

## **PRODUCT MONOGRAPH**

### **<sup>Pr</sup>LEVOCARNITINE INJECTION**

Levocarnitine Injection

Solution, 1 g / 5 mL (200 mg / mL), Intravenous

House Std.

Amino Acids and Derivatives

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# LEVOCARNITINE INJECTION

## PART I: HEALTH PROFESSIONAL INFORMATION

### SUMMARY PRODUCT INFORMATION

Route of Administration	Dosage Form / Strength	Clinically Relevant Nonmedicinal Ingredients
Intravenous	Injection 1 g / 5 mL (200 mg / mL)	Hydrochloric acid <i>For a complete listing see Dosage Forms, Composition and Packaging section.</i>

### INDICATIONS AND CLINICAL USE

LEVOCARNITINE INJECTION (levocarnitine) is indicated for:

- Treatment of primary systemic carnitine deficiency
- Acute and chronic treatment of patients with an inborn error of metabolism which results in a secondary carnitine deficiency, and
- Prevention and treatment of carnitine deficiency in patients with end stage renal disease (ESRD) who are undergoing dialysis

In some patients, particularly those presenting with cardiomyopathy, carnitine supplementation rapidly alleviated signs and symptoms. Treatment should include, in addition to carnitine, supportive and other therapy as indicated by the condition of the patient.

#### **Geriatrics (> 65 years of age):**

Limited data are available therefore LEVOCARNITINE INJECTION should be used with caution in these patients.

#### **Pediatrics (<18 years of age):**

The evaluation of carnitine in primary and secondary carnitine deficiency included pediatric patients.

### CONTRAINDICATIONS

Patients who are hypersensitive to this drug or to any ingredient in the formulation. For a complete listing, see the DOSAGE FORMS, COMPOSITION AND PACKAGING section of the product monograph.

### WARNINGS AND PRECAUTIONS

#### **General**

Serious hypersensitivity reactions, including anaphylaxis, laryngeal edema, and bronchospasm have been reported following levocarnitine injection, mostly in patients with end stage renal disease who are undergoing dialysis. Some reactions occurred within minutes after intravenous administration of levocarnitine. Serious hypersensitivity reactions, including rash, urticaria, and facial edema have also been reported with oral levocarnitine.

If a severe hypersensitivity reaction occurs, discontinue Levocarnitine Injection treatment and initiate appropriate medical treatment. Consider the risks and benefits of re-administering Levocarnitine Injection to individual patients following a severe reaction. If the decision is made to re-administer the product, monitor patients for a reoccurrence of signs and symptoms of a severe hypersensitivity reaction.

### **Carcinogenesis and Mutagenesis**

No human data are available. See TOXICOLOGY section.

### **Gastrointestinal**

Rapid consumption of levocarnitine may result in gastrointestinal reactions.

### **Renal**

In ESRD patients on hemodialysis, only the intravenous form of levocarnitine is indicated for use.

### **Special Populations**

#### **Pregnant Women:**

Reproductive studies have been performed in rats and rabbits at doses up to 3.8 times the human dose on the basis of surface area and have revealed no evidence of impaired fertility or harm to the fetus due to levocarnitine. There are, however, no adequate and well controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed.

#### **Nursing Women:**

Levocarnitine has not been studied in lactating women. Levocarnitine should only be used by nursing mothers if benefit to the mother outweighs any potential risks to the child from excess carnitine exposure. Studies in dairy cows indicate that the concentration of levocarnitine in milk is increased following exogenous administration of levocarnitine. In nursing mothers receiving levocarnitine, any risks to the child of excess carnitine intake need to be weighed against the benefits of levocarnitine supplementation to the mother. Consideration may be given to discontinuation of nursing or of levocarnitine treatment.

#### **Geriatrics (> 65 years of age):**

Limited data are available therefore Levocarnitine Injection should be used with caution in these patients.

**Pediatrics (<18 years of age):**

The evaluation of carnitine in primary and secondary carnitine deficiency included pediatric patients. Evidence from clinical studies and experience suggests that use in the pediatric population is not associated with differences in safety or efficacy.

**Monitoring and Laboratory Tests**

**Reports of International Normalised Ratio (INR):** INR levels should be monitored in patients treated concomitantly with levocarnitine and anticoagulant drugs<sup>1, 6</sup>.

**LEVOCARNITINE INJECTION:** It is recommended that a plasma carnitine concentration be obtained prior to beginning parenteral therapy for metabolic disorders and in some patients, weekly and monthly monitoring is recommended. This monitoring should include blood chemistries, vital signs, plasma carnitine concentrations (the plasma free carnitine concentration should be between 35 and 60 micromoles / liter at baseline) and overall clinical condition.

**ADVERSE REACTIONS****Adverse Drug Reaction Overview**

Mild myasthenia has been described only in uremic patients receiving D,L-carnitine.

Transient nausea and vomiting have been observed. Less frequent adverse reactions are body odor, nausea, and gastritis. An incidence for these reactions is difficult to estimate due to the confounding effects of the underlying pathology.

Seizures have been reported to occur in patients with or without pre-existing seizure activity, receiving intravenous levocarnitine. In patients with pre-existing seizure activity, an increase in seizure frequency and/or severity has been reported.

**Clinical Trial Adverse Drug Reactions**

*Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.*

The table below lists the adverse events that have been reported in two double-blind, placebo-controlled trials in patients on chronic hemodialysis. Events occurring at  $\geq 5\%$  are reported without regard to causality.

<b>Table 1 % of Patients With Adverse Events Occurring at a Frequency <math>\geq</math>5% Regardless of Causality by Body System</b>					
	<b>Placebo (n=63)</b>	<b>Levocarnitine 10 mg (n=34)</b>	<b>Levocarnitine 20 mg (n=62)</b>	<b>Levocarnitine 40 mg (n=34)</b>	<b>Levocarnitine 10, 20, 40 mg (n=130)</b>
<b>Body as Whole</b>					
Abdominal pain	17	21	5	6	9
Accidental injury	10	12	8	12	10
Allergic reaction	5	6	-	-	2
Asthenia	8	9	8	12	9
Back pain	10	9	8	6	8
Chest pain	14	6	15	12	12
Fever	5	6	5	12	7
Flu syndrome	40	15	27	29	25
Headache	16	12	37	3	22
Infection	17	15	10	24	15
Injection site reaction	59	38	27	38	33
Pain	49	21	32	35	30
<b>Cardiovascular</b>					
Arrhythmia	5	3	-	3	2
Atrial fibrillation	-	-	2	6	2
Cardiovascular disorder	6	3	5	6	5
Electrocardiogram abnormal	-	3	-	6	2
Hemorrhage	6	9	2	3	4
Hypertension	14	18	21	21	20
Hypotension	19	15	19	3	14
Palpitations	-	3	8	-	5
Tachycardia	5	6	5	9	6
Vascular disorder	2	-	2	6	2
<b>Digestive</b>					
Anorexia	3	3	5	6	5
Constipation	6	3	3	3	3
Diarrhea	19	9	10	35	16
Dyspepsia	10	9	6	-	5
Gastrointestinal disorder	2	3	-	6	2
Melena	3	6	-	-	2
Nausea	10	9	5	12	8
Stomach atony	5	-	-	-	-
Vomiting	16	9	16	21	15
<b>Endocrine System</b>					
Parathyroid disorder	2	6	2	6	4

<b>Table 1 % of Patients With Adverse Events Occurring at a Frequency <math>\geq</math>5% Regardless of Causality by Body System</b>					
	<b>Placebo (n=63)</b>	<b>Levocarnitine 10 mg (n=34)</b>	<b>Levocarnitine 20 mg (n=62)</b>	<b>Levocarnitine 40 mg (n=34)</b>	<b>Levocarnitine 10, 20, 40 mg (n=130)</b>
<b>Hemic/Lymphatic</b>					
Anemia	3	3	5	12	6
<b>Metabolic/Nutritional</b>					
Hypercalcemia	3	15	8	6	9
Hyperkalemia	6	6	6	6	6
Hypervolemia	17	3	3	12	5
Peripheral edema	3	6	5	3	5
Weight decrease	3	3	8	3	5
Weight increase	2	3	-	6	2
<b>Musculo-Skeletal</b>					
Leg cramps	13	-	8	-	4
Myalgia	6	-	-	-	-
<b>Nervous</b>					
Anxiety	5	-	2	-	1
Depression	3	6	5	6	5
Dizziness	11	18	10	15	13
Drug dependence	2	6	-	-	2
Hypertonia	5	3	-	-	1
Insomnia	6	3	6	-	4
Paresthesia	3	3	3	12	5
Vertigo	-	6	-	-	2
<b>Respiratory</b>					
Bronchitis	-	-	5	3	3
Cough increase	16	-	10	18	9
Dyspnea	19	3	11	3	7
Pharyngitis	33	24	27	15	23
Respiratory disorder	5	-	-	-	-
Rhinitis	10	6	11	6	9
Sinusitis	5	-	2	3	2
<b>Skin and Appendages</b>					
Pruritus	13	-	8	3	5
Rash	3	-	5	3	3
<b>Special Senses</b>					
Amblyopia	2	-	6	-	3
Eye disorder	3	6	3	-	3
Taste perversion	-	-	2	9	3
<b>Urogenital</b>					
Urinary tract infect	6	3	3	-	2

<b>Table 1 % of Patients With Adverse Events Occurring at a Frequency <math>\geq</math>5% Regardless of Causality by Body System</b>					
	<b>Placebo (n=63)</b>	<b>Levocarnitine 10 mg (n=34)</b>	<b>Levocarnitine 20 mg (n=62)</b>	<b>Levocarnitine 40 mg (n=34)</b>	<b>Levocarnitine 10, 20, 40 mg (n=130)</b>
Kidney failure	5	6	6	6	6

### **Less Common Clinical Trial Adverse Drug Events (<5%)**

Listed below are adverse events categorized by body system that have been reported in two double-blind, placebo-controlled trials in patients on chronic hemodialysis occurring <5% without regard to causality.

- Body as Whole:** body odor, chills, cyst, face edema, neck pain, neoplasm, tuberculosis reactivated
- Cardiovascular:** aortic stenosis, AV block First Degree, AV block Second Degree, coronary artery disorder, heart arrest, inverted T wave, postural hypotension, supraventricular tachycardia, vascular anomaly, vasodilation
- Digestive:** cholelithiasis, colitis, dry mouth, duodenitis, flatulence, gastritis, gastroenteritis, gingivitis, hematemesis, hepatitis, ileus, liver function tests abnormal, nausea and vomiting, peptic ulcer, periodontitis (pyorrhea), tooth caries, tooth disorder, tongue discoloration, ulcerative colitis
- Hemic/Lymphatic:** coagulation disorder, ecchymosis, erythrocytes abnormal, hypochromic anemia, leukopenia, thrombocytopenia
- Metabolic/Nutritional:** avitaminosis, edema, hyperphosphatemia, hypocalcemia, hypoglycemia, acidosis
- Musculo-Skeletal:** arthralgia, arthritis, bursitis, generalized spasm, myopathy, osteoporosis, pathological fracture (bone fracture spontaneous), tendon disorder, tenosynovitis
- Nervous:** abnormal gait, agitation, amnesia, convulsions, diplopia, hallucinations, hypotonia, peripheral neuritis
- Respiratory:** asthma, atelectasis, epistaxis, hemoptysis, hiccup, lung disorder, lung edema, pleural effusion, pneumonia
- Skin and Appendages:** acne, dry skin, skin carcinoma, skin disorder, skin ulcer, sweat, urticarial, vesiculobullous rash
- Special Senses:** conjunctivitis, ear disorder, ear pain, eye pain, glaucoma, eye hemorrhage, keratoconjunctivitis tinnitus

**Urogenital:** dyspareunia, endometrial disorder, female lactation, urinary tract disorder, urinary urgency, vaginal hemorrhage, vaginal moniliasis

### **Abnormal Hematologic and Clinical Chemistry Findings**

Anemia, hypercalcemia, and hyperkalemia were seen in the two double-blind, placebo-controlled trials conducted in patients on chronic hemodialysis (see Table 1).

### **Post-Market Adverse Drug Reactions**

Additional reports of serious adverse events temporally associated with levocarnitine during worldwide post-marketing experience are included below. Because these events are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or clearly establish a causal relationship to levocarnitine exposure.

**Body as Whole:** anaphylaxis

**Dermatological:** toxic epidermal necrolysis

**Gastro-intestinal:** cholecystitis

**Hematologic:** necrotic granuloma formation, INR increase, vitamin K deficiency, prothrombin level abnormal

**Infection:** sepsis

**Metabolic:** hypoglycemia

**Musculoskeletal:** rhabdomyolysis

**Nervous system:** psychosis, seizures

**Respiratory:** bronchospasm, laryngeal edema

## **DRUG INTERACTIONS**

### **Drug-Drug Interactions**

*Anticoagulants:* There is evidence that co-administration of anticoagulant drugs such as acenocoumarol or warfarin with levocarnitine may lead to increase the INR. INR levels of patients taking LEVOCARNITINE INJECTION with concomitant anticoagulant drugs should be monitored appropriately and treatment should be revised. The mechanism of action of this drug interaction is unknown. (see WARNINGS AND PRECAUTIONS section).

### **Drug-Food Interactions**

Interactions with food have not been established.

### **Drug-Herb Interactions**

Interactions with herbal products have not been established.

### **Drug-Laboratory Interactions**

Interactions with laboratory tests have not been established.

## **DOSAGE AND ADMINISTRATION**

### **Dosing Considerations**

- Metabolic Disorders: Often a loading dose is given in patients with severe metabolic crisis, followed by an equivalent dose over the following 24 hours.
- ESRD Patients on Hemodialysis: It is recommended that therapy begin after being on hemodialysis for a period of six months.

### **Recommended Dose and Dosage Adjustment**

Metabolic Disorders:

LEVOCARNITINE INJECTION is administered intravenously. The recommended dose is 50 mg / kg given as a slow 2-3 minute bolus injection or by infusion. Often a loading dose is given in patients with severe metabolic crisis, followed by an equivalent dose over the following 24 hours. It should be administered q3h or q4h, and never less than q6h either by infusion or by intravenous injection. All subsequent daily doses are recommended to be in the range of 50 mg / kg or as therapy may require. The highest dose administered has been 300 mg / kg. It is recommended that a plasma carnitine concentration be obtained prior to beginning this parenteral therapy, followed by weekly and monthly monitoring.

ESRD Patients on Hemodialysis:

The recommended dose is 20 mg / kg dry body weight as a slow 2 – 3 minute bolus injection into the venous return line after each dialysis session. It is recommended that therapy begin after being on hemodialysis for a period of six months. Post-dialysis levocarnitine plasma levels approach physiological levels after approximately two months of therapy at 20 mg / kg. After two months of therapy and based on clinical assessment, the dose may be adjusted to 5 mg / kg after each dialysis session.

**Geriatrics (>65 years of age):**

Limited data are available therefore LEVOCARNITINE INJECTION should be used with caution in these patients.

**Pediatrics (<18 years of age):**

No dosage adjustments are required in this patient population.

**Missed Dose**

If a dose of this medication has been missed, it should be taken as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to the regular dosing schedule.

**Administration**

**For intravenous use only.** LEVOCARNITINE INJECTION is compatible and stable when mixed in parenteral solutions of Sodium Chloride 0.9% or Lactated Ringer's in concentrations ranging from 250 mg / 500 mL (0.5 mg / mL) to 4000 mg / 500 mL (8.0 mg / mL) and stored at room temperature (25 °C) for up to 24 hours in polyvinyl chloride (PVC) plastic bags.

*Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration, whenever solution and container permit.*

**OVERDOSAGE**

No toxicity has been reported. Levocarnitine is easily removed from plasma by dialysis. Overdosage should be treated with supportive care.

For the most recent information in the management of a suspected drug overdose, contact your regional poison control centre or Health Canada's toll-free number, 1-844 POISON-X (1-844-764-7669).

## **ACTION AND CLINICAL PHARMACOLOGY**

### **Mechanism of Action**

Levocarnitine is a naturally occurring substance required in mammalian energy metabolism. It has been shown to facilitate long-chain fatty acid entry into cellular mitochondria, thereby delivering substrate for oxidation and subsequent energy production. Fatty acids are utilized as an energy substrate in all tissues except the brain. In skeletal and cardiac muscle, fatty acids are the main substrate for energy production.

### **Pharmacodynamics**

Primary systemic carnitine deficiency is characterized by low concentrations of levocarnitine in plasma, red blood cell (RBC), and/or tissues. It has not been possible to determine which symptoms are due to carnitine deficiency and which are due to an underlying organic acidemia, as symptoms of both abnormalities may be expected to improve with levocarnitine. The literature reports that carnitine can promote the excretion of excess organic or fatty acids in patients with defects in fatty acid metabolism and/or specific organic acidopathies that bioaccumulate Acyl-coenzyme A (acylCoA) esters.<sup>2,3,4,5,8,9</sup>

Secondary carnitine deficiency can be a consequence of inborn errors of metabolism or iatrogenic factors such as hemodialysis. Levocarnitine may alleviate the metabolic abnormalities of patients with inborn errors that result in accumulation of toxic organic acids. Conditions for which this effect has been demonstrated are: glutaric aciduria II, methyl malonic aciduria, propionic acidemia, and medium chain fatty acylCoA dehydrogenase deficiency.<sup>11,12</sup>

Autointoxication occurs in these patients due to the accumulations of acylCoA compounds that disrupt intermediary metabolism. The subsequent hydrolysis of the acylCoA compound to its free acid results in acidosis which can be life-threatening. Levocarnitine clears the acylCoA compound by formation of acylcarnitine, which is quickly excreted. Carnitine deficiency is defined biochemically as abnormally low plasma concentrations of free carnitine, less than 20  $\mu\text{mol} / \text{L}$  at one week post term and may be associated with low tissue and/or urine concentrations. Further, this condition may be associated with a plasma concentration ratio of acylcarnitine/levocarnitine greater than 0.4 or abnormally elevated concentrations of acylcarnitine in the urine. In premature infants and newborns, secondary deficiency is defined as plasma levocarnitine concentrations below age-related normal concentrations.

End Stage Renal Disease (ESRD) patients on maintenance hemodialysis may have low plasma carnitine concentrations and an increased ratio of acylcarnitine/carnitine because of reduced intake of meat and dairy products, reduced renal synthesis and dialytic losses. Certain clinical conditions common in hemodialysis patients such as malaise, muscle weakness, cardiomyopathy and cardiac arrhythmias may be related to abnormal carnitine metabolism.

## **Pharmacokinetics**

### **Distribution:**

The mean total body clearance of levocarnitine (Dose/area under the curve [AUC] including endogenous baseline concentrations) is 4.00 L / hr.

The mean steady state volume of distribution ( $V_{ss}$ ) of the intravenously administered dose above baseline endogenous levels is 29.0 L  $\pm$  7.1 L (approximately 0.39 L / kg).

The mean distribution half-life is 0.585 hours and the mean apparent terminal half-life is 17.4 hours.

Levocarnitine does not bind to plasma protein or albumin.

### **Excretion:**

Following a single i.v. administration of levocarnitine, 73.1%  $\pm$  16% of the levocarnitine dose may be excreted in the urine during the 0–24 h interval.

## **Special Populations and Conditions**

**Geriatrics (> 65 years of age):** No data available.

**Pediatrics (< 18 years of age):** No data available.

### **Renal Insufficiency:**

The pharmacokinetics of levocarnitine in 12 ESRD patients undergoing hemodialysis for at least 6 months was studied following single and multiple post-dialysis i.v. administration of 20 mg / kg of levocarnitine, three times a week for nine consecutive weeks. Prior to dosing with levocarnitine, endogenous plasma levels of levocarnitine in these patients were approximately 20 nmol / mL pre-dialysis and 5.6 nmol / mL post-dialysis. Endogenous plasma levels of levocarnitine in normals are approximately 40-50 nmol / mL. Following repeated post-dialysis i.v. administration of 20 mg / kg of levocarnitine, the pre-dose, post-dialysis plasma concentration of levocarnitine was restored to physiological levels (40 nmol / mL) in about 8 weeks.

Plasma levels were determined in 2 controlled clinical trials in patients on dialysis for at least 6 months. Levels before levocarnitine administration were below normal. Intravenous administration of levocarnitine increased levels in a similar manner to the pharmacokinetics study. A linear relationship between levocarnitine plasma levels and i.v. doses of levocarnitine (10, 20 and 40 mg / kg) was found.

## **STORAGE AND STABILITY**

**LEVOCARNITINE INJECTION** should be stored at room temperature (15-30°C). Avoid excessive heat. Protect from freezing. Supplied in single dose ampoules: discard unused portion after opening.

Contains no preservatives: levocarnitine will support microbial growth.

## **DOSAGE FORMS, COMPOSITION AND PACKAGING**

**LEVOCARNITINE INJECTION** is a sterile aqueous solution containing 200 milligrams of levocarnitine per mL. It is available in 5 mL single dose ampoules, packaged 5 ampoules per carton.

**For intravenous use only.** Each 5 mL ampoule contains 1 g of levocarnitine. The pH is adjusted to 6.0 to 6.5 with hydrochloric acid. Contains water for injection.

## PART II: SCIENTIFIC INFORMATION

### PHARMACEUTICAL INFORMATION

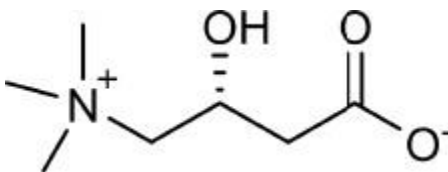
#### Drug Substance

Proper name: Levocarnitine  
Chemical name: (R)-3-Carboxy-2-hydroxy-N,N,N-trimethyl-1-propanaminium, inner salt;  
(R)-(3-Carboxy-2-hydroxypropyl)trimethylammonium, inner salt;  
(3R)-3-Hydroxy-4-(trimethylazaniumyl)butanoate

Molecular formula: C<sub>7</sub>H<sub>15</sub>NO<sub>3</sub>

Molecular weight: 161.20 g/mol

Structural formula:



Physicochemical properties: Levocarnitine is a white or almost white, crystalline powder or colorless crystals, hygroscopic, freely soluble in water, soluble in warm alcohol (96 percent), practically insoluble in acetone with a melting point of 197 to 198°C. The pH is between 6.5-8.5 and its pKa value is 3.8.

## CLINICAL TRIALS

Pharmacokinetic and clinical studies with levocarnitine have shown that administration of levocarnitine to ESRD patients on hemodialysis results in increased plasma levocarnitine concentrations. In one study, blood urea nitrogen (BUN), creatinine, and phosphorus blood levels decreased with levocarnitine administration. In another study, increases in hematocrit, decreases in hypotensive episodes, and improvement in wellbeing have been observed, although not statistically significant.

## DETAILED PHARMACOLOGY

### **Bioavailability/Pharmacokinetics**

The plasma concentration profiles of levocarnitine after a slow 3 minute intravenous bolus dose of 20 mg / kg of levocarnitine were described by a two-compartment model. Following a single i.v. administration 73.1 ± 16% of the levocarnitine dose was excreted in the urine during the 0-24h interval. Using plasma concentrations uncorrected for endogenous levocarnitine, the mean distribution half life was 0.585 hours and the mean apparent terminal elimination half life was 17.4 hours.

Total body clearance of levocarnitine (Dose/AUC including endogenous baseline concentrations) was a mean of 4.00 L / hr. Endogenous baseline levels were not subtracted since total body clearance of levocarnitine does not distinguish between exogenous sources of levocarnitine and endogenously synthesized levocarnitine. The steady state volume of distribution ( $V_{ss}$ ) of the intravenously administered dose above baseline endogenous levels was calculated to be a mean of 29.0 L ± 7.1 L (approximately 0.39 L / kg) which is an underestimate of the true  $V_{ss}$  since plasma levocarnitine is known to equilibrate slowly with, for instance, muscle levocarnitine.

Levocarnitine was not bound to plasma protein or albumin when tested at any concentration or with any species including the human.<sup>7</sup>

The pharmacokinetics of levocarnitine in 12 ESRD patients undergoing hemodialysis for at least six months was studied following single and multiple post-dialysis i.v. administration of 20 mg / kg of levocarnitine, three times a week for nine consecutive weeks. Prior to dosing with levocarnitine, endogenous plasma levels of levocarnitine in these patients were approximately 20 nmol / mL pre-dialysis and 5.6 nmol / mL post-dialysis. Endogenous plasma levels of levocarnitine in normals are approximately 40-50 nmol / mL. Following repeated post-dialysis i.v. administration of 20 mg / kg of levocarnitine, the pre-dose, post-dialysis plasma concentration of levocarnitine was restored to physiological levels (40 nmol / mL) in about eight weeks.

Plasma levels were determined in 2 controlled clinical trials in patients on dialysis for at least 6 months. Levels before levocarnitine administration were below normal. Intravenous administration of levocarnitine increased levels in a similar manner to the pharmacokinetics study. A linear relationship between levocarnitine plasma levels and i.v. doses of levocarnitine (10, 20 and 40 mg / kg) was found.

## TOXICOLOGY

Levocarnitine as the inner salt or hydrochloride salt was evaluated in acute, subacute, subchronic, chronic, reproductive tests and mutagenic evaluation.

### Toxicity

Acute studies were performed in the mouse and rat (i.v., i.p., and i.m.) and in the rabbit intravenously. Subacute tests were performed in the rabbit (i.v.) and the dog (orally). Subchronic toxicity was evaluated in the rat (per os and intravenously). The rat and dog were both evaluated for chronic toxicity orally and intramuscularly.

In mice, the LD<sub>50</sub> orally ranged between 8,400 and 30,000 mg / kg. The intravenous LD<sub>50</sub> was between 2,000 and 5,000 mg / kg. The rat had an LD<sub>50</sub> orally from 6,100 to 18,000 mg / kg with the intravenous range being 2,000 to 5,500 mg / kg. The rabbit had an intravenous LD<sub>50</sub> higher than 7,800 mg / kg. The predominant signs of toxicity included transient diarrhea, depression, and slight clonic convulsions. Deaths occurred within one hour to within 72 hours, depending upon the route and the rate of administration.

In the multidose toxicity studies in rats, rabbits and dogs, levocarnitine caused liquid feces, vomiting and a slight retardation in body weight gain in the dogs. A number of hematologic and serum chemistry differences from the control groups were observed, but values were mostly within normal limits and inconsistent within and between studies. No overt toxicity was observed orally or parenterally.

### Teratogenesis and Mutagenesis

Fertility and reproduction were studied in the rat (orally). Fetotoxicity and teratogenicity were studied in two species as well (rat and rabbit - orally and i.m.). Peri- and post-natal safety studies were run in the rat and rabbit (orally). Mutagenicity was evaluated with reverse mutation, gene conversion, forward mutation and in the micronucleus test in the mouse.

In the reproduction or teratogenicity studies in rats and rabbits, levocarnitine caused no adverse effects. All five mutagenicity tests were negative. On the basis of the above results, it is concluded that levocarnitine, tested in a broad spectrum of oral and parenteral toxicity studies at high dosage levels, caused no significant adverse effects.

Mutagenicity tests have been performed in *Salmonella typhimurium*, *Saccharomyces cerevisiae*, and *Schizosaccharomyces pombe* that do not indicate that levocarnitine is mutagenic. Long-term animal studies have not been conducted to evaluate the carcinogenicity of the compound.

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12. <sup>Pr</sup>CARNITOR<sup>®</sup> (tablets, 330 mg; oral solution, 1 g / 10 mL (100 mg / mL); solution for injection, 1 g / 5 mL (200 mg / mL)), submission control 222342, Product Monograph, Leadiant Biosciences, Inc. (April 23, 2019)

## PART III: CONSUMER INFORMATION

### PrLEVOCARNITINE INJECTION

Levocarnitine Injection

**This leaflet is Part III of a three-part "Product Monograph" published when LEVOCARNITINE INJECTION was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about LEVOCARNITINE INJECTION. Contact your doctor or pharmacist if you have any questions about the drug.**

#### ABOUT THIS MEDICATION

##### What the medication is used for:

LEVOCARNITINE INJECTION is used to treat carnitine deficiency, a rare disorder in which body levels of carnitine, an amino acid, is less than what is needed for the normal function of the body.

##### What it does:

LEVOCARNITINE INJECTION is given to supplement the normal diet with carnitine to be able to process foods, especially fats and convert them to energy to work the muscles and organs in the body properly.

##### When it should not be used:

Do not use LEVOCARNITINE INJECTION if you are allergic to carnitine or any of the ingredients in the product (see below).

##### What the medicinal ingredient is:

Levocarnitine

##### What the nonmedicinal ingredients are:

Hydrochloric acid and water for injection.

##### What dosage forms it comes in:

Solution: 1 g / 5 mL (200 mg / mL)

#### WARNINGS AND PRECAUTIONS

BEFORE you use LEVOCARNITINE INJECTION talk to your doctor or pharmacist if you:

- have kidney disease
- are pregnant or could be pregnant
- are breastfeeding
- have a history of seizures

#### INTERACTIONS WITH THIS MEDICATION

Drugs that may interact with LEVOCARNITINE INJECTION include:

- anticoagulants (acenocoumarol and warfarin)

#### PROPER USE OF THIS MEDICATION

##### Usual dose:

LEVOCARNITINE INJECTION is administered

intravenously.

##### Metabolic Disorders

The recommended dose is 50 mg / kg given as a slow 2-3 minute bolus injection or by infusion. Often the initial dose is given in patients with severe metabolic crisis, followed by an equivalent dose over the following 24 hours. It should be administered every 3 or 4 hours, and never less than every 6 hours either by infusion or by intravenous injection. All subsequent daily doses are recommended to be in the range of 50 mg / kg or as therapy may require. The highest dose administered has been 300 mg / kg.

##### End Stage Renal Disease (ESRD) Patients on Hemodialysis

The recommended dose is 20 mg / kg dry body weight as a slow 2-3 minute bolus injection into the venous return line after each dialysis session. It is recommended that therapy begin after being on hemodialysis for a period of 6 months. After 2 months of therapy, the dose may be adjusted to 5 mg / kg after each dialysis session.

##### Pediatrics (<18 years of age)

No dosage adjustments are required in this patient population.

LEVOCARNITINE INJECTION can be mixed in parenteral solutions of Sodium Chloride 0.9% or Lactated Ringer's in concentrations ranging from 250 mg / 500 mL (0.5 mg / mL) to 4000 mg / 500 mL (8.0 mg / mL) and stored at room temperature (25 °C) for up to 24 hours in PVC plastic bags.

LEVOCARNITINE INJECTION should be checked visually for any floating particles and changes in colour prior to administration. Do not use if there are particles or colour changes.

##### Overdose:

If you think you, or a person you are caring for, have taken too much LEVOCARNITINE INJECTION, contact a healthcare professional, hospital emergency department, regional poison control centre or Health Canada's toll-free number, 1-844 POISON-X (1-844-764-7669) immediately, even if there are no signs or symptoms.

##### Missed Dose:

If a dose of this medication has been missed, it should be taken as soon as possible unless it is almost time for the next dose. In this case, skip the missed dose and go back to the regular dosing schedule. Do not take 2 doses together.

#### SIDE EFFECTS AND WHAT TO DO ABOUT THEM

Side effects include:

- vomiting, nausea, upset stomach, diarrhea, abdominal cramps
- abnormal taste
- body odour ("fishy" smell)
- headache

If any of these affects you severely, tell your doctor or pharmacist.

Serious side effects and what to do about them				
Symptom / effect		Talk to your healthcare professional		Stop taking drug and get immediate medical help
		Only if severe	In all cases	
Common	<b>High Blood Pressure:</b> headache, dizziness, vision problems, shortness of breath		✓	
	<b>Abnormal Heartbeat:</b> palpitations		✓	
	<b>Decreased Platelets:</b> bleeding or bruising, fatigue and weakness		✓	
	<b>Anemia:</b> fatigue, loss of energy, weakness, shortness of breath		✓	
	<b>Bronchitis:</b> coughing and difficulty breathing		✓	
	<b>Increased levels of calcium:</b> increased thirst, frequent urination, nausea, vomiting, constipation, bone pain, confusion and fatigue		✓	
Uncommon	<b>Allergic Reaction/ Anaphylaxis:</b> difficulty swallowing or breathing, hives, swelling of the face, lips, tongue or throat, rash			✓
	<b>Seizure</b>			✓
Rare	<b>Low Blood Sugar</b>		✓	

Serious side effects and what to do about them

Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>Rhabdomyolysis:</b> muscle pain that you cannot explain, muscle tenderness or weakness, dark brown urine			✓
Very Rare <b>Injection Site Reaction:</b> redness, swelling, tenderness		✓	
<b>Signs of dermatitis exfoliative:</b> rash, redness, widespread blistering or peeling of the skin and mucosa (mouth)			✓

*This is not a complete list of side effects. For any unexpected effects while taking LEVOCARNITINE INJECTION, contact your doctor or pharmacist.*

HOW TO STORE IT

LEVOCARNITINE INJECTION should be stored at room temperature (15-30°C). Avoid high temperatures or heat such as in hot weather and direct contact from the sun. Protect from freezing. Once the package has been opened and the injection is not used up, it must be disposed of.

Keep out of reach and sight of children.

Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting ([canada.ca/drug-device-reporting](http://canada.ca/drug-device-reporting)) for information on how to report online, by mail or by fax; or
- Call toll-free at 1-866-234-2345.

*NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

**MORE INFORMATION****If you want more information about LEVOCARNITINE INJECTION:**

- Talk to your healthcare professional.
- Find the full product monograph that is prepared for healthcare professionals and includes the Consumer Information by visiting the Health Canada Drug Product Database website: (<https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html>); the manufacturer's website: [www.junopharma.com](http://www.junopharma.com); or by calling 1-800-363-0584.

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