX</u>

#### General

### Fibrotic Complications

Although not reported with pramipexole in the clinical development program, cases of retroperitoneal fibrosis, pulmonary infiltrates, pleural effusion, pleural thickening, pericarditis,

and cardiac valvulopathy have been reported in some patients treated with ergot-derived dopaminergic agents. While these complications may resolve when the drug is discontinued, complete resolution does not always occur.

Although these adverse events are believed to be related to the ergoline structure of these compounds, whether other, non ergot derived dopamine agonists can cause them is unknown.

A small number of reports have been received of possible fibrotic complications, including peritoneal fibrosis, pleural fibrosis, and pulmonary fibrosis, in the postmarketing experience for pramipexole dihydrochloride. While the evidence is not sufficient to establish a causal relationship between pramipexole dihydrochloride and these fibrotic complications, a contribution of pramipexole dihydrochloride cannot be completely ruled out in rare cases.

### **Carcinogenesis and Mutagenesis**

For animal data, see <u>16 NON-CLINICAL TOXICOLOGY</u>

### Cardiovascular

## Postural (orthostatic) Hypotension

In case of severe cardiovascular disease, care should be taken. Dopamine agonists appear to impair the systemic regulation of blood pressure with resulting postural (orthostatic) hypotension, especially during dose escalation. Postural (orthostatic) hypotension has been observed in patients treated with pramipexole dihydrochloride monohydrate. Therefore, patients should be carefully monitored for signs and symptoms of orthostatic hypotension especially during dose escalation (see <u>4 DOSAGE AND ADMINISTRATION</u>) and should be informed of this risk (see <u>PATIENT MEDICATION INFORMATION</u>).

In clinical trials of pramipexole dihydrochloride, however, and despite clear orthostatic effects in normal volunteers, the reported incidence of clinically significant orthostatic hypotension was not greater among those assigned to pramipexole dihydrochloride than among those assigned to placebo. This result is clearly unexpected in light of the previous experience with the risks of dopamine agonist therapy.

While this finding could reflect a unique property of pramipexole dihydrochloride, it might also be explained by the conditions of the study and the nature of the population enrolled in the clinical trials. Patients were very carefully titrated, and patients with active cardiovascular disease or significant orthostatic hypotension at baseline were excluded.

#### Dependence/Tolerance

Pramipexole dihydrochloride has not been systematically studied in animals or humans for its potential for abuse, tolerance, or physical dependence. However, in a rat model on cocaine self-administration, pramipexole dihydrochloride had little or no effect.

#### **Driving and Operating Machinery**

Exercise caution when driving or operating a vehicle or potentially dangerous machinery as somnolence or hallucinations can occur (see <u>3 SERIOUS WARNINGS AND PRECAUTION BOX, 7</u> WARNINGS AND PRECAUTIONS, Hallucinations and psychotic-like behaviour and Neurologic).

#### **Monitoring and Laboratory Tests**

There are no specific laboratory tests recommended for the management of patients receiving PRAMIPEXOLE.

#### Musculoskeletal

#### Rhabdomyolysis

A single case of rhabdomyolysis occurred in a 49-year old male with advanced Parkinson's disease treated with pramipexole dihydrochloride. The patient was hospitalized with an elevated CPK (10.631 IU/L). The symptoms resolved with discontinuation of the medication.

#### Neurologic

#### Augmentation and Rebound in Restless Legs Syndrome

Reports in the literature indicate treatment of Restless Legs Syndrome (RLS) with dopaminergic medications can result in augmentation. Augmentation refers to the earlier onset of symptoms in the evening (or even the afternoon), increased intensity of symptoms, and spread of symptoms to involve other extremities. A paradoxical response to treatment, where an increase in severity of symptoms with increasing dose of medication, can also be observed. Treatment of RLS with dopaminergic medications can result in a worsening of symptoms in the early morning hours, referred to as rebound. Rebound of RLS symptoms has been also observed as end-of-treatment rebound, i.e., worsening of symptoms following treatment cessation to a greater severity compared to baseline (before start of treatment).

Treatment with pramipexole dihydrochloride should be started with the recommended dose of 0.125 mg and may only be increased to reach a dose of 0.5 mg, if additional symptom relief is required. A daily dose of 0.75 mg should not be exceeded (see <u>4.2 Recommended Dose and Dosage Adjustment, Restless Legs Syndrome</u>). Prior to treatment, patients should be informed that augmentation may occur. They should be regularly monitored for the occurrence of augmentation. If augmentation occurs, the adequacy of pramipexole treatment should be reviewed and dosage adjustment or discontinuation considered.

In RLS clinical trials, worsening of the RLS symptoms beyond baseline was reported for 10% of patients following abrupt discontinuation of pramipexole dihydrochloride treatment. The worsening of symptoms was independent of the pramipexole dihydrochloride dosage and generally resolved within one week. Tapering is recommended whenever possible if

discontinuation is necessary (see 8.2 Clinical Trial Adverse Reactions).

# Dopamine Agonist Withdrawal Syndrome (DAWS)

A drug withdrawal syndrome has been reported during tapering or after discontinuation of dopamine agonists including pramipexole. Limited data suggest that patients with impulse control disorders and those receiving high daily dose and/or high cumulative doses of dopamine agonists may be at higher risk for developing DAWS. Withdrawal symptoms do not respond to levodopa, and may include apathy, anxiety, depression, fatigue, sweating, panic attacks, insomnia, irritability and pain. The syndrome has been reported in patients who did or did not develop impulse control disorders during treatment with pramipexole dihydrochloride. Prior to discontinuation, patients should be informed about potential withdrawal symptoms, and closely monitored during tapering and after discontinuation. In case of severe withdrawal symptoms, temporary re-administration of PRAMIPEXOLE at the lowest effective dose to manage these symptoms may be considered (see <u>4.2 Recommended Dose and Dosage</u> Adjustment, discontinuation of treatment).

# Dyskinesia

Pramipexole dihydrochloride may potentiate the dopaminergic side effects of levodopa and may cause or exacerbate pre- existing dyskinesia. Decreasing the dose of levodopa may ameliorate this side effect.

## Dystonia

Patients with Parkinson's disease may present with axial dystonia such as antecollis, camptocormia or pleurothotonus (Pisa Syndrome). Dystonia has occasionally been reported following initiation of dopamine agonists including pramipexole and may also occur several months following medication initiation or adjustment. If dystonia occurs, the dopaminergic medication regimen should be reviewed and an adjustment considered.

## Neuroleptic Malignant Syndrome

A symptom complex resembling the neuroleptic malignant syndrome (characterized by elevated temperature, muscular rigidity, altered consciousness, and autonomic instability), with no other obvious etiology, has been reported in association with rapid dose reduction, withdrawal of, or changes in anti-Parkinsonian therapy, including pramipexole dihydrochloride (see <u>4.2 Recommended Dose and Dosage Adjustment, discontinuation of treatment</u>).

## Ophthalmologic

## Retinal Pathology in Albino Rats

Pathologic changes (degeneration and loss of photoreceptor cells) were observed in the retina of albino rats in the 2-year carcinogenicity study with pramipexole.

The albino rats seem to be more susceptible than pigmented rats to the damaging effect of pramipexole and light. While the potential significance of this effect on humans has not been established, it cannot be excluded that human albinos (or people who suffer from albinismus oculi) might have an increased susceptibility to pramipexole compared to normally pigmented people. Therefore, such patients should take PRAMIPEXOLE only under ophthalmological monitoring (see <u>16 NON- CLINICAL TOXICOLOGY, Retinopathy In Albino Rats</u>).

# Psychiatric

# Impulse Control Disorders and Compulsive Behaviors

Patients and caregivers should be made aware that abnormal behaviour (reflecting symptoms of impulse control disorders and compulsive behaviours) such as pathological gambling, increased libido, hypersexuality, binge eating, or compulsive shopping, and/or other intense urges and the inability to control these urges, have been reported in patients treated with dopaminergic drugs. Because patients may not recognize these behaviours as abnormal, it is important for physicians to specifically ask patients and caregivers to identify new behaviour patterns. Dose reduction/tapered discontinuation should be considered, and be performed by the treating physician in close collaboration with the patient and caregiver, based on the patient's response and potential withdrawal symptoms (see <u>7 WARNINGS AND PRECAUTIONS</u>, <u>Dopamine Agonist Withdrawal Syndrome)</u>.

# Dopamine Dysregulation Syndrome (DDS)

Dopamine dysregulation syndrome (DDS) has been observed in some patients treated with pramipexole dihydrochloride. This is an addictive disorder that leads to the overuse of dopaminergic medicines. Patients and caregivers must be warned of the potential risk of developing DDS before starting treatment.

# Hallucinations and psychotic-like behavior

Hallucinations and confusion are known side effects of treatment with dopamine agonists and levodopa. Hallucinations were more frequent when pramipexole dihydrochloride was given in combination with levodopa in patients with advanced disease than in monotherapy in patients with early disease. Patients should be aware of the fact that hallucinations (mostly visual) and psychotic-like behavior can occur (see <u>8.5 Post-Market Adverse Reactions</u>).

In the double-blind, placebo-controlled trials in early Parkinson's disease, hallucinations were observed in 9% (35 of 388) of patients receiving pramipexole dihydrochloride, compared with 2.6% (6 of 235) of patients receiving placebo. In the double-blind, placebo-controlled trials in advanced Parkinson's disease, where patients received pramipexole dihydrochloride and concomitant levodopa, hallucinations were observed in 16.5% (43 of 260) of patients receiving pramipexole dihydrochloride compared with 3.8% (10 of 264) of patients receiving placebo. Hallucinations were of sufficient severity to cause discontinuation of treatment in 3.1% of the early Parkinson's disease patients and 2.7% of the advanced Parkinson's disease patients

compared with about 0.4% of placebo patients in both populations.

Age appears to increase the risk of hallucinations. In patients with early Parkinson's disease, the risk of hallucinations was 1.9 times and 6.8 times greater in pramipexole dihydrochloride patients than placebo patients <65 years old, and >65 years old, respectively. In patients with advanced Parkinson's disease, the risk of hallucinations was 3.5 times and 5.2 times greater in pramipexole dihydrochloride patients than placebo patients conduct that placebo patients are placebo patients and placebo patients are placebo patients with advanced Parkinson's disease, the risk of hallucinations was 3.5 times and 5.2 times greater in pramipexole dihydrochloride patients than placebo patients <65 years old, and >65 years old, respectively.

Post-marketing reports with medications used to treat Parkinson's disease or RLS, including pramipexole dihydrochloride, indicate that patients may experience new or worsening mental status and behavioral changes, which may be severe, including psychotic-like behavior during treatment with pramipexole dihydrochloride or after starting or increasing the dose of pramipexole dihydrochloride. Other drugs prescribed to improve the symptoms of Parkinson's disease or RLS can have similar effects on thinking and behaviour. This abnormal thinking and behaviour can consist of one or more of a variety of manifestations including paranoid ideation, delusions, hallucinations, confusion, psychotic-like behavior, symptoms of mania (e.g., insomnia, psychomotor agitation), disorientation, aggressive behavior, agitation, and delirium.

Patients with psychotic disorders should be treated with dopamine agonists only if the potential benefits outweigh the risks.

It is not recommended to combine a dopamine antagonist antipsychotic medication with pramipexole unless the potential benefit outweighs the risk. Alternatives as discussed should be considered (see <u>9.4 Drug-Drug Interactions</u>).

In the RLS clinical program, one pramipexole-treated patient (of 889) reported hallucinations; this patient discontinued treatment and the symptoms resolved.

# Suicidality

Patients and caregivers should be made aware of the inherent risk of suicidality in patients with Parkinson's Disease and Restless Legs Syndrome. Such risk may not resolve when disease conditions see improvement.

## Renal

Since pramipexole dihydrochloride monohydrate is eliminated through the kidneys, caution should be exercised when prescribing PRAMIPEXOLE to patients with renal insufficiency (see 4.2 Recommended Dose and Dosage Adjustment, Patients with renal impairment and 10.3 Pharmacokinetics, Renal Insufficiency).

## Reproductive Health: Female and Male Potential Sexual Function/Reproduction

### • Fertility

No studies on the effect of pramipexole dihydrochloride on human fertility have been conducted. In rat fertility studies, pramipexole at a dose of 2.5 mg/kg/day, prolonged the estrus cycle and inhibited implantation. Pramipexole, at a dose of 1.5 mg/kg/day (4.3 times the AUC observed in humans at the maximal recommended clinical dose of 1.5 mg t.i.d.) resulted in a high incidence of total resorption of embryos. These effects were associated with a reduction in serum levels of prolactin, a hormone necessary for implantation and maintenance of early pregnancy in rats, but not in rabbits and humans (see <u>16 NON-CLINICAL TOXICOLOGY</u>).

### Skin

## Melanoma

Epidemiological studies have shown that patients with Parkinson's disease have a higher risk (2to approximately 6-fold higher) of developing melanoma than the general population. Whether the increased risk observed was due to Parkinson's disease or other factors, such as drugs used to treat Parkinson's disease, is unclear.

For the reasons stated above, patients and health-care providers are advised to monitor for melanomas frequently and on a regular basis when using PRAMIPEXOLE for any indication. Ideally, periodic skin examination should be performed by appropriately qualified individuals (e.g., dermatologists).

## 7.1 Special Populations

## 7.1.1 Pregnant Women

There are no studies of pramipexole dihydrochloride in pregnant women. Because animal reproduction studies are not always predictive of human response, PRAMIPEXOLE should be used during pregnancy only if the potential benefit outweighs the potential risk to the fetus.

## 7.1.2 Breast-feeding

It is unknown if pramipexole dihydrochloride is excreted in human milk. Precaution should be exercised because many drugs can be excreted in human milk. Since pramipexole dihydrochloride suppresses lactation, it should not be administered to mothers who wish to breast-feed infants.

A single-dose, radio-labelled study showed that drug-related materials were excreted into the breast milk of lactating rats. Concentrations of radioactivity in milk were three to six times higher than concentrations in plasma at equivalent time points.

## 7.1.3 Pediatrics

**Pediatrics (**≤ **18 years of age):** No data are available to Health Canada; therefore, Health Canada has not authorized an indication for pediatric use.

# 7.1.4 Geriatrics

**Geriatrics (> 65 years of age)**: Pramipexole dihydrochloride total oral clearance was approximately 25 to 30% lower in the elderly (aged 65 years and older) as a result of a decline in pramipexole renal clearance due to an age- related reduction in renal function. This resulted in an increase in elimination half-life from approximately 8.5 hours to 12 hours (see <u>4.2</u>. <u>Recommended Dose and Dosage Adjustment, Patients with Renal Impairment, 10.3</u>. <u>Pharmacokinetics</u>).

In clinical studies, 40.8% (699 of 1715) of patients were between the ages of 65 and 75 years, and 6.5% (112 of 1715) of patients were >75 years old. There were no apparent differences in efficacy or safety between older and younger patients, except that the relative risk of hallucination associated with the use of pramipexole dihydrochloride was increased in the elderly.

# 8 ADVERSE REACTIONS

# 8.1 Adverse Reaction Overview

## Parkinson's Disease

During the premarketing development of pramipexole dihydrochloride monohydrate, patients enrolled in clinical trials had either early or advanced Parkinson's disease. Apart from the severity and duration of their disease, the two populations differed in their use of concomitant levodopa therapy. Namely, patients with early disease did not receive concomitant levodopa therapy during treatment with pramipexole dihydrochloride, while those with advanced Parkinson's disease did.

Because these two populations may have differential risk for various adverse events, adverse event data will be presented for both populations.

All controlled clinical trials performed during premarketing development (except one fixed dose study) used a titration design. Consequently, it was impossible to adequately evaluate the effects of a given dose on the incidence of adverse events.

The most commonly reported adverse reactions in patients with either early or advanced Parkinson's disease more frequent with pramipexole dihydrochloride treatment than with placebo were nausea, dyskinesia, hypotension, dizziness, somnolence, insomnia, constipation, hallucination and confusion (see <u>3 SERIOUS WARNINGS AND PRECAUTION BOX, 7 WARNINGS AND PRECAUTIONS</u>).

### **Restless Legs Syndrome**

The most commonly reported adverse reactions with pramipexole dihydrochloride in patients with Restless Legs Syndrome were nausea and somnolence (see <u>3 SERIOUS WARNINGS AND</u> <u>PRECAUTION BOX</u>).

### 8.2 Clinical Trial Adverse Reactions

Because clinical trials are conducted under very specific conditions, the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.

#### Parkinson's Disease

### Adverse Reactions Leading to Discontinuation of Treatment Early Parkinson's disease

Approximately 12% of 388 patients treated with pramipexole dihydrochloride and 11% of 235 patients treated with placebo discontinued treatment due to adverse events. The events most commonly causing discontinuation of treatment were related to the nervous system, namely hallucinations (3.1% on pramipexole dihydrochloride vs 0.4% on placebo), dizziness (2.1% on pramipexole dihydrochloride vs 1.0% on placebo), somnolence (1.6% on pramipexole dihydrochloride vs 0% on placebo), headache and confusion (1.3% and 1.0%, respectively, on pramipexole dihydrochloride vs 0% on placebo), and to the gastrointestinal system (nausea 2.1% on pramipexole dihydrochloride vs 0.4% on placebo).

#### Advanced Parkinson's disease

Approximately 12% of 260 patients treated with pramipexole dihydrochloride and 16% of 264 patients treated with placebo discontinued treatment due to adverse events. The events most commonly causing discontinuation of treatment were related to the nervous system, namely hallucinations (2.7% on pramipexole dihydrochloride vs 0.4% on placebo), dyskinesia (1.9% on pramipexole dihydrochloride vs 0.8% on placebo), dizziness (1.2% on pramipexole dihydrochloride vs 2.3% on placebo), confusion (1.2% on pramipexole dihydrochloride vs 2.3% on placebo, and to the cardiovascular system (postural [orthostatic] hypotension (2.3% on pramipexole dihydrochloride vs 1.1% on placebo)).

#### Most Frequent Adverse Events

Adverse events occurring with an incidence of greater than, or equal to, 10% and listed in decreasing order of frequency, were as follows:

Early Parkinson's disease: nausea, dizziness, somnolence, insomnia, asthenia and constipation. Advanced Parkinson's disease: postural [orthostatic] hypotension, dyskinesia, insomnia, dizziness, hallucinations, accidental injury, dream abnormalities, constipation and confusion.

# Incidence of Adverse Events in Placebo Controlled Trials

Table 5, lists treatment-emergent adverse events that were reported in the double-blind, placebo- controlled studies by  $\geq 1\%$  of patients treated with pramipexole dihydrochloride and were numerically more frequent than in the placebo group. Adverse events were usually mild or moderate in intensity.

## Table 5- ADVERSE EVENTS FROM PLACEBO-CONTROLLED STUDIES IN EARLY AND ADVANCED PARKINSON'S DISEASE (INCIDENCE OF EVENTS ≥1% IN PATIENTS TREATED WITH PRAMIPEXOLE DIHYDROCHLORIDE AND NUMERICALLY MORE FREQUENT THAN IN PATIENTS TREATED WITH PLACEBO)

	Therapy for Early Parkinson's Disease		Therapy for Advanced Parkinson's Disease	
Body System/Adverse	Pramipexole	Placebo	Pramipexole	Placebo†
Event	dihydrochloride		dihydrochloride†	
	N = 388	%	N = 260	% occurrence
	% occurrence	occurrence	% occurrence	
Body as a Whole				
Asthenia	14	12	10	8
General edema	5	3	4	3
Malaise	2	1	3	2
Reaction unevaluable	2	1	-	-
Fever	1	0	-	-
Chest pain	-	-	3	2
Accidental injury	-	-	17	15
Cardiovascular System	-	-	53	48
Postural hypotension				
Digestive System				
Nausea	28	18	-	-
Constipation	14	6	10	9
Anorexia	4	2	-	-
Dysphagia	2	0	-	-
Dry Mouth	-	-	7	3
Metabolic & Nutritional				
<u>System</u>				
Peripheral edema	5	4	2	1
Decreased weight	2	0	-	-
Increased creatine PK	-	-	1	0

	Therapy for Early Parkinson's Disease		5 Therapy for Advanced Parkinson Disease	
Body System/Adverse Event	Pramipexole dihydrochloride N = 388 % occurrence	Placebo N = 235 % occurrence	Pramipexole dihydrochloride† N = 260 % occurrence	Placebo† N = 264 % occurrence
Musculoskeletal System	-	-	2	
Arthritis	-	-	3	1
Twitching	-	-	2	0
Bursitis	-	-	2	0
Myasthenia			1	0
Nervous System				
Dizziness	25	24	26	25
Somnolence	22	9	9	6
Insomnia	17	12	27	22
Hallucinations	9	3	17	4
Confusion	4	1	10	7
Amnesia	4	2	6	4
Hyperesthesia	3	1	-	-
Dystonia	2	1	8	7
Thinking abnormalities	2	0	3	2
Decreased libido	1	0	-	-
Myoclonus	1	0	-	-
Hypertonia	-	-	7	6
Paranoid reaction	-	-	2	0
Delusions	-	-	1	0
Sleep disorders	-	-	1	0
Dyskinesia	-	-	47	31
Gait abnormalities	-	-	7	5
Dream abnormalities	-	-	11	10
Respiratory System				
Dyspnea	-	-	4	3
Rhinitis	-	-	3	1

	Therapy for Early Parkinson's Disease				
Body System/Adverse Event	Pramipexole dihydrochloride N = 388 % occurrence	Placebo N = 235 % occurrence	Pramipexole dihydrochloride† N = 260 % occurrence	Placebo† N = 264 % occurrence	
Pneumonia	-	-	2	0	
Skin & Appendages					
Skin disorders	-	-	2	1	
Special Senses					
Vision Abnormalities	3	0	3	1	
Accommodation abnormalities	-	-	4	2	
Diplopia	-	-	1	0	
Urogenital System					
Impotence	2	1	-	-	
Urinary frequency	-	-	6	3	
Urinary tract infection	-	-	4	3	
Urinary incontinence	-	-	2	1	

<sup>†</sup>Patients received concomitant levodopa

\*Patients may have reported multiple adverse experiences during the study or at discontinuation, thus, patients may be included in more than one category.

## Other Clinical Trial Adverse Drug Reactions (≥ 1%)

Other events reported by 1% or more of patients treated with pramipexole dihydrochloride but reported equally or more frequently in the placebo group were as follows:

## Early Parkinson's disease

Infection, accidental injury, headache, pain, tremor, back pain, syncope, postural hypotension, hypertonia, diarrhea, rash, ataxia, dry mouth, leg cramps, twitching, pharyngitis, sinusitis, sweating, rhinitis, urinary tract infection, vasodilation, flu syndrome, increased saliva, tooth disease, dyspnea, increased cough, gait abnormalities, urinary frequency, vomiting, allergic reaction, hypertension, pruritis, hypokinesia, increased creatine PK, nervousness, dream abnormalities, chest pain, neck pain, paresthesia, tachycardia, vertigo, voice alteration, conjunctivitis, paralysis, accommodation abnormalities, tinnitus, diplopia, and taste perversions.

#### Advanced Parkinson's Disease

Nausea, pain, infection, headache, depression, tremor, hypokinesia, anorexia, back pain, dyspepsia, flatulence, ataxia, flu syndrome, sinusitis, diarrhea, myalgia, abdominal pain, anxiety,

rash, paresthesia, hypertension, increased saliva, tooth disorder, apathy, hypotension, sweating, vasodilation, vomiting, increased cough, nervousness, pruritus, hyperesthesia, neck pain, syncope, arthralgia, dysphagia, palpitations, pharyngitis, vertigo, leg cramps, conjunctivitis, and lacrimation.

### Adverse Events: Relationship to Age, Gender, and Race

Among the treatment-emergent adverse events in Parkinson's disease patients treated with pramipexole dihydrochloride, hallucinations appeared to exhibit a positive relationship to age. No gender-related differences were observed. Only a small percentage (4%) of patients enrolled were non-Caucasian, therefore, an evaluation of adverse events related to race is not possible.

## **Restless Legs Syndrome**

Pramipexole dihydrochloride tablets for treatment of RLS have been evaluated for safety in 889 patients, including 427 treated for over six months and 75 for over one year. The overall safety assessment focuses on the results of three double-blind, placebo-controlled trials, in which 575 patients with RLS were treated with pramipexole dihydrochloride for 3 – 12 weeks. The most commonly observed adverse events with pramipexole dihydrochloride in the treatment of RLS (observed in > 5% of pramipexole treated patients and at a rate at least twice that observed in placebo-treated patients) were nausea and somnolence. Occurrences of nausea and somnolence in clinical trials were generally mild and transient.

Approximately 7% of 575 patients treated with pramipexole dihydrochloride during the doubleblind periods of three placebo-controlled trials discontinued treatment due to adverse events compared to 5% of 223 patients who received placebo. The adverse event most commonly causing discontinuation of treatment was nausea (1%).

## Table 6: Treatment-Emergent Adverse-Event<sup>\*</sup> Incidence in Double-Blind, Placebo-Controlled Trials in Restless Legs Syndrome (Events ≥ 2% of patients treated with pramipexole dihydrochloride and numerically more frequent than in the placebo group):

Body System/ Adverse Event	Pramipexole dihydrochloride 0.125 – 0.75 mg/day (N=575) %	Placebo (N=223) %		
<b>Gastrointestinal disorders</b>				
Nausea	16	5		
Constipation	4	1		
Diarrhea	3	1		
Dry mouth	3	1		
General disorders and administration site conditions				

Body System/ Adverse Event	Pramipexole dihydrochloride 0.125 – 0.75 mg/day (N=575) %	Placebo (N=223) %			
Fatigue	9	7			
Infections and infestations	Infections and infestations				
Influenza	3	1			
Nervous system disorders					
Headache	16	15			
Somnolence	6	3			

\*Patients may have reported multiple adverse experiences during the study or at discontinuation; thus, patients may be included in more than one category.

In general, the frequency of nausea and fatigue was reduced with continued pramipexole dihydrochloride therapy. Other events reported by 2% or more of RLS patients treated with pramipexole dihydrochloride but equally or more frequently in the placebo group, were: vomiting, nasopharyngitis, back pain, pain in extremity, dizziness, and insomnia.

Table 7 summarizes data for adverse events that appeared to be dose related in the 12-week fixed dose study.

Table 7: Dose Related Adverse Events in a 12-Week Double-Blind, Placebo-Controlled Fixed Dose Study in Restless Legs Syndrome (occurring in ≥5% of all patients in the treatment phase)

Body System/ Adverse Event	Pramipexole dihydrochloride 0.25 mg (N=88) %	Pramipexole dihydrochloride 0.5 mg (N=80) %	Pramipexole dihydrochloride 0.75 mg (N=90) %	Placebo (n= 86) %	
Gastrointestinal d	Gastrointestinal disorders				
Nausea	11.4	18.8	26.7	4.7	
Diarrhea	3.4	1.3	6.7	0	
Dyspepsia	3.4	1.3	4.4	7	
Infections and infe	Infections and infestations				
Influenza	1.1	3.8	6.7	1.2	
General disorders and administration site conditions					
Fatigue	3.4	5.0	6.7	4.7	
Psychiatric disorders					
Insomnia	9.1	8.8	13.3	9.3	

Body System/ Adverse Event	Pramipexole dihydrochloride 0.25 mg (N=88) %	Pramipexole dihydrochloride 0.5 mg (N=80) %	Pramipexole dihydrochloride 0.75 mg (N=90) %	Placebo (n= 86) %
Abnormal dreams	2.3	1.3	7.8	2.3
Respiratory, thoracic and mediastinal disorders				
Nasal congestion	0.0	2.5	5.6	1.2
Musculoskeletal and connective tissue disorders				
Pain in extremity	3.4	2.5	6.7	1.2

#### Adverse Events: Relationship to Age, Gender, and Race

In RLS patients, nausea and fatigue, both generally transient, were more frequently reported by female than male. Less than 4% of patients enrolled were non-Caucasian, therefore, an evaluation of adverse events related to race in not possible.

#### 8.3 Less Common Clinical Trial Adverse Reactions

#### Parkinson's Disease

#### **Other Adverse Events**

During all Phase 2 and 3 Clinical Trials, pramipexole dihydrochloride has been administered to 1,715 subjects during the premarketing development program, 782 of who participated in double-blind, controlled studies. During these trials, all adverse events were recorded by the clinical investigators using terminology of their own choosing. To provide a meaningful estimate of the proportion of individuals having adverse events, similar types of events were grouped into a smaller number of standardized categories using modified COSTART dictionary terminology. These categories are used in the listing below.

The events listed below, within body-system categories in order of decreasing frequency, occurred in less than 1% of the subjects exposed to pramipexole dihydrochloride.

Body as a whole: fever, enlarged abdomen, rigid neck, no drug effect.

*Cardiovascular system*: palpitations, angina pectoris, atrial arrhythmia, peripheral vascular disease.

*Digestive system:* tongue discoloration, GI hemorrhage, fecal incontinence.

Endocrine system: diabetes mellitus.

Hemic & lymphatic system: ecchymosis.

*Metabolic & nutritional system:* gout, blood triglyceride increased.

*Musculoskeletal system*: bursitis, myasthenia.

*Nervous system*: apathy, libido decrease, paranoid reaction, akinesia, coordination abnormalities, speech disorder, hyperkinesia, neuralgia, delirium, mania, aggression.

Respiratory system: voice alteration, asthma, hemoptysis.

*Skin & appendages:* skin disorder, herpes simplex.

Special senses: tinnitus, taste perversion, otitis media, dry eye, ear disorder, hemianopia.

Urogenital system: urinary incontinence, dysuria, prostate disorder, kidney calculus.

In individual patients, hypotension may occur at the beginning of treatment, especially if pramipexole dihydrochloride is titrated too rapidly.

#### **Restless Legs Syndrome**

#### **Other Adverse Events**

During Phase 2 and 3 Clinical Trials, pramipexole dihydrochloride tablets have been administered to 889 individuals in RLS clinical trials. During these trials, all adverse events were recorded by the clinical investigators using terminology of their own choosing; similar types of events were grouped into a smaller number of standardized categories using MedDRA dictionary terminology. These categories are used in the listing below. The events listed below occurred on at least two occasions (on one occasion if the event was serious) within the 889 individuals exposed to pramipexole dihydrochloride. All reported events, except those already listed above, are included, without regard to determination of a causal relationship to pramipexole dihydrochloride.

#### Blood and lymphatic system disorders: anemia.

*Cardiac disorders*: arrhythmia, coronary artery disease, myocardial infarction, myocardial ischemia, palpitations, tachycardia.

Congenital, familial, and genetic disorders: congenital atrial septal defect.

Ear and labyrinth disorders: tinnitus, vertigo.

Endocrine disorders: goiter, hypothyroidism.

*Eye disorders*: conjunctivitis, dry eye, eye irritation, eyelid edema, vision blurred, visual acuity reduced, visual disturbance.

*Gastrointestinal disorders:* abdominal discomfort, abdominal distension, abdominal pain, dyspepsia, enteritis, flatulence, gastroesophageal reflux disease, gastritis, hemorrhoids, inguinal hernia, irritable bowel syndrome, loose stools, toothache, umbilical hernia.

*General disorders and administration site conditions:* alcohol interaction, asthenia, chest pain, peripheral edema, feeling cold, feeling hot, inflammation localized, influenza-like illness, malaise, pain, pitting edema, pyrexia, thirst.

Hepatobiliary disorders: biliary colic, cholecystitis, cholelithiasis.

Immune system disorders: hypersensitivity, seasonal allergy.

*Infections and infestations:* Borrelia infection, bronchitis, cystitis, ear infection, fungal infection, gastroenteritis, herpes simplex, herpes zoster, hordeolum, laryngitis, localized infection, onychomycosis, otitis (externa and media), paronychia, pharyngitis, pneumonia, rhinitis, sinusitis, tonsillitis, tooth infection, urinary tract infection, vaginitis, viral infection.

*Injury, poisoning and procedural complication:* contusion, epicondylitis, failure of implant, fall, foot fracture, fractured sacrum, hip fracture, joint injury, joint sprain, limb injury, muscle strain, open fracture, radius fracture, sunburn, tendon rupture, thermal burn, wound, wrist fracture.

*Investigations:* alanine aminotransferase increased, aspartate aminotransferase increased, blood glucose increased, blood pressure increased, blood triglycerides increased, gammaglutamyltransferase increased, heart rate increased, heart rate irregular, weight decreased, weight increased.

*Metabolism and nutrition disorders:* anorexia, decreased appetite, hypercholesterolemia, hyperlipidemia, hypocalcemia, increased appetite.

*Musculoskeletal and connective tissue disorders*: arthralgia, bursitis, cervical spinal stenosis, intervertebral disc protrusion, intervertebral discitis, joint stiffness, localized osteoarthritis, lumbar spinal stenosis, muscle cramps, musculoskeletal stiffness, neck pain, myalgia, osteoporosis, sensation of heaviness, spinal osteoarthritis, tendonitis, toe deformity.

*Neoplasms benign, malignant and unspecified:* lung cancer metastatic, metastases to lung, ovarian cancer, prostatic adenoma, renal neoplasm, squamous cell carcinoma.

**Nervous system disorders:** balance disorder, carpal tunnel syndrome, cerebral ischemia, cervicobrachial syndrome, disturbance in attention, dizziness postural, dysgeusia, hypoesthesia, memory impairment, migraine, nerve compression, paraesthesia, Restless Legs Syndrome, sciatica, sedation, sinus headache, sudden onset of sleep, syncope, tension headache, transient

ischemic attack, tremor.

**Psychiatric disorders:** abnormal dreams, agitation, anxiety, confusional state, depression, irritability, libido decreased, mood altered, nervousness, nightmare, restlessness, sleep disorder, stress symptoms.

Renal and urinary disorders: nocturia, pollakiuria, polyuria, renal colic.

*Reproductive system and breast disorders:* dysmenorrhea, menopausal symptoms, sexual dysfunction.

**Respiratory, thoracic and mediastinal disorders**: asthma, chronic obstructive airways disease (including exacerbation), cough, dyspnea, exertional dyspnea, epistaxis, nasal congestion, nasal septum deviation, pharyngolaryngeal pain, respiratory tract infection, sinus congestion, snoring.

*Skin and subcutaneous tissue disorders:* acne, eczema, erythema, hyperhidrosis, night sweats, photosensitivity allergic reaction, pruritus, rash, rosacea, seborrheic dermatitis.

Surgical and medical procedures: hysterectomy.

Vascular disorders: flushing, hematoma, hypertension, hypotension, orthostatic hypotension.

## 8.5 Post-Market Adverse Reactions

In addition to the adverse events reported during clinical trials, the following adverse reactions have been identified (essentially in Parkinson's disease patients) during post-approval use of pramipexole dihydrochloride. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

## Sudden Onset of Sleep

Patients treated with pramipexole dihydrochloride have rarely reported suddenly falling asleep while engaged in activities of daily living; including operation of motor vehicles which has sometimes resulted in accidents (see 3 SERIOUS WARNINGS AND PRECAUTIONS BOX).

## Impulse Control Disorders and Compulsive Behaviors

Abnormal behaviour (reflecting symptoms of impulse control disorders and compulsive behaviours), such as pathological (compulsive) gambling, hypersexuality, compulsive spending or buying, compulsive or binge eating, libido disorders, paranoia, and restlessness have been reported. These behavioural changes were generally reversible upon dose reduction or treatment discontinuation (see <u>7 WARNINGS AND PRECAUTIONS, Impulse Control Disorders</u>

#### and Compulsive Behaviors).

#### Dopamine Dysregulation Syndrome

Dopamine Dysregulation Syndrome (DDS) is an addictive disorder that has been observed in some patients treated with pramipexole dihydrochloride. Affected patients show compulsive abuse of dopaminergic drugs when using higher doses than are necessary for adequate control of motor symptoms of Parkinson's disease. In some cases, this can lead to severe dyskinesia (see <u>7 WARNINGS AND PRECAUTIONS, Dopamine Dysregulation Syndrome</u>).

#### Dopamine Agonist Withdrawal Syndrome

A cluster of symptoms, such as anxiety, fatigue, sweating, insomnia, panic attacks, depression, agitation, apathy, irritability, pain and drug craving, have been reported during dose reduction/ tapered discontinuation (see <u>7 WARNINGS AND PRECAUTIONS, Dopamine Agonist Withdrawal Syndrome (DAWS)</u>).

#### **Other Post-Marketing Reports**

As a result of pooled clinical trial data analysis and review of post-marketing experience, hiccups, visual impairment (including diplopia), antecollis, libido disorders (pramipexole may uncommonly be associated with libido disorders (increased or decreased)), Restless Legs Augmentation Syndrome (see <u>7 WARNINGS AND PRECAUTIONS</u>), and spontaneous penile erections have been reported.

Based on post-marketing experience, inappropriate antidiuretic hormone secretion has been reported. One of the diagnostic criteria of inappropriate antidiuretic hormone secretion is hyponatremia. Signs and symptoms of hyponatremia include headache, nausea, malaise, lethargy, difficulty concentrating, memory impairment, confusion, weakness, and unsteadiness, which may lead to falls. More severe and/or acute cases have been associated with hallucination, syncope, seizure, coma, respiratory arrest, and death.

In clinical studies and post-marketing experience, cardiac failure has been reported in patients with pramipexole. In a pharmacoepidemiological study, pramipexole use was associated with an increased risk of cardiac failure compared with non-use of pramipexole. A causal relationship between pramipexole and cardiac failure has not been demonstrated.

#### 9 DRUG INTERACTIONS

#### 9.2 Drug Interactions Overview

Pramipexole is bound to plasma proteins to a very low (< 20%) extent and little biotransformation is seen in humans. Therefore, interactions with other medication affecting plasma protein binding or elimination by biotransformation are unlikely.

The elimination of pramipexole is dependent on renal function. Medication that inhibits the active renal tubular secretion of basic (cationic) drugs or are themselves eliminated by active renal tubular secretion may interact with pramipexole dihydrochloride resulting in reduced clearance of either or both medications. In case of concomitant treatment with these kinds of drugs (incl. amantadine) a dose reduction may be necessary (see <u>4.2 Recommended Dose and Dosage Adjustment, Patients with Renal Impairment, 9.4 Drug-Drug Interactions, Table 8 and 10.3 Pharmacokinetics</u>).

Pramipexole co-administered with inhibitors of cytochrome P450 enzymes are not expected to affect pramipexole elimination because pramipexole is not appreciably metabolized by these enzymes in vivo or in vitro (see <u>9.4 Drug-Drug Interactions, Table 8</u>).

As anticholinergics are mainly eliminated by hepatic metabolism, pharmacokinetic drug-drug interactions with pramipexole are rather unlikely.

Caution needs to be advised when patients are taking other sedating medication or alcohol in combination with PRAMIPEXOLE (see sections <u>9.3 Drug-Behavioral Interactions and 9.4 Drug-Drug Interactions</u>). In addition, co-administration of dopamine-antagonistic antipsychotic medicinal products with pramipexole is not recommended (see <u>7 WARNINGS AND</u> <u>PRECAUTIONS</u>, Hallucinations and Psychotic-like behavior).

When PRAMIPEXOLE is co-administered with some other drugs, dose adjustments may be considered, e.g., for antiparkinsonian drugs.

For more details, please see section <u>9.4 Drug-Drug Interactions</u>.

## 9.3 Drug-Behavioural Interactions

Because of possible additive effects, caution should be advised when patients are taking other sedating medication or alcohol in combination with PRAMIPEXOLE and when taking concomitant medication that increase plasma levels of pramipexole (e.g., cimetidine)(see <u>9.4</u> <u>Drug-Drug Interactions</u>).

## 9.4 Drug-Drug Interactions

The drugs listed in table 8 are based on information collected in clinical studies, interaction case reports, or pharmacological properties of the drug that may be used. See Table 8 below and <u>10.3 Pharmacokinetics</u> for more information.

Pramipexole	Source of	Effect	Clinical comment
Dihydrochloride	Evidence		
Antiparkinsonian d			
Levodopa/carbi dopa	СТ	Pramipexole increases levodopa Cmax by about 40% and reduces Tmax from 2.5 to 0.5 hours. No change in total exposure (AUC) was observed. Levodopa/carbidopa has no effect on the pharmacokinetics of pramipexole in healthy volunteers.	hallucination. Dosage adjustment, even discontinuation, may be necessary. While increasing the dose of pramipexole dihydrochloride in Parkinson's disease patients it is recommended that the dosage of levodopa is reduced and the dosage of other anti- parkinsonian medication is kept
Selegiline	СТ	Selegiline has no effect on the pharmacokinetics of	constant.
Amantadine	СТ	pramipexole in volunteers. Amantadine inhibits the renal cationic transport system. Amantadine might alter the clearance of pramipexole.	Dosage adjustment may be necessary. See below.
Anticholinergics			
Anticholinergics		As anticholinergics are mainly eliminated by hepatic metabolism, pharmacokinetic drug-drug interactions with pramipexole are rather unlikely.	
Other drugs eliminated via renal secretion			
Drugs eliminate via the renal cationic transport system	СТ	These drugs inhibit the renal tubular secretion of organic bases via the cationic	Dosage adjustment should be considered if concomitant treatment is necessary. Dosage reduction is necessary if adverse reactions, such as dyskinesia,

# Table 8 Established or Potential Pharmacokinetic Interactions

Pramipexole	Source of	Effect	Clinical comment
Dihydrochloride	Evidence		
Amantadine		pramipexole to various	agitation, or hallucination, are
		degrees.	observed.
Cimetidine			
Ranitidine			
Diltiazem			
Triamterene			
Verapamil			
Quinidine			
Quinine			
Drugs eliminate	Т	These drugs inhibit the renal	Dosage adjustment is not
via the renal		tubular secretion of organic	necessary.
anionic transport		bases via the anionic	
system		transport system. They are	
-		unlikely to reduce the renal	
Probenecid		clearance of pramipexole.	
Cephalosporins			
Penicillins			
Indomethacin			
Hydrochlorothia			
zide			
Chloropramide			
Interactions medic	ated by CYP iso	penzymes	
Drugs	Т	Inhibitors of CYP isoenzymes	
metabolized by		are not expected to affect the	
CYP isoenzymes		elimination of pramipexole.	
		Pramipexole has no inhibitory	
		action on CYP1A2, CYP2C9,	
		CYP2C19, CYP2E1, and	
		CYP3A4. Inhibition of CYP2D6	
		is observed with an apparent	
		Ki of 30 μM, suggesting that	
		pramipexole dihydrochloride	
		will not inhibit CYP enzymes at	
		plasma concentrations	
		following the highest	
		recommended clinical dose	
		(1.5 mg tid).	

Pramipexole	Source of	Effect	Clinical comment
Dihydrochloride	Evidence		
Dopamine antago	nists		
Neuroleptics,	Т	Pramipexole is a dopamine	Co-administration of dopamine-
e.g.,		agonist. Dopamine	antagonistic antipsychotic
phenothiazines,		antagonists reduce its	medicinal products with
butyrophenones		therapeutic effects.	pramipexole is not
, thioxanthines			recommended <u>, 7 WARNINGS</u>
Metoclopramide			AND PRECAUTIONS)
			Pramipexole can exacerbate
			psychotic symptoms.
Miscellaneous			
Sedating	Т	Possible additive effects.	Because of possible additive
medication or			effects, caution should be
alcohol			advised when patients are taking
			other sedating medication or
			alcohol in combination with
			PRAMIPEXOLE

Legend: C = Case Study; CT = Clinical Trial; T = Theoretical

#### 9.5 Drug-Food Interactions

Interactions with food have not been established.

#### 9.6 Drug-Herb Interactions

Interactions with herbal products have not been established

#### 9.7 Drug-Laboratory Test Interactions

Interactions with laboratory tests have not been established.

#### **10 CLINICAL PHARMACOLOGY**

#### 10.1 Mechanism of Action

Pramipexole dihydrochloride monohydrate is a non ergot dopamine agonist with high in vitro specificity at the D2 subfamily of dopamine receptors. Pramipexole is a full agonist and exhibits higher affinity to the D3 receptor subtypes (which are in prominent distribution within the mesolimbic area) than to D2 or D4 receptor subtypes. While pramipexole dihydrochloride exhibits high affinity for the dopamine D2 receptor subfamily, it has low affinity for  $\alpha 2$  adrenergic receptors and negligible or undetectable affinity for other dopaminergic, adrenergic,

histaminergic, adenosine and benzodiazepine receptors.

The ability of pramipexole to alleviate the signs and symptoms of Parkinson's disease is believed to be related to its ability to stimulate dopamine receptors in the striatum. This assumption is supported by a dose-dependent antagonism of Parkinsonian symptoms in rhesus monkeys pre-treated with the neurotoxin N-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) which destroys dopamine cell bodies in the substantia nigra.

The precise mechanism of action of pramipexole dihydrochloride as a treatment for Restless Legs Syndrome is not known. Although the pathophysiology of Restless Legs Syndrome is largely unknown, neuropharmacological evidence suggests primary dopaminergic system involvement. Positron emission tomographic (PET) studies suggest that a mild striatal presynaptic dopaminergic dysfunction may be involved in the pathogenesis of Restless Legs Syndrome.

In human volunteers a dose-dependent decrease in prolactin was observed.

# 10.2 Pharmacodynamics

# **Receptor binding studies**

Preclinical studies, which compared the relative pharmacological activities and receptor binding affinities (displacement of [3H] spiroperidol) of the pramipexole racemate and its optical isomers, showed the levorotational (-) enantiomer to be more potent.

Studies with cloned human receptors, expressed in cultured Chinese hamster ovary (CHO) cells, indicate that, within the recently discovered D2 receptor subfamily, pramipexole binds with highest affinity to the D3 subtype (Ki=0.5 nM). Pramipexole has approximately a 5- to 10-fold preferential affinity for the D3 receptor when compared to its affinities for the high affinity forms of the D2S, D2L and D4 subtypes (Ki values: 3.3, 3.9 and 5.1 nM, respectively). As is true for other dopamine agonists, exposure of the receptor to a non-hydrolyzable analog of GTP decreases the affinity of pramipexole for the cloned D3 receptor much less than it does for the cloned D2 or D4 subtypes. The small GTP-shift for agonists of the D3 receptor site is an indication of the weak coupling of this receptor to the G-protein second messenger system in CHO cells.

Besides binding to the dopamine-D2 receptor subfamily, pramipexole has a low affinity for  $\alpha 2$  adrenoreceptors and a very low affinity for histamine H2 and serotonin 5-HT1A receptors. Its affinity for other dopaminergic, adrenergic, histaminergic, serotonergic, cholinergic, glutamatergic, adenosine and benzodiazepine receptors is negligible or undetectable.

Receptor binding autoradiography with [3H] pramipexole (5 nM, 62 Ci/mmole) was used to evaluate the distribution of pramipexole binding sites within the rat brain. The highest concentrations of [3H] pramipexole binding sites were found in the Islets of Calleja, previously reported to contain D3, but not D2 or D4 mRNA. [3H]Pramipexole binding was also high in other mesolimbic areas, such as the nucleus accumbens, olfactory tubercle, and amygdala. [3H]Pramipexole binding was also high in caudate, although slightly less than in mesolimbic areas. Striatal areas have higher D2: D3 mRNA ratios than do mesolimbic regions. Fewer [3H] pramipexole binding sites were found in VTA and substantia nigra, areas rich in cell bodies for dopamine neurons. Although it is likely that much of this [3H] pramipexole binding reflects D2 receptors, the relatively high mesolimbic binding could reflect the preferential affinity pramipexole has for the D3 receptor subtype.

# **Animal Studies**

# Antagonism of Reserpine-Induced Akinesia

Reserpine treatment leads to depletion of monoamines, including dopamine. Animals so treated are essentially akinetic, but can be activated by dopamine agonists.

Pramipexole, (30  $\mu$ mole/kg = 9 mg/kg IP) stimulated locomotor activity in reserpinized mice. These data are consistent with a pramipexole-induced stimulation of postsynaptic dopamine receptors in the basal ganglia.

# Antagonism of Haloperidol-Induced Catalepsy

The dopamine receptor antagonist haloperidol induces hypomotility, rigidity, and catalepsy in the rat. The cataleptic behaviour is regard to be highly predictive of neuroleptic-induced Parkinson like extrapyramidal side effects.

In one study, rats were injected with haloperidol, 1 mg/kg. Rats were considered cataleptic if they maintained a position with their forepaws elevated on a 6 to 8 cm high rod for at least 30 seconds two hours after haloperidol. Pramipexole dose-dependently suppressed catalepsy, with an ED50 of 4.4 mg/kg SC.

In a second study, catalepsy, produced by 5  $\mu$ mole/kg SC (= 2 mg/kg) of haloperidol, was scored by measuring the time rats remained with their forepaws on a squared wooden cube. Pramipexole (50  $\mu$ mole/kg = 15.1 mg/kg) readily blocked the catalepsy.

# Rotational Behavior in 6-Hydroxydopamine (6-OHDA) Lesioned Rats

When 6-OHDA is injected unilaterally into the medial forebrain bundle of rats, a selective degeneration of presynaptic dopaminergic neurons occurs; rendering the animals essentially hemi-Parkinsonian. The postsynaptic neurons at the site of the lesion become hypersensitive to dopamine agonists. When dopamine agonists are administered to lesioned rats, a contralateral rotational behaviour can be observed. The number of rotations is evaluated in a rotameter.

In an initial study, pramipexole and, for comparison, apomorphine was tested in doses of 0.01 to 0.1 mg/kg. The D1- and D2-selective dopamine antagonists, SCH 23390 and haloperidol, respectively, were used to determine the subfamily of receptors involved. All compounds were

## administered SC.

Both pramipexole (ED50 0.026 mg/kg, maximum effect 80 to 140 minutes after administration) and apomorphine (ED50 0.030 mg/kg, maximum effect 5 to 65 minutes after administration) induced contralateral turning behaviour in 6-OHDA-lesioned rats. Whereas the effect of apomorphine ceased after 80 minutes, pramipexole was effective throughout the recording period of 2 hours.

Pretreatment with 0.05 mg/kg of haloperidol markedly attenuated the effect of pramipexole (0.05 mg/kg). The very high dose of 2 mg/kg of SCH 23390 also inhibited the effect, albeit to a smaller extent.

A second study confirmed the potent and long-lasting effects of pramipexole in this animal model of Parkinson's disease; maximal effects occurred with a dose of 0.3  $\mu$ moles/kg (= 0.09 mg/kg) SC. Higher doses produced less effect.

# MPTP-Induced Parkinsonian Symptoms in Rhesus Monkeys

MPTP (n-methyl-4-phenyl-1,2,3,6-tetrahydropyridine) is a highly selective neurotoxin which destroys the dopamine cell bodies in the zona compacta of the substantia nigra. The chronic dopamine depletion in the substantia nigra, results in a syndrome which resembles severe Parkinsonism, observed in patients. The effect of MPTP is irreversible. Due to chronic denervation, the postsynaptic dopamine D2 receptors become hypersensitive. A presynaptic action of a compound in the substantia nigra is excluded in this model because the presynaptic neurons have been destroyed.

Pramipexole (0.03 to 0.1 mg/kg IM) dose-dependently reversed the Parkinson-like symptoms in MPTP- treated rhesus monkeys. The dose which antagonized the symptoms in 50% of the animals (ED50) was 0.045 mg/kg IM. A dose of 0.06 mg/kg was effective in all animals. The animals' locomotor activity, recorded with an electronic device mounted on their arm, returned to normal and did not exceed that of monkeys not pretreated with MPTP. Stereotyped movements, abnormal excitation, salivation, or sedation were not observed in the dose range tested. A dose of 0.1 mg/kg IM was effective for more than 5h.

In another study, oral doses of 0.05 to 0.1 mg/kg of pramipexole were evaluated in MPTP treated rhesus monkeys. At a dose of 0.075 mg/kg, the compound completely reversed the Parkinsonian symptoms. The duration of action varied between 5 and 24 hours.

# **10.3 Pharmacokinetics**

# Absorption:

Following oral administration, pramipexole is rapidly absorbed reaching peak concentrations between 1 and 3 hours. The absolute bioavailability of pramipexole is greater than 90%. Pramipexole can be administered with or without food. A high-fat meal did not affect the extent of pramipexole absorption (AUC and Cmax) in healthy volunteers, although the time to maximal plasma concentration (Tmax) was increased by about 1 hour. Pramipexole displays linear pharmacokinetics over the range of doses that are recommended for patients with Parkinson's disease.

### Distribution:

Pramipexole is extensively distributed, having a volume of distribution of about 500 L. Protein binding is less than 20% in plasma; with albumin accounting for most of the protein binding in human serum. Pramipexole distributes into red blood cells as indicated by an erythrocyte to plasma ratio of approximately 2.0 and a blood to plasma ratio of approximately 1.5. Consistent with the large volume of distribution in humans, whole body autoradiography and brain tissue levels in rats indicated that pramipexole was widely distributed throughout the body, including the brain.

### Metabolism and Elimination:

Urinary excretion is the major route of pramipexole elimination. Approximately 88% of a 14Clabelled dose was recovered in the urine and less than 2% in the feces following single intravenous and oral doses in healthy volunteers. The terminal elimination half-life was about 8.5 hours in young volunteers (mean age 30 years) and about 12 hours in elderly volunteers (mean age 70 years). Approximately 90% of the recovered 14C-labelled dose was unchanged drug; with no specific metabolites having been identified in the remaining 10% of the recovered radio-labelled dose. Pramipexole is the levorotational (-) enantiomer, and no measurable chiral inversion or racemization occurs in vivo.

The renal clearance of pramipexole is approximately 400 mL/min, approximately three times higher than the glomerular filtration rate. Thus, pramipexole is secreted by the renal tubules, probably by the organic cation transport system.

#### **Special Populations and Conditions**

Because therapy with pramipexole is initiated at a subtherapeutic dose and gradually titrated according to clinical tolerability to obtain optimal therapeutic effect, adjustment of the initial dose based on gender, weight, or age is not necessary. However, renal insufficiency, which can cause a large decrease in the ability to eliminate pramipexole, may necessitate dosage adjustment.

- **Early vs. advanced Parkinson's disease patients:** The pharmacokinetics of pramipexole was comparable between early and advanced Parkinson's disease patients.
- Healthy Volunteers: In a clinical trial with healthy volunteers, where pramipexole extended release tablets were titrated faster than recommended (every 3 days) up to 4.5 mg per day,

an increase in blood pressure and heart rate was observed. Such effect was not observed in patient studies.

- **Restless Legs Syndrome Patients:** A cross-study comparison of data suggests that the pharmacokinetic profile of pramipexole administered once daily in RLS patients is generally consistent with the pharmacokinetic profile of pramipexole in healthy volunteers.
- **Pediatrics:** The pharmacokinetics of pramipexole in the pediatric population has not been evaluated.
- **Geriatrics:** Renal function declines with age. Since pramipexole clearance is correlated with renal function, the drug's total oral clearance was approximately 25% to 30% lower in elderly (aged 65 years or older) compared with young healthy volunteers (aged less than 40 years). The decline in clearance resulted in an increase in elimination half-life from approximately 8.5 hours in young volunteers (mean age 30 years) to 12 hours in elderly volunteers (mean age 70 years).
- Sex: Pramipexole renal clearance is about 30% lower in women than in men, most of this difference can be accounted for by differences in body weight. The reduced clearance resulted in a 16 to 42% increase in AUC and a 2 to 10% increase in Cmax. The differences remained constant over the age range of 20 to 80 years. The difference in pramipexole half-life between males and females was less than 10%.
- **Ethnic Origin:** A retrospective population pharmacokinetic analysis on data from patients with Parkinson's disease receiving immediate-release pramipexole suggests that oral clearance of pramipexole is 17% higher in black male patients compared to white male patients.
- **Hepatic Insufficiency:** The potential influence of hepatic insufficiency on pramipexole pharmacokinetics has not been evaluated; however, it is considered to be small. Since approximately 90% of the recovered 14C-labelled dose was excreted in the urine as unchanged drug, hepatic impairment would not be expected to have a significant effect on pramipexole elimination.
- Renal Insufficiency: The clearance of pramipexole was about 75% lower in patients with severe renal impairment (creatinine clearance approximately 20 mL/min) and about 60% lower in patients with moderate impairment (creatinine clearance approximately 40 mL/min) compared with healthy volunteers. A lower starting and maintenance dose is recommended in patients with renal impairment (see <u>4.2 Recommended Dose and Dosage Adjustment, Dosing in Patients with Renal Impairment</u>). In patients with varying degrees of renal impairment, pramipexole clearance correlates well with creatinine clearance. Therefore, creatinine clearance can be used as a predictor of the extent of decrease in pramipexole clearance. As pramipexole clearance is reduced even more in dialysis patients (N=7), than in patients with severe renal impairment, the administration of pramipexole to patients with end stage renal disease is not recommended.

# 11 STORAGE, STABILITY AND DISPOSAL

Store at room temperature between 15°C and 30°C.

As with all medications, PRAMIPEXOLE should be kept safely out of reach and sight of children.

# **12 SPECIAL HANDLING INSTRUCTIONS**

Not applicable.

# PART II: SCIENTIFIC INFORMATION

#### **13 PHARMACEUTICAL INFORMATION**

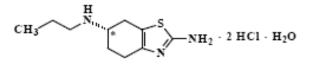
#### Drug Substance:

- Proper name: Pramipexole Dihydrochloride
- Chemical name: (6S)-6-N-propyl-4,5,6,7-tetrahydro-1,3-benzothiazole-2,6-diamine dihydrochloride monohydrate (or)

(S)-2-Amino-4,5,6,7-tetrahydro-6-(propylamino)benzothiazole dihydrochloride monohydrate

Molecular formula and molecular mass: C10H17N3S.2HCl.H2O and 302.27 g/mol

Structural formula:



\* asymmetric centre

# Physicochemical properties:

- Description: Pramipexole dihydrochloride is a white to almost white crystalline powder.
- Solubility: Freely soluble in water, soluble in methanol, slightly soluble in ethanol (96 percent) and practically insoluble in methylene chloride.

pH: 2.8 to 3.4

# **14 CLINICAL TRIALS**

# 14.1 Clinical Trials by Indication

# Parkinson's Disease

# Table 9 - Summary of patient demographics for clinical trials in Parkinson's Disease

		Dosage, route of			
Study #	Study design	administration and duration	Study subjects (n)	Mean age (Range)	Sex
9158-95-025	double-blind,	Pramipexole	Pramipexole	25 yeas of	m&f
	placebo-	dihydrochloride	dihydrochloride	age or older	
	controlled, parallel	, 0.375 mg titrated to	(N = 164)		
	study	a maximally tolerated	placebo (N = 171).		
		dose, but no higher			
		than 4.5 mg/day, oral			
		tablets, 7 Week Dose			
		escalation and 6			
		month maintenance			
TR: 7217-95-037	double-blind,	Pramipexole	n=264		m&f
	placebo- controlled	dihydrochloride (1.5			
	parallel trial	mg, 3.0 mg, 4.5 mg, or	(randomized to 1 of	30 years of	
		6.0 mg per day) or	4 Pramipexole	age or older	
		placebo, a 6-week	dihydrochloride		
		dose escalation	doses or Placebo)		
		period and a 4-week			
		maintenance period.			
248.320	primary	Pramipexole	N = 181 on		m&f
	assessments were	dihydrochloride,0.375	Pramipexole		
	the UPDRS and	mg titrated to a	dihydrochloride,	Mean age	
	daily diaries that	maximally tolerated	N = 179 on placebo	63.3 years	
	quantified	dose, but no higher			
	amounts of "on"	than 4.5 mg/day, oral			
	and "off" times	tablets, 7 Week Dose			
		escalation and 6			
		month maintenance			

# Study demographics and trial design

Up to February 29, 1996, 1715 patients have been exposed to pramipexole dihydrochloride, with 669 patients being exposed for over one year and 222 patients being exposed for over two years.

The effectiveness of pramipexole dihydrochloride in the treatment of Parkinson's disease was evaluated in a multinational drug development program consisting of seven randomized controlled trials. Three were conducted in patients with early Parkinson's disease who were not receiving concomitant levodopa, and four were conducted in patients with advanced Parkinson's disease who were receiving concomitant levodopa. Among these seven studies, three Phase 3 studies provide the most persuasive evidence of pramipexole dihydrochloride effectiveness in the management of patients with Parkinson's disease who were or were not receiving concomitant levodopa. Two of the trials enrolled patients with early Parkinson's disease who were not were receiving levodopa), and one enrolled patients with advanced Parkinson's disease who were receiving to be advanced patients with advanced Parkinson's disease (not receiving levodopa), and one enrolled patients with advanced Parkinson's disease who were receiving maximally tolerated doses of levodopa.

# Study results

In all studies, the Unified Parkinson's Disease Rating Scale (UPDRS), or one or more of its subscales, served as the primary outcome assessment measure.

# Studies in patients with early Parkinson's disease

Patients in the two studies with early Parkinson's disease had mean disease duration of 2 years, limited or no prior exposure to levodopa, and were not experiencing the "on-off" phenomenon and dyskinesia characteristics of later stages of the disease.

# Study Number 9158-95-025

One of the trials was a double-blind, placebo-controlled, parallel study in which patients were randomized to pramipexole dihydrochloride (N = 164) or placebo (N = 171). The trial consisted of a 7-week dose escalation period and a 6-month maintenance period. Patients could be on selegiline and/or anticholinergics but not on levodopa products. Patients treated with pramipexole dihydrochloride had a starting dose of 0.375 mg/day and were titrated to a maximally tolerated dose, but no higher than 4.5 mg/day, administered in three divided doses. At the end of the 6-month maintenance period, the mean improvement from baseline on the UPDRS Part II (activities of daily living [ADL] subscale) score was 1.9 in the pramipexole dihydrochloride group and - 0.4 in the placebo group. The mean improvement from baseline on the UPDRS part III (motor subscale) was 5.0 in the pramipexole dihydrochloride group and -0.8 in the placebo group. Both differences were statistically significant. The mean daily dose of pramipexole dihydrochloride during the maintenance period was 3.8 mg/day.

The difference in mean daily dose between males and females was less than 10%. Patients >75 years (N = 26) received the same mean daily dose as younger patients.

# Study Number: TR: 7217-95-037

The second early Parkinson's disease study was a double-blind, placebo-controlled parallel trial which Study Number evaluated dose-response relationships. It consisted of a 6-week dose escalation period and a 4-week maintenance period. A total of 264 patients were enrolled.

Patients could be on selegiline, anticholinergics, amantadine, or any combination of these, but not on levodopa products. Patients were randomized to 1 of 4 fixed doses of pramipexole dihydrochloride (1.5 mg, 3.0 mg, 4.5 mg, or 6.0 mg per day) or placebo. No dose-response relationship was demonstrated. The between treatment differences on both parts of the UPDRS were statistically significant in favour of pramipexole dihydrochloride at all doses.

In both studies in early Parkinson's disease patients, no differences in effectiveness were detected based upon age or gender. Patients receiving selegiline or anticholinergics had responses similar to patients not receiving these drugs.

To date, results comparing pramipexole dihydrochloride to levodopa are not available.

# Studies in patients with advanced Parkinson's disease

# Study Number: 248.320

In the advanced Parkinson's disease study, the primary assessments were the UPDRS and daily diaries that quantified amounts of "on" and "off" times.

Patients (N = 181 on pramipexole dihydrochloride, N = 179 on placebo) had a mean disease duration of 9 years, had been exposed to levodopa for a mean of 8 years, received concomitant levodopa during the trial and had "on-off" periods. Patients could additionally be on selegiline, anticholinergics, amantadine, or any combination of these. The study consisted of a 7-week dose-escalation period and a 6-month maintenance period. Patients treated with pramipexole dihydrochloride had a starting dose of 0.375 mg/day and were titrated to a maximally tolerated dose but no higher than 4.5 mg/day, administered in three divided doses. At the end of the 6months maintenance period, the mean improvement from baseline on the UPDRS part II (ADL) score was 2.7 in the pramipexole dihydrochloride group and 0.5 in the placebo group. The mean improvement from baseline on the UPDRS part III (motor) score was 5.6 in the pramipexole dihydrochloride group and 2.8 in the placebo group. Both differences were statistically significant. The mean daily dose of pramipexole dihydrochloride during the maintenance period was 3.5 mg/day. The dose of levodopa could be reduced if dyskinesia or hallucinations developed. Levodopa dose reduction occurred in 76% and 54% of pramipexole dihydrochloride and placebo- treated patients, respectively. On average, the percent decrease was 27% in the pramipexole dihydrochloride group and 5% in the placebo group.

In females the mean daily dose was approximately 10% lower than in male patients. Patients aged over 75 years (N = 24) had approximately a 10% lower dose than younger patients.

The mean number of "off" hours per day during baseline was approximately 6 hours for both groups. Throughout the trial, patients treated with pramipexole dihydrochloridehad a mean "off" period of approximately 4 hours, while the duration of "off" periods remained essentially unchanged in the placebo-treated subjects.

No differences in effectiveness were detected based upon age or gender.

# **Restless Legs Syndrome**

Study #	Study design	Dosage, route of administration and	Study subjects (n)	Mean age (Range)	Sex
		duration			
248.543	Fixed dose,	Pramipexole	Enrolled 345	55 years	m&f
	randomized, double-		pramipexole	(range of 18	
	blind, placebo-	tablets (n=254) had a		to 81 years)	
	controlled trials	starting dose of	= 254		
		0.125 mg/day and	analysed		
		were titrated to one			
		of the three	placebo		
		randomized doses	(N = 85 analysed		
		(0.25, 0.50, 0.75			
		mg/day) in the first			
		three weeks of the			
		study, 12 weeks			
		duration			
248.546	randomized-	Pramipexole	Pramipexole	55 years	m&f
	withdrawal study,	dihydrochloride	dihydrochloride	(range of 18	
	double-blind,	Tablets, Oral	(n=78)	to 81 years)	
	placebo- controlled	(0.125mg, 0.25mg,			
	trials	0.5mg or 0.75mg),	placebo (n=69)		
		for 12 weeks			
	randomized, double-	Pramipexole	N=345	55 years	m&f
	blind, placebo-	dihydrochloride	Placebo 115	(range of 18	
248.520	controlled trials	Tablets, Oral	(Analysed 114)	to 81 years)	
		(0.125mg, 0.25mg,	Pramipexole		
	dose of pramipexole		230		
	dihydrochloride to	for 6 Weeks	(Analysed 214)		
	placebo		Placebo		
	randomized,	Pramipexole	Enrolled 141	55 years	m&f
	double-blind,	dihydrochloride		(range of 18	
248.515	placebo- controlled	Tablets,	Pramipexole	to 81 years)	
	trials , comparing 4	Oral (0.125mg,	n=87		
	fixed doses of	0.25mg, 0.5mg or	Placebo n= 22		
	pramipexole	0.75mg), for 3 Weeks			
	dihydrochloride,		20 patients		
	0.125 mg, 0.25		were randomized		
	mg, 0.5 mg, and		to each of the 5		
	0.75 mg, to placebo		dose groups)		

# Table 10 - Summary of patient demographics for clinical trials in Restless Legs Syndrome

The efficacy of pramipexole dihydrochloride tablets in the treatment of Restless Legs Syndrome (RLS) was evaluated in a multinational drug development program consisting of 4 randomized, double-blind, placebo- controlled trials. This program included approximately 1000 patients with moderate to severe RLS; patients with RLS secondary to other conditions (e.g., pregnancy, renal failure, and anaemia) were excluded. All patients were administered pramipexole dihydrochloride tablets (0.125 mg, 0.25 mg, 0.5 mg, or 0.75 mg) or placebo once daily 2-3 hours before going to bed. Across the 4 studies, the mean duration of RLS was 4.6 years (range of 0 to 56 years), mean age was approximately 55 years (range of 18 to 81 years), and approximately 66 % of patients were women.

The two outcome measures used to assess the effect of treatment were the International RLS Rating Scale (IRLS Scale) and a Clinical Global Impression - Improvement (CGI-I) assessment. The IRLS Scale contains 10 items designed to assess the severity of sensory and motor symptoms, sleep disturbance, daytime somnolence, and impact on activities of daily living and mood associated with RLS. The range of scores is 0 to 40, with 0 being absence of RLS symptoms and 40 the most severe symptoms. The CGI-I is designed to assess clinical progress (global improvement) on a 7-point scale.

In Study 248.543 fixed doses of pramipexole dihydrochloride tablets were compared to placebo in a study of 12 weeks duration. A total of 344 patients were randomized equally to the 4 treatment groups. Patients treated with pramipexole dihydrochloride tablets (n=254) had a starting dose of 0.125 mg/day and were titrated to one of the three randomized doses (0.25, 0.50, 0.75 mg/day) in the first three weeks of the study. The mean improvement from baseline on the IRLS Scale total score and the percentage of CGI-I responders for each of the pramipexole dihydrochloride tablets treatment groups compared to placebo are summarized in Table 11.

All treatment groups reached statistically significant superiority compared to placebo for both endpoints. There was no clear evidence of a dose-response across the 3 randomized dose groups.

	Pramipexole	Pramipexole	Pramipexole	Pramipexole	Placebo		
	dihydrochloride	dihydrochloride	dihydrochloride	dihydrochloridet			
	0.25 mg	0.5 mg	0.75 mg	otal			
No. of patients	88	79	87	254	85		
IRLS Score	-13.1	-13.4	-14.4	-13.6	-9.4		
CGI-I	74.7%	68%	72.9%	72%	51.2%		
responders*							

Table 11: Mean changes from baseline to Week 12 IRLS Score and CGI-I

\*CGI-I responders = "much improved" and "very much improved".

Study 248.546 was a randomized-withdrawal study, designed to demonstrate the sustained efficacy of pramipexole for treatment of RLS after a period of six months. RLS patients who responded to pramipexole dihydrochloride (pramipexole dihydrochloride monohydrate) tablets treatment in a preceding 6-month open label treatment phase (defined as having a CGI-I rating

of "very much improved" or "much improved" compared to baseline and an IRLS score of 15 or below) were randomized to receive either continued active treatment (n=78) or placebo (n=69) for 12 weeks. The primary endpoint of this study was time to treatment failure, defined as any worsening on the CGI-I score along with an IRLS Scale total score above 15.

In patients who had responded to 6-month open label treatment with pramipexole dihydrochloride tablets, the administration of placebo led to a rapid decline in their overall conditions and return of their RLS symptoms. At the end of the 12-week observation period, 85% of patients treated with placebo had failed treatment, compared to 21% treated with blinded pramipexole, a difference that was highly statistically significant. The majority of treatment failures occurred within 10 days of randomization. For the patients randomized, the distribution of doses was: 7 on 0.125 mg, 44 on 0.25 mg, 47 on 0.5 mg, and 49 on 0.75 mg.

Study 248.520 was a 6-week study, comparing a flexible dose of pramipexole dihydrochloride to placebo. In this study, 345 patients were randomized in a 2:1 ratio to pramipexole dihydrochloride or placebo. The mean improvement from baseline on the IRLS Scale total score was -12 for pramipexole dihydrochloride treated patients and -6 for placebo-treated patients. The percentage of CGI-I responders was 63% for pramipexole dihydrochloride-treated patients and 32% for placebo- treated patients. The between-group differences were statistically significant for both outcome measures. For the patients randomized to pramipexole dihydrochloride, the distribution of achieved doses was: 35 on 0.125 mg, 51 on 0.25 mg, 65 on 0.5 mg, and 69 on 0.75 mg.

Study 248.515 was a 3-week study, comparing 4 fixed doses of pramipexole dihydrochloride, 0.125 mg, 0.25 mg, 0.5 mg, and 0.75 mg, to placebo. Approximately 20 patients were randomized to each of the 5 dose groups.

The mean improvement from baseline on the IRLS Scale total score and the percentage of CGI-I responders for each of the pramipexole dihydrochloride tablets treatment groups compared to placebo are summarized in Table 12. In this study, the 0.125 mg dose group was not significantly different from placebo. On average, the 0.5 mg dose group performed better than the 0.25 mg dose group, but there was no difference between the 0.5 mg and 0.75 mg dose groups.

-		1		1	1	
	Pramipexole	Pramipexole	Pramipexole	Pramipexole	Pramipexole	Placebo
	dihydrochloride	dihydrochloride	dihydrochloride	dihydrochloride	dihydrochloride	
	0.125 mg	0.25 mg	0.5 mg	0.75 mg	total	
No. of patients	21	22	22	21	86	21
IRLS Score	-11.7	-15.3	-17.6	-15.2	-15.0	-6.2
CGI-I	61.9%	68.2%	86.4%	85.7%	75.6%	42.9%
responders*						

 Table 12: Mean changes from baseline to week 3 in IRLS Score and CGI-I (Study 4)

\*CGI-I responders = "much improved" and "very much improved".

No differences in effectiveness based on age or gender were detected. There were too few non- Caucasian patients to evaluate the effect of race.

# 14.3 Comparative Bio-availability studies

A randomized, two-way, cross-over, single-dose (1 x 0.25 mg) comparative bioavailability study of PRAMIPEXOLE (Sivem Pharmaceuticals ULC) and Mirapex<sup>®</sup> (Boehringer Ingelheim (Canada) Ltd.) was conducted in healthy adult male subjects under fasting conditions. A summary of the comparative bioavailability data from the 27 subjects that were included in the pharmacokinetic and statistical analyses is presented in the following table.

		Pramipexole (1 x 0.25 mg) Geometric Mean Arithmetic Mean (CV	9/)	
Parameter	Test <sup>1</sup>	Reference <sup>2</sup>	% Ratio of Geometric Means	90 % Confidence Interval
AUC⊤ (pg.h/mL)	5315.65 5405.09 (18.9)	4912.01 5012.06 (20.3)	108.2	104.8 - 111.7
AUC <sub>I</sub> (pg.h/mL)	5683.54 5770.47 (17.9)	5308.24 5404.06 (19.1)	107.1	103.9 - 110.4
C <sub>max</sub> (pg/mL)	494.53 510.27 (27.5)	480.66 491.52 (24.4)	102.9	97.0 - 109.1
T <sub>max</sub> <sup>3</sup> (hr)	1.75 (0.50-5.00)	1.25 (0.50-5.00)		
T½ <sup>4</sup> (hr)	6.96 (18.5)	6.89 (17.4)		

# SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA

<sup>1</sup> PRAMIPEXOLE (Pramipexole dihydrochloride monohydrate) tablets,0.25 mg (Sivem Pharmaceuticals ULC).

<sup>2</sup> MIRAPEX (Pramipexole dihydrochloride monohydrate) tablets, 0.25 mg (Boehringer Ingelheim (Canada) Ltd.).

<sup>3</sup> Expressed as the median (range) only.

<sup>4</sup>Expressed as arithmetic mean (%CV) only.

# **16 NON-CLINICAL TOXICOLOGY**

# General Toxicology:

# Acute toxicity

The acute toxicity of pramipexole was studied in mice, rats, and dogs following oral and intravenous single doses. Administration of the pramipexole dose was followed by a 14 day observation period. Comparative lethality data are presented in the table below.

Strain	Initial	Route	Doses	Approximate LD50
	Group		(mg/kg)	(95% Confidence Limits) mg/kg
Studies in the I	Nouse	·		
Chbi:NMRI	5M, 5F	Oral	1400, 2000	M, F: 1700
Chbi:NMRI	5M, 5F	Intravenous	100, 125, 160,	M: 155
			200	F: 188.3 (151.9194.9)
				M, F: 168.8 (150.8 - 195.2)
Chbi:NMRI	5M, 5F	Intravenous	0, 70, 100 (in 20% PEG)	In 20% PEG:
				M: 94.4
				F: 87.9
			100 (in 0.9% saline)	M, F: 90.6
				In 0.9% saline:
				There were no deaths, therefore no
				determination could be made
Studies in the I				
Chbb:THOM	5M, 5F	Oral	100, 200, 200,	M: >800
			400, 560, 800	F: >548.0
				M, F: >809.4
Chbb:THOM	5M, 5F	Intravenous	100, 140, 140,	M, F: 210
			180, 225	
Studies in the l	Dog			
Chbi:Beagle	1M, 1F	Oral	0.001, 0.01,	Not determined
			0.1, 1.0	
Chbi:Beagle	1M, 1F	Intravenous	0.001, 0.003,	Not determined
			0.005, 0.01	

Clinical symptoms following acute dosing in rats and mice included ataxia, convulsions, dyspnea, tachypnea, reduced motility, increased nervousness or hyperactivity. In dogs, oral and intravenous dosing resulted in frequent and prolonged vomiting.

# Long-term toxicity

The effects of long-term administration of pramipexole were evaluated in the rat, minipig, and monkey. Definitive studies have been summarized in Table 14.

# Table 14: SUMMARY OF LONG-TERM TOXICITY STUDIES

Strain	Initial Group	Route	Doses (mg/kg/ day)	Duration (weeks)	Results
Rat Crl: (WI) BR		Oral, gavage (in saline)	0, 0.5, 4, 25	13 weeks, with 8 week post- treatment follow-up for controls, 25 mg/kg group	Unscheduled deaths occurred in 3 F controls, 1M, 1F at 4 mg/kg, 1M, 1F at 25 mg/kg, and in one moribund female at 0.5 mg/kg. The incidence and distribution of the unscheduled deaths was not dose or treatment related. Clinical signs included slight sedation in 0.5 mg/kg males and increased spontaneous activity in all other treated groups. Reduced body weight gain and increased water consumption was noted in males at 4 mg/kg, while the females of this group had increased food consumption, reduced blood cholesterol levels, increased ovarian weight, reduced spleen weight, histologically diagnosed increases in the size of corpora lutea and lipid depletion in the adrenal cortex.
					At 25 mg/kg all changes noted in the 4 mg/kg group occurred. In addition, water consumption was increased in males, with a corresponding increase in urine production. Also noted were a slight, reversible, relative rise in granulocytes with a corresponding decrease in lymphocytes in females (week 13); a decrease in serum cholesterol, triglycerides and phospholipids in both sexes, reduced serum fatty acid levels in males. Females also had reduced thymic weight, and retained uterine fluid was noted.
					There were no oculotoxic changes and no urinalysis changes attributable to treatment. All drug-induced findings were reversed by the end of the 8 week recovery period. The NOEL of pramipexole in rats as defined in this study was 0.5 mg/kg/day.

Strain	Initial Group	Route	Doses (mg/kg/ day)	Duration (weeks)	Results
Rat Chbb:T HOM		Oral, diet	(mg/kg/		There were 6 intercurrent deaths (2 F controls, 2 M at 0.5 mg/kg; 2 M, 1 F at 15 mg/kg) and 2 moribund sacrifices (1M control, 1 M at 15 mg/kg). The three high dose animals died during or after blood sampling. At 0.5 mg/kg, no toxic changes were noted. Pharmacological effects included increased diurnal and nocturnal activity, particularly in females. In females, increased feed intake with reduced body weight gain, slightly reduced serum cholesterol and triglycerides, slightly increased ovarian weight and a relative granulocytosis (neither of which was accompanied by relevant histopathological changes) were recorded. At 3 mg/kg, the same changes were noted, but to a greater degree. Food consumption, reduced body weight gain, slightly reduced triglycerides were also observed in males. In
					females, slight thrombocytopenia and slight elevated serum GPT, GOT, AP, and urea values were recorded. Ovarian weight was significantly increased, reflecting a mild to marked luteal enlargement seen histologically in 18 of 20 animals. In females only, absolute thymic weight was significantly reduced and adrenal weight nonsignificantly increased, without histological changes. Concurrent with a proliferation of the glandular epithelium in females of the mid and high dose groups, a change of the female-like tubuloalveolar morphology of the mammary gland to the typical male-like lobuloalveolar or mixed male/female lobuloalveolar/tubuloalveolar glandular pattern occurred. Secretory activity in the changed glandular pattern was inconspicuous and consistent with the prolactin-inhibiting effects of the compound. These changes are regarded as reflective of a physiological aspect of mammary development attributable to a hormonal imbalance

induced by the prolactin-inhibitory effect of pramipexole combined with the prolonged duration of treatment. Mammary glands of the male rats were unaffected.
At 15 mg/kg, all changes noted in the 3 mg/kg group were noted, to a more pronounced degree. The exception was increased food consumption in males, which remained comparable to controls in the high dose group. Additional observations in the high dose group included a hemorrhagic vaginal discharge, significantly increased adrenal weight in females; significantly decreased liver weight (with no accompanying histological changes) and esophageal dilatation/impaction in 2 of 20 males. Histologically, pyometra was recorded at a higher frequency in the 15 mg/kg/day group. Depletion of adrenocortical lipids and/or birefringent substances was diagnosed in a small number of females at 15 mg/kg.
Chronic pharmacological examination established an increase in spontaneous activity in all treated animals (particularly marked in the 3 and 15 mg/kg groups) as well as an increase in nocturnal activity at 15 mg/kg.
Mean plasma concentrations of pramipexole varied within two orders of magnitude. The dose-dependent increase in plasma concentrations was steeper in males than in females. Plasma levels at weeks 26 and 52 were higher in males than in females at 15 mg/kg/day in spite of the fact that drug- related signs were more marked in females.
The majority of findings were dose-related from 0.5 to 15 mg/kg/day and were consistent with the pharmacological properties of dopamine agonists. Under the conditions of the study, the toxic NOEL was 0.5 mg/kg/day.

Rat	10M, 10F	Intraveno	0, 0.2, 1,	5	There were 7 intercurrent deaths - 3 M, 1 F at
		us	10		0.2 mg/kg; 1 M, 2 F at 10 mg/kg. These deaths
Chbb:T					were not attributed to treatment with
НОМ					pramipexole.
					There were no treatment related differences in
					the incidence of clinical findings,
					ophthalmology, blood parameters, or
					urinalysis.
					Measurement of spontaneous activity at week
					3 showed an increase lasting from 4 to 6 hours
					in low and mid dose animals and from 12 to 15
					hours in high dose rats. Food consumption was
					reduced in rats at 10 mg/kg during the first
					week of the study. Treated animals showed a
					tendency to consume more feed. Water
					consumption was increased at 10 mg/kg.
					Spleen weight was decreased in males,
					reaching statistical significance for absolute and
					relative values only in the 1 mg/kg group.
					Ovarian weight and size were increased and
					thymus weight was decreased in females at 10
					mg/kg. No treatment related histopathological
					changes were observed.
					In females at 10 mg/kg, a slight fall in
					cholesterol levels was noted; in the 10 mg/kg
					males, reduced triglyceride and potassium
					values and a slight rise in chloride levels were
					recorded.
					Based on the results of this study the toxic
					NOEL was approximately 1 mg/kg/day.

Minipig Troll	3M, 3F 6M, 6F in 5 mg/kg	Oral, diet	0, 0.3, 1, 5	13 8 week follow-up	There were no unscheduled deaths during the study. Mild ataxia, tremors, hyperactivity, and piloerection were observed in all treated
	group			observation	groups. Behavioural changes noted 1 hour
					after administration of 0.3 mg/kg or higher
					doses were considered to be a
					pharmacodynamic effect, occurring
					regularly only in the first few weeks of the
					study and lessening after 2 to 4 weeks.
					These signs were not dose dependent.
					A stagnation in body weight gain was noted in
					treated animals up to the 9th week of the
					study. Although the same amount of food was
					consumed by the treated minipigs and the
					controls, body weight gain was clearly reduced.
					It is doubtful that the substance- induced
					hyperactivity and increased motility of the
					animals is a sufficient explanation because the
					recovery group females did not show a clear
					increase in body weight gain with the cessation
					of dosing. The serous atrophy of the fatty tissue
					of the atrioventricular groove and of the fats
					cells in the bone marrow detected at autopsy
					and histopathologically in sows and one male pig is characteristic of animals in a poor
					nutritional state. Apart from a slight increase in
					the reticulocyte count in the animals at 5
					mg/kg, in week 2, no other treatment-related
					or histopathological changes were seen.
					ECGs (weeks 2, 6, 12) revealed a decrease in
					heart rate at 1 and 3 hours after ingestion of
					pramipexole. The rates decreased from
					pretreatment values by 16% to 35% (0.3
					mg/kg), 17% to 32% (1 mg/kg) and 12% to
					33% (5 mg/kg). These changes were considered
					to be a pharmacodynamic effect of the
					compound. Increased locomotion caused by
					pramipexole lasting for several hours was
					observed in all treated groups in weeks 4, 8, 10,
					and 11. Chronic pharmacology examinations
					(blood pressure and heart rate) of the0.3 mg/kg
					supplemental groups (weeks 1, 5, 11) showed a decrease in systolic and diastolic blood
					pressure.
					Under the conditions of this study, a NOEL was
					not established.

A delay in sexual development (i.e., preputial separation and vaginal opening) was observed in rats. The relevance for humans is unknown.

# Retinopathy In Albino Rats

Pathologic changes (degeneration and loss of photoreceptor cells) were observed in the retina of albino rats in the 2-year carcinogenicity study with pramipexole. These findings were first observed during week 76 and were dose-dependant in animals receiving 2 mg/kg/day (25/50 male rats, 10/50 female rats) and 8 mg/kg/day (44/50 male rats, 37/50 female rats). Plasma AUCs at these doses were 2.5 and 12.5 times the AUC seen in humans at the maximal recommended dose of 4.5 mg per day. Similar findings were not present in either control rats, or in rats receiving 0.3 mg/kg/day of pramipexole (0.3 times the AUC seen in humans at the 4.5 mg per day dose).

No retinal degeneration was seen in the two year carcinogenicity study in mice at doses of 0.3, 2, or 10 mg/kg/day, in the one year drug-in-diet rat study at doses of 0.5, 3, or 15 mg/kg/day, or in any other study in any species.

Studies demonstrated that pramipexole at very high dose (25 mg/kg/day) reduced the rate of disk shedding from the photoreceptor rod cells of the retina in albino rats; this reduction was associated with enhanced sensitivity to the damaging effects of light. In a comparative study, degeneration and loss of photoreceptor cells occurred in albino rats after 13 weeks of treatment with 25 mg/kg/day of pramipexole (54 times the highest clinical dose on an mg/m basis) and constant light (100 lux) but not in Brown-Norway rats exposed to the same dose and higher light intensities (500 lux) (see <u>7 WARNINGS AND PRECAUTIONS, Retinal Pathology in Albino Rats</u>).

# Local tolerance

Pramipexole at a single dose of 100 mg or repeated doses of 0.05% to 0.5% for three days was not irritating to rabbit eyes. Doses of 0.00625% to 0.5% administered to rabbits for four weeks caused mild to moderate increased conjunctival secretion and isolated mild reddening. There was no concentration- effect relationship and findings were fully reversible. No treatment-related histopathological changes of dose-related systemic reactions were observed.

Pramipexole at a single dose of 0.5 g applied occlusively and semi-occlusively to the intact skin of male rabbits was not irritating. Repeated doses of 0.1 g applied to the skin of male rabbits under occlusion for 24-hour periods for five consecutive days was not irritating to intact skin but caused mild, reversible irritation to abraded skin.

A 0.1% injectable solution of pramipexole injected paravenously into the jugular vein was conditionally tolerated by rats. Single intravenous injections of pramipexole 0.1% solution into the marginal vein of the ear were tolerated by rabbits. Single intra-arterial injections of pramipexole into the central artery of the ear were tolerated by rabbits.

A skin sensitization (Maximization Test) study in guinea pigs with pramipexole base resulted in a mild sensitizing potential based on sensitization rates of 25% (first challenge) and 20% (rechallenge). A skin sensitization (Modification of Beuhler Test) study in guinea pigs with pramipexole base as a CPA-patch formulation did not reveal any sensitizing potential.

A 0.1% pramipexole solution for injection added to freshly drawn citrated human blood had no hemolytic effect.

# Genotoxicity:

In a standard battery of in vitro and in vivo studies, pramipexole was found to be nonmutagenic and non-clastogenic.

# Carcinogenicity:

Two-year carcinogenicity studies have been conducted with pramipexole in mice and rats. In rats, pramipexole was administered in the diet, at doses of 0.3, 2 and 8 mg/kg/day. The highest dose corresponded to 12.5 times the highest recommended clinical dose (1.5 mg t.i.d.) based on comparative AUC values. No significant increases in tumours occurred.

Testicular Leydig cell adenomas were found in male rats as follows: 13 of 50 control group A males, 9 of 60 control group B males, 17 of 50 males given 0.3 mg/kg/day, 22 of 50 males given 2 mg/kg/day, and 22 of 50 males given 8 mg/kg/day. Leydig cell hyperplasia and increased numbers of adenomas are attributed to pramipexole-induced decreases in serum prolactin levels, causing a down-regulation of Leydig cell luteinizing hormone (LH) receptors and a compensatory elevation of LH secretion by the pituitary gland. The endocrine mechanisms believed to be involved in rats are not relevant to humans.

In mice, pramipexole was administered in the diet, at doses of 0.3, 2 and 10 mg/kg/day. The highest dose corresponded to 11 times the highest recommended clinical dose on an mg/m2 basis. No significant increases in tumours occurred.

Pramipexole was not mutagenic in a battery of in vitro and in vivo assays including the Ames assay and the in vivo mouse micronucleus assay.

# Mouse

Pramipexole was administered to Chbb:NMRI mice, 50/sex/group for two years at drug in-dietdoses of 0.3, 2, or 10 mg/kg/day. Two control groups received only powdered feed.

Plasma concentrations of pramipexole rose with increasing doses in an almost linear, or more steeply than linear, manner. On average, females had higher plasma levels than males.

No distinct, drug-related clinical effects were noted at 0.3 mg/kg/day, although this group had a

tendency to consume less feed than the control groups. In the 2 and 10 mg/kg groups, lower body weights and a tendency for increased food and water consumption were noted. Increased spontaneous activity was noted in females at 2 mg/kg, and in both sexes at 10 mg/kg.

The following non-neoplastic changes were noted: increased incidence of fibro-osseous proliferative lesions in the femurs of treated females, decreased incidence of tubular atrophy in the testes of treated males. Increased hemopoietic activity was noted in the femoral bone marrow of females at 2 and 10 mg/kg.

With the exception of a nonsignificant decrease in hepatocellular adenomas in males in all treated groups, and statistically significant decreases in adrenal cortical adenomas in males at 10 mg/kg and malignant lymphomas in females at 2 and 10 mg/kg, the incidence of neoplastic changes was similar in treated and control animals.

Therefore, under the conditions of the study, no carcinogenic effect of the test compound could be established.

# Rat

Pramipexole was administered to Chbb:THOM rats, 50/sex/group, for two years by drug-in-diet, at doses of 0.3, 2, or 8 mg/kg/day. Two control groups received only vehicle (powdered feed).

Plasma concentrations of pramipexole increased almost proportionally with increasing dose.

The incidence of mortality (unscheduled deaths and sacrifices) was similar in the treated and two control groups.

Increased spontaneous activity was observed in females at 8 mg/kg. A dose-related, slight to marked decrease in body weight gain was observed in all treated groups, particularly in females. Food consumption was slightly decreased in males from all treated groups, but was moderately increased in females at 2 and 8 mg/kg.

An increased incidence of the following non-neoplastic changes was noted: Leydig cell hyperplasia in males at 2 and 8 mg/kg; large, prominent corpora lutea in females at 8 mg/kg; chronic suppurative inflammatory lesions and hemorrhages in the uteri of females at 2 and 8 mg/kg; change in normal glandular pattern in the mammary gland parenchyma in females at 2 and 8 mg/kg; retinal degeneration in males and females at 2 and 8 mg/kg; minimal to slight diffuse hepatocellular fatty change in females at 2 and 8 mg/kg. A treatment-related decrease in the incidence of focal/multifocal medullary hyperplasia of the adrenal gland and cystic changes of the mammary gland were observed in females at 2 and 8 mg/kg. A statistically significant increase in the incidence of Leydig cell adenomas was noted in males at 2 and 8 mg/kg. The following neoplasms were significantly decreased in rats at 2 and 8 mg/kg: mammary gland neoplasia in females, pituitary adenomas in both sexes, total number of primary neoplasms in females. Additionally, a decrease in the incidence of benign adrenal

medullary neoplasms was observed in female rats at 0.3, 2, and 8 mg/kg/day.

In conclusion, under the conditions of this study, apart from slight decreases in body weight gain, no drug-related adverse effects, including hyperplastic/neoplastic lesions, were recorded at the lowest dose of 0.3 mg/kg/day. Therefore, the NOAEL was 0.3 mg/kg/day.

# Reproductive and Developmental Toxicology Fertility and early embryonic development

Pramipexole, at a dose of 2.5 mg/kg/day inhibited implantation. This finding is thought to be due to the prolactin lowering effect of pramipexole. Prolactin is necessary for implantation and maintenance of early pregnancy in rats, but not in rabbits and humans. Because of pregnancy disruption and early embryonic loss, the teratogenic potential of pramipexole could not be assessed adequately. In pregnant rabbits which received doses up to 10 mg/kg/day during organogenesis (plasma AUC 71 times that seen in humans at the 1.5 mg t.i.d. dose), there was no evidence of adverse effects on embryo- fetal development. Postnatal growth was inhibited in the offspring of rats treated with a 0.5 mg/kg/day dose of pramipexole during the latter part of pregnancy and throughout lactation.

Groups of 24 male and 24 female Chbb:THOM rats were administered pramipexole in distilled water at doses of 0 (vehicle), 0.1, 0.5, or 2.5 mg/kg/day. Males were treated for 10 weeks prior to mating and throughout copulation; females were treated 2 weeks prior to mating during the mating period, and during the gestation and lactation periods.

No treatment-related effects were observed in adults in the 0.1 mg/kg/day group. Additionally, no treatment-related effects were observed in the offspring in this group.

Rats in the 0.5 mg/kg/day group (particularly females) showed clinical signs of CNS excitation (agitation and constant running lasting 6 to 7 hours). Food consumption, body weight, mating, and pregnancy parameters were not affected. A dose of 2.5 mg/kg/day caused moderate to severe agitation in adults, associated with temporary retardation of body weight and food consumption. Treatment-related irregularities in the estrous cycle and/or the severe agitation observed over the treatment period in the 2.5 mg/kg/day group may have been connected to the longer mating performance and the high percentage (61%) of females which failed to become pregnant in this group. The high percentage of non-pregnant females may also have been due to an inhibition of prolactin secretion by pramipexole since the maintenance of functional corpora lutea and successful implantation are dependent upon prolactin.

In the 0.5 mg/kg group, litter parameters of the Caesarean-section group were unchanged, but in the spontaneous delivery group pup body weight development was delayed. While it was not possible to evaluate litter parameters for the Caesarean-section group at 2.5 mg/kg (only one dam produced living progeny), the few pups from the 2.5 mg/kg spontaneous delivery group weighed less at birth and had an even smaller weight increase during the rearing than the 0.5 mg/kg group. In both groups, a slight delay in opening of the eyes was observed. Effects observed in pups in the 0.5 and 2.5 mg/kg/day groups were believed to result from maternal toxicity.

Under the conditions of this study, pramipexole produced maternal toxicity at doses of 0.5 mg/kg/day and greater. There was no indication of impaired male fertility. No teratogenic effects were seen. Apart from retarded weight gain and a retardation in the maturation parameter 'opening of the eyes' in the mid- and high-dose pups, the fertility test on the F1 generation showed no impairments. The maximum no-effect dose was 0.1 mg/kg/day.

Due to the lower conception rate in rats administered 2.5 mg/kg/day in the above study; a second Segment I study was conducted. Pramipexole in distilled water was administered to rats at oral doses of 0 (vehicle) or 2.5 mg/kg/day to groups of 24 males at least 9 weeks before mating and during the mating period, and to groups of 24 females at least 2 weeks before mating and during the mating and gestation period as follows: Group 0 (vehicle control): males and females treated with distilled water; Group 1 (positive control): males and females treated with 2.5 mg/kg/day pramipexole; Group 2: males treated with 2.5 mg/kg/day pramipexole, females with distilled water; and Group 3: males treated with distilled water, females with 2.5 mg/kg/day of pramipexole.

Slight toxic effects were noted in treated animals (temporary reduction in body weight gain in males, body weight loss in females at study initiation accompanied by decreased feed intake followed by overcompensation). Both sexes reacted with moderate to severe agitation, which lasted 8 hours or more after administration.

Although treated and untreated couples mated as expected, the number and percentage of pregnant dams were significantly reduced in treated females regardless of whether or not the male partners had been treated. The estrous cycle of about 50% of treated females was prolonged. Light microscopical examination of ovaries from treatment groups 1 and 3 showed an increase in the number of corpora lutea by 75% and 62.5%, respectively. A slight decrease in number of ovarian follicles (showing all stages of folliculogenesis) was noted. A significant (p <0.001) decrease in prolactin levels in all treated males and in eight out of 10 treated females after the administration of 2.5 mg/kg per day was found. The prolonged estrous cycle, the inhibition of nidation, and the increased number of corpora lutea were regarded as a consequence of the marked reduction in prolactin levels. No evidence of embryo-/fetotoxicity or teratogenicity was noted.

Plasma levels taken two hours after the last administration showed concentrations of pramipexole in the range of 93 to 236 ng/mL (females) and 134 ng/mL (males).

In conclusion, under the conditions of this study, the effect of lowered fertility in females was clearly shown to be a consequence of female rather than male treatment with pramipexole.

# Embryofetal development

Groups of 36 female Chbb:THOM rats were administered pramipexole in distilled water at oral doses of 0 (vehicle), 0.1, 0.5 or 1.5 mg/kg/day from days 7 to 16 of gestation. Treatment-related CNS stimulation and a dose-dependent decrease in food intake was

observed at 0.5 and 1.5 mg/kg/day. In the majority of high-dose (1.5 mg/kg/day) dams (approximately 78%), there were early resorptions of the entire litter. All surviving pups developed normally. The embryotoxicity (resorptions) seen in the high-dose group were associated with predominantly pharmacodynamically-induced CNS effects (agitation and increased spontaneous activity) in the dams. Although a dose of 0.5 mg/kg/day also produced CNS symptoms in the dams, it did not cause embryo toxic or fetotoxic effects in the offspring. No teratogenicity was observed up to and including the high dose of 1.5 mg/kg/day.

Under the conditions of this study, the NOAEL for maternal toxicity was 0.1 mg/kg/day, the NOAEL for embryo-fetal toxicity was 0.5 mg/kg/day, and the teratogenic NOAEL was 1.5 mg/kg/day.

Groups of 18 mated female Chbb:HM rabbits were administered pramipexole in distilled water at oral doses of 0 (vehicle), 0.1, 1, or 10 mg/kg/day from day 6 to 18 of gestation. Fetuses were delivered by C- section on day 29.

Reversible excitation and restlessness after 3 to 4 days of treatment were observed at 10 mg/kg/day. Maternal toxicity was observed at 10 mg/kg per day (temporary dose-dependent weight loss or retarded weight gains, one intercurrent death after the third dose of 10 mg/kg probably due to shock- like cardiovascular collapse). Embryo-/fetotoxicity or teratogenicity was not observed.

Under the conditions of this study, the NOAEL for maternal toxicity was 1 mg/kg/day and the embryo-/fetotoxic and teratogenic NOAEL was 10 mg/kg/day.

# Peri-postnatal development

Groups of 24 pregnant Chbb:THOM rats were administered pramipexole in distilled water at oral doses of 0 (vehicle), 0.1, 0.5, or 1.5 mg/kg/day from day 16 of gestation through day 21 of parturition.

The low dose of 0.1 mg/kg/day was well tolerated. Doses of 0.5 and 1.5 mg/kg/day caused considerable agitation and hyperactivity, particularly in lactating rats. Slight maternal toxicity (decreased food consumption) was observed in the 1.5 mg/kg/day dose group. No effects on the duration of pregnancy were observed at any dose.

In the 3-week rearing phase, during which dams in the 0.5 and 1.5 mg/kg/day groups showed signs of great agitation, the body weight increase of pups in those groups was less than that of the controls, perhaps due to insufficient opportunity to suckle. There was no increase in pup mortality, and no fetotoxicity was observed.

The physiological behaviour of the pups during the rearing period and the marginal differences between a few behavioural and developmental parameters in the 0.5 and 1.5 mg/kg/day dose groups, show that despite the great state of excitement in the dams, the vast majority of pups

developed normally. Only body weight, which was less (to a dose-dependent degree) than that of control animals, had not recuperated by the time the offspring reached sexual maturity). While the F1 females were lighter, there was no biologically relevant effect on mating and gestational parameters.

Under the conditions of this study the NOEL for maternal toxicity and fetal development was 0.1 mg/kg/day.

# **17 SUPPORTING PRODUCT MONOGRAPHS**

1. <sup>Pr</sup> MIRAPEX<sup>®</sup> (pramipexole dihydrochloride tablets, 0.125 mg and 0.25 mg), submission control 281270, Product Monograph, Boehringer Ingelheim (Canada) Ltd. (March 20, 2024)

# PATIENT MEDICATION INFORMATION

# READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

# Pr PRAMIPEXOLE

# Pramipexole Dihydrochloride Tablets

Read this carefully before you start taking **PRAMIPEXOLE** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **PRAMIPEXOLE**.

# **Serious Warnings and Precautions**

You may feel sleepy, drowsy, or, rarely, may suddenly fall asleep without warning (i.e., without feeling sleepy or drowsy) when taking PRAMIPEXOLE. When you are taking PRAMIPEXOLE, you should not drive, operate machinery, or take part in activities that require you to be alert. You may put yourself and others at risk for serious injury or death. Falling asleep suddenly without warning has also been reported in patients taking similar medicines to treat Parkinson's disease.

Talk to your healthcare professional **right away** if you:

- feel drowsy or
- suddenly fall asleep

# What is PRAMIPEXOLE used for?

PRAMIPEXOLE is used in adults to treat:

- the signs and symptoms of Parkinson's disease. It may be used alone or with another medicine called levodopa.
- the symptoms of moderate to severe Restless Legs Syndrome.

# How does PRAMIPEXOLE work?

PRAMIPEXOLE belongs to a group of medicines known as dopamine agonists. It is thought to work by stimulating dopamine receptors in the brain. Dopamine is a naturally occurring chemical produced by certain brain cells. It has the role of relaying messages in certain regions of the brain that control muscle movement. Difficulty in movement results when too little dopamine is produced. In many patients, this reduces the symptoms of Parkinson's disease and Restless Legs Syndrome.

# What are the ingredients in PRAMIPEXOLE?

Medicinal ingredient: Pramipexole dihydrochloride monohydrate

Non-medicinal ingredients: Colloidal Silicon dioxide, Corn Starch, Magnesium Stearate, Mannitol and Povidone.

# PRAMIPEXOLE comes in the following dosage forms:

Tablet: 0.25 mg, 0.5 mg, 1 mg and 1.5 mg

#### Do not use PRAMIPEXOLE if:

• you are allergic to pramipexole, or any of the non-medicinal ingredients in PRAMIPEXOLE

# To help avoid side effects and ensure proper use, talk to your healthcare professional before you take PRAMIPEXOLE. Talk about any health conditions or problems you may have, including if you:

- have blood pressure problems;
- have kidney problems;
- have heart or blood vessel problems (cardiovascular disease);
- have albinism (reduced amount of melanin or no melanin at all) or ocular albinism (reduced color in the colored part of the eye and the retina);
- are pregnant, think you might be pregnant or are planning to become pregnant. Your healthcare professional will advise you whether you should take PRAMIPEXOLE while you are pregnant;
- are breast-feeding or plan to breast-feed;
- have any mental health problems;
- are taking levodopa, a medication used to treat the symptoms of Parkinson's disease;
- suffer from muscle twitching or unusual/abnormal movement of the face, arms, legs or other parts of your body (dyskinesia);
- are taking medication to treat mental health problems;
- are 65 years of age or older.

#### Other warnings you should know about:

**Blood pressure:** PRAMIPEXOLE may cause low blood pressure at any time or when you go from sitting or lying down to standing. This may be more likely to happen when your dose is increased. Your healthcare professional should monitor you for signs and symptoms of low blood pressure.

**Augmentation of Restless Legs Syndrome symptoms:** If you are taking PRAMIPEXOLE for Restless Legs Syndrome (RLS), PRAMIPEXOLE may cause augmentation. Augmentation is when

you experience symptoms earlier in the evening (or even in the afternoon), increased intensity of symptoms, and spread of symptoms to other parts of your body. Sometimes augmentation may happen when your dose of PRAMIPEXOLE is increased. Your healthcare professional will monitor you to see if your symptoms become worse. They may change your dose or stop your treatment with PRAMIPEXOLE. Stopping PRAMIPEXOLE can also cause rebound RLS. This means your RLS symptoms can come back in the early morning and be worse than before you started taking pramipexole.

**Reducing your dose of PRAMIPEXOLE or stopping your treatment:** Do NOT suddenly stop taking PRAMIPEXOLE or lower your dose without talking to your healthcare professional first. If you do this, it may cause you to have:

- symptoms resembling Neuroleptic Malignant Syndrome. This is a disorder that causes you to have a fever, muscle stiffness, confusion, altered mental status, unstable blood pressure, and increased heartbeat
- Dopamine Agonist Withdrawal Syndrome (DAWS), a drug withdrawal syndrome. This includes withdrawal symptoms such as apathy, anxiety, depression, fatigue, sweating, panic attacks, insomnia, irritability, and pain

Stopping your treatment must be a gradual process that you discuss with your healthcare professional. Your healthcare professional should monitor you when your dose is reduced or when you stop taking PRAMIPEXOLE.

**Impulse control disorders:** During treatment with PRAMIPEXOLE, impulse control disorders have been observed, which signs and symptoms may include:

- developing urges or cravings to behave in ways that are unusual for you; or
- you are unable to resist the impulse, drive, or temptation to carry out certain activities that could harm yourself or others.

Tell your healthcare professional **right away** if you, your family, or caregiver notices that you are showing signs of impulse control disorders. This can include:

- addictive gambling;
- excessive buying or spending;
- binge eating or compulsive eating; and
- abnormally high sex drive or an increase in sexual activity.

Your healthcare professional may change your dose if you develop an impulse control disorder or signs of one.

**Dopamine Dysregulation Syndrome**: You may feel a craving to take more PRAMIPEXOLE than you are supposed to take. This is called Dopamine Dysregulation Syndrome and can lead to you taking too much PRAMIPEXOLE. If you feel the desire to take more PRAMIPEXOLE than you are supposed to take, talk to your healthcare professional.

# Mental health problems and hallucinations: PRAMIPEXOLE may cause:

• hallucinations (seeing or hearing things that are not there) and confusion. This may be more

likely to happen if you are 65 years of age or older.

- thoughts, feelings, or actions of suicide
- psychotic-like behaviour such as delusions, paranoia, and trouble thinking clearly and logically. Tell your healthcare professional **right away** if you start to develop unusual behaviour, feel depressed or have thoughts of suicide.

**Skin cancer:** People with Parkinson's disease have a higher risk of developing skin cancer (melanoma). Your healthcare professional should monitor you for skin cancer while you are taking PRAMIPEXOLE. Tell your healthcare professional if you have:

- suspicious, undiagnosed changed patches of pigmented skin
- irritated or irregular moles
- moles in which you have noticed changes

**Dystonia:** A movement disorder called dystonia may happen when you first start taking PRAMIPEXOLE, several months after starting PRAMIPEXOLE or when your dose of PRAMIPEXOLE is changed. Tell your healthcare professional if you are unable to keep your body and neck straight and upright or have twisting movements that you cannot control. If this happens your healthcare professional may change your dose of PRAMIPEXOLE.

# Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

# The following may interact with PRAMIPEXOLE:

- levodopa and carbidopa, used to treat Parkinson's disease;
- amantadine, used to treat Parkinson's disease and used to treat viral infections;
- medications used to treat ulcers, such as cimetidine and ranitidine;
- medications used to treat high blood pressure and chest pain, such as diltiazem and verapamil;
- triamterene, used to treat fluid retention in people with heart failure;
- quinidine, used to treat heart rhythm conditions;
- quinine, used to treat malaria;
- antipsychotic medications such as phenothiazines, butyrophenones, thioxanthines and metoclopramide.
- Avoid alcohol or other sedatives while taking PRAMIPEXOLE.

# How to take PRAMIPEXOLE:

- Take PRAMIPEXOLE exactly as your healthcare professional has told you. Talk to your healthcare professional if you are not sure.
- Do NOT stop taking PRAMIPEXOLE, reduce the amount of PRAMIPEXOLE you take or change your dose unless your healthcare professional tells you to.
- Swallow PRAMIPEXOLE with water. It can be taken with or without food.

# Usual dose:

# NOTE: PRAMIPEXOLE is NOT available in 0.125 mg strength.

#### Parkinson's disease

**Usual starting dose:** Your healthcare professional will determine the starting dose that is right for you. The usual starting dose is 0.125 mg three times a day. If you have kidney problems, your healthcare professional may start you at a lower dose.

Depending on your response and tolerance, your healthcare professional will increase your dose to find the right dose for you.

Maximum daily dose: 4.5 mg a day.

#### **Restless Legs Syndrome**

**Usual starting dose:** 0.125 mg once a day taken 2-3 hours before bedtime. Depending on your response and tolerance, your healthcare professional will increase your dose to find the right dose for you.

Maximum daily dose: 0.5 mg a day.

# Overdose:

Signs of an overdose may include:

- nausea
- vomiting
- excessive movement
- hallucinations
- feeling agitated
- low blood pressure

If you think you, or a person you are caring for, have taken too much PRAMIPEXOLE, contact a healthcare professional, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

#### Missed Dose:

If you have missed a dose, skip the missed dose and take the next dose at the usual time. Do not take a double dose to make up for the one you missed.

# What are possible side effects from using PRAMIPEXOLE?

These are not all the possible side effects you may have when taking PRAMIPEXOLE. If you experience any side effects not listed here, tell your healthcare professional.

Side effects include:

- nausea
- constipation
- sleepiness
- dizziness
- unusual dreams
- memory loss
- fatigue
- muscle weakness
- restlessness
- changes in weight
- increased or decreased appetite
- hiccups
- increase in cholesterol
- lung infection (pneumonia)
- headache
- unusually overactive movement (hyperkinesia)
- fainting
- vision problems such as seeing double, blurred vision, reduced vision
- shortness of breath
- vomiting
- swelling of hands, ankles or feet
- diarrhea
- accidental injury
- spontaneous erection of the penis

Serious side effects and what to do about them				
	Talk to your healthcare professional		Stop taking drug	
Symptom / effect			and	
	Only if	In all	get immediate	
	severe	cases	medical help	
VERY COMMON				
Augmentation of Restless Legs				
Syndrome (RLS): symptoms of RLS happen earlier				
in the evening (or even in the afternoon),		$\checkmark$		
increased intensity of symptoms, and spread of				
symptoms to other parts of the body				

Serious side effects and what to do about them					
	Talk to your	healthcare	Stop taking drug		
Symptom / effect	Symptom / effect professional		and		
	Only if	In all	get immediate		
	severe	cases	medical help		
Dyskinesia (difficulty performing voluntary					
movements): muscle twitching or unusual		$\checkmark$			
/abnormal movement of the face or tongue or					
other parts of your body					
СОММОЛ					
Hallucinations (seeing or hearing things that are		$\checkmark$			
not there) and confusion					
Hypotension (low blood pressure): dizziness,					
fainting, light- headedness, blurred vision, nausea,		$\checkmark$			
vomiting, fatigue (may occur when you go from					
lying or sitting to standing up)					
Insomnia (Difficulty falling asleep)		$\checkmark$			
RARE					
Allergic Reaction: difficulty swallowing or					
breathing, wheezing, feeling sick to your stomach					
and throwing up, itchy swellings on the skin, hives			$\checkmark$		
or rash, intense itching, swelling of the face, lips,					
tongue or throat					
Excessive sleepiness or falling asleep without		$\checkmark$			
warning while doing normal activities					
Heart failure (heart does not pump blood as well					
as it should): shortness of breath, fatigue, and					
weakness, swelling in ankles, legs and feet, cough,					
fluid retention, lack of appetite, nausea, rapid or			$\checkmark$		
irregular heartbeat, reduced ability to exercise					
Impulse control disorder (urges and behaviours					
that are unusual): addictive gambling, addiction to					
other medicines, excessive buying or spending,		$\checkmark$			
binge eating or compulsive eating, or abnormally					
high sex drive or an increase in sexual activity					
Mental health problems: false beliefs (delusion),					
paranoia, extreme changes in mood or emotions					
(mania), anxiety, delirium, depression, irritability,		$\checkmark$			
reduced sex drive, altered mood, nervousness,					
restlessness, thoughts of death or suicide					

Serious side effects and what to do about them					
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical		
	Only if	In all	help		
	severe	cases			
UNKNOWN FREQUENCY					
Dopamine Agonist Withdrawal Syndrome		$\checkmark$			
(DAWS): depression, apathy, anxiety,					
fatigue, sweating, panic attacks, insomnia,					
irritability or pain may occur after stopping					
or reducing dose					

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

# **Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting

   (<u>https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html</u>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

**NOTE:** Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice

# Storage:

- Store at room temperature between 15°C and 30°C.
- Keep out of reach and sight of children.

# If you want more information about PRAMIPEXOLE:

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (<u>https://www.canada.ca/en/health-canada/services/drugs-health-products/drugproducts/drug-product-database.html</u>); the manufacturer's website (www.sivem.ca) or by calling 1 855-788-3153.

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